



				
Today	Thurs	Fri	Sat	Sun
Mostly Sunny	Partly Cloudy	Mostly Sunny	Mostly Sunny	Partly Cloudy
H 8 L -14	H 1 L -19	H 4 L -10	H 11 L 1	H 21 L 10



In this issue ... Candlelight Ski & Snowshoe event near Grygla - fun for the whole family!

Chargers Girls Basketball Parent's Night



Parent's Night was held for the Chargers Girls Basketball team last week on Monday, January 29th, in Grygla vs. BGMR. The GG varsity team, coached by Elroy Johnsrud, lost to the Gators with a final score of 29-63. Seniors and their parents were recognized on the floor prior to the game.



Jordan Skibicki (manager), son of Stanley & Patty Skibicki



Carlye Kiesow, daughter of Ron & Coleen Kiesow



Brooke Limesand, daughter of Glenn & Charissa Limesand



Maloni Henrickson at the free throw line in the JV game last week in Grygla.



Madison Paulson goes up for two in the JV game.



Thirteen consecutive wins for the Grygla Flames

The Grygla Flames have done it again! For the 13th consecutive year, the hockey team has taken first place in the Grygla Cup, which was held last Saturday in town. Williams Wolves placed 2nd; Grygla Ice Devils placed 3rd; Ross Rangers placed 4th. For more pictures of the Grygla Cup, see the back page.

Iron Chargers receive invite to US Create Open

The Grygla Iron Chargers attended the MN State VEX Robotics Tournament in St. Cloud, MN, last weekend. Even though they didn't qualify for the World Championship, they did qualify for the US Create Open in Council Bluffs, Iowa, which consists of 200 high school teams. They attended this competition last year and are looking forward to it again this spring on April 2-4, 2018.

This year, the two teams are Team 4149C: Trystan Jelle, Abby Kiesow, Jake Ahlbeck and Elise Monson, and Team 4149G: Olivia Tykward, Julianne Nordby and Bailey Watne. Updates were provided on the Iron Charger's Facebook page, which followed their weekend at the River's Edge Convention Center in St. Cloud. It was fun for parents, friends and fans to follow along with the team's matches. The updates of each day, posted by the team, are being provided below for your reading pleasure.

Friday night, February

2nd:

The Iron Chargers are in St. Cloud getting ready for the VEX Robotics State Competition. We will have some qualifying matches this evening starting at approximately 6:30pm and lots more tomorrow! Abby (Kiesow) has been working away to perfect her 1 minute autonomous routine for the C team. The robot is doing all of the driving through a pre-programmed code using a whole slew of sensors including; potentiometers, quadrature encoders, line followers, and ultrasonic range finders. This is, by far, the highest level of programming the team has achieved. (We have taken over a hotel conference room along with the NCTC college team.) The C team had two matches and went 1-1. The G team had one match and is 0-1. As usual, we had some technical glitches. The team stayed up last night and seems to have gotten it worked out! The C team is also ranked 2nd so far in the skills challenge.

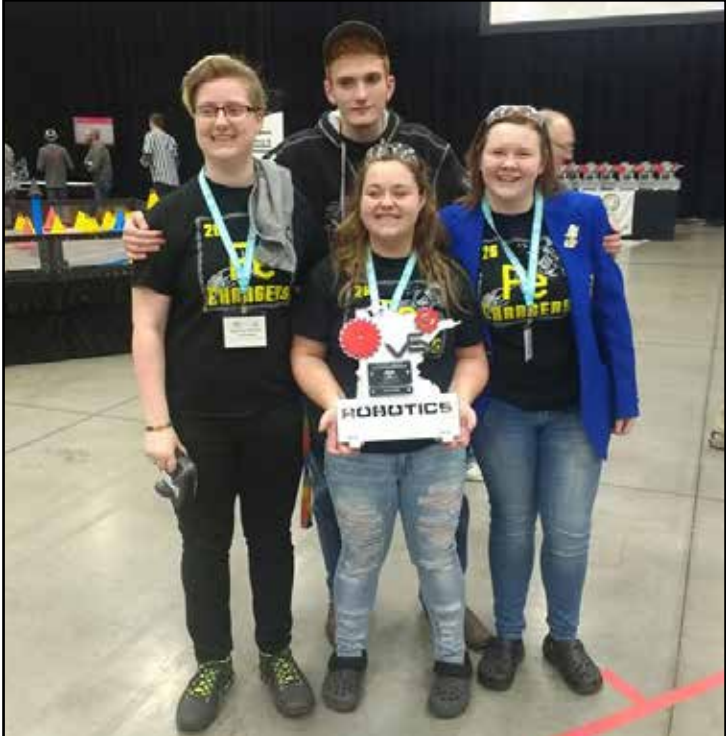
Saturday, February 3rd:

