



				
Today	Thurs	Fri	Sat	Sun
Partly Cloudy	Snow	Mostly Sunny	Cloudy	Snow
H 32 L 5	H 7 L -12	H 11 L 7	H 30 L 14	H 22 L -4

A look at next week ... Weekend activities include LYO ski trip and Sportsman's Club snowmobile trip!



A look inside B-N-E Tackle

Written by Kari Sundberg, Eagle Editor

This quaint red shed sits on the Philipp farm in rural Goodridge. It's a common sight to see Brent, Crystelle, Elliot and Norah coming and going through the door but what's happening on the inside?

It's time to find out.

It's none other than the B-N-E Tackle headquarters! You've probably heard some chatter about B-N-E Tackle lately and that's because they are making some great-quality, highly sought-after products. Especially their LED fishing lure, also known as "the blinking thing!" More on that in a minute.

A couple of years ago, Brent Philipp, who farms in Goodridge, had just gotten out of basketball coaching. He was sitting around a campfire with his friend, Greg Monson, who also had just gotten out of coaching. The topic came up about what Brent would do next. "We had been fishing a lot. Greg suggested making tackle and the idea just kind of fit," Brent shrugged. He decided to give it a go and started making spinners, which is his go-to item. Summer fishing was the main goal with Lake of the Woods being the main lake in mind. Well, Brent quickly decided he needed something that would set his tackle apart from the rest. Cue the personalized fishing tackle. Partnering with Universal Screenprint, out of Thief River Falls, B-N-E Tackle made a few custom samples for local businesses and the lures were a hit. CHS in Thief River Falls was the first to place a big order in 2015. Dr. Kainz soon placed an order to give out to his patients around Christmas time, and Cenex soon followed with a promo deal of giving away a hook to customers who purchased 10 gallons worth of gas!

(The Grygla Eagle Newspaper is now among businesses who have personalized lures as B-N-E Tackle presented a couple packages as a surprise gift! It's so true that you can only have so many pens or coffee mugs, right? Fishing lures are, indeed, a unique giveaway that are sure to please.)

The homemade tackle is also sold in many area school stores with each sport logo/mascot being printed directly on the lures. One family from Newfolden actually bought one of all the rival schools to see which school would fish the best! Brent says a lot of people stop back and give him the fishing reports on what's been catching.

Right now, the Goodridge business operates more by supply and demand. There are enough orders coming in, however, where Brent needed to hire two employees. Drew Kjono and Travis Smith started helping with a few orders in the beginning, but now try to get to B-N-E every couple of weeks to help out. The group gets together every couple of weeks to work on orders, but



Brent Philipp (right), Travis Smith, Drew Kjono and Elliot Philipp made about 200 lures last Saturday when they met for a B-N-E work day.

Brent tries to spend 1-2 hours a day working out in the shop alone. When all of them working together, they can get about 50 lures done per hour. Last Saturday's work day included making approximately 200 spinners for the upcoming Home, Sport & Craft Show in Thief River Falls.

The tackle company offers a variety of products with a variety of prices – depending on what you are after. Their best-selling item is the gold-hammered spinner, which is most popular on Lake of the Woods.

In addition to spinners, other items include casting spoons, round head jigs, floating jigs, lead weights, bobbers, crank baits, steel leaders, certain styles of buzz baits, glow in the dark and LED lures, to name a few.

"We are just getting into the ice fishing stuff," Brent says. "At this point, everyone is calling our newest LED lure "the blinking thing!" It made its debut right before Christmas and we're already coming up with some ideas on how to make it work for summer fishing," he disclosed.

Making custom fishing tackle started at Brent & Crystelle's kitchen table. It then overtook an entire bedroom and got to be a lot of unpacking/packing back up. Every couple of months, they'd think "let's try these out" and new product would get added. B-N-E Tackle outgrew its allocated space.

Last June, the Philipps got their little red work shop. It took only one month and it was insulated, sheet rocked, textured, painted, heat/air installed, electricity and floors in. Because business was taking off, Brent could no longer buy items he needed at Cabela's or Scheels. He switched over to a tackle company out of Ohio where he could order in bulk. "I mentioned to Drew that we didn't have any red beads. He ordered 28,000," Brent laughed.

As mentioned, a lot of promotional items are being made with some exciting jobs on the horizon! Things are still in the works with a couple of things,

but hopefully soon you'll be seeing B-N-E Tackle in the limelight. Brent promises to share when the time comes...

For now, you can get in touch directly with the business through phone or Facebook; they also just started a Twitter page. There is a full line available at Fleet Supply in Thief River Falls, along with Erl's Market selling items in the summer. This is the third year B-N-E Tackle will have a booth at the Home, Sport & Craft Show in Thief River Falls, which is on April 14-15.

Last summer, the group of men were invited to an area youth fishing tournament as the featured speakers. Jesse Westbrook joined Brent, Travis and Drew in teaching youngsters how to tie fishing knots.



Left: Mike Gast got lucky with the new LED lure by B-N-E Tackle.

B-N-E partnered with Erl's Market and handed out free tackle to all the participants that day.

B-N-E Tackle has made for some great stocking stuffers, graduation gifts and, most recently, wedding favors!

They are also visible in the American Federal Bank System catalog where their products can be ordered as promotional items.

How big will the Goodridge business get? I guess it all depends on how much they want to work! What was initially supposed to just be a winter job is now turning into year-round. "It got pretty real once the building went up," Brent says. He added candidly, "Once there's a bathroom in here, we'll know we've made it."



HAPPY VALENTINE'S DAY ♡

Mark your calendars

Goodridge Fire & Rescue Annual Fundraiser

Mark your calendars for Saturday, March 31st, and plan to head to the Goodridge Lion's Hall for the annual Fire & Rescue Fundraiser. Grilled burgers and fries will be served beginning at 5pm and a live auction will follow at the Goodridge Municipal Liquor Store.

