



Tri County Canary

A supplement of the:
• Leader-Record • McIntosh Times • Grygla Eagle
• Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)

Essentia Health holding annual tree walk and angel fundraiser for hospice

This holiday season, Essentia Health-Fosston will host its 20th annual Tree Walk for Hospice from 10 a.m. to 1 p.m. on Sunday, Dec. 1. Open to all ages, this community event will be held at Magelssen Elementary School at 700 First St. E. in Fosston.

The Tree Walk raises funds to provide specialized care to the patients and families served through hospice.

“Being able to care for patients in the last chapter of their lives is a true blessing,” said Shannon Netland, home care and hospice manager at Essentia Health-Fosston. “Funds raised during the holiday season helps ensure all patients who need our care can experience comfort and dignity. Hospice also provides grief support for those whose loved ones have passed.”

The Fosston-Lengby Lions

Club will provide a free-will donation pancake and sausage breakfast from 10 a.m. to noon. A remembrance program with a candle-lighting ceremony follows at 12:15 p.m.

Attendees can also bid on decorated Christmas trees through a silent auction, participate in holiday-themed crafts and enjoy a variety of refreshments, including a hot chocolate bar, coffee and hot cider.

Angel tree ornaments – a pair of angel wings – will also be available for purchase in honor or memory of a loved one. The suggested donation is \$10 per ornament. Ornaments can also be mailed and will be available while supplies last.

A hospice remembrance holiday tree will be lit in the lobby of the Essentia Health-Fosston Clinic the evening of the Holiday Wellness Event on Friday,

Nov. 22. An angel will be placed on the tree for every ornament purchased.

“The amount of support in the past years for this program has been phenomenal,” added Netland. “We are very thankful to continue to provide this much-needed service to our community.”

If you would like to sponsor a tree in this year’s Tree Walk for Hospice, purchase an ornament or have questions, please call (218) 435-7670 or visit the hospice office at 900 Hilligoss Blvd. SE. and speak with Netland or Jody Heide.

The holidays can be difficult to navigate with the loss of a loved one. A holiday grief support group will meet from 3-4:30 p.m. on Tuesday, Dec. 3 in the education room at Essentia Health-Fosston. All are welcome.



General group during the lunchtime panel discussion.

Congress has just weeks to help children with rare diseases

By Leslie Williams, CEO of a biotech firm that works on treatments for Duchenne muscular dystrophy and other rare diseases, urges Congress to renew the program. The lives of more than one million children hang in the balance.

In labs across America, scientists and researchers are making breakthroughs that could transform the treatment of rare diseases.

These projects give much-needed hope to rare disease patients around the world. Yet they may have a harder time attracting the investment they need if lawmakers let a little-known -- but critical -- government program expire at the end of this year December 20, 2024.

The Rare Pediatric Disease Priority Review Voucher (PPRV) program isn't headline news. It doesn't grab the attention of cable pundits or trend on social media. But for millions of children living with rare diseases -- and for the scientists who dedicate their careers to helping them -- it is life-changing.

As the cofounder of HC Bioscience, I understand the impact of this program firsthand. My company is building a platform that helps cells read mutated genes and produce healthy, functional proteins without the need to alter the genome. This approach may allow us to treat a broad spectrum of rare diseases using the same therapeutic molecule.

The PPRV program helps make cutting-edge scientific research possible. But its significance goes far beyond in-

dividual research projects. It helps address the economics of rare-disease research, a consistent obstacle to progress.

The fundamental problem is that developing a single new drug can cost billions of dollars, but the market for treating any single rare disease is tiny. While collectively, more than 10,000 rare diseases affect more than 30 million Americans, each one, by definition, affects fewer than 200,000.

This imbalance creates a natural disincentive to invest in rare-disease treatments. The PPRV program addresses this issue by offering drug developers a valuable “carrot” in the form of a voucher that can be used to expedite FDA review of any future drug application. This voucher can be redeemed by the original drug developer to accelerate the approval and commercialization process or sold to another company. Both options extend a financial lifeline to developers, ensuring that beneficial rare disease research remains economically viable.

Companies of HC Bioscience's size and stage -- which conduct some of the most groundbreaking rare disease research -- would find it harder to attract private funding without the PPRV program in place. Absent PPRV, many investors might reasonably conclude that the risks are simply too great.

Some might argue that our potential profits should be incentive enough. But this ignores the harsh realities of biotech research. Most would-be treatments fail in clinical trials, and

for rare diseases, the risks are even higher because the patient populations are so small. The PPRV program helps mitigate these perils, allowing us to pursue vital research and clinical trials.

The program's track record gives an idea of its impact. Since launching in 2012, it has awarded 53 vouchers for medicines to treat 39 rare pediatric diseases, benefiting more than 200,000 patients. For 36 of these diseases, there were no previously approved therapies. Each approval represents children and families whose lives have been transformed.

The program's impact reverberates far beyond rare diseases, fostering innovation that advances all of medicine. Rare disease research often unlocks new ways to treat more common conditions, creating a ripple effect that benefits millions. A single rare disease treatment might lead to an entirely new class of therapies with applications for many patient populations.

Lawmakers' end-of-year decision on the PPRV program will undoubtedly impact our ability to keep pursuing groundbreaking treatments that meet unmet medical needs. Just as importantly, it will influence whether we, as a society, can offer every child with a rare condition a fighting chance.

Leslie Williams is the president and chief executive officer of HC Bioscience. This originally ran in the Boston Business Journal.

M State hosts region’s first ‘Minnesota Works’ career exploration event

High school students from the Perham, Battle Lake and Ulen-Hitterdal public school districts took a deep dive into their career interests and explored educational pathways into high-skill, high-paying jobs at the region's first-ever “Minnesota Works: Exploring Tech and Trades” event, held at M State's Moorhead campus earlier this month.

Nearly 70 students engaged in immersive learning sessions, hands-on activities and campus tours to become better informed and excited about their future educational and career opportunities, particularly in the fields of healthcare, manufacturing, IT, agriculture, energy, transportation and engineering.

The daylong event was organized in partnership with the Minnesota State Centers of Excellence and was one of only a few such events held to date in Minnesota. Campus and industry leaders were on hand to converse with students and answer questions.

“The intention was to help connect the dots for high school students, to show them what is possible at M State and how our academic programs funnel into high-wage, high-demand careers. We also hoped to illuminate career pathways that align with students’ unique interests and aptitudes,” says Megan Adamczyk, director of dual enrollment and academic success at M State. “Ultimately, it made an incredible impact. We heard from students after the event that, because of what they learned, they had made up their minds about where they will enroll after high school and what degrees they will pursue.”

“Minnesota Works” included overviews of each of the fea-

tured career sectors, followed by two comprehensive, hands-on sessions in two of those sectors, at each student's choosing. Students also learned about the educational and career resources that M State, the state of Minnesota, and the Minnesota State Centers of Excellence have to offer.

“We’re in the business of preparing learners, either for careers or for continuing on in school to complete advanced

degrees,” adds Adamczyk. “Collaborative events like this one, which bring M State together with state agencies and local K-12 school districts, help raise students’ awareness of desirable career pathways, improve college-going rates, and increase the number of graduates who enter into high-demand careers. So, this event was beneficial for students, for us, and for our local employers and communities.”



Logan Schrader, executive director of the Minnesota State Energy Center of Excellence, showcasing lineworker gear during the career exploration portion of the event.

Study Abroad Opportunities for High School Students

Qualified high school students are offered a unique opportunity to explore the world by spending an academic year, semester or summer in Europe, Asia, North or South America, Australia or South Africa as part of the ASSE International Student Exchange Program. A

non-profit, public benefit organization, ASSE is dedicated to promoting closer ties of friendship between the United States and other countries by fostering intercultural understanding through youth exchange programs.