The G-team won their first match of the morning and are now 1-1. The C team won their first match of the day and is now 2-1. Later in the day, the C team finished qualifications at 5-2 and were ranked 11th out of 64. The G team finished 3-4 and were ranked 43rd. Not sure how alliance selection is going to play out! Both teams are a part of the 6th place alliance along with Warren/Alvarado/Oslo. Only 24 teams get to this point, so we have done great, but we definitely have an uphill battle ahead. We go against the 3rd ranked alliance soon! We lost the first quarter-finals round 65-63. Ouch. Lost the second match 89-84. We are eliminated from the competition, but the team did great! Congrats to all the other teams. The level of play in the state is amazing! Iron Chargers Team 4149G won the CREATE award in St. Cloud.

Left: The Iron Chargers shared this photo from the state competition in St. Cloud on their Facebook page and captioned it: "Robotics: Still a big deal in Minnesota!" You can say that again! Look at that crowd!



Right: The Iron Chargers 4149G team won the CREATE award at the MN State Vex Robotics tournament in St. Cloud last weekend. Pictured is Olivia Tykward, Julianne Nordby and Bailey Watne with Chris Luttrell, behind, a member of the team last year, prior to graduating.



CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday, Feb. 7:
6pm Choir; 6:30pm 8th grade Confirmation; 8pm Interfaith Bible Study
Thursday, Feb. 8:
9am Grace Quilting, 1pm Grace Circle
Sunday:
Grace: 9am Worship
OS: 10:30am Worship w/ 9:30am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Pastor TBA
Wednesday, Feb. 7:
9am Quilting, 1pm Ladies Aid
Sunday:
OS: 9am Worship w/ 10am SS
UL: 11am Worship
Monday:
OS/UL Quilting 9am

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Osercamp
Wednesday:
6pm Faith WELCA, 7pm 8th grade Confirmation at Bethany
Sunday:
Faith: 8:30am Worship w/ 9:45am SS
Ekelund: 9:45am Worship w/ 10:45am SS

Bethany: 11am Worship w/ 9:45am SS (Annual Meeting/ Potluck to follow Worship) 7/8 grade confirmation 7pm
Monday:
Faith Quilting 9am

THE CATHOLIC COMMUNITIES OF
St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hammess
Sunday:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship, no SS

COMMUNITY BIBLE CHURCH
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Wednesday, Feb. 7:
Wed. School/Confirmation 5-7pm; LYS meeting 7pm
Saturday:
Mt. Olive Worship 9am
Sunday:
St. Petri: 8am Worship w/ 9:15am SS
Nazareth: 9:45am Worship w/ 8:30am SS
Oak Park: 11am Worship w/ 9:30am SS

Valentine's Day

Wednesday, February 14th
6:00pm to 9:00pm

Dinner Specials

Prime Rib ... 19.99
14 oz. Prime Rib seasoned and cooked to perfection

Shrimp Platter 19.99
Broiled Shrimp, Breaded Deep Fried Shrimp and Shrimp Scampi

Entrees to include a choice of potato, soup or salad, dinner roll, dessert & a glass of champagne.

Yo-Hawn's inc. Bar & Grill Grygla, MN

THIEF RIVER FALLS RADIO
KTRF AM 1230 KKAQ AM 1460 KEDQ FM 99.3

~ LISTEN LIVE ON TRF RADIO ~ KKDQ/ KTRF

★ THURSDAY, FEBRUARY 2ND:
GG Chargers Boy's Basketball vs. RLCC in Goodridge

★ MONDAY, FEBRUARY 12TH:
GG Chargers Girl's & Boy's Basketball (Double Header) vs. Stephen/Argyle in Grygla

Sportsman's Club upcoming events

The club will be taking their annual trip the weekend of February 16-18 to Rainy River Resort in Baudette. The group will be staying in cabins that will cost \$50 per person/per night. If you are interested in joining the group, please contact Tonia Haack at 218-294-6025.

Also, mark your calendars for the Fun Run that the club is currently planning. This event will take place on Saturday, February 24th, at Yo-Hawn's

in Grygla. Registration is at 11am with the ride leaving at 12pm and returning by 5pm. Upon return, the Chix from the Stix will serve a polish/chili feed. Registration will be \$20/ person.

