



				
Today	Thurs	Fri	Sat	Sun
Mostly Cloudy	Cloudy	Partly Cloudy	Sunny	Mostly Cloudy
H 40 L 23	H 38 L 23	H 38 L 21	H 45 L 25	H 49 L 33

Wednesday, April 10, 2019

WE'RE ONLINE www.tricocanary.com

Vol. 45 Number 41

In this issue ... See the front page of the Canary to read about local artists who are among Art Exhibit winners!



Serving the community since 1941, the Grygla Fire Department serves 6 townships in Marshall County, 8 townships in Beltrami County and provides mutual aid, when requested, to the surrounding departments in Goodridge, Middle River and Roseau.

Front row, L-R: Lynn Anderson, Paul Nordby, Jeff Lund, Geoff Satre and Andy Oslund. Back row, L-R: Bob Thompson, Rodney Hagen, Jason Woods, Dave Dunrud, Travis Dougherty, Greg Monson, Brad Monson, Mark Severts, Carson Saurdiff, Chris Jelen and Richard Davenport. *Photo by Grygla Eagle Newspaper*

Annual Firemen's Supper



The Grygla Firemen's Supper was a success last Sunday evening – the group's delicious “all you can eat” menu of roast beef, ham and mashed potatoes has been perfected over the years and is truly enjoyed by all attendees! These volunteer firemen are still smiling after days of food prep – Andy Oslund, Carson Saurdiff, Travis Dougherty and Greg Monson. *Photo by Grygla Eagle Newspaper*



Kamdyn Brobst was the winner of the toy fire truck at the Grygla Firemen's Supper. Crew members decided to hop in the truck and deliver the prize right to the Brobst residence! Trucks arrived on the scene with their sirens and lights on, with a surprised Kamdyn rushing outside! He is pictured with Captain Travis Dougherty, Fire Chief Bob Thompson and Fire & Rescue Volunteer Carson Saurdiff. *Photo by Grygla Eagle Newspaper*



Left: Payton Dougherty, son of Travis and Kallie, is training to take over his dad's role one day! He helped prep for the big supper by mixing the coleslaw and later cleaned up and represented the department in his shirt and hat! *Photos courtesy of Travis Dougherty.*



Right: Lakylie Brobst is pictured serving ice cream sundaes at the Firemen's Supper in Grygla last Sunday night. Every year, the Grace/OS LYO kids serve dessert in conjunction with the firemen's main course! *Photo by Grygla Eagle Newspaper*



27th Annual Home, Sport & Family Show provides something for everyone

The 27th Annual Home, Sport and Family Show in Thief River Falls will be held this weekend, April 13-14. This is the second year of the addition of Boats and Campers in the Huck Olson Memorial Civic Center along with other vendors.

When it began many years ago, the Home Show was held

at the Huck Olson Memorial Civic Center, but its popularity exceeded the facility. That's when it was moved to the Ralph Engelstad Arena. With two arenas and the Imperial Room in play, the Home Show will be able to accommodate the over 170 companies that wanted to be represented at this year's show.

That it has something for everyone is not an exaggeration.