Students, 15 to 18 years old,

qualify on the basis of academic performance, character references and a genuine desire to experience life abroad with a volunteer host family. Prior knowledge of the host country's language is not a requirement. Scholarships are available and are based on academic performance, leadership skills and financial need.

Families abroad are carefully screened, and students do not need to know the language of the host country prior to departure but will acquire the language skills through experiencing the day-to-day local culture and attending regular high school classes along with their new teenage friends.

ASSE also provides the experience of a lifetime to American families who are interested in hosting an international student from Spain, Italy, Germany, Ukraine, Thailand, Japan, and many other countries. These exceptional young students will attend the local American high school for an academic year or semester.

Students or families interested in learning more about becoming an ASSE exchange student or host family should contact ASSE at 1-800-736-1760, visit www.asse.com or send an email to asseusamid-west@asse.com.

Statement on Bomb Threats to County Election Offices

As of November 12, 2024, the Office of the Minnesota Secretary of State has been notified that election offices in over half of the counties in Minnesota have received e-mailed bomb threats since November 8. These threats have been reported to the office by county, state, and federal partners. Affected counties are responding in accordance with local policies and procedures.

Minnesota Secretary of State Steve Simon has issued the following statement:

“Threats of violence against election workers, aimed at disrupting our democracy, are absolutely unacceptable. Although Election Day is over, election officials across the state are continuing their work to verify that the election was free, fair, accurate, and secure. Over the next few weeks, coun-

ties will be canvassing the election, certifying election results, and conducting post-election reviews.

Our office is coordinating with local, state, and federal partners to respond and ensure that our election officials can complete this important work and that those responsible for these threats are held accountable.”

Minnesota Beef Summer 2025 Internship Application Now Open

The Minnesota Beef Council is looking for college students interested in the beef industry to be their Summer 2025 Communications Intern.

Applications for the internship are now open and will be accepted through December 2, 2024. The Minnesota Beef Industry Summer Intern will work with the Minnesota Beef Council Staff and Board of Directors to develop and implement beef education, communication, and promotion activities throughout the summer. The intern will gain knowledge of

beef industry programs and how their actions impact the beef industry in Minnesota.

The main priority of the intern is to manage the coordination of the Minnesota Beef Council booth at the Minnesota State Fair. Other duties may also include assisting with video shoots, television segments, and creating blog and social media content amongst other tasks.

Interested applicants are asked to please submit the following documents electronically by email to Ashley Wulf,

Communications Director, at ashley@mnbeef.org.

- Cover Letter
- Resumé
- College transcript(s) – unofficial will be accepted
- Mock Instagram post about the beef industry in Minnesota
- Contact information for three professional references

This is a paid internship with a competitive wage. The internship and application details can be found online at <https://mnbeef.org/Media/MN-Beef/Docs/summer-25-intern-app-info.pdf>.



Statement from Rep. Knudsen on Felony Election Charges

LAKE SHORE, MN — Rep. Krista Knudsen, R-Lake Shore, issued the following statement regarding today's news that an election judge in Hubbard County was charged with two felonies for allegedly allowing 11 unregistered voters to cast ballots.

"I want to thank the Hubbard County Auditor for their work to catch this individual and for their vigilance in protecting the integrity of our election," Knudsen said. "This is yet another reason we need voter ID and for Secretary of State Steve Simon to join Republicans in making election law changes that will put a stop to the numerous problems we've seen throughout this election cycle."

Ballot printing issues, results reporting malfunctions and errors, slow counting of ballots, missing ballots, and illegal voting all undermine confidence in the security of our elections. The status quo is not working, and we need to take action next session to address these problems."

LINDFORS
Insurance Agency
Our offices will be
CLOSED Nov.
28th & 29th for the
Thanksgiving holiday.
Happy Thanksgiving!



JohnRogerEggers.com, envision@paulbunyan.net, 20269 Irvine Ave NW, Bemidji, MN 56601, 218-766-9009



I started carrying a metal lunch box to school for one reason. The school served Spanish Rice one day when I was in first grade with big chunks of stewed tomatoes mixed in with the rice. I hated eating tomatoes of any kind, and I proceeded to dump the rice into the garbage can. The superintendent, Mr. Mahler, told me to return to the bleachers and eat the rice. That was the last time I ate a hot lunch in twelve years of school.

My mother purchased a blue metal lunch box with a thermos, which I used daily in grade school. In high school, I was given twenty-five cents, which I used to buy a hamburger and root beer at the Red Top cafe in my hometown.

I still have the metal blue lunch box, which is not worth much. But, had my mother purchased the Hopalong Cassidy lunch box with the thermos, which is pictured, it is worth about 150 dollars.

How do you know the value of a lunch box? The basic rules of thumb for collectibles still apply to lunch boxes: the older it is, the rarer it is, the better shape it's in, the greater the nostalgia factor, and the more all these elements align together, the more valuable. The value can range from \$50 to several thousand dollars.

The Thermos Bottle Co. introduced the first official lunch box in 1920 with its iconic thermos to keep liquids hot or cold. Featuring a domed lid to contain the thermos and a latch on the front, it's easily recognizable as the classic industrial lunch box.

Savor the Savings with Thanksgiving CDs!

12 Month CD 4.25% (APY) Annual Percentage Yield	18 Month CD 4.15% (APY) Annual Percentage Yield
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Ultima Bank MINNESOTA

\$1,000 minimum deposit to open. \$1,000 minimum balance required to earn APY.
No institutional deposits. Fees may reduce earnings. A penalty may be imposed for early withdrawal. Expires 11/22/2024.
www.ultimabank.com • 800-421-2588
Winger • Fosston • Plummer • Bemidji • East Grand Forks • Gary

Please Join Us for a Thanksgiving Meal at Little Bobby's

November 28th from 1:00 to 4:00 p.m.

Thanksgiving Meal with all the Fixings.
Your choice of Pumpkin or Blueberry Pie.
\$15 adults, \$10 for kids
Main Street McIntosh • 218-563-3008

For large groups, please call 218-563-3008 so we can set up your table.

Advertise Your Dining Specials Here!

218-487-5225

It's ROUNDUP Time!

Reichert's 36th Annual Fall Roundup Sale

ONE DAY ONLY, SATURDAY, NOV. 30TH

Tack & Accessories by: *Classic Equine
*Professional's Choice *Diamond Wool *Cashel *HayChix

10% OFF SADDLES AND TACK

30-70% OFF! REMAINING CLOTHING AND BOOTS

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www.reichertsaddlery.com

The tin black lunch pails used at the turn of the century are not as collectible as they once were. Collectors look for colorful characters. Almost every TV show in the 50s and 60s had a kid's lunch box connected to it. Look for an Underdog lunch box with the thermos. It is worth about \$4500. I still don't eat cooked tomatoes.

Sportsman's meeting

Gully Area Sportsman's Club will meet on Saturday, November 23rd at 10:00 AM at Shorty's Place in Gully!

Monthly MCCL Meeting November 21, 2024

The monthly meeting of the local Minnesota Citizens Concerned for Life Chapter #45 will be held on Thursday, November 21 at 7 p.m. at Mt.

Carmel Lutheran Church in McIntosh. For more information about the Chapter, contact Eileen Hegg at 218-563-3152.