Sponsored by: Fourtown/ Grygla Sportsman's Club and Chix from the Stix Relay for Life team. For any questions and/or pre-registration for the Fun Run, contact Tonia Haack at number previously mentioned.

Community Calendar

Wed | Feb 7
Grygla Eagle office open 9-6pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; BBB practice Goodridge/ GBB practice Grygla; Grygla Teen Bookclub 6:15pm; 4th-6th grade girls basketball practice in Goodridge from 6:30-8:30pm

Thurs | Feb 8
BBB vs. RLCC in Goodridge (no JH game); GBB practice in Grygla

Fri | Feb 9
Senior Meals at Grain Bin Café 11am; Grygla Elementary Intramurals 1:30-3:30pm; GBB vs. Warroad in Grygla; 4th-6th grade girls basketball practice in Goodridge from 6:30-8:30pm

Sat | Feb 10
GBB vs. BGMR in Greenbush (7th 10am, 8th 11am, JV 12pm, Varsity to follow); Hayes Lake State Park Candlelight Ski & Snowshoe event 5:30-8:30

Sun | Feb 11

Mon | Feb 12
Senior Meals at Grain Bin Café 11am; GBB/BBB Double Header vs. SAC in Grygla; Grygla City Council Meeting 7pm

Tues | Feb 13
GBB vs. LOW in Grygla (JV & V only)

Monson Electric Services, Inc.
Grygla, MN

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HELP WANTED

Substitute Cooks needed.
For information contact Jamie Lunsetter, K-12 Principal at the Grygla school at 218-294-6155, email: jlunsetter@grygla.k12.mn.us

Goodridge Trap team to meet Thurs.

There will be a Trap meeting for Goodridge students and parents on Thursday, February 8th, at 7pm in the Goodridge School English room. If you have any questions please email Tim at tim.anderson@goodridgeisd561.org.

JOHNSON FUNERAL SERVICE, INC.

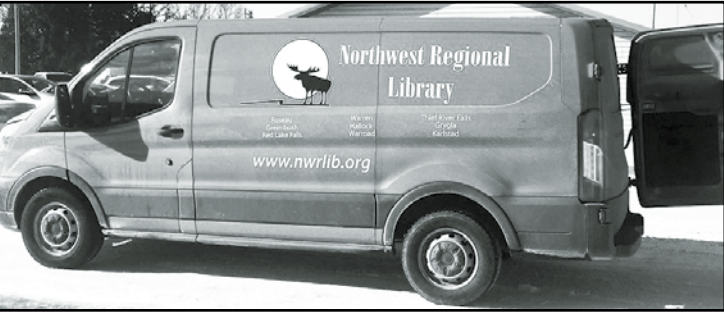
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Funeral Pre-planning Monuments
www.johnsonfuneralservice.com

Schulz named to Dean's List

Leah Schulz, Grygla, MN, has been listed on the Dean's List for the Fall Semester of 2017 at Mayville State University. In order to be named to the Dean's List, each student

GRYGLA LIBRARY LINK



Written by Kari Sundberg, Grygla Librarian

We've got a few fun things for you to read about this week, but first, I want to give a special shout out to our delivery driver, Dana. You've probably seen the red library van parked outside of the Grygla Community Center. It's there twice a week. Every single Wednesday and Friday, Dana makes a big loop between 5am & 2pm to deliver your book requests, bring new shelf items and pick up items for return. He goes from TRF to Red Lake Falls, Warren to Hallock, Karlstad over to Greenbush, Roseau to Warroad, down highway 9 to Grygla, and back to TRF. All for us. And our desire to read. I just wanted to give him a special shout out this week.

On to our "Hot Reads for Cold Nights" program. We're still going strong and will go through the end of the month. Adult readers can sign up for each book they have read making them eligible for prizes. So far, winners of the long-sleeved shirts have included Doris Smeby and Betty Ostby. Winners of the book bags were Ida Stanley and Arlette Ruud. We still have a few more prizes to give away in the next couple of weeks so keep reading!

Speaking of reading, February is "I Love to Read" month! Did you know that? I think that pretty much means you HAVE to come to the library at least once this month and check out a good book. It just so happens I've got a great suggestion for you.

So this book is called Mistaken Identity by Don & Susie Van Ryn and Newell, Colleen & Whitney Cerak. The copy in the Grygla Library is in great shape, but I noticed upon check-out that the pages seemed like maybe something had spilled on them at one time. I took the book home, started reading and quickly figured out what the deal was: I cried about 10 different times in the book (so did my sister). As it turns out, the pages probably DO have some water damage.....from everyone's TEARS! Oh my gosh! It's a tearjerker for sure. It's also a true story. You may remember it from about 10 years back. Check it out below.

