

Grygla Eagle



Today Cloudy H 19 L 16	Thurs Mostly Sunny H 34 L 20	Fri Partly Cloudy H 32 L 24	Sat Partly Cloudy H 30 L 14	Sun Partly Cloudy H 21 L 9



Wednesday, January 2, 2019

WE'RE ONLINE www.tricocanary.com

Vol. 45 Number 27

This week's colored issue is sponsored by ... Grygla Lion's Club!

Saurdiff Trucking

~Grygla~
294-6282

Mi Machinewell inc.

294-6101 OFFICE
115 W. State St. • PO Box 157 • Grygla, MN 56727

Annual Holiday/ Membership Banquet coming up

The Fourn town/Grygla Sportsman's Club will be holding their Annual Holiday/ Membership Banquet this Saturday, January 5th, at the Grygla Community Center. The evening will start with a 5pm social hour and a 6pm prime rib dinner to follow (\$15/plate). Raffles, door prizes and dancing to follow!

You are invited to attend and become a member of the active sportsman's club. A single membership is \$25/year with a family membership costing \$35/year.

Upcoming events in February include a club trip to Pinehurst Resort in Naytahwaush, MN, February 22-24. If you are interested in attending, contact a club member for more information or call Tonia Haack at 218-294-6101.

In addition to the holiday banquet, other items and upcoming events being planned and discussed included:

- The Fall Gun Raffle cleared \$6700
 - Snowmobile Safety Training at the Grygla School on Sunday, February 3rd; see below for more information
 - USXC Racing I-500 in Goodridge/Grygla February 9-10; watch for more info in an upcoming issue of the Grygla Eagle
 - Club Fun Run to area warming shacks on February 16th with Chix from the Stix hosting a supper at Yo-Hawn's Bar & Grill afterwards
 - Club Snowmobile trip to Pinehurst Resort on February 22-24th
- Make sure to check out "Fourn town/Grygla Sportsman's Club" on Facebook for photos and info on club happenings.
- Watch the paper, Club page or contact a Club member for more information!
- The Fourn town/Grygla Sportsman's Club maintains 201 miles of snowmobile trails.



Pictured above are members of the Grygla Senior Citizens Club, L-R: Rose Hanson, Carol Steuck and Thelma Thomas. For the club's Christmas party, instead of a gift exchange, donations were given to go towards the Marshall County Sharing Tree. \$75 was collected and will be given to the Marshall County Social Services and gifted to children in need. The Sharing Tree in Grygla was located at American State Bank. Thelma is pictured with ASB employee, Elaine Rychlock, below, who accepted the donation from the Seniors. Photos courtesy of Rose Hanson



Gear up for snowmobile safety training in Grygla

The Fourn town/Grygla Sportsman's Club has Snowmobile Safety Training scheduled for Sunday, February 3rd. The course will be held at the Grygla School from 1-3pm.

This is an online course that MUST BE completed before the students arrive that Sunday for the field testing, which involves completing the safety course on snowmobile.

To access the online portion, go to www.snowmobilecourse.com. The directions are self-explanatory from there and the cost is \$30 per student. Please note this course takes several

hours to complete; students are advised to give themselves enough time in order to successfully complete the online portion. Please bring your certificate with you the day of field testing.

Students must be 11 years old to participate. Upon arrival on Sunday, February 3rd, students will take a short written test, which is followed by the driving portion. Students must come prepared in winter clothing (and helmets, if you have). Snowmobiles (and helmets, if needed) will be provided.

"Eagle Scratches" on back page

In addition to more art ads from the Grygla High School students, make sure to check out the "Eagle Scratches" on

the back page for a quick 2018 year-in-review! Happy and healthy New Year to you all!

CHS NORTHLAND GRAIN

Grygla Lions Club

We Serve

LYO activity this Sunday

Grace and Our Savior's Lutheran Church LYO is holding an event this Sunday, January 6th, for all students in grades 6-12, beginning at 3pm. Coordinator Ruth Anderson, says lots of fun games and activities

are being planned with snacks provided. There will be a short meeting to plan the Valentine Supper and talk about the much-anticipated "lock-in!" Everyone is welcome; bring a friend!

Upcoming Charger games

The Chargers have had a short break from basketball games, but with practices still taking place and school starting back up, it's back to the court they go. Upcoming games include:

Thursday, Jan. 3: Junior High 7-8 boys basketball in TRF vs. Northern Freeze and the Prowlers; C-V will play

this night in Goodridge against RLC.

Friday, Jan. 4th: There is a GBB/BBB Double Header in Warren; no junior high games this night.

