Wednesday, April 2, 2025

Tri County Canary

A supplement of the:
• Leader-Record • McIntosh Times • Grygla Eagle
• Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)

Trading skates for a sled, Bemidji's Lucy Solheim battles cancer to stay close to the game she loves

By Jared Rubado,
The Bemidji Pioneer

Editors Note: Lucy is the daughter of Meggen and Jerry Solheim of Bemidji and her grandparents are Warren and Shirley Solheim of Clearbrook and Oren and Jean Lund of Greenbush.

During a summer hockey practice in 2021, Lucy Solheim awkwardly leaned over to pick up a puck off the ice.

It was a normal, run-of-the-mill day for the Bemidji seventh grader until her dad noticed something was off.

"I'd been having nerve pain before that practice, but he saw I was bending down weird," Solheim recalled. "He called a doctor and we got an appointment set up. When I had an MRI a few days later, they found a tumor."

Solheim was diagnosed with myxopapillary ependymoma. It's a rare, slow-growing type of brain or spinal cord tumor that originates from ependymal cells, which line the central canal of the spinal cord.

The initial test revealed one tumor, which she compared to the size of a sausage. After meeting with a doctor at the University of Minnesota, a separate test showed a second smaller tumor lodged in her spine.

Solheim had four tumors in total, with two more in her brain. In a matter of weeks, she felt the consequences of life's most unfair circumstance. At 12 years old, Solheim was a cancer patient.

Since that practice in July 2021, Solheim has undergone two surgeries to remove spinal tumors, while the other two in her brain sit idle. She powered through a six-week radiation treatment and suffers from permanent nerve damage in her left leg.

In sports, time is undefeated; it catches up to every player eventually. Cancer and time worked together to take hockey away from Solheim before she was old enough to attend high school.

"I was never told I had to stop playing, but it just got to a point where I physically couldn't do it," she said. "I couldn't keep up with anything anymore. I wasn't really enjoying it anymore and it was hard for me. I'd been playing my whole life, and making that decision was really tough."

However, Solheim decided to take hockey back.

After hanging up her skates following her eighth-grade season with the Bemidji High School girls hockey team, she transitioned to the role of manager. Solheim also found a way to keep competing on the ice in the form of sled hockey.

The road often traveled

The Solheim family put a lot of miles on their car in 2021.

After pushing through her first surgery at the Mayo Clinic in Rochester on Aug. 13, Solheim was told on a Google Meet session with her doctor that she needed radiation. It's a process intended to shrink and slow the growth of the remaining tumors.

"The worst part is losing your hair," Solheim said. "But I thought it was going to be way worse than it was. I have a great community around me that helped me. At school, I could wear a hat. I knew nobody would make fun of me but I was still nervous. I was the girl that didn't have hair at school, and that scared me."

It's also a process that required her to be at the Mayo Clinic for six weeks. Meggen Solheim, Lucy's mother, drove her to Rochester every Sunday night for a month and a half. They rented an apartment and stayed until Friday afternoon each week before driving back to Bemidji.

Despite the circumstances, Lucy was given the leeway to keep playing hockey during her radiation treatment. Meggen reached out to a 15U girls hockey team in Rochester and asked if she could skate with them during weekdays.

"We knew she'd have a lot of downtime even after her school work," Meggen said. "We just wanted to give her something to look forward to and something she felt she was a part of. We found an email for the team in Rochester on their youth hockey home page, and they were amazing. Their coach told us to bring her whenever she wanted."

Bemidji's Lucy Solheim rings the bell at the Mayo Clinic in Rochester after her first radiation treatment in 2021. Contributed photo.

Once her treatment ended, Lucy returned to Bemidji and rejoined her 12U hockey team. But she couldn't hide what cancer had done to her playing ability.

"My leg just wasn't right after surgery," Lucy said. "I was limping a lot, I'd trip a lot and was really weak in my leg. I played the rest of my last 12U season — the season we went to state — and it was a really hard year for me. Skating was really hard. I couldn't skate fast, I couldn't skate backward that well. It wasn't painful, I just couldn't do it. I was just weak, I couldn't run or jump anymore."

Lucy stuck with it for one more year. But once the sport became something she couldn't keep up with, she felt like she had no choice but to stop.

"We were really sad," sophomore teammate Bailey Rupp said. "Like it's hard for all of us, but super hard for her to hear that she can't play anymore. But we knew she'd always be a part of our team and be our manager because we wouldn't be a team without her. We need her with us because she's such a huge part of our team."

Prior to her freshman year in high school, Lucy embraced her new role as the Lumberjacks' manager.

"My sister was still playing, and I have a lot of friends on the team, too," Lucy said. "I figured, why not be the manager so I can still be with my friends and my sister, right? Last season, I didn't miss it that much. But this season, not being able to play and watching my friends play, it just made me want to be out there so bad."

Tough sledding

In just a few weeks after her managerial debut, Lucy approached her parents with a new proposition.

While at Top Shelf, Bemidji's local hockey retailer, Lucy saw USA sled hockey world champion Chloe Kirkpatrick, who was a senior at BHS at the time. While they didn't officially cross paths, Lucy felt inspired to give sled hockey a chance.

Her parents came in contact with Hope Inc., a 501c3 nonprofit organization in the Fargo-Moorhead area that provides family-friendly sporting and recreational opportunities critical to the health and development of children and adults.

Kirkpatrick got her start in sled hockey with Hope Inc.

"We made one phone call and it took off from there," Meggen said. "They went above and beyond to get us on a call and get us to Moorhead that weekend. They wanted her to join, and it's been arms wide open ever since. Her coach helped her get a grant to help pay for her sled. We're still new to it, we're still rookies, but they get us anything we could ever need."

Lucy's first sled hockey practice was in October 2023. Since then, she's traveled to Moorhead nearly every Saturday to play.

"It's weird because you don't use your legs at all," Lucy said. "You have to use your arms to push yourself around everywhere, and it's really hard to learn at first. Your arms are burning because you're so tired."

Lucy said it took one practice to get over her trepidations about playing for a new team in a new sport. She also said it took five or six practices to feel comfortable playing on a sled.

Since then, Lucy has competed in a sled hockey tournament with Hope Inc. Last weekend, she played in a jamboree.

Hope Inc. also played in a sled hockey game against the North Dakota State football team before taking the ice against the North Dakota men's hockey team at the Ralph Engelstad Arena in Grand Forks, N.D.

"It gave her a chance to play the sport she loves and play it competitively," Meggen said. "She just couldn't skate anymore like she used to. She still can't lift that left leg. There are times when she feels she's missing out on something, but she's still part of the team. But sled hockey is her thing now, and it's amazing."

Lucy officially met Kirkpatrick at a BHS practice earlier this season.

"She told me all about her (experiences) playing sled hockey," Lucy said. "She told me about how she puts her blades in her sleds and how she cuts her sticks. She's been a big role model for me."

Second scare

Lucy was approaching the third anniversary of her first surgery last summer. She thought that chapter of her life was firmly behind her.

Every four months, Lucy received regular testing to monitor the three remaining tumors in her body. While the two in her brain hadn't grown, the smaller one in her back had.

The news of a second operation looming was a shock, to say the least. Lucy did not feel pain of any kind prior to the examination.

"We were blindsided when we found out she had to have another surgery," Meggen said. "We knew the tumor was there, and you're always kind of on your toes. Every appointment she has comes with nervousness, but you have to get through it because you don't want her thinking she can't do it. You have to be strong for yourself, for her and your whole family."

Despite having gone through the process once before and being three years older, Lucy feared the worst was yet to come.

"She took it really hard because she knew what she went through to get everything back that she lost after the first radiation treatment," Meggen said. "We were in a really good stage, but we were so nervous that it was going to set her back and make it hard for her to walk. She was worried she was at ground zero again."

Luckily for Lucy, she avoided another radiation treatment. She now receives spinal scans every four months and brain scans every eight months.

Prior to her second surgery, Lucy was granted a Make-A-Wish. The Solheims took a trip to Hawaii. The day they returned home, they drove back to the Mayo Clinic for her operation.

"My parents — my whole family, really — are so special to me," Lucy said. "They've supported me so much. I'm just so grateful to have that in my life. To have good parents like that to help you go through this is amazing."

Team embrace

Despite the Bemidji girls hockey season ending on Feb. 8, the Lumberjacks have continued practicing at the BCA. And for the first time since trading her skates for a sled, Lucy is playing hockey with her lifelong friends.

"She wasn't sure how to introduce her sled hockey life to people," Meggen said. "Everybody had questions, everybody was so supportive of her. They all wanted to know when her next game was and how she played. Just the embrace she felt from her friends was so special. To know Lucy is to love Lucy, and those girls love Lucy so much."

Her battle with cancer has given her teammates a new perspective.

"Lucy is just Lucy," Rupp said. "She has the best personality. We all love her, and she's such a good person. She's always been our best friend. She's our glue because of the energy she brings to the rink every day. She reminds us of everything we have."

Meggen noted that she had reservations about how Lucy's diagnosis would change things in her social life. However, she was immediately reminded of the strong bond between Lucy and her friends.

"That group played 8U, 10U and 12U together, and they're rock stars," Meggen said. "Their families have been amazing to us and so welcoming. They helped us through some really tough days, but we've always done everything together. Those kids have never treated Lucy any differently. They treat her like the same Lucy they knew when they were 8 years old."

Meggen has also found solace in the support system the local hockey community provided her family.

"Man, there were some long and tough days," Meggen said. "You don't know what's around the corner for you and your family. You can wake up and think everything is fine, and then it's not. We are so lucky that Lucy has so many tight friends, and that comes with parental support. For us, it's leaning on our friends, family and faith."

Lucy Solheim was granted a Make-A-Wish trip to Hawaii in July 2024. Contributed photo.

Lucy Solheim skates up the ice alongside her teammates during a practice on Wednesday, Feb. 19, 2025, at the Bemidji Community Arena. Photo by Madelyn Haasken / Bemidji Pioneer.

Bemidji's Lucy Solheim, second from the right, has played sled Hockey with Hope Inc. for two years. Contributed photo.

Bemidji sophomore Lucy Solheim, front, became a sled hockey player and the team manager for the Lumberjacks after suffering permanent nerve damage from myxopapillary ependymoma. Photo by Madelyn Haasken / Bemidji Pioneer.

Essentia Health in Fosston plans a $12 million dollar expansion

Essentia Health-Fosston announces significant investment to upgrade emergency department, enhance patient care

Recognizing an opportunity to enhance emergency care and support the Fosston and neighboring communities, Essentia Health-Fosston is moving toward finalizing a $12 million investment to dramatically expand the emergency department.

The new ED is expected to be 6,700 square feet — compared to the current 1,100-square-foot space — and will greatly improve patient flow and confidentiality; employee and patient safety; infection control; EMS access; and overall efficiency. Planning for the addition includes a new ambulance bay and rooms designed specifically for patients needing behavioral health care.

"The project would mark another substantial commitment to our patients and the broader Fosston community," said Tanner Goodrich, senior vice president of operations for Essentia Health. "Our team is dedicated to delivering exceptional care and serving the community. This investment will help us continue advancing those goals."

The investment, subject to approval from the Essentia Health Board of Directors, is another example of Essentia's long-term commitment to delivering excellent health care and meeting patient needs in the Fosston area. On the current timeline, the project could be complete in early spring 2027.

Essentia Health had previously allotted funding for this project, which then was approved via a 2-1 vote by the First Care Medical Services (FCMS) Board on March 18. The sole vote against this critical community investment came from the Board member appointed by the City of Fosston. Fortunately, it was able to advance with a simple majority vote.

The ED addition also includes funding for a new registration desk and other important equipment. Design work is expected to start this spring. Essentia will continue to share updates with community partners and patients as the project gets underway.