Summary:
Five lives were lost in a tragic accident involving a Taylor University van, and one young woman, severely injured and comatose, was rushed to

the hospital. Five funerals were held. Families, faculty, students, and communities grieved their losses and joined in prayer and hope as the one young woman, Laura Van Ryn, fought for her life in a hospital bed. The national news spread the story, and people everywhere shared the grief and the hope.

Friday, February 9th: BBQ Beef on a Bun, Pickles, Chips, Corn, Mixed Fruit
Monday, February 12th: Hot Dog on a Bun, French Fries, Apples, Oranges
Tuesday, February 13th: Tater Tot Casserole, Tossed Salad, Corn, Peaches

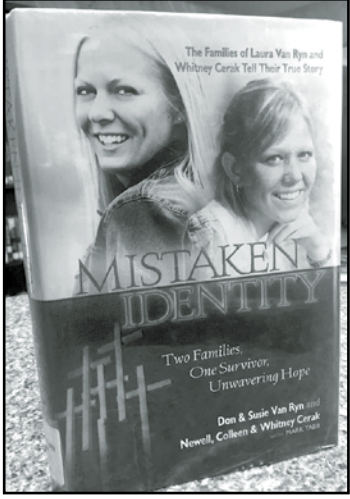
Five weeks passed for the Cerak family. Believing they had buried their daughter, the Ceraks clung to their faith and worshipped God through their tears, learning to look forward with hope to an eternal reunion with their lovely daughter Whitney. They spent weeks of mourning and grief surrounded by loved ones, slowly moving toward healing.

Five weeks passed for the Van Ryns. Keeping a constant bedside vigil over their precious daughter Laura, they sat and prayed and hoped. Confronted with tubes and surgeries, vital signs and healing signs, they rejoiced at each tiny advance toward recovery. Their friends and church and family members, along with a steady stream of students, celebrated with them each sign of Laura's healing.

And then the shock!
"Okay, Laura, I would like you to write your name for me," the occupational therapist said. W-H-I-T-N-E-Y

This shocking case of mistaken identity stunned the country and made national news. Would it destroy a family? Shatter their faith? Push two families into bitterness, resentment, and guilt?

Read this unprecedented story of two traumatized families who describe their ordeal and explore the bond sustaining and uniting them as they deal with their bizarre reversal of life lost and life found.



School Lunch Menus

Grygla Lunch Menu
Wednesday, February 7th: Chicken Fajita on a Tortilla Shell, Broccoli, Carrots, Fresh Fruit, Bread
Thursday, February 8th: Tacos, Corn, Peaches, Mandarin Oranges, Bread
Friday, February 9th: Pork in Gravy, Mashed Potatoes, Fruit, Veggie, Bread
Monday, February 12th: Pulled Pork on a Bun, Fries, Fruit, Veggie
Tuesday, February 13th: Chicken Fingers, Veggie, Fruit

Goodridge Lunch Menu
Wednesday, February 7th: Pork Chop Patty, Seasoned Rice, Green Beans, Peaches, Pears
Thursday, February 8th: Chicken Alfredo, Steamed Broccoli, Breadstick, Apples
Friday, February 9th: BBQ Beef on a Bun, Pickles, Chips, Corn, Mixed Fruit
Monday, February 12th: Hot Dog on a Bun, French Fries, Apples, Oranges
Tuesday, February 13th: Tater Tot Casserole, Tossed Salad, Corn, Peaches

Youth ski trip

A ski trip is being planned with Faith Lutheran Church of Goodridge at Buena Vista Ski Area, Bemidji, for students in grades 7-12. The date of the event is set for Sunday, February 18th, with a leave time of 1pm from Faith Lutheran Church in Goodridge; the return time is approximately 10:30pm.

The cost per person is \$40 and includes transportation, ski package, lift ticket and snacks (payable to Goodridge Lutheran Parish).

All attending will have to fill out a rental agreement. Sign up deadline is February 14th.

On the way home, there will be a stop at one of the fast food places in Bemidji.

Grygla Fire & Rescue holds Blood Drive

Grygla residents, start gearing up for another blood drive that will help prevent possible blood shortages throughout the winter. To make sure there's a dependable blood supply locally, the Grygla Fire & Rescue Department has teamed up with United Blood Services in scheduling a community blood drive. The life-saving event is set for Wednesday, February 14th, from 9:45am-3:30pm at the Grygla Community Center. For an appointment contact Paul Nordby at 294-6547 or Geoff Satre at 289-4601 or go to www.bloodhero.com, sponsor code: Grygla

Those who are out and about, and are feeling well, are invited to stop by the blood drive and donate blood. United Blood Services provides a free cholesterol screening with each donation. Volunteer blood donors must be at least 16, weigh a minimum of 110 pounds and be in good health. Donors who are 16 and 17 must have signed permission from a parent or guardian.

