



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Wednesday, January 11, 2017



The playing field for the robotic competitions are set up in a school gym and with an announcer and a referee in a striped shirt, the competition has the aura of a sporting event. Here a Win-E-Mac School team is participating in a competition.

Win-E-Mac hosts VEX Competition

Over 100 students from schools around the region competed with their teams in the VEX Competition, held last Saturday at Win-E-Mac School, teams of students were tasked with designing and building a robot to play against other teams in a game-based engineering challenge. Classroom STEM concepts are put to the test on the playing field as students learn lifelong skills in teamwork, leadership, communications, and more. Tournaments are held year-round at the regional, state, and national levels; local champions go on to compete against the best in the world at VEX Worlds each April!

Youth participate in the VEX Robotics Competition (VRC) as part of a team working towards the goal of building a robot to compete in the current year's challenge and the Online Challenges. The teams have an adult advisor. The essential elements for a team are some robot parts, a young person, and an adult coach. Most VRC teams have 4-7 youth members, but some have only one member and others have 10 or more.

The game played against other teams is called Starstruck. Each round of the game is a team using their robot to toss big yellow "stars" or big orange pillows over a barrier. Along with competing against other teams, the students have an online challenge and a practice area. In between rounds, the teams are able to make repairs to their robots and strategize with team members.

There were 24 robots competing from 7 different schools. Win-E-Mac, Fosston, East Grand Forks, Lake of the Woods, Mahanomen, Bagley, and Verndale



Bagley team: The members on a VRC team take their robots back to their team's table to work on them between matches.



Fosston Team: Working on your robot becomes an important task and learning experience for students who participate in VEX Competitions like the event held last Saturday at Win-E-Mac School.



This robotics team of 4 traveled from Lake of the Woods High School to compete last Saturday in the VEX Robotics Tournament at Win-E-Mac School.

Hunter Houle Fatally Injured At Pine Lake



Hunter Houle, a rising star on the cross-country racing scene, suffered fatal injuries in a pre-race crash on Pine Lake Friday, January 6, 2017. Houle, the son of snowmobile racing legend Steve Houle, was making a run on the lake when the accident occurred. There were no witnesses, however, it was reported that USXC officials responded to a report of a rider down on the course, where Houle was found unconscious. He was immediately tended to and transported by air to the Twin Cities but could not be revived.

The news of his passing sent a somber wave through the pit area at the ISOC snocross national in Shakopee, Minnesota, where Steve Houle was working

in his long-time role with Tucker Hibbert's Monster Energy/Arctic Cat/Ram Truck team. In addition, Hunter was a member of the Christian Brothers Racing team, who fields multi-rider squads in both cross-country and snocross and was especially devastated by the tragedy.

We at RideX365 have known Steve Houle and his family for over 25 years and while our interaction with Hunter was brief, we had developed a tradition of crossing paths on Pine Lake each December, where he would always throw out a big number one in mid race. Words cannot express our heartfelt condolences for Steve and Charlene Houle.

Garden Valley Telephone Company Begins Search for Scholarship Applicants

Garden Valley Telephone Company has begun a search for scholarship candidates. If selected, candidates will receive a one-time \$2,000.00 scholarship from the Minnesota Telecom Alliance (MTA) Foundation.

Garden Valley participates in MTA's scholarship program and is approaching high schools in their serving area looking for potential scholarship winners. To be eligible, applicants must be attending post-secondary education at either a university, college, or technical college, be a Minnesota resident, and the applicant's family must subscribe to at least one service from Garden Valley. A telecom alliance panel reviews each application and selects the finalists based on the applicant's grades, academic achievements and extracurricular activities. Preference to receive the scholarships is given to students who have an

interest in information or telecommunications technology and rural communities.

MTA scholarship applications can be obtained online at: http://www.mnta.org/resource/resmgr/files/2017-MTA_Scholarship_Form.pdf. Once a student has completed the application online, they need to print a copy and attach the required documentation. Applications must be submitted to: CEO/General Manager, Garden Valley Telephone Company, P.O. Box 259, Erskine, MN 56535 by February 24, 2017.

"We're happy to have this chance to make an investment in our community by helping young people get a technical or college education" says Tim Brinkman, CEO/General Manager at Garden Valley. "It makes us all proud when one of the statewide winners is selected from our area."

Stem cell therapy trial at Sanford first of its kind in U.S. for shoulder injuries

The first FDA-approved clinical trial of its kind in the United States using a person's own fat-derived adult stem cells to treat shoulder injuries is available at Sanford Health.

The trial opened in December and explores if adipose stem cells, which are taken from a participant's own abdominal fat, can safely repair small and partial thickness tears in the rotator cuff by activating the body's natural healing processes when injected into the injury area. The cell therapy technique may accelerate healing or regenerate tissue.

According to clinicaltrials.gov, it's the only trial the FDA has approved that uses adipose stem cells for this type of injury.

Sanford's Jason Hurd, M.D., who is based in Sioux Falls, and Mark Lundeen, M.D., of Fargo are the study's principal investigators. Both are orthopedic surgeons.

"Sanford Health physicians and scientists are the first in the country to work with the FDA on a trial using adipose stem cells in rotator cuff tears, which are quite common," said Kelby Krabbenhoft, president and CEO of Sanford Health. "We've been monitoring the potential of these types of stem cells for quite some time. In Europe, adipose stem cells have been used as a therapy option for damaged tissues and are approved to carry the CE mark, which signifies that a product has been assessed by and meets certain

safety, health and environmental protection requirements in the European Union."

Cell therapy, according to Sanford experts, uses the body's own cells as therapy. Stem cells, in particular, have the ability to repair or regenerate cells that are damaged or killed as the result of injury or disease. Sanford's cell therapy techniques focus on adipose-derived stem cells because of they can be used in many parts of the body and are easily collected. Adipose stem cells also yield many times more cells than other sources like bone marrow, can be returned to the body quickly and have a low infection rate.

Through liposuction, fat is removed from the abdomen, and adult stem cells are separated. Those same adult stem cells are then injected into the spot in the rotator cuff within the injured shoulder that is need of repair. The collection and injection of the adipose stem cells is done in a clinic procedure room and is completed in the same day.

"As we work with the FDA, our goal is to develop and refine a therapy that might one day be regulated and commonly practiced in the United States because of the evidence we gather as part of this trial," said David Pearce, Ph.D., executive vice president of Sanford Research.

To be eligible for this clinical trial, participants must be 30-75 years old and have a small or partial thickness rotator cuff tear. For more information, call 877-652-1839.

Wes Selby from Thief River Falls takes first in Pro Open

Wes Selby, center, took home \$6,000 from the Pine Lake races that were held last weekend. The Gerald Dyrda Memorial races were supposed to be held in December but with the lack of ice it was held January 7 and 8 for the two day event.

Wes was first in the Pro Open and he races for Arctic Cat where he also works. He is from Thief River Falls.

Presenting the checks were race organizers Chad Dyrda and Robert Johnson.



IRA Accounts

**Plan for Your Taxes and
SAVE for Your Future!**

The Traditional IRA is a deductible *Investment Account* designed to encourage saving toward retirement with "before tax" dollars.

The Roth IRA is a non-deductible *Investment Account* that allows tax free withdrawals of certain qualified distributions and is designed to encourage saving toward retirement with "after tax" dollars.

