



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Gonvick Pumpkin Day was host to many vendors selling their crafts



Carolyn Bachand from McIntosh at the Craft Show that was part of the Gonvick Pumpkin Day.



Gail Straub at the Craft Show that was part of the Gonvick Pumpkin Day.



Linda Tucker from Crookston at the Craft Show that was part of the Gonvick Pumpkin Day.



Vivian Knutson from Bagley at the Craft Show that was part of the Gonvick Pumpkin Day.



Barb Reese from Bagley at the Craft Show that was part of the Gonvick Pumpkin Day.



Elaine Lebeda from Bagley at the Craft Show that was part of the Gonvick Pumpkin Day.



Debbie Lorshbough from Pinewood at the Craft Show that was part of the Gonvick Pumpkin Day.

Vehicle accident NE of Warren on Friday evening

On Friday evening at approximately 9:21 P.M., a 911 call was received of a motor vehicle accident about 9 miles NE of Warren, MN in Foldahl Township on County Road #3. Richard E. Erickson, 58, of Warren was driving a 1993 Ford Pickup & was apparently turning into his driveway when he was hit from behind by a 2011 Ford Pickup driven by Tucker M. Nelson, 20, of Newfolden, MN. Both vehicles were north bound. The vehicles ended up in the ditch and the Erickson vehicle was on fire at the time of the call. Erickson was extracted from the

vehicle and was brought to the NV Health Center in Warren where he was pronounced dead. He was later transported to the Marshall County Medical Examiner's in Grand Forks, ND for an autopsy. Nelson was transported to the North Valley Health Center in Warren with non-life threatening injuries. The Warren and Argyle Fire Departments, North Valley Health Center Ambulance and the Minnesota State Patrol all responded to the scene. The accident remains under investigation. Sheriff Jason D. Boman

Friends of Sanford Health hosts \$6 Jewelry sale

BEMIDJI, Minn. – Friends of Sanford Health will host a Jewelry is Fun sale in the east lobby of Sanford Bemidji Medical Center just outside the Gift Shop from 7:30 a.m. to 5 p.m. on Tuesday, Oct. 11 and from 7:30 a.m. to 12:30 p.m. on Wednesday, Oct. 12, 2016. The sale features a wide variety of jewelry, accessories and gifts for all ages. Friends of Sanford Health receives a percentage of each sale to enrich the experience of patients, residents, visitors and staff at Sanford Bemidji.



Morinville/Dietz Marriage

Scott and Judy Morinville of Brooks, MN are pleased to announce the marriage of their son Steven Morinville to Kelsey Dietz. Steven graduated from Lafayette High School in Red Lake Falls in 2008. He received his Bachelor of Science Degree in Mechanical Engineering from the University of North Dakota in 2013. Kelsey is a 2006 graduate of Owatonna High School. She received her Bachelor of Science in Nursing from Minnesota State University, Mankato. In 2016, Kelsey graduated from Mayo Clinic School of

Health Science with a Masters in Nurse Anesthesia. Kelsey is the daughter of Joe and Cindy Petricka of Fairbault, MN and Mark Dietz of Owatonna, MN. The couple were married at a lakeside ceremony on September 4th, 2016 at Lutsen Resort on Lake Superior along the Minnesota North Shore. They greatly enjoy the outdoors and currently reside in Boise, Idaho. Steven is a Mechanical Engineer for Musgrove Engineering and Kelsey is a Nurse Anesthetist for Anesthesia Associates of Boise.

CRAFT SALE
Upstairs at the
EMBASSY in Fosston
Sat., October 15
8 am-3 pm
All handmade items, unique Christmas gifts, knitting, crochet and string art and much more.
Marian Jenkins, 431-0010
M28-29C

Sons of Norway Dinner

Granlund Lodge #240 Sons of Norway will have our annual Membership and Appreciation dinner on Thursday, October 13th at 6 p.m. at the Embassy Center in Fosston, 603 3rd St. NE. On the menu will be Lutefisk/Torsk/Meatballs, with potatoes and gravy, vegetables, lefse, salad and Scandinavian dessert. You will be entertained while you eat with old-time and

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Scandinavian music by Joey Schimnich. Call Wesley or Susie Roland at 218-435-1230 to pre-register by October 10th. The cost is \$14.00 per person.

PLEASE JOIN US...
for your favorite meal of the year
Bethany Lutheran Church's 68th Annual SMORGASBORD
Bethany Lutheran Church
1315 6th St. NE • Red Lake Falls, MN
Sat., Oct. 8, 2016
serving from 4:30-7:30 pm
TICKETS AT THE DOOR
Adult: \$12.00 • 6-12: \$6.00
5 & under: \$2.00
To place an order for delivery call 253-2589
R28C

NWMAC Individual Artist Fellowship \$5,000 GRANTS

DEADLINE: OCTOBER 15

The application deadline for Individual Artist Fellowship Grants for \$5,000 from the Northwest Minnesota Arts Council (NWMAC) is Saturday, October 15, 2016. Applications are being accepted in our seven county service area including Kittson, Marshall, Norman, Pennington, Polk, Red Lake and Roseau counties in Minnesota. Fellowship grants are awarded to individuals in our region in performing, visual, media and creative writing arts. To be eligible you must be out of high school and at least 18 years of age. College tuition is not an eligible expense. This is the main category that mid-career and established artists use to support their artistic business or advance their technical skills. Fellowships are awarded annually with \$5,000 going to four individuals. On January 15, 2017 there will be a deadline for individuals to apply for \$1,500.00 grants for slightly smaller projects. Artists who apply for \$5,000, and are not awarded a grant, have the opportunity to scale down their request and reapply.

How do I get assistance?
A grant writing workshop will be held at 7:00 pm on October 5, 2016 at the NWMAC office, 109 S Minnesota St, Warren, MN 56762. During the workshop, Mara Hanel will help artists register for our on-line system and begin a grant application. Attendees will view the grant application on a large TV while you are lead step by step through the process of applying. The workshop will be an hour. Attendees will receive a printed draft copy of the grant to take home. Mara will discuss other successful projects and what makes their application strong within the rating system. Please RSVP to 218-745-9111 that you are attending. If you cannot attend the workshop and need assistance call to schedule a one-on-one consultation. You must have your entire application complete and submitted by the deadline. This includes your work sample, work sample description, budget, quotes, and one letter of recommendation.

What is a typical project?
Often, grant proposals are to buy items that directly relate to your art like upgrading an instrument or replacing worn out visual art equipment. Sometimes proposals are to attend a workshop that is important for your artistic growth then create a new body of work as a result of that learning. Some grants are to allow artists to create a new body of work, then promote and showcase the result.

What is hard to get funded? It is difficult to receive funding for items that are part of daily life like computers, printers, cameras, cell phones, etc. It is also difficult to receive funding to travel to destinations for art training that have the appearance of a vacation. It is difficult to receive funds to start a new arts medium since your current work sample is important to the application process and must show work within the medium you are applying.

Can I pay myself while I work on my project? Yes, the McKnight Foundation encourages established artists to be able to use grant funds to pay themselves to work on the project. If awarded a grant, however, careful tracking needs to occur on the form provided. If awarded, all receipts for expenses need to accompany the final report or full or partial funding will be returned including the completed time tracking form.

Support for our Fellowship program comes from the McKnight Foundation. The McKnight Foundation in Minneapolis awards the Northwest Minnesota Arts Council \$70,000 annually to provide grants and services to artists. Please see the McKnight page on our website under About Us that provides a summary and links to this programming. To see if you qualify for this grant visit the grants link at www.NorthwestMinnesotaArtsCouncil.org/grants or call 218-745-9111 or email mara@nwrdc.org.



Gerald Johnson from Fosston was the winner of the Polaris 4-wheeler that was given away by Harder Seeds at the appreciation dinner. In the photo is winner Gerald Johnson (Terrie Johnson, wife) and Kevin Harder, owner, Harder Seeds & Hefty Seeds, Ulen.

Harder Seeds winner announced

Harder Seeds and Hefty Seed Company of Ulen, MN had their customer appreciation dinner on Wednesday, September 21st. To top off the evening, Harder Seeds gave away a 570 Polaris 4-wheeler (all customers that purchased ProSeed beans or corn in 2016 were entered in the drawing). The lucky winner was Gerald Johnson from Fosston.

Harder Seeds and Hefty Seed Company of Ulen is located 1 mile West of Ulen. Owner, Kevin Harder and staff want to thank everyone that came to the customer appreciation dinner and wish to thank all of their customers they've had the pleasure to serve the past

years. They looking forward to serving you again with all your farming needs.

Please contact Kevin Harder, owner/agronomist; Greg Peterson, agronomist, Beau Matson, agronomist, Allen Zimmer, agronomist or Darin Maruska, sales at (218)-596-8503 or (218) 596-8890 for all your upcoming farming needs.

We are Online!
www.TriCoCanary.com

If you have a subscription you can view online for free. If you just want to view ONLINE it is only \$25, no matter where you live! Give us a call!
Richards Publishing Company 218-487-5225

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028C

Girls Night Out

WEDNESDAY, OCTOBER 19TH
5:30pm - 8:30pm
Essentia Health-Fosston Education Room
TO SCHEDULE YOUR MAMMOGRAM, CALL 218.435.1212

JOIN US AFTER YOUR MAMMOGRAM FOR COMPLIMENTARY:

- Refreshments
- Mini Manicures
- Photo Booth
- Gift bag
- Chair massages

- Breast cancer is the most common cancer among women in the United States
- Early detection reduces the risk of cancer spreading.
- Talk to your doctor about your history and if you are at increased risk for breast cancer.