Grygla Firemen's Supper

The Grygla Fire & Rescue Department will be cooking an "all you can eat" supper for the community on Sunday, April 8th, at the Grygla Community Center. From 4-7pm, stop by for a supper of roast beef, ham, mashed potatoes, gravy, coleslaw, corn and all the fixings! The Grace Lutheran Church LYO kids will also be on hand to serve ice cream sundaes and root beer floats for dessert. Attending this yearly fundraiser is a great way to show support for our local firemen.

Grygla Smelt Fry

The Grygla Lion's Club will hold their ever-popular smelt fry on Saturday, April 14th, at the Grygla Community Center. The Lions will be serving "all you can eat" smelt from 4-8pm; everyone welcome! This is one of the biggest events on the Lion's calendar and they expect

to serve 400-500 customers! Profits from the event help support many worthwhile community activities that make Grygla and the surrounding area such a great place to live and work! The menu will include smelt, baked potatoes, baked beans, coleslaw, dinner rolls, beer, milk and coffee.

Goodridge Smelt Fry

The Goodridge Consignment Sale and Smelt Fry is a yearly hit with the locals. Mark your calendars for this to-do happening on April 21st. The consignment sale beings at 9am with the smelt fry starting at 4pm. Live music will be playing at the Liquor Store throughout the day with Eighth Hour headlining come evening hours!

Grygla Merchants Breakfast

The Grygla Merchants will be hosting their Customer Appreciation Breakfast again this year at the Grygla Community Center. The group meets next week to set up a date so stay tuned. Just know that a free pancake, sausage, coffee, juice and milk breakfast is happening again because the Grygla Merchants appreciate all of their customers shopping locally! Again, the date to come.



To celebrate their 100th day of school last Friday, Grygla Elementary students were encouraged to dress up like they were 100 years old! Does anyone recognize these young, er, OLD, guys? On the left is Oliver Smeby! Right is Tyceen Ostby, who really got into the spirit by shaving his head for the celebration!

Monson awarded AAA



Alaina Monson, Grygla High School 'Triple A' award winner, pictured with her parents, Greg and Maureen.

On Wednesday, February 7th, area students were recognized at the MSHSL 'Triple A' Banquet at the Shooting Star Casino & Event Center in Mahanomen, MN. Local honorees included Alaina Monson representing Grygla for Sub-Section 32.

The 'Triple A' award is presented to Minnesota State High School League Seniors who excel in Academics, Arts and Athletics.

In order to be nominated for this honor, students must be a high school senior at the time of nomination; have a cumula-

tive GPA of 3.0 or higher; have participated in a League-sponsored athletic program and a fine arts activity; exhibit citizenship and be a respected individual in his/her home community and comply with the MSHSL Code of Conduct.

GHS Principal, Jamie Lunsetter says, "Alaina is one of the most well-rounded kids we have in the school and she succeeds in nearly everything she attempts because of her character, integrity, discipline and work ethic. She is definitely an excellent role model for all of the kids around her!"

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday at Grace:
6pm Choir, 6pm Lent Supper, 7pm Ash Wed. Service, 8pm Grace Council
Thursday:
9am Grace Quilting, 7pm Ash Thursday Service at OS
Sunday:
Grace: 9am Worship
OS: 10:30am Worship w/ 9:30am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United – Gatzke; Our Savior's – Thief Lake
Wednesday, Feb. 14:
7pm Ash Wed. Service at OS
Sunday:
OS: 9am Worship w/ 10am SS
UL: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Osercamp
Wednesday, Feb. 14:
Ash Wed. Services at Faith 7pm
Sunday:
Ekelund: 8:30am Worship, no SS
Bethany: 9:45am Worship, no SS
Faith: 11am Worship, no SS;
Ski Trip leaves Faith at 1pm
Monday, Feb. 19:
Faith Quilting 9am

THE CATHOLIC COMMUNITIES OF
St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am
St. Ann's: 10am

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Wednesday, Feb. 14:
Ash Wed. Services at Bethesda 7pm
Sunday:
9:30am Worship, No SS
COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Wednesday, Feb. 14:
Wed. School/Confirmation 5-6pm; 6pm Supper/7pm Ash Wed. Services at Nazareth w/ Bible Study to follow
Thursday, Feb. 15:
St. Petri holds services at 6:30pm w/ Bible Study to follow
Saturday:
Mt. Olive: 9am Worship
Sunday:
St. Petri: 8am Worship, 9:15am SS
Nazareth: 9:45am Worship, 8:30am SS
Oak Park: 11am Worship, 9:45am SS
Tuesday, Feb. 20th:
Mt. Olive holds services at 5:30pm w/ Bible Study to follow

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

Community Calendar

Wed | Feb 14
Grygla Eagle office open 9-6pm; Grygla Fire & Rescue holds Blood Drive at the Community Center 9:45am-3:30pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; February Senior Birthday Party at the Grain Bin Café 2:30pm; BBB practice Grygla/GBB practice Goodridge

Thurs | Feb 15
Goodridge PT Conferences 4-8pm; 4-6 grade GBB practice in Grygla 6:30-8:30pm; Grygla School Board Meeting 7pm; Grygla Trap Team Meeting in the School Commons 7pm; BBB practice Grygla/GBB practice Goodridge

Fri | Feb 16
No school in Goodridge; Senior Meals at Grain Bin Café 11am; Grygla Elementary Intramurals 1:30-3:30pm; GBB at RLCC (JV & V only with JV at 6pm and V to follow); BBB vs. Warroad in Grygla w/ C team starting at 4:45, 7th at 5pm, 8th/JV at 6pm and Varsity to follow

Sat | Feb 17
5th & 6th grade GBB tournament in Grygla 9am; Super Saturday BBB vs. WAO at NCTC at 4:30pm

Sun | Feb 18
LYO ski trip leaving Faith in Goodridge at 1pm

Mon | Feb 19
President's Day; No school; Senior Meals at Grain Bin Café 11am; GBB at Freeze

Tues | Feb 20
Grygla Merchant's meeting at Grain Bin Café 12pm; Grygla Lion's Club February Meeting/Potato Klub Supper at Community Center 6pm; GBB vs. F/B in Goodridge (No JH game); BBB vs. LOW in Grygla

Accepting Bids

Our Savior's Church of rural Grygla is accepting bids now through March 31st for lawn mowing. Duties include mowing and trimming the churchyard and cemetery. Our Savior's reserves the right to reject any or all bids, and waive all irregularities.

