



				
Today	Thurs	Fri	Sat	Sun
Scatt. Tstorms	Scatt. Tstorms	Partly Cloudy	Scatt Tstorms	Partly Cloudy
H 82 L 64	H 77 L 61	H 86 L 63	H 85 L 61	H 82 L 59

Wednesday, July 15, 2015

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Vol. 41 Number 2

A look at next week... Grygla Senior Citizens, along with the Grygla Eagle, head to Warroad for supper and a summer theater performance of "Music Man"!



(Left) Tanner Anderson, a part-time employee at Machinewell, Inc., says his favorite part about his summer job is the people he works with! (Right) Logan Tinnes, a junior this coming school year, can be seen working at the Grygla Coop. There, he is a part-time cashier who also stocks shelves when needed.



‘Lots to be Seen in 2015’ Grygla Fall Festival is being planned

The logo for this year's Fall Festival in Grygla will be 'Lots to be Seen in 2015'. The annual event will be held August 28-30 and the weekend plans are well underway.

This year's button, pictured here, will be printed in a neon green; the picture was designed by the Fall Fest Committee and the saying was submitted by Rylee Diesen, of Wannaska, who won \$50 for being chosen. This year, buttons will be \$8 in advance or \$12 at the gate, and will be available for purchase at local businesses around Grygla when time draws nearer.

Weekend events are still being organized and planned but the music has already been set up; 100 Proof will be entertaining the crowd on the street Friday night from 8:30pm-12:30am and 24 Seven is set to play Saturday night. Texas Connection will also be playing Saturday night in the Community Center from 6-9pm. During the day on Saturday, Sapphire Brown will take to the stage on Main Avenue from 3-5:30pm.

Due to low interest and participation, there will not be bed races this year. However, a tal-

ent show is being planned and hosted by Grygla's Relay for Life team, Chix from the Stix. The show will be at the Grygla School at 7pm, with a button being required for admission. Bars and refreshments will be served at the show. If you are interested in performing in the talent event, you can contact Jodi Schulz at 218-689-1454.

A few of Saturday's events will include the Kiddie Games, Youth and Adult Tractor Pull, Horseshoe Tournament, Horse & Buggy Rides, Craft/Flea Market, Car Show and the Parade.

If you are interested in being in the Grygla Fall Fest parade on Saturday, August 29th at 1pm, contact Jude Haack at 218-294-6325 or Terry Haack at 218-294-6295.

To anyone interested in bringing their merchandise to the flea market at the Grygla Fall Festival, contact Jaclyn Moe at 218-689-0848. The cost is \$10 for a 10x10 spot and the flea market is Saturday, August 29th from 9am-4pm.

The next Fall Fest meeting will be held on Wednesday, July 22nd at 6:30pm at Yo-Hawn's.



Grygla Garden Club met Group plans Bergeson's nursery trip

Grygla's Garden Club met last Thursday evening to discuss some future plans on taking a trip to Bergeson's Nursery in Fertile on August 15th. The club plans on leaving Grygla at 10am that day (meeting place TBD) and the trip is open to anyone who would like to come along! More information will be provided at a later date.

The Garden Club is also planning a flower exchange to be happening this fall where they will exchange perennial

plants. This event is open to anyone who is interested in participating and sharing their flowers. The exchange will be discussed and planned during the group's August meeting, which will be held on the 15th, while on the way to the nursery in Fertile, MN.

Also, at last week's get-together, Joni Anderson gave a monthly plant research report on Geraniums and shared ways to care for them over the winter.

Music at Grain Bin Cafe Edgar Miller to play accordion music

The Grygla Eagle has arranged for an afternoon of music to be held at the Grain Bin Café in Grygla next Wednesday, July 22nd, from 12-2pm. Edgar Miller, of Goodridge, will be providing accordion music over the lunch hour for your entertainment.

Edgar has been delighting crowds for decades, with many

folks enjoying the familiar tunes he plays on his accordion.

The Grain Bin Café will be serving a pizza and pasta buffet for lunch that day and senior meals will also be held, starting at 11am. Plan to attend this musical event next week; you can enjoy lunch or simply come out for some coffee and good music!

24th Annual Grygla Open At Oakcrest Golf Course in Roseau

The 24th Annual Grygla Open is scheduled for Friday, July 24th, at Oakcrest Golf Course in Roseau. Registration begins at 8:15am with tee off starting at 9am.

Space is limited and it's a

first come-first served! Sign up individually or sign up your team of four to Lynn Anderson (689-5892) or Bob Thompson (689-1374) by Monday, July 20th.

Grygla youth keep busy over the summer

Written by: Trystan Jelle, Eagle Intern

We don't realize how grown up our kids really are until they're out for a job interview or working out of the house somewhere. Getting a job is an important part of a kids life; it teaches them responsibility and how to manage their own money. It could also be a way to get them out of the house for a while!

