



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

23rd annual Pumpkin Day held in Gonvick

The 23rd annual Pumpkin Day was held in Gonvick last weekend. Two pumpkin growers had their pumpkins come in over 1000 pounds. Bob Edevold with a 1,119 beauty and JJ Solberg with 1,008 pound. JJ had never had a 1,000 pound pumpkin before and he showed his enthusiasm. Other winners included third place Tucker Johnson 877 pounds; fourth place Tanner Pettersen 484 pounds; fifth place John Johnson 444 pounds; sixth place Erv Wickham 426 pounds; seventh place Alan Danielson 421 pounds; eighth place Charlie Bergh 393 pounds; ninth place Dylan Owens 349 pounds and tenth place Harper and McKinley Watne at 230 pounds.

Cash prizes were given to the ten winners. First place received \$1,000, Second place \$500, third place \$250, fourth place \$150 and \$100 each for the sixth through tenth place. To enter for the pumpkin weigh off is to become a member of the Gonvick Pumpkin Growers for \$5.00 for the year.

The younger group of pumpkin growers had a very good year. Taking first were Trevor and Gavin Solberg with a 583 pound pumpkin, followed by Hailey Martine 377 pounds, Morgan and Olivia Basinger with Corbyn Guy at 364 pounds, Jake Wickham 298 pounds,



Pumpkin winners in the Gonvick Pumpkin membership winners were from left to right: Harper, McKinley and Nathan Watne, Dylan Owens, John Johnson, Tanner Pettersen, Erv Wicham, Charlie Bergh, Alan Danielson, JJ Solberg, Bob Edevold and Tucker Johnson.

Conner Patten 286 pounds, Tia Wickham and Bo Erickson tied with 284 pounds and Emma Owens at 272 pounds.

It did not look like very good weather for the Gonvick Pumpkin Day but sixty cars were registered for the car show with \$100 given to each of the top five

winners. Winning the participant voting at the end of the show were: Rick Myrum from Pengilly with a 1935 Chevy Pickup, Tom Morris from Crookston with a 1937 Ford; Jerry Lowe Jr. from Grand Forks with a 1966 GTO; Larry Anderson from Gully with a

1955 Buick and Mike Dille from Sartell with a 1956 Chevy. Bryan Engen, took the Peoples Choice Trophy at the 23rd annual Pumpkin day activities in Gonvick. The car is owned by Dick and Bonnie Engen. The Gonvick Fire Department had a hamburger and hot dog stand and were also selling raffle tickets. They appreciated the many who stopped by their stand. The first prize of a 9x9 Amish made mini barn was won by Pete Peterson, the second place prize of a 10-22 Ruger take

down gun was won by Dennis Gordon; the third place prize of an Amish made 3 foot Oak Deacon's Bench was won by Debbie Edevold; the fourth place prize of \$200 was won by Ken Olson and the fifth place prize of a Garden Arch was won by Katy Stenvik. A chalk drawing contest was held on the cement slab where Vandy's Grocery once stood. 32 children entered the event. First place winners received \$20.00, second place \$10.00 and third place \$5.00.

Winning in the 5 to 8 age group were: First place Ambjor Snyder, second Preston Seyller and a tie for third place were Elizabeth and Kennedi Kalinowski. Winning in the 9 to 12 age group were: First place Tallon Vorderbruggen, second place Gabby Anderson and third place Emma Crist. Winning in the 13 to 17 age group were: First place Rachel Forsberg, second place Kiara Gordon and third place Naomi Sharp.



There were 60 cars registered for the Gonvick Pumpkin Day activities. The top five winners received \$100 each. Pumpkin Day is held the last Saturday of September.



Bryan Engen, took the Peoples Choice Trophy at the 23rd annual Pumpkin day activities in Gonvick. The car is owned by Dick and Bonnie Engen.



Prizes and games were held before the pumpkin weigh-off with Chris Eck and Linda Quern in charge of the drawings.



Car winners at the Gonvick Pumpkin Day in Gonvick were from left to right: Jerry Lowe Jr. from Grand Forks, Tom Morris from Crookston, Mike Dille from Sartell, Larry Anderson from Gully and Rick Myrum from Pengilly. They each received a trophy and \$100.

