



				
Today	Thurs	Fri	Sat	Sun
Mostly Cloudy	Mostly Cloudy	Partly Cloudy	Snow	Partly Cloudy
H 22 L 3	H 13 L -8	H 17 L 11	H 24 L 12	H 26 L 15



A look at next week ... Grygla High School holds Veterans Day program.

Byklum’s time in service coincides with major historic events

Written by Kari Sundberg, Eagle Editor

“The day I was getting discharged things were delayed a bit. We got word that President Kennedy had been assassinated,” recalls Wally. “All of a sudden word came that he had been shot and killed. It was such a shock...and I thought for sure my service would be extended that day,” he added.

It was November 22, 1963. On this day in history, President John F. Kennedy was assassinated in Dallas, Texas. It was also the day Wallace Byklum, U.S. Army SPC E-4, left North Carolina and headed for home after being discharged from the United States Army.

Wally was 23 years old when he received his draft letter in August of 1961. After graduating from Goodridge High School in 1956, he was living in Minneapolis at the time; he was single and working construction laying hard wood floors. Wally says if he had to choose, he would have rather enlisted at 17-18 year old, but his parents wouldn’t sign for him. “Going into the service at 23 years old set my life back a bit. I was already getting established with my life and career, but that’s just the way things worked out,” he says.

Wally considers himself blessed that he never had to leave American soil during his time in the army. He missed having to go to Vietnam by just two months. At the time he would have had to go overseas, he had just four months left in the service. If you had six months left, you had to go. “I definitely consider myself blessed,” he admitted.

Wally was drafted during the Berlin Crisis. By the time he arrived for his Basic Training at Fort Carson, Colorado, in November of 1961, things had been negotiated and settled with that, but the Vietnam War was still ongoing,

and being sent overseas seemed imminent. During his 8-week BCT at Ft. Carson, Wally recalls the intense training. Though he was in pretty good shape, he still remembers how tough those times were. “They break you down to nothing,” he stated. “Physically and mentally. All in an attempt to build you back up as a soldier.” He remembers the 25-mile road marches with full gear. And climbing what is referred to as Agony Hill with a full pack. Once the men hiked at an angle for over a mile, they finally reached the top where they rolled out their tents in the snow, laid out their sleeping bags and prepared for a 4-day training.

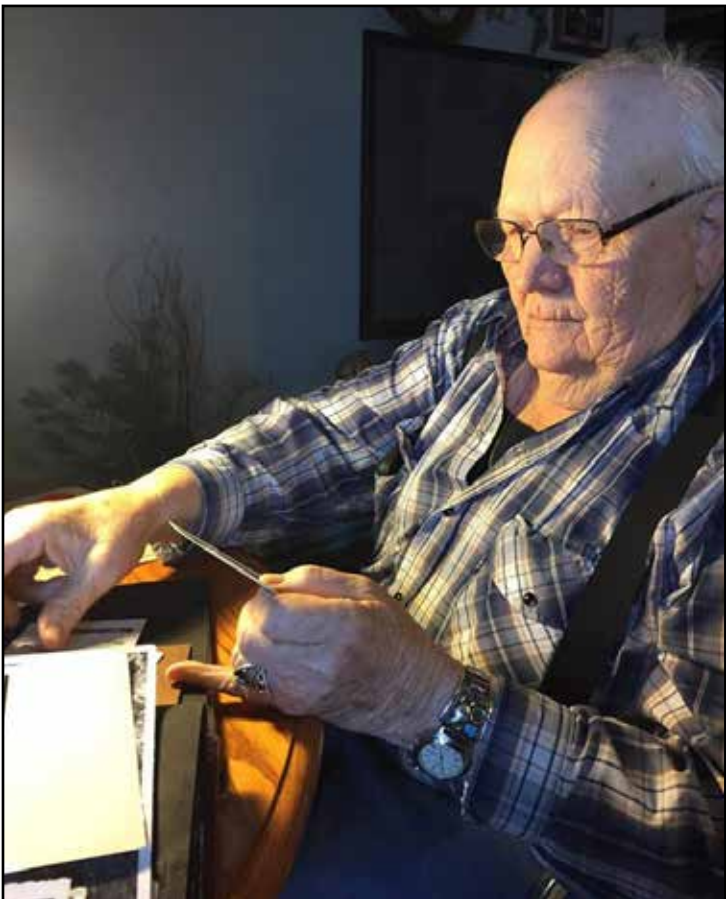
Wally was able to come home for Christmas half way through Basic Training. After he returned, he was sent to Fort Bragg, North Carolina, in February of 1962. He shared, “Whatever you did in civilian life was where they tried to place you. I did carpentry so that’s where I started off.”

His commander soon asked if he’d rather go into heavy equipment and help build roads.

“We had black topping outfits and everything in that battalion. We were training for making roads and repairing roads,” said Wally. They even built a floating bridge over a river. The soldiers basically did road maintenance for the Air Force and would clean up the aftermath of their training sessions.

Fort Bragg was home to the 82nd Airborne and Green Beret 7th Special Forces Group. While there, Wally was in the Third Army 159th Engineer Group Company C, 92nd Engineer Battalion Construction attached to the 82nd Airborne Division.

In addition to his training as a heavy equipment operator, Wally also was trained in the United States Army Special



Wally Byklum took many pictures while serving in the United States Army. When he sat down with the Grygla Eagle, many photos and stories were shared.

Forces, more commonly known as the Green Berets. His Special Forces Guerrilla Warfare training was at Camp Dawson, West Virginia, up in the mountains. Guerilla warfare is a form of irregular warfare in which a small group of combatants use military tactics including ambushes, sabotage, raids and the element of surprise to eliminate the opponent.