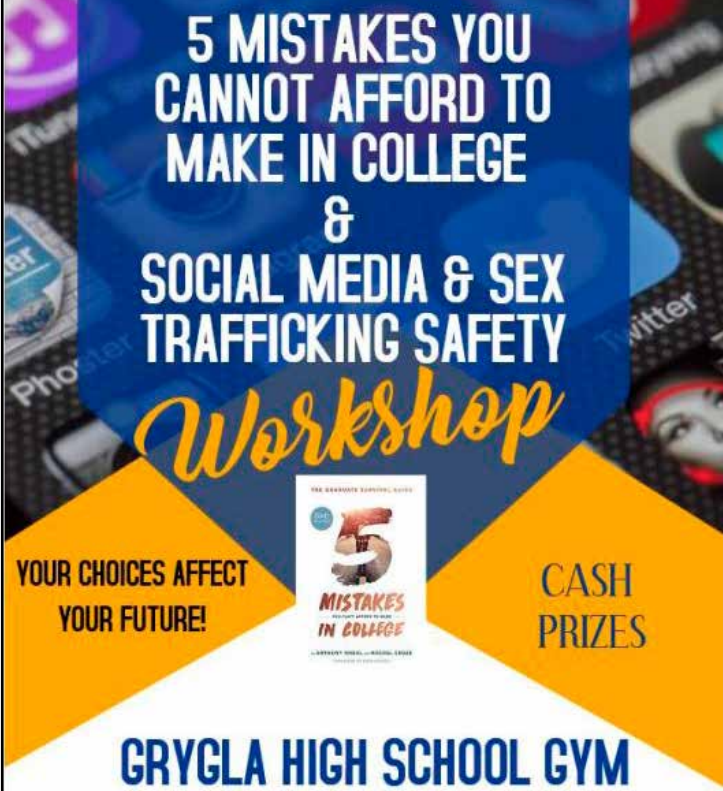
There will be boats, campers, golf carts, hot tubs, saunas, ATVs, crafts and clothing. Stack on top of that home improvement businesses, landscaping, lawn and garden, health and fitness businesses, real estate, jewelry, and chain

saw carver demonstrations.

There are activities for kids, too. There will be hourly puppet shows and face painting by the Little Brother/Little Sister Program in the Huck. The Archery Club will also have its target set up on Sunday.

Home/Sport Show... Continued on back

You're invited to attend



The following workshop is open for all community members to attend on Wednesday, April 17th, at 2pm in the Grygla High School Gym.

Date/location change for ATV Safety Training

The Fourtown/Grygla Sportsman's Club will be holding ATV Safety Training on Saturday, April 27th, from 10am-12pm at the Grygla Bus Garage. (Previously scheduled for April 13th.) Students must be 11 years of age or older to attend. The online class must be completed on your own with

each student bringing their completion certificate on the day of the course training. You can access/sign-in to the online portion by going to ATVcourse.com. Bring a helmet if you have one; ATV's will be provided. Contact Nick Harris (688-0037) or Kyle Haack (686-5583) for more information.

Deadline approaching for Hagen Family Scholarship

The Larry and Ila Hagen Family Scholarship, a component fund of the Northwest Minnesota Foundation, is pleased to announce its 2019 scholarship opportunity. This program will provide a \$500 scholarship to a qualified student from Independent School District #447 (Grygla Public School) or its successors who are pursuing post-secondary education through a college, university, trade school, tech school, or other accredited non-profit technical or vocational education/training institution or program.

Preference will be given to students who are pursuing agriculture related fields of study (including veterinary sciences) or aviation and whose family is involved in farming. Grades

will be considered and will be a priority; a 2.0 high school cumulative grade point average is an eligibility requirement. Financial need may be considered in awarding the scholarship but is not an eligibility requirement.

The deadline to submit an application is April 15, 2019. Applications are available at the Grygla Public School.

The Northwest Minnesota Foundation is a public charitable nonprofit community foundation serving 12 northwestern Minnesota counties with a mission to invest resources, facilitate collaboration, and promote philanthropy to make the region a better place to live and work. Learn more at www.nwmf.org.



These Grygla High School Choir students attended a vocal ensembles contest in Stephen on March 26th. L-R: Bailey Watne, Elise Monson, Maci Bakken, Courtney Vad and Jared Haack.

Bailey, Elise and Maci were a trio who sang “Jar of Hearts” and received two stars, while Courtney and Jared sang a duet of “Peace like a River” and received a single star. The students were accompanied by Gene Lunsetter, Director, and Kari Sundberg, pianist. The students will be performing their selections at the spring music concert on Tuesday, April 30th. *Photo by Grygla Eagle Newspaper*

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday, April 10:
4pm Hymn Comm., 5:30pm
Grace Supper, 6pm Grace
Choir, 7:15 Lent Service, 8pm
Grace Council
Thursday, April 11:
1pm Grace Circle, 6pm OS
Supper w/ 7pm Service
Palm Sunday:
Grace: 9am Worship w/
10:15am SS
OS: 9:30am SS, 10:30am Wor-
ship

