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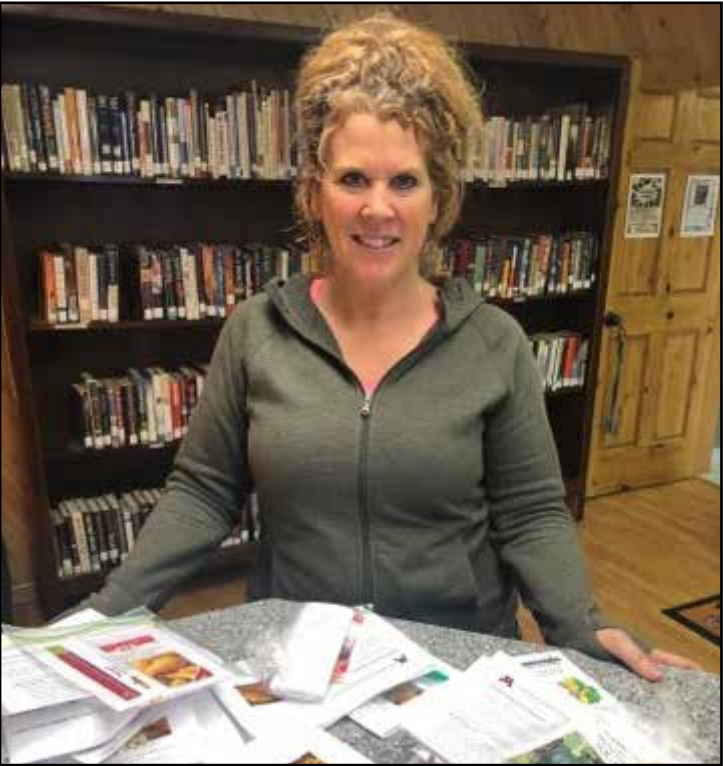
Wednesday, May 29, 2019

WE'RE ONLINE www.tricocanary.com

Vol. 45 Number 48

A look at next week...Galen Clow prepares for retirement as the Grygla/Goodridge School District Superintendent.

Grygla’s official vegetable of the summer is announced



University of Minnesota Extension SNAP-Ed Educator, Kristina Kaml, dropped off squash seed packets at the Grygla Library last week. You are invited to pick some up for your own garden. Kristina will be holding a story time and garden planting day with Krystle’s Daycare this Wednesday. You are invited to join the group at 3pm at the Grygla Library; they will head to the community garden afterwards to begin planting. *Photo by Grygla Eagle Newspaper*

Written by Grygla Eagle Newspaper

The One Vegetable, One Community program kicks off at the Grygla community garden this week. One Vegetable, One Community unites local communities by encouraging gardeners of all levels to plant, grow, cook, and/or share a featured vegetable of the year. Each community chooses their own featured vegetable; this year’s veggie in Grygla is

SQUASH!

One Vegetable, One Community is held through University of Minnesota Extension SNAP-Ed, the Northwest Regional Sustainable Development Partnership, and various Grygla community partners. Together these organizations are partnering to encourage healthy food access and community building.

The Health & Nutrition Programs, SNAP-Ed Educator

for our area is Kristina Kaml. She will be meeting with Krystle’s Daycare this Wednesday, May 29th, and invites anyone else interested in joining them to do so! The group will meet at the Grygla Library at 3pm for a special garden story. They will then head over to the Grygla Community Garden and start their planting, which will include a variety of squash seeds going in.

One Vegetable, One Community increases access and enthusiasm for local and inexpensive healthy food. The kick-off event begins a season-long campaign with the hopes that squash will be grown around every corner: from community, personal and school gardens, to gardens at businesses, faith-based organizations and government buildings. By including the chosen vegetable at community events/potlucks; growing it in a community or personal garden; incorporating it on menus at local restaurants; and growing in garden boxes outside local businesses, we are broadening the conversation and making this a community norm.

Will you choose to participate and plant our featured vegetable, too? A variety of squash seed packages have been made up and can be found at various businesses in Grygla, including the Coop Store and the library. In the seed packages, Kristina included growing and harvesting tips, along with recipes and health benefits. Squash varieties available in seed include summer squash, early summer crookneck squash, cocozelle squash, early prolific straight-neck squash, dark green zuc-

chini squash, Waltham butternut squash and table queen acorn squash.

