



Today
Scatt Tstorms
H 83 L 60



Thurs
Sunny
H 79 L 57



Fri
Sunny
H 82 L 62



Sat
Sunny
H 85 L 67



Sun
Scatt Tstorms
H 85 L 61

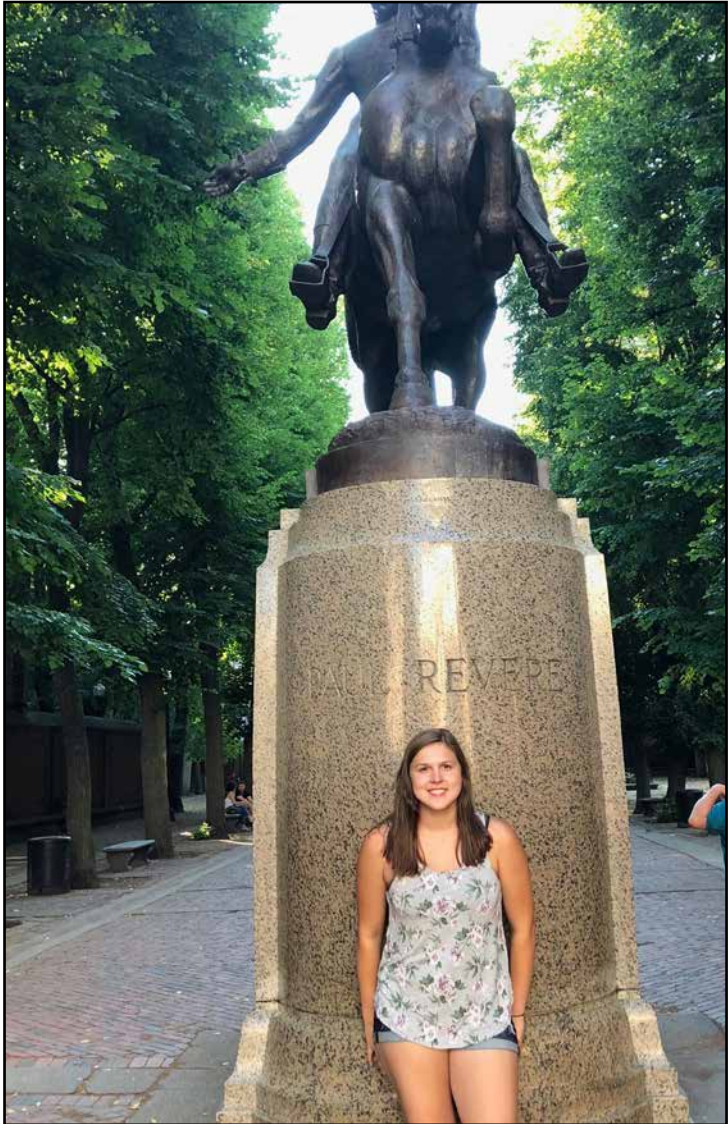
Wednesday, July 4, 2018

WE'RE ONLINE www.tricocanary.com

Vol. 45 Number 1

Let Freedom Ring!

Gatzke teen learns about the medical field in Boston, Massachusetts



Brooke Limesand is pictured along the Freedom Trail in Boston, Massachusetts, last week.

Written by Kari Sundberg, Eagle Editor

Brooke Limesand, daughter of Glenn and Charissa Limesand, of Gatzke, graduated from Grygla High School in May and has already embarked on a huge journey that will play a role in her future medical career.

A Delegate to the Congress of Future Medical Leaders, Brooke joined thousands of young adults in Massachusetts last week. The three-day Congress at UMASS Lowell is an honors-only program for high school students who want to become physicians or go into medical research fields. Brooke's future career plan is to become a Biochemist, more specifically, a Biomedical Scientist who studies viruses and associated diseases to monitor the effectiveness of vaccines.

The purpose of the Congress in Boston is to honor, inspire, motivate and direct the top students in the country who aspire to be physicians or medical scientists, to stay true to their dream and, after the

event, to provide a path, plan and resources to help them reach their goal.

While in Boston, Brooke came face-to-face with winners of the Nobel Prize, award-winning young inventors and scientists, top medical school deans and leaders in medicine. She was also witness to stories told by patients who are living medical miracles and learned about cutting-edge advances in medicine.

The Congress took place at The University of Massachusetts Lowell on June 25-27. Brooke and her parents arrived Sunday morning, June 24th and flew back home Saturday, June 30th. They enjoyed some vacation time and sight-seeing while on the east coast! Below, Brooke shares highlights of her experience with us.

Sunday: After getting settled into their hotel in Burlington, Brooke and her parents made the 10-minute drive back to Boston where they went to Cheers for supper – like the restaurant/bar that is based off the TV show!

