



Tri County Canary

A supplement of the:

- Leader-Record • McIntosh Times • Grygla Eagle
- Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)



Each November, individuals across the United States gather to remember and honor the brave men and women who devoted their lives to maintaining the freedoms U.S. residents continue to enjoy. Veterans Day is celebrated on November 11 and pays tribute to all American veterans - including the living and deceased - but especially thanks the living veterans who served honorably during war or peacetime, according to History.com.

Veterans Day originally was known as Armistice Day, which was established to commemorate the end of World War I. In 1954, President Dwight D. Eisenhower officially changed the name of the holiday to Veterans Day in an effort to recognize all veterans.

That name change is just one of many interesting facts about Veterans Day.

- November 11, 1918, was largely considered the end of the "war to end all wars," even though the Treaty of Versailles, which officially ended World War I, was signed roughly seven months later on June

28, 1919.

- While Veterans Day is an American holiday, Canada, Great Britain, Australia, and France also honor the veterans of World War I and World War II on or near November 11th. Canada celebrates Remembrance Day, while Britain observes Remembrance Sunday each year on the second Sunday of November.
- Data from the Department of Veterans Affairs says there are around 19 million U.S. veterans as of 2021.
- Arlington National Cemetery outside of Washington, D.C., holds an annual memorial service on both Memorial Day and Veterans Day. That cemetery is home to the graves of more than 400,000 people, most of whom served in the military.
- Gulf War-era veterans now account for the largest percentage of all U.S. veterans, surpassing the number of Vietnam War-era veterans by almost two million, according to the VA.
- Memorial Day is a time to remember those who died in battle or from wounds suffered in battle. However, Veterans

Day honors all of the people who served their country, including both living and deceased veterans.

- The United States Bureau of Labor Statistics indicates women make up approximately 10 percent of the veteran population. By 2025, that number is expected to climb to 12 percent.
- In 2016, President Barack Obama signed the Veterans Day Moment of Silence Act. At 3:11 p.m. (Atlantic Standard Time) on Veterans Day, a moment of silence is observed and continues for 120 seconds.
- The last living American WWI veteran died in 2011. His name was Frank Buckles.
- In 2021, 37 percent of veterans were age 70 and older, according to Pew Research. An additional 36 percent of veterans were between the ages of 50 and 69.
- The U.S. Census Bureau indicates the percentage of the American population with military experience is on the decline. In 2018, about 7 percent of U.S. adults were veterans, down from 18 percent in 1980.

Sanford Health and Marshfield Clinic Health System sign affiliation agreement to create integrated health system

Sanford Health, the largest rural health system in the U.S., headquartered in Sioux Falls, South Dakota, and Marshfield Clinic Health System, a physician-led health system headquartered in Marshfield, Wisconsin, serving rural Wisconsin and Michigan's Upper Peninsula, have signed an affiliation agreement to combine their complementary assets and capabilities and create an integrated health system dedicated to advancing world-class care in the rural Midwest.

Both organizations, which share a rich history of delivering exceptional rural health care to

the patients and communities they collectively serve, announced in July they had signed a letter of intent to combine.

"This significant milestone means we are one step closer to bringing together our nonprofit, community-focused health care organizations," said Bill Gasen, president and CEO of Sanford Health. "We are excited to strengthen access to cutting-edge care and invest in new initiatives to serve the needs of patients throughout the rural Midwest, now and in the years ahead."

"In Sanford Health we found a partner that closely aligns

with our culture, mission, and values, and we look forward to continuing on this journey as the premier rural health system in the United States," said Brian Hoerneman, M.D., interim CEO of Marshfield Clinic Health System. "Our shared commitment to excellence, quality and safety, and delivering an exceptional patient experience for the rural communities we serve makes this partnership a win for our patients and our dedicated teams that carry out our mission daily."

The combined nonprofit system will improve patient outcomes through new innovative care delivery models, use each organization's respective health plan to serve more than 425,000 members, harness the full promise of technology including virtual care, expand the breadth and depth of research capabilities and strengthen the ability to train, educate and

Essentia Health offering RSV immunizations for children and adults

This respiratory season, Essentia Health is excited to offer immunization options for respiratory syncytial virus (RSV) for both children and adults.

Beyfortus is a monoclonal antibody immunization recommended for all babies younger than 8 months born to mothers who did not receive a maternal RSV vaccine during pregnancy. A dose should be administered to infants during their first RSV season (October through March).

Beyfortus is also recommended for children aged 8 through 19 months who are at an increased risk for severe RSV. This group includes:

- Children who were born prematurely and have chronic lung disease.
- Severely immunocompromised children or children with severe cystic fibrosis.
- American Indian and Alaska Native children.

RSV is a very common virus that causes a high burden of disease. It can spread when an infected person coughs or sneezes, by direct contact with someone who has RSV or by touching a contaminated surface.

"Almost all children will be exposed to RSV at least once before they turn 2 years old," said Dr. Dhilhan Marasinghe, section chair of pediatrics for Essentia Health's West Market. "What makes RSV unique and particularly worrying is that it is the most common cause of hospitalizations for children under the age of 1 year — even

more than influenza."

Two to three out of every 100 infants under 6 months are hospitalized with RSV each year in the United States, according to the Centers for Disease Control and Prevention. Those who are hospitalized may require oxygen, IV fluids and mechanical ventilation.

RSV symptoms

Infants and young children with RSV often show symptoms. In infants less than 6 months old, symptoms may include irritability, decreased activity, eating or drinking less and apnea (pauses in breathing for more than 10 seconds).

In young children, early symptoms of RSV can include runny nose, eating or drinking less and a cough that may progress to wheezing or difficulty breathing.

RSV usually causes a mild, cold-like illness; however, it can progress and lead to severe illnesses such as bronchiolitis (inflammation of small airways in lungs) and pneumonia (lung infection). Parents should seek immediate medical attention if their child is having difficulty

breathing, not drinking enough fluids or is experiencing worsening symptoms.

RSV vaccine for adults
RSV vaccines became available to protect older adults for the first time in 2023.

Essentia offers Pfizer's RSV vaccine, Abrysvo. It is approved for pregnant mothers, anyone aged 75-plus years and those between 60-74 who have high risk conditions and have not received a previous dose.

Adults at the highest risk for severe RSV illness include older adults, adults with chronic heart or lung disease, adults with weakened immune systems and adults living in nursing homes or long-term care facilities.

As with pregnant women, infants and young children, only one lifetime dose of RSV immunization is generally recommended for older adults.

RSV immunizations are generally covered by insurance. The Vaccines for Children program provides free to low-cost vaccines for children who are American Indian, Medicaid-eligible, uninsured or underinsured.

Zoom meeting on pasture renovation

University of Minnesota Extension will be holding a meeting for crop and livestock producers interested in renovating their pastures and using cover crops to extend the grazing season.

This hybrid training includes both an individual online Zoom option and the option to attend the Zoom meeting as a group at the Northwest Research & Outreach Center in Crookston. "We are excited to offer this opportunity for folks to learn about the latest research regarding assessing pasture and hay stands, weed management in pastures and selecting cover crop species for forage quantity and quality," says Heather Dufault, UMN Extension educator. We are also going to hear from both the West Polk and Norman County SWCD (Soil and Water Conservation District) staff on options to help cover the costs of doing this work. There will

be valuable information to be learned by the crop farmer and livestock farmer alike!

The meeting will be held on the online Zoom platform on November 21, 2024 starting at 3:00 pm. You will need to register to get the Zoom link, but the event is free to attend. You can also join UMN Extension personnel at the Youngquist Auditorium (NWROC) on the campus of University of Minnesota, Crookston for a group get-together for viewing the meeting. Norman and West Polk SWCD staff will be on hand to answer questions/concerns.

Registration can be found at z.umn.edu/PastureCoverNutrition. If you have any questions, please contact Heather Dufault at pohl0024@umn.edu or (218) 280-1129 (cell) or at the Polk County Extension office at (218) 563-2465 or Norman County Extension office at (218) 784-5550.

Ed Roepke inducted into the Hall of Fame

By Eric Mickelson

Ed Roepke was born in Buffalo Lake, Minnesota, in 1942. He was the 10th of 15 children. During his time at Buffalo Lake High School he showed his abilities in the sports of football, basketball, and track. His education continued at Mankato State University where he excelled in track earning All-American Honors. Amazingly he also qualified for the 1964 Olympic trials in the 400 meter hurdles!

