



				
Today	Thurs	Fri	Sat	Sun
Cloudy	Mostly Sunny	Partly Cloudy	Sunny	Mostly Sunny
H 60 L 49	H 68 L 50	H 71 L 54	H 78 L 58	H 79 L 56

Wednesday, September 23, 2015

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Vol. 41 Number 12

A look at next week... Grygla High School graduates, Polansky and Olson, play each other in last Saturday's NDSU Bison vs. UND Sioux football game!



Class of 1975 - The first graduating class of Grygla High School held their 40th reunion at the Steve and Julie Sparby home on Friday, August 28th, 2015. Attendees included, *front row, L-R:* Dale Holthusen, Gwen Stanley, Blair Holthusen, David Rundell, Gail (Sistad) Kotrba, Linda (Verbout) Hermanson, Julie (McLean) Sparby. *Back Row:* Lynette (Askeland) Carlson, Howard Vigen, Rick Olson, Bruce Morrissey, Mylan Loken, Irvin Hagen, Tim Hermanson, Steve Sparby. (Also attending but not pictured was Susan (Mosher) Burrell.)

Grygla native, Sheldon Teigland, receives honorable award presented by Alaska Power Association

Sheldon Teigland, originally from Grygla, and a 1963 Goodridge High School graduate, has been living in Barrow, Alaska since 1974. He recently retired as the Administrative Manager from Barrow Utilities and Electric Cooperative, with a retirement party held in his honor, in Alaska, on July 31st, 2015. Attendees included Sheldon's sister, Gloria Ness, and her husband, Richard, of Viking, MN, and also good friends, Dale & Kay Wilkens, of Grygla.

Teigland was recently presented with an honorable award titled The APA Hatcher-Williams-Turkington Employee Award. The Barrow Utilities and Electric Coop employees who win this award are usually long-term staff who have made significant contributions to their electric utility. In Sheldon's case, descriptions of his contributions, submitted by Ben Frantz, who is the President of Alaska Power Association's Board of Directors, swayed the members of the awards committee to vote Sheldon as the employee award winner. Member utilities submit names of deserving staff, and after quite a lot of conversation to choose an award winner, because the



Sheldon Teigland, pictured with his wife, Lucy, was the recipient of The APA Hatcher-Williams-Turkington Employee Award. Presenting the honorable award was Ben Frantz, President of the Alaska Power Association's Board of Directors. The accolade is in recognition of exemplary service to his cooperative and community.

slate of candidates is always so great, the committee decided to award Teigland this honor. The Hatcher-Williams-Turkington Employee Award was created

in 2001 at the recommendation of Alaska Power Association member utilities. As stated, the award recognizes employees for exemplary service to their

utilities, the industry and the local community. The award is named after three former APA board members.



Pictured left to right: Richard & Gloria Ness, of Viking, MN, Sheldon & Lucy Teigland, of Barrow, Alaska, and Dale & Kay Wilkens, of Grygla, MN, at Sheldon Teigland's retirement party that was held in Alaska on July 31st, 2015. Teigland retired from his position as Administrative Manager of Barrow Utilities & Electric Cooperative.

The view from here...

The Grygla Eagle has a new weekly addition. Each week, a photo will be featured that was taken somewhere around the Grygla area. You, the readers, get to try and figure out where the photo was taken, but the answer won't be given until the following week's edition. The photos will be taken by the Grygla Eagle Editor, however, if any readers find themselves somewhere "photo worthy", feel free to snap a picture and email it to grygla.eagle@gmail.com and your photo could be

featured! Photo takers will be named, and remember, don't be TOO obvious so it gives the location away immediately.

This new inclusion will be titled 'The view from here...' Enjoy and let's see how well you know your way around Grygla!

Note: No need to call or email with your guesses as this is simply an addition for your enjoyment to see how well you know the places and views around Grygla.

Here is your first photo!



An old, rustic fence borders a peaceful country road. This rural spot is a bit more quiet...perhaps you've been by it?

Annual picnic & youth firearm safety field day

A Youth Firearm Safety field day will be held on Saturday, October 3rd, at 9:00am, for students who have completed the Hunter Course on-line program. Requirements: Student must be 11 years old before the date of the field day. Students must bring field day voucher with them that day. A parent or guardian must attend the first 30 minutes of the field day. Students must pre-register.

Directions: Grande Corner school house/park, 11 miles east of Grygla on Highway 89. Contact Donald Haack at 218-294-6325.

Reminder, the online course must be completed prior to the field day. It is recommended

the online course is started at least a week in advance of the field day, it is time consuming and requires a computer, as well as a printer. <http://www.huntercourse.com/usa/minnesota/>

The Fourtown/Grygla Sportsman's Club fall picnic will follow the youth firearm safety training at Grande Corner. Lunch will be provided around 2 pm. The club will provide meat and beverages. Members who are able to attend are asked to bring a side dish for potluck. All members, friends and family are welcome. This gathering will also serve as the October meeting.