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Wednesday, April 10:
7pm Lent Service at OS w/
6pm Supper
Sunday:
OS: 9am Worship, 10am SS
UL: 11am Worship
Monday, April 15:
UL Ladies Aid 1pm

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen
Ostercamp
Wednesday, April 10:
7pm Lenten Services at
Bethany w/ 6pm Supper; Con-
firmation 7:45pm
Palm Sunday:
Combined Service at Bethany
10am
Monday, April 15:
Parish Board Mtg at Faith
7:30pm

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am
St. Ann's: 10am
BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Wednesday, April 10:
7pm Lent Service at Riverside
w/ 6pm Supper
Palm Sunday:
9:30am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseeth
Wednesday, April 10:
Wed School 5-6pm; Nazareth Supper 6pm/Lent Service 7pm
Thursday, April 11:
Lent Service at Mt. Olive 5pm
Saturday:
Mt. Olive Worship at 9am
Palm Sunday:
St. Petri: 8am Worship, 9:15am SS
Oak Park: 8:30am SS, 9:45am
Worship
Nazareth: 10am SS, 11am
Worship

LIBERTY CHAPEL
Grygla
Sunday:
9:30am Worship

School Lunch Menus

Grygla Lunch Menu
Wednesday, April 10:
Chicken Fajita on a Tortilla
Shell, Cheese, Vegetable, Fruit
Thursday, April 11: Chicken
Patty on a Bun, French Fries,
Vegetable, Fruit
Friday, April 12: Cheese
Pizza, Vegetable, Fruit
Monday, April 15: Tacos,
Vegetable, Fruit
Tuesday, April 16: Corn
Chowder or Chicken Noodle
Soup, Crackers, Turkey on a
Bun, Vegetable, Fruit
Goodridge Lunch Menu

Wednesday, April 10: Bur-
ritos w/ Lettuce & Cheese,
Green Beans, Seasoned Rice,
Applesauce
Thursday, April 11: Corn
Dog, Baked Beans, Tossed Sal-
ad, Pineapple Tidbits
Friday, April 12: Turkey in
Gravy, Mashed Potatoes, Car-
rots, Fruit Salad, Bread
Monday, April 15: Tacos
w/ Lettuce & Cheese, Green
Beans, Applesauce
Tuesday, April 16: Chicken
Nuggets w/ Assorted Sauces,
Corn, Mixed Fruit

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Monuments
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Community Calendar

Wed | April 10
Minnesota in the Vietnam
War presentation in the
Grygla School Gym 10-
11:30am; Grygla Eagle
office open 12-6pm; Senior
Meals at Grain Bin Café
11am; Grygla Library open
2-6pm; April Senior Birth-
day Party at Grain Bin Café
2:30pm

Thurs | April 11
Goodridge Elementary
School Spring Program 7pm

Fri | April 12
Senior Meals at Grain Bin
Café 11am

Sat | April 13
PaceSetter's Basketball
Tourney in Bemidji; Char-
ger VB Camp (K-3 8am-
12pm; 4-6 grade 12-4pm);
Honor Band in Moorhead;
Grygla Lion's Smelt Fry
4-8pm

Sun | April 14
Jaycee's Club hosts Easter
Egg Hunt at Grygla School
12pm; PaceSetter's Basket-
ball Tourney in Bemidji

Mon | April 15
Senior Meals at Grain Bin
Café 11am; Post Prom
Bingo at Grygla School 7pm

Tues | April 16
Fourtown/Grygla Sports-
man's Club Meeting in at
TRF Legion 7pm

SEASONAL HELP WANTED AT FARMER'S UNION AG

Duties may include, but
not limited to: truck driving,
operating Terra-Gator, load-
ing seed, chemical, fertilizer
and other tasks as needed.
Some maintenance and sales.
Must have a Class B CDL
or be able to obtain a season-
al CDL permit, and also have
a clean driving record.
For more information, con-
tact Bob Thompson 218-689-
1374 or pickup application at
Farmer's Union Oil Compa-
ny in Grygla (at the office or
Ag Dept.)