55+ Driver Discount Program Classes offered in your area

Precision Driving Center of Minnesota will be offering 55+ Driver Discount Courses on January 15th, 2025, 1 pm to 5 pm at the Fosston Embassy Community Center, 603 3rd St NE, Fosston, MN

4 Hour Courses: Initial or renewing customers

Register by calling 320-308-1400 or 1-888-234-1294! Visit us online at www.DriverDiscountProgram.com. Courses are also available to be completed online at www.driverdiscountonline.com

This class can help you save up to 10 percent on your auto insurance premiums for three years! As of July 1st, 2024 customers only need to take a 4-hour course to initially earn the discount and will retake the course every 3 years to maintain their discount. There are no more 8-hour classes required in the state of Minnesota! A certified instructor will update you on defensive-driving tips, changes in laws, vehicle technology, and traffic safety. The cost of the four-hour refresher course is \$24.

FAX SERVICE at Richards Publishing Gonvick

BINGO Starting at 56#s Progressive Blackout 6pm, Saturday, Nov. 23rd, 2024

WING NIGHT WEDNESDAY

Fri. & Sat., Nov. 22nd & 23rd - Meatballs

SHORTY'S PLACE, 268-4199

Thanksgiving Buffet!

Thursday, Nov. 28th from 11:00 am to 1:00 pm

- Turkey
- Mashed Potatoes
- Gravy
- Stuffing
- Swedish Meatballs
- Vegetable
- Full Salad Bar
- Dessert

Kandi's Kitchen 233 Main Street Gonvick 218-487-5312

INDOOR BURGER NIGHT

Friday, Nov. 22nd, 2024 5:00 to 7:00 p.m. **\$10**

Burger & Fries or Soup, Fountain Pop Dine-In or Take Out

Kandi's Kitchen 233 Main Street in Gonvick • 218-487-5312

CAROL'S COZY BAR & GRILL Brooks, MN • 218-698-4608

Friday, Saturday & Sunday Nov. 22nd, 23rd & 24th, 2024
Steak & Shrimp, BBQ Ribs, Broasted Chicken, Ribs & Chicken, Ribeye Comes with Salad Bar, Potato & Garlic Toast.
Friday ONLY - Walleye

WEDNESDAY NIGHT SPECIAL
2 Piece Broasted Chicken Dinner \$11.00

Breakfast EVERY SUNDAY
9:00 a.m. to 1:00 p.m.

November 23rd DEER HUNTERS BALL
Music by The Troubadours 7:00 to 11:00 p.m.
Gun Raffle at 10:00 p.m.

COMING SOON! DECEMBER 14TH "FRANK & THE JAMES GANG" DECEMBER 28TH "JOHN VINCENT BAND"

CLOSED: THANKSGIVING DAY

POTATO KLUB, SIDE PORK & DESSERT Thursday, Nov. 21st 11 am - gone.

KITCHEN OPEN UNTIL 9:00 P.M. DAILY

BAR BINGO! AND PADDLE WHEEL

TUESDAY, Nov. 26th, 2024 - 6:30 PM

52#s AT \$1,000 UP TO \$1,000 MAXIMUM

CAROL'S COZY BAR & GRILL Brooks, MN • 218-698-4608

Ness Cafe will be CLOSED Thanksgiving Day so we're having

Thanksgiving Sunday, Nov. 24th

Buffet Early 10 am - 2 pm

Breakfast Buffet
served from 8 am - 1 pm — \$13.00

Turkey, Baked Ham, Meat Balls & Deep Fried Shrimp, Mashed Potatoes & Gravy, Stuffing, Glazed Carrots, Corn, Full Salad Bar & Dessert

• Adults - \$20.00 • Kids 10 & under \$12.00

~ REGULAR MENU IS ALSO AVAILABLE! ~
BREAKFAST SERVED ALL DAY EVERY DAY AT NESS CAFE!

RESERVATIONS SUGGESTED - but not required!

Ness Cafe

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Open 7 days a week! • M-F 7 am - 2:30 pm • Saturday & Sunday 7 am - 2 pm
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Wishing all a Happy Thanksgiving!

CLASSIFIED ADS



ELEMENTARY JOB POSTING FLOATING SUBSTITUTE TEACHER

Red Lake County Central Elementary School in Plummer, MN has a full-time Floating Substitute Teacher position open for the remainder of the 2024-2025 school year. The position is set to begin January 2, 2025-May 27, 2025. Applicants must hold, or be eligible to acquire a Minnesota teaching license.

Interested candidates must submit the following:

- District Application
- Letter of Application
- Resume
- Teaching Credentials
- Copy of Official College Transcripts
- Three (3) signed Letters of Recommendation

Applicants interested in the position, should submit their completed application to:

Mr. Andrew Fougner, Principal
Red Lake County Central Elementary
PO Box 7,
Plummer, MN 56748
218-465-4222

Applications will be accepted until the position is filled.
Application forms are available at www.rlcc2906.org
ISD #2906 is an equal opportunity employer.

O36-37C

CASE MANAGER POSITION AVAILABLE



Inter-County Community Council is accepting applications for an opening in our Family Services department.

Case Manager: The Case manager will recruit, coach, and provide comprehensive coordination of services to homeless and at risk of becoming homeless youth, individuals, and families. The position is full time / 40 hours a week working out of our Thief River Falls Office.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountycouncil.org. Send completed application and resume to Inter-County Community Council, Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountycouncil.org. **Submit applications by 4:00PM on Tuesday, December 3rd.** Call 218-796-5144 x1017 for more information.

ICCC is an equal opportunity employer and program provider.

R36-37C

Polk County Full-Time Employment Opportunities:

Eligibility Worker (Crookston Office) – Social Services:

Starting Wage – \$24.61/hr.

Position Closes Wednesday, November 20, 2024

*Will need to register and complete online application at 'Job Opportunities | Sorted by Job Title ascending | Minnesota Merit System Careers (governmentjobs.com)'

Secretary/Bookkeeper – Environmental Services

\$22.32 – \$28.27/hr.

Position Closes on Wednesday, November 27, 2024

Custodian I – Facilities:

\$19.50 – \$24.70/hr. Position Is Open Until Filled

Deputy Sheriff Patrol I - II – Sheriff's Office:

\$30.48 – \$40.93/hr. Position Is Open Until Filled

Engineering Technician – Highway:

\$26.08 – \$36.78/hr. Position Is Open Until Filled

Environmental Technician – Environmental Services:

\$26.08 – \$33.04/hr. Position Is Open Until Filled

Mechanical Maintenance Technician I - II – Fosston:

\$24.61 – \$33.04/hr. Position Is Open Until Filled

Public Safety Telecommunicator – Sheriff's Office:

\$26.08 – \$33.04/hr. Position Is Open Until Filled

RN/PHN Correctional Health Services – Public Health:

\$32.31 – \$43.39/hr. Position Is Open Until Filled

Sort Line Operator I - II – Fosston:

\$18.57 – \$24.70/hr. Position Is Open Until Filled

For a full job description, application, and general job openings information, go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

R481C

**SUBMIT YOUR
EMPLOYMENT ADS
to richards@gvtel.com**

EARLY EDUCATION PARA NEEDED

Clearbrook-Gonvick School District is hiring for an Early Childhood Special Education Para-Educator. This position is approximately 30 hour per week and will begin on January 2nd, 2025. Must enjoy working with pre-school age children, have passed or have the ability to pass a para-pro test provided by the District, and be able to pass a background check. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions or to have an application emailed to you.



Please submit application, resume, and 2 letters of recommendation to:
Melissa Weems, HR
16770 Clearwater Lake Rd
Clearbrook, MN 56634
mweems@clearbrook-gonvick.k12.mn.us

R33-36C

COOK POSITION

The Clearbrook-Gonvick School has an immediate opening for a part-time cook for the 2024-2025 school year. The hours for this position are 10 a.m.-2 p.m. Monday-Friday. Wage range is \$16.40-\$18.70 per hour, dependent on years of previous experience. This position includes the following benefits: PERA retirement plan, paid holidays, sick time, and personal time. Requirements for the position include: Must enjoy working with kids, be able to work in a standing position for a period of time, and pass a ServeSafe food safety course. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions or to have an application emailed to you.



