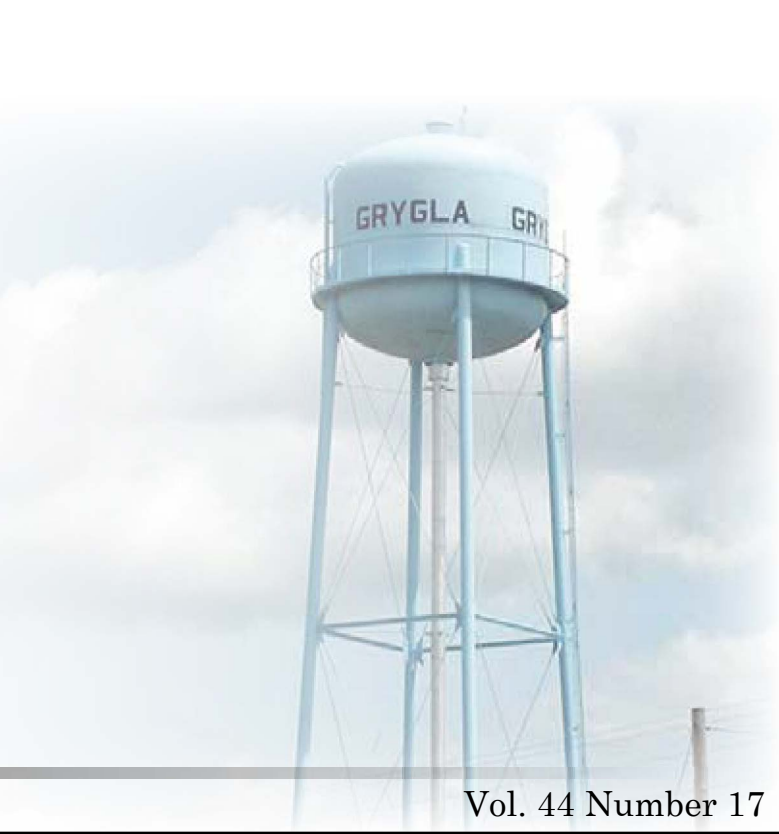




				
Today	Thurs	Fri	Sat	Sun
Mostly Cloudy	Snow	Partly Cloudy	Partly Cloudy	Cloudy
H 57 L 34	H 36 L 21	H 40 L 21	H 41 L 24	H 44 L 25



A look at next week ... Sapphire's Courage Campaign makes a stop at the Grygla School!

Youth Hunters have successful weekend



Kylie DeLage shot her 9-point buck on opening day of the youth hunt last Thursday, October 19th. The buck was harvested in rural Goodridge.



Anna Sundberg shot this 6-point buck just north of her house last Friday evening during the youth hunt.



Ava Sorvig got her first deer over the youth hunt weekend – a spike buck in her home woods by Gatzke!



Chase Manderud shot his buck east of Grygla during the youth hunting season last weekend.



Sawyer Jacobson poses next to his nice 8-pointer that was shot west of Grygla over the weekend.



Morgan Coan hunted east of Goodridge on Mitch Srnsky's land Sunday evening. She got herself a nice doe!



Sheldin Sundberg got a spike buck north of his house Sunday evening – the last night of the youth hunt.



Payton Homme had a special night last Friday, October 20th! Her papa, Donnie Wilkens, was hunting with her during the youth hunt and she wanted nothing more than to shoot a deer with him! Good luck was on her side when he got to watch her take this buck down north of Goodridge on his land!

Volleyball 'Pink Out' night benefits four Charger family members



Front row, L-R: Jamie Dougherty, Madison Cullen, Daria Waletzki, Nichole Arveson, Mercedes Coan, Trystan Jelle, Hailey Vad, Maci Bakken and Amy Wiskow.
Back row, L-R: Alaina Monson, Greg Monson, Libby Johnson, Sharon Hovet, Chloe Kuznia, Madi Race, Mary Ann Sjulstad, Madison Paulson, Kayla Wagner and Coach Katelyn Tharaldson.