Be Charger Kind



The Grygla School is recognizing acts of kindness. Students are encouraged to write down their peers' names and acts of kindness that they witness and put the slips into a bucket. At the end of each week one elementary student and one high school student are chosen and they receive a t-shirt. Charger Kind winners recently chosen: Jordan Herse and Gus Jones.

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Serving Eastern Marshall & Northern Beltrami Counties
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Kari Sundberg- EDITOR
Phone 294-6220

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Essentia Health warns of carbon monoxide poisoning risks

Whether it's in your garage, a fish house or your home, you can fall victim to a common threat – carbon monoxide poisoning. The odorless, colorless gas causes sudden illness and can kill within minutes. You can succumb to carbon monoxide poisoning if your car is running in an enclosed garage, you're using a generator in the fish house or you've got gas- or propane-powered engines in the house.

Winter is the prime time our care teams encounter patients exposed to carbon monoxide, also called CO, and that's why it's vital to know the signs of poisoning. The Centers for Disease Control and Prevention say symptoms are similar to the flu -- nausea, headache, dizziness, shortness of breath, sleepiness, weakness, confusion and chest pain. The gas prevents the body from getting oxygen and in large doses, causes loss of consciousness, brain damage and death.

Infants and those with chronic heart and respiratory problems are particularly susceptible to CO poisoning, and people who are sleeping or intoxicated can die from CO poisoning before ever experiencing symptoms. Each year, more than 400 Americans die from unintentional CO poisoning, with more than 4,000 hospitalized and 20,000 emergency department visits.

"When treating patients with limited exposure to carbon monoxide, we give them oxygen through a face mask and they usually get better. Those who have received a higher exposure can require more intensive care, depending on the severity of their symptoms. That can include treatment in a hyperbaric chamber," says Dr. Kelly McGrath, medical director at Clearwater Valley Hospital and Clinics in Orofino.

A heightened awareness about symptoms and clear communication among our care teams are critical to treating patients exposed to carbon monoxide. Dr. Adam Riutta, who leads Emergency Services at Essentia in northeast Minnesota and northwest Wisconsin, says it's critical to ask specific, directed questions to find out if a patient has been exposed to carbon monoxide. Time is of the essence if you suspect exposure, with immediate testing and treatment. That means a blood test to check carbon monoxide levels and getting the patient on 100 percent oxygen through a mask covering their nose and mouth. "Test results usually come back quickly, but it's best to start treatment, get them on oxygen, right away," Dr. Riutta says.

Suspect carbon monoxide (CO) poisoning?

- Get out of the building and into the fresh air.
- Call the fire department and gas company from outside the building.
- Call 911 if you or someone else is experiencing symptoms or take the ailing person to the emergency room. Tell the physician you suspect carbon monoxide poisoning.

Do's and don'ts from the CDC

- Do install a battery-operated or battery back-up CO detector in your home and check or replace the battery when you change the time on your clocks each spring and fall. If the detector sounds, leave your home immediately and call 911.
- Do seek prompt medical attention if you suspect CO poisoning and are feeling dizzy, light-headed or nauseated.
- Do have your heating system, water heater and any other gas, oil or coal burning appliances serviced by a qualified technician every year.
- Don't use a generator, charcoal grill, camp stove or other gasoline or charcoal-burning device inside your home, basement or garage or near a window.
- Don't run a car or truck inside a garage attached to your house, even if you leave the door open
- Don't burn anything in a stove or fireplace that isn't vented.
- Don't heat your house with a gas oven.
- When you're outside, don't use a generator, pressure washer or any gasoline-powered engine within 20 feet of any window, door or vent.