Please submit application, resume, and letter of interest to:
Melissa Weems, HR
16770 Clearwater Lake Rd
Clearbrook, MN 56634
mweems@clearbrook-gonvick.k12.mn.us

R33-36C



Ultima Bank MINNESOTA

Ultima Bank Minnesota is seeking a Customer Service Representative for its Fosston location.

Duties include:

- Assisting customers with banking needs
- Opening new accounts.
- Answering inbound calls.
- Cross selling **UBM** products and services.
- Additional duties include administrative support and other related duties as assigned.

Individual must be organized, able to multi-task and be proficient in computer skills. Banking experience not required; we're willing to train the right candidate. Full time position with competitive wage package and benefits.

To apply, email resume to: rebecca@ultimabank.com

R35-36C

WANTED

Tillable land for rent.
Chad Dyrda
218-280-1015

R4023C

FOR SALE

2005 Challenger 5th Wheel Camper, 34ft, w/3 slide-outs. Needs some TLC. Further details call 218-487-5284. \$3000 OBO. R21ffc-nc



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218-487-5225

MISCELLANEOUS

BUYING AND SELLING silver bars, silver dollars, rare coins, gold jewelry, any gold-silver items, collector coins, currency. I have a \$750,000 line of credit and own 1475 acres of land near Ormsby. Kuehl's Coins, Fairmont, MN 507-235-3886/507-399-9982. R36-38P

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171. M34C-C

FOR SALE

Parts for snowmobiles, motorcycles, 3 & 4 wheelers for sale. Lots of vintage sleds. Also buying parts/ machines.

Call Tom's Recycling
218-686-7515

R20-36C

REAL ESTATE - RENTALS

Brookfield Apartments

Brookfield Apts in Clearbrook, MN is accepting applications for **NOVEMBER- 1 Bd openings for all elderly and all handicapped/disabled persons.** Rent is based on 30% of your monthly adjusted gross income. Laundry room facilities available & off-street parking. **Resident Manager** onsite. Locked Entry system. Active Community Room. Applications and qualifications, contact Nicole at 218-751-6881 or Laura at 218-407-7681.

Applications online at
bemman.wixsite.com/bemidjimanagementinc
AN EQUAL HOUSING OPPORTUNITY.

R35-38C



HOME FOR SALE • ASKING PRICE: 220,000.00
Beautiful and majestic describes this 3 bedroom, 1.5 bathroom (2,287 square foot) home in McIntosh, MN. This well-cared for home has been Our Savior's Church's parsonage since it was built. The kitchen and full bath have been remodeled not long ago. Stunning original wood floors and woodwork brings so much character to this home. The exterior has been updated with steel siding and windows. A new water heater was recently installed. This home includes a modern central air unit and a duel heat (propane/electric) furnace. The lot is .45 acres and includes mature trees. Asking price is based on a recent professional appraisal. 218-791-5127.

R34-37C

THE COUNTRY IS CALLING!



#4704 - It's like having 2 homes in one! This accommodating 4 bedroom, 2 bath home offers 2 complete living quarters for individuals wanting their own privacy and space. With the 2,000 square foot home situated on 9.97 acres, there is plenty of room to roam about inside and out along with ample space to perfect your green thumb. So bring your loved ones with you. Don't delay, call today.

**SOLLIE
REALTY**
Fosston, MN
218-435-1525
www.sollie.net

**Peanut Butter
Lovers
Month**

www.sollie.net

R38C

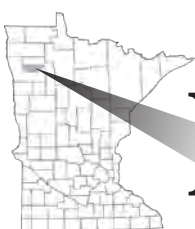
EDITOR POSITION

The Oklee Herald is looking to fill the position of Editor. This position is Full-time and includes benefits and 401K. Various duties include, but not limited to:

- Page layout
- Writing articles
- Attending community events: day, evening or weekends
- Photography
- Some inter-office duties (updating subscriptions, customer service, ad sales)

Knowledge in Adobe InDesign, Acrobat, Photoshop, Microsoft Word and Excel helpful.

Will train. Applications are available upon request, or submit application and resume to the Richards Publishing, PO Box 159, Gonvick, MN 56644. Contact Corrine at 218-487-5225 or email richards@gvtel.com for questions.



**Red Lake County
HERALD**
Serving Oklee - Plummer - Brooks - Red Lake Falls



R261C

MCAN

For more information on MCAN ads call:
218-487-5225

Minnesota Classified Advertising Network



WANTED TO BUY

WANTED:

ALL 1970S MOTORCYCLES
Running or not. Titled or not. Will pick up. Cash in exchange. Sell now before the snow flies.. Call Dan 612/720-2142

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The Clearwater County Sheriff's Office will be holding a sealed bid auction of impounded vehicles. These vehicles are considered junk and do not have titles.

Photos of the vehicles and descriptions can be found on the Clearwater County Facebook page, or you can set up a time to view the vehicles between November 18-21st, or November 25th - 27th 2024 8am - 4pm.

Call 218-694-6226 and speak with Chief Deputy Wittenberg to set up a time to view vehicles.

Please pick up a sealed bid form from the Clearwater County Sheriff's Office. Bids shall be submitted by December 13th, 2024 at 4:30pm to the Clearwater County Sheriff's Office. The sealed bids will be opened on December 17th, 2024 at the regular county board meeting.

- Lot 1 is a 2003 GMC Envoy
- Lot 2 is 2 Yamaha ATV's
- Lot 3 is a 1997 Acura Legend
- Lot 4 is a 2001 Toyota Echo
- Lot 5 is a 2004 GMC Yukon
- Lot 6 is a 2013 Chevy Cruz

R36-37C

Strategies for memorable date nights

Whether a couple is going out for a first date or has been in a relationship for years, date nights are opportunities to spend time together and connect. Dinner and a movie is a classic date night, but couples looking to shake things up a bit can explore some fun alternatives to make connections more memorable.

According to Jaime Bronstein, a licensed relationship therapist and author of the book "MAN*ifesting," couples should never stop dating one another, no matter if they've been together for five minutes or 50 years. That's because a relationship can become stale otherwise. Here are memorable date night ideas to inspire fresh interactions.

• **Head to the roller rink.** Remember those days as a preteen and teenager making circuits around the rink? Relive those fond memories by lacing up your skates and heading to the nearest roller rink. If you have an ice rink close by, that's also an option.

• **Attend a sip and paint/craft event.** Couples can get creative by booking a session at a crafting venue. Couples can paint a picture or create a wood art project in two hours or less. Not only will the date be memorable, but you'll also go home with a finished project

that can remind you of the night for years to come.

• **Do a restaurant crawl.** Who says a dinner date has to be static? Rather than restrict yourselves to one establishment, make an evening of trying food from a variety of local restaurants. Try appetizers at one, dinner at another and dessert at a third. Enjoy a night cap at a bar to finish off the evening.

• **Tour a gallery.** Find an art gallery or pop-up art installation and enjoy what's on display. You also can spend time exploring the exhibits at a local museum.

• **Try an escape room.** Head to an escape room and test your collective abilities to solve the puzzle and make it out in time.

• **Plan a philanthropic date.** Find a charity that speaks to you both and then arrange to volunteer together in some capacity.

• **Hunt for antiques.** Make a day of visiting antique shops or exploring yard sales to see if you can find treasures.

• **Take a winery tour.** Local wineries may offer behind-the-scenes tours or even "meet the vintner" events. Go together for a new experience.

Couples can make date nights more exciting, engaging and interesting if they think beyond dinner and a movie.

