



 Today Showers H 62 L 46	 Thurs Partly Cloudy H 63 L 43	 Fri Sunny H 68 L 47	 Sat Mostly Sunny H 71 L 51	 Sun Partly Cloudy H 72 L 54
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Wednesday, June 10, 2020

WE'RE ONLINE www.tricocanary.com

Vol. 46 Number 50

In this issue ... Benefits of planting bare-root trees - article courtesy of Joni Anderson, co-leader of the Grygla Garden Club.

CFAP food boxes coming to Grygla

CFAP (Covid Food Assistance Program) boxes are coming to Grygla on Monday, June 22, 2020. The truck will be in town at approximately 11:30am-12pm and will only be on site for one hour. The truck will be parked at the picnic shelter near the football field.

The boxes are FREE and available to ANYONE. There will be three different boxes available – a protein box (5# meatballs and sausage links), a dairy box (butter, cheese and milk, although not all items may be available in the June box), and a produce box. Anyone can get all three. These boxes will be made available on a monthly basis at least through December.

Any changes to this schedule will be announced. There is nothing to sign or no paperwork to fill out. Just come and pick up your boxes. If you can't come at this time, have a friend or neighbor pick up your boxes for you.

The CFAP Boxes are part of the USDA's Farmers to Families Food Box Program. The USDA is working to support farmers, ranchers and producers to ensure their products are being utilized and helping to keep them afloat. At the same time, these products are going to people, instead of being slaughtered, dumped out or wasted. (There was an article on the CFAP program in the May 27th issue of the Grygla Eagle.)

The boxes are being delivered through the North Country Food Bank in East Grand Forks as they have the freezer/refrigeration storage capacity to handle the all the boxes and the trucks for delivery.

Although the boxes are free, there is a delivery charge involved for Grygla to be able to participate. The Grygla-Gatzke Food Shelf received a grant from Roseau Electric through their Operation Round-Up Program that allowed this program to be funded.

Grygla Co-op begins summer hours



The Grygla Co-op's summer hours have begun. The store is now open Monday-Wednesday 7am-6pm; Thursday-Saturday 7am-8pm and Sundays 9am-1pm.

Veterans Memorial gets new addition

Wayne Hanson, Glenn Sundberg and Lyle Nelson stand next to the new addition in the Veterans Memorial Park.

The three veterans, who make up the Veterans Memorial Committee, take pride in the work they do, which includes getting this important piece of the past displayed, which showcases the first charter members of Grygla's VFW Post 3858.

The project was completed on May 29th with help from a couple of Amish builders out of the Gonvick area.

The VFW Post 3858 dissipated a few years back with the building in Grygla being cleaned out and veterans transferring their membership to the TRF Post.

All that was left behind were these wood signs that listed all the first charter members of the post in 1945. "Some of the names we know and some we don't," admitted Lyle Nelson. "But they're all on there. A lot of these guys had just come home from the service and started the post," he added.

Most of the men listed were WWII vets, but Wayne thinks



a couple even served in WWI. Make sure to stop by the Veterans Memorial and see

this piece of Grygla history. Also, any donations to the Veterans Memorial are welcome.

You can get in touch with one of the committee members.

The show will go on - Fully Charged Foundation reschedules event

Taken from the Fully Charged Foundation Facebook page

We have received questions on if the show re-scheduled for August 9th will happen. The answer is YES!

"We believe that we have been vigilant and smart about combatting the Covid-19 virus, but it is time for our society to get back to work and some sense of normal life in NW Minnesota. We have seen local fairs and festivals make the difficult decision to cancel their events and we re-spect their decision. We feel that an overwhelming number of NW Minnesota residents have gone above and beyond to keep our communities safe by social distancing and practicing better sanitation and personal hygiene, but their patience has been wearing thin in recent weeks. They want to socialize, see their friends and family and enjoy entertainment again. We hope folks will come to our event to enjoy themselves and help raise money for students at the same time," states Patrick Hackley, of Fully Charged Foundation.

"We also respect the fact that the Ralph Engelstad Arena may not be able to host the event based on what local, state and federal officials deem safe for our

communities. If we are unable to host the event at the venue, the event will take place at an outdoor location in rural Marshall County to be announced only if needed. Our entertainment acts have both committed that they are ready to perform at the event. As of right now, we will be in Thief River Falls on August 9!"

Tickets are available at the Ralph Engelstad Arena box office and online at Ticketmaster. If you have questions, please contact Patrick at 406-478-1004. Thank you.

The Fully Charged Foundation strives to provide scholarships to students who choose to pursue careers in the trades and technical industries. Scholarship applications were sent out to all area schools within 90 miles of Grygla, Minnesota, with the application deadline being May 1st, 2020.

Last year's recipients were all Grygla High School graduates and included Abby Kiesow (NDSU, \$1000) and Cheyenne Irlbeck (UMN Crookston, \$1000) both receiving Fully Charged Foundation Scholarships. And the Wendy Sandsmark Memorial Scholarship for \$2,000 awarded to Peyton Verbout, UMN Crookston.

BOOTS & BLING

WHEN
Sunday, August 9th, 2020
Social Hour - 5:30PM
Meal - 6:00PM
Auction - 6:30PM
Entertainment - 7PM
All proceeds benefitting Fully Charged Foundation

