



				
Today Partly Cloudy H 57 L 37	Thurs Mostly Sunny H 58 L 37	Fri Partly Cloudy H 55 L 42	Sat Mostly Sunny H 65 L 44	Sun Partly Cloudy H 56 L 39



A look at next week ... Goodridge resident, Gary Miller, collects and restores antique gas pumps.

Polansky in his 5th and final year with the Bison herd



Written by Kari Sundberg, Eagle Editor
NDSU Bison football has started with another impressive season, thus far. Their record is a (72-7) win over MS Valley, (40-13) win over Eastern WA, (56-0) win over Robert Morris and a (38-11) win over Missouri State last Saturday, which was their 3rd home game this season in the 19,000 seat Fargodome.

Undeclared at 4-0 so far, Grygla High School Alumnus, Daniel Polansky, is a proud member of the Bison football team as a wide receiver. This is his 5th and final year of playing for North Dakota State University; he redshirted his freshman year with the team.

Daniel will be graduating in December with a degree in Electrical Engineering and a Minor in Mathematics.

Daniel's parents, Gary and Laurie Polansky, of Gatzke, have made it to all of the Bison home games so far this year and they usually bring some friends or other family with. As for the away games, having family in attendance usually depends on the location, but Daniel says his sister, Rebecca, and her husband, Scott, who live in Oregon, were able to make it to the game in Cheney, Washington, on September 9th. Daniel's aunt Marilyn also plans on making it to a few of his away games that are located in the Midwest. "We get 4 tickets to give away for home games and

2 for away games. Players can transfer tickets to other players if they aren't using them that week," he explained.

Daniel has a lot of great experiences on the field, including the win against Iowa last year, even though he suffered an injury in the game. He has also been a part of the exciting history when the team won 5 consecutive NCAA Division I FCS National Championships between 2011 and 2015. NDSU is the only college football program to ever win 5 consecutive NCAA national championships!

"I think the best experiences are just all the days of getting to be with the guys and bonding as teammates – even if we get a little rowdy sometimes," Daniel smiled. He says he has made so many great friends and it will be a big change not seeing them every single day at the weight room, meetings or practice.

His time on the Bison roster

isn't over yet, though. NDSU plays at Indiana State this Saturday, October 7th, and again on Saturday, October 14th, at Youngstown State in Ohio. The next home game is set for October 21st against Western IL.

With the hard work he puts on the field, Daniel works hard off the field, as well. With preparations to graduate in December, he is currently working at JDES (John Deere Electronic Solutions) in Fargo. He has been working there since May of 2016, full-time in the summer and part-time during the school year. He is interning in Product Verification and Validation, and has accepted a full-time position in Electronic Design, which will start with the company in January.

Best of luck to Daniel and the rest of the Bison team this season; we're cheering them on from back home.



A Robert Morris player on the back of Polansky during the 3rd game of the season, September 23rd. Bison kept up their winning streak with a 56-0 win against the Colonials. Photo by Tim Sanger/NDSU.

Chargers vs. Storm ends in loss

Chargers Football hosted Stephen/Argyle for their Homecoming game in Goodridge last Friday night. The result was a 14-34 loss.

Head Coach John Wilebski says, "Our interior line played very well. Brandon Stanley, Lucian Tinnes, Anthony Loken, Ben Groven & Kaleb Sjulestad. Offense blocked very well for our backs. Also defensively, we shut down the trap and forced the Storm to put the ball up in the air, but they still made some big plays when needed to secure a hard fought contest. I was very proud how our boys competed and took it to them. Hopefully we meet them again in the playoffs." He added, "We know we can play with them and if we stay healthy, we feel we can settle the score - if given the opportunity."

Stats per Wilebski: Jaden Kiesow 21 carries/88 yards, Dylan Manderud 22/50 yards 1 Td, Peyton Verbout 12/84 yards
Passing: Kaleb Sjulestad 2rec for 62 yards, Aaron Jones 1 rec for 22 yards 1 td, D Man-

derud 3 for 6 for 84 yards 1 td
Defense: Dylan Manderud 9 tackles, Jaden Kiesow 11 tackles, Hudson Mcmillin 8 tackles

The Chargers did get a win earlier in the week when they finished their game against WAO on Tuesday, September 26th. The game resumed in the 4th quarter with the Chargers ahead 16-0. It ended with a 24-0 win!