The Goodridge/Grygla Chargers Volleyball team held their 'Pink Out' night last week at their last regular season home game in Goodridge against Stephen/Argyle. Many people supported the event that was held in honor of October being Breast Cancer Awareness Month. All proceeds from the event are being donated to four Charger family members whose lives have recently been affected by cancer.

Edward Monson
Edward Monson, grandfather of Alaina Monson, is a 9-year survivor of pancreatic cancer. In August, he was diagnosed with colon cancer. After an extended stay at the hospital, Ed is now home recuperating and awaits the next step in his battle against cancer. His son, Greg Monson, stepped in on his behalf.

Sharon Hovet
Sharon Hovet, grandmother of Chloe Kuznia, found out she had a mass on her right kidney in October 2016. She had surgery to remove part of her kidney. After she returned home, she was diagnosed with Stage 3 breast cancer. She has had 2 surgeries multiple rounds of radiation. She continues to take chemotherapy pills and is currently cancer free.

Mary Ann Sjulstad
Mary Ann Sjulstad, great aunt of Coach Katelyn Tharaldson and Madison Paulson, was diagnosed with thyroid cancer in August and has just finished a radioactive iodine treatment. Her latest scan showed significant signs that the majority of the cancer has been killed, but she will need a follow up in 3 months. She has undergone 2 surgeries to completely remove her thyroid.

Treston Magnar
Treston Magnar, cousin of Coach Katelyn Tharaldson, and husband to Goodridge graduate, Kayla (Tharaldson) Magnar, was diagnosed with a brain tumor on September 1st. Treston had surgery on September 21st at the Mayo Clinic and received news that, although it is cancerous, it's unable to spread to any other part of his body. Treston will need both radiation and chemo for his treatment.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir, 6:30pm 8th grade Confirmation; Interfaith Bible Study 8pm
Saturday:
Grace Lutfisk Supper
Sunday:
Grace: 9am Worship w/ 10:15am SS
OS: 10:30am Worship w/ no SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Saturday:
OS Lutfisk Supper
Sunday:
OS: 9am Worship
UL: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Ostercamp
Wednesday:
Faith 9th grade Confirmation 7-8:30pm
Sunday:
10:30am Bethany Joint Worship Services, Meal and Carnival to follow

THE CATHOLIC COMMUNITIES OF
St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am
St. Ann's: 10am

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship, 10:30am SS

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseth
Saturday:
Mt. Olive: 9am Worship
Sunday:
500 year Hymn Festival Reformation Sunday Joint Service at Oak Park 4pm w/ Meal to follow
SS/Choir practice 3:15pm

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

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Perhaps you sent a lovely card, or sat quietly in a chair. Perhaps you sent a funeral spray, if so we saw it there. Perhaps you spoke the kindest words, as any friend could say. Perhaps you were not there at all, just thought of us that day. Whatever you did to console our hearts, we thank you so much whatever the part. From the family of Irene Lovly.
John & Carol Lovly & families
Carol Iverson & families
Diane & Richard Saurdif & families

Community Calendar

Wed | Oct 25
Grygla Eagle office open 9-6pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; Grygla ECCE Fall Activities (open for all age groups) 6pm; Goodridge Lion Tamers Pie/Craft Auction at the Goodridge Liquor Store 8pm

Thurs | Oct 26
Saphire's Courage Campaign at the Grygla School 10am; Potential VB playoff game at Stephen 7pm (if we win Monday's game)

Fri | Oct 27
Senior Meals at Grain Bin Café 11am; Potential VB playoff game at NCTC 7pm; Goodridge Liquor Store Halloween Party w/ Bingo at 6:30pm and a dance to follow

Sat | Oct 28
Potential FB playoff game at 2pm (opponent and site TBD); Grace Fall Lutfisk Supper 4-7:30pm; Agassiz HalloWILD event 4:30-7:30pm; Goodridge Lion's Smoker at Lion's Hall 8pm