Contact Mark Sax (218-294-6285) or Paul Sundberg (218-294-6514).

Lion's Potato Klub night

The Grygla Lion's will be holding their February meeting on Tuesday the 20th at 6pm at the Grygla Community Center. This is the annual Potato Klub night where Wankaska, Warroad, Roseau and Goodridge Lion's Clubs are invited to attend, as well.

For any questions, call Danny Bragg, Grygla Lion's Club President.

THIEF RIVER FALLS RADIO
KTRF AM 1230
KKAQ AM 1460
KKDQ FM 99.3

~ LISTEN LIVE ON TRF RADIO ~
★ FRIDAY, FEBRUARY 16TH
 CHARGERS GIRLS BASKETBALL AT RLCC
★ MONDAY, FEBRUARY 19TH
 CHARGERS GIRLS BASKETBALL AT NORTHERN FREEZE

Be Charger Kind



The Grygla School is recognizing acts of kindness. Students are encouraged to write down their peers' names and acts of kindness that they witness and put the slips into a bucket. At the end of each week one elementary student and one high school student are chosen and they receive a t-shirt. Charger Kind winners recently chosen: Hudson McMillin and Robbie Mosher.



Emma Sundberg and Caitlyn Rath dressed up as 100 year old ladies for Grygla's 100th day of school. (Great touch with the 'Life Alert' button!)

CSP applications being accepted

The U.S. Department of Agriculture's (USDA) Natural Resources Conservation Service (NRCS) is now accepting applications for enrollment in the Conservation Stewardship Program (CSP), the nation's largest conservation program.

While applications for CSP are accepted year round, applications must be received by March 2, 2018, to be considered for this ranking period.

Through CSP, agricultural producers and forest landowners earn payments for actively managing, maintaining, and expanding conservation activities like cover crops, tree/shrub establishment, pasture improvements, and pollinator habitat – all while maintaining active agriculture production

on their land. CSP also encourages the adoption of cutting-edge technologies and new management techniques such as precision agriculture applications, on-site carbon storage and planting for high carbon sequestration rate, and new soil amendments to improve water quality.

Some of these benefits of CSP include:

- Improved cattle gains per acre;
- Increased crop yields;
- Decreased inputs;
- Wildlife habitat enhancement

NRCS recently made several updates to the program to help producers better evaluate their conservation options and the benefits to their operations and

Upcoming basketball tournaments for fifth/sixth graders

The Grygla Sports Boosters are hosting a basketball tournament this Saturday, February 17th, for Goodridge and Grygla girls in 5th and 6th grade. Unfortunately, this is for girls only as not enough boys teams were available for participation. Games will be held at the Grygla School beginning at 9am.

Teams entered: (Grade 5) Roseau, Win-E-Mac, Fisher,

Grygla/Goodridge. (Grade 6) Roseau, Northern Freeze, Red Lake Falls, Grygla/Goodridge.

Tournament to and from the tournament is parent responsibility. A game schedule will be sent home with students this week. Admission is \$3/ adults, \$1/students K-12. Concessions will be available.

The Goodridge School is also hosting an elementary basketball tournament for Goodridge/

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School Lunch Menus

Grygla Lunch Menu

Wednesday, February 14th: Cheese Pizza, Veggie, Fruit

Thursday, February 15th: Hot Dog on a Bun, French Fries, Carrots, Pineapple, Pears

Friday, February 16th: Tomato Soup, Toasted Cheese Sandwich, Veggie, Fruit

Monday, February 19th: No School

Tuesday, February 20th: Corn Dog, Baked Beans, Baked Potato, Pears, Mandarin Oranges

Goodridge Lunch Menu

Wednesday, February 14th: Egg Salad or PBJ Sandwich, Tomato Soup w/ Crackers & Cheese, Broccoli, Carrots & Celery w/ Dip, Apples, Oranges

Thursday, February 15th: Chili w/ Cheese & Crackers, Broccoli, Carrots & Celery w/ Dip, Apples, Cinnamon Roll

Friday, February 16th: No School

Monday, February 19th: No School

Tuesday, February 20th: Pepperoni Pizza, Garden Salad, Corn, Peaches

HELP WANTED

Substitute Cooks needed.
For information contact Jamie Lunsetter, K-12 Principal at the Grygla school at 218-294-6155, email: jlunsetter@grygla.k12.mn.us.

Pennington SWCD seeks summer apprentices

Conservation Corps Minnesota & Iowa is currently accepting applications for young adults, ages 18-25, for summer apprentice positions in 31 Soil and Water Conservation Districts throughout Minnesota. Apprentices will spend their summer working alongside natural resource professionals to learn hands-on skills in managing soil and water resources. Responsibilities vary by site and may include communicating with landowners, creating educational materials, surface water monitoring, inspecting sites, surveying, utilizing GPS and GIS applications, preparing reports and other conservation-related activities. The Pennington SWCD apprentice

will be based at the SWCD/USDA Service Center in Thief River Falls.

Apprentices will serve as AmeriCorps members and receive a monthly living stipend of \$1,355 as well as an education award of \$1,538 to use towards qualifying education and student loan expenses. Educational credits may be arranged by the apprentice. The service term runs from May 15 to August 10, 2018.