Monday: The Limesands went to Little Italy, which is a neighborhood in Boston. They went to Mike's Pastry, which Brooke said is known as one of the best places in Boston to get Boston Cream Pie! After trying (and loving) it, they headed to UMASS Lowell so Brooke could get settled in for the Congress of Future Medical Leaders. She ended up staying in a dorm with three other Minnesota girls. That afternoon, the group gathered at the Tsongas Center and spent hours listening to amazing and inspirational people. "Every single speaker inspired me in a different way, however, Bohdan Pomahac, M.D., and Carmen Blandin Tarleton were the most inspirational that night. Bohdan Pomahac was the first person to ever do a full face transplant and Carmen Blandin Tarleton was the first person to ever receive a full face transplant," Brooke shared. She listened to the story of Carmen and how doctors called it "the most horrific injury a human being could suffer." Carmen's husband had beat her with a bat and doused her with industrial-strength lye. Brooke added, "She was so inspirational about never giving up on your dreams and living your life from the inside out."

Tuesday: Among the many doctors and inspirational speakers this day, the stand-out for Brooke was Rick Sacra, M.D., who was a survivor of Ebola. Brooke recaps, "He moved to West Africa when his wife was asked to teach there. August 29, 2014, he got Ebola; he had come back to the US and was infected with it for 21 days. However, he got better and went back to West Africa to open up a hospital because a lot of them had closed due to the Ebola outbreak." Brooke says she didn't get back to her dorm until after 11pm that night. Every day, the group got two hours for lunch and two hours for supper – that was about the only free time they had over the duration of the Congress. But during these times, all of the speakers and doctors would be set up with long lines of people waiting to get a picture and speak with them.

Wednesday: This day, Brooke had an incredible opportunity that would take her off campus. She watched a live Robotic Hysterectomy Surgery. "I got to see inside the body and watch the surgery. The doctor explained every move so no one could be confused on what was

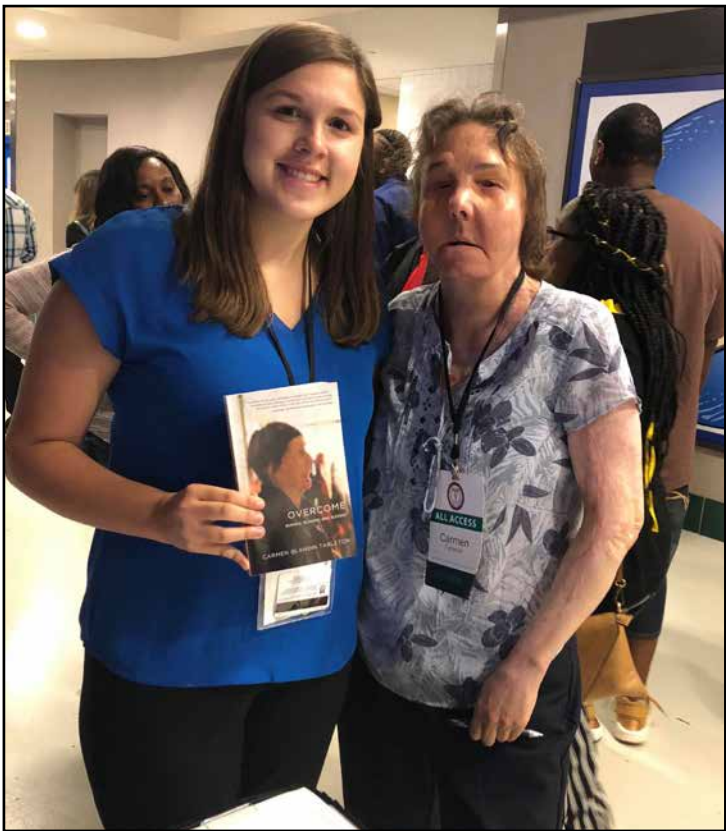
going on," Brooke explained. She also noted that her favorite speaker on this day was Michael S. Brown M.D., Nobel Prize winner, who shared with the group his steps on earning the prestigious award that he was given for his discoveries concerning the regulation of cholesterol metabolism. At the end of this day, a dance was held to end the Congress. Brooke said about 4,000-5,000 Delegates attended the Congress in Boston!

Thursday: Thursday morning, Glenn and Charissa arrived back to the campus after enjoying a few days exploring around Maine and New Hampshire. They picked up Brooke and headed to Salem, Massachusetts, where they went to a witch museum and house. Brooke says since she was in Salem, she thought she should go to a psychic reader and deemed it pretty interesting! Afterwards, they drove back to Boston. That evening they went to Fenway Park, the oldest baseball park in America, and watched the Boston Red Sox vs. Los Angeles Angels game!

Friday: Brooke said the highlight of this day was going to Gloucester, Massachusetts, where the TV show "Wicked Tuna" is based out; they even saw a couple of the boats that are featured on the show. This day included the Limesands walking the Freedom Trail in Boston, which includes many historical sites along the 2.5 mile route, like the cemetery where John Hancock and Paul Revere are buried, Site of Boston Massacre, Paul Revere House, Old North Church, Bunker Hill Monument, Boston Common and more!

Now back in Gatzke, Brooke is spending the rest of the summer working on her family farm before college starts in the fall. She will attend Bemidji State University to obtain a Biochemistry degree.