Easy cooking ideas for squash: steam, saute, roast, grill or bake. You can also substitute spaghetti squash for pasta and top it with your favorite tomato sauce.

Direct-seeding is the preferred method for starting squash. In most of Minnesota, this will be late May. Sow seeds about ½ inch deep. For vining types that will be allowed to spread out in the garden, seeds should be sown 2 inches apart. Allow about 2-3 feet of space on either side of the row for the vines to spread. A “hill” of 3 or 4 seeds sown close together is another way to plant squash in the garden. Allow 5-6 feet between hills.

28 communities applied and are participating in OVOC this 2019 season. In addition to Grygla, the others are Bagley, Bemidji, Bigfork, Blackduck, Breckenridge, Cloquet, Cohasset, Crookston, Detroit Lakes, East Grand Forks, Elbow Lake, Fergus Falls, Fosston, Grand Rapids, Kelliher, Laporte, Little Falls, Middle River, Moorhead, Newfolden, Park Rapids, Pelican Rapids, Roseau, Thief River Falls, Virginia, Wadena and Warren.



Grygla’s team to attend Relay for Life next week



Written by Grygla Eagle Newspaper

The 2019 Relay for Life of Marshall Pennington Counties will be held next week on Friday, June 7th, from 5pm to 12am at the Pennington County Fairgrounds in Thief River Falls.

All community members are encouraged and invited to attend!

Funds raised help the American Cancer Society provide free information and support for people facing the disease today, and fund cancer research that will help protect future generations.

Activities at Relay will include county-wide entertainment, a free-will donation community meal, silent & live auction, fun campsite activities, dunk booth, egg toss, kickball, a Luminaria ceremony, and more! The 2019 Honorary Survivor is Pam Cwikla, with Jason Miller as the Co-Honorary Survivor. They will share their stories during the Opening Ceremony.

The detailed schedule for Relay includes:

- 5pm: Survivor registration
- 5pm: Community dinner
- 5pm: Silent auction opens
- 7pm: Opening ceremony
- 7:45pm: Live auction (immediately after opening ceremony)

8pm: Survivor reception (immediately following live auction)

Dusk: Luminaria ceremony 11:30pm: Silent auction ends

12am: Final lap and closing ceremony

Tables will be available for attendees, but everyone is encouraged to bring their own chairs to enjoy the music and festivities throughout the evening. If you would like to purchase a luminaria in honor or in memory of a loved one to be displayed at Relay, you can contact your local Relay team, Chix from the Stix.

2019 members include Ruth Anderson, Carole Aune, Pam Cwikla, Tonia Haack, Rose Hanson, Jean Johnson, Nikki Leach, Jaclyn Moe, Audrya Nelson, Shaunna Olson, Susie Olson, Stephanie Schenkey, Jodi Schulz, Karen Severts, Tausha Severts, Tammy Klein and Nadine Wold.

Luminaries can be purchased for a suggested donation of \$5 and will also be available for purchase at the Relay event.

In the case of inclement weather, the event will still be held. Activities will be hosted inside The Curling Club, in-

cluding the community supper and silent auction. Adjustments will be made for other activities, but rain or shine, Relay will go on!

Local cancer survivors invited to attend the American Cancer Society Relay For Life of Marshall Pennington Counties

Local cancer survivors and their caregivers are invited to join the annual American Cancer Society Relay For Life of Marshall Pennington Counties on Friday, June 7th, at the Pennington County Fairgrounds. Survivor registration will begin at 5:00pm, with the Survivor Reception immediately following the Live Auction.

Anyone who has ever been diagnosed with cancer and their caregivers are encouraged to attend. All attending Survivors will receive a t-shirt and small gift, and will also be recognized during the Opening Ceremony. Following the event, there will be a reception with dessert and door prizes. For more information, please contact Melanie Nelson 218-201-1478 or Carol Kilen at 218-686-2207.

Relay For Life of Marshall Pennington Counties is a community event where teams and individuals come together to honor, celebrate, and raise

funds and awareness in an effort to free the world from the pain and suffering of cancer.