DON'T MISS OUR
PURINA
Mineral Sale
SALES ENDS APRIL 12TH
Stop in at the Clearbrook Elevator to Discuss Your Mineral Needs and Book Your Orders!
Support Local, Buy Local
CLEARBROOK ELEVATOR
103 Center Ave. W, Clearbrook, MN 56634
(218) 776-3511
R3-4C

Zion Lutheran Church
April Spring
Cleaning Auction Sale!!
Sunday, April 6th
Oklee Community Hall
Sale Start at 12 noon
Setup April 5th
10 am. to 2 p.m.
Donations accepted up to start of sale
Something for everyone
Eric W. Mickelson, Auctioneer
Lic.# 63-6
All proceeds go to Zion's General Fund
O3C

Granlund Lodge meeting April 10

The Granlund Lodge #240, of the Sons of Norway will hold its monthly meeting on Tuesday afternoon, April 10th, at 2:00 in the Embassy Community Center in Fosston on the corner of 3rd and Eaton. After the meeting, at approximately 3:00, George Olson from Bemidji will present the program entitled, "They Brought More Than Lutefisk and Lefse". George is a storyteller and shares many of his tales with songs, some that include audience participation. Be prepared for an afternoon of information, laughter and enjoyment as George leads the program. As always, guests are invited to attend both the meeting and program. For questions, call Wes or Suzie Roland at 435-1230.

Need to Get Rid of a Few Things?
Sell it in the Canary!
Richards Publishing Co.
218-487-5225

The Northern State Bank
ATM available in the entry, 24 hours a day.
As a locally owned bank our dedication to you is our top priority.
The Northern State Bank is proud to offer a full line of services including:
• Direct deposit
• Bill Pay
• Wire transfers
• Cashier's checks
• Canadian currency exchange.
• Safe deposit boxes
• Bank-by-mail
• Telephone transfers
• Automatic transfers
• Night depository
Give us a call today for more information.
We are happy to help!
Making Banking Better For You!
GONVICK, MINNESOTA 56644 • PHONE 218-487-5244
www.nsbgonvick.com
MEMBER FDIC
R3C

Spring CD SPECIAL
12 Month CD
4.25%
(APY) Annual Percentage Yield
Ultima Bank MINNESOTA
$1,000 minimum deposit to open. $1,000 minimum balance required to earn APY. No institutional deposits. Fees may reduce earnings. A penalty may be imposed for early withdrawal. Expires 4/4/2025.
R3C
www.ultimabank.com • 800-421-2588
Winger • Fosston • Plummer • Bemidji • East Grand Forks • Gary
Member FDIC

Author Leif Enger to Visit Local Libraries April 14-16

Leif Enger, author of the recently released and highly acclaimed novel, I Cheerfully Refuse, will visit several local libraries this spring. The public is invited to hear about the author's work and experience as an author. Set in a dystopian version of future America, I Cheerfully Refuse is the story of a grieving musician sailing Lake Superior in search of his departed and deeply beloved wife.

Author Leif Enger

Enger's debut novel, Peace Like a River, sold over a million copies, followed by So Brave, Young, and Handsome and Virgil Wander.

The tour is sponsored by Lake Agassiz Regional Library and will include visits to the following locations:

Monday, April 14 at 7 p.m. at the Moorhead Public Library

Tuesday, April 15 at 11 a.m. at the Crookston Public Library

Tuesday, April 15 at 5:30 p.m. at the Bagley Public Library

Wednesday, April 16 at 2 p.m. at the Detroit Lakes Public Library

Admission is free thanks in part to funding from the Minnesota Arts & Cultural Heritage Legacy Fund. More information is available at larl.org/legacy.

About Lake Agassiz Regional Library

Lake Agassiz Regional Library is a consolidated public library system comprised of 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. For more information on this and other LARL events and services, contact the Lake Agassiz Regional Library office at 218-233-3757 or online at www.larl.org.

Poplar Meadows
SENIOR LIVING
Spring Special
Poplar Meadows is offering a Spring Special.
Anyone moving into Poplar Meadows in April or May 2025 will get their first month's rent free.
Services are not included in this deal; all services must be paid for from the date of move in. $600 refundable deposit still applies. One-bedroom apartments are currently available. First come first served on available apartments.
Must fit Criteria for Assisted Living.
Call Becky 218-563-2436
M2-4C

ANTIQUES

By John Eggers

JohnRogerEggers.com, envision@paulbunyan.net, 20269 Irvine Ave NW, Bemidji, MN 56601, 218-766-9009

You inherited your grandmother's set of flatware in the original box. Is it worth anything?

The answer is, yes and no.

As with other antiques, the condition is of the utmost importance. Too often, owners put their antique flatware in dishwashers, and the result is that all the pieces are permanently scratched. Many collectors have also placed antique dishes (e.g., Fiestaware) in dishwashers with the same results. Flatware needs to be free from defects and show little wear.

You can collect individual pieces like pickle forks, butter knives, or serving pieces. Alternatively, you can collect entire flatware sets, which will take up more space. If you collect complete sets of a particular brand name, you may face storage problems. I have known people who collect sets in their original boxes and store them under the bed.

What about tarnish? Many people avoid collecting silver flatware because they don't want to spend hours cleaning the pieces. Personally, I don't mind. A product called NEVR-DULL, is available at Ace Hardware, which does an excellent job of removing tarnish. Plus, seeing a dull, heavily tarnished serving fork restored to its former glory is enjoyable.

Tarnish does not necessarily decrease the value. If the items are sterling silver or silver-plated, tarnish is somewhat expected. I am not aware of any solutions to keep silver tarnish-free. Some boxes designed to hold silver flatware are marketed to prevent tarnishing but will eventually tarnish when exposed to air.

Keeping your pieces in an airtight package is beneficial to prevent any oxidation. Some individuals add pieces of chalk to silver jewelry during storage, as this absorbs moisture and helps prevent tarnishing. I can't say for certain if this works.

Sterling silver flatware consists almost entirely of silver, with American-made silver being 92.5% silver, while the silver plate is made from other materials such as nickel, copper, or brass and is coated with a thin layer of silver. Typically, sterling silver is marked as "sterling" and/or "925," and it generally commands a higher price than silver-plated items.

The Rogers set of silver plate flatware shown is a serving for twelve and worth about seventy-five dollars. If it were sterling, you can easy triple the value.

Silver flatware is a good investment. Just remember to buy several cans of NEVR-DULL.

DINING & entertainment

BAR BINGO!
TUESDAY, APRIL 8TH, 2025 • 6:30 PM
57#'s at $1,000 up to $1,000 maximum
SPONSORED BY:
The Mentor Firefighters Relief Association
Lawful gambling license #05817-003
CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608
O8tfn

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608
Find us on facebook
UNDER CAROL'S COZY
Call in OR Check Facebook for specials!
Friday, Saturday & Sunday
April 4th, 5th & 6th, 2025
Serving 5:00-9:00 pm
• BBQ Ribs • Broasted Chicken
• Ribs & Chicken
• Steak & Shrimp • Ribeye
Comes with Salad Bar, Potato & Garlic Toast.
Friday ONLY - Walleye
COMING SOON!
SAT., APRIL 12TH
Music by
Honky Tonk Troubadours
SAT., APRIL 26TH
Music by
John Vincent Band
Breakfast Buffet EVERY SUNDAY 9:00 a.m. to 1:00 p.m.
$5 Ceasers, Mimosas, Bloody Marys
KITCHEN OPEN UNTIL 9:00 P.M. DAILY
O3C

BINGO
Starting at 55#'s
Progressive Blackout 6pm,
Saturday, April 5th, 2025
License: #32290-001
WING NIGHT WEDNESDAY
Fri. & Sat., April 4th & 5th • Ribeye
We will have a Meat Raffle during Bingo this week
SHORTY'S PLACE, 268-4199
R3C

CLASSIFIED ADS

Early Childhood Positions Open

R3-4C

Are you looking to find your purpose in the world? We are looking for people that want to connect with their community and provide meaningful support to our enrolled families….all while building a career with great benefits.

Inter-County Community Council is accepting applications for openings in our Head Start program.

Home Visitors: Positions works one-on-one with families of children ages birth-5 yrs, providing in home child & parent education visits on a weekly basis. Must be able to pass a background check. Position requires minimum of Child Development Associate or willingness to obtain within the first year of employment. Experience with children preferred, additional training will be provided. See our website for more information on office location and position specifics.

Application is available on the website. Send completed application and resume to Inter-County Community Council, attn.: Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountycc.org. **Positions are open until filled** – submit your application as soon as possible. Call 218-796-5144 x1028 for more information about the positions and information on salary.

ICCC is an equal opportunity employer and program provider.

Administrative Assistant

The Clearbrook-Gonvick School District has an immediate opening for an Administrative Assistant/Testing Coordinator. Pay range for this position is $17.72-$20.27 per hour dependent on experience. This is a full-time, 10 month position which includes the following benefits: Paid holidays, sick time, personal time, District insurance contributions, life insurance, 403b retirement match, and PERA contributions.

Requirements: For this position, you must be able to multi-task and communicate with students, parents, and staff. Strong computer skills and scheduling experience are required. Previous administrative assistant/secretary experience is preferred. Must be able to pass a background check. If you have any questions in regards to the position, please call Melissa Weems at 218-776-3112 Ext. 105.

Please submit letter of interest, resume, credentials, and two references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
mweems@clearbrook-gonvick.k12.mn.us

R3-4C

REAL ESTATE - RENTALS

Brookfield Apartments

Brookfield Apts in Clearbrook, MN is accepting applications for **March - 1 Bd openings with one unit being for HC unit with handicap features.** Accepting appl for all elderly and all handicapped/disabled persons. Rent is based on 30% of your monthly adjusted gross income. Laundry room facilities available & off-street parking. **Resident Manager** onsite. Limited access entry. Active Community Room. Applications and qualifications, contact Nicole at 218-751-6881 or Laura at 218-407-7681. Applications online @ bemman.wixsite.com/bemidjimanagementinc

AN EQUAL HOUSING OPPORTUNITY. R52-3C

Clearwater County Highway Department
Engineering Technical Position

Clearwater County Highway Department is seeking a qualified Engineering Technician to join our team. This position will include construction inspection, material testing, surveying, computer aid design, plan preparation, and other Department functions.

Preferred qualifications are for completion of a two-year college or vocational civil engineering curriculum, and over two years' experience related to civil engineering in surveying, inspection and drafting plans, and experience in using computers.

Starting Salary Range: $26.76 to $34.66/hour depending on qualifications. This is a Local 49ers Union position. The union contract salary range for 2026 is $29.40 to $37.93/hour and for 2027 it is $31.96 to $41.09/hour. Clearwater County offers benefits including health, dental, vision, and life insurances, as well as paid holidays, vacation, and sick leave. Further information regarding benefits is available by calling Niki Broten at 218-694-1171.

Applications are available at the Clearwater County Highway Department Office, 113 7th St. NE, Bagley, MN 56621 (218) 694-6132, or from our County website at www.co.clearwater.mn.us. Applications will be received until the position is filled.

Clearwater County is an Equal Opportunity Employer

R3-4C

Polk County Full-Time Employment Opportunities:

Nursing Supervisor – Public Health:
$39.83 – $50.45/hr.
Position Closes on Wednesday, April 2, 2025

Aquatic Invasive Species (AIS) Tech - Temp/Seasonal – Environmental Services:
$19.22/hr. Position Is Open Until Filled

Deputy Sheriff Patrol I - II – Sheriff's Office:
$31.55 – $42.36/hr. Position Is Open Until Filled

Finance Director – Finance:
$45.59 – $57.76/hr. Position Is Open Until Filled

Sort Line Operator I - II – Fosston:
$19.22 – $25.56/hr. Position Is Open Until Filled

R49tfc

For a full job description, application, and general job openings information, go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

Elementary School Principal

Red Lake County Central Schools are seeking to hire a PreK-6 Grade Elementary Principal to lead our school through the vision, "Working and Learning Together to Build a Successful Future." Red Lake County Central Elementary is located in Plummer, MN.

Job Summary:

The Elementary Principal will be responsible to lead and manage the operations of the Elementary School. They will oversee daily operations; implement educational programs, and foster a culture of academic excellence and inclusivity. The principal will provide leadership in curriculum development, supervision of certified and non-certified staff, and support student services while complying with state and federal educational policies.

