



				
Today	Thurs	Fri	Sat	Sun
Partly Cloudy	Partly Cloudy	Sunny	Sunny	Partly Cloudy
H 62 L 45	H 62 L 39	H 62 L 40	H 62 L 38	H 59 L 40

Wednesday, September 30, 2015

NOW ONLINE www.tricocanary.com

Vol. 41 Number 13

A look at next week... Fourn town/Grygla Sportsman's Club holds a youth gun safety day, along with their annual picnic at Grande Corner



NDSU and UND played each other for the first time in 12 years on Saturday, September 19th. Grygla native, Dillon Olson #9, plays for UND and is pictured above in the game against the Bison. (Photos courtesy of Mary Jo Olson.)

Grygla High School alumni, Polansky and Olson, played against each other when North Dakota's two largest universities met on the football field

Grygla natives, Daniel Polansky and Dillon Olson, both former Goodridge/Grygla/Gatzke Charger football players, played against each other in the super-charged rivalry football game between NDSU and UND on Saturday, September 19th. The game was held at the Fargodome before 19,044 fans! UND fell to NDSU in the first game in 12 years with a score of 34-9.

The two universities played their first football game in 1894 and owned the longest running series in NCAA Division II athletics before it was put on hiatus in 2003, when NDSU made the call to go D-I, while UND stayed put. With both football teams now competing at the FCS level, the game on the 19th of September marked the 111th meeting and the first Division I encounter between the programs.

According to David Dodds, a UND Public Affairs writer, the tradition of the game revolved around the "Battle for the Nickel," a large replica of an old-time buffalo nickel, with a bison on one side and an Indian head on the obverse. Through the years, students from the opposing schools would sneak onto each other's campuses and purloin The Nickel in a fun-and-games prank that usually took place around rivalry week. By virtue of winning the last game played in 2003, UND retains The Nickel and it now resides in an undisclosed location, only being brought out on special occasions. The Nickel was officially retired as a relic of the old rivalry when UND announced that it would be changing its nickname and logo.

When NDSU and UND once again stood across from each other on the football field, two Grygla High School graduates were able to be a part of something that none of their fellow university alumni have been able to see for a dozen years!

Dillon Olson is a 5th year senior at the University of North Dakota. He is pursuing a Nursing Major and Psychology Minor, with plans to attend graduate school after his baccalaureate. Dillon is the son of Duane and Mary Jo Olson, of Wannaska.

Olson is a redshirt senior, meaning this is his 5th and last year playing football at UND. Playing safety on defense, and also a part of the special teams, he played a good amount in the game against the Bison, around 20-30 plays.

Olson says the game was a great experience, even though his team didn't get the positive results they had hoped for. "We made some fixable errors that day that we'll need to get sharpened up on," he said. Adding, "It was probably the craziest environment I've ever played football in, although we expected a hostile environment coming in knowing the rich history and tradition of this game." No doubt that it was a game that the whole state of North

Dakota and most of the Midwest was looking forward to!

Olson says he didn't get to talk to Polansky before the game, in fact, he didn't even see him. He recalls trying to stay focused on his team, along with his assignments for the game. However, the two did talk for a couple of minutes after the game. "My adrenaline was pumping so hard I can't remember what we even talked about," he says. "I'm sure we probably did some smack talking (all in good fun)!"

As for the UND football season, Olson says the team will continue to work hard, hopefully playing their best ball in November.

Representing the Bison herd, Daniel Polansky is a junior this year at North Dakota State University. He has plans of majoring in Electrical Engineering with a minor in Math. Daniel is the son of Gary and Laurie Polansky, of Gatzke.

Polansky is a redshirt sophomore, meaning this is his third year on the team, second year playing, with two more years of eligibility left after this season. For the Bison, he plays wide receiver and is also on special teams. Daniel played a few snaps the week prior against Weber State University, but didn't get in the game against UND at the Fargodome. If he had, he could have possibly lined up against Dillon on one of the kickoffs or punt returns.

When asked about the big game, Polansky said the environment in the Fargodome was electric as it usually is on Saturdays, although one could tell the fans had a little extra in them during this particular game! He also added, "The game itself started off very close as UND forced a turnover and actually took an early 3-0 lead. After the first quarter our offense got clicking and made some plays to get the lead and our defense played as well as it has all year to keep their offense from getting effective drives. UND outplayed us on special teams, in my opinion."

As for the post-game, Daniel recalls in his conversation with Dillon, the two congratulated each other and wished one another well for the rest of their seasons...and recalls a jibe or two being thrown in there as well! To celebrate the Bison victory, Daniel went out to eat after the game with his dad, his brother, Tim, and his uncle, Godfrey, an NDSU alumni that came up from Omaha for the game.

The Bison had a bye week in preparation for another rival of theirs, South Dakota State, which will be played this Saturday, October 3rd. That game also starts NDSU's conference play in the Missouri Valley Football Conference. Looking ahead, Daniel says, "We still have a lot of improving to do if we want to get to where we want to be at the end of the season!"