Stats per Wilebski: Dylan Manderud 2 td's 2pt pass to Ben Groven from Manderud 2pt pass to Kaleb Sjulestad, Jaden Kiesow 1 td run, Manderud 2 pt run

Dylan Manderud 36 carries for 123 yards 2 td's, Jaden Kiesow 18 carries for 75 yards 1 td, Peyton Verbout 12 carries for 87 yards, Riley Manderud 3 carries for 2 yards

Defensively: Anthony Loken 5 tackles, Lucian Tinnes 7 tackles 1 fumble recovery, Kaleb Sjulestad 1 int, Jaden Kiesow 5 tackles 1 fumble recovery
Brandon Stanley & Ben Groven had big games on the O line, as well.

Wilebski stated, "This was nice win for our team against a strong football program. Our line was dominate in this contest which was the difference maker on both sides of the ball. Nice shut out for the defense. We made some big tackles from Hudson McMillin and Kaleb Sjulestad. Also, special teams made some nice plays headed by Blake Jensen's kicking performance. We had some key plays on the offensive line from Blake Passa. Everything came together in this victory for the Chargers."

Next home game is Thursday, October 12th, Parent's Night in Grygla vs. Nevis at 7pm. Up next for the team: This Friday night, October 6th, the guys travel to Hallock and play KCC at 7pm. On Thursday, October 12th, they will host Nevis in Grygla for Parent's Night. The Grygla Merchants will also be holding their Tailgate party this night beginning at 5:30pm and serving until the game starts.

Chargers Volleyball has an off week

Chargers Volleyball started their week off with an away game in East Grand Forks last week, Tuesday, September 26th. They lost in 3 to Sacred Heart (16-25, 13-25, 18-25).

Head Coach Katelyn Tharaldson offered, "The night didn't go exactly how we had hoped, but there is a lot we can take away from this game and learn from and improve on for our next match. We currently have two varsity players out due to injury so that certainly affects us, but we are trying the best we can and I still believe that anything these girls set their mind to they can achieve."

Ace Assist: Trystan Jelle-12; Kills: Alaina Monson-5; Digs: Nichole Arveson-7.

The next game of the week was on Thursday, September 28th, where the Chargers hosted BGMR in Grygla for their Homecoming game. Unfortunately, the team didn't pull off a win and lost in 3 (17-25, 13-25, 20-25).

Tharaldson said in spite of the loss, the game was a good one. "Even though it didn't go in our favor I am still proud of how hard the girls have worked," she commented.

Ace Assists: Mercedes Coan-8, Trystan Jelle-6; Kills: Alaina

Monson-4, Madi Bakken-4; Digs: Nichole Arveson-8, Amy Wiskow-4; Blocks: Trystan Jelle-4

Up next for the team is a week of away games: Monday, October 2nd, in Oklee vs. RLCC. Tuesday, October 5th, they head to Baudette and Thursday, October 5th, they travel to Lancaster to take on KCC.

The next home game is scheduled for Monday, October 16th, which is also Parent's Night. The game will be held in Goodridge vs. Stephen/Argyle and is the last regular season game.



2017 Goodridge Homecoming Court
Front row, L-R: Cynthia Sampson (junior), Julia Halvorson (1st grade), Queen Kendra Jensen (senior), King Ben Groven (senior), Austin Lovly (1st grade), Hannah Seyller (sophomore).

Back row, L-R: Aaron Jones (junior), Jordan Skibicki (senior), Dylan Manderud (senior), Keanna Arndt (senior), Brandon Stanley (senior), Blake Nerhus (senior), Blake Jensen (sophomore). Thoele Photography

Chargers Homecoming

Held the week of September 25-29, 2017



2017 Grygla Homecoming Court
Front row, L-R: Daria Waletzki (sophomore), Kami Mosher (1st grade), Queen Trystan Jelle (senior), King Clayton Irlbeck (senior), Zachary Rian (1st grade), Olivia Tykward (junior).

Back row, L-R: Evan Fish (sophomore), Cooper Blazek (senior), Carlye Kiesow (senior), Alaina Monson (senior), Dustin Smith (senior), Gavin Skime (junior). Thoele Photography



Mercedes Coan and Maddy Race in the Chargers Volleyball Homecoming game in Grygla last Thursday against BGMR. See page 3 for more photos.