UND Center for Rural Health hires Amy Halvorson

Amy Halvorson has been hired as the Outreach Specialist for the Rural Assistance Center (RAC) in the Center for Rural Health at the University of North Dakota School of Medicine and Health Sciences in Grand Forks. Halvorson develops web content, gathers news and updates on issues regarding rural health, manages social media, and promotes RAC's products and services to external audiences. She is originally from Goodridge, Minnesota. Halvorson graduated from the University of North Dakota cum laude with honors, earning bachelor's degrees in History and Communications. She is also a member of the Greater Grand Forks Young Professionals.

Established in 1980, the Center for Rural Health is one of the nation's most experienced rural health organizations. It has developed a full



complement of programs to assist researchers, educators, policymakers, health care providers and, most importantly, rural residents to address changing rural environments by identifying and researching rural health issues, analyzing rural health policy, strengthening local capabilities, developing community-based alternatives, and advocating for rural concerns.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesdays:
6pm Choir, 7:30pm Interfaith Bible Study
Sunday:
Grace: 10:30am Worship w/ Holy Communion
Our Savior's: 9am Worship, 10am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Pastor Craig Bowyer
Wednesday:
(Wednesday Worship for the Summer, no Sundays)
United: 6:30pm
Our Savior's: 8pm

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Robert W. Dahlen
Sunday:
Ekelund: 8:30am Worship, 9:45am SS
Faith: 9:45am Worship, 11am SS
Bethany: 11am Worship, 9:45am SS

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Rick Lambert
Sunday:
St. Clement's: 5:30pm Wor-

ship
St. Ann's: 10:30am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Pastor Blaine MacNeil
Sunday:
8am Worship, 9am SS
COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Pastor TBA
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Saturday:
Mt. Olive 8:30am Worship
Sunday:
St. Petri: 8am Worship, 9:15am SS
Nazareth: 9:45am Worship, 8:30am SS
Oak Park: 11am Worship, 10am SS

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

Letter to the Editor

My compliments and thanks to my great-granddaughter, Trystan Jelle, on the interesting and informative articles in the Grygla Eagle this summer!! What a nice addition to an already enjoyable newspaper - the interviews with the African farm workers here for the summer, new business owners and your first visit to a dairy farm - each was very good, Trystan. Your 'talk' column were interesting to read; to hear what a very young generation is thinking and how each column pertained to youth. I read them all. I was particularly interested in your thoughts on driving - good suggestion on some 'brush up' courses on driving every ten years. I volunteered and was involved for 19 years presenting AARP 55 Alive Driver's Safety 8-hour/4-hour courses with several classes every year.

Last, but certainly not least, thank you, Kari, for recognizing the potential in Trystan and helping her learn.

I enjoy the Eagle very much - school activities, all upcoming events, Karen's Library Link letters, pictures, jokes, recipes, Principal's Words of Wisdom and all other articles! Truly something for everyone. It's great for a small city & community to have a newspaper. I have always been interested and caring in the progress and happiness of our area.

Kari, thanks for a SUPER JOB WELL DONE. God bless each one every day.

Sincere thanks,
Donna Jelle

Word of the Week

The kiss that makes the unseen to be seen.

1 Corinthians 11:23-25

The Master, Jesus, took bread. Having given thanks, he broke it and said, "This is my body, broken for you. Do this to remember me."

After supper, he did the same thing with the cup: "This cup is my blood, my new covenant with you. Each time you drink this cup, remember me."

One of the most difficult things about faith is that it is trust in someone who we can't see or touch. Faith is confidence in the unseen and unproven.

Our loving Father however realizes that we have trouble trusting in that which we cannot see or touch. He has done several things to assist us

He came to us in the flesh and blood of His Son Jesus. He has given us opportunities to touch Him as He touches us with the water at baptism and the bread and wine or grape juice at communion. He gives us the loving touch of other humans - our parents, our friends, our special loved ones.

The other day I saw a mother kiss her child right after they had shared communion. I saw and felt that it was time of Jesus being present to the little child and to the mother. The kiss at the time of sharing the body and blood of Jesus will help that child remember the love of Jesus each time there is communion.

Blessings

Pastor Craig Bowyer, Gatzke/Thief Lake Lutheran Parish



Start Saving For Your Children's Education Now

College costs are rising. It's estimated that by the year 2020 a four-year college education could cost \$170,000.

The key is to develop a savings program now while your children are small.

Come see us. We can help you set up a plan to save for your children's education.



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Grygla Merchants' TAILGATE PARTY

in GRYGLA

Friday, September 25th at 6:00 pm

Grygla Merchants will be serving Brats, Hot Dogs, Chips, Coffee and Water

Held prior to the home football game vs. Stephen/Argyle

This game is also **Parent's Night!**



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☐ I would also like the online subscription for free with my purchase of the Grygla Eagle.