Salary/Benefits:

- $80,000 - $100,000
- Health and Life Insurance Plans
- Personal and Sick Leave, Earned Safe and Sick Time (ESST)
- 403B Match and TRA Contributions

Interested parties shall send Resume, references, and letters of recommendation to Andrew Fougner, afougner@gvtel.com or RLCC Elementary, PO Box 7, Plummer, MN 56748. Applications will be accepted until the position is filled. Application forms are available at www.rlcc2906.org.

ISD #2906 is an equal opportunity employer.

03-4C

Editor Needed
Red Lake County Herald

The Red Lake County Herald is looking to fill the position of Editor. The office is located in Oklee. This position is Full-time and includes benefits and 401K. Various duties include, but not limited to:

- Page layout
- Writing articles
- Attending community events: day, evening or weekends
- Photography
- Some inter-office duties (updating subscriptions, customer service, ad sales)

Knowledge in Adobe InDesign, Acrobat, Photoshop, Microsoft Word and Excel helpful.

WILL TRAIN. Applications are available upon request, or submit application and resume to the Richards Publishing, PO Box 159, Gonvick, MN 56644. Contact Corrine at 218-487-5225 or email richards@gvtel.com for questions.

Red Lake County HERALD
Serving Oklee - Plummer - Brooks - Red Lake Falls

HELP WANTED

Truck driver with CDL, able to operate heavy equipment and help where needed. Must be able to work 10 hour days, 4-5 days a week. Please send application to Dyrdahl Construction, Inc., 41846 211th Ave, Bagley, MN 56621 or call Brady 218-556-4222 or Sharon 218-694-2150.R3C

FOR RENT

Mobile Home in Gully. 3 BR, 1 bath, AC. $800 a month. **218-435-6874**

R1-4C

BROTHERS FURNITURE SINCE 2012 New Queen Foam Encased 10 Inch Thick Mattress $299, All Sizes Available, Twin XL, KING, Many Mattress Options. Also Bunk Beds, Sofas, Dressers, Tables, Recliners and Much More! Call 218-766-0064. Delivery Available, brothersdiscountfurniture.com R1-4C

The Classifieds Are the Cat's Meow.

Area shoppers know the Classifieds are the purr-fect place to find a bargain. In the Classifieds, you can track down deals on everything from collectibles to cuddly kittens. It's easy to place an ad or find the items you want and it's used by hundreds of area shoppers every day.

Just $6.00 for 20 words and $1.00 for each 4 words thereafter.

Go with your instincts and use the Classifieds today.

Richards Publishing Co.
PO Box 159, Gonvick, MN 56644
richards@gvtel.com
218-487-5225

FOR SALE

Parts for snowmobiles, motorcycles, 3 & 4 wheelers for sale. Lots of vintage sleds. Also buying parts/ machines.
Call Tom's Recycling 218-686-7515

M47-21C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as $1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171M3tfc-C

SHEEP SHEARING
If you have sheep I will come and shear them.
Tom Reinhart
701-793-9056

R2-5P

Richards Publishing

LAMINATING DONE from business card size to letter size, while you wait. Richards Publishing Co., Gonvick.

FAX SERVICE at Richards Publishing, Gonvick. Send $1.50 first page, $1.00 each additional. To receive, 50¢ per page.

DEADLINE NOON FRIDAYS

Submit Your Employment Ads at richards@gvtel.com

1x3

Sounds like multiplication?

Guess again.

It's newspaper talk for a one-column by 3-inch ad.

Too small to be effective?

You're reading this one!

Richards Publishing Co., Inc.
Gonvick • **487-5225**

The most affordable way is to place a *Canary Display Ad* – or – *Classified* in our weekly publication.

Call 218-487-5225 or email to: richards@gvtel.com
RICHARDS PUBLISHING CO., INC.
Gonvick

SUBSCRIPTION

Start Your Subscription Today

- ❑ $25.00 in trade area for 6 months
- ❑ $29.00 outside of trade area for 6 months
- ❑ $35.00 yr. in trade area
- ❑ $45.00 yr. outside of trade area
- ❑ $40.00 yr. for snowbird - change of address
- ❑ $25.00 yr. for ***online*** subscription only - regardless of location

NAME_____
ADDRESS_____
CITY _____ STATE_____ZIP _____
PHONE_____

Send check to: Leader-Record, PO Box 159, Gonvick, MN 56644
Or call in with credit card. We accept VISA, MASTERCARD and DISCOVER.
www.tricocanary.com

MINNESOTA NEWSPAPER ASSOCIATION

MCAN Minnesota Classified Advertising Network

For more information on MCAN ads call: 218-487-5225

WANTED TO BUY

WANTED: ALL 1970S MOTORCYCLES
Running or not. Titled or not. Will pick up. Cash in exchange. Sell now before prices fall. Call Dan at 612/720-2142

WE BUY HOUSES
for cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 844/978-0683

Statewide Advertising ONLY $279 Call Today! 612/332-8844

MISCELLANEOUS

SAFE STEP
North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and $1,600 off for a limited time! Call today! Financing available. Call Safe Step 833/966-3882

GET BOOST INFINITE!
Unlimited talk, text and data for just $25/mo! The power of 3 5G networks, one low price! Call today and get the latest iPhone every year on us! 855/849-6621

DON'T LET THE STAIRS LIMIT YOUR MOBILITY!
Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 866/852-5506

GET DISH SATELLITE TV + INTERNET!
Free install, free HD-DVR upgrade, 80,000 on-demand movies, plus limited time up to $600 in gift cards. Call today! 855/562-4309

MISCELLANEOUS

GET A BREAK ON YOUR TAXES!
Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 844/220-9501 today!

Classified Advertising That is EASY

The Minnesota Classified Advertising Network

Make an impact with your advertising dollar with classified advertising that reaches over 1MILLION READERS

Your newspaper representative can provide complete details or you can call MNA: 612/332-8844

Minnesota Starwatch for April 2025

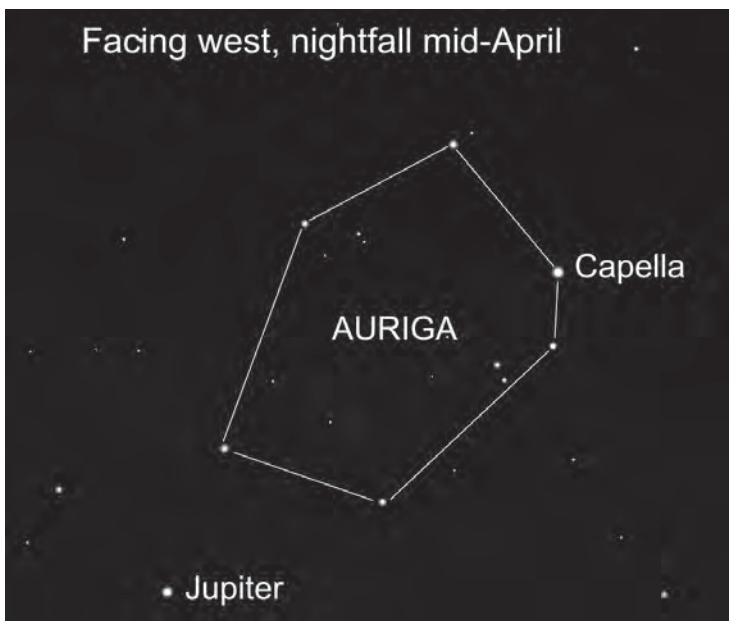
By Deane Morrison

In April the iconic stars of Orion and other famous winter constellations drop westward as they begin their annual exit from the evening sky.

In the early part of the month, look to the west at nightfall for the constellation that topped the wintry array of bright stars. This is Auriga, the charioteer, a polygon of stars set off by brilliant Capella. Capella now shines above Jupiter, the brightest object in the evening sky after the moon.

Capella consists of four stars, but only two are big and bright. They orbit each other at a distance of just 67 million miles—nearly the same as Venus's distance from the sun. Capella is known for exhibiting different colors and rapid twinkling when it's near the horizon, a phenomenon caused by light from a bright object passing through Earth's atmosphere.

In the east and south, the spring stars are now moving into prominence. Foremost among them is Leo, the lion. Look high in the south at nightfall for a backward question mark of stars called the Sickle; these stars outline the lion's head and neck.



The point in the question mark is Regulus, Leo's brightest star. East of the Sickle, a triangle of stars mark the lion's hindquarters and tail.

April's full moon arrives at 7:22 p.m. Saturday, the 12th. It rises a little later, close below Spica, the only bright star in the constellation Virgo, the maiden. This is the year's most distant full moon, so if you're a habitual full moon watcher, you'll likely notice that it looks slightly smaller than usual.

The evening of Wednesday, the 30th, April closes with a young moon hanging above Jupiter. This moon will be just three days past perigee, its closest approach to Earth in a cycle, so the crescent will be on the large side.

Teen Dating Awareness- Dating Violence

Hubbard County Program Coordinator of Support Within Reach

Dating violence can take place in person, online and by technology. Behaviors such as physical violence, stalking and psychological aggression are serious behaviors that should not be overlooked. Physical violence and force can include hitting, kicking or using an object to inflict pain and harm. Another type of dating violence is stalking. This is a pattern of repeated and unwanted attention given by a current or former partner or someone who has an unhealthy interest in a particular individual.

Psychological aggression is the use of verbal and nonverbal communication with the intent to cause harm or fear or mental or emotional control over their partner. Sexual Violence is forcing a partner or attempting to force a partner to take part in sexual activity without their consent. Sexual violence can also include the sharing of personal images or sexting without giving consent.

The use of electronics has been a powerful method for offenders to harass and stalk their partners. The fact that once a nude photo is on the internet, there is no way to guarantee that the photo will not resurface at some point. Using the internet can be a gateway to uncharted territory. They call it the Dark Web for a reason. The Dark Web is associated with illegal activities. When unhealthy relationships take place, the web is likely to be involved at some point. While texting or using Messenger, Snapchat and Instagram, as well as the numerous dating sites, teens and young adults can be pulled into some harmful situations. Youth who have been in unhealthy relationships may experience depression or anxiety. They may develop the need to overuse drugs, tobacco or alcohol. These young people may exhibit behavioral issues such as antisocial behavior, manic episodes, anger, bullying, or withdrawing from things they once enjoyed.

The effects of a bad relationship may also be the cause for appearance to change. This could include changes in physical appearance, including weight changes, tattoos or piercings or something that would not be considered normal for that individual. Any of these behaviors may surface and could be warning signs of unhealthy relationships or dating violence. Dating violence is a serious problem that has been known to push young people as far as taking their lives.

Side effects from unhealthy relationships do not only affect the individual. Family, friends and those close to the victim could also be affected. During preteen, teen and young adult dating, it is important that they learn skills, such as managing their feelings and communicating in healthy ways. This could reduce the risk of dating violence.

Research shows that there is great need for preventative efforts. This prevention should fit the needs of teens and young adults that are at high risk of experiencing violence of any kind.

The Center for Disease Contral have resources available on their website https://www.cdc.gov

Support within Reach is a sexual violence resource center with offices in Bemidji, Grand Rapids, Aitkin, Park Rapids, Walker and Bagley https://www.supportwithinreach.org

Online Only Auction Items Brought in by Local Area Owners
BID IT ON AUCTIONS
April 9th
301 South Main Street, Gully, Mn
Online Bidding starts to close Wednesday, April 9th - 5:00 pm
For Bidding Registration and more information go to www.bid-it-on.net
Items to include: Tractors, trailers, coins, household, electrical supplies, tools, collectibles, vintage items, farm items, Dodge truck, stamps, guns, scopes, gravity wagon, pontoon, furniture, wine making equipment, water heater, deer mount, fish mount, fishing tackle, generator, large collection of toy die-cast tractors and much more.