Sun | Oct 29
Mon | Oct 30
Senior Meals at Grain Bin Café 11am

Tues | Oct 31
Happy Halloween;
Grygla School Halloween Party 1:30pm; Grygla ECCE Halloween Party 5-7pm; Potential VB playoff game (opponent and site TBD)

School Lunch Menus

Grygla Lunch Menu
Wednesday, October 25: Chicken in Gravy, Mashed Potatoes, Bread
Thursday, October 26: Soup & Sandwich
Friday, October 27: Hotdog on a Bun & Fries
Monday, October 30: Corn Dog, Bread
Tuesday, October 31: Italian Hoagie on a Bun

Goodridge Lunch Menu
Wednesday, October 25: Burrito w/ Lettuce & Cheese, Green Beans, Applesauce, Bread
Thursday, October 26: Chicken Nuggets w/ Assorted Sauces, California Blend Veggies, Fruit Salad, Bread
Friday, October 27: Polish Sausage on a Bun, French Fries, Broccoli, Carrots & Celery w/ Dip, Oranges
Monday, October 30: Pepperoni Pizza, Tossed Salad, Corn, Pears
Tuesday, October 31: Chicken Nuggets w Assorted Sauces, Steamed Carrots, Mashed Potatoes & Gravy, Fruit Salad, Bread

Lost person located

(Submitted) On October 19, 2017, Beltrami County Sheriff's office received information from Mr. Greg Eckman via cell phone that he was in the woods near Debs, unsure of where he was, and in need of assistance. Eckman told Beltrami County dispatch he was hypothermic and could not walk.
Beltrami County deputies responded to the area and began attempting to locate Mr. Eckman. Deputies deployed on foot and by four wheeler in the area. Mr. Eckman was eventually located by Deputies. Mr. Eckman appeared to be having some medical issues and was treated by the Bemidji ambulance. Eckman was transported to the Sanford emergency room to be evaluated.

Annual Lutfisk Supper
AT THE **Grygla Community Center**
Saturday, October 28
4:00 - 7:30 p.m.
COST:
13 year of age to adults: **\$16.00**
5-12 years: **\$6.00**
Preschool & under: **free**
TO-GO BOXES WILL BE AVAILABLE.
There will also be a Bake Sale and Silent Auction.
Sponsored by: **Grace Lutheran Women**
629-316

ST. CLEMENT'S CATHOLIC CHURCH
ANNUAL HUNTER'S SUPPER
~ at the ~
Grygla Community Center
Saturday, November 4, 2017
Serving from 4:30 pm to 8:30 pm
TURKEY & ALL THE TRIMMINGS
Adults **\$13.00**
Students (5-12 yrs.) **\$6.00** • Under 5 yrs. **Free**
Variety Table and Raffle Tickets for Muzzleloader, Homemade Quilt, Cash and other valuable prizes.
HUNTERS' MASS at 7:30 pm at St. Clement's

Deadline to report forage crops, pasture & fall-seeded crops to FSA

The Marshall County FSA Office wants to remind producers that November 15, 2017, is the deadline for reporting forage crops (including Alfalfa, Mixed & Grass hay), pasture and fall-seeded crops (intended for harvest in 2018) to FSA. November 15 is also the deadline to report new forage seeding planted in 2017 to FSA.

Late-filing fees will apply when filing an acreage report with FSA after the November 15, 2017, deadline for these crops.

Producers are required to file an annual acreage report for all of the cropland acreage on the farm with FSA in order to be eligible to receive payments for the Agriculture Risk Coverage (ARC) and Price Loss Coverage (PLC) program

High school juniors encouraged to apply for High School Page Program

Representatives Dan Fabian, R-Roseau, and Deb Kiel, R-Crookston, are encouraging high school juniors to apply for the Minnesota House of Representatives High School Page Program. The week-long program is open to all Minnesota high school juniors whether they are in public school, private school, charter school or homeschool, and provides a unique opportunity to gain a deeper understanding of state government and the legislative process.

Participants will assist members and staff during House floor sessions, participate in a mock committee hearing, and meet with legislators, constitutional officers, members of the judiciary, lobbyists, and media.