Easter Egg Hunt

The Grygla/Gatzke Jaycee's
Club is hosting their annual
Easter Egg Hunt this Sunday,
April 14th.
Kids up to 4th grade are in-
vited to take part in the event
that is beginning at 12pm at
the Grygla School Park.

The Grygla ECFE
Advisory Board would like
to thank all the businesses
and families that donated
items for our raffle fund
raiser. We would also like
to thank everyone who came
out and supported our fund-
raiser by having supper and
buying tickets. Our ECFE
fund raiser was a
HUGE success!!
Thank You,
The Grygla ECFE

Goodridge Smelt Fry

The Goodridge Consig-
nment Sale and Smelt Fry is a
yearly hit with the locals. Mark
your calendars for this to-do
happening on Saturday, April
27th. The Consignment Sale
begins at 9am with the Smelt
Fry starting at 4pm. Live mu-
sic by Texas Connection will
be playing at the Goodridge
Municipal Liquor Store from
2-6pm with Eighth Hour head-
lining from 9pm-1am.



Grygla School Charger
Kind winners recently cho-
sen: Landon Nordby and
Brigette Watne (not pic-
tured). Photo courtesy of
Tausha Severts

Chargers Track begins for 7-12 graders

GG Chargers Track & Field
began this week. Coached by
Jason Grandstrand and Brady
Olson, the student athletes are

gearing up for the upcoming
meets: Junior High
Tuesday, April 23rd, Mahn-
omen

Monday, April 29th, Warren
Friday, May 3rd, Warroad
Thursday, May 9th, Thief
River Falls

Now Hiring

Marshall County is currently
accepting applications for part-
time summer help. The duties
will include: Roadside and Road
Surface Maintenance, Surveying
and Construction Assistance.
Starting wage is \$14.06 per hour.
Applications are available at the
Marshall County Highway De-
partment, 447 S. Main, Warren,
MN 56762. 218-745-4381. Clos-
ing date: April 12, 2019. Must
be 18 to apply. An Equal Oppor-
tunity Employer.

U.S.P.S. No.
002330
Grygla
Eagle

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Phone 294-6220

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\$25 per year in the trade area (Grygla,
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\$30 per year outside of the area

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SPENDING TIME OUTDOORS
ENGAGING IN THIS ACTIVITY
CAN REDUCE STRESS AND
IMPROVE OVERALL HEALTH.

ANSWER: GARDENING



ENGLISH: Soil

SPANISH: Tierra

ITALIAN: Terra

FRENCH: Sol

GERMAN: Erde

Creative Coloring

Celebrate lawn and garden care.
Color in this picture to create your own masterpiece.



THIS DAY IN...



HISTORY

• 1861: THE CIVIL WAR
BEGINS WHEN FORT
SUMTER IS ATTACKED.

• 1955: THE POLIO
VACCINE OF DR. JONAS
SALK IS CALLED "SAFE,
EFFECTIVE, AND POTENT."

• 1981: THE FIRST
LAUNCH OF A SPACE
SHUTTLE TAKES PLACE.



PEAT

brown, soil-like
material



Can you guess what
the bigger picture is?

ANSWER: WHEELBARROW

2019 Grygla Lions Annual

SMELT FRY

Saturday, April 13th

SERVING from
4:00 pm - 8:00 pm
at the

Grygla Community Center

All You Can Eat!

Menu: Smelt, baked potato,
baked beans, cole slaw, dinner
rolls, beer, milk and coffee

PRICE:

\$12.00 - Adults
\$6.00 - Age 12 & under
Preschool Free



Sponsored by Grygla Lions Club

G3C

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Jay Leno,
an avid
car collector,
calls the au-
tomobile. "the
greatest inven-
tion of the 20th
century." With
today's low
interest rates,
it's a great time
to buy a new
vehicle.

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FAX (218) 687-2328

201 Vance Ave. S.
Erskine, MN 56535

some tough, physical defense during the tournament. CREATE allows for more physical contact between robots than you typically see at a standard VEX event," stated Mickelson.