12 Month
**0.85%
APY**

**Annual Percentage Yield
(APY)**
\$1,000 Minimum Deposit
No Institutional Deposits
Offer Expires
January 20, 2017

36 Month
**1.30%
APY**



Ultima Bank Minnesota

Bemidji | Winger | Fosston | Plummer
800-421-2588 | ultimabank.com

Member
FDIC



From the past

This picture taken in the 50's shows band leader B B Benson. He went around to several schools in the area teaching many students music. He would then put on a concert in various locations. Some were held in Clearbrook and some were held at Maple Lake. Students from the different schools would get together for the concert day. From each school students had to practice one hour every day to prepare for his classes. His motto was, "Never B Flat, Sometimes B sharp and Always B Natural."

Upcoming Brunch in Fosston

You and your friends are invited to the "Gift Exchange" Brunch on Wednesday, January 18, 2017 at 9:30 a.m. The event will be at New Journey Church (Fosston Baptist Church) 505 9th St. NW, Fosston, MN.

Feature: Our Annual Christmas Gift exchange. Music by Vicky Dekkers, speaker by Our ladies. Sharing: "Best Present or Past Christmas Memories"

Reservations due by Monday, Monday, January 16, 2017 at 6:30 p.m. For reservations call Mary Jo 435-2123, Arlene 563-2085, Barbara 687-3431, Beverly 776-3897, Andrea 694-2753, or Avis 935-5307.

Sponsored by Pine to Prairie Christian Women's Connection Affiliated with Stonecroft Ministries.

College News

Fall 2016 President's and Dean's List

EAST GRAND FORKS, Minn. - Northland Community & Technical College is proud to announce the fall 2016 semester academic honors lists. Northland honors it's students academic achievements each semester through the publication of the President's and Dean's list.

President's List Fall 2016

The President's List for students earning academic honors for the fall 2016 semester at Northland Community and Technical College - East Grand Forks and Thief River Falls has been released. Students must have at least 12 earned credits as of the last day of the semester and a semester grade-point average of 3.75 to 4.0 must be achieved to be eligible for the Northland

Community and Technical College President's List.

Bagley: Anderson, Ian, Electronics Tech-Automated Systems.

Fertile: Benson, Ryan, Welding Technology; Leiser, Amber, Accounting; Wise, Jacob, Construction Electricity

Fosston: Albright, Joshua, Construction Electricity; Mienert, Tristan, Welding Technology.

Gatzke: Berberich, Megan, Liberal Arts & Sciences; Lime-sand, Chelsey, Business.

Gonvick: Stenzel, Madison, Liberal Arts & Sciences

Goodridge: Halvorson, Ethan, Liberal Arts & Sciences.

Gryla: Bakken, Madison, Liberal Arts & Sciences; Englund, Austin, Auto Body Collision Technology; Verbout, Shantel, Business.

McIntosh: Strom, Danette, Nursing

Oklee: Pendelton, Katie, Practical Nursing; Sirjord, Kelsi, Undeclared.

Plummer: Bushelle, Taylor, Undeclared.

Red Lake Falls: Breiland, Brianna, Practical Nursing; Der-

osier, Mariah, Practical Nursing; Ellefson, Kurtis, Digital Marketing; Grenier, Whitney, Electronic Tech Marketing II-Cert (CTCE); Johanneck, Donald, Electronics Tech-Automated Systems; LaCrosse, Adam, Liberal Arts & Sciences; Paulley, Kaylina, Practical Nursing; Paulson, Michael, Auto Body Collision Technology; Rondorf, Akayla, Architectural Technology & Design.

Dean's List Fall 2016

The Dean's List for students earning academic honors during the fall 2016 semester at Northland Community and Technical College - East Grand Forks and Thief River Falls has been released. Students must have at least 12 earned credits as of the last day of the semester and a semester grade-point average of 3.5 to 3.74 must be achieved to be eligible for the Northland Community and Technical College Dean's List.

Clearbrook: Rogstad, Whitney, Radiologic Technology.

Fosston: Murphy, Abby, Practical Nursing.

Gatzke: Nelson, Dustin, Electronics Tech-Automated Systems

Goodridge: Bakken, Brandon, Liberal Arts & Sciences.

Red Lake: Beaulieu, Tani-sha, Liberal Arts & Sciences.

Red Lake Falls: Amberson, Molly, Business; Duden, William, Liberal Arts & Sciences; Klipping, Kayla, Radiologic Technology.

Wannaska: Wika, Jared, Business.

Local student named to St. Cloud State University dean's list

St. Cloud State University has announced the names of more than 1,300 students whose academic achievement placed them on the 2016 Fall Semester Dean's List. To be eligible for the honor, students must have a grade point average of 3.75 or higher on a 4.0 scale.

Fosston: Abigail Jane Swanson, School of Health and Human Services, Medical Laboratory Science

Newfolden: Taylor McKenzie Garthus, College of Liberal Arts, Communication Arts and Literature



Donna Drangstveit

Everyone has different needs when it comes to managing their money. That's why Security State Bank offers a variety of Checking Accounts with different features and benefits.

To see which account meets your needs, visit with Donna Drangstveit



Security STATE BANK

PO Box 69 Oklee, MN 56742
Phone 218-796-5157

Open Enrollment for Bemidji Area Schools Independent School District #31

If you live outside the Bemidji School District attendance boundaries and would like your child to be able to attend a Bemidji Area School for the 2017-2018 school year, please obtain and complete an Open Enrollment form from the District Office, 502 Minnesota Avenue NW. The completed form must be returned to the District Office by January 15, 2017 at 4:30 pm.

Please call 218-333-3100, extension 31131, if you have any questions regarding enrollment in Bemidji Area Schools.

Bemidji Area Schools is an Equal Opportunity Employer/Educator.

R41-42C

Cornerstone Residence, an assisted living community downtown Fosston, Accepts HUD Rental Reimbursement for Studio Apartments

Cornerstone Residence of Fosston announces:

"In order to meet the needs of the community and surrounding area, Cornerstone Residence is happy to announce that they will begin accepting HUD RENTAL REIMBURSEMENT for Studio apartments on August 1, 2016 for those individuals that qualify."

Applications for HUD reimbursement can be picked up at Cornerstone Residence, 115 1st St. East, Fosston or at the HUD office in Mentor, MN.

Other payment sources for Assisted living apartments and services include: assistance through the County, Long term care Insurance and Private pay.

For more information to see if you qualify for financial assistance for assisted living apartments and services, call Nicole Harmon, Housing Manager, at **218-435-6333**.

**"Embrace a lifestyle of
Comfort and Convenience"**



"Your family owned
and operated store"
Phone: 218-435-1454

Store Hours
8am-8pm Mon-Sat
9am-4pm Sunday

Double Coupons
Sunday through Wednesday

R42C



PALUBICKI'S

FAMILY MARKET AND SPIRITS

Sale Dates: Monday afternoon January 9 to January 15

Come in and get your
FREE Pumps Perks Card!
Save On Gas!