Money raised through Relay will help the American Cancer Society provide free information and support for people facing the disease today, and fund cancer research that will help protect future generations. If you are interested in learning more or getting involved, please visit www.relayforlife.org/marshallcountymn or contact the Event Lead, Amber Holtan, at 218-689-9405.

About the American Cancer Society

The American Cancer Society is a force of 2.5 million volunteers saving lives threatened by every cancer in every community. As the largest voluntary health organization, the Society’s efforts have contributed to a 22 percent decline in cancer death rates in the U.S. since 1991, and a 50% drop in smoking rates. Thanks in part to our progress; 14.5 million Americans who have had cancer and countless more who have avoided it will celebrate more birthdays this year. We’re finding cures as the nation’s largest private, not-for-profit investor in cancer research, ensuring people facing cancer have the help they need and continue to receive access to quality health care.



Hagen and Picolet remembered and honored in Memorial Program

Written by Grygla Eagle Newspaper

A Palliative Care Memorial Program was held on May 17th, 2019, at the Department of Veterans Affairs Health Care System in Fargo, ND. The program remembers and honors their Palliative and Hospice Care Patients, which included Otto Hagen and Bernie Picolet. It included over 60 veterans who had passed away in the last six months.

Hagen served in the United States Army from 1941-1945; Picolet served in the United States Air Force from 1952-1956.

The Memorial Program included gathering music, Presentation of Colors, Pledge of Allegiance, Invocation, Armed Forces Medley, Reflections on Hospice and Palliative Care and Four Candles, which is a lighting ceremony of four candles to symbolize four important parts of one’s experience with loss.

A description from the program states: *The First Candle* represents our grief, the intense pain of losing someone we love. It reminds us of the depth of love and the commitment that was shared. *The Second Candle* represents our courage to confront our sorrow, to comfort each other, and to make changes in our lives. For truly we know and truly we understand that it takes courage to survive and live on. *The Third Candle* represents our memories: the times we laughed, the times we cried, the times we may have been angry with each other, the silly things they did, and the joy that they have given us. *The Fourth Candle* represents love. As we remember our loved ones this Memorial Day, we cherish the special place in our hearts that will always be reserved for them. We feel thanks for the gift of their life to ours, and we continue to say, “I love you.”

The Fargo VA Choir sang



God Bless America at the Memorial Program and an honorary slide show was presented to remember the heroes who have passed. The Benediction and TAPS were followed by the Retiring of the Flags.

The following poem was taken from the Memorial Program.

“The Chosen One”
He stood stately at the staircase that leads to Heaven’s gate

To greet every fallen soldier that has met upon their fate
Defending this great country and all that we believe

It is his honor and his duty to guide each one he receives

He stands and never waivers with his rifle by his side to welcome them inside

He addresses all their questions and comforts all their fears

Then marches them right over to the beginning of the stairs

And as they start ascending and much to their surprise

He turns and smiles back at them with a sparkle in his eye

“You see your job is not over it has only just begun

Someone must protect the heavens and you are the CHOSEN ONES”

Otto Hagen was born May 22, 1917, and passed away on December 25, 2018. In October of 1941, he entered the United States Army serving his country during WWII in the British West Indies, France and Germany. After an honorable discharge in 1945, he returned to his family farm.

Bernard Picolet was born September 8, 1933, and passed away on March 11, 2019. Bernie served in the United States Air Force from 1952-1956. He was stationed in Korea and served during the Korean War. He was honorably discharged and later served in the Army Reserve from 1976-1978.

May their memory be forever blessed.



Otto Hagen (left) and Bernard Picolet (right) in their US Armed Forces photos, courtesy of Connie Hagen & Barb Picolet.

‘Yard of the Week’ is back for the summer

It’s that time of year again! ‘Yard of the Week’ is back for the summer and goes completely off of nominations received by you! Get your Grygla/Goodridge/Gatzke yard nominations in to the paper by emailing grygla.eagle@gmail.com or calling 218-689-6901. You can nominate a friend, neighbor, family member or even yourself! A beautiful yard de-

serves to be seen. Please keep in mind that the list gets long fast and although many people have picture-worthy yards, not all will be able to be featured. The Grygla Eagle keeps a list of who has been featured in the past and likes to give new names priority. We look forward to visiting your yard soon and will feature the first yard of the summer next week!

