



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Project to create City Coat of Arms Flag approved by City of Oklee

In March the Oklee Herald reported on the City Coat of Arms project started by Matthew Genova. Two weeks ago, the final approval came from the City of Oklee and from RLCC School Board, so here is the final design of the flag. The flag has the Norwegian flag and a fleur-de-lis inside the Canadian Maple leaf representing the Norwegian and French-Canadian immigrants who settled in this area. A fleur-de-lis is a stylized lily (in French, fleur means "flower", and lis means "lily") or iris that is used as a decorative design or symbol. It is commonly found in religious, political, dynastic, artistic, and symbolic emblems used especially in French heraldry. In the center it was important to recognize the farming community that Oklee is and has been since 1910.

Matthew Genova, back in November or earlier, came before the Oklee City Council and asked why the City didn't have a Coat of Arms Flag. He wanted to start a project with RLCC School to create a Coat of Arms for the City of Oklee. This project would involve the students and the City of Oklee, creating the Coat of Arms, which could be something to be proud about for the City and the students. However, there wasn't enough interest from the students to do the project. RLCC sent Genova a letter that the school couldn't fulfill their end and wished Genova luck.

Genova then contacted Courtney Salo, a graphic designer, who designed a number of flags and Genova showed them to a number of people. There was one that stood out not only to him, but to those he showed the samples too. That is the one he picked.

What a Coat of Arms is came

up and Genova explained very simply, that it is a flag that represents a city.

Coat of Arms (a short history): In this area of the country, there haven't been many coats of arms that most can remember seeing, other than the Minnesota State flag. They are comprised of unique heraldic designs that represent an individual person or family, corporation, city or state. Coats of arms came into general use by feudal lords and knights in battle in the 12th century according to Wikipedia and said that by the 13th century, coat of arms had spread to become a flag or emblem for families in the higher social classes of Europe. There were rules or laws about who had a right to use arms and the rules varied between countries. Eventually, the use of arms spread to the clergy, to towns as civic identifiers, and to royally chartered organizations such as universities and trading companies. Today, one way to look at them is that they are your town's logo, just like a school has its school colors and signage.

Heraldry has remained consistent across Europe, where tradition alone has governed the design and use of arms. In Britain the granting of arms is and has been controlled by the College of Arms. In the present day, coats of arms are still in use by a variety of institutions and individuals and many European cities and universities have guidelines on how their coats of arms may be used, and protect their use as trademarks.

The French were greatly influenced the British and Western European coats of arms and in France are considered an

Coat of Arms... continued on page 7

American Federal Bank Celebrates 125th Anniversary

American Federal Bank celebrates its 125th Anniversary this year.

Founded in 1891 in East Grand Forks, MN as a neighborhood savings and loan association, helping customers save money, buy and build homes and businesses and purchase farm land, American Federal today is a financially-strong, employee-owned community bank with 13 full-service locations in 12 Minnesota and North Dakota communities.

The Fosston banking location joined the American Federal family in 1994 when the bank acquired the Fosston location of TCF Bank Minnesota.

New Bank Building

In 2007, American Federal built a new 5,800 square-foot bank building at 209 Johnson Avenue North, just north of its first home in Fosston. The bank features the architectural and customer service hallmarks of American Federal's newest buildings. Fours Bankers and four Associates provide trusted advice and local service and support.

"The way we do business has not changed over the years," said Fosston Market President Dan Paulson. "We focus on our core values of honesty, excellence and client success."

"We have been with our clients every step of the way, helping them find the best solutions to reach their goals, whether it

is home ownership, saving for retirement, farm or business expansion, protecting assets, or transferring operations to the next generation," Paulson said.

"Our Ag, Business and Personal Bankers have the financial and industry expertise and specialized knowledge to understand our clients and their farm or business operations," Paulson continued. "We are technologically sophisticated and big enough to handle the credit, banking and investment needs of our clients, yet small enough to give individual, personalized attention and to care about our customers."

"Just as we did at the beginning, our credit decisions are made by local American Federal Bankers who are accessible, who know and understand their clients and their operations, who build long-term, face-to-face relationships with their clients, and who live, work and volunteer in their communities," Paulson said.

American Federal is a Top 100 Ag Lender and is ranked as a superior-performing financial institution in the United States.

"Our future is as bright as our past. We will continue our focus on our clients' success, maintaining our independence as an employee-owned organization with growth through solid performance," Paulson said.

Red Lake County Fair Hi-lites



Opening Ceremony at the Red Lake County Fair Baja race Saturday afternoon. In the Oklee Fire Dept. vehicle is Kurt Sundquist driving and Katherine DeHate holding the American Flag.



Bella, in the 11 year old category, won first place for a Pull Pull during the Mini Tractor Pull at the RLC Fair Sunday afternoon.



One of many cars coming into the Baja Race pits on June 25th, 2016 at the Red Lake County Fair.



This little gal, Lydia, was pedaling to earn her participation ribbon in the 3 year old category in the Mini Tractor Pull at the RLC Fair on Sunday.



Ryan Tvedt was a Grand ribbon winner in Rabbit at the Red Lake County Fair.



During intermission at the RLC Fair Baja race, people of all ages were asked to come out to the center for a three-legged race.



The Scavenger Hunt is about to begin at the RLC Fair and many were waiting for their instructions. Items required to find included: a chewed leaf, two different color leaves, something smooth, something rough, an acorn, and much more.



Minnesota represented at the American Agri-Women White House session

Washington D.C. (June 7, 2016) — American Agri-Women's Minnesota farmers, American Agri-Women President, Doris Mold and Minnesota Agri-Women President, Karolyn Zurn had a seat at the table Tuesday at a White House private session with Deputy Assistant U.S. Trade Representative, Roger Wentzel of the Office of Agricultural Affairs meeting on trade opportunities that may become available if the Trans-Pacific Partnership Trade Agreement is passed.

The AAW members were there to ask questions that would primarily affect not only their own farms using biotech products, sugar program and dairy but also such items like currency manipulation, product identity and prescription drugs.