The youth of Grygla are very active when it comes to being employed and having jobs to keep themselves busy. Most of the youth are out and about working for the summer. Jobs range from raking leaves for their neighbors, to assembling parts at Machinewell! Let's take a look at a handful of kids who have been busy with their summer employment.

Kelly Dougherty, a Grygla senior this upcoming year, is currently employed at Machinewell, Inc. She works part time at the company and keeps busy assembling parts and doing menial tasks. Her favorite part of the job is being able to do something different every day and not have to constantly be told what to do. With the money Kelly makes this summer she plans to save for future uses like college or just leisurely spending. One of her favorite past times is just relaxing at home.

Logan Tinnes, a junior this coming school year, can be seen working at the Grygla Coop. There, he is a cashier and also stocks shelves when needed. Logan is

a part time worker who, like most people, likes to get his paycheck at the end of the week! He just bought a jetski with the money he has made working at the grocery store and plans on hours of fun at the lake with it! In his time off, he likes to rest from all the hard work he does at the Coop.

Alaina Monson, who will be a sophomore in high school this year, likes to spend her summer babysitting. She will babysit almost any kids if you ask her or her sister Elise, who also helps her babysit. Her favorite part of a babysitting job is being able to play with the kids; she says board games or a trip to the park are her favorite! Alaina babysits whenever she gets the chance so she can earn some extra cash for shopping and buying clothes! She enjoys playing volleyball and hanging out around town with her friends.

Ty Jelle, a soon to be Grygla senior, works as a farm hand at Anderson Farms (Dale R.). He is a part time worker that helps on the farm in any way that he can. His duties range from washing tractors to spraying the fields. His favorite part about working on the farm is harvest time; he loves to combine! When he isn't at work, Ty enjoys hanging out with his friends and four wheeling. He just bought a pickup truck so he is working on paying for that, while paying for gas!

Carlye Kiesow will be a sophomore this year at the Grygla School and is work-

ing on the Kiesow family farm this summer. She is putting in full-time hours and is always ready to go whenever her dad calls for her to go work in the fields or transport someone to where they need to go. So far this year, Carlye has helped with the cows, field work, and has moved people from field to field. What she enjoys most about the job is listening to music in the tractor. She is always saving her money to buy new clothes or any fashion accessory. In her spare time, she likes to knit, crochet and read books.

Tanner Anderson will be a junior this fall and he is also employed at Machinewell, Inc. He is a part time employee and he assembles parts, cleans the mills and does all the small stuff at the research and development building. His favorite part about the job is the people he works with and that it keeps him pretty busy, plus the pay is good, he added! He isn't saving up for anything in particular and is just working to work and stay busy. When he isn't at Machinewell, Tanner is normally hanging out with his friends or driving four wheeler.

These are just a few of our local kids who are staying busy with employment this summer. When you run into one of them, or any other younger member of the community, don't be shy; ask these kids where they are working and how they are liking their summer jobs!



Alaina Monson will babysit whenever she gets the chance! Her favorite activities to do with the kids include playing board games and going to the park. Her sister, Elise, likes to help her!



Ty Jelle says his favorite thing about working on the farm is harvest time; he loves to combine! Ty is working at the Dale Anderson farm this summer.



Carlye Kiesow has been helping on the Kiesow family farm ever since she was a little girl! Here she is, many years ago, with her grandpa Lawrence.



Kelly Dougherty is pictured assembling parts at Machinewell, Inc., in Grygla, where she has been working part-time this summer.



Trystan Jelle spends her Eagle internship attending community events and conducting interviews. She is pictured with Ardell Roen at the July senior birthday party.

CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Vicki Saude-Worthington
Sunday:
Grace: 9am Worship
Our Savior's: 10:30am Wor-ship

GATZKE-THIEF LAKE LUTHERAN PARISH
United - Gatzke; Our Sav-ior's - Thief Lake
Pastor Craig Bowyer
Wednesday:
(Wednesday Worship for the Summer, no Sundays)
United: 6:30pm
Our Savior's: 8pm

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Pastor Robert W. Dahlen
Wednesday, July 15:
Mid-week Worship at Ekelund 7:30pm
Sunday:
8:30am Bethany
9:45am Ekelund
11am Faith

THE CATHOLIC COMMUNITIES OF
St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Rick Lambert
Sunday:
St. Clement's: 8:30am Wor-ship.
St. Ann's: 10:30am Worship.

BETHESDA LUTHERAN CHURCH
Skime
Rev. Paul Koch
Sunday:
8am Worship

COMMUNITY BIBLE CHURCH
Christian & Missionary Al-liance of Grygla
Pastor Clark Hjelle
Sunday:
9:30am Worship, 11am SS and Adult Bible Class.
Wednesdays:
7pm Bible Study and Prayer.

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Ol-ive, Nazareth - Trail; Oak Park - Oklee
Pastor Joseph Abrahamson
Saturday:
8:30am Mt. Olive
Sunday:
St. Petri: 8am
Oak Park: 9am
Nazareth: 10am

LIBERTY CHAPEL Grygla
Fellowship of Christian As-semblies
Sunday:
10:30am Worship.