NELL program on Farm Heritage Oct. 5

Author Gordon W. Fredrickson to present "American Farm Heritage" at 9:30 am Wednesday September 21 at the Faith Lutheran Church 32 Bagley Ave NW in Bagley. Free admission, donations gratefully accepted. Since the year 2000, Gordon has been writing and telling stories that are real-life adventures of adults and children on a small family farm in the year 1950. His purpose in telling these farm stories is definitely not to glorify any so-called "Good old days." Instead, his purpose is to portray life on a small farm the way most of us remember it—full of hard work, riddled with daily sacrifice, lacking conveniences, void of vacations, and yet, somehow, satisfying and invigorating. Many remember their childhood on a farm with fondness, others with bitterness, but no one will deny that the experiences shaped their lives forever. Raised on a hilly, rocky 120-acre farm in eastern Scott County, Minnesota, Gordon W. Fredrickson started farm work at a very young age. He attended a one-room country school for three years, served in the US Army for three years, graduated from the University of Minnesota with a Master of Education Degree, and taught high-school English. For the past seventeen years he has pursued his goal of preserving the heritage of the small farm through literature by writing stories about a farm family in 1950 and performing them at historical societies, schools, museums, libraries, a variety of banquets, and other organizations. Gordon has written a total of



twelve books for adults and children, and he has many more planned. He books interweave the hard facts of farm life with adventures based on actual events to create stories that entertain and enlighten adults and children of all ages, preserve our great farm heritage, and increase farm literacy. Farm Heritage Books will be sold after the program. For more in formation contact NELL coordinator Tamara Edevold 218-694-2856.



Engagement Announcement

Calli Lemm and David Larson are happy to announce their engagement and upcoming wedding.

Calli is the daughter of Randy and Julie Lemm, Hillsboro, ND. David is the son of Mark and Sharon Larson, Clearbrook, MN.

Calli graduated in 2010 from Hillsboro Public School and in 2015 from Minnesota State Moorhead with a degree in

Nursing. She is a nurse at Essentia Health, Fosston, MN.

David graduated in 2010 from Clearbrook-Gonvick High School Clearbrook, MN and in 2014 from NDSU with a degree in Agricultural Economics. He farms near Clearbrook, MN.

The couple will be married October 29, 2016 at Our Savior's Lutheran Church in Hillsboro, ND.

Country Music Jam Sunday

There will be a Country Music Jam at The Embassy Community Center (603 3rd st. ne) in Fosston on Sunday, Oct. 2nd from 1:00-5:00. Any questions, call Russ at 435-6096. Everyone is welcome!

Fosston Fiber Festival this weekend

Don't miss this year's Fiber Festival on October 1 and 2, 2016 at Magellens Elementary School, 700 1st St. E, Fosston, MN. No Entrance Fee. Children and families welcome!

The Fosston Fiber Festival celebrates the fiber heritage of northern Minnesota by showcasing local fiber producers and artists. A range of workshops taught by fiber artists make fiber art and craft technique accessible to everyone. Learn basic fiber techniques or challenge yourself with more advanced fiber art workshops.

Our popular raffle will return this year. Tickets give you a chance to win beautiful fiber art from vendors attending our festival while supporting your local farmers, artists and community. Raffle drawing at the Fashion Show Saturday evening.

For more information, to register for workshops or become a vendor contact info@fosston-fiberfestival.com, fosstonfiber-festival.com or 218-657-2502

Passport Photos at Richards Publishing 218-487-5225

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We are OPEN 7 days a WEEK!!!
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Knudson - Carlson Marriage

Tyler Knudson and Julie Carlson were married on June 17th, 2016, at Celebration Lutheran Church in Sartell, Minnesota.

Tyler is the son of Steve and Gail (Nornes) Knudson of McIntosh, currently living in Sartell. Tyler graduated from St. Cloud State University and received his bachelor's degree in geography. He has worked

for St. Cloud State University in facilities management for the last 10 years.

Julie is a middle school counselor in the St. Michael - Albertville School District. She received her bachelor's degree in psychology from the University of Minnesota Duluth, and her master's degree in counseling psychology from St. Cloud State University.

IMMANUEL LUTHERAN CHURCH

Annual Fall Dinner Bake Sale & Silent Auction

Sat., October 1st
5:00 pm – 7:30 pm

Plummer Community Hall

Menu:
Turkey, dressing, mashed potatoes & gravy, vegetable, coleslaw, homemade pie and beverage

Adults: \$11.00
10 & under: \$6.00

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AELC Haunted Trail 2016

As twilight approaches the wind moans through the trees and whispers a warning to all who dare enter the deep, dark woods. The trail is littered with freshly fallen leaves that crunch under your feet . . . disguising the sounds of "the others" that are lurking along the trail. As full darkness descends, the woods come to life with all sorts of hideous and frightening creatures prowling about.

Every Saturday in October, Agassiz Environmental Learning Center in Fertile, MN will be holding its annual Haunted Trail from dusk to midnight. Take a terrifying trek over a half mile trail of twists, turns and terror, but don't wander too far from the light as there are many creatures waiting to feast on the screams of those who dare walk the trail after dark. Binko, Bubbles, and Norman will be back along with Butcher, Scarecrow, and Twisty. They've been waiting all year for visitors to return and meet all their new, twisted friends.

