



Today Cloudy	Thurs Rain	Fri Cloudy	Sat Scatt. Showers	Sun Scatt. Showers
H 58 L 43	H 57 L 44	H 68 L 48	H 71 L 54	H 66 L 46

Wednesday, May 13, 2015

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Vol. 41 Number 45

A look at next week... Headquartered in Grygla, MN, Machinewell, Inc. stands out by offering opportunities within its community.



Salo Signs are popping up all around us! The custom sign company, based out of Goodridge, Minnesota, also offers custom decorated apparel and embroidery, and is owned and operated by Jason & Courtney Salo. Pictured are Jason, Courtney, and their daughters, Chesney (left) and Jorja (right).

Salo signed, sealed, delivered

Jason and Courtney (Vraa) Salo live in rural Goodridge. Jason works full time with MN Dot, based out of Grygla, and Courtney works full time at Digi-Key, in Thief River Falls, as a Media Design Specialist. They also have two young daughters, Chesney and Jorja. Sounds busy enough, right? Wrong. The ambitious Salos have also added a successful and busy sign making business to the mix!

In 2004, Jason and Courtney started their business, Salo Signs. Located 2 miles east of Goodridge, Salo Signs & More is a custom sign company and a source for custom decorated apparel. They offer quality signs and design services for personal and business needs. The type of signs provided include indoor and outdoor signage, banners, vehicle lettering, and much more.

In 2013, the Salos expanded their business by adding custom decorated apparel and embroidery, which has become a huge asset to the business. The Goodridge and Grygla Schools both offer a large variety of Charger clothing, courtesy of the Salo's creative and custom designs. Due to this, the fall and winter orders for the schools tend to be the busiest times for Jason and Courtney. Although Courtney mentioned they haven't hit a slow period yet; they just keep getting busier and

busier!

"Ideally, we would like for Salo Signs to be our only job, but only time will tell. We plan to add more equipment in the future to help our business run more efficiently," she stated.

Both Jason and Courtney have a Sign Lettering & Design degree obtained from Northwest Technical College in Detroit Lakes, MN. The two have also worked in various sign companies prior to Salo Signs, bringing much experience to the table. When placing an order, if you don't have a logo, they will custom design one for you to fit your needs.

With a bright and busy future ahead of them, it's clear the Salos have started something that won't be slowing down anytime soon. Salo Signs are all around us; the company serves many area towns, which include sign and/or clothing orders for various schools, sports groups, farms, businesses, friends and neighbors.

To see more of their work, check out their impressive sign gallery online at www.salosigns.com. The Salos can be contacted by email at courtney_salo@yahoo.com or by phone at 218-378-4716. You can also find them on Facebook.

(Note: This week's colored edition of the paper was sponsored by Salo Signs & More.)



Goodridge/Grygla students travel to many historical sites

The Grygla and Goodridge 6th graders each had their class trips recently. Both schools headed to Minneapolis/St. Paul for a few days and each class took in a lot of sites.

The kids have been busy fundraising all year for this trip – anticipating it to say the least!

Stops included the Charles Lindbergh House in Little Falls and a tour of Alexander Ramsey's House in St. Paul, which is now a historical museum where the first gover-

nor of the Minnesota territory lived in the late 1800's. Other stops included Fort Snelling, the MN History Center, Mill City Museum, a Minnesota Twin's game and the Oliver Kelley Farm. The Oliver H. Kelley Homestead is in Elk River and is maintained by the Minnesota Historical Society as a living history farm with interpreters giving people a taste of what Oliver Kelley's life was like on the farm in the 1850's frontier.



Grygla 2-6 grade students set the bar high

It takes heart to be a hero

For three years now, Grygla Physical Education teacher, Brady Olson, has had his students participate in the Jump Rope for Heart event. Grygla 2-6 graders have had the opportunity to fundraise money for the American Heart Association through this program and they set the bar high this year! Each year, the amount raised has increased with the total amount raised this year being \$3,293.00. The second graders, alone, raised \$1,762 of that!

Through Jump Rope for Heart, students grow. They learn the value of community service and how they can contribute and make a difference. They also learn how to develop heart-healthy habits while being physically active. For each dollar amount raised, the kids had to jump rope that many times. Money raised not only benefits the American Heart Association, but the students' efforts also help their school earn free P.E. equipment.

With a total of 24 students

participating this year, that number is impressive and will benefit the American Heart Association. Students are awarded gifts based on how much money they raise. The top fundraiser in each class also gets to be the Phy. Ed. Teacher for a day. A few of the prizes given out included jump ropes, playground balls, t-shirts and mini-speakers.

Students raising over \$100: Kinsley Oslund, Addison Severts, Emily Carlson, Walter Jones, Justin Thompson, Riley Saurdiff.

Over \$200: Ava Sorvig, Anna Sundberg, Lewis Jones, Kia Klein, Brigitte Watne.

Over \$300: Payton Dougherty.