Minnesota was represented by 5 members and 3 Legacy

Kids. Attending members were Doris Mold, National President, Karolyn Zurn, MN President, Deb Whalen, Eleanor Peterson and Jessica Barry. Legacy Kids attending were Chase, Alexa and Charlie Janu. Total Fly-In group consisted of 55 members from 38 states.

The American Agri-Women (AAW) also visited the Embassy of New Zealand gaining their perspective on the Trans Pacific Partnership Trade Agreement (TPP).

The Minnesota contingency also had appointments with Senator Klobuchar, Senator Franken, Representatives Peterson, McCollum, Walz, Nolan and Emmer. Top issues brought to Washington D.C. were GMO Labeling, Clean Water Act (WOTUS), Clean Air Act, Ag Labor, Tax Simplicity, Endanger Species Act,

Land Use and Ag Labor.

AAW had a major session with EPA and a Summit titled "The Rippling Effects of Aquifer Depletion."

American Agri-Women is the nation's largest coalition of farm, ranch and agribusiness women with more than 50 state, commodity and agribusiness affiliate organizations throughout the country. AAW members have been advocating for agriculture since 1974.

LINDFORS
Insurance Agency
OFFICES
WILL BE **CLOSED**
on
MONDAY, JULY 4TH.
HAPPY JULY 4th!

Where Were You in 1956?

You might have been a pre-teen, a teenager, or perhaps a young adult. If you were any of these then you remember the wonderful new line of sleek automobiles that rolled off the production lines in the mid 1950's.

This coming Saturday at the Mentor Farmers Market you will have an opportunity to see one of the snazziest of those neat vehicles. David Black will have his 1956 Ford Sunliner convertible on display all morning at the market. This beauty is painted Mandarin Orange and Colonial White and is restored to its original condition. Stop in at the market and check this one out and then check out the rest of the market as well and perhaps even have a breakfast at the Smokehouse Foodtruck. Bring the grandkiddies along for a romp on the newly constructed schoolyard playground of the historic Mentor School, as well. See you Saturday morning.

Mentor Farmers' Market
OPEN EVERY SAT., 8 AM to 12 NOON
Mentor School yard
(Rain or Shine)
Large variety of local foods, produce, meats, baked goods and unique craft items. We take pride in the quality of our products.
www.mentorfarmersmarket.org
✓ Check us out on Facebook at **Mentor Farmers Market**
MAY 28th THROUGH SEPTEMBER

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MNSURE Legislative oversight chair statement on BCBS withdrawal from individual insurance market

PRESTON, MN—MNSure Legislative Oversight Committee Co-Chair Greg Davids, R-Preston, issued the following statement regarding reports Thursday evening that Blue Cross Blue Shield will withdraw the bulk of its plans from the individual insurance market, including MNSure, Minnesota's Obamacare insurance exchange.

"We were told 'if you like your plan, you can keep it' by President Obama and Democrat architects of MNSure here in Minnesota. Sadly, tens of thousands of families will once again be forced to pay more while finding new insurance, new clinics and new doctors," said Chair Davids.

In the first two years of MNSure, the average cost of a modest health insurance policy has gone up \$2,760 per year in Southeast Minnesota, \$4,800 per year for a family of four in the Twin Cities, and even more in other parts of the state. Over 75 percent of people who buy health insurance on their own do not receive any financial assistance from MNSure. Minnesota's Department of Commerce, controlled by Com-

missioner Mike Rothman, has not made a detailed proposal to stop price hikes or reduce the cost of health insurance for Minnesota families.

"What will it take for Governor Dayton and Democrats, who forced Obamacare onto Minnesota, to take meaningful action to address MNSure's failures? While Republicans voted to lower taxes on health insurance, Democrats proposed an increase of up to \$40 million in the MNSure Tax, voted to let failed MNSure executives keep receiving taxpayer-funded bonuses, and offered no relief to families punished because of MNSure's failings," concluded Chair Davids.

In 2016, Davids chief authored legislation to provide compensation for Minnesotans who were impacted by MNSure's inability to produce 1095-A tax forms, as well as a bill to cut MNSure's tax on health plans in half, which would have saved families at least \$22 million over the next three years. Both cost-saving efforts passed the House, but were vocally opposed by DFL legislators.

College News

Local students named to Dean's List at Northwest Technical College

Area students have earned Dean's List honors from Northwest Technical College in Bemidji, Minn., at the conclusion of the Spring 2016 semester.

Students names include: **Bagley** - Emily Bellefy, Alison Fletcher, Alison Hamm, Elizabeth Hargreaves, Tiffany Sorenson. **Becida** - Heather Mistic. **Clearbrook** - Addam Bjerke, Seher Kar. **Gully** - Brandon Foldoe. **Lengby** - Zachary Como. **McIntosh** - Jeremy Kasprzak, Luke Syverson. **Mentor** - Brady Phillips. **Plummer** - Matthew Eskeli. **Puposky** - Sadie Radke. **Red Lake** - Alexander Ferris. **Red Lake Falls** - Brooke Schmitz. **Solway** - Amy Haug.

Central Lakes Spring Semester Honors List

Central Lakes College, Brainerd and Staples, has announced its 2016 spring semester honors list.

The President's List includes 351 students who earned a grade-point average of 3.75 to 4.0 while enrolled for at least 12 credits.

The Dean's List includes 324 students who earned a grade-point average of 3.25 to 3.74.

The released honors list does not include students who have requested no release of information.

Those names to the list include: **Bagley** - Wyatt Anderson, President's List, Julia Gordon, Dean's List. **Shevlin** - Mark Trego, Dean's List

Nessel earns degree at St. Cloud State

St. Cloud State University graduated more than 1,260 students during spring semester 2016. Commencement ceremonies took place Friday, May 6, 2016.

Tabitha Nessel, from Red Lake Falls earned Bachelor of Science in Mass Communications, Summa Cum Laude.

Cook to attend the University of Minnesota, Morris

Darren Jr. Cook, of Red Lake, has been accepted to and has chosen to attend the University of Minnesota, Morris, one of the most respected public liberal arts colleges in the nation.

Cook, a 2016 graduate of Flandreau High School, will attend Morris beginning Fall 2016.

