



 Today Snow H 22 L 20	 Thurs Cloudy H 29 L 17	 Fri Partly Cloudy H 28 L 16	 Sat Partly Cloudy H 27 L 17	 Sun Snow H 24 L 16
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Wednesday, November 28, 2018

WE'RE ONLINE www.tricocanary.com

Vol. 45 Number 22

A look at next week ... Chargers basketball season has officially begun!



Let's hope for more snow on our local snowmobile trails! Members cleaned over 60 miles of trails last Saturday. *Photo courtesy of Jack Nelson, Fourtown/Grygla Sportsman's Club President*

Fourtown/Grygla Sportsman's Club members hit the trails

Though Minnesota snowmobile trails don't officially open until December 1st, Fourtown/Grygla Sportsman's Club members took their sleds out last Saturday, November 24th, and hit the trails. With little to no snow, the riding wasn't great, but the twelve volunteers set out to clear brush on over 60 miles of trails from Fourtown towards Waskish.

Members included Jack Nelson, Danny Haack, Kyle Haack, Robert Sundberg, Donald Wikert, Danny Carlson, Loren Pittman, Toby Holthusen, Joey Holthusen, Jake Sundberg, Tony Moe and Blair Holthusen.

Club President, Jack Nelson, says the remaining 80 miles of trails will be cleaned this coming weekend; the stretches include 50 miles north towards Williams and then west towards Gatzke.

Snowmobile trails still need more snow, cold temperatures

Submitted by Andrew Korsberg, DNR Parks and Trails Division, State Trails Coordinator

Early cold temperatures and several inches of snow in parts of the state have many snowmobile enthusiasts excited to take their first ride of the season, but most trails will need more snow before grooming can begin. Most of the state's snowmobile

trails are not yet ready for riding, according to the Department of Natural Resources.

Minnesota's snowmobile trails officially open Dec. 1 each year; and several conditions must be met before trails are open, groomed and ready for travel:

- The ground must be frozen. Where trails cross wetlands, 15 inches of ice is needed to support the weight of the trail groomers.

- Adequate snow cover, about 12 inches, must be on the ground to allow for trail packing and grooming.

- Trails must be cleared of fallen trees, signs put in place and gates opened. Snowmobile club volunteers and DNR staff are currently working on these tasks.

"While the cold air is helping the ground freeze, we still need more snow and thicker ice to access trail segments that cross wet areas for brush clearing and other maintenance," said Grand Rapids area supervisor Guy Lunz. "Crews are out now removing brush from trails where they can, and the pace will pick up as continued cold freezes the low-lying areas." Even after a chilly start to November, ice on most lakes is not safe for travel. The DNR recommends a minimum of 5-7 inches of new clear ice for snowmobiles.

When the trails open, the DNR urges riders to use caution. Early season trails may have trees or debris across them, unfrozen swamps and flowages, rocks or ruts, or standing crops and closed gates. Also, road ditches can have obstacles such as culverts, signposts and rocks.

While snowmobilers wait for the arrival of cold temperatures, now is a good time to make sure registrations are current, snowmobiles are in good operating order, review safety training, and check local trail maps for route changes or new trails.

Minnesota has over 22,000 miles of groomed snowmobile trails; more than 21,000 miles of them are maintained by local snowmobile club volunteers. Snowmobile trail maintenance costs are partially funded through the combined snowmobile registrations and trail sticker sales, and state gas tax attributed to snowmobile use. Donations and volunteer work by trail clubs make up the remainder of the costs and efforts to operate these trails.

Trail users are always encouraged to call in advance or research online to get local conditions for the area they plan to ride. State trail conditions are posted each Thursday on the DNR website at mndnr.gov/snow_depth/index.html.

Local youth compete on NBA court



The GG Chargers 7th grade team is coached by Joe Rubischko and David Jones. *Photos courtesy of Deanna Coan*

It was a fun experience for some Grygla/Goodridge/Gatzke boys last weekend as the young athletes got to play basketball on an official NBA court! The Chargers 7th grade boys basketball team, coached by David Jones and Joe Rubischko, played in a youth basketball tournament at Target Center on Saturday, November 24th. The tournament was lined up by David Jones, who was con-

tacted by the Thief River Falls coach, who asked if GG and RLCC would like to join them in Minneapolis. The Chargers played the Prowlers with the game ending in a 24-24 tie; the Prowlers scored a 3-pointer with just seconds left on the clock! They were unable to go into overtime due to the tight game schedule that day.

As part of the team tournament package, each player

received tickets to the Minnesota Timberwolves vs. Chicago Bulls game that night at Target Center! The Wolves won on the home court 111-96. The day was complete with some of the boys appearing on the Jumbotron and getting a few autographs from the NBA players.

The Chargers will play the Prowlers again on December 20th at Northland Community & Technical College in TRF.



Lewis Jones, Grygla 7th grader, playing against the Prowlers last Saturday at Target Center in Minneapolis. The game ended in a 24-24 tie. *More photos on the back page.*

You still have time to buy

The Marshall County "Sharing Tree Project" will soon be coming to an end as all gifts are to be returned to the tree location by Wednesday, December 5th.

The "Sharing Tree Project" is sponsored by Marshall County Social Services; it is an opportunity for the people of our communities to show their love and generosity by providing a Christmas gift to a child living in Marshall County.

Nine trees have been placed in Marshall County, along with the information needed to purchase a gift for this project. The trees are located at the following business, American Federal Bank, Bremer Bank, and Frandsen Bank & Trust— all in Warren; United Valley Bank in Argyle; KodaBank in Stephen; Frandsen Bank & Trust in Oslo; Border State Bank in

Middle River; Marshall County State Bank in Newfolden; and American State Bank in Grygla.