Saturday, Jan. 5th: 4-6 grade Snowflake tournament in Fosston

Monday, Jan. 7th: BBB at Newfolden

Peace + Joy

**Farmers Union Oil Company
Ag Department
& Grygla Coop**

Grain Bin Cafe & Gift Shop

294-6306
TERRY & KIM CLEVEN, OWNERS
OPEN 7 DAYS A WEEK

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Sunday:
Grace: 9am Worship
OS: 10:30am Worship w/ 9:30am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Sunday:
UL: 9am Worship
OS: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Ostercamp
Sunday:
Ekelund: 8:30am Worship, 9:30am SS
Faith: 9:45am Worship, 11am SS
Bethany: 11am Worship, 9:45am SS
Monday, Jan. 7:
9am Faith Quilting, Ekelund Ladies Aid 1:30pm

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 10:15am
St. Ann's: 12pm

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
11am Worship w/ potluck and annual meeting to follow

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseeth
Saturday:
Mt. Olive Worship 9am
Sunday:
St. Petri: 8am Worship, 9am SS
OP: 8:30am SS, 9:45am Worship
Nazareth: 10am SS, 11am Worship

LIBERTY CHAPEL
Grygla
Sunday:
9:30am Worship

grygla.govoffice2.com
City of Grygla
218-294-6292
Minutes/Agendas avail.

School Lunch Menus

Grygla Lunch Menu
Wednesday, January 2: Italian Hoagie on a Bun, Chips, Baked Beans, Veggie & Fruit
Thursday, January 3: Pizza, Vegetable & Fruit
Friday, January 4: Tacos, Vegetable, Fruit & Bread
Monday, January 7: Mandarin Orange Chicken, Mashed Potatoes, Vegetable, Fruit & Bread
Goodridge Lunch Menu

Wednesday, January 2: Chicken Tenders w/ Assorted Sauces, Corn, Peaches, Pears
Thursday, January 3: Hamburger Patty on a Bun w/ Toppings, French Fries, Apples, Oranges
Friday, January 4: Tacos w/ Lettuce & Cheese, Green Beans, Applesauce
Monday, January 7: Polish Sausage on a Bun, French Fries, Tossed Salad, Fruit

JOHNSON FUNERAL SERVICE, INC.
Thief River Falls • 218-681-4331
Red Lake Falls • 218-253-2128
Oklee • 218-796-5177
Funeral Pre-planning Monuments
www.johnsonfuneralservice.com

Community Calendar

Wed | Jan 2
Back to School! Grygla Eagle office open 10-6pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm

Thurs | Jan 3
7-8 grade BBB vs. TRF & NF in TRF; BBB vs. RLC in Goodridge

Fri | Jan 4
Senior Meals at Grain Bin Café 11am; GBB/BBB Double Header at WAO (No JH games)

Sat | Jan 5
Snowflake Basketball Tournament in Fosston; Fourtown/Grygla Sportsman's Club Holiday/New Membership Banquet at Grygla Community Center (5pm Social/6pm Supper)

Sun | Jan 6
Grace/OS LYO at Grace 3pm

Mon | Jan 7
Senior Meals at Grain Bin Café 11am; BBB at Newfolden

Tues | Jan 8
JH BBB at Clearbrook/Convick; GBB at Karlstad

THIEF RIVER FALLS RADIO
KTRF AM 1230 KKAQ AM 1460 KKDQ FM 99.3
LISTEN LIVE
Chargers Boys Basketball
Thursday, January 3rd vs. RLCC in Goodridge
Chargers Girls & Boys Double Header at WAO
Friday, January 4th

GRYGLA LIBRARY LINK

Written by Kari Sundberg, Grygla Librarian
BOOK BLIZZARD

Happy New Year! So, who remembers our annual winter "Hot Reads for Cold Nights" adult reading program? For all the fans, myself included, that starts this week EXCEPT we are calling it something new this year! The program has changed its name to Book Blizzard! The 8-week program will run the same as previous years and will be held during January/February and will work like this: for every book you read, you'll put your name and title of book on a piece of paper that will go into the drawing. Every other week, we will be drawing for some fun prizes! Maybe you'll be one of the lucky winners? Make sure to swing in to the library on Wednesdays from 2-6 so you can get your name into the drawing.

Speaking of reading materials, anyone read anything good lately? At the beginning of 2018, I made a goal to keep a list of every book I read for the year. I did that a few years ago and logged 67 books. I'm disappointed to say in 2018, I only read 33. I could blame that on

my busy work schedule, kids' events or other hobbies, but I honestly thought that number would be higher? The good news, though, is that out of the 33 books I read this year, only 3 of them got 0-stars. That's right...I "reviewed" each one so when I go back to look or recommend them to others, I give them the 4 or 5-star titles! 10 of them on my list got 5-stars, according to me. Ha.