When visiting about her experience, Brooke was so appreciative of the support she received in order to make the trip possible. She said her grandma, Sue Aune, sold one of her hand-made quilts for \$500 in order to help pay for this voyage, along with many other people that chipped in to help. "I can't even express how thankful I am to everyone who helped provide funds. It was an experience that I will never forget and one that I'll be able to apply towards my future education and career," Brooke concluded.



Brooke is pictured with Carmen Blandin Tarleton, who shared her story with the group of future medical leaders in Boston, and also authored the book *Overcome*.



With Brooke is Richard Rossi, the Congress of Future Medical Leaders Founder and Executive Director. Photos courtesy of Brooke Limesand.



There was a small reunion amongst Grygla's class of '84 last week! Georgianna (Jesme) Mitchell hadn't been back to town since she graduated from Grygla over 30 years ago! Since leaving, she has been all over the country as she had joined the Air Force. Now retired, she lives in Upstate New York, but is back in Minnesota visiting family members and her mother, who now lives in Roseau. L-R: Lon Englund, JoAnn Orpen, Kim Schulz, Kathy Nelson, Georgianna Mitchell, Lisa Swanson and Tony McLean met for supper at Yo-Hawn's on Tuesday, June 26th. Photo by Tausha Severts

Below: After 29 years, Vicki Ruud has retired from Machinewell. As of Thursday, June 28th, she joined her recently-retired husband (who was also at Machinewell for 31 years) for the next chapter in their lives. Vicki's long-time position with the local company had been the Purchaser/Expeditor. Wishing her a happy retirement! Photo by Grygla Eagle Newspaper Assistant, Robert Sundberg



CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Sunday:
Grace: 9am Worship
OS: 10:30am Worship

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Sunday:
UL: 9am Worship
OS: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Ostercamp
Sunday:
Bethany: 8:30 Worship
Ekelund: 9:45 Worship
Faith: 11am Worship

THE CATHOLIC COMMUNITIES OF St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hammess
Sunday:
St. Clement's: 11:45am
St. Ann's: 10am

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Parish-Wide Worship
at Riverside, Wannaska

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Saturday, July 7:
Mt. Olive: 9am Worship
Sunday, July 8:
St. Petri: 8am Worship
Nazareth: 9:45am Worship
Oak Park: 11am Worship

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

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Funeral Pre-planning Monuments
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Community Calendar

Wed | July 4
Grygla Eagle office closed;
Grygla Library closed

Thurs | July 5
Goodridge Sand Volleyball League 6:30pm

Fri | July 6
Senior Meals at Grain Bin Café 11am

Sat | July 7

Sun | July 8

Mon | July 9
7-12 grade VB camp in Grygla 8am; Chargers Youth Baseball game in Grygla vs. Argyle 9am; Goodridge swimming lessons in Fosston 10:15am-12pm; Senior Meals at Grain Bin Café 11am; K-6 VB camp in Goodridge 1-3pm; VB practice in Grygla 4pm; Monday Night Football in Goodridge 5pm; GBB practice in Goodridge 6pm; Grygla City Council meeting 7pm

Tues | July 10
Grygla Accel 7-9am; 7-12 grade VB camp in Grygla 8am; Goodridge swimming lessons in Fosston 10:15am-12pm; BBB tourney in Roseau; K-6 VB camp in Goodridge 1-3pm; Summer League Basketball in Grygla 6-8pm

Email all community calendar items to grygla.eagle@gmail.com

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Northwood Church to hold annual picnic

The Northwood Church has scheduled its annual picnic for Saturday, July 14th. The picnic will carry on its yearly tradition with holding a program at 11am with a potluck lunch to follow at 12pm. The program includes special music by Byron & Peggy Staie. Everyone is welcome and invited to attend the picnic. The Northwood Church is located 10 miles north of Grygla and 3 miles east at 44796 Moose River Rd NW.

Grace picnic and worship

All community members are invited to a free-will offering picnic at Grace Lutheran Church on Wednesday, July 25th. A grill-out will be held from 6-7pm at the church with worship beginning at 7:15pm

GRYGLA LIBRARY LINK

Written by Kari Sundberg, Grygla Librarian

Hey readers – hope you are all enjoying the holiday week! I wanted to share some fun photos with you before I jump into my book suggestions! Krystle's daycare in Grygla is wrapping up their ocean-themed month, so a fun morning was planned for them on the outside lawn

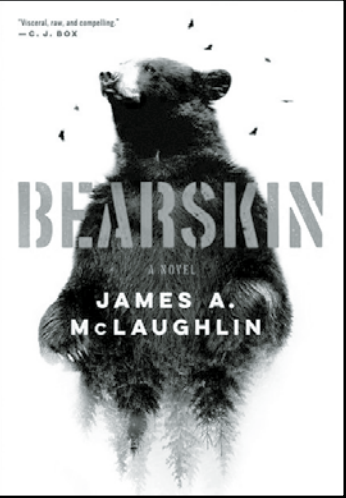
last week. We read a story about boats and then all tried our hand at Ocean Yoga! We did poses to stretch our bodies like sea lions, swimmers, boats, bridges, sea turtles, whales and more! Of course we had to hydrate afterwards with some fresh "ocean" water! Check out the photos.