"It is truly amazing how generous the people of Marshall County have been in supporting this project over the years, we are blessed to live in such a caring community! It takes generosity from many people throughout the county to make this project possible. Marshall County Social Services thanks all those involved in making this project successful," states Stacey Urbaniak coordinator of the Sharing Tree Project.

There is still time to buy! If you would like to be part of this heartwarming experience, stop at one of the tree locations or call Marshall County Social Services at 218-745-5124.

Our Savior's to host annual Advent Supper this Sunday

This Sunday evening, December 2nd, beginning at 6pm, the pews will be packed at Our Savior's Lutheran Church in rural Grygla. It's the annual Advent Supper with musical duo, Lois & Lois, performing special songs for the crowd! In carrying on with the tradition, the ladies of the church will be

serving a delicious Christmas meal (with all the fixings!) immediately after. This festive event is a great way to kick off the holiday season that many make a yearly tradition. You are invited to attend, along with friends and family members. Please RSVP to Holly Rychlock at 294-6497.

Tile mural unveiled at Grygla School



A beautiful, colorful addition to the Grygla School was revealed on Monday, November 19th. Last year, Grygla School Art Teacher, Betsy Saurdiff, wrote a grant proposal to the Northwest Minnesota Arts Council to request a kiln for the Grygla School with a tile mural also being a part of that proposal. After being approved and awarded last spring, Mrs. Saurdiff lined up K-12 students and staff to paint/glaze a 6-inch tile as part of a Minnesota theme. The tiles were just recently installed by Sean Myhrer and Five Star Flooring and Tile, of St. Hilaire (Sean and his son donated their time

and materials), with the reveal held for students and staff the next day, November 19th.

This activity is made possible in part by a grant provided by the Northwest Minnesota Arts Council with funds appropriated by the Minnesota State Legislature from its general fund.



CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday, Nov. 28:
6pm Grace Choir, No Confirmation, 8pm Interfaith Bible Study
Sunday:
Grace: 9am Worship
OS: 10:30am Worship w/ 9:30am SS, 6pm Advent Celebration

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Sunday:
Calendar not yet received

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith Pastor Kristin Dahlen Ostercamp
Wednesday, Nov. 28:
7pm Confirmation Class for TRF Students, Location TBA
Sunday:
Ekelund: 8:30am Worship, 9:30am SS
Faith: 9:45am Worship, 11am SS
Bethany: 11am Worship, 9:30am SS
Monday, Dec. 3:
Ekelund Ladies Aid 10am at Goodridge Cafe w/ gift exchange

THE CATHOLIC COMMUNITIES OF
St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hamness
Sunday:

St. Clement's: 10:15am
St. Ann's: 12pm
BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship
COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseith
Wednesday, Nov. 28:
Wed. School/Conf. 5-7pm
Sunday:
St. Petri: 8am Worship, 9:15am SS
OP: 9:45am Worship, 8:30am SS
Nazareth: 10am SS, 11am Worship

LIBERTY CHAPEL
Grygla
Sunday:
9:30am Worship

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Grygla Community Blood Drive

It might look like a winter wonderland at times, but the winter weather is no wonderland for hospital patients who depend on blood to keep them healthy and alive. Grygla/Gatzke residents are gearing up for a community blood drive to help prevent possible blood shortages in the coming weeks. In areas with harsh winter weather, cold weather and storms often keep people from donating blood. With fewer donors, some parts of the country run the risk of having critical blood shortages. To make sure there's a dependable blood supply locally, Grygla Lion's Club has scheduled a community blood drive on Wednesday, De-

cember 5th, from 12:30-5:30pm. To schedule an appointment, call Ralph Rundell at 294-6177, Sheldon Peterson at 294-6176 or Mildred Klamar at 459-3436. Volunteer blood donors must be at least 16 years old, weight at least 110 pounds and be in good health. Additional height/weight requirements apply to donors 22 and younger, and donors who are 16-17 must have signed permission from a parent or guardian. To help speed up the process, donors can now complete their Health History the day of their donation by visiting www.vitalant.org

High School students have opportunity to win a trip to Washington, D.C.

Garden Valley is happy to sponsor two students to attend the NTCA Foundation for Rural Service (FRS) Youth Tour. Two high school students, age 16 or 17 at the time of the tour, and who receive services from Garden Valley may be eligible to win an expenses paid trip to Washington, D.C. for this FRS Youth Tour. The FRS Youth Tour will be held in Washington, D.C., on June 1 through June 5, 2019, for high school students who are age 16 or 17 at the time of the tour. The Youth Tour introduces the students to the telecommunications industry within a legislative context. If interested, please submit

(before February 1, 2019) an essay-style letter of application explaining why you are interested in attending and why you should be chosen to represent Garden Valley at the Youth Tour. Also, please provide your date of birth, parents' name, address and telephone number. If you have any questions please contact Lori Hole, Administrative Assistant at 218-687-2400 ext. 241. Must be a member of Garden Valley Telephone Company to qualify. Submit letters of application to: Personnel & Administrative Manager, Garden Valley Telephone Company, P.O. Box 259, Erskine, MN 56535 or email office@gvtel.com

Community Calendar

Wed | Nov 28
Grygla Eagle office open 10-6pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm

Thurs | Nov 29
BBB/GBB Double Header vs. Clearbrook/Gonvick in Goodridge (No JH games; Girls JV at 4pm, Boys JV at 5:15pm, Girls V at 6:30pm, Boys V at 7:45pm)

Fri | Nov 30
Senior Meals at Grain Bin Café 11am; BBB at Menahga (C, JV, V); GBB at RLF (all teams)

Sat | Dec 1
Snowflake basketball practice in Grygla 9-11am; Junior High GBB/BBB tourney in Roseau; American Legion Christmas Party at Yo-Hawn's 6pm

Sun | Dec 2
Our Savior's Lutheran Church Advent Celebration 6pm

Mon | Dec 3
Senior Meals at Grain Bin Café 11am; GBB vs. F/C in Goodridge

Tues | Dec 4
BBB vs. SAC in Grygla

To get any community events on the calendar, please email grygla.eagle@gmail.com or call 294-6220.