The U.S. Open has grown into one of the largest robotics tournaments in the world, and though the Iron Chargers didn't qualify for the World Championship this year, they did qualify to attend this competition, which gave them the opportunity to meet up with different schools and programs from all over America.

A group of four young women are playing Twister on a large white mat with colored circles and the word 'Twister' printed on it. They are in a room with folding chairs and tables in the background.

A large group of students and faculty members are posed on a stage in front of a white backdrop. A conductor stands in the foreground, facing the group. To the right, a piano and other musicians are visible.

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Velutinous \vuh-loot-n-uhs\
adjective

1. Having a soft, velvety surface, as certain plants.

"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world." ~ **Harriet Tubman**

► A HIPPIE'S HEALTH

find me on Facebook under my personal page and my wellness page, Seeds of Wellness. Please follow me! Also, when I am in Grygla visiting the fam please say hi! Thanks again, everyone! It's been fun a ride!

A black and white photograph of two young men standing in front of a building. Above them is a large sign that reads "SMITH FAMILY FARMS". The man on the left is wearing a hoodie with "ZLAT BVV" and the man on the right is wearing a hoodie with a horse logo. A horse wheel is visible on the left.

Severe Weather Awareness Week

Submitted by Christopher Muller, Beltrami County Emergency Services Director, Beltrami County Sheriff's Office

The week of April 8th-12th, 2019, has been designated Minnesota Severe Weather Awareness Week. Each year, Minnesota experiences a myriad of impactful weather events during the summer months. Promoted by the National

damaging winds, sometimes in excess of 100mph which are as strong as some tornadoes. Hail causes nearly a billion dollars in damage annually in the United States. Lightning can and does kill, on average 47 people each year. Remember the saying, "When thunder roars, go indoors." Don't seek shelter under trees during lightning.

Weather Service, Minnesota Department of Public Safety and local emergency management agencies. Severe Weather Awareness Week allows Minnesotans an opportunity to not only be reminded of these hazards, but also develop and practice plans to respond to these events.

"Beltrami County was impacted by five tornados and six significant damaging wind

Wednesday – Flooding: "Turn around, don't drown!" Flooding kills more people than any other weather event, around 200 people each year. Flash flooding is particularly dangerous because of the rapid onset. Never drive through flooded water... as little as 6 inches of flowing water can knock you off your feet, 12 inches can float vehicles, and 18 inches can float larger vehicles.

events in 2018, so we are not immune to destructive severe weather. These events resulted in hundreds of thousands of dollars in damage, but fortunately no significant injuries," said Beltrami County Emergency Services Director Christopher Muller. "The fact that a tornado hit just north of downtown Bemidji on the 4th of July last year with no warning also proves that tornadoes impact more than rural open areas and sometimes with little or no warning at all."

Each day of the week will feature a different hazard topic:

Monday – Alerts and Warnings: Remember that watches mean conditions are favorable for the development of severe weather. Warnings mean that severe weather conditions are occurring, immanent or likely to occur. Advisories and statements may be issues for impactful weather events that don't meet warning criteria. Have a reliable source of NOAA Weather Information.

Friday – Extreme Heat: Even in Minnesota the temperature can rise to dangerous levels. Air temperatures of 90 degrees combined with dew points can create dangerous heat "feels like" temperatures of 100 degrees or warmer. When extreme heat is expected, avoid rigorous outdoor activity or wait until temperatures cool. Check on the elderly and never leave children or pets in vehicles.

Tuesday – Storms, Hail and Lightning: Thunderstorms can produce a wide variety of dangerous weather including

Additional information will be posted through the week on our Facebook page.

Wednesday, April 10, 2019

Bear hunt applications available; deadline is May 3

Applications for bear hunting licenses are being accepted now through Friday, May 3, wherever Minnesota hunting and fishing licenses are sold, online at mndnr.gov/buyalicense, and by telephone at 888-665-4236.