That first picture up there is of Krystle Ruud and Abby Sundberg with their daughters! How cute!? (Photos by Grygla Eagle Newspaper)

Ok, moving on to my book suggestions. This week, I have two for you. One that is geared towards our male readers and another geared towards our young outdoor enthusiasts.

This book by James A. McLaughlin is called Bearskin and was just released in early June.



"Rice Moore is just beginning to think his troubles are behind him. He's found a job protecting a remote forest preserve in Virginian Appalachia where his main responsibilities include tracking wildlife and refurbishing cabins. It's hard work, and totally solitary—perfect to hide away from the Mexican drug cartels he betrayed back in Arizona. But when Rice finds the carcass of a bear killed on the grounds, the quiet solitude he's so desperately sought is suddenly at risk.

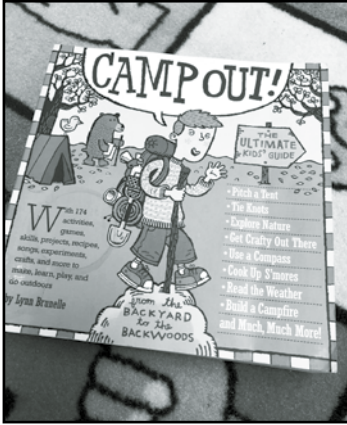
More bears are killed on the preserve and Rice's obsession with catching the poachers escalates, leading to hostile altercations with the locals and attention from both the law and Rice's employers. Partnering with his predecessor, a scientist who hopes to continue her research on the preserve, Rice puts into motion a plan that could expose the poachers but risks revealing his own whereabouts to the dangerous people he was running from in the first place."

Some of the reviews stated: "James McLaughlin expertly brings the beauty and danger of Appalachia to life. The result is an elemental, slow burn of a novel—one that will haunt you long after you turn the final page." Another said, "Well written, by an author who under-

stands the language, the forest and its life, and the world of people and society. Enjoyable action, but a greater look at nature and humanity. Bearskin takes you on a fast ride and you won't let go until the last page. The writing is diamond-perfect. McLaughlin can convey a sense of the outdoors I've not felt since Pilgrim at Tinker Creek. But this book is mostly action, with characters drawn in spare sure strokes. Best of all is the story. You won't be able to put it down."

Now, if that doesn't sound worth suggesting, what does? I'm ordering this one for my husband to take on our upcoming lake trip near Walker. I just know he'll enjoy it. Maybe you will, too!?

The next one on the list to share is this Camp Out book!



"Bear bags, wilderness showers, and telling the temperature by counting the cricket chirps...whether you're planning an overnight in the backyard or a weekend in the wilderness, this book is packed with stuff to know. The basics, from gearing up to choosing a site to building a tarp tent. Tasty outdoor recipes: Solar Oven Pizza, Chow Down Chili and s'mores of course—with 8 variations. Plus: how to keep a Field Journal, exploring the nighttime sky, creepy campfire stories, and when it's time to go home, leaving no trace. It's everything you need to pick up and head for the hills."

This book is for younger kids ages 7 and up, but a lot of the reviews said adults would enjoy it, too! We actually have this one on a shelf in Grygla and my daughter checked it out and picked up a lot of camping tips.

One review of this book stated: "This book is so fun! The instructions are very detailed, easy to follow and kid-friendly! I recommend this book to anyone that is camping with children!"

Summer League Schedule

Tuesday, July 10
6:15
BG Black vs. Orange
SG Blue vs. Purple
Refs Green, Red
7:00
BG Green vs. Red
SG Blue vs. Orange
Refs Black, Purple
7:45
BG Red vs. Purple
SG Black vs. Green
Refs Orange, Blue

Tuesday, July 17
6:15
BG Red vs. Orange
SG Green vs. Purple
Refs Black, Blue
7:00
BG Green vs. Orange
SG Black vs. Blue
Refs Red, Purple
7:45
BG Black vs. Purple
SG Blue vs. Red
Refs Green, Orange

Position Open

SWIMMING BUS/LOCKER ROOM AIDE
Supervise Swimming bus/boys locker room
12:15 PM - approximately 4:45 PM
July 30 - August 10
\$15.75/hour
Open to males 16 years of age and older
Application: Contact Shanna Olson, or Galen Clow, Grygla Public School@ 218-294-6155.

Grygla School District

Position Open: Full time custodial/transportation/substitute bus driver position. Must be able to get bus drivers license.
For information and application contact Jamie Lunsetter, K-12 Principal, Grygla Public School, PO Box 18, Grygla, MN 56727. Phone: 218-294-6155, email: jlunsetter@grygla.k12.mn.us. Open until filled.

HELP WANTED:

The Goodridge Lutheran Parish has an opening for Parish Secretary. Part time position 12-16 hours per week.

If interested call the Parish office at 218-378-4191, email resume to glparish@gvtel.com or mail in a resume to GLParish, PO Box 157, Goodridge, MN 56725.

July WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of July 2018.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment. The following is the schedule of WIC Clinics for the month of July.