SEE YOU IN TRAIL!
July 4th!
FOOD ALL DAY!
Kiddie Parade! 1 o'clock
JAM SESSION 12:00 - 4:30
Dance 6:00 - 10:00
Julie Lee and The White Rose Band
FIREWORKS!
TRAIL ON JULY 4TH!
Sponsored by The Trail Community Club and The City of Trail



For the second year in a row a large group of family arrived at Arlene Bly's (of McIntosh) to plant flowers, clean the yard, and enjoy the company of relatives. "Grandma Bly's Work Day" was a great success! She is shown in the middle row fourth from the left.

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9am-4pm Sunday

IP

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FREE Pumps Perks Card!
Save On Gas!



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Fosston, Minnesota
Double Coupon Sunday
through Wednesday

MILD SHARP CHEDDAR, MOZZARELLA, CHEDDAR JACK, TACO BLEND, PEPPER JACK, MEXICAN BLEND OR COLBY JACK - FINE SHRED; MILD OR SHARP CHEDDAR, COLBY JACK, PIZZA BLEND OR MOZZARELLA - REG SHRED
ESSENTIAL EVERYDAY SHREDDED CHEESE
2/\$3
8 OZ

(P.P. \$3.29)
KRAFT AMERICAN SINGLES
\$1.99
12 OZ

REGULAR
OLD HOME SOUR CREAM
99¢
16 OZ

REGULAR OR CALCIUM PLUS
CASS CLAY ORANGE JUICE
2/\$4
1/2 GALLON



ASSORTED
TONY'S PIZZA
5/\$10

ASSORTED EGG ROLLS OR APPETIZERS
PAGODA EXPRESS 6.8-11 OZ **5/\$11**



FROSTED FLAKES, RICE KRISPIES OR FROOT LOOPS
KELLOGG'S CEREAL
\$1.99
8.7-10.5 OZ

BLUEBERRY WITH VANILLA DRIZZLE OR CRANBERRY YOGURT MINI WHEATS
KELLOGG'S CEREAL 14.3 OZ **4/\$10**



ASSORTED
COCA COLA PRODUCTS
\$5.99
24 PK - 12 OZ CANS
LIMIT 1 PLEASE
ADDITIONAL FOR \$6.59

DASANI WATER 24 PK - 1/2 LITER BTLS **\$4.39**



OXI, FREE & CLEAR OR STAIN LIFTER
ALL LIQUID LAUNDRY
3/\$10
46.5-50 OZ

COTTONELLE CLEAN CARE OR ULTRA COMFORT CARE BATH TISSUE 12 PK - DBLE ROLL **\$4.99**

CLASSIC ROAST, GOURMET SUPREME, HALF CAFFEINE, BREAKFAST BLEND, COLOMBIAN, FRENCH ROAST, BLACK SILK, HOUSE BLEND OR SPECIAL ROAST
FOLGER'S COFFEE
\$7.99
24.2-30.5 OZ

BOURBON & BROWN SUGAR, STEAKHOUSE, SMOKEHOUSE OR SOUTHERN PIT BBQ
BUSH'S GRILLED BEANS
\$1.99
22 OZ

HEINZ KETCHUP
\$1.99
38 OZ

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SWEET BABY RAY'S BBQ SAUCE
\$1.19
18 OZ

FAMILY PACK 85% LEAN
GROUND BEEF..... LB \$2.99
FAMILY PACK 93% LEAN
GROUND BEEF PATTIES LB \$3.69
ANGUS FARMS BEEF BONELESS
SIRLOIN TIP ROAST LB \$3.99
ANGUS FARMS BEEF BONELESS
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ANGUS FARMS BEEF BONELESS
RIBEYE STEAK LB \$9.99
ANGUS BEEF BONELESS
BALL TIP STEAK LB \$4.49

HORMEL
PORK BACKRIBS LB \$2.99
FAMILY PACK BONELESS CENTER-CUT
PORK LOIN CHOPS LB \$2.59
FAMILY PACK BONE-IN PORK
SHOULDER STEAK..... LB \$1.89
BONE-IN PORK
SHOULDER ROAST LB \$1.79
FAMILY PACK BONE-IN PORK
COUNTRY STYLE RIBS LB \$1.69
NO NAME ASSORTED VARIETY BEEF
STEAKHOUSE BURGERS... 24 OZ \$7.49

GERBER "AMISH FARMS"
WHOLE CHICKEN..... LB \$1.59
BONELESS, SKINLESS
CHICKEN BREASTS LB \$1.99
FAMILY PACK CHICKEN
DRUMSTICKS OR THIGHS LB 79¢
FAMILY PACK SPLIT
CHICKEN BREASTS LB \$1.19
CLOVERDALE BONELESS TEAR DROP
HALF HAM LB \$1.79
ARCTIC SHORES 26-30 CT
COOKED SHRIMP 16 OZ \$8.99

JOHNSONVILLE ORIGINAL, BEER, CHEDDAR, HOT OR MILD ITALIAN
FRESH BRATS 19 OZ \$3.99
JOHNSONVILLE ASSORTED VARIETY SMOKED/COOKED
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SLICED BACON 16 OZ \$3.99
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SUMMER SAUSAGE..... 28 OZ \$7.99
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MILFORD FARMS 5 OZ 5/\$5

