



Tri County Canary

A supplement of the:
• Leader-Record • McIntosh Times • Grygla Eagle
• Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)



MFU members Ted Winter, Sen. Mark Johnson, Steve and Donna Linder from Oklee during MFU's Lobby Day on February 15.

Minnesota Farmers Union members gather for lobby day in St. Paul

ST. PAUL – Nearly 60 Minnesota Farmers Union (MFU) members traveled to St. Paul on Tuesday for MFU's Lobby Day.

Members visited with legislators and heard from several speakers, including Transportation Commissioner Nancy Daubenberger, Revenue Commissioner Paul Marquart, State Auditor Julie Blaha and Deputy Agriculture Commissioner Andrea Vaubel. Legislators who addressed the group included Majority Leader Kari Dziedzic and House Speaker

Melissa Hortman.

Expanding access to MinnesotaCare through a public option, allowing farmers and independent repair technicians to repair farm equipment, establishing a grain indemnity fund and continued support for biofuels and local meat and poultry processing expansion were among the top issues discussed during the nearly 40 scheduled meetings.

"Thank you to everyone who braved the icy roads and traveled to St. Paul for our first in-person Lobby Day in several

years," said MFU President Gary Wertish. "It is meaningful to connect with your legislator and share your concerns. I attended several meetings and enjoyed the great dialogue."

"Thank you, too, to the legislators and commissioners who visited with MFU members," said MFU Vice President Anne Schwagerl. "You are pulled in many different directions, and we appreciate the time you took to have important conversations with MFU members."

MFU members Ted Winter, Sen. Mark Johnson, Steve and

Donna Linder from Oklee, visited with Sen. during MFU's Lobby Day on Feb. 15.

About Minnesota Farmers Union

Minnesota Farmers Union works to protect and enhance the economic interests and quality of life of family farmers and ranchers and rural communities. MFU is a nonprofit membership-based organization. Membership is open to everyone. Learn more and join at www.mfu.org, and follow MFU on Facebook, Twitter and Instagram

Democracy on display in townships Tuesday, March 14

Minnesota's 1,777 townships will hold their annual meeting on Tuesday, March 14, 2023. Known as Township Day, these annual meetings are held every year on the second Tuesday in March and sets townships apart from other forms of local government. At this meeting, residents of the townships will meet to voice their opinions about local issues with other township residents and also vote directly on their annual tax levy -- direct democracy in action. Citizens attending annual meetings also often discuss and vote on other local issues.

In addition, many of the state's townships will hold their township officer elections on Tuesday's Township Day.

"Township Day 2023 will put grassroots democracy on display. We encourage all residents to show up, express themselves, and weigh in on topics like their tax levy and local elections," said Minnesota Association of Townships Executive Director Jeff Krueger.

"If you live in a township, please participate in your township's annual meeting on Tuesday, March 14. You can find the location and time by checking the published notice in the local newspaper, township website, or by contacting the township clerk," continued Krueger.

"Townships today include over 900,000 Minnesota residents, and we represent an

extraordinary form of local government. Township Day annual meetings are your chance to participate in grassroots government," concluded Krueger.

Information Minnesota's townships: There are approximately 918,256 township residents in 1,777 townships in Minnesota. Townships exist in every area of the state, including the metropolitan area. Some, with populations of more than 1,000, function in much the same way as a small city. While many townships remain rural agricultural centers, other host a variety of residential, light commercial, and industrial development.

The tradition of Township Day: The tradition of a town meeting has roots in colonial America. New England town meetings gave citizens a way to exercise local authority. Those meetings were especially important in the development of democracy because it emphasized problem-solving through group efforts.

Background on townships: Townships were the original form of local government in Minnesota, established in the 1800s when Congress ordered a survey that divided the Minnesota territory into 36 square mile tracts of land. Today, the term "township" generally refers to public corporations governed by a local board of supervisors and created to provide services to residents.

Farm Production and Conservation Farm Service Agency has options

Farmers Can Now Make 2023 Crop Year Elections, Enroll in Agriculture Risk Coverage and Price Loss Coverage Programs

Agricultural producers can now change election and enroll in the Agriculture Risk Coverage (ARC) and Price Loss Coverage programs for the 2023 crop year, two key safety net programs offered by the U.S. Department of Agriculture (USDA). Signup has already begun and producers have until March 15, 2023, to enroll in these two programs. Additionally, USDA's Farm Service Agency (FSA) has issued payments totaling more than \$255 million to producers with 2021 crops that have triggered payments through ARC or PLC.