A total of 3,400 licenses are available in 13 permit areas. Bear licenses cost \$44 for residents and \$230 for non-residents, and there is a \$5 application fee. The 2019 season is open from Sunday, Sept. 1, through Sunday, Oct. 13.

Lottery winners will be notified by June 1. The deadline to purchase licenses awarded by lottery will be Thursday, Aug. 1. Any remaining unpurchased licenses will be available over the counter starting at noon on Tuesday, Aug. 6.

An unlimited number of bear licenses will be sold over-the-counter for the no-quota area that includes east-central and far northwestern Minnesota. No-quota licenses are valid only in the no-quota area. Hunters with a no-quota license can harvest one bear.

The DNR has set 2019 bear permit numbers for quota areas to allow bear population numbers to gradually increase and support a robust bear population.

Bear hunting information is available on the DNR website at mndnr.gov/hunting/bear.

Contact: Dan Stark, DNR large carnivore specialist, 218-328-8871.

April WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of April 2019.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule of WIC Clinics for the month of April.

Monday, April 1: Newfolden, Evangelical Free Church

Tuesday, April 2: Hallock, Kittson County Courthouse

Wednesday, April 3: Warroad, Community Center

Thursday, April 4: Red Lake Falls, Community Center (City Building)

Monday-Friday, April 8-12: Thief River Falls, Redeemer Lutheran Church

Monday, April 15: Warren, Evangelical Covenant Church

Tuesday, April 16: Karlstad, First Lutheran Church

Wed-Thurs, April 17-18: Roseau, LifeCare Medical Center Basement Auxiliary Room

Tuesday, April 23: Oklee, Inter-County Community Council Building

For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

North Valley Home Health will offer immunizations, dental varnishing & blood lead testing at the Newfolden and Warren clinics from 9 to 11 a.m. Arrangements should be made prior to clinics by contacting North Valley Public Health. For more information contact North Valley Public Health at 218-745-5154 or 1-800-950-6986.



Many Charger teams play in Jr. Grand Am

Many Charger teams spent last weekend in Grand Forks competing in the Jr. Grand Am Basketball tournament that was held Friday-Sunday at various schools and venues all over the city. Included in the fun was the 4th grade boys team who made their Grand Am debut! Playing the champions from 2018 in their first game, it didn't go their way and the young Chargers ended up losing. Though their second game was also a loss, it provided a lot of excitement as it went into double overtime against a team from Canada. The boys got a win on their last game against the Fargo Jr. Bison!

Front row, L-R: Ryelin Stanley, Brett Rychlock, Blake Stanley, Henry Miller, Braeden Nordby and Cash Johnsrud. Back row, L-R: Coach Casey Jones, Jens Oslund, Connor Boutain Landon Nordby, Hank Jones, Evan Rubischko, Coach Joe Rubischko and Coach Gavin Nordby. Photo courtesy of Deanna Nordby



Above: The Chargers 6th grade girls also competed in the Jr. Grand Am, going against some pretty tough teams that resulted in 3 losses. Front row, L-R: Jamisen Wilson, Anna Sundberg, Allie Sundberg, Morgan Coan, Kinsley Oslund and Lakylie Brobst. Back row, L-R: Coach Ryan Kriel, Ashlyn Nelson, Ava Sorvig, Maddy Thompson, Brooklyn Kriel, Chesney Salo, Ava Halvorson and Coach Jason Salo. Photo courtesy of Courtney Salo



Pictured is the Chargers 9th grade team that competed in the Jr. Grand Am last weekend. Front row, L-R: Justin Thompson, Kaylor Torgerson, Tucker Verbout, Nick Groven and Avery Moe. Back row, L-R: Gage Hockstedler (Gage plays for the Freeze, but joined this team for the weekend!), Andrew Loken, Jordan Coan, Matt Busse and Nolan Anderson. The team was coached by Kyle Anderson and Sam Anderson. They ended up losing all three of their games. Photo courtesy of Roxann Coan



Goodridge and Grygla students did very well at the Section 8A Sub-Section Visual Arts Festival held recently. The Grygla students are being shared this week while the Goodridge Art students will be shared in next week's paper.