 Caribou COFFEE

Drive Through Hours:
6am-7pm Mon-Sat
7am-5pm Sunday

ASSORTED
RED BARON PIZZA
3/\$9

PEAS, CORN, GREEN BEANS,
BROCCOLI CUTS OR MIXED
BIRDS EYE
STEAMFRESH VEGETABLES
99¢
10-10.8 OZ FROZEN

CORN, BROCCOLI CHEESE SAUCE,
BRUSSELS SPROUTS, CAULIFLOWER OR
BROCCOLI/CAULIFLOWER/CARROT MIX
GREEN GIANT STEAMERS
99¢
10 OZ FROZEN

REGULAR OR PLUS CALCIUM
CASS CLAY ORANGE JUICE
2/\$4
1/2 GALLON


ESSENTIAL EVERYDAY FLOUR
2/\$3
5 LBS

ESSENTIAL EVERYDAY
SUGAR.....4 LBS **\$1.79**


CHICKEN NOODLE
OR TOMATO
ESSENTIAL EVERYDAY SOUP
10/\$4
10.5 OZ

KEEBLER ORIGINAL
ZESTA SALTINES16 OZ **\$1.99**

COMFORT CARE OR CLEAN CARE
COTTONELLE BATH TISSUE
\$5.99
12 PK - DBL ROLLS



KLEENEX COOL TOUCH
FACIAL TISSUE69 CT **5/\$4**

ASSORTED
COCA COLA PRODUCTS
\$6.99
24 PK 12 OZ CANS



GRANDMA ALICE'S
SPRING WATER 24 PK - 1/2 LT BTLS **\$2.99**

CLASSIC ROAST
FOLGER'S COFFEE
\$6.99
30.5 OZ

RANCH, ZESTY ITALIAN, CATALINA
OR 1000 ISLAND
KRAFT DRESSINGS
\$1.59
16 OZ

WATER PACK
CHICKEN OF THE SEA CHUNK LIGHT TUNA
4/\$3
5 OZ

PLAIN OR KOSHER
GEDNEY BABY DILLS
\$2.79
32 OZ


FAMILY PACK 85% LEAN
GROUND BEEF
\$2.89 LB


FAMILY PACK BONELESS CENTER CUT
PORK LOIN CHOPS
\$2.29 LB


SHOPPER'S VALUE IQF BONELESS, SKINLESS
CHICKEN BREASTS
\$4.79 2.5 LB


JOHN MORRELL BONE-IN SMOKED
HALF HAM
\$1.89 LB

ANGUS FARMS BONELESS
BOTTOM ROUND ROASTLB **\$3.59**

FAMILY PACK BONE-IN
PORK SHOULDER STEAK.....LB **\$1.69**

FAMILY PACK CHICKEN
DRUMSTICKS OR THIGHS..... LB **89¢**

OVER ROAST TURKEY OR SMOKED HAM
OSCAR MAYER LUNCHEAT 16 OZ **\$2.99**

ANGUS FARMS BONELESS
CHUCK BLADE ROAST.....LB **\$3.69**

BONE-IN
PORK SHOULDER ROAST.....LB **\$1.59**

GERBER 'AMISH FARMS'
WHOLE CHICKENSLB **\$1.69**

JOHN MORRELL
FRANKS..... 12 OZ **99¢**

ANGUS FARMS BONELESS
CHUCK BLADE STEAKLB **\$3.89**

BONELESS CENTER CUT
PORK LOIN ROAST.....LB **\$2.19**

CHICKEN WING/DRUMETTE SECTIONS
GOLD N' PLUMP3 LBS **\$6.99**

ORIGINAL OR APPLEWOOD SMOKED
ELLIOTT'S SMOKED BACON 16 OZ **\$3.69**

ANGUS FARMS BONELESS BEEF
NEW YORK STRIP STEAKLB **\$7.99**

BONELESS SEASONED ONION GARLIC OR ORIGINAL ROAST
HORMEL PORK ROASTS... 1.5 LB **\$4.99**

ARCTIC SHORES
COD FILLETS16 OZ **\$4.99**

ARCTIC SHORES 41-50 COUNT
COOKED SHRIMP12 OZ **\$5.99**


SKIM, 1% OR 2%
COUNTRY FRESH MILK
\$2.99
GALLON

SKIM, 1% OR 2%
CASS CLAY MILK 97 OZ **3/\$9**

LIGHT BROWN, DARK BROWN OR POWDERED
CRYSTAL SUGAR
3/\$5
2 LBS

ESSENTIAL EVERYDAY SEMI-SWEET
CHOCOLATE CHIPS 12 OZ **\$1.99**

ASSORTED
FRITOS (9.25 OZ) OR CHEETOS (8-8.5 OZ)
5/\$10

ASSORTED TOSTITOS (10-13 OZ) OR
REGULAR FUNYUNS (6 OZ)
FRITO LAY **3/\$9**

CREAMY
SKIPPY PEANUT BUTTER
\$1.89
16.3 OZ

ESSENTIAL EVERYDAY
GRAPE JELLY 32 OZ **\$1.99**

FORTIFIED GARLIC & ONION
FRANCESCO RINALDI PASTA SAUCE
5/\$6 24 OZ

SPAGHETTI, THIN SPAGHETTI, VERMICELLI, ROTINI
OR BOWTIES
CREAMETTE 16 OZ **99¢**

LAND O LAKES HALF & HALF
5/\$4.50
PINT

ASSORTED LAND O LAKES
COTTAGE CHEESE 16 OZ **\$1.79**

CHEWY FUDGE, MILK CHOCOLATE OR
DARK CHOCOLATE
DUNCAN HINES BROWNIE MIX
99¢
18-18.3 OZ

ESSENTIAL EVERYDAY
CHOCOLATE SYRUP 24 OZ **\$1.99**

ASSORTED RESTAURANTE STYLE
OLD DUTCH TORTILLA CHIPS
2/\$4 10-13 OZ

MILK CHOCOLATE, ALMOND JOY, KIT KAT OR REESES
PEANUT BUTTER CUPS
HERSHEY'S CANDY 8 PK **2/\$3**

HONEY ROASTED HONEY BUNCHES OF OATS POST CEREAL
\$2.99
14.5 OZ

ESSENTIAL EVERYDAY
QUICK OATS 42 OZ **\$2.39**

SUNSOFT SOFTENER SALT (40 LBS)
EXTRA COARSE **\$4.39**
PELLETS **\$4.79**
RUST BUSTER..... **\$5.59**

CASS CLAY WHIPPING CREAM
\$1.99
PINT

REGULAR OR LIGHT
COOL WHIP8 OZ **99¢**

VEGETABLE OR CANOLA
ESSENTIAL EVERYDAY OIL
\$2.39
48 OZ

COOKIES
BBQ SAUCE 18 OZ **\$1.29**

SHOP OUR COMPLETE ORGANIC AND SPECIAL DIET DEPARTEMENT. NEW ITEMS ARE AVAILABLE IN FROZEN FOOD AND REFRIGERATED SECTION AS WELL AS ON THE SHELF.

HONEYCOMB, RAISIN BRAN, FRUITY PEBBLES
OR COCOA PEBBLES
POST CEREAL
\$2.99
11-20 OZ

QUAKER VARIETY PACK, CHOCOLATE CHIP, PEANUT
BUTTER CHOCOLATE CHIP OR CHOCOLATE CHUNK
GRANOLA BARS..... 6.7 OZ **2/\$5**

ASSORTED
SUAVE SHAMPOO OR CONDITIONER
\$1.99
30 OZ

MENNEN SPEED STICK
DEODORANT 3 OZ **\$1.99**

ASSORTED REGULAR SHRED
ESSENTIAL EVERYDAY SHREDDED CHEESE
4/\$5 8 OZ

ESSENTIAL EVERYDAY COLBY, COLBY JACK, EXTRA
SHARP CHEDDAR, MEDIUM CHEDDAR, MILD CHEDDAR OR
MONTEREY JACK
BLOCK CHEESE 8 OZ **5/\$10**