NOTICE
Minnie Township Board will meet at the Minnie Town Hall 65964 Fourtown Road NW on December 6th, 2018. Meeting will start at 2:00 PM.
Minnie Township
Ray Hendrickson, Clerk
11/23/18

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School Lunch Menus

Grygla Lunch Menu
Wednesday, November 28th: Hot Dogs and Fries
Thursday, November 29th: Chili w/ Crackers, Cinnamon Rolls
Friday, November 30th: Sub Sandwiches, Chips, Salad Bar
Monday, December 3rd: Lasagna, Vegetable, Fruit, Garlic Bread
Tuesday, December 4th: Pizza, Vegetable, Fruit

Goodridge Lunch Menu
Wednesday, November 28th: Hot Ham & Cheese on a Bun, Baked Beans, Tossed Salad, Pineapple
Thursday, November 29th: Chili w/ Cheese & Crackers, Broccoli, Carrots & Celery w/ Dip, Apples, Oranges, Cinnamon Roll
Friday, November 30th: Polish Sausage on a Bun, French Fries, Corn, Bananas
Monday, December 3rd: Hamburger Patty on a Bun w/ Toppings, Oven Fries, Tossed Salad, Oranges, Apples
Tuesday, December 4th: Chicken Nuggets, Corn, Mandarin Oranges, Bread

A big thank you to the Charger Volleyball team for their generous contribution recognizing cancer victims. I'm giving the cash donation back to the Charger Volleyball program, as well as a donation to the St. Jude Children's Research Hospital.
Thank you, Ronald Engelstad

Statepoint Crossword

Theme: Cartoon Characters
ACROSS
1. Middle Eastern staple
6. What I do with my little eye?
9. Cookbook abbr.
13. Potato State?
14. Romanian money
15. Sign of a saint, pl.
16. *Rabbit's first name
17. Brow shape
18. Like Bananas Foster
19. *Scooby-Doo's best friend
21. *Eric of "South Park"
23. *Mr. Duck, to friends
24. Hippocrates' promise
25. TV tube in days yore
28. Vegan's staple
30. Islamic scholars
35. Hems and ____
37. *Tramp, e.g.
39. Mountie uniform fabric
40. A lightbulb signifies one in many comics
41. Straight ones in a drafter's toolbox
43. Agitate
44. Wharton's "The House of ____"
46. *What Charles Schulz did with Snoopy
47. *Flapper Betty
48. *The Sailor Man
50. Black cat, e.g.
52. Abba song
53. Front part of a ship
55. *#48 Across' Sweet ____
57. *Pink feline
61. *The youngest Griffin
64. Musical composition
65. 2nd largest bird in world by height
67. Mends a sock
69. Beauty shop
70. Chowd down
71. Grind down
72. ____-a-whirl
73. VHS successor
74. Slow on the uptake

DOWN
1. Club on a card
2. Beware of these in March
3. Strip of wood
4. In the lead
5. "____ Your Password?"
6. Kill a dragon
7. A pop
8. New Mexico's state flower
9. Bunch of hair
10. Hat part
11. First name in frozen deserts
12. Hammer part
15. Port in Denmark
20. *Gnomeo or Juliet
22. Cash dispenser
24. Become too mature
25. *Paul Frank's Julius
26. AM/FM device
27. Pipsqueak
29. *He's "hunting wabbits"
31. *Phineas' friend
32. *Huey, Duey, Louie and Blossom, Bubbles, Buttercup, e.g.
33. *Chilly Willy's home
34. Oozes
36. Fill beyond full
38. Do like bees
42. Hid under a rug
45. What Toulouse-Lautrec and Zeta-Jones have in common
49. "But I heard him exclaim, ____ he drove out of sight,"
51. Vital
54. Artemis' companion
56. In the know
57. Attention grabber
58. Antioxidant-rich berry
59. He's one behind Belichick

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Chargers Girls Basketball at Red Lake Falls
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Be Charger Kind

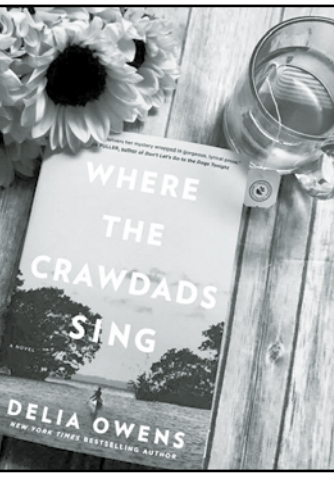


The Grygla School is recognizing acts of kindness. Students are encouraged to write down their peers' names and acts of kindness that they witness and put the slips into a bucket. At the end of each week one elementary student and one high school student are chosen and they receive a t-shirt. Charger Kind winners recently chosen, L-R: Harper Severts and Blake Stanley. Photo courtesy of Tausha Severts