Essentia Health-Fosston Clinic
900 Hillgoss Boulevard SE | Fosston
218.435.1212
EssentiaHealth.org

Find us on Facebook
028-29C

Essentia Health
Here with you

Mark your calendar for a BIG SHOW in GULLY

A Gully Home Companion

Saturday, Oct. 15th at 7:00 pm
"Gully Home Companion" will highlight Minnesota musicians using local talent

POTATO BAR SERVING 5 p.m. to 6:30 p.m. \$5.00
PROGRAM at 7:00 p.m. Admission \$5.00
Gully Home Companion is a fund raiser for Gully Days 2017
R27-29C

Clearbrook Fall Fest

SATURDAY, October 8th, 2016

- 10am Craft Vendors Open @ Clearbrook Community Center Gym Until 2pm
Open Mic & Live music begins
- 10:30am Bean Bag Tournament begins by the Clearbrook Pool
\$25 Entry Fee per 2-Person Team - 1/3 Payback
Clearbrook Playground Fundraiser - Sign up with the City Office
- 11am Hay Wagon Rides Start (Running until 3pm)
- 11am Time for Lunch! Check out our food vendors!
- 12 noon Kids! Free competitions at the pool: Coin Dig in the Corn Pit, Corn Toss, Apple Bobbing, Ring-Toss, 3-Legged Race Prizes!
- 12 noon Adults Only! Sample some fall brews at the Muni including Bemidji Brewing beers
- 3-5pm 3-on-3 Basketball tournament in the Clearbrook Community Center Gym - More details to follow
- 4pm Pie Baking Competition in the Legion Room
Sign up with the City Office
Pie & Ice Cream Social to follow

Fall Festival
R28C

“Your family owned
and operated store”
Phone: 218-435-1454
Store Hours
8am -8pm Mon-Sat
9am-4pm Sunday



Palubicki's
Sale Dates: Monday afternoon October 3 to October 9

R28C

Come in and get your
FREE Pumps Perks Card!
Save On Gas!



FOODS & DELI

Fosston, Minnesota
Double Coupon Sunday
through Wednesday

COLBY, COLBY JACK, MONTEREY JACK,
PEPPER JACK, MOZZARELLA, SHARP CHEDDAR,
EXTRA SHARP CHEDDAR, MEDIUM CHEDDAR
OR MILD CHEDDAR

**ESSENTIAL EVERYDAY
CHUNK CHEESE**

3/\$5
8 OZ

ASSORTED REGULAR OR FINE SHRED
**ESSENTIAL EVERYDAY
SHREDDED
CHEESE**

3/\$5
8 OZ

**ESSENTIAL EVERYDAY
BUTTER**

\$2.99
1 LB QUARTERED

REGULAR OR CALCIUM PLUS
**CASS CLAY
ORANGE JUICE**

2/\$4
1/2 GALLON



**ASSORTED
TONY'S
PIZZA**

5/\$10

MAC & CHEESE WITH BACON, FIVE CHEESE,
SUPREME, THREE MEAT OR ITALIAN SAUSAGE
CULINARY CIRCLE PIZZA **2/\$9**



**ORIGINAL
HUNGRY
JACK
SYRUP**

\$1.99
27.6 OZ

HUNGRY JACK COMPLETE BUTTERMILK
PANCAKE & WAFFLE MIX ... 32 oz **3/\$5**

**CLEAN CARE OR
ULTRA COMFORT CARE
COTTONELLE**



**BATH
TISSUE**
12 PK - DBL ROLLS

BLEACH ALTERNATIVE, ACTIVE FRESH SPORT, SPRING
RENEWAL OR APRIL FRESH
TIDE HE LIQUID 115 OZ **\$11.99**

ASSORTED

**COCA COLA
PRODUCTS**



\$6.99
24 PK - 12 OZ CANS

LIMIT 2 PLEASE
ADDITIONAL \$7.39

ESSENTIAL EVERYDAY
WATER 24 PK - 1/2 LITER BTLS **\$2.99**

CHEWY FUDGE, MILK CHOCOLATE OR
DARK CHOCOLATE

**DUNCAN HINES
BROWNIE MIX**

\$1.39
18-18.3 OZ

WATER PACKED CHUNK WHITE
**CHICKEN OF THE SEA
ALBACORE TUNA**

\$2.99
4 PACK 5 OZ CANS

CHILI, KIDNEY, BLACK OR WHITE

**S&W
BEANS**

5/\$3
15-15.5 OZ

CUT GREEN BEANS, WHOLE KERNEL CORN,
CREAM STYLE CORN, SLICED GREEN BEANS
OR SWEET PEAS

**BUTTER KERNEL
VEGETABLES**

3/\$2
14.5-15 OZ

FAMILY PACK 85% LEAN GROUND BEEF LB	\$2.99
ANGUS FARMS BEEF BONELESS BOTTOM ROUND ROAST ... LB	\$3.39
ANGUS FARMS BEEF BONELESS BEEF STEW MEAT LB	\$3.49
ANGUS FARMS BEEF BONELESS TOP SIRLOIN STEAK LB	\$4.69
ANGUS FARMS BEEF BONELESS NEW YORK STRIP STEAK .. LB	\$6.99
ANGUS FARMS BONELESS TENDERIZED BOTTOM ROUND STEAK ... LB	\$3.69

BONELESS ORIGINAL OR ONION GARLIC SEASONED HORMEL PORK ROASTS. 1.5 LB	\$4.99
FAMILY PACK BONELESS CENTER CUT PORK LOIN CHOPS LB	\$1.99
BONELESS CENTER CUT PORK LOIN ROAST. LB	\$1.89
FAMILY PACK BONE-IN PORK SHOULDER STEAK LB	\$1.59
BONE-IN PORK SHOULDER ROAST LB	\$1.49
HORMEL PORK BBQ BACK RIBS LB	\$2.99

GOLD N PLUMP BONELESS, SKINLESS CHICKEN BREAST FILLET 15 OZ	\$3.99
FAMILY PACK CHICKEN DRUMSTICKS OR THIGHS LB	79¢
GERBER "AMISH FARMS" WHOLE CHICKEN LB	\$1.69
TYSON CHICKEN WINGS LB	\$1.99
FESTIVE WHOLE TURKEY BREASTS LB	\$1.59
ARCTIC SHORES POLLOCK FILLETS 16 OZ	2/\$6

MILFORD FARMS KIEV, CORDON BLEU, BUFFALO OR BROC. CHEESE STUFFED CHICKEN ENTREES 5 OZ	3/\$4
JOHN MORREL "OFF THE BONE" ASSORTED LUNCH MEAT 7 OZ	2/\$5
OSCAR MAYER BUN LENGTH, JUMBO OR ANGUS BEEF FRANKS 14-15 OZ	2/\$6
ECKRICH POLISH OR SMOKED SAUSAGE 14 OZ	2/\$4
BLUEWAVE BREADED BUTTERFLY CUT ORIGINAL OR COCONUT JUMBO SHRIMP 9-10 OZ	\$3.99
OLD WISCONSIN ORIGINAL, BEEF OR TURKEY SNACK STICKS 7-8 OZ	\$3.69