Ed met his wife, Diane, while they taught together in Ida Grove, Iowa. In 1966, they moved to Clearbrook where Ed taught and coached a variety of subjects and sports. In 1992 when Clearbrook and Gonvick joined he became the assistant football coach teamed with former rival coach Ron Johnson. During the 90s the Bears were Conference Champions four straight years and also reached the State Playoffs three years in a row.

Ed was also Assistant Track and Field Coach alongside his lifelong friend, Glenn Rettman. Ed and Glenn went to high school and college together, then ended up teaching together at the same school. In all they led their teams to 17 Conference titles! The track and field Record Board bears their names in honor of their contributions to the program.

Honors are often bestowed on those who deserve recognition. There is no exception here. Former Clearbrook and Clearbrook-Gonvick coach, Ed Roepke recently received the Assistant Coach, Distinguished Service Award from the Minnesota State High School Coaches Association.

A very fitting inscription is written on the plaque he received. It is printed and I quote, "In recognition and appreciation for many years of service as an assistant coach of high school athletics. Your coaching and dedication, loyalty, and guidance have positively impacted many student athletes."

The fitting part of the inscription, to me, is the last part. Many coaches love their sport but it is sometimes forgotten the impact a coach can have on an athlete that goes far beyond the gym or field you are playing on. A coach sometimes becomes a substitute parent, a teacher, a mentor, and even a friend. Ed put in over 30 years of coaching and I am sure wore all of these hats plus probably even more!

Ed coached basketball and golf, as well as football and track as mentioned earlier. Ed not only coached but taught Social Studies in Clearbrook. Besides being a coach and a teacher Ed also reffed volleyball and other sports. Ed's leadership lives on in the hearts and minds of many past students and student athletes.

Ed now resides in Zimmerman, Minnesota, Ed and Dianne have been married for 57 years. They have four sons—Shannon (married to Amy), Shane, Sam (married to Cari), and Skip. They take great joy in attending their four grandchildren's (Avery, Hannah, Brennen, Bryce) athletic events. Despite being long retired, Ed remains an avid golfer, having played over 100 rounds for five consecutive years. Congratulations Ed, on this prestigious award!

support future clinicians to advance the health of communities for generations to come.

The combination is expected to close by the end of the year, subject to regulatory processes and closing conditions. Sanford Health and Marshfield Clinic Health System remain two separate, independent organizations until the closing.

Construction complete at Red Lake County Central School

Students were able to enter their newly constructed high school in Oklee. The project began after graduation in 2023 and students were able to be in the school for opening day this year.

There was a new library that also serves as media center and has the Online College in

the High School classrooms. There are two new science lab classrooms and a new student commons area. The cafeteria is triple the past size and there are newly renovated offices. There is also new locker rooms, an athletic training room to go along with the new gymnasium with three official size courts.

There is a media room where the school will be able to broadcast live events.

Cost for the bond issue that was approved by voters was \$14,180,000. That amount also included improvements to the Red Lake County Central Elementary School in Plummer.



The Roepke Family, Front Row: Bryce (Sam's son), Diane, Ed, Brennen (Sam's son); Middle Row: Avery (Shannon's daughter), Amy (Shannon's wife), Hannah (Shannon's daughter). Back Row: Ed's sons Shane, Shannon, Skip, and Sam.

Well, I finally did it. I am a patient here at McIntosh Senior Living. I feel well, but I am lonely. I would appreciate it if my former classmates from McIntosh and Fosston would come to visit me. Also anybody that I worked with in the past.

Thank you, Bill Fritz, Jr.

R34P

Annual Deer Hunters Meatball Supper



Saturday, November 9, 2024
5:00-8:00 p.m.

Erskine Community Center

Free Will Contribution

Sponsored by Grace Lutheran Church
Curbside "to go" service from west alley
at the Erskine Community Center.

Everyone
Welcome!

M33-34C

WELCOME HUNTERS

LITTLE BOBBY WILL FEED YOU!

Beginning November 9th,
you can order a box
meal to take with you
to your deer stand.

To order a meal call
218-563-3008.
You can pick it up the night before
or whenever it works for you.

\$10.00 PER BOX MEAL

**AFTER DARK, COME TO LITTLE BOBBY'S
FOR A HOT MEAL BEGINNING AT 5PM!**

M34C

LITTLE BOBBY'S

Main Street McIntosh • 218-563-3008



ELVIS IS BACK!

Saturday, November 9th at 5:00 p.m.

**SLICK BACK YOUR HAIR + BE
READY TO ROCK AND ROLL.**

Enjoy A Hamburger, Fries, and Soda
Come and Enjoy!

Advertise Your Dining Specials Here!
218-487-5225

Attention Deer Hunters!



CALL
AHEAD
FOR
TAKE-OUT!

Breakfast Buffet

Both Hunting Weekends!

Saturday & Sunday Nov. 9 & 10

AND Saturday & Sunday Nov.
16 & 17. Starting at 7:30 am

**Sunday Dinner
Specials**

**Early Thanksgiving
Sunday, Nov. 24**
Serving will start at
10:00 am

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Where Breakfast is served All Day... Every Day
103 Vance Ave. S, Erskine • 218-687-2101
Like us on Facebook! [thenesscafe.com](https://www.facebook.com/thenesscafe.com)

Benefit for ZACH CRIST

Thursday, Nov. 7th

4:00 - 7:00 PM

Bagley American Legion
112 Main Ave N, Bagley



Zach Crist has a very aggressive Multiple Sclerosis. He is undergoing stem cell treatment and his insurance has denied to pay for treatment. The benefit will help offset the cost of treatment, travel and his time he is unable to work.

**Taco in a Bag • Raffle & Games
• Live & Silent Auctions**

Unable to attend? Learn more about Zach's story or to contribute towards his fight for hope. Scan the QR code to visit his GoFundMe page.



To purchase raffle tickets, or donate silent auction items, please contact Amber Larson at 218-209-1773, or Ashley Weems at 218-779-2794, or Kim Crist at 218-766-7410.

R33-34C



By John Eggers

JohnRogerEggers.com, envision@paulbunyan.net, 20269 Irvine Ave NW, Bemidji, MN 56601, 218-766-9009



Moon Landing

Where were you on July 21, 1969? Many of you stayed up all night to watch the most spectacular event in modern-day history.

That day, Neil Armstrong was the first to step on the moon at around 3:00 in the morning. My wife and I were in New Jersey then and stayed up to watch it on a black-and-white television.

There is a plethora of memorabilia associated with the landing. The drinking glass featured here has an imprint of the St. Paul Pioneer Press headline as it appeared in the newspaper on that historic day. The glass is worth about \$20.

Collecting moon landing memorabilia is something you might consider. It falls in the same category as Lindbergh's flight over the Atlantic.

A signed baseball by all three astronauts participating in the flight is worth about \$1500. A Zippo lighter commemorating the flight costs \$450, and a copy of the Wisconsin State Journal and many other newspapers that featured the story are worth about \$250.

The moon landing will be forever in our history books, and memorabilia will continue to rise in value. Everyone should own at least one piece to show others that, indeed, we did land on the moon.

Clearwater County Sheriff

On November 4, 2024 at approximately 12:30 pm, the Clearwater County Sheriff's Office dispatch center received a call of an explosion and fire at a storage unit north of Bagley on 370th Street. Deputies from the Clearwater County Sheriff's Office responded to the scene along with the Bagley Police Department, Bagley Fire Department and Sanford Bagley Ambulance.

Once on scene it was discovered that one adult male and five children, ranging in ages from six to fourteen years old, had all been involved in an explosion and were all suffering from burns. Preliminary

WITH GRATITUDE, HONOR, AND RESPECT,

Thank You VETERANS

In observance of Veterans Day, we will be closed Monday, November 11.

www.ultimabank.com • 800-421-2588
Winger • Fosston • Plummer • Bemidji • East Grand Forks • Gary

R34C

Monthly meeting MCCL November 21

The monthly meeting of the local Minnesota Citizens Concerned for Life Chapter #45 will be held on Thursday, November 21 at 7 p.m. at Mt.

Carmel Lutheran Church in McIntosh. For more information about the Chapter, contact Eileen Hegg at 218-563-3152.