Help Wanted

Part time weekends.
Please apply in person at YoHawns, Grygla.

Ad deadline:
Noon Friday

POSITION OPENING:

Applications are being accepted to fill a full time Administra-tive Assistant/Human Resource position at our central office in Badger. Successful applicant will work in many program areas, with the primary focus being to assist the Executive Director and perform Human Resource duties. Person will also be ac-tively involved in assisting the Energy Programs, while being a support person for other programs as needed. Administrative related degree is preferred but not required. Applicant must be proficient in data entry and other technology areas, organized, dependable, serve as our main receptionist, and be willing to travel as needed. Applicant must have a valid driver's license and auto insurance. Family friendly environment with competi-tive wage, health benefits, retirement, vacation, and sick leave. Position will be open until filled. Interested applicants please call Northwest Community Action at 218-528-3258, email resume to ranordin@nwcaa.org, or mail to PO Box 67, Badger, MN 56714.

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grygla.eagle@gmail.com

2015 Summer League Standings & Results

Week 4 Standings

	W	L
Gray	5	3
White	5	3
Orange	5	3
Green	4	4
Blue	1	7

Week 4 Results

Blue 46
Andrew Holte 13
Orange 53
Brady Olson 23
David Hanson 13
Elroy Johnsrud 11

White 69
Dayle Larson 19
Ty Jelle 16
Michael Lawrence 13
Jesse Wiseth 10
Gray 68
Austin Brateng 38
Hunter McMillin 17
Jordan Hagen 12

White 61
Dayle Larson 21
Tyler Stinar 15
Michael Lawrence 13
Ty Jelle 13
Green 70
Blaine Kriel 28
Cole Halvorson 22

Gray 53
Austin Brateng 23
Hunter McMillin 13
Leah Schulz 11
Orange 63
David Hanson 17
Brady Olson 15
Elroy Johnsrud 13
Jaden Kiesow 10

Green 45
Blaine Kriel 16
Cole Halvorson 15
Blue 58
Andrew Holte 26
Steven Hanson 11

July Summer League Basketball Schedule

NG: New Gym
OG: Old Gym

July 21

6:15- NG-Orange vs. Gray
OG-White vs. Green
Refs-Blue
7:00- NG-Blue vs. Orange
OG-White vs. Gray
Refs-Green
7:45- NG-Green vs. Blue

July 28 - PLAYOFFS

6:15- NG-Play-In Game:
#4 Seed vs. #5 Seed
7:00- NG- #1 vs. Winner
OG- #2 vs. #3
7:45-NG-3rd place game
15 mins running time

8:00-NG-Championship

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002330

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\$30 per year outside of the area

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Anniversary
PLEASE JOIN US AT A PARTY FOR
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SATURDAY, JULY 18, 2015 STARTING AT 3 PM



Saturday,
July 18th,
2015

Celebration
begins at 3 pm
at the farm

Dinner from
4-6 pm with
livemusic by
"Texas
Connection"
from 6-10 pm.

No gifts
please

School Board meeting date changed

The July School Board meeting scheduled for Thursday, July 16th, has been rescheduled for Wednesday, July 22nd, at 8pm.

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Community Calendar

Wed | July 15

Youth baseball game in Goodridge vs. Argyle 9am; Grygla Eagle office open 10am-4pm; Senior Meals at Grain Bin Café 11am; Gry-gla Library open 2-6pm

Thurs | July 16

Pennington County Fair; Grygla Eagle office open 9am-3pm; Grygla Senior Citizens & Grygla Eagle take trip to Warroad for supper and a summer the-ater performance of "Music Man" (leave Grain Bin Café at 3pm)

Fri | July 17

Pennington County Fair; Youth baseball game in Grygla vs. Lancaster 9am; Senior Meals at Grain Bin Café 11am

Sat | July 18

Pennington County Fair

Sun | July 19

Pennington County Fair

Mon | July 20

Grygla Swimming Les-sons (bus leaves Grygla at 12:15pm, returns at 4:45pm); Grygla Volleyball Camp; Senior Meals at Grain Bin Café 11am

Tues | July 21

Grygla Swimming Les-sons (bus leaves Grygla at 12:15pm, returns at 4:45pm); Grygla Volleyball Camp; Old Time Dance at Yo-Hawn's with Vern Ro-galla 1-4pm; Grande Corner Softball 7pm

VENDORS WANTED

for GRYGLA FALL FESTIVAL
FLEA/



on
Sat., August 29th
from 9am-4pm

Contact Thelma Thomas
at 294-6386 or 218-452-1674.
The cost is \$10 for a 10x10 spot or \$20 for double the size. Vendors bring their own tables and merchandise.