2023 Elections and Enrollment

Producers can elect coverage and enroll in ARC-County (ARC-CO) or PLC, which pro-

vide crop-by-crop protection, or ARC-Individual (ARC-IC), which protects the entire farm. Although election changes for 2023 are optional, producers must enroll through a signed contract each year. Also, if a producer has a multi-year contract on the farm and makes an election change for 2023, they must sign a new contract. Farm owners cannot enroll in either program unless they have a share interest in the farm.

Covered commodities include barley, canola, corn, grain sorghum, oats, dry peas, soybeans, sunflower seed and wheat.

Web-Based Decision Tools

In partnership with USDA, the University of Illinois and Texas A&M University offer web-based decision tools to assist producers in making informed, educated decisions using crop data specific to their

respective farming operations. Tools include:

Gardner-farmdoc Payment Calculator, a tool available through the University of Illinois allows producers to estimate payments for farms and counties for ARC-CO and PLC.

ARC and PLC Decision Tool, a tool available through Texas A&M that allows producers to obtain basic information regarding the decision and factors that should be taken into consideration such as future commodity prices and historic yields to estimate payments for 2022.

Crop Insurance Considerations

ARC and PLC are part of a broader safety net provided by USDA, which also includes crop insurance and marketing assistance loans. Producers are reminded that ARC and PLC elections and enrollments can impact eligibility for some crop

insurance products.

Producers on farms with a PLC election have the option of purchasing Supplemental Coverage Option (SCO) through their Approved Insurance Provider; however, producers on farms where ARC is the election are ineligible for SCO on their planted acres for that crop on that farm. Unlike SCO, the Enhanced Coverage Option (ECO) is unaffected by an ARC election. Producers may add ECO regardless of the farm program election. Upland cotton farmers who choose to enroll seed cotton base acres in ARC or PLC are ineligible for the stacked income protection plan (STAX) on their planted cotton acres for that farm.

For more information on ARC and PLC, visit the ARC and PLC webpage or contact your local USDA Service Center.



Red Lake Chairman Darrell G. Seki, Sr.

State of the Band Message at Red Lake Friday, March 10

Photos & Story by Michael Meuers

Band members, and all friends and allies of Red Lake Nation are cordially invited to attend the annual Red Lake Nation State of the Band Address on Friday, March 10, 2023, at 10:00 am at Oshkimaajitahdah Event Center, Redby. In this annual report to the people, Red Lake Chairman Darrell G. Seki, Sr., will recap the Tribal Council's 2022 agenda, and present future goals, aspirations, and plans for 2023.

Please join us for a dinner after the address. Menu: RL Walleye and/or Steak, potato,

wild rice, corn, dinner roll, beverage

Everyone Welcome!

Agenda

- Flag song
- Honor Guard and Red Lake Nation Royalty
- Welcome and State of the Band Address
- Dinner will be served at no cost (as is the custom among America's Indigenous Peoples) following the State of the Band Address

Visit Program Informational Booths & Drawings from 8:30 – 10:30 am.

For more information contact Barb or Lilah 218-679-3341 or contact me.

What drives Minnesota's high housing and childcare costs?

By John Phelan

In housing and childcare, we face higher costs in Minnesota than in many other parts of the United States.

In 2019, the average Minnesota family paid over \$16,000 to keep their kid at a daycare center for the whole year, the sixth highest annual cost for center-based infant care in the United States. For 4-year-olds, the average family paid over \$12,000, the seventh highest.

In 2017, it was reported that "Outside coastal states like New York and California, the Twin Cities was No. 1 in housing costs among the nation's 20 largest metro areas, according to 2014 U.S. Census data. And they have remained at or near the top of other cost-compari-



son surveys since then. Statewide, Twin Citians pay an average of 26 percent more than neighboring states. That price gap explodes when compared with southern states like Texas." A 2019 report found that

an average home in Lake Elmo would cost \$47,000 less in Hudson, Wis., and a new home in the Twin Cities costs as much as \$82,000 more than a similar home built by the same builder in southwestern Chicago suburbs.

The causes of these relatively high costs are largely the same: excessive taxes, fees, and regulations imposed by state and local government which make it effectively illegal to supply them at an affordable price in Minnesota.