"I hope high school juniors in our area will apply for the High School Page Program, and come down to St. Paul to participate in this week-long experience," said Rep. Fabian. "It's a great opportunity to en-

payments, CRP (annual rental payments), LDP's, commodity loans, FSA disaster programs, NAP, etc.

Producers are also encouraged to report all pasture they may have, including wooded pasture, etc., to FSA for future program purposes such as the Livestock Forage Program (LFP).

July 15, 2018, will remain as the deadline to file an acreage report with FSA for most other crops, including Conservation Reserve Program (CRP) acreage.

Producers with questions about the November 15 acreage reporting deadline or who wish to make an appointment to report their acres should contact the FSA County Office at 218-745-4251 ext. 2.

gance in the political process and learn more about how the Legislature operates."

"I would strongly encourage high school juniors from Northwest Minnesota to apply for this program. It is a once-in-a-lifetime opportunity that will give you a first-hand look into the workings of Minnesota government and the Legislature. I would love to see students from our area participating during the 2018 legislative session!" said Rep. Kiel.

Applications must be postmarked or emailed by December 1, 2017. Participants are responsible for all personal costs associated with taking part in the page program, but will receive a small stipend to cover a portion of meals and, if applicable, cost of lodging.

You can contact Rep. Fabian or Rep. Kiel's legislative office or visit the Minnesota House of Representatives website at www.house.mn for more information on the program and how to apply.

Agassiz National Wildlife Refuge
HalloWILD
SATURDAY, OCTOBER 28, 2017
4:30 - 7:30 PM
Families are invited for an evening of fun on the refuge. This is an open house style event - come and go if you dare as you wish.
SCAVENGER HUNT ALONG THE NATURE TRAIL 4:30-6:30
• Creatures of the **NIGHT** Activities 4:30-6:30
• **ALL ABOUT OWLS**
• **WHY BATS are COOL, not CREEPY**
• **HAUNTED HIKE (for older kids) 6:30-7:30**
• **Kids are invited to come in costume**
• **Bring your camera- a photo shoot area will be set up**
• **Enjoy a light snack & hot cider in the visitor center**
No pre-registration is necessary & No need to trade in your broomstick for cash, this is a **FREE** event!
For more information call - 218-449-4115



Goodridge ECCE had a great time visiting The Pumpkin Patch recently!


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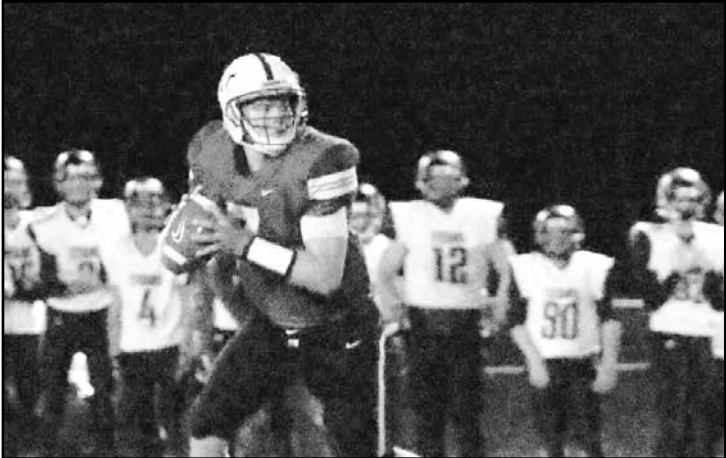


Garden Valley Telephone Company recently provided the Grygla 4th and 5th graders with water bottles to help them stay hydrated throughout the day!

Wednesday, October 25, 2017



Chargers vs. NCE/Ulen Hitterdahl last week in Grygla. #32 Ben Groven, #21 Kaleb Sjulestad, #7 Dylan Manderud on defense. (Photo by Trystan Jelle.)



The JH football season ended last week with a game in Newfolden with 7th grade at 2-1-1 and 8th grade at 3-3-1. 7/8 grade football was coached by Brady Olson and Andrew Sundberg.