MILK CHOCOLATE/CHOCOLATE FUDGE
HUNT'S PUDDING
\$2.19
12 PK

ASSORTED
NABISCO OREOS 10.7-15.35 OZ **\$2.79**

FRUITS & VEGETABLES HEAD LETTUCE
99¢
EACH



ESSENTIAL EVERYDAY ANIMAL CRACKERS
\$2.39
30 OZ TUB

DRY ROASTED SEA SALT
FISHER PEANUTS 36 OZ **\$4.99**

LINEN & LILIES OR MOUNTAIN BREEZE
PUREX LIQUID LAUNDRY
3/\$11
75 OZ

BOUNCE PURE SPORT FABRIC
SOFTENER SHEETS105 CT **\$3.99**

ASSORTED
CASS CLAY VANILLA ICE CREAM
\$3.99
4 QT PAIL

ASSORTED FLAVORS CASS CLAY
ICE CREAM4 QT PAIL **\$4.99**

ASSORTED
CHEEZ-IT CRACKERS
\$3.19
8-12.4 OZ

ASSORTED TOWNHOUSE
CRACKERS9-13.8 OZ **\$2.59**

FRESH
BROCCOLILB **99¢**
CUCUMBERS OR
GREEN PEPPERS 2/**\$1**
RIPE
AVOCADOS.....EACH **99¢**
GRAPE
TOMATOES..... PINT **\$1.59**
ASSORTED VARIETY
ORGANIC SALADS 5 OZ **2/\$5**
SWEET
CLEMENTINES 3 LB **\$4.99**
PREMIUM
PINK LADY APPLES LB **\$1.29**
FANCY
NAVEL ORANGES..... LB **99¢**
SWEET
CANTALOUPE..... LB **69¢**
JUICY
GREEN GRAPES LB **\$3.39**
LOCAL
RED POTATOES..... 10 LBS **\$2.59**

CHICKEN OR TURKEY
ESSENTIAL EVERYDAY STUFFING MIX
99¢
6 OZ

HEALTHY BALANCE PEACH MANGO
OLD ORCHARD JUICE ... 64 OZ **\$1.39**

GOLDEN CHUNKS
TUFFY'S DOG FOOD
\$5.99
17.6 LBS

GOLDEN CHUNKS
TUFFY'S DOG FOOD 5 LBS **\$1.99**

DEAN'S NOVELTIES
ASSORTED DEAN'S
ICE CREAM SANDWICHES 10-16 CT
DEAN'S ASSORTED POP JRS OR
RED, WHITE & BLUE POPS 24 PK
ASSORTED DEAN'S PUSH UPS 12 CT
DEAN'S ICE CREAM BARS 12 CT
\$3.59

ASSORTED
NABISCO SNACK CRACKERS
4/\$9
3.75-9.1 OZ

ASSORTED NABISCO
RITZ CRACKERS 8.8-13.7 OZ **4/\$9**

JUICE PACK SLICED, CHUNK OR CRUSHED
DOLE PINEAPPLE
\$1.29
20 OZ

ORIGINAL, LITE OR BUTTER LITE
AUNT JEMIMA SYRUP 24 OZ **\$2.59**

TUFFY'S CAT COMBO
\$1.79
3.5 LBS

CAT'S PRIDE FRESH & LIGHT ULTIMATE CARE
CAT LITTER..... 10 LBS **\$10.99**

CLASSIFIED ADS!

Help Wanted

Cook needed for Clearbrook LSS senior meals. Some cooking experience preferred but will train. Competitive wages and some benefits. Approx. 25-28 hours a week. Can job share. Interested call Carole @ 218-745-5988 or email to carole.demars@lssmn.org

R41-43C

Looking

for a **PART-TIME COOK.**
Apply within.

**Dee's
Leonard Cafe**
Leonard, MN

R321C

Position Opening

Position: Extended Day Program Para
Address Letter of Interest: Jeff Burgess, Principal, Email: jburgess@clearbrook-gonvick.k12.mn.us
Application Submission: Please send or e-mail your letter of application to Jeff Burgess.
Application Deadline: ASAP or until filled.
Dates: Jan 3rd-end of school year.
Job Description: The Extended Day program para would be responsible for the extended day program. Duties include: program planning, student supervision, and communication with parents.
Hours would be from 3:00-5:30 p.m. The program provides after school supervision for students K-4.

R41-42C

Part-Time Teller/Bookkeeper Position

Immediate opening for a part-time Teller/Bookkeeper. Schedule to be determined. Experience helpful but not required.
Apply in person or via email: roxy.bakke@nsbgonvick.com



**The Northern State Bank
of Gonvick**

283 Main St. • Gonvick, MN • 218-487-5244



FOR SALE

1994 Ranger XLT pickup, 5 spd. overdrive, new tires. \$1650.00

**DICK AOS
487-5675**

FOR SALE

1994 Jeep Grand Cherokee Limited, new tires, \$1750.00.

**DICK AOS
487-5675**

R42-43C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171. www.mireault.com

FOR SALE: Sectional couch. Tan. Call 218-556-6944.

R451C-NC

**AD
DEADLINE
NOON
FRIDAYS**

FOR SALE

12SS 36" nursery feeders, New Holland 357 3-ton OMC 3-ton grinder mixers, outdoor hog feeders, 6 sow 3-stall pens, 8 solid shaft finger hog crates, 5x7 tenderfoot floors, 7' tri bar self supporting floor, 5 SS floor finger hog crates.

**605-251-1133 or
cellmanb@yahoo.com**

AD DEADLINE NOON FRIDAYS



McIntosh Senior Living
Dedicated To Quality Care

**COME JOIN OUR TEAM
AT
MCINTOSH
SENIOR LIVING
(MSL)**

is currently hiring for:

- Full time RN or LPN
- Full time NAR-AM's
- Full time Program Coordinator - (Call for more information)

MSL offers health insurance, 401k, Holiday Pay, Scholarship program, PTO, Great retention bonus & shift differential for nursing staff. We also have flexible scheduling.

Credit is given for experience and will train new staff. We take pride in being a TEAM oriented facility that provides quality care to individuals who need nursing services.

Interested persons should send resume to: 600 Riverside Ave. NE, McIntosh, MN 56556. Attention Tricia Hove, DON, for Nursing; Paul Ruckreigle for Maintenance; and Sharlene Knutson for Program Coordinator.

Applications are available by calling 218-563-2715 or stop by for an application.

R42-43C

FOR SALE

New Ice Castle fish house 2016, Sports Angler, 6-1/2 x 14', 5 holes, sleeps 2, furnace, TV bathroom & more.

218-444-4875

R41-43C

**We print
wedding
invitations!
Call Richards
Publishing
218-487-5225**

NEW LISTING!



www.sollie.net

R42C

#4212 - First Class Living - "On The Level!"
Top notch quality can be found throughout this 2,100+ square foot, 3+ bedroom home with everything conveniently located on one level - including large finished entertainment area in attached double plus heated garage! All situated on spacious corner lot in small town USA! Call today.

**SOLLIE
REALTY**
Fosston, MN
218-435-1525
www.sollie.net

www.sollie.net

www.sollie.net

**Need to Get Rid
of a Few Things?**

*Sell it in
the Canary!*

Richards Publishing Co.
218-487-5225

DINING & entertainment

WALLEYE FISH FRY

Saturday, January 14th
Serving 5:30-7:30 pm

Walleye pike the way you like them!!

**GONVICK
AMERICAN LEGION**

R2C,R6C,R11C,R15C,R20C,R24C,R28C,R33C,R37C,R42C,R46C,R50C



Fri., January 13th at 6:30 pm

Blackout in 55s or less for \$1000!!
Big G Game 54s or less for \$500!!