Add seasonal bazaars to your list of holiday shopping locations

There is no shortage of options to find every item on your holiday shopping list. Shopping malls, online retailers and mom and pop stores along Main Street can be great spots to grab holiday deals, but shoppers also can find great gifts at holiday fairs and bazaars.

Bazaars are found all over the world, but are notable to Middle Eastern and Asian countries. Bazaars are marketplaces that feature several small shops or vendor stalls. In some countries, bazaars are outdoors and covered by tents, while in others they feature several stalls set up in large rooms.

Holiday bazaars often pop up during the holiday season and mimic international marketplaces. They may be hosted by cities or towns, schools or places of worship. Sometimes they are fundraising opportunities, with nonprofit orga-

nizations charging a stall- or table-renting fee for bazaar participants. Holiday fairs and bazaars often bring together an array of different retailers, many of whom are small businesses selling interesting wares.

Shoppers should take advantage of every opportunity to visit these holiday bazaars because they will only be around for a short time. Here's a look at some of the benefits of bazaar shopping for the holidays.

• **Patronize small businesses.** Holiday bazaars often bring together small businesses that may not normally have storefronts. This allows shoppers to meet the individuals behind businesses they already patronize or discover new firms they were previously unacquainted with.

• **Shop unique wares.** Holiday bazaars may showcase items not easily found elsewhere, from handcrafted jewelry to unique soaps to custom woodworking items.

• **Develop new relationships.** Shopping at holiday bazaars enables you to meet and interact with new people. This can expand your social circles and may even expand your professional network.

• **Enjoy the shopping experience.** Shopping away from the bustle of larger, busier retail stores gives you a break from the harried shopping experience many experience during the holiday season. Rather, holiday fairs and bazaars typically are less crowded and engage at a slower pace. Plus, they may have a more homespun decorating design that can have you feeling like you're shopping in a Christmas village.

• **Take advantage of food vendors.** Food vendors likely will be mixed within the offerings of the holiday bazaar. That gives you opportunity to take the day off from cooking and enjoy some savory and sweet bites while grabbing gifts.

Holiday shopping bazaars are great places to shop for the holidays.

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Region 2 Arts Council awards this year’s Artist Fellowships to Donna Alena Hrabcakova and Tim Nelsen

The Region 2 Arts Council is excited to announce the recipients of the 2024-2025 Artist Fellowship: Painter Donna Alena Hrabcakova and Sculptor Tim Nelsen. These Artist Fellows were selected on October 14, 2024 by the Region 2 Arts Council Board. This \$6,000 award is intended for dedicated artists who have created a substantial independent body of work, have received recognition for their work, and whose work has been selected for publication, solo exhibitions, commissions, presentations, readings, or performances.

Donna Alena Hrabcakova is a painter originally from Slovakia. Alena has worked intimately with the Red Lake Nation as a Clinical Art Therapist at the Red Lake Middle and High School. She has shown work in several art shows, including the Bi-annual Exhibition at the Watermark Art Center, a Showing in Chicago on the Red Line Collection, and other exhibits including the Jung Haus Gallery, Short North Art District, and Giglovce in Slovakia.

"All art shows start with a dream, a vision and a good story. This is based on a very personal story that reaches deep inside of my soul. This grant would be based on my twenty plus years as a clinical art therapist at Red Lake Nation Middle/High School and my life in Giglovce, Slovakia in my paternal family's village and my life in Bemidji. This story has two start dates beginning in 2005 and 2020, up until 2024. I answered the call to be a National Trauma Therapist at the time of the shooting tragedy at Red Lake. I came from the state of Ohio as an initial responder and have been a part of the community twenty years now on and off. My passion and love are a few things that play into this narrative of family, love, tragedy, war and healing all which I have gathered into the premise of this grant and into on-going paintings.

I am very interested in doing research that is focused on resiliency and what are the factors that a person utilizes in time of trauma, need and suffering. My passion is working with adolescents to help them cope with intergenerational trauma, PTSD and other issues that arise from suffering and



Donna Alena Hrabcakova.

loss. I have been keeping data over the years and creating visionary large-scale paintings about this since before 2005. I use acrylics, mixed media, earth elements from materials that are recycled from nature plus I make my own molding pastes. I have also created large murals in Slovakia and Columbus, Ohio about resiliency during a shock or tragedy. This also includes loss, grief, and death and the cycles of life. One of my installations on Black Lives Matter resides in the Columbus, Ohio State House.

My goal is to start a whole new collection with the juxtaposition of freedom, sovereignty, diaspora, and the concept of community. I would like to use references from Red Lake Nation and my connection to the students and community. I also will use references from the Ukrainian invasion of Russia and how this has affected my homeland in Slovakia as I live right on the border of the Ukraine, and this has changed a lot of the NATO countries. I would be including a catalogue

with some written material but mostly the catalogue will feature my visual paintings. I want to mention on a personal note of the narrative that my families story includes being sent to Presov, Slovakia internment camps that later went on to Auschwitz. Amazingly, in a magical story many of my family members survived. My village was burned down twice, once by the Russians then by the Germans. I know firsthand the pain and tragedy of how this affects the family unit on a very deep soul and psyche level. I have painted about this for many years. I have created large scale murals in my village in Slovakia open to the public. I want to mention the message is serious but I also always depict hope, community, advocacy, serving, and resiliency amongst it all. My art always brings the essence of joy and hope to the narrative."

Tim Nelsen is a renowned sculptor, the winner of several People's Choice Awards for his works including 'Rumblefish' in 2016, 'King Norway' in both



Tim Nelsen standing in front of his metallic tree sculpture.

2022 and 2023, and the Judge's Award to the sculpture 'Flying V' in 2023. Tim's works have been displayed in sculpture walks around the region, including the Bemidji Sculpture walk, Sioux Falls Sculpture walk, Mankato, Hutchinson, and more.

"I create art for one reason, it makes me happy. The materials I use and the subjects I choose all speak to me on some level. From finding sculpting materials, to sketching and creating the final product, the entire process is something I enjoy. I'm continually trying to

improve as an artist by building my skill set and embracing new technologies that can help me work more efficiently."

Tim Nelsen has been a sculptor/metal artist since 2018 and uses recycled materials exclusively in his work. Tim is a graduate of Bemidji State University in Bemidji, MN, holding a BA degree in Design Technology. Tim has also served as an executive board member on the Bemidji Sculpture walk since 2020.

Tim blends his graphic design background with his metal skills to create one-of-

a-kind pieces that have been showcased throughout the Midwest. He works out of his home studio based in Bemidji, MN and spends most lunch hours waiting on his two rescue dogs Chewy and Josie.

The Region 2 Arts Council Board of Directors and Staff would like to thank each of the Artist Fellowship nominees and congratulate Alena and Tim as the 2024-2025 Artist Fellows!

The Region 2 Arts Council Artist Fellowship Award is made possible through the generous support of the McKnight Foundation

Issues that can arise from poor dental hygiene

The importance of maintaining dental hygiene is emphasized from the time most people are small children. Indeed, parents start early by cleaning kids' teeth the moment the first one pushes its way through a baby's gums, and that hopefully kick-starts a lifelong devotion to dental care.

Appearance may be the main reason why many people prioritize dental hygiene, and few things set as strong an impression as a set of pearly whites. But health is another notable reason to make dental hygiene a priority. It goes without saying that dental health is adversely affected by poor dental hygiene habits, but the rest of the body also can suffer when individuals don't take time to care for their teeth.

· **Cardiovascular disease:** The American Academy for Oral & Systemic Health reports that poor dental hygiene and inflammation of the arteries are directly linked. That's because bacteria from the mouth enters

the bloodstream and causes the arteries to harden, thus increasing a person's risk for stroke or heart attack. The AAOSH also notes that poor oral health has been linked to high blood pressure and elevated levels of "bad" cholesterol, each of which pose a threat to cardiovascular health.