Of interest to Veterans: VA Burial Coverage

Dependents and Survivors: Burial and Plot Intermment Allowance

WHAT ARE VA BURIAL ALLOWANCES? VA burial allowances are flat rate monetary benefits that are generally paid at the maximum amount authorized by law for an eligible Veteran's burial and funeral costs. A VA regulation change in 2014 simplified the program to pay eligible survivors quickly and efficiently. Eligible surviving spouses of record are paid automatically upon notification of the Veteran's death, without the need to submit a claim. VA may grant additional benefits, including the plot or interment allowance and transportation allowance, if it receives a claim for these benefits.

WHO IS ELIGIBLE? If the burial benefit has not been automatically paid to the surviving spouse, VA will pay the first living person to file a claim of those listed below: • Veteran's surviving spouse; OR • The survivor of a legal union* between the deceased Veteran and the survivor; OR • The Veteran's children, regardless of age; OR • The Veteran's parents or surviving parent; OR • The executor or administrator of the estate of the deceased Veteran.

*Legal union means a formal relationship between the decedent and the survivor that existed on the date of the Veteran's death, which was recognized under the law of the State in which the couple formalized the relationship and evidenced by the State's issuance of documentation memorializing the relationship.

The Veteran must also have been discharged under conditions other than dishonorable. In addition, at least one of the following conditions must be met: • the Veteran died as a result of a service-connected disability, OR • the Veteran was receiving VA pension or compensation at

the time of death, OR • the Veteran was entitled to receive VA pension or compensation, but decided instead to receive his or her full military retirement or disability pay, OR • the Veteran died while hospitalized by VA, or while receiving care under VA contract at a non-VA facility, OR • the Veteran died while traveling under proper authorization and at VA expense to or from a specified place for the purpose of examination, treatment or care, OR • the Veteran had an original or reopened claim for VA compensation or pension pending at the time of death and would have been entitled to benefits from a date prior to the date of death, OR • the Veteran died on or after October 9, 1996, while a patient at a VA-approved state nursing home.

HOW MUCH DOES VA PAY? Service-Connected Death • If the Veteran died on or after September 11, 2001, the maximum service-connected burial allowance is \$2,000. • If the Veteran died before September 11, 2001, the maximum service-connected burial allowance is \$1,500. • If the Veteran is buried in a VA national cemetery, VA may reimburse some or all of the cost of transporting the deceased Veteran's remains.

Non-Service-Connected Death • If the Veteran died on or after October 1, 2017, VA will pay a \$300 burial allowance and \$762 for a plot. • If the Veteran died on or after October 1, 2016, but before October 1, 2017, VA will pay a \$300 burial allowance and \$749 for a plot. • If the Veteran died on or after October 1, 2015, but before October 1, 2016, VA will pay a \$300 burial allowance and \$747 for a plot.

Effective October 1, 2011, there are higher non-service-connected death rates payable if the Veteran was hospitalized by VA when he or she died. • If the Vet-

eran died on or after October 1, 2017, VA will pay a \$762 burial allowance and \$762 for a plot. • If the Veteran died on or after October 1, 2016, VA will pay a \$749 burial allowance and \$749 for a plot. • If the Veteran died on or after October 1, 2015, but before October 1, 2016, VA will pay a \$747 burial allowance and \$747 for a plot. • If the death occurred while the Veteran was properly hospitalized by VA, or under VA contracted nursing home care, some or all of the costs for transporting the Veteran's remains may be reimbursed. • Note: If the Veteran dies while traveling at VA expense for the purpose of examination, treatment or care, VA will pay burial, funeral, plot or interment allowances, and transportation expenses.

Unclaimed Remains • If a Veteran dies and their remains are unclaimed, the entity responsible for the burial of the Veteran would be entitled to a \$300 burial allowance. • If the Veteran is buried in a VA national cemetery, VA may reimburse the cost of transporting the deceased Veteran's remains. VA may also reimburse for the cost of a plot.