Over \$400: Emily Johnson, who was the top fundraiser at \$420, earning a medal.

All of the kids can take pride in a job well done, as their efforts will greatly benefit the lives of others. It takes heart to be a hero.

(See pictures next week.)

Local fundraisers by Chix from the Stix

Relay for Life will be June 5

Each year, more than 4 million people raise much-needed funds and awareness to save lives from cancer through the Relay for Life movement.

The Marshall County Relay for Life is set for Friday, June 5th, at the Marshall County Fairgrounds in Warren. During a Relay event, participants and survivors celebrate what they've overcome. People lost to the disease are remembered, and people who have fought or are fighting cancer are honored.

One of the most frequently asked questions about the funds raised by Relay for Life is where does the money go? Every year, the Relay movement raises more than \$400 million. The American Cancer Society puts these donations to work, investing in groundbreaking research in every type of cancer and providing free information and services to cancer patients and their caregiver.

This is the 3rd year Grygla has had a Relay team. Chix from the Stix have made great efforts over the last few years in the fight

against cancer. The team is made up of numerous members with cancer survivor, Karen Severts, being the team captain. This year, Chix include: Ruth Anderson, Carole Aune, Tonia Haack, Sharon Harris, Jean Johnson, Nikki Leach, Diane Lunsetter, Hailea McMillin, Maureen Monson, Audrya Nelson, Lisa Newton, Marisa Newton, Courtney Olson, Shaunna Olson, Lindsay Oslund, Elaine Rychlock, Rachel Rychlock, Missy Saurdiff, Karen Severts, Tausha Severts, Hazel Thomas, Karina Tinnes, Renae Westbrook, Nadine Wold and Vicki Saude-Worthington.

The team is busy with individual fundraising, but also with various fundraisers going on around town. There are "Change Cancer" drop boxes placed around Grygla, in which you can make a donation by putting in your loose change. The group is also selling luminaries, which are bags that

Relay for Life...
Continued on back



At the Charles Lindbergh House, Jared Haack was "doing the laundry" the same way it would have been done when Charles Lindbergh was a young boy.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Sunday:
Grace: 9am Worship
Our Savior's: 10:30am Wor-ship

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Sav-ior's – Thief Lake
Pastor Craig Bowyer
Sunday:
Our Savior's: 9am Worship, 10am SS.
United: 11am Worship
4:30 Youth Group

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Robert W. Dahlen
Sunday:
Faith: 8:30am Worship
Bethany: 9:45am Worship
Ekelund: 11am Worship

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Rick Lambert
Sunday:
St. Clement's: 8:30am Wor-ship.
St. Ann's: 10:30am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Rev. Paul Koch
Sunday:
8am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Al-liance of Grygla
Pastor Clark Hjelle
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Ol-ive, Nazareth – Trail; Oak Park – Oklee
Pastor Joseph Abrahamson
Saturday:
8:30am Mt. Olive
10:30am St. Petri
Sunday:
Oak Park 5:30pm Worship, Nazareth 7pm Worship

LIBERTY CHAPEL
Grygla
Fellowship of Christian As-semblies
Sunday:
10:30am Worship.

Ad deadline:
Noon Friday

WIC DATES

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of May 2015.

Infants, children up to the age of 5, and women who are pregnant or breastfeed-ing may be eligible for the program. WIC is very inter-ested in enrolling pregnant women in the program. They feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. No proof of pregnancy is needed.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule of WIC Clinics for the month of May.

Mon-Fri, May 11-15
Thief River Falls Redeemer Lutheran Church
Monday, May 18
Warren Evangelical Cov-enant Church
Tuesday, May 19
Karlstad First Lutheran Church
Wed-Thurs, May 20-21
Roseau LifeCare Medica Center Basement Auxiliary Room
Thursday, May 21
Grygla Civic Building

For further information concerning the WIC pro-gram, call or write WIC Quin, PO Box 248, New-folden, MN 56738. Call 218-874-7845 or 1-800-223-1591.

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NOTICE

1st Half Real Estate Tax Due Fri., May 15th

Penalty will be charged on all taxes paid or mailed with a postmark after May 15th, 2015.

If paying by mail, please enclose only one copy of the tax statement for each parcel of property you own.

Receipts issued on request only.

Scott Peters
Marshall County Auditor/Treasurer

DISTRICT TECHNICIAN POSITION

The Marshall County Soil and Water Conservation District is seeking applicants to fill a District Technician position. This position is responsible for technical aspects of implementing conservation programs and practices. This position works with landowners, communities and other units of government. Training opportunities will be provided. Salary and benefit package depending upon experience. Interested applicants should submit a letter of application, resume and two letters of reference by May 29, 2015 to the Marshall SWCD, P.O. Box 74, Warren, MN 56762. For more information call (218) 745-5010.