Those interested may get more information at www.conservationcorps.org/apprentice-academy and complete an application online at conservationcorps.org/apply. The application deadline is March 2, 2018.

Wednesday, February 14th
 6:00pm to 9:00pm
Dinner Specials
Prime Rib ... 19.99
14 oz. Prime Rib seasoned and cooked to perfection
Shrimp Platter 19.99
Broiled Shrimp, Breaded Deep Fried Shrimp and Shrimp Scampi
 Entrees to include a choice of potato, soup or salad, dinner roll, dessert & a glass of champagne.

Presidents Day

In 1776, Thomas Jefferson authored the Declaration of Independence. He served as the first U.S. Secretary of State and later as the second Vice President. He was elected the third President of the United States in 1801.

One of President Jefferson's many achievements was the Louisiana Purchase. He acquired land from France and doubled the size of the U.S. **Every February, we honor all of America's Presidents.**

*The American State Bank will be **CLOSED** all day on **Monday, Feb. 19, 2018** in observance of President's Day.*

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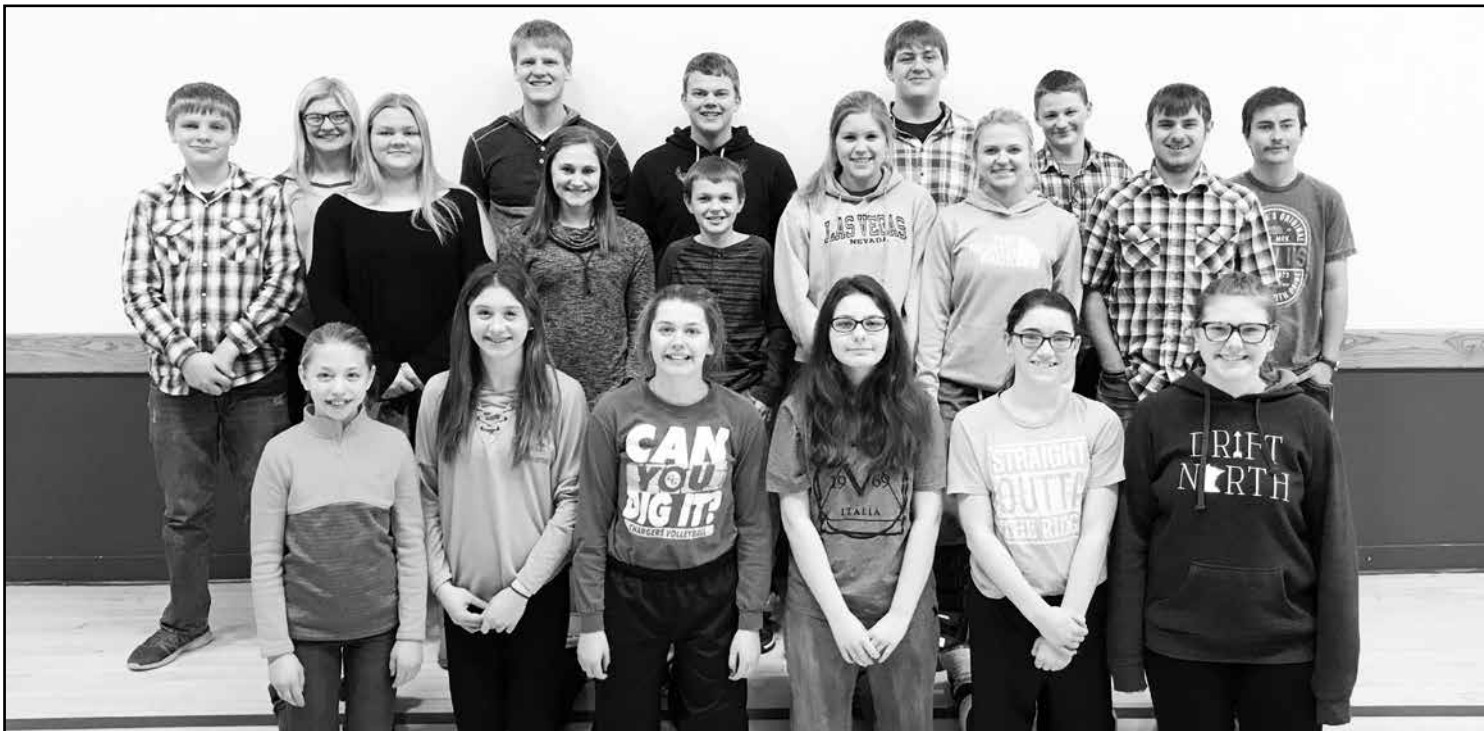
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A FULL SERVICE BANK



Goodridge High School 'A' Honor Roll – Quarter 2
Front row, L-R: Jorja Salo, Hannah Wilebski, Jennah Henrickson, Chantel Grindeland, Shantel Horachek, Payton Homme
Middle row: Kayla Kiesow, Mercedes Coan, Jordon Johnson, Madilyn Race, Amy Wiskow, Blake Nerhus
Back row: Nicholas Groven, Libby Johnson, Ben Groven, Dylan Manderud, Brandon Stanley, Blake Jensen, Jordan Skibicki
Not pictured: Madison Paulson



Goodridge High School 'B' Honor Roll – Quarter 2
Front row, L-R: Noelle Merrill, Alliya Smith, Caitlyn Jacobson, Sadie Anderson, Skya Wilson, Katelyn Colden, Matthew Busse
Middle row: Kylie Delage, Paige Burns, Felix Jensen, Chantal Nerhus, Katerina Groven, Maloni Henrickson, Nichole Arveson, Kansas Jensen, Elliot Philipp, Thor Henrickson
Back row: Isaac Johnson, Jolson Sargent, Braiden Carver, Trinity Walseth, Jordan Coan, Preston Panek, Jacob Tharaldson, Dylan Wold, Kaleb Sjulestad, Justin Anderson, Ian Haugen, Riley Manderud, Jordan Horachek, Zachary Marquis, Blake Passa
Not pictured: Cynthia Sampson, Vivian Coan

February WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of February 2018.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule of WIC Clinics for the month of February:

Monday-Friday, February 12-16, Thief River Falls: Redeemer Lutheran Church

Monday, February 19, Warren: Evangelical Covenant Church

Tuesday, February 20, Karlstad: First Lutheran Church

Wed-Thurs, February 21-22, Roseau: LifeCare Medical Center Basement Auxiliary Room

Thursday, February 22, Grygla: Grace Lutheran Church

For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

Search for Miss Pre-Teen Marshall County announced

Applications are being accepted for the title of 2018 Miss Pre-Teen Marshall County. This is for girls between the ages of 10-12 years old. Miss Pre-Teen Marshall County will represent her county at the Miss Pre-Teen Minnesota pageant, which will be held at the Wellstone Center on April 28th, 2018, in St. Paul, Minnesota.

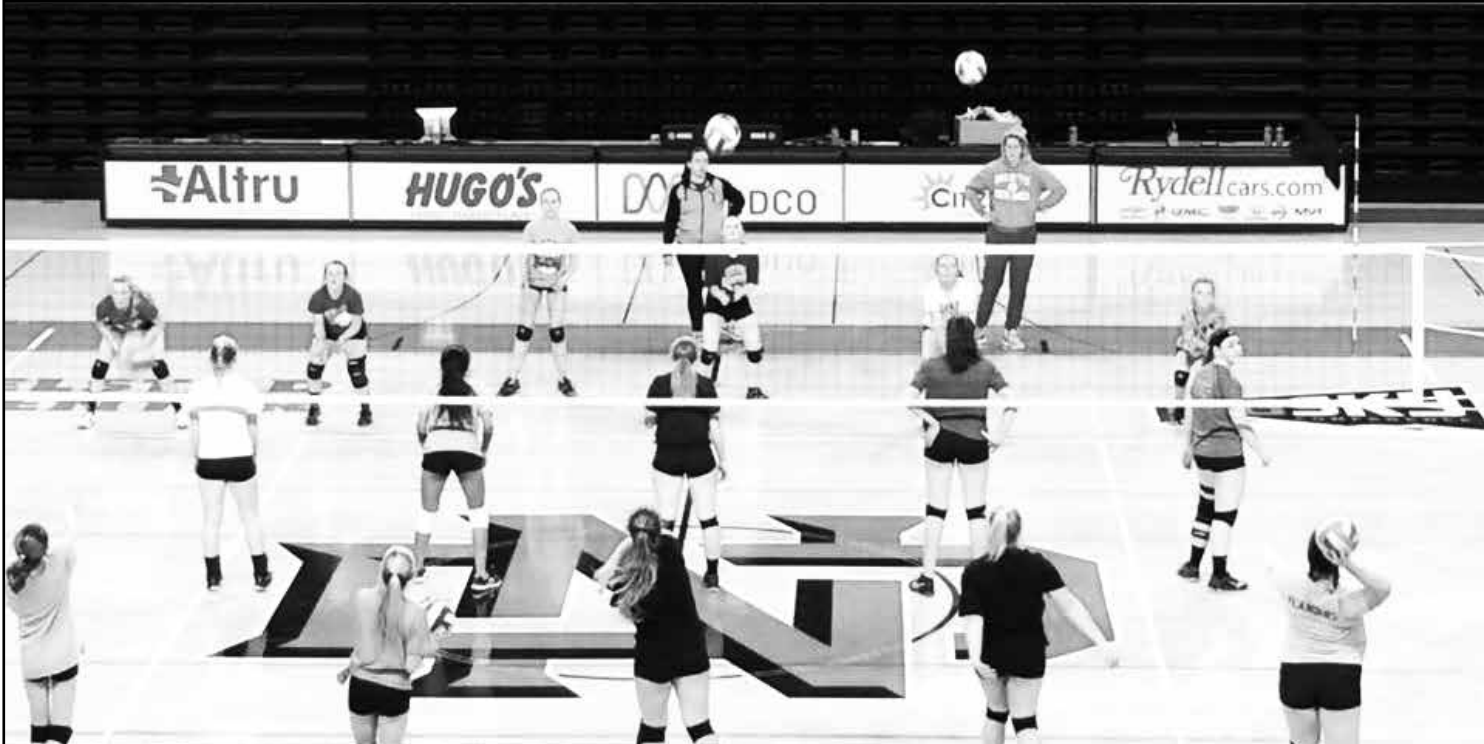
The young lady chosen as Miss Pre-Teen Marshall County will become an ambassador from the Marshall County area and will receive an official title and sash. She will receive a prize package and chance to represent Minnesota at the Miss Pre-Teen International pageant held in Charleston, West Virginia, in July.

The American Heart Association's "Go for Red for Women" is the official charity of the Miss Pre-Teen Minnesota Pageant.

Girls will compete in: Personal Interview, On-Stage Interview, Fun Fashion Wear and Evening Wear.

Young Pre-Teen ladies living in Marshall County interested in applying should go on line to: www.misspreteenminnesota.com or write for bio-form to: Miss Pre-Teen Minnesota International Pageant, P.O. Box 240537, Apple Valley, MN, 55124-0537. Call for information: (952) 432-6758 or Fax: (952) 953-3896 or Email: pagnultd@frontiernet.net

The entry deadline is March 15th, 2018.



Grygla Volleyball players, Jamie Dougherty and Mya Anderson, attended UND Volleyball Winter Camp last week. The program is made up of four different sessions that focus on skills instruction and end with competitive games. Athletes are instructed by the UND coaching staff and current players.

