



Tri County Canary

A supplement of the:
• Leader-Record • McIntosh Times • Grygla Eagle
• Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)

Many Nielsen scholarships were awarded at Crookston

Scholarships were given last week from Les and June Nielsen at the University of Minnesota at Crookston. There were many students who received the scholarships. Nielsen graduated in 1958 from the Northwest School of Agriculture, a residential high school located on what is now the University of Minnesota Crookston. He went on to earn a degree in business from the University of Minnesota. Les married June Lien from Gonvick. In 1968, the Niensens along with long time friend, Gene Ellingson, started Herc-U-Lift Incorporated, a forklift truck and material handling equipment distributorship. Les served as the company's president for thirty-six years, and June worked alongside her husband in the business. Les served as the company's chief executive officer.

Les Nielsen was raised near Euclid, in a home where reading and studying were encouraged. The Northwest School of Agriculture, established as part of the land grant mission of the University of Minnesota, offered rural Minnesota students a resi-

dential, agricultural high school designed to meet the needs of the region. Along with Les, three of his brothers attended the Northwest School of Agriculture, and three of them went on to the University of Minnesota: Andrew graduated from the University of Minnesota Medical School, and Richard earned a degree in business and worked for the Internal Revenue Service spending years in management. Les also earned a degree in business from the U of M. The Wellness Center at U of M Crookston received a \$1 million gift in 2014 from Les and June Nielsen, to name the entrance/lobby of the new campus wellness facility, in memory of their son, Mitch Lien Nielsen, who was taken from them in 1989 in a motorcycle accident. The Mitch Lien Nielsen Scholarship is available to students at the University of Minnesota, Crookston. Preference will be given to Gonvick-Gully-Trail students in Clearbrook-Gonvick High School or students from the Euclid community.



When purpose meets passion....magic happens. Scholarship recipients share gratitude with the Nielsen Family at a reception last week. "Our wish for you, the students, is to find in your studies what you like to do for an occupation - sort that out - both for education and for your life. Do the things in life that satisfy you. Simply put, do what you love." — Les Nielsen '58. Les and June Nielsen are shown in the center with some of the scholarship recipients. Kneeling in the front are Matt Busse from Goodridge, Andrew Lokken from Wanaska and Elliot Philipp from Goodridge. Next to the Niensens are Reese Sundberg and Justin Thompson both of Grygla.



Les Nielsen

Essentia Health to host community meeting in Fosston on future of local health care

Essentia Health is inviting the public to join a community discussion about the future of health care in Fosston. The meeting is scheduled for 6:30-8 p.m. Wednesday, May 15, in the Fosston High School gymnasium. It is open to anyone who would like to attend. Essentia is committed to engaging with the community in thoughtful conversation as we navigate our relationship with the City of Fosston. The community meeting will feature leaders from Essentia, including West Market President Dr. Mark Thompson and Senior Vice President of Operations Tanner Goodrich. "A potential transition would be complex, and there are critical questions still to be answered," Dr. Thompson said.

"We think it's important for those who will be impacted most — our patients, colleagues and the community — to have the opportunity to ask questions and better understand the process ahead as the city attempts to take control of local health care, including the hospital, clinic, assisted living facility and nursing home." Essentia has engaged the feedback of employees through several recent employee forums. Essentia also began to gather public insights on key issues through a survey conducted in April. This community meeting is another opportunity to listen and share what we know about the process ahead. Arbitration between Essentia and the city will occur in July.

Nordic Fest activities in Thief River Falls May 10 through May 31

Nordic Fest is an annual event in Thief River Falls sponsored by Snorre Lodge of the Sons of Norway. Flags from all the Scandinavian countries, including the Sami, will be flying throughout downtown Thief River Falls from May 10 through May 31. We welcome folks from every neighboring community to the events we have planned. Sat., May 11: Uff Da Day at Pioneer Village. 11 AM – 4 PM \$3 admission Mon., May 13: Movie "Becoming Astrid" at the NCTC Auditorium. 7 PM Free Tues., May 14: Ross Sutter performing at the TRF Public Library. 6:30 PM Free Wed., May 15: Smorgasbord dinner -- torsk and pork chops at the Eagles Hall (only 200 tickets sold). 6 PM Reservations required by May 10 – call 218-686-0733 Fri., May 17: Dance at the

Eagles -The Honky Tonk Troubadours Band. 7-11PM \$7.50 Wed., May 29: Dance at the Eagles - The Killingberg Family Orchestra from Norway. Old Time music. 7-10 PM \$10. Lunch will be served. Uff Da Day includes Norwegian foods, lefse, and Viking reenactors outside on the lawn. The movie "Becoming Astrid" is a story of Astrid Lindgren, beloved Swedish author of Pippi Longstocking and other books. Ross Sutter's program is entitled Scandinavian-American Tunes. He plays guitar, button accordion, and dulcimer. He sings a wide variety of songs from his own family and from many trips to Nordic countries. This is a delightful show for the whole family. Coffee and treats served. See further news about Nordic Fest 2024 in Thief River Falls, MN at <https://www.facebook.com/snorrelodge>.



One of the recipients and speaker at the scholarship day in Crookston was Kari Sundberg, Grygla Eagle Editor.



Three more Crookston scholarship winners with Les and June Nielsen were the girl from Bagley, we could not read her name on the tag, Ryan VanDen Einde from Winger and Aaron Norland from Fosston.



More Crookston scholarship winners with Les and June Nielsen.

Northland Community & Technical College to Celebrate 2024 Graduates at Spring Commencement Ceremonies

Northland Community & Technical College is set to honor more than 500 graduates in two commencement ceremonies this spring. The Thief River Falls campus will hold its ceremony on Thursday, May 9 at 6:30 p.m. in the Northland gymnasium, while the East Grand Forks campus will celebrate its ceremony on Friday, May 10 at 11:00 a.m. in the Chester Fritz Auditorium, Grand Forks, ND. "Graduation is a momentous occasion for our students as they move on to the next phase of their lives, either by entering the workforce or transferring to universities," expressed Sandy Kiddoo, President of Northland Community & Technical College. "This is a time to recognize their achievements and the impact they will have on our regional communities and economies." Emma Osborn (TRF campus) and Blythe Peltier (GRF campus), the Student of the Year award recipients, will address fellow graduates and guests. Osborn, originally from Crookston, MN, will be graduating with an Associate of Applied Science degree and a Diploma

in Animal Science. Along with her degrees, she has also earned Certificates in General Agriculture and Advanced General Agriculture. Emma plans to continue her education by enrolling at the University of Minnesota Crookston to complete her pre-veterinary degree. Emma was also an integral part of the Northland women's basketball team and played as a two-year starter. "This award means so much to me," Osborn said. "I have had such a great time the last two years at Northland, I have put so much time and work into classes and playing basketball and this award just puts the cherry right on top of it all. I am very proud of myself." Peltier, hailing from Belcourt, ND, has earned an Associate of Applied Science degree in Early Childhood and Paraprofessional. Blythe has shown remarkable dedication and perseverance in her academic journey to achieve this degree. Her hard work and determination have culminated in this achievement, and she is undoubtedly an inspiration to all those who know her. "This award is important to me be-

cause I've worked so hard for as long as I can remember," Peltier said. "The professors and people I have come in contact with at Northland were more than encouraging. They made me feel so welcomed and like I was in the right place learning to do what I love. You come in nervous, but you leave with new friends, people who support you and an education that helps you grow." Friends, family members,

and the general public who are unable to attend commencement are invited to watch the ceremonies through live streaming. The college website will have a link to the live stream. You can view the video on your computer, mobile device, or smart TV once broadcasting starts. Commencement ceremonies are expected to last approximately 90 minutes.

Spring load restrictions ended May 6 in North frost zone

ST. PAUL, Minn. – The Minnesota Department of Transportation ended Spring Load Restrictions in the North frost zone on Monday, May 6, at 12:01 a.m. Spring load restrictions have already ended in the other zones. Truckers are advised to check with local agencies prior to increasing any weights on their routes. The sign erected on the roadway governs the load limit in effect. Seasonal load limit (frost) zones and restricted routes can be found on the MnDOT load

limits map. Start and end dates and other load limit information are shown at mndot.gov/loadlimits. Overweight permits for more than 80,000 pound gross vehicle weight will continue and new permits will be issued if all axle and group weights are legal (axle weight limits). MnDOT will report start and end dates on its 24-hour automated message center at 1-800-723-6543 for the U.S. and Canada, and locally at 651-366-5400 for the Minneapolis/St. Paul area.



Northern Exposure to Lifelong Learning (NELL) is excited to welcome back fan favorite, Dave Jones from Minneapolis, to share about the American Flag. Recent programs have included The Stature of Liberty and the Lincoln Assassination.

Program: The United States Flag: Origins, Evolution and Symbolism

Date: May 15th, 2024

Time: 9:30-11:00 w/ Questions

Venue: McIntosh Community Center, McIntosh Min 240 Cleveland AVE, SW

There is no charge to attend this program. Doors open at 9:00am. Light refreshments will be served.

Holiday meal projects need your help...

By Erin Green

About a decade ago, I took on a project that meant a lot to me – providing hot holiday meals for people in need or people who would be alone on Thanksgiving and Christmas. I knew that there were people out there who probably just needed a little help or a friendly face to get them through the holidays. So I decided to do what I could about it. At the time I started this whole project I was just doing what I could on the fly with a limited amount of donations. Over the years donations from people became enough to make sure that I was able to do both the Thanksgiving dinner and the Christmas dinner, and then also incorporate some Christmas food boxes that went out to families who needed help. Dinners and food boxes have gone to people in many cities in our area because I believe help has no boundaries. Other than popping an article in the paper once in

a while to remind people about the donation account, I didn't really have to drum up much interest in donations in the first few years. However, in these more recent years I have had to send out flyers and requests for help so that I can keep the project going. Each year we have seen an increase in the number of meals requested, but sadly a decrease in the total amount of donations. In the past leftover money has been used to help fund some of the supplies in the following year, but that sadly will not continue to be able to happen. Last year, I saw the largest increase in people in need but also a large increase in food prices. I am one person who had a heartfelt wish to help as many people as I could not go without and not be alone, but I'm very concerned for the future of this project. As it stands right now we only have enough funding left over from last year to manage one of the three

CLOSED

Motor Vehicle Office, in Fosston, will be **CLOSED** Thurs. May 9th and Friday May 10th.