Monday-Friday, July 9-13: Thief River Falls, Redeemer Lutheran Church
Monday, July 16: Warren, Evangelical Covenant Church
Tuesday, July 17: Karlstad, First Lutheran Church
Wednesday-Thursday, July 18-19: Roseau, LifeCare Medical Room, Basement Auxiliary Room
Tuesday, July 24: Oklee, Inter-County Community Council Building
For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

North Valley Home Health will offer immunizations, dental varnishing & blood lead testing at the Newfolden and Warren clinics from 9 to 11 am. Arrangements should be made prior to clinics by contacting North Valley Public Health. For more information contact North Valley Public Health at 218-745-5154 or 1-800-950-6986.

Wednesday, July 4, 2018

Chargers youth baseball July schedule

The Chargers youth baseball program wraps up this month, but a few more games will be taking place. Below is the July schedule.

Monday, July 2nd: Game at Middle River 9am with bus leaving Grygla at 7:30am and Goodridge at 8am.

Monday, July 9th: Game in Grygla 9am vs. Argyle

Wednesday, July 11th: Game in Goodridge 9am vs. Newfolden

Friday, July 12th: Game in Lancaster 9am with bus leaving Goodridge at 6:30am and Grygla at 7am

Monday, July 16th: 9am PeeWees tournament, no location stated

Tuesday, July 17th: 9am Midgets tournament, no location stated

Wednesday, July 18th: 9am Small Fry tournament in Warren

The Grygla Eagle will be CLOSED on WEDNESDAY, JULY 4TH
INDEPENDENCE DAY

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2 feet by any length needed!
Vinyl - Outdoor Quality
Paper - Cover Stock
Foil - Cover Stock
Foam Core Mounting Available
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Independence Day... A Day Of Celebration

That document would become known as the Declaration of Independence and was officially adopted by Congress on July 4, 1776. Each July 4th, we celebrate this historic event and the birth of our great nation.

On June 11, 1776, the Continental Congress appointed a five man committee including Thomas Jefferson, John Adams, Roger Sherman, Benjamin Franklin and Robert Livingston, to draft a formal statement justifying the break with Great Britain.

The American State Bank will be CLOSED all day on Wednesday, July 4th, 2018.

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(218) 687-2865 • TOLL FREE (800) 434-7721
FAX (218) 687-2328
www.asbgrygla.com



Recently, the Grygla Accel group skipped the weight room and headed to the Grygla/Gatzke food shelf, located in Grygla's Motel 89, to help unload the food truck! The group meets every Tuesday, Wednesday and Thursday morning from 7-9am to condition their bodies. *Photo courtesy of Joni Anderson*



Chargers JO Volleyball has finished for the season. These pictures are from the 10U tournament that was held last week in Greenbush. The girls were coached by Justyne Klasen. *Photos courtesy of Sue Ann Sjulestad*



For their last JO practice of the summer, the older girls met at the sand volleyball courts in Goodridge last week. Although the JO season has come to an end, volleyball open gym starts next week and will continue twice a week. Head Coach Katelyn Tharaldson said these open house practices aren't just for 7-12 graders, anyone who participated in JO's is welcome to come, including the 10U age! She says, "I'm very impressed by all the age groups this year. We had a great turn out of girls 10U-18U. They all learned so much, and for the younger girls, especially, it got them thinking about volleyball and what it's about. I feel like that's a good start to building a program with girls who really want to participate and learn how to get better." She added, "As for the 18U group, I could not be more excited for fall after watching them this summer. We have such great potential to reach our goals for this season!" *Photo courtesy of Katelyn Tharaldson*

Seven local health staff attend training to help residents quit smoking



Front row, L-R: Kristy Enger from Chippewa County Montevideo Hospital, Montevideo; Amanda Johnson and Nicole Nelson from Sanford Thief River Falls Medical Center. Back row: Erin Simmons from ALA; Char Langen from Kittson Memorial Health Care Center in Hallock; Kim Horner from LifeCare Medical Center in Roseau; Ashley Fredrickson from North Valley Health Center, Public Health, in Warren. Not pictured: Connie Hagen. *Photo courtesy of Connie Hagen*

(Submitted) In June, seven local health professionals attended an American Lung Association (ALA) Freedom From Smoking Facilitator Training course held in Thief River Falls. This training was designed to increase skills and competence for professionals to work with people who want to quit smoking.

Tobacco use is still the leading cause of preventable death and disease in Minnesota and

the Statewide Health Improvement Partnership (SHIP) is working to reduce tobacco use across the state. This training was made possible through SHIP and will help increase the capacity of health professionals in Northwest Minnesota to provide support in helping people who want to quit.

The training was led by Erin Simmons from the ALA, a partner providing technical assistance for SHIP's tobacco

prevention efforts. Attendees included representatives from Chippewa County Montevideo Hospital in Montevideo, Inter-County Nursing Service of Thief River Falls, Kittson Memorial Healthcare Center in Hallock, LifeCare Medical Center in Roseau, North Valley Health Center, Public Health, in Warren and Sanford Thief River Falls Medical Center.