The Learning Center is located one half mile west of Fertile, Minnesota on Summit Avenue SW. The cost for admission to the trail is \$5 per person. Popcorn, hot cocoa, and pop will be available in the Nature Center building. Erickson's Smokehouse will also be on site serving food and beverages.

For more information visit our website at www.hauntedtrailsfertile.com. If you have any questions, you may also contact Lisa at (218) 945-3136.

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United Blood Services announced the winner of its "Rollin' Up for a Ranger Summer Giveaway" as Brian Neubauer from Breckenridge. With him on the left is Rob Miller, Donor Recruitment Manager.

United Blood Services Announces Winner of Polaris Ranger

United Blood Services is excited to announce the winner of its "Rollin' Up for a Ranger Summer Giveaway" as Brian Neubauer from Breckenridge, MN. Neubauer was presented with the keys to his new Polaris Ranger 900XP on Tuesday, September 20, 2016 at United Blood Services in Fargo.

The "Rollin' Up for a Ranger" Giveaway ran from July 11-September 9, 2016 in an attempt to boost the community blood supply during the typically difficult summer months when donations tend to decrease. The giveaway was offered to blood centers and area blood drives operated from United Blood Services locations in Bismarck, Fargo, and Minot, ND, Aberdeen, Mitchell, Rapid City, SD, and Casper and Cheyenne, WY. Over 20,000 participants were included in the drawing which was sponsored in part by Matt's Automotive Service Center.

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Evergreen Implement welcomes Steve Dahlen as Service Writer

Evergreen Implement Company is pleased to announce Steve Dahlen has joined the service department at the Thief River Falls location. Steve brings with him, more than two years of service/warranty experience from Erskine Attachments and previously worked at Titan Machinery/Hardware Hank.

Steve grew up on a farm near Goodridge, and attended school in Goodridge. He is a graduate of Staples Tech as well as a course study at International Ag University. Steve is a member of the Black River Lutheran Church and a member of the Pennington County Fair Board. He now resides with his wife, and family in St. Hilare.

Evergreen Implement Company has 4 locations: Warren, Thief River Falls, Mahanomen and Baudette.

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"We are extremely excited to give this prize to Mr. Neubauer," said Jennifer Bredahl, representative for United Blood Services. "He is just one of the many volunteers who are committed to saving lives by donating blood. We thank all of our donors for donating blood, and ultimately supporting the community blood supply."

Across the region, over 550 blood products are needed each day to serve patients in 108 hospitals. Donors are encouraged to donate blood and ensure the shelves are stocked leading up to and through the holiday season.

To make an appointment please call 877-827-4376 or go to www.UnitedBloodServices.org.

Annual Zion WELCA Fall Bazaar-Bake-Auction Sale

Zion Church - Oklee MN

Wed., Oct. 5 7:00 p.m.

Fancy Work, Baked Goods, Crafts, Holiday Décor

Free Will BBQ & Pie Supper before Sale at 5:30 p.m.

~ AUCTIONEERS: ERIC MICKELSON & ELMER HANSON ~

NELL program to present Debra DeWitz on "Sharegiving" on October 12

NELL program will discuss how baby boomers can plan for their futures with program about "SHAREGIVING" with Debra DeWitz

10,000 Baby Boomers will retire each day for the next 15 years. One does not need to be a rocket scientist to see that how Baby Boomers planned their future may not work out as we thought. There are too many of us, and too few of the generations after us. Who will care for the Baby Boomers, and how will we care for ourselves? Sharegiving is a new (but very old!) model, designed to replace the model of "caregiving." Under the sharegiving model, a culture of shared responsibility for family returns, with the idea of "interdependence" as the goal replaced by a goal of "interdependence," and sharing of resources. We will look at several models of how Baby Boomers can plan for their future as it relates to housing and their future care.

Deb DeWitz is a social worker and a family therapist who

spent the first half of her career in direct service to children and families in Minnesota and North Dakota. She then became a university faculty member and taught social work for the second half of her career at universities in North Dakota and Minnesota. She currently owns Family Resource Consultants, and has "retired." She has three children who continue to teach her life lessons, even as adults. She provides presentations, workshops, and speeches nationally to lay and professional audiences. She is known for her humorous and down-to-earth style.

This program will be Wednesday, October 12 at the Gonvick Community Center. Coffee will be served at 9:00 a.m. with the program starting at 9:30 a.m. Donations are welcome. Open to the public/all ages. For more information contact NELL coordinator Tamara Edevold 218-694-2856

(Note this is a program change from previous printed announcements)

Mark your calendar for a BIG SHOW in GULLY

A Gully Home Companion

Saturday, Oct. 15th at 7:00 pm

"Gully Home Companion" will highlight Minnesota musicians using local talent

POTATO BAR SERVING 5 p.m. to 6:30 p.m. \$5.00 PROGRAM at 7:00 p.m. Admission \$5.00
Gully Home Companion is a fund raiser for Gully Days 2017

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OBITUARIES



Services held for Stan Gunning

Stan Gunning, 69, of Minneapolis, MN died on September 11, 2016 at his home from cancer.

