



				
Today	Thurs	Fri	Sat	Sun
Mostly Sunny	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy
H 81 L 58	H 80 L 62	H 85 L 67	H 89 L 67	H 88 L 64



A look at next week...County fairs are just around the corner!

Girls and Boys State educate our young leaders about government



Elise Monson, second from the right, attended Girls State June 9-15 at Bethel University. While on her trip, she also visited the State Capitol. *Photo courtesy of Elise Monson*

Written by Kari Sundberg, Eagle Editor

Recently, local area youth were selected to attend the annual Minnesota Girls and Boys State camp in the cities area. Among those chosen from Grygla were Evan Fish and Elise Monson. The camps are sponsored by the local American Legion/American Legion Auxiliary posts.

Evan Fish, Boys State
Evan Fish, who will be a senior at Grygla High School this fall, attended the American

Legion Boys State of Minnesota on June 9-15 at St. John's University Campus near St. Joseph, Minnesota.

Minnesota American Legion Boys State is a week-long experience of learning about Minnesota government at the local, county and state levels by "doing." It is a week of intensive study and involvement, along with numerous sports and fun activities, too!

Minnesota Boys State is a program for young men who have just completed their ju-

nior year of high school. Highlights of the week include political speakers, mock trials, campaigning, elections and announcement of the Boys State Governor and State Constitutional Officers. While at St. John's, Evan was elected as a City Police Chief for his mock county.

He was elected last fall to attend Boys State by the American Legion Post in Grygla.

Of his experience, he says, "I went into Boys State with an open view on what it was going

to be like. My advisors were extremely passionate in what they were doing and, next thing you know, all of the kids in the group were, too. Friendships followed after that. I recommend this program to anyone; introvert or extrovert – it's a place where you will make memories that will last your whole life."

Elise Monson, Girls State
American Legion Auxiliary Girls State is a nonpartisan program that teaches young women responsible citizenship and love for God and Country, similar to Boys State. Since the inception of the Girls State program in 1937, nearly one million young people have had the opportunity to learn firsthand how their state and local government works; Elise Monson was among that group of young ladies at Bethel University June 9-15.

Of her experience, she wrote:

"I didn't know to expect before attending ALA MN Girls State. I had no clue what this week had in store for me. I am so grateful that I got the opportunity to go; thank you to the American Legion & Auxiliary of Grygla for sending me.

Here is a little summary of my time there: When I arrived at Bethel University in Arden Hills, MN, I was nervous to see who I would be spending the rest of my week with. On the first day decided I wanted to run for a Girls State City Office position. Monday morning I filed for a City Councilman position. That same day I was voted into office as our city's Reflections chairman.

Young leaders...
Continued on back



L-R: Emma Sundberg, Josie Saurdiff and Brianna Severts headed to Camp Emmaus June 19th-21st. The Pathways Bible Camp is located near Menahga, MN. *Photo courtesy of Tausha Severts*

Northwood Church to hold annual picnic

The Northwood Church has scheduled its annual picnic for Saturday, July 13th. The picnic will carry on its yearly tradition with holding a program at 11am with a potluck lunch to follow at 12pm. The program will include special music,

which is always a favorite with the crowd. Everyone is welcome and invited to attend the picnic. The Northwood Church is located 10 miles north of Grygla and 3 miles east at 44796 Moose River Rd NW.

28th Annual Grygla Open

The 28th Annual Grygla Open is scheduled for Friday, July 19th, at Oakcrest Golf Course in Roseau. Registration begins at 8:15am with tee off starting at 9am. Space is

limited and it's a first come-first served. Sign up individually/\$50 or sign up your team of four/\$200 to Chris Aune at 218-684-4943.

Bags and Brats



The Grygla/Gatzke Jaycee's Club, now operating under the name Grygla Junior Community Club, hosted an afternoon of fun in the Klein Memorial Park last Sunday. A bean bag toss tournament took place with nine teams registering at \$10/team. The event was open to all ages with Mike Gast and Brady Olson taking home the 1st place prize of \$40, pictured above.



Hosting the event last Sunday were Grygla Junior Community Club members, L-R: Karla Byklum (Treasurer), Geoff Satre (VP), Jaclyn Moe (Secretary), Gretchen Smeby (President) and Robbie Anderson, front (Member).