Oak Lake Golf ladies night planned

Oak Lake Golf Course in Erskine is planning to have a ladies golf night. They will be having an organizational meeting on Monday, May 13 at 6:00 pm. Ladies are welcome to come to the club house for more information.

Piano recital at Vernes Church

The students of Mavis Finseth will present a piano recital on Sunday, May 12, at 5 p.m. at the Vernes Lutheran Church north of McIntosh. Everyone welcome.

Monthly MCCL Meeting May 18

The monthly meeting of the local Minnesota Citizens Concerned for Life Chapter #45 will be held on Thursday, May 16 at 7 p.m. at Mt. Carmel Lutheran Church in McIntosh. For those who would like to help bring Minnesota back to the prolife community it once was, please attend to see where you can help. For more information about the Chapter, contact Eileen Hegg at 218-563-3152.

holiday food projects this year. That breaks my heart and I will do all that I can to help people but I really need help. So, I'm putting out this reminder that there is still a holiday meals account at American State Bank of Erskine. All the donations go directly to food and packaging costs – no one gets paid to do this. I know that because I am not an official nonprofit organization with a tax number that there are some businesses out there who will have to turn me down and not donate – I've run into that with a few local places – but what I'm asking is that if any business out there can help or any individual can help – please do. Even if it's a nickel, please make a donation into that account in Erskine so that I don't have to stop serving people. It makes such a difference in peoples lives to have a little help. Donations can be made anytime of the year. I really appreciate your consideration in helping keep these projects moving forward. I also want to thank everyone who has donated in the past. You can contact me if you have any questions about these projects, donations, etc. God bless you all.

PLANTING SEASON IS HERE!

LET'S KEEP OUR FARMERS SAFE!
PLEASE **SLOW DOWN** &
SHARE THE ROAD.



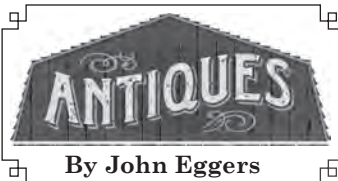
Ultima Bank
MINNESOTA

R8C

www.ultimabank.com • 800-421-2588

Winger • Fosston • Plummer • Bemidji • East Grand Forks • Gary

Member FDIC



By John Eggers



"Is this worth anything?"

The earliest photographs, called daguerreotypes, appeared in France around the late 1830s. The image appeared on a highly polished silver copper plate, and if you rubbed it, the image would disappear.

Because the daguerreotype had flaws, rather than exposing the image on a silver copper plate, the ambrotype was exposed on a piece of glass. It appeared around 1850. You guessed it: Because the image was on glass, it was destined to break. Because of their scarcity, both the daguerreotype and ambrotype are generally worth more than the tintype, which followed them.

In a tintype, the image is exposed on a piece of tin or metal. Tintypes were very popular during the Civil War and after. A photo of a Civil War soldier starts at around \$50 and increases to the thousands. Tintypes of unknown people are inexpensive and can be purchased for as little as a dollar or two—yes, even though they are more than a hundred years old.

Usually, all three types were small, about the size of a credit card. The tintype pictured is an 8 by 10 image, which makes it unusual. It is worth about \$30. If I knew who it was, that would increase the value substantially.

Collecting the three kinds of early photographs is fun and can be financially rewarding. What's that tintype worth that shows a horse and buggy? That all depends.

Polk County Sheriff

MN Fake ID's

The Polk County Sheriff's Office would like businesses to be aware of fake Minnesota IDs being used in and around Polk County. At first inspection in normal light the IDs appear to be legal and contain all the security features of a legit ID card. From what the Polk County Sheriff's Office has observed, under a black light, the holograms on the front of the fake ID's glow much brighter and transmit through the reverse side of the ID card. On the legal ID cards the holograms are not as bright and don't transmit through the back side.

If anyone comes across a fake ID or an ID they believe to be fake contact your local law enforcement.

CSAH 9 (KT ROAD) Closure

The Polk County Sheriff's Office is reminding people that CSAH 9 (known as the KT road) is closed 5.5 miles west of Crookston for bridge construction. With the recent rains township roads are soft and some might become impassable. Please use the marked detours on TH 75 and CSAH 16.

As a Reminder:

It is a misdemeanor to drive over, through, or around any barricade, fence, or obstruction erected for the purpose of preventing traffic from passing over a portion of a highway closed to public travel or to remove, deface, or damage any such barricade, fence, or obstruction. MINNESOTA STATE STAUTE 160.2715(14)

Notice of Board Opening

Inter-County Community Council is now accepting applications to serve a three year term on the Agency's 15 member Board of Directors. Applicants must reside in Pennington, Red Lake, East Polk or Clearwater County and must be nominated by a special interest group. Meetings are evening dinner meetings held on the forth Monday every other month. For more information or to request an application contact Catherine Johnson, Executive Director at 218-796-5144 ext. 1027 or electronically by CJohnson@intercountycouncil.org. The electronic board application is available on our website at www.intercountycouncil.org.

Inter-County Community Council is an Affirmative Action / Americans with Disabilities / Equal Opportunity Community Action Agency.

R8C

SYTTENDE MAI

May 17th at LITTLE BOBBY'S

Noon until gone. \$10

Celebrate with Scandinavian Foods

Rommegrot - Lefsa - Salmon cakes

Head Cheese & Special Breads

Desserts:

• Spritz cookies • Sandbakkels • Pies

Sloppy Joes and potato salad will be available.



M8-9C

AD DEADLINE FRIDAYS NOON



Mother's Day Buffet

Sunday, May 12th • 10am - 2pm

BBQ Ribs, Turkey, Shrimp, Meatballs, Mashed Potatoes & Gravy, Stuffing, Vegetables, Full Salad Bar & Dessert

\$19.99 adults • \$10.99 kids 12 & under

RESERVATIONS STRONGLY SUGGESTED

Ness Cafe

Call 218-687-2101

103 Vance Ave S, Erskine, MN

Open 7 days a week!
M-F 7am-2:30pm
Saturday & Sunday 7am-2pm

Mother's Day Breakfast Buffet

Served from 8am-1pm — \$12.00

Wishing all Moms a Happy Mother's Day!

DINING & entertainment

Mother's Day Buffet

Sunday, May 12th from 11:00 am - 1:00 pm

BUFFET MENU: Swedish Meatballs, Baked Chicken, Mashed Potatoes with Gravy, Stuffing, Vegetable, Salad Bar plus Dessert-Various Cheesecake and Raspberry White Chocolate Cake.

\$16.99
+ tax
Drink Extra



Kandi's Kitchen

233 Main Street in Gonvick • 487-5312 • Follow us on Facebook

Mother's Day Brunch

Sunday, May 12th 11:00 a.m. to 2:00 p.m.

LITTLE BOBBY'S

Brunch includes:

- 4 different salads including Potato Salad
- Smoked Pork & Meat balls
- Mashed Potatoes & Gravy
- 3 different desserts
- Lemonade and Coffee

All you can eat! Adults \$16 and Kids \$ 5.

Each Mother will receive a flower. Thank you, Mom!

For large groups please call ahead at 218-563-3008

295 Cleveland Ave, McIntosh, MN • 218-563-3008

WALLEYE FISH FRY

Saturday, May 11th, 2024

Serving 5:00-7:00 pm

Walleye pike the way you like them!!

We will deliver to Gonvick City residents.

Call 487-5214

GONVICK AMERICAN LEGION

BINGO

Starting at 59#s
Progressive Blackout 6pm,
Saturday, May 11th, 2024

License: #32390-00

WING NIGHT WEDNESDAY

Fri. & Sat., May 10th & 11th - Chicken & Ribs

Dance on Friday, May 10th
Jim White Live 8:00 to Midnight

SHORTY'S PLACE, 268-4199

CAROL'S COZY BAR & GRILL

Brooks, MN • 218-698-4608

Find us on Facebook

Call in OR Check Facebook for specials!

Friday & Saturday
May 10th and 11th, 2024
Steak & Shrimp, BBQ Ribs, Broasted Chicken, Ribs & Chicken, Ribeye
Comes with Salad Bar, Potato & Garlic Toast.
Friday ONLY - Walleye

COMING SOON
John Vincent & the Hillbilly Boys
Saturday, May 25th
7:00-11:00 p.m.

Mother's Day
Sunday, May 12th
11:00 a.m. to 3:00 p.m.
4:00 p.m. to 8:00 p.m.
Meatball Dinner, Broasted Chicken Dinner, BBQ Rib Dinner, Ribs and Chicken. Served with Mashed Potatoes and Gravy or Baked Potato, Rolls, Salad Bar & Dessert

New selection of hoodies for sale!

Kitchen Hours 8am-9pm Mon.-Sat. & 11am-9pm SUN.

BAR BINGO! AND PADDLE WHEEL

TUESDAY, MAY 14TH, 2024 - 6:30 PM

62#S AT \$1,000 UP TO \$1,000 MAXIMUM

SPONSORED BY:
The Mentor Firefighters Relief Association
Lawful gambling license #05817-003

CAROL'S COZY BAR & GRILL

Brooks, MN • 218-698-4608

CLASSIFIED ADS

TECH SPECIALIST OPENING

The Clearbrook-Gonvick School has an immediate opening for a Technology Specialist. Requirements for the position include: Experience with a wide range of software, hardware, operations systems, network management (both wired and wireless), servers, internet filtering, light technology device repair, and storage and backup systems. Must have a professional presence, strong work ethic, good communication skills, and be able to pass a background check. Pay is dependent on qualifications and experience. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions.

Please submit application, resume, and letter of interest to:

Melissa Weems, HR
16770 Clearwater Lake Rd
Clearbrook, MN 56634
mweems@clearbrook-gonvick.k12.mn.us



R8-12C

EARLY CHILDHOOD COORDINATOR

The Clearbrook-Gonvick School District has a School Readiness/Early Childhood Education Coordinator position open for the 2024-2025 school year. Applicants must hold, or be eligible to acquire a Minnesota Early Childhood Education license. Applicants with additional or alternate licensure are encouraged to apply. Individuals interested in extra-curricular coaching activities are also encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
Phone: 218-776-3112 Ext. 105
Or email the materials to:
mweems@clearbrook-gonvick.k12.mn.us



R8-12C

Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.