Open on
Sunday at noon



FOR
**Football
Playoffs**

Jan. 28

LIVE MUSIC
by

"The Bad Campers!!"

GOODRIDGE MUNICIPAL LIQUOR STORE

BAR BINGO & PADDLE WHEEL

SATURDAY • 7:00 PM

50 #'s at \$1000
- UP TO \$1000 MAXIMUM -

SPONSORED BY:

**The Mentor Firefighters
Relief Association**
Lawful gambling license
#05817-003

**CAROL'S COZY
BAR & GRILL**
Brooks, MN • 218-698-4608

**Jan.
14,
2017**

**CAROL'S COZY
BAR & GRILL**
Brooks, MN • 218-698-4608

COMING EVENTS:

SMEAR ... JAN. 11

**FRI.,
JAN. 20**

Kickin' Up Country
**Karaoke
CONTEST**
Music 9:00-1:00 by "Wild Wes"
Register for Karaoke Contest at 8 pm

SUNDAY, JAN. 22
"Cathy Erickson" 3-7 pm

BINGO! resumes...
JAN. 14

WEEKEND SPECIALS
Chicken, BBQ Ribs, Steak & Shrimp

THURS., JAN. 12
POTATO KLUB

EVERY THURSDAY... Broasted Pork Chops ... LUNCH AND DINNER
HOURS: M-SAT: 8 A.M. - 1 A.M. ☉ SUNDAY: 11:00 A.M. - MIDNIGHT
Kitchen now open until 10:00 p.m.

R42C

Bar Bingo & Paddle Wheel Meat Raffle

Progressive - Blackout 59 #'s for \$1,000

License: #32290-001 **SAT., JAN. 14 - at 6 pm**

**FRI. & SAT.
SPECIAL** 5:00-10:00 pm
MEATBALLS

**SMEAR
TOURNEY**
every **TUESDAY**
at 7 pm

SHORTY'S PLACE, GULLY

R42C



SPECIALS

Monday: Taco Night

Tuesday: Pizza & Beer



Wednesday: Rib Night
Thursday: Chicken and Shrimp Alfredo
Friday: Surf & Turf (Steak & Shrimp)
Saturday: Prime Rib
Sunday: Home Cooked Meals (Comfort Food)

487-5295

SPORTSMAN'S LODGE, Pine Lake

R431C-C

WE MAKE BOOKS!

Soft cover or hard cover, full color or black & white
Richards Publishing Gonvick 487-5225



JOHN P. LOVLY

- Licensed
- Bonded
- Insured

Seamless Aluminum Guttering
Heating, Air Conditioning

218-378-4641

20041 St HWY 219 NE • Goodridge, MN 56725

G26c-eow-tlc

**Dee's
Leonard Cafe**

POTATO KLUB

every Tuesday
11 am - gone

**PRIME RIB
OR
WALLEYE
DINNER**

every Friday night
starting at 4:30

R43-43C

Stadium Seating



Phone:
218-435-1700
Evening Shows: \$5.50
Matinees: \$5.00

Fri 1/13 - Thurs 1/19

HACKSAW RIDGE (R)



Fri 4:00 7:00
Sat-Sun 1:00 4:00 7:00
Mon-Thurs 4:00 7:00

www.fosstontheatre.com

R42C

**Advertise
Your
Dining
Specials
Here!**

218-487-5225

1x7

*Sounds like
multiplication?*

Guess again.
It's newspaper
talk for a
one-column by
7-inch ad.
Too small
to be
effective?

*You're
reading
this one!*

**Richards
Publishing
Co., Inc.**

Gonvick
487-5225



**For more information on MCAN ads call:
218-487-5225**

Minnesota Classified Advertising Network



HELP WANTED

PIFER'S AUCTION & REALTY
is seeking enthusiastic professionals to join their growing sales team! Real estate license a plus but not required. Please send resume/qualifications to Steve Link at stlink@pifers.com

MISCELLANEOUS

DRIVE WITH UBER
No experience is required, but you'll need a Smartphone. It's fun and easy. For more information, call: 800/912-3649

MISCELLANEOUS

**STOP OVERPAYING
FOR YOUR PRESCRIPTIONS!**
Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and free shipping. Call 800/259-1096

GOT KNEE PAIN?

Back Pain? Shoulder Pain? Get a pain-relieving brace - little or no cost to you. Medicare patients call health hotline now! 800/755-6807

MISCELLANEOUS

DONATE YOUR CAR

truck or boat to Heritage For The Blind. Free 3-day vacation, tax deductible, free towing, all paperwork taken care of 800/439-1735

ONLY \$279 to reach a statewide audience of 3 million readers!!! 1-800-279-2979

DISH TV - BEST DEAL EVER!

Only \$39.99/mo. Plus \$14.99/mo Internet (where avail). Free Streaming. Free Install (up to 6 rooms). Free HD-DVR. Call 800/297-8706

**ADVERTISE HERE STATEWIDE IN 260+ NEWSPAPERS
FOR ONLY \$279 PER WEEK! CALL 800-279-2979**

Over 400 Monuments in Stock

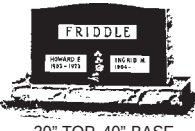
BUY THIS MONUMENT LETTERED

Buy factory direct thru us & avoid paying a salesman & funeral home commission.

NESS GRANITE WORKS, INC.

Hwy. 59 N., PO Box 1166
Detroit Lakes, MN 56502-1166

www.nessgraniteworks.com



30" TOP, 40" BASE

Special

\$895

Call

1-800-309-5191

R30-3C

OBITUARIES



Services held for Lowell Haugen

Lowell Haugen, age 74, of Fosston, MN, passed away on Thursday, January 5th, at his home in Fosston. Funeral services were held at 11:00 a.m. on Monday, January 9th, at Hope Lutheran Church in Fosston with the Rev. Paul Magelssen officiating. Interment in Hope Lutheran Cemetery, Fosston.

Lowell Gene Haugen was born on February 12, 1942 in Fosston, Minnesota to parents Otto and Helen Vraa Haugen. He grew up in McIntosh, Minnesota and was baptized and confirmed in the Lutheran faith. He graduated from McIntosh High School in 1960 and from Bemidji State University in 1964.

On September 7, 1963, he was united in marriage to Janice Svedahl. To this union three daughters were born and a son adopted. He taught school for 34 years, beginning in Roseau and Moorhead and spending most of his career in Fosston as an English teacher and librarian. After retirement, he enjoyed working as custodian at Hope Lutheran Church.

He enjoyed camping, wood-working, building and collecting birdhouses, and rummage sales. He also enjoyed remodeling and heating the house with wood (including cutting wood, stacking wood, and carefully placing the wood in the fireplace).

Please remember him as kind, patient, inventive, thoughtful, and responsible.

He is survived by his wife of 53 years, Janice of Fosston; three daughters, Laurie (Dale) Stern of Arlington, MN, Lynnette (Ronnie Novacek) Renaud of Greenbush, MN, and Melissa (Eric) Murphy of Fosston; grandchildren, Alex Stern, Emily Stern, Brandy Renaud, Amanda Murphy, Abby Murphy, and Amaya Murphy; great grandchildren, Maverick Murphy, Aurora O'Leary, and Owen Okstad.

Also surviving is Lowell's brother, Orvis (Debbie) Haugen of Grygla, MN; his mother-in-law, Lorraine Svedahl of Fosston; sisters-in-law, Norma Haugen of Red Wing, MN, and Sandra (Stanley) Linsenmeyer of Marshalltown, IA; aunt, Minnie Smith of McIntosh; and many cousins, nieces and nephews; and his faithful dog, Tyler.