WHOLE, 2%, 1% OR SKIM
CASS CLAY MILK
\$2.99
GALLON

WHOLE, 2%, 1% OR SKIM
CASS CLAY MILK.. 97 OZ 4/\$9.50

ASSORTED
NABISCO SNACK CRACKERS
2/\$4
3.7-9.1 OZ

ASSORTED NABISCO
RITZ CRACKERS.. 8.8-13.7 OZ 2/\$4

BBQ, REGULAR, WAVY REGULAR OR SCO
LAY'S
BUY ONE GET ONE
9.75-10.25 OZ

MILK CHOCOLATE
HERSHEY'S BARS..... 6 PK \$2.39

VEGETABLE OR CANOLA
CRISCO OIL
\$2.39
48 OZ

ESSENTIAL EVERYDAY SEMI-SWEET
CHOCOLATE CHIPS.. 12 OZ \$1.89

GOLDEN CHUNKS
TUFFY'S DOG FOOD
\$5.99
17.6 LBS

TUFFY'S
CAT COMBO..... 18 LBS \$9.99

LAND O LAKES HALF & HALF
5/\$4.50
PINT

CASS CLAY
WHIPPING CREAM.... PINT \$1.99

ASSORTED
KEEBLER CLUB CRACKERS
5/\$10
11-13.7 OZ

WATER PACK CHICKEN OF THE SEA WHITE ALBACORE
TUNA 4 PK - 5 OZ CANS \$2.99

ORIGINAL OR RIP-L
OLD DUTCH POTATO CHIPS
2/\$6
15 OZ BOX

SNICKERS, MILK WAY, 3 MUSKETEERS OR M&M'S
CANDY SINGLE SERVE 3/\$2

NO SALT ADDED PIECES & STEMS
ESSENTIAL EVERYDAY MUSHROOMS
4/\$3
4 OZ

REGULAR OR KOSHER
GEDNEY BABY DILLS..32 OZ \$2.59

KINGSFORD CHARCOAL
\$5.99
15.4 LBS

FRUIT PUNCH, WILD CHERRY, STRAWBERRY KIWI, PACIFIC COOLER, TROPICAL PUNCH, RED BERRY OR STRAWBERRY
CAPRI SUN 10 PK - 6 OZ BOXES 3/\$8

ASSORTED
CHOBANI YOGURT
2/\$1
5.3 OZ

ASSORTED LAND O LAKES
COTTAGE CHEESE ... 16 OZ \$1.79

LAND O LAKES ICE CREAM
\$2.99
56 OZ SQUARE

CASS CLAY ORANGE OR RASPBERRY
SHERBET 1.5 QT \$1.19

GLACIER FREEZE, ORANGE, FRUIT PUNCH OR LEMON-LIME
GATORADE SPORTS DRINK
10/\$10
32 OZ

CHOICE OF 3 COUNTRYTIME
LEMONADE ... MAKES 8 QTS \$2.59

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2/\$1
8 OZ

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40 LBS

BLUE BAG EXTRA COARSE....\$5.49

YELLOW BAG PELLETS.....\$5.59

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ESSENTIAL EVERYDAY
MELTING CHEESE.....32 OZ \$4.99
ESSENTIAL EVERYDAY
CREAM CHEESE..... 8 OZ 2/\$3
ESSENTIAL EVERYDAY
PIE CRUST......2 CT \$2.39
CRUZ BURRITO SIZE
TORTILLAS......24 OZ \$2.49
ASSORTED LAND O LAKES
SOUR CREAM16 OZ \$1.59
LAND O LAKES
BUTTERMILK QT \$1.39
PLAIN, STRAWBERRY OR VANILLA
CASS CLAY YOGURT.....32 OZ \$2.59
ASSORTED LAY'S, TOSTITOS OR DIPETIZER
DIPS 10-15 OZ \$3.29
ASSORTED
TOSTITOS SALSA 15.5 OZ \$3.29
ASSORTED
FRITO LAY BAKED SNACKS 6.3-7.6 OZ 2/\$5
REGULAR, HARVEST CHEDDAR OR GARDEN SALSA
SUN CHIPS..... 7 OZ 2/\$5
CHOICE OF 3 KEEBLER
TOASTED CRACKERS 8 OZ \$2.59
CHOICE OF 2 KELLOGG'S
RICE KRISPIE TREATS 8 PK \$1.99
ASSORTED KEEBLER
TOWNHOUSE CRACKERS..9-13.8 OZ \$1.99
ASSORTED HERSHEY'S SNACK SIZE
CANDY BARS 8 PK 2/\$3

FROZEN FOOD

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Local Manufacturing Company Seeking Laborers

- Monday-Friday, 8 am-5 pm, OT when needed
- Must have valid DL and reliable transportation
- Must be able to lift a minimum of 50 lbs.
- Must be energetic and self-motivated
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- Experience with heavy machinery a plus

IF INTERESTED, PLEASE CALL 218-776-2882 TO SCHEDULE AN INTERVIEW.



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OPERATOR ASSISTANT -- Scoular Special Crops is seeking motivated individuals to work in their sunflower processing facility in Mentor, MN. Scoular offers competitive wages and a comprehensive benefits package including medical and dental insurance, a retirement program, and vacation and holiday pay. For more information, call us at 218-637-8204.

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Primary duties will include, but are not limited to:

- Provide excellent customer service and communicate in a cheerful, professional and effective manner
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Please call Garden Valley at 218-687-2400 for additional information. We will accept resumes from applicants seeking temporary employment. Submit resume to Attn: Service & Operations Manager, Garden Valley Telephone Company, PO Box 259, Erskine MN 56535.

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R10C-11m

Rummage Sale

MULTI-FAMILY GARAGE SALE: Friday, July 8th, 4-8 pm & Saturday, July 9th, 8 am – noon, 107 3rd Ave. SE, Clearbrook, MN. NO EARLY SALES PLEASE! Kitchen items; knick knacks; craft items; vases; bird feeders; Stampin' Up rubber stamp sets; holiday décor; wall décor; wood rolling cart; curtains; junior size clothing M-L (Aero, Maurices, Outfitter, American Eagle) very good condition; Women's size clothing M-XL; Men's clothing 2X; grease guns; lawn tractor tires; pickup tires (very little tread); small engine parts; dorm fridge, plastic shelving units, porch rockers, large Weber kettle charcoal grill; 2 Huffly, 26", 15 speed bikes LIKE NEW; blue fiberglass pickup top (fits 1997-2003 Ford). R14-15NC

Huge Rummage Sale

JULY 1 & 2
9 am-5 pm

at 25153 460th St., Leonard, MN

All proceeds are donated to the Leonard Bash!!

R14C

Miscellaneous

FOR SALE: Big Tex trailer, 22 GN, \$8500, less than 700 mi.; Excel 20' pull behind tandem camper, \$1600; 440 JD dozer, \$3800; KeyWay brand valve grinder w/cabinet, \$300. 218-268-4357.