The group also grilled brats in the park and will host another Bags/Brats event next month with a date TBA. New members are encouraged to join the club; you must be 18 or older. *Photos by Grygla Eagle Newspaper*



Evan Fish attended Boys State at St. John's University June 9-15. He is pictured far right, middle row. *Photo courtesy of Evan Fish*



Two new signs have been erected on each end of Gatzke. The Grygla Lion's Club took on the project of raising money to honor and showcase the Back Behind the Barn Boys. Salo Signs put up the additions late last week. Since the photo was taken, Wayne Warne has mowed around the signs and added rock landscaping. *Photo courtesy of Grygla Lions*



Brett Rychlock, left, brought home some new hardware from the MSRA Tractor Pull in St. Paul, MN, last Saturday, June 22nd. He and three others did a full pull in the 10-year old division leading to a pull off where Brett came up a bit short. He placed 2nd at 41 feet! Brett was attending the 46th Annual MSRA Back to the Fifties Weekend with his family. *Photo courtesy of Elaine Rychlock*

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday, June 26:
8pm Interfaith Bible Study
Sunday:
OS: 9am Worship
Grace: 10:30am Worship

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Sunday:
OS: 9am Worship
UL: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen
Ostercamp
Wednesday, June 26:
Evening Service at Ekelund 7pm
Sunday:
Faith: 8:30am Worship
Bethany: 9:45am Worship

THE CATHOLIC COMMUNITIES OF

St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am
St. Ann's: 10am
Monday, June 17:
Parish Council 7:30pm
Tuesday, June 18:
Shalom Circle 9:30am

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail;
Oak Park - Oklee
Pastor Jeff Merseth
Saturday:
Mt. Olive: 9am Worship
Sunday:
St. Petri: 8am Worship
OP: 9:45am Worship
Nazareth: 11am Worship

Church Calendars due to the Eagle by the last Sunday of the month.

Summer League Standings

Week 2 Standings			
	W	L	
Green	4	0	
Gray	3	1	
Orange	2	2	
Gold	2	2	
Purple	1	3	
Blue	0	4	

Week 2 Results
Orange 60
Austin Brateng 21
Nolan Anderson 11
Purple 59
Peyton Verbout 22
Jaden Kiesow 12

Blue 45
Steven Hanson 26
Gray 59
Tyler Schulz 12
Matt Hanson 10

Green 50
Brady Olson 15
Gold 44
Cole Halvorson 23
Jordan Coan 11

Purple 64
Ethan Schulz 19
Gray 72
Matt Busse 20
Andrew Holte 16
Michael Lawrence 14

Gold 73
Jordan Coan 32
Cole Halvorson 21
Justin Kiesow 10
Blue 67
Steven Hanson 26
Cameron Naeseth 19

Green 56
Dayle Larson 27
Brady Olson 12
Orange 54
Robbie Anderson 14
David Jones 12
Austin Brateng 12
Brock Olson 12

3-on-3 youth basketball

There will be a 3-on-3 youth basketball tournament the Saturday of the Grygla Fall Festival, August 24th, at the new basketball hoops in the park by the school. The teams will be made up of 3rd & 4th grade, 5th & 6th grade and 7th & 8th grade - based on the 2019-20 school year. Trophies

will be given out for 1st place. The entry fee is \$5/person. Kids are welcome to jump on a team that day or show up as a team with a max of 4 players per team. Registration will start at 10am that morning, or you can contact Robbie Anderson at 218-684-1740 to register your team ahead of time.

Crossword puzzle grid with words: AFRO, WOK, DOT, SLIP, TIPI, EDEMA, HUGO, SNIT, DRAIN, BARBECUE, GIFT, TOTEM, LAV, ACROSS, SURETY, ERA, SEADOG, IRES, REIFY, NIL, ANIMA, YETI, ANGERS, PEN, PARADE, ASCEND, EGO, LANAI, TOFU, POPSICLE, MAPLE, ICAO, AEON, OBEYS, NORM, DANE, BUD, EST, APSE

Results from last week's StatePoint crossword puzzle.

GOODRIDGE/GRYGLA ATHLETICS

Position Open: Asst. FB Coach

For information and application contact Jamie Lunsetter, coordinator of athletics, Grygla Public School, PO Box 18, 114 N. Fladeland Ave., Grygla, MN 56727. Phone: 218-294-6155, email: jlunsetter@grygla.k12.mn.us Open until filled.

TAKING BIDS

Benville Township is taking bids for mowing of the sides of the townships roads. Bids must be received by July 5, 2019.

Please submit bids to: Jim Verbout 218-684-4937

Stepping Stone AND Bench Orders... This is the 10 year Anniversary of the Veteran's Memorial ...will be due August 1st, 2019 for this years delivery of August 15th. Mail to: Veterans Memorial PO Box 45 Grygla, MN 56727 THANK YOU for your support! Please call: Lyle Nelson at 294-6433

Foot Care Clinic scheduled

North Valley Public Health will hold Foot Care and Blood Pressure Clinics on the following dates:
Newfolden Community Center: Tuesday, July 2, 2019 at 9:00 a.m.
Contact: Darcy Hestekind at 218-874-2256
Argyle LAH/BNP: Tuesday, July 9, 2019 at 9:00 a.m.
Contact: Penny Korynta 218-437-8431
Warren Community Center: Thursday, July 11, 2019 at 9:00 a.m.
Contact: North Valley Public Health at 218-745-5154
Middle River Royal Manor Apts.: Monday, July 15, 2019 at 9:30 a.m.
Contact: Cindy Kilen at 218-222-4466