Dillon Olson (UND #9) is pictured in a quick exchange of congrats with Daniel Polansky (NDSU #15) after the rivalry game at the Fargodome on Saturday, September 19th. The two teams played in front of 19,044 fans!

All City Basketball Challenge

This is one to put on the calendar for sure! An 'All City Basketball Challenge' will be held on Sunday, October 25th, from 4-7pm at the Grygla School. This is a Grygla Centennial Fundraiser in which our community businesses will play a basketball game against

each other for bragging rights! BBQs or hotdogs with chips will be available at concessions that evening, along with a silent auction! Come out and watch a fun night of basketball and help support the 2017 Grygla Centennial!

Sand Volleyball tournament benefits upcoming Centennial

A Grygla Centennial Sand Volleyball Fundraiser Tournament is being planned for Saturday, October 10th, starting at 10am in Grygla. The entry fee is \$5.00 per player with a minimum of 4/maximum of 8 players per team. The event hosts are looking for a mini-

mum of 8 teams, maximum of 12 teams. Groups must pre-register by this Saturday, October 3rd. Contact Jodi Schulz at 218-689-1514 or email jschulz@machinewell.com or Tonia Haack at 218-294-6101 or email thaack@machinewell.com.

The view from here...



Last week's photo was taken near the Jack pines in rural Fourn town. The intersection of Malcolm and Jokela Road is a popular spot for four wheelers to pass by!

This week's 'View From Here' may not ring a bell at first glance. Does it look familiar; does your answer stand a chance? The rest of the food couldn't be shown or for sure the answer would have been blown.

Olson receives Kathryn Griffith Nursing Scholarship

Dillon Olson, of Wannaska, MN, recently received the Kathryn Griffith Nursing Scholarship award for the 2015-2016 academic year. All locations from this endowment

will provide scholarship for students in the College of Nursing & Professional Disciplines at the University of North Dakota.

Back by popular demand

The Agassiz Swedish Heritage Society will host its annual pea soup supper at 5:30pm on Thursday, October 15th, at the Heritage Community Center in Thief River Falls. Together with ASHS President Lyndon Johnson, of Hallock, Cathy Erickson, of Middle River, will provide the musical entertainment of lively old-time favorite songs. Erickson is host of the popular old-time music radio program on 90.1 FM.

Reservations must be made by Thursday, October 8th, with Glenn Johnson, 1024 N. 7th St., Warren, MN 56762 or by calling him at 218-745-4222.

In addition to the yellow pea soup with ham, homemade

Swedish rye bread with cheese and Swedish rice pudding with raisins will be served. Cost of the meal is \$10 and may be paid at the door.

It was the Thursday evening custom for Swedes to fill up on hearty pea soup before fasting on Fridays and before religious holidays. In an Americanized way, ASHS is carrying on this tradition.

ASHS President Johnson and board members extend a cordial invitation to everyone, whether or not of Swedish descent, to come and at pea soup and enjoy the music.

Heritage Community Center is located at 301 4th Street East, Thief River Falls

Annual picnic & Youth Firearm Safety Reminder

A reminder that this Saturday, October 3rd, the Fourn town/Grygla Sportsman's Club is hosting a Youth Firearm Safety field day at 9am for students who have completed the Hunter Course on-line program. The club's fall picnic will follow the youth firearm safety training

at Grande Corner. Lunch will be provided around 2pm. The club will provide meat and beverages. Members who are able to attend are asked to bring a side dish for potluck. All members, friends and family are welcome.



CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesdays:
6pm Choir, 7:30pm Interfaith Bible Study
Sundays:
Grace: 9am Worship
Our Savior's: 10:30am Worship, 9:30am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Pastor Craig Bowyer
Wednesday:
(Wednesday Worship for the Summer, no Sundays)
United: 6:30pm
Our Savior's: 8pm

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Robert W. Dahlen
Sunday:
Bethany: 8:30am Worship, 9:45am SS
Ekelund: 9:45am Worship, 11am SS
Faith: 11am Worship, 9:45am SS
(Pancake & Sausage Breakfast at Ekelund)

THE CATHOLIC COMMUNITIES OF St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Rick Lambert
Sunday:
St. Clement's: 10:30am
St. Ann's: 5:30pm

BETHESDA LUTHERAN CHURCH
Skime
Pastor Blaine MacNeil
Sunday:
9:30am Worship, 10:30am SS.