Stan was born to Gilman and Beulah Gunning and attended school in Clearbrook.

He is survived by his wife, Barb, children: Michelle and Wade, four grandchildren, one great grandchild and brother Mark and sister Cindi.

Funeral services were held in Minneapolis.



Services for Wayne Olson

Wayne Olson, 63, formerly of Berner, MN, died on Monday, September 19, 2016 at his home in Eau Claire, WI.

Funeral services were held on Monday, September 26, 2016 at 10:00 a.m. at United Lutheran Church in Berner, MN with Pastor Kris Snyder officiating. A visitation was on Sunday, September 25, 2016 from 5:00 to 7:00 p.m. at the Cease Family Funeral Home in Bagley, MN, as well as an hour prior to the service at the church. Interment at Augustana Lutheran Cemetery in Clearbrook, MN. The Cease Family Funeral Home of Bagley assisted the family with the arrangements.

Wayne Arthur Olson was born to Arthur and Margaret Olson on July 24, 1953. He grew up in Berner, MN and attended Gonvick School. Wayne worked for various farmers around the Berner area while attending high school. He graduated from high school in 1971. He attended Staples Vocational Technical School, learning the Tool and Die trade. He

worked for Arctic Cat in Thief River Falls., New Ulm Precision Tool in New Ulm, and Hutchinson Technology in Hutchinson, and Eau Claire, WI. He retired from Hutchinson Technology in 2013. In 1978, Wayne married Lois Bergman. In 1979 their son, Brian Andrew Olson was born, followed by another son, Thomas Alan Olson. Thomas died in 1983.

Wayne loved spending time with his grandchildren. They brought him such joy. He loved being called "grand papa". Wayne was also an excellent woodworker and spent many hours out in his shop working on various projects. He made wooden tricycles, piggy banks, a mission-style bed and end tables, etc. He also loved working outside and going for walks with his German Shepherd, Erma. Wayne also enjoyed making sausage with his Wisconsin friends and playing cards with special friends in Hutchinson. Wayne was often found with a smile on his face and had a kind word to say. He was a man of his word.

Wayne is survived by his wife, Lois; his son, Brian (Sara); his sister, Patty (Rob) Brekke; his sister-in-law Lisa (Tim) Beckstrand; his brothers-in-law, Greg(Karen) Bergman and Paul (Sally) Bergman; and his grandchildren, Caitlin, Emerson, and Eilla. He is also survived by numerous nieces and nephews.

Wayne was preceded in death by his son, Thomas; and his parents, Arthur and Margaret Olson.

Messages of condolence may be sent to ceasefuneral-home.com



Services for Elsie E Skime

Elsie E. Skime, 83, of Gonvick, MN passed away peacefully on September 17, 2016 at the Good Samaritan Center in Clearbrook, MN.

Memorial services were held on Monday, September 26, 2016 at 2:00 p.m. at Samhold Lutheran Church in Gonvick, MN with a visitation one hour prior. Interment at Samhold Lutheran Cemetery. The Cease Family Funeral Home of Bagley assisted the family with the arrangements.

Elsie was born January 9, 1933 near Pembina ND, the daughter of John and Victaline Venne. Elsie was united in marriage to Edward Skime on December 12th, 1951. They resided in Grafton, ND and Texas while Edward was in the service, moving to Silver Bay, MN where Edward was employed with

Reserve Mining Company. They moved to the family farm in Gonvick, MN in 1970. Elsie was a full time homemaker, raising their four children while helping Edward on the farm. Elsie enjoyed traveling with her husband and, in their later years, spent their winters in Texas until Edward passed away July 3rd, 2008.

Elsie will be remembered for her selflessness, her unconditional love, her commitment to her family and her faith. She was a loving wife and mother, as well as a proud grandmother and great-grandmother. Nothing delighted Elsie more than spending time with family and friends. Elsie's smile, generosity, friendliness and warm spirit will be missed by all.

Elsie is survived by her son, Kevin Skime of Gonvick, MN and her daughter, Vicki (John) Ruzicka, of Grafton, ND; two sisters, Josephine Bergman of Langdon, ND and Laura White of Walhalla, ND; her grandchildren Josh (Shannon) Turman, Dustin Eck, Naomi Turman, Hailey (Eric) Schepp, Jordan Turman, Daisey Eck, Crystal (Steve) Nordlund, Star Ann Shank, and Tyler Skime; and 14 great grandchildren.