Wally explained that 110 men would split into 11-man bands and scrimmage against the 101st Airborne Division from Fort Campbell, Kentucky. Believe it or not, people were actually killed in these war games. It’s not something that was/is generally publicized, but a harsh reality, indeed. Wal-

ly says they would travel by night and sleep by day. They’d blow up simulated bridges and would be graded on what they did. They would “fight” the enemy, which was the Airborne Division from Kentucky, in preparation for guerilla warfare in Vietnam.

The Special Forces training lasted two weeks up in the mountains and Wally says it got to be pretty dangerous, especially with the use of bayonets. “If you got caught, they’d try to get you to talk. They’d throw a poncho around you, strap you up, haul you away and try to get information out of you,” he says.

During his time on base in North Carolina, the Cuban

Missile Crisis was in full swing between the United States and the Soviet Union. “The Russians were sitting right off shore. All they had to do was pull the trigger,” Wally remembered. The men were constrained to their barracks for two weeks, only being allowed to leave for half an hour at a time. They unloaded ammunition from every rail road car and flatbed and prepared to go off the tip of Florida by boat and airplane. A D8 Caterpillar, a lowboy, jeeps and other trucks were even loaded and flown in preparation; Wally happened to be on one plane with this heavy equipment and remembers clearly how much the aircraft was vibrating. In fact, they even blew a tire while landing.

Thankfully, Wally never had to go to Cuba as an agreement was soon reached, ending the immediate threat of a nuclear war.

As mentioned, Wally was fortunate enough to not have to leave American soil during his time of service. Nonetheless, he was in the midst of major historic events during that time.

He underwent special training that was done in a state of military preparedness for breaking up riots in Mississippi surrounding Martin Luther King, Jr. Though they trained as if it was the real thing, the group was never sent out.

The day finally came when Wally was set to be discharged. It was November 22nd, 1963. After getting cleared and set to sign out, word came in that

JFK had been shot and killed. Wally recalls feeling shocked and saddened and thought for sure his time would get extended. The men had to wait for some time, but were soon given their final paycheck and the all-clear to leave. Wally had his car at Fort Bragg. During one of his leaves back home to Minnesota, he had driven the car back to the base in North Carolina. That afternoon, on November 22nd, he got into his familiar automobile and headed for Milwaukee where his brother lived. After visiting a couple of days there, he came home to Grygla for a while and eventually made his way back down to Minneapolis.

“I went back into carpentry. I met Karol. We had two sons and, eventually, ended up moving back to the area,” he summed up.

Once the family made the move back home, life continued at a normal pace. When Wally’s parents left the home- stead, Wally and Karol moved to the property, built a house there in 1977 and still call the farm “home” today.

“All that traveling just to come back here,” Wally laughed.

After his time in the army, Wally joined the American Legion out of Thief River Falls and later transferred his membership to the Grygla post. When asked about his time in the service, Wally shared a pretty honest answer. “I hated it when I was there, but I wouldn’t have wanted to miss it...if that makes sense,” he described.



Wally shared a story about this plane being loaded down with numerous pieces of heavy equipment and flown to South Carolina. He remembers being on board and feeling the constant vibration over the duration of the flight.



This photos was taken in September of 1962 of troops parachuting to the ground during a training exercise.



Wallace Byklum, U.S. Army SPC E-4, served from November 1961-November 1963

Charger Night

Plan to attend the upcoming Charger Night on Thursday, November 16th, at 7pm at the Goodridge School.

The community is invited to attend and meet the Charger basketball players at 7pm with a \$2 admission.

At 7:30pm, Charger girls will scrimmage each other with a boys scrimmage to follow at 8pm. There will be a half-court shot contest and also a parent’s meeting before the event at 6pm.

This year, the Varsity Girl’s Basketball Head Coach is Elroy Johnsrud. The Varsity Boy’s Basketball Head Coach is Jesse Westbrook.

Westbrock says the ages will be determined, but more than likely this event will be for Varsity players.

More information to come next week.

Come out and support the Chargers as they prepare for the upcoming basketball season!



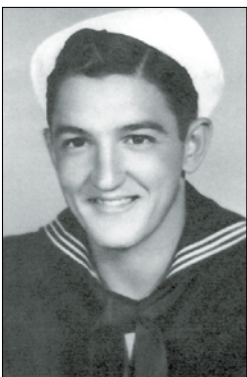
American State Bank pumpkin contest

American State Bank of Grygla had some pretty impressive pumpkins on display last week. See page 5 for the winners!





All gave some

 Aandal, Gary U.S. Army, 1968-1970 (Vietnam)	 Aandal, Leroy U.S. Navy 1945-1946	 Anderson, Darrel	 Anderson, Gordon U.S. Army (Korean War)	 Aune, Kenneth Laverne Sgt. U.S. Army Air Force, Feb. 1946-Aug, 1947	 Aune, SPF Olaf (Jay) P. U.S. Army 1965-1971 (Vietnam 1965-67)	 Aune, Orrin P. U.S. Army 1960-1962	 Baasen, Steve (Leonard) WWII 1942-1945
 Anderson, Keith U.S. Army	 Anderson, Steven U.S. Navy MM2, 1979-1985	 Anderson, Theodore WWII	 Aune, Gerald U.S. Army E4, 1/1960-3/1962	 Blaine, Alvin E. U.S. Navy WWII Seaman 1st Class	 Bragg, Danny E-5, U.S. Air Force, May of 1971 to May of 1975	 Brateng, Gordon Served in the U.S. Air Force	 Brateng, Lyle Served in the U.S. Army for 30 years
 Askeland Brothers: Sam, Sydney, Alton, Caryle, (their father) Sivert, Norman and Orville		 Aune, Glen PFC U.S. Army, WWII, 1942-1946	 Aune, Juel PFC U.S. Army WWII, 1942-1945	 Brateng, Vernon Served in the U.S. Navy during WWII	 Brateng, Wendal Served in the U.S. Army	 Bucholz, Harley F. U.S. Navy April 1943-Feb. 1946	 Byklum, Bradley USASA (military police) Sp 4, 1970-72 (Ethiopia)