If anyone wants a great title to check into a bit more, here are those top picks of mine:

The Last Mrs. Parrish by Liv Constantine, Great Alone by Kristin Hannah, The Forgotten Ones by Steena Holmes, Now That You Mention It by Kristan Higgins, The Stars Are Fire by Anita Shreve, Secrets of the Tulip Sisters by Susan Malley, Where the Crawdads Sing by Delia Owens, How to Hang a Witch and Haunting the Deep both by Adriana Mather and Leave No Trace by Mary Kubica.

Well, that wraps up this week's column, I guess!? I hope you all find some time to relax, grab a blanket and cuddle-up with a good book this week. I plan to do exactly that.

January WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of January 2019.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule of WIC Clinics for the month of January:

Monday, January 7: Newfolden, Evangelical Free Church

Tuesday, January 8: Hallock, Kittson County Courthouse

Wednesday, January 9: Warroad, Community Center

Thursday, January 10: Red Lake Falls, Community Center (City Building)

Monday-Friday, January 14-18: Thief River Falls, Redeemer Lutheran Church

Monday, January 21: Warren, Evangelical Covenant Church

Tuesday, January 22: Karlstad, First Lutheran Church

Wed-Thurs, January 23-24: Roseau, LifeCare Medical Center Basement Auxiliary Room

Tuesday, January 29: Oklee, Inter-County Community Council Building

For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

North Valley Home Health will offer immunizations, dental varnishing & blood lead testing at the Newfolden and Warren clinics from 9 to 11 am. Arrangements should be made prior to clinics by contacting North Valley Public Health. For more information contact North Valley Public Health at 218-745-5154 or 1-800-950-6986.

U.S.P.S. No. 002330
Grygla Eagle
Serving Eastern Marshall & Northern Beltrami Counties
PUBLISHER - RICHARD D. RICHARDS
Kari Sundberg - EDITOR
Phone 294-6220
—SUBSCRIPTION RATES—
\$25 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)
\$30 per year outside of the area
PUBLISHER'S LIABILITY FOR ERROR:
The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.
The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Convick, MN 56644. Periodical postage paid at Grygla, MN 56727.
POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

DO YOU NEED A NEW SUIT TO WEAR?

Volunteer Firefighters are needed in Grygla!

IF INTERESTED, PLEASE CONTACT:
GEOFF SATRE AT 218-289-4601 OR
TRAVIS DOUGHERTY AT 218-689-6733

January Foot Care Clinics

North Valley Public Health will hold Foot Care and Blood Pressure Clinics on the following dates:

Newfolden Community Center: Wednesday, January 2, 2018, at 9:00 a.m.

Contact: Darcy Hestekind at 218-874-2256

Warren Community Center: Thursday, January 3, 2018 at 9:00 a.m.

Contact: North Valley Pub-

lic Health at 218-745-5154
Argyle LAH/BNP: Tuesday, January 8, 2018, at 9:00 a.m.

Contact: Penny Korynta at 218-437-8431

Middle River Royal Manor Apts.: Monday, January 21, 2018 at 9:30 a.m.

Contact: Cindy Kilen at 218-222-4466

Please call the person listed above to sign up. We require sign-up sheets so that we can

staff accordingly. If you are not able to keep your appointment, please call to cancel.

Please arrive 15 minutes prior to your scheduled appointment time.

The North Valley Public Health staff will soak feet and trim nails. The fee for this foot care service is \$20 per person.

The North Valley Public Health staff will do free blood pressure checks upon request.



In two locations
FDIC
PO Box 78
Grygla, MN 56727-0078
(218) 294-6111 • TOLL FREE (877) 814-9937
FAX (218) 294-6239
ASB AMERICAN STATE BANK
www.asbgrygla.com
201 Vance Ave. S.
Erskine, MN 56535
(218) 687-2865 • TOLL FREE (800) 434-7721
FAX (218) 687-2328

A HIPPIE'S HEALTH



Written by Tara Waltman

So a couple articles ago, I talked about why I am passionate about health. My grandmother was a strong woman. There is no doubt in my mind she would have been an "oilier" if I would have had a chance to introduce oils to her before her mind started to fail her. My grandmother recently passed away but lived an amazing life.

Prior to moving into a nursing home because her health was failing, my grandmother was still living alone in her mid 80's. She was doing well. She had pain, though, and was using the Fentanyl patch to help with this pain. I am not sure if you all know what Fentanyl is or not? It is a strong drug! Out on the east coast, they are lacing heroin with it and people are overdosing and dying at an alarming rate.