GRYGLA LIBRARY LINK

Written by Kari Sundberg, Grygla Librarian
A couple of things for you guys this week. Next Wednesday, December 5th, I will not be at the Grygla Library, however, as of right now, we will still be open with my boss, Kristi Hanson, filling in for me. I am heading to New York City on a trip that will include a much-anticipated visit to the New York Public Library! EEEEE! I absolutely cannot wait to walk through those doors and I'm fairly certain my eyes will actually spill out tears the moment I walk through the Rose Main Reading Room. Ugh. I will most definitely share a photo or two with you guys in my library column when I return. Next up, mark your calendars for December 13th. The Canadian Pacific Holiday Train will be stopping in Thief River Falls this night at 7:30pm. People love to arrive plenty early to get a good parking spot, which leaves a couple hours with not much to do. The Thief River Falls Library has got you covered. They have scheduled Robert the Magician, who is SUPER entertaining, to perform in the library at 5pm on that Thursday. Bring your kids - bring your friends - go watch the show at 5pm, enjoy some refreshments and make a whole evening out of it before the Holiday Train pulls into town! Sounds like a great night to me. Lastly, I have a book suggestion for you. Where the

Crawdads Sing is for anyone looking for an incredible story to read. I had HIGH expectations for this book and they were easily exceeded. Go read the overviews/reviews or just trust me and dive right in. Without going into too much detail or giving too much away, I will keep my summary short and sweet: the story is set in the 1950's/60's in a North Carolina coastal community. A young girl is abandoned by her entire family leaving Mother Nature to step in and raise her in the marsh she calls home. Her isolated, dirt-poor upbringing fails to shield her from heartbreak or an accusation of murder. Where the Crawdads Sing is a story of resiliency, survival, hope, love, loss, loneliness, desperation, prejudice, determination and strength. One review summed this novel up perfectly: "This writing is so alive you can almost hear it breathing."



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60. Mother Goose "Dame ____ and Her Cat"
61. What victim did in court
62. Fairway club
63. Book ____, pl.
66. *Beavis and Butt-Head" channel
68. "____ Spot go"

Grygla kids go on LYO trip to Luther Crest Bible Camp

Written and submitted by Jamie Aune

A group of Grygla middle school students joined others their age at the 2018 NWMN ELCA Synod Middle School Youth Gathering Saturday, November 17th, and Sunday, November 18th. The gathering was held at Luther Crest Bible Camp in Alexandria, MN. Those attending were Addison Severts, Anna Sundberg, Ava Sorvig, Kinsley Oslund, Allie Sundberg, Gavin Aune, Reece Sundberg, Brody Saurdiff and Sheldin Sundberg. Chris and Jamie Aune chaperoned.

Those attending were there less than 24 hours, but those 24 hours were packed full of fun activities, speakers, music and the opportunity to walk away with a stronger connection to God. This year's theme was "Justice League." Super heroes are popular now, but in Jesus we have the greatest "super hero" of all. But we, too, can be super heroes. We can all make a difference and work toward the justice that is expressed in the guiding verse of the weekend, Amos 5:24 "Let justice roll down like waters, and righteous like and ever-flowing stream."

On Saturday, it started with a little play time in the gym before all headed to the dining hall for dinner. After dinner, everyone headed to the chapel to listen to the first keynote speaker, Pastor Sue Koesterman, Executive Director for Churches United for the Homeless in Moorhead, MN. She gave an insight to the very real problem of homelessness in the Fargo-Moorhead area. Bishop Larry Wohlrabe also spoke and taught everyone how to say two words in Hebrew. The first word was "mishpat," which means "justice," and the second word was "tzedakah," which means "righteousness." The last to speak was the Chaplain and Theme Weaver for the weekend, Pastor Elizabeth C McHan. She is the campus pastor at Concordia College in Moorhead. During this assembly, fun games were also played and worship music was led by members of Red River Worship. Following the assembly,

it was time for "Night Life!" This included a dance, open gym, a movie, board games and a chance to meet some really neat animals! There was a python and hedgehog that were available to be held (Jamie held the python and Addison held the hedgehog), and there were other critters, bugs, and neat facts about lots of different wildlife.

The next morning started out with a huge breakfast and then everyone headed to the chapel again for the next assembly. Here, the second keynote speaker was Pastor Jake Anderson who is the Associate

Pastor at Bethlehem Lutheran Church in Fergus Falls, MN. He shared information about his congregation's Deacons Fund. This is an emergency assistance ministry to help people with food, gas, utilities, a hotel room to give people a night or two off the streets. Pastor Jake believes that just as God gave himself as a blessing for us, we are called to offer our lives as God's blessings to each other. After this assembly, the students broke out into 3 different groups and went through 3 different rotations. The first rotation was a simulation. This gave students a chance to think

about real world problems (for example our resources), and how we can preserve them. The second rotation included some fun team building games in the gym, and the last rotation had the students put together donated items to make "blessing bags" for the homeless. Lunch was served in between, and the day ended with the last assembly, which included more music, games, communion and a worship service.

On the way home, the students agreed that the weekend was a blast, and they would definitely attend again.



The girls attending the Middle School gathering, L-R: Allie Sundberg, Anna Sundberg, Ava Sorvig, Addison Severts and Kinsley Oslund. Photos courtesy of Jamie Aune



The crazy and wild guys who attended the LYO gathering, L-R: Gavin Aune, Brody Saurdiff, Sheldin Sundberg, Reece Sundberg and Chris Aune (chaperone).

"Little Lion, Little Lamb" to be presented by the Greater Middle River Community Choir

Director Barb Geer is excited to announce that, once again, area musicians from several communities have joined forces to present yet another cantata for the Christmas season. This year's selected work is "Little Lion, Little Lamb," composed by Heather Sorenson.