HOW CAN YOU APPLY? You can apply by filling out VA Form 21P-530, Application for Burial Benefits. You should attach a copy of the Veteran's military discharge document (DD 214 or equivalent) and a death certificate. If you are claiming transportation expenses, please attach a receipt for the expenses paid.

You can call us toll-free within the U.S. by dialing 1-800-827-1000. If you are located in the local dialing area of a VA regional office, you can also call us by checking your local telephone directory. For the hearing impaired, our TDD number is 711.

Chix to host Hunter's Bash

The local Relay for Life team, Chix from the Stix, will be hosting another Hunter's Bash this year at Yo-Hawn's. The event will be taking place on Saturday, November 4th, from 8:30pm-12:30am. A live band will be performing with

music by Two at a Time, Plus One! This is a free-will donation with door prizes and 50/50 raffles going on throughout the night. All proceeds/tips benefit the Marshall/Pennington County Relay for Life/American Cancer Society.

Word of the Week ...enhancing vocabularies one Grygla Eagle at a time.

Ducky

adjective

\duhk-ee\

1. Informal. fine; excellent; wonderful
2. Informal. darling; charming; cute

► SIMPLY DELICIOUS



Written and made by Kari Sundberg, Eagle Editor
Crepes

Let's talk all things crepes - the easiest snack and so universal! Whether you fold them up or fill them up, crepes can be eaten anyway your heart desires. Personally, I like to fold them up and sweeten them up by adding my favorite berries, whipped cream and a drizzle of chocolate syrup. But sometimes, I like to add thin slices of deli ham, some Dijon mus-

tard and cheese inside. YUM. You can even wrap your crepe around a banana and add a little peanut butter; the options are endless. What's your favorite way to eat them? There are many ways to make a delicious crepe but the easiest way I make them goes like this:

- 1 cup of flour
- 1 egg
- 1.5 cups of 1% milk
- 1 tsp of vegetable oil
- ½ tsp of vanilla extract.

Mix together until smooth. Spray a small frying pan and heat to medium. Put about ¼ to ½ cup of the batter into the pan and swirl it around until the batter covers the entire pan. Cook for 1-2 minutes (or until golden brown) and flip. Repeat until you have a few crepes and fill with your favorite toppings.

► A HIPPIE'S HEALTH



Written by Tara Waltman

You know what's kind of cool? Kids. Also, taking control of your own health and feeling empowered about this. This is something I have been doing over the years. I have learned more about nutrition, meditation and, of course, essential oils and other clean, less toxic products and how they impact different systems in the body.

I have learned how toxins in our food, air and products can be harmful. Can we eliminate all toxins in life? No, but we can minimize. What I like, though, is using clean products and oils to feel healthy and to feel good! If it's working for me, why not? This is something I want to

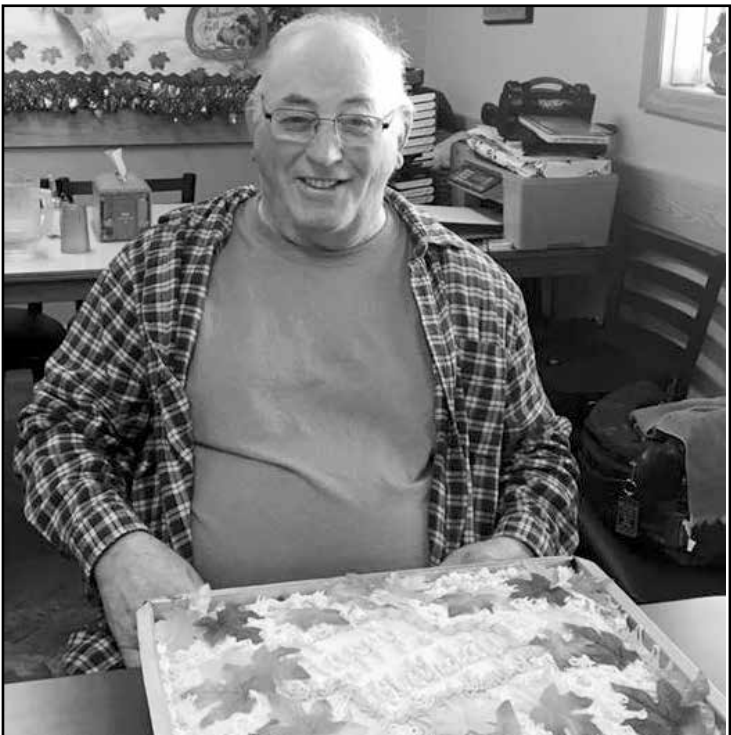
pass on to others - to my family and kids - to feel empowered about their health.