WHERE
Ralph Engelstad Arena
525 Brooks Ave, Thief River Falls, MN 56701

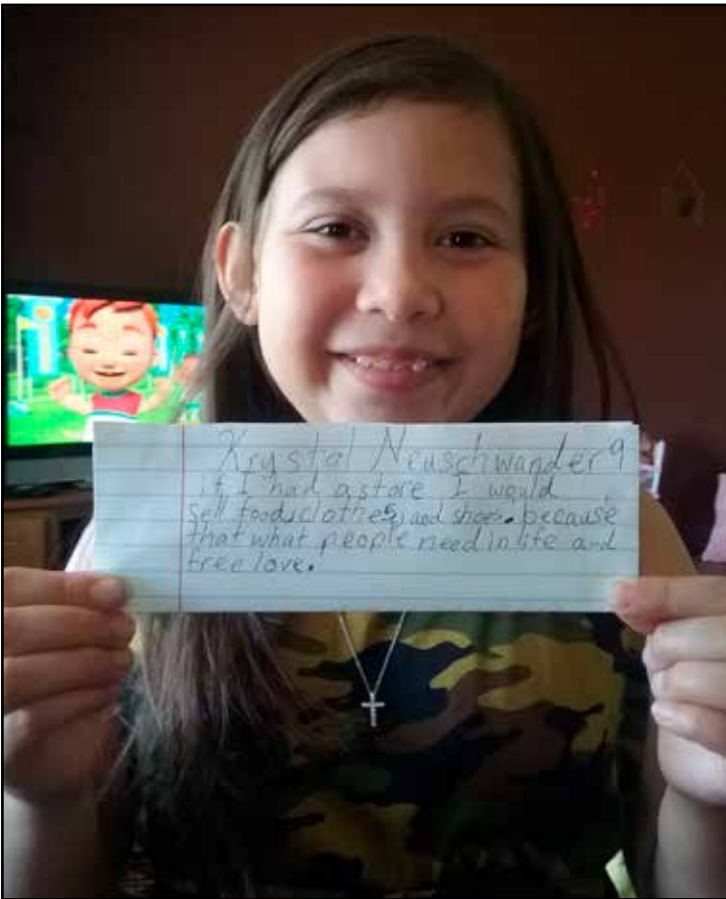
ALL AGES EVENT

AUCTION
Live & Silent

With special guest Shell Shock!

SPONSORS

ENTERTAINMENT BY:
The Bellamy Brothers



If I had a store in town...

Last week, the Grygla Eagle Newspaper took to Facebook asking local parents for a little help. It was requested for parents to ask their children the following question: "If you had a store in Grygla, what would you sell?"

We got responses from Grygla, Goodridge and Gatzke parents, even some out of town folks who have relatives in Grygla.

The responses are sure to put a smile on your face as they are pretty creative and cute.

"If I had a store in town, I'd sell..."

If I had a store, I would sell food, clothes and shoes, because that's what people need in life. And free love. – Krystal Neuschwander, age 9, daughter of Bill and Tatzkie Neuschwander, Grygla.

Crispy pie and milk because my sister Kendall drinks lots of milk – Brayden Neuschwander, age 7, son of Bill and Tatzkie Neuschwander, Grygla.

A Barbie store - Devon Anderson, age 6, daughter of Garrett and Amanda Anderson, Bemidji; granddaughter of Gary Anderson, Grygla & Marilou Cwikla, Williams.

A Woody the Cowboy Disney store -Everett Anderson, age 4, son of Garrett and Amanda Anderson, Bemidji; grandson of Gary Anderson, Grygla & Marilou Cwikla, Williams.

A specialty coffee shop – Mollie Lunsetter, Grygla 7th grader, daughter of Kenny and Carrie Lunsetter, Gatzke.

A candy store that sold all the candy in the whole world – Hunter Hackley, age 6.5, son of Patrick and Nicole Hackley, Grygla.

Burritos – Conner Hackley, age 3.5, son of Patrick and Nicole Hackley, Grygla.

I would sell materials to build houses, sheds and tree houses – David, age 7, son of Ken and Katy Skillings; grandson of Darold and Darcy Nordvick, Grygla.

I would sell gloves and stuffed animals if I was in Grygla where Grandma and Grandpa live – Zion, age 5, daughter of Ken and Katy Skillings; granddaughter of Darold and Darcy Nordvick, Grygla.

My grandpa and grandma are living in the wild. I will sell food – Eden, age 3, daughter of Ken and Katy Skillings; granddaughter of Darold and Darcy Nordvick, Grygla.

A pet store – Kyla Nordvick, age 6, daughter of Luke and Katie Nordvick, Grygla.

I'd sell toys – Major Nordvick, age 4, son of Luke and Katie Nordvick, Grygla.

Stuffs, vegetables, healthy toys, and gum. Lots of gum. TV's, flags, kitties, dinosaurs, sharks, unicorns and happy nappers – Tinley Kriel, age 5, daughter of Gastin and Amanda Kriel; granddaughter of Rocky and Tracy Loken, Gatzke.

Just toys – Sawyer Kriel, age 5, son of Gastin and Amanda Kriel; grandson of Rocky and Tracy Loken, Gatzke.

Lots of gum, a happy napper, night lights, more gum, cups and newspapers – Ashtyn Donarski, age 3; daughter of Gastin and Amanda Kriel; granddaughter of Rocky and Tracy Loken, Gatzke.

A John Deere dealership or a sales barn – Raymond Moe, age 12, son of Jason and Jaclyn Moe, Grygla.

McDonalds – Paizley Moe, age 10, daughter of Jason and Jaclyn Moe, Grygla.

I'd sell fruit and food, and I'd have lots of little carts for all my little friends – Philip Holte, age 3, son of Andrew and Amy Holte, Grygla.

Horse stuff and candy - Scarlett Sundberg, age 5, daughter of Jake and Abby Sundberg, Grygla.

Orange juice and everything - Willa Sundberg, age 3, daughter of Jake and Abby Sundberg, Grygla.

I'd sell toys (stuffed animals, mp3, barbies, cars, pool toys, especially) and snacks, of course - Summer Ruud, age 8, daughter of Devin and Krystle Ruud, Grygla.

A snack store cause I LOVE snacks - Liam Westbrook, age 5, son of Jesse and Renae Westbrook, Montevideo.

A chicken nugget store - Harmon Westbrook, age 2, son of Jesse and Renae Westbrook, Montevideo.

Eggs and chickens– Anna Sundberg, age 12, daughter of Robert and Kari Sundberg, Grygla.

A bakery - Harrison Cameron, age 8, son of Justin and Ashley Cameron, Crookston; grandson of Blair and Denise Holthausen, Grygla.

Bug spray - Ashtin Cameron, age 7, son of Justin and Ashley Cameron, Crookston; grandson of Blair and Denise Holthausen, Grygla.

Goodridge t-shirts and water – Josie Halvorson, age 6, daughter of Cody and Andrea Halvorson, Goodridge.

I'd have a bakery and sell macarons and cupcakes (chocolate ganache) – Julie Halvorson, age 9, daughter of Cody and Andrea Halvorson, Goodridge.

Fishing tackle - Spencer Coan, Goodridge 9th grader, son of Robert and Deanna Coan, Goodridge.

Clothes - Morgan Coan, Goodridge 8th grader, daughter of Robert and Deanna Coan, Goodridge.