Elsie is preceded in death by her husband, Edward Skime, her daughters Ramona Turman (2007) and Deborah Brinker (2008), her parents John and Victaline Venne and several aunts and uncles.

Messages of condolence may be sent to ceasefuneral-home.com

Death Notice for John Pearce

John Pearce, age 78, from McIntosh, MN passed away on Thursday, September 22nd at McIntosh Senior Living in McIntosh.



Services, along with the full obituary will be announced in next week's newspaper.

Arrangements are with the Carlin-Hoialmen Funeral Home serving McIntosh, and messages of condolence may be sent to carlinhoialmen.com.



Services for Marcia Rouland

Marcia Leann Rouland, 46, of Clearbrook and Gully, MN, went to the loving arms of her Savior and family that had gone before her on Tuesday, September 20, 2016.

Funeral services were held on Tuesday, September 27, 2016 at 1:00 p.m. at Country Faith Church in Clearbrook, MN. Interment at Lund Lutheran Cemetery in Gully, MN. The Cease Family Funeral Home of Bagley assisted the family with the arrangements.

She was born in Baudette, MN on March 4, 1970, the daughter of Duane and Arvilla (Spicer) Rouland. Her family returned to Gully, where she was raised and grew up. She graduated from Fosston High School in 1988. She went on to attend Bemidji State University and then went to Northland Technical College in Thief River Falls to obtain her LPN. She attended

and graduated the program there with her mother.

Marci was a very compassionate nurse and she worked at several nursing homes, hospitals, and health care facilities in the Twin Cities, but primarily in Clearwater and Polk Counties. She was involved in Sand Valley Lutheran Church in Trail and Lund Lutheran Church in Gully as head of the Sunday School and Vacation Bible School programs. Her love of children and sense of fun was showered upon not only her own children, but her nieces and nephews, and all the children who knew her. Marci opened her heart and home to stray animals and others in need. She loved country living and small town life. She enjoyed gardening and always had beautiful flower beds.

Marci will be tremendously missed by all who truly knew her, especially her loving family.

She is survived by her children, Lane Watne and Danielle Watne; her father, Duane Rouland; her siblings, Dan (Leah) Rouland, Miles (Brenda) Rouland, and Lori (Bob) Burgess; her nieces and nephews, Brianna, Lee, Blake, MaCayla, Jonathan, Matthew, Brandi, Tyler, Mitch, Angela, and Luke; her great niece, Jordyn; and many loved aunts, uncles, cousins, and other family.

She was preceded in death by her mother, Arvilla Rouland; and her grandparents.

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Medication mismanagement can be prevented

Medication management is an important issue for seniors and their families. Failure to properly manage medications can threaten the lives of seniors, highlighting the emphasis families must place on ensuring seniors take their medications in strict adherence to their physicians' instructions.

Polypharmacy, or the taking of multiple medications for different conditions, can be a potential health hazard for the thousands of seniors who must manage health conditions with prescription drugs. Harmful drug interactions are a result of the confusion that can arise when seniors take multiple medications at the same time. The American Society of Health-System Pharmacists estimates that more than 34 percent of senior citizens are prescribed medications by more than one physician, and 72 percent use medications they were prescribed more than six months prior. Many people also have begun "pharmacy shopping" to save money. According to a study published in 2010 in American Nurse Today, 44 percent of men and 57 percent of women older than age 65 take five or more medications per week, with some taking as many as 10.

Medication confusion is one risk, but older adults also metabolize medications differently than young people. As a result, they may be more susceptible to overdose or other ill effects. Families looking to help seniors effectively manage their medications should consider the following tips.

- Keep a running list of medications. Maintain a list of all medications being taken, noting both prescription and over-the-counter medications and any

supplements and herbs. Provide a copy to any new doctors you visit and any new pharmacies you patronize.

- Use pill sorters. Medication sorters can keep medications organized and eliminate some of the personal error in medication management. Organizers have daily slots and may also differentiate between nighttime and daytime medications.

- Understand why each medication is being prescribed. Ask your pharmacist and doctor to explain why each medication is prescribed. This information should be printed on the prescription label. Some drugs designed for one symptom may actually be used to treat other issues as well.

- Ask for help. Some seniors may benefit from friendly reminders from a loved one regarding when to take certain medications, especially if they need to take multiple doses throughout the day. Cognitively impaired seniors may require the services of a visiting nurse or another caregiver.

- Recognize that not all medications are right for seniors. The American Geriatrics Society maintains a list of medications that older adults should avoid or take with extreme caution. Some drugs pose a high risk of side effects or interactions, while others are less effective. Discuss alternatives with your physician if you are prescribed one of these medications.