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Sunday:
Grace: 9am Worship, no SS
OS: 10:30am Worship, no SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Sunday:
OS: 9am Worship
UL: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Ostercamp
Sunday:
Faith: 8:30am Worship
Bethany: 9:45am Worship
Ekelund: 11am Worship

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St.

Ann's – Goodridge
Fr. Adam Hammess
Sunday:
St. Clement's: 11:45am
St. Ann's: 10am

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:39am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseeth
Saturday:
Mt. Olive: 9am Worship
Sunday:
St. Petri: 8am Worship
OP: 9:45am Worship
Nazareth: 11am Worship

Community Calendar

Wed | May 29
Grygla Eagle office open
10-Grygla Eagle office open 10-6pm; Senior Meals at Grain Bin Café 11am; Grygla Seniors Info/Bingo at Café 11:30am; Grygla Library open 2-6pm; JO VB practice in Goodridge

Thurs | May 30
Foot Care Clinic at Grygla Community Center 9am; Chargers JO Picnic in Grygla 4pm; Goodridge Sand VB League 6:30pm

Fri | May 31
Senior Meals at Grain Bin Café 11am

Sat | June 1
12U JO Tourney in Bemidji

Sun | June 2

Mon | June 3
Senior Meals at Grain Bin Café 11am; 18U JO Tourney in Bemidji; 12U-18U JO Practice in Grygla 4pm; GBB 9-12 in Grygla 6pm

Tues | June 4
Summer Rec Baseball practice in Grygla 9am; 16U JO Tourney in Bemidji; 10U-11U JO Practice in Grygla 5pm; Summer League Basketball signup in Grygla 6:15pm

Local Living at Home programs celebrate Older Americans Months 2019

More and more older adults are making a positive impact in and around our communities. As volunteers, employees, employers, educators, mentors, advocates, and more, they offer insight and experience that benefit the entire community.

This year's Older Americans Month theme, Connect, Create, Contribute, encourages older adults and their communities to:

- Connect with friends, family, and local services and resources.
- Create through activities that promote learning, health, and personal enrichment.
- Contribute time, talent, and life experience to benefit others.

Tri-Community and Middle River / Thief Lake Living at Home Programs can help Grygla area elders and caregivers connect to needed information and services. We encourage you to:

Connect: Tri-Community Living at Home 218 874-2256; Middle River / Thief Lake Living at Home 218 222-4466.

Create: Take part and enjoy activities meant especially for older adults.

Contribute: Volunteer your time and talent &/or make a contribution.

Communities that support and recognize older adults are stronger! Join us in strengthening our community – during the remainder of this month and throughout the year.



Send-off Review for Miss North Star

Katrina Bugge, Miss North Star 2019, is preparing for her participation in the 2019 Miss Minnesota Pageant. She will be honored at a Send-off Review on Sunday, June 9, at the American Legion hall in Middle River at 2:00 p.m. Everyone is invited as she displays her attire, talent, and interview skills - so bring some questions! She will also share her schedule and activities for the week-long event held in Eden Prairie with two preliminaries and the final pageant on Saturday, June 22. The newly crowned Miss Minnesota will compete in the Miss America Pageant in September. Katrina has represented northwest Minnesota well during her reign and we invite everyone to come and wish her well on her Miss Minnesota Journey.

Chargers youth baseball begins

The chargers youth baseball program will begin next week for the season. Below is the June schedule. There is no T-Ball this year.

Tuesday, June 4th: 9-11am practice in Grygla

Wednesday, June 5th: 9-11am practice in Grygla

Thursday, June 6th: 9-11am practice in Grygla

Monday, June 10th: 9am game in Karlstad

Wednesday, June 12th: 9am game in Grygla vs. Lancaster

Friday, June 14th: BYE, no game/no practice

Monday, June 17th: 9am game in Argyle

Wednesday, June 19th: 9am game in Goodridge vs. Warren

Friday, June 21st: 9am game in Goodridge vs. Middle River

Monday, June 24th: 9am game in Goodridge vs. Karlstad

Wednesday, June 26th: 9am game in Newfolden

Thursday, June 27th: All Star Game TBD 5pm

Friday, June 28th: 9am game in Greenbush

North Valley Public Health promotes healthy behaviors for kids with Feelin' Fit-N-Fine summer program

North Valley Public Health (NVPH) is again promoting a 10-week contest this summer to encourage healthy behaviors among children. Feelin' Fit-N-Fine is a fun contest for kids that promotes a variety of healthy behaviors over the summer months, while awarding prizes. The contest will take place this summer over 10 weeks from June 3 to August 12, 2019.