For instance, with my son Everett, I let him choose the oil to use for certain things. Of course the names of his kid oils kind of gives it away. Haha. He typically chooses from his Young Living's owie oil, tum-mygize or sniffle ease depending on what he needs! Next on his list is the genius kid oil!

Lavender is also a favorite. It's important to dilute essential oils for babies and kids. The kids oils are already diluted though so that's cool! Have fun with essential oils with your kids!

Over time, I have also realized how important is to not worry so much, laugh a lot and not hold on to stress and just have a lot of fun!

Tara Waltman is a licensed clinical social worker doing outpatient therapy working on health and wellness for people. She is also a Young Living Essential Oils consultant. She is the daughter of Darell and Karen Severts, of Grygla, and resides in Lancaster, Pennsylvania, with her family. She will be contributing a health and wellness column weekly.



Marlyn Sistad celebrated his October birthday at the Grain Bin Café this month. Happy birthday to him! November birthdays will be celebrated at the café on November 8th at 2:30pm.

DNR urges caution while burning fall yard debris

Northwestern and central Minnesota have elevated fire danger due to sparse rain, high winds and lack of humidity. This means that open burning may be restricted in certain counties. The Department of Natural Resources urges Minnesotans to use caution while burning yard waste or leaf piles outdoors and to check the burning permit website for information.

"During fall, we know that residents and property owners will be taking care of leaf and brush piles," said Casey McCoy, DNR wildfire prevention supervisor. "Piles can smolder undetected for several weeks under the right conditions. Windy, fall days can reignite these piles."

On average, Minnesota issues approximately 43,250 burn permits annually. When weather conditions warrant it, state fire team leaders may turn burning permits on or off. To determine whether burning is allowed, Minnesotans should regularly check their county burning restrictions. Residents may need to find alternatives to burning such as composting or hauling brush to a collection site or wait until it is safer to burn.

Burning restrictions do not apply to campfires; they are still allowed. Clear an area around the campfire, watch it continuously and make sure it is out cold to the touch before leaving.

HalloWILD event to be held at Agassiz National Wildlife Refuge

Families are invited for an evening of fun at Agassiz National Wildlife Refuge this Saturday, October 28th, from 4:30-7:30pm. October is the perfect time to learn more about nature's night life. When you go to bed at night, many animals are just waking up. Do you ever wonder - are owls truly wise? Are bats really blind? Find out the answers to these questions and more at Agassiz's HalloWILD event.

Enjoy a scavenger hunt along the Headquarters Hiking Trail, and other fun hands-on activities. The HalloWILD event will be held open house style, so you can plan to come and go as you wish.

SCHEDULE
Scavenger Hunt along the nature trail 4:30-6:30pm

Creatures of the Night Activities 4:30-6:30pm
All About Owls
Why Bats are Cool, not Creepy
Haunted Hike (for older kids) 6:30-7:30pm

Kids are invited to come in costume! Bring your camera – a photo shoot area will be set up and enjoy a light snack & hot cider in the visitor center. This event is free of charge and will be held at the Agassiz National Wildlife Refuge Headquarters, which is located 11 miles east of Holt, Minnesota on Marshall County Road 7 (290th St. NE).

Please call 218-449-4115, ext. 209 if you have questions regarding the event. Office hours are Mon.-Fri. 7:30am-4pm.