Email address: _____

'Take a kid hunting' this Saturday and Sunday

Take a kid hunting' weekend has been set in Minnesota for this Saturday and Sunday, September 26-27. During the weekend, adult Minnesota residents, accompanied by a youth under age 16, can hunt small game without a license, but must comply with open seasons and limits. Small game hunting is the focus of the weekend. Minnesota has an abundance of small game species. These animals are important parts of the forest, grassland and wetland ecosystems, are popular among wildlife waters, and are favorites with many hunters.

Some examples of small game include: Badger, Beaver, Bobcat, Coyote, Fishers, Fox, Muskrat, Otter, Rabbits, Raccoons and Squirrels.

For more information on

small game hunting and hunting regulations, see www.mnd-nr.gov/hunting/smallgame.

POSITIONS OPEN

Grygla School District has the following positions open:

.60 Asst. Track Coach
Elementary Basketball Coach

If interested contact Jamie Lunsetter, K-12 Principal, Grygla Public School, at [218-294-6155](tel:218-294-6155) or email: jlunsetter@grygla.k12.mn.us.
Deadline: 3 PM Wednesday, September 30, 2015. G25-26C

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Grygla Eagle

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Phone 294-6220

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\$25 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)

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NATIONAL NEWSPAPER ASSOCIATION



Notice



TO ALL BELTRAMI COUNTY RESIDENTS

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WASTE MANAGEMENT OF BEMIDJI WILL BE CONDUCTING A SPECIAL COLLECTION OF THE FOLLOWING:

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FOURTOWN STORE

FOURTOWN

SATURDAY, SEPTEMBER 26TH, 2015
9:00 AM - 2:00 PM



The people will need to verify that the property has a solid waste special assessment on the property taxes. That fee entitles a residential property owner to dispose of certain materials free of further charges. The best way to do that is to have copy of the property tax statement with you when going. For instance, farmland without a residential structure would not qualify. Commercial properties do not qualify.

THIEF RIVER FALLS RADIO

KTRF AM 1230 KKAQ AM 1460 KKDQ FM 99.3

CHARGERS FALL SPORTS ON TRF RADIO

FRI., SEPTEMBER 25TH

Chargers Football hosts Stephen/Argyle in Grygla ... Parent's Night.
Listen Live on KTRF.



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Community Calendar

Wed | Sept 23
First day of autumn; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm

Thurs | Sept 24
Grygla Eagle office open 9am-3pm; Chargers Volleyball at Warroad

Fri | Sept 25
Senior Meals at Grain Bin Café 11am; Chargers Football (Parent's Night) vs. Stephen/Argyle in Grygla - Merchants Tailgate party starting at 6pm

Sat | Sept 26
"Take a Kid Hunting" Weekend (see above)

Sun | Sept 27
"Take a Kid Hunting" Weekend (see above)

Mon | Sept 28
Senior Meals at Grain Bin Café 11am; 'B' team VB vs. RLCC in Oklee; JH/JV Football vs. Stephen/Argyle in Argyle

Tues | Sept 29
Chargers VB at Sacred Heart

School Lunch Menus

Grygla School Lunch Menu
Wednesday, Sept. 23: Chef Salad, Turkey on a Bun, Fresh Fruit, Cookie
Thursday, Sept. 24: Taco, Lettuce, Green Beans, Peaches, Mandarin Oranges, Bread
Friday, Sept. 25: Chicken Nuggets, Mashed Potatoes, Carrots, Pears
Monday, Sept. 28: Submarine Sandwiches, Lettuce, Tomatoes, Baked Beans, Fresh Fruit
Tuesday, Sept. 29: Chicken Fingers, Rice, Corn, Peas, Mandarin Oranges

Goodridge School Lunch Menu
Wednesday, Sept. 23: Tator Tot Hotdish, Tossed Salad, Fruit Salad, Bread, Milk
Thursday, Sept. 24: Hot or Cold Subs, Nachos w/ Cheese, Carrots, Celery & Broccoli w/ Dip, Bananas, Milk
Friday, Sept. 25: Corn Dogs, Baked Beans, Tossed Salad, Pineapple Tidbits, Milk
Monday, Sept. 28: Hamburgers on a Bun w/ Toppings, Smile Fries, Tossed Salad, Oranges, Apples, Milk
Tuesday, Sept. 29: Pepperoni Pizza, Corn, Peaches, Pears, Bread, Milk

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High School juniors encouraged to apply for High School Page Program

Rep. Dan Fabian (R-Roseau) and Rep. Deb Kiel (R-Crookston) are encouraging high school juniors to apply for the Minnesota House of Representatives High School Page Program. The week-long program is open to all Minnesota high school students in their junior year whether they attend public school, private school or home school. This program offers a unique opportunity to gain a deeper understanding of state government and Minnesota's legislative process.

Participants will assist members and staff during House floor sessions and participate in a mock committee hearing, as well as meet with legislators, constitutional officers, members of the judiciary,

lobbyists, and members of the press.

"I hope teachers and parents will encourage students to submit an application for the High School Page Program because not only is it a great opportunity to learn about how state government works first hand, but it also encourages civic participation and leadership," said Rep. Fabian.