Holiday train will come through again

Two stops are again planned for the Holiday Train from Canada. It will make stops in Plummer and Thief River Falls on December 15. The first stop in Plummer at 6:15 pm at the main railway crossing on Central Avenue in Plummer. From there it will go on to Thief River Falls City Hall at about 7:45 pm. There will be performers with country artist Alana Springsteen and Australian country duo Seaforth.

The event is free but people attending are asked to bring non-perishable food donation or cash. This fills the local food shelves.

The train has been going since 1999 and has raised more than \$24.3 million and many pounds of food for community food banks.

DEER HUNTING LEFSE SPECIAL

Package of
Irregular
Lefse
\$2.00

Mrs. Olson's
LEFSE

Case of
12 Irregular
Lefse
\$20.00

Pick up at lefse bakery -
3 miles north of Gonvick
on Country Rd 7

Open 7:00 am-3:00 pm Monday-Friday

R33-34C

Here Comes Retirement, Ready or Not.

Make sure you're ready with a reliable retirement savings plan. Talk to our Retirement Account Specialist today to find out how an FDIC-insured IRA can help you prepare for the future and reduce your taxable income today.



Paul Peterson

Security STATE BANK
PO Box 69
Oklee, MN 56742

Phone
218-796-5157



O34C

ATTENTION: SNOWBIRDS

Please call our office with change of address.

Notifying the Post Office does not include newspapers, they WILL NOT forward them and then they get returned to us with a .62 cent fee.

Thank you.

(218) 487-5225

Leader-Record - Grygla Eagle

Red Lake County Herald - McIntosh Times

HUNTERS SUPPER!

**DEER SEASON
OPENER TRADITION!**

**SAT., NOV. 9
5:30-8 P.M.
MAIN
STREET:
GULLY**

Come as you are.
All welcome!

**BAKED HAM & MANY
HOMEMADE HOTDISHES
WITH ALL THE TRIMMINGS!**

Inside Seating & Take-outs Available.
Suggested Donation: \$15 adults
(13+). Free will for younger.

Sponsored by Lund Lutheran Church, Gully.
Meal Proceeds will be used toward general operation expenses.

• Silent Auction!
• Ladies Aid Fall Market!
• Parish Youth
Gift Baskets Raffles!

R34C

DINING & entertainment



WELCOME HUNTERS!

Kandi's will be open
Saturday, Nov. 9th
from 6:30 a.m. to 1:00 p.m.
AND Sunday, Nov. 10th
from 7:00 a.m. to 1:00 p.m.

Kandi's Kitchen
233 Main Street in Gonvick • 218-487-5312

Follow us on Facebook for Daily Specials

**Lots of
Hunter's
Specials!**

R34C

NO BINGO

WING NIGHT WEDNESDAY

Fri. & Sat., Nov. 8th & 9th • Prime Rib

SERVING BREAKFAST

Sat., Nov. 9th 8:30 to 11:00 a.m.

SHORTY'S PLACE, 263-4199

R34C

CAROL'S COZY BAR & GRILL

Brooks, MN • 218-698-4608

Find us on
facebook.

**UNDER
CAROL'S COZY**

Call in OR Check Facebook for specials!

Friday, Saturday & Sunday
Nov. 8th, 9th & 10th, 2024

Steak & Shrimp, BBQ Ribs,
Broasted Chicken,
Ribs & Chicken, Ribeye
Comes with Salad Bar, Potato & Garlic Toast.
Friday ONLY - Walleye

**WEDNESDAY NIGHT
SPECIAL**
2 Piece Broasted
Chicken Dinner \$11.00

COMING SOON!

November 23rd

DEER HUNTERS BALL

Music by The Troubadours

7:00 to 11:00 p.m.

Gun Raffle at 10:00 p.m.

**Breakfast EVERY
SUNDAY**

Starting Sunday, Nov. 10th

9:00 a.m. to 1:00 p.m.

KITCHEN OPEN UNTIL 9:00 P.M. DAILY

BAR BINGO!
AND PADDLE WHEEL
TUESDAY, Nov. 12th, 2024 - 6:30 PM
63'S AT \$1,000 UP TO \$1,000 MAXIMUM

SPONSORED BY:
**The Mentor Firefighters
Relief Association**
Lawful gambling license
#05817-003

**CAROL'S COZY
BAR & GRILL**
Brooks, MN • 218-698-4608

BINGO Friday 11/08 @ 6:30pm
Blackout 59's or less for \$1,000

BINGO NIGHT! FRIDAYS AT 6:30 PM
Goodridge Municipal Liquor Store
Happy Hour, Free Jukebox, Meat Raffles
20 games with 5 Specials! • Progressive Blackouts for \$1,000!
All proceeds from BINGO donated back into our community!

COMING UP!
DUSTY JAMES RIVER BAND
NOV. 16TH FROM 7:00 TO 11:00 P.M.!

GOODRIDGE LIQUOR STORE

R34C

CLASSIFIED ADS

CALL FOR HVAC & WEATHERIZATION CONTRACTORS

 Inter-County Community Council's Energy Assistance Program is looking for HVAC contractors that would be willing to work on/ or replace furnaces through their Energy Related Repair Program. Interested contractors can contact our Energy Assistance Director at 218-796-5144 ext 1020 for further information. ICC's Weatherization Program is looking for Weatherization Contractors - contractors must have and be familiar with the usage of blower doors, CAZ testing and zonal pressures. Inter-County Community Council is also soliciting a call for contractors for asbestos abatement and mold and moisture remediation work for the Weatherization Assistant Program. The call for contractors will remain open to the public so long as work is needed. Interested contractors can contact our Weatherization Director at 218-796-5144 ext 1016.

We encourage minority and women contractors to apply.

R34C

Water Resource Technician

East Polk Soil & Water Conservation District is accepting applications for the Water Resource Technician. This is a full time position that will be under the supervision of the District Manager. This position will be the lead for Shoreline Restoration and Rain Garden programs, Water Monitoring program, and Soil Health programs as well as other duties. The position requires working with landowners and community groups as well as local, state, and federal government to build partnerships and implement conservation programs. Applicants must have a bachelor's degree in natural resource or related field OR 4 years of experience in the natural resource field.

For the full Job Announcement and Position Description visit www.eastpolkswcd.org. The East Polk SWCD offers health benefits, paid holidays, vacation and sick leave, and retirement benefits. Please send your resume and cover letter to Klein.eastpolk@gmail.com.

Application Deadline: Friday, November 8th at 4:30pm.

M34C

Clearwater County Department of Human Services

Clearwater County Department of Human Service is looking to fill a full time (40 hours per week) position with a skilled, caring, and empathetic team player whose talents will contribute to and promote the mission, vision, and values of the agency. Clearwater County DHS offers a comprehensive benefit package.

Agency Social Worker: This position will work with the aging and physically and cognitively impaired populations to assess needs and arrange services so individuals can remain safely in their home and community. The pay scale for this position is \$27.36-\$35.83 per hour.

Go to <http://agency.governmentjobs.com/mnmeritsystem> to review the qualification requirements, position description, and to apply. The application must be submitted by 4:30 P.M. 11/15/2024.



We are an Equal Opportunity Employer.

R33-35C

EARLY EDUCATION PARA NEEDED

Clearbrook-Gonvick School District is hiring for an Early Childhood Special Education Para-Educator. This position is approximately 30 hour per week and will begin on January 2nd, 2025. Must enjoy working with pre-school age children, have passed or have the ability to pass a para-pro test provided by the District, and be able to pass a background check. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions or to have an application emailed to you.

 Please submit application, resume, and 2 letters of recommendation to: Melissa Weems, HR 16770 Clearwater Lake Rd Clearbrook, MN 56634 mweems@clearbrook-gonvick.k12.mn.us

R33-36C

INDIAN EDUCATION PARA-EDUCATOR

The Clearbrook-Gonvick School District is seeking an American Indian Education Para-educator for grades 7-12. This position requires the ability to work 1 on 1 or in a small group setting with students. This is a full-time position with a wage range of \$16.45-\$18.76, dependent on previous years of experience.

Minimum qualifications include a high school diploma and ability to pass a background check. Preferred qualifications include, but not limited to: two or more years of college, an AA Degree, or the ability to pass the ParaPro Exam. Preference will be given to a candidate of American Indian heritage and/or individuals with experience working with American Indian students and families.