R14C



118 N. Johnson Ave. • Fosston



Fax: 218-435-6998
Cell: 218-280-7270
218-435-6995

2 Bed 1.5 Bath, country home with attached garage, on Lake Sarah. Gas fireplace & screened porch allow you to relax inside and out. Top notch construction makes this home very low maintenance. \$235,000

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2 Bed, 1.5 Bath, 2,942 sq. ft. Full Basement, attached dbl. garage, in Fosston with a large yard. \$130,000

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MLS #16-743 Clearbrook
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R14C

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R21C

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R10-13C

PARKVIEW APARTMENTS ACCEPTING APPLICATIONS FOR LOW RENT PUBLIC HOUSING

The Housing and Redevelopment Authority of Bagley is accepting applications for Parkview Apartments.

Parkview Apartments are 1 bedroom units.

These units are for income eligible one and two member families with good rental and credit histories.

Applicants must also pass a criminal and sex offender background check.

Rent is based on income.

Tenants are required to pay their rent on time and maintain the unit in good working order at all times.

You may obtain an application at Parkview Apartments at 516 Main Ave N or by calling 218-694-6548 to have one mailed.

Applicants will be placed on a waiting list according to date and time of application.

An Equal Housing Opportunity



R101C-C

BROOKFIELD APARTMENTS in CLEARBROOK, MN

has IMMEDIATE 1 Bd openings for people of ALL AGES with No income restrictions. Laundry room facilities available, off street parking & pool table. Rent is based on 30% of your monthly adjusted gross income.

For applications and qualifications, contact NICOLE at 218-751-6881 x 4.

Applications online @ bemidjimanagementinc.com
AN EQUAL HOUSING OPPORTUNITY.

R9-14C

WHITE EARTH CONGREGATE HOUSING

has immediate openings for a 1 bedroom unit. Must be 62 years of age or 18 years of age with a disability. Rent includes water, sewer, garbage and heat. Rent is based on income. Certain Restrictions apply.

For more information call DW Jones Management, Inc. (218) 547-3307 or apply online at www.dwjonesmanagement.com

Equal Housing Opportunity.
TTY 711 CREATING BETTER LIVING

R501C-C

MOVE-IN SPECIAL! \$300 VISA GIFT CARD

RED LAKE SENIOR APARTMENTS

Call today about our 1 bedroom apartments that are available for immediate occupancy. Certain Restrictions apply. Rent is based on income and includes heat, water, sewer, garbage and electric. Must be 62 years of age or older. Laundry on-site, central air included, community room, emergency call system, meal services available.

For more information contact 218-547-3307. Apply online at www.dwjonesmanagement.com.

Equal Housing Opportunity TTY 711 Creating Better Living

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The average American family throws away \$2,000 worth of food every year. Buy what your family needs and eat what you buy.
Start at home
• Look in your freezer, refrigerator and cupboard. Plan meals for the week using the foods that you have at home.
Make a List
• Think about what your family is going to eat during the week. Take the list with you to the grocery store. You will be less likely to buy foods that you don't need.
Shop Smart
• Read the labels and choose foods that have a longer shelf life. Buy food in the size you need.
• If your family eats a small amount of breakfast cereal, buy the small box.
Fresh Every Week
• Buy only the amount of fresh fruits, vegetables, bread and meat your family will eat in one week. If you buy more than will be used before the expiration date, freeze it! The freezer

can be your best friend in saving food and saving money.
Limit Buying in Bulk
• Buy only the amount of food that you know your family will eat. It's not a good price if you end up throwing half of it away in the garbage.
Don't throw away food. Use it to create a new meal or snack.
• Bread – make French toast, croutons or bread pudding. Serve toast sprinkled with garlic powder at dinner.
• Cooked Pasta – add to a casserole or soup.
• Bananas – top cereal with sliced bananas. Freeze and use for smoothies. Make banana bread or muffins.
• Vegetables – add veggies to a soup, stew or casserole. Make a salad.
• Milk – make a smoothie, hot chocolate, pudding or soup.
• Eggs – make deviled eggs, egg salad sandwiches, omelet or fried egg sandwich.
• Beans – add cooked beans to soups, chili or stew. Mash cooked beans to make a dip.

Freeze leftover vegetables and meats to use for soups, casseroles and stir-fries later.

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Water has no substitute. Use it wisely.

There is no substitute for freshwater. In the last few years the Red River Basin has had little to worry about in terms of too much water or too little. Flooding has been minimal and despite some dry periods the rain has been present. We know all too well in this region things can change quickly and may or may not include the entire Red River Basin.
The time to plan and prepare for flood events and drought is now. Significant steps have been taken to reduce risks from flooding but what happens when there just simply isn't enough water. Without deliberate, thoughtful planning, competition for water will become more intense as agricultural, municipal, industrial, and recreational users find themselves playing a high-stakes game of musical chairs. With a proactive plan, modest changes in how we manage, use and conserve water could have big results.
These plans and lifestyle changes need to occur while we have enough water and drought has not begun. There are a number of things that communities are doing which include making drought plans, conserving water, building dams and other structures that help us store water, and learning about drought and the environment.

- What can you do?
National Geographic.com outlines several things you can do to help us better prepare for future droughts:
1. Choose outdoor landscaping appropriate for your climate. Native plants and grasses that thrive on natural rainfall only are best.
2. Install low-flow showerheads and faucet aerators. Because you're saving hot water, you'll also reduce your energy bill.
3. If you're in the market for a toilet, buy a low-volume, ultra low-volume, or dual-flush model.
4. Fix leaky faucets. All those wasted drops add up—sometimes to 10-25 gallons a day
5. Run your dishwasher and washing machine only when full. When it's time to replace them, buy a water- and energy-efficient model. Remember, saving water saves energy, and saving energy saves water.
6. Buy less stuff. Everything takes water to make. So if we buy less, we shrink our water footprint.
7. Recycle plastics, glass, metals, and paper. Buy reusable products rather than throw-aways, as it takes water to make most everything.
8. Turn off the tap while brushing your teeth and washing the dishes. Shave a minute or two off your shower time. Millions of people doing even the little things makes a difference.
9. Know the source of your drinking water—the river, lake, or aquifer that supplies your home. Once you know it, you'll care about it. You just won't want to waste water.