"I urge high school juniors in Northwest Minnesota to apply for the 2016 High School Page Program because it gives them the chance to participate in state government and learn more about the legislative process," said Rep. Kiel. "This program is a wonderful opportunity for students to experience the inner workings of the legis-

lature and will provide lifelong memories and exciting new opportunities for participants."

Applications must be received by close of business on December 4, 2015. Participants are responsible for all personal costs associated with taking part in the page program, but will receive a small stipend to cover a portion of meals and, if applicable, cost of lodging.

More details and application information can be found on the House of Representatives website by visiting www.house.mn and searching "page program" in the search bar. You can also contact Andrew Olson, Assistant Sergeant at Arms at andrew.olson@house.mn for more information.



Chargers Varsity players getting introduced last week in the game against the Bears.

Chargers volleyball triumphs Bears

Last Tuesday, September 15th, the Chargers volleyball team hosted the Clearbrook/Gonvick Bears in Grygla. GG defeated CG in three games. (25-10, 25-8, 25-14).

Ace Assits: Hannah Dietsch 21

Kills: Shantel Verbout 17, Karlee Johnson 8, Madison Bakken 5

Aces: Hannah Dietsch 6, Madison Bakken 3, Trystan Jelle 2

Digs: Katie Olson 24

Blocks: Shantel Verbout 2

Coaches Comments: "The girls hit hard and played smart. Hannah Dietsch had a great night of serving," said Head Coach Jean Schulz. The Junior Varsity won 2-0. C team and 7th grade also won 2-0; 8th grade lost 0-2.

The Chargers traveled to Roseau last Thursday, the 17th, but lost the game 0-3. (14-25, 16-25, 19-25.) B and C team both lost 0-2. 7-8 grade teams both won 2, lost 2. No other stats available.



Left: 2015 Grygla Homecoming Queen Madison Bakken and King Ty Jelle. Right: 2015 Goodridge Homecoming Queen Mariah Coan and King Benji Wilebski. Homecoming at the Grygla and Goodridge Schools was held last week on Monday, September, 14th. (Photos taken by Deanna Coan Photography, Goodridge.)



Grygla/Goodridge band members played in the Pep Band at last week's home game vs. Clearbrook/Gonvick.



Pictured above is the 2015 Grygla Homecoming Court. Bottom row, L-R: Junior Alison Satre, First grader Autumn Osse, Senior Shantel Verbout, Senior Queen Maddy Bakken, Senior King Ty Jelle, Senior Samantha Kraulik, First grader Wade Tornow, Sophomore Brooke Limesand. Back row, L-R: Junior Tanner Anderson, Senior Jordan Hagen, 2014 King Chris Kiesow, 2014 Queen Leah Schulz, Senior Austin Brateng, Sophomore Antony Yip.



Chargers Homecoming Volleyball game. Pictured above are JV teammates Carlye Kiesow and Trystan Jelle. JV won their match 2-0.



Pictured above is the 2015 Goodridge Homecoming Court. Front, L-R: Senior Marisa Newton, Senior Daylyn Kainz, First grader Mylee Sjulestad, Senior Queen Mariah Coan, Senior King Benji Wilebski, First grader Luke Paulson, Senior Heather Glenn, Junior Ashlyn Henrickson. Back row, L-R: Sophomore Keanna Arndt, Sophomore Blake Nerhus, Senior Marcus Alderete, Senior Jordey Marquis, 2014 King Brandon Bakken, 2014 Queen Samantha Sjulestad, Senior Caleb Olson, Senior Brandon Kostrzewski, Junior Blaine Kriel.



Goodridge 8th grader Amy Wiskow. The 8th grade team lost 0-2 to the Bears.

Agriculture Risk Coverage (ARC) - Price Loss Coverage (PLC) Enrollment Contract Deadline

The Marshall County FSA Office wants to remind area producers of the upcoming September 30, 2015 deadline for contract Enrollment in the new farm program established by the 2014 Farm Bill. Enrollment began on June 17 this year, and is the third phase of the new farm program signup process. All participants are reminded that in order to complete enrollment for the 2014 and 2015 ARC/PLC Farm Program you must sign the actual ARC/PLC contracts (form CCC-861). The purpose of the annual enrollment is to determine who had or has a share in the crop,

which will determine who is to receive the farm's ARCPLC payment for that respective crop year. Producers will also be completing eligibility forms for both the 2014 & 2015 crop years. Producers have commented that they thought everything had been completed with the new commodity program when they made base and yield updates and then program elections; unfortunately that is not correct. All farms that wish to be enrolled for 2014 and 2015 ARC/PLC are required to complete the enrollment process which requires signing the

ARC/PLC CCC-861 contract. If you fail to timely enroll, payments will not be earned in either year of ARC/PLC. Take action now to complete the sign-up earlier than later; harvest season will be busy. To better serve producers the contract enrollment process is being conducted by appointment. Producers with questions about the Enrollment process or who wish to schedule an appointment should contact their local FSA County Office or the Marshall County FSA Office at (218) 745-4251 ext. 2.