The contest goes like this: each child age 3 years thru grade 6 will receive a scorecard with 24 squares on it. Each time they complete a qualifying activity parents or personnel at scorecard sites can initial a square and specify the activity. Once all the squares are filled students can bring their scorecard into one of the prize pick up locations and pick out a prize. The scorecard will then be entered into a weekly drawing for a bigger prize. Students

are encouraged to complete one scorecard per week during the 10 week program. Additional scorecards can be picked up at prize pick up locations. At the end of 10 weeks a drawing will be held for a grand prize.

Activities include sports, bike riding, skateboarding, dancing, attending summer camps or school, watching no television in a day, wearing a bike helmet, wearing a seat-belt, cutting out consumption of pop, gardening, eating 5-9 servings of fruits and vegetables a day, active games, and mowing the lawn, to name a few. These are prize pick up locations in Marshall County.

North Valley Public Health , 115 South Main Suite 1, Warren, MN 56762, 218-745-5154

Quin County Community Health Services, 136 W Minnesota Ave., Newfolden, MN 56738, 218-874-7845

June WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of June 2019.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule of WIC Clinics for the month of June.

Monday, June 3: Newfolden, Evangelical Free Church

Tuesday, June 4: Hallock, Kittson County Courthouse

Wednesday, June 5: Warroad, Community Center

Thursday, June 6: Red Lake Falls, Community Center

Monday-Friday, June 10-14:

The Grygla Senior Citizens Club will be going to the Warroad Summer Theater on June 21st. A bus will leave from the

Thief River Falls, Redeemer Lutheran Church

Monday, June 17: Warren, Evangelical Covenant Church

Tuesday, June 18: Karlstad, First Lutheran Church

Wednesday-Thursday, June 19-20: Roseau, LifeCare Medical Center Basement Auxiliary Room

For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

North Valley Home Health will offer immunizations, dental varnishing & blood lead testing at the Newfolden and Warren clinics from 9 to 11 am. Arrangements should be made prior to clinics by contacting North Valley Public Health. For more information contact North Valley Public Health at 218-745-5154 or 1-800-950-6986.

Senior trip to Warroad

Grain Bin Café at 3pm. Please contact Thelma Thomas for more information and to reserve your spot.



The new gas pumps and underground tanks are being put in at Farmer's Union Oil Co. in Grygla. Manager Brenda Mosher says the project should be completed mid-June. Gas is available in a designated spot over by the diesel pumps. Photo by Grygla Eagle Newspaper

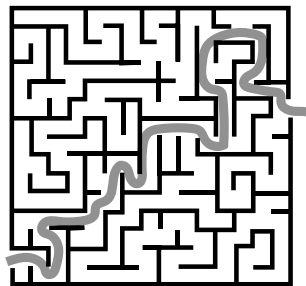
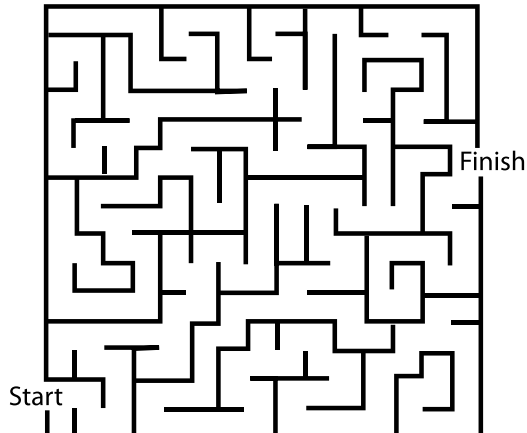


THE AVERAGE ONE OF THESE IS MADE UP OF 30,000 PARTS.

ANSWER: CAR

Maze Craze

Can you find your way through the maze to the other side?



THIS DAY IN...