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth
Saturday:
Mt. Olive: 9am Worship, 10:15 SS/Confirmation
Sunday:
St. Petri: 8am, 9:15 SS
Nazareth: 8am, 9am SS
Oak Park: 11am, 9:45am SS (Nazareth 3pm Kids Harvest Festival)

LIBERTY CHAPEL Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

School Lunch Menus

Grygla School Lunch Menu
Wednesday, September 30: BBQ on a Bun, Baked Potatoes, Baked Beans, Peaches
Thursday, October 1: Macaroni Hotdish, Green Beans, Corn, Applesauce, Peaches
Friday, October 2: Shrimp Poppers, Mashed Potatoes, Baked Beans, Fresh Fruit
Monday, October 5: Chicken Nuggets, Mashed Potatoes, Carrots, Pears
Tuesday, October 6: Macaroni & Cheese, Corn Dogs, Broccoli, Peaches

Goodridge School Lunch Menu
Wednesday, September 30: Burritos w/ Lettuce & Cheese, Green Beans, Apple Sauce, Bread, Milk
Thursday, October 1: Mashed Potatoes w/ Hamburger Gravy, Steamed Carrots, Peach Fruit Salad, Bread, Milk
Friday, October 2: Hot Dog on a Bun, Smiley Fries, Carrots & Celery w/ Dip, Apples or Bananas, Bread, Milk
Monday, October 5: Chicken Patty on a Bun w/ Lettuce & Mayo, Green Beans, Peaches, Pears, Milk
Tuesday, October 6: Polish Sausage on a Bun, French Fries, Corn, Mandarin Oranges, Bread, Milk

WHAT A JOKE

The Lost Dr. Seuss Poem
I love my job, I love the pay!
I love it more and more each day.
I love my boss, he is the best!
I love his boss and all the rest.
I love my office and its location. I hate to have to go on vacation.
I love my furniture, drab and grey, and piles of paper that grow each day!
I think my job is really swell, there's nothing else I love so well.
I love to work among my peers, I love their leer and jeers and sneers.

THIEF RIVER FALLS RADIO
KTRF AM 1230 KKAQ AM 1460 KKDQ FM 99.3
CHARGERS FALL SPORTS ON TRF RADIO
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THURSDAY, OCTOBER 1
Chargers Volleyball hosts BGMR in Grygla
FRIDAY, OCTOBER 2
Chargers Football at Northern Freeze.

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USDA commits \$2.5 million to expand new farmer education

Agriculture Deputy Secretary Krysta Harden today announced that \$2.5 million in grants is now available for projects to educate new and underserved farmers about more than 20 U.S. Department of Agriculture (USDA) Farm Service Agency programs that can provide financial, disaster or technical assistance to the agricultural community. The grants will be awarded to nonprofits and public higher education institutions that develop proposals to improve farmer education on topics such as financial training, value-added production, record-keeping, property inheritance, and crop production practices. "We want to partner with nonprofits, colleges and universities who share USDA's priority of helping more Americans enter farming as a profession, whether they are new or underserved farmers, returning Service members, minorities, women, and urban producers or those who sell their crops locally," said Harden. USDA will conduct four evaluation periods to review applications, with the deadlines of Nov. 20, 2015, Jan. 22, 2015, Mar. 18, 2016, and May 27, 2016. Awards between \$20,000 and \$100,000 per applicant will be available. To learn more about the funding solicitation and the related Farm Service Agency programs, details can be found at www.grants.gov with the reference number USDA-FSA-CA-2015-001. For nonprofits and public institutions of higher education that are considering participation, an online informational session will be conducted on Sept. 28, 2015. Additional information is posted on the Web at www.fsa.usda.gov/outreach. This funding builds on historic investments made in rural America over the past six years and supports programs enacted by the 2014 Farm Bill, which achieved meaningful reform and billions of dollars in savings for the taxpayer. Since enactment, the U.S. Department of Agriculture has progressively implemented each provision of this critical legislation, including providing disaster relief to farmers and ranchers; strengthening risk management tools; expanding access to rural credit; funding critical research; establishing innovative public-private conservation partnerships; developing new markets for rural-made products; and investing in infrastructure, housing and community facilities to help improve quality of life in rural America.