Composed in both traditional and blended choral stylings, "Little Lion, Little Lamb" weaves the historic symbolism of both the Lion of Judah and the Lamb of God into the Christmas story. Through original songs and traditional carols, singers and listeners are reminded that this story is not just an event in history, but a "living story" that impacts the world today. Narration, solos, congregational participation and children's voices all work together to make this cantata a time of both celebration and worship.

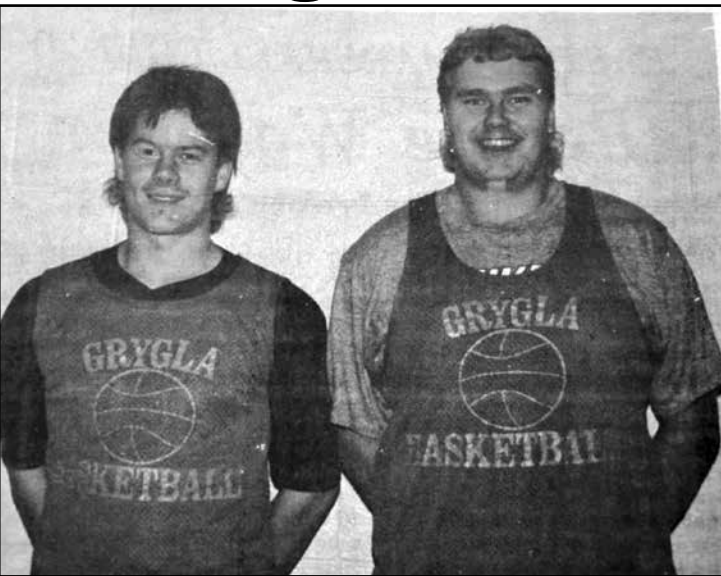
The composer of this work writes, "I've never been one to really think of that first Christmas night as being peaceful, silent, calm...all the things we like to think about Christmas! When I think of the first Christmas, I think of Christ coming to a world filled with chaos and adversity - much like today. I think of His people waiting for a Deliverer - much like today. A beautiful recurring thought I had while writing 'Little Lion, Little Lamb' was that the story of Christmas is still a living story. When our Lion of Judah comes into our lives, everything changes: we are healed,

we become clean, we are changed forever! As I was writing this cantata, I prayed over each note and word. I prayed for the choirs who would sing and the congregations who would hear."

And many will have the opportunity to hear Heather Sorenson's great work, "Little Lion, Little Lamb." Performances throughout the area will begin on November 30th and continue through the first weekend in January at the following locations: Friday, November 30, 2pm - Hallock Nursing Home; Saturday, December 1, 1pm - Valley Home TRF; Saturday, December 1, 2:15pm - Greenleaf TRF; Saturday, December 1, 3:30pm - Thief River Care Center; Sunday, December 2, 9am - Bethlehem, Newfolden; Sunday, December 2, 11am - First Lutheran, Middle River; Sunday, December 9, 9:30am - First Lutheran, Karlstad; Sunday, December 9, 11:30am - Nazareth Lutheran, Holt; Sunday, December 9, 2pm - LifeCare, Greenbush; Sunday, December 16, 10am - Our Savior's & United Lutheran (combined service at Gatzke); Sunday, December 16, 11:30am - St. Joseph's, Middle River; Sunday, December 23, 10:30am - E-Free, Newfolden and Saturday, January 5, 6pm - Assumption Church, Florian.

Get in the true spirit of Christmas by joining these singers at any one of their performances in the upcoming month.

Turning back the clocks thirty years



(Dec. 1st, 1988) - Players of the Week
Chris Aune and Wayne Nomeland were named co-players of the week at Grygla High. Chris Aune, 6'1" sophomore, scored 22 points in the "B" game and grabbed 17 rebounds. He also had 3 steals and 3 assists. Wayne Nomeland, 6'4" senior, scored 9 points in the "A" game and had 7 rebounds, 1 assist and was noted for his defensive plays inside!

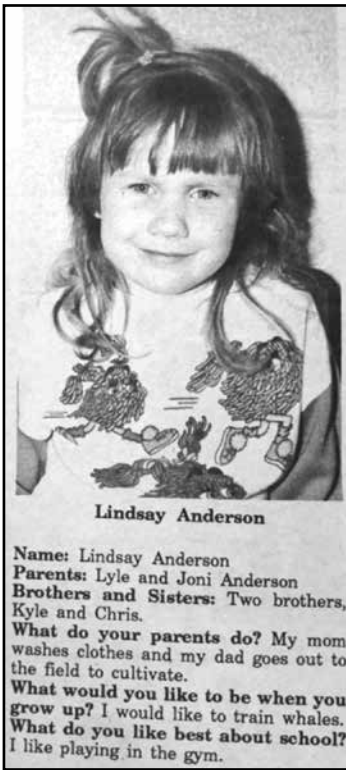


Brad Holte, 6'3" junior, was named player of the week by his coaches in Grygla. In 2 games, Brad scored 25 points, had 17 rebounds, 6 steals and 4 assists. (December 15th, 1988)



Meet a Grygla Kindergarten Kid!

(Dec. 8th, 1988)



Left: A Christmas tree lighting ceremony was held in Grygla last Friday. Many people gathered to see the lights turned on the community tree in the center of town. The Women of Today served apple cider to all who came! (December 8th, 1988)

A Note from Principal Lunsetter's Desk

"When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living. If you see no reason to give thanks, the fault lies in yourself." ~ Tecumseh

Basically, we should give thanks for everything in our life, because nothing really happens "to" us, but instead, it happens "for" us. We have the opportunity to take something positive out of each event and each person in our lives. But it is a choice. We can either be thankful for these people and things, or we can be bitter and grumble about all of it. In addition, when we CHOOSE to give thanks for everything, we no longer have the time or the urge to dwell on the negative.