IMMEDIATE OPENING FOR ART TEACHER

Clearbrook-Gonvick School District has an immediate open position for an Art Teacher. This is a full-time, grades 7-12 position and would be available for the remainder of the 2023-2024 school year, as well as for the 2024-2025 school year.

A MN Teaching License in Visual Arts is required for this position. Individuals with other licensure in lieu of Visual Arts, and those who are interested in extra-curricular or coaching activities are encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
Phone: 218-776-3112 Ext. 105
Or email the materials to:
mweems@clearbrook-gonvick.k12.mn.us



R8-12C

Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.

CUSTODIAL HELP WANTED

The Clearbrook-Gonvick School has openings for 2 full-time custodial cleaners or part-time custodial cleaners. Job requirements include the ability to thoroughly clean while paying attention to detail with some lifting and bending required.

These are 12 month positions which include the following benefits: PERA retirement plan, paid holidays, sick time, personal time, and vacation time after 1 year. Wage range is \$15.27-\$17.36 per hour dependent on years of previous experience. Must be able to pass a background check. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions or to have an application emailed to you.

Please submit application, resume, and letter of interest to:
Melissa Weems, HR
16770 Clearwater Lake Rd
Clearbrook, MN 56634
mweems@clearbrook-gonvick.k12.mn.us



R5-9C



FARM OPERATOR/ MECHANIC POSITION

Gunvalson Farms, Inc. has an open position for a **full-time Farm Operator/Mechanic** at our wild rice farming operation 10 miles north of Gully, MN. Must be physically fit, have machinery repair experience and be able to competently operate farm machinery. Must be willing to work long hours during the fall harvest season however we have flexible winter hours. Maintaining a healthy work-life balance for the team is very important to us.

We offer competitive pay depending on experience. Benefits include PTO, 401k and Health Insurance.

Address: 18345 390th Ave SE, Trail, MN 56684
Phone: 218-556-0736

R2-9C

RLCC COACHING POSITIONS AVAILABLE 2024-25:

Volleyball Head Coach & Assistant Volleyball Coach

*Positions open until filled. Letter of Application and Resume to:

Kate Moll
Activities Director
RLCC High School
PO Box 100
Oklee, MN 56742
(List prior volleyball coaching experience in resume)



07-8C

Clearwater County Department of Human Services

Clearwater County Department of Human Service is looking to fill 2 full time (40 hours per week) positions with skilled, caring, and empathetic team players whose talents will contribute to and promote the mission, vision, and values of the agency. Clearwater County DHS offers a comprehensive benefit package.

Agency Social Worker: This position will work with the aging and disabled populations to assess needs and arrange services so individuals can remain safely in their home and community. The pay scale for this position is \$27.36-\$35.83 per hour.

Go to <http://agency.governmentjobs.com/mnmeritsystem> **to review the qualification requirements, position description, and to apply. The application must be submitted by 4:30 P.M. 5/17/2024.**

Office Support Specialist: This position will perform clerical duties including but not limited to routing customers to the appropriate worker, handling incoming and outgoing mail, scanning documents into an electronic document management system, and a variety of other clerical duties. The pay scale for this position is \$16.46-\$21.50 per hour

Go to <http://agency.governmentjobs.com/mnmeritsystem> **to review the qualification requirements, position description, to apply and take the required test. The application must be submitted by 4:30 P.M. 5/14/2024. The test must be complete by 4:30 P.M. 5/17/2024**

We are an equal opportunity employer

07-8C

SCIENCE TEACHER

Clearbrook-Gonvick School District has an opening for a full-time Science Teacher for the 2024-2025 school year. The Clearbrook-Gonvick Science Department is a two person department with one instructor teaching the following courses for the 2024-2025 school year: Physical Science 8 & 9, Advanced Physical Science, and Chemistry. The other instructor would teach Life Science 7, Biology 10, Environmental Science, and STEAM 7. Teaching assignment would be based on candidates' licensure area(s) and experience.

A Minnesota Teaching License in conjunction with the Science courses listed above is required for the position. Individuals who are interested in extra-curricular or coaching activities are also encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
Phone: 218-776-3112 Ext. 105
Or email the materials to:
mweems@clearbrook-gonvick.k12.mn.us



Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.

R7-11C

Polk County Full-Time Employment Opportunities:

**RN/PHN Sexual/Reproductive
& Correctional Health – Public Health:**

\$31.83 – \$34.75/hr. Position
Closes May 8, 2024, at 4:30 p.m.

Clerk Typist Cashier III – Public Health

\$19.20 – \$24.33/hr. Position
Closes May 22, 2024, at 4:30 p.m.

Assistant County Attorney I – Attorney's Office:

\$40.18 – \$50.90/hr. Position Is Open Until Filled

Deputy Sheriff Patrol I – II – Sheriff's Office:

\$30.03 – \$40.32/hr. Position Is Open Until Filled

Environmental Technician – Environmental Services:

\$25.69 – \$32.55/hr. Position Is Open Until Filled

GIS Specialist – Highway:

\$28.60 – \$36.23/hr. Position Is Open Until Filled

Mechanical Maintenance Technician I – Fosston:

\$26.49 – \$32.55/hr. Position Is Open Until Filled

Sort Line Operator I – II – Fosston:

\$19.99 – \$24.33/hr. Position Is Open Until Filled

Transfer Station Operator – Environmental Services:

\$23.09 – \$29.24/hr. Position Is Open Until Filled

For a full job description, application, and general job openings information go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

JR. HIGH FOOTBALL COACH



The RLC Activities Department is accepting applications for a Junior High Football coaching position for the 2024 fall season. If interested, please contact Activities Director(s), Seth Schmitz or Kate Moll. Send application to: sethschmitz@rlfedu.org or kmoll@rlcc.k12.mn.us

07-8C

Full Time Custodian

Win-E-Mac Public School ISD #2609 is seeking to hire a Full Time Custodian. Good pay and Benefits. Please mail a letter of interest, and an on-line application to Superintendent Randy Bruer at rbruer@win-e-mac.k12.mn.us or Win-E-Mac School, 23130 345 th st SE, MN 56535. Position will be opened until filled. Phone: 218-563-2900, www.wemschools.org



M7-8C

RED LAKE COUNTY LEGAL ASSISTANT

Position is responsible for providing clerical and paralegal support to the County Attorney in the administrative and support functions of the office. Position is full-time, 35 hrs./wk.; wage DOE, benefit package is available.

Applicants must have a high school diploma or equivalent; a minimum of an AA degree as Paralegal, Legal Secretary, Legal Assistant or closely related area AND a minimum of 1-3 years related experience in a legal setting and/or evidence of equivalent education and experience necessary to perform the requirement of the work. Computer experience and Microsoft Office is required. Must be proficient in computer skills and willing to learn various software applications.

Applications and more information are available at www.co.red-lake.mn.us/employment. Questions call the HR office at 218-253-2590 or email hr@co.red-lake.mn.us. Position is open until filled. EOE

R8-12C



Ultima Bank
MINNESOTA

Ultima Bank Minnesota is seeking a Compliance Officer.

Duties include:

- Ongoing development, administration and monitoring of the Compliance Program that ensures the bank's compliance with laws, regulatory standards and rules governing banking.
- Responsible for the overall compliance function of the bank – maintain compliance with BSA and other policies – complete audits and reports for Senior Management, Board of Directors and Regulators.
- Conduct and track trainings and act as a resource for Bank staff on compliance topics & related questions.
- Perform other related duties as assigned.

Skills:

- 3+ years of experience working in a compliance position is preferred.
- Two or Four year degree preferred.
- Knowledge of compliance laws, regulations and internal control requirements.
- Banking and/or lending experience a plus.
- Must be organized, able to multi-task, possess good communications skills (both written and verbal) and proficient in MS Office.

Full time position with competitive wage and benefits package. To apply, email resume to rebecca@ultimabank.com



Ultima Bank
MINNESOTA

Ultima Bank Minnesota is seeking a Customer Service Representative for its Fosston location.

Duties include:

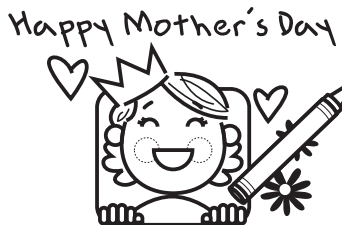
- Assisting customers with banking needs
- Opening new accounts.
- Answering inbound calls.
- Cross selling **UBM** products and services.
- Additional duties include administrative support and other related duties as assigned.

Individual must be organized, able to multi-task and be proficient in computer skills. Banking experience not required; we're willing to train the right candidate. Full time position with competitive wage package and benefits.

To apply, email resume to: rebecca@ultimabank.com

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R39-9C



AD DEADLINE 5:00 PM FRIDAY!

RENTALS

Brookfield Apartments

Brookfield Apts in Clearbrook, MN is accepting applications for **an APRIL & JUNE 1 Bd openings for all elderly and all handicapped/disabled persons.** Rent is based on **30% of your monthly adjusted gross income.** Laundry room facilities available & off-street parking. **Resident Manager** onsite. Locked Entry system. Active Community Room. Applications and qualifications, contact Nicole at 218-751-6881 or Laura at 218-407-7681. Applications online @ bemidjimanagementinc.com AN EQUAL HOUSING OPPORTUNITY.

R7-10C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171 M3916-C

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Minnesota Classified Advertising Network



AUCTIONS

GUN AUCTION!

May 19th Holiday Inn Lakeside - Detroit Lakes, MN. Full details at JokelaAuction.com. All federal & state regulations apply. Send list now to JokelaAuction@gmail.com

WANTED TO BUY

WANTED:

ALL 1970S MOTORCYCLES
Running or not. Titled or not. Will pick up. Cash in exchange. Sell now before prices fall. Call Dan at 612/720-2142

SACRED FESTIVALS

THE SECOND OF

Almighty Yahuah's 3 annual commanded sacred festivals, Shavuot, is being hosted by Proverbs 6:23 Ministry June 15, 16. Call 218/533-6029 for information, directions.

MISCELLANEOUS

GET DISH

satellite TV + internet! Free install, free HD-DVR upgrade, 80,000 on-demand movies, plus limited time up to \$600 in gift cards. Call today! 855/562-4309

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truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous year-end tax credit. Call Heritage for the Blind Today at 844/220-9501

Oklee Community Rummage Sale

May 18th, 2024

Starting at 8:00 a.m.

Many sales around town and at the Community Hall. Maps will be available at rummage sales and area businesses.