HELP WANTED:

Social Worker needed for caseload Adult/Children Services. A Degree from an accredited four year college with major in Social work, Sociology or Psychology, or a closely related field is required. Minnesota Merit System certification is neces-sary. Starting salary is \$20.93 to \$29.42 depending on level of experience. For an application, go on line at <http://agency.governmentjobs.com/mnmeritsystem/default.cfm>. If you have any questions, please contact Lisa at Marshall County Social Services in Warren, MN at 218-745-5124.

Marshall County is an Equal Opportunity Employer. Deadline to apply is 5/27/2015.

OPEN HOUSE
Saturday, May 16 from 1-3 pm

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GRYGLA LIBRARY LINK

By: Karen Olufson

Hello Fine Readers! How are you all this afternoon (or whatever time of the day you may be reading this)? Have you had a chance to do some reading this past week? I must admit that my week's been a little bit busy and I haven't gotten much reading done. I don't know where the time goes! (Is it getting older that makes one say things like that? Smile!)

I was just talking to someone today and we were chatting about being hooked on certain authors. Have you ever been captivated by a certain author or series? The particular person I was talking to has been enjoying a mystery writer that I sug-gested to her and has now read several of that author's books. Sometimes the books are stand-alones and one is taken on that author's style of writing, whether it is the characters they develop or how they describe what they're writing about. Other times folks are caught up in a series written by a certain author and they find it so fascinating that they just can't wait for the next book to come out! Have you ever had that experience? I have one patron who has been reading a certain author for awhile and that author has at least over 100 books out! That would keep one busy for a couple years! (Smile!)

Of course there are times that an author may surprise you and come out with a book that's just not up to par. (I guess everyone has their off times.) I happen to like the William Kent Krueger books. A couple years ago he wrote a book called ORDINARY GRACE. Most of his books are a series and this one was not a part of the se-ries, but I thought I would read it just because I liked his other ones. Well guess what! I didn't like that one. You may like it, but it was a completely different style than his other books and it just didn't fit in, in my opin-ion. I can't say there was anything wrong with it. It just wasn't what I had come to look forward to. It won't stop me from reading any of his new books though. (Smile!)

I think it's a good thing to be hooked on reading. (Someone probably came up with that phrase long before I did!) Of course you can overdo anything, but read-ing is such an essential part of life that it's good to prac-tice it! If you haven't found an author you look forward to reading, come on in and we can talk about what you like and who might be a good fit for you. It's nice for children to look forward to reading, too. Have the little ones in your life found an author they like whether for his/her series or his/her independent books? Take time to remember some of your favorite authors when you were young and share them.

Of course there are ex-cellent authors who have only written one or two books. That's very frustrat-ing when we want more, but that's the way it goes some-times! (Smile!)

I recently read a Christian Fiction book that I think I'll use for my book suggestion this week. It's called WHIS-PERS THROUGH THE TREES by Susan Plunkett and Krysteen Seelen. It's a very gentle mystery story and quite captivating. I'm putting it in the free book box if anyone would like to read it. If someone's taken it and you want to read it, I'd be more than happy to see if I can order it for you.

Well Dear Readers, this column has run out of room fast! Hope you have a safe and happy week and that you read a good book for yourself and to the little ones in your life. We'll see what next week brings. Un-til then ...

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

logy (adjective) \LOH-gee\
lacking physical or mental energy or vitality; sluggish; dull

Community Ed Summer Music Lessons

Want to keep in instru-ment shape? Want to try a new instrument? Want some guitar lessons? If you are interested, contact Gene Lunsetter at glunset-ter@grygla.k12.mn.us or call 218-686-8792.

Lessons will consist of six 30-minute sessions to be held on Tuesdays (June 16, June 23, July 7, 14, 21, 28.) The cost is \$10 per student or adult. If you are interest-ed, please get in touch with Gene by Friday, May 22nd.

Letter to the Editor?
email grygla.eagle@gmail.com
or send to PO Box 17, Grygla, MN 56727

General Notice to Control or Eradicate Noxious Weeds

NOTICE IS HEREBY GIVEN, this 11th day of May, 2015 pur-suant to Minnesota Statutes, section 1.83, subd. 1, (1992) that all persons in Marshall County, Minnesota, shall control or eradicate all noxious weeds on land they own, occupy or are required to maintain. Control or eradication may be accomplished by any lawful method, but the methods may need to be repeated in order to prevent the spread of viable noxious weed seeds and other propagating parts to other lands. Failure to comply with the general notice may mean that an individual notice will be issued. An individual notice may be appealed within two working days of receipt to the appeal committee in the county where the land is located. Failure to comply with the individual notice will mean that the inspector having jurisdiction may either hire the work done or seek a misdemeanor charge against the person(s) who fail to comply. If the work is hired by the inspector, the cost can be placed as a tax upon the land and collected as other real estate taxes are collected. You may obtain a list of the plants that are designated noxious and of the members of the appeals committee from your county agricultural inspector or local weed inspector. The local weed inspectors are township supervisors, city mayors or their appointed assistants.