Some gave all

 Byklum, Harry U.S. Army WWII 1941-1945	 Byklum, Ola U.S. Army WWII 1941-1945	 Byklum, Ole U.S. Army WWII 1941-1945	 Byklum Ronald U.S. Army Vietnam 66-67				
 Byklum, Wallace U.S. Army Sp 4, 1961-1963	 Carlson, Clarence Harold U.S. Army 1962-1982 (20 year career)	 Clausen, Jimmie U.S. Army Vietnam War 1966-1969	 Clausen, Harlan U.S. Marine Air Guard 1969-1975	 Erickson, Dennis U.S. Army (photo taken in 1953)	 Evans, Harold WWII, POW	 Finley, Emmett WWII	 Foss, Gordon Benton U.S. Navy, 1943-1945 WWII
 Englund, Galen U.S. Army, 1958-1960 (Korea during peace time)	 Englund, Dwayne U.S. Army 1958-1960	 Engelstad Ronald 11/1960-11/1962	 Erickson, Jerry U.S. Navy	 Giltthvedt, Russell WWII 1942-1945	 Gram, Duane U.S. Army Sp 4 12/1957-4/1958 (Korea)	 Hagen, Arlo U.S. Army 1981-83	 Hagen, Jeff U.S. Airborne, 71-73; National Guard 73-74
 Some stood through for the red, white and blue And some had to fall And if you ever think of me Think of all your liberties and recall Some gave all ***** Love your country and live with pride And don't forget those who died America can't you see All gave some, some gave all 				 Hagen Hensley, LaMae Women's Army Corp, 1968-71	 Hagen, Larry U.S. Army 1959-1961, Korea	 Hagen, Melvin U.S. Navy WWII, 1941-1946	 Hagen, Milo U.S. Air Force



Hagen, Otto
U.S. Army Cpl.
WWII
1941-1945



Hamre, LaVerne
U.S. Army 1963-65
Korea



Hamre, Melvin
U.S. Army WWII
1917-18



Hanson, Lynn
U.S. Army
1948-1951
(Korea)



Harris, Daniel
U.S. Navy
1972-1976



Hermanson, Morris



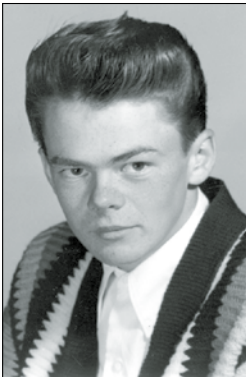
Holte, Carl
U.S. Army WWII
1964-1970. Pictured
with his wife, Mary



Holte, James
U.S. Air Force
1964-1970



Holte, Mark
U.S. Army
11/13/66 - 2/10/67
KIA Vietnam



Holte, Paul
U.S. Army
1966-1968



Holte, Roger
U.S. Army Vietnam
1966-1967 KIA



Holthusen, Glen
Special Forces Vietnam
1965-67
Buried at Fort Snelling



Johnson, Adrian
PFC U.S. Army WWII
1942-1945



Johnson, Saave
WWII
(Photo taken in Sept.
1941)



Klamar, Clifford
U.S. Army
1961-1963



Klamar, Harold
U.S. Army
1956-58,
101st Airborne



Klamar, Paul
U.S. Army
1959-1961



Klamar, Roland
U.S. Air Force
1952-1955
(Korea)



Larson, Arnold
U.S. Army
1945-46



Lee, Earl
U.S.A.F.
1957-61



Lee, George
U.S. Army
1952-54



Lee, Gerald
U.S. Army
1959-62



Lee, Harland
U.S. Air Force
1945-47



Lee, Kenneth
U.S. Army
1954-56

World War II Stories

Harvey Ness
Harvey L. Ness served in the U.S. Army during World War II, from June 1942 to December of 1945. He took part in battles in Normandy, Central Europe, Rhineland, Ardennes and Northern France. He was injured in November of '44 and again in August of '45. He crossed the ocean in a hospital ship shortly before Japan surrendered. Harvey was discharged from a hospital in Springfield, Missouri on December 4, 1945.

Cheslie Ruud
Cheslie Ruud was drafted into the U.S. Army in June of 1941 and was told he would serve for just one year. But the bombing of Pearl Harbor in December of that changed the course of action for him. As part of the 6th Division of the 63rd Infantry, he spent the next year and a half in training to endure the harsh terrain and severe climate of the Pacific War zone.