My grandmother had accidentally stepped on a Fentanyl patch and had this on the bottom of her foot without realizing. She had a stroke, lost control of her bodily functions and declined cognitively very quickly. I remember the day it happened like it was yester-

day. My cousins and I were the ones that found her like that. We were meeting at her house for lunch and found her disoriented. We called 911 and she went to the hospital. I am not a doctor (obviously) but I really believe the Fentanyl patch is what caused her stroke, which makes me so sad and angry in some ways. My grandmother's health declined and she needed nursing home care shortly after that happened. I cried. My grandmother cried when she had to move out of her house. It was one of the saddest days. This story, along with the ones I told previous, is why I am passionate about natural health. This is why natural health is so important to me and why I do what I do.

Tara Waltman is a licensed clinical social worker doing outpatient therapy working on health and wellness for people. She is also a Young Living Essential Oils consultant. She is the daughter of Darell and Karen Severts, of Grygla, and resides in Lancaster, Pennsylvania, with her family. She will be contributing a health and wellness column weekly.

Wednesday, January 2, 2019

CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16						17				18			
19					20			21	22				
			23				24						
25	26	27		28		29			30		31	32	33
35			36		37			38		39			
40					41				42		43		
44				45		46					47		
48					49		50			51		52	
				53		54			55		56		
	57	58	59					60			61	62	63
64						65	66			67			
68						69				70			
71						72				73			

Your Family Deserves The BEST Technology... Value... TV...

\$59.99

MONTHLY

150 Channels

CALL TODAY Save 20%!

1-888-416-7103

Upgrade to the Hopper® 3 Smart HD DVR

- Watch and record 16 shows at once
- Get built-in Netflix and YouTube
- Watch TV on your mobile devices

Hopper upgrade fee \$149.95

Add High Speed Internet

\$14.95/mo.

Internet is available. Activation fee \$149.95. Service not available in all areas. Service will be billed separately.

dish

TV

Offer ends 1/15/19. Savings with 2 year price guarantee with \$120 setting at \$119.95 required in monthly price. All offers require credit qualification. 2 year commitment with early termination penalties. Prices include Base Rate. See website for details. Taxes, fees and service charges apply. Service subject to change without notice. Service not available in all areas. Service will be billed separately.

© StatePoint Media

Statepoint Crossword
Theme: Year-In-Review

- ACROSS
- Bundle of wheat
 - ____-been
 - Urban apartment
 - Peter, South of the border
 - In the manner of, French
 - Photo-editing color option
 - Chieftain
 - Not well
 - Lively
 - *Late McCain
 - *American Duchess
 - “Some Kind of Wonderful” actress Thompson
 - Your majesty
 - Floor cleaner
 - Greek portico
 - *Super Bowl champs
 - Swear, not curse
 - Place for an ace?
 - Type of newspaper
 - Bar order neither red nor white
 - *Halfpipe winner
 - Toothy wheel
 - Be needy
 - Hindu dress
 - Unfavorable prefix
 - Ballpark grub
 - Lion’s share
 - It can be red or black
 - Burden
 - Break bread
 - *First North Korean to cross Demilitarized Zone
 - *October disaster
 - Acoustic output
 - In the past
 - Tanzania’s neighbor
 - Coral reef island
 - First off sinking ship?
 - Type of closet
 - Not there
 - Dashboard unit
 - Clear the board

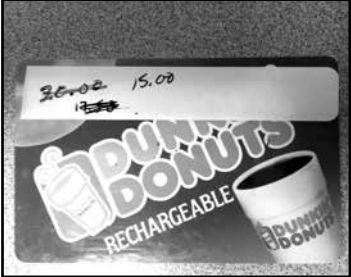
- DOWN
- R&R destinations
 - Part of hemoglobin
 - “I Dream of Jeannie” star
 - “He’s _____ nowhere man,” Beatles
 - Strong suit, pl.
 - Age of Aquarius flick
 - Nothing alternative
 - Game ragout
 - Onion’s kin
 - October stone
 - *CA’s Camp _____
 - “Tit for _____”
 - Schmear
 - Often taken with a bible, pl.
 - Aretha’s first three
 - Arabic greetings
 - *“_____ For Our Lives”
 - Convex molding
 - Suggest
 - Sounds of amazement
 - *Cooper’s leading lady
 - Property claims
 - Fill with spirits
 - *April missile strikes target
 - Make one’s way
 - EU unit
 - One born to Japanese im-migrants
 - 10 to the power of 100
 - Bearded antelope
 - Take on, as in a project
 - Take gun away
 - Not our
 - Burlap fiber
 - Airy emanation
 - Cairo’s waterway
 - “Like a _____ to a flame”
 - *Starred with Blake in “A Simple Favor”
 - Some have them on the back of their head?
 - Swimmer’s row
 - Follows #29 Down, sing.
 - Year off

DO IT YOURSELF

As sad as it is to clean up the holidays, it’s time. And it’s important to cut corners and make your life a bit easier when doing so. Although we can’t reduce stress from the hustle and bustle of all the parties, we can make life a bit easier when it comes to the clean-up. Check out these ideas.