Please submit letter of interest, resume, credentials, and three references to:

 Clearbrook-Gonvick School 16770 Clearwater Lake Rd Clearbrook, MN 56634 Attn: Melissa Weems, HR Or email the materials to: mweems@clearbrook-gonvick.k12.mn.us

R31-34C

COOK POSITION

The Clearbrook-Gonvick School has an immediate opening for a part-time cook for the 2024-2025 school year. The hours for this position are 10 a.m.-2 p.m. Monday-Friday. Wage range is \$16.40-\$18.70 per hour, dependent on years of previous experience. This position includes the following benefits: PERA retirement plan, paid holidays, sick time, and personal time. Requirements for the position include: Must enjoy working with kids, be able to work in a standing position for a period of time, and pass a ServeSafe food safety course. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions or to have an application emailed to you.

 Please submit application, resume, and letter of interest to: Melissa Weems, HR 16770 Clearwater Lake Rd Clearbrook, MN 56634 mweems@clearbrook-gonvick.k12.mn.us

R33-36C

CLEARWATER COUNTY EMPLOYMENT OPPORTUNITIES

Clearwater County Assessor

\$32.28 - \$42.00 Full Benefits
Position closes on Friday November 15, 2024

Deputy Assessor

\$23.42 - \$30.66 Full Benefits
Position closes on Friday November 15, 2024

Network Administrator

\$25.93 - \$33.96 Full Benefits • Position open until filled

Part-time IT Specialist

\$21.25 - \$27.69 • Position open until filled

Communication Correction Officers

\$21.25 - \$27.69 • Position open until filled

Part-Time Communications Correction Officer

\$21.25 - \$27.69 • Positions open until filled

For a full job description, application and general job opening information, go to www.co.clearwater.mn or call the Clearwater County Auditor's office at 218-694-6520. EOE

R34-35C

Polk County Full-Time Employment Opportunities:

Deputy Sheriff Patrol I - II - Sheriff's Office:

\$30.48 - \$40.93/hr. Position Is Open Until Filled

Engineering Technician - Highway:

\$26.08 - \$36.78/hr. Position Is Open Until Filled

Environmental Technician - Environmental Services:

\$26.08 - \$33.04/hr. Position Is Open Until Filled

Mechanical Maintenance Technician I - II - Fosston:

\$24.61 - \$33.04/hr. Position Is Open Until Filled

Public Safety Telecommunicator - Sheriff's Office:

\$26.08 - \$33.04/hr. Position Is Open Until Filled

RN/PHN Correctional Health Services - Public Health:

\$32.31 - \$43.39/hr. Position Is Open Until Filled

Sort Line Operator I - II - Fosston:

\$18.57 - \$24.70/hr. Position Is Open Until Filled

For a full job description, application, and general job openings information, go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

R40C

LSS Caregiver Support & Respite services offers PEARLS (Program to Encourage Active Rewarding Lives) training classes for people, age 60 or older, who are experiencing depression due to the losses they endure as they age. Learn skills to manage unpleasant feelings and improve quality of life. Call 866.787.9802 to learn more.

R31-42C

FOR SALE

Parts for snowmobiles, motorcycles, 3 & 4 wheelers for sale. Lots of vintage sleds. Also buying parts/machines. Call Tom's Recycling 218-686-7515

M20-48C

DEADLINE NOON FRIDAYS

SUBMIT
YOUR
EMPLOYMENT
ADS
to richards@gvtel.com

REAL ESTATE - RENTALS



HOME FOR SALE • ASKING PRICE: 220,000.00 Beautiful and majestic describes this 3 bedroom, 1.5 bathroom (2,287 square foot) home in McIntosh, MN. This well-cared for home has been Our Savior's Church's parsonage since it was built. The kitchen and full bath have been remodeled not long ago. Stunning original wood floors and woodwork brings so much character to this home. The exterior has been updated with steel siding and windows. A new water heater was recently installed. This home includes a modern central air unit and a duel heat (propane/electric) furnace. The lot is .45 acres and includes mature trees. Asking price is based on a recent professional appraisal. 218-791-5127.

R34-35C



Ultima Bank MINNESOTA

Technical Support Representative- Ultima Bank Minnesota is adding a new position of Technical Support Representative. This position will offer support for online customer access as well as internal support of employee access and processes and other duties as assigned. No experience required; training provided. Full time position with competitive wage package and benefits. To apply, email resume to: rebecca@ultimabank.com

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R34-37C

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R33-37C

Beef Quality Assurance Trainings to be offered Online

Source: Melissa Runck, Extension Educator-Ag Production Systems, University of Minnesota Extension - Murray and Pipestone Counties, (507) 836-1143, mkrunk@umn.edu

PIPESTONE, Minn. (10/28/2024) — University of Minnesota Extension will host Beef Quality Assurance (BQA) trainings in the fall of 2024 and spring of 2025. Producers attending any of the free workshops will receive a three-year BQA certification.

In the past, beef producers have been asked to complete the BQA program to market cattle to certain processors. However, BQA certification is still voluntary. Specific companies have chosen to extend their own quality assurance protocol requirements to cattle producers who are a part of their supply chain. Many major industry buyers and processors now require BQA certification. Online Zoom BQA trainings that will be offered in 2024 and 2025 include:

- November Zoom training: Tuesday, November 26, 2024, 7:00 – 9:00 p.m.

- Link to register: <https://z.umn.edu/BQANov26>

- January Zoom training: Tuesday, January 7, 2025, 7:00 – 9:00 p.m.

- Link to register: <https://z.umn.edu/BQAJan7>

- February Zoom training: Thursday, February 13, 2025, 7:00 – 9:00 p.m.

- Link to register: <https://z.umn.edu/BQAFeb13>

- March Zoom training: Thursday, March 20, 2025, 7:00 – 9:00 p.m.

- Link to register: <https://z.umn.edu/BQAMarch20>

BQA trainings are free to attend, but attendees must pre-register online at the correct link, or by calling the Pipestone County Extension Office at 507-825-1190. Only one person from each operation is required to be certified to ensure the entire operation follows the BQA standards. However, everyone who handles and manages fed cattle is encouraged to become BQA certified. You only need to attend one of the training options to complete BQA certification.

About the ONLINE Zoom trainings: Pre-registration is required for this training. You will not be able to access the Zoom meeting room without first pre-registering and receiving the secure Zoom link.

Note: Online BQA training at www.bqa.org is available to anyone, at any time. These online, self-paced modules are free to complete. There will be in-person BQA trainings scheduled; please check the UMN BQA website at <https://extension.umn.edu/courses-and-events/beef-quality-assurance> for more information, as meeting location details will be added here once events are scheduled. All available BQA training options can be found at the Minnesota Beef Council website: <https://mnbeef.org/about-us/upcoming-events>.

If you have any questions about accessing the in-person or online BQA trainings or have questions regarding your BQA status expiration, please contact the Extension Office.

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INVITATION TO BID

Sealed bids for the Tri Valley Bus Garage will be received at the ICON Architectural Group Office, 4000 Garden View Drive Suite 101, Grand Forks, ND 58201 Phone: 701-772-4266 until 2:00 p.m. local time, Thursday November 14th after which they will be opened and read aloud at that time and that place. Bids also may be mailed to the same address above, attention Tanner Naastad. Bids received after that time will not be accepted. Interested parties are invited to attend. It is the responsibility of the bidders to see that mailed or delivered bids are received by the deadline listed above. Bids received shall be for the General Construction contract for a 9,300 square foot pre-engineered metal building for storage of Tri Valley Opportunity Council, Inc. vehicles. The General Construction Contract is responsible for all subcontracts, and is required to list on the bid form the major subcontractors as called out. Bids shall be labeled "Bid for Tri Valley Bus Garage" with the bidder's name and address marked clearly on the envelope.

Drawings and specifications prepared by Icon Architectural Group, and their consultants may be seen and examined at the Architect's office or the following locations:

Minnesota Builder's Exchanges at Minneapolis

North Dakota Builder's Exchanges at Grand Forks, Fargo, Bismarck & Minot

Bidders may secure copies of the proposed contract documents from the office of the Architect; ICON Architectural Group, 4000 Garden View Drive, Suite 101, Grand Forks, North Dakota 58201, telephone (701) 772-4266 on the following basis:

One copy of the Drawings and Specifications, upon non-refundable payment of \$150.00.

PDF version of construction documents – contact Laura Kendall at ICON Architectural Group laurak@iconarchitects.com or 701-772-4266. Documents and addendums will be e-mailed.

No partial sets will be issued.