The Chargers Football Homecoming game was held last Friday night in Goodridge against Stephen/Argyle. See page 3 for more photos.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Wednesday:
6pm Choir; 6:30pm 7th grade Confirmation; 8pm Interfaith Bible Study
Sunday:
Grace: 9am Worship, 10:15am SS
OS: 10:30am Worship, 9:30am SS

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Savior's - Thief Lake
Pastor TBA
Sunday:
OS: 9am Worship
UL: 11am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Kristin Dahlen Ostercamp
Sunday:
Faith: 8:30 Worship, 9:45 SS
Bethany: 9:45 Worship, 10:30am SS
Ekelund: 11am Worship, 9:45 SS

THE CATHOLIC COMMUNITIES OF
St. Clement's - Grygla; St. Ann's - Goodridge

Fr. Adam Hamness
Sunday:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday:
9:30am Worship, 10:30am SS

COMMUNITY BIBLE CHURCH
Christian & Missionary Alliance of Grygla
Sunday:
9:30am Worship, 11am SS

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth
Saturday:
Mt. Olive: 9am Worship
Sunday:
St. Petri: 8am Worship, 9:15 SS
Nazareth: 9:45am Worship, 8:30 SS
Oak Park: 11am Worship, 9:45 SS

LIBERTY CHAPEL
Grygla
Fellowship of Christian Assemblies
Sunday:
9:30am Worship.

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U.S.P.S. No. 002330
Grygla Eagle
NATIONAL NEWSPAPER ASSOCIATION
Serving Eastern Marshall & Northern Beltrami Counties
PUBLISHER - RICHARD D. RICHARDS
Karl Sundberg- EDITOR
Phone 294-6220
—SUBSCRIPTION RATES—
\$25 per year in the trade area (Grygla, Gatzke, Goodridge & Wannaska addresses)
\$30 per year outside of the area
PUBLISHER'S LIABILITY FOR ERROR:
The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.
The "Grygla Eagle" is published weekly by Richards Publishing Co., Inc., Box 159, Govick, MN 56644. Periodical postage paid at Grygla, MN 56727.
POSTMASTER: Send address changes to: Grygla Eagle, PO Box 17, Grygla, MN 56727.

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THURSDAY, OCTOBER 5
Chargers Volleyball at KCC
FRIDAY, OCTOBER 6
Chargers Football at KCC
MONDAY, OCTOBER 9
Chargers Volleyball at BGMR

Grygla Merchants' TAILGATE PARTY in GRYGLA
Thursday, October 12th at 5:30 pm
Free Food will be served at 5:30pm until start of game at 7pm, against Nevis.
This will be Parent's Night.

Goodridge School District Operating Referendum
The Goodridge Public School District #561 Board of Education is calling for an election Tuesday, November 7, 2017. The purpose of this election is to renew an operating referendum that has been in place for several years and is set to expire. If successful, passage of this referendum will allow the referendum to remain in effect for the next seven years. Polls for this election will be at the Goodridge Public School, and will be open from 7 AM - 8 PM. The week of October 9th a required notice of the November 7th election will be sent to all taxpayer/property owners in the Goodridge school district (whether they live in or out of the school district). A public meeting will be held October 24, 2017, 7 PM in the Goodridge Community Center, to discuss the November 7, 2017 referendum election. Voters must be residents of the Goodridge School District to vote in this election.
If you have any questions, please give us a call at the Goodridge School at 218-378-4133.
Galen Clow, Superintendent
Goodridge Public School District #561

Pictured below: Jamie Dennis, previously from Grygla, recently made the trip up from Culleoka, Tennessee, to visit her old friends in town and celebrate her 10th birthday! All of her former classmates were able to attend the party, including many other friends, too! The party was held at the Grain Bin Café on Sunday, September 24th.



Christopher Columbus - The Discoverer Of America
One of the most important events in world history is the discovery of America by Christopher Columbus in October 1492. When Columbus returned to Spain the next year, King Ferdinand and Queen Isabella gave him a grand reception and confirmed his title: "Admiral of the Ocean Sea."
In honor of Christopher Columbus, we celebrate Columbus Day
The American State Bank will be OPEN all day on Mon., Oct. 9, 2017.
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grygla.govoffice2.com
City of Grygla
218-294-6292
Full Meeting Minutes/
Agendas available online