Word of the Week ...enhancing vocabularies one Grygla Eagle at a time.

Serry

verb

\ser-ee\

Archaic. To crowd closely together.

SIMPLY DELICIOUS

Written and made by Kari Sundberg, Eagle Editor

Peanut Butter Banana Smoothie

This creamy smoothie comes together in just a few minutes with only a few ingredients and it's so good that you'll want it every day for breakfast or a snack. My kids ask me to make it for them ALL the time. I don't measure as everyone likes the consistency a little different, so add the following ingredients until you get your desired thickness.

Greek Vanilla Yogurt - a few big scoops

Bananas - we use two

Peanut butter - a decent-sized dollop

Vanilla Extract - a teaspoon or two

Milk - just a splash to thin it out

Ice - a cup or two

Put everything into the blender and that's it! I've even added a little cocoa powder and oatmeal to these smoothies - such a fulfilling snack that we love at our house.



A HIPPIE'S HEALTH

Written by Tara Waltman

It's that time of year - Thanksgiving. To be thankful and grateful for people in our life, what we have and what we have been given.

I am thankful for my family and friends. For my job and my business. I am thankful to have a car, a house and a bed to sleep in each night. It's also a time to think about those who are less fortunate. Those whom may not have a house to live in, a bed to sleep in. To think of those whom don't have family or friends. That are ill or struggling with depression or loneliness.

It's time to think of those who are suffering.

It allows us to put things in perspective when we are irritated that we are stuck in traffic or that we got a flat tire

or the wrong order for takeout. Things could be worse. It's important to be grateful for what we have. Our health. Home. Friends and family. Be thankful. Pray for those who are less fortunate. Or better yet reach out to those who might be lonely or suffering. Volunteer. It is that time of year to be grateful and to be compassionate to others more than anything else.

Tara Waltman is a licensed clinical social worker doing outpatient therapy working on health and wellness for people. She is also a Young Living Essential Oils consultant. She is the daughter of Darell and Karen Severts, of Grygla, and resides in Lancaster, Pennsylvania, with her family. She will be contributing a health and wellness column weekly.



A photo from Thanksgiving! Courtesy of Tara Waltman

WHAT A JOKE

It's so cold...

It's colder than a brass toilet seat on the shady side of an iceberg.

It's colder than a day-old dumpling.

It's colder than skinny dipping in a snow storm.

What is the opposite of a cold front?

A warm back

What did the big furry hat

say to the warm woolly scarf?

You hang around while I go on ahead.

What's an ig?

A snow house without a loo!

It's so cold...

The dogs are sticking to the fire hydrants.

Grandpa's teeth are chattering...in the glass.

When we milk the cows we get ice cream.

DO IT YOURSELF

DIY Dried Orange Garland

Want to try some natural/ from scratch Christmas garland ideas? It would be so much easier to buy something out of a store and hang it, but wouldn't it be more fun if it was homemade? Not only will this one look amazing, but it'll smell amazing, too.

Have you ever made a dried orange garland? The drying process takes some time, but overall it's pretty easy to make and looks very pretty at the holidays.

Materials

Oranges

Whole bay leaves

Cinnamon sticks

Twine

Process

Start by slicing oranges about 1/4 inch thick and placing them straight on the oven rack. Bake at 200 degrees for about 4 hours, turning every hour or so. Next, gather your bay leaves in a bowl. Then, drill holes in the middle of the cinnamon sticks. You can also just wind the cinnamon sticks around the twine

as you go. (Drilling takes more time, but the cinnamon stick stays in place better.) Now all you have to do is string them together. You can do any pattern you prefer, but start with a cinnamon stick. It is helpful if you have a large embroidery needle, but you can always use a paper clip or even a piece of wire.

If this garland seems too time-consuming, you can always just string some popcorn and cranberries - who doesn't love that at Christmas time!

Get crafty this holiday season.