Each bid shall be accompanied with a cashier's check, certified check or Bidder's Bond in a sum equal to five percent (5%) of the full amount of the bid, including all add alternates, executed by the bidder as principal and by a Surety Company authorized to do business in this state, conditioned that if the principal's bid be accepted and the contract awarded to them, they, within ten days after notice of award, will execute and effect a contract in accordance with the terms of his bid and a Contractor's Bond. All bidders must be licensed for the highest amount of their bids as provided. No oral, telegraphic, e-mailed or faxed bids or modified bids will be considered. No bidder may withdraw their bid within thirty (30) days of the scheduled closing time for the receipt of bids. The owner reserves the right to reject any and all bids or part of bids and waive formalities in the bidding. **No bid will be read or considered which does not fully comply with the above provisions as to bond and any deficient bid submitted will be resealed and returned to the bidder immediately**

A pre-bid site visit is arranged for Monday November 4th at 11:00 am local time at Tri Valley Opportunity Council, Inc. Office, 107 N Broadway Suite 200, Crookston, MN 56716 for all questions regarding this project. All interested parties are encouraged to attend.

By: Jason Carlson
Chief Executive Director, Tri Valley Opportunity Council, Inc. M32-34C

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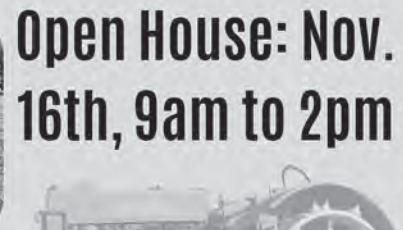
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Karen Berg and Karen Kapperdahl Country Store supervisors. (Photos Gladys Lueken)

Fall Festival held at Faith Lutheran

By Pamela French

Faith Lutheran Church (Bagley) held their annual Fall Festival on Saturday October 26. The festival included a country store, fresh made Lefsa, fellowship and great food. Approximately 275 dinners were served including those to-go requests.

Guest were invited to come early and shop the country store. Items for sale were made and donated by church mem-

bers and friends. The proceeds raised are part of what WELCA donated at Christmas to various organizations and charities.

Over 45 years ago or more the fall fund raiser started as soup and sandwich, a live auction and ended with pie and ice cream. It turned into a full turkey dinner with the trimmings about 12 years ago. It's a beautiful expression of love, a good community builder bringing together people of all faiths.

It took a small army of over 40 volunteers over two days to make this special day happen. Some of the volunteers included Linda Kaul, Yvonne Erickson, Roger and Allysa Stenstad and their daughters Lexie and Gabrielle, Gladys and Albert Lueken, Gary Halseth, Lorraine Brustad, Lexi Theis, Sue Haugen, Barb Bohn, Lexi Thies, Sue Haugen and so many more.

Northwest Minnesota Foundation Pushes More Than \$1.1 Million into the Region in First Quarter of Fy25

October 29, 2024 (Bemidji, MN) – More than \$1.1 million was loaned or granted out into the region from July through September through the Northwest Minnesota Foundation. This three-month timeframe comprises the first quarter of NMF's fiscal year.

Dollars released by NMF included more than \$518,000 through NMF's mission-driven grants programs, \$400,000 awarded by local funds within NMF's family of funds, and \$215,000 through loans to small business owners.

Additionally, the Northwest Small Business Development Center, for which NMF serves as host, provided 663 hours of no-cost business consulting hours to 157 clients throughout the region.

The Northwest Minnesota region served by NMF includes two tribal nations (Red Lake Nation and White Earth Nation) and 12 counties (Beltrami, Clearwater, Hubbard, Kittson, Lake of the Woods, Mahanomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau).

MISSION-DRIVEN GRANTS

Through mission-driven grants, NMF approved 20 grants totaling \$518,250.

Grants approved include:

- 12 grants totaling \$350,000 to support nonprofits addressing

crucial needs.

- A \$95,000 grant to White Earth Nation's Natural Resource Division to support an internship program; nine youth are currently learning culturally relevant skills as well as resource protection and development skills.

- A \$47,500 grant to support Red Lake Nation's Ombimind-waa Gidinawemaaganinaadog ("Lifting Up Our Relatives") program to expand outdoor recreation options for families.

- A \$10,000 grant to Wilder Foundation to support MN Compass data collection.

- A \$9,500 grant to the Northwest Minnesota Juvenile Center to support a farm program and sustainable gardening course.

- A \$3,250 grant to the Crookston Housing Economic Development Authority to expand their community research.

- 3 grants totaling \$3,000 in recognition of NMF award-ees; each honoree selected one nonprofit to receive a \$1,000 donation.

FAMILY OF FUNDS

Through 130 grants approved by local funds, \$400,412 was dispersed into Northwest Minnesota. NMF houses more than 450 funds within its family of funds.

Grants dispersed included:

- 40 grants, totaling \$112,984, through community

funds.

- 14 grants, \$76,915, through education funds, dedicated to supporting a specific school district.

- 27 grants, \$72,000, from donor-advised funds, benefitting nonprofits that fit the donors' interests.

- 17 grants, \$52,291, through community service funds, benefiting local efforts such as senior living, animal shelters, service organizations, churches, and homeless shelters.

- 6 grants, \$41,560, through environmental and recreation funds.

- 25 grants, \$34,662, from cultural funds, supporting local music, theater, and arts projects.

- 1 grant, \$10,000, through a health care fund.

BUSINESS LOANS

Six loans were approved for six businesses, totaling \$215,000.

These loans included:

- 2 loans supported businesses in Beltrami and Hubbard counties.

- 2 loans were approved with funding from the Small Business Administration, both located in Beltrami County.

- 2 forgivable child care loans were approved for providers in Clearwater and Marshall counties.



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Dining room servers.



Lorraine Brustad, Gary Halseth and Albert Lueken on the "take-out"line. Not pictured Gladys Lueken.

Alex Kirilloff Announces Retirement

MINNEAPOLIS/ST. PAUL, MN – Former Twins first baseman/outfielder Alex Kirilloff announced today that he is retiring from baseball and has been placed on the Voluntarily Retired List.

Kirilloff, 26, hit .248 (198-for-799) with 40 doubles, five triples, 27 home runs, 116 RBI, 62 walks, two stolen bases, 92 runs scored and a .721 OPS in 249 career games across four seasons for the Twins. The Pittsburgh, Pennsylvania was limited to just 57 games in 2024 due to a back injury, hitting .201 (32-for-159) with eight doubles, three triples, five home runs, 20 RBI, 20 runs scored and a .653 OPS.

Please find below a statement from Kirilloff:

"After nine seasons in professional baseball, I'm announcing my decision to step away from the game today. Baseball has always been a cornerstone of my life. Starting with my childhood in western Pennsylvania, where I grew up as the son of a baseball coach. Spending countless hours in the batting cages, hitting hundreds of balls daily, fueled my dream of playing Major League Baseball. Living that dream has been an absolute joy – and this journey has been filled with unforgettable moments, challenges that led to growth, and lasting experiences that have enriched my life beyond measure.

"During my career, I've encountered numerous injuries, which led me to search for new ways to overcome the pain constantly. These challenges have taken a toll on me mentally and physically; over time, I've realized that my passion for playing the game has shifted. Baseball demands an 'all-in' approach, something I've brought to every season. However, I can no longer give it the total commitment it requires. I've always believed that playing this game requires

110% effort, and anything less would not do justice to my teammates, coaches, fans, or the game itself.

"I am deeply grateful for the support I've received from my wife, family, friends, teammates, coaches, staff, and fans throughout my career. There are so many people to thank, and I will personally thank them. Your belief in me made all the difference, and I will be forever grateful. I'd like to thank the Minnesota Twins for giving me an opportunity. The things I was able to experience, I'll be able to take with me the rest of my life.

"As I navigate the recovery process for my current lower back injury, I'm excited to focus more on my family and explore new opportunities. While this next chapter won't take place on the field, my story is far from over."

A first-round selection by the Twins in the 2016 First-Year Player Draft (15th pick overall), Kirilloff won the 2018 Sherry Robertson Award as Twins minor league Player of the Year, after hitting .348 (178-for-512) with 44 doubles, seven triples, 20 home runs, 101 RBI, 38 walks, 75 runs scored and a .970 OPS in 130 games combined between Low-A Cedar Rapids and High-A Fort Myers. He made his major league debut for the Twins on September 30, 2020 in Game 2 of the American League Wild Card Series against the Houston Astros and went 1-for-4, becoming the first player in American League/National League history to record a Postseason hit before recording one in the regular season. Kirilloff was also the third player in AL/NL history to make his debut in the playoffs, but the first to start.