Scheels - Gemma Kotrba, age 9, daughter of Jason and Sarah Kotrba, Goodridge.

A fleet so I can buy chickens and ducks - Layken Kotrba, age 7, daughter of Jason and Sarah Kotrba, Goodridge.

A Mall of America - Kyra (Gerty), age 5, daughter of Jason and Sarah Kotrba, Goodridge.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Ken Bowman
Please join Grace Lutheran Church/Our Saviors Lutheran Church for TV and online worship services: Sundays at 9am on Garden Valley channel 36. The same service will be re-played on Sunday at 7pm and Wednesday at 7pm.
A video recording is also available to view any time at gracelutherangrygla.weebly.com, along with on Facebook.

UNITED LUTHERAN PARISH
Gatzke
8:30am Worship in church
GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Ostercamp
No services in church at this time, still Facebook Live Broadcast.

THE CATHOLIC COMMUNITIES OF
St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hamness

Sundays:
St. Clement's: 11:45am Worship in church
St. Ann's: 10am Worship in church
BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sundays:
9:30am Worship w/ 11am Facebook Live Broadcast
LIBERTY CHAPEL
Grygla
Congregation-Led
Calendar/information not available at this time.

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth
No services until further notice. Services and past sermons can be found at www.facebook.com/clearwaterlutheranparish

As churches begin to hold in-house worship again, please email/call with your updated church calendars, schedules and plans.

This is the 11 year Anniversary of the Veteran's Memorial

Stepping Stone AND Bench Orders...

...will be due August 1st, 2020 for this years delivery of August 15th.

Mail to: Veterans Memorial PO Box 45 Grygla, MN 56727

THANK YOU for your support!

Please call: Lyle Nelson at 294-6433

FOR GOD AND COUNTRY

Locals named to UMN Crookston Dean's List

Students named to the spring semester 2020 Dean's List were recently announced by the Office of the Registrar at the University of Minnesota Crookston. The UMN Crookston is one of the most respected career-oriented, technology-based universities in the nation. To qualify for a place on the Dean's List, students must complete 12 or more letter-graded (A-F) credits while attaining a 3.66 grade point average. The

Crookston campus is the on-line leader in the University of Minnesota system and the only campus providing every full-time student with a laptop computer. Included on the list was Mercedes Coan, Goodridge, MN. Coan's intended major is Media Communications/Public Relations with a Humanities minor. Cheyene Irlbeck from Grygla, MN, was also on the list. She is majoring in Agricultural Business.

Kiesow named to NDSU Dean's List

Abby M. Kiesow, Accounting, Goodridge, MN, was among the 4,206 North Dakota State University Students to be placed on the Spring 2020

Dean's List. A students must earn a 3.50 grade point average or higher and be enrolled in at least 12 class credits to qualify for the spring list.

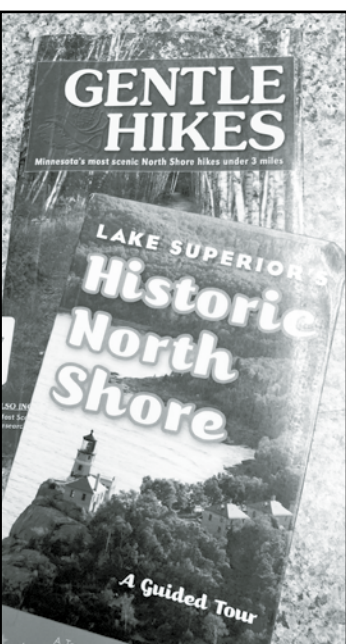
Lucian Tinnes on M State-Wadena Dean's List

Minnesota State Community and Technical College has named 735 students to its President's List and 688 students to its Dean's List for the 2020 Spring Semester. Students on the President's List completed a minimum of six college-level credits and 75 percent of the courses in which they enrolled for the semester, and earned a grade point average of 4.0. Students on the Dean's List completed a minimum of six college-level credits and 75 percent of the courses in which they enrolled for the semester, and earned a GPA of 3.50 to

Area students named to the M State - Wadena Dean's List are:
Lucian Tinnes, Grygla, MN
As a member of the Minnesota State system, M State serves more than 8,000 students in credit courses each year in 80 career and liberal arts programs online and at its campuses in Detroit Lakes, Fergus Falls, Moorhead and Wadena. By partnering with communities, the college also provides workforce development services and other responsive training programs.

Pine Cone Apartments
(Handicap Accessible)
1-2 Bedrooms
First month free
**with a 1-year lease
Section 8 Accepted.
Located in Grygla, MN
Call Dave at 218-294-6266

GRYGLA LIBRARY LINK



Written by Kari Sundberg, Grygla Librarian
A couple of different book suggestions for you this week! Sometimes I forget that the library has other genres as I sometimes get into my routine of just reading fiction, but these came in delivery last week as a patron requested them for what I can only assume is in preparation for a trip up to the North Shore! I immediately went and placed holds on these two guides so I can read them when she's

done as we have a trip planned late summer up the North Shore, too, (Grand Marais) to do some hiking and tenting with our kids. These will come in really handy, especially the Gentle Hikes, as we'd like to do some shorter ones, being able to hit up many different areas. I've actually never been up to Grand Marais or even up the North Shore so these books will be great and hopefully informative. Do any of you ever check out guide books? They are just full of knowledge, tips, tricks, etc. My mom has a few different ones on the Hawaiian Islands that I'm interested in reading and learning more about. But first, I'll take on these North Shore guides. I know I preach about our Overdrive, Libby and Hoopla apps for those who love e-reading, but for those that might have a summer trip planned and you want an old-fashioned guide in your hand to read and flip through - let me know and I'll order some in for you. You can even take them with you on your adventure as books are yours for 3 weeks before they need to be renewed, allowing you a few extra weeks!

ROOFING BID
Benville Township Board is accepting bids on roofing/shingling repair work on the Benville Town-hall.
If interested, please contact Jim at 218-684-4937.
Bids are due by June 19th 2020.

Crossword puzzle grid with words like PSALM, HANOI, AMOUR, TENTING, SAY, PYRE, JAB, MAGI, ESCHEW, AXIS, LOGS, TIARA, RILL, ALGAE, ADIT, TABOO, FIND, ONCE, SLOWUP, EDGE, TAR, TOGS, ALA, BIRDIE, FRISBEE, RADI, ETA, SPARK, YIELD, SAN, HEINE, ELSE, EGG, ANTES.