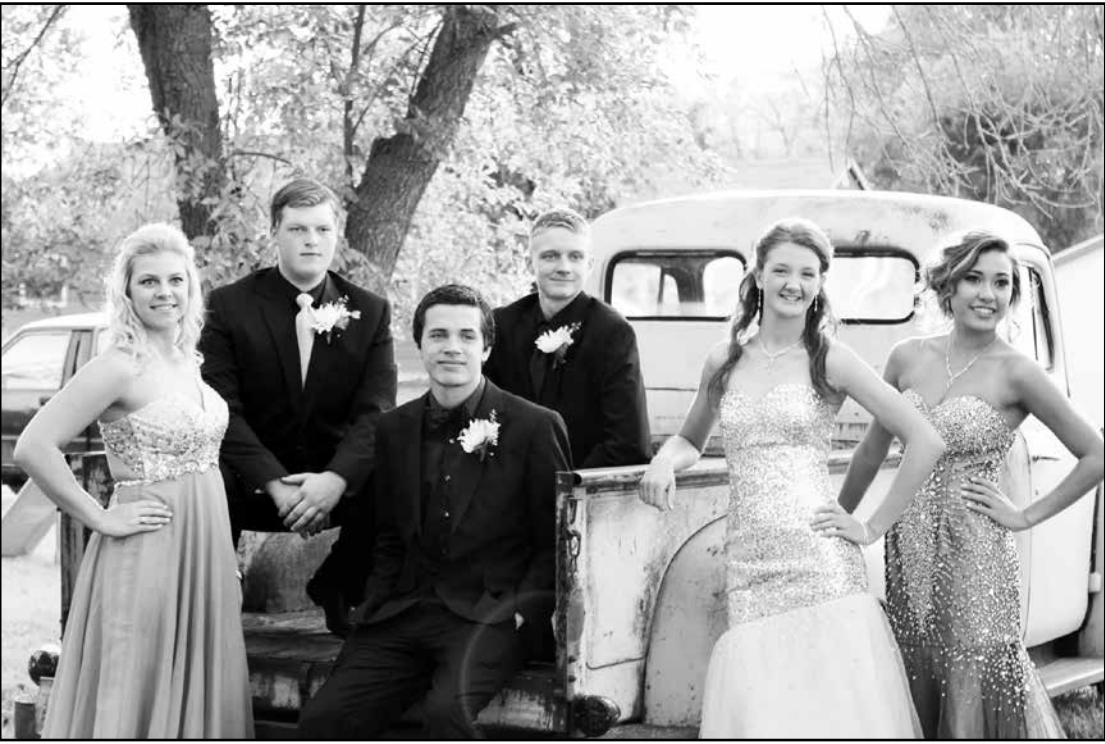
Marshall County Law Enforcement to conduct tobacco compliance checks

Marshall County Law Enforcement will soon be conducting tobacco compliance checks throughout the county. Establishments are reminded that according to the county ordinance that went into effect last November, if an establishment sells tobacco products to an underage buyer, the license holder will be fined \$100 for a

first offense in addition to a fine for the person doing the actual selling. Owners and managers should be sure to have employees trained in proper procedures for tobacco sales. Tobacco sale training is offered annually to all owners and managers of establishments holding tobacco licenses. This year an update will be offered online. Owners and managers will be notified when this is available. Employers are required to have on file a record of all employee's training for proper tobacco sales. If an owner or manager would like tobacco sales training, please contact the Marshall County Sheriff's department at 218-745-5411.



Goodridge/Grygla/Gatzke Chargers Football vs. Warren-Alvarado-Oslo. The Homecoming football game was lost 0-27, with the Ponies getting the victory.



Grygla Senior Homecoming Candidates, L-R: Maddy Bakken, Jordan Hagen, Austin Brateng, Ty Jelle, Shantel Verbout and Samantha Kraulik. (Photo taken by Brandi Verbout)



A tailgate party was held at the Homecoming football game last Friday evening in Goodridge. All proceeds will benefit the Michelle Prestebak family. Area community members are mourning the loss of Michelle, who just recently lost her battle against cancer. Thoughts and prayers are extended to her entire family.

Goodridge/Grygla succumbs to Warren-Alvarado-Oslo

The Warren-Alvarado-Oslo Ponies thwarted the host Goodridge/Grygla Chargers football team by a count of 27-0 in last Friday's league outing. With the loss, the Chargers move to 2-3 on the season. The Chargers host Stephen Argyle this Friday, September 25th, in

Grygla, which is also Parent's Night. The storm go into the outing with a record of 4-1. Stats from WAO vs. GG: 1st 3:14 – WAO: J Anderson 38 yd Punt Return for TD. B Miller extra point kick good. 2nd 6:52 – WAO: B Miller to M Korynta 27 yd TD pass. B Miller extra

point kick good. 3rd – WAO: B Miller 42 yd TD run. Extra point attempt failed. Goodridge Junior Tyler Stinar #33 led the team with 6 tackles. Senior Caleb Olson #84 had 5 tackles.