Store lights on a hanger for easy storage and unraveling. Place a file label on gift cards to track the balance. The saran wrap on the tree might be taking it a bit too far, but hey, who

are we to judge if that’s what you want to do! Other ideas include storing ornaments in coffee cans or egg cartons, separating breakables/non-breakables by tote and writing down a list of inventory and taping it to the outside of the tote or box. Use this time to get rid of anything you no longer want or need when it comes to your holiday decorations. Get the kids involved, have a good attitude and enjoy the moment when it feels like you just gained an enormous amount of space!



WHAT A JOKE

Self-Reflection

2019 Resolution: I need to teach my facial expressions how to use their inside voice.

Dieting Resolutions

2015: I will get my weight below 160 lbs.

2016: I will follow this new diet until I get below 180 lbs.

2017: I will work out once a day.

2018: I will work out once a week.

2019: I will try to drive past a gym at least once a week and eat fewer cookies.

New Year Prayer

Dear God,

So far this year has been great! I haven’t gossiped about my friends. I haven’t lost my temper. I haven’t been greedy, grumpy, nasty, cruel or rude. I’m so thankful. But in a few minutes, Lord, I’m going to get out of bed and from then on I’m probably going to need some

help to get through the New Year.

New Year’s Dream

Jenna was taking an afternoon nap on New Year’s Eve before the festivities. After she woke up, she confided to her boyfriend, “I just had a dream that you gave me a diamond ring at the stroke of midnight! What do you think that means!?” He answered, “You’ll find out tonight!” Right as the New Year was chiming, Jenna’s boyfriend handed her a wrapped gift. Delighted and excited she opened it. There in her hand was a book titled, “The Meaning of Dreams.”

If animals made New Year’s resolutions

T-Rex: Improve upper body strength

Shark: Live like EVERY week is shark week.

Turtle: Come out of my shell more

Grygla Lion’s Club holds Annual Membership Night

Salad Bar, Dinner Roll (\$21/ person w/ tax & tip included).

Please RSVP with your dinner choice to yohawns@gvtel.com or simply give them a phone call at 218-294-6197 by Friday, January 11th.

2019 Annual Membership Dues are \$35/year for individuals or \$55/year for couples. If you are unable to make the supper on January 19th, please pay your dues by March 1st.

New members are welcome and encouraged to attend!

Lion’s Motto: We serve!

Word of the Week

...enhancing vocabularies

one Grygla Eagle at a time.

Sippet

noun

1. A small piece of bread or the like for dipping in liquid food, as in gravy or milk; a small sop.

2. A small bit; fragment.

SIMPLY DELICIOUS

Written and made by Kari Sundberg, Eagle Editor

I was picking a “Word of the Week” up there and immediately wished I had some beer bread...with hot spinach dip...so it seemed like a good time to share that recipe.

Actually, I should give credit where it’s due – this recipe came from Angie Kiesow, who gave it to me years ago. I’ve been making it ever since because it’s so perfect – why go look anywhere else for another one?

I really love dipping beer bread in any type of dip (or soup), but my favorite is a hot spinach dip – so I’ll share that recipe for you, too. My plan is to lighten my carb load in 2019 (would it even be New Year’s without some kind of annoying diet resolution!? So cliché...I know...) anyway, I’m hoping to stick to that resolution which means I have to hurry and make this today or tomorrow and enjoy the carbs while it’s still 2018.

I just wonder now if my hubby has any beer in the basement fridge...!? (Insert a quiet, slightly sarcastic laugh here.)

Beer Bread

½ cup sugar

3 tsp. baking powder

1 tsp. salt

3 cups flour

1 can beer

Mix all together in a big bowl. (Don’t panic and think you need more beer. It always looks like it won’t be enough, but I promise you it is.) Put the mixture into a sprayed bread pan. Melt ¼ to ½ cup butter and pour over the top of the bread. Bake for 55 minutes at 350 degrees.