Statement of Ownership, Management, and Circulation

Grygla Eagle		Sept. 24, 2017	
Grygla, MN		Grygla, MN	
Richard D. Richards, Publisher		Karl Sundberg, Editor	
Richards Publishing Co., Inc.		PO Box 159, Govick, MN 56644	
Telephone: (218) 294-6220		Fax: (218) 294-6220	
E-mail: richards@richardspub.com		Web: www.grygla.com	
Circulation for week ending Sept. 24, 2017		Circulation for week ending Sept. 24, 2017	
1. Total Copies (Net Press Run)		136	
2. Copies not Distributed		121	
3. Copies Distributed		209	
4. Total Distribution		209	
5. Copies not Distributed		16	
6. Total Copies		225	
7. Copies not Distributed		11	
8. Total Copies		214	
9. Copies not Distributed		6	
10. Total Copies		210	
11. Copies not Distributed		15	
12. Total Copies		195	
13. Copies not Distributed		14	
14. Total Copies		181	
15. Copies not Distributed		43	
16. Total Copies		138	
17. Copies not Distributed		15	
18. Total Copies		123	
19. Copies not Distributed		7	
20. Total Copies		116	

High school juniors encouraged to apply for High School Page Program

Representatives Dan Fabian, R-Roseau, and Deb Kiel, R-Crookston, are encouraging high school juniors to apply for the Minnesota House of Representatives High School Page Program. The week-long program is open to all Minnesota high school juniors whether they are in public school, private school, charter school or homeschool, and provides a unique opportunity to gain a deeper understanding of state government and the legislative process.
Participants will assist members and staff during House floor sessions, participate in a mock committee hearing, and meet with legislators, constitutional officers, members of the judiciary, lobbyists, and media.
"I hope high school juniors in our area will apply for the High School Page Program, and come down to St. Paul to participate in this week-long experience," said Rep. Fabian. "It's a great opportunity to en-

Recognize your boss for National Boss's Day

Attention Grygla and Goodridge friends ~ Monday, October 16th, is National Boss's Day.
In the small towns of Grygla and Goodridge, we have a lot of great people who serve as our BOSS at our places of employment.
The Grygla Eagle is asking you to take a few minutes out of your day and recognize your boss to be featured in the October 18th issue of the Eagle in honor of National Boss's Day.
Send us a photo of your boss and tell us what makes them so deserving of this recognition. What qualities make him or her an outstanding leader? Tell us a little bit about this person and what their day at work is like, along with the positive ways they make YOUR day better. Talk to your co-workers and get their input as well! The whole business can take part in this if you wish.
You don't have to inform your boss of this nomination-it can be between us, for now, and come as a surprise to them when the paper comes out.
You have until Friday, October 13th, to send in your photo and praises. Please email your nominations to me, along with the photo, to grygla.eagle@gmail.com or send it to PO Box 17, Grygla, MN 56727.

Women of the ELCA Conference 2 Fall Gathering

Conference 2 Women of the ELCA Fall Gathering will be on Saturday, October 14th, at Immanuel Lutheran Church, Plummer, Minnesota. Registration is from 8:30-9am with morning coffee. Program begins at 9am. Cost is \$8.00 for registration per person. This includes morning coffee and noon lunch.
A morning of fellowship and inspiration has been planned. Anna Olson will be the main speaker. She left the Amish Community at the age of 24. The rigid restrictions of her culture became harder to follow as she reached her teen years. Today her motto is, "True forgiveness is a choice we all have." She is a successful published author and public speaker.
A presentation will also be given by Glenyce Eskeli. She is a lifelong resident of Plummer, Minnesota, and one of the original members that organized the Tri River Pioneer Museum in Plummer.
Special music will be provided and the day will close with a luncheon at noon. Everyone is welcome.

School Lunch Menus
Grygla Lunch Menu
Wednesday, Oct 4: Pizza, Bread
Thursday, Oct 5: Hamburger on a Bun, French Fries
Friday, Oct 6: Chili w/ Crackers, Cinnamon Roll
Monday, Oct 9: Tacos, Bread
Tuesday, Oct 10: Macaroni & Cheese, Ham Sandwich
Goodridge Lunch Menu
Wednesday, Oct 4: Hamburger Gravy w/ Mashed Potatoes, Steamed Carrots, Fruit Salad, Bread
Thursday, Oct 5: Hot Ham & Cheese on a Bun, Baked Beans, Tossed Salad, Pineapple
Friday, Oct 6: Corn Dogs, Baked Beans, Mandarin Oranges, Bread
Monday, Oct 9: Tacos w/ Lettuce & Cheese, Green Beans, Applesauce
Tuesday, Oct 10: Chicken Nuggets w/ Assorted Sauces, Broccoli w/ Cheese, Peaches, Pears