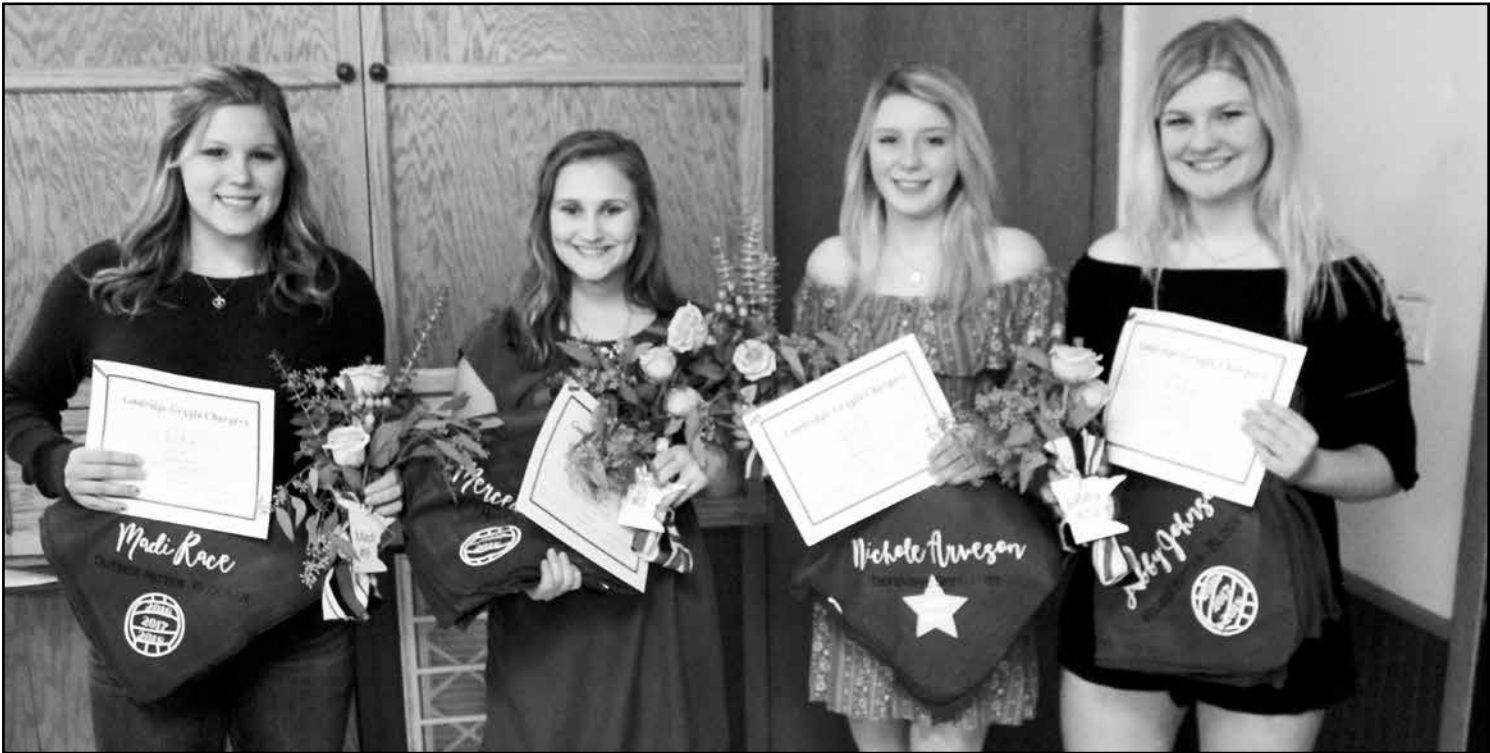


Local youth compete on NBA court

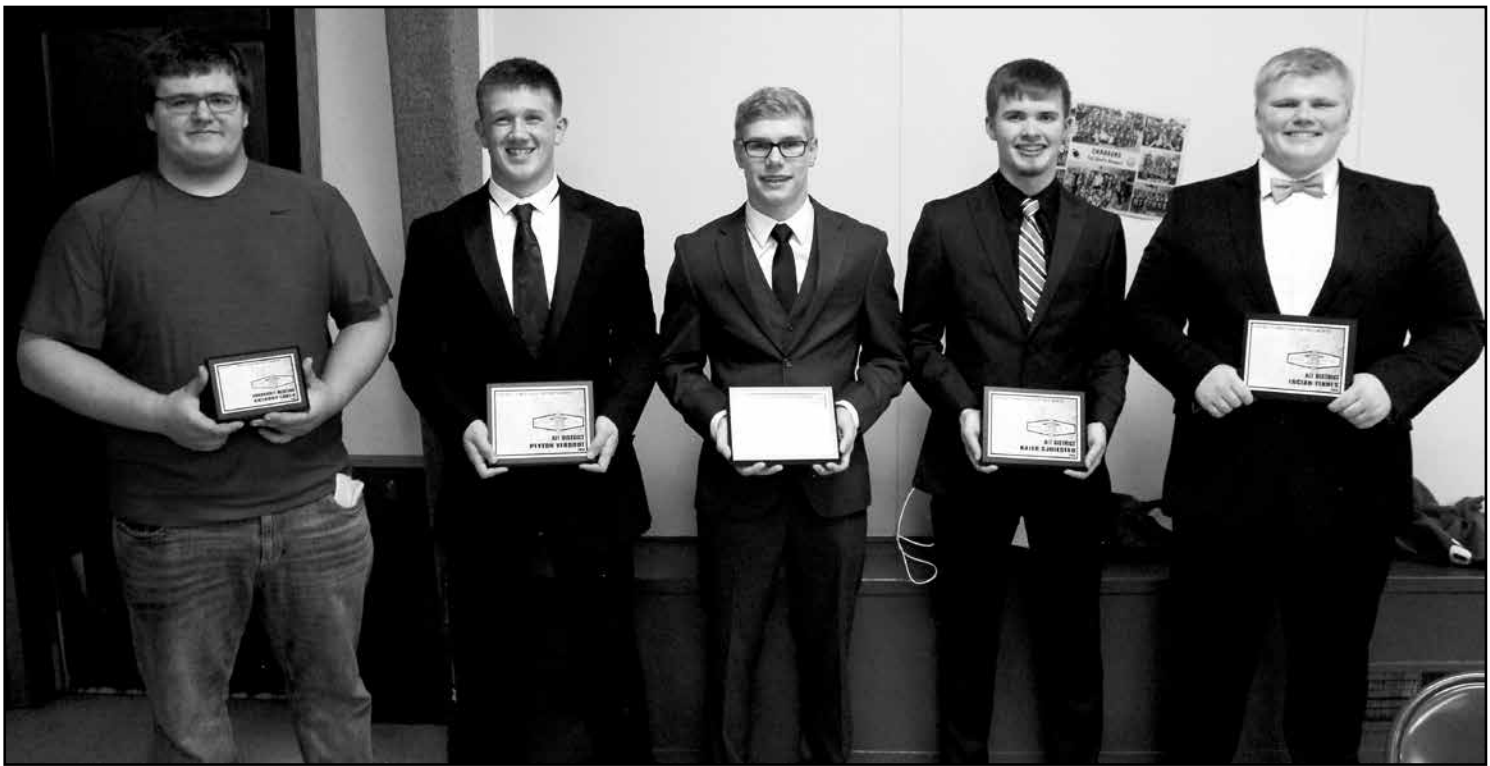


(Write-up on front page) Blake Rychlock at the free throw line last Saturday at Target Center in Minneapolis.