Congratulations to the Goodridge School "Students of the Quarter" and "Most Improved" students of the 2nd quarter!
High School: Elliot Philipp 7th grade, Moses Jensen 9th grade (Most Improved), Trinity Walseth 9th grade (Most Improved), Hannah Wilebski 8th grade



Elementary Most Improved: Korah Merrill 1st grade, Anneliese Lane 3rd grade, Donny Johnsrud 6th grade, Lincoln Panek 4th grade, Chase Horachek 5th grade



Elementary Student of the Quarter: Emily Larson Kindergarten and Sophia Beck 3rd grade, Theodore Groven 2nd grade, Kayden Hodney 4th grade, Chesney Salo 5th grade, Hunter Kiesow 6th grade, Not pictured: Julia Halvorson 1st grade



On Friday, February 2nd, the Goodridge 5th grade class held their 2nd Quarter Auction. Over the course of the last quarter, students could earn points to "spend" at the auction. Prizes were all acquired by Mr. Mickelson or donated by parents and students. Items up for bid ranged from Salo Signs shirts, DVDs, stuffed animals and other treats!
Goodridge 5th graders, front row: Jonny Murphy, Ava Halvorson, Kylie Carpenter, Chase Horachek, Ashlyn Nelson and Morgan Coan. Back Row: Jamisen Wilson, Isabelle Brown, Libby Erickson, Maddy Thompson, Brooklynn Kriel, Brennen Parnow and Chesney Salo.



Morgan Coan, left, is pictured putting in a bid at the auction in her classroom last week!

Word of the Week

...enhancing vocabularies
one Grygla Eagle at a time.

Moxie
noun
Slang, courage; nerve; determination

Northwestern Beltrami County down payment assistance program

The Northwestern Beltrami County Affordable Housing Committee has funds available for down payment assistance for individuals who are purchasing or building a home in a defined geographical area in NW Beltrami County. These grants are fully forgivable, deferred loans for individuals who meet the program re-

quirements. The program is designed to be compatible with bank financing. Applicants must apply and be approved for the grant before they close on the property. To receive more information on the eligibility requirements, or to get an application, please contact Leann or Laurie at American State Bank in Grygla (218-294-6111).

February Elementary Intramural Schedule

Grygla Elementary kids in grades 4-6 have been playing intramural basketball every Friday afternoon from 1:30-3:30pm. Families and friends are welcome to come and watch. The February schedule is below for your reference.

February 9th
1:30-Benchwarmers vs. Beast Mode, 2:00-Dream Team vs. Warriors, 2:30-Beast Mode vs. Warriors, 3:00-Dream Team vs. Benchwarmers

February 16th
1:30-Dream Team vs. Beast Mode, 2:00-Benchwarmers vs. Warriors, 2:30-Beast Mode vs. Benchwarmers, 3:00-Dream Team vs. Warriors

February 23rd
1:30-Beast Mode vs. Warriors, 2:00-Dream Team vs. Benchwarmers, 2:30-Dream Team vs. Beast Mode, 3:00-Benchwarmers vs. Warriors

Grygla Garden Club to host luncheon

The date has been set for the annual Grygla Garden Club Luncheon. The event will be held on Saturday, February 17th, at Yo-Hawn's in Grygla. Registration begins at 12pm with lunch served at 12:30pm. This year's guest speaker is Joe Bergeson from Bergeson Nursery. His topic is on exciting new perennials for our area. The luncheon is held a bit earlier

this year because Bergeson's Nursery doesn't book speaking engagements during the planting season. Anyone with an interest in gardening – at any level – is invited to attend. There will be a short meeting for members following the program. Door prizes will also be drawn! Please call Joni Anderson with any questions.

February WIC Schedule

The Women, Infants and Children's Supplemental Nutrition Education Program (WIC) is being held the month of February 2018.

Infants, children up to the age of 5, and women who are pregnant or breastfeeding may be eligible for the program. We are very interested in enrolling pregnant women in the program. We feel that the prenatal nutrition is a vital part of producing a healthy baby. Therefore, it is important to apply for WIC early in your pregnancy. We need no proof of pregnancy.

All potential clients must contact the WIC Program to schedule an appointment.

The following is the schedule of WIC Clinics for the month of February:

Wednesday, February 7, Warroad: Community Center
Thursday, February 8, Red

Lake Falls: Community Center
Monday-Friday, February 12-16, Thief River Falls: Redeemer Lutheran Church

Monday, February 19, Warren: Evangelical Covenant Church

Tuesday, February 20, Karlstad: First Lutheran Church

Wed-Thurs, February 21-22, Roseau: LifeCare Medical Center Basement Auxiliary Room

Thursday, February 22, Grygla: Grace Lutheran Church

For further information concerning the WIC program, call or write WIC Quin, PO Box 248, Newfolden, MN 56738, phone 874-7845 (Newfolden, Viking, Middle River, Holt or Thief River Falls residents) or 1-800-223-1591, or e-mail at quinchs@wiktel.com.