Bus Drivers Needed
Goodridge Public School District
REGULAR ROUTE AND SUBSTITUTE DRIVERS
For information contact Tim Anderson, Transportation Supervisor, Goodridge Public School District @ 218-378-4133, email: tim.anderson@goodridgeisd561.org

Community Calendar
Wed | Oct 4
Grygla Eagle office open 9-6pm; Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; Athletic practice in Goodridge
Thurs | Oct 5
Football practice in Goodridge; Volleyball game in Lancaster vs. KCC
Fri | Oct 6
Senior Meals at Grain Bin Café 11am; Bingo begins at Goodridge Municipal Liquor Store 6:30pm; Volleyball practice in Goodridge; Football game in Hallock vs. KCC 7pm
Sat | Oct 7
Volleyball 'C' tournament in Greenbush 10am
Sun | Oct 8
Mon | Oct 9
Senior Meals at Grain Bin Café 11am; Football practice in Goodridge; Volleyball game vs. BGMR in Greenbush; JH/JV Football in Grygla vs. KCC; Grygla City Council meeting at Civic Building 7pm
Tues | Oct 10
Athletic practice in Goodridge
To place events call 294.6220

Charger’s Homecoming Football/Volleyball



Teammates help #73 Anthony Loken off the field.



Blake Jensen and Aaron Jones watch from the sidelines.



The Chargers lost their Homecoming game to Stephen/Argyle Storm 34-14 last Friday.



#5 Jaden Kiesow had 21 carries/88 yards in the game.



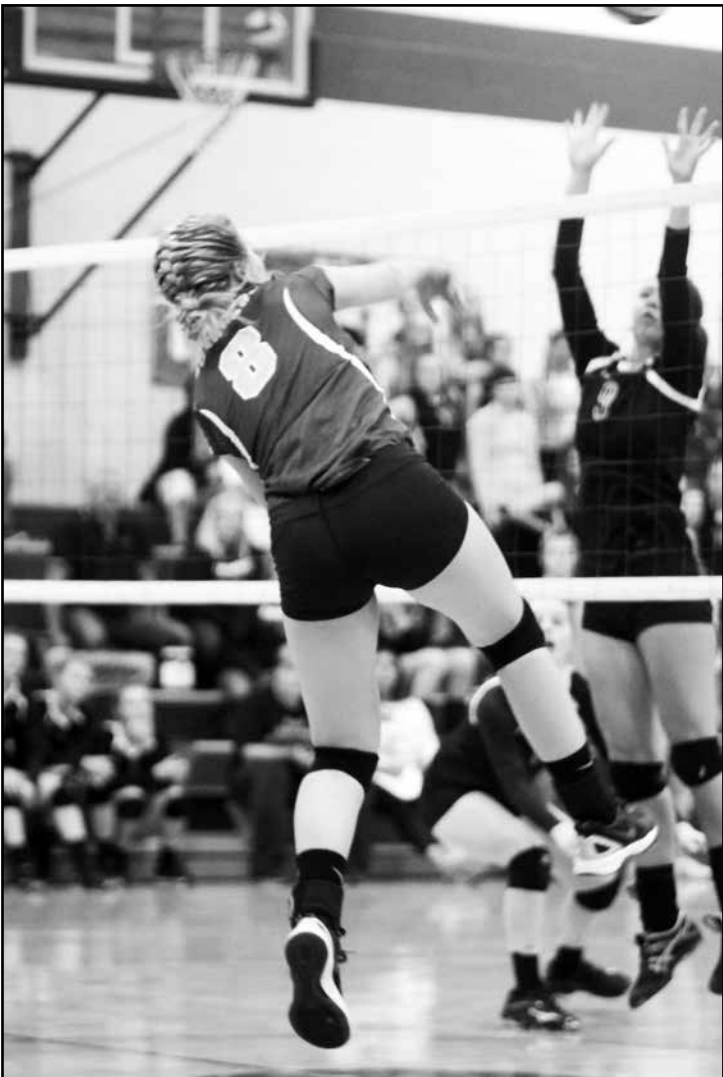
Goodridge/Grygla students pair up for pepband at the Volleyball Homecoming game in Grygla last Thursday.



Students and Chargers fans cheered on the team and showed their support before and during the game!