In childcare, for example, the requirement that teachers have a high school diploma raises the cost of center-based care by over \$1,300 for infants and by over \$1,900 for 4-year-olds, these costs tripling when

teachers are required to have a bachelor's degree or more. Reducing the number of infants allowed per caregiver by one — making the ratio stricter — raises the cost of infant center-based care by \$2,800 and reducing the number of 4-year-olds allowed per caregiver by one raises the cost of center-based care by about \$450.

In housing, for example, Minnesota's requirement for a passive radon mitigation system to be installed in new homes adds \$1,500 to the cost of foundation excavation and reparation relative to Wisconsin and its requirement for sealing of air ducts and its balanced ventilation requirement adds another \$2,060 to the cost of an HVAC system.

In each case, the first line of defense for these regulations is 'safety', but data do not show that childcare in South Dakota or housing in Wisconsin is saf-

er than in Minnesota.

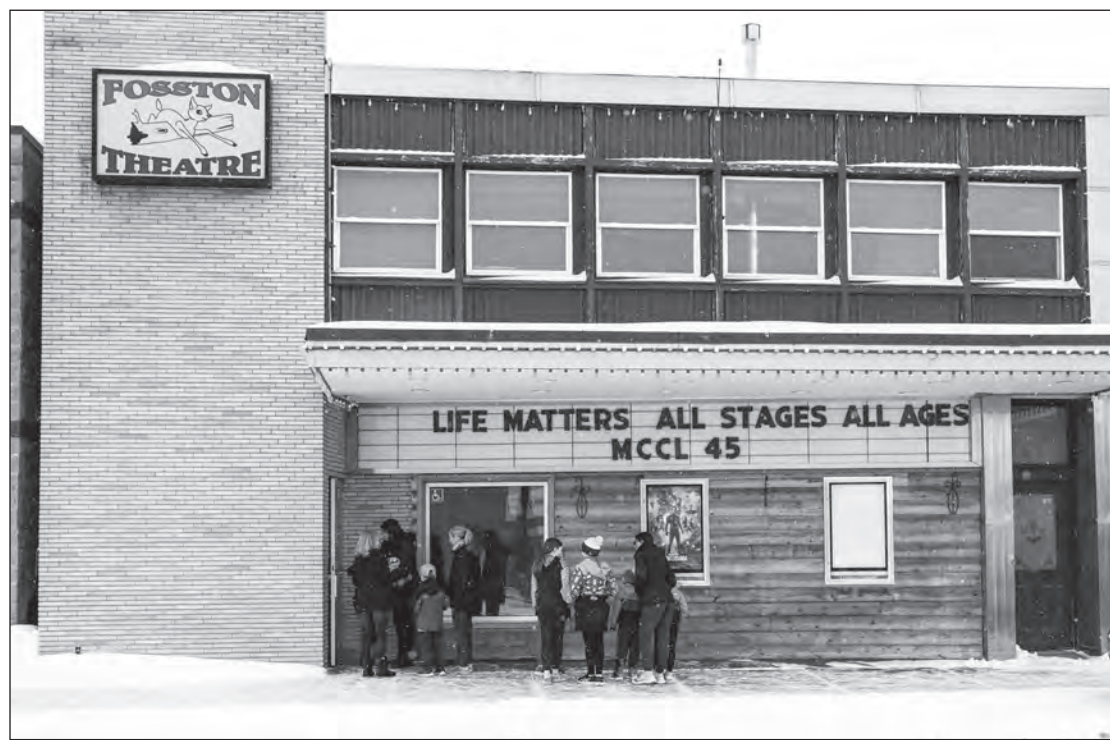
If we want to reduce these costs, we should reduce the excessive burden of taxes, fees, and regulations that keep them higher in our state than in others. But the measures proposed by Gov. Walz in his budget to deal with these problems show that he fundamentally fails to understand their causes. As a result, he offers solutions that will solve nothing.

Gov. Walz proposes to reduce childcare costs by expanding tax credits so that families making under \$200,000 with one child could receive up to \$4,000 a year for childcare costs, families with two children could receive up to \$8,000, and families with three children could see up to \$10,500. In housing, he proposes spending more than \$950 million on downpayment assistance, homelessness prevention, and preservation of

affordable housing, and setting aside \$10 million over the next two years for rent vouchers.

In neither case does Gov. Walz propose to actually bring costs down, he simply intends to pass them on to the taxpayer. These are demand-side measures to fix a supply-side problem. Even worse, by pumping money into markets where supply is constricted, we can expect to see those costs increase which will, no doubt, lead to the demand for the various credits and subsidies being expanded even further.