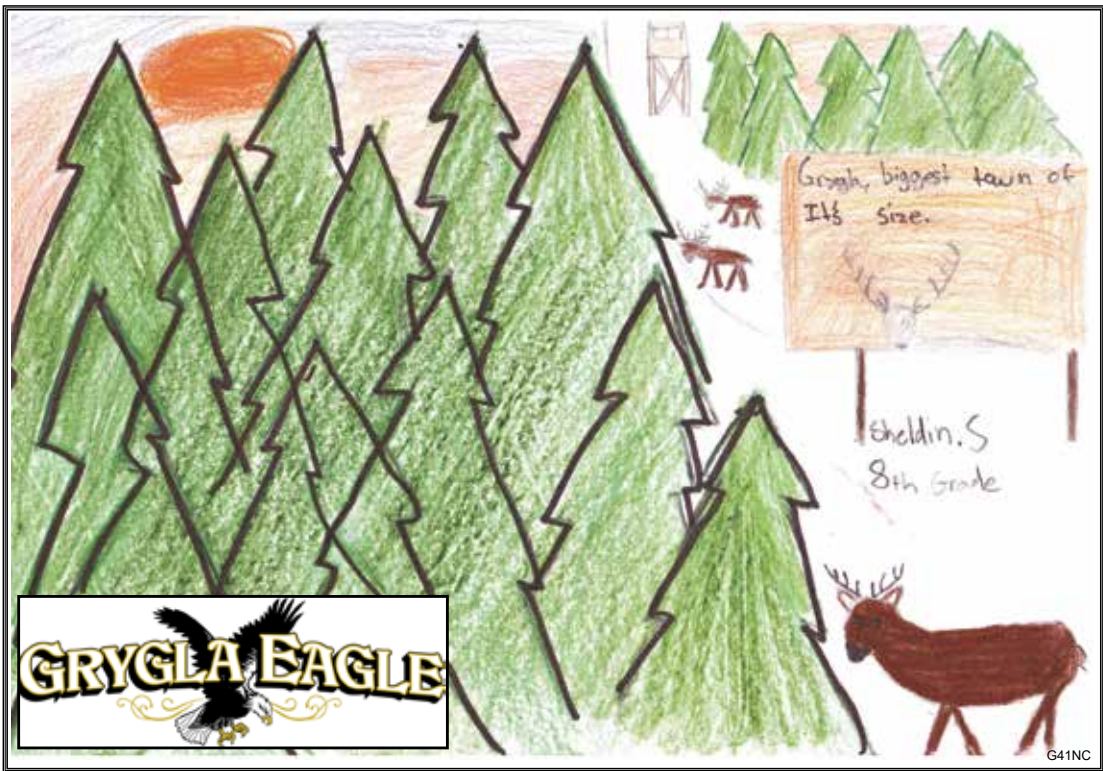
- Hot Spinach Dip**
- You guys, this is the best ever. I put everything in my little crockpot and just let the magic happen.
- 1 pkg. cream cheese
- 1 block/rectangle pkg. pepper jack cheese
- 1/4 cup parmesan cheese
- (I should mention that loving cheese is a MUST if you’re going to make this.)
- ½ cup sour cream
- ½ cup mayo
- Frozen chopped spinach, thawed and excess liquid squeezed out (However much you prefer.)
- Minced garlic, to taste
- Pepper, to taste
- Let everything get nice and hot and melted – that’s it! If it gets a little thick, you can add some milk to thin it out a bit.



“Happy New Year” coloring page

Whether grown-ups are looking for a quiet activity that helps get rid of restlessness and stress, or the youngsters want to keep their hands busy for a bit, below is a coloring page for you to be creative with!





The 2018 American State Bank Christmas drawing winners are: Charlize Davis (Girl's Wagon), Cooper Gast (Boy's Wagon) and Terry Cleven (\$150 Gift Card). Photos courtesy of Missy Saurdoff

Eagle Scratches - 2018 Year-In-Review

January-August to be featured this week with Sept-Dec. continuing next week.

January – Goodridge Teen, Jordynn Johnsrud, holds free-will musical performance with all donations going to Sanford Health Pathfinders Children's Treatment Center; Annual NYE Bash at United Lutheran Church in Gatzke; Goodridge School goes caroling at Digi-Key and Valley Home in TRF; Grygla's Teen Book Club meets monthly; Goodridge Lions/Student Council holds blood drive; Youngster Cooper Kangas, from Goodridge, prepares for his first snowmobile race of the season; Daniel Polansky is presented with the "NCAA Elite 90" award at the NCAA Division I Football Championship Banquet in Frisco, Texas; Fourtown/Grygla Sportsman's Club holds holiday/new member banquet; Charger athletes have their winter weeks filled with basketball; Thief River One Watershed One Plan holds open house in Grygla; 8th Annual Back Breaker's Vintage Snowmobile Show & Ride held in Grygla; Goodridge School crowns 2018 Snofest King & Queen – Andy Jones & Madi Race; Goodridge School hosts an entertaining night of donkey basketball; Grygla Senior, Jordan Herse, spends time with family in Japan; Grygla graduates named to MCAC Elite '17 volleyball teams – Shantel Verbout & Alison Satre; Parent's Night for the Chargers boys basketball players; Local students advance to Regional Spelling Bee; Iron Chargers gear up for state competition