Oslo Community Center: Monday, July 22, 2019 at 9:30 a.m.
Contact: North Valley Public Health at 218-745-5154
Grygla Community Center: Thursday, July 25, 2019 at 9:00 a.m.
Contact: North Valley Public Health at 218-745-5154
Please call the person listed above to sign up. We require sign-up sheets so that we can staff accordingly.
Please arrive 15 minutes prior to your scheduled appointment time.
The North Valley Public Health staff will soak feet and trim nails. The fee for this foot care service is \$20 per person.
The North Valley Public Health staff will do free blood pressure checks upon request.

Chargers youth baseball July schedule

The Chargers youth baseball program wraps up in July, but a few more games will be taking place. Below is the July schedule.
Monday, July 1st: Away game at Middle River 9am
Monday, July 8th: Game in Grygla vs. Argyle 9am
Wednesday, July 10th: Game in Grygla vs. Newfolden 9am
Friday, July 12th: Away game in Lancaster 9am
Monday, July 15th: Pee-Wee's Tourney (Time/Location TBD)
Tuesday, July 16th: Midget's Tourney (Time/Location TBD)
Wednesday, July 17th: Small Fry Tourney (Time/Location TBD)

DO YOU NEED A NEW SUIT TO WEAR?

Volunteer Firefighters are needed in Grygla!



If interested, please contact: Geoff Satre at 218-289-4601 OR Travis Dougherty at 218-689-6733

U.S.P.S. No. 002330 Grygla Eagle Serving Eastern Marshall & Northern Beltrami Counties PUBLISHER - RICHARD D. RICHARDS Karl Sundberg- EDITOR Phone 294-6220 SUBSCRIPTION RATES: \$25 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses) \$30 per year outside of the area PUBLISHER'S LIABILITY FOR ERROR: The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement. The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Gonvick, MN 56644. Periodical postage paid at Grygla, MN 56727. POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

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- Use seat belts while operating all farm equipment especially tractors.
- Don't allow passengers to ride on the tractor with you.
- To prevent entanglements don't wear loose clothing when entering confined spaces such as grain bins, silos and hoppers.
- Be alert, be aware, be alive.

ASB AMERICAN STATE BANK In two locations PO Box 78 Grygla, MN 56727-0078 (218) 294-6111 • TOLL FREE (877) 814-9937 (218) 687-2865 • TOLL FREE (800) 434-7721 FAX (218) 294-6239 FAX (218) 687-2328 www.asbgrygla.com

kids' corner

ANIMAL FACT: THE GEORGIA AQUARIUM IS ONE OF THE FEW IN THE WORLD THAT HOUSES THIS LARGE MARINE ANIMAL. ANSWER: WHALE SHARK

How they SAY that in... ENGLISH: Animal SPANISH: Animal ITALIAN: Animale FRENCH: Animal GERMAN: Tier

What's the Difference? There are four things different between Picture A and Picture B. Can you find them all?

Picture A and B showing a boy with a goat. Differences: 1. More hair sticking out of cap. 2. Boy's pocket is missing. 3. Darker goat's beard is missing. 4. Lighter goat has horns.

Answers: 1. More hair sticking out of cap. 2. Boy's pocket is missing. 3. Darker goat's beard is missing. 4. Lighter goat has horns

Did you know? THE SAN DIEGO ZOO AND THE TORONTO ZOO ARE TWO OF THE LARGEST ZOOS IN NORTH AMERICA. NATIONAL ZOO & AQUARIUM MONTH

Community Calendar

Wed | June 26
Accel at Grygla School 7-9am; Chargers JO VB 12U Tourney in Stephen 8am; Chargers JO VB 16U/18U Tourney in Hawley; Chargers Youth Baseball at Newfolden 9am; Grygla Eagle office open 10am-6pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; GBB practice in Grygla 6pm; BBB practice in Grygla 7pm; Co-Ed SB in Grygla 7pm

Thurs | June 27
Accel at Grygla School 7-9am; Chargers JO VB 14U Tourney in Stephen; Charger's Baseball All-Star game (location TBA) 5pm; Goodridge Sand VB 6pm

Fri | June 28
Chargers Youth Baseball at Greenbush 9am; Senior Meals at Grain Bin Café 11am

Sat | June 29

Sun | June 30

Mon | July 1
Chargers Youth Baseball at Middle River 9am; Senior Meals at Grain Bin Café 11am; Monday Night Football in Grygla 5pm

Wanted: Full time shop worker Farmer's Union Oil Co., Grygla. Alternate weekends. Benefit package. Pick up application at office or call 218-294-6117. Ask for Brenda. G11-14C

THIS DAY IN... HISTORY JUN 25

- 1789: VIRGINIA BECOMES THE 10TH STATE TO RATIFY THE U.S. CONSTITUTION.
- 1950: COMMUNIST NORTH KOREA INVADES SOUTH KOREA, BEGINNING THE KOREAN WAR.
- 1984: PRINCE RELEASES THE ALBUM "PURPLE RAIN."