HISTORY

• **1868:** PRESIDENT ANDREW JOHNSON AVOIDS CONVICTION ON IMPEACHMENT CHARGES.

• **1940:** ALLIED FORCES BEGIN A MASSIVE EVACUATION OF DUNKIRK, FRANCE DURING WWII.

• **1968:** TRAFFIC IN ICELAND CHANGES FROM DRIVING ON THE LEFT TO DRIVING ON THE RIGHT OVERNIGHT.

New Word

ENGINE

a machine with moving parts that converts power into motion

GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: CAR KEY

How they SAY that in...

ENGLISH: Mirror

SPANISH: Espejo

ITALIAN: Specchio

FRENCH: Miroir

GERMAN: Spiegel

Did You Know?

A CAR USES SIX PRIMARY FLUIDS TO STAY ON THE ROAD: OIL, COOLANT, POWER STEERING, BRAKE, TRANSMISSION, AND WINDSHIELD WASHER.



Congratulations,

to the

American State Bank Scholarship Recipients!



Abby Kiesow
Grygla High School



Lucian Tinnes
Grygla High School



Nichole Arveson
Goodridge High School



Kaleb Sjulestad
Goodridge High School

Wishing you Good Luck & Success all through your life!

FDIC

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Summer Reading Program begins with Wild Things Zoo Attraction



Written by Kari Sundberg, Grygla Librarian

The Grygla Library is gearing up to start its Summer Reading Program on Wednesday, June 12th. The 2019 theme is "It's Showtime at your Library!" The arts are tied together in one way or another, and this summer's theme highlights those connections. Books have become blockbuster films like the "Harry Potter" series. They've become epic TV shows like Game of Thrones and family fun musicals like Mary Poppins. Comic books have taken

the movie theaters by storm, too. Books are such a part of pop culture that we tend to overlook the roots of some of our favorite movies, TV shows, plays, etc.

Mission This summer's mission of iREAD is to encourage kids to read for pleasure and become lifelong library users. Because libraries are so much more than just books, we will not be doing reading logs this year. We just want kids to get into the habit of visiting their library each week, whether they

check out a book, an audio-book, a movie, a magazine, or use the computers.

Books will still be at center stage with reading being the blockbuster event this summer, however, we want you to have fun with this and use your library for more than just books.

Ages The 2019 iREAD Summer Reading Program is open to youth and teen readers up to age 17.

Beginning Date Summer Reading Program begins on Wednesday, June 12th. We'll kick off the 10-week program with Wild Things Zoo Attraction coming to the library this day at 3:30pm. This program was a hit last year with kids and adults alike enjoying the zoo attraction with animals from all over the world. Mark your calendars and plan to attend again. In addition to interacting with exotic animals, kids will also be able to sign up for the Summer Reading Program this day and receive some promo items for participating.

How it works The Summer Reading Program is simplified this year. We want visiting the library to feel fun vs. feeling like a chore so it's our mission to get you to come in each week! We will run the program for ten weeks (that's only 10 Wednesdays) starting on Wednesday, June 12th. Come visit the library every Wednesday from 2-6pm. When you check out ANY items, you'll get a weekly treat from your librarian, your name will go in for a chance to win a weekly drawing of \$10 in Grygla Merchant Bucks (generously donated by our Grygla Merchants) AND your name goes into the drawing for the grand prize, which will be drawn on August 14th. This year's grand prize will be a \$50 VISA gift card.

Ending Date Summer Reading Program will come to an end on Wednesday, August 14th. Noah Sonie is a mentalist and one of Minnesota's premier performers. He'll be at the library at 4pm this day. With nothing to hide

and nothing up his sleeves, you will see Noah perform what seems like miracles right before your eyes. This is an experience you won't find anywhere else! The program will conclude about 5pm this day, which is also when we'll be drawing for the Summer Reading Program GRAND PRIZE and give all participants their t-shirts and completion prize.