08-9C

Need to write a note? Make a shopping list?



Richards Publishing Co.
218-487-5225



U of M Crookston honors students at 2024 awards ceremony

The University of Minnesota Crookston recently held its annual Student Awards Ceremony in Bede Ballroom and honored a number of individuals for their hard work and dedication over the school year. Among those recognized were UMC Students of the Year - Jackie Calderon, Tristan Morneault, and Gracie Rouland.

The UMC Student of the Year award goes to a junior or senior who best demonstrates the skills and commitment required to succeed in college, business, and life while exhibiting Golden Eagle Pride, professionalism, and strong work ethic, all while excelling in academics.

In their Student of the Year nominations:

Jackie Calderon was described as making the most of her time on campus, taking every opportunity that came her way. She's a member of the NCAA soccer team and a representative to the Student Athletic Advisory Committee. Calderon is a double major student in marketing and communications, and has had internships with University Relations, Alumni and Donor Relations, and Athletics. She champions diversity, equity, and belonging, and has shared her story during Hispanic Heritage Month and in first generation spotlight features. Calderon has advocated for accessibility by coordinating efforts to make sure the sidewalks on campus are ADA compliant and has shared a recent petition and photos with Chancellor Mary Holz-Clause. She has also expanded her reach into the community and beyond by assisting with alumni events and efforts, and coordinating the opening event for the university's leased space downtown. Calderon is also a member of the Campus Advisory and Advancement Board (CAAB) and Campus Art Committee, plus she recently worked to create a comprehensive marketing plan for the City of Crookston's Parks and Recreation department. She has balanced all of her co-curricular endeavors while maintaining exceptional academic standing and doing it all with steadfast, kindness, and integrity, said the Chancellor.

Tristan Morneault was described as taking the entire Golden Eagle student experience since his first day on campus as a freshman and making an impact on many groups on and off campus. He has consistently excelled academically while being a dual sport athlete, and maintaining leadership positions in various clubs and organizations. Specifically, Morneault has served in leadership roles in the Student Athletic Advisory Committee, Sports & Recreation Management Club, and Golden Eagle Entertainment. He also served as a Student Orientation Staff

leader for two years and as a student ambassador for the Office of Admissions. You may have also seen Morneault working at the campus Info Desk. Morneault has helped organize mental health initiatives, blood drives, and donation drives for children within the community, plus he volunteered to sandbag when the river was at a high level two years ago. His nominator emphasized his class, poise, and personality, stating that he exemplifies what it means to be a Golden Eagle. The Chancellor mentioned he is quite personable and always takes time to engage meaningful conversations with faculty, staff, and his fellow students. Morneault has played a critical role in the recruitment and retention of student leaders, and will leave a legacy for the leaders he has guided.

Gracie Rouland was described as a detail-oriented, positive, passionate, committed, and natural leader. She has dedicated her time to the success of her fellow students through leadership roles including Student Orientation Staff specialist, acting as a peer mentor, academic success coach, and academic peer tutor. Rouland has been involved in Golden Eagle Entertainment, Alpha Lambda Delta Honor Society, and Ag Arama. She's been employed in the campus mail room and as a student ambassador for the Office of Admissions. Whether it's a short interaction in the mail room or long hours preparing for the Welcome Weekend event, Rouland has been a joy while interacting with students and they can attest to her kindness and warmth. She consistently goes above and beyond to make others comfortable and feel welcome on campus. Rouland has extended her reach around campus and beyond representing the Crookston campus at the State Capitol during University of Minnesota Day at the Capitol, and has frequently volunteered her time representing the campus in a positive light. She is an embodiment of good character, always acting with honesty and empathy, her nominator wrote. Her unwavering positivity, drive, and generosity made her an exceptional candidate for the award, said the Chancellor.

The full list of award recipients included:

- Outstanding Management Student - Christian Norby and Jenna Custer
- Outstanding Marketing Student - Jacqueline Calderon
- DECA Summit Achievement - Elizabeth Medlen
- Outstanding Communication Student - Janie Tormanen
- Outstanding Equine Science Student - Sarah Schmidt and Izabell Gerbracht
- Outstanding Equine Business Management Student - Gabriella Siefkes and Christopher

- Veres
- Outstanding Horticulture Student - Elena Berger
- Animal Science Pre Vet Student of the Year - Elizabeth Hurley
- Animal Science Pre Vet Student of the Year - Braden Letourneau
- Animal Science Student of the Year - Katrina Kratzke
- Norman Pankratz Memorial Conservation Award - Samuel Lanners
- Norman Pankratz Memorial Conservation Award - Hunter Kasprovicz
- John Polley Soil and Water Conservation Award - Owen Reding
- The Wildlife Society Travel Award - Eric Gunderson
- The Wildlife Society Travel Award - Zoey Magner
- Student Programmer of the Year - Shelby Engels
- Outstanding First-Year Biology Student Award - Lilly Mahlberg and Marsia Green
- Outstanding Student in Environmental Science - Javi Xiong
- Student Impact Award - Javi Xiong
- Student Impact Award - Catie Fleischer
- Peer Mentor of the Year - Courtney Vatnsdal
- Peer Tutor of the Year - Alex Anderson
- Outstanding Student Orientation Staff Award - Jada Schimke & Hannah Obowa
- Outstanding Student Group Representative - Lily Krona
- Outstanding CSA Senator - Evelyn Dupont
- Outstanding Educator - Terrill Bradford & Morgan Pyles
- Most Supportive of Students - Leslie Lekatz
- Outstanding Service to Students - Chris Ehrhart
- Community Advisor of the Year - KJ Franklin
- UMC Computer Help Desk Student of the Year - Samantha Olek & Tseten Gurung
- Outstanding Student Employee of the Year - Clara Hanson
- Male Scholar Student Athlete of the Year - Jackson Fuller
- Female Scholar Student Athlete of the Year - Madeleine Schneider
- Male Senior Student Athlete of the Year - Blaize Sagna
- Female Senior Student Athlete of the Year - Gabriella Siefkes
- Golden Eagle Entertainment Programmer of the Year - Kelsey Harms
- The Inclusion and Belonging Excellence Award - Tsebaot Getachew, Ranjan Khadka, and Norden Bista
- UMC Student of the Year - Jacqueline Calderon
- UMC Student of the Year - Tristan Morneault
- UMC Student of the Year - Gracie Rouland

Countryside Greenhouse

OPEN
MON- SAT
8:00-6:00

CLOSED SUNDAYS

218-487-5217

Please join us for our

Mothers Day Special

Saturday, May 11th

Come and enjoy FREE coffee & donuts

We will be closed May 9th for Ascension Day.

Directions: From Gonvick take Pine Lake Rd.
(Hwy 7) South 2 mi. to 486th St. then West 3/4 mi.
to Boardwalk Dr. WATCH FOR SIGNS

R7-8C

SALE
NOW
THROUGH
MAY 11TH

Save on all in-stock and special-order furniture, mattress, and home décor purchases:

Spend up to \$2,999, save 10% OFF!

Spend \$3,000 or more, save 15% OFF!

Up to 50% off specially tagged Spring Savings items throughout the store.

Appliances up to 40% off both in-store and online at [Mireaultshomefurnishings.com](https://www.mireaultshomefurnishings.com).

Free delivery within 50 miles on all furniture and mattress purchases of \$499 and up.

You can buy any of our products off the floor, find something you like, take it home with you today or have it delivered.

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Gas Leak at Essentia

On Monday, May 6th, emergency crews had to block the roads around the hospital due to a gas leak. Information and photo credit to 13Towns Facebook page.

Wednesday, May 8, 2024



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

**Q u e s -
t i o n:** I am
g e t t i n g
r e a d y f o r
t h e f i s h i n g

opener. Do I need working lights on my boat trailer even though the rear lights on my pickup can be seen? It's a small boat and trailer and doesn't block the lights on the back of my pickup.

A n s w e r: Yes, your trailer lights still need to be hooked up and working on the trailer. Every vehicle or trailer that is being drawn at the end of a train of vehicles, registered in this state and manufactured or assembled after January 1, 1960, must be equipped with at least two tail lamps mounted on the rear and on the same level and as widely spaced laterally as practicable. When lighted, the tail lamps must comply with the provisions of state statutes.

Some general safety reminders when pulling a trailer:

- Check lights before every trip and regularly throughout the trip.
- Adjust rear vision mirrors or use auxiliary rear vision mirrors to optimize rear visibility.
- Reduce your speed when towing.
- Increase following distance. State law requires you to maintain 500 ft. interval in rural areas.
- Be aware of the increased effects of wind gusts and passing vehicles when towing a trailer.
- Secure loads from shifting, falling or leaking.
- Check tires for proper inflation and for defects.
- Service wheel bearings regularly and check often.
- Stop every 100 miles to check trailer, load, and hitch.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

DEADLINE NOON FRIDAYS

Theology in the Trenches

By Kathleen Kjolhaug

All Fine He Stood in the Airport

And so he stood all tall was he

With shorts instead of britches.

His arms laid bare for all to see; Not even a sleeve befell.

The hat, the hat protruded loud; Topping off the look he sought.

Alone he was—on guard he was; Not a one dare nigh approach.

I snapped the pic so quick a click; To capture what I beheld.

Upon the plane we all did board; As the snow blew past the door.

Behind me stood the hatted

one; With shorts and shirt proclaiming.

First twas strange as the stranger stood; Until I broached the silence.

“So where do you go—dressed just so—; So bravely barring all cares?”

He smiled a smile and gently spoke; “South America, I go.”

“Where might that be?” Said I to he; “I’ve been there a time or two.”

“Columbia” he said so bold As I replied “Paraguay.”

“Relatives live right there,” said he; “But I have not ever been.”

And off he walked to find his seat—; No longer stranger was he.

Reminds me of Bruce Barton’s words; “Rough Diamonds” was the poem.

“God sends great souls into the world; Clothed in curious attire.

And one misses much good fellowship; Who from what men seem to be—; He can determine what they are.”

Heb. 13:2 “Do not neglect to show hospitality to strangers, for by doing so some have entertained angels unaware.” Amen.

Live Auctions are a lot of fun!

By Auctioneer Eric W. Mickelson

For many years the Clearwater County Fairgrounds in Bagley have been home to a consignment auction, and I have never been able to attend! Well, this past Saturday I got my chance to go and it was fun! I of course was checking out a few of the John Deeres coming up for sale as well as a few other items.