New word SANCTUARY nature preserve

GET THE PICTURE? Can you guess what the bigger picture is? ANSWER: PENGUIN

25th Anniversary ALS Walk/Run
Early Bird Registration due July 1

Submitted by Val DeJong, 612-875-8484
If you haven't gotten your Early Bird registration for the ALS Walk/Run on July 20 in Roseau, MN, now is the time. The early bird deadline is July 1. By getting your registration in by that time, your individual registration fee is only \$25. This will also guarantee you an event T-shirt. To reg-

ALS Walk/Run...
Continued on back

SK & FREEDOM 10K
SATURDAY, JULY 27TH, 2019
AT THE GOODRIDGE VETERANS MEMORIAL PARK
FREEDOM FESTIVAL
5K & 10K starts at 9:30am
Registration at 8:30am
Awards & Presentation at 12:30pm at the Goodridge Veterans Memorial Park
Fill Out Registration Form Today!
Register by July 10th Includes T-shirt
ALL PROCEEDS DONATED TO: #MISSION22
MISSION 22 is a non-profit who combats the ever-rising veteran suicide rate by raising awareness and providing treatment to veterans suffering from Post-Traumatic Stress, Traumatic Brain Injury and other issues they might be facing
SPONSORED BY: WELLNESS CENTER SANFORD HEALTH, GOODRIDGE AREA FIRE & RESCUE

REGISTRATION FORM
ALL PROCEEDS DONATED TO: #MISSION22
First Name, Last Name, Address, City, State, Zip, E-mail, Phone #, Current age, Date of Birth, Gender, Telephone
Emergency Contact Information: Name, Relationship, Telephone
Circle One: 5K 10K
\$25 if registered by July 10th (includes t-shirt)
\$35 on race day (does not include t-shirt)
T-shirt (If registered by July 10th) PLEASE CIRCLE SIZE
Youth S, Youth M, Youth L, Youth XL, Adult XS, Adult S, Adult M, Adult L, Adult XL, Adult 2XL, Adult 3XL
\$ (25 and includes t-shirt if registered by July 10th)
\$ I would like to donate an extra amount to Mission 22 in their fight to end veteran suicide through treatment programs and education regarding mental illness.
\$ I am unable to partake in the Freedom Run, but would like to donate to Mission 22
\$ Total
Payment Type (circle): CASH CHECK (Check payable to Goodridge Freedom Run)
ALL RACE ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE
Please mail completed forms with payment by July 10th to: Rozlynn Johnsrud, 16520 330th Ave NE, Goodridge Minnesota, 56725
SPONSORED BY: WELLNESS CENTER, GOODRIDGE AREA FIRE & RESCUE

Goodridge/Grygla 2019 Graduates receive the following scholarships

Goodridge High School Scholarships for 2019
American Legion Post #162: \$100 Mercedes Coan
American Legion Post #117: \$250 Nichole Arveson, \$250 Liberty Johnson
American State Bank of Grygla: \$250 Nichole Arveson, \$250 Kaleb Sjustestad
Anonymous Donor: \$150 Mercedes Coan
Cole Dahlen Memorial Scholarship: \$300 Liberty Johnson, \$300 Madilyn Race
Eloda Knutson Scholarship: \$500 Liberty Johnson, \$500 Madilyn Race
Ernest & Lois Swanson Memorial: \$250 Madilyn Race
Farmer's Union Oil Company of Goodridge: \$300 Nichole Arveson
Farmer's Union Oil Company of Grygla: \$250 Kaleb Sjustestad, \$250 Madilyn Race
Goodridge Area Development (\$350 for each applicant): Nichole Arveson, Libby Johnson, Cynthia Sampson, Mercedes Coan, Madilyn Race, Kaleb Sjustestad
Goodridge Education As-