WHOLE, 2%, 1% OR SKIM
**CASS CLAY
MILK**

\$2.99

GALLON

WHOLE, 2%, 1% OR SKIM
CASS CLAY MILK.. 97 oz

4/\$9.50

CREAM OF MUSHROOM
**CAMPBELLS
SOUP**

10/\$10

10.75 OZ

GEDNEY PLAIN OR KOSHER
BBQ DILLS 32 oz

\$2.59

ASSORTED
**FRITO LAY
DORITOS**

4/\$10

9.5-10 OZ

ORVILLE REDENBACHER'S BUTTER OR MOVIE THEATER
MW POPCORN BOWL 3 PK

\$1.69

SEMI-SWEET
**NESTLE
CHOCOLATE CHIPS**

\$1.99

12 OZ

POWDERED, DARK BROWN OR LIGHT BROWN
CRYSTAL SUGAR..... 2 LBS

3/\$5

LAVENDER & CHAMOMILE, ALOE, CUCUMBER
MELON, COCOA GINGER OR CRISP CLEAN
SOFT SOAP

\$1.19

7.5 OZ

BOUNCE PURE SPORT
DRYER SHEETS 105 PK

\$3.99

**CASS CLAY OR
LAND O LAKES
HALF & HALF**

5/\$4.50

PINT

CASS CLAY
WHIPPING CREAM.... PINT

\$1.99

SAUSAGE, TRADITIONAL OR
FORTIFIED TOMATO & BASIL
**FRANCESCO RINALDI
PASTA SAUCE**

\$1.19

23.5-24 OZ

KRAFT ORIGINAL OR HONEY
BBQ SAUCE..... 18 oz

\$1.29

ORIGINAL OR RIP-L
**OLD DUTCH
POTATO CHIPS**

\$3.99

15 OZ BOX

ASSORTED DUTCH CRUNCH
POTATO CHIPS 8-9 oz

2/\$4

ALL PURPOSE
**PILLSBURY BEST
FLOUR**

\$2.39

5 LBS

VEGETABLE OR CANOLA
CRISCO OIL48 oz

\$2.79

CHICKEN OR LAMB FLAVOR
**DINNERTIME
DOG FOOD**

\$11.99

15 LBS

ARM & HAMMER MULTI-CAT, SUPER SCOOP OR ULTRA LAST
CAT LITTER..... 20 LBS

\$7.59

ASSORTED
**LAND O LAKES
COTTAGE CHEESE**

\$1.79

16 OZ

ASSORTED CASS CLAY
COTTAGE CHEESE ... 22 oz

\$2.49

PEACH/MANGO
**HEALTHY BALANCE
OLD ORCHARD JUICE**

\$1.39

64 OZ

FRUIT PUNCH, ORANGE OR STRAWBERRY
HI-C JUICE BOXES 10-6 oz

\$1.89

ASSORTED
**KEEBLER
CLUB CRACKERS**

\$1.99

11-13.7 OZ

ASSORTED SUNSHINE CHEEZ-IT
CRACKERS..... 8-12.4 oz

\$2.79

**FESTAL GOLDEN
PUMPKIN**

5/\$4

15 OZ

CARNATION
EVAPORATED MILK...12 oz

\$1.59

**SUNSOFT
SOFTENER SALT
40 LBS**

EXTRA COARSE.....**\$4.39**

PELLETS.....**\$4.79**

IRON OUT.....**\$5.59**

DAIRY	
ESSENTIAL EVERYDAY CREAM CHEESE 8 oz	\$1.49
DANNON LIGHT VANILLA, PEACH, RASPBERRY OR STRAWBERRY ACTIVIA YOGURT4 PK	\$2.19
SIMPLY SHREDDED HASHBROWNS20 oz	\$2.19
(P.P. 3.29) KRAFT AMERICAN SINGLES 12 oz	\$2.59
I CAN'T BELIEVE IT'S NOT BUTTER TUB22.5 oz	\$2.29
PLAIN, STRAWBERRY OR VANILLA CASS CLAY YOGURT32 oz	\$2.39
ASSORTED LAND O LAKES SOUR CREAM 16 oz	\$1.59
LAND O LAKES BUTTERMILK qt	\$1.49
MASTER MUFFIN BREAD 16 oz	\$2.99
ASSORTED FRITO LAY MUNCHIES SANDWICH CRACKERS8 PK	\$2.00
FRUIT & NUT TRAIL MIX, ROASTED ALMONDS OR CASHEWS NUT HARVEST 5.5-6.8 oz	\$3.49
ASSORTED FRITO LAY SIMPLY NATURAL SNACKS .. 8-8.5 oz	2/\$6
ASSORTED TOSTITOS SALSA 15.5 oz	3/\$10
ASSORTED ROLD GOLD PRETZELS 10-16 oz	4/\$10
FLAVOR, CLASSIC OR DORITOS & CHEETOS MIX FRITO LAY MULTI-PACKS 20 CT	\$7.49
3 PACK CRACKER JACKS 12 PK	\$1.19
ASSORTED NABISCO RITZ CRACKERS 8.8-13.7 oz	\$2.39

FROZEN FOOD	
CHICKEN, CHICKEN BROCCOLI OR BEEF BANQUET POT PIES 7 oz	99¢
ESSENTIAL EVERYDAY PEAS, PEAS & CARROTS, CORN, GREEN BEANS, BROCCOLI CUTS OR MIXED VEGETABLES 16 oz	\$1.19
POPS JRS, SF POPS, ALL AMERICAN POPS OR FLOAT KEMPS POPS 10-12 PK	\$2.79
ESSENTIAL EVERYDAY POTATO ROUNDS32 oz	\$1.99
ASSORTED EGG ROLLS AND APPETIZERS PAGODA EXPRESS9-11 oz	\$2.39
ASSORTED EDWARDS CREME PIES ... 32-36 oz	\$4.99
ESSENTIAL EVERYDAY CALIFORNIA BLEND VEGETABLES 16 oz	\$1.49
COLE'S CHEESE STICKS 11.5 oz	\$1.89
ESSENTIAL EVERYDAY REGULAR OR CRINKLE CUT FRENCH FRIES 32 oz	\$1.99
COLE'S ORIGINAL GARLIC BREAD 16 oz	\$2.39
DEAN'S ICE CREAM BARS 12 PK	\$3.49
DEAN'S FUDGE BARS 12 PK	\$2.79
DEAN'S ORANGE OR RASPBERRY CREAM BARS 12 PK	\$2.79
DEAN'S ASSORTED NUTTY BUDDY CONES6 PK	\$2.89
TOSTITOS BIT SIZE OR SCOOPS (18 OZ); TOSTITOS RSTC (14.5 OZ); MUNCHIES CHEESE FIX (15.5 OZ); LAY'S REGULAR OR WAVY REGULAR POTATO CHIPS (15.8 OZ); FRITOS SCOOPS (18 OZ); CRUNCHY CHEETOS (17.5 OZ) OR DORITOS COOL RANCH OR NACHO (15.5 OZ) FRITO LAY 32 OZ	\$4.49
ASSORTED NABISCO OREO COOKIES 10.1-15.35 oz	\$3.59

**FRUITS & VEGETABLES
MCINTOSH OR CORTLAND
APPLES**

99¢

LB

SUPER FOOD
POMEGRANATES..... 2/\$3

RED
RASPBERRIES..... 6 oz

2/\$5

FRESH
STRAWBERRIES..... 1 LB

\$1.99

ORGANIC
KALE 2/\$3

ON THE VINE
TOMATOES LB

\$1.09

FRESH
CAULIFLOWER LB

99¢

YELLOW
ONIONS LB

39¢

MN GROWN
GREEN CABBAGE LB

39¢

ASSORTED SQUASH OR
SWEET POTATOES LB

59¢

GREEN GIANT
RUSSET POTATOES..... 10 LB

\$2.29

WE HAVE ORGANIC
DAIRY AND PRODUCE

RONZONI GLUTEN FREE ELBOW MACARONI 12 oz	\$2.39
DUM DUM POPS 10.4 oz	\$1.59
POP-ICE FREEZER POPS 100 CT	\$2.59
NABISCO FAMILY SIZE PREMIUM SALTINES 24 oz	\$3.79
NABISCO BLUEBERRY NEWTONS 10 oz	\$2.99
ASSORTED KEEBLER FUDGE SHOPPE COOKIES 8-13.6 oz	\$2.59
ASSORTED NABISCO SNACK CRACKERS 3.5-9.1 oz	4/\$9
ASSORTED KELLOGG'S FRUIT SNACKS 8 oz	\$1.99
EXTRA LARGE SIZE DARK, MILK OR ALMOND CHOCOLATE HERSHEY'S BARS 4.25 oz	\$1.39
ICE MOUNTAIN SPRING WATER ... 12 PK - 12 OZ BTLS	\$2.39
BETTY CROCKER SCOOBY DOO, MINIONS, MOTTS, VARIETY PACK, GUSHERS OR VARIETY PACK FRUIT ROLL UPS 12 PK	\$1.99
REESES PUFFS, COOKIE CRISPS OR CINNAMON TOAST CRUNCH CEREAL GENERAL MILLS 11.25-13 oz	\$2.29
QUAKER ORIGINAL OR CINNAMON LIFE CEREAL 18 oz	\$2.79
BETTY CROCKER CHOCOLATE CHIP, SUGAR OR PEANUT BUTTER COOKIE MIX 17.5 oz	\$1.99
ORZO OR LARGE SHELLS CREAMETTE 16 oz	\$1.19
KC MASTERPIECE PULLED PORK BAKED BEANS 28 oz	2/\$3
RICHFIELD FARMS WHITE CHICKEN BREAST 12.5 oz CAN	\$1.79
OSCAR MAYER REAL BACON BITS 3 oz	\$2.39

HOME, HEALTH, BEAUTY	
ALEVE TABLETS OR CAPLETS 50 CT	\$3.99
ASSORTED KOTEX U TAMPONS OR PADS 14-18 CT	\$2.99
CHOICE OF 3, SUAVE INVISIBLE SOLID DEODORANT 1.4 oz	\$1.19
HUGGIES SIZE 3 OVERNIGHT DIAPERS 28 CT	\$6.99
ASSORTED RUBBERMAID TAKE A LONG CONTAINERS 3-4 PK	\$1.99
RUBBERMAID HYDRATION BOTTLE	\$2.99
KC'S BEST SOUP GRADE WILD RICE 16 oz	\$2.99
CAMPBELL'S LIGHT CHICKEN NOODLE OR LIGHT CHICKEN CORN CHOWDER HOMESTYLE SOUP 18.6-18.8 oz	\$1.19
FRENCH'S YELLOW MUSTARD 20 oz	2/\$3
ESSENTIAL EVERYDAY CHICKEN BROTH 32 oz	\$1.19
CLASSIC RANCH, ZESTY ITALIAN, 1000 ISLAND OR CLASSIC CATALINA KRAFT DRESSING 16 oz	2/\$3
HUNT'S TOMATO SAUCE 8 oz	10/\$5
DIXIE (8.5") EVERYDAY HEAVY DUTY PAPER PLATES 85 CT	\$3.39
THE WORKS TUB & SHOWER CLEANER 32 oz	\$1.19
CRANBERRY CHEER, APPLE DELISH OR PUMPKIN BLISS AIR EFFECTS FEBREZE REFRESHERS 9.7 oz	\$1.59
ESSENTIAL EVERYDAY REGULAR CHARCOAL 7.7 LBS	\$2.99
ROTISSERIE CHICKEN FLAVOR BISTRO RECIPES MEOW MIX CAT FOOD 12 LB	\$11.99

CLASSIFIED ADS!