"This was a nice opportunity to be offered in our area!" said

Connie Hagen, RN, of Inter-County Nursing Service which works with Quin County Community Health Services. "It's wonderful that so many local organizations sent their employees to become facilitators." Now, these local health care organizations are able to implement the Freedom from Smoking program in a one-on-one or a group setting for local residents interested in quitting tobacco. Our Northwest Minnesota residents will feel more confident using our local resources as they work toward quitting," explained Hagen. "It's important the resources we offer are both current and consistent with effective interventions." Quin County Community Health Services oversees SHIP work in the five counties in Northwest Minnesota. SHIP works to Create Better Health Together by strengthening connections between clinics and community organizations so Minnesotans can be healthier. To address tobacco use, SHIP works with partners to build systems to screen adults for tobacco use, provide counseling about quitting, and refer individuals to resources for quitting tobacco use. For more information please contact Sue Johnson, SHIP Coordinator, at Quin County CHS, 218-874-7845 or Connie Hagen, RN, Inter-County Nursing Service, 218-681-0876.

Left: Thelma Thomas steps down as President of the America Legion Ladies Auxiliary after serving for 29 years! A party was held on Tuesday, June 26th, at the American Legion building in Grygla. The group celebrated with cake and presented Thelma with a "Past President" pin. Taking her position is Rose Hanson; the group currently has 26 members but more are encouraged to join. The only stipulation is you have to have a husband, father or brother that served in the military. *Photo courtesy of Rose Hanson.*



Word of the Week

...enhancing vocabularies one Grygla Eagle at a time.

Farouche adjective \fa-roosh\
(French) Sullenly unsociable or shy.

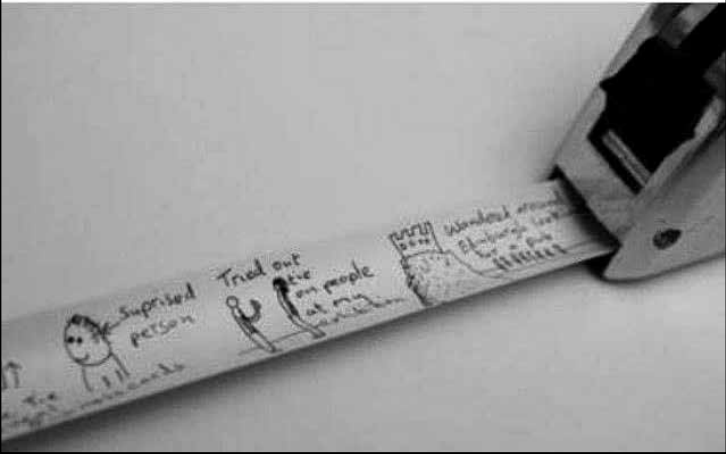
WHAT A JOKE

A Spanish magician tells the audience he will disappear on the count of 3. He says, "Uno, dos..." POOF. He disappeared without a tres.
"What's the difference between a piano, a tuna, and a pot of glue?"
"I don't know."
"You can tuna piano, but you can't piano a tuna!"
"Haha. But what about the glue?"

"I knew you'd get stuck there."
Next time a stranger talks to me when I'm alone, I'm just going to look at him shocked and whisper quietly, "You can see me?"
Dear Algebra, stop asking us to find your X. She's not coming back. We don't know Y either.
If you wear cowboy clothes are you ranch dressing?

DO IT YOURSELF

Spray paint measuring tape and keep track of kids heights at different ages. Brilliant. Takes up no space and can move with you.



SIMPLY DELICIOUS

Written and made by Kari Sundberg, Eagle Editor
Texas Toast Garlic Bread Pizza
This is the easiest pizza I've ever made and it comes together in 5 minutes. Top with your favorite pre-cooked pizza ingredients and you've got an easy snack (or lunch!) in no time.
1 jar pizza sauce
Pepperoni
Cheese
Any other topping you like
1 box Texas Toast Garlic Bread
Spread pizza sauce on the garlic bread and then add your favorite toppings. Bake for about 5-8 minutes and they're

ready to eat!
Done. Kids' snack complete. Happy kids as a result AND not many dishes to do.



A HIPPIE'S HEALTH

Written by Tara Waltman
Wow. Life is busy! I realized I need to take the time to make some products for my family and that I have been putting it off. I love making products out of essential oils because they smell good and I know what's in them. No chemicals and crap I don't know about. I made a few for the summer. Little late to start but that's ok!
I made an after sun spray with some tea tree essential oil and lavender with distilled water in a spray bottle. I also made an outdoor spray with purification essential oil blend and lavender. This smells good and works. I also made a focus