The prices are not the problem, they are a symptom of the real problem which is that government effectively makes it illegal to supply housing or childcare at affordable prices in Minnesota. We need to cure the underlying illness, not just treat the symptom.



Life Matters Movie Event

The first Life Matters Movie Event, sponsored by MCCL #45, was hosted at the Fosston Theater on President's Day. Afternoon slots: 1pm and 4pm ran the classic "Horton Hears a Who," the story of an elephant who hears voices on a speck when no one else does. He spends the duration of the film learning about the "Who's" of "Whoville" while thwarting attempts to harm them because in his words, "A person's a person no matter how small." After the movie, MCCL 45 volunteers handed out 10 week old baby models wrapped in cozy

blankets. The 7pm evening movie was "Unplanned," a film based on the memoir of former Planned Parenthood director, Abby Johnson, who now advocates for life. Three winners of a drawing went home with a copy of the movie. Although the weather was blustery and snowfall heavy, overall attendance soared over 200, from babies in car seat carriers to grandparents. This event, orchestrated to appeal to multigenerational attendees, was free to the public and a wonderful success. Look for more sponsored MCCL #45 events,

coming to the local area, highlighting the value of all stages and ages of life.

-a.m.opdahl

Sons of Norway Meeting Thursday

The Sons of Norway, Granelund Lodge #240, will hold their monthly meeting on Thursday, March 9th, at 2:00 in the afternoon at the Embassy Center in Fosston. The program will begin at 3:00 and everyone is invited to an entertaining and informative presentation by Arna Rennan. Through pictures, folk songs and stories about Per Spelman, (the shoemaker and father of 19, who traded his only cow for a fiddle), participants in this program will learn not just about him but also about this time of immigration to America.

Arna Rennan comes from Duluth to share the Per Spelman story and other insights gathered through her extensive research and her experiences living and working in Norway. This program is made possible by the voters of Minnesota through a grant to the East Polk Heritage Center from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund. For questions, contact Wes Roland at 435-1230.

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Grossell charged with DWI after police say he drove at 0.15 BAC

ST. PAUL, Minn. -- A member of the Minnesota House of Representatives has been charged with driving while intoxicated.

The charges against Rep. Matt Grossell (R-Clearbrook) were filed on Friday. The charges show Grossell was pulled over in Clearwater County around 2:30 a.m. Saturday, Feb. 11. He was driving a Chevrolet truck.

Police reported that his blood alcohol level was at 0.15, which is about twice the legal limit for driving in Minnesota.

Grossell faces three misdemeanor counts of DWI in connection with the incident.

This is not the first time Grossell has been charged with a crime. In 2019, he was charged with trespassing and disorderly conduct after, investigators said, refusing to leave a St. Paul hospital where he was taken after allegedly causing a ruckus at a hotel bar. The initial statement said that when officers checked on Grossell after he was escorted to his room at the hotel, they found he could not answer basic questions and could not care for himself.

Grossell, who is a retired Clearwater County sheriff's deputy, was subsequently removed from the Public Safety and Judiciary Committees as a result of that incident.

House Speaker Melissa Hortman said, at the time, she decided to remove him from his position on the committees due to comments made during the incident in which the police report states Grossell said "it will be hell to pay" for the arrest. Hortman stated the comments were a "threat to law enforcement" and "an abuse of office."

Grossell issued a statement after that apologizing for the incident, and accusing Hortman of attempting to "remove law enforcement voices from the Public Safety Committee."

AD DEADLINE FRIDAYS NOON

Attention area artists

Bemidji, Minn. -- Bemidji State University's A.C. Clark Library is accepting art submissions for its "Books Unbound2!" book art exhibit now until March 6.

Artists within a sixty-mile radius of Bemidji are encouraged to submit art inspired by literature, including book characters, stories, themes or upcycled book materials.

The A.C. Clark Library will accept submissions until March 6 at 5 pm. Accepted artists will be notified by March 15.

There is no cost to participate and all community members, including high school students and BSU faculty and staff are welcome to participate. Submissions must include a .jpg image no larger than 24"x 24" with a statement about the artwork and an estimated retail price. Entries will be judged on craftsmanship and incorporation of literary elements. There is a limit of 2 entries per artist.