His best buddy, Edward Wilkerson, was drafted about the same time and also trained at Ft. Leonard Wood. Rudy and Wilkie, as they became known to troops, stuck together

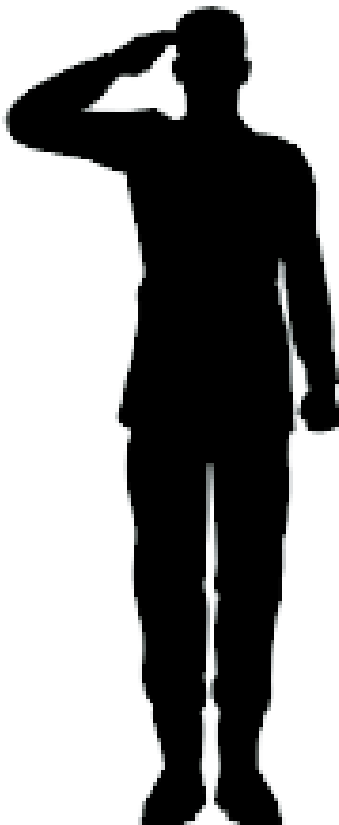
throughout their Army career and remained good friends. After Ft. Leonard Wood, they were both trained as mechanics in California, before leaving for Hawaii in the summer of 1943. Their outfit, the Canon Company, was a brand new outfit attached to the infantry. It was the job of the Canon Company to flush the Japanese out of the caves and hiding places on the Hawaiian island of Oahu.

After Hawaii, the Canon Company was sent to New Guinea, where Cheslie and Wilkie worked as truck mechanics by day and pulled guard duty at night.

In January of 1944, Cheslie's company went to the Philippines. Trucks driving in water and on rough terrain gave Cheslie and Wilkie a lot of mechanic work.

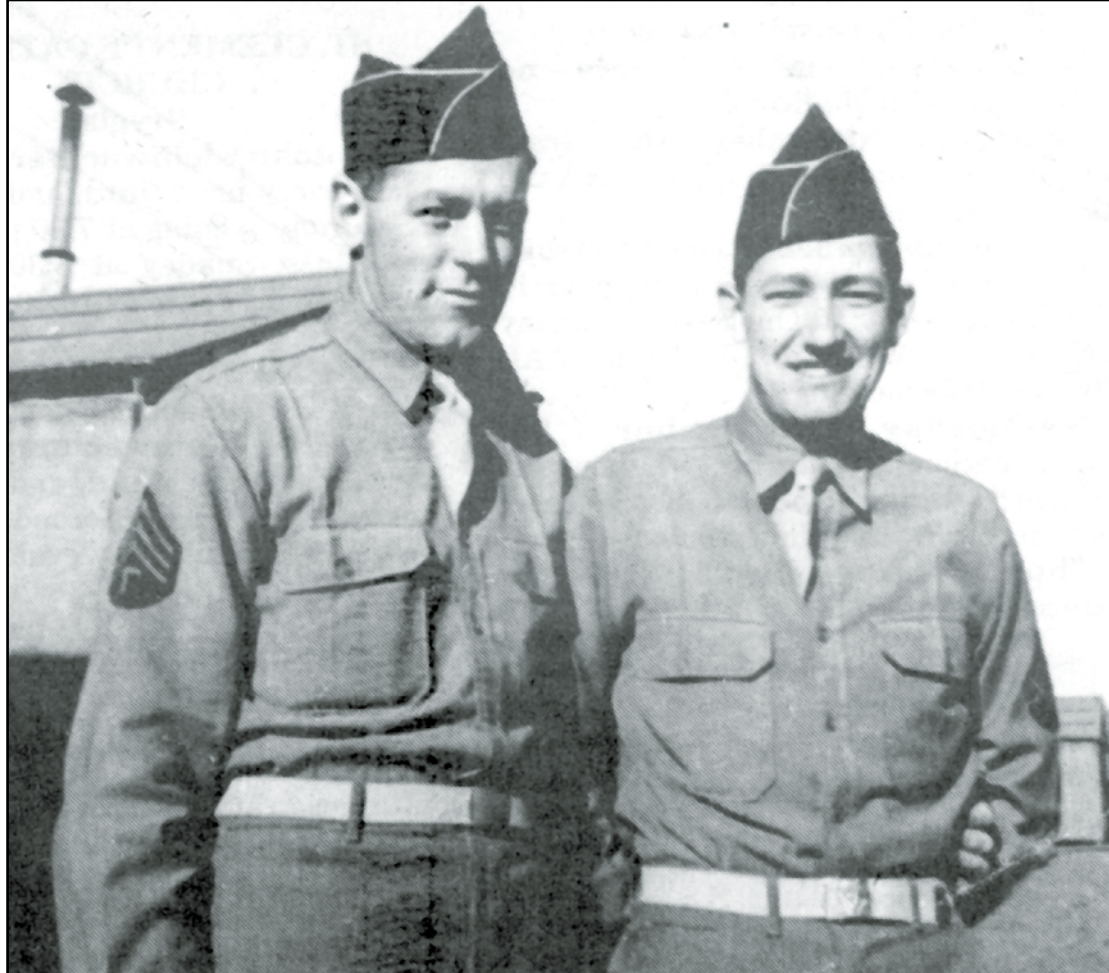
They remained there until the end of December 1945. The war had been over, but transportation out of the area was slow.

After 4.5 years of being shifted from one place to another, enduring moldy food, wet bunkers and scorching hot jungles, Cheslie was more than ready to come back home. Cheslie passed away in 2007. His wife, Arlette, still lives at their home place near Gatzke.