Two of the tractors were 4010 John Deere tractors. One of the 4010s was recently overhauled and had a great paint job. The other did not have any recent engine work, but also sported a nice paint job. Oh and let's not forget they both had new or nearly new tires. Those of you who are involved with tractors know how important the condition of the tires is to the value of the tractor, tires are not cheap!

The 4010s of course caught my eye because of their condition. Also I have probably put more hours on a 4010 than any other tractor.

When I was about 10 years old my dad bought a 4010 tractor. The story goes something like this..... It all started when dad was plowing with our G John Deere. After refueling at noon dad went back out to the field. As dad and the G bounced across a furrow gas spilled over the top of the tank and landed on the manifold and it the G went up in smoke! This created a problem for us, no tractor! So off we went tractor shopping! We went through many tractor lots and headed home to milk the cows. We ended up coming by Floyd Paulson's tractor

lot south of Gully. Low and behold their were 2-4010 John Deeres. Dad said, “We are late for milking we have got to get home!” I wanted to look at the tractor and I began to cry. What a spoiled little brat I was, but we stopped. Dad and Floyd came to an agreement and one of those 4010s came to live in Garnes Township! I believe the price was about \$6000.

Now that 4010 put in many hours on our farm. Later we got another 4010 from Duane Whyte, and since I have owned two 4020s of my own. None have been trouble free...but those 4010s and 20s have done a lot of work on the Mickelson-Ellickson farms. They are kind of like mailmen. They work in the heat of the summer, and in rain snow, sleet, and hail! They were all good tractors. Many people, myself included, think that the 4020(and maybe even the 4010)was one of the best tractors ever made. You IH guys are welcome to dispute this but as for a John Deere you know what my opinion is!

Back to Bagley, those two nice 4010s sold for \$10,000 each. I didn't really need one and my checkbook said you probably don't have to spend that much money, but I know there are two people out there happy with their purchase! Maybe next time I will raise my hand and bring home another 4010 of my own! Oh yes, and thanks to Gregory Auctions for putting on such a fun sale! I did come home with a Vermeer Round Baler!

How about a little tractor trivia?

1. In 1960 John Deere introduced the 4010. How many cylinders do they have?

2. The 4010s were considered the “star” of the new generation tractors. What years were they made?

3. T or F The 5010 was introduced in 1962 and is the first two wheel drive tractor with over 100hp.

4. In 1959 in Marshalltown, Iowa, what 4 wheel drive John Deere tractor did they make?

5. The 4010 was rated at 80hp. What was the 4020 rated?

Answers: 1. 6 cylinders 2. 1960-1963 3. TRUE 4. The 8010 5. 94hp



Did you know?

Pinched nerves can be debilitating, but the good news is the condition is generally treatable. According to the Mayo Clinic, most people who suffer a pinched nerve recover within a few days or weeks. Harvard Medical School notes that conservative therapies are often the first course when treating pinched nerves. An over-the-counter pain reliever like ibuprofen or acetaminophen might be recommended by a physician, who also might prescribe physical therapy to treat a pinched nerve. Harvard Medical School notes that range-of-motion exercises and strengthening exercises also may be recommended, particularly for those who want more immediate relief. The Mayo Clinic notes that if pinched nerve pain, which can be considerable, does not subside, surgery may be recommended. However, Harvard Medical School reports that surgery is essentially a last resort when treating pinched nerves and may only be recommended if pain has not subsided after six to eight weeks, which suggests that more conservative treatments are not working. Surgery also may be recommended if individuals are experiencing increased difficulty moving or there is evidence of spinal cord compression.



NORTH COUNTRY HEALTH NUGGETS

(Clearwater, Hubbard and Lake of the Woods Counties)

May is National Mental Health Month

• Week 2: Let's talk about mental health

We all have mental health. Mental health is our ability to engage with our emotions, thoughts, interactions with others, and the world around us. Mental health affects how we think, feel, and act every day. The best way to protect mental health is to pay attention to it even when you're feeling ok or even good. Just like with our physical health, we can do things that make us mentally healthier and happier.

Think about what makes you happy, content or peaceful. It could be:

Relaxing for 15 minutes when you get home from work
Listening to music you enjoy
Rocking your kids
Soaking your feet

The list is really whatever you want it to be. Don't strictly schedule it. Life is already busy.

Experiencing poor mental health is not the same as having a mental health condition. A mental health condition, or mental illness, refers to a set of symptoms that have been



The Jump

By Travis Peterson

When I was eleven years old, there was nothing more I wanted than a Harley Davidson motorcycle. High hopes for a farm kid my age; however, I had the next best thing: A 1973 Honda ST90. This was Honda's Sport Trail, a three-speed, mid-sized motorcycle equipped with a gutless 89cc engine. But boy, let me tell you, it had style.

It was lime green with an over-sized seat and it had these elongated mirror posts that shot up from the handlebars like bent insect antennae. Be that as it may, the majority of the bike was decked out in gorgeous chrome. The fenders, air filter cover, engine protection bars, awkward mirror posts, and springs on the rear shocks were all chrome plated. My favorite feature was the chrome handlebars that curved up and rose into the air, giving this dirt bike a very distinct look. These types of handlebars are referred to as “ape hangers” and are commonly seen on Harley Davidson chopper motorcycles. And so, this motorcycle became known as my Honda Harley.

After only an hour of ever operating a motorcycle, I was riding my gleaming green machine in the ditch heading for my parent's yard when I checked my mirrors and saw a grain truck rumbling up behind me on the gravel road. I knew he was going to pass and leave me in a cloud of dust, so I shifted into top gear and twisted the throttle as far as it would go.

The engine howls like a hyena as I struggle to see through wind-whipped watery eyes. I know my parent's driveway is

somewhere in front of me, but I can barely see through the blinding blur. Either way, I have no intentions to deviate from my path.

I hit the crossing at full speed and catch some major air. With my peripheral vision, I can make out the shape of the grain truck on the road next to me. I am higher than the cab.

Clearing the whole driveway straight into a disastrous descent, the entire bike along with myself begin to rotate forward at an accelerated rate. I am about to face plant and cartwheel into the hulky hub of a wagon wheel that is propped up against a decorative fence in the front yard. I figure I am going to be hurt bad and brace for pain. (This was the early 90s. There was no thought of wearing a helmet. The only personal protection gear I had on was a pair of cheap sunglasses and a backwards Chicago Bulls hat.)

Before I go sailing over the ape hangers, my front tire hits the ground and stops my forward rotation. I immediately lose control and swerve towards the fence and frantic fishtailing until I straighten out and crank back down on the throttle.

My surviving the landing was so unexpected that the farmer driving the truck blows his horn in elated amazement as he barrels by. I triumphantly pump my fist in the air along to his pneumatic praise. I am swallowed by a cloud of gravel dust, but I am Victorious.

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Include:

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date of catch and
any other details you
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I B D M A E G O C C R A E T U E F M C P
V L S G S V P R P E N V N H V U L B P V
E Y Y S D P O F S N Y R A D I S H E S C
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G R D N I D C R U N C H Y M E E D C B P
A L V N Y P H C D G A R N I S H L U E H

TASTY SALAD WORD SEARCH

Answers on page 6

BAR
BEETS
BUTTER
CAESAR
CELERY
CHEESE

CROUTONS
CRUNCHY
DIET
DRESSING
GARNISH
GREENS

ICEBERG
OLIVES
ONIONS
RADISHES
REFRESHING
ROMAINE

SALAD
SPINACH
TOMATOES
TOPPING
TOSSED

LEGAL NOTICE

County Highway Project
BIDS CLOSE: May 24, 2024 at
10:00 AM CDT

Polk County, Minnesota
ADVERTISEMENT FOR BIDS-
NOTICE is hereby given that
SEALED ELECTRONIC BIDS will be
received at until 10:00 AM on Friday,
May 24, 2024 , by Sam Melbye, Polk
County Director of Property Records
at Crookston, MN, on behalf of the
Board of County Commissioners of
Polk County for the construction of the
County Project listed below. Sealed
electronic bids will be OPENED and
READ publicly at 10:00 AM, by the
Board of County Commissioners at the
Polk County Highway Department in
Crookston, MN. Bids received after
10:00 AM will not be considered.
Bids must be submitted electronically
through BidVAULT.

STATE PROJECT NO. S.P. 060-
070-020

MINNESOTA PROJECT NO.
HSIP 6024 (222)

LOCATION: JCT. TH 75 & CSAH
21, POLK COUNTY

TYPE OF WORK: Roundabout
– Grading, Bituminous Pavement,
Concrete Pavement, Lighting, and
Structural Snow Fence

Major Items: Excavation –
Common 19,660 Cu Yd
Aggregate Base 1,756 Cu Yd
Concrete Pavement 7.0" 5,867
Sq Yd

Type SP 12.5 Wearing 1,592 Ton
Concrete Walk 11,599 Sq Ft
Lighting
Structural Snow Fence
Traffic Control
Seeding

Minimum wage rates to be
paid by the Contractors have been
predetermined and are subject to the
Work Hours Act of 1962, P.L. 87-581
and implementing regulations.

READ CAREFULLY THE WAGE
SCALES AND DIVISION A OF THE
SPECIAL

PROVISIONS AS THEY AFFECT
THIS/THESE PROJECT/PROJECTS

The Minnesota Department of
Transportation hereby notifies all
bidders:

in accordance with Title VI of
the Civil Rights Act of 1964 (Act),
as amended and Title 49, Code of
Federal Regulations, Subtitle A Part

21, Non-discrimination in Federally-
assisted programs of the Department
of Transportation, it will affirmatively
assure that in any contract entered
into pursuant to this advertisement,
disadvantaged business enterprises
will be afforded maximum opportunity
to participate and/or to submit bids
in response to this invitation, and
will not be discriminated against on
the grounds of race, color, disability,
age, religion, sex or national origin in
consideration for an award;

in accordance with Title VI of
the Civil Rights Act of 1964 as
amended, and Title 23, Code of
Federal Regulations, Part 230 Subpart
A-Equal Employment Opportunity on
Federal and Federal-Aid Construction
Contracts (including supportive
services), it will affirmatively assure
increased participation of minority
groups and disadvantaged persons
and women in all phases of the
highway construction industry, and that
on any project constructed pursuant to
this advertisement equal employment
opportunity will be provided to all
persons without regard to their race,
color, disability, age, religion, sex or
national origin;

in accordance with the Minnesota
Human Rights Act, Minnesota Statute
363A.08 Unfair discriminatory
Practices, it will affirmatively assure
that on any project constructed
pursuant to this advertisement equal
employment opportunity will be offered
to all persons without regard to race,
color, creed, religion, national origin,
sex, marital status, status with regard
to public assistance, membership
or activity in a local commission,
disability, sexual orientation, or age;

in accordance with the Minnesota
Human Rights Act, Minnesota Statute
363A.36 Certificates of Compliance
for Public Contracts, and 363A.37
Rules for Certificates of Compliance,
it will assure that appropriate parties
to any contract entered into pursuant
to this advertisement possess valid
Certificates of Compliance.