Featured artists will have their works displayed at BSU's A.C. Clark Library from March 27 - Apr. 21.

DINING & entertainment

BINGO

Starting at 59's Progressive
Blackout 6pm,
Saturday, March 4th, 2023

WING NIGHT WEDNESDAY

Fri. & Sat., March 3 & 4, 2023 - Meatballs

SHORTY'S PLACE, 268-4199

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March 12th, 2023
Details next week!

Kitchen Hours 8am-9pm Mon.-Sat. & 11am-9pm Sun.

Find us on facebook.

UNDER CAROL'S COZY

Call in OR Check Facebook for specials!

Retirement Party for Scot Thompson
Friday, March 17th
St. Patrick's Day
Music by John Winslow from 8:00 to 12:00 p.m.

COMING SOON
Cathy Erickson Band on March 19, 2023

King Town Farmers Mutual Insurance Company

Annual Meeting Notice

Wednesday, March 8, 2023 at 11:00 a.m. - Community Center - McIntosh, MN

The purpose of the meeting is:

1. Present the annual report
2. Elect members to the Board of Directors
3. Transact other business that may come before the meeting

A short program on fire prevention will be presented. There will be drawings for cash and prizes.

LUNCH WILL BE SERVED FOLLOWING THE MEETING!

Sarah Roed, Secretary/Treasurer

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The Crop Insurance Sales Deadline is March 15.

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Wyatt Vettleson

CLASSIFIED ADS

NOW HIRING

Richards Publishing has an Opening for a Full Time position in Gonvick. This position will be an all around job helping with various duties:

- Newspaper
- Commercial Printing
- Production
- Marketing & Sales

Contact Dick at 218-487-5225 if interested.



R48fnc

ANTICIPATED OPENING FOR ELEMENTARY SCHOOL TEACHER

Clearbrook-Gonvick School District has an anticipated open position for an Elementary School Teacher. This is a full-time position and would be available for the 2023-2024 school year.

Requirements: MN K-6 elementary teaching license is required. Individuals with alternative licenses and those who are interested in extra-curricular or coaching activities are encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
Or email the materials to:
mweems@clearbrook-gonvick.k12.mn.us

Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.



R50-2C

INDUSTRIAL TECHNOLOGY

The Clearbrook-Gonvick School District has an opening for an Industrial Technology Teacher. This position is a full time position and would be available for the 2023-2024 school year. Current course offerings in our Industrial Technology Department include welding, woodworking, building trades, and varying automotive courses.

Requirements: MN Teaching License in Industrial Arts is required for this position. Individuals with alternative licensure and those who are interested in extra-curricular or coaching activities are encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
Or email the materials to:
mweems@clearbrook-gonvick.k12.mn.us
Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.



R47-50C

MATHEMATICS TEACHER

Clearbrook-Gonvick School District has an open position for a Mathematics Teacher. This is a full-time position and would be available for the 2023-2024 school year. Courses currently include a variety of Math courses in the 7-12 grade levels.

Requirements: MN 7-12 Mathematics licensure required. Individuals with alternative licenses and those who are interested in extra-curricular or coaching activities are encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
Or email the materials to:
mweems@clearbrook-gonvick.k12.mn.us
Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.



R47-50C

ADMINISTRATIVE ASSISTANT

Samhold Lutheran Church is taking applications for an administrative assistant. Position includes record keeping, creating newsletters and bulletins, support for clergy, committees and individuals connected to the church. Hours are flexible with a maximum of 12 hours per week. Computer skills in Word and Power Point a plus, however training will be available. Candidate should be able to work independently to finish projects and prepare for meetings. Pay is \$15.00 per hour.

Contact Samhold Church: gonvickparish@gmail.com

R49-52C

Red Lake Falls LSS Meals seeks

Site Coordinator – Part Time, Monday Through Friday – Clerical and Kitchen support at Meals Site;

Also seeking Transport Driver – this individual would transport meals from Red Lake Falls to Oklee Monday-Friday.

Both positions paid time off, no evenings, no weekends.

Contact Rachel Brandt, Regional Manager at 218-521-0714 or Rachel.brandt@lssmn.org

O48-52C

LSS Meals Erskine Seeks

Part Time Cook (M, W, F) additional days for fill-in for time off coverage;

Site Coordinator (M-F) office and kitchen experience to support program organization and assist with Senior Meals

Both positions hourly wage, paid time off, no evenings, no weekends.