He was preceded in death by his son, Scott; his parents; brothers, Melvin and Jerome; and his father-in-law, Manfred Svedahl.

Honorary Pallbearers: Lowell's teaching colleagues

Active Pallbearers: Lauris "Bud" Kiecker, Gary Hartel, Jerry Haugen, Mark Haugen, Glen Tangen, and Stanley Linsenmeyer.

Arrangements were made with the Carlin Funeral Home of Fosston and condolences may be shared at www.carlinhoialmen.com.



Services held for Alice Bjerknes

Alice Bjerknes, 96, of Clearbrook, MN died on Friday, January 6, 2017 at Sanford Bemidji Medical Center in Bemidji, MN.

Funeral services were held on Tuesday, January 10, 2017 at 10:00 a.m. at the Samhold Lutheran Church in Gonvick with the Reverend Kris Snyder officiating. Interment will be at the Samhold Lutheran Cemetery at Gonvick, MN in the spring. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Alice was born on June 20, 1920 at Gully, Minnesota the daughter of Magnus and Flossie Dahl. She graduated from Gonvick High School in 1938. Alice married Kenneth Bjerknes on June 21, 1947 at Gonvick, MN. Alice and Kenneth owned and operated the Gonvick Mercantile for many years before selling the

business in the early 1990's. Kenneth died in May of 2008 and Alice moved to the Good Samaritan Center Labor Day in 2008, at Clearbrook where she spent her last years. Alice was a member of the Samhold Lutheran Church where she was very active in the Ladies Aid and taught Sunday school for many years. She was also a member of the Gonvick American Legion Auxiliary.

She is survived by her son – Lyle Bjerknes of Gonvick, MN

Son – Ron (Pat) Bjerknes of Woodbury, MN

Son – Mark (Doreen) Bjerknes of Grand Forks, ND

5 Grandchildren – Dan (Sommer) Bjerknes of Wiliston, ND

Mindy (Lane) Johnston of Grand Forks, ND

Rhonda (Justin Scholl) Bjerknes of Madison, WI

Darin (Ingrid) Bjerknes of Woodbury, MN

Brandon (Angela) Bjerknes of Bemidji, MN

Great Grandchildren – Logan, Berkley, Raider, Gus, Odin, Brinnly, Brady, Bryley, Capri and Beckham.

Brothers-in-law – Jim Bjerknes of Alexandria, MN

Bart Myrom of North Carolina

She was preceded in death by her parents, husband, brother – Myron Dahl, brothers-in-law – Morris, Jerome, Bud and John; Sisters-in-law Muriel, Irene and JoAnn.

Messages of condolence may be sent to ceasefuneral-home.com

Obituary Notices

also on our website

www.tricocanary.com

OPEN-HEART SURGERY?

Within the last 5 years?

You may have been exposed to **M.chimeara** due to contaminated surgical heater-cooler units. Patients could be infected for years without showing symptoms. You may be eligible for compensation to pay for medical testing, treatment and damages.

The CLASS ACTION lawyers at Patterson Dahlberg Injury Lawyers can help.

 **PATTERSON DAHLBERG INJURY LAWYERS**

507-424-3000 • pattersondahlberg.com

Free Consultation - No Obligation - No Fee Unless You Collect



Services held for Roy Abraham, Sr.

Roy Abraham, Sr., 73, of Bagley, MN died after a long battle with cancer on Tuesday, January 3, 2017 at the Nielson Place in Bemidji, MN.

Funeral services were held on Tuesday, January 10, 2017 at the Cease Family Funeral Home Chapel in Bagley at 1:00 p.m. with the Reverend Jill Torgerson officiating. Interment at the Our Savior's Lutheran Cemetery at Ebro Corner, Bagley, Minnesota. Military honors were accorded by the Irvin Blix American Legion Post #16 of Bagley, MN.

Roy was born on July 15, 1943 at Bagley, Minnesota the son of Alec and Ann (Bricnic) Abraham. Roy graduated from Bagley High School in 1961, and entered the United States Army in June of 1961. He was stationed in Germany and went through Parrot Trooper Training and was honorably discharged after serving our country in May of 1964. He married Marilyn Syverson on October 10, 1964. They moved to Seattle where he worked for McGraf Homes and American Steel and Foundry ship yards. They had two sons, Roy and Kirt. They lived in Seattle for 6 years and moved back to the area in 1970. In 1971, they bought a farm and raised beef cattle. Marilyn and Roy later divorced and Roy moved to Baudette where he lived for 25 years. In 2015, he moved

into Cornerstone Residence in Bagley and recently had moved to the Nielsen Place where he spent his last days. Roy was a member of the school board for several years, was on the Headwater Regional Development Board, the BRIC Board, a former member of Our Savior's Lutheran Church, and a member of the Gonvick Lions. He was recently recognized as the Regional Area Honorary Take a Kid Fishing. He enjoyed dancing, fishing, hunting, building things, wood working, farming, fencing, cutting firewood and spending time with his grandchildren.

He is survived by his son - Roy (Angie) Abraham, Jr. of Clearbrook, MN

Son – Kirt (Heidi) Abraham of Clearbrook, MN

Grandchildren – Blake (Tynel) Abraham, Samantha Abraham, Olivia (Cody) Nelson, Amelia (Shane) Linehan, Leah Abraham, Wyatt Abraham, Weston O'Beirne and Brigg Abraham.

Great Grandchildren – Isabella Nelson, Syllis Linehan, Hattie Nelson, Abigail Nelson, Tucker Abraham

Brother – Bob (Margaret) Abraham of Itasca, MN

Brother – Steve (Denise) Abraham of Pine River, MN

He was preceded in death by his parents, and his sister Lois Highberg.

Messages of condolence may be sent to ceasefuneral-home.com



The Ripple Effect

FROM THE Red River Basin Commission

Passport to Progress: Thinking Beyond Our Borders

Sharing a River... Three States... One Province...Two Countries.... One Red River Basin

The Red River Basin is a special, unique place and requires that we continue to work together and share the responsibility for its future. Perspectives on how to best reduce flood damages, improve water quality and ensure adequate supplies of water in the basin vary greatly.

Please join the Red River Basin Commission at their 34th Annual Red River Basin Land and Water International Summit Conference, January 17-19, 2017 at The Ramada Plaza Fargo Hotel & Conference Center in Fargo, North Dakota. This conference is designed to engage all levels of basin participation and offer a neutral, peaceful place to listen, learn and challenge our current way of thinking. There are many impediments to progress but there are lessons and successes to be shared and celebrated.

Mae Davenport, our keynote speaker, is an Associate Professor in the Department of Forest Resources, Interim Director of Graduate Studies in Natural Resource Science and Management, and Director of the Center for Changing Landscapes at the University of Minnesota. Mae is a social scientist is particularly interested in environmental planning and policy as a form

of community capacity-building for multiple ecological and social benefits. Her talk titled **Learning by Listening: The Social Science of Watershed Management** will look at how social science is particularly well-suited to answer the “who” and “how” questions associated with complex and high stakes issues such as flood control, agricultural drainage, urban runoff, and climate adaptation.

This year's conference theme, “Passport to Progress: Thinking Beyond Our Borders”, will bring together leaders from around the Red River Basin who are involved in some capacity with water and land resource management, protection, or restoration. Conference participants will focus on the importance of working on these issues together toward a common vision; speaking with a unified voice; and acting through a unified approach.