If you have employed more than
40 full-time employees in any state,
on any single working day during
the previous 12 months, you must
have a compliance certificate issued
by the Minnesota Department of
Human Rights to big on any job in

this advertisement. Please contact
the Department of Human Rights
immediately if you need assistance in
obtaining a certificate.

The following notice from the
Minnesota Department of Human
Rights applies to all contractors:

"It is hereby agreed between
the parties that Minnesota Statute,
section 363A.36 and Minnesota
Rules, parts 5000.3400 to 5000.3600
are incorporated into any contract
between these parties based on this
specification or any modification of it.
A copy of Minnesota Statute 363A.36
and Minnesota Rules, parts 5000.3400
to 5000.3600 is available upon request
from the contracting agency."

"It is hereby agreed between the
parties that this agency will require
affirmative action requirements be met
by contractors in relation to Minnesota
Statute 363A.36 and Minnesota Rules
5000.3600. Failure by a contractor to
implement an affirmative action plan or
make a good faith effort shall result in
revocation of its certificate or revocation
of the contract (Minnesota Statute
363A.36, Subd. 2 and 3)."

This Project has a Disadvantaged
Business Enterprises (DBE) goal.
See the DBE Special Provisions for
requirements.

To obtain plans and proposal and
to submit an electronic bid (including
electronic bid form) go to the Polk
County egram website: <https://egram.co.polk.mn.us>

All bidders will be required to submit
an electronic bid and provide payment
of \$100.00 to the Polk County Highway
Department.

Proposals, plans, and specifications
are available at the Office of the
Polk County Highway Engineer; Polk
County Highway Department, 820 Old
Highway 75 S, Crookston, MN, 56716.

Cost - \$100.00 (non-refundable
incl. tax)

Electronic bids must be
accompanied by a certified check or
corporate surety bond in favor of the
Treasurer of Polk County for at least
5% of the total amount bid.

The right is reserved to reject any or
all bids and to waive any informalities
or technicalities therein.

Sam Melbye
Polk County Director of Property
Records M7-9C

LEGAL NOTICE

County Highway Project
BIDS CLOSE: May 24, 2024 at
10:00 AM CDT

Polk County, Minnesota

ADVERTISEMENT FOR BIDS-
NOTICE is hereby given that
SEALED ELECTRONIC BIDS will be
received at until 10:00 AM on Friday,
May 24, 2024 , by Sam Melbye, Polk
County Director of Property Records
at Crookston, MN, on behalf of the
Board of County Commissioners of
Polk County for the construction of the
County Project listed below. Sealed
electronic bids will be OPENED and
READ publicly at 10:00 AM, at the
Polk County Highway Department in
Crookston, MN. Bids received after
10:00 AM will not be considered.
Bids must be submitted electronically
through BidVAULT.

STATE AID PROJECT NO. SAP
060-599-281

LOCATION: ON COLUMBIA
TOWNSHIP ROAD 1 MILE NW OF
LENGBY, MN

TYPE OF WORK: Bridge
Construction and Approach Grading
LENGTH: 0.256 Miles

Major Items:
BRIDGE SLAB CONCRETE
(3Y42-M) 6,529 SQ FT
PRESTRESSED CONCRETE
BEAMS 30MH 835 LF
C-I-P CONCRETE PILING
1,800 LF

COMMON EMBANKMENT (CV)
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County egram website: <https://egram.co.polk.mn.us>

All bidders will be required to
submit an electronic bid and provide
payment of \$100.00 to the Polk County
Highway Department.

Proposals, plans, and specifications
are also available at: Polk County
Highway Department, 820 Old Highway
75 South, Crookston, MN, 56716.

Cost - \$100.00 (non-refundable
incl. tax)

Electronic bids must be
accompanied by a certified check or
corporate surety bond in favor of the
Treasurer of Polk County for at least
5% of the total amount bid.

The right is reserved to reject any or
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Richard C. Sanders
Polk County
County Engineer M7-9C

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Do You Know L. Frank Baum?

By Eric Mickelson

For the past few weeks I have shared a few pictures and stories of my recent trip accompanying my son, daughter-in-law, and grandchildren as they embarked on their new adventure traveling to Bangor, Maine. As you saw earlier we stopped at Niagara Falls and Albany, New York for a little side trip.

We came across another interesting town, Chittenango, New York. I have never heard of Chittenango, New York, but their was a sign on a light post-Home of L. Frank Baum. I am sure some of you are familiar with the name, but to many of you it is probably a name you do not recognize. The only reason I know the name is because of one of my favorite movies, The Wizard of Oz! You see L. Frank Baum is most famous for his children's book series, The Oz Series. L. Frank Baum was born May 15, 1856, Chittenango, New York, U.S and died May 6, 1919, Hollywood, California. His Oz series were children's books about the imaginary land of Oz. He wrote 14 Oz books in two different series. In his writing career he published 55 novels, 82 short stories, and over 200 poems. Along with publishing under his own name L. Frank Baum, many of his books were published under the pseudonyms such as Edith Van Dyne, Floyd Akers, Schuyler Staunton, John Estes, Suzanne Metcalf, Laura Bancroft.

Author, L. Frank Baum had his first best-selling children's book with 1899's" Father Goose, His Book". The next year he scored an even bigger hit with "The Wonderful Wizard of Oz." He went on to write 13 more Oz books before his death in 1919. These stories formed the background for the popular 1939

film, "The Wizard of Oz." Being a Minnesota guy and a fan of everything Minnesotan I loved this movie partly because of the fact Minnesota native, Judy Garland was one of the stars! The movie was primarily directed by Victor Fleming. He left production of the film to take over directing Gone with the Wind. Funny my other favorite movie, "Gone With the Wind!" These two 1939 films happen to be the first two "color" films. If you remember the Wizard of Oz starts off in black and white and when Dorothy wakes

up in the land of Oz it changes to color! So for me an accidental trip through Chittenango, New York, brought back memories of the movie-one of my favorites! If you haven't watched it for a while, or ever, I suggest taking a peek at THE WIZARD OF OZ!

Word Search Answers for this week

C T Y C I E M D A N A N F R L D I E T Y
O D A L A S E D L H M R E L R G D T T Y
L F A N R O R R T I O F I O C I N V M C Y
I B D M A E G O C C I R A E T U E I F M C P
V L S G S V P R P E N V N H V U L B P V
E Y Y S D P O F S N Y R A D I S H E S C A
S N I O I U I H S E S E A H C F H B R A
S N C N T I I N A R N O V C S L L C T V U Y
G O G O G N D R A E O P Y Y Y O E T A Y Y
E F N D G E N H C I I A C M G C B O N D
V S H U S G U E A C H I F N A D N G N C D
B E Y S V Y I R R B S C T O C A R A M S
M V O N A U O L G F U O Y B L A B E R S M
S T F O A M C H O C E U H B L A H B M R M
N H U F A A O E S S M U V R M O E C T S L R
E N U I E T R P R P T M D T U B O C T T R
E V N S S S V L L T M F I M N I G U E D
R E A C S E H L I E L F D B Y D A A U E I
G R D N I D C R U N C H Y M E E D C B P
A L V N Y P H C D G A R N I S H L U E H

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Nordic Fest

A Celebration of All Things Scandinavian

MAY 11-29, 2024

Saturday, May 11 – Uff Da Day at the Pioneer Village. 11AM - 4 PM \$3 per person. Viking reenactments, Lefse demonstration, Norwegian foods, and more.

Monday, May 13 – Movie at NCTC Auditorium. 7:00 PM. "Becoming Astrid" – A biographical story of Astrid Lindgren, beloved Swedish author of Pippi Longstocking, among other books for children and young adults. Freewill donation.

Tuesday, May 14 – Thief River Falls Public Library 6:30 PM. Ross Sutter: Scandinavian-American Tunes. Sutter plays guitar, button accordion and dulcimer and sings a wide variety of songs from his own family and from many trips to Nordic countries. Humorous stories complete this family-friendly show. Free.

Wednesday, May 15 – Syttende Mai Smorgasbord – torsk and pork chop buffet dinner. \$15. Serving 6-7 PM at the Eagles Hall. Reservations REQUIRED by May 8 to 218-686-0733. 200 tickets only.

Friday, May 17 – Nordic Fest DANCE at the Eagles, TRF – 7:00-11:00 PM Dance to the Honky Tonk Troubadours (classic country). \$7.50 at the door.

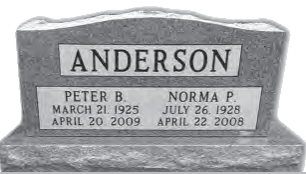
Wednesday, May 29 – Dance at the Eagles to the Arnstein Killingberg Orchestra from Norway. 7:00-10:00 PM. \$10. Lunch will be served. This is a family band from Leksvik, North Trondelag, Norway, featuring accordians and guitar. The orchestra was created in 1930 by Arnstein's father, Asbjorn, and now includes third and fourth generations of performers.

Wednesday, May 8, 2024

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OBITUARIES



Obituary for Mary Tommervik

Mary Eileen Tommervik, 76, of Bejou, MN, died Wednesday, April 24, 2024, at Mayo Clinic Hospital in Rochester, MN, surrounded by her children.

Eileen was born May 16, 1947, in Fosston, MN, to John Haldor and Grace Evelyn (Johnson) Hegg. She grew up in McIntosh, MN, graduated from McIntosh High School in 1965, and studied nursing at Thief River Falls A.V.T.I.

On October 10, 1970, Eileen was united in marriage to Wendell "Rod" Tommervik in McIntosh. After making their home in McIntosh for a short time, they moved to Bejou. Eileen worked as a licensed practical nurse in Fosston before being a full-time homemaker. Later she worked at the United States Post Office in Bejou, in Dr. Norbert Diekmann's dental office in Mahanomen, and in the University of Minnesota Extension Farmer-Lender Mediation coordination office near Bejou.