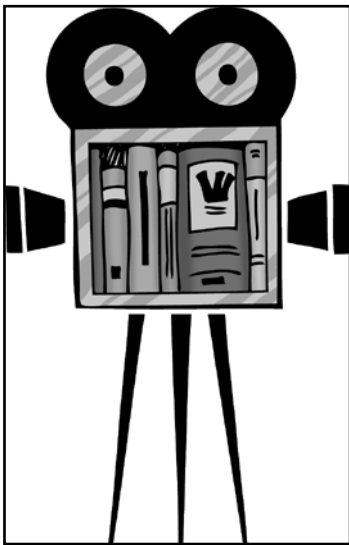
Other entertainment programs scheduled at the library this summer

We're also excited to host a program that will tie into our theme nicely! Join us on Wednesday, June 19th, at 2pm, as we welcome Ralph Covert of Ralph's World for a special Summer Reading Program concert. As an author of many children's books and established musician, Ralph's programs are educational, yet high energy and engaging. There will be dancing, singing and silliness – and adults will have as much fun as their kids!

The summer reading season is always an exciting time in libraries everywhere! The

number of children, families and people of all ages visiting libraries increase, program attendance rises and circulation of materials soar.

Our theme this year, It's Showtime at your Library, provides us an opportunity to shine the spotlight on our library's many programs and valuable services we bring to the community.



Sixth graders take class trip to Twin Cities



The Grygla 6th grade class stopped at the historic Fort Snelling on Wednesday, May 15th, while in the cities on their class trip. L-R: Kinsley Oslund, Allie Sundberg, Lakylie Brobst, Emily Johnson, Addison Severt, Anna Sundberg, Brody Saurdiff, Gavin Aune, Kian Ahlbeck, Ava Sorvig, Rease Stratton and Payton Dougherty. Photos courtesy of Grygla School

The Grygla 6th graders took their class trip to the Twin Cities on May 14th-16th. The class of 12, taught by Mr. Andrew Sundberg, wrote a summary of their trip to share with our Eagle readers. The trip highlights are shared below in their own words.

James J. Hill House
By Emily Johnson

James J. Hill House was our very first stop in Saint Paul. Right when we got out of the car we saw the beautiful Saint Paul Cathedral, and right across the street was the James J. Hill House. The very first thing I noticed was that the house was ginormous! When we walked through the big doors of the house, I instantly noticed the dim lighting, elegant hallways, the chandeliers, and the Titanic-like staircase. There was so many fire places, and in one of them there was a

carving of a lion! On the tour we were shown the beautiful paintings in his parlor, his hidden safes, the dining room with the beautiful gold ceiling, his library, and his bedroom and bathroom. We were also shown his servants' rooms, kids' rooms, and his wife's room. Downstairs there was the kitchen, boiler room, and the laundry room. James J. Hill House was one of my favorite stops on the trip, and if you can visit one day, I would highly recommend it!

Light Rail/Twins Game
By Addison Severt and Kinsley Oslund

After we checked into our hotel, Mario our bus driver gave us a ride to the light rail. When we got the light rail station, Mr. Sundberg got our tickets to go on the lightrail. Then we got on the lightrail and we all had to stand up and

hang onto the handlebars because there was no seats open to sit at. Then we were off! We started going and we saw lots of graffiti, the U.S Bank Stadium, and many more sights. The light rail took about 35 minute. Then we finally got to Target Field and went through security and got our tickets to go in. We got Twins bags. Next we went and explored the concourse to find souvenirs and food. We found our seats and we were right in front of the Goodridge 6th grade class down the third baseline. After 20 minutes the game started. Almost right away we got ahead 4 runs. Then a while later Garver hit a home run. An exciting play was when the Angles almost tied with us and when one of the players on their team hit the ball into left field and Buxton caught and threw it to the catcher and got

two more people out. The Twins won and we took the light rail back to the light rail station and Alex drove us to the hotel.

Minnesota State Capitol
By Kian Ahlbeck

On Wednesday morning we went to the minnesota capitol in downtown st. paul. The first thing we did is get with another group so then it would go faster. The first room we went in was the supreme court's room and our tour guide told us a little bit about the room and what we were going to see. We went into the house of representatives room and many others and they took us up by the gold horses. Then we got to see our MN Senator Mark johnson and our Representative Dan fabian. And dan fabian said to all the representatives to 'stand up and wave to the grygla 6th grade.'