· **Diabetes:** The American Diabetes Association notes that periodontal disease causes inflammation in the gums. That's a notable link, as the ADA points out that inflammation in the body can cause high blood sugar levels, which is a known risk factor for diabetes. Simple oral hygiene practices like daily brushing and flossing can protect against gum disease that can increase the risk for diabetes.

· **High-risk pregnancy:** Women should know that taking care of their teeth could be a notable way to protect their unborn children. A 2021 study published in the journal BMC Pregnancy and Childbirth found that periodontal disease

is strongly associated with premature birth. Authors of the study note that premature birth is associated with a host of negative outcomes, including perinatal mortality, immature lung development, reduced feeding ability, and inferior weight gain.

· **Respiratory issues:** The mouth is vulnerable to bacteria growth, which is one reason why daily measures like brushing and flossing are so important. The AAOSH notes that once bacteria reaches the lungs, an individual's risk for infections, bronchitis, pneumonia, and other respiratory issues increases.

Dental hygiene practices like brushing and flossing are simple measures, but they can have a profound effect on individuals' overall health.

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Answers on page 7



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Q u e s -
tion: I have
some new
drivers in
our house.

We got talking the other day and they didn't know what "hand signals" were. Can you write about that to help inform others that might not be aware?

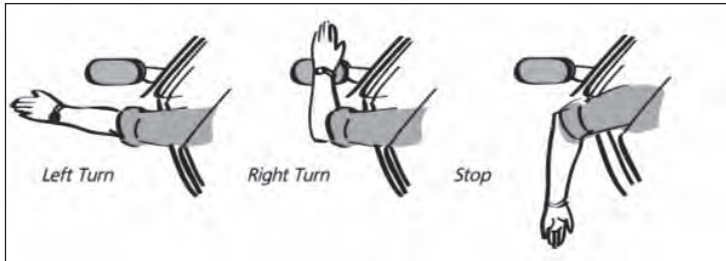
Answer: Congratulations on the new drivers. That is an exciting and concerning time as you help them get more experience and confidence as they undergo the process.

When the signal is given by means of the hand and arm the driver shall indicate intention to start, stop, or turn by extending the hand and arm from and beyond the left side of the vehicle in the following manner and these signals shall indicate

as follows:

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Theology in the Trenches

By Kathleen Kjolhaug

Oh, Ye of Little Faith

Faith, of
whom this
article is re-

ferencing, isn't so little. She's a grandma. Not only is she a grandma but one filled with wisdom, strength, courage, and fortitude. Life has gifted her full circle as the veil between heaven and earth thins. Transformation is ongoing and a testament of faith, Faith is. She's my friend, and she has a story. Tis her story but the strands weave deeply into the fabric of our own. Funny how that works as He equips the communion of saints to give voice so others may remain not only faithful but faith filled. For this, I am grateful.

Just because one is a grandma, does not mean one has always been. It's sort of a transitional road traveled to achieve such a great reward. The journey is often one with a few bumps along the road. Why would it be otherwise as we age through the transformation process? After all, it is ongoing.

To walk through it is one thing, to share the journey is another. When does one share?

I think I have the answer. When it ceases to be about us. When it becomes all about Him is when it is a good time to share. Out of a contrite heart, one shares, and when one is nudged. My friend Faith was nudged to share—as am I.

With permission, I am going to share a few encouraging nuggets. I will stick to her first name because after all, who can't relate to Faith. Tis a gift

as is she. The journey began of course, in the beginning. We are all born into a family as was she. Promptings from the Lord and the desire to know Him more was present within pockets lived. Naturally, if we had it to do over, we'd all choose differently from time to time. However, as we all fall short, the best we can do is confess, seek and find as it is He who seeks us long before we seek Him. And isn't that the truth.

And God did seek out Faith. Why? As she put it, 1 John 1:5 says, "God is Light and in Him there is no darkness."

What else does God seek as He seeks? Psalm 18:50 was a verse which showed up real time for her. "Proclaim the mighty works of God who calls you out of darkness into His Light."

Just because one is sought, does not mean one responds to the invitation to come follow. However, Faith did as He gently continued to show Himself faithful on the pathways trod. Faith shared that upon confessing along the way and as she released to Him that which only He was meant to carry, she was able to not only see more clearly, but was able to receive.

What did she receive? She was able to understand better the fear of the Lord. Prior to turning to Jesus, she had a servile fear of the Lord. (A fear of punishment not motivated by love.) Soon, it was replaced by filial fear of the Lord. (A love for God because of His love for

her) And, it became palatable emotionally, physically, and spiritually. Faith knew, without a shadow of a doubt, that Jesus had always been with her, is with her, and will continue to be with her forever. That is the God who she grew to love through the transformation process this side of the veil.

A few gifts along the journey she received. Once, words within her resounded as the warmth of His grace enveloped her in the form of song. "Long have I waited for your coming home to me and living deeply our new life." As she opened her eyes, before her were the words visually floating past in ribbon like form. Although not everyone receives such a gift, Faith did and she holds it dear within.

Why do I tell you of Faith's journey? I tell you of her journey because it matters not the trials. It matters not the temptations. He longs to extend His perfect love to all. After all, He died not for me, nor for you—but for all. Yet, not all will receive. Thus, Faith tells her story and I share portions to beckon you home—as He awaits. With a nod of your heart, He hears.

I wish I could tell you the details of her resurrection story, but I cannot. Tis a gift to share lightly hers—as your story is yours. When you fill in the blanks, you will see written upon these pages, your story and mine for the truth remains, "While we were yet sinners, Christ died for us" (Rom. 5:8). Amen.

What can renters do to secure their financial futures?

Renting an apartment or a home is convenient for people just starting out in life who may not have ample savings or a high enough credit score to secure a mortgage. Renting also may be necessary for individuals who have been priced out of a real estate market that has remained high over the last several years.

Though conventional wisdom may suggest renting is a poor long-term investment, there are certain benefits to renting. In addition, renters can look to various strategies to solidify their financial futures.

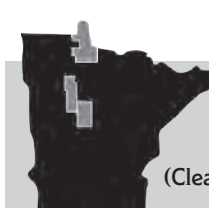
• **Grow your credit score.** Renters can ask a landlord to use a resource like Experian's RentBureau to report their payment timeliness. A positive rental history that is reported can help renters improve their credit scores. A landlord needs to be signed up with a rental payment service that works with Experian for this data to be posted. In addition to this, renters should make sure to pay off credit card balances in full each month and make loan payments on time, which can positively affect their credit rating.

• **Build an emergency fund.** Establish a fund that contains at least three to six months' worth of living expenses to provide a safety net in case of unexpected events. This may help renters avoid debt that can take years to pay off.

• **Contribute to a retirement account.** Put a portion of money toward a 401(k) or an IRA even if you are renting. Find out if your employer will match contributions. Retirement accounts with sizable balances can provide a safety net whether you rent or own your home.

• **Stay apprised of local real estate trends.** Monitor current market conditions and use that knowledge to negotiate lower lease payments if the market suggests you're overpaying. If a landlord is unwilling to negotiate, consider moving at the end of your current lease.

Renters can take steps to secure their financial futures even if they never end up buying a home of their own.



NORTH COUNTRY HEALTH NUGGETS

(Clearwater, Hubbard and Lake of the Woods Counties)

It's that time of year — cooler weather, changing leaves and an uptick in upper respiratory infections. Respiratory illnesses are common in the fall and winter, with seasonal cases of influenza, strep throat, whooping cough, COVID-19 and RSV, likely increasing over the next few months.