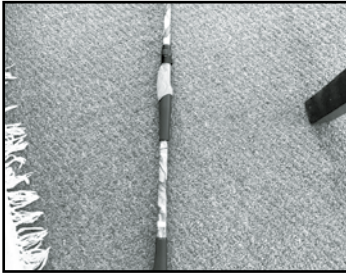
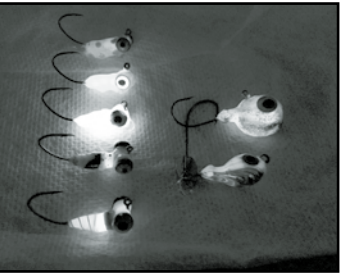
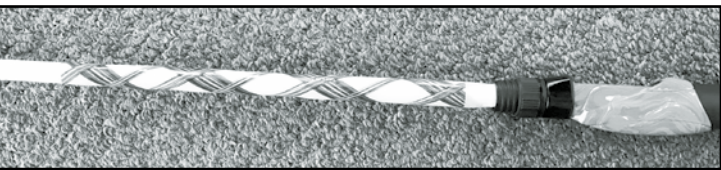
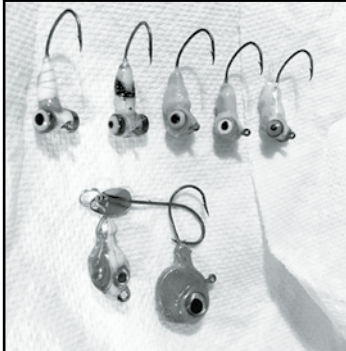
Results from last week's StatePoint Crossword Puzzle.

Northern Lights fishing report

Written by Ben Kucera
This week, again, I found myself on Long Lake with my wife last Wednesday. With my boat in the shop, we used my duck boat to try for a couple trout. It was a beautiful day but the trout were not very active. The bass and sunfish have just started to move into the shallows. We only got 2 trout both caught on my tungsten HammerHead jigs. The HammerHead jig have a nice horizontal presentation. I make them with feathers and hair that give them a fish fly like appearance and a swimming action. The campground is starting to get organized to reopen. Around noon we gave up on the trout and went to a small lake for sunfish. We found some again using the HammerHead jig and the tungsten Assassin Bug. The crappies were up shallow in heavy cover so I used a fly rod and tungsten Shrimp fly. We wound up catching over a hundred fish and kept a few to make blackened fish tacos in the future. Lake of the Woods is still producing fish at the blinker and sandbar. A lot more little fish are being caught now with a few slot fish and some big pike. Red Lake has still been hot if you can get out and fish it safely. With the high winds we have been experiencing lately, that has made it really difficult. Hopefully with my boat being fully operational I will be able to access a lot more areas to include Lake of the Woods

and exploring the numerous lakes around the Mahanomen and Blackduck areas. I am still taking orders for jigs to include the Hammer-Head and some more lead jigs check out my Facebook page (Northern Light Tackle) or give me a call at 1.218.684.0588 and see what I have been working on or can make. The colors are almost endless to choose from. I can still take a few orders for custom rods, but am about 2-3 weeks out. If you have never fished with a custom rod and/or want to try something new, let's talk. A custom rod is light and super sensitive and can come in different colors, as well. With customs you can feel the lightest of bites and give you a little extra edge over your fishing partners.

Ben Kucera is the owner and creator of Northern Lights Tackle & Custom Rods. He is also a Marshall County Sheriff's Deputy residing in Grygla with his wife and children. Ben is an avid fisherman who will be writing and submitting a fishing report weekly. You can follow his Facebook page at Northern Lights Tackle and/or contact him at 218-684-0588.



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kids' corner

ANIMAL FACT:
THIS BEAR IS THE SMALLEST AND MOST POPULOUS BEAR IN NORTH AMERICA.
ANSWER: BLACK BEAR

How they say that in...
ENGLISH: Mountain
SPANISH: Montaña
ITALIAN: Montagna
FRENCH: Montagne
GERMAN: Berglandschaft

Creative Coloring
Celebrate the great outdoors. Color in this picture to create your own masterpiece.
Images of a deer, a duck, and a fish.

THIS DAY IN... HISTORY
JUN 10
1854: THE UNITED STATES NAVAL ACADEMY GRADUATES ITS FIRST CLASS OF STUDENTS.
1947: SAAB PRODUCES ITS FIRST AUTOMOBILE.
2001: POPE JOHN PAUL II CANONIZES LEBANON'S FIRST FEMALE SAINT, SAINT RAFQA.

New Word
VAST
of great extent or quantity

Did you know?
THE U.S. HAS 419 NATIONAL PARK SITES AND CANADA HAS 48 NATIONAL PARKS AND NATURE PRESERVES.

GET THE PICTURE?
Can you guess what the bigger picture is?
ANSWER: PALM TREE

Only in Minnesota: a weekly feature in the Eagle

The beautiful Minnesota trail that crosses the highest bridge in the state

The trails that crisscross Minnesota are some of the best in the country. From waterfall hikes to wooded trails to paths that follow entirety of the North Shore, there is something to interest everyone. One of the most beautiful trails in the state is a bike and hiking trail that crosses through some of Minnesota's prettiest places. As you cruise along the path, you'll get a real sense of the landscape, from the thick northern forests to the remote

lakes. Not only that, but this trail crosses the tallest bridge in Minnesota.

The Mesabi Trail is a 135-mile paved trail through northern Minnesota. When it is completed, it will be over 150 miles long and one of the longest paved trails in the country.

The trail is accessible in 28 communities. While they are not all connected yet, there is a shuttle service that connects bikers to the next part of their journey. No matter where you start, you'll be among the most gorgeous spots in all of Minnesota.