The Grygla 5th grade class tested out their Puff Mobiles they have been working on in Science class. Each team received a limited amount of items to use (2 paper clips, 1 piece of paper, 3 straws, 4 life savers and tape) and had to construct a little mobile that was moved by “puffing” it with their breath. Whoever got the least amount of puffs in 6 feet was the winner!

1st place went to Emily Johnson and Kian Ahlbeck (3 puffs and 6’23”)

Turning back the pages 30 years (October 1987)



Wikstrom retires from mail carrier position

(October 1, 1987) Vernon Wikstrom logged his final miles for the U.S. Postal Department last Saturday. Vernon has been a mail carrier for Goodridge and Grygla for 16.5 years.

Traveling 230 miles a day to deliver mail may seem overwhelming to a city mail carrier, but for Vernon it's all in a day's work.

To follow his route you would leave Grygla at 5am. Arrive at TRF Sectional Center at 6am. Travel to the Goodridge Post Office to make deliveries and sort mail for that route. Return to Grygla by 8:15am. Sort mail and head out east of Grygla on a 70 mile route that brings you back to Grygla at 12:30pm. At 4pm, you are heading west again to stop at Goodridge, arrive at TRF with the local mail by 5pm and hope to be back home again by 6pm.

Vernon has traveled over a million miles for the U.S. Postal Service since beginning his route. The pickup he is driving now, purchased in 1981, has over 356,000 miles on it.

A mail carriers job in a rural area sometimes involves

more than carrying mail. When Vernon started his job he also delivered milk from TRF to the schools and stores in Goodridge, Grygla and Fournoun.

On the road everyday, a rural mail carrier often acts as a watchman for travelers who might need help. Several times Vernon has stopped along the road when there has been an accident or when someone has had car trouble. In the winter time he always took along extra cans of canned heat in case someone had a stalled car.

Pictured above, Vernon and his wife, Viola, are shown in the Grygla Post Office sorting mail for their final day's route.

Vernon and Viola Wikstrom have lived in the Grygla area for 47 years and have a farm west of Grygla where they raise feeder cattle and put up hay. Most of the farm land is now rented out to neighbors.

Viola, who has been Vernon's substitute driver since he began, is happy about the retirement. Vernon, 70, says he is looking forward to the free time, too.



Goodridge/Grygla pepband at the last football game of the season last week in Grygla. Chargers lost 32-0 to NCE/UH.

Chargers Volleyball holds Parent's Night



Grygla Senior, Alaina Monson, with her parents, Maureen and Greg Monson.



Grygla Senior, Trystan Jelle, with her parents, Mike and Shonda Jelle.

The Chargers Volleyball team had their regular season game last week on Monday, October 16th. This game was the team's 'Pink Out' night and also Parent's Night. Hosting Stephen/Argyle in Goodridge, the Varsity team lost in 3 (14-25, 14-25, 23-25) which put their regular season record at 12-15.

GG Stats per coach Tharaldson
Ace Assists: Mercedes Coan-12
Kills: Alaina Monson-4, Maci Bakken-5
Aces: Mercedes Coan-2
Digs: Nichole Arveson-4, Alaina Monson-6

Blocks: Maci Bakken-4
Coaches Comments: Tonight's game was a tough one, we knew going in what we were up against but I am proud of how hard the girls worked and didn't stop playing until the very end. Going into playoffs I am excited to see what will happen.

Upcoming games: The Chargers host a Pigtail game against Fisher/Climax in Goodridge on Monday, October 23rd. If they win, they will play again in Stephen on Thursday, October 26th at 7pm. There is also a playoff game on Friday, October 27th at NCTC at 7pm.



Grygla Senior, Hailey Vad, with her mom, Holly Vad.



Left: Libby Johnson and Daria Waletzki at the net to block a hit against Stephen/Argyle. Right: Alaina Monson had 4 kills in the game.



Above: Amy Wiskow in the Varsity game. Below: Mya Anderson and Trinity Walseth at the net in the JV game.



Grygla Sophomore, Maci Bakken, had 5 kills in the game against SAC on Parent's Night.

Wednesday, October 25, 2017