R3C
Bid It On Auctions, Jeff Wagner Auctioneer
218-766-3180
Inspection Date Open House
Saturday, April 5th • 10am-3pm
for all bidders to view the items they are interested in bidding on.
BID-IT-ON AUCTIONS

JOIN OUR AWESOME 5-STAR TEAM

Currently hiring for:

» Full/Part time RN/LPN

» Full time RN with Bachelors Degree

» Full/Part time Nursing Assistants

» Part time Laundry/Housekeeper
(Could lead to full time)

$1,000.00 sign on bonus
For Nursing

MSL offers Free single health insurance, family health plan, HSA account ($1,500 yearly facility contribution) 401k, dental, vision, short term disability and life insurance, holiday pay, Scholarship program/loan payments, PTO, Retention bonus & shift differential for nursing staff.

MSL is a great place to work and all employees work together to provide quality care to individuals who need nursing services. MSL is flexible in scheduling around school schedules.

Interested persons should send resume to 600 Riverside Ave NE, McIntosh, MN 56556. Attention Tricia Brua, DON for Nursing, and Sheila Wilson, CDM for dietary and Sharlene Knutson for LSW/Social Service Designee. You can download our application by going to our website at: www.mcintoshseniorliving.com. You Can also stop by for an application or call **218-563-2715.**

R3-4C

218-563-2715 • www.mcintoshseniorliving.com

Theology in the Trenches

By Kathleen Kjolhaug

Hallowed be Thy Name—It's not Hollow

Sometimes we just miss the point. We trip up now and again. After all, we are mere mortals and that's why He came. Fact is, "We all fall short" (Rom. 3:23).

Falling short is one thing, but tripping over the very words spoken which were meant to be life giving, land hollow if not corrected accordingly. Misunderstandings are possible as we hear children repeat the beat of conversations—only to get it so wrong that we can't help but laugh.

Once upon a time, a child looked upon a large chocolate Easter bunny wrapped in clear packaging. As they turned it over to look more closely, they were ecstatic! "TWO Easter bunnies," they screamed with delight as they noted the front and back as two separate items! The younger sibling responded directly. "It's the same bunny! There's only one!"

Not to be detoured from enjoying what was before them, off the first child ran to open the package, delighting in every morsel. Whether there was one bunny or two, the eater of enjoyed the chocolate which was the main point of the whole thing anyway.

As we are children of the Heavenly Father, I'm sure we will be offered plenty of excuses as to why we did or did not quite understand the words in His Word which were given. At times they may looked skewed as we interpret that which is before us—or misinterpret. However, tis a gift to be simple and when we express our faith in child-like manner, I believe He rather enjoys it. Keeping it simple doesn't mean the deep isn't at work within, it simply means we trust what He taught. It's that simple.

What did He teach? He taught us to pray. His teaching was clear. He said, "Pray like this." Yup—that's what was spoken— "Pray like this." He then spoke and into being came the prayer we know. "Our Father, who art in Heaven, hallowed be Thy name." There's more where that came from but let's stop there for today. Why? Because I like playing with words and the depth of His bring to life that which He spoke. This prayer is not hollow, nor is it shallow, nor is it an empty way. No. He said His name is Hallowed. In other words, it is glorified, sacred, holy, mystical, calling out to each, gifted it is to say this name above all names.

Hallowed is His name as we pray His name in full—full of grace and Truth. Much like the words spoken in John 1:14, "And the Word became flesh, and he lived among us, and we saw his glory, glory like that of an only begotten son from the Father, full of grace and truth." He continues in John 1:17 reinforcing the same thoughts. "For the law was given through Moses, but grace and truth came through Jesus Christ."

He not only says His name is hallowed, but that it is the name above all others. Phil. 2:9-11: "God gave Him the name above all names, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of the Father." Nothing, no thing, not a thing hollow about that. Amen.

Grow Your Savings

Security State Bank is happy to offer different savings account options! Regular or Investors Savings.

I'll be happy to assist you! Give me a call today! ~Kayla Olson

Security STATE BANK
PO Box 69
Oklee, MN 56742
Member FDIC
Phone
218-796-5157

O3C

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question: I know there is a lot of discussion on distracted driving. I have a question how does the law apply to amateur radio devices? For example, trained storm spotters sometimes use hand-held and vehicle mobile radios during a weather emergency.

Answer: Devices such as amateur radio, two-way radio and citizens band (CB) radio are exempt under the hands-free law. The law does not define their transmissions as electronic messages, but users are still required to operate them with due care in a safe manner.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on X @MSP-PIO_NW or reach him at, jesse.grabow@state.mn.us).

Tall Tales

Tundra Tanked

By Travis Peterson

Thirty-some years ago, deep in the middle of a far-north winter, my cousins came to visit us out on the farm. For the occasion, my dad had resurrected a couple old Arctic Cats and an antique Polaris out of the shed.

My cousins and I couldn't have been more thrilled. It was our first time being allowed to operate snowmobiles by ourselves with no adults riding along. Matt and I were about nine years old and Andrew was much younger than that.

I was driving a 1973 Arctic Cat Cheetah 340 with the purple decals and black and white leopard-print seat. She was running a bit rough, but man, what a beauty.

My cousin, Andrew, was operating a 1970 Polaris Playmate and slowly idling along behind while my other cousin, Matthew, was leading the way struggling to maintain control of The Tank, a 1972 Arctic Cat 440 Panther. A belligerent beast with no muffler or front suspension whatsoever, just an angry, roaring, raw animal.

While my uncle Blair was busy pulling my sister and cousin, Tyler, around in circles on an upside-down car hood we named "The Death Sled," Matthew, myself, and Andrew left my parent's yard and headed over to the farmyard so we could take the jump that is formed by the driveway.

Matt ramps into the yard and almost loses it on the landing. I can see he is trying to correct his path, but The Tank continues on an uncontrollable brute-force blitzkrieg straight for the Quonset. Matthew bails off his machine just before impact.

The Tank nails the side of the Quonset and follows the curvature of the building half way up before dead-falling back to the ground, crushing itself under its enormous weight.

Matt and I roll the 440 back onto its track but we can't get it to start. Andrew rolls up but keeps on going, wanting nothing to do with the horrific scene: A huge, fresh dent in the side of the Quonset, The Tank's skis bent upwards at a 90-degree angle, the crumpled hood, the shards of windshield, the unmentionable language, and the frantic desperation to get the thing straightened out and running as if nothing had happened.

Matt and I were eventually left with no other option but to abandon The Tank and fall back to home base. We hopped on my 340 and decided to take the long way home, through the farmyard and into the trees.

We zip around the grain bins and spot Andrew. He had sideswiped a cultivator and flipped the Playmate. His leg is pinned under the track and he is trying to plug the gas that is spewing out of the cap of the rear fuel tank with his hand. His mittens and snowsuit are completely soaked in gas.

Certain the thing is going to blow at any second, Matt and I each grab an arm and pull him out from underneath the Polaris, dragging him away from the twisted wreckage.

The three of us pile on the Cheetah. I hold the throttle wide open, swerving wildly as we speed away from the scene of Andrew's accident, absolutely expecting to hear an explosion from behind.

I hit the trail in the trees, a secret path I cleared out in the fall: Rebel's Run, a high-speed, hundred-yard-fever-burn straightaway spanning the length of the forest behind the farm.

Startled deer leap out of the way as the 340 screams through the dogwood thicket. Oil blows by the rings getting sucked everywhere it shouldn't, my only hope is to achieve maximum speed before I foul my last good plug.

I take the tight S-curve at the end of the trail going faster than anyone ever should. G-forces suck the Cheetah onto its side and it slams into a tree.

Black smoke pours out of the straight pipe followed by a hard-cracking belch of a blue-flame backfire. The motor abruptly dies, probably seized up for good.

All three of us lie scattered in the snow laughing hysterically, knowing that we eventually have to get up and walk to the house and somehow explain away these three epic disasters.

After all, we've only been gone six minutes.

Remember the Good Old Days

By Auctioneer Eric W. Mickelson

Sometimes people like to reminisce about the Good Old Days. I used to think I was too young for that…..but I believe I qualify. You see if I didn't have such a great life today, I would lament about how I was born 30 years too late! I think maybe it was growing up with the sound of two cylinder tractors, working with my mom and dad in the fields, looking at dad's tractor books…..I'm not sure but I like to "Remember the Good Old Days!" I love to sit around the "round table" at the cafe a listen for one of those "Good Old Days" stories. Most of them seem to transform into remembering some parts of those old days as "NOT SO GOOD!" Pitching bundles, making loose hay, milking by hand…..yes, I guess some of it doesn't sound so good! But, I guess I am a romantic when it comes to the old days and the farm and I want the younger generation to know about it.

Several years ago I joined the Tri River Pioneers. If you don't know about the Tri River Pioneers give me a call and I will tell you what I know. The Tri River Pioneers built an absolutely wonderful museum in Plummer, Minnesota, that keeps some of these good old days alive. Later a "barn" was built by the Tri River Pioneers where some old tractors, threshing machine, and other implements are stored for safe keeping. So you can see why I would think this is a good organization to belong to! Over the years we have done some threshing and invited the kids from RLCC Elementary School to come over and watch. I even brought my class from Goodridge down to watch while I was a teacher there. It was fun to show some of the kids what threshing was like in the "Good Old Days!" It is fun to watch the machines at work, but even more important is to let the students know that the men who pitched bundles, made loose hay, and milked by hand are the backbone of agriculture and what we have today and deserve honor and respect for their labors. You see I was born 30 years to late, I wasn't in that generation, but I have GREAT respect for those people…..that's why I sometimes wish I was a member of the generation that I admire so much!

How about a little tractor trivia!

1. What year did Farmall come out with the model H?
A) 1935 B) 1939 C) 1941 D) 1953

2. About how many H's were manufactured?
A) 259,000 B) 299,000 C) 350,000 D) 390.000

3. The John Deere model B came out in what year?
A) 1935 B) 1939 C) 1941 D) 1953

4. The John Deere model B was manufactured in _____.
A) Moline, IL B) Chicago, IL C) Waterloo, IA D) Rock Island, IL

5. The WC Allis Chalmers came out in what year?
A) 1933 B) 1935 C) 1939 D) 1953

6. The WC was manufactured in _____.
A) Moline, IL B) Milwaukee, WI C) West Allis, WI D) Rock Island, IL

Answers: 1. B. 1939 2. D. over 390,000 3. A. 1935 4. C. Waterloo, IA 5. A. 1933 6. C. West Allis, WI

Iver Harstad throwing bundles into the thresher last fall.

Taking the Thresher back to the barn.

NORTH COUNTRY HEALTH NUGGETS

(Clearwater, Hubbard and Lake of the Woods Counties)

April is Parkinson's Awareness Month

Parkinson's disease is a chronic, progressive neurological disease that currently affects about 1 million Americans. Parkinson's disease involves a small, dark-tinged portion of the brain called the substantia nigra. This is where you produce most of the dopamine your brain uses. Dopamine is the chemical messenger that transmits messages between nerves that control muscle movements as well as those involved in the brain's pleasure and reward centers. As we age, it's normal for cells in the substantia nigra to die. This process happens in most people at a very slow rate.

But for some people, the loss happens rapidly, which is the start of Parkinson's disease. When 50 to 60 percent of the cells are gone, you begin to see the symptoms of Parkinson's.

These are the symptoms most often noticed by patients or their families:

- Shaking or tremor: Called resting tremor, a trembling of a hand or foot that happens when the patient is at rest and typically stops when he or she is active or moving
- Bradykinesia: Slowness of movement in the limbs, face, walking or overall body
- Rigidity: Stiffness in the arms, legs or trunk
- Posture instability: Trouble with balance and possible falls

Once the patient is at the doctor's office, the physician:

- Takes a medical history and does a physical examination.
- Asks about current and past medications. Some medications may cause symptoms that mimic Parkinson's disease.
- Performs a neurological examination, testing agility, muscle tone, gait and balance.

There is no lab or imaging test that is recommended or definitive for Parkinson's disease. However, in 2011, the U.S. Food and Drug Administration approved an imaging scan called the DaTscan. This scan allows doctors to see detailed pictures of the brain's dopamine system.