Swimming lessons to start next week

Swimming lessons will be starting next week for area Grygla kids. Lessons will be held the weeks of July 20-24 and July 27-31 in Fosston. The bus will leave the Grygla School at 12:15pm and will return back at approximately 4:45pm.



Northwest Commu-nity Ac-tion Board and Staff would like

to thank everyone who at-tended the 50th Anniversary Celebration on June 19th. A special thank you to the City of Badger, Skippy Finns', Border State Bank, and the Popple Ridge Pickers. Thank you for being so supportive of the services that Northwest Com-munity Action offers.

Grefthen named to the Chancellor's List

Bryanna Grefthen, a Bi-ology major, who graduated from Grygla High School, was named to the Chancellor's List at the University of Minne-sota Crookston. Area students named to the spring semester 2015 Chancellors List were announced recently by the Of-fice of the Registrar. To qualify for a place on the Chancellors List, students must complete 12 or more letter-graded (A-F) credits while attaining a 4.00 grade point average.

Wednesday, July 15, 2015

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► EXTENSION NEWS

Written by: James Stordahl

Two Legumes worth Consideration

In a recent article, I discussed how a severe winter can affect the survival of certain weeds that favor hayfields, pastures and roadsides. Weeds are not alone, this past winter also favored two desirable forage species as well; birdsfoot trefoil and red clover seem unusually abundant this spring providing an unexpected bonus to our forage mixture.

Birdsfoot trefoil is a perennial legume with showy yellow flowers that does well on poorly drained and low-pH soils. It can reseed itself, is resistant to Phytophthora root rot and numerous alfalfa insects, responds well to fertilization and does not cause bloat in animals. As a result, it is being grown more often in the northern United States where production of other forage legumes is limited.

Grown in well-drained, fertile soils, birdsfoot trefoil will not yield as well as alfalfa; yields usually are 50 to 80 percent that of alfalfa in these soils. But, birdsfoot trefoil quality is greater than that of alfalfa because of increased "bypass" protein and smaller stems. Loss of quality with maturity is less pronounced with trefoil than alfalfa as well. However, leaf loss during hay making may be greater than alfalfa, if harvested dry. When grazed, trefoil is more palatable than alfalfa and produces greater average daily gains and meat yield per acre, without the risk of bloat.

Trefoil is also well suited for stockpiling since it holds its leaves at maturity and after frosts, thus maintaining a relatively high level of quality. Stockpiling also allows root reserves to accumulate during the fall, which improves plant survival and spring growth. Plus, hoof action during grazing allows stockpiled trefoil to replant itself, assuming some seed pots are present.

Birdsfoot trefoil yields less than alfalfa on well-drained, fertile soils but is superior to alfalfa on soils of marginal fertility and production capabilities. In areas where alfalfa production is not optimal, trefoil may be a viable alternative in forage production systems. Its excellent grazing potential and bloat-free advantages make trefoil ideal for pasture. While poor seedling establishment has been a major complaint, careful management at seeding can reduce this problem considerably. Careful harvest or grazing management is necessary, but when properly managed,

birdsfoot trefoil will persist and will remain productive for several years.

The addition of trefoil to pastures may help reduce internal parasite load. Trefoil contains condensed tannins, which has shown to reduce fecal egg counts on sheep. The tannins may also decrease the hatch rate of worm eggs and larval development in feces.

Birdsfoot trefoil may be one species worth adding to your pasture mix. Be sure to inoculate the seed with the proper strain of rhizobium.

Red clover is a legume that is also well adapted to poorly drained soils and lower soil pH and fertility than alfalfa. The yield potential of red clover is excellent and red clover varieties can have higher forage yields than alfalfa. Red clover is considered a short-lived legume, but new modern varieties are productive for three full seasons after establishment. Plus, red clover is easier to establish with frost seeding.

Historically, red clover has not been favored for dry hay because of its nature to dry slowly. However, if you graze, make baleage or haylage, red clover is an excellent forage crop. Also, red clover contains enzymes that inhibit protein breakdown during fermentation providing greater bypass protein than alfalfa, which improves animal performance.

Red clover quality is comparable with alfalfa quality under similar harvest schedules. However, intake by the consuming animal is generally slightly greater for alfalfa than red clover. Red clover quality does not decline as rapidly with maturity as alfalfa. This means a longer period over which high-quality forage can be harvested. Indeed, red clover mixed with alfalfa and grass forages provides very high quality forage for most classes of livestock.

If your forage is harvested by grazing or as a wet forage (baleage or haylage), adding a few pounds of red clover with an alfalfa/grass mixture may be worthy of consideration to improve yield, reduce pest potential while increasing animal performance.

Alfalfa tends to be the queen for forage legumes, but birdsfoot trefoil and red clover are two high quality legumes that may fit in your forage mixtures.

For more information, contact me at 800-450-2465 or at stordahl@umn.edu. Source: University of Wisconsin and Penn State Extension.