Happy Veterans Day

November 11
(More photos on page 6)



Cheslie Ruud with his pal Wilkie, U.S. Army, WWII



Lee, Leland
U.S. Army
1965-67



Lee, Ralph
U.S. Army
1959-62



Lee, Vernon
U.S. Army
1957-59



Limesand, Glen Jr.
Served 24 years:
April 1992 to April 2016



Lorentzen, Alfred
U.S. National Guard,
1954, Reserves, 1963



Lunsetter, Wayne
U.S. Army
20-year career
62 - 82 (Vietnam)



Lusignan, Kyle
Sergeant U.S.
Air Force
1998-2004



Lusignan, Loren Sgt.
USANG
1970-1976



McLean, Gerald
U.S. Navy
1957-1960



Moe, Edward, Sgt.
Army National Guard
1961-1966



Mosher, Tony
U.S. Air Force (career)
Served in Afghanistan



Nelson, Lyle
U.S. Army
1968-1970



Nelson, Walter
U.S. Army WWII
1941-1945



Nelson, Wayne
Served from
Nov. 1969 to Aug. of 71



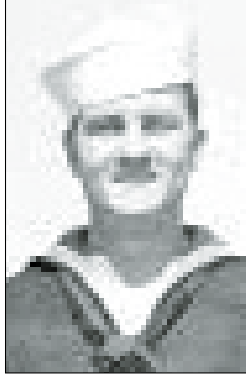
Nesland, Knute
Sergeant
U.S. Army WWII
1941-1946



Ness, Harvey L.
U.S. Army
WWII
1942 - 1945



Neuschwander, Floyd
U.S. Navy



Newton, Norman
US Navy
WWII



Nomeland, Sheldon
U.S. Army sp4
Military Police
1958-60



Nordby, Roy
U.S. Army Airborne
1953 to 1956



Nordby, Richard
U.S. Army
1980-1986



Nordvick, Luke
Sgt. U.S. Army
2003-2006
(Korea and Iraq)



Nystul, Hans
U.S. Army, Pvt.
WWI



Nystul, Laurance
U.S. Army Sp 4
18th Artillery

Grygla/Gatzke School Board September Minutes

The Grygla School sent their September Minutes to be published. They are from Thursday, September 21, 2017, 8:00 p.m.

Chairperson of the board Nicolette Leach called the meeting to order at 9:58 p.m. with Karina Tinnes, Charisa Limesand, James Verbout, Jeremy Rychlock, Andrew Oslund, Principal Lunsetter and Superintendent Clow present. Pledge of Allegiance was said and agenda was approved as amended, along with previous month's Minutes.

Also approved, payment of the bills check #35338 through check #35429.

Finance Report: Given by Superintendent Clow. General Fund \$147,878.78 MSDLAF \$1,532,848.40 Food Service 1,678.45 Checking 196,840.10 Comm. Service 2,262.50 Scholarship 0.00 Trust 0.00 Total \$151,819.73 Total \$1,729,688.50

Student Report: Given by Carlye Kiesow. The Charger football team is off to a 1-2 start and play the WAO Ponies on Friday, September 18th in Warren. The JV football team is 1-1 and the Junior High is 2-1. The Charger volleyball team is 3-2 regular season and 9-9 including tournaments. Tonight's opponent was the Warroad Warriors. The Robotics team is busy practicing, attempting to solve the new game called, "In the Zone", where the goal is to stack cones. Yearbook recently sold ads in Thief River, and will sell in Roseau and Warroad on October 4th. Several businesses noted that they would not buy ads if our students didn't go door-to-door which very few schools are doing anymore. Homecoming is next week with coronation on Monday, September 25th, at 7:30 p.m. Candidates are Clay-

ton Irlbeck and Carlye Kiesow, Trystan Monson and Cooper Blazek, and Alaina Monson and Dustin Smith. Junior attendants are Olivia Tykward and Gavin Skime, and sophomore attendants are Daria Waletzki and Evan Fish. After coronation, "The Wizard of Oz" will be playing in the new gym following coronation. Door decorating will be done Tuesday, September 26th, during 2nd and 3rd hours. There will be afternoon activities on Friday, September 29th, designed by each class. The games are volleyball, jailbreak, relay race, backwards charades, Guitar Hero, catchphrase and giant jacks. Dress up days will also be a part of Homecoming this year: Monday-Oz the Great and Powerful, Tuesday-Good Witch/Bad Witch, Wednesday-Which is Witch, Thursday-Lions, Tigers and Bears, Oh My, Friday-There's No Place Like Grygla. The football game is in Goodridge on Friday night versus the Stephen-Argyle Storm, with the homecoming dance to follow.

Teacher Report: Presented by Andrew Sundberg and Jana Nelson. Andrew is the new 6th grade and junior high math teacher, and Jana is the new business and computer teacher. Both teachers are doing an awesome job to start the school year. Mr. Smith stated that there was a lot of positive feedback from the all school reunion regarding the condition and upkeep of our school building.

Principal Report: Principal Lunsetter complimented Mr. Sundberg and Mrs. Nelson on the excellent job they are doing in their new positions. The BBB game over Christmas break has been moved to January 4th, so there will be no games over Christmas break. The first day of school went well and the student council did an excellent

job in preparing activities for the first day back. Homecoming will be next week with the student council planning for most activities. The Homecoming VB game will be Thursday in Grygla versus the BGMR Gators, with the football game versus SAC and the dance being held Friday evening in Goodridge. We are currently looking at the possibility of sanding, stripping and repainting and finishing the new gym floor; estimated cost is between \$20,000 and \$30,000. Every Wednesday, the 9-12 grades are taking part in Genius Hour. The students are to choose a project and an advisor. Their project should be something they are interested in, and something they can't do in any of their other classes. It will be a positive learning experience for students and staff. The fall speaker at Lincoln was very informative and motivational. This year Mr. Westbrook is covering some tech coordinator responsibilities the first three hours of the day. When he has a substitute, the substitute will be available to help cover classrooms so the classroom teacher can work on technology integration.

Superintendent Report: Mr. Clow reported that he will be using new log sheets for the buses and school vehicles. Galen is organizing the construction of dugouts on the west ball field and will be looking into funding options.