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GRYGLA LIBRARY LINK

By: Karen Olufson
Hello Dearest Readers! How has your reading gone this week? Have you had a chance to do any? It seems like a lot of my reading these days is done by listening to a book on CD in the car, but I guess that's ok. I also got my second e-book from Overdrive and I've been enjoying reading that on my phone. To be perfectly honest, though, I still like holding a book in my hands the best! Just seems like I don't have much time for that pleasurable sensation anymore! (Smile!) I apologize for not getting a column out last week. Our computers were down at the library for quite awhile and I just ran out of time. Hope you'll find it in your hearts to forgive me! (Smile!) Since you didn't hear from me last week, I'll share some of the new items we got last week with you this week. Two of the new books we received are Christian Fiction. The first one is TALK OF THE TOWN by Lisa Wingate. The second book we got is called THE PRINCESS and it is by Lori Wick. We actually also received a third Christian Fiction book, but it's out right now, so you'll have to come in and check on the shelf for it in a week or two. We also got in several paperbacks, but I'll only list two of them here. We have a Michael Connelly book called LOST LIGHT. It's about a cold case and a retired detective. SEA FIRE by Karen Robards is, as the back of the book says, a "classic tale of passion on the high seas." For adult DVDs we received THAT AWKWARD MOMENT and NON-STOP among many others. For children we got in THE BERENSTAIN BEARS BEACH BOUND DVD. Don't forget that we also get in CD's, too. You might want to see what we have on that shelf the next time you come in. Some interesting non-fiction books showed up this month. The following books are on the adult shelf: EVERYDAY HAPPY HERBIVORE - OVER 175 QUICK AND EASY FAT FREE AND LOW FAT VEGAN RECIPES by Lindsay S. Nixon and WOOD MAGAZINE'S ARTS AND CRAFTS FURNITURE. We also have several biographies, too. Some of them look like fascinating reads. We also have children's non-fiction books. The one that really caught my attention was a book about the bear who inspired Winnie-the-Pooh, but that's out right now, so I can't tell you the title. We also have A SECRET HISTORY OF COFFEE, COCA AND COLA by Ricardo Cortes. Another good looking book is HEART-STOPPING ROLLER COASTERS by Meish Goldish. Just think, you can get secrets and thrills at the library! That's all the items I'm going to mention today because I need to tell you something very important. As of October 1, we will require you to have your library card to get items out of the library. I know some of you are used to me just typing in your name, but we are getting a new operating system that doesn't like that, so you'll need your library card. If you can't find yours, we're letting you replace your card for free for a couple of months. Just let me know you need a new one and we'll get you fixed up. Well dear readers, I see we've hit the bottom of the column again. Please come in and see all the new September items we have. I'm sure you'll find something you like! (Smile!) In the meantime, have a safe and super week and read some good books for yourself and to the little ones in your life. We'll see what next week brings. Until then ...

Our Savior's FANCY WORK SALE
Quilts, Embroidered Items, Baked Goods, etc.
Lunch following the sale.
Everyone welcome!
Our Savior's Lutheran Church, RURAL GRYGLA

Grace Lutheran Church of GRYGLA
Fall Ham Supper Silent Auction & Bake Sale
Saturday, October 10th 4 - 7 p.m.
Menu includes:
Baked Ham
Real Mashed Potatoes
Garden Fresh Glazed Carrots
Homemade Dinner Rolls
Homemade Desserts
Coffee, Milk & Water
Adults: \$13
Ages 5-12: \$6
Ages 0-4: Free

THEY SAY MONEY TALKS, BUT MINE JUST WAVES GOODBYE.
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The Grygla Elementary students pictured above were rewarded with a Yo-Hawn's pizza party last week for completing the Red*Write*Math summer program. The students completed their challenge of reading, writing or doing math for 25 minutes a day, 25 days a month for June, July and August! Each of the kids who finished the program received a \$25 cash card from American State Bank of Grygla. Bottom row, L-R: Raymond Moe, Paizley Moe, Addison Severts, Emily Johnson, Jamie Denniss (with Brooke Olson). Back row, L-R: ASB Representative Laurie Polansky, Justin Thompson, Ava Sorvig, Chelsie Nelson, Emily Carlson and Coordinator Robin Johnson.

► EXTENSION NEWS

By: James Stordahl

Storing Low Moisture Corn
Corn harvest is just around the corner. Given our favorable growing season, and the recent dry weather, it's very likely that grain moisture levels may be favorably low. If you are lucky enough to have low moisture corn at harvest, the crop may be able to go directly to the bin, bypassing the grain dryer during the busy harvest season. If you find yourself in this situation, Kenneth Hellevang, NDSU Extension Engineer offers the following information.

Corn harvested at up to 20 percent moisture can be safely stored over winter with aeration. Corn at 20 percent moisture has an allowable storage time of about 25 days at 60 degrees, 50 days at 50 degrees, 90 days at 40 degrees and over 300 days at 30 degrees.

Even corn at 16 percent moisture should be cooled as soon as possible to enhance storage life. Corn at 16 percent moisture has an allowable storage time of about 70 days and 70 degrees, 120 days at 60 degrees and 230 days at 50 degrees.

To enhance the storage life of the corn, cool it as soon as is possible. Allowable storage time charts are available at <http://www.ag.ndsu.nodak.edu/abeng/postharvest.htm>

Running the fan 24 hours per day will cool the corn to roughly the average outdoor air temperature. If the daily high is 60 degrees and the low is 35 degrees, the average equals about 48 degrees. Running the fan just during the coolest 15 hours of the day will permit cooling the corn to a lower temperature, but will take longer. The final temperature operating the fan from about 7 p.m. until about 10 a.m. might be about 42 degrees, assuming a high of 50 and a low of about 35 degrees during the fan operation. Even though this differ-

ence seems small, a ten-degree decrease in grain temperature will roughly double the allowable storage time.

The time required to cool the corn can be estimated by dividing 15 by the airflow rate. For example, an airflow rate of 0.2 cubic feet per minute per bushel (cfm/bu) will cool the corn in about 75 hours, 15/0.2. This could be during 5 nights operating the fan 15 hours per night or during 3 days operating the fan 24-hours per day.