Adult Basic Education/GED Instructor

Independent School District #601-Fosston is accepting applications for a part time Adult Basic Education/GED Instructor for the 2016-2017 school year. Applicants should be licensed in Minnesota, 3 references, copy of license, and credentials to: Dawn Bly, Community Ed. Director, Fosston School District #601, 301 1st Street East, Fosston, MN 56542. Position is open until filled. For more information call Dawn Bly at 218-435-6335.

Fosston School District #601 does not discriminate on the basis of race, color, national origin, sex or disability.

R28-29C

HELP WANTED: HOUSEKEEPING POSITION



CORNERSTONE NURSING AND REHAB CENTER, Bagley, is accepting applications for a full-time employee in our housekeeping department.

Questions about the position may be directed to John Renner at 218-694-6552. E.O.E.

416 7th Street NE • Bagley, MN 56621

R27-28C

OPENINGS FOR PART-TIME DIRECT SERVICE PROVIDERS AT THE CLEARWATER DAC

QUALIFICATIONS ARE: High School Diploma, ability to work with developmentally disabled persons and have a valid driver's license.

MAJOR DUTIES: A person in this position is required to work in conjunction with other staff in the overall care of adult persons with developmental disabilities. Working on job sites, teaching goals, community outings, Special Olympics and camp.

Interested persons may apply at 419 Olson Ave., Bagley, MN, by telephone at 218-694-6541 or by email at rbdac@gvtel.com. Clearwater DAC is an Equal Opportunity Employer. **Deadline for applying is October 7, 2016.**

R25-28C

RED LAKE COUNTY Chief Deputy Treasurer/ Assistant Deputy Registrar

Applications are being accepted for a Chief Deputy Treasurer/ Assistant Deputy Registrar. Under the general supervision of the County Treasurer, responsible to assist with property tax collection, dispersal of property taxes, answer questions, motor vehicle licensure, work with computer programs and software, perform a variety of office tasks, and work with the public. Position is full-time, 35 hrs./wk.; starting wage \$17.74/hr. with benefit package.

Applicants must have H.S. diploma or equivalent; 2 yrs. of college level coursework with emphasis in Accounting, Finance, or related field; AND 1-3 yrs. experience accounting or similar functions; OR an acceptable equivalent combination of education and related experience. Must have previous experience and be proficient in computer skills and willing to learn various software applications.

Questions call HR office at 218-253-2590, email: hr@co.red-lake.mn.us or application available: <http://www.co.red-lake.mn.us/> employment. Applications will be accepted until October 7, 2016. EOE

O27-28C

SHOOTING STAR

NOW HIRING SHOOTING STAR CASINO - BAGLEY NOW OPEN!

Competitive Wages. Exceptional Benefits.
Career Advancement.

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Cook, Server, Steward,
Security Guard Level I, Slot Tech Level I,
Star Rewards Representative

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Visit our website for the latest open positions!
STARCASINO.COM/EMPLOYMENT

R28MNA



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HIRING - SCHOOL BUS DRIVER

Bagley Public School has openings for School Bus Drivers. The district will train and reimburse the cost of the school bus endorsements. Drivers interested in training to become a school bus driver or for a complete job description and requirements, contact Aaron Edman, 218-694-6122. Become part of a great team! Bagley Public School District 162 does not discriminate on the basis of sex/gender, sexual orientation, race, color, creed, national origin, religion, disability, receipt of public assistance, marital status, or age in employment.

R25-28C



MENTOR, MINNESOTA

OPERATOR ASSISTANT -- Scoular Special Crops is seeking motivated individuals to work in their sunflower processing facility in Mentor, MN. Scoular offers competitive wages and a comprehensive benefits package including medical and dental insurance, a retirement program, and vacation and holiday pay. For more information, call us at 218-637-8204.

R28 - 1/mo-ft-C

Openings for Full Time Direct Service Lead at Pine Ridge Residence

QUALIFICATIONS ARE: High school diploma, ability to work with developmentally disabled persons, and have a valid driver's license. This position also requires that a person have a 1-year experience working with people with developmental disabilities.

MAJOR DUTIES: This person is responsible for supervising and implementing various shifts in a home for up to 12 persons with developmental disabilities. This will require the person to stay overnight during their shift. This position requires the person to participate in training, counseling, and guiding of the resident's personal, family and community living. This person would also be responsible for supervising and implementing meal preparation and housekeeping required during their shift.

Interested persons may apply at 419 Olson Avenue, Bagley, MN, by telephone at 218-694-6716 or by email at rbdac@gvtel.com. Pine Ridge Residence is an Equal Opportunity Employer.

Deadline for applying is October 21, 2016.

R27-30C

Openings for Full Time Direct Service Supervisor at Pine Ridge Residence

QUALIFICATIONS ARE: 2 years supervisory experience, high school diploma, ability to work with developmentally disabled persons, and have a valid driver's license.

MAJOR DUTIES: A person in this position is required to work in conjunction with other staff in the overall care of adult persons with Developmentally Disabilities; assisting clients to Dr. appointments and receiving and changing medication sheets within the facility. This position also handles staff concerns and will fill in on shifts where needed. This would also require that you work a rotating schedule of holidays and weekends, 2-4 overnights per month are scheduled for sleep-over (time is typically from 11:00 pm - 9:00 am). Interested persons may apply at 419 Olson Avenue, Bagley, MN, by telephone at 218-694-6716 or by email at rbdac@gvtel.com. Pine Ridge Residence is an Equal Opportunity Employer.

Deadline for applying is October 21, 2016.

R27-30C

Openings for Part Time Awake Night Direct Service Providers at Pine Ridge Residence

QUALIFICATIONS ARE: High school diploma, ability to work with developmentally disabled persons, and have a valid driver's license.

MAJOR DUTIES: This is a 3 night a week position with the ability for more if need be. A person in this position is required to work in conjunction with other staff in the overall care of adult persons with developmental disabilities. Hours are 11:00 pm to 9:00 am (morning hours are negotiable). Duties will include household chores and helping clients during the night if need be. Applicants can apply at 419 Olson Avenue, Bagley, MN, by telephone at 218-694-6541 or by email at rbdac@gvtel.com. Pine Ridge Residence is an Equal Opportunity Employer.

Deadline for applying is October 7, 2016.

R27-28C

BROOKFIELD APARTMENTS in CLEARBROOK, MN

has **IMMEDIATE** 1 Bd opening for people of **ALL AGES** with **No** income restrictions. Laundry room facilities available, off street parking & pool table. Rent is based on 30% of your monthly adjusted gross income.

For applications and qualifications, contact **NICOLE** at 218-751-6881 x 4.

Applications online @ bemidjimanagementinc.com
AN EQUAL HOUSING OPPORTUNITY.

R24-30C

Help Wanted

HELP WANTED: Part-time help needed for miscellaneous jobs on the farm. Call Dan, 612-363-0158, Gonvick.

R28-32C

HELP WANTED: Bakken's Market has immediate part-time openings for the following positions: Deli Worker, Cashier/Shelf Stocker. Hours may vary from 7:30 am-3:30 pm. Inquire inside for an application. -The management.

R28-29C



COME JOIN OUR TEAM

MCINTOSH SENIOR LIVING (MSL)

is currently hiring for:

- Full time RN or LPN
- Full time Nursing Assistants
- Part time Activity Assistant
- Part time Maintenance Assistant

MSL offers health insurance, 401k, Holiday Pay, Scholarship program, PTO, Great retention bonus & shift differential for nursing staff. We also have flexible scheduling.

Credit is given for experience and will train new staff. We take pride in being a TEAM oriented facility that provides quality care to individuals who need nursing services.

Interested persons should send resume to: 600 Riverside Ave. NE, McIntosh, MN 56556. Attention Tricia Hove, DON, for Nursing; Katie Salvhus for Activities; and Paul Ruckreigle for Maintenance.

Applications are available by calling 218-563-2715 or stop by for an application.

R28-29C

For Rent

FOR RENT: 3 bedroom mobile home. Located 11 miles east of Fosston (Ebro, MN), 1 mile away from new Bagley Casino. Large yard and garden space. Stove, refrigerator, washer, dryer. No lease. \$500 per month. 218-556-2061

R27th-C



Help Wanted

Field Drainage of Brooks, MN a family owned and operated business is NOW HIRING laborers. We pay for motels, transportation and a per diem when on the road.

Must be able to work overtime hours and be away from home during the week. We never work Sundays.

Call JESS or CINDY
218-698-4628!

R28FT-C



Billing Specialist

HAHC Clearbrook is seeking a full-time or part-time Billing Specialist to perform bookkeeping work, including posting data, compiling data and performing audits to ensure accuracy. In addition, successful candidate will perform general office duties to include customer service, answering phones, data entry, filing, compiling packets and additional duties as requested. Post secondary education in related field plus past experience in electronic billing and general knowledge of MN-its preferred. Application deadline is Oct. 17th.

Email resume to:
info@homeatheartcare.com

Home at Heart Care is an EOE.

R28C

NEW QUEEN MATTRESS SET \$199. Pillowtop \$229. Full \$179. Brother's Discount Furniture. Twin Sets \$149, Kings \$499. All Sizes Available Today For Pick Up or Delivery. Call 218-766-0064. A Family Owned/Operated Business since 2012.

R28-31ft-C

AD DEADLINE NOON FRIDAYS

REQUEST FOR BUS BID:

The Board of Education of Independent School District No. 601 of Fosston, Minnesota requests sealed bids for 1998 Ford Bluebird 71 Passenger Bus, Vin # 1FDPBB0C1WVA06494. Bus has Allison automatic transmission and 6 cylinder Cummins diesel engine. Same motor as a Dodge diesel pickup. Rebuilt with 112,000 miles on it. Sold as is.