After becoming a widow in 2006, Eileen retired in 2009 and enjoyed summers at Maple Lake with good friends and family. She spent a number of winters in Arizona with her special companion, Duane Erickson, competing in tennis and making many treasured friends at Silveridge RV Park.

Eileen is survived by her children, Jon (Suzanne) Tommervik of Wayzata; Kris (Rick) Blackburn of Stacy; Sara Friesen (Jerry Thom) of Lengby; and Brian Tommervik of Fargo, ND; beloved grandchildren Mara (Brian) Larson-Sargent, Aryanna Wiggins-Tommervik, Kaitlyn Blackburn, Isaac Friesen, Sienna Friesen, and Tyler Blackburn and great-grandchildren NoraJune Larson and Legend Sargent; brothers Paul Hegg of Spokane Valley, WA, and Tom (Eileen) Hegg, of McIntosh; sister-in-law Darlene (Tim) Bates of Stephen; and numerous nieces, nephews, and cousins. She was preceded in death by her husband and parents.

A Memorial Service was held on Monday, May 6, 2024, at 11:00 a.m. at Immanuel Lutheran Church, Bejou, MN. A Time of Gathering took place at Anderson Family Funeral Home in Mahanomen on Sunday, May 5, 2024, from 3:00 - 5:00 pm, with a Prayer Service beginning at 4:30 pm, and continued one hour prior to the Memorial Service at the church. Inurnment at the Bejou Cemetery.

Arrangements entrusted to Anderson Family Funeral Home of Mahanomen. www.andersonfamilyfh.com



Obituary for Donna Myrum

October 2, 1937 — May 2, 2024

Donna Myrum, age 86, left this life unexpectedly to be with her Lord and Savior, and to reunite with her cherished family. She passed away Thursday evening, May 2, 2024, during a visit with family in the Minneapolis area. She retired about 10 years ago and moved to Tennessee in 2021.

In her death, the community loses a citizen of good repute. Her family grieves the loss of their kind, loving sister and aunt. Donna was the third child born to Bror and Mabel (Hanson) Johnson. She was baptized and confirmed in the Lutheran Church, establishing the foundation for her belief in Jesus Christ, while she was raised on her family's farm in Leonard, Minnesota. It was there that she created fond memories with her family and friends, attended a country school near her home, and graduated from Clearbrook High School. After graduating, Donna relocated to the Minneapolis area, where she built a life, found love, and made her home.

Regular in her simple habits of life, she was always found faithful. Donna loved life, her family & friends, her fur babies, especially Scamper and Jo-Jo, and most of all, her natural tendency to take care of people. In addition to being a homemaker, and when she was not working with others, she could often be found enjoying her favorite cup of coffee, knitting something special, gardening in her backyard, cooking a healthy meal, shopping with her nieces, or attending one of her family's numerous activities. She canned a lot of love over the years, and most of the food came from her garden, she made some of the best desserts and jellies for her family and friends. She had an extraordinary personality, a loving heart, the brightest smile, and a distinctive, contagious laugh that will never be forgotten!

Donna was married to Harold "Harry" Myrum for 27 years, and while they did not have children, their hearts opened up to Jesus, which transformed their lives. Their faith guided them to seek true joy and happiness in their lives through acts of kindness and helping others. Their generosity continued to enrich their lives, even after they went their separate ways.

Survivors left to mourn her passing are her beloved sister, Jean (Jim) Johnson, brother, Stanley Johnson, sister-in-law, Sharon Johnson, brother-in-law, Phillip Resch, and numerous nieces, nephews, cousins, and friends.

She was preceded in death by her parents, two brothers, and two sisters.

Sadness should not take part in this grieving process once comfort is found knowing our cherished memories of Donna can always be found in our hearts, thoughts, and lives. Comfort can also be found in the gospel shared by followers of Jesus, as we have faith that we'll one day be reunited.

Funeral arrangements were made by her brother. There will be a gathering of friends and family to celebrate all that she bequeathed to those who were blessed by her beautiful soul on Friday, May 10th, at Simple Traditions by Bradshaw, 671 Snelling Ave S, Saint Paul, Minnesota. Interment will be at the Sinclair Township Cemetery in Leonard at a future date. The Cease Family Funeral Home of Bagley will assist with the burial arrangements.

A Memorial to Donna may be made to the charity of the donor's choice.

To express your online condolences please visit her obituary at <https://www.simpletraditions.com/obituaries/donna-myrum>

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To express your online condolences please visit her obituary at <https://www.simpletraditions.com/obituaries/donna-myrum>



Graveside Service for Beverly Anderson

Beverly Gail Anderson, age 77 years, died on October 16, 2023.

A graveside memorial service is being held on Saturday, May 18th, 2024 at 10:00 a.m. at Sand Valley Cemetery. A light lunch to follow at Sand Valley Church in Trail.



Death Notice for Frankie J. Cyr

Frankie J. Cyr, 91, of Oklee, MN passed away on Monday, April 29, 2024 at McIntosh Senior Living in McIntosh, MN.

Mass of Christian Burial will be held at 11:00 AM on May 11, 2024 at St. Francis Xavier Church in Oklee, MN with Father Bryan Kujawa officiating. Visitation will be held one hour prior to the church on Saturday.

Full obituary to follow.

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Ode to My Dad

By his eldest daughter- Linda Grue.

In loving memory of Merlin Curtis Grue, formerly from Clearbrook MN, but living in Milwaukee, Wisconsin, aged 87, who left this world to embark on his final voyage. Born and raised on the family farm, he traded fields for flight and the vast oceans.

Joining the Navy at a young age, For 21 years, he sailed across the globe & soared transcontinental flights with his crew, cherishing every moment as the best years of his life. It was during his service that he met a kindred spirit, my Mom, Martha Marie who bravely served in the Army.

Later in life, back in his home state, he added another family into his circle. Part of his patchwork quilt of life.

Among the many places he called home & traveled:

Scotland held a special place in his heart. Its welcoming locals, charming hospitality, and picturesque landscapes left an indelible mark on his soul. He often spoke fondly of the tea and crumpets enjoyed amidst the surreal beauty of the Scottish countryside.

A man of simple pleasures, he found joy in the timeless melodies of old school country music, the nostalgia of classic movies and TV shows, and the freedom of road-trips accompanied by yours truly , & my Cat Mason whom he referred to as bro. Loved football and cheered the Kansas City Chiefs on to the Super Bowl.

His sassy yet kind spirit illuminated the lives of all who knew him.

Though he may have left this earthly stage, we take solace in knowing that he's now reunited with loved ones in a Heavenly Grand Ol' Opry, where the music plays on for eternity. Rest in peace, dear father, your legacy lives on in the hearts of those you touched.

He is survived by his beloved cat, Margie. Daughters Linda, Karen & Charlene.

His sisters, Rosemary, Edna, Diane & brothers: Derald & Eddie.

Among those he will be joining at the Heavenly Grand Ol' Opry: His beloved wife, Martha, his sisters Emilie and Ruthie, his Bro, Mason and favorite horse, Beauty.

His spirit lives on in his children, grandchildren and great grandchildren.



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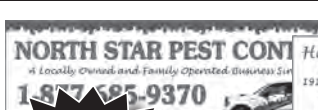
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Essentia Health-Fosston's Katelyn Sander receives Florence Nightingale Award

Katelyn Sander, a registered nurse at Essentia Health-Fosston, was recently recognized with the Florence Nightingale Award as part of Essentia Health's annual Nursing Excellence Awards.

"The Nursing Excellence Awards are a way to honor the invaluable contributions our nurses make every day," said Naomi Hagen, operations manager for Essentia Health. "The Florence Nightingale Award recognizes exceptional nurses who exhibit courage and devotion to the patients and communities we serve. They are committed to our values of quality, hospitality, respect, joy, justice, stewardship and teamwork. Kate is one of those nurses."

Sander began her nursing career in the Fosston community in 2008 by providing care to residents of the Essentia Health Living Center. She now works in the ambulatory care setting, with her focus on primary care and caring for patients of all ages.

"Florence Nightingale is known for her role of carrying the lantern as she checked on and cared for the soldiers during the night," explained Hagen. "In my eyes, Kate is a modern-day Florence, in the character she brings each day and the compelling way she watches over her team and her patients. I am so blessed to work alongside Kate and to be able to watch her grow in her nursing career."

The Nursing Excellence Awards were introduced to honor the expertise of Essentia's nurses. The awards are an opportunity to recognize outstanding talents, skills, efforts and behaviors exemplified by a professional nurse. Nominees of these awards demonstrate our nursing vision of exceptional nurses delivering extraordinary care while advancing practice.

Held annually from May 6-12, National Nurses Week recognizes and celebrates the invaluable contributions of nurses worldwide. This year's theme is "nurses make the difference."

"On behalf of our leadership and provider teams, we would like to thank all our dedicated and skilled nursing staff," added Hagen. "With their caring hands and hearts, we are able to make a difference in our community each and every day!"

About Essentia Health

Essentia Health's mission is to make a healthy difference in people's lives. We relentlessly pursue that mission at our 14 hospitals, 78 clinics, 24 retail pharmacies, six long-term care facilities, three assisted living facilities, three independent living facilities, seven ambulance services and one research institute. Essentia has about 15,500 employees, including 2,350 physicians and advanced practitioners who provide expert, compassionate care. We're privileged to serve patients in Minnesota, North Dakota and Wisconsin.



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U of M Crookston NACTA team brings home sweepstakes trophy from 2024 conference

University of Minnesota Crookston agriculture and natural resources students participated in the 2024 North American Colleges and Teachers of Agriculture (NACTA) Judging Conference in mid-April in Twin Falls, Idaho, and brought home the sweepstakes trophy for a second year in a row. U of M Crookston also received first place wins as a team in agriculture education and natural resources contests, second place wins as a team in

agriculture business, equine management, and dairy judging, and third place wins as a team in livestock management and livestock judging.

Individual placements include a first place win in natural resources by Courtney Vatsndal, plus second place wins in agriculture education (Vatsndal) and natural resources by Annette Drayna.