Once the corn has been cooled, the fan can be turned off until the next cooling cycle. Corn should be cooled to about 20 to 25 degrees for winter storage.

Without aeration corn should be placed into storage at 60 degrees or cooler and the temperature monitored closely. Respiration heating and solar heat gain on the bin may cause the grain temperature to increase. Allowable storage time is based on the kernel temperature and is reduced by about 50 percent for each 10-degree increase in kernel temperature. The allowable storage time for 17 percent moisture corn at 60 degrees is about 75 days and 18 percent corn is about 50 days at 60 degrees.

Moisture migration will occur when the grain temperature is more than 20 degrees warmer than outdoor air temperature, so is more of a problem in bins without aeration for cooling the grain. Convection currents will flow down the bin wall and up through the center of the bin causing moisture increase in the top center of the stored grain. Be prepared to move the grain if problems develop.

For more information, contact me at 800-450-2465, or at stordahl@umn.edu. This information was provided by Kenneth Hellevang, NDSU Extension Service.

Rare bison herd released into Minneopa State Park

Eleven genetically rare bison have been released into Minneopa State Park near Mankato as part of the newest efforts by the Department of Natural Resources and Minnesota Zoological Gardens (Minnesota Zoo) to expand the Minnesota Conservation Bison Herd.

Background
At one time, bison herds in North America were estimated to number between 30 and 60 million animals, and they roamed throughout Minnesota except the northeastern portion. Populations in Minnesota are unknown, but reports from the 1700s to 1800s suggest they were numerous. During the late 19th century, bison were hunted to near extinction until less than 1,000 animals remained in the entire United States. The last wild bison observed in Minnesota was in Norman County in 1880.

Bison were reintroduced to Blue Mounds State Park near Luverne in 1961. Genetic testing of the herd from 2011-2013 found they were largely free of any genetic material that would have come from cross-breeding with cattle, making them rare. Of the more than 500,000 bison in North America, less than 30,000 fit into this category.

DNR/Minnesota Zoo partnership
In 2012, The Minnesota Zoo and the DNR entered into an agreement to work together to preserve the American bison. The Minnesota Bison Conservation Herd will be grown from the 90 bison at Blue Mounds State Park to a 500-animal herd occupying several locations. Minneopa State Park will be the first of these additional locations welcoming the rare bison.

Minneopa State Park was selected for several reasons:
· The park has a large potential audience with over 200,000 people within 50 miles.

· Numerous nearby educational institutions are potential research partners.
· The park contains sufficient prairie to accommodate a bison herd.
· The reintroduction of bison will help naturally manage the prairie landscape.

"We are excited about our bison conservation partnership with the DNR," said Tony Fisher, Minnesota Zoo director of animal collections. "The Minnesota Zoo works on animal conservation projects around the world and we are proud to now be helping a rare species right here in Minnesota."

The group of 11 bison brought to Minneopa include cow/calf pairs and yearling bison heifers; some of the cows are bred and will calve next spring. Eventually the herd will grow to 30-40 bison.

The public will be allowed to drive personal vehicles through the range on a hard-surfaced road. The interpretive focus will be the historic relationship between bison and humans. However, it will take time for the bison to get used to their new home.

Kathy Dummer, regional manager for the DNR's Parks and Trails Division, said the entire campground side of Minneopa State Park will be closed until the bison are acclimated. "We ask that the public be patient while the bison settle in," Dummer said. "We anticipate opening things back up by mid-October."

The waterfalls side of the park and the park office will remain open.

For more information on the Minnesota Bison Conservation Herd, visit <http://mnzoo.org/conservation/minnesota/bison-conservation-minnesota/>. The park is located off U.S. Highway 169 and State Highway 68, 5 miles west of Mankato.

Photos courtesy of MN DNR.



Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Galumph \guh-LUHMF\
Verb
To move along heavily and clumsily.

A Note from Principal Lunsetter's Desk



"There are things known and there are things unknown, and in between are the doors of perception."

– Aldous Huxley

The concrete things in life are great. They are always there...they are constant. When you work with people however, very few things are concrete. We are all fluid and things change everyday because of our emotions, lack of sleep, physical ailments, etc... Because our lives are fluid, it is important that we make sure our perception of things is accurate. There are a lot of times when we look at things that we make assumptions based on surface information. I have never been too concerned about what the PERCEPTION is, near as much as what the TRUTH is. When we are seeking the truth, we look below the surface and find out all of the circumstances. We ask questions because we don't want to assume and create unnecessary conflicts. Often times, when we don't ask questions, and we don't seek the truth it's because it's easier to accept what we see. Take the time to find the truth. When we do that, life becomes easier and more open and we are allowed to live more freely.