SIMPLY DELICIOUS



Written and made by Kari Sundberg, Eagle Editor

Bacon Cheddar Tortilla Roll Ups

All you need is cream cheese, crumbled bacon, cheddar cheese, ranch dressing, flour tortillas and 10 minutes. The great thing about tortilla roll ups is that there's very little preparation involved; you can make them before a big game starts and slice them up when you are ready to serve. They're a great app to bring when you're invited to a party or hosting an event, too. And you don't have to stick to this recipe at all. Adjust these roll ups to your taste. These are

filled with crumbled bacon (I used the packaged real bacon bits), ranch dressing, cheddar cheese and cream cheese, basically the perfect football snack. Oh, I also added chopped green onions.

Ingredients
2 (8 oz each) cream cheese, softened
1 cup Cheddar cheese, shredded
Crumbled bacon, to taste
½ cup ranch dressing
Chopped green onions, to taste

Instructions
4 flour tortillas (the bigger burrito size)

In large bowl, combine all ingredient and mix well. Lay a tortilla out on a plate and spread an even layer of the mixture all the way to the edges. Roll up the tortilla tightly and place on a plate and then repeat until all the ingredients have been used. Slice each rolled tortilla. (If you have time, let chill in the fridge a couple of hours before slicing. It might make "prettier" and "neater" looking roll ups. Mine were a bit soft, therefore didn't cut the greatest or prettiest. Also, make sure your tortillas are at room temperature before you roll them so they are nice and flexible.

Walk-In Access generates revenue for landowners

Landowners can generate revenue by allowing public hunting on their private land in 46 Minnesota counties through the Department of Natural Resources Walk-In Access Program. Sign-ups are Monday, Jan. 22, to Friday, April 27.

"This program is a win-win for landowners and hunters," said Scott Roemhildt, DNR

Walk-In Access coordinator. "And what's more, by signing up for three years, landowners can qualify for habitat enhancement on their Walk-In Access acres."

For Walk-In Access, eligible parcels must be at least 40

Walk-In Access...
Continued on back

Wednesday, February 7, 2018

Charger ladies lose to the Gators on Parent's Night

The GG Chargers Girls Parent's Night was held last week on Monday, January 29th, in Grygla. Taking on the BGMR Gators, the Chargers suffered a loss of 29-63.

Varsity Head Coach Elroy Johnsrud commented, "Right away we couldn't handle the press. BGMR built a nice size lead and coasted from there. Once we got settled in and ran through our offense, good things started to happen. Once again, the freshmen stepped up and did a pretty good job, I thought. Trinity Walseth came off the bench and scored a team high of 9 points. She was only able to play the first half, due to playing 2 halves of JV, but she gave us a little spark.

Points of the night: Daria Waletzki- 3 points, Maloni Henrickson- 2 points, Layla Jelle- 4 points, Vivian Coan- 3 points, Brooke Limesand- 2 points, Carlye Kiesow- 2 points, Trinity Walseth- 9 points, Madison Cullen- 2 points, Cheyenne Irlbeck- 2 points

Success for Chargers in Clearbrook

Last Tuesday, January 30th, the boys basketball team headed to Clearbrook to play the Bears. The varsity team got the W with a score of 77-65.

Varsity Head Coach Jesse Westbrook says it was a good team win! "Everybody chipped in and excelled in their role. We controlled the boards and played at a good pace for our game. Great job by all the boys," he added.

GG Scoring: Kiesow 18 (4 ast, 6 reb, 5 stl), Stanley 16 (13 reb), Manderud 14 (3 ast, 5 reb, 2 stl), Groven 13 (12 reb, 3 stl), Sjulestad 8 (4 reb), Nerhus 3 (2 ast, 2 reb), Verbout 3, Tharaldson 2 (2 reb)

Win and a loss for Chargers on the road

February 1st, GBB vs. Sacred Heart in EGF
GG 19, SH 50

GG Scoring: Daria Waletzki- 6 rebounds, Chloe Kuznia- 2 points, Maloni Henrickson- 2 points, Layla Jelle- 2 points, Madi Race- 2 points, Libby Johnson- 2 points, Brooke Limesand- 2 points, 5 rebounds, Carlye Kiesow- 6 points, Trinity Walseth- 1 point

Coach's Comments: Sacred Heart had a couple tall girls that disrupted our shots if we got close to the paint. We shot just as many shots as them but they shot 41% and we shot 19%. I think that our young guards did a better job of getting the ball up the court and trying to get into our offense. Daria worked really hard at it. Carlye Kiesow had 6 points and has started to find her shot the last 3 games.