socation: \$200 Libby Johnson, \$200 Madilyn Race
Goodridge Historical Society: \$100 Mercedes Coan
Goodridge Lions (\$200 for each applicant): Nichole Arveson, Libby Johnson, Cynthia Sampson, Mercedes Coan, Madilyn Race, Kaleb Sjustestad
Goodridge Lion Tamers: \$500 Mercedes Coan, \$500 Madilyn Race
Goodridge Student Council Scholarship: \$100 Nichole Arveson, \$200 Mercedes Coan, \$200 Libby Johnson, \$200 Madilyn Race
Grygla Veterans Memorial: \$100 Libby Johnson
Jacob Quam's Successful Youth Education Scholarship: \$1000 Mercedes Coan, \$1000 Libby Johnson
Larry & Mayvonne Vigen Memorial: \$500 Madilyn Race
Lynn & Norma Hanson: \$500 Libby Johnson
Michelle Prestebak Memorial (\$100 to each applicant): Nichole Arveson, Libby Johnson, Cynthia Sampson, Mercedes Coan, Madilyn Race, Kaleb Sjustestad
Orlin & Marcella Hanson Memorial Scholarship: \$100 Cynthia Sampson, \$100 Kaleb Sjustestad
Pat Panek Memorial: \$200 Madilyn Race, \$200 Mercedes Coan
Raincare Company (\$200 for each applicant): Nichole Arveson, Libby Johnson, Cynthia Sampson, Mercedes Coan, Madilyn Race, Kaleb Sjustestad
Red Lake Electric Cooperative, Inc. (\$500 to each student): Nichole Arveson, Mercedes Coan, Cynthia Sampson, Kaleb Sjustestad
Wilma Zavoral Olson Memorial: \$300 Cynthia Sampson
Grygla High School Scholarships for 2019
American State Bank: \$250 Abby Kiesow, \$250 Lucian Tinnes
Fourtown/Grygla Sportsman's Club: \$500 Sarah Suchoski, \$250 Lucian Tinnes, \$250 Peyton Verbout
Grace Lutheran Church WELCA: \$300 Lucian Tinnes
Grygla American Legion Auxiliary Post 162: \$100 Abby Kiesow
Grygla American Legion Post 162 (In Memory of Jim & Gloria Holte): \$100 Lucian Tinnes
Brian Olson Memorial Scholarship: \$100 Peyton Verbout
Grygla Farmer's Union/Ag (\$250 to each): Cheyenne Irlbeck, Anthony Loken, Peyton Verbout, Payton Grandstrand
Grygla Go Getter's 4H: \$200 Cheyenne Irlbeck
Grygla/Gatzke Jaycee's Leadership: \$500 Peyton Verbout, \$250 Jaden Kiesow, \$50 Payton Grandstrand, \$50 Cheyenne Irlbeck, \$50 Abby Kiesow, \$50 Sarah Suchoski, \$50 Lucian Tinnes
Grygla Lion's Club: \$250 Jaden Kiesow, \$250 Cheyenne Irlbeck
Grygla Merchants: \$250 Jake Ahlbeck, \$250 Sarah Suchoski
Grygla Sports Boosters: \$300 Abby Kiesow, \$100 Lucian Tinnes
Grygla Veteran's Memorial Scholarship: \$100 Cheyenne Irlbeck
Grygla School Scholarship

Fund: \$1000 Abby Kiesow, \$200 Sarah Suchoski, \$100 Jake Ahlbeck, \$50 Payton Grandstrand, \$50 Anthony Loken
Henry & Elizabeth Holte Scholarship: \$1000 Sarah Suchoski
Larry & Ila Hagen Family Scholarship: \$500 Peyton Verbout
Machinewell, Inc.: \$500 Sarah Suchoski
Norfarm Seeds Inc./Perennial Ryegrass Producers: \$1500 Cheyenne Irlbeck
Rain Care Company: \$150 Jaden Kiesow, \$150 Jake Ahlbeck
Red Lake Electric: \$500 Abby Kiesow, \$500 Jaden Kiesow
Roseau Electric: \$500 Cheyenne Irlbeck
Sewing for Veterans Scholarship: \$100 Abby Kiesow
Todd & Deb Stanley Farms: \$250 Jaden Kiesow
Arnold Stanley Memorial Scholarship: \$250 Abby Kiesow
Bernie Picolet Memorial Scholarship: \$100 Jake Ahlbeck
Wendy Sandsmark Memorial Scholarship (Given by Dick & Donna Lian): \$500 Peyton Verbout
St. Clement's Catholic Church: \$250 Abby Kiesow, \$250 Peyton Verbout
Garden Valley Foundation for Rural Service Scholarship: \$2500 Abby Kiesow
MN Approved Seed Cond. Scholarship: \$750 Peyton Verbout
Robert G. Robinson Scholarship: \$1000 Peyton Verbout
University of MN Crookston Promise Scholarship (U Promise): \$4000 Cheyenne Irlbeck, \$3,392 Peyton Verbout
Iron Range Leadership Scholarship: \$3000 Cheyenne Irlbeck, \$2000 Peyton Verbout
JB Christianson Memorial Scholarship: \$2000 Cheyenne Irlbeck
Ag Country Scholarship: Cheyenne Irlbeck \$1000
NDSU Provost Award: \$6000 Abby Kiesow
UND Hawk Scholarship: \$1250 Sarah Suchoski
Machinewell's 3-Semester "School to Work": Jake Ahlbeck