Middle River School hosts two pageants over the weekend

Middle River was ablaze with sparkle and talent as a double pageant was held over the weekend at the Middle River school. The Miss Middle River Pageant was held on Saturday evening, September

19th, and the Miss North Star Pageant was held on Sunday afternoon, September 20th. There were five contestants competing in each pageant with a plethora of entertainment to go along with the competition.

► DO IT YOURSELF

Vanilla Pumpkin Spice Sugar Scrub

This all-natural DIY vanilla pumpkin spice sugar scrub can actually be made in about five minutes, which means it's also a fantastic last-minute gift idea.

Homemade sugar scrubs are the most natural way to soften, exfoliate and to freshen up the skin. Sugar is a natural sweetener that may get a bad rap in sweets, but it's an excellent ingredient in skincare. Its fine texture gently exfoliates the skin without leaving harmful residue that can clog the pores. It has moisturizing properties that prevent the skin from drying, too.

When choosing a sugar scrub, consider the key ingredient: brown sugar is softer than granulated sugar, so can generally be used on the face and sensitive skin. Raw sugar

is more naturally coarse, so is usually reserved for the body.

The following sugar scrub is intended for the body. For an 8-oz container of sugar scrub, simply mix together 1 cup of granulated sugar, ¼ cup of coconut oil, 2 teaspoons of pumpkin pie spice and 2 teaspoons of vanilla extract. That's it! It's super easy to make and the smell is incredible, too.



► SIMPLY DELICIOUS

Cinnamon Roasted Squash

Clearly, we're heading to a good place with this!

Use as a side dish as is, toss into soup or rice bowls, or mix into your fall salads.

Ingredients

1 large squash, peeled/seed-

ed and cut in 1-inch cubes

- 3 tbsp olive oil
- 2 tbsp packed brown sugar
- 1 tsp cinnamon
- 1 tsp salt
- 1 tsp pepper

Preheat oven to 425, toss squash with ingredients and roast for approximately 40 minutes.



Miss Middle River 2014 Morgan Berg, Miss Middle River 2015 Adrianna Beito (swimsuit & evening gown winner), Alison Kaml, Second Runner-up O'Brien Stromsodt (talent winner), Caitlin Wahl (Interview & On stage question winner), and Amanda Hasbrouck (Miss Congeniality).



Pictured are First Runner-up Jocelyn Hams, Savannah Rivera, Miss North Star 2014 MacKenzie Degelder, the newly crowned Miss North Star 2015 Madison Truscinski, Miss Minnesota Rachel Latuff, First Runner-up Madison Crane, and Amanda Gram.

August School Board Meeting Minutes approved

Thursday, August 20th, 2015, the Grygla/Gatzke School Board met. Members approved the minutes at September's meeting. They are as follows:

Members Present: Nicolette Leach, Shaunna Olson, Gary Polansky, Karina Tennes, Jim Verbout, Principal Lunsetter and Superintendent Clow. Absent was Charisa Limesand.

Pledge of Allegiance was said and agenda was approved as presented, along with Minutes of the 7-22-15 school board meeting. Payment of the bills approved and Finance Report is as follows:

Debt Service	0.00
Scholarship	0.00
Scholarship Trust	0.00
Total	\$31,569.36
Total	\$1,296,173.15

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Chargers VB at Warroad

Thursday, September 24th results from the Chargers vs. Warroad game. Varsity won 25-23, 25-30, 31-29. (JV lost, C won, 8th lost, 7th won)

Ace Assists: Hannah Dietsch 27

Kills: Shantel Verbout 12, Karlee Johnson 11, Ashlyn Henrickson 9.

Aces: Hannah Dietsch 2, Madison Bakken 1, Karlee Johnson 2, Ashlyn Henrickson 1.

Digs: Katie Olson 25

Blocks: Shantel Verbout 3, Madison Bakken 1, Hannash Dietsch 1.

Coaches Comments: The games were close and the girls really had to keep calm, which they did to pull off a win.

Chargers Football holds Parent's Night

The Chargers hosted Stephen/Argyle last Friday evening in Grygla, which was also Parent's Night. GG lost the game 13-50 with SA claiming the victory. Coach John Wilebski says, "We are playing better despite the loss. Our line play needs to show up some more yet. We are starting to get some players back and we're looking forward to play-offs."

Offense Stats: Austin Brateng 14/157 1TD, Blaine Kriel 2/7, Dylan Manderud 4/12, Jesse Wiseth 9/15, Jaden Kiesow 1/41 1TD.

Defense Stats: Blaine Kriel 15 tackles, Jesse Wiseth 10 tackles, Caleb Olson 11, Jaden Kiesow 9, Jeremy Wiskow INT.



Above: Chargers Football Parent's Night was held last Friday night in Grygla, September 25th. Pictured are senior players, along with their parents. Below: The Grygla Merchants hosted a tailgate party prior to the game!