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Answers on page 7



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

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- Look out for the second train when crossing multiple tracks.
- Immediately get out of your vehicle if it stalls on the crossing, get clear of the tracks and call 911.

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the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).



Theology in the Trenches

By Kathleen Kjolhaug

Lifter of the Veil We Can Be

The old lady, at least she seemed like it to me, made her way in the communion line right on up to the altar. Earlobes dangling from pressure of the weighted attire she wore upon each one, they sagged. Please, Lord, don't let me have big earlobes like that when I grow up was the thought of the child in the pew looking on. The thought just free floated its way on into my memory banks.

The elasticity of her skin was remarkable as the droop in her eyes somehow managed to hold the make-up upon them. Her lips beheld bright color giving way to no possibility of turning that frown upside down. Tall she was. Remote she was from my world as I only observed her in the communion line Sunday after Sunday.

I'd sorta forgotten about her—until... "Had it not been for people like Ethel, I wouldn't be where I am today. By hindsight, I can see how the Lord was faithful to me. Life was difficult when growing up. Had it not been for her and a few others (my friend went on to name names in the small town in which we grew up), I wouldn't be doing what I'm doing.

And what is my friend doing?

He is now serving faithfully in ways not even he could have imagined. Working alongside other Christians, he personally manages the safety of their global travel which reaches millions. Tis a gift he's been bestowed and know this he does.

Ethel and others in town lifted the veil so my friend could see, one day, the goodness of the Lord.

My friend now lifts the veil so others may see the goodness of the Lord.

His friend, with whom he works, lifts the veil so the lives he touches may see.

May this global community lift the veil so others may see the goodness of the Lord.

A question begins to form. Are we lifting the veil so others may see the goodness of the Lord?

I see glimpses of those around who are lifting and the wings beneath which inspire. Just this past week I saw a someone give a ride to another so they could attend church. A donation was given to one in need, and I was awestruck. Meals on Wheels appears to be served up by the very ones who qualify for it and my mind reels at the goodness of the Lord. Another sermon speaks life as groups gather to

go deeper. The pastor writes and the pastor speaks, and the heaviness of the veil is lifted so others may continue their lifting...and so, it goes.

Sunday School teachers lift high not only the cross but the veil for little eyes to catch a glimpse. Someone had to have painted the steeple upon the church sheltering those who upon bended knee long to peer into the soul veils of their hearts. Lifting it when we stumble or fall along the journey is happening all around.

2 Corinthians 3:16-18 speaks. "But when man turns to the Lord the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another; for it is come from the Lord who is the Spirit."

I thank God for those who lifted the veil so I could taste and see the goodness of the Lord. Ultimately, it is not we who do the lifting, it is you in us, Lord. Hold fast Lord—hold fast that we may lift them high so others may catch a glimpse of the foretaste of the feast to come. Amen.

Facing southeast to south, November evenings



Minnesota Starwatch 2024

By Deane Morrison

In November the bright winter constellations that have been lighting up the morning sky begin climbing over the eastern horizon during the evening hours.

By mid-month all will be up by 1 a.m. Traveling with these stars are brilliant Jupiter, shining above the hourglass form of Orion, the hunter; and rapidly brightening Mars, bringing up the rear below the Gemini twins.

The assembly enters an evening sky marked by relatively dim fall constellations like Capricornus, the sea goat; Pisces, the fishes; and Aquarius, the water bearer. Whether you're

familiar with these constellations or not, you'll need a dark, moonless sky to see them.

Saturn can help orient you. The ringed planet is somewhat low in the southeast to south at nightfall. Now in Aquarius, Saturn sits in the cascade of water falling from the Water Jar, a small, roughly Y-shaped group of four stars above the planet.

Aquarius is usually taken to represent Ganymede, a youth fancied by Zeus, the king of the Greek gods, who took him to Mount Olympus to serve as cupbearer to the gods. Also a moon of Jupiter, Ganymede is the largest moon in the solar system and the only moon known to have its own magnetic

field, which generates auroras in its polar regions.

Immediately east of the Water Jar is a ring of stars called the Circlet of Pisces. It's a pretty sight, but you may need binoculars to find it. Above the Circlet are the four stars of the Great Square of Pegasus, which represents the torso of the mythological winged horse.

Rising the evening of the 15th, November's full moon will be the year's last big, bright supermoon. But the night of the 17th to 18th, the still bright waning moon will play spoiler during the peak of the annual Leonid meteor shower.

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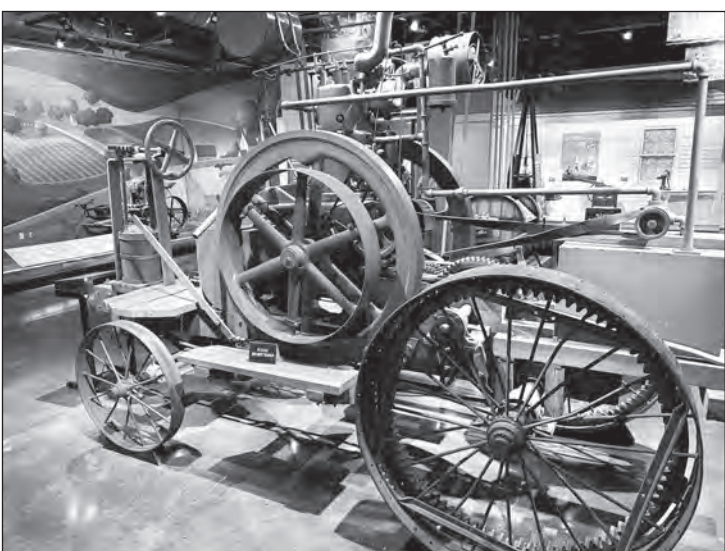
Gearing up for next years shows - Already

By Auctioneer Eric W. Mickelson

I already have two tractor shows on my radar for next summer. First of all the Classic Green Reunion in West Bend, Wisconsin. This show will be held on June 12-14, 2025. Classic Green, yes, this is a John Deere show! This show will be featuring John Deere model B Tractors, 100 series Lawn and Garden, Industrial Tractors, Waterloo Boy Engines, and Van Brunt Drills. It will be held at the Washington County Fair Park and Conference Center. I have at least one B John Deere to bring and recently purchased an old wooden Van Brunt Drill. I am hoping to have that ready to go too! The plans of mice and men!

Another show I have never attended and would like to is the Half Century of Progress Show in Rantoul, Illinois. The Half Century of Progress show was first held in 2003 near Henning, Illinois.

The Half Century of Progress Show is a premier working vintage farm show in the U.S. It is held the weekend prior to the Decatur Farm Progress Show, the Half Century of Progress allows visitors to experience what farming and agriculture was like 50 years ago and beyond. It is somewhat famous for its live demonstrations, attractions,



Froelich Tractor. Froelich was part of the beginnings of the Waterloo Traction Engine Company the was later bought by John Deere.

and great fellowship. This year the show will be August 21st-24th.

One of the things about the hobby of restoring farm tractors and equipment it often contains a very strong family tie. Restoring dad's or grandpa's tractor holds a deep meaning and connection to the old iron. It could be the tractor the family started farming with regardless because it was in the family the connection to it is very strong.

Sitting in the seat of that old tractor can bring a flood of emotions connected to the memories involved. Plowing, planting, cultivating, mowing, harvesting, or whatever the job you can almost travel back in time. You probably can feel the heat of summer or the cold of winter all over again!

In my shed I presently have a B John Deere that belonged to my wife's grandfather and an A John Deere that belonged to my grandfather. They will never leave the family as long as I am on this earth. I hope my children and grandchildren are able to

buy into that family connection. I sure love my family.....and my tractors!

How about a little tractor trivia!

1. What was the first company to use the word tractor (in 1903)?
2. Who is given credit for inventing the first gasoline powered tractor (before the name Tractor was coined)?
3. Founder of the Case Company was J.I. Case. What does J.I. stand for?
4. What is Cyrus McCormick given credit for inventing?
5. What agricultural equipment company founder was born in Rutland, Vermont, in 1804?