February 2nd, BBB vs. KCC in Lancaster
GG 47, KCC 39

GG Scoring: Kiesow 11 (5 reb, 3 stl), Stanley 11 (7 reb), Groven 9 (5 reb, 2 stl), Manderud 7 (6 reb, 2 stl), Sjulestad 5 (3 reb), Tharaldson 2, Verbout 2 (2 reb)

Coach's Comments: Big win for us against a good team. They were missing their big guy inside, but we did a great job taking advantage. We rebounded well and were took executed offensively when the opportunities arose.



The Ice Devils were 1 of 4 teams to play in the 25th anniversary Grygla Cup.



Above: Chloe Kuznia looks to Carlye Kiesow for an open pass in the Varsity game against the Gators last week. Below: Trinity Walseth on defense for the Chargers.



Jaden Kiesow (above) and Brandon Stanley (below) on the court in Clearbrook last week. Chargers defeated the Bears 77-65.



Walk-In Access... Continued from page 3

acres and covered by high quality natural vegetation. Landowners are paid by the acre to allow hunting access from Sept. 1 to May 31. Bonuses are paid on parcels that enroll in a three-year contract, are more than 140 acres and are located near a state wildlife management area or federal waterfowl production area.

"This may be an opportune time for landowners to sign up for this program because there is some uncertainty about how it will be funded in the 2018 Farm Bill," Roemhildt said.

In a change this year, landowners who enroll in a three-year contract also may qualify for up to \$20,000 in habitat enhancements on their land for prescribed burning, removing invasive trees and brush, or planting native species.

Walk-In Access parcels are for public hunting only and no motorized vehicles are allowed on conservation land. Bright yellow-green signs identify area boundaries and parking is along roads or in designated parking areas. Recreational use laws provide extra liability protection for acres enrolled in Walk-In Access.

Walk-In Access began in 2011 and has grown to more than 26,700 acres in 2017. The program is currently funded through 2018 with a three-year grant from the Natural Resources Conservation Service, U.S. Department of Agriculture, under number 69-3A75-16-509. Other funding comes through a surcharge on nonresident hunting licenses, a one-time appropriation from the Minnesota Legislature in 2012 and donations from hunters.

Landowners should contact their local soil and water conservation district office for enrollment information. Details can be found at mndnr.gov/walkin.

Grygla Cup celebrates 25 years



To commemorate the 25th anniversary of the Grygla Cup, there was a Legends game held Friday night this year with all Grygla hockey enthusiasts and former/current Flames and Ice Devils taking the ice. Front row, L-R: Robbie Anderson, Nick Olson, Brandon Loken, Brock Olson, Dillon Olson, Ryan Beito, Cole Kubes, Kyle Kubes, Duane Olson. Back row: Greg Olson, Rodney Hagen, Rick Olson, Barry Olson, Mark Beito, N/A, Matt Stein, N/A, Keith Beito



The Ice Devils took home the 3rd place trophy last Saturday at the Grygla Cup. Front row, L-R: Charlie Wells, Nick Olson, Brandon Loken, Cole Kubes, Tyler Hagl, Kyle Kubes. Back row: Brock Olson, Dillon Olson, Ryan Nelson, Brady Olson, Robbie Anderson and Ryan Norberg.

Head to Hayes Lake State Park this Saturday

There will be fun for the whole family this Saturday evening at Hayes Lake State Park. Each year staff at Minnesota state parks and trails place lanterns, candles and other luminaries along short trails and invite the public in for a candle-lit snowshoe or cross-country ski over a trail glowing with soft light. More than 30 candlelight events have been scheduled at Minnesota state parks and trails this winter, which started on Saturday, Dec. 30, and will continue through the end of February.

This Saturday, February 10th, from 5:30-8:30pm, Hayes Lake State Park will host another Candlelight Ski & Snowshoe event. Meet at the picnic shelter and follow the candlelit trail by the lake and through the campground. (Go 15 miles south of Roseau on State Highway 89, then 9 miles east on Roseau Co. Rd. 4.)

Events are scattered throughout the state, offering a variety of terrain and scenery. For the complete schedule, including dates, times and other details, visit http://www.dnr.state.mn.us/state_parks/candlelight_events.html

The candlelight events are free, but a vehicle permit is required to enter a state park (\$7 for a one-day permit or \$35 for a year-round permit). Those who don't already have a vehicle permit can purchase one at the park on the night of the event, but getting one online in advance will save time.

Note that events may be changed or canceled due to weather.

If candlelight events are not already an annual tradition for you, let this be the season where you get out and experience winter adventure in a whole new light! Short, easy trails will be lit with lanterns or luminaries, and you can drop in any time during the events to go whatever distance is comfortable for you.



Brock Olson & Brady Olson waiting to take the ice.