1955 restored Chevrolet Belair – Owner: John Lovly, Goodridge, MN



1961 Restored Farmall International – Owners: Mark & Sheila Stenseth, Goodridge, MN

July Senior Birthdays



Happy Birthday to Tom Waling and Roy Nordby, who celebrated their birthdays last week at the Grain Bin Cafe. Senior birthday celebrations are held the second Wednesday of every month at the cafe in Grygla at 2:30pm.



July Senior Birthdays were held on July 8th at the Grain Bin Cafe in Grygla. Along with coffee, conversation and cake, folks enjoyed a few games of cards and Bingo!



Food safety for seniors - Immune systems decline with age

Written by Karin Haugrud
Older Americans are more at risk for food borne illnesses because their immune systems decline with age. That's why it's especially important to be careful about storing and cooking foods. Although many of you have been preparing foods for decades with no ill effects, the situation has changed. There are new bacteria and new strains of old bacteria that require new methods to ensure safety.

All food can carry microorganisms or chemical agents that may cause illness when

eaten. But, safe food handling practices can prevent growth of bacteria to lessen the possibility of food borne illness. Most cases can be controlled by proper production, processing and preparation. Just follow four basic rules-Clean, Separate, Cook and Chill-and you will fight the bacteria that can cause food borne illness.

Clean: Wash hands and surfaces often Bacteria can be present throughout the kitchen, including on cutting boards, utensils, sponges and counter tops. Wash utensils, equipment, countertops and other

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Cachinnate

Verb: To laugh loudly or immoderately.

\\KAK-uh-neyt\\

► Talking to Trystan

Written by: Trystan Jelle, Eagle Intern

Something that has always got me thinking is makeup. I don't like to wear very much of it and if I do wear it, the most that I ever wear is eyeshadow and mascara. Personally, I don't really like makeup, especially all the face stuff like foundation and powder. To me it's almost like you're too insecure to walk out of your house looking normal. Of course sometimes that's the only way some people feel comfortable in public is to where a lot of makeup.

I think it isn't because you want to look good for guys, it's because you feel the need to look better than other girls. If you haven't noticed, girls are really competitive when it comes to looks, guys or even cooking. At a robotics practice we often talk about a lot of this important life stuff (like religion and tattoos and such) and this topic has come up a few times. I never really thought much about it until we started talking about it to be honest. It made me realize that the whole topic is stupid. I never wore much makeup before the conversation and I really don't wear it now.

I could be one of the lucky ones who hasn't let society get to their head and made me think I have to wear it to be pretty. Without it, you are still gorgeous, even if you don't think so. Guys don't wear makeup to cover up their flaws and that's because when they see themselves in the mirror they aren't judging as harsh as women are. We have partially created this title for ourselves, though. For everyone who wears makeup, you're just raising expectations for women. By putting on makeup and enhancing your best feature, like your eyes, that's what people will be expecting every time is for you to look that good.

It could just be me but ever since I was accepted to the robotics team one year ago my opinion has changed greatly on some things. After my first year, I have done more thinking on controversial topics like the makeup issue or like who really created the world (I could

talk for days on that one, maybe next week). I made a mental vow to wear as little makeup as possible and now since the beginning of this year, I can count the number of times I've worn makeup on one hand! My topic is starting to slowly drift into something else so I'll get back on track!

There are also really bad chemicals in makeup that you probably don't think of when you put it on. One really good example would be mascara! Everyone's favorite eyelash enhancer could contain coal tar dyes, which contains heavy metals and carcinogens. Another beautiful killer could be lipstick, with a wide range of brands that could all contain up to eight different types of metal! Many people would recommend looking for organic lipsticks and mascaras that contain less harsh chemicals and toxins.

My take on it is to wear as little makeup as possible, or just not think about it! I don't want to persuade anyone to hate makeup, but just to remember that there are a billion reasons not to wear it. We still like you for you, not for your face. If someone only likes you because you're pretty, I would seriously consider new friends.

RiverFest is back in Thief River Falls July 31-August 2

RiverFest is back in Thief River Falls on Friday, July 31, through Sunday, August 2. RiverFest, located in Hartz Park, is a family friendly event with something for everyone. RiverFest has live music, a 5K walk/run, kayak and duck races, children's theater and games, craft and food vendors, beer gardens, Kiwanis pancake breakfast, pet parade, softball tournament, Art, Canvas, Fun, a birding presentation and more. Gate admission for the entire weekend is \$10; 16 and under are free.

Friday, July 31st performances include Martin Zellar and the Hardways, Little Bobby and the Storm, Blacklist, local singers and dance groups. Martin Zellar, a Minnesota native, is from the well-known Americana/rock band, Gear Daddies, who produced hits like "I Wanna Drive the Zamboni" and "Stupid Boy". Little Bobby & the Storm will be passing through on their Goodbye Tour to say a final goodbye to lead singer, Bobby Houle's, hometown of Thief River Falls.