An appeals committee has been established by the Marshall County Board of Commissioners. A list of the committee mem-bers is available at the county auditor's office in the courthouse, or by calling 745-5232.

THE BOARD OF COUNTY COMMISSONERS ASKS YOUR COOPERATION IN THIS WEED CONTROL WORK

LeRoy Vonasek, Warren, Sharon Bring, Strandquist, Gary Kie-sow, Goodridge, Ken Borowicz, Stephen, Roland Miller, Warren

Howard Person, Marshall County Agricultural Inspector
Telephone: 218-745-5232, Cell: 218-686-8541

For methods of controlling noxious weeds, see your Marshall County Agricultural Inspector or Marshall County Extension Educator

Community Calendar

Wed | May 13
Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; Senior Birthdays at Grain Bin Café 2:30pm; Goodridge Baccalaureate Services at Community Center 7:30pm

Thurs | May 14
Grygla Eagle office open 9am-3pm; Varsity Track Meet in Ada at 4pm; Grygla Headstart Gradu-ation 7pm

Fri | May 15
Grygla D.A.R.E program graduation at the school 8:30am; Senior Meals at Grain Bin Café 11am

Sat | May 16
Grygla/Gatzke Food Shelf 8-10:30am; Go-odridge graduation 2pm

Sun | May 17
Grygla graduation 2pm

Mon | May 18
Senior Meals at Grain Bin Café 11am

Tues | May 19
Old Time Dance at Yo-Hawns (Joy & Joey Gust) 1-4pm; Grygla Eagle office open 2-4pm

Please contact the Grygla Eagle if you move or have a change in your address so we can keep the paper coming to your home on time.

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Happy 85th Birthday
Theresa Mulnansky!
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Sunday, 5-17-2015
St. Ann's Catholic Church, Goodridge, MN following 10:30AM Mass.

STEENERSON TOWNSHIP MEETING

STEENERSON TOWNSHIP WILL BE HOLDING A MEETING AT THE TOWN-HALL ON TUESDAY, MAY 19TH @ 7:00 IN REGARDS TO UPCOMING NEEDED ROAD MAINTENANCE.
Darlyne Roen, Clerk

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► EXTENSION NEWS

By: James Stordahl

Grazing options under dry conditions

What a sharp contrast to last spring. Last year, once the rain began, it rained for five weeks. Of course, this can happen again this year, but so far, this spring has remained exceptionally dry.

It's too early to push the panic button, but unless the weather pattern changes, it may be prudent to prepare an alternative plan if dry conditions persist. Following are options provided by Dr. Greg Lardy, NDSU Animal Scientist, to help cope with potential forage short-falls.

There are no simple drought management solutions; however, planning and implementing appropriate strategies now can have a positive effect on both short and long-term health, condition, and economics of your farm/ranch operation. If you do nothing and adopt a wait and see attitude, you may find that those decisions have already been made for you.

The basic health needs of the pasture and cow herd are simple. Pasture should not be overgrazed or overstocked during drought. Cattle need adequate nutrition now and to sustain them through the winter. To accomplish this you need to reduce stock density, and/or provide supplemental feed. Depending on the severity of the drought, both of these options may be necessary.

Reducing stocking rate can be accomplished a number of different ways. Some ideas to consider are:

Sell yearlings or place them in a feedlot

Cull less productive pairs
Move cattle to other pastures

Early weaning

If you have yearlings or stocker cattle, a simple drought management solution is to use yearlings as a forage management tool. During wet years, yearlings are utilized to consume excess forage but during drought years when forage production is lower than expected, they are sold or placed in a feedlot. This system frees up pasture for the cow herd and keeps genetic and selection programs within the cow herd intact.

Culling less productive pairs is another alternative to reduce stocking rate. To do this effectively good production records are needed to select culling candidates. In all likelihood, you have cows targeted for fall culling due to age, pregnancy status, or general lack of social graces. These cows are good candidates to leave the ranch during a drought. Severe or long-lasting drought may necessitate deeper culling than desired.

Moving cattle to rented pastures outside the drought area is another option. This alternative may look attractive initially, but be careful. Thought must be given to the economic and management ramifications of moving cattle to pastures in another state or region. Be sure to factor in transportation costs as you evalu-

ate this option. Selecting a good business partner you trust to provide adequate care for the grazing pairs is key to making this system work.

Early weaning is a very effective management tool, especially for two- and three-year-old cows. Lactating cows typically consume 0.4 to 0.6 percent of body weight more forage than dry cows. By the time a calf weighs 400 to 500 pounds, it is consuming 1.8 to 2.0 percent of body weight in forage. Weaning calves early can significantly improve your late season forage situation. Weaning can be done as early as two months of age but generally results are better if you wait until calves are at least three months old. Be sure to discuss an early weaning vaccination program with your veterinarian.