Also for bid is a 71 Passenger Am Tran International bus and chassis. No motor or transmission. Make a good storage unit or hay trailer.

Bids are to be opened by the Superintendent on October 7, 2016, at 3:00 p.m. at the High School Superintendent's Office. Award of Service will be acted upon at the regular school board meeting September 15, 2016. Submit all bids to Superintendent Kevin Ricke, 301 E 1st St., Fosston, Minnesota 56542.

The Board reserves the right to accept or reject any or all bids.
Jennifer Howard, Clerk

R27-28C

MOVE-IN SPECIAL: \$300 VISA GIFT CARD

RED LAKE SENIOR APARTMENTS

Call today about our 1 bedroom apartments that are available for immediate occupancy. Certain Restrictions apply. Rent is based on income and includes heat, water, sewer, garbage and electric. Must be 62 years of age or older. Laundry on-site, central air included, community room, emergency call system, meal services available.

For more information contact 218-547-3307. Apply online at www.dwjonesmanagement.com.

Equal Housing Opportunity TTY 711 Creating Better Living

WHITE EARTH CONGREGATE HOUSING

has immediate openings for a 1 bedroom unit. Must be 62 years of age or 18 years of age with a disability. Rent includes water, sewer, garbage and heat. Rent is based on income. Certain Restrictions apply.

For more information call DW Jones Management, Inc. (218) 547-3307 or apply online at www.dwjonesmanagement.com

Equal Housing Opportunity.
TTY 711 CREATING BETTER LIVING

PARKVIEW APARTMENTS ACCEPTING APPLICATIONS FOR LOW RENT PUBLIC HOUSING

The Housing and Redevelopment Authority of Bagley is accepting applications for Parkview Apartments.

Parkview Apartments are 1 bedroom units.

These units are for income eligible one and two member families with good rental and credit histories.

Applicants must also pass a criminal and sex offender background check.

Rent is based on income.

Tenants are required to pay their rent on time and maintain the unit in good working order at all times.

You may obtain an application at Parkview Apartments at 516 Main Ave N or by calling 218-694-6548 to have one mailed.

Applicants will be placed on a waiting list according to date and time of application.

An Equal Housing Opportunity



R10ft-C



MCAN

**For more information on MCAN ads call:
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Gonvick, MN

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Carol.saga@gmmco.org

TDD # 800-627-3529

R14C-C

DINING & entertainment

BAR BINGO!

SATURDAY • 6:30 pm

52 #'s at \$1000
— UP TO \$1000 MAXIMUM —

SPONSORED BY:
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Lawful gambling license #05817-003

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Brooks, MN • 218-698-4608

WALLEYE FISH FRY

Saturday, October 8th
Serving 5:30–7:30 pm

Walleye pike the way you like them!!

Bingo every Thursday starting at 6:45 pm.

GONVICK AMERICAN LEGION

R2C, R6C, R11C, R15C, R20C, R24C, R28C, R33C, R37C, R41C, R46C, R50C

SPECIALS

Monday: Taco Night
Tuesday: Pizza & Beer
Wednesday: Rib Night
Thursday: Chicken and Shrimp Alfredo
Friday: Surf & Turf (Steak & Shrimp)
Saturday: Prime Rib
Sunday: Home Cooked Meals (Comfort Food)

Lions Gun Raffle Tickets on Sale

487-5295

SPORTSMAN'S LODGE, Pine Lake

R2B-31C

BINGO!

kicks off on **Friday, Oct. 7th** at 6:30pm

Blackout in 55#'s or less for \$1000!!

Like us on **facebook** to stay up to date!

Goodridge Liquor Store

Saturday, October 8th
Dream Weaver Comedy Hypnosis Show at 9pm!

2-4-1s from 8-9pm!!

DAILY SPECIALS

R28C

CAROL'S COZY BAR & GRILL

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COMING EVENTS:

FRI., OCTOBER 21ST
AFTER HARVEST PARTY
"DJ" MUSIC ... 9 pm-1 am

SUN., OCTOBER 23RD
Oktoberfest
LIVE MUSIC 3-7 pm by
"Cathy Erickson Band"

OCTOBER 29TH
Wine and Wood ... 1 pm
COMING SOON...

NOV. 11: Hunter's Ball

SAT. OCT. 8
52 #'s AT **\$1,000**
for **BLACKOUT JACKPOT**

HOURS: M-SAT.: 8 A.M. - 1 A.M. • SUNDAY: 11:00 A.M. - MIDNIGHT
Kitchen now open until 10:00 p.m.

EAT IN or TAKE OUT

BROASTED CHICKEN served daily

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- * Ribeye Steak Dinner
- * BBQ Ribs Dinner
- * Broasted Chicken Dinner

Every Thurs. Evening Special:
Broasted Pork Chop Dinner 5:00-8:00

DON'T FORGET We have... **BREAKFAST & LUNCH SPECIALS DAILY**

REMEMBER... **TACO TUESDAY** served 5-8 pm

Where **coffee** is still a **buck** and **dessert** is served with **LUNCH SPECIALS!**

O28C

NO BINGO SAT. OCT. 8

~ WILL RESUME SATURDAY, OCTOBER 22 ~

Fri. & Sat. Special
5:00–10:00 pm
Prime Rib

SMEAR TOURNAY
every TUESDAY at 7 pm

SHORTY'S PLACE, Gully

R28C

The **City of Clearbrook** will be celebrating their

"FALL FEST"

Starting at Noon, stop by the **Clearbrook Liquor Store** to try a \$1.00 5 oz. sample of **3 fresh brewed favorites** from **Bemidji Brewing** (German Blonde, India Pale Ale IPA and Oktoberfest).

We will also be offering from the bar a **Samuel Adams Oktoberfest** and a **Pumpkin Porter** plus a few others. A table will be set up outside (weather permitting) or inside the bar.

Later the **LIQUOR STORE** will be having an **"Open Jam Session"** by **"Stillwater"**

You can either join in or just listen to some great music.

Make plans to come & spend a fun filled day in Clearbrook!

R28C

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Fri 10/7 – Thurs 10/13

SULLY (PG-13)

TOM HANKS

Fri-Sun 1:00 4:00 7:00
Mon-Thurs 4:00 7:00

www.fosstontheatre.com

R28C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171. M31C-C

FOR SALE: Sectional couch. Tan. Call 218-556-6944. R491C-NC

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O27-28C

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Rummage Sale

RUMMAGE SALE: Embassy basement, 3rd Eaton, Fosston. FRIDAY, OCT. 7th (most items 50¢); SATURDAY, OCT. 8th (\$2 bag day). 9am-noon both days. R28C

WANTED

Farm, acreage---in Gonvick area. Contact: Lyle & Darlene, Box 293, Elk River, MN 55330
Phone 763-219-6868
E-mail: cei21@earthlink.net

R28-29C

Farm Equip.

CATTLE WATERER FOR SALE: New. Energy Efficient, Enduraplas. Open bowl with easy access to bottom half. Accommodates 150 stock cows. \$676. Call Dave at 218-776-3188. R25-31P

Recreation

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20 ACRES & 3 BED-ROOM HOME. New windows throughout and hardwood floors! Just off the tar & 2.5 miles to Gonvick. Good pasture and crop land with some outbuildings. Beautiful garden spot and apple trees. **MLS#15-1818-\$97,500.**

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R48-47C

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R26TFC

Cornerstone Residence, an assisted living community downtown Fosston, Accepts HUD Rental Reimbursement for Studio Apartments

Cornerstone Residence of Fosston announces:

"In order to meet the needs of the community and surrounding area, Cornerstone Residence is happy to announce that they will begin accepting HUD RENTAL REIMBURSEMENT for Studio apartments on August 1, 2016 for those individuals that qualify."

Applications for HUD reimbursement can be picked up at Cornerstone Residence, 115 1st St. East, Fosston or at the HUD office in Mentor, MN.

Other payment sources for Assisted living apartments and services include: assistance though the County, Long term care Insurance and Private pay.

For more information to see if you qualify for financial assistance for assisted living apartments and services, call Nicole Harmon, Housing Manager, at **218-435-6333.**

"Embrace a lifestyle of Comfort and Convenience"

R171C

LARGE LAKE ESTATE on Maple Lake

225' lakeshore, 4 acres

Sprawling 3 1/2 bedroom, 2 1/2 bath one level lake home w/ changing room & shower, - has 24' x 26' great room with 6' tall Anderson windows all across the lakeside front providing one of the best views on the lake. A roomy kitchen that also has a pantry & laundry. Property is elevated and facing east north east for the absolute best year-round climate setting.

The guest house-furnished, is the ultimate in a nostalgic, all wood, inside & out, authentic Berger log cabin with a huge floor to ceiling fireplace on its own private wooded lot, also on the lake. It has probably the most beautiful ceiling you've ever seen!

Rear property has unusual 26' x 40' 2 car garage with workshop, woodworking tools, a good stock of hardware, plumbing & electrical inventory, as well as rear outside storage compartments for hose, lawn & garden tools and supplies - incl.

Property also includes a 70' pole barn with 12' side walls and 3 drive through accesses. It has a large front cement apron for outside work & access as well as a rear "covered" cement apron and cement sidewalks on both sides. Has water & power.