- Keep a medication diary. Record any side effects that occur and how the medications make you feel. Always bring up issues promptly with a doctor.

Proper medication management can help seniors avoid drug-related accidents or worse.

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FluMist, the nasal spray vaccine, will not be available this year based on the Centers for Disease Control and Prevention determination that FluMist had not effectively protected children or adults against the flu and should not be used.

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Tri County Canary Area SPORTS



Goodridge-Grygla hosted the Clearbrook-Gonvick Bears last Friday night under the lights. The Chargers on the right ready to hike the ball on second down. The Bears went home with the victory 43 to 8.

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Area Volleyball Results

Tuesday's results
Win-E-Mac over Bagley 25-14, 25-13, 25-13

Sacred Heart 25-25-25, Red Lake Co. Cen.13-14-14
Sacred Heart (kills-blocks-service aces)—Maddi Mitzel 12-0-2, Jessica Remer 12-2-2, Kaitlyn Rudolph 11-3-0, Ivy Edwards 5-0-0, Molly Hanson 0-0-5 (31 assists)
Red Lake Co. Central (kills-blocks-service aces)—Ashley Longtin 5-0-1, Kelsey Sirjord 5-0-0, Sydnie Gunderson 4-0-0, Calyssa Eskeli (8 assists), Megan Berberich (8 assists)

Thief River Falls 25-25-25, Red Lake Falls 16-20-21
Thief River Falls (kills-blocks-service aces)—Kendra Wiggs 2-0-4, Jennica Leier 8-0-0, Claire Mattson 0-0-4 (12 assists), Maddie Stewart 6-0-3, Tiahna Nicholson 0-1-0
Red Lake Falls (kills-blocks-service aces)—Emma Duden 3-0-0, Megan LaCrosse 4-1-1 (5 assists), Madison Derosier 0-0-1 (5 assists), Malanna Boutain 5-0-0, Brooke Knott 3-0-0

Fosston 25-25-25, Climax-Fisher 17-19-18
Climax-Fisher (kills-blocks-service aces)—Megan Grove 6-x-x, Christina Cakebread 6-x-x, Abbie Altepeter x-x-3, Mikayla Vasek x-x-2 (20 assists)
Fosston (kills-blocks-service aces)—Kalli Schmidt 7-x-x, Emily Curman 12-x-4, Lillie Manecke 7-x-x, Jordyn Manecke x-x-3, Haley Swanson 28 assists

Fertile-Beltrami 25-25-25, Mahnomen 10-14-14
Mahnomen (kills-blocks-service aces)—Larissa Schoenborn (7 assists), Maggie Hedstrom 7-1-1, Abby Large 5-0-0
Fertile-Beltrami (kills-blocks-service aces)—Shelby

Dunbar 6-1-2, Megan Bryn 0-0-1,15 assists), Lauren Harstad 0-0-1 (8 assists), Bailey Mulcahy 5-0-1, Jaden Christianson 14-2-3

Thursday's results
Ada-Borup def. Climax-Fisher 25-11, 25-19, 25-19
Walker-Hackensack-Akeley def. Clearbrook-Gonvick 25-12, 25-14, 25-22
Nevis def. Blackduck 25-13, 25-15, 25-19
Waubun def. Norman Co. East/U-H 28-26, 25-13, 22-25, 29-31, 15-10

Kittson CC 25-25-25, Red Lake Falls 12-12-10
Kittson County Central (kills-blocks-service aces)—Lexi Turn 5-1-1 (24 assists), Madyson Hennen 0-0-1, Taylor Davis 0-0-1 (7 digs), Kiley Whitlock 4-1-0, Sydney Docken 2-0-4, Marlee Turn 6-2-2, Cora Kujava 5-0-0, Morgan Olson 2-0-1, Kasey Soliah 8-3-0, Sophie Klegstad 1-0-0, Mallori Davis 3-1-0
Red Lake Falls (kills-blocks-service aces)—Emma Duden 4-0-0, Megan LaCrosse 0-1-0 (4 assists), Josie Huot 1-0-0, Shy-Ann Larson (22 digs), Malanna Boutain 1-0-0

Crookston 25-23-25-25, Red Lake CC 17-25-22-19
Crookston (kills-blocks-service aces)—Macy Strem (26 assists), Jenna Porter 11-0-0, Kennedy Cwikla 13-3-0, Kylie Solheim (14 digs), Heather Chaput 0-0-5
Red Lake Co. Central (kills-blocks-service aces)—Calyssa Eskeli (9 assists), Megan Berberich 0-0-2 (20 assists), Sydnie Gunderson 6-0-0, Ashley Longtin 14-0-4, Kelsie Sirjord 6-0-0, Julia Bernstein 9-0-0, Nikki Schmitz 0-0-2