Providing supplemental feed is another short-term option for dealing with drought. In most situations, herbage production is reduced on drought affected pastures. Consequently, some sort of forage substitute must be provided to maintain performance and health of grazing animals. Byproducts such as wheat midds, corn gluten feed, soybean hulls, and barley malt sprouts are among the feedstuffs available. Cereal grains such as corn, barley, or oats may also be used. Limit supplemental grain to less than 0.4 percent of body weight in most situations since excess starch can depress fiber digestibility in forages.

Providing supplemental hay or other forages may be considered, but this is typically not cost effective. Consider putting the cow herd in dry lot in lieu of feeding hay.

Creep feeding can also be used to provide supplemental nutrients to the calf. Creep feeds typically replace forage in the diet of the grazing calf. Consequently, using creep feeds can free up forage for the cow herd. However, unless pastures are severely overstocked, do not expect improvements in cow condition with creep feeding. In addition, calf milk intake does not typically decrease when creep feeds are offered, so the lactation demand is still placed on the cow when creep feeds are offered.

Consider annuals such as millet and sorghum sudan hybrids as potential emergency drought feeds. These forage crops can produce acceptable yields, even when planted as late as early July, assuming you can get moisture for seed germination.

Though there are no easy answers to the tough questions during drought, effective planning and management decisions can keep your operation sustainable and profitable in the long run.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. Source: Dr. Greg Lardy, NDSU Animal Scientist.

► WHAT A JOKE

You might be a red-neck if...

You think "loading the dishwasher" means getting your wife drunk.

You own a home that is mobile and 5 cars that aren't.

You think the stock market has a fence around it.

Your stereo speakers used to belong to the drive-in theater.

Your boat has not left the driveway in 15 years.

You clean your fingernails with a stick.

You keep a can of RAID on the kitchen table.

You've totaled every car you've ever owned.

You've ever bathed with flea and tick soap.

You think "taking out the trash" means taking your in-laws to a movie.

You prefer car keys to Q-tips.

You own more than 3

shirts with cut off sleeves.

Your lifetime goal is to own a fireworks stand.

Someone asks to see your ID and you show them your belt buckle.

You ever lost a tooth opening a beer bottle.

You have ever bar-b-que'd Spam on the grill.

You think that canned meat on a saltine is an appetizer.

You consider a six-pack and a bug-zapper high-quality entertainment.

You consider "Outdoor Life" deep reading.

You've ever made change in the offering plate.

You consider a good tan to be the back of your neck and your arms below the elbows.

You own at least 20 baseball hats.

You come home from the garbage dump with more than you went with.

► SIMPLY DELICIOUS



Pizza on the grill

Do pizza night out on the grill with everyone's favorite toppings! Charcoal or gas will work. It's just easier with gas because you can regulate the temperature. Coal is fine, too, but you have to be on top of things to keep your fire at the right temperature. Make sure your grates are clean of any "gunk".

Using flour tortillas as your crust works great as it gets nice and crispy.

Instructions: Preheat grill to medium. Gather all of your toppings, tortillas, tongs, spoon (for sauce), brush, metal spatula and cookie sheets near your grill within easy reach. Brush both sides of your tortillas

with olive oil and lay on the grill. Leave the grill open as it will only take about 1 minute to grill the crust. When you can see the grill marks, flip them over with your tongs.

Quickly put the sauce and toppings on and close the grill. Cook for about 3-5 minutes, checking every couple of minutes.

Carefully remove each pizza with a metal spatula and place on cookie sheets.

Recipe ideas:

Hawaiian – pizza sauce, canadian bacon, pineapple, shredded cheddar & mozzarella cheese

Chicken – garlic alfredo sauce, precooked grilled chicken, shredded cheddar & mozzarella cheese

Hamburger & Canadian Bacon – with pizza sauce and shredded cheddar & mozzarella cheese

Tomato & Basil – pizza sauce, fresh sliced tomatoes, fresh basil and fresh mozzarella

► DO IT YOURSELF

DIY tick repellent

The dreaded wood ticks are out and they're out THICK. But don't let them stop you from enjoying the great outdoors. Here is a simple homemade solution to keep yourself tick free.

In a spray bottle, mix 2 cups of distilled white vinegar and 1 cup water. To make a scented solution so you don't smell like bitter vinegar all day, add 20 drops of your favorite essential oil.

Eucalyptus oil is a calm, soothing scent that also works as a tick repellent, while peppermint and citrus oils give off a strong crisp scent that will also repel ticks.

After mixing the solution, spray onto clothing, skin and hair before going outdoors. Reapply every four hours to keep ticks at bay.



Grygla Junior, Samantha Kraulik, received 2nd place in the Northwest Minnesota Arts Council's 2015 Annual Spring Art Exhibit – Student Division. Her art piece, "STOMP!", was featured in the exhibit at the Ralph Engelstad in Thief River Falls April 22-May 4.