If you have respiratory symptoms and aren't high-risk, you probably don't need to get tested or make an appointment with your healthcare professional. Getting plenty of rest, drinking fluids and using over-the-counter medications can help you feel better and aid recovery.

Clinic-based testing for infections, such as influenza and strep, is recommended only for high-risk patients. Those at increased risk include people:

- Who are immunocompromised
- Who are 65 or older
- Who are pregnant
- With other complex health conditions.

Whooping cough, also known as pertussis, is a highly contagious respiratory disease. Anyone can get whooping cough and become seriously ill, especially infants and young children. It's important to make sure your child has the full series of whooping cough vaccinations to stay protected from serious illness. If you have a newborn or spend a lot of time around babies, it's especially important to be protected against whooping cough.

Respiratory syncytial virus (RSV) is a common respiratory virus that causes infections of the lungs and respiratory tract. Most children have been infected with RSV by age 2. Adults can also get RSV. For most adults

and older children who are healthy, symptoms are usually mild and are similar to the common cold. Symptoms will usually go away within two weeks. Those who are at an increased risk of serious illness from RSV infection include:

- Babies under 12 months, especially premature infants
- Older adults
- Those who have heart or lung disease
- Anyone with a weak immune system

If you have COVID-19 symptoms or have been exposed to COVID-19, home antigen tests are the fastest, most convenient and least expensive way to get tested. You can also order free home antigen tests through the Department of Health and Human Services.

Immunization remains the best way to protect yourself against serious outcomes from viral respiratory illnesses this season. While immunization is important for everyone, it is especially important for people at higher risk of developing serious disease complications.

If you become ill, help protect others by staying home until your symptoms improve. Wear a high-quality, well-fitting mask if you must be in contact with others and follow isolation guidelines for returning to work or school.

Following simple prevention guidelines can go a long way toward protecting you and your family from illness. Make sure you wash your hands, avoid prolonged contact with people who are sick and stay current on your recommended vaccines, especially for influenza and COVID-19.

**HAVE A STORY
TO SHARE?
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Little John Deere

By Auctioneer Eric W. Mickelson



Here is an M John Deere pulling a JD baler.

In 1947, John Deere came out with model M. It was a smaller tractor with a vertical 2 cylinder engine. John Deere wanted a smaller tractor for use on small farms or to help out on a larger farm. I have personally never driven an M John Deere but, it looks like a fun little machine. When the Walker Brothers, north of Oklee, had their auction they had an 1937 A John Deere, A nice GP John Deere and an M John Deere. My dad bought that 1937 A John Deere for me. I always wanted an unstyled tractor. But I really liked the look of that little M. When the number series came out the M was replaced by the 40. Near that same time Henry Ford and Harry Ferguson were in the middle of a lawsuit over the three point hitch system. The suit was settled in 1952 and John Deere went to work adding a three point hitch system to their model M, but at that time they also replaced the M with the model 40. The 40 was later replaced by the 420, and again later by the 430. These tractors were a successful addition to the John Deere line up.

In 1949 John Deere came out with the R Diesel, its first diesel tractor. Later the 70, 80, 720,

820, 830 also featured economical John Deere two cylinder diesel engines. I remember seeing a very interesting brochure my dad had when I was a kid. It advertised a 435 Diesel.

John Deere was having a hard time coming up with a smaller diesel engine so they went to a GM 2-53 engine. It was a 2 cycle, 2 cylinder engine with 53 cubic inches in each cylinder. It then had an overall displacement of 106 cu. in. Now John Deere had a small diesel tractor to compete with Ford, Massey Ferguson, and Oliver. These companies already manufactured smaller tractors with diesel engines. The 435 Diesel had remote hydraulics, 1000 rpm PTO, power steering, and float ride seat. I used to look puzzlingly at that brochure featuring the 435 Diesel. The idea to me of a vertical 2 cylinder engine was weird! But, something about the little John Deere made me want one! I first looked at dad's brochure probably 50 or so years ago, and I still don't have a 435 Diesel.....but I haven't given up yet!! I went for a visit at the Don Dufner farm and he has one, or two, or three of them. Maybe he will sell me one!

How about a little tractor trivia!

1. The model M, 40, 420, 430, and 435 Diesel were all manufactured in _____?

A) Waterloo Iowa B) Chesh-tershire, England C) Brisbane, Australia D) Dubuque, Iowa

2. The model M, 40, 420, and 430 all had 4 forward speed transmissions as standard equipment. The 435 had a _____ speed transmission.

A) 4 speed B) 5 speed C) 6 speed D) 8 speed

3. The M came out in 1947. The 435 Diesel was released in _____.

A) 1955 B) 1958 C) 1959 D) 1960

4. The model M John Deere and the WC Allis Chalmers (with and Allis Chalmers engine) had something in common, what was it?

5. What did a tractor with the model MC stand for?

Answers: 1.D. Dubuque, IA 2. B. 5 speed (although a 4 speed transmission was an option) 3. C. 1959 4.The M and the WC both have a 4 in. bore and 4 in. stroke 5. Model M Crawler

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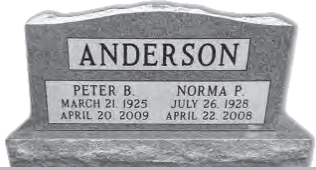
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UNIVERSITY OF MINNESOTA EXTENSION

Negotiating a Fair Land
Rent Online Meeting for
Polk & Norman Counties

McIntosh, MN (11/15/2024)—Landlords, farmers and agribusiness professionals should make plans to attend one of the informative meetings being held across Minnesota. These free meetings are being provided by the University of Minnesota Extension. Farm land rental rates are the largest input cost the farmer has and determining a fair farm rent agreement that satisfies the land owner and the farmer is always challenging. David Bau and Nathan Hulin-sky, Extension Educators in Ag Business Management, will provide several ways – examples, factsheets and worksheets – to determine a fair farm land rental rate for both parties.

Topics covered at the meetings will include: local, historic and projected farmland rental rate trends, current farmland values and sales, and a worksheet to help determine a fair rental agreement. Input costs for 2025 will be presented along with current 2024 corn and soybean prices. Worksheets will examine 2025 costs and what is affordable rent to pay in 2025, the rate of return to the landlord at current market values, and examine flexible rental agreements.

Make plans to attend one of these meetings now. Pre-registration is required to receive the Zoom link for webinars.

Attendees will receive several informative worksheets and factsheets that will help to determine what a fair 2025 farmland rental rate is.

An online webinar for Polk & Norman Counties will be held on December 9, 2024 at 10:00 am. Please register at z.umn.edu/PolkNormanLandRent2024 to receive the zoom links.

Hunters can find
CWD test results
online

Contact: Erik Hildebrand, Minnesota DNR wildlife health supervisor, 651-539-3311.

Hunters can check the Minnesota Department of Natural Resources website (mndnr.gov/cwdcheck) for chronic wasting disease test results on the deer they've harvested. The site also shows statewide CWD test results, summary statistics and mapped locations of deer that tested positive. Any additional deer harvested during Minnesota deer seasons that test positive for CWD will be reported on the CWD results page. The Minnesota DNR also will directly notify any hunter who harvests a deer that tests positive. The DNR relies on hunters' participation in provid-

ing samples to help with disease surveillance and appreciates all those who submitted samples.

Minnesota DNR
webinars focus
accessible hunting
and fishing
opportunities, perch

Contact: Benji Kohn, volunteer mentor program coordinator, 651-259-5178.

The Minnesota Department of Natural Resources invites people interested in wildlife and outdoor skills to check out the fall program schedule for the Minnesota Outdoor Skills and Stewardship webinar series.