Agriculture Risk Coverage (ARC) - Price Loss Coverage (PLC) enrollment contract signup has begun

The Marshall County FSA Office would like to inform producers that they may enroll into the 2018 ARC/PLC program by signing a contract CCC-861 or CCC-862. This is a required annual contract to be eligible for any payments earned under the ARC/PLC program. Signup began November 1st, 2017, and will continue to August 1, 2018.

Producers are encouraged to take the time to sign the ARC/PLC contract for 2018 now during the winter and early spring months. Coming in earlier allows for more time to make any changes that you may have,

such as landowner changes, new land interest and operating plan changes. Please bring a copy of any new land leases you may have with your landowners.

To better serve producers the contract enrollment process is being conducted by appointment.

Producers with questions about the enrollment process or who wish to schedule an appointment should contact their local FSA County Office or the Marshall County FSA Office at (218) 745-4251 ext. 2.



Ava Sorvig, Callie Loken and Blake Rychlock during Intramurals last week.

Word of the Week

...enhancing vocabularies one Grygla Eagle at a time.

Lenity \len-i-tee\
noun
1. The quality or state of being mild or gentle, as toward others. 2. A lenient act.

SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

Sausage, Pepper and Rice Skillet

Smoky kielbasa sizzled with sweet bell peppers, onions and garlic in tomato sauce. This quick and easy skillet is simply delicious.

Ingredients
1 1/4 c. white rice
2 tsp. olive oil
1 (12 ounce) package smoked sausage
1/2 red bell pepper, sliced
1/2 yellow bell pepper, sliced
1 small white onion, quartered and sliced
4 cloves garlic, minced
1/2 tsp. salt
1/2 tsp. pepper
5 tbsp. tomato paste
1 1/4 c. chicken broth, divided
1 tsp. paprika
1/8 tsp. cayenne pepper
1 1/2 tbsp. chopped parsley

Directions
In a small saucepan, cook rice according to the package's directions. Place a large skillet over medium-high. Once the skillet is hot, add the oil. Once that's heated, add the sausage and cook until browned on both sides, about 5 minutes. Remove

from the pan and set aside. Add the peppers and onion, saute for 4-5 minutes. Add the garlic, salt and pepper; cook about 1 minute. Remove from the pan and set aside with the sausage.

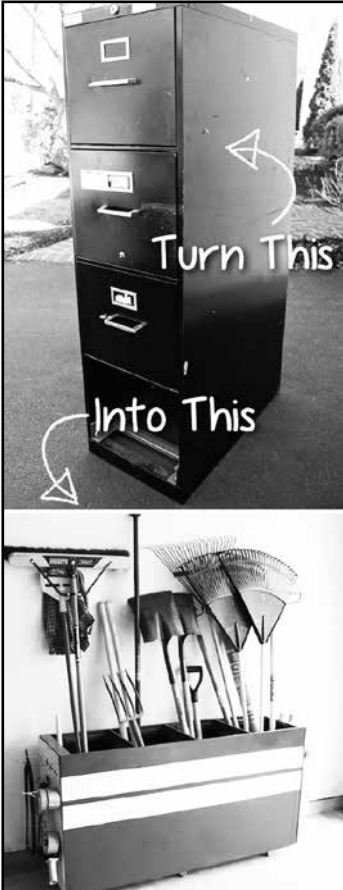
Add the tomato paste and about 3/4 cup of chicken broth, whisk to combine. Allow the mixture to simmer for 1 minute, then add the paprika and cayenne.

Stir in the cooked rice, sausage, remaining chicken broth, pepper and onions until combined. Garnish with chopped parsley, serve immediately.



DO IT YOURSELF

Clever DIY furniture hacks! Repurpose these old pieces into new, fun and functioning pieces.



February Elementary Intramural Schedule

Grygla Elementary kids in grades 4-6 have been playing intramural basketball every Friday afternoon from 1:30-3:30pm. Families and friends are welcome to come and watch. The February schedule is below for your reference.

February 16th
1:30-Dream Team vs. Beast Mode, 2:00-Benchwarmers vs. Warriors, 2:30-Beast Mode vs. Benchwarmers, 3:00-Dream Team vs. Warriors

February 23rd
1:30-Beast Mode vs. Warriors, 2:00-Dream Team vs. Benchwarmers, 2:30-Dream Team vs. Beast Mode, 3:00-Benchwarmers vs. Warriors

Warriors, 2:30-Beast Mode vs. Benchwarmers, 3:00-Dream Team vs. Warriors

February 23rd
1:30-Beast Mode vs. Warriors, 2:00-Dream Team vs. Benchwarmers, 2:30-Dream Team vs. Beast Mode, 3:00-Benchwarmers vs. Warriors

Sportsman's Club Fun Run Feb. 24

Mark your calendars for the Sportsman's Club Fun Run! This event will take place on Saturday, February 24th, at Yo-Hawn's in Grygla. Registration is at 11am with the ride leaving at 12pm and returning by 5pm. Upon return, the Chix from the Stix will serve a pol-

ish/chili feed. Registration will be \$20/person.

Sponsored by: Fourtown/Grygla Sportsman's Club and Chix from the Stix Relay for Life team. For any questions and/or pre-registration, contact Tonia Haack at 218-294-6025.

WHAT A JOKE

Happy Valentine's Day! Nothing says love more than a good laugh. If you've been in a relationship for a while, you know that it means to be in love day after day and you've come to embrace the monotony of it. This year consider skipping the \$5 cards and make a homemade one instead. These completely relatable sayings are bound to put a smile on your partner's face. Or at least generate a good eye roll...

• Since our wedding day, our love has grown and so has our mortgage.

• I'm so glad you are the father of my children because I need a break. I'll be in the tub.