Wednesday, June 26, 2019

Summer League Schedule

July schedule
Tuesday, July 2
No games
Tuesday, July 9
6:15 BG Blue vs. Green
SG Purple vs. Gold
Refs Orange, Gray
7:00 BG Orange vs. Gray
SG Green vs. Gold
Refs Purple, Blue
7:45 BG Purple vs. Orange
SG Blue vs. Gray
Refs Green, Gold
Tuesday, July 16
6:15 BG Gold vs. Blue
SG Gray vs. Purple
Refs Green, Orange
7:00 BG Green vs. Orange
SG Blue vs. Purple
Refs Gold, Gray
7:45 BG Green vs. Gray
SG Gold vs. Orange
Refs Purple, Blue
Tuesday, July 23
6:15 BG Purple vs. Green
SG Gold vs. Gray
Refs Blue, Orange
7:00 BG Gold vs. Purple
SG Blue vs. Orange
Refs Green, Gray
7:45 BG Gray vs. Orange
SG Green vs. Blue
Refs Purple, Gold
Tuesday, July 30
Playoff games - schedule to come

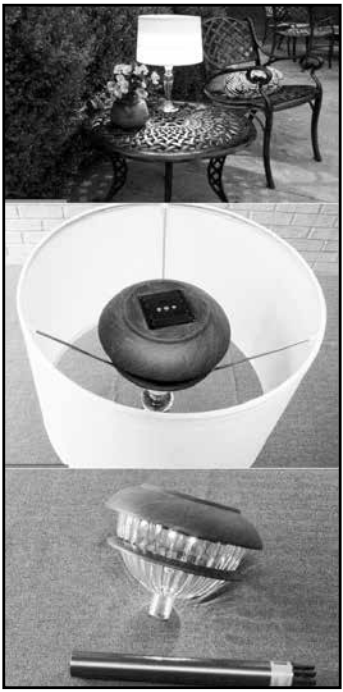
Extension News

University of Minnesota Extension will host its inaugural Connecting Entrepreneurial Communities (CEC) conference September 5-6, 2019 in Waseca, MN. The gathering is a community development initiative designed to bring together entrepreneurs, business leaders, economic development professionals, decision makers, and community champions to share ideas and strengthen entrepreneurial networks.
"The conference is designed to connect and inspire attendees. Our hope is that they will walk away with new ideas and connections they can use to support entrepreneurs and small business in their communities," said Rani Bhat-tacharyya, Extension Educator for Community Economics.
The conference features two keynote speakers, including Amanda Brinkman, host of the hit HULU Series, Small Business Revolution and Tom Smude, successful entrepreneur and owner of Smude Sunflower oil. Twenty breakout sessions will take place in venues throughout the community, featuring local and state leaders who are making entrepreneurial communities happen. Topics will include innovative strategies for filling downtown spaces, business succession, agritourism in Minnesota, co-working space models, and more.
Communities are encouraged to bring a team to learn, connect, and start a local discussion about your community's future.
The conference begins at 11 a.m. Thursday, September 5 and concludes at noon on Friday, September 6. Registration fee is \$80. Registration closes Tuesday, August 6.
Information about the conference is available at z.umn.edu/CEC-Conference.

Word of the Week
...enhancing vocabularies one Grygla Eagle at a time.
Apologia \ap-uh-loh-jee-uh\
noun
A work written as an explanation or justification of one's motives, convictions, or acts.

DO IT YOURSELF

This might be the easiest lamp makeover you'll ever see. A quick trip to Goodwill and the hardware store, and a few minutes with a pair of scissors is all it'll take to add some soft light to your outdoor space! Your finished product will be an electricity-free and battery-free outdoor table lamp like this one - it's solar powered - and it's perfect for summer nights on your patio or deck.
Materials and tools: Scissors, solar landscaping light, lamp base and a lamp shade.
Directions: Snip off the electric cord at the base of the lamp. Unscrew the socket and pull out the remaining cord. Cut off the cord at the base of the socket. Remove the metal bracket and screw the socket back on the threaded post. Place the shade down over the socket. Remove the plastic spike from a landscaping solar light. Place the top of the solar light (with the small solar panel facing up) snugly into the socket. The light should fit



SIMPLY DELICIOUS



Written by Kari Sundberg, Eagle Editor
Roasted Sweet Potato and Black Bean Quesadillas
These quesadillas are so easy to make and, most importantly, they're incredibly delicious and filling!
Ingredients
2 large sweet potatoes, peeled and sliced into chunks
4 tortilla wraps
1 tsp paprika
1 tsp cumin
1/2 tsp ground coriander
1/4 tsp cayenne pepper
1/2 can of black beans, rinsed
2 cups of cheese (any kind)
Juice from 1/2 a lime
Olive oil
Preheat oven to 420. Place your spuds in an oven dish and give them a good drizzle of Olive oil. Add in your spices and mix together to coat. Bake for 30-40 minutes or until softened with a caramelized outing.
Next, roughly smash your sweet potatoes and set aside.
Take a tortilla and brush one side of it with Olive oil. Place on a griddle pan, oiled side down. Spread on half of your sweet potato mash, followed by half of your black beans, 1 cup of cheese, and a squeeze of lime juice. Place your second tortilla on top, press down to contain the filling and lightly brush the top with Olive oil. On medium, fry for around 6-8 minutes on each side.
These are excellent dipped in salsa or guacamole, but serve with toppings and sides of your choice.