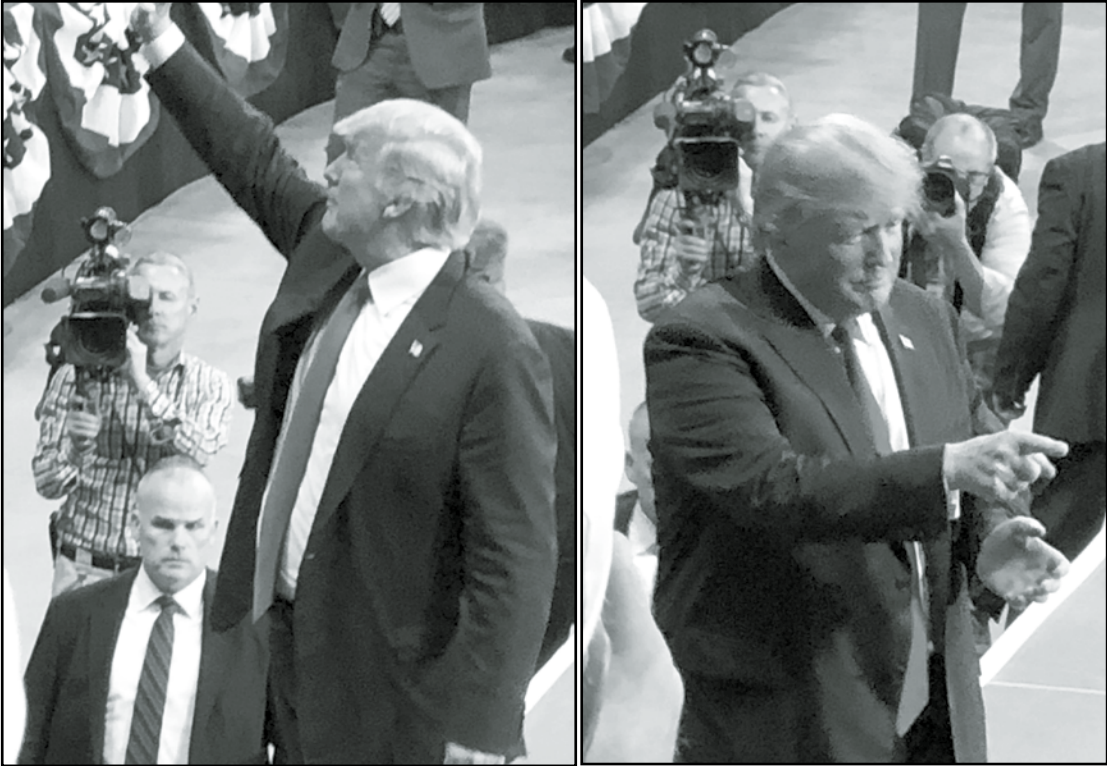
roll-on with frankincense, peppermint and lemon. I need this, let me tell you! Lol. I roll that on every hour or so. Lol.
I love making homemade products, like a true hippie. Peace, love and oils!
Tara Waltman is a licensed clinical social worker doing outpatient therapy working on health and wellness for people. She is also a Young Living Essential Oils consultant. She is the daughter of Darell and Karen Severts, of Grygla, and resides in Lancaster, Pennsylvania, with her family. She will be contributing a health and wellness column weekly.

Evergreen Implement Company welcomes Jessica Langseth



(Submitted) Evergreen Implement Company is pleased to welcome Jessica Langseth. She has been named Store Administrator at their Thief River Falls location. Jessica brings with her many years of professional experience. She was employed with Border State Bank for 7 years as Senior Teller. Her previous employment shows a strong background of customer service, which includes working with Goodridge Area Development as Gambling Manager at the Goodridge Liquor Store and also, Assistant Manager of

Maurices in Thief River Falls. Jessica is a graduate of Northland Community and Technical College, Thief River Falls. She studied accounting and also holds an Associate of Arts degree in Cosmetology. She grew up in Pipestone, MN, graduating from Pipestone/Jasper High School, and now resides in Thief River Falls with her husband and two daughters. Evergreen Implement Company has 4 locations: Warren, Thief River Falls, Mahanomen and Baudette.



Pictures of the POTUS at the Duluth Rally on June 20th. Photos by Patrick Hackley

Hackley attends Trump Rally

Written and Submitted by Patrick Hackley, Grygla

"In the end, you're measured not by how much you undertake but by what you finally accomplish." For decades, administrations who called 1600 Pennsylvania Ave home have made empty promise after empty promise, leaving the American people to slowly lose faith, confidence and trust in government. Both Democrat and Republican officials have used the people they represent as political pawns to gain an advantage on pushing their own political agenda, spiraling our country into a dark and troubling time.

Those days of empty promises are finally over, thanks to our President Donald J. Trump. On June 20, Mark DuRandt, myself and upwards of 20,000 other Minnesotans descended on the town of Duluth to attend the Presidents' "Make America Great Again" Rally. To say the atmosphere was electric would be a grave understatement, as the crowd was very optimistic and uplifted, ready to welcome the President to our great state. For those who have never been to a rally, it is much similar to a tailgate party for a football game prior to the event. Fellow Minnesotans were decked out in red, white and blue. Friends and fellow patriots were sharing stories of how President Trumps' "America First" policies have delivered more money in their paychecks, more optimism to their minds and less government in their lives.