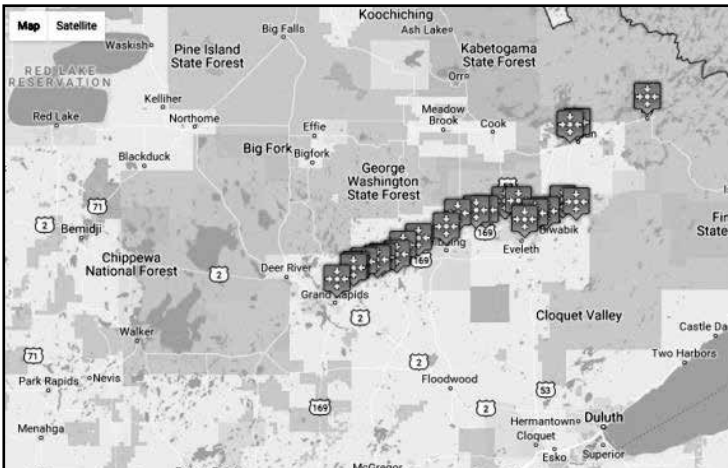
Summertime brings many cyclists and hikers out for an adventure. But you might like to visit in the cooler months, too. Fall in particular is lovely. The trail passes through a mixed forest that will turn vibrant orange and yellow as the season changes.

But it's not only trees that you'll see along this trail. Being northern Minnesota, many beautiful lakes will be on display. The trail provides excellent overlooks that you would miss in a car. The Iron Range is also on full display. The trail moves alongside red hills and

cliffs unique to northern Minnesota.

But one of the best parts of the trail? The tall bridge crossing a mine on Highway 53 between Virginia and Gilbert. From 204 feet above the water, you'll be able to take in the surrounding landscape as you move along the trail. It's a truly breathtaking view that is more than worth the journey.

For more information, visit mesabitrail.com and see which communities the trail runs through, along it access points, lodging, bicycle services, food, campgrounds and more!



USDA issues first Coronavirus Food Assistance Program payments

(Submitted) U.S. Secretary of Agriculture Sonny Perdue today announced the USDA Farm Service Agency (FSA) has already approved more than \$545 million in payments to producers who have applied for the Coronavirus Food Assistance Program. FSA began taking applications May 26, and the agency has received over 86,000 applications for this important relief program.

"The coronavirus has hurt America's farmers, ranchers, and producers, and these payments directed by President Trump will help this critical industry weather the current pandemic so they can continue to plant and harvest a safe, nutritious, and affordable crop for the American people," said Secretary Perdue. "We have tools and resources available to help producers understand the program and enable them to work with Farm Service Agency staff to complete applications as smoothly and efficiently as possible and get payments into the pockets of our patriotic farmers."

In the first six days of the application period, FSA has already made payments to more than 35,000 producers. Out of the gate, the top five states for CFAP payments are Illinois, Kansas, Wisconsin, Nebraska,

and South Dakota. USDA has released data on application progress and program payments and will release further updates each Monday at 2:00pm ET. The report can be viewed at farmers.gov/cfap.

FSA will accept applications through August 28, 2020. Through CFAP, USDA is making available \$16 billion in financial assistance to producers of agricultural commodities who have suffered a five-percent-or-greater price decline due to COVID-19 and face additional significant marketing costs as a result of lower demand, surplus production, and disruptions to shipping patterns and the orderly marketing of commodities.

In order to do this, producers will receive 80 percent of their maximum total payment upon approval of the application. The remaining portion of the payment, not to exceed the payment limit, will be paid at a later date nationwide, as funds remain available.

Getting Help from FSA

New customers seeking one-on-one support with the CFAP application process can call 877-508-8364 to speak directly with a USDA employee ready to offer general assistance. This is a recommended first step before a producer engages

the team at the FSA county office at their local USDA Service Center.

Producers can download the CFAP application and other eligibility forms from farmers.gov/cfap. Also, on that webpage, producers can find a payment calculator to help producers identify sales and inventory records needed to apply and calculate potential payments. Producers self-certify their records when applying for CFAP and that documentation is not submitted with the application. However, producers may be asked for their documentation to support the certification of eligible commodities, so producers should retain the information used to complete their application.

Those who use the online calculator tool will be able to print a pre-filled CFAP application, sign it, and submit it to your local FSA office either electronically or via hand delivery through an office drop box. Please contact your local office to determine the preferred delivery method for your local office. Team members at FSA county offices will be able to answer detailed questions and help producers apply quickly and efficiently through phone and online tools. Find contact information for your local office

at farmers.gov/cfap.

Policy Clarifications

FSA has been working with stakeholder groups to provide further clarification to producers on the CFAP program. For example, the agency has published a matrix of common marketing contracts that impact eligibility for non-specialty crops and has provided a table that crosswalks common livestock terms to CFAP cattle categories. Updated information can be found in the frequently asked questions section of the CFAP website.

More Information

To find the latest information on CFAP, visit farmers.gov/CFAP or call 877-508-8364. USDA Service Centers are open for business by phone appointment only, and field work will continue with appropriate social distancing. While program delivery staff will continue to come into the office, they will be working with producers by phone and using online tools whenever possible. All Service Center visitors wishing to conduct business with the FSA, Natural Resources Conservation Service, or any other Service Center agency are required to call their Service Center to schedule a phone appointment. More information can be found at farmers.gov/coronavirus.

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Glower

\Glou-er\
verb (used without object)

To look or stare with sullen dislike, discontent or anger.

Footcare clinics scheduled

North Valley Public Health (NVPH) plans to resume footcare clinics for the residents of Marshall County starting mid-June. While the recommendation for high-risk people is to continue to stay home as much as possible, staff realize footcare is often essential to many people's overall health. NVPH staff have a plan in place to provide this service in a safe manner and protect the health of clients and employees as much as possible. NVPH asks that clients DO NOT come to their footcare appointment if they have any COVID-19 like symptoms such as fever, cough, shortness of breath, fatigue, sore throat, muscle aches, chills, headache or nausea/vomiting. The following guidelines will be in place until further notice. Any changes will be communicated to clients as guidelines from the Governor and the Minnesota Department of Health are updated.

1. All clients will be screened for COVID-19 symptoms and exposure prior to appointment.
2. All clients are required to wear a face mask/covering to protect NVPH employees. NVPH will also be wearing masks and face shields to protect clients.
3. To limit the number of people in the building, only the client(s) receiving footcare services, NVPH nurse(s) and senior center employee/volunteer will be allowed in the space.
4. Please wait in your vehicle until someone comes out to get you for your appointment.
5. All clients will be spaced at least 6 feet apart.
6. Chairs, tables and any other surfaces will be disinfected between clients.
7. Clients will be asked to use hand sanitizer when arriving.

ing for their appointment.