We are pleased to have the Commissioner of the Minnesota Pollution Control Agency; the Commissioner of the Department of Natural Resources, the North Dakota Agricultural Commissioner and the MLA's from both Emerson and LaVerendrye in Manitoba to update the conference attendees on each of their respective jurisdictions as it relates to natural resources projects and programs in the Red River Basin.

The conference provides opportunities for networking, collaborating, learning, educating and celebrating all the ways we are connected through water and how all the issues are important in how we manage the Red River Basin.

GVTV | Internet | 4G LTE Cellular | Security & Smart Home

Business Phones | Local & Long Distance



Garden Valley

Your Technology Leader

800-448-8260 | gvtel.com | 

R307FC

lendingtree

Call now: **800-851-1316**

Refinancing now could save you thousands

At LendingTree, we make it easy by doing the shopping for you.

Call LendingTree at 800-851-1316 to get multiple offers, and speak with our network of top lenders today



Theology in the Trenches

By Kathleen Kjolhaug

The Story Behind the Christmas Photo

Due to our holiday schedule and an error on our part, this column from Kathleen should have published December 28th. Our apologies to Kathleen.~The Canary Staff

Thank goodness for photo selections as it usually takes about six shots to get the action down pat that one may desire. And even after it is posted, or sent out, or retouched, or words added...it still does not depict the story behind the photo. At least in our case...

Dad of the house sat with his newly gifted sweater and as he proceeded to try on the others he'd been gifted, it became quite obvious that he had moved up in the world. It took Christmas to realize that designers are making the XL's smaller these days. Next year we will have to step it up a notch!

Granddaughter #1 dreamed big. The dolly she received was of equal stature and thrilled she was. No sooner had she received it, when she made mention of the other doll that was in stores that she did not receive. Teachable moment it was in the making of a grateful heart and it was received well. It's a big lesson to learn when you're three, and a good time to help hearts grow big. She blinked back tears...no...wait...those aren't tears...that's pink eye! Thank goodness for little sister's leftover medication.

Speaking of little sisters, she smiled big, played well, got the hang of ripping a few presents open and all between camera shots managed to not fight off defensively the Kleenex which attacked the clear drainage. The final pose under the tree desired by mom was collected and when looked at, the realization was noteworthy that



the chocolate she was devouring smeared like lipstick down her bottom lip and onto her chinny-chin-chin. Mommy was speechless through it all as she stood there aglow with the love for her little munchkins, not to mention she arrived that way. Laryngitis had gotten a hold of her vocal chords and she hadn't been able to speak for the past several days. Cough as she might, most of the congestion was immovable until the day after the day after they arrived back home.

And speaking of arriving home, they did just fine on that too. The family came, and the family went due to unprecedented weather conditions. Dangerous they were. So, instead of loading the ham into the oven, we loaded the gifts and the suitcases into their car and off they went.

By ten o'clock Christmas morn not a creature was stirring not even a mouse, just me and my spouse. As I glanced at the packed fridge, I wondered who was going to eat all the food and was reminded that in mere days, one would return and perhaps they would be so kind as to help.

I went to post the pics and rejoiced in the fact that indeed it had been a joyful celebration and the unspoken words behind smiles are not necessarily the world's business. After all, it's a picture in time...a moment...a slice of life before hearts mend and on we go into the next crisis that needs trouble shooting. As He is the reason, we withstand the storms amidst the seasons of life...lest we boast of anything but Him.

"Therefore, as it is written: 'Let the one who boasts, boast in the Lord'" (1 Corn. 1:31). Amen.

Olson Gravel, Inc. & Excavating

(218) 268-4765

*Dependable service & quality products
Same day delivery available
Basement & septic installation
We deliver anywhere!*

•Wash •Beach Sand •Class 5 Mod •Dec. Rock
•Peat •Black Dirt •Road Gravel •Rip Rap

In business since 1974

MAB-47C

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question: What items should I have in my vehicle during this extreme cold weather? What is the proper procedure if I become stranded and/or go off the road?

Answer: With the recent below zero temperatures, being prepared with an emergency kit and plan can save your life.

We recommend the following items be in your vehicle, especially in the winter:

- Bag of abrasive material (sand, salt, cat litter) or traction mats
- Snow shovel
- Flashlight with extra batteries
- Window washer solvent
- Ice scraper with brush
- Cloth or roll of paper towels
- Jumper cables
- Tow chain or rope
- Extra warm clothing (gloves, hats, scarves)
- Blankets
- Warning devices (flares or triangles)
- Drinking water
- Non-perishable snacks for both human and pet passengers
- First-aid kit
- Basic toolkit (screwdrivers, pliers, adjustable wrench)
- Mobile phone and car charger pre-programmed with rescue apps and important phone numbers including family and emergency services

If stranded, stay in the ve-



hicle and call 911. Provide the Dispatcher with the following information:

- Problem you're experiencing
- Your location (Get in the habit of looking for mile markers and cross streets/roadways)
- Any injuries to yourself or passengers
- Preferred tow company, otherwise the closest approved tow company will be dispatched

At night, keep your dome light on and activate the vehicle's emergency flashers. Be aware that snow can plug your vehicle's exhaust system and cause deadly carbon monoxide gas to enter your car so make sure the exhaust pipe is free of snow and keep a window slightly open while the engine is running. Make sure your vehicle is properly maintained and that you have at least a half of a tank of fuel. Slow down and use winter driving skills to avoid crashing or going off the road.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp.

Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at jesse.grabow@state.mn.us).



Tri County Canary Area SPORTS



Zach Herfindahl with his trophy and big check presented by Chad Dyrdaahl in the middle and Robert Johnson on the right.

Zach Herfindahl big winner at Pine Lake

Zach Herfindahl is \$10,000 richer as he was the big winner at the The Gerald Dyrdaahl Memorial Pine Lake 200 which is part of the USXC, United States X-County Snowmobile Racing circuit. Many sponsors help to increase the money that is given out to the racers in the various events.

Zach in from Eagle River, Wisconsin and he won the Stock Pro 600 last weekend on an Arctic Cat. His sponsor is Christian Brothers Racing.

The traveling trophy was donated by Kirk Hibert in memory of Gerald Dyrdaahl.

Winning the two ZR120 snowmobiles that were raffled off were Lori Beard, Clearbrook from Christian Brothers racing and the second one was won by Cooper Kangas of Goodridge. That was donated by Lance Efteland who topped a field of 30 riders to win Semi-Pro Stock in last years snowmobile races on Pine Lake.

Have you ever heard of the Sheppard Diesel?

By Eric Mickelson

When I was young I remember looking at my dad's collection of old tractor literature. You see when my dad was young whenever he would go into a dealership he would pick up a pamphlet or two off the shelf, advertising the tractor or implement of the day.

This was a favorite activity of mine. It got so bad I would save my money and send away to John Deere and order an operators manual for a different model tractor each week or month or so. Consequently I have a pretty big collection of owners manuals! Back to dad's magazines....I remember looking at a unique tractor I had not heard of, a Sheppard Diesel!! To this day I have only seen a couple of them.

Recently after a meeting of the Tri River Pioneers Club I had a chance to talk to Goodwin Kvasager. He told me a story that caught my attention. It was about 1955 and he was looking for a tractor. There was an ad in the Grand Forks Herald advertising a Sheppard Diesel at a dealer in Reynolds, ND. Goodwin thought this would be a pretty nice tractor, but by the time he made it to Reynolds to check it out it was sold. Instead, Goodwin bought a Gambles/Farmcrest 30. That Gambles/Farmcrest turned out to be a pretty nice tractor too!! It looks as good as new today, and I was lucky enough to get to drive in for Goodwin in the 4th of July parade in Plummer last summer. Every once in a while Goodwin looks back and wonders what it would have been like to have bought that Sheppard instead!!