If you or a loved one has the symptoms of Parkinson's it's important to see your primary care provider sooner than later. Following a careful history and physical exam, they will be able to recommend the next step. That step may be an appointment with a neurologist who can recommend treatment or medication therapy. There are also integrative therapies to consider such as such as yoga, massage, dietary supplements, acupuncture and various movement techniques. For more information regarding Parkinson's Awareness go to: www.parkinson.org

DISTRACTED WORD SEARCH

P	N	W	N	H	R	W	W	U	G	N	I	T	X	E	T	C	C	S	J
F	W	Y	F	K	U	T	X	T	Y	T	E	N	P	H	H	F	F	R	O
E	G	L	W	R	A	G	T	H	P	X	O	X	K	R	C	T	U	O	U
K	F	S	A	L	D	Y	H	W	X	I	S	M	L	R	G	E	W	V	C
J	R	S	K	R	A	Y	O	Y	T	K	M	O	A	R	D	R	G	Y	V
K	U	I	O	W	C	N	I	N	S	S	G	S	G	E	R	C	R	Y	I
P	N	W	H	U	V	V	E	O	H	I	H	A	E	V	K	D	C	W	S
G	S	G	A	W	O	T	T	I	I	J	O	D	V	I	M	A	M	N	U
Y	I	G	R	A	T	P	I	X	G	D	D	N	I	R	S	N	D	I	A
H	Y	D	X	A	W	Y	L	A	O	R	A	V	T	D	U	G	X	J	L
K	U	I	P	A	S	S	E	N	G	E	R	R	I	R	L	E	N	T	M
R	Y	S	U	Y	G	P	N	G	M	P	W	Y	N	S	A	R	R	N	D
G	T	T	M	W	O	F	K	A	F	Y	U	U	G	W	U	O	E	H	K
N	E	R	E	E	L	C	I	H	E	V	T	M	O	V	N	U	A	I	T
I	F	A	K	I	P	H	G	A	I	I	I	I	C	P	A	S	D	V	Y
T	A	C	C	Y	E	H	O	F	X	N	D	Y	V	N	M	G	I	U	X
A	S	T	K	O	K	G	K	V	J	E	R	S	A	I	T	L	N	L	A
E	A	E	K	S	D	U	T	U	E	U	V	H	F	X	T	C	G	D	P
G	F	D	J	W	Y	A	R	P	D	Y	K	K	X	R	N	C	C	N	P
S	N	K	G	M	M	Y	S	P	Y	P	A	P	G	C	N	D	A	T	H

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ACTIVITY
ATTENTION
COGNITIVE
CRASH
DANGEROUS
DISTRACTED
DRIVER
DROWSY
EATING
HIGHWAY
INJURY
MANUAL
NOISY
PASSENGER
RADIO
READING
SAFETY
SPEED
TALKING
TEXTING
VEHICLE
VISUAL

Answers on page 7

Clearwater County Museum-Old Shevlin School.

Where are you going to explore this summer?

By Eric Mickelson

I guess maybe since my mom was a teacher, I was a teacher, and my wife is a teacher, summer is the time to maybe do some exploring! Last summer we started with a trip to a place we had never been, Glacier National Park, in Montana. It was a fun trip! We are hoping to make it to the Black Hills when school is out. AHH the fun we can find!

As I was scrolling through the computer recently I came across some other great ideas for a little summer fun and I also hope to partake in some of these local treasurers right here in Minnesota-particularly Northwestern, MN!

In Northwestern Minnesota, there are several county and local historical societies and museums, some of those are affiliated with Minnesota's Historic Northwest, preserving and promoting the region's history. Here is a list of some of the counties with museums or historical societies:

Becker County Museum ,Beltrami County Museum, Clearwater County Museum, Kittson County Museum, Lake of the Woods County Museum, Marshall County Museum, Mahnomen County Museum, Norman County Museum, Pennington County Historical Society, Polk County Museum,

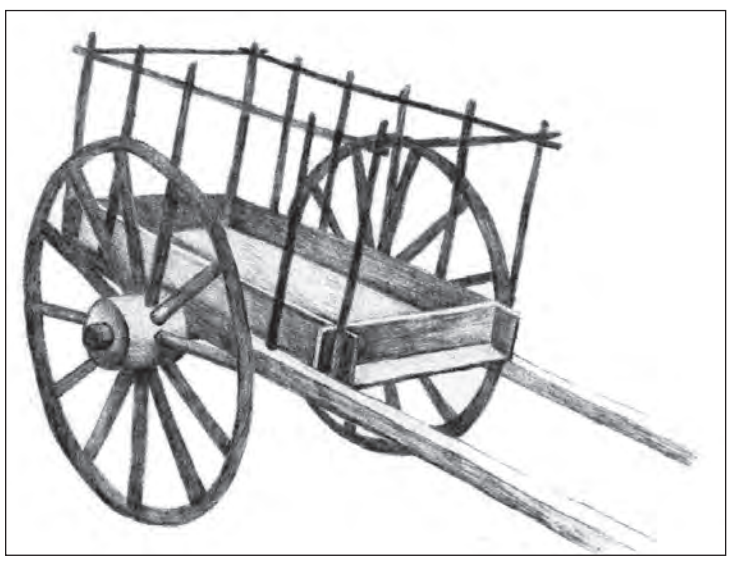
Red Lake County Historical Sites including the Tri River Pioneers Museum in Plummer, MN,

Roseau County Museum. Blackduck Area History & Art Center in Blackduck,

East Polk Heritage Center in Fosston, Polk County Goodridge Area Historical Museum in Goodridge, McIntosh Heritage and Arts Center in McIntosh, North Beltrami Heritage Center in Kelliher, Oklee Historical Society in Oklee, Old Home Town Museum in Stephen,

Sand Hill Settlement in Climax, Warroad Heritage Center in Warroad.

We live in a great country with lots to see but don't forget things in our own backyard right here in Northwestern Minnesota. I am going to start making plans to check it out! Let's Explore Minnesota this summer!



An Ox-Cart from the Kittson County Museum.

An old restored cabin from the Norman County Museum in Ada.

Strategic Farming: Let's talk crops! session talks drones for field images, diagnosing problems and pesticide application

St. Paul, MN. (3/24/2025)—On March 19, Ryan Huffman, Iowa State University Digital Ag Innovation Lab senior research manager and Jorden Kuntz, founder of Biosphere Drone Solutions, joined UMN Extension crops educator Ryan Miller for a discussion about drones in row crop agriculture. This was the penultimate weekly episode of the 2025 Strategic Farming: Let's talk crops! series of webinars.

Drones can be used to create aerial maps of farm fields, spray crops with crop protection chemicals or spread dry materials such as cover crop seed into a standing crop. Imagery-oriented drones provide a 'bird's eye' view of agronomic crops during the growing season using various sensors to detect reflectance of visible light wavelengths (400-700 nm) and/or near-infrared wavelengths (750-1,000 nm). Software can then be used to stitch the series of images collected by a drone's camera into a cohesive field map that can be used to inform where to focus one's scouting efforts in a field.

Near-infrared light (750-1,000 nm wavelength) can provide additional information above and beyond visible wavelengths. Normalized difference vegetation index (NDVI) is a plant health index related to near-infrared wavelengths and an example of the type of high-resolution data that can be collected by drone. NDVI data can be used to inform management decisions in-season such as whether to replant sections of a field that have subpar plant stands or make a fungicide application to deal with a ground-truthed disease problem.

Drones designed for spraying crop protection chemicals can provide a bit more flexibility in-season than either a traditional ground-based or aerial spray rig. Ryan Huffman reasoned that, "When soil is saturated, it takes time for the soil to dry enough to get a 50,000 lb. sprayer across a field to make a herbicide application." Research continues to compare the efficacy of drone and plane, or ground-rig pesticide applications and it is important to only use those pesticides that have label instructions for aerial applications to avoid undue risk. Software to run spray drones can adjust application speed, rate, droplet size, boom height and swath width. "Drone spray nozzles and spinner-type spreaders are typically located directly below the propellers. Droplet size is adjusted by the speed that the spinner spreader rotates, with the spinner essentially 'slicing' larger droplets into smaller droplets and faster spin speeds leading to smaller droplets," shares Jorden Kuntz.

For those that missed this session, it is now available to view on YouTube at: z.umn.edu/StrategicFarmingRecordings.

Senator Steve Green
Minnesota Senate District 2

Dear Neighbor,

The February Forecast recently came out, and it was exactly what we expected – an even higher number than what we saw in the November Forecast. For those who don't remember, the November Forecast showed a $5.1 billion deficit, which was already disappointing, but not surprising. It also showed a short-term surplus of $616 million. It was terrible news and somehow things got worse.

The February Forecast somehow painted an even bleaker picture. Minnesota is now looking at a $6 billion deficit with a short-term surplus of $456 million. Democrats squandered a historic $18 billion surplus in two years, raised taxes by $10 billion, and it still wasn't enough. Make no mistake, this deficit is fueled by a "spend now, think later" mentality and Democrats refuse to take accountability for the role they've played in spending our budget straight into the red. In fact, we're in such bad shape that if we spend any part of our minimal "surplus," our deficit will immediately worsen. It's time for us to make some hard decisions.

It's also troubling to note that annual spending is outpacing revenue growth by 80%. Spending has outpaced income 2-to-1. This is outrageous. Democrats just can't help themselves.

Amongst all of this, Democrats have still maintained that their budgeting has been "responsible" and Trump is the real culprit. I know Minnesotans are smart enough to know that even though Democrats are blaming Trump, no one is to blame but Democrat leadership and the Walz administration. We knew we were going to have a $5 billion deficit before the President even took office. Minnesotans know we had an $18 billion surplus, and they know it's now gone thanks to Democrat leadership.

In fact, President Trump has taken the last few months to dig into the fraud and waste happening at the federal level. Given the dire state of our budget, we should welcome that same mind set here in Minnesota. Again, an entire $18 billion surplus was totally squandered away in two years. And now we have a historic $6 billion deficit that Democrats expect YOU to pay for. This is wrong. Minnesotans should not be left footing the bill for Democrats' total mismanagement of our state.

This $6 billion deficit is proof that Democrats cannot balance a budget. No amount of money is ever enough. If we do not spend a single cent this year, that deficit still remains. And because we're outspending what is coming it, for all practical purposes, we are already in a deficit. Our state budget is in trouble because of poor leadership. We need to fix this before it's too late.

Steve Green
Minnesota Senate, District 2
Capitol Address
95 University Avenue W.
Minnesota Senate Bldg. Room 2319
St. Paul, MN 55155
651-297-8063Unsubscribe from future updates

Phillips Iron & Metal Inc.
1107 North Main Ave • Thief River Falls, MN 56701
218-681-4231

EARTH DAYS
April 2 to April 30th
We Will Be Open
Sat. April 12th
Alum cans: .80¢ lb.
.85¢ over 100 lbs.
1. NO loose Cans.
2. Bagged in 13 gallon bags or larger
3. NO chemical totes!
4. Seed Bags will be excepted but not returned
Above prices for clean & dry cans only.

Receiving hours for Alum cans:
Monday-Friday 8:00-11:30 & 1:00-4:30
Saturday 8:00-12:00 April 12th ONLY

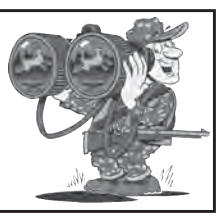
Call today for a prices on: Scrap Iron, Copper, Aluminum, Brass, Batteries and Stainless Steel

Please call if you have 300 lb. or more of Aluminum cans and would like an unloading appt.
Appointments: April 1st – April 4th and April 14th thru April 25th

Reg. Hours: Monday-Friday • 8:00-12:00 & 1:00-5:00 Weekly

R2-5C

Submit Your Hunting Pictures!
Email: richards@gvtel.com
Include: Name of hunter, size of doe/buck and date when you got your deer!