Live music and performances on Saturday, August 1st include Britians Finest Beatles Tribute Band, Chrome, Sapphire Brown and Blake Walker, and many other local artists and dance groups. Britians Finest is back by popular demand with their fun energy and great covers.

The Street Wizards Car Show and Sportsman's Club "Fun Shoot" are also happening the same weekend. A full schedule can be found online by searching "RiverFest" on Facebook or at www.trfchamber.com.

A River Fest ad will be featured in next week's Grygla Eagle for your information and planning.

► WHAT A JOKE

A lawyer runs a stop sign and gets pulled over by a sheriff. He thinks he's smarter being a big shot lawyer from New York and has a better education than an sheriff from West Virginia. The sheriff asks for license and registration. The lawyer asks, "What for?" The sheriff responds, "You didn't come to a complete stop at the stop sign." The lawyer says, "I slowed down and no one was coming." "You still didn't come to a complete stop. License and registration please," say the sheriff impatiently. The lawyer says, "If you can show me the legal difference between slow down and stop, I'll give

you my license and registration and you can give me the ticket. If not, you let me go and don't give me the ticket." The sheriff says, "That sounds fair, please exit your vehicle." The lawyer steps out and the sheriff takes out his nightstick and starts beating the lawyer with it. The sheriff says, "Do you want me to stop or just slow down?"

Jacobson was bragging to Ole as to how strong his wife was. "She can load a ton of potatoes in less than an hour," boasted Jacobson. "Dat's nutting," said Ole. "My Lena can tie up 5 tons of copper telephone wire with her jaw for 2 or 3 hours."

► DO IT YOURSELF



It's that time of the year again, the time to have bonfires in the backyard and sit back in the lawn chair! With this easy to make matchstick holder all you would need is an old jar of any kind, sandpaper and matches! Make sure you cut a small hole on the lid that you able to get the matchsticks out of. Then place the sandpaper on the jar lid (with a hole cut out in the same spot) so you can strike the matches. You can decorate this in any way to match any set of patio furniture.

► SIMPLY DELICIOUS

These 'Cream Cheese Stuffed Burgers' also have bacon and cheddar cheese in the middle. (Why not, right?)
4 oz cream cheese, softened
1/2 cup shredded cheddar cheese
1/4 cup bacon bits
1 1/2 lbs ground beef
4 buns

Combine the cream cheese, cheddar cheese and bacon bits in a small bowl. Season your ground beef the way you like (Salt, pepper, garlic and onion powder, etc.). Shape the beef into 8 smaller patties, which will make 4 BIG burgers. Take one patty and put a spoonful of the cheese filling into the middle. Take another patty and put it on top of the filling, making sure to carefully seal the pat-



ties together. Grill and enjoy!

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Food safety..

Continued from page 3

always judge a book by its cover. Well, this is also true for cooked foods. You can't judge if your food is done by looking at the color. Color can be misleading. Using a food thermometer is the only reliable way to tell that food has reached a high enough temperature to destroy harmful bacteria.

Chill out! Did you know at room temperature, bacteria in food can double every 20 minutes? The more bacteria there is, greater the chance that you could become sick. Set your refrigerator no higher than 40 degrees Fahrenheit and the freezer unit at 0. Refrigerate foods quickly because cold temperatures keep most harmful bacteria from multiplying.

Disease-causing microorganisms such as bacteria, viruses, and parasites grow very slowly at low temperatures, multiply rapidly in mid-range temperatures, and are killed at high temperatures. For safety, perishable foods must be held at proper cold temperatures to inhibit bacterial growth or cooked to temperatures high enough to kill harmful microorganisms. It is essential to use a food thermometer when cooking meat, poultry, and egg products to prevent undercooking and consequently a food borne illness.

This article is made possible with Older Americans Act dollars from the Land of the Dancing Sky Area Agency on Aging. The Area Agencies provide a free information and assistance service called the Senior LinkAge Line® that assists older adults and their caregivers with a variety of options for living independently. Call the Senior LinkAge Line at 800-333-2433 to speak with an information specialist, or check out our website at MinnesotaHelp.info.



Ca Claque French Canadian Band performed in Goodridge at the Centennial Celebration July 3-5. The dancers reached out to the audience and brought kids up to dance with them!

YARD OF THE WEEK

Andy & Lindsay Oslund, at 306 W Woodrow Street in Grygla, have been nominated for 'Yard of the Week'. Their beautiful and colorful yard sure catches the eye, but their front flower garden is a sight to be seen! They have the true definition of an outdoor living space. Congratulations, Oslunds!



(Pictured Left) On Monday, July 6th, Ethan Englund and Carter Grandstrand, who participate in the Grygla/Goodridge/Gatzke youth baseball program, were selected by their coaches to attend the All-Star baseball game in Greenbush! The two are part of the Midgets team and are coached by Jason Grandstrand and Jesse Westbrook. L-R: Carter, Ethan, Jesse and Jason.