Answers: 1. Hart Parr 2. John Froelich 3. Jerome Increase 4. The Reaper for cutting grain. 5. John Deere

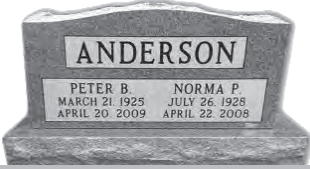
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OBITUARIES



Obituary for
Bob Lee

Bob Lee, age 88, of McIntosh, MN, passed away on Monday, October 28th, at Essentia Hospital in Fosston. Funeral services were held at 3:00 p.m. on Friday, November 1st, at Our Savior's Lutheran Church in McIntosh with the Rev. Rene Mehlberg officiating. Interment was in Kingo Lutheran Cemetery, Fosston. Visitation was held for one hour prior to the service on Friday at the church. Arrangements are with Carlin Family Funeral Service of McIntosh and messages of condolence may be shared at www.carlinfuneral.com.

Robert John Lee was born on October 28, 1936, in Fosston, Minnesota to parents Halvor and Hulda (Kompe-lien) Lee. He grew up on the farm and attended country school at Fairview School No. 282. He graduated from Fosston High School in 1954. He worked road construction in the summer for two years in Hogeland, Montana. Then, in 1958, he went to work for Flaskerud Farms for the next 40 years and was on the Fosston Police Reserve from 1970 – 1972. He retired partly

in 1998. Bob then worked for Landsverk Dairy for 23 years. He also ran snowplow and blade for 54 years. He married Audrey Ekeberg in 1959. Bob later married Lorraine (Johnson) Nornes who had four children.

Bob was a member of Our Savior's Lutheran Church. Bob loved to visit with people and had a good sense of humor. He was always a kind and caring person. He loved to talk about farming and enjoyed rolling dice and drinking coffee with the guys at the Cenex. When he lived at his home in McIntosh, he would love to sit on the front porch and wave to everyone that drove by and enjoyed the visits of those who stopped by. He was currently living at Poplar Meadows Assisted Living in McIntosh where he enjoyed all the people there. He will be dearly missed by his many friends and family.

Bob passed away peacefully on his birthday, Monday, October 28, 2024 at the age of 88 years.

He is survived by his son, Mike Lee of Mentor; step children, Bruce Nornes of Big Sugar Bush Lake, Gail (Steve) Knudson of Big Sugar Bush Lake, and Mary Beth (Brian) Espeseth of Thief River Falls; eleven grandchildren, Trevor, Brooke, Garrett, Rachel, Nick, Leah, Tyler, Missy, Jason, Ben, and Jordan; 14 great grandchildren and numerous nieces and nephews; and his loving cat, Tiki.

He was preceded in death by parents; wife, Lorraine; daughter, Lynette; step son, Lynn Nornes; and two brothers, Marvin and Francis.

A special thank you to the staff of Essentia Health Hospital of Fosston for their wonderful care.

six years, from 1963 – 1969.

On June 9, 1973, David was united in marriage to Linda Kershaw at the United Methodist Church in Bismarck, ND. To this union three boys were born, Michael, Darrin and Kyle.

David was confirmed and was a life-long member of Nazareth Lutheran Church where he served many years as church Trustee. He also served on the Oklee Creamery Board and many years on Hickory Township Board as a Clerk.

He farmed his whole life and raised his boys on the Arveson Family Farm which was established in 1910 in Hickory Township. Also in the fall, he enjoyed working with Imle Farms during the potato harvest. In his retirement, he enjoyed visiting with neighbors, drinking coffee and eating sweets. He liked to drive his Ranger with his sidekick (pug) Ole.

Survivors include his loving wife of 51 years, Linda; sons, Michael (Claudine), Darrin (Jennifer) and Kyle; grandchildren, Donna (Seth) Senn with great-grandchild to be; Nichole (fiancé, Wayde Jensen) Arveson, Gabriel & Dane Arveson; sister, Mary Lou (Marvin) Wolden; mother-in-law, Maureen Kershaw; brothers-in-law, Albert G. (Colleen) Kershaw, Cecil (Zella) Kershaw, Larry Kershaw, James (Lori) Kershaw; and many cousins and family friends.

He is preceded in death by his parents, Lester and Marie; father-in-law, Albert H. Kershaw; brother-in-law, Ronald Kershaw.

Condolences may be sent at www.johnsonfuneralservice.com



Obituary for
Rachel Senger

Rachel married Richard Anderson in 1990 and they began a family. To this marriage, two daughters were born, Leah and Ariel. Rachel and Richie owned and operated Air Tech body shop in Fosston for several years. They later divorced.

Rachel married Aaron Anderson in 1997 and to this marriage, two children were born, a daughter, Aletta and a son, Krister. They lived in Fosston and Bagley where they opened an insurance agency and also a bait shop, businesses they operated until 2009 when they divorced.

At this time, Rachel moved to Grand Forks for a fresh start. After several years, she met Tony Senger and they were married in 2018. Rachel worked at Rydell's in Grand Forks and was a manager at Macy's.

Rachel was very creative and artistically talented. She especially liked working with interior designing and in-home renovations. She also was quite competitive, liked to dance, sew, play board games with family (and was known to sometimes cheat), and working with flowers and flower designing. She was a woman of many talents whose outgoing energetic and likable nature drew others to her presence.

Survivors include four children, Leah Anderson of Wilton, MN, Ariel (Brad) Goss of Fosston, Aletta (Cole) Nelson of Nevis, MN, and Krister Anderson of Boseman, MT; one grandson, Kasey Clark; three brothers, David (Laurel) Lee of Bryn Mawr, PA, John (Kim) Lee of Pierre, SD and Mark Lee of Pierre, SD. Nieces, nephews and cousins also survive.

She was preceded in death by her husband, Tony; and her parents.

Northland Community &
Technical College named
Minnesota's top community
college in annual report

Highlighting the college's quality education, career outcomes and overall affordability, Northland ranked #1 by WalletHub.

November 4, 2024 — After a steady climb over the past several years, Northland Community and Technical College claimed top honors in the annual college rankings report published by finance website WalletHub. Northland was named the best community college in Minnesota (18th nationwide), besting more than 600 schools across the state.

WalletHub surveys two-year colleges across the country to determine where students get the best education at the most affordable price. Schools are ranked based on how they scored for 18 key indicators like total cost, academic quality, student-to-faculty ratio, graduation rate and career outcomes for graduates.

Affordability

With inflation continuing to impact families across the board, affordability remains one of the most important factors for many would-be students. Community colleges have always provided opportunities at a lower cost compared to four-year schools, and the report shows they've been able to buck the national inflation trend far better than both public and private institutions.

According to their analysis, during the 2023 to 2024 academic year, tuition and fees for full-time, in-state enrollment at a public two-year college averaged just \$3,990 per year — up just \$130 year-over-year. Compare that to \$11,260 (up \$310) at a public four-year institution and \$41,540 (up \$2,140) at a four-year private school.

"As a community college, it is our duty to serve the interests of our community," said interim President Shari Olson. "Keeping costs down is one of our biggest goals year after year, as we want every student who has the desire and the drive to have the opportunity to get a quality education. Our role is to change lives and set students up for lifelong success."

Quality and career outlook

Cassandra Happe, a WalletHub analyst who helped assemble the latest ranking report, pointed out the balance they look for between affordability and quality of education offered by community colleges.

"A good community college minimizes costs for students while also providing an enriching learning experience that leads to high student retention and high graduation rates," Happe said. "The best colleges also help their students even post-graduation by offering employment services to help them find jobs with good salaries."

Northland's graduation rates are perhaps topped only by its high job placement rates for graduates. Many programs see students landing jobs before even walking through graduation. The school maintains strong partnerships with many local employers, in diverse industries from healthcare to manufacturing to aerospace.

"Our students are being trained for technical careers that are paramount to local economic growth," Olson said. "Our com-

munity has no shortage of open positions that need to be filled by skilled workers, and we are committed to the partnerships we've forged with local businesses and industries — including Northrop Grumman, Marvin, Digi-Key, Altru, Sanford Health, and more — to support our graduates' entry into the workforce."

Northland Community & Technical College (Northland) is a comprehensive college with campuses in East Grand Forks, Minnesota, and Thief River Falls, Minnesota. Northland also has an aerospace site in Thief River Falls, Minnesota, and campus extension sites in Roseau, Minnesota, and Warroad, Minnesota. Northland offers certificates, diplomas, transfer courses, and two-year degrees (A.A.S., A.S., A.A.) in more than 80 areas of study, workforce training, and education programs. Northland is a member of Minnesota State, the third-largest system of two-year colleges and four-year universities in the United States, and is accredited by the Higher Learning Commission of the North Central Association. For more information about Northland Community & Technical College, visit www.northlandcollege.edu. An affirmative action, equal opportunity employer & educator.