Contact Rachel Brandt, Regional Manager at 218-521-0714 or rachel.brandt@lssmn.org

O49-52C

Polk County Full-Time Employment Opportunities:

Assistant Facilities Director:

\$25.58 - \$33.41/hr. Closes March 8, 2023, at 4:30 p.m.

Public Safety Telecommunicator:

\$24.13 - \$31.52 /hr. Closes March 8, 2023, at 4:30 p.m.

Custodian I:

\$18.04 - \$23.56/hr. Closes March 8, 2023, at 4:30 p.m.

Clerk Typist Cashier III – WIC/Care Coordination Clerk (EGF) Public Health:

\$18.04 - \$23.56/hr. Closes March 8, 2023, at 4:30 p.m.

Clerk Typist Cashier III (Receptionist) – (Crookston) Public Health:

\$18.04 - \$23.56/hr. Closes March 8, 2023, at 4:30 p.m.

Mechanical Maintenance Technician I/Fosston:

\$22.77 - \$29.73/hr. Position Is Open Until Filled

Assistant County Attorney:

\$37.74 - \$53.24/hr. Position Is Open Until Filled

Sort Line Operator I or II/Fosston:

\$17.18 - \$23.56/hr. Position Is Open Until Filled

Polk County offers a highly competitive benefits package including but not limited to affordable family healthcare plans and PERA retirement.

For an application, full job description and general job opening information go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

R48fnc



Riviana Foods, Inc.
Clearbrook, MN 56634

Hiring for:

• Shipping and Receiving Coordinator

Starting at \$20 an hour probationary

• Manufacturing Laborer

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R48-51C

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RUMMAGE SALE: Embassy basement 3rd/Eaton, Fosston. Friday. March 3rd, (some items are .50 Saturday, March 4th (\$5 bag day, bags supplied) 9a.m. to noon both days. R50C

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O45-51C

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R10C

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R31fnc

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R51fnc

DEADLINE NOON FRIDAYS

FARMLAND FOR SALE ON BIDS Rollis Township Marshall County, Minnesota

Legal Description: Gov't Lots 3&4 Section 01, Township 157N, Range 40W. The Ruud Property.

Parcel Identification Number: 35-0003-000; This parcel contains approximately 81.56 acres.

BID PROCEDURE: Sealed Written Bids will be received by Rokke, Aandal & Associates, PLLC, Law Office, P.O. Box 159, Warren, MN 56762, until 5:00 p.m. on March 13, 2023. Bids should be for the total dollar amount, and not per acre. Those submitting qualifying bids will be invited to participate in a final oral bidding to be held at Rokke, Aandal & Associates, PLLC in Warren, Minnesota.

TERMS OF SALE AND CLOSING: Earnest money of 10% will be required by the successful bidder upon placing the highest bid at the oral bidding, with the balance due within 60 days. Seller will provide a continued abstract evidencing marketable title. Seller will convey the property by Warranty Deed at closing. Seller reserves the right to reject any and all bids.

R47-50C

FARMLAND FOR SALE ON BIDS Rollis Township Marshall County, Minnesota

Legal Description: N½S½ & SW¼NE¼ Section 13, Township 157N, Range 40W. The Ruud Property. (Subject to lease on house through May 2023).

Parcel Identification Number: 35-0067-000; This parcel contains approximately 200 acres.

BID PROCEDURE: Sealed Written Bids will be received by Rokke, Aandal & Associates, PLLC, Law Office, P.O. Box 159, Warren, MN 56762, until 5:00 p.m. on March 13, 2023. Bids should be for the total dollar amount, and not per acre. Those submitting qualifying bids will be invited to participate in a final oral bidding to be held at Rokke, Aandal & Associates, PLLC in Warren, Minnesota.

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R47-50C

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Questions? Call us at 218-487-5225

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R50-51C

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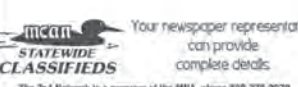
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Ice Fishing and Minneapolis Molines

By Auctioneer Eric W. Mickelson



At least once per year we make a trip to Lake of the Woods for a day or two of ice fishing. Last weekend was the time. Earlier we made a trip near Park Rapids with our sons Nick and Heath's families.. This past weekend we went with our son Marshall and his wife Rochelle. We had heard the fishing wasn't great but it is time with family that matters most! Luckily we did catch a few and had a great weekend.