As we waited intently for the Presidents arrival, we had the opportunity to meet many

wonderful people. We spoke to many agents of the Secret Service, who are the definition of professional. We met 4 members of the Trump campaign staff including a woman by the name of Emily Castanza, who was in charge of logistics at the venue. I was also fortunate enough to meet NBA legend and former Minnesota Timberwolves coach Kevin McHale and his family. It was amazing to hear that Kevin and his family were not supporters of the President at first, but are very pleased with the progress he has made so far. Kevin told me "it's not every day the President of the United States comes to Minnesota, we just wanted to take advantage of the opportunity."

As the event started, the speakers blared Lee Greenwood's "God Bless the USA", which the President uses at all of his rallies. Hearing that song and seeing our beloved President walk out to a crowd of erupting cheers and chants of "U-S-A" was one of the proudest moments I've been a part of as an American. We are all so fortunate to have a President that loves our country and everything we hold dear.

The President spoke intensely about trade in his rally. "Our trade deals must be better for American industries and the American worker. We need fair and reciprocal trade, remember that word folks "reciprocal". You look at what China, Canada and Mexico have done to create the trade deficits and we have to fix it."

The President has spoken

more about farmers, ranchers and rural America more in 18 months than previous administrations did for over a decade. President Trump noted the need for a smart Farm Bill and renegotiating NAFTA and other deals vital to the agriculture economy in Minnesota and around the country.

Another hot issue the President spoke on was immigration. "The issues we are having at the border are not new, been going on for many years, many decades. We need a system based on Merritt. We want legal immigrants who want to live the American dream and believe me we will make that happen."

I believe firmly that the President and his administration will do everything in their power to secure our borders, fix our broken immigration system and renegotiate fair and reciprocal trade deals. President Trump has delivered on his promises including tax cuts, the border wall, moving the US embassy in Israel to Jerusalem, appointing constitutionalist justices to the Supreme Court and putting America before any foreign nation or special interest. Regardless of political views, we should all be cheering for our President and our country to succeed. As you celebrate this Independence Day holiday, please wear red, white and blue, please fly Old Glory proudly and please say a prayer for the continued success of President Trump and America. God Bless the USA!

Yard of the Week



Kenny and Carrie Lunsetter, 31617 370th St. NE, Gatzke, have been nominated for 'Yard of the Week!' This was one yard that was especially fun to check out. From the beautifully landscaped plants around the house to the perfectly mowed area that resembled a private park, to the bonfire area that begs you to sit down and roast a marshmallow, this place is a peaceful haven for sure. Photos by Grygla Eagle Newspaper

CROSSWORD

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STATEPOINT CROSSWORD

Theme: Famous Families

ACROSS

- Ankle support, e.g.
- Talk, talk, talk
- Shakespeare, e.g.
- Pretend
- C.E.O.'s degree
- Printer cartridge contents
- Smells
- 16th birthday gift?
- Undo laces
- *Film-makers Francis or Sofia
- *NFL's Archie, Peyton or Eli
- Famous T-Rex
- Bud holder
- "For ____ a jolly..."
- Like the White Rabbit
- This hot!
- In the middle of
- Acid gritty-textured apple
- Star bursts
- Apple's apple, e.g.
- Provide with ability
- *Brangelina partner
- ____ vs. pathos
- "CliffsNotes," e.g.
- Dissenting clique
- Unquestioning ones
- College party chant
- Like a wallflower
- Whiskey without water
- Scheduled to arrive
- *Jermaine, Michael, or LaToya
- *Bobby or Jack

- ____ acid
- *O'Shea Jackson Jr.'s father ____ Cube
- *Donny and ____
- Revolving mechanism
- mL
- Cruising
- Place at an angle
- "____, drink, and be merry"
- Required things

DOWN

- Coalition of countries
- Make over
- At the summit
- C in ROTC
- Imbue with soul
- "It's fun to stay at the ____"
- Bar association
- Deserved consequence
- Capital of West Germany, 1949-1989
- Against, prefix
- Horse control
- Fortune-telling coffee remnant
- Go to NPR, e.g.
- Renter's paper
- Pharaoh's cobra
- Judge's pronouncement

- *Kunta Kinte's descendant and author
- Be theatrical
- Bridge of ____, Venice
- Chinatown gang
- **"Blackish" dad's dad
- Brown, Dartmouth and Yale, e.g.
- Naturally, in slang
- **All the Money in the World" family
- Gloom partner
- *Family with two former Presidents
- Chopin's composition
- Metal detector, e.g.
- New, prefix
- Armed robber, e.g.
- "Pokémon," e.g.
- Related on mother's side
- Jelly holders
- Every which way
- Make a reference
- Be savvy
- Same as Celt
- Gaelic
- Cashed in one's chips
- Those not opposed
- Langley, VA agency

Right: This is Jaden Keisow's 2nd medal he has earned in 3 years in Trap Shooting! Coach Kenny Lunsetter said the whole Class 1A 2018 Trap Shooting Championship in Alexandria was rained out and not rescheduled. Kiesow, however, still received his medal for Class 1A Conference 9 2nd place for males! "It was disappointing, but you can't control the weather," Lunsetter said, who will take over as Head Coach next year for Chargers Trap Shooting.