February – 25th Anniversary of the Grygla Cup hockey tournament that results in a 13th consecutive win for the Grygla Flames; Fourtown/Grygla Sportsman's Club takes snowmobile trip to Rainy River Resort; Parent's Night for the Chargers girls basketball players; Iron Chargers receive invite to US Create Open; Grygla Fire & Rescue holds blood drive; Youth Ski Trip coordinated by

Faith Lutheran Church in Goodridge; Grygla Garden Club holds annual luncheon with guest speaker Joe Bergeson; A look inside B-N-E Tackle out of Goodridge – owned & operated by Brent Philipp; Alaina Monson awarded AAA; Grygla students participate in Knowledge Bowl; Oakland Park Communities crowns Dennis Sundberg and Ardell Roen, both formerly of Grygla, as their Valentine's Day King & Queen; Sarah Kiesow graduates from NDSU with a 4-year RN degree; Gatzke resident, Debbie Aune, exhibits her grain elevator paintings; Jeremy Rychlock gets inducted into the NCTC Athletic Hall of Fame; Fourtown/Grygla Sportsman's Club 1st Annual Snowmobile Fun Run is a success; Grygla Lion's hold annual potato klub supper with other clubs from Goodridge & Wannaska; Grygla Legion Auxiliary sponsors a pizza party for the Grygla School Patrol; Goodridge School hosts 5-6 grade basketball tournament with many help from parents and volunteers

March – Members of the Ice Devil's hockey team coordinate another youth hockey day at the arena in Grygla; Grygla/Gatzke Food Shelf begins March Campaign; Jesse Westbrook earns Master of Education degree from The College of St. Scholastica; Grygla LYO kids volunteer time at GF Mission; Wellness 4 Life (Essential Oils) classes begin in Grygla; Local choir students participate in vocal contests; Chargers girls basketball comes to an end for the season; Boys basketball heads into playoffs; GG Student Council attends Northwest Division Spring Summit; GG Schools participate in 'Read Across America' Day; Grygla Merchants hold annual customer appreciation breakfast; Mike Gast watches MN Twins Spring Training in Florida; Goodridge Trailblazers Snowmobile Club holds evening picnic at warming shelter near Goodridge; Ben Groven

scores 1,000 points in basketball; Boys basketball season ends in Fosston; Grygla Elementary Intramurals comes to an end; A Charger's Volleyball Fundamental Camp is held in Grygla; Honor Student, Brooke Limesand, nominated for the Congress of Future Medical Leaders in Boston, Mass.; Brian Rokke to retire after serving as an attorney to the people of Marshall County for more than forty years; George Wikert retires from Steenerson Township Board as Chairman; Big band leader, trumpeter & educator, Mike Vax, gave a presentation at the Goodridge School; Goodridge Lions/Lion Tamers "Spring Opener" is held; Grygla/Gatzke Jaycee's Club holds Easter Egg Hunt; Goodridge Area Fire & Rescue holds 14th annual Open House/Fundraiser; Goodridge/Grygla Alumni Basketball Tournament takes place; River Run Percheron farm welcomes you; 2018 Grygla Spring Fling is held, crowning King Peyton Verbout & Queen Abby Kiesow; Alaina Monson signs letter of intent to play volleyball for the Minnesota State Community & Technical College Spartans; Goodridge Schools holds "Night of the Stars" Talent Show; GG music students attend Junior High Honor Band & Choir Festival at Mahnomen High School; Six Star basketball award recipients include Ben Groven from the Chargers; Tim Schulz finds impressive elk sheds near Moose River

April – Goodridge School hosts dinner theater; Low number of elk in the Grygla herd is cause for concern; Annual Grygla Elementary basketball night is held; Post Prom Bingo is a hit with families in Grygla; Goodridge Area Historical Society hosts Easter activities in town; Megan Thompson takes her nursing work to Alaska over spring break; Grygla Firemen host annual supper; Grygla Lion's host their ever-popular Smelt Fry, serving 400-500 eager guests; Goodridge 5th

graders celebrate Ag Day; Trap Shooting begins for GG teams; Goodridge School National Honor Society holds tapping ceremony; Local leaders attend Student Council Convention; New scoreboard for the Grygla field; April Fools Senior Bingo returns; Jack & Jayne Miller, of Goodridge, are named Outstanding Conservationists; Marjorie Coan, Goodridge, presented with Rural Beautification award; Students receive awards at Visual Arts Festival; Iron Chargers attend one of the largest robotics tournaments in the world - held in Iowa; Chargers hold winter sports banquet; 1st & 2nd year Honor Band is held in Moorhead for local 5-6 grade musicians; Betsy Saurdoff is awarded Northwest Arts Advocate of the Year; Grygla First Responders complete their 2-year refresher course; Fourtown/Grygla Sportsman's Club holds annual ditch cleaning & picnic at Grande Corner; Goodridge Consignment Sale & Lion's Smelt Fry is a hit; Young Charger teams enter Pacesetters basketball tournaments; Grygla 3rd & 4th graders visit their Pen Pals at the Care Center in TRF