Property comes with welder, golf cart, large steel L dock & pontoon lift. Rear of property is one acre of undeveloped woodlands with a trail for enjoying nature or hunting.

Price reduced \$125k in last 18 months (Value of land alone \$410-\$490k)

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R28-31C

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Preparing Your Garden for Winter: Fall Cleanup

The very act of gardening brings you more in tune with your environment. A thorough fall cleanup means a healthy, vibrant spring garden, so check out the Farmer's Almanac tips for preparing your garden for winter weather!

VEGETABLE GARDEN
You can postpone the inevitable (that is, winter) for a while by covering your vegetables with old sheets or bedspreads on cold nights, but the declining light and chilly daytime temperatures will naturally bring plant growth to a halt. (Get more tips for protecting your garden from frost, http://www.almanac.com/content/protecting-your-garden-frost and see your local frost dates by zip code.)

Leave carrots, garlic, horseradish, leeks, parsnips, radishes, and turnips in the garden for harvesting through early winter. Mark the rows with tall stakes so that you can find them in snow, and cover them with a heavy layer of mulch to keep the ground from thawing.

• Pull up tomato, squash, pea, and bean plants. If they're disease-free, compost them. If any are diseased, either burn them or discard separately. Pull up and put away the stakes.

• Before the ground gets too hard, remove all weeds and debris and eliminate overwintering sites for insects and disease.

• Gently till the soil to expose any insects who plan to overwinter; this will reduce pest troubles in the spring and your garden site will be ready come

spring!
• Once most of the garden soil is exposed, add a layer of compost, leaves, manure (if you have it), and lime (if you need it). Gently till into the soil.

• Another option is to sow cover crops such as winter rye to improve your soil and reduce weeds. (See the Farmer's Almanac article on Cover Crops for the U.S. and Cover Crops for Canada.)

• If some areas have hopelessly gone to weeds, cover them with black plastic and leave it in place over the winter and into the spring to kill sprouting seeds.

BERRY PATCHES

• In early to mid-fall, prune summer-bearing raspberries, leaving six of the strongest brown canes for every 1 foot of your row.

• Cover strawberry beds with straw or hay.

PERENNIALS AND FLOWERS

• Water your perennials and flowering shrubs in the fall; they will thank you for it this winter.
• Once the ground has frozen hard, cut perennials back to 3 inches and mulch them with a thick layer of leaves or straw.

• If you plan to put in a new flower bed next spring, cover that area now with mulch or

heavy plastic to discourage emergent growth when the ground warms up in the spring.

TREES

• Protect small trees or shrubs from extreme cold by surrounding it with a cylinder of snow fencing and packing straw or shredded leaves inside the cylinder.

• Inspect your trees. Remove any broken limbs, making a clean cut close to the trunk.

TIPS FOR FALL CLEAN-UP IN YOUR GARDEN

• Mow your lawn as late into the fall as the grass grows. Grass left too long when deep snow arrives can develop brown patches in the spring.

• Don't leave fallen leaves on the lawn. Rake onto a large sheet or tarp, then drag to your compost pile in thin layers mixed with old hay and other material. Or, rake the leaves into loose piles and run the mower over them to turn them into mulch for perennial and bulb beds.

• Cover your compost pile with plastic or a thick layer of straw before snow falls.

We hope these tips are helpful! For more information, go to www.almanac.com/content/preparing-your-garden-winter-fall-cleanup.

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The Little Case that Could!

By Auctioneer, Eric Mickelson

J. I. Case is often associated with an elite group of men. John Deere, Cyrus McCormick, to name a couple, were agricultural pioneers whose accomplishments led to successful companies and eventually successful tractor lines. J. I. Case was very interested in agriculture and led his company to design a popular line of threshing machines and steam traction engines(steam tractors). My main interest is when these companies began producing gasoline powered tractors.

The older Cases had a green and red, or gray and red paint job. But, in 1939, Case brought out their new "orange" look. These are the Cases I



remember. When I was young we go to visit my dad's friend Donny Larson, and his brother, Ingvald. When I was too young to play the guitar, while dad and Donny were playing music, you could find me outside sitting on Ingvald's tractors. I loved sitting on the "Big" R John Deere and the "orange" Case. I honestly don't remember if it was an SC or DC, but to me it was unique. We didn't have any of these "orange" tractors!

Besides the paint the narrow front, way out in front of the tractor with the long steering arm was so different! I plowed and raked quite a few acres, in my imagination, on that Case. I have drove a 500 Diesel and a 930, but that is the extent of my real Case driving. But, there is one Case model I would like to get. That is the little VAC.

In the late 1930's some farmers were looking to replace that last horse, or others needed another little tractor to help with chores on the farm. Tractor companies were trying to find that little tractor to compete for this niche in the tractor market. Allis Chalmers had there little model B, Farmall had the model A's and B's. John Deere had there



turn at an intersection when you have a green light? Can I enter into the intersection while waiting for a break in traffic?

Answer: According to the Minnesota driver's manual, the following are guidelines to follow when making a left turn:

- While waiting to turn, keep your wheels straight and your foot on the brake. If your vehicle is struck from the rear, you will be less likely to be pushed into oncoming traffic.
- Continue signaling until you begin your turn.
- Do not make sudden turns from the wrong lane of traffic.
- Watch for traffic or obstacles in the road you plan to enter.
- Always finish your turn in the correct lane.
- If the car ahead of you is signaling for a left turn, slow down and prepare to stop.
- When waiting to make a left turn at a green traffic light with oncoming traffic, position your vehicle into the intersec-

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Ques- tion: Can you talk about making a left

tion. The only opportunity to make a left turn may occur when the green light changes to yellow.

• If you are behind a vehicle making a left turn, do not enter the intersection in case the traffic light turns red as you might not be able to clear the intersec-



tion. This type of maneuver is against the law per Minnesota statute 169.15 IMPEDING TRAFFIC; INTERSECTION GRIDLOCK.

The intersection gridlock law applies specifically to entering an intersection (at a traffic control light) that you can't cross because traffic is backed up through the intersection due to another red light, train, etc. Entering the intersection in this case is against the law. It happens in many cities and creates a lot of problems with the flow of traffic when one direction of traffic cannot continue on a green light because vehicles on the cross road are stopped and blocking the other lanes of traffic.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).



Theology in the Trenches

By Kathleen Kjolhaug

Digging Deep

Her name is LaFerne; she runs a flower shop. What a lovely name to behold in the midst of your calling. She plants, waters, and cares for the beautiful produce produced. Come Spring, it's a delight to walk into her shop with colors dangling from the rafters. After the long winter months of fasting from anything but white, the refreshing palate renews energy to overflowing.

"I'm so thankful for what you do and the ministry you offer our little community," I said to her one day. "I just don't like getting my fingers all soiled and dirty."

She began to explain why getting all soiled up and digging deep was really quite a fun thing to do. I looked at her and realized she thought her explanation of why it was so wonderful would make my brain take a liking to the messy process.

"It's a texture thing," I replied. "You know...fingernails and all! I just like to walk in and

get them in full bloom without having to dig in."

I have a name for this. It is called, Someone has to appreciate it!

And so, I appreciate lots in life. I appreciate music by listening to a variety of artists which keep me spellbound rather than learn to play. I appreciate quilts by purchasing them from others who artistically craft them rather than learn it myself. I appreciate produce at farmer's markets that others have spent months producing. And, I appreciate LaFerne's flowers come Spring.

Most oft though, life has a way of digging us deep, growing us if you will, whether we want it or not. Seeds sown from the Master Gardener have been planted within, and as life is not a spectator sport, we are rarely allowed to simply sit back without having to do a little digging.

Since the seeds have been sown, sooner or later, they will

bear fruit...or not. We will then see more clearly Whose we are and for Whom the seeds were planted in the first place. You know the story well.

"A farmer went out to sow his seed. Some fell along the path, and the birds came and at it up. Some fell on rocky places with little soil. It sprang up quickly because the soil was shallow. But when the sun came up, the plants were scorched, and they withered because they had no root. Other seed fell among thorns, which grew up and choked the plants. Still other seed fell on good soil, where it produced a crop a hundred, sixty, or thirty times what was sown. Whoever has ears, let them hear" (Matthew 13:3-9).

Unstop our ears. Help us see the unseen. Help us not be spectators or merely appreciators of Your Word, but planters...sowers...digging deep. May the texture thing not be a hindrance as we bear fruit. Your fruit, for Your glory. Amen.

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How About a Little Tractor Trivia

1. I've asked before, let's check your memory. What do the initials J.I. stand for in the name J. I. Case?
2. What is the official name of the "orange" color Cases took on in 1939?
A) Poppy Orange B) Prairie Gold C) Flambeau Red D) Corporate Orange
3. How many cylinder did the "V" series engines have?
A) 2 cylinders B) 3 cylinders C) 4 cylinders D) 6 cylinders
4. How many forward speeds does the "V" series Cases's have?
A) 2 speeds B) 3 speeds C) 4 speeds D) 6 speeds
5. The "V" series tractors were not manufactured in Racine, Wis., but in _____.
A) Milwaukee, WI B) Dearborn, MI C) Rock Island, IL D) Detroit, MI

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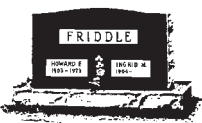
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OBITUARIES



Services held for Virginia Scholbrock

Virginia C. Scholbrock, 72, of Rochester passed away peacefully on Sunday, September 25, 2016, surrounded by her loving family at The Mayo Clinic, St. Mary's Campus.