But the rest of the story for me is to get to the resort we go to we have to turn off the main road and there is a little woods and next to it.....an old Minneapolis Moline Combine. So not only time with family, a little fishing, and some antique machinery!! I am always there in the winter but, sometime I will have to go up in the summer and see who owns that combine... maybe it is for sale?

Talk of Minneapolis Molines reminded that this last weekend was also the Minneapolis Moline Collectors Club held its winter convention in Davenport, Iowa. One day I am going to make it to one of the Minneapolis Moline Conventions. One of the fun events during the show was several tours. A few collectors in the area opened up their collections so those attend-

ing the convention may have the opportunity to check out some great collections.

I was able to see a couple fun Minneapolis Moline tractors last fall when my wife and I attended the Mecum Fall Premiere Auction in East Moline, IL. One was a model R cab. The R cab is a rare machine and is quite a collectors item. The other was the classic UDLX. Also at Rollag a few years ago there was a nice tandem tractor hook up with a model G and a model GB. The Minneapolis Moline "Double Header" at Rollag was designed by Alvin Dotzernrod, Wyndmere, ND. Man, I wish I could have seen that tractor pull back in the 1950's.

The first tractor I ever bought was a Minneapolis Moline, so seeing that combine along the road has rekindled my love of the yellow and red machines!! Those old tractors.....I love them all!!

How about a little tractor trivia!

The H Farmall and R Minneapolis Moline both began production in 1939. The H ceased production in 1953. What year did the MM company cease the production of the R?

- A) 1950 B) 1952 C) 1954 D) 1956
2. Was the R MM tractor ever manufactured with a factory cab?
3. The H Farmall was tested with about 26 belt hp. About how many hp does the R MM tractor have on the belt?
A) 22hp B) 25hp C) 27hp D) 30hp
4. The Model U MM tractor had a _____ cylinder engine.
A) 3 B) 4 C) 6 D) 8
5. What is the official name of the "yellow paint" color used on MM tractors?

Answers: 1. C.1954 2. Yes, they are very collectible today. 3. C. 27.09 hp to be exact. 4. B. 4 cyl 5. Prairie Gold



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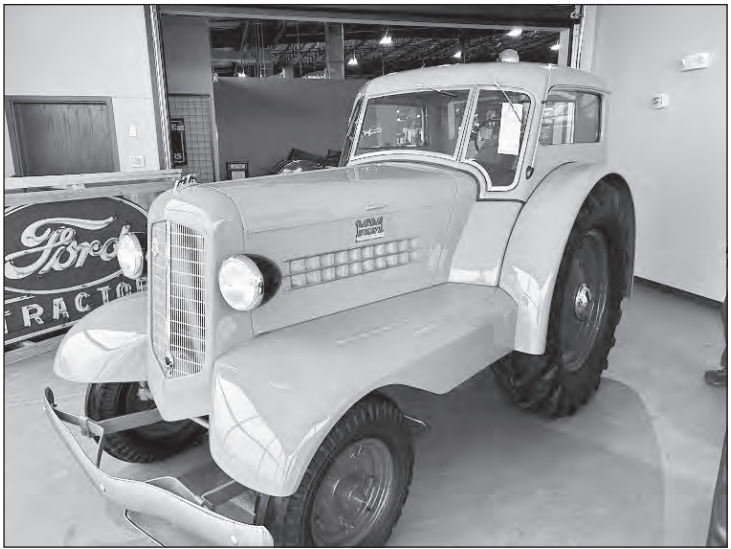
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UDLX at the Mecum auction.



R Cab also at the Mecum Fall Premiere Auction in November.

SPRING BREAK WORD SEARCH

S T K L U F O H B W H U W C N O O Y T A
S D G U E W E Y D B F M H N D O D U C E
Y U N H S V T L R I L O O E H R G I N M D
S V S E T W A R M V B A C C Y G E S N Y
E E V B I U B R G A T B A E U P G T Y C
M T M O W R O A T C F S E G A R E V E B
E A G A F T F S F A Y W M I C N L L G G
S R I T S C V P S T S U U R R L L D S R
T B R F I P G S W I A M O I W H O A E H
E E G W R U R C F O H W D I M Y C F S L
R L C I F E S I H N D L C E B B R S S R
B E D G B F F V M N S Y O P K E E S S S D
N C E S C A P E I G N W U A S L U H M B
M L M C D O V H L W M O C H T O N A C M
Y C C D R R R K D R S H M K R W S O U F
L T D K M G T T A E Y E W F A O H S O T
L T S E T N O C B E N C W N F O I S W D
T I S Y T R A P T T R G S K F C N R U S
I U U L P W P S S G L B U B I A E O S T
Y D U D M R T N U V B F H M C C K N T T