Robbie Anderson and Ethan Schulz competed in the Bags/Brats tournament last Sunday in Grygla. Photo by Grygla Eagle Newspaper

Young leaders...
Continued from front

Throughout the week I was responsible for a designated time each night where everyone in our city would reflect on the day.

Tuesday was a day for county elections. I got to hear from the candidates as well as vote for any girl running for a position in my county. It was also the first day state office candidates could campaign. Tuesday night is when I helped friends campaign by simply going up to strangers and talking up my friends. This was also the day I joined the choir.

Wednesday was the day where we had elections for the state officials. Everyone in our city was pretty excited to see two of our own win their elections! Everyone at Girls State participated in the Candle Light Ceremony that night.

Thursday night I performed in the choir for the inauguration. On Friday we got to visit the State Capitol. At the Capitol our city performed a mock trial, which was a made-up case that we had to do our best to win. I played a lawyer, but we, unfortunately, lost the case. After we were done with our mock trials we had time to tour the Capitol. I spent most of Friday wandering the Capitol and learning about our state's history. Friday night, each city had to perform in a talent show. My city did a combination of a vocal solo and goofy dance routine. Saturday was the final day at Girls State where we were packed up and said goodbye to all of the new friends we had made.

My week at Girls State has taught me a lot about our state's political process through hands-on activities and by listening to many speakers, including our state governor, Tim Walz. I also got to meet many incredible girls my age that made my Girls State experience a blast! I hope to stay in contact with my new friends, as well as bring all of the positive energy I got from Girls State home. The most important thing I learned was, although we may have come from different corners of the state we're not as different as we think."

ALS Walk/Run...
Continued from page 3

ister online, please go to www.tempotickets.com/Roseau-ALS-2019.

Race packet pickup and registration will also be held Friday, July 19, from 7-8 p.m. and on Saturday, July 20, from 7:15-8 a.m. at the Roseau School West entrance. You can also pickup a registration form from the committee members: Teri Johnson, Marlys Gustafson, Natali Anderson, Russ Sorenson, Arlene Billberg, Becky Hayden, Jane Evans, Carol Poell, Connie Berg, Sally Norton, Chuck Linder, Val De-Jong, or Marcia Robinson.

The run/walk will start at 8:30 a.m. on July 20. There will be a kids' dash, followed by the 5K walk/run and 10K run (ages 13 and up). At 8:45 there will be a one-mile fun walk/run. There will be color run stations available for those who want to participate. The top ten fundraisers will be eligible for some great prizes, including a TV, yard games, and a Wine & Cheese party for six.

We are honoring Father Don Braukmann and Annette Bruggeman this year. They are both currently battling ALS.

In honor of our 25th anniversary, the ALS committee would like families of those we are remembering to share their memories of their loved ones. Please bring a poster board (or ask a committee member for one) filled with memories/pictures of your loved one.

ALS (Lou Gehrig's Disease) is a neurodegenerative disease characterized by the death of motor neurons in the brain and spinal cord. This destruction of motor neurons results in the progressive wasting away of voluntary muscles. An estimated 30,000 people in the United States are living with ALS at any given time.

Your participation in this event drives the crucial programs and services the ALS Association of MN, ND, and SD. The ALS Association provides to people living with ALS and their families every day. From medical equipment, such as eye-gaze technology, wheelchairs, and other tools to assist someone with ALS with their communication, mobility, and their independence. Additionally, your participation helps with the efforts for research into ALS treatment and one step closer to finding a cure for the disease.

Our Platinum Level Corporate sponsors include Border State Bank, Citizens State Bank, Polaris Industries, and Roseau Public Schools. An additional Silver Level sponsor is Farmers Union Insurance.

Yard of the Week goes to the Sundbergs in Grygla



This week's 'Yard of the Week' goes out to Ben and Sierra Sundberg of rural Grygla. In addition to so many healthy, mature trees around the clean-cut yard, beautiful blooms are situated all around the house containing flower pots of herbs, perennials and annuals. A picture-perfect garden also welcomes you upon arrival. This yard is full of TLC and worthy of the nomination! *Photos by Grygla Eagle Newspaper*



GRYGLA LIBRARY LINK

Written by Kari Sundberg, Grygla Librarian

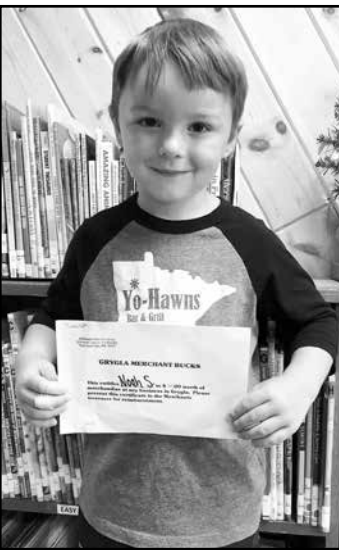
First and foremost, just a head's up that the Grygla Library will be closed next Wednesday, July 3rd. I encourage you to come in this week from 2-6pm and get your holiday reading material a few days early – we'll have some new books coming in Wednesday morning's delivery.