NORTH COUNTRY
HEALTH NUGGETS

(Clearwater, Hubbard and Lake of the Woods Counties)

Blizzards are the most dangerous of winter storms. They produce high winds and heavy snow throughout much of the United States from December to March. Many blizzard-related deaths involve people who die of hypothermia in their cars, on the street or in wilderness areas. Sadly, most of these deaths could have been avoided with proper preparation.

Make sure you plan before you travel by checking the weather and road conditions on 511mn.org. If you're driving, prepare your car with supplies, increase your following distance, make turns slowly and gradually, do not break when you hit an icy spot, instead take your foot off the gas and steer as straight as possible, stay in your vehicle if you are stranded, be able to see and be seen, and keep fresh air in your vehicle. Also, keep your vehicle's gas tank full in case you get stranded and to keep the fuel line from freezing.

Assemble your emergency kit in an airtight container, such as an empty coffee can, duffle bag, or bin. Make sure your kit is easily accessible within your vehicle. A basic emergency supply kit could include the following recommended items:

- Cell phone
- Blankets/sleeping bags
- Flashlight with extra batteries
- Knife
- High calorie, non-perishable food
- A can and waterproof matches to melt snow for drinking water
- Windshield scraper
- Tool kit
- Tow rope
- Jumper cables
- Water container
- Compass
- Road maps
- Extra winter clothes and boots
- Jumper cables
- 12v tire inflater
- 12v cell phone charger for

Word Search Answers for this week

D E I N V I T A T I O N H I Z R K W G S
S G C E L E B R A T E L D P Z P O S B K A
S O X N E N E M Y E A R S D A Y C U U V N
F B C P S Z V H R X M H O L I D A Y S T
U D B I W U Z E E U A D I N I N G N O S
D F E S T I V E O K N O I T A C A V W I R
W Z X S N O P V U O E C D F B P S G D R
A G O T S H A N C C T C M O K M F T H
T I P S Y N A X N L X N R D U V O B X C
W T A A S H H E I T D R E Y X R V R H S
G P T E C K E P R E V R T O G E T H E R
G U R W F H W R D P E X C I T E M E N T D
E W G X O E X E O N H S K R O M E R I F
S E I L S L N U S O H E R E T S A E X H F
T S A L E V D F L L W F R V G H S I I K V
S T A N X E W F R I E N D S C F E M A X G
S H T B N G S V G A Z M C G F W X C Y T L
S T C H T I P R G N I V T G S K N A H T
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Obituary for
David Arveson

David Arveson, 83, of rural Trail, MN passed away peacefully on Sunday, November 3, 2024, at Oakland Park Communities in Thief River Falls, MN.

Visitation will be held from 4:00 PM until 6:00 PM on Thursday, November 7, 2024, at Johnson Funeral Service in Thief River Falls, MN. Visitation will also be held beginning at 10:00 AM with the funeral service at 11:00 AM on Friday, November 8, 2024, at Nazareth Lutheran Church, rural Trail, MN with Rev. Jeffrey Merseth officiating. The burial will be at Little Oak Cemetery.

David Lester Arveson was born November 18, 1940 in Thief River Falls, MN to Lester and Marianna (Anderson) Arveson. He was baptized at Little Oak Lutheran Church. He went to country school at Little Oak School from first - 8th grade and graduated in 1959 from Goodridge High School.

He served in the United States Air Force National Guard for

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November Weed of the Month: Round Leaf Bittersweet Noxious Weed Status Change

In 2023, round leaf bittersweet regulation changed to Prohibited Control

Monika Chandler, Minnesota Department of Agriculture

Round leaf bittersweet (*Celastrus orbiculatus*) is a deciduous woody vine native to eastern Asia. It's a standout beauty in the fall and winter with bright, red fruit surrounded by yellow capsules. It was introduced as a landscape plant in New York in 1886. The trouble began when it escaped cultivation. Birds and other wildlife eat the fruit containing seed and move the seed to new locations.

Round leaf bittersweet infestations were not documented in Minnesota prior to 2010. It was considered a USDA Plant Hardiness Zone 5 species, and none of Minnesota was Zone 5 until 2012. We thought our winter cold would kill round leaf bittersweet and spare our forests from this destructive vine. Unfortunately, that was not the case.

Without the insects and diseases that keep this vine in check in its native range, the vines have a competitive edge over Minnesota native veg-

etation. Round leaf bittersweet vines are very cold hardy and grow vigorously here. The vines wrap around tree trunks and overtake the canopy, depriving trees of sunlight. The weight of the vines, especially when covered with snow or ice, eventually bring down the trees. In the end, only round leaf bittersweet vines grow over a fallen forest. This happened in areas of Winona and Red Wing. These communities, often in partnership with the state, have done successful control work.

Fortunately, round leaf bittersweet was not widely sold and planted in Minnesota because it was considered a Zone 5 species. When we began learning about infestations in 2010, the Minnesota Department of Agriculture (MDA) acted quickly to regulate round leaf bittersweet as a Prohibited Eradicate Noxious Weed in 2011. This meant that it could no longer be sold and planted and that existing vines should be eliminated.

The nursery industry was very helpful and quickly pulled stock from sale. University of

Minnesota Extension- with assistance from many state, county, and municipal partners- led outreach and trained thousands of people to identify, report, and control the vines. The Environment and Natural Resource Trust Fund supported the trainings and initial control work. Infestation reports streamed in from many areas of central and southeastern Minnesota.

Given that there are currently 1,938 infestations documented in Minnesota, eradication is no longer considered feasible. In 2023 round leaf bittersweet regulation changed to Prohibited Control, meaning that it can't be sold or planted, and landowners should control the spread of this vine. Realistically, most landowners are not equipped with the forestry mowers and chain saws needed to control this vine. To mitigate the spread of round leaf bittersweet, more funding is needed for the equipment and people necessary to manage this vine.

These states are home to the greatest percentage of U.S. veterans

By the end of 2023, the United States was home to more than 18 million individuals who had served in the country's military. That figure, based on data from the U.S. Census Bureau, the Department of Veterans Affairs and surveys conducted by the Pew Research Center, represents individuals from all walks of life.

Veterans come from diverse personal backgrounds, and they also call a wide range of states home. The USCB reports that some state populations feature a greater percentage of veterans than others. The share of the adult population that has served in the U.S. military is highest in these 10 states.

1. Alaska: More than 10 percent of Alaska's 533,000 adult residents have served in the military.

2. Wyoming: The 2020 U.S. Census indicated Wyoming is the least populated state in the country. Despite that, the Equality State is home to a veteran population of just

over 42,000, which accounts for roughly 9.4 percent of the state's adult population.

3. Virginia: Perhaps not surprising given its proximity to the nation's capital, Virginia is home to a sizable veteran population that accounts for 9.2 percent of its roughly 6.68 million adults.

4. Maine: Though it's another state like Wyoming that does not boast an especially large adult population (a little more than 1.1 million individuals), Maine is home to more than 101,000 veterans.

5. Montana: The Treasure State features an adult population of just under 884,000, and 8.9 percent of those individuals (roughly 79,000 people) served in the U.S. military.

6. South Carolina: The Palmetto State is home to more than 344,600 veterans, and those individuals make up just under 8.5 percent of the state's adult population.

7. Nevada: Among the roughly 2.5 million adults who call Nevada home, nearly 206,000 (roughly 8.3 percent) are veterans.

8. New Mexico: More than 136,000 veterans live in The Land of Enchantment, accounting for 8.3 percent of the state's adult population.

9. South Dakota: Like Alaska, Wyoming and Montana, South Dakota does not boast a particularly large adult population (roughly 685,000). However, more than 8.2 percent of adults who live in The Mount Rushmore State are U.S. military veterans.

10. Hawaii: The Aloha State rounds out the top 10, as the island state in the Pacific Ocean is home to nearly 90,000 U.S. military veterans, which accounts for 8.2 percent of its total adult population.

This Veterans Day, individuals in all 50 states are urged to thank local veterans for their sacrifices and service.



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Vernon and Beverly Hammes celebrated their 70th anniversary with many of their family members. They were out at Sportsmans Lodge on Pine Lake for the event.