Pictured Left: Grygla High School students who received Superior ratings at the Visual Arts Festival, Elise Monson, Cheyenne Irlbeck and Daria Waletzki. Cheyenne Irlbeck (Senior) also received "Best of Show" in the Sculpture category for her piece titled, "Molly." Pictured right: Grygla students, Payton Grandstrand, Elise Monson, Daria Waletzki and Cheyenne Irlbeck, each received Excellent ratings. Photos courtesy of Betsy Saurdiff

Home/Sport Show... Continued from front

Don't forget to stop at the Thief River Falls Area Food Shelf booth. Bring a non-perishable food item, personal hygiene product or make a donation to the food shelf and get entered into a drawing.

There will also be food vendors at this show. Concessions will be available in both arenas and outside the Ralph. Visitors will also be able to choose from baked goods being sold from various vendors at the show.

Presenters throughout the weekend include:

Saturday, April 13

• 11 AM - "Home Buyers Information" presented by Hometown Realty

• 12 PM - "All You Need to Know About Squash" presented by One Vegetable, One Community

• 1 PM - "Staying Safe on the Internet" presented by Garden Valley Technologies

• 2 PM - "Fishing Lake of the Woods" presented by Curt Quesnell of NCOR Fishing & Guide Service

• 3 PM - "Taking Control of Your Life" presented by Tara Wiskow of Tata's Gym

• 4 PM - "Questions about CBD and Hemp?" presented by Turning Point Nutrition

Sunday, April 14

• 11 AM - "How Toxic Is Your Mouth?" presented by Turning Point Nutrition

• 12 PM - "All You Need to Know About Squash" presented by One Vegetable, One Community

• 1 PM - "Fishing Lake of the Woods" presented by Scott & Allen Edman of Edman's Angling Adventures

• 2 PM - "Growing Fruit in the North" presented by Berge-son Gardens

• 3:15 PM - Storytime with Pete the Cat presented by the Times and TRF ECFE

Klondike Carvings from Red Lake Falls will be chainsaw sculpturing inside the Huck Olson Arena.

Admission
Admission is \$3 for adults 16 and older, \$2 for children ages 6-15. Children under 6 are admitted free. Families get in for \$10. Admission is free for everyone from 3 to 5 p.m. on Sunday.

Don't forget to get in on the two prize drawings offered. A Traeger grill with pellets and a fire pit with 2 deck chairs will be given away. Entry form is on your admission ticket and can be deposited in the entry drums in the East Entry.

Goodridge's Blood Drive brings in 31 volunteers

Goodridge High School hosted a blood drive with Vitalant, formerly United Blood

Services, on March 27th at Goodridge High School which helped collect a total of 31 units of blood for patients in need.

A total of 31 individuals volunteered to donate blood and 26 individuals were able to donate at the Vitalant blood drive on March 27. A total of five donors also came forward to donate Power Red Cells (2RBC) which collects two units of red blood cells while returning platelets, plasma and a saline solution back to the donor. There were six people who volunteered for the first time.

Vitalant expressed their gratitude to Becky Carlson, who coordinated the drive, and the Student Council which sponsored the blood drive.

Vitalant strives to keep a 5-day supply of every blood type on the shelf at all times to be able to meet the needs of patients across the region. Donations from O-negative donors, the universal blood type, are especially important this time of year due to increased accidents and trauma cases.

Vitalant is the only blood provider to nearly 70 hospitals across the region. The blood supply is dependent on selfless donations from volunteer donors to ensure the lifesaving needs of the region are met.

About 30 percent of Vitalant's blood supply goes to cancer patients across the region and one in seven people entering the hospital will need blood. Those relying on blood in the region receive that life-saving blood from Vitalant.

Donors can make a convenient appointment to give blood at www.bloodhero.com or by calling 877-25-VITAL. With each donation, donors receive a free total cholesterol test and earn points in Vitalant's donor rewards program.

Blood donation takes about an hour from check-in to refreshments. Donors can save about 20 minutes by completing their Health History Questionnaire the day they donate on www.vitalant.org