Items passed by the board: Setting the 2017 Pay 2018 Tax Levy at maximum, to accept ten years prior teaching experience for Andrew Sundberg, to hire Tausha Severts as Special Education teacher, to hire Thomas Loberg as Junior High GBB Coach, to review updated legislative MSBA policies, to accept the following bids for miscellaneous equipment: \$10 Teacher Desk-Amy Holte, \$7 Media Cart-Amy Holte.

The following donations were accepted:

\$ 500.00 Headway Marketing, Chevy Youth Baseball donation #1-baseball \$ 500.00 Arlene Clausen Memorial-Peer Helpers donation-peer helpers \$ 500.00 Headway Marketing-Chevy Youth Baseball donation #2-baseball \$1000.00 Grygla Sports Boosters-scoreboard donation-scoreboard \$ 500.00 Grygla Seed and Services-scoreboard donation-scoreboard \$1000.00 Grygla Lions-scoreboard donation-scoreboard \$ 500.00 Northern Ag-scoreboard donation-scoreboard \$1000.00 Lyle Anderson-scoreboard donation-scoreboard \$1000.00 Peterson Farms and Seed-scoreboard donation-scoreboard \$ 500.00 Grygla Farmers Union-scoreboard donation-scoreboard \$ 500.00 Land O Lakes-scoreboard donation-scoreboard \$ 35.50 Cash donation at Centennial-scoreboard donation-scoreboard

Trustee Reports: An ECFE advisory council meeting was held at Yohawn's on September 13th. Amy Holte will be joining the board. Deb Stenell will be coming in this year to do 30 minute parenting sessions at each ECFE event. Mitch Johnson (Maureen Monson's brother) will be donating a flag flown in Afghanistan to the school. There will be a brief ceremony to honor the dedication at the Thursday, September 28th, volleyball game, and the flag will be displayed in the new gym lobby.

The meeting was adjourned at 10:34 p.m. Next Mtg. time/date: 10/19/17, 8:00 p.m.

Word of the Week

...enhancing vocabularies one Grygla Eagle at a time.

Coze

noun

A friendly talk; a chat

verb

To converse in a friendly way

\kohz\

Oldie but goodie

It's the day before opener and all through the state, not much work will get done, a very common trait. Hunters are planning and checking their list. The gear will get packed and the wives will be kissed.

Daydreams of big bucks and stories of old. I hope opening morning won't be too cold. Report

with family and smart talk with friends, will lead to new memories and good times to no end.

I won't sleep much tonight, I'll be dreaming of bucks. Be safe & have fun and most of all GOOD LUCK!

-Norm Gallant, The Outdoor Report



Bruce Grossman shot this 8-point buck opening morning in the Jackpines on Ray Hendrickson's tree farm.



Alison Satre got herself a nice birthday present this year! She shot this 8-pointer on her birthday last Saturday morning about 4 miles west of her house.

SIMPLY DELICIOUS

Written and made by Kari Sundberg, Eagle Editor

Slow Cooker Pulled BBQ Chicken Sandwiches with Cheddar Potato Bacon Soup

Ok, stick with me. If you're thinking, "HOLY HIGH CALORIES!?" I can promise you that you're WRONG!

These two recipes are actually taken from the Weight Watchers cookbook and are very low in points, calories and fat! Oh, and PS, they taste DELICIOUS.

Yup.

Told ya you'd want to stick with me!

So for starters. Let's begin with making the Slow Cooker Pulled BBQ Chicken. I followed the homemade BBQ sauce recipe just to keep the calories a bit lower, but if you want to use store-bought for convenience, go ahead! I have tried a few different homemade BBQ recipes in the past and haven't had much luck in the flavor department. Until now. This is so good, you guys. It's just the right amount of sweetness with a kick of spice. I would definitely make this sauce again.

Ingredients (serves 4): 1 lb. boneless/skinless chicken breast 1 batch of homemade BBQ sauce 1 tsp salt 1 tsp pepper Olive Oil spray

Directions: Spray your slow cooker with olive oil spray. Add the frozen chicken breasts to the bottom and sprinkle with salt and pepper. Add your BBQ sauce on top. Cover and cook on high for 6 hours. When time is up, shred the chicken with a fork and serve on a bun!

Ingredients for homemade BBQ sauce: 1 tsp olive oil 2 cloves minced garlic ½ cup finely chopped onion ½ oz. can tomato sauce 2 tbsp. tomato paste 3 tbsp sugar-free syrup 1 tsp apple cider vinegar



1 tsp soy sauce 1 tsp Dijon mustard 1 tsp salt ½ tsp paprika ¼ tsp red pepper flakes ½ tsp chili powder ½ tsp pepper 1/8 tsp cinnamon

Directions:

In a pot, add your olive oil, garlic and onion. Cook until onion is soft and translucent. Add the rest of the ingredients and bring to a boil. Lower the heat and simmer for 10 minutes. Pour over your chicken in the slow cooker or allow to cool and store in the refrigerator for about a week!

(The prepared chicken, with no bun, is 3sp's per serving for any fellow Weight Watchers.)

Cheddar Potato Bacon Soup Ingredients (serves 6 small cups):

2 cans (8 oz each) chicken broth 1.5 pounds potatoes Diced onion, to taste (approx.. ¼ cup) 2 slices bacon, crisply cooked and crumbled 4 oz. reduced fat Velveeta cheese ¼ cup fat-free sour cream 1 tbsp flour 2 tbsp water

Directions:

In a large pot, combine broth and potatoes. Cover and cook about 20 minutes. While that's cooking, saute onions and add to pot. When the potatoes are soft, stir in cheese and sour cream – simmer until cheese is melted. Mix your water and flour together and add to soup to thicken. Serve with a small bit of crumbled bacon on top.