The R. H. Sheppard Company was started in 1937. They began producing diesel engines. With more and more uses being found for these engines the company was able to succeed selling these engines. The story has it that in 1949 the company had an idea for a diesel tractor. They re-powered an M Farmall with a Sheppard Diesel engine.

It was not that successful a transition, but it paved the way for the actual manufacture of the Sheppard Diesel tractor. Sheppard Diesel tractors were built from 1949-1956. Only about 2000 were produced. Some say they were ahead of their time.

Whatever the reason they are a collectors item today. You know I really enjoyed that 4th of July ride on that Gambles/Farmcrest 30 belonging to Goodwin Kvasager. But, if he would have ended up with a Sheppard Diesel, I know I would have liked that ride too!

NEW QUEEN MATTRESS SETS \$199. Full \$179. Twins \$149. King \$379. Many Styles and All Sizes Available. For Pick Up/Delivery Today. Family Ran Furniture Warehouse Since 2012. Call 218-766-0064. R41-44ff-C

2 YEAR PRICE GUARANTEE

Switch to DIRECTV and lock in your TV price at \$50/month for 2 years when you have AT&T Wireless!

SAVE 40% \$50.00 MO. (offer based on 24 months, with no 1st month)

CALL NOW and ask about Next Day Installation.

IVS 855-419-4050

DIRECTV AUTHORIZED DEALER

Reg. AT&T postpaid on an orig. plan (incl. Unltd. & Residential Wireless) on a smartphone or phone (incl. Wireless Home Phone). Svc. Svc. addresses must match. To be elig. for 2-year price guarantee, both services must remain active & in good standing during 2nd year. Price Guarantee: TV pkg only. After 24 mos. Or less of eligib., then prevailing monthly rate for All-Included TV Pkg applies, unless customer calls to cancel/choose service prior to the end of 24 mos. Price includes taxes, equipment upgrades/add-ons and other chgs. Some offers may not be available through all channels and to select areas. See at.com/directv. DIRECTV SVC. TERMS: Subject to Equipment Lease & Customer Agreements. Must maintain a min. 12mo TV pkg at \$39.99/mo. Add'l fees & taxes. \$19.95 handling & delivery fee may apply. Programming, pricing, terms and conditions subject to change at any time. Visit directv.com/legal or call for details. PREMIUM MOVIES OFFER: After 3 mos., then-prevailing rate for All-Included movie pays applies (currently \$12.99/mo.) unless cancelled or changed by customer prior to end of the promotional period.

New Year's Auto Sale Spectacular Savings!

2008 Ford F250.....	\$4,000
5.4L engine, auto trans, 4 x 4, engine has mis-fire and needs work, a good heavy-duty work truck	
1999 Ford Taurus.....	\$1,195
152k miles, moon roof, 3.0L Duratec engine	
2007 Ford Freestar.....	\$2,650
Third row stow-away seating, fleet maintained	
2006 Chevrolet Impala.....	\$3,995
172,000k miles, clean interior, nice tires	
2002 Dodge Intrepid.....	\$1,295
2.7L engine, good tires, runs and drives good	
2004 Ford Focus Wagon	\$3,995
82,000k miles, moonroof, leather interior	
2000 Ford Windstar.....	\$1,050
High miles, fleet maintained	
1994 Ford Tempo.....	\$700
4 cylinder, runs good	
2000 Ford Focus.....	\$1,000
4 door, 4 cylinder, automatic	

Lucken
CORP
Auto Recycling Division
(Formerly Lynn's Auto)

41762 US Hwy. 59 SE 218-938-4112
Wiger, MN 56592 800-874-4107

www.luckentrucks.com

www.facebook.com/luckencorpautorecycling

M41-42C



Liz Bodensteiner set a new single game girls scoring record for Clearbrook-Gonvick Bears when she scored 46 points as they hosted the Cass Lake-Bena Panthers. Liz, #12, went in for a layup against Sunshyne Kingbird. Both are seniors.

Basketball Results

Red Lake Falls 70,
Sacred Heart 57
Sacred Heart 28 29-57
Red Lake Falls 28 42-70
Sacred Heart—Anya Edwards 23, Abby Smidt 9, Ivy Edwards 8, Anna Koponen 4, Sydney Lloyd 4, Jessica Remer 4, Jocelyn Adolphson 5

Red Lake Falls—Megan Lacrosse 17, Jozi Halvorson 3, Josie Huot 7, Kelly Schultz 4, Emma Duden 31, Malanna Boutain 2, Madison Derosier 6

Clearbrook-Gonvick 88,
Cass Lake-Bena 69
Cass Lake-Bena 41 28-69
C-G 40 48-88
Cass Lake-Bena—Taryn Frazer 17, Michelle Jourdain 1, Trina Headbird 2, Danae Wilson 15, Mya Reyes 1, Sunshyne Kingbird 24, Mariah Ortiz 7, Amira LaDuke 2
Clearbrook-Gonvick—Morgan Cornell 2, Brynn Hetland 4, Jackie Lynn Taflin 2, Mikala Johnson 2, Alison Johnson 13, Liz Bodensteiner 46, Danae Stenzel 1, Tamara Skinaway 4, Madelynn Faldet 6, Carlie Bergerson 8

EGF Senior High 71,
Red Lake County 35
East Grand Forks 31 40-71
Red Lake County 17 18-35

EGF Senior High—Aaron Havis 8, Tyler Vossler 4, Christian Dugan 7, Steven Widman 2, Julian Benson 7, Colton Dauksavage 6, Sam Votava 32, Brendon Beich 1, Nathan Willet 1

Red Lake County—Derek Peterson 8, Ben Cardinal 2, Matt Vettleson 9, Justin Nemec 4, Ethan Vettleson 8, Brandon Wiskow 2, Adrien Verbout 2

Fosston 62, Bagley 49
Bagley 23 26-49
Fosston 42 20-62

Bagley—Mason Nepean 2, Zachary Lykins 14, Isaac Tierney 8, James Hvezda 10, Tannen Agnes 4, Nicholas Kaiser 1, Dawson Eck 4, Austin Knutson 6
Fosston—Brock Hemmesch 5, Jesse Sather 18, Hunter Kroening 6, Brett Sundquist 13, Cory Drellack 3, Isaac Dryburgh 7, Jason Voxland 9, Tristan Gustafson 1

O'NEILL'S
HOME SERVICES, LLC
Appliance
Service & Repair
"OVER 30 YEARS EXPERIENCE"
218-487-6175
tvtech@gvtel.com

Oklee Mini Storage
Downtown Main Street
Units Available
10 x 12 ft - \$45
12 x 22 ft - \$75
218-779-3005
218-796-5120

CARLSON ELECTRICAL SERVICES
• Free Estimates
• Service Calls • Bucket Truck • Commercial & Residential Wiring
Full-line of electrical products available
Call us: **218-687-AMPS (2677)**
or Email: **cesi@gvtel.com**
EXPERIENCED, QUALITY INSTALLS & GREAT CUSTOMER SERVICE

Available at
Richards
Publishing!
High Quality Color copies

LUMBER AND Building Supplies
ASK ABOUT OUR COMPLETE BUILDING PLANS SERVICES!
We're glad to help you with any building problem you may have.
Oklee Lumber, Inc.
(218) 796-5131