BUSINESS SERVICES

GARDEN VALLEY TECHNOLOGIES
Internet | GVT Stream | GV Cellular
Security & Smart Home
Phone | IT Services
R14TFC
RETAIL STORE LOCATIONS: Bagley | Erskine | Thief River Falls
800-448-8260 | www.gvtel.com

STOP IN FOR ALL YOUR BUILDING NEEDS
••• Please Call Us for a Quote •••
Fallsbuildingcenter.com
FALLS Building Center
• Post-Frame Buildings
• Building Materials
• Siding and Roofing
• Windows
• Garages
• Shops
• Homes
DAKOTA STEEL
218-253-2585
P.O. Box 477 • 907 Main Avenue South
Red Lake Falls, MN 56750
Rtfnc
29 Gauge Painted or Galvanized Steel Roofing or Siding Available.
CALL FOR CURRENT PRICING

SPRING SPECIAL
10 Year Warranty on Parts & Labor
POWERFUL SAVINGS WITH GENERAC
➥ FREE estimates
➥ Financing available
➥ AFFORDABLE backup power
➥ Delivery, Installation and Service
➥ Family and locally owned and operated
GENERAC
CLEARBROOK ELECTRIC
SALES AND "SERVICE"
218-776-3995
Randy Wetenkamp & Tommy Lewis
Automatic Standby Generator
Terms & Conditions apply. Call for details.
Serving ALL of Northern Minnesota

RAIN CARE Company
JOHN P. LOVLY
• Licensed
• Bonded
• Insured
Seamless Aluminum Guttering
Heating, Air Conditioning
218-378-4641
20041 St HWY 219 NE • Goodridge, MN 56725
G26c-eow-tfc
Amana YORK

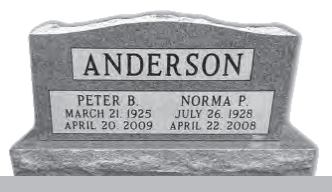
Aging in Place?
AmeriGlide offers affordable stair lifts to keep you safe on the stairs.
Benefits of an AmeriGlide stair lift:
✓ Regain your independence
✓ Eliminate the risk of falls on the stairs
✓ Access all levels of your home
CALL NOW TO SAVE $200 ON ANY STAIR LIFT!
1-866-852-5506
AmeriGlide

Sollie Realty
Leading The Way For Real Estate In Northwest Minnesota
218-435-1525
LARRY & CAROL SOLLIE
www.sollie.net • sollie@gvtel.com
609 Hilligoss Blvd SE, Fosston, MN 56542
R28tfn

We Buy Houses For Cash!
Liz Buys Houses Connects Home Sellers with Legitimate Cash Buyers Nationwide!
No Repairs. No Fuss.
Liz Buys Houses
• Fair Cash Offer
• Quick Closing
• No Realtor Fees
• No House Repairs
• Simple Home Sale
• Convenient Closing Date
Call (844) 978-0683

OKLEE LUMBER INC
301 Lambert St • Oklee, MN 56742
www.okleelumber.com • 218-796-5131
QUALITY CONSTRUCTION MATERIALS
• Building Materials Sales • Windows & Window Treatments
• Paints & Painting Supplies
ASK ABOUT OUR COMPLETE BUILDING PLANS SERVICES!
We're glad to help you with any building problem you may have.
O2TFC

ADVERTISE YOUR BUSINESS SERVICES IN THE CANARY

BUY THIS MONUMENT
$995.00
Order Now For Delivery Before Memorial Day!


Buy Factory Direct! Avoid Funeral Home & Salesman Commission!
NESS GRANITE WORKS
3 miles N. on Hwy 59, Detroit Lakes, MN
800-309-5191 • www.nessgraniteworks.com
R32-32

OBITUARIES

Services for Bradley Halvorson

Bradley Halvorson, age 68, of Bemidji, MN, passed away on Saturday, March 22nd, at Branch Court in Bemidji. Interment will be in Lund Lutheran Cemetery, Gully and a family gathering will be held at a later time. Messages of condolence may be shared at www.carlinfuneral.com.

Bradley Curtis Halvorson was born to parents Elmer and Mavis Halvorson at Bagley, MN on May 6, 1956. Bradley passed away at Branch Court in Bemidji, MN on March 22, 2025. He was 68 years old.

Bradley grew up in the Gully area and spent the later years in a group home in East Grand Forks and Bemidji. He adjusted well to his surroundings and was an inspiration to his fellow roommates with a smile to brighten the day.

He is survived by his mother, Mavis Halvorson, sister Ranae (Mitch) Vakoch, nieces Sydney and Brittany, and nephews Cody and Brandon.

He was preceded in death by his father, Elmer Halvorson, brother Terry Halvorson, and step-father Calvin Marcus.

Obituary for June Paulson

June Elaine (Benson) Paulson, age 83, of Coon Rapids, MN passed away on March 24, 2025, in her home at Epiphany Pines Assisted Living.

She was born on June 3, 1941, in Erskine, Minnesota to Ina and Willie Benson. She is survived by her children, Wendell (Lucy) Paulson, Shari Parent, and Jeff (Lisa) Paulson; her sister, Kay (Wayne) Strand, brother, Reynold (Mary) Benson and sister in law Patti Benson; Grandchildren, Jennifer, Stephanie (Dustin), Eric (Grace), Christopher (Melissa), Jesse, Lucas (Claire), Emma and Barent; Great Grandchildren, James, Ernie and Nathan; in addition to many loving nieces, nephews, cousins, caregivers and friends.

June was preceded in death by her parents Willie and Ina Benson, brother Richard Benson and granddaughter Danielle Parent.

In lieu of a funeral, there will be a celebration of life planned at a future date. She will be deeply missed.

Obituary for Ronald Engelstad

Ronald "Ron" Edward Engelstad, 84, of Grygla, MN, passed away on Tuesday, March 25, 2025, at his residence with his loving wife by his side.

Ron was born on October 12, 1940, in Thief River Falls, MN, to Edward and Nora (Leshar) Engelstad. He was baptized at Landstad Lutheran Church on November 17, 1940 in Gatzke, MN, and confirmed at United Lutheran Church in Gatzke. He attended Wildwood Country School from 1st grade to 3rd grade, Gatzke School from 4th grade to 8th grade, Northwest School of Agriculture in Crookston from 9th to 12th grade, and vocational school for auto body and welding in Thief River Falls from 1958 -1960.

In November 1960, Ron enlisted in the U.S. Army and served for two years, including a year stationed in Korea. After returning home, he worked various jobs as a welder and lumber yardman before moving into road construction in Minneapolis. In 1970, he returned to Gatzke to pursue his passion for farming.

On October 2, 1965, Ron married Linda Anderson at Eklund Lutheran Church, rural Goodridge, MN. Together, they built a life centered around family and community. He enjoyed farming, restoring tractors, snowmobiling, motorcycling, watching his children and grandchildren's sporting events and activities, watching his great-grandkids, and spending time with family at Maple Lake.

Ron was deeply involved in his community. He served on the United Lutheran Church Council, Grygla School Board (1971–1979), Veldt Township (1971–2025), American State Bank Board (1976–1992), Garden Valley Telephone Board (1985–2018), Grygla Lions (1971–2025), and Grygla American Legion (1971–2025).

He is survived by his beloved wife of 59 years, Linda; children Derel Wicklund and Reed (Nichole) Engelstad; grandchildren Austin (Allison) Wicklund, Rylee (Cameron) Lundeen, Lyndie Wicklund, and Drake (Maleah Lee) Engelstad; great-grandchildren Emmy Lundeen, Brooks Engelstad, and Gavin Lundeen; brother Richard (Carol) Engelstad; sisters-in-law Florence Becker, Darlene Halvorson, LaVonne (Larry) Forsberg, and Julie (Gary) Kiesow; brother-in-law Tim (Lois) Anderson; as well as numerous nieces, nephews, cousins, and friends.

He was preceded in death by his parents; sister Marilyn (Ronald) Bucholz; infant brother; father- and mother-in-law Orvin and Verna Anderson; stepmother-in-law Arda Anderson; brothers-in-law Richard Halvorson and Vernon Becker; and many other relatives and friends.

Ron's legacy of dedication to family and community will be fondly remembered by all who knew him.

A visitation was held from 4:00 PM to 6:00 PM on Sunday, March 30, 2025 at Johnson Funeral Service in Thief River Falls, MN with a prayer service starting at 6:00 PM. Visitation was also held one hour prior to the service at the church.

Funeral Service was held at 11:00 AM on Monday, March 31, 2025 at United Lutheran Church in Gatzke, MN with Rev. Timothy Lundeen officiating. Burial at Landstad Cemetery, Gatzke, MN.

Condolences may be sent at www.johnsonfuneralservice.com

Obituary for Elaine Luoto

Elaine Luoto of Greenbush, formerly of Roseau, MN passed away surrounded by her family on Saturday, March 22, 2025 at Greenbush Manor in Greenbush, MN.

Funeral Service for Elaine will be held on Friday, 3:00 PM, April 11, 2025 at Johnson Funeral Service in Thief River Falls, MN with Reverend David Niemela Officiating. Burial will be held at Moose River Cemetery near Gatzke, MN.

Visitation will be held one hour prior to the service at the funeral home.

Elaine Luoto, born October 10, 1928, in Grand Forks, ND. She was the daughter of Ernest and Tina (Scramstad) Nelson. Baptized into the Lutheran faith on June 26, 1929, and confirmed on May 30, 1943, her faith remained an important part of her life.

Elaine was raised near Gatzke, MN, attending country school before graduating from eighth grade on June 19, 1942. She continued her education in Middle River, MN, graduating from high school on May 29, 1946. On August 26, 1948, she married Martin Luoto at Trinity Lutheran Church in Thief River Falls, MN. The couple made their home in Fridley, MN, where Elaine was active in craft clubs, sewing circles, Bible studies, and various volunteer efforts throughout the community.

Following Martin's passing on February 7, 1997, Elaine relocated to Roseau, MN, residing at North Star Apartments for many years. In September 2024, she moved to Greenbush Manor in Greenbush, MN.

Elaine is survived by her sisters-in-law Bonnie Nelson and Sylvia Clark, along with many nieces and nephews. She was preceded in death by her husband Martin; parents Tina and Ernest; siblings Leonard Nelson, Duane Nelson, and Maxine Larson; brothers-in-law Marvin Larson, John Luoto, Richard Luoto, and Robert Clark; sisters-in-law Joanne Nelson, Karina Mickelson, Evelyn Luoto, Rosalie Chase, and Arlene Luoto; as well as her parents-in-law Olga and John Luoto and several nieces and nephews.

Elaine's kindness and dedication to her community will be fondly remembered by those who knew her. May her memory bring comfort to all who mourn her passing.

Condolences may be sent at www.johnsonfuneralservice.com

Obituary for John Westland

John " Charlie" "Chuck" Charles Westlake, Jr., 84, of Manitowoc passed away on Friday, March 7, 2025 at his home.

Charlie was born on January 14, 1941 in Plummer, Minnesota to John C. and Ruby (Wright) Westlake, Sr. He attended Pershing High School in Plummer, Minnesota. As a young man, he started work as a carpenter, working union construction that took him all over the Midwest. Charlie was a proud member of the Carpenters Union 731 for over 50 years. He had a strong work ethic and was not afraid to work hard but also took time to enjoy life, "let er snap", and have a friendly libation. After retirement he looked forward to his morning coffee and chatting with family or at a local restaurant with friends.

Chuck was a member of Good Shepherd Lutheran Church. He enjoyed fishing, poker (especially Guts), cheering on the Minnesota Vikings, watching western movies, particularly John Wayne, and listening to good music, especially Johhny Cash, Waylon, and Willie. Chuck loved dancing, and when he heard a good beat, he would be the first one on the dance floor. Chuck was a great father and grandfather, and cherished time spent with his family.

Charlie is survived by two sons: Brian Westlake, Green Bay, and Curtis Hagblom, Eveleth, MN; one daughter and son-in-law: Stacy (Troy) Stubbe; grandchildren: Ashley, Zachary, Zander, Bryce, Cole, Alex, Nick, Jake, and Ike; two sisters: Ruthella Austad, and Phyllis Rystad; two sisters-in-law: Mary Beth Westlake, and Diane Westlake; and three godchildren: Mike Westlake, Mary Torgerson, and Jodi Austad. He is further survived by nieces, nephews, other relatives and friends. Charlie was preceded in death by his parents: John and Ruby Westlake, Sr.; sisters and brothers: Annie (Roy) Van Den Einde, Orville "Ole" (Betty) Westlake, George (Merlin) Westlake, Infant sister: Little Nel; Nellie (Wayne) Galley, Roy Westlake and Lewis Westlake; and brothers-in-law: Vincent Austad, and Ordean Rystad.