(The prepared soup is 5sp's per serving for any fellow Weight Watchers.)

Grygla School recognizes American Education Week

The week of November 13-17, 2017, the Grygla School will be celebrating American Education Week. The NEA's American Education Week presents all Americans with an opportunity to honor individuals who are making a difference in ensuring that every child receives a quality education. The weeklong celebration spotlights the different people who are critical in building great public schools for the nation's 50 million K-12 students. American Education Week's celebration days include:

- Monday, November 13: National

Kickoff. Schools across the country will celebrate excellence in education by hosting kickoff events and activities.

- Tuesday, November 14: Parents Day. Schools will invite parents into the classroom for a firsthand look at what the school day is like for their children. The Grygla School will actually be doing this on Friday instead.

- Wednesday, November 15: Education Support Professionals Day. Individuals who provide invaluable services to schools are recognized for their outstanding work.

Thursday, November 16: Educator for a Day. Community leaders will be invited to experience the day as educators and to experience the challenges of teaching and the needs of students.

- Friday, November 17: Substitute Educators Day. This day honors the educators who are called upon to replace regularly employed teachers. Parents at the Grygla School will be visiting this day at 9am instead of Tuesday. They are also invited to stay and eat lunch with their students.

ASB pumpkin contest winners

American State Bank of Grygla had some pretty impressive pumpkins on display last week. The local business received 16 creative and spooky entries this year from participating community members. The cash-prize winners were:

Most Original: 1. Hailey K. 2. Maron P. 3. Anna S. 4. Cheryl S. 5. Janessa T. 6. Liam W.

Most Traditional: 1. Blake R. 2. Brett R. 3. Mauer N. 4. Letty P. 5. Kein K.

Judge's Favorite: 1. Krystal N. 2. Landon N. 3. Brayden N. 4. Doris C. 5. Sheldin S.

Deadline

The Marshall County FSA Office wants to remind producers that November 15 is the deadline for reporting forage crops (including Alfalfa, Mixed & Grass hay), pasture and fall-seeded crops (intended for harvest in 2018) to FSA. It's also the deadline to report new forage seeding planted in 2017.

EXTENSION NEWS

"Taking Charge of YOUR Finances: How to Survive and Thrive" a financial management workshop, will be taught around the state. Dave Bau, Joleen Hadrich, Rob Holcomb, Nathan Hulinsky, Megan Roberts, Extension Educators, will teach the sessions offered around the state.

This short course will use an interactive and fun approach to teach participants how to organize and use financial records; develop and analyze financial statements; and make informed decisions regarding finances and production. Producer teams will act as loan review committees and learn about these concepts as they review a case study farm. The concepts covered promote better internal decisions for farm management and stronger relationships with external partners, such as farm lenders. The participants will learn the components of a balance sheet, income statement, cash flow, and the importance of records.

Nathan Hulinsky, Extension Educator explains, "With the current commodity prices and farm economy, keeping on top of, and managing the farm's finances is a top concern.

This course will give the participants the opportunity to review another farm's finances to determine their financial needs and if the case farm cash flows."

Classes will start at 9:00 AM and go until 3:30 PM. Lunch will be provided. Attendance is free and each participant will receive a binder full of handouts and resources to take home.

Registration is open. To register, please visit https://z.umn.edu/2017-Survive_Thrive. For more information call 218-236-2009.

November 14, Rochester, Bremer Bank
November 21, St Charles, Moose Lodge
December 5, Owatonna, Kibble Equipment
December 6, Marshall, Bremer Bank
December 13, Austin, Riverland College
January 9, Fergus Falls, Big Wood Event
January 17, Crookston, Bremer Bank
January 23, St Cloud, Bremer Bank
January 24, Wilmar, Bremer Bank



The employees of American State Bank of Grygla got into the Halloween spirit by dressing up last week! L-R: Kim Schulz, Elaine Rychlock, Missy Saurdiff, Lynn Anderson, Tera Nordby and "possibly" Leann Wikert in disguise!? I guess we'll never know!

A HIPPIE'S HEALTH

Written by Tara Waltman

And the heartburn begins for me...only for a couple days though so that's good! It's a very odd and somewhat uncomfortable feeling, especially if you are not used to it. I think it was the chili! I'll blame it on the spicy food. Anyone else have heartburn when pregnant? Or have heartburn if you're not pregnant?

So I found out something kind of cool from my chiropractor. So the extra weight is impacting my posture. Sometimes my shoulders are hunched a little forward from the extra weight in my growing belly. This impacts the thoracic spine mid and upper back. So one thing to help is to keep my shoulders back and not forward. I have been practicing this. I also have used Young Living's peppermint and digize essential oils. These oils help with digestion and healthy gut function. I also have not had chili in the past couple days.

Not sure the exact reason, but I am have been heartburn free for the past couple of days. Yay!

Moral of the story: check your posture and spine. Use essential oils. Maybe avoid chili.