8. No food or beverages will be served during footcare clinics.

North Valley Public Health will hold Foot Care and Blood Pressure Clinics on the following dates:

Middle River Royal Manor Apts.: Monday, June 15, 2019 at 9:00 a.m. Contact: LAH/BNP at 218-222-4466

Warren Community Center: Thursday, July 2, 2020 at 9:00 a.m. Contact: North Valley Public Health at 218-745-5154

Newfolden Community Center: Tuesday, July 7, 2019 at 9:00 a.m. Contact: Darcy Hestekind at 218-874-2256

Argyle LAH/BNP in the mall: Tuesday, July 14, 2020 at 9:00 a.m. Contact: Penny Korynta at 218-437-8431

Middle River Royal Manor Apts.: Monday, July 20, 2019 at 9:00 a.m. Contact: Cindy Kilen at 218-222-4466

Oslo Community Center: Tuesday, July 28, 2020 at 9:00 a.m. Contact: North Valley Public Health at 218-745-5154

Grygla Community Center: Thursday, July 30, 2020 at 9:00 a.m. Contact: North Valley Public Health at 218-745-5154

- Please call the person listed above to sign up. We require sign-up sheets so that we can staff accordingly. If you are not able to keep your appointment, please call to cancel.
- Please arrive 15 minutes prior to your scheduled appointment time.
- The North Valley Public Health staff will soak feet and trim nails. The fee for this foot care service is \$20 per person.
- The North Valley Public Health staff will do free blood pressure checks upon request.

SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

Rhubarb Pudding Bars

Ingredients

Crust:

- 1 cup graham cracker crumbs
- 2 tablespoons sugar
- 1/4 cup unsalted butter, melted

Filling:

- 1 cup granulated sugar
- 3 tablespoons cornstarch
- 1 (3.0 oz.) package strawberry jello
- 4 cups rhubarb, finely chopped
- 1/3 cup water
- 1 1/2 cups mini marshmallows

Topping:

- 1 (8 oz.) package frozen whipped topping, thawed
- 2 (3.4 oz) packages instant vanilla pudding
- 2 2/3 cups milk

Directions

Preheat oven to 350°F and set aside a 9×13-inch baking dish.

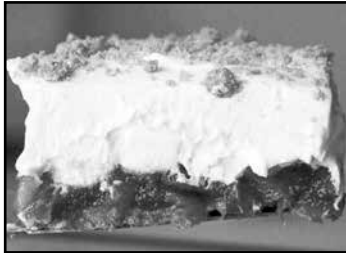
In a large bowl, mix together graham cracker crumbs, sugar, and butter. Set aside 2 tablespoons of mixture, and press

the rest into the baking dish. Bake for 8-10 minutes. Remove from oven and set aside to cool.

For the filling, combine rhubarb and water in a large saucepan. Cook over medium-high heat until softened, 3-4 minutes. Stir in sugar, cornstarch, and Jello until thickened and clear. Pour over cooked crust and top evenly with mini-marshmallows. Chill in refrigerator until set, about 2 hours.

In a large bowl, mix together vanilla pudding mix and milk, then fold in frozen whipped topping. Spread pudding mixture over marshmallow layer and place in refrigerator until set.

Sprinkle with reserved graham cracker crumbs, then slice, serve, and enjoy!



2020 ALS Walk/Run scheduled

The ALS Walk/Run Team is preparing for another year of raising funds for ALS (Commonly known as Lou Gehrig's disease) we would like to thank those that gave generous donations last year and participated in the walk/run. We know we are in unprecedented times with this Coronavirus and that we are all being affected by social distancing, the short term closures of businesses or less customer traffic. We are planning on holding our Walk/Run on July 18, 2020. We are hoping to make it a celebration of bringing people back together, while still raising funds to help others.

We are so proud to be part of our generous community and of all our sponsors and participants for this event. You have made a difference and we know you will continue to do so in whatever way you can.

This year the walk/run will be held in honor of Annette Bruggeman, who is battling ALS. All money raised goes toward ALS research and to assist those individuals with ALS. The team has been working on a plan to minimize congestion and contact for those who will be actively walking and running. This year we will not have the 10k as part of the event, only the 5k and 1-mile fun walk/run. The 1 mile will also use the roads to help spread participants out.

Registration forms have been printed and will be distributed to local businesses. If

you would like us to mail you a form – please text 218-469-3053 and leave a request and you mailing address. You can also register on line at https://www.tempotickets.com/RoseauALS2020.

The 5K will be timed by Gopher State Events Timing again.

The early registration deadline is July 1, to be guaranteed an event T-shirt. We are encouraging everyone to participate in early registration to eliminate long registration lines. We are still reviewing if we allow registration the day of the event. We will again have prizes for the top individuals that raise the most funds, door prizes will be available and the color run will be part of the event.

Amyotrophic Lateral Sclerosis (ALS), more commonly referred to as Lou Gehrig's Disease, is a neurodegenerative disease characterized by the death of motor neurons (specific nerve cells) in the brain and spinal cord. The destruction of the motor neurons results in the progressive wasting away of voluntary muscles. The life expectancy of a person living with ALS is usually two to five years from diagnosis. There is no known cause or cure for the disease. An estimated 30,000 people in the United States are living with ALS at any given time.

If you have questions please contact Jane Evans at 218-469-3053.

Wednesday, June 10, 2020

Grygla City Council meets again, approving various items

The Grygla City Council hasn't been able to regularly meet due to the COVID-19 pandemic, but things are starting to get back on schedule again as restrictions begin to slowly lift. Below are items of interest that the council met on and approved. Members met in May, approving the March Meeting Minutes below. There was no official April meeting due to the pandemic. The June meeting will be held this week so May's Meeting Minutes will be shared next week.

Official minutes are taken by Grygla City Clerk and recapped by Eagle Editor. For the full version, including receipts & disbursements, visit www.grygla.govoffice2.com

March 9th Minutes of the Regular Meeting of the Grygla City Council

The meeting was called to order, at 6pm by Mayor Mosher with the following council members present: Gavin Nordby, Dave Dunrud, Robert Thompson and Lindsay Oslund. Absent: None. Also present was Rose Aune and Betty Ostby.