Photo below: Pictured is the Warroad Senior Living Center receiving the first grant from the Walk to Remember Board of Directors. This grant will be used for Dementia education for the WSLC staff and for community members. It will also provide residents with dementia specific sensory equipment that will give them meaningful activities that are enjoyable.



Walk to Remember grants now available

"Walk to Remember, Inc." (formerly Walk to End Alzheimer's) is thrilled to announce that grants are now available for individuals, their families, caregivers and non-profit 501©3 groups and organizations in the counties of Roseau, Lake of the Woods and Marshall in the state of Minnesota. Applications must clearly identify dementia specific uses, including but not limited to: care, support, medical needs, training/education, research or equipment. These grant applications can be picked up at any medical clinic, hospital, senior living facility or social services I the three counties. They are also available by contacting Jill Wulff (218-425-7401), Paula Peterson (218-463-2833), Anna Stewart (218-779-3425), or Lori Olson (218-463-1279).

In 2014, Walk to Remember was incorporated and

became a 501©3. The main objective of this new organization when formed, was to keep donated funds local in the communities of the counties of Roseau, Lake of the Woods and Marshall in the State of Minnesota with 10% of their net proceeds to be donated for Alzheimer's disease research. Walk to Remember strongly believes in developing and enhancing programs and services in these communities and their goal is to improve the quality of life for the individuals with Alzheimer's disease and the related dementias and their families.

The main fundraiser for Walk to Remember is the annual walk that will be held this year on Saturday, September 12th, at the Warroad Senior Living Center. For questions, comments or to donate, please contact any of the above individuals.

Right: The Grygla 4th grade class just finished an interesting project that was displayed at the elementary music program last week. The projects involved a lot of research and hands on building. Each student in the class picked an Ancient Civilization group to learn about and built corresponding houses to fit the specific group they chose. Everyone in the class participated in the project and since the small houses were built at home, parents were able to get involved, too!

Pictured are Devon Dickson and Kia Klein with their creative projects. Devon studied the Apache and Kia studied the Seminole.



A Note from Principal Lunsetter's Desk

"A tree is known by its fruit; a man by his deeds. A good deed is never lost; he who sows courtesy reaps friendship, and he who plants kindness gathers love." ~ Saint Basil

When we commit a good deed for the right reasons, we start a match that can't be put out. We inspire others to spread that good deed and we have no idea what the smallest of our acts can trigger. Generally it is not the huge acts of kindness that inspire people, but instead, the person that consistently demonstrates kindness, compassion, love and patience throughout their life. A life that is lived consistently giving to others and treating others with respect is much more valuable than that which gives greatly for a short period of time. Inspire someone today with your continuous willingness to do something good for the sake of others.



Grygla Elementary presents

“Americans All”

A musical celebration of America’s multicultural heritage



Sisters, Lucy and Chey Mickelson, are pictured at the Grygla Elementary program that was held last week. Lucy (left) performed a dance to “Come Dance a Jig”. Chey (right), along with her second grade class played bells on the “Bell Song.”



Left: Molly Cullen & Callie Loken were among the soloists at the program. Right: Brody Saurdiff was the official gong player during one of the performances.

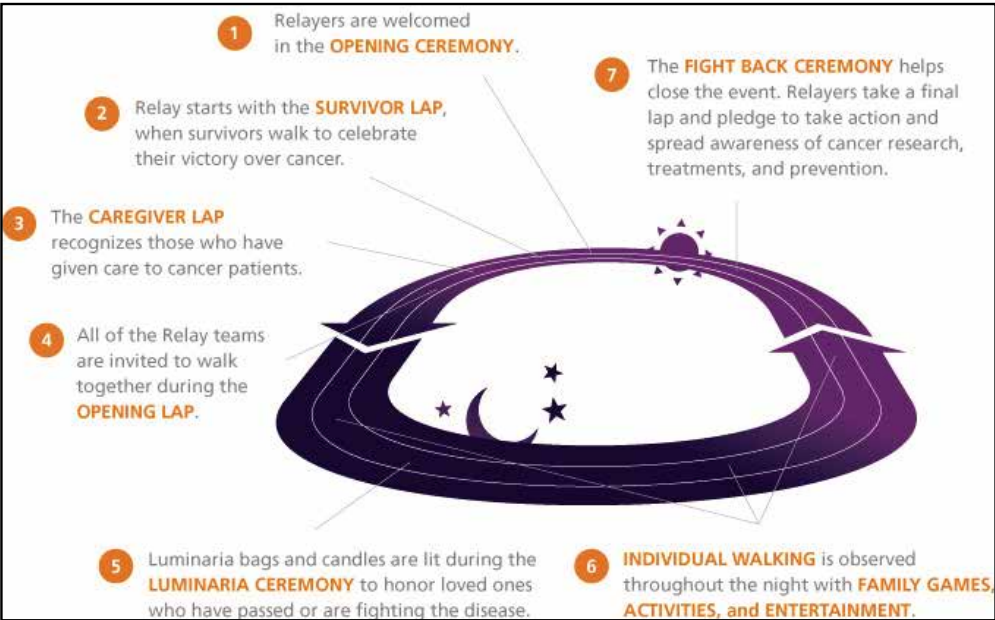


Above: The Goodridge 6th grade class is pictured at Ft. Snelling. Front, laying down: Moses Jensen, Logan Knutson Middle: Trinity Walseth, Shantel Horachek, Abby Brown, Justice Rodriguez Back: Shyann Harzke, Katelynn Nordine, Jacqueline Zaviska, Vivian Coan, Donavin Hagen, Ian Haugen, Riley Manderud, Kansas Jensen, Madison Paulson, Nikkayla Foty.