Virginia was born February 7, 1944 in Bagley, MN to Alvin and Vida (Hanson) Strand. She graduated from Gonvick High School and went on to obtain her Bachelors degree in Home Economics from the University of Northern Iowa and her Masters in Clothing and Textiles from UW-Stout. On June 20, 1973, Virginia married Allan Scholbrock in Dubuque, IA. Virginia began her teaching career at Dubuque Senior High School and then went on to become an educator/instructor for 28 years at the Wisconsin Indianhead Technical College, serving the last 10 years as the Dean of the Business and Marketing Department. While at WITC,

Virginia started the Fashion Merchandising Program. Virginia was a member of PEO sorority, past member of the Chamber of Commerce in Superior, WI. Virginia enjoyed cooking, refinishing furniture and traveling the world with her husband, Al. Some of her favorite trips were taken to England, Norway and Germany. Virginia loved gardening, tending to her vegetables and 500 hostas!

Virginia felt most peaceful at their home they built for retirement on Island Lake, MN and also enjoyed spending winters in Tucson, AZ. She was grounded, rational, feisty, a planner, and the ultimate energizer bunny. Above all, Virginia was the rock of the family, a trusting, loyal and devoted wife, mother and grandmother.

Virginia is survived by her loving husband of 43 years, Allan; son, Grant (Johnny) Scholbrock of Portland, OR; daughter, Kara (Mike) Gyar-maty of Rochester; grandsons, Alex and Will Gyar-maty and sisters, Pat (Clyde) Hendrickson of Parkers Prairie, MN and Barb (John) Brooks of Gonvick, MN. Virginia was preceded in death by her parents, Alvin and Vida.

A memorial service was held 11:00 AM Saturday, October 1, 2016 at Ranfranz and Vine Funeral Homes, 5421 Royal Place NW, Rochester.

To share a special memory or condolence, please visit www.ranfranzandvinefh.com Ranfranz and Vine Funeral Homes 5421 Royal Place NW Rochester, MN 55901.



Services for John Pearce

John Pearce, age 78, from McIntosh, MN passed away on Thursday, September 22nd at McIntosh Senior Living in McIntosh. A celebration of John's life will be held on Saturday, October 8th at 10:30 a.m. at Our Savior's Lutheran Church in McIntosh with Rev. Gordon Syverson and Rev. Aage Carlsen officiating. A time of gathering for family and friends will be held for one hour before the memorial service at the church. Arrangements are with the Carlin-Hoialmen Funeral Home serving McIntosh, and messages of condolence may be sent to carlinhoialmen.com.

John Michael Pearce was born on July 18, 1938 at Mahnomen, MN to the late Mildred (Boltz) and Vernon Pearce. John departed this life on September 22, 2016 at McIntosh Senior Living in McIntosh, MN at the age of 78 years. He was surrounded by his wife and other family members at the time of his death. John was preceded in death by his parents, and siblings Nancy, Diana, Richard, Barb and William.

After John graduated from Crookston Cathedral High School in 1956 he started work

with Burlington Northern after which he was drafted into the army where he spent two years in Germany. Returning from the army he was again employed by Burlington Northern where he worked as a switchman in Grand Forks, ND, and Crookston, MN, for 40 years. During his time working with Burlington Northern he met Gayle O. Hanson and was united with her in holy matrimony in 1962. They were blessed in their 54 years of marriage with two wonderful sons, Marc and Michael. John and Gayle raised their family in Grand Forks, ND, and in 1972 they moved to the Hanson family farm in McIntosh, MN where they lived until 1989 when they moved into their dream home on Lake Sarah.

John was a dedicated family man who cherished his time with his family and friends. He enjoyed watching his children and later his grandchildren participate in sports.

He enjoyed sharing his love for the outdoors through camping, hunting and fishing, and taught his family to appreciate nature and all that it has to offer.

John is survived by his loving wife of 54 years, Gayle, sons, Marc (Amy) Pearce of Fulshear, TX, and Michael Pearce of Warroad, MN; five grandchildren, Joshua (Ra-chael) Pearce, Jessica (Alex) Hawrelok, Benjamin (Taylor) Pearce, Logan Pearce, and Samantha Pearce; three great grandchildren, Julian Pearce, Emmrick Pearce and Brynn Hawrelok, as well as a host of nieces and nephews; family and friends whom he held dear to his heart, Melanie Pearce, and AFS students, Takesh Yamada and Nokie Kobashis of Japan.

Death Notice for Craig Sorvig

It is with great sadness, that Craig Sorvig's family announces his passing.

Craig Anthony Sorvig was born July 28, 1951 and died on August 15, 2016.

He was born in Chicago Illinois. Criag served in the army for four



years. He resided in Minneapolis.

Craig is survived by his son: David Sorvig, Daughter: Brenda Sorvig and grandson Isaac. Sister Denise Sorvig Volk (Cleve Volk), nephew: Jesse Volk, niece: Shannon Volk and several loving cousins.

Any correspondence can be emailed to: dvolk.atreeservice@gmail.com



Services held for Brian Gunning

Brian James Gunning, 53, of Gonvick, MN, died on Thursday, September 29, 2016 surrounded by his loving family at his home in Gonvick, MN after his courageous battle with cancer.

Funeral services were held on Tuesday, October 4, 2016 at 11:00 a.m. at Samhold Lutheran Church in Gonvick, MN. Interment at Greenwood Lutheran Cemetery in Clearbrook, MN. The Cease Family Funeral Home of Bagley assisted the family with the arrangements.

He was born on April 27, 1963 in Bagley, Minnesota to Arthur and Viola (Nelson) Gunning. He graduated from Clearbrook High School in 1982. After he graduated, he moved to California where

he worked at a Lumberyard. Brian moved back to Northern Minnesota and started his pipeline career, working with different companies. He loved the Gonvick area and had resided there for the last twenty one years.

Brian loved fishing, hunting, and splitting wood. He would never miss an opportunity to go to the movies, out to eat, or just talking and spending time with his family, especially his daughter, Maisie. They were the best of friends. He will be extremely missed.

He is survived by his children, Maisie Gunning, Jonathan (Kim) Solberg, and Katie (Brent) Halvorson; his grandchildren, Trevor and Gavin Solberg and Kinsley and Kennedy Halvorson; his spouse, Connie Solberg; his mother, Viola Moen; his siblings, Dwight (Corliss) Gunning, Douglas (Robin) Gunning, Debra (Daryl) Nelson, and Teri (Bill) Russell; his nieces and nephews, Tracy, Gretchan, Dara, and Nathan; Connie's parents, Frank and Annie Bergh; and Connie's siblings, Wayne Bergh, Patty (Jim) Beardsley, Janet (Rob) Thompson, and Charles (Barb) Bergh.

He was preceded in death by his father, Arthur Gunning.

Messages of condolence may be sent to ceasefuneralhome.com

Polk County Youth Celebrate 4-H Week Oct. 2-8

October 2-8 is National 4-H Week and this year's theme is "#4HGrown." Polk County is celebrating the 4-H youth who have made an impact on the community, and are stepping up to the challenges of a complex and changing world.

The 4 H Grow True Leaders Campaign is the first of its kind for National 4 H Council – a national, multi-platform initiative that will support the organization's growth goals of empowering 10 million youth by 2025 (a 67 percent increase). The campaign and the event are designed to give young people across the nation a forum to put their voices into positive action and rally the nation to invest in the next generation of true leaders.

"Minnesota 4-H Youth Development is so excited about the 4-H Grow True Leaders Campaign, that it has set as an initiative the engagement of first generation young people and their families. We believe that in Minnesota we have an opportunity to Grow more True Leaders by seeking out and engaging young people who may have chosen not to be involved in 4-H and/or historically we have not served them" said Dorothy McCargo Freeman, State 4-H Director.

The 4-H youth development program provides "learn by doing" experiences to encourage youth to experiment, innovate and think independently. 4-H programs are offered through school-based, after-school and camp settings and within community clubs, where groups meet regularly to work on projects, perform community service and develop leadership skills. Through this unique process, youth obtain essential life skills such as problem solving, decision making, coping and communicating.

"4-H provides positive non-



Polk County 4-Hers showing their sheep at this year's county fair.

school learning opportunities that are critical for the development of young people," said Dorothy McCargo Freeman, State 4-H Youth Development Program Director. "As a result, 4-H youth are able to contribute and make a difference in positive ways in their homes, schools and communities throughout Minnesota."

Today's 4-H projects include the traditional and still popular agriculture and animal science projects. But 4-H youth also work on cutting-edge technology projects, such as aquatic robotics, digital photography, community service and environmental projects, such as maintaining local hiking trails and testing water in area streams for contaminants.

"4-H provides an opportunity for youth and adults to work together while developing life skill, such as leadership, while exploring the interests of young people, said 4-H volunteer Mar-

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#10, Ethan Dorman, moving the pile for a short yardage for the Clearbrook-Gonvick Bears game they played against Kittson County Central for their Homecoming.