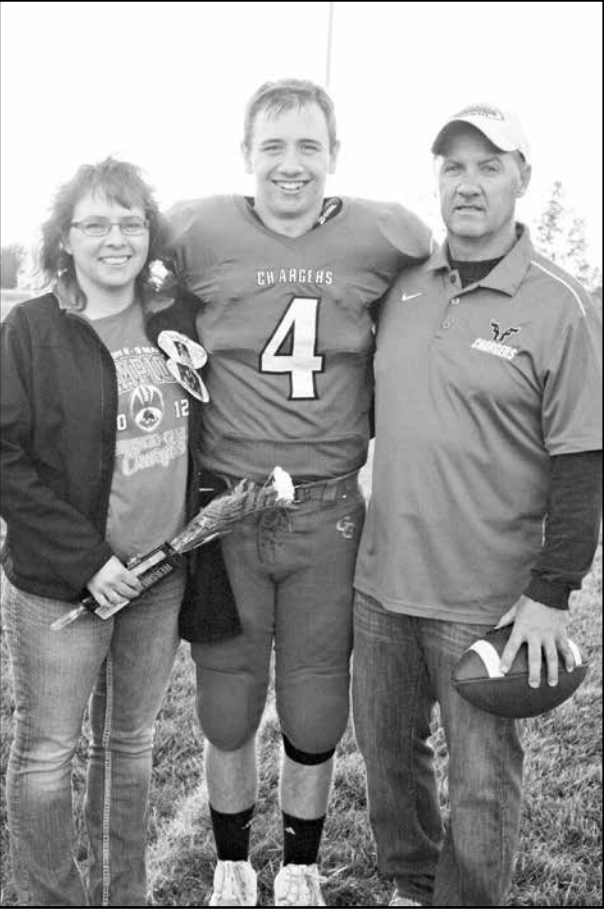
Caleb Olson with his parents Sue Charles and Randy Olson.



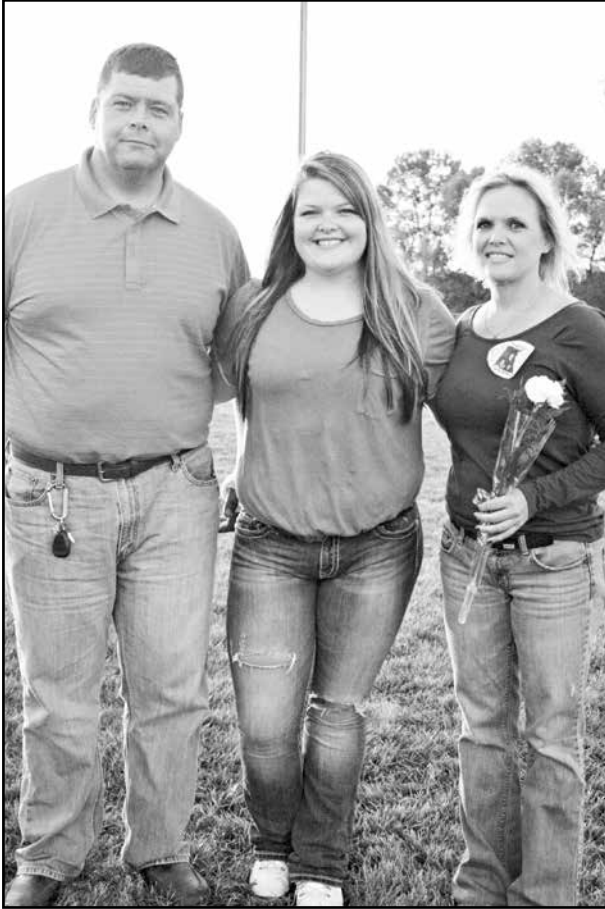
Jordan Hagen with his parents Vince and Heather Hagen.



Austin Brateng with his parents Tammy Comstock and Mike Brateng.



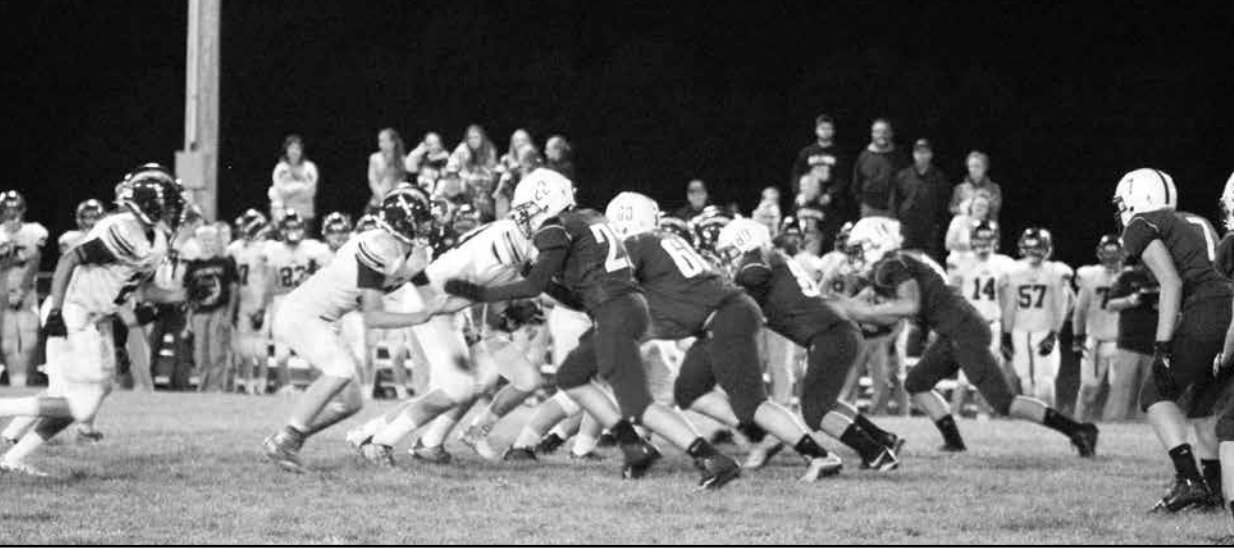
Benji Wilebski with his parents John and Susan Wilebski.