#2 Mercedes Coan and #8 Maci Bakken in the game against BGMR in Grygla. The team lost in 3 sets. Coan had 8 Ace Assists in the game; Bakken had 4 kills.



Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Aggiornamento
noun
1. The act of bringing something up to date to meet current needs.

uh-jawr-nuh-men-toh

DO IT YOURSELF

Looking for a great DIY gift idea for your husband, boyfriend, dad, brother, son, etc.? Below are some great homemade gift basket ideas for men. Gift baskets are a terrific gift, especially because you can customize them to fit the recipient's interests.

There are a wide variety of ideas for gift baskets for guys. So whether he likes sports, grilling, BBQ, camping, beer or even snack foods, you'll certainly find the perfect DIY gift basket that is ideal just for them.

Keep in mind some tips when creating a gift basket. First, it is best to choose one specific theme for a gift basket. Second, select your gift items before you decide on your gift basket or container. Third, remember that with a gift basket, presentation matters. Happy DIY and Crafting!

Fishing Gift Cooler

Give your guy a great gift basket, one that can hold their day's catch! Is your guy's favorite thing a day on the lake or on the ocean, fishing? Lure him in with a fishing fish gift basket.

Coffee Lovers Gift Basket

If your guy does not start his day without his morning java, then this is the DIY gift basket to make. Add single serve coffee cups so they can make their own coffee at work or at home and treat themselves.

Par Tee Golf Gift Basket

If he enjoys getting out to the golf course whenever he can, then this is the DIY gift basket to choose. It's a hole in one!

Coffee Lovers Gift Basket

Par Tee Golf Gift Basket

WHAT A JOKE

Ole and Lena and Little Ole were invited to a relative's home for Thanksgiving. Stuffed roast turkey was on the menu, and after dinner, Ole asked Little Ole how he liked the dinner. "Vell, da turkey vas purty good, but I vasn't too crasy about da stuff da turkey ate," he said.

Ole and Lars were in a bar watching the late evening news. A story showed a man threatening to leap off a bridge. Ole said, "I'll bet \$10 he doesn't yump." Lars said, "I'll take that bet." A few seconds later, the man jumped and Ole had to pay up. "You darn fool," laughed Lars. "Didn't you see the SIX O'CLOCK news?" "Yah, I did," admitted Ole. "But I didn't tink

Other ideas:

Grill Master or BBQ Basket, Camping Basket, Bagel Basket, Lotto Ticket Treasure Chest, Car Care Gift Basket, Tailgate Gift Basket, Beer Bucket, Guy Food in a Big Jar, Sports Themed Gift Bucket

SIMPLY DELICIOUS

cupcake if given a choice off of a dessert platter. I want the most moist, pudding-filled, caramel-covered, cream-filled, fruit-filled or chocolate chunk items they have. Cake just isn't my thing.

Until now.

My kids told me I have to make these every week for them, which scares me because I'm afraid I'll be opening that pan daily.

Cupcakes

I mixed one package of carrot cake with one can of pumpkin and about ¾ cup water to thin it a bit. Mix until smooth and pour into your cupcake liners. Bake according to baking directions on cake package. Let cool and then frost.

Cream Cheese Frosting

8 ounces cream cheese, room temp
4 tbsp butter, room temp
2 cups powdered sugar
2 tsp vanilla

A HIPPIE'S HEALTH

Written by Tara Waltman

I realized that I put something in my last article about bone broth. There is differences in bone broth and along with that comes a difference in health benefits. Have you ever noticed when you make a homemade soup with bones that there is a gelatin-like substance that forms when it's colder? That's what you want! You want bone broth to be thicker and to have that substance.

I was buying the organic bone broth from the grocery store and it did not have that substance and was quite thin, so it didn't have all the nutrients I was looking for.

Just check out different brands. I order a brand online now, which is a little spendy but good (and very good for you).

The brand is the one in the picture.

Bone broth is an excellent source of protein! Google says that, "bone broth is rich in minerals that support the immune system and contains healing compounds like collagen, glutamine, glycine and proline. The collagen in bone broth heals

Betty Crocker Delights

HYTOR Solid Pack Pumpkin

Bone Broth

S	A	R	A	H		S	A	C		T	A	C	T	
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Results from last week's StatePoint Crossword puzzle.