Charger's Homecoming Volleyball game against the CG Bears. Left: Hannah Dietsch looks on as Maddy Bakken spikes one over the net. Right: Shantel Verbout and Brooke Anderson get some height on their block against the Bears.

Parent's Night will be held this Friday, September 25th, at the football field in Grygla. The Chargers host Stephen/Argyle. The Merchants Tailgate party will be cooking out and serving from 6-7pm.

► EXTENSION NEWS

Written by: James Stordahl

Fall Alfalfa Harvest Considerations

There are several things alfalfa growers might consider this fall – fall cutting, stand assessments and stand termination timing and practices related to nitrogen credits for the next crop. As usual, factors that drive how we think about these things vary from farm to farm and field to field.

If you did not cut your alfalfa in September, another option is to take a final harvest in October. It's typically safest to wait until after October 15 so the regrowth will not further reduce root reserves. With fall cutting, leave an uncut strip every 20 feet or so, depending on your cutting width.

Typically, it takes four nights of 24 degrees to shift alfalfa into dormancy. If we get those temperatures before the theoretical deadline of the 15th, cut the alfalfa soon after the hard frost to capture the leaves before they drop. Several days after a hard frost, the leaves drop rapidly leaving you with alfalfa plants that resemble a Charlie Brown Christmas tree.

Harvesting alfalfa in the fall does increase the risk of winterkill. Several factors contribute to that risk. The first is the age of your stand; younger stands tend to be more tolerant of winter injury. Most alfalfa stands tend to decline after three years of production, regardless of cutting regime. Variety is another factor, but most of the modern, winter-hardy, varieties with multi-disease resistance are less susceptible to winter injury. Soil fertility, especially low soil potassium (K) levels will increase the likelihood of winter injury. Finally, poor soil drainage will increase the likelihood of root disease and, consequently, stand loss due to winter injury.

Research at NDSU shows winterkill from fall harvest occurred one time in ten years. Now, it should be noted that these were under near perfect research plot situations, and they were not worried about field-drying the hay. They

harvest the forage plots "wet" and calculate yields based on artificially dried samples. So in the real world, the final hurdle tends to be related to weather; you need favorable weather to dry the hay unless you are making silage or baleage. That said, October tends to have freezing nights and low humidity so the hay tends to dry very quickly.

Many fields in our region did suffer some level of winter injury last years. Some of these fields looked better with each cutting thanks to favorable rains throughout the summer. Some of these fields might be old enough so farmers already made new seeding decisions in the spring with plans to terminate questionable fields in the fall. A few factors can help your decision.

Stems counts might be useful, but also might be affected by soil moisture conditions following the last cutting. Next, digging a few plants to examine the internal condition of roots might be most useful, along with plant and stem counts. You can expect some to find some brown decay inside the root of plants that have been harvested for a year or two. A good reference can be found by doing a website search for "Wisconsin Extension Alfalfa Stand Assessment." It has color pictures of root cores related to a 1 to 5 score for root health and potential for loss.

Alfalfa terminated in the fall can provide adequate nitrogen for a corn crop next year. Alfalfa stand density, timing and practices can affect those nitrogen credits, but generally it will provide most, if not all of the nitrogen needs of corn. More detailed information can be found by doing a web search for "Minnesota Extension Managing the Rotation from Alfalfa to Corn." Of course, these are available at all of the finer Extension offices in your county.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. Dan Martens, Stearns County Extension provided a portion of this information.



(Left) Lucian Tinnes, son of Jon and Karina Tinnes, Grygla, and (right) Dustin Nelson, son of Shannon and Audrya Nelson, Gatzke, each shot their first black bear last week, weighing 190 lbs each. The two went on their first bear hunt this year through Bear Paw Guiding, which is owned and operated by Joe Riehl, of Grygla, who is pictured with Dustin.

Pictured below: On September 16th, Goodridge and Grygla sixth grade students went on a class trip to Thief River Falls for an Outdoor Education Day put on by the Soil & Water Conservation Department. (Submitted)



Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Too-too

Adjective: *Informal.*
Excessively and tastelessly affected.
“The movie was simply too-too.”

\TOO-TOO\

A Note from Principal Lunsetter’s Desk



“People often say that motivation doesn’t last. Well, neither does bathing – that’s why we recommend it daily.”

– Zig Ziglar



I love quotes. I love sharing quotes with people and I love when people share quotes with me. I know that when I actively seek and surround myself with positive quotes, stories, people, etc., that I am a more positive person. Attempting to live life positively takes daily practice, and I’ve failed many, many, many times. The interesting thing though, is that we don’t need to practice negativity. When we are not practicing positivity and surrounding ourselves with positive people, the negativity is right there waiting. Because of that, I think it’s fair to say that if we aren’t challenging ourselves and those around us to continue building a positive attitude, then we are allowing negativity the opportunity to take over. Have a great day today and practice some positive thinking!