Council approved previous months minutes, along with receipts, disbursements, checking, savings & total balances for that month. The payment

of all bills was also approved. Other items included:

COMMUNITY CENTER

The sidewalk settled more in front of the CC doors, so we didn't need to grind it down this year. Just had to use the side door for a while.

PLAYGROUND EQUIPMENT

Oslund received a few quotes on playground equipment. Pike's Peak, Mullin's Cove, Stinger's Ridge. Hopefully this summer to be able to get one purchased and installed.

MARBEL HOMES

MarBel Homes made a payment of \$1,472.49

GRYGLA FAMILY HOUSING

Pine Cone Apartments has purchased Grygla Family Housing.

SUNDAY LIQUOR HOURS

Nordby made a motion, seconded by Dunrud, for 2nd approval changing Sunday liquor sales for a restaurant, club, bowling center, or hotel, as defined in this chapter of by state law, with a seating capacity of at least 30 persons and which holds an on-sale intoxicating liquor license may sell intoxicating liquor for consumption on the premises in conjunction with the sale of food between

the hours of 10:00 AM to 10:00 PM on Sundays. Motion was carried unanimously.

MARSHALL COUNTY FAIRGROUNDS DONATION

\$500 will be donated to Marshall County Fairgrounds.

CLERK'S CONFERENCE

Rose is scheduled to be at the Clerk's Conference in St Cloud March 16-19th.

SAFETY MANUAL

Council approved the RSG Safety Manual for the City of Grygla.

SAFETY & LOSS MEETING

Rose will be going to the Safety & Loss meeting in Bemidji March 25th.

EXTRA MEETINGS

No extra meetings this month.

March 19th Minutes of the Special Meeting of the Grygla City Council

The regular meeting of the City Council was scheduled to be held at the Grygla Civic Building at 6:00 pm. The meeting was called to order, at 6:00 p.m. by Mayor Mosher with the following council members present, Lindsay Oslund, Robert Thompson and Dave Dunrud. Absent: Gavin Nordby. Also present was Rose Aune by telephone.

DECLARATION OF EMERGENCY

Thompson made a motion, seconded by Oslund to approve the Declaration of Emergency for COVID-19.

April 13th Board of Equalization and Appeals

The Board of Appeals was scheduled to be held at the Grygla Civic Building at 6:00 pm, but got changed to a conference call from the Marshall County Assessor's office. The meeting was called to order, at 6:00 p.m. by Mayor Mosher with the following council members present Robert Thompson, Gavin Nordby (phone) and Dave Dunrud (phone). Absent: Lindsay Oslund. Also present were Dave Clark, Gary Kiesow, Russ Steer & Rose Aune.

There were no disputes from residents about their taxes. At the end of the call Thompson made a motion, seconded by Nordby, to accept the claims list for April 2020. Motion carried unanimously.

Due to pandemic the council did not have a regular council meeting for April. Motion made by Dunrud, seconded by Thompson, to adjourn the BOA meeting. Motion carried unanimously.

EXTENSION NEWS

UMN Extension Swine Video: How to butcher a pig for home use The University of Minnesota Extension Swine Team has released a video on how to butcher a pig for home use.

"With COVID-19 causing reduced operations at many pork processing facilities, pig farmers are experiencing a bottleneck of pigs on farms causing them to look for alternative market options," says Sarah Schieck Boelke, University of Minnesota Extension swine educator. One option is for a farmer to sell a live pig directly to a consumer. "The consumer typically would book an appointment with a local small scale meat processor in Minnesota to get the pig butchered, but the problem," says Schieck Boelke, "is many small scale meat processors are booked out for months. With no space available at a local processor and a pig that is ready for butchering, many people are choosing to butcher the pig themselves."

With few Extension resources available on how to butcher a pig for home use, Schieck Boelke and her colleagues, Ryan Cox, Dallas Dornink and Lee Johnston created a video on how to butcher a pig for home use, including human safety, pig welfare and food safety discussions.

The video, along with additional resources can be found on the University of Minnesota Extension Swine blog at z.umn.edu/HowToButcherPig.

Further questions can be answered by contacting UMN Extension Swine Educator Sarah Schieck Boelke at schi0466@umn.edu.

For more information on swine from the University of Minnesota Extension: www.extension.umn.edu/swine

Benefits of planting bare-root trees



Written and submitted by Joni Anderson, Co-Leader of the Grygla Garden Club

Trees can be purchased in a pot with soil or wrapped in burlap, (these have a root ball) or you can buy bare-root trees. When you plant a tree with a root ball you have to water it more often because it takes longer for the roots to become established. Bare-root trees get off to a vigorous start because they don't need as much time to adjust. A bare-root will surpass the size of a potted tree in a few years.

1. Unpack your bare-root trees, remove all packing materials, carefully untangle the roots and soak the roots in water 3 to 6 hours. Do not allow the roots to dry out. Don't set the new tree next to the hole and leave it in the sun, make sure to keep the roots covered and out of the sun while you are digging the hole.

2. Dig a hole, wider than seems necessary, so the roots can grow outward without crowding. Making sure to spread the roots so they are not in a cramped circle. Remove any grass within a 3-foot circular area. To aid root growth, turn soil in an area up to 3 feet in diameter. If you find the soil has clay down where the tree roots will be placed, it's a good idea to dig deeper to remove the clay and add black soil to give the tree a better start.

3. Plant the tree at the same depth it stood in the nursery, with plenty of room for the roots. Partially fill the hole, firming the soil around the lower roots. Do not add soil amendments such as peat or bark. Do not use fertilizer, potting soil, or chemicals on your new trees.

4. Shovel in the remaining soil. It should be firmly but not tightly packed. Construct a water-holding basin around the tree, by making sure it sits a little lower than the ground level. Give the tree plenty of

water.

5. After the water has soaked in, spread protective mulch two inches deep in a 3-foot diameter area around the base of the tree, but not touching the trunk.

6. The soil and mulch around your trees should be kept moist but not soggy. During dry weather, generously water the tree every 7 to 10 days during the first year. Water slowly at the dripline.

Depth and Distance of

Holes: Measure the roots of each tree. Dig one hole for each tree 1 foot wide and 1 inch deeper than the roots. Many trees require enough space to spread. For instance a Linden (Basswood) needs to be about 15 feet from the surrounding trees. It's a good idea to plant trees that will get large 15- 20 feet from your house or other buildings. Smaller trees can be planted closer to buildings.