Manager Marisa Newton with her parents Luther Newton and Lisa Newton.



Matt Aune with his parents Scott and Rose Aune.



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The district has about \$200,000 less in cash than 2013 and 2014. Amy Holte, business manager, has received some information about the P-Card, endorsed by MSBA, for online/wire purchases, and she will watch a webinar next week to begin the application process.

Student Report: No student report.

Teacher Report: Given by Jean Schulz. Jean has been attending Marshall County ECI (Early Childhood Initiative) meetings: There will be a motorcycle ride from Oslo to Grygla, with lunch served at Yo Hawn's, on Saturday, 8/22/15, to raise money for the Dolly Parton book initiative, and ECFE is working with the Lions to gather prizes. The ECI group will have a supper to raise money to help pay for the Teddy Bear Band (performing in Stephen/Argyle in October). Grygla ECFE donated \$500, and Grygla ECFE will take a bus to the concert. There are 21 girls in grades 9-12 going out for volleyball, with two managers, and 20 girls in grades 7-8. JO volleyball went well this summer, a Fundamental Volleyball Camp was well attended, the volleyball jamboree is 8/25/15 in Warren, and Grygla is hosting a scrimmage on 8/27/15.

Principal Report: Given by Principal Lunsetter. There are 26 boys in grades 9-12 playing football this fall and 14 boys in grades 7-8; the first home game is Saturday, 8/22/15, and there is a JH jamboree in Newfolden on 8/24/15. The fall inservice schedule was reviewed. Updates to the staff handbook, consisting mostly of personnel updates, were reviewed. The student council retreat was on 8/9/15; the council went to the waterpark and returned to the school to plan the first day of school retreat, kiddie games and fun run at Fall Fest, and homecoming activities. Homecoming will be September 14-18, 2015, with coronation on 9/14 at 7pm, volleyball home game on 9/15 in Grygla, football home game on 9/18 in Go-dridge, and the dance to follow on 9/18. The state testing results came back recently, with results similar to last year. The school received a distribution of funds check from Region 8. Thank you to Wayne, Chris, Owen, Jesse, Robin, and Audrya for all of their hard work during the summer to get the school ready for a new year. Jamie is in the process of interviewing candidates for the kindergarten paraprofessional position.

Superintendent Report: Given by Superintendent Clow. The bus log was reviewed: buses haven't been used much. The classified substitute hourly rate was discussed, with \$10 per hour (raised from \$9.50) to start 9/1/15. Credit for district experience for Amy Holte was discussed. The board discussed the hire of Isaac Kvasager (7-12 science teacher) as the technology coordinator; concerns about the workload were expressed, but Principal Lunsetter assured the board that Isaac is willing and able to manage the demands of the job.

The following positions were approved for hire: Courtney Boutain as junior high VB coach, Syra Naik as junior high VB coach, Eric Mickelson as JV FB coach, Kelsey Loberg as junior high GBB coach, Alex McDonald as JV GBB coach, Elroy Johnsrud as varsity GBB coach, Jesse Westbrock as JV BBB coach, Jason Grandstrand as varsity track coach, Isaac Kvasager as K-12 technology coordinator.

The classified substitute hourly rate was set at \$10 per hour, effective 9/1/15. Members accepted credit for seven years of teaching experience towards tenure, regarding Amy Holte, business manager. The 2015-2017 certified contract as negotiated was approved, along with the ten-year facilities plan, the 8/3/15 paired sports committee meeting minutes, the 2015-16 school house leases with Travis Smith at \$375 per month downstairs and Drew Kiono at \$450 per month upstairs and the 2015-2016 staff handbook as presented.

Trustee Reports: The two companies selling class rings and graduation supplies will be talking to the sophomores and seniors, and collectively the two classes will decide which company to go with.