Fosston 25-25-25, Mahnomen 10-5-11
Mahnomen (kills-blocks-service aces)—Larissa Schoenborn (3 assists), Maggie Hedstrom 2-x-1, Sydney Clark x-x-1 (4 assists), Abby Large 5-x-x
Fosston (kills-blocks-service aces)—Lillie Manecke 6-x-x, Emily Curfman 6-x-x, Kalli Schmidt 6-x-x

Win-E-Mac 25-25-25, Lake Park-Aud. 22-14-14
Lake Park-Audubon (kills-blocks-service aces)—Sam Dahlgren (13 assists), Elsa Larson 7-2-1, Kailee Lefebvre 3-x-x, Rachel Grande 4-x-x, Lexie Gehrig (2 assists)
Win-E-Mac (kills-blocks-service aces)—Lauren Strom 8-x-4, Kylie Stuhau (9 assists), Maci Hamre (17 assists), Olivia Simonson 12-3-2, Alayna Espeseth 3-x-3

Waubun 28-25-22-29-15, Norman Co. East/U-H 26-13-25-31-10
Waubun (kills-blocks-service aces)—n/a
Norman Co. East/Ulen-Hitterdal (kills-blocks-service aces)—Mariah Stueness 11-0-5, Brooke Miller 8-0-1, Alexa Mortenson 6-0-1, Katelyn Gunneson (10 assists), Claire Ellefson (14 assist)

Goodridge-Grygla 25-25-25, Warroad 13-18-19
Goodridge-Grygla (kills-blocks-service aces)—Ashlyn Henrickson 10-1-1, Karlee Johnson 8-0-6, Brooke Anderson 6-1-3, Alaina Munson 4-0-0, Trystan Jelle 2-0-1, Hannah Bietsch 2-0-4 (23 assists), Kaitlyn Olson (18 digs)
Warroad—Katie Kotlowski 10-0-1, Madison Fish 8-0-0, Grace Aichenburger 7-0-0, Tiffani Foster 0-0-1



Mustangs' Kelsie Sirjord passing the ball during the RLCC vs. Crookston Volleyball game.



Ashley Longtin and Kelsie Sirjord from RLCC blocking a Crookston Pirate.

Crookston vs RLCC volleyball

By: Sydnie Gunderson
Red Lake County Central Mustangs volleyball played Crookston in Plummer Thursday, September 22. The Mustangs lost the first set 17-25; won the second 25-23; and lost the third and fourth 22-25, 19-25.

Ashley Longtin had 14 kills and four aces. Julia Bernstein had nine kills. Kelsie Sirjord and Sydnie Gunderson each had six kills. Megan Berberich had 20 assists and Calyssa Eskeli had nine. Nikki Schmitz had two aces.

Green Wave Defeats the Mustangs

By: Hannah Riendeau
The volleyball team of Red Lake County Central played Thursday, September at Plummer. They played East Grand Forks Green Wave winning one match and losing three matches. Mustang scores for each match were 25, 22, 24, and 9. Green Wave scores are 22, 25, 26 and 25. Ashley Longtin had nine kills, Kelsie Sirjord six, Julia Bernstein five, and Sydnie Gunderson five. Megan Berberich and Calyssa Eskeli each had 10 assists, Nikki Schmitz had two, and Longtin one.

Sacred Heart takes down RLCC

By: Sydnie Gunderson
Red Lake County Central volleyball played Sacred Heart in Grand Forks on Thursday, September 20. The Mustangs lost all three sets: 13-25, 14-25, 14-25.

For the stats of the night, Ashley Longtin and Kelsie Sirjord each had five kills, and Sydnie Gunderson four. Megan Berberich and Calyssa Eskeli each had eight assists.

RLC JV Football

The Rebel Junior Varsity football team improved to 2-0 on the season with a 22-8 win over Badger-Greenbush-Middle River on September 19th. The Rebel defense would start the game out strong, forcing the Gators to do much of nothing. Midway through the first quarter, after a long drive, Nolan Bushee would score a six yard touchdown to give RLC a 6-0 lead.
The Rebels would control much of the first half and would seal the half with a Derek Peterson interception and lead 14-0 at half. The Gators would start to play better in the second half and after a stalemate third quarter would find the end zone and cut the lead to 14-8 with eight minutes left.

The Rebel offense would then go to work moving the chains and the ball until the drive ended with a Chris Longtin 12 yard run and a 22-8 lead. The Gators would try to strike back but an interception by Bushee would seal a win for the Rebels. "Was a nice win for us, saw some improvements today," noted Coach Seth Schmitz. RLC plays Fertile-Beltrami in RLF on September 26th.