(Pictured Right) Here is a picture from the Pee-Wee Division All-Star game that was also held in Greenbush on July 6th. Ian Haugen (pictured middle row, third from the right) was selected by his coaches to represent the Chargers and attend the game.

Schedule of Events

Wednesday - Sunday

July 22 - July 26, 2015

Warren, MN

Wednesday, July 22

Parade - 6:00 p.m., Downtown Warren
Midway Opens - Todd Armstrong Shows - 8:00 p.m.
Sixties Chicks - Following Parade

Thursday, July 23

- KID'S DAY -
Elseth Singers & Bruce Elseth/Paul Tandberg and Friends 12:00-3:00 p.m., Vonasek Stage
Tim Kiviho - Balloon Art/Face Painting - 3:00-5:00 p.m., Vonasek Stage
The Downtown Horns - 4:00-8:00 p.m.
Horse Obstacle Course - 6:00 p.m., Horse Arena

Grandstand Event

Advanced tickets \$30/Person, available at Kezar's Music, TRF and Marshall County Extension Office, Warren.
• Back Behind the Barn Boys - 6:00 p.m.
• Nitty Gritty Dirt Band - 8:00 p.m.

Friday, July 24

- SENIOR DAY - Vonasek Stage
Pembina Trail - 12:00 - 1:00 p.m.
Senior Citizens Music & Program - 1:30 p.m., with music by the Bethlehem Praise group
Hodne and Friends/Lois & Lois - 2:30-4:00 p.m.
4-H Program/Emerging Leader & Century Farm Awards - 4:00 p.m.
Gravel Highway - 5:00-8:00 p.m.
Battle of the Saddles - 6 p.m., horse arena
Tiger Lily - 8:30-10:00 p.m.

Grandstand Event

\$10 Adult
• The Jets - 7:00 p.m.
• Fireworks - Dusk - Free

BINGO

Wednesday 7-10 p.m., Thurs., Fri., & Sat. 2-10 p.m.
Sunday 1-6 p.m. at the IGC Bingo Hall
Sponsored by Knights of Columbus

Saturday, July 25

- FAMILY DAY -
ATV Safety Certification Training - 9:00 a.m., Vonasek Stage
Beef Cookoff - 9:00 a.m., by grandstand
4-H Horse Show - 9:00 a.m., main arena
Island Time Drum Band - 2:00-5:00 p.m., by grandstand
Wild Rice Shooter's Association Mounted Shooting - 10:00 a.m., Rusty Gate Arena
Kids Games in the Park - 11 a.m., Holiday Park
Talent Contest Practice - 12:00-1:00 p.m., Vonasek Stage
Overtones - 1:00 p.m.
Miniature Horse - 2:00 p.m.
Talent Contest - 2:00-4:00 p.m., Vonasek Stage
Overtones - 4:00 p.m.
Tae Kwon Do Demo - 5:00 p.m., Vonasek Stage
Robby Vee - 6:00-10:00 p.m., Vonasek Stage

Grandstand Event

\$15 Adult, \$10 Children (12 & under)
• Red River Pullers - Tractor Pull - 12 p.m.
• Lena - 6:00 p.m.
• Redneck Racing Baja Style - 6:00 p.m.

Sunday, July 26

Open Horse Show - 9 a.m., Main Horse Arena
Church Service - 9:00 a.m., Vonasek Stage, Interdenominational Service
Chuck Gust - 10:30-12:00 p.m.
Wild Rice Shooter's Association Mounted Shooting - 10:30 a.m., Rusty Gate Arena
Pig Bingo - 12:00 p.m., Barn Area
4-H Livestock Auction - 12:00 p.m., Barn Area
Cathy Erickson - 11:00 a.m., Vonasek Stage
Kids Pedal Pull - 12:00 p.m., Behind 4-H Building
Woodpicks - 12:00-3:00 p.m.
Popple Ridge Pickers - 3-6 p.m., Vonasek Stage

Grandstand Event

• Jaycees Complete Destruction - 2:00 p.m., \$15 Adult, \$10 Children (12 & under)

For up-to-date Fair info, visit us at: www.marshallcountyfair.org

MARSHALL COUNTY FAIR
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Ticket Locations:
Warren - 175 Corner Store, Jet Stop, Dale's Foods, Bremer Bank, Hardware Hank, American Federal, Warren Pharmacy, Frandsen Bank & Trust, True Value, Cenex C-Store
Oslo - Frandsen Bank & Trust, Kosmos's Market
Alvarado - John's Service & Repair
Argyle - Johnson Oil & Convenience, United Valley Bank
Stephen - Koda Bank, Kelly's Country Market
Newfolden - Xpress Mart, Seth's Store
Middle River - Young's Store
Viking - Viking Diner & Antiques
Thief River Falls - Petro Pumper
East Grand Forks - Frandsen Bank & Trust



Settler's Square Museum to hold many events during the Marshall County Fair

This year during the Marshall County Fair, July 22nd-26th, the Marshall County Historical Society will again be showcasing the history of the area at Settler's Square Museum. Fairgoers are invited to stop by and take in the many exhibits of the past and see the new displays and artifacts.