A funeral service to celebrate Chuck's life was held on Saturday, March 29, 2025 at 11:00 am at Good Shepherd Church, 3234 Mishicot Road, with Rev. Joel Brassfield officiating. Relatives and friends greeted the family at the church on Saturday, March 29, 2025 from 9:00 am until the time of service at 11:00 am. A private family burial will take place at Knollwood Memorial Park.

Expressions of sympathy can be made to the family by visiting www.lakeshorefamilyfuneralhomes.com

In lieu of flowers, donations can be made to the Disabled Veterans of America in Charlie's memory.

The Lakeshore Family Funeral Homes, Pfeffer location, is assisting the family with arrangements.

"Born at home in "41", to a farmer and his wife, In a little town called Plummer, is where he began his life.

Hard work and manual labor formed the man I know. From a young boy working in the fields to a man who helped me grow.

He showed me love and understanding. Be the best in all you do, have faith in God, don't cheat, don't lie and a love for Johnny Cash too."

I Love you dad

Updated Obituaries on our website www.tricocanary.com

Word Search Answers for this week

P	N	W	N	H	R	W	W	U	G	N	I	T	X	E	T	C	C	S	J
F	W	Y	F	K	U	T	X	T	Y	T	E	N	P	H	H	F	F	R	O
E	G	L	W	R	A	G	T	H	P	X	O	X	K	R	C	T	U	O	U
K	F	S	A	L	D	Y	H	W	X	I	S	M	L	R	G	E	W	V	C
J	R	S	K	R	A	Y	O	Y	T	K	M	O	A	R	D	R	G	Y	V
K	U	I	O	W	C	N	I	N	S	S	G	S	G	E	R	C	R	Y	I
P	N	W	H	U	V	V	E	O	H	I	H	A	E	V	K	D	C	W	S
G	S	G	A	W	O	T	T	I	I	J	O	D	V	I	M	A	M	N	U
Y	I	G	R	A	T	P	I	X	G	D	D	N	I	R	S	N	D	I	A
H	Y	D	X	A	W	Y	L	A	O	R	A	V	T	D	U	G	X	J	L
K	U	I	P	A	S	S	E	N	G	E	R	R	I	R	L	E	N	T	M
R	Y	S	U	Y	G	P	N	G	M	P	W	Y	N	S	A	R	R	N	D
G	T	T	M	W	O	F	K	A	F	Y	U	U	G	W	U	O	E	H	K
N	E	R	E	E	L	C	I	H	E	V	T	M	O	V	N	U	A	I	T
I	F	A	K	I	P	H	G	A	I	I	I	I	C	P	A	S	D	V	Y
T	A	C	C	Y	E	H	O	F	X	N	D	Y	V	N	M	G	I	U	X
A	S	T	K	O	K	G	K	V	J	E	R	S	A	I	T	L	N	L	A
E	A	E	K	S	D	U	T	U	E	U	V	H	F	X	T	C	G	D	P
G	F	D	J	W	Y	A	R	P	D	Y	K	K	X	R	N	C	C	N	P
S	N	K	G	M	M	Y	S	P	Y	P	A	P	G	C	N	D	A	T	H

Obituary for "Junior" Alfred Christensen

Heaven gained an angel on Wednesday morning, March 26, 2025, when Alfred "Junior" Gerald Christensen, 89, of Bagley was called to be with the Lord at his home, surrounded by his family.

Funeral services will be held on Friday, April 4, 2025, at 1:00 pm at the Faith Lutheran Church in Bagley, Minnesota. Visitation will be held one hour prior to the service at the church. Interment will be held at Bagley City Cemetery at a later date. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Junior was born on January 25, 1936, the son of Alfred Sr. and Hilda (Erickson) Christensen at their home in Holst Township during a snowstorm. His sister Joanne (age 5) was sent to the neighbors to get Opal Dahl to help deliver him. His uncles and dad shoveled the road, so Doc Larson could make it in his Model A. Doc Larson charged a quart of cream to come out there. He was the fourth child, having a brother, Ervin and sisters, Joanne and Carol. Junior attended country school at Ruffy Brook District 64, starting at the age of 5 and went until 8th Grade. Junior then attended Bagley High School, graduating in 1953. Junior married iris Aos on March 17, 1956, at St. Paul Lutheran Church in Bagley. They were blessed with four children, Wayne, Rhonda, Linda and Kelly.

Junior bought a logging truck and hauled logs to the peeler and loaded on the train cars in Bagley. He worked on the missile sites in North Dakota in 1965, Junior was a heavy equipment operator and belonged to the Local 49'ers. He worked on numerous roads, including Highway 92. He also worked on pipelines. Junior was the superintendent for Northern Pipeline Company working in the Minneapolis/St. Paul area. He was also a Foreman/Operator for the Aconite Company. Junior logged with his son, Kelly and farmed cattle until he retired. In the late 60's, early 70's during the winter, he worked as a snowmobile mechanic at Northland Sport Center in Bagley, he worked for Curt Matsen Repair in Fosston, and for Harvey Haug in Bagley, they also sponsored him as a racer. Junior raced snowmobiles in the 60's and 70's. Racing twice in the Winnipeg to St. Paul 500. The first time in 1971 he placed 14th out of 300 that started the race. Only 69 finished the four-day race.

Junior and Iris enjoyed traveling in their motorhome, taking trips to the Grand Canyon, Texas and Alaska. Junior was the master fixer, and he had a little knowledge of everything. Junior was a lifelong member of Faith Lutheran Church of Bagley, Minnesota.

Junior provided his kids with an experience of raising wild animals while growing up. That included raising a bear named Susie, a badger named Grouchy, a squirrel named Pietra, two foxes and some owls. He made sure that his children always had snowmobiles, motorcycles, minibikes and go carts to ride. It was a steady job of repairing. Junior also made sure the grandchildren had lifelong memories by taking them fishing and spending time with them on the Pontoon. Junior's family was important to him and his whole focus in life.

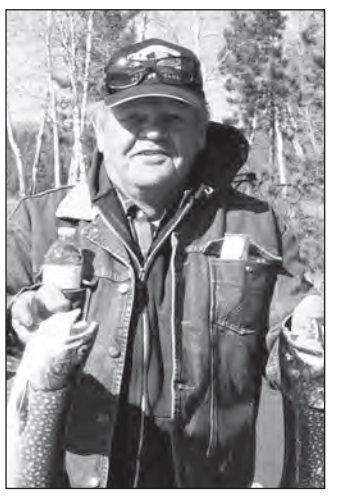
Junior will be greatly missed!

Junior is survived by his wife of 69 years - Iris Christensen

Children – Wayne (Jean) Christensen, Rhonda (Randy) Ennever, Linda (Steve) Stai and Kelly (Tammy) Christensen.

Grandchildren – Cole, Savanna, Lacey, Dustin, Lindsey, Nic, Hunter, Elliott, Jawon, Sabrina, Ben, Kylie and Garrett. 16 great grandchildren. Sister - Carol Carter. Many nieces and nephews

He is preceded in death by his parents, his mother-in-law – Alice Larson, brother – Ervin, sister -Joanne, Brother-in-law- Gordon Aos & Sister-in-law-Barb Aos; Brother-in-law – Darrel Carter and brother-in-law- Glen Bromaghin.



Obituary for Barron Thorson

Barron Henry Thorson, age 84, passed away peacefully at Cornerstone Nursing Home in Bagley, MN, on March 26, 2025.

Barron was born in Fosston, MN, and raised in Leonard, MN, the son of Ervin and Helma (Hagen) Thorson. In his teenage years, he drove a gravel truck for his brother Maynard to earn some money. He graduated from Bagley High School in 1958 and joined the Merchant Marines, sailing the Great Lakes. He later worked in the logging camps and began hauling cattle before eventually buying out Ted Berglund and David Nordlund and creating his own trucking company, Thorson Trucking.

In 1963, Barron married the love of his life, Julie (Stenberg) Thorson. They had many happy years together bowling, square dancing, and just enjoying each other's company until her passing in 2000. He was a devoted father, immensely proud of his three sons and their accomplishments.

Barron cherished the simple joys in life—fixing trucks, spending time in the garage, and watching sports (Go Vikings!). He also enjoyed fishing in Canada with the boys, hunting, war movies, game shows, curling, and golf. Casinos were a favorite getaway, and he loved his trips to Las Vegas, Elko, and Laughlin, Nevada. During his time at Cornerstone, he took pleasure in resident activities, especially bingo, pool noodle hockey, arts and crafts, and card games—always keeping track of his wins.

Those who knew Barron will remember him for his honesty, integrity, kind-hearted spirit, and his Jamaica hat. His welcoming smile and positive energy endeared him to all. He formed lasting friendships and found joy in the company of family, and his two extended families, the Side Track Tap crew and the Stenberg family.

Barron is survived by his three sons, Steve (Dawn) Thorson, Ryan (Amy) Thorson, and Trent (Alison) Thorson; 13 grandchildren and 8 great-grandchildren. He is also survived by his sister, Renee Engebretson, along with numerous nieces and nephews.

He was preceded in death by his parents, Ervin and Helma Thorson, his siblings Maynard, Bradley, and Sandra, and his beloved wife, Julie.

A memorial service will be held at Cease Funeral Home in Bagley on Friday, April 4th with a visitation at 2:00 and the service at 3:00 with a reception to follow.

The family would like to extend their heartfelt gratitude to the staff at Cornerstone Nursing Home for their care and kindness.

Submit obituaries to richards@gvtel.com

Minnesota Twins on Garden Valley television

The Minnesota Twins, in conjunction with Major League Baseball, announced the 2025 regular season broadcast schedule. Garden Valley Technologies board has approved the showing of the Twins games on Channel 76. That channel is designated for the Twins and will be black until the Twins game comes on a half hour before start time and a half hour after the game is over.