When you get home today, using the list above, take an inventory of places in your life, home and yard where you could make some changes to conserve water. And remember the next time you turn on the faucet or hose, that water has no substitute and is our most precious resource.
For more information on many of these types of water savings actions, please visit the Environmental Protection Agency's website at www.epa.gov.

Farmall M continued....



By Auctioneer, Eric Mickelson

The M Farmall was designed as a 3-plov tractor. The model M was extremely popular and was a huge part of the post World War !! tractor sales for International Harvester. There are still many M's out in the workforce today!
A few weekends ago I attended a wedding dance. I was visiting with a farmer there and I told him I had purchased an M Farmall. Now I had been researching the tractor and knew it had been a successful model for IH. The gentleman I was talking to told me the M was the tractor that just about put IH out of business. But, it certainly wasn't a flop!? He went on to explain the problem was the dealerships didn't sell

any parts.
The M was so solid that it didn't break down! Doesn't seem like a bad deal for the farmer, but IH didn't really like it!
In wheat country the heavy standard tread tractors were popular for field work. Sporting the same engine as the M, the McCormick Deering W-6 fit the bill for those farmers looking for 3-plov power.
I hope my 75 year old M still is the kind that doesn't need repairs! I doubt that, but with a new coat of paint I hope it will look like new again!!
**Just another reminder: There will be a tractor show in Plummer on July 4th, starting at 9:00AM. If you have any questions give me a call (218-796-5767).

How About a Little Tractor Trivia

1. What model replaced the M?
A. MD B) MV C) Super M D) M Special
2. What did MV stand for?
3. The W-6 was the standard version of the M. What was the I-6?
4. What was different about the transmission on M's the came on steel wheels?
5. M's were manufactured in Rock Island, Illinois, and what two other countries besides the US?
A) Franc and England B) France and Germany C) England and Australia

Answers:
1. C. 2. M-Vegetable(Hi crop version) 3. Industrial Model of the W-6
4. Only had 4 speeds instead of 5, no road gear 5. C. England and Australia

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Two Join Karvakko

BEMIDJI, MN, June 16, 2016—Karvakko recently added Sarah Day, EIT and Benji Hofstad to their team. Sarah joined our team as an engineer. As a native of the Bemidji area, Sarah received her Associate's Degree in En-



gineering from Itasca Community College, and Bachelor of Science Degree in Mechanical Engineering from the University of North Dakota. Benji filled a new position as Client Relations Manager. His main task is to serve as

the liaison between the technical team and clients, ensuring seamless project delivery. Benji Received his Bachelor of Science Degree in Construction Management from Minnesota State University – Moorhead. He brings with him 20 years of experience in project management—providing construction oversight on civil and architectural projects.
Karvakko is headquartered in Bemidji, Minnesota, with branch offices in Minot, North Dakota and Houghton, Michigan. The firm provides engineering, architecture, surveying, planning, and landscape architecture services throughout the upper Midwest, specializing in the aviation, municipal, energy and transportation industries.

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2015 Buick Lacrosse Leather, 3.6 V6, 14K, Summit White, 67054A \$24,500
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MIDSIZE
58045B 2001 Chev S10 Crew Cab LS, 4x4, 144K, Green..... \$5,995
69033a 2003 Ford Ranger Ext Cab XLT 4x4, auto, 76K, Tan..... \$9,800
57047A 2007 Chev Colorado Ext Cab, LS, 89K, White \$7,500
USED HEAVY DUTY
58075a 2001 Chev 3500 Ext Cab LS, 4x4, Dually, Diesel, 176K, Green..... \$10,900
58076b 2009 Chev 2500 Crew Cab LT, 4x4, Gas, 113K, Blue Granite..... \$22,500
68062a 2012 Chev 2500 Crew Cab LTZ, 4x4, Gas, 43K, Graystone \$34,900
69032a 2013 Chev 3500 Crew Cab LT, 4x4, Diesel, 30K, Black \$41,900
68105A 2015 Chev 2500 Double Cab LTZ, 4x4, Gas, 19K, Deep Ruby..... \$38,900
CREW CAB
57057C 2005 Chev 1500 Z71 4x4, 163K Silver \$10,900
38151b 2005 Chev 1500 Z71 4x4, 155K red \$11,900
68069a 2005 Chev 1500 Z71 4x4, 153K Silver \$11,900
69006B 2007 Chev 1500 LT 4x4, 93K, Black..... \$16,900
48065A 2008 Chev 1500 LT 4x4, 92K, Blue Granite \$17,900
67050B 2008 Chev 1500 LT 4x4, 139K, Silver..... \$16,900
59028a 2008 Chev 1500 LT 4x4, 131K, Blue Granite..... \$15,900
68108B 2009 Chev 1500 LTZ 4x4, 122K, White \$17,900
59031B 2009 GMC 1500 SLE 4x4, 119K, Black \$17,900
48221a 2010 Chev 1500 LT 4x4, 74K, Silver..... \$19,500
58132C 2010 Chev 1500 LT 4x4 111K, Silver..... \$16,900
38235a 2010 Chev 1500 LT 4x4, 90K, Silver..... \$19,500
59020A 2011 Chev 1500 LT 4x4, 65K, White Diamond \$24,800
58193A 2012 Chev 1500 LT 4x4, 42K, White Diamond \$26,900
67009B 2012 Chev 1500 LTZ 4x4, 6.2 V8, 29K, Imperial Blue \$31,900
58196a 2013 Chev 1500 LT 4x4, 67K, Deep Ruby..... \$26,900
58121A 2013 Chev 1500 LT 4x4, 67K, Matching Topper, Deep Ruby \$26,900
48187a 2013 Chev 1500 LT 4x4, 46K, Mocha..... \$26,900
68087A 2013 Ford F150 Supercrew Lariat 4x4, Ecoboost, 29K, Dark Green..... \$35,400
68065A 2013 Ford F150 Supercrew FX4 4x4, Ecoboost, 39K, Blue \$35,900
69034a 2014 Chev 1500 LT 4x4, 35K, Red..... \$30,995
68114B 2014 Chev 1500 LT 4x4, 7K, Deep Ruby..... \$32,800
68080a 2014 Chev 1500 LTZ 4x4, 48K, Diamond White \$34,800
EXTENDED CAB
69008B 2007 Chev 1500 LTZ 4x4, Matching topper, 134K, Mocha \$15,900
49059b 2007 Chev 1500 LT 4x4, 103K, White \$15,600
68049a 2011 Chev 1500 LT 4x4, 51K, Silver..... \$22,800
59064C 2011 Chev 1500 LT 4x4, 62K, Blue Granite \$22,900
68113a 2013 Chev 1500 LT 4x4, 74K, Mocha \$21,800
68077a 2013 Chev 1500 LT 4x4, 34K, Blue Granite..... \$26,900
58144B 2013 Chev 1500 LT 4x4, 23K, Blue Topaz \$26,900
CARS
47034b 2001 Chev Impala LS 3.8 V6, 189K, Gold \$2,995
57026C 2006 Pontiac G6 GT 4dr, 146K, White \$4,995
69038a 2007 Chev Impala LT, 202K, Silver \$3,900
58132b 2008 Pontiac G6 GT sunroof 2dr 97K, Red \$7,500
67007B 2008 Chev Impala LT heated leather, 156K, Maroon..... \$4,900
67043b 2008 Buick Lucerne CXS V8 heated leather, 89K, Maroon \$10,000
68029a 2008 Buick Lucerne CXL, 59K, Goldmist..... \$11,800
39025b 2012 Chev Impala LT 31K, Black..... \$13,900
67037a 2015 Chev Cruze 2LT, heated leather, 12K, Blue \$15,500
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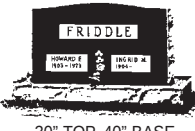
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R4-29C