► WHAT A JOKE

Cards you will never see in Hallmark

“I’ve always wanted to have someone to hold, someone to love. After having met you, I’ve changed my mind.”

“I must admit, you have brought religion into my life. I never believed in Hell until I met you.”

“Looking back over the years that we’ve been together, I can’t help but wonder: What was I thinking?”

“As the days go by, I think of how lucky I am that you’re not here to ruin it for me.”

“As you grow older, Mom, I think of all the gifts you’ve given me. Like the need for therapy...”

“Congratulations on your promotion. Before you go, I would like you to take the knife

out of my back. You’ll probably need it again.”

“Someday I hope to get married, but not to you.”

“I just want you to know that I’m sorry for what happened, especially since you survived.”

“Happy Birthday! You don’t look that great for your age...”

“Congratulations on getting married! Too bad no one likes your wife.”

“Jesus loves you ... everyone else thinks you’re a jerk.”

“We have been friends for a very long time, let’s say we call it quits.”

“If you ever need a friend, buy a dog.”

“Congratulations on your new bundle of joy. Did you ever find out who the father was?”

“Happy Birthday, Uncle Dad.”

► SIMPLY DELICIOUS

Pumpkin-Oat Chocolate Chip Cookies

The best thing about these cookies is the contrast: slightly chewy oats, crunchy pecans, smooth chocolate chips and an extremely soft cookie base!
Yield: About 4 dozen

Ingredients

- 2.5 cups flour
- 1.5 cups quick oats
- 1 tsp baking soda
- ¾ tsp salt
- 1 ¼ tsp cinnamon
- ¼ tsp nutmeg
- ¼ tsp ginger
- 1 cup butter, softened
- 1 1/3 cup packed brown sugar
- 2/3 cup sugar
- 1 egg
- 1 tsp vanilla
- 1 ¼ cups canned pumpkin puree
- 1 ¼ cups semi-sweet chocolate chips
- 1 cup chopped pecans (optional)

Directions

Preheat oven to 350 degrees. In a mixing bowl, whisk together the flour, oats, baking soda, salt, cinnamon, nutmeg and ginger for 30 seconds, set

aside.

In another bowl, whip together butter and sugars until creamy. Blend in the egg, vanilla and pumpkin. Add in the dry ingredients you previously mixed together and mix on low speed. Mix in the chocolate chips and pecans. Let batter rest 10 minutes to give the oats some time to absorb the liquids so batter isn’t so sticky and the cookies don’t spread so much.

Scoop dough out 2 tbsp at a time and drop onto baking sheet. Bake 12-14 minutes.



► DO IT YOURSELF

Using a tension shower rod and some baskets from the dollar store, this system for bath toy organization is quick, simple and inexpensive.

Install the shower rod along the back wall of your tub about

6 inches up from the side. Ensure a tight fit. Put shower hooks on the rod. Decide on basket placement and put the hooks through some of the holes on the baskets. Load them up with toys!



Extra help with paying your drug plan costs

Written by: Karin Haugrud

Don’t forget...Medicare beneficiaries can sign up for, or change prescription drug plans beginning October 15 until December 7, 2015. Plans may have different costs and benefits from year to year, thus it is advisable for all beneficiaries to consider their options and make the best choice they can for the coming year. The change will take effect on January 1 as long as the plan gets your request by December 7.

Remember, anyone who has Medicare can get Medicare prescription drug coverage. People with limited income and resources are eligible for Extra Help to pay for the costs—monthly premiums, annual deductibles, and prescription co-payments—related to a Medicare prescription drug plan. You can help someone you care about apply for Extra Help with his or her Medicare prescription drug costs. The Extra Help is estimated to be worth an average of \$4,000 per year.

To qualify for Extra Help you must reside in one of the 50 states or the District of Columbia. Your resources must be limited to \$13,640 for an individual or \$27,250 for a married couple living together. Resources include such things as bank accounts, stocks, and

bonds. They do not count your house and car as resources; your annual income must be limited to \$17,655 for an individual or \$23,895 for a married couple living together. Even if your annual income is higher, you still may be able to get some help. If you already receive Extra Help, there is no need to reapply.

When you file your application for Extra Help, you also can start your application process for the Medicare Savings Programs. This state program provides help with other Medicare costs. Social Security will send information to your state unless you tell us not to on the Extra Help application. Your state will contact you to help you apply for a Medicare Savings Program.

The Medicare Savings Program helps people with limited resources and income pay for their Medicare expenses. It can help pay for your Medicare Part B (medical insurance) premiums. For some people, the Medicare Savings Programs also may pay for Medicare Part A (hospital insurance) premiums, if any, and Part A and B deductibles and co-payments.

Call the Senior LinkAge Line® to learn more about the Extra Help and to learn more about the Medicare Part D drug benefit at 800-333-2433.



The Grygla Elementary students pictured above are in grades 4-6 and are now representing as the Grygla School Patrol. Chief Deputy Sheriff Jon Tinnos and Deputy Sheriff Ben Kucera were both present for the School Patrol Installation last Friday morning at the Grygla School. This years captains are Riley Saurdiff, Zoey Fish, Andrew Loken and Justin Thompson.