Peterson, Elmer
U.S. Navy WWII
1941-1945,
Normandy Invasion



Peterson, Oliver
U.S. Army WWII
1942-1945
Normandy Invasion



Peterson, Sheldon
U.S. Air Force
1955-1959



Picolet, Bernie
Airman 1st class U.S.
Air Force
Korea 1952-56



Polansky, Eugene
U.S. Army
1951-53 (Korea)



Rasmussen,
Pastor Virgil
U.S. Army, (medic)
1945-47



Rue, Clarence
PFC U.S. Army
WWII, 1942-45
KIA in Germany



Rustvold, Charles
U.S. Army
WWII



Rustvold, Roy



Ruud, Cheslie
U.S. Army, WWII
June 1941-Dec. 1945



Ruud, Gerald
U.S. Army,
July 1967-July 1987
(20 yrs.) Vietnam, Korea



Sandsmark, Archie
U.S. Army
WWII
1942-1945



Salvesson, James
U.S. Navy
WWII



Seeger, Phil



Sistad, Steve



Sistad, David
U.S. Army
1968-1974
(18 mo. in Vietnam)



Sistad, Gerald
U.S. Navy
11/63-11/67



Smeby, Albert
U.S. Army
WWII
1942-1945



Smeby, Bruce



Smeby, Robert
U.S. Army
1946-48



Smith, Thomas Reed
9/18/1917 to 5/29/1919,
Meuse Argonne, France
328 Infantry 82nd
Division "Purple Heart"



Sorenson, Alfred
U.S. Army WWII
1942-1946 (medic)



Sparby, Clifford
1st LT U.S. Army
Aircorps, WWII
"Purple Heart"



Sparby, Oscar
Corporal U.S. Army Air
Force, WWII
5/1/1942 to 8/28/1944



Stanley, Arnold McPhail
U.S. Air Force
3/1950 - 12/1953



Stavenes, Basil
PFC U.S. Army
WWII



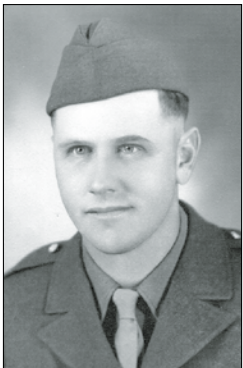
Stavenes, Ole
CPL U.S. Army
WWI
1917-1918



Sundberg, Glenn
U.S. Army Sp 5th class
1968-71



Sundberg, Karl
("Big Swede")
WWII U.S. Navy
1942-1945



Tengesdal, Joseph
WWII



Tengesdal, Reuben
WWII
Staff Sergeant 1941-46
POW



Theiling, Russel



Thomas, Leland
U.S. Army
1953-1955



Thompson, Amos
U.S. Navy
WWII



Verbout, Donald
U.S. Army
1953-1955



Verbout, Jeremy
U.S. Air Force
2000 to the present



Vigen, David
U.S. Air Force
1990-1994



Vigen, Larry
U.S. Army
1964-1966



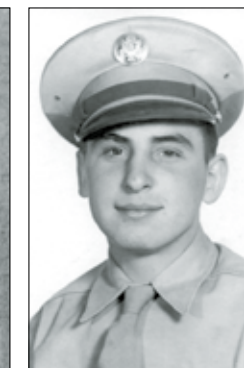
Walberg, LeRoy Dean
U.S. Army
1970-1972



Wikert, George
U.S. Navy
1955-57



Wolberg, Walter August
U.S. Army
WWII



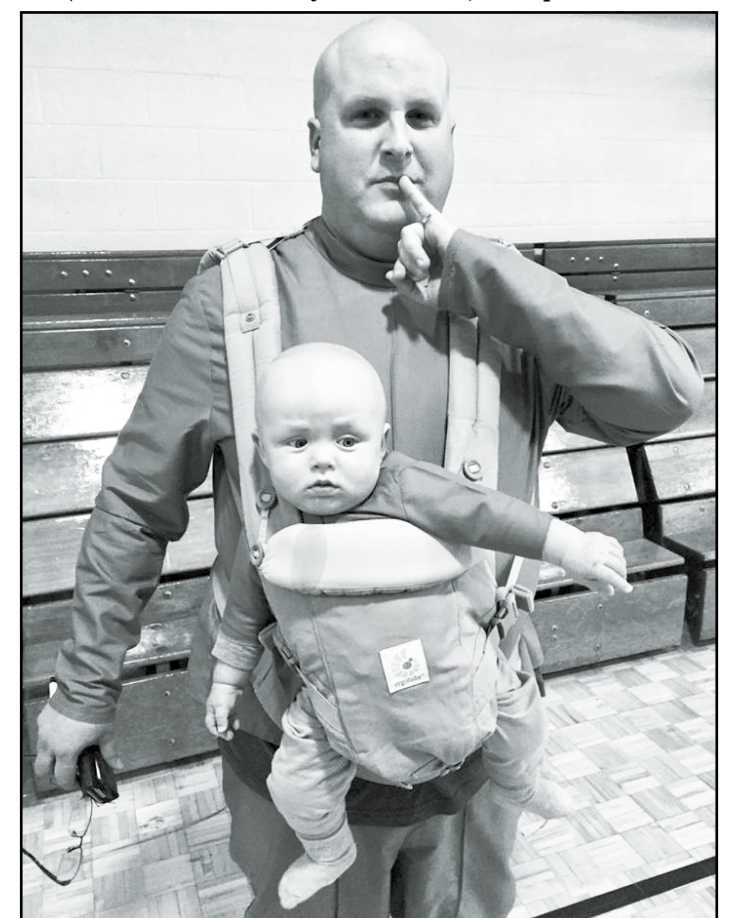
Yager, Edward
U.S. Army Corporal
3/1945-12/1946



Thank you for your service



Kindergarten teacher Travis Smith as Dr. Evil & Mini-me (with Andrew & Amy Holte's son, Philip).



The Grygla Elementary School held a Halloween party last week. Teachers, businesses and volunteers worked at the carnival and students had a blast playing games and doing spooktacular activities!
Left: Brett Rychlock and Mollie Lunsetter at a craft table. Right: Students were able to vote on costumes and voted Taylor McManus the funniest, Hayden Boutain the scariest and Anna Sundberg, Emily Johnson and Emma Sundberg as the most original. *More Halloween fun pictured in the Canary section.*