OBITUARIES

Death Notice for Beryl Fritz

Beryl Fritz, age 84, of McIntosh, MN, passed away on Saturday, June 25th, at McIntosh Senior Living. Funeral services will be held on Friday, July 1st at 11:00 a.m. at Calvary Free Lutheran Church in Fosston, MN with Rev. Alan

Arneson officiating. Visitation will be held for one hour before the funeral at the church on Friday morning. Interment will be held at a later date at Mt. Carmel Free Lutheran Cemetery in McIntosh. The Carlin-Hoialmen Funeral Home, serving McIntosh is in charge of the arrangements. Messages of condolence may be sent to carlinhoialmen.com.



Services for Lee Hartel

Lee Hartel, age 65, of Mc-Intosh, MN, passed away on Saturday, June 25th, at Essentia First Care Living Center in Fosston. Memorial services will be held at 2:00 p.m. on Thursday, June 30th, at the McIntosh Community Center in McIntosh with Jeanne Rains officiating. Interment will be in Mount Carmel Free Lutheran Cem- etery, McIntosh. Family will greet friends for one hour prior to the service on Thurs- day at the community center. Arrangements are with the Carlin-Hoialmen Funeral Home, serving McIntosh, and messages of condolence may be sent at www.carlinhoialmen.com.

Lee Orvin Hartel was born on October 19, 1950 in Fos- ston, Minnesota to parents Orvin and Evonne Carlson Hartel. He grew up in Mc- Intosh and graduated from McIntosh High School in

1968. He farmed grain and milked with his father and his brother, Mark. After Or- vin's retirement, Lee and Mark formed a partnership. In 2000, Lee went to work for Bauer Farms of Erskine. He was employed there until 2015 when ill health forced him to stop working.

As a hobby during the last couple of winters, Lee enjoyed restoring old John Deere tractors with his good friend, Noel Thompson. He liked to travel, enjoying several trips to Florida. He also enjoyed attending parades, especially those that included tractors and/or farm machinery. Most of all, Lee enjoyed spending time with his family. He will be dearly missed.

The family wants to ex- tend a special thank you to Julie Christianson for all she has done for the Hartel fam- ily and for being so special to Lee.

Survivors include his mother, Evonne Hartel of McIntosh; six brothers, Rog- er of Northome, MN, Kenny (Nancy) of Wilton, MN, Dean (Lorri Ann) of Red Lake Falls, MN, Mark (Peggy) of McIntosh, Dale "Boof" of Hillsboro, ND, and Jim (Lori) of Bradenton, FL; two aunts, Lorraine Carlson and Ruth Carlson, both of McIntosh; numerous nieces, nephews, great nieces and great neph- ews, and cousins also survive.

He was preceded in death by his father, Orvin in 2008; and his grandparents.

Honorary Pallbearers will be the McIntosh High School Class of 1968.



Services for Duane Wagner

Duane Adolph Wagner, 87, of Berner, MN, passed away Thursday, June 23, 2016 at his home in Berner, MN, surrounded by his lov- ing family.

Funeral services will be held on Wednesday, June 29, 2016 at 2:00 PM at United Lutheran Church in Berner, MN. Visitation will be on Tuesday, June 28, 2016 from 5:00-7:00 p.m. with a Prayer Service at 6:30 p.m. at Cease Family Funeral Home in Bagley, MN. A visitation will also be one hour prior to the funeral service at the church. Interment will be at United Lutheran Cemetery in Bern- er, MN .The Cease Family Funeral Home of Bagley as- sisted the family with the ar- rangements.

Duane was born August 27, 1928 in Winsor Township near Berner, MN to Earl and Beatrice (Torgerson) Wag- ner. He was baptized and confirmed at United Luther- an Church in Berner, MN. He graduated from high school in 1947 in Gonvick, where he played football for the Gon- vick Bulldogs, who were un- defeated for four seasons. Af- ter high school, he enlisted in the United States Air Force. Duane married the love of his life, Signe Strandberg, on October 7, 1950 at United

Lutheran Church in Berner, MN. Into this union, two daughters were born, Pa- mela and Kimberly. Duane did some farming, worked construction in Minneapolis, and then later found his true passion working with heavy equipment. He became the owner and operator of his own business, "Duane Wag- ner Excavating".