• There is no one else I'd rather lay in bed with while we both look at our phones.

• You are the reason I get up in the morning. Just kidding. It's the baby.

• What I feel for you is so much more than financial and familial obligation.

• I love you so much that I've learned to tolerate your snoring.

• You make me so happy when you do the dishes.

• I love you so much that I'm willing to let you think you were right.

• I never knew I could love someone this much, which is good because you drive me positively insane.

• Let's be boring together forever.

• You'll do. It's a bit too late to swap you now.

• From him: Roses are red, chocolates are brown, you're getting neither so just calm down.

• From her: Roses are red, violets are blue, but I wouldn't bring that because you never bring me flowers.

• Happy consumerist driven, trivial interpretation of love day.

• There's no one else I'd rather spend this annual obligation with.

• I love you. But mainly I love your life-saving body heat when I crawl into bed at night.

• It's remarkable how long we've tolerated each other.

Wednesday, February 14, 2018



The Grygla Lion's Club held their new membership/awards banquet last Saturday night at Yo-Hawn's. This is a centennial year for the Lion's Club International. There are over 47,000 clubs in 200+ countries with over 1.4 million members. Grygla's chapter currently has 77 members. Through the power of we, through the power of action and through the power of service, the Lion's motto is "We Serve."

Grygla Lion's Club holds new membership/awards banquet



Years of Service awards were given out last Saturday night at the Grygla Lion's Club banquet. L-R: Lynn Anderson (20 years), Julie Sparby (10 years), Steve Sparby (20 years), Bryan Grove (25 years), Wayne Warne (20 years) and Gary Polansky (15 years). Also pictured is John Wollenzien, District Governor, and Danny Bragg, Grygla Lion's President. Other award winners that were not in attendance: Todd Stanley, Lee Sundberg and Gary Satre (all 30 years), Jeremy Nordby (25 years), Marlyn Sistad and Donna Jelle (20 years), Marie Konickson, Lowell Smeby, Donald Haack, Greg Harris, Jack Nelson and Orvis Haugen (15 years), Patti Johnson, Ray Henrikson, Colette Brobst and Lori Thompson (10 years).



Nadine Wold, Mildred Klamar, Lon Englund and Lynn Anderson were awarded Silver Centennial Lion pins last Saturday evening.

Blood Drive Wed.

The Grygla Fire & Rescue Department has teamed up with United Blood Services in scheduling a community blood drive. The life-saving event is this Wednesday, February 14th, from 9:45am-3:30pm at the Grygla Community Center. Those who are out and about, and are feeling well, are invited to stop by the blood drive and donate blood. United Blood Services provides a free cholesterol screening with each donation. Volunteer blood donors must be at least 16, weigh a minimum of 110 pounds and be in good health. Donors who are 16 and 17 must have signed permission from a parent or guardian.



New members of the Grygla Lion's Club include Jason & Michelle Kuznia (not pictured) and Robert & Kari Sundberg, pictured with sponsors Julie Sparby and Bryan Grove.



Payton Dougherty got a shot over Janessa Torgerson last Friday at Intramurals!

Grygla students participate in Knowledge Bowl

Grygla students are a few weeks in to Knowledge Bowl. Co-advisors of the club are Drew Kjono and Jesse Westbrook. Practice is held once a week during lunch. The group then competes weekly in Thief River Falls for meets with 42-45 other area schools every Wednesday. The schedule runs through the end of February, with the Sub-Regional meet being held February 28th.

When asked how the Grygla team is doing and if they have been amongst the top teams, Kjono offered, "The wins and losses for Knowledge Bowl is more like how a track meet is done with places and an overall ranking; each week it changes. The juniors and seniors usually finish in the top 25 range while our freshmen and sophomores usually finish toward the bottom. The places are not too important to us because we focus on how the students improve

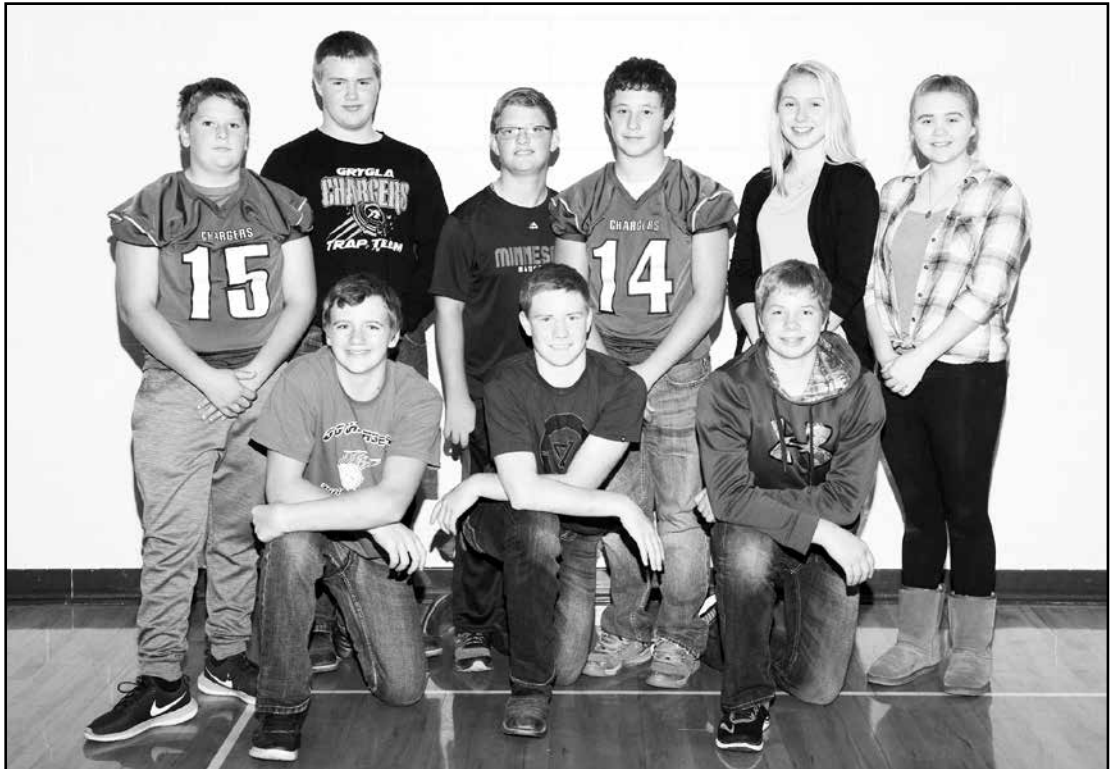
each week and each year. When we bring a team of freshmen and they are in a room with a team of seniors from Bemidji or Thief River Falls, chances are they are not going to win that round. Our focus is on getting quicker to buzz in and answer every question."