Area youth to celebrate National 4-H Week this week

In honor of National 4-H week, the Grygla Go-Getters 4-H club will be holding a kick-off meeting on Wednesday evening, October 4th, at the Grygla Civic Building at 6:30pm. Anyone in grades K-12 who are interested in joining 4-H are encouraged to attend the meeting and get more information. Flyers were sent home with the Grygla students.

The Grygla Go-Getters are a part of the Roseau County 4-H. For the 75th consecutive year, millions of youth, parents, volunteers and alumni across the country will be celebrating National 4-H Week during the first full week of October. Roseau County 4-H will leverage National 4-H Week this year by showcasing the incredible experiences that 4-H offers young people, and will highlight the remarkable 4-H youth in our community who work each day to make a positive impact on those around them.

The 4-H youth development program provides “learn by doing” experiences to encourage youth to experiment, innovate and think independently. 4-H programs are offered through school-based, after-school and camp settings and within community clubs, where groups meet regularly to work on projects, perform community service and develop leadership skills. Through this unique process, youth obtain essential life skills such as problem solving, decision making, coping and communicating.

“4-H provides positive non-school learning opportunities that are critical for the development of young people,” said Dorothy McCargo Freeman, Minnesota 4-H Youth Development Program Leader. “As a result, 4-H youth are able to

contribute and make a difference in positive ways in their homes, schools and communities throughout Minnesota.”

Today's 4-H projects include the traditional and still popular agriculture and animal science projects. But 4-H youth also work on cutting-edge technology projects, such as aquatic robotics, digital photography, community service and environmental projects, such as maintaining local hiking trails and testing water in area streams for contaminants. One of the most anticipated events of National 4-H Week every year is 4-H National Youth Science Day, which sees hundreds of thousands of youth across the nation taking part in the world's largest youth-led science challenge. The exciting theme for this year's challenge is Incredible Wearables. Youth will use the engineering design process to build a prototype wearable technology that will gather data to help solve a real-world problem.

4-H alumni around the country are always the first to acknowledge the significant positive impact 4-H had on them as young people; the opportunities and experiences that 4-H provides youth empowers them to become true leaders. In fact, research has shown that young people in 4-H are almost four times as likely to contribute to their communities, and are twice as likely to engage in Science, Technology, Engineering and Math (STEM) programs in their free time. In Roseau County more than 300 4-H youth and 75 volunteers from the community are involved in 4 H, including kids and parents from Grygla.

About 4-H: 4-H, the nation's largest youth development and

empowerment organization, cultivates confident kids who tackle the issues that matter most in their communities right now. In the United States, 4-H programs empower six million young people through the 110 land-grant universities and Cooperative Extension in more than 3,000 local offices serving every county and parish in the country. Outside the United States, independent, country-led 4-H organizations empower one million young people in more than 50 countries. National 4-H Council is the private sector, non-profit partner of the Cooperative Extension System and 4-H National Headquarters located at the National Institute of Food and Agriculture (NIFA) within the United States Department of Agriculture (USDA).

About Extension 4-H: Minnesota 4-H is a youth development program available throughout Minnesota for youth grades k-1 year after high school. 4-H's learn-by-doing model guides youth in designing and participating in their own programs and activities, which results in hands-on learning. Through this unique process, youth obtain essential life skills such as problem solving, decision making, coping and communicating that prepare them to succeed in their school, college, community and careers. Research shows that youth who participate in 4-H have better grades and are more emotionally engaged with school, are more than twice as likely to be civically active and contribute to their communities, and are 47% less likely to have risky or problem behaviors.



The Grygla Go-Getters are a part of the Roseau County 4-H club. Today's 4-H projects include the traditional and still popular agriculture and animal science projects. *Above left:* Walter Jones volunteering with the organization. *Below:* Riley Saurdiff with one of her blue-ribbon entries in the Roseau County Fair.



#15 Daniel Polansky in the 1st NDSU Bison football game of the season against MS Valley. Bison came out on top with a 72-7 win in the Fargodome that day, September 2nd. *Photo by Tim Sanger/NDSU. See story on the front page.*



Goodridge Homecoming crowning moment: 2016 King Blaine Kriel crowns Ben Groven. 2016 Queen Ashlyn Henrickson crowns Kendra Jensen.



Grygla Homecoming crowning moment: 2016 King Tanner Anderson crowns Clay Irlbeck. 2016 Queen Kaitlyn Olson crowns Trystan Jelle.



Courtney Vad performed a vocal selection at the Grygla Homecoming Coronation. Wednesday, October 4, 2017