May – "You can't stop the beat" is the theme for Grygla's Spring Music Concert; Grygla 3rd graders go to the Marshall County Courthouse for Law Day; Goodridge 6th graders graduate from DARE class; The Shrine Circus is enjoyed by many young GG students; Grygla holds 2018 "Grecian Gala" Prom; U of M Crookston Senior Bryanna Grefthen defends honors thesis; Anthony Loken, Grygla Junior, breaks school record in the boys discuss throw with a throw of 122'9"; Grygla Lion's volunteer in the Adopt-A-Highway ditch cleaning; Grygla Lion's Club holds annual senior night at Yo-Hawn's; Grygla School holds annual "Evening with the Arts"; Grygla 6th graders share class trip highlights; Goodridge School holds 2018 "A Night in Paris" Prom; Vivian Coan breaks Chargers

Girls Shot Put school record with a throw of 31'1"; Grygla students launch canoes down a river of dreams; Charger Kindness Day takes place with students volunteering in the community; Grygla Library visits elementary classrooms at the school; Chargers Track Meet held in Warren; Grygla Class of 2008 holds 10-year reunion; Shannon & Denise Ostby bring their horses to the Thief River Care Center; Grygla Preschool invites families in to build bird houses with their children; Goodridge and Grygla Schools hold graduation; School's out for summer; Otto Hagen celebrates his 101 birthday; Delray Ruud retires from Machinewell after 31 years;

June – Picnic and movie in the Grygla City Park; Grygla Senior Citizens plan trip to Paul Bunyan Theater; Grygla's Chix from the Stix attend Relay for Life; "Yard of the Week" is back for the summer; Chargers Youth Baseball begins; Model Railroad is Joe Riehl's Hidden Hobby; Dariann Leigh to perform in Grygla; Monday Night Football begins for 6-12 graders; Folks have fun every Thursday in the Goodridge Sand Volleyball League; Charger's JO Volleyball is underway; Hometown friendly service is the goal of Advantage Ag Air; Garden Valley sends Jaden Kiesow to Washington, D.C.; Machinewell, Inc. helps local youth see the value in career and technical education; Council Minutes report that Motel 89 has been turned over to the bank; American Legion Posts send local students to Boys and Girls State; Fourtown Gravel Pit offers fishing fun for families; Summer League Basketball is held every Tuesday evening; Students participate in early morning Accel program at Grygla School Weight Room; Grygla Library holds Wild Things Zoo Attraction; Owen Hagen retires from the Grygla School after 42 years

July – Goodridge Freedom Festival Fun; Goodridge His-

torical Society celebrates 40 years; Grygla Senior Citizen's Club heads to Jasper's Theater; Brooke Limesand learns about the medical field in Boston, Mass.; Grygla Class of '84 holds reunion; After 29 years, Vicki Ruud retires from Machinewell; Northwood Church holds annual picnic up by Moose River; Grygla Accel group skips weight room and volunteers at the Food Shelf; Thelma Thomas steps down as President of the American Legion Ladies Auxiliary after serving for 29 years; Walter Jones heads to Texas and participates in a 4-H State Exchange Program; Doris Cleven is named "Outstanding Senior Citizen"; Grygla School's big gym makeover is complete; 27th Annual Grygla Open is held at Oakcrest Golf Course in Roseau; Local kids attend Summer Bible Camp; High School basketball team holds Chargers camp for young athletes; County Fairs begin with 4-H students entering projects/animals in exhibits; Goodridge family owns two Century Farms - Brian and Tracy Johnson; Grygla Lion's Club holds picnic in the park; Chargers youth baseball wraps up for the season

August – Ryan Petersburg dedicates his efforts to The Outdoor Adventure Foundation; "Here, There, In Between/ Grygla Fall Fest 2018" is held; Pathways Bible Camp comes to Goodridge; Alison Kangas opens her farm to many during the 2nd Annual Secret Garden Market; Goodridge Teachers of the 90's reunite at a luncheon; "Reading Takes You Everywhere" program comes to an end at the Grygla Library; Back to School Open House night is held; Lisa Erickson creates a pollinator friendly landscape around her yard; Tennis courts in Grygla resurfaced and made into both a tennis & basketball court; Chargers Fall Sports begin official season practices; Goodridge Class of 1968 reunion held at Jon Wilson's home; Wildfire contained