Duane was a member of the Gonvick American Le- gion and a life-long member of United Lutheran Church; he even fixed the steeple of the church in the mid 1950s. He loved hunting, fishing and always enjoyed anything to do with horses. He also loved riding his four-wheeler through the trails he made in the woods and frequently checking on his wildlife pond. He took pleasure in garden- ing and watching things grow. During the last years, he also enjoyed watching and listening to the birds gath- ered around the bird feeder on their deck. Although he was a bit of a homebody, Duane enjoyed the company of his friends and neighbors, of whom he deeply cared about. He was quite the prankster and loved bringing a smile to peoples' faces. He was a wonderful husband, fa- ther, grandfather, and great grandfather and will be greatly missed.

He is survived by his wife, Signe; his daughters, Pamela (Ernie) Samson of Tenstrike, MN and Kimberly (Steve) Pohl of Bemidji, MN; his grandchildren, Tracy (Kerry) Hopperstad, Tamara (Chris) Thompson, Kathryn (Justin) Toole, Karl (Kayla) Pohl, and Kristofor Pohl; his great grandchildren, Brenden, Brenna, Bryce, Kade, Kar- son, Oliver, and Austin; his sister, Darlene (Jim) Lien; his brother, Art (Phyllis) Wagner; several nieces and nephews; and many friends.

He was preceded in death by his parents, Earl and Bea- trice Wagner; and his sisters, Joyce, Doris, and Arlyss.

Death Notice for Robert Swanson

Robert L. Swanson, 70, Gatzke, MN, formally of War- ren, MN, passed away June 11, 2016 at Veterans Hospital, Fargo, ND.

Surviving is his wife of 50 years, Sandra; one daugh- ter, Robin (Trevor) Irlbeck of Grygla, MN; one son Jason of Gatzke, MN; brother Randy

(Bette) Swanson; sister Lor- na (Scott) Fillip, both of War- ren, MN; two grandchildren Candance Irlbeck, Chance Irlbeck; one great-grandson, Max.

He was proceeded in death by his parents, infant son, in- fant brother, and a nephew.

Family services will be held at a later date. Dubore Funeral Home in Warren is in charge of the arrange- ments.



Services for Norman Stenvik

Norman Stenvik, 79, of Goodridge, MN died Thurs- day, June 23, 2016 at Sanford Hospital in Thief River Falls, MN with his loving wife at his side.

Funeral to celebrate his life will be held at 10:30 AM on Thursday, June 30, 2016 at Faith Lutheran Church in Goodridge, MN with Rev. Philip Johnson officiating. Burial will be at Rosendahl Cemetery, rural Goodridge, MN.

Visitation will be held from 5:00 PM until 8:00 PM with a 7:30 PM prayer service on Wednesday, June 29, 2016 at Faith Lutheran Church in Goodridge, MN. Visitation will also be held from 9:30 AM until 10:30 AM on Thursday at Faith Lutheran Church.

Norman Edward Stenvik was born on November 7, 1936 in Star Township, Pennington County, MN the son of Oscar and Esther (Coan) Stenvik. He was baptized and con- firmed at Rosendal Lutheran Church, rural Goodridge, MN. He attended country school and also Goodridge School.

On October 17, 1959, Nor- man was united in marriage to Lorraine Warne at the Lutheran parsonage in Good- ridge, MN by Pastor Heltné. They made their home on the Stenvik family farm in Reiner Township, east of Goodridge, MN and to this union six sons were born, Lynn, Keith, Scott, Bradley, Randall, and Arlen. Norman entered into service with the United States Army in 1960 and follow- ing his Honorable Discharge he re- turned to the family farm in Reiner Township.

In 1965, Norman went to work for Brodin's in Thief

River Falls where he worked until 1987 and he also farmed all the while working out. In 1989, Norman and Lorraine started their own business which they called Country Heating which they operated until 2010 when he retired due to health reasons.

He enjoyed gardening, square dancing, making toys, fabricating, fishing, travel- ing, had a great sense of hu- mor and enjoyed teasing the grandkids and taking them to Sjulestad's Gummy Worm Store. Norman was a member of Faith Lutheran Church in Goodridge, MN and American Legion Post # 162 in Grygla, MN. Norman and Lorraine were also very active in 4-H, FFA and the Bit & Bridle Saddle Club.

Survivors include his lov- ing wife of 56 years, Lorraine; sons, Lynn (Jan) Stenvik of Middle River, MN, Scott (Gwen) Stenvik, Brad (special friend, Cassie) Stenvik all of Thief River Falls, Randy (Dawn) Stenvik of Whitewa- ter, MT and Arlen (special friend, Christine) Stenvik of Goodridge; daughter-in-law, Aysun Stenvik of Istanbul, Turkey; grandchildren, Lind- say (Chris) Hennek, Amanda (Jesse) George, Tom (Whit- ney) Stenvik, Jackie Stenvik, Danielle (Alex) Hanson, Kyle Stenvik, Mitchal Stenvik, Casandra Stenvik, Brittney Stenvik, Cassidy Stenvik, Zackary Stenvik, Avery Sten- vik, Evan Stenvik; 2 step- grandchildren, Christopher (Jodi) Johnson and Joseph (Ally) Thompson; 12 great- grandchildren, Neveah, So- phie, Stiles, Amelia, Alex, Autumn, Cora, Oliver, Juli- anna, Vivian, Declan, Chase Martin; sisters, Elsie Dahl, Edith Eidelbes and Doris (Ben) Mosher all of Tower, MN; sister-in-law, Vivian Stenvik; mother-in-law, Pe- nelope Warne of Thief River Falls; brothers-in-law, Darrel (Sophie) Warne of Badger, MN, Lowell (Barb) Warne of Grygla, MN; sister-in-law, Debra (Ralph) Cox of Me- nagha, MN; and many other relatives and friends.

He is preceded in death by his son, Keith; parents; siblings, Irene, Wallace, Jean- nette, Orland; brothers-in- law, Albert Dahl and Robert Eidelbes; and father-in-law, Allen "Jack" Warne.

Condolences may be sent at www.johnsonfuneralservice.com

Coat of Arms continued from front...

intellectual property of a family or municipal body. In the Nordic countries, provinces, regions, cities, and municipalities have coats of arms. They are posted at the borders and on buildings containing official offices, as well as used in official docu- ments. Arms can also be used on souvenirs