Next up, we hosted another program at the library last week called Ralph's World. We had just over 50 attendees! The Goodridge Summer Reading Program took a bus trip and joined the singing, dancing, silliness and fun. I hadn't ever hosted this program before but was promised it would be a hit with the younger crowd – and it was – Ralph interacted with the kids and parents for over an hour with the energy turned up the entire time. Always fun when the program is a success and the kids are laughing!

As part of my summer reading program, NWRL gives me a prize/promo budget to play around with where I get to order fun things for the kids. In addition to this, the Grygla Junior Community Club also donated \$125 to be put towards t-shirts for the group of kids who participate in the 10-week program. I will be giving those out in August. I also received a \$100 donation from the Grygla Merchants to be given out in weekly drawings of \$10. The first winner was Noah Severts, who was excited to head over to the Coop after this picture below and buy himself some

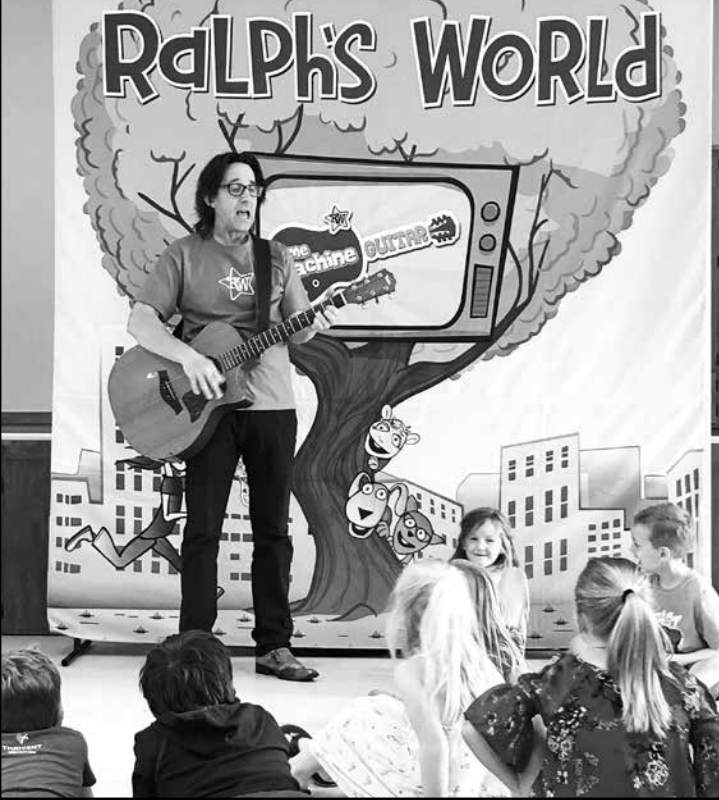
treats! I'll be sharing our weekly Merchant Bucks winners with you in my library column so keep an eye out for more happy kiddos!

The community support



towards the summer reading program is much appreciated.

To close out with something fun, I just want to invite you to send me some book pictures this week. You know the photos I'm talking about...the Instagram-worthy pictures where you have your book showcased in the photo? Maybe with a blanket, a plant or a cup of coffee? YES. Those are the ones. Ha. I want to see them – especially if you are heading out of town and taking your book somewhere fun over the weekend. You guys know I love to be in the know with what you're reading so send those pictures my way.



These photos were taken at the June 19th Chargers Youth Baseball game in Goodridge against Warren. Coach Jason Grandstrand says this was the team's first game on the new field in Goodridge and added, "It's a gorgeous field! The community of Goodridge did a great job on building this for our kids!" The Chargers lost their games to the Ponies this day. *Photos courtesy of Jason Grandstrand*

Grygla hosts 3-day JO VB Tourney



The Grygla School hosted a 3-day Junior Olympic Volleyball Tournament on Sunday, Monday and Tuesday for all of their age divisions. Pictured above is one of the 16U teams on the court. (Payton Homme, Brigitte Watne, Sadie Anderson, Noelle Merrill, Jorja Salo and Jennah Henrickson.) *Photos by Grygla Eagle Newspaper*



Jorja Salo, left, and Hailey Knuston, right, both up to serve during the 16U games on Sunday.