Area Football Results

Clearbrook-Gonv. 43, Goodridge-Grygla 8
Clear-Gon 0 22 14 7--43
Good-Gryg 0 8 0 0-8
CG—Tristan Bakke 9 run (pass failed)
CG—Tristan Bakke 10 yard (Ethan Dorman run)
GG—Dylan Manderud 1 run (Dylan Walker pass from Manderud)
CG—Ethan Dorman 56 run TD (Tristan Bakke run)
CG—Anthony Peldo 47 fumble recovery (Dorman pass)
CG—Trevor Rogstad 80 yard recovery (pass failed)
CG—Dorman 5 run TD (Ehlers kick)
Individual leaders
RUSHING—GG: Jaden Kiewow 19-118; CG: N/A

Norman Co. West 30, Cass Lake-Bena 6
CL-B 0 0 6 0-6
NCW 0 24 0 6--30
Team—Steele Armstrong 3 run (Dustin Beliles run)
NCW—Verdis Barber fumble recovery in end zone (run failed)
NCW—Safety, snap went through end zone
NCW—Aaron Wical 14 pass from Miguel Garcia (Wical pass from Garcia)
CLB—Arnold Kingbird 56 pass from Jared Brown (run failed)
NCW—Armstrong 4 run (pass failed)

Stephen-Argyle 50, Warren-A-O 7
S-A 14 22 14 0--50
W-A-O 0 7 0 0-7
SA—Kyler Szczepanski 3 run (Isaac Mills kick)
SA—Jostin Hoeper 3 run (Mills kick)
WAO—Rudy Johnson recovered fumble in end zone (Brandon Miller)
SA—Tom Gryskiewicz 43 run

(Mills kick)
SA—Hoeper 2 run (Hoeper run)
SA—Chris McGlynn 3 run (Mills kick)
SA—Wyatt Neuschwander 7 pass from McGlynn (Mills kick)
SA—Szczepanski 16 run (Mills kick)

Mahnomen 34, Fosston 8
Mahnomen 0 22 6 6--34
Fosston 0 0 0 0-0
M—Jon Starkey 1 run (Hawk LaFriniere pass from Starkey)
M—Mitch foss 53 run (Brian Schoenborn run)
M—Logan Kettner 5 pass from Schoenborn (Foss run)
M—Schoenborn 2 run (Run failed)
M—Foss 3 run (Run failed)
Individual leaders
RUSHING—M: Foss 13-109, Schoenborn 24-99
PASSING—M: Schoenborn 5-8-0, 43 yards
RECEIVING—M: Kettner 4-10

Red Lake Co. 24, Polk County West 12
Polk C. West6 6 0 0-12

Red Lake C.0 8 8 8--24
PC—Paul Gapp 3 run (kick failed)
RLC—Brandon Lee 3 run (Dylan Gustafson run)
PC—Matt Knutson 1 run (run failed)
RLC --Matt Vettleson 36 run (Gustafson run)
RLC—Gustafson 16 pass Brandon Clipping (Clipping run)
Individual leaders
RUSHING—PCW: Knutson 15-40 , Gapp 6-30, Pelon Pruneda 14-109; RLC: Gustafson 28-115, Lee 13-50, Vettleson 9-58
PASSING—PCW: Evan Szczepanski 2-3-0, 9 yards, Gapp

0-1-1
RECEIVING—PCW: Pruneda 1-2, Knutson 1-7; RLC: Gustafson 1-16

Kittson Co. Cent. 27, Northern Freeze 6
Northern Fr.0 0 0 6-6
KCC 14 7 6 0-27
KCC—Alex Donaldson 5 run (Jadyn Swenson kick)
NF—Spencer Billings recovered blocked punt (Swenson kick)
KCC—Bryden Swenson 82 pass from Jacob Ristad (Swenson kick)
KCC—Donaldson 5 run (Swenson kick)
KCC—Eli Johnson 5 run (pass failed)
Individual leaders
RUSHING—KCC: Chris Holm 13-71, Donaldson 17-68; NF: Eric Ombler 25-105, Eli Johnson 9-51
PASSING—KCC: Ristad 5-8-1, 127 yards; NF: Cole Anderson 1-12-0, 10
RECEIVING --NF: Johnson 1-10; KCC: Bryden Swenson 3-110

Bagley 16, New York Mills 8
Bagley 0 8 0 8--16
NYM 0 0 0 8--8
B—Ben Thoma 14 pass from Ty Rolfson (Lamarco Pemberton pass from Rolfson)
B—Rolfson 6 run (Lavan Culkins pass from Rolfson)
NYM—Josh Olson 1 run (Evan Welter pass from Aaron Arno)
Individual leaders
RUSHING—B: Rolfson 17-88, Thomas 17-59, Jake Ubort 9-54
PASSING—B: Rolfson 5-13-1, 57 yards

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