Some towns will have set "A" and "B" teams, but Grygla typically alternates between two teams of juniors and seniors and two teams of sophomores and freshmen. Kjono added, "We think it's a little better for the kids as more of them get experience with the format and questions. It's great to see how the kids progress through the years. Already, we can see how the older kids have improved from years prior, and the younger kids are getting their feet wet in how a varsity meet operates."

Knowledge Bowl students include: (Seniors) Carlye Kie-

sow, Hailey Vad, Alaina Monson, Brooke Limesand, Clay Irlbeck; (Juniors) Abby Kiesow, Jaden Kiesow, Lucian Tinnes, Cheyenne Irlbeck, Olivia Tykward, Peyton Grandstrand, Jaden Kiesow, Jake Ahlbeck; (Sophomores) Bailey Watne, Layla Jelle, Cory Cleven; (Freshmen) Levi Kiesow, Jared Haack, Eli Sundberg, Chloe Kuznia, Madison Cullen

Junior High Knowledge Bowl will start their meets towards the end of March with two dates being set for March 20th (4-6pm in Grygla) and March 27th (during school hours in TRF). The Junior High roster includes: (8th grade) Walter Jones, Justin Thompson, Nolan Anderson, Andrew Loken, Brigitte Watne, Katelyn Larson; (7th grade) Reece Sundberg, Sheldin Sundberg, Dane Arveson



Grygla School Knowledge Bowl 8th/9th grade roster
Front row, L-R: Andrew Loken, Nolan Anderson, Levi Kiesow
Back row, L-R: Eli Sundberg, Walter Jones, Justin Thompson, Jared Haack, Katelyn Larson, Brigitte Watne (Not pictured: Chloe Kuznia and Madison Cullen)



Grygla School Knowledge Bowl 10th/11th/12th grade roster
Front row, L-R: Bailey Watne, Hailey Vad, Layla Jelle, Carlye Kiesow
Back row, L-R: Brooke Limesand, Cory Cleven, Olivia Tykward, Alaina Monson, Abby Kiesow, Cheyenne Irlbeck, Lucian Tinnes, Jaden Kiesow (Not pictured: Clay Irlbeck, Peyton Grandstrand, Jake Ahlbeck)

Chargers basketball stats from last week

BBB on February 5th vs. Sacred Heart in EGF

Chargers lose to Sacred Heart 64-79.

GG Scoring: Groven 23 (10 reb), Stanley 16 (7 reb, 3 ast), Sjulestad 10 (6 reb), Manderud 6 (6 reb), Kiesow 4 (3 ast), Nerhus 3 (5 reb, 5 ast), Tharaldson 1 (2 reb), Verbout 1

Coach's Comments: We played very well tonight. The score was much closer than it ended up. Sacred Heart is a very good team who can beat you a lot of different ways. We rebounded well and played our game offensively for much of the game, they finally wore us down the last two minutes to pull away.

BBB on February 8th vs. Red Lake County in Go-odridge

Chargers lose to RLC 52-60.

GG Scoring: B. Groven 13 (7 reb, 4 ast), K. Sjulestad 10 (4 reb, 2 ast), D. Manderud 7 (13 reb, 2 ast), B. Nerhus 5 (4 reb), P. Verbout 5, B. Stanley 4 (6 reb, 3 stls), J. Kiesow 4 (4 reb, 2 ast, 2 stls), J. Tharaldson (4 stls)

Coach's Comments: Tough game for us. We played well in stretches and had a chance to win it at the end of regulation. Couple costly mistakes in overtime let it slip away.

GBB on February 9th vs. Warroad in Grygla

Chargers lose to Warroad 23-34.

GG Scoring: Daria Waletzki- 3 points, Chloe Kuznia- 4 points, Madi Race- 2 points, 5 rebounds, 4 steals, Brooke Limesand- 3 points, 11 re-

bounds, Trinity Walseth- 11 points

Coach's Comments: The girls came into the game with high intensity. It was good and fun to see. We got a little lead early, but Warroad was able to come back from it and stay ahead. I thought our offense moved well and we passed the ball around. Defensively, I thought we also played well. We also got a lot of shots that we wanted, but the problem was we couldn't get them to drop. We shot 13% for the game. I know we could have shot a little better but I am proud of the girls how they played tonight.

GBB on February 10th vs. BGMR in Greenbush

Chargers lose to Gators 21-55.

GG Scoring: Daria Waletzki- 2 points, Chloe Kuznia- 4 points, Maloni Henrikson- 2 points, Layla Jelle- 4 points, Madi Race- 2 points, Vivian Coan- 3 points, Libby Johnson- 2 points, Brooke Limesand- 2 points, Trinity Walseth- 4 points

Coach's Comments: The girls played tired this game and that can happen on an early Saturday game. The girls played well and worked hard the night before. The full court pressure got us again, but when they pulled it off, the girls started executing and we did a better a job.



Wednesday, February 14, 2018