Below: Goodridge 6th graders helping plow a field at the Oliver Kelley Homestead.



What can you expect at a Relay event?



Relay for Life

continued from front

can be purchased in memory or in honor of a cancer patient. The luminaries will light the walking path at the Relay event on June 5th. Also, on June 18th, the Chix will be hosting an entertainment evening with the location to be determined. (More information to come.)

If anyone is interested in donating a silent auction basket for the June 5th Relay for Life, you can drop it off with Karen Severts at Yo-Hawn's in Grygla.

Any and all items are welcomed for the silent auction.

This week’s colored edition is sponsored by Salo Signs & More

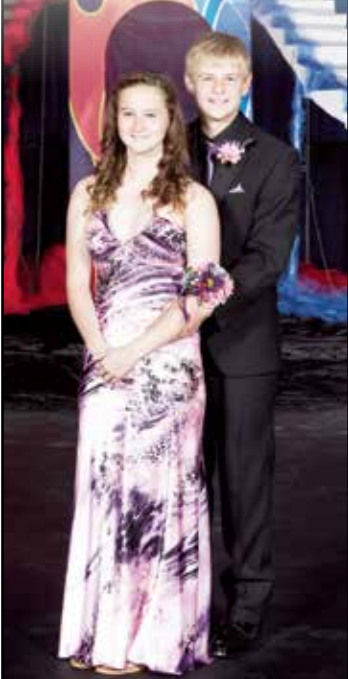
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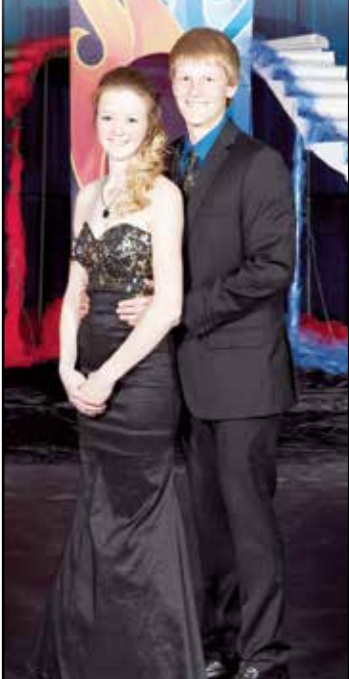
Goodridge Prom was held May 2nd