Minnesota History Mu-

seum

By Ava Sorvig
On Wednesday after the capitol tour we went to the Mn history museum, at the MN history museum we walked in and this girl introduced the museum to us a little bit. Then told us we could walk around on our own as a class so we did we found a plane and we went inside the plane and a girl just told us some rules. After that the video started and we heard loud noises and we looked out the window and saw the clouds and then heard and saw a explosion out the window and gunshots in the side of the plane too. Then we went to the another room and saw how the tornado effected MNs people. Then we went to this "underground mine" and played with some machinery. We also went to the gift shops but nobody really brought much and last of all we went to the lobby and decided where we were going to eat then we left and ate at food trucks.

Fort Snelling
By Anna Sundberg and Brody Saurdiff

On Wednesday afternoon, we visited Fort Snelling. When we first got there, we watched an intro video at the visitor center. Next, we went outside and practiced our marching skills. After that, we learned how to wash clothes the old-fashioned way. Third, we went to see the old doctors office, he showed us all the things the doctors had to do to the soldiers. Some of the things he showed us were the tools to pull teeth out, a wooden cast, a bone saw, and many more things. After we saw the doctors office, we went to the blacksmith shop, it was very interesting. The black-

smith heated up a piece of steel, and bent it and shaped it into a nail. They built a lot of buildings with nails made like that. Last, we climbed swirly steps up to the forts tower.

Mall Of America
By Rease Stratton and Lakylie Brobst

We went to Mall of America on Wednesday afternoon. The first thing we did was went to the flight simulator it was so cool and it seemed like we were on a real plane flying over places and it looked so real. The next thing we did was we split up into 2 groups boys and girls. The boys went to the Under Armour store first but there was nothing there that anybody wanted so we went to the Nike store for a bit. Then we went to the Champ Sports store but there wasn't much there. Then we went to starbucks with the girls almost everyone got something and it was really good. The girls went shopping at the Nike and Under Armour to. After that the girls went to the Minnesota store and that was really cool. Then we went to starbucks to and all the girls got something. It was really fun and we all want to do it again.

Mill City Museum
By Allie Sundberg

The first stop on Thursday was the Mill City Museum. It is a very old and big building, in downtown Minneapolis. As soon as we got there we went to the gift shop. After that we got to see the ruins of the old mill. It was all brick and all of the windows were shattered, there was also some graffiti. Then we went to where the diagrams and pictures were. We got to look around on our own, there was also a scavenger hunt for us. After that we went to this room and our tour guide us a demonstration of the explosion that happened in the original mill. She used a spark, flour, and well oxygen. Then we went up in a glass elevator and saw the view of the Mississippi, and the stone arch bridge, it was a very pretty view. After we were done with that we went the Guthrie Theater across the street. We went to the 9th level to the Amber Box. We all took some pictures and left. Overall it was a good stop.

Oliver Kelley Farm
By Gavin Aune and Payton Dougherty

On Thursday afternoon we went to the Oliver Kelley farm. When we got there we went into the visitor center. Then we walked to the farm and we went into the house. A woman dressed in old clothes talked to us about the stalk market and then she picked on some of us and she told us to put on certain clothes and she gave us a item and we were each a different person. Then the next station we went to we saw Brady Swanson and he told us how they would plow the fields. They had two oxen and they were big and we each got to take a turn at plowing on the field and it was fun except you have to keep up with them. Then our next station we went back to the house and she showed us what they would sow or make and she picked on someone and it was Gavin and she told him to make sure the thread didn't go back through the needle and as soon as she gave it to Gavin the thread came out. Then after that she brought us into the kitchen and we got to turn butter and make noodles. Then after that station we got to feed sheep and lambs and they were so cute and soft and we got to feed pigs and the piglets were so cute we also got to feed the horses and cows and the ox. Then we left.

Goodridge students enjoy time in Minneapolis/ St. Paul

The Goodridge 6th graders took their class trip to the Cities at the same time as the Grygla students. They also had three days packed full with historical sites and fun! The group is pictured outside of the Minnesota State Capitol. Front row, L-R: Izzy Brown, Madelyn Thompson, Brennan Parnow, Morgan Coan. Back row, L-R: Ava Halvorson, Kylie Carpenter, Chesney Salo, Ashlyn Nelson, Brooklyn Kriel and Jamisen Wilson. Photo courtesy of Lindsay Rystad