NACTA advisor Theresa Helgeson, who is also an instructor and lab services coordinator on

campus, and chaperone Marina Wiley, accompanied the 20 students to Idaho. Students who competed in the 2024 conference included NACTA co-chairs Lindsey Espeseth, Sierra Heinz, and Jenna Kruger, plus Amber Cymbaluk, Annette Drayna, Eliza Freund, Melissa Hammer, Katherine Hansen, Katherine Hills, Victoria Johnson, Lily Krona, Katelyn Larson, Gracie Lunsetter, Katelyn Mack, Elizabeth Reich, Kaitlyn Rux, Evan Singsank, Courtney Vatsndal,

Christopher Veres, and Kloe Wadd.

"We took home the Sweepstakes Award for the second year in a row!" exclaimed Espeseth, a senior from Erskine, Minn. who is majoring in animal science. "Thank you so much to faculty, staff, and community members for all of the support that allowed us to compete and represent the University of Minnesota Crookston."

U of M Crookston has been competing in NACTA, a judging

conference open to all two-year and four-year schools that have an institutional membership, since the 1980s and have raised funds each year to attend. Their annual car washes are popular with faculty, staff, and the community, which allows students to make the trip that includes sightseeing. In 2024, students and chaperones were able to visit Sawtooth National Forest, watch people base-jumping, explore hot springs, and visit Shoshone Falls.

Regional fishing outlooks available from Minnesota DNR in preparation for opener

Anglers looking for local fishing information before the Saturday, May 11 fishing opener can check the regional fishing outlooks from the Minnesota Department of Natural Resources.

The outlooks provide details about fishing opportunities and conditions in various areas of the state, including for specific lakes, rivers and streams.

Based on reports from across the state, anglers have a lot to look forward to — especially with an early ice out this year and fisheries lake surveys that have showed good year classes of walleye in many lakes, said Brad Parsons, DNR fisheries section manager.

"Walleye fishing will be really good and we really hope people can get out and enjoy it early in the season," Parsons said. "But we have all kinds of other fish out there too and, particularly if the walleye aren't cooperating, we encourage anglers try catching something else."

Back bays of lakes are great for finding abundant bluegill and crappie. Northern pike are almost always willing to bite, and there are all kinds of other native species out there like sucker species, freshwater drum and others that can really provide a lot of action and good food fare."

The regional fishing reports include details about waters throughout each region and can be found on the Minnesota DNR website (mndnr.gov/fishing/outlooks.html).

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Grygla Eagle
RL County Herald
McIntosh Times

Beltrami County Master Gardeners Gardening for Butterflies

This week's Master Gardener article is by Sara Corry!

Minnesota hosts around 150 butterfly species, including the Monarch butterfly. Amazingly, the Monarch is the only North American butterfly to migrate north in springtime and south in the fall, like many birds. After overwintering in the fir forests of Mexico at elevations almost two miles above sea level, they start their northward migration around the end of March. They will stop along the nearly 3000-mile journey to breed and produce the next generation to continue the northward trek – the Monarchs that reach Minnesota are the third or fourth generation. In the fall, the surviving Monarchs travel back to the same locations in Mexico – having never been there before! Our other butterfly species are equally

beautiful and fascinating, and you can attract them to your yard by planting nectar-rich flowers and herbs that support them in every stage of their life cycle.

Butterflies have a fascinating life cycle. Adult butterflies mate and lay eggs, which hatch into larvae, which most of us know as "caterpillars." The caterpillars feed on a variety of plants, depending on the butterfly species, and when they're ready, they form a cocoon that attaches to plant material. Inside the cocoon, the caterpillar transforms into a butterfly, which emerges and begins the life cycle anew.

To attract and support butterflies in your garden, plan your plantings to support both the nectar-loving butterflies as well as the plant-munching caterpillars (which are no less

amazing to watch!) Native plants are ideal for both phases of their life cycle, because the butterflies and plants native to our environment have co-evolved, and these plants provide the perfect food source for them. Also, native flowering plants thrive where non-natives may be more of a challenge because they are adapted to Minnesota weather and soil conditions. Even if you can only plant a couple of species, you'll help support our butterflies, and you'll have the enjoyment of watching them throughout the warmer months.

Here are a few varieties of native flowering plants attractive to butterflies to get you started. Native perennials such as black-eyed susan, purple coneflower, butterfly milkweed, bee balm and coreopsis will bloom throughout the summer,

and purple aster is an important fall-blooming plant. If you've got room for less formal perennials, try common milkweed, swamp milkweed, Joe Pye weed, and goldenrod.

While not native plants, some annual flowers are also great food sources for butterflies and can fill in garden spaces while your perennials develop to flowering size. Flowering tobacco, impatiens, sunflowers, phlox, marigold and zinnia are all common annuals butterflies will appreciate. And butterfly caterpillars enjoy dill, fennel and parsley – plant some extra

to support this stage of the butterfly life cycle!

The University of Minnesota Extension article "Creating a butterfly garden" provides a garden plan as well as additional helpful information about how to attract and support these beautiful and fascinating creatures. See <https://extension.umn.edu/landscape-design/creating-butterfly-garden#sample-garden-plan-1258362> for more information. The UMN Extension website has lots of gardening information and helpful advice – be sure to check it out!

Need to Get Rid of a Few Things?

Sell it in the Canary!

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2024 Pine-to-Prairie Conference Standings 5/1							
TEAM	Win	Loss	Points	Overall			
Ada-Borup-West	5	0	10	6-2			
Fosston	3	1	6	5-3			
Win-E-Mac	2	0	4	4-2			
Lake Park-Audubon	1	2	2	2-5			
NCE/UH	1	2	2	1-7			
Fertile-Beltrami	1	3	2	2-4			
Mahnomen/Waubun	0	2	0	2-5			
Bagley	0	3	0	2-4			
2024 Pine-to-Prairie Conference Offensive Statistics							
NAME	Team	AVG	2B	3B	HR	RBI	R
Cameron Spaeth	ABW	.545	0	0	0	8	12
Ames Fassino	ABW	.500	3	1	0	12	6
Austin McCraven	ABW	.500	1	2	1	15	11
Bryer Stem	FB	.467	5	0	0	2	5
Mitchell Mulry	FOSS	.438	1	0	0	5	4
Aiden Wolfe	FOSS	.423	2	0	0	3	4
Lance Kritzberger	ABW	.421	4	1	0	11	9
Ian Jacobson	NCE/UH	.421	-	-	-	6	8
Cannon Anderson	ABW	.417	1	0	0	9	6
Brennen Fetting	ABW	.412	1	0	0	4	16
Cameron Bergman	WEM	.400	1	1	0	3	8
Treyton Broden	BGLY	.389	0	0	0	2	2
Will Christen	FOSS	.381	2	0	0	3	4
Hudson Boushee	FOSS	.381	3	1	0	7	6
Nolan Gunner	BGLY	.368	1	0	0	7	3
Wyatt Larson	ABW	.357	1	0	0	5	9
Hayden Hood	BGLY	.353	0	0	0	2	3
Ian Phrakonkham	BGLY	.350	2	0	0	1	5
Aiden Flaten	NCE/UH	.350	-	-	-	6	8
Jameson Donner	MW	.333	0	1	0	2	4
Easton Bevins	MW	.333	0	0	0	0	2
Jayden Haugen	WEM	.333	0	0	0	1	5
Wyatt Davis	WEM	.316	4	0	1	8	3
Mason Erickson	BGLY	.313	2	1	0	1	6
Caleb Sather	FB	.300	1	0	0	1	1
2024 Pine-to-Prairie Conference Pitching Statistics							
NAME	Team	Wins	Losses	IP	K	ERA	Save
Baron Odden	ABW	2	0	18	24	0.39	0
Kolby Hemmah	FB	2	0	15.1	14	0.46	0
Braylon Hamre	WEM	2	1	18	33	0.78	0

2024 Northwest Diamond Conference Standings 5/1							
TEAM	Win	Loss	Points	Overall			
Sacred Heart	5	0	10	8-2			
Red Lake County	4	1	8	4-3			
Northern Freeze	4	3	7	4-4			
Fosston	3	2	6	5-3			
Ada-Borup-West	3	1	6	6-2			
Win-E-Mac	2	2	4	4-2			
Fertile-Beltrami	1	4	2	2-4			
BGMR	1	4	2	1-4			
West Marshall	2	2	2	2-2			
NCE/UH	0	4	0	1-7			
Kittson County Central	0	3	0	0-3			
2024 Northwest Diamond Conference Offensive Statistics							
NAME	Team	AVG	2B	3B	HR	RBI	R
Cameron Spaeth	ABW	.545	0	0	0	8	12
Ames Fassino	ABW	.500	3	1	0	12	6
Austin McCraven	ABW	.500	1	2	1	15	11
Bryer Stem	FB	.467	5	0	0	2	5
Brock Seeger	RLC	.455	2	0	0	8	6
Parker Erickson	SH	.440	2	0	0	10	7
Mitchell Mulry	FOSS	.438	1	0	0	5	4
Aiden Wolfe	FOSS	.423	2	0	0	3	4
Lance Kritzberger	ABW	.421	4	1	0	11	9
Ian Jacobson	NCE/UH	.421	-	-	-	6	8
Cannon Anderson	ABW	.417	1	0	0	9	6
Brennen Fetting	ABW	.412	1	0	0	4	16
Will Gieseke	RLC	.409	0	0	0	5	8
Cameron Bergman	WEM	.400	1	1	0	3	8
Will Christen	FOSS	.381	2	0	0	3	4
Hudson Boushee	FOSS	.381	3	1	0	7	6
Wyatt Larson	ABW	.357	1	0	0	5	9
Aiden Flaten	NCE/UH	.350	-	-	-	6	8
Elliot Arntson	SH	.333	2	0	0	8	10
Mike Gapp	SH	.333	0	0	0	6	8
Jayden Haugen	WEM	.333	0	0	0	1	5
Wyatt Davis	WEM	.316	4	0	1	8	3
Caleb Sather	FB	.300	1	0	0	1	1
Ben Wharam	SH	.300	2	0	0	9	7
2024 Northwest Diamond Conference Pitching Statistics							
NAME	Team	Win	Loss	IP	K	ERA	Save
Colin Taggart	RLC	3	0	11.1	15	0.00	0
Josiah Sundby	SH	3	0	19.1	24	0.36	1
Baron Odden	ABW	2	0	18	24	0.39	0
Kolby Hemmah	FB	2	0	15.1	14	0.46	0