You are also invited to participate in the history of the area by exhibiting a historic item during the fair at the museum. Different classes include: tractors, machinery and equipment, agriculture and domestic demonstrations. Also, new this year, is a class of kitchen items, including bowls, utensils, appliances and other miscellaneous kitchen items. Please check out the fair times for more details.

(Ad in this week's Eagle.)

Activities at the museum during the fair include:

• Ice cream will be available daily in the Ag Building.

• Visit the Lefse Ladies in the Cook Schoolhouse. They will be demonstrating the art of lefse making and have lefse available for purchase on Thursday, Friday, and Saturday from 10-6. They will also have donuts, coffee, and lemonade.

• Saturday morning from 7:30 to 10:30 will be a pancake breakfast featuring pancakes, sausages, orange juice and coffee for a freewill donation. This to help support the museum.

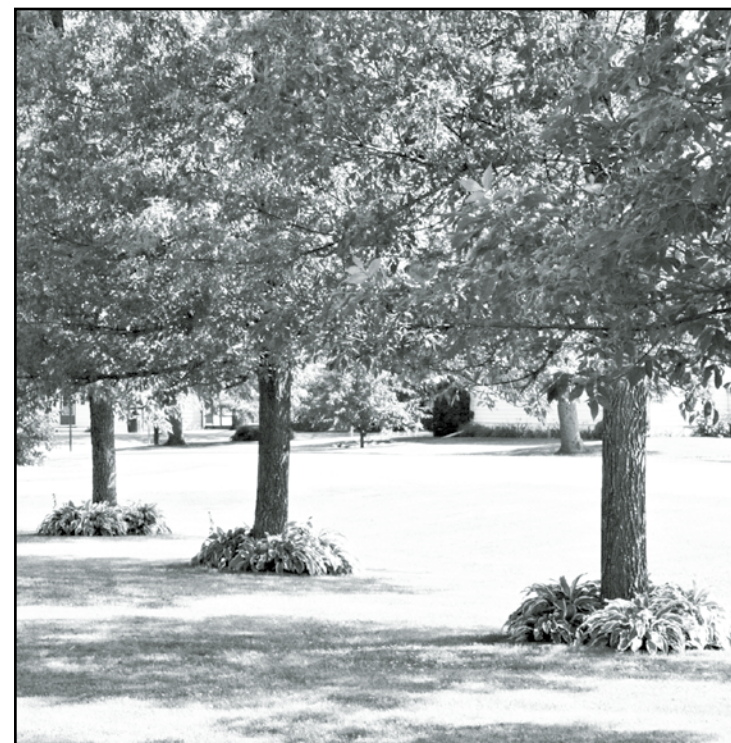
• Saturday afternoon and into the evening area car enthusiasts will be proudly be displaying their vehicles in the

museums parking lot. You are invited to drive in your vehicle and be part of this event.

• Saturday at 1pm in the museum parking lot, a flag retirement ceremony will be conducted by Boy Scout Troop 50 with the assistance of American Legion Post 27.

• Engines will be running off and on including the 1917 30-60 Hart Parr tractor.

During the fair, the museum will be open until 5pm Wednesday, until 9pm Thursday, Friday and Saturday; it will close Sunday at 6pm. Regular hours through Labor Day are Monday through Friday, 10am-5pm and weekends by appointment. The historical society can be reached at 218-745-4803 or mchs@wiktel.com.



Miss North Star Pageant seeking contestants

The Miss North Star Scholarship Pageant is currently seeking contestants to compete in the 2015 Miss North Star Pageant. The Miss North Star 2015 pageant will be held Sunday, September 20th in Middle River. Miss North Star would represent northwest Minnesota throughout her year-long reign (especially the counties of Ro-

seau, Marshall, and Kittson), as well as represent our "neck of the woods" in the 2016 Miss Minnesota Pageant. If you're interested in competing, you would need to be available for the entire weekend of September 19-20, 2015.

The Miss North Star Pageant is a scholarship pageant, and all contestants are eligi-

ble to receive scholarship dollars. Contestants compete in interview, talent, swimsuit, and evening gown divisions. If crowned, a year as Miss North Star would go something like this... promote your platform (a cause or organization you believe strongly in), attend a variety of community events, perform your talent at vari-

ous community functions, attend other area pageants as visiting royalty, participate in community parades and festivals, and prepare for and represent northwest Minnesota in the Miss Minnesota Pageant in June of 2016. Oh, and earn scholarship dollars towards your education and have a whole lot of fun!

If interested in participating in this year's pageant check out Miss North Star on facebook or contact one of the following committee members via email for more information. Kelsey Didrikson at kfildidrikson@gmail.com, Marlene Peterson at mmpeterson@wiktel.com, or KayDell Super at super33@wiktel.com.

Wednesday, July 15, 2015