On Wednesday, Nov. 20, Mike Hanson, Evan Newton, Jennifer Skiff and Dale Tribby with Capable Partners will discuss accessible hunting and

Free entrance
to Minnesota
state parks and
recreation areas on
Friday, Nov. 29

Minnesotans encouraged to explore outdoors with friends and family over the holiday weekend

Contact: Sara Berhow, public relations supervisor, 651-259-5627.

The Minnesota Department of Natural Resources is waiving entrance fees to all 73 state parks and recreation areas the day after Thanksgiving, Friday, Nov. 29. This "Free Park Day" is one of four days each year when the DNR waives the requirement for a vehicle permit for state parks and recreation areas. The goal of Free Park Days is to encourage Minnesotans to get outdoors and enjoy the health and wellness benefits of spending time in nature.

"During the hustle and bustle of the holiday season, Minnesota state parks and recreation areas are the perfect places to enjoy the tranquility of nature,"



Contact

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Do you remember the 1960 US
Olympic Hockey Team?

By Eric Mickelson

This week I was reading a book about Minnesota. It is called "Minnesota Moxie." It is filled with stories about Minnesotans that show people overcoming the odds or showing resilience. One of the stories was actually about the 1960 US Olympic Hockey team and refers to them as actually being the "first" miracle on ice. Many of us are familiar with the 1980 US Olympic Hockey team that competed in the Olympics in Lake Placid, NY, and upset the Soviet team and continued on to gold! The 1980 team eventually had a movie made in 2004 to celebrate their success, starring Kurt Russell as Head Coach Herb Brooks.

This led me to a little research on the 1960 team. That 1960 team featured 8 Minnesotans on the team. The 1960 Olympics were held on the opposite coast from the later 1980 Miracle Olympics. In 1960, the Winter Olympics were held in Squaw Valley, California.

In 1956 the US team brought home a silver medal. Despite this they came into the 1960 Games as an underdog. The 1960 team featured a new coach, Jack Riley. Riley had made some roster moves late in the Olympic run and several members of the team were disgruntled. One of his cuts included the popular Herb Brooks – who would go on to coach the 1980 U.S. Olympic Hockey Team! Not many people gave the team much credit. In fact the press had predicted them to finish 12th.....there were only 9 teams.



1960 US Hockey team picture.

The Americans started with a victory over Czechoslovakia and a 12-1 trouncing of Australia to advance to the round robin final round. Four more victories followed including a victory over the Soviet Union. A big part of the victory over the Soviets came from two goals, one to tie and one to win, made by brothers Roger and Bill Christian of Warroad!

The team then went on to the gold medal match against

Czechoslovakia. The Americans were trailing 4-3 at the end of the 2nd period. Thanks to Roger Christian who scored three times in the third period, Americans rallied for a 9-4 victory, giving the gold!

An interesting side note: After the victory over the Soviets the Gold Medal Match took place at 8:00AM against the Czechs. Between the 2nd and 3rd periods, when they were trailing, Nikolai Sologubov,

Soviet Captain, came into the locker room to give the Americans a pat on the back. Before he left he suggested to coach Jack Riley to use some oxygen in the high altitudes! He even helped the Americans administer the oxygen! Well, the team went on to victory! Later Roger Christian said the "Solly" (as the Americans called him!) helped. But gave credit to his team and their desire for the gold! You be the judge.....miracle on ice #1???

Minnesota DNR News

said Ann Pierce, director of the DNR Parks and Trails Division. "We encourage people to get outside with friends and family after Thanksgiving gatherings to enjoy the calming sights and sounds of nature. With cooler weather, quieter trails, and unique wildlife activity, visitors can experience Minnesota state parks and recreation areas in a new light."

Many published studies show the positive physical and mental health benefits of spending time in nature. According to the American Psychological Association, the calming and restorative qualities of nature help lower cortisol levels, which leads to reduced stress and improved cognitive function.

Outdoor recreation options in late November include hiking, biking, nature photography, birdwatching and wildlife watching. Even though peak fall colors have passed, late fall offers scenic vistas and peaceful trails. This time of year is perfect for spotting birds and wildlife that are easier to see after the leaves have fallen from trees. Look for deer and foxes

that are more active in cooler weather, and waterfowl along lakes and rivers.

Visitors are encouraged to plan ahead and arrive prepared for their visit.

• Check visitor alerts and find directions on state park webpages (mndnr.gov/park-list).

• Download the Avenza app and the geoPDF map before the trip. The app and maps are free, and maps will display a user's current location even when not connected to the internet or cell service. Find information on the DNR's geoPDF map webpage (mndnr.gov/geopdf). Visitors without a smartphone should look for paper maps outside the ranger station.

• Visit the information signs near the park entrance for suggestions on what to see and do in the park.

• Check the weather forecast before leaving home, and dress appropriately for the conditions. Be sure to pack water and snacks.

For more information, visit the free park day webpage of the DNR website (mndnr.gov/freeparkdays).

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Word Search Answers for this week

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November is
National
DIABETES
Month



Above: Carsen Boyd (age 14) shot an 8 point and pictured below, Jaxsen Boyd (age 12) shot a 17 point buck 11/10/2024. Both bucks were shot north of McIntosh, MN. Submitted by their mother, Kristen Boyd.



Emmalynn Bakke, daughter of Tasha Sohler and Jason Bakke, shot her first deer, a fork horn, Wednesday evening, November 13th at Grandma and Grandpa's farm.



Don Amundson, 81, with a 10 point buck, north of Leonard, MN.



Minnesota DNR retains 2 walleye limit on Mille Lacs Lake for winter season

State-licensed ice anglers on Mille Lacs Lake will be able to keep two walleye 18-20 inches long, or one walleye 18-20 inches and one walleye longer than 28 inches, from Sunday, Dec. 1, 2024, to Sunday, Feb. 23, 2025.

"Mille Lacs' walleye population is trending in a good direction for both adult and juvenile fish," said Brad Parsons, Minnesota Department of Natural Resources fisheries section manager. "Juvenile perch and tullibee, important forage species for walleye, also are abundant."

The winter season regulation marks a continuation of the more liberal limit the DNR implemented this fall. The DNR based its decision on this fall's Mille Lacs netting assessment, which showed higher walleye abundance than in 2023, along with strong numbers of juvenile

fish that are expected to contribute to the fishery in the future.

State-licensed anglers share the harvest on Mille Lacs with Ojibwe tribes that retain treaty fishing rights. The total harvest for the fishing year is set through discussion and agreements between the state and the tribes, with each party setting regulations to stay within their share of the harvest.

As of Sept. 30, state-licensed anglers had harvested 29,891 of the 91,550 pounds of walleye they were allocated for the 2024 fishing season.

Complete winter fishing regulations for Mille Lacs Lake are available on the Minnesota DNR website (mndnr.gov/millelacs).

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From left to right Shane Voxland (who's land the deer were shot at), Mark Hartel (grandpa), Jaxsen Boyd and brother Carsen Boyd. Submitted by Kristen Boyd.



Brennan Mathison, age 12, shot his first buck this year! A big thank you to Craig Sundquist for hunting with him Norda Gonvick on Great Aunt Elaine Jensen's farm. Brennan is the son of Lyle and Jenny Mathison. He is the grandson of Paul and Sally Bergman, Karen and Larry Halvorson and Jerry and Vicky Mathison. Submitted by Elaine.



Chaela Olson, 14, daughter of Brandon Olson and Charla Sundquist shot her first buck this year, hunting with Craig Sundquist. She is the grand daughter of Carla and Travis Sundquist and the goddaughter of Elaine Jensen.



David Wilmo of Warroad, MN got this nice 8-point buck on Saturday night at the family farm South of Gonvick. David is the grandson of the late Thomina Wilmo of Berner and Dan & Clara Lien of Gonvick. He has hunted on the family farm for over 30 years, hunting with his brothers and friends.

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