Fertilizer: Do not use fertilizer, potting soil, or chemicals on your baby trees. Such products will kill your young trees.

Watering: Keeping your baby trees watered is important during their first year. Keep the soil and mulch moist but not soggy. In dry weather, you should water generously every 7 to 10 days. The water should soak into the soil and mulch. Avoid watering so much that you see standing water.

Protection: We recommend putting a fence (such as chicken wire) around your trees if your site is a feeding ground for rabbits, deer, or other wildlife.

Over the next few weeks, Joni Anderson will be submitting various columns about gardening. She is an avid gardener and is Co-Leader of the Grygla Garden Club. Next week's column will feature information on pollinator gardens, including Grygla's new pollinator garden, which is an addition to the Community Garden!

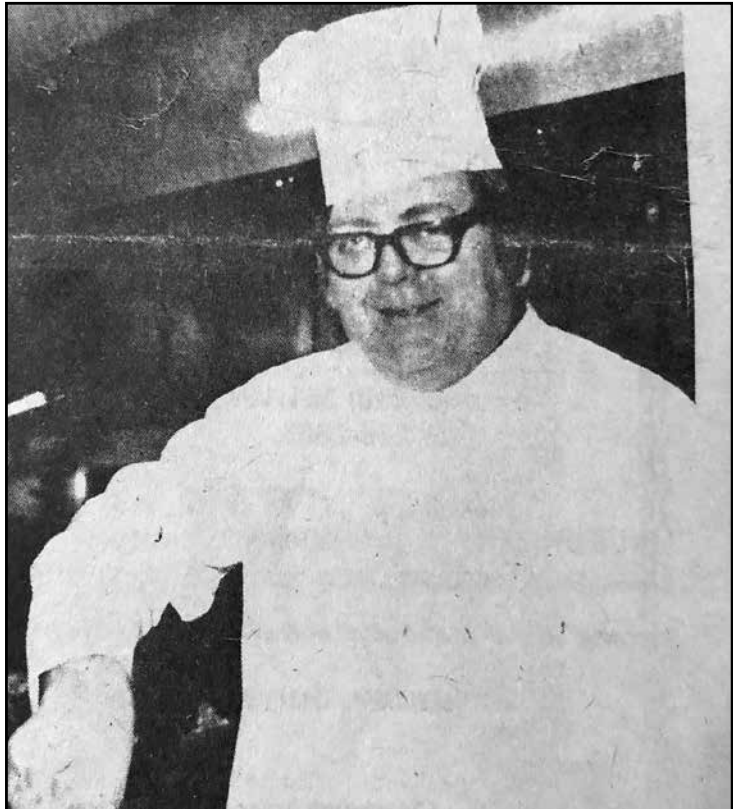
DNR asks motorists to 'give turtles a brake'

The Minnesota Department of Natural Resources is reminding people that turtles are now crossing roads moving to familiar nesting locations. Allowing turtles to cross the roads is vital to the preservation of regional populations. Roadway mortality is believed

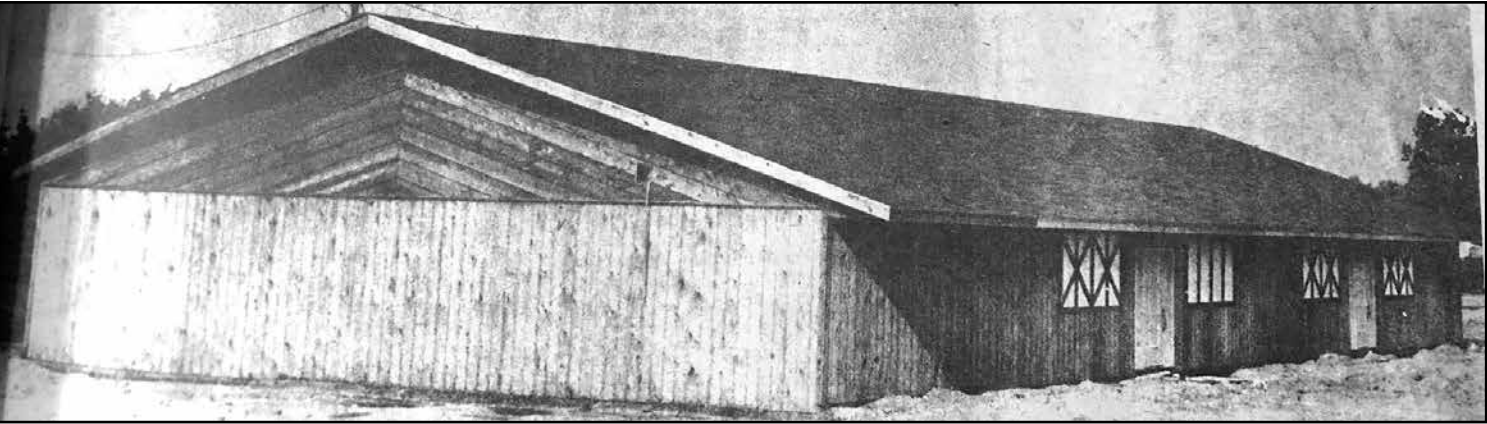
to be a major factor in turtle population declines throughout the United States. The DNR provides a few tips for helping turtles cross safely and where injured turtles may be taken at mndnr.gov/reptiles_amphibians/helping-turtles-roads.



Luverne Olson, left, talks over last minute details with Rick Miller of Miller Construction at the new Steak House in Grygla. Olson, owner of the new business, says that the building is nearly complete and should be open for business by mid-June. The 50x100 ft. wood frame building will have dining and lounge areas which can be either separated or combined to allow seating of 150 or more people for a banquet or similar event. Olson, who plans to move to Grygla, has for the past five years operated Olson's Delicatessen in TRF. For two years, he also leased the Thief River Golf Club kitchen and dining area for operation of the Steak Knife Restaurant.



Luverne Olson will name the new establishment in Grygla Steak Knife 2.



We've got to know who was on this make-shift volleyball court that Sunday in June so long ago! All the caption said was: "Volleyball was one of the games played at Our Savior's Church yard last Sunday during the Diamond Jubilee Celebration. Pastor Christianson is pictured here with a group of young people."



Billy Neuschwander up to bat at Bible School.



Jill Saurdiff rides her new horse, Creo.