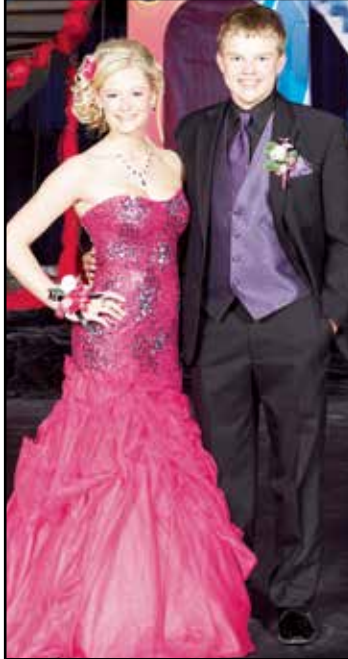
Hannah Dietsch & Cameron Naeseth



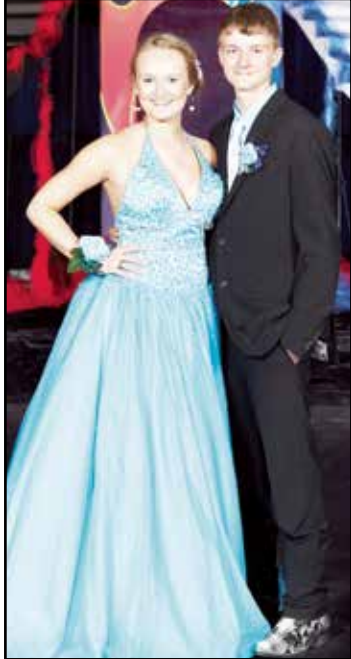
Marisa Newton & Benji Wilebski



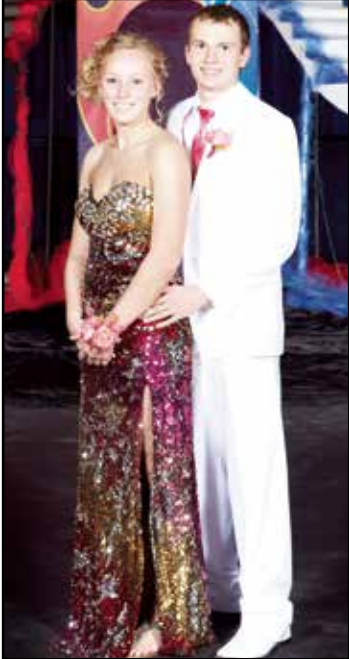
Daylyn Kainz & Ben Groven



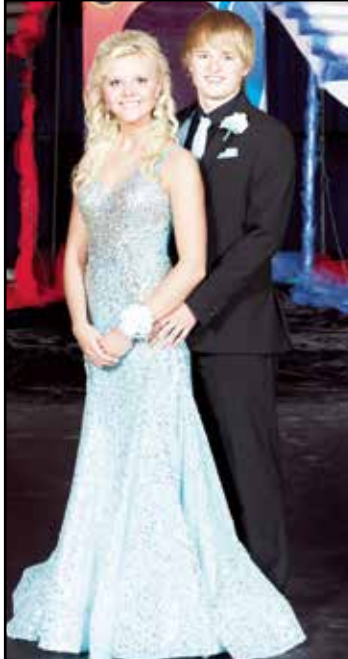
Ashlyn Henrickson & Dylan Manderud



Mariah Coan & Ty Jelle



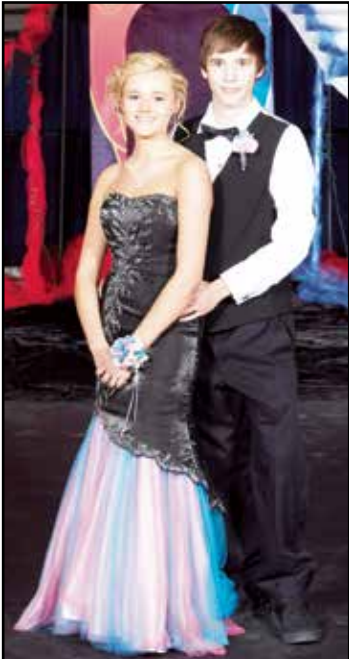
Elizabeth Golembiecki & Steven Hanson



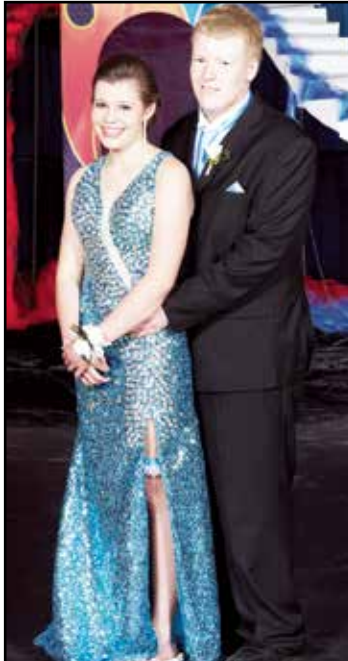
Samantha Sjulestad & Alex Carlson



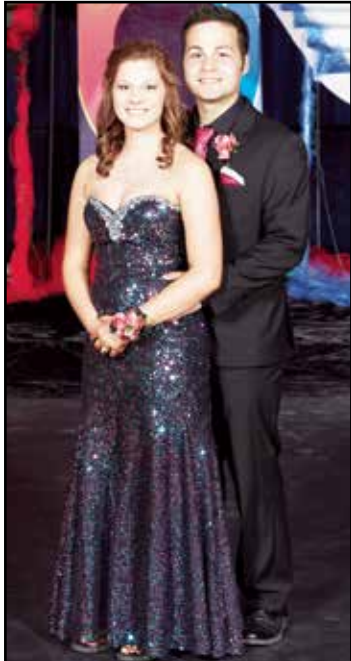
Karlee Johnson & Logan Carlson



Kalie Konickson & Blake Baxter



Donna Arveson & Jordey Marquis



Courtney Wold & Logan Carter



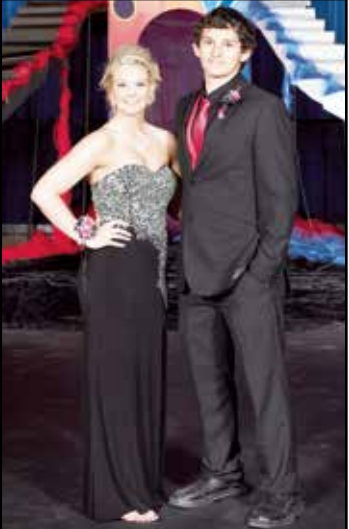
Kendra Jensen & Marcus Alderete



Kourtney Konickson & Nick Shaske



Morgan Sundrud & Alan Prestebak



Brooke Anderson & Keenan Laidley