L-R: Kaylor Torgerson, Jackson Grossman, Justin Thompson, Riley Saurdiff, Zoey Fish, Brigette Watne and Walter Jones are among the group of kids who took the School Patrol Pledge.

Grygla City Council approves August Minutes

The regular meeting of the Grygla City Council was held on Monday, September 14th, at 7pm. The agenda included the approval of the August 10th meeting minutes, which are included below for your reference. Official minutes are taken by Rose Aune, City Clerk, and recapped by Eagle editor. For a full version, visit www.grygla.govoffice2.com

The August Council meeting was held on the 10th with the following council members present: Mayor Richard Moshier, Gavin Nordby, Lindsay Oslund and Robert Thompson. Absent was Dave Dunrud. Also present was Rose Aune and Lyle Nelson.

The following agenda items were approved at the start of the meeting: previous month's minutes, receipts & disbursements and payment of all bills presented on the claims list.

Other items included:

Trees: Rocky still needs to get together with Lisa & Jim to figure out what trees to get planted on the west side of Klein Addition for next year.

Water Tower Inspection: The council looked over the Water Tower inspection report & letter on repairs. They are hoping to have this worked on in 2017 before the Centennial, and when Maguire Iron will be back to do the inspection again.

Workers: Jake is done working for the summer. Lindsay Oslund is going to check with the FF committee to see what they want to do with the clean up crew for Fall Fest. There's a chance that the Peer Helpers or Student Council might need some Community Service hours to fill.

Community Center: REA Roundup Grant deadline is Aug 31st, Grove is working on application.

Airport: Nothing new to report on electrical hookups. There will be a new sign put up during Fall Fest at the airport in memory of Jim & Gloria Holte.

Work Contracts: Rocky and Rose get a \$.35 increase to wages, retroactive to July 1, 2015.

Veteran's Memorial Lot: Rose is to get an agreement made up for the Veterans and the City Council to have two members from each group be the contact people for events to happen at the gazebo. Before the Veterans do any changes to the lot they are to come to the council for approval, since the lot is in the City's name now.

Rocky will be putting some garbage cans up around town and at the gazebo.

Lots East of Water Tower: Lots 1-4 in Adkin's 2nd Addition offered to Farmer's Union for \$12,000.

Street Funds: There were some extra street funds from the state this year. Grygla will be getting \$9,690 for this year that will be able to be used on the Sidewalk Project and for other street repairs.

Evelyn Ave. Street Repairs: Council approved to pay for the repairs to Evelyn Ave. at this time.

Fall Fest Liquor License: Liquor license for the Jaycee's was approved for Fall Fest.

Sand Volleyball: Moshier is going to talk to Rick Neuschwander to see if he would be willing to give up 150'x150' section of the land that he is leasing north of the softball field. A sand volleyball pit will be going in and used first at the Fall Festival.



Safety Patrol Pledge

I promise on my honor to faithfully perform the duties of a school patrol member:

- To keep my equipment in good working condition at all times.
- To report to duty on time.
- To act appropriately and be a positive role model.
- To earn the respect of fellow students.
- To keep myself physically and mentally alert at all times.
- To protect the safety of my school and community.
- To work together as a member of my school patrol team.
- To fulfill these duties respectfully, honestly and professionally to the best of my abilities.

Marshall County names Emerging Leaders for Class of 2016

Chad and Tina Swanson have been chosen as the Marshall County representatives to the Red River Valley Emerging Leadership Program. They, along with participants from 18 other counties in the northwest and west central Minnesota, will attend four education sessions between November 2015 and April 2016. They will be challenged to come back to their community to continue their positive role as leaders in this region.

Chad and Tina reside in Argyle, MN with their three children. Chad is a Crop Insurance

Agent with Phil Thompson and Associates in Warren and Tina is a Personal Banker at Bremer Bank in Warren.

The Red River Valley Emerging Leadership Program was developed in 1985 by a small group of people who felt there was a need to help individuals develop their leadership potential. The program was founded on the idea that effective leadership can be learned and those leaders grow into position of leadership, motivated by a sense of responsibility for themselves and their communities.

The Emerging Leadership Program is a program of the University of Minnesota Extension. Program supporters include Northwest Minnesota Foundations, the Red River Valley Development Association, and the West Central Initiative. Additional donations to support the program come from numerous producers groups, agri-businesses in the participating counties, and alumni of the program. Those local sponsors from Marshall County in the past year contributed over \$1,500 to support the educational program.



Of interest photos...

Above: Carlye Kiesow made another trip to the MN State Fair for the 3rd year in a row. Carlye won a blue ribbon at the state level for the 'Elsa' dress she crocheted! She is a member of the Grygla/Gatzke Go-Getters 4-H Club.

Below: Rodney Hagen & Wayne Hanson were the winners of the Horseshoe Tournament on Saturday, August 29th, at the Grygla Fall Fest.



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