Area Football Results

Bagley 49, Blackduck 0

Blackduck 0 0 0 0--0
Bagley 16 20 13 0--49
BAG—Ben Thoma 3 pass
from Ty Rolfson (Lavan Culkins
pass from Rolfson)
BAG—Rolfson 35 run (Ben
Thoma pass from Rolfson)
BAG—Culkins 35 pass from
Rolfson (Jarret Merschman
kick)
BAG—Rolfson 59 run (kick
failed)

BAG—Lamarco Pemberton 7
pass from Rolfson (Merschman
kick)
BAG—Weston O'Beirne 40
run (Merschman kick)
BAG—Tannen Agnes 5 run
(kick failed)

Individual leaders
RUSHING—BLA: Ian Fren-
zel 17-88, Michael Juelson 8-22;
BAG: Ty Rolfson 6-157 (2 TD),
Weston O'Beirne 6-123
PASSING—Ian Frenzel 7-18-
0, 38 yards; BAG: Ty Rolfson
7-11-0, 91 yards
RECEIVING—BLA: Ian
Cease 6-39; BAG: Lavan Culkins
4-56

Mahnomen 44, RLC 8

RLC 0 0 0 8--8
Mahnomen 22 7 7--44
MAH—Brian Schoenborn 4
run (Hawk LaFriniere run)
MAH—Schoenborn 42 run
(Mitch Foss run)
MAH—Foss 59 run (Schoen-
born kick)
MAH—Craig Brown 67 pass
from Schoenborn (Schoenborn
run)
MAH—Foss 11 run (Schoen-
born kick)
MAH—Dan Snetsinger 1 run
(Schoenborn kick)
RLCC—Ethan Vettleson 11
pass from Brandon Klipping
(Dylan Gustafson run)

Individual leaders

RUSHING—RLCC: Dylan
Gustafson 22-54, Matt Vettleson
8-26; MAH: Mitch Foss 14-154,
Brian Schoenborn 11-115
PASSING—RLCC: Ethan
Vettleson 5-9-1, 51 yards; MAH:
Brian Schoenborn 2-4-0, 65
yards
RECEIVING—RLCC: Dylan
Gustafson 2-19; MAH: Craig
Brown 1-67

Fosston 28, Badger-G-MR 3

Foss 12 0 8 8--38
BGMR 0 0 0 3--3
FOS—n/a 1 run (pass failed)
FOS—Jesse Sather 1 run
(pass failed)
FOS—Sather 3 run (Brock
Hemmesch run)
FOS—Alex Wolfe 14 pass
from Sather (Cole Olson run)
BGMR—Shaun Waage 28
field goal

Individual leaders
RUSHING—FOS: Brett Sun-
dquist 20-131; BGMR: Jordan
Watson 11-71
PASSING—FOS: Sather
5-11-0, 50 yards; BGMR: Tyler
Isne 4-13-1, 13 yards
RECEIVING—FOS: Wolfe
2-37; BGMR: Avery Augustson
2-7

Kittson County Central 25, Clearbrook-Gonvick 6

KCC 0 12 0 13--25
C-G 0 6 0 0--6
CG—Tristan Bakke 3 run
(pass failed)
KCC—Alex Donaldson 9 run
(kick failed)
KCC—Jacob Ristad 1 run
(run failed)
KCC—Donaldson 2 run (Sw-
enson kick)
KCC—Ristad 2 run (run
failed)
Individual leaders

RUSHING—KCC: Alex Don-
aldson 27-154, Dawson Busse
6-36, Chris Holm 4-21, Jacob
Ristad 9-10, Spencer Billings
2-9; CG: Ethan Dorman 18-76,
Tristan Bakke 15-55, Trevor
Rogstad 3-13, Damen Bakke 2-4
PASSING—KCC: Jacob Ris-
tad 4-7-0, 32 yards; CG: Ethan
Dorman 2-9-1, 20 yards, Tristan
Bakke 1-2-1 0 yards
RECEIVING—KCC: Bryden
Swenson 3-24, Jesse Stark 1-8;
CG: Tristan Bakke 1-12, Trevor
Rogstad 1-8

Stephen-Argyle 48, Northern Freeze 6

SA 21 20 7 0--58
NF 0 0 0 6--6
SA—Kylar Szczepanski 4 run
(Isaac Mills kick)
SA—Szczepanski 10 run
(Mills kick)
SA—Sandler Hanson 41 pass
from Chris McGlynn (Mills kick)
SA—Hanson 15 run (kick
failed)
SA—Stoene Spilde 32 run
(Mills kick)
SA—Hanson 73 run (Mills
kick)
SA—Spilde 45 run (Mills
kick)
NF—Jonah Underdahl 23
pass from Cole Anderson (run
failed)

Warren-A-O 31, Goodridge-Grygla 8

G-G 8 0 0 0--8
WAO 6 12 7 6--31
WAO—Tristan Howard 9
pass from Jackson Steer (kick
failed)
GG—Dylan Walker pass
from Dylan Manderud (run)
WAO—Rudy Johnson 6 run
(pass failed)
WAO—Steer 31 run (run
failed)

WAO—Jordan Anderson 15
run (Brandon Miller kick)
WAO—Anderson 98 run (run
failed)

Ada-Borup 48, Win-E-Mac 20

W-E-M 0 13 0 7--20
A-B 14 28 6 0--48
AB—Jared Brainard 49 run
(Colby Stevenson kick)
AB—Zach Pelzman 3 run
(Stevenson kick)
WEM—Kolton Stuhau 7
run (pass failed)
AB—Pelzman 22 run (Ste-
venson kick)
AB—Tanner Somers 41 pass
from Brainard (Stevenson kick)
AB—Brainard 52 run (Ste-
venson kick)

AB—Somers 25 pass from
Brainard (Stevenson kick)
WEM—Alec Kiecker 17 pass
from Mikah Olson (Marcos Lo-
pez kick)
AB—Bryce Nitschke 2 run
(kick failed)
WEM—Kiecker 39 pass from
Olson (Lopez kick)
Individual leaders
RUSHING—AB: Pelzman
17-170, Brainard 5-122; WEM:
Stuhau 20-129
PASSING—AB: Brainard
6-10-0, 104 yards; WEM: Olson
13-19-3, 158 yards
RECEIVING—AB: Somers
4-83; WEM: Kiecker 5-81, Eme-
lian Kaya 4-37

NCE/U-H 50, CL-Bena 12

CLB 0 6 6 0--12
NCE-U-H 12 31 7 7--50
N—Kyle Severson 87 kickoff
return (kick failed)
N—Brady Sirjord 34 run
(kick failed)

N—Severson 12 pass from
Brett Braseth (Griffin Maessee
pass from Braseth)
N—Isaac Habedank 22 pass
from Braseth (Braseth run)
CLB—Coredell Coss 1 run
(run failed)

N—Sirjord 30 run (Habe-
dank pass from Braseth)
N—Noah Klemetson 22 run
(Riley Resnick kick)
N—Tate Hoseth 45 run
(Resnick kick)
CLB—Jared Brown 1 run
(run failed)

Football Honor roll

100-yard rushing games
Jayden Komrosky, North
Star, 10-182
Ethan Dorman, Clearbrook-
Gonvick, 12-126
Kylar Szczepanski, Stephen-
Argyle, 14-124
Jaden Kiesow, Goodridge-
Grygla, 19-118
Dylan Gustafson, Red Lake
County, 28-115
Jeremiah Hill, North Star,
18-115
Pelon Pruneda, Polk County
West, 14-109
Eric Ombler, Northern
Freeze, 25-105
100-yard passing games
Jacob Ristad, Kittson County
Central, 5-8, 127
100-yard receiving games
Bryden Swenson, Kittson
County Central, 3-110

Minn. Section 8A

	QRF	W-L
Mahnomen	32.9	3-1

Polk CW	23.0	3-1
Fosston	17.8	2-2
RL County	17.0	1-3
Fert-Belt	12.0	1-3
Red Lake	3.8	0-4
Badg-G-MR	2.7	0-4

Minn. Section 8 9-man

	QRF	W-L
Stephen-Arg	22.6	3-1
Kittson CC	21.3	3-1
Clear-Gonv	15.5	2-2
Warren-A-O	12.9	2-2
Good-Gryg	12.5	2-2
Kelliher-N	9.3	1-3
Win-E-Mac	7.6	1-3
N. Freeze	6.7	1-3
LOW-Baud.	0.9	0-3

MN 8A West

	QRF	W-L-T
Kittson CC	79.6	14-5-0
Stephen-Arg	79.0	11-2-0
Fertile-Belt	67.0	10-0-0
Ada-Borup	64.2	11-5-0
Badg-G-MR	53.1	10-6-0
Sac. Heart	52.7	8-4-0
Good-Gryg	47.8	9-6-0
N. Freeze	35.7	7-11-0
Climax-Fish	33.4	4-8-0
Warren-A-O	32.5	4-10-0
Red L. Falls	20.0	3-12-1
Norman West	12.1	0-14-0

MN 8A East

	QRF	W-L-T
Win-E-Mac	59.4	9-3-0
LOW-Baud.	49.1	5-6-0
Fosston	48.6	8-4-0
Blackduck	32.4	5-8-0
Northome-K	30.4	3-5-0
Mahnomen	21.1	2-15-0
Red Lake CC	20.1	2-11-0
Indus	19.2	2-5-0
Cass Lake-B	17.5	3-10-0
Clear-Gonv	15.8	2-7-0
Red Lake	13.8	1-3-0



Protect Yourself.
PROTECT YOUR FAMILY.

Who needs a flu vaccine?

Everyone 6 months of age or older. The best way to protect yourself and your family against the flu is to get vaccinated.

Walk-in flu vaccines are available for adults 18 years and older. To vaccinate children 6 months to 17 years, please call your pediatric clinic at 218.796.4525.

FluMist, the nasal spray vaccine, will not be available this year based on the Centers for Disease Control and Prevention determination that FluMist had not effectively protected children or adults against the flu and should not be used.

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