Day, Date	Opponent	Time (CT)	Television
Saturday, April 5	Houston Astros	1:10 p.m.	Channel 76
Sunday, April 6	Houston Astros	1:10 p.m.	Channel 76
Monday, April 7	@ Kansas City Royals	6:40 p.m.	Channel 76
Tuesday, April 8	@ Kansas City Royals	6:40 p.m.	Channel 76
Wednesday, April 9	@ Kansas City Royals	6:40 p.m.	Channel 76
Thursday, April 10	@ Kansas City Royals	1:10 p.m.	Channel 76
Friday, April 11	Detroit Tigers	7:10 p.m.	AppleTV
Saturday, April 12	Detroit Tigers	1:10 p.m.	Channel 76
Sunday, April 13	Detroit Tigers	1:10 p.m.	Channel 76
Monday, April 14	New York Mets	6:40 p.m.	Channel 76
Tuesday, April 15	New York Mets	6:40 p.m.	Channel 76
Wednesday, April 16	New York Mets	12:10 p.m.	Channel 76
Friday, April 18	@ Atlanta Braves	6:15 p.m.	AppleTV
Saturday, April 19	@ Atlanta Braves	6:15 p.m.	Channel 76
Sunday, April 20	@ Atlanta Braves	12:35 p.m.	Channel 76
Tuesday, April 22	Chicago White Sox	6:40 p.m.	Channel 76
Wednesday, April 23	Chicago White Sox	6:40 p.m.	Channel 76
Thursday, April 24	Chicago White Sox	12:10 p.m.	Channel 76
Friday, April 25	Los Angeles Angels	7:10 p.m.	Channel 76
Saturday, April 26	Los Angeles Angels	1:10 p.m.	Channel 76
Sunday, April 27	Los Angeles Angels	1:10 p.m.	Channel 76
Monday, April 28	@ Cleveland Guardians	5:10 p.m.	Channel 76
Tuesday, April 29	@ Cleveland Guardians	5:10 p.m.	Channel 76
Wednesday, April 30	@ Cleveland Guardians	5:10 p.m.	Channel 76
Thursday, May 1	@ Cleveland Guardians	12:10 p.m.	Channel 76
Friday, May 2	@ Boston Red Sox	6:10 p.m.	Channel 76
Saturday, May 3	@ Boston Red Sox	3:10 p.m.	Channel 76
Sunday, May 4	@ Boston Red Sox	12:35 p.m.	Channel 76
Tuesday, May 6	Baltimore Orioles	6:40 p.m.	Channel 76
Wednesday, May 7	Baltimore Orioles	6:40 p.m.	Channel 76
Thursday, May 8	Baltimore Orioles	12:10 p.m.	Channel 76
Saturday, May 10	San Francisco Giants	6:15 p.m.	FOX
Sunday, May 11	San Francisco Giants	1:10 p.m.	Channel 76
Tuesday, May 13	@ Baltimore Orioles	5:35 p.m.	Channel 76
Wednesday, May 14	@ Baltimore Orioles	5:35 p.m.	Channel 76
Thursday, May 15	@ Baltimore Orioles	11:35 a.m.	Channel 76
Friday, May 16	@ Milwaukee Brewers	7:10 p.m.	Channel 76
Saturday, May 17	@ Milwaukee Brewers	6:15 p.m.	FOX
Sunday, May 18	@ Milwaukee Brewers	1:10 p.m.	Channel 76
Mon. May 19	Cleveland Guardians	6:40 p.m.	Channel 76
Tuesday, May 20	Cleveland Guardians	6:40 p.m.	Channel 76
Wednesday, May 21	Cleveland Guardians	12:10 p.m.	Channel 76
Friday, May 23	Kansas City Royals	7:10 p.m.	Channel 76
Saturday, May 24	Kansas City Royals	1:10 p.m.	Channel 76
Sunday, May 25	Kansas City Royals	1:10 p.m.	Channel 76
Monday, May 26	@ Tampa Bay Rays	6:05 p.m.	Channel 76
Tuesday, May 27	@ Tampa Bay Rays	6:05 p.m.	Channel 76
Wednesday, May 28	@ Tampa Bay Rays	12:10 p.m.	Channel 76
Friday, May 30	@ Seattle Mariners	9:10 p.m.	Channel 76
Saturday, May 31	@ Seattle Mariners	6:15 p.m.	FOX
Sunday, June 1	@ Seattle Mariners	3:10 p.m.	Channel 76
Monday, June 2	@ Athletics	9:05 p.m.	Channel 76
Tuesday, June 3	@ Athletics	9:05 p.m.	Channel 76
Wednesday, June 4	@ Athletics	9:05 p.m.	Channel 76
Thursday, June 5	@ Athletics	2:35 p.m.	Channel 76
Friday, June 6	Toronto Blue Jays	7:10 p.m.	Channel 76
Saturday, June 7	Toronto Blue Jays	1:10 p.m.	Channel 76
Sunday, June 8	Toronto Blue Jays	1:10 p.m.	Channel 76
Tuesday, June 10	Texas Rangers	6:40 p.m.	Channel 76
Wednesday, June 11	Texas Rangers	6:40 p.m.	Channel 76
Thursday, June 12	Texas Rangers	12:10 p.m.	Channel 76
Friday, June 13	@ Houston Astros	7:10 p.m.	Channel 76
Saturday, June 14	@ Houston Astros	3:10 p.m.	Channel 76
Sunday, June 15	@ Houston Astros	1:10 p.m.	Channel 76
Tuesday, June 17	@ Cincinnati Reds	6:10 p.m.	Channel 76
Wednesday, June 18	@ Cincinnati Reds	6:10 p.m.	Channel 76
Thursday, June 19	@ Cincinnati Reds	11:40 a.m.	Channel 76
Friday, June 20	Milwaukee Brewers	7:10 p.m.	Channel 76
Saturday, June 21	Milwaukee Brewers	1:10 p.m.	Channel 76
Sunday, June 22	Milwaukee Brewers	1:10 p.m.	Channel 76
Monday, June 23	Seattle Mariners	6:40 p.m.	Channel 76
Tuesday, June 24	Seattle Mariners	6:40 p.m.	Channel 76
Wednesday, June 25	Seattle Mariners	6:40 p.m.	Channel 76
Thursday, June 26	Seattle Mariners	12:10 p.m.	Channel 76
Friday, June 27	@ Detroit Tigers	6:10 p.m.	Channel 76
Saturday, June 28	@ Detroit Tigers	12:10 p.m.	Channel 76
Sunday, June 29	@ Detroit Tigers	12:40 p.m.	Channel 76
Tuesday, July 1	@ Miami Marlins	5:40 p.m.	Channel 76
Wednesday, July 2	@ Miami Marlins	5:40 p.m.	Channel 76
Thursday, July 3	@ Miami Marlins	11:10 a.m.	Channel 76
Friday, July 4	Tampa Bay Rays	3:10 p.m.	Channel 76
Saturday, July 5	Tampa Bay Rays	1:10 p.m.	Channel 76
Sunday, July 6	Tampa Bay Rays	1:10 p.m.	Channel 76
Tuesday, July 8	Chicago Cubs	6:40 p.m.	Channel 76
Wednesday, July 9	Chicago Cubs	6:40 p.m.	Channel 76
Thursday, July 10	Chicago Cubs	12:10 p.m.	Channel 76
Friday, July 11	Pittsburgh Pirates	7:10 p.m.	Channel 76
Saturday, July 12	Pittsburgh Pirates	1:10 p.m.	Channel 76
Sunday, July 13	Pittsburgh Pirates	1:10 p.m.	Channel 76
Friday, July 18	@ Colorado Rockies	7:40 p.m.	Channel 76
Saturday, July 19	@ Colorado Rockies	7:10 p.m.	Channel 76
Sunday, July 20	@ Colorado Rockies	2:10 p.m.	Channel 76
Monday, July 21	@ Los Angeles Dodgers	9:10 p.m.	Channel 76
Tuesday, July 22	@ Los Angeles Dodgers	9:10 p.m.	Channel 76
Wednesday, July 23	@ Los Angeles Dodgers	3:10 p.m.	Channel 76
Friday, July 25	Washington Nationals	7:10 p.m.	Channel 76
Saturday, July 26	Washington Nationals	6:10 p.m.	Channel 76
Sunday, July 27	Washington Nationals	1:10 p.m.	Channel 76
Monday, July 28	Boston Red Sox	6:40 p.m.	Channel 76
Tuesday, July 29	Boston Red Sox	6:40 p.m.	Channel 76
Wednesday, July 30	Boston Red Sox	12:10 p.m.	Channel 76
Friday, August 1	@ Cleveland Guardians	6:10 p.m.	Channel 76
Saturday, August 2	@ Cleveland Guardians	3:10 p.m.	Channel 76
Sunday, August 3	@ Cleveland Guardians	12:40 p.m.	Channel 76
Monday, August 4	@ Detroit Tigers	5:40 p.m.	Channel 76
Tuesday, August 5	@ Detroit Tigers	5:40 p.m.	Channel 76
Wednesday, August 6	@ Detroit Tigers	12:10 p.m.	Channel 76
Friday, August 8	Kansas City Royals	7:10 p.m.	Channel 76
Saturday, August 9	Kansas City Royals	6:10 p.m.	Channel 76
Sunday, August 10	Kansas City Royals	12:05 p.m.	RokuTV
Monday, August 11	@ New York Yankees	6:05 p.m.	Channel 76
Tuesday, August 12	@ New York Yankees	6:05 p.m.	Channel 76
Wednesday, August 13	@ New York Yankees	6:05 p.m.	Channel 76
Thursday, August 14	Detroit Tigers	6:40 p.m.	Channel 76
Friday, August 15	Detroit Tigers	7:10 p.m.	Channel 76
Saturday, August 16	Detroit Tigers	6:15 p.m.	FOX
Sunday, August 17	Detroit Tigers	1:10 p.m.	Channel 76
Tuesday, August 19	Athletics	6:40 p.m.	Channel 76
Wednesday, August 20	Athletics	6:40 p.m.	Channel 76
Thursday, August 21	Athletics	12:10 p.m.	Channel 76
Friday, August 22	@ Chicago White Sox	6:40 p.m.	Channel 76
Saturday, August 23	@ Chicago White Sox	6:10 p.m.	Channel 76
Sunday, August 24	@ Chicago White Sox	1:10 p.m.	Channel 76
Monday, August 25	@ Toronto Blue Jays	6:07 p.m.	Channel 76
Tuesday, August 26	@ Toronto Blue Jays	6:07 p.m.	Channel 76
Wednesday, August 27	@ Toronto Blue Jays	6:07 p.m.	Channel 76
Friday, August 29	San Diego Padres	7:10 p.m.	Channel 76
Saturday, August 30	San Diego Padres	6:10 p.m.	Channel 76
Sunday, August 31	San Diego Padres	12:05 p.m.	RokuTV
Monday, September 1	Chicago White Sox	1:10 p.m.	Channel 76
Tuesday, September 2	Chicago White Sox	6:40 p.m.	Channel 76
Wednesday, September 3	Chicago White Sox	6:40 p.m.	Channel 76
Thursday, September 4	Chicago White Sox	6:40 p.m.	Channel 76
Friday, September 5	@ Kansas City Royals	6:40 p.m.	Channel 76
Saturday, September 6	@ Kansas City Royals	6:15 p.m.	FOX
Sunday, September 7	@ Kansas City Royals	1:10 p.m.	Channel 76
Monday, September 8	@ Los Angeles Angels	8:38 p.m.	Channel 76
Tuesday, September 9	@ Los Angeles Angels	8:38 p.m.	Channel 76
Wednesday, September 10	@ Los Angeles Angels	3:07 p.m.	Channel 76
Friday, September 12	Arizona Diamondbacks	7:10 p.m.	Channel 76
Saturday, September 13	Arizona Diamondbacks	6:10 p.m.	Channel 76
Sunday, September 14	Arizona Diamondbacks	1:10 p.m.	Channel 76
Monday, September 15	New York Yankees	6:40 p.m.	Channel 76
Tuesday, September 16	New York Yankees	6:40 p.m.	Channel 76
Wednesday, September 17	New York Yankees	6:40 p.m.	Channel 76
Friday, September 19	Cleveland Guardians	7:10 p.m.	Channel 76
Saturday, September 20	Cleveland Guardians	6:10 p.m.	Channel 76
Sunday, September 21	Cleveland Guardians	1:10 p.m.	Channel 76
Tuesday, September 23	@ Texas Rangers	7:05 p.m.	Channel 76
Wednesday, September 24	@ Texas Rangers	7:05 p.m.	Channel 76
Thursday, September 25	@ Texas Rangers	1:35 p.m.	Channel 76
Friday, September 26	@ Philadelphia Phillies	5:45 p.m.	Channel 76
Saturday, September 27	@ Philadelphia Phillies	5:05 p.m.	Channel 76
Sunday, September 28	@ Philadelphia Phillies	2:05 p.m.	Channel 76

*All games, times and television subject to change.

A fun time was had at the Target Center as the RLC 6th Grade Elementary Boys played TRF, winning 23-20! Later in the evening they were able to attend a Timberwolves game! Back Row: Coach Carl Dugstad, Davis Nelson, Levi Vettleson, Thernick Frizzle, Coach Jesse Adleman, Coach Ben Cardinal. Front Row:Quentin O'Neill, Ty Dugstad, Shawn Landrus, Liam Adleman, Keaton Landrus, Jack Stephens, Jacob Lee, Kolton Williams, Sam Cardinal, Caelum Nelson.

The 8th grade girls team got runner up in last week's Pacesetters tournament in St. Cloud. Pictured L to R: Coach Jarrod Johnson, Keira Baker, Jordan Johnson, Naomi Stordahl, Hadley Petry, Aubrey Halverson, Ellie Halverson, Brielle Reinbold, Isabelle Paradis, and Coach Ryan Paradis.