Chargers hold their Fall Sports Banquet



The Fall Chargers Sports Banquet was held last week on Monday, November 19th, at the Grygla Community Center. The banquet was catered by the Grygla Lions. The hard work and achievements of the students were recognized and awards were given. Senior volleyball girls recognized, L-R: Madilyn Race, Mercedes Coan, Nichole Arveson and Libby Johnson. Banquet photos by Grygla Eagle Newspaper



Above: District 9 West – Sub-District 1 North Football awards

L-R: Anthony Loken (All Sub-District Honorable Mention/Chargers Most Valuable Defensive Lineman); Peyton Verbout (All Sub-District/Chargers Co-Most Improved), Jaden Kiesow (All Sub-District/Chargers Team Most Valuable Player), Kaleb Sjulestad (All Sub-District/Chargers Most Valuable Defensive Back) and Lucian Tinnes (All Sub-District/Chargers Most Valuable Offensive Lineman).

Jaden Kiesow also received Academic All-State and will be recognized at halftime of the High School All-Star Football game held in the U.S. Bank Stadium on December 15th.

Not pictured: Hudson McMillin (Chargers Coaches Award) and Aaron Jones (Chargers Co-Most Improved)



Above: Northern Lights Conference Chloe Kuznia (Honorable Mention) and Maci Bakken (All Conference)



Above: District 9 West – Sub-District North 2018 Jaden Kiesow (Offensive Player of the Year) and Lucian Tinnes (Lineman of the Year)



Vivian Coan, Goodridge Sophomore, was presented with the Chargers 2018 Most Improved Volleyball Award.



Emily Johnson sang a musical selection at the Chargers Fall Sports Banquet on Monday, November 19th, at the Grygla Community Center.



Look how much snow there was 20 years ago this time! No complaining - it could be worse! This photo was taken on November 26th, 1998, after almost 2 feet of snow fell! You can barely see Carter Torgerson trying to clear the high snow piles from the streets of Grygla.

Turning back the clocks twenty years

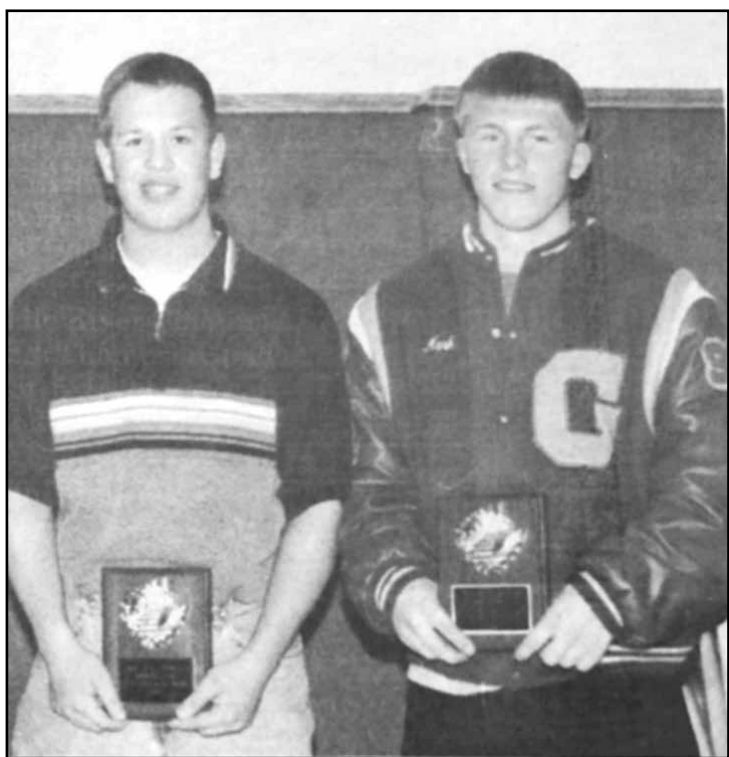


(November 26th, 1998) Assistant Football Coach Greg Monson presented Head Coach John Wilebski with a smashed football helmet trophy for surviving his first year as head football coach!



(November 26th, 1998) Above: Blue Devil football awards were given to these Goodridge/Grygla players by Coach John Wilebski: Co-Best Defense to Mark Haugen (left), Most Valuable Offense to Seth Vetteson (middle), Most Improved to Luke Nordvick (right).

Below: Blue Devil Award to Bryan Bjerklie (left), Co-Best Defense to Mark Haugen (right).



Interesting Headlines

If any of these headlines catch your attention, make sure to come check out the 1998 Grygla Eagle book! (These are all taken from Nov/Dec 1998.)

- No upsets in local elections
- Grygla Sporting Goods now open for deer hunting
- Reward offered for moose slayer
- City of Grygla approved for apartment building
- Lundquist joins staff at Grygla SWCD office
- Five-day kindergarten considered by school board
- Grygla Penny Wars to benefit Jim Lane family
- Real Estate transactions in East Marshall County
- Eagle team is rebuilding
- Grygla students nominated for state ExCel awards
- City of Grygla Tree Lighting
- When low-fat isn't low-cal
- News About People
- Deer and ice cause multiple accidents
- Names continue to fill Memorial Trees in Grygla
- Torgerson releases "Unique Prescription" CD