SPRING BREAK WORD SEARCH

Answers on page 6

- BEACH
BEVERAGES
BREAK
CELEBRATE
COLLEGE
CONTEST
- CROWDS
ESCAPE
FRIENDS
MUSIC
NOISY
OCEAN
- PARTY
REFRESHMENTS
REVELRY
SEMESTER
SOUTH
SPRING
- SUNSHINE
SWIMSUIT
TRAFFIC
TRAVEL
VACATION
WARM



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I have not been able to find the statute on it.

Answer: Thank you for the question. Minnesota law states that "tail lamps shall be plainly visible from a distance of 100 feet to the rear during normal sunlight and at night." The same goes for turn signals. Smoking, tinting, covering or placing any material over tail lights, brake lights or turn signals would be illegal and unsafe as they would not be plainly visible.

I recommend getting into the habit of checking and keeping your rear lights clear of any snow, mud, dirt, dust or anything that can obstruct your lights.

A portion of state statutes



many idols to idolize along the way cause it's the highway and byways of life that tantalize like golden calves and I'm free to worship whatever and whom-ever I choose cause I can.

2. I dare not say...Tis okay to say His name at any time and in any way I want cause I can.

3. I dare not say...I shall do what I want when I want and on any day I want...cause I need no rest as the rules are mine and I'll honor myself and do what I want cause I can.

4. I dare not say...I need not obey anyone much less my mother and father cause I'll do what I want. Rules don't protect cause it's not what I want nor when I want it. Someone is going to say "no" to me? I don't think so as it's not what I want you know and I know I can.

5. I dare not say...I can take this life, or that one, or my own cause that's what's best for me...oh yes I can.

6. I dare not say...I can cause I'm an adult...and it sickens yet I partake cause it feels as though it elevates for a moment or two or three...so let me be... cause I'll do what I want cause I can.

7. I dare not say...I can take what is yours cause what's yours is mine and how dare

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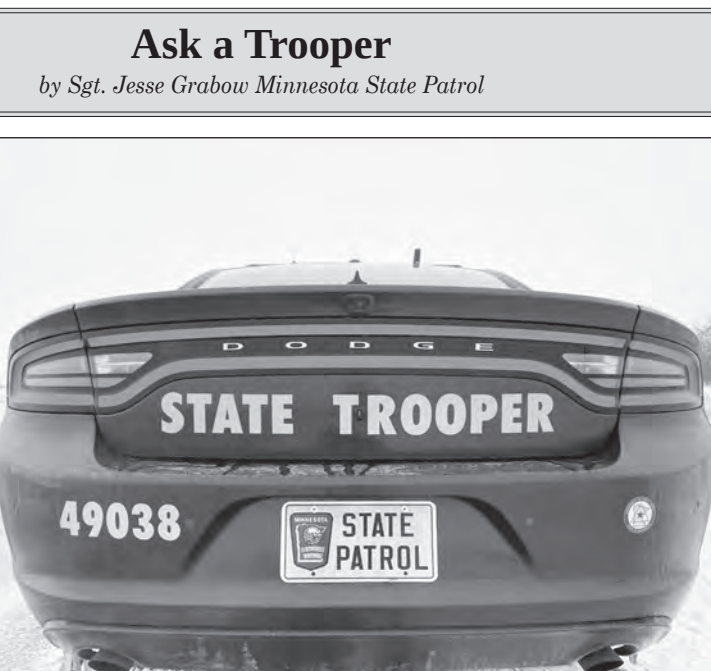
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Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol



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Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

Theology in the Trenches

By Kathleen Kjolhaug

I Pray I Dare Not Say

you have more and I will take... shame on you for having more than me. And never mind you give away your second tunic! I need that tunic and why give to someone else when I can take it...cause I can.

8. I dare not say...I will repeat what I thought you said. What? That's not what you said? But that is what I heard you say. Therefore, it's what you must have meant. Defend yourself? No, let me bully and name call first. Let me beat down upon you. That way, I will have a network cursing the very ground you walk upon cause after all...that's what I thought you said so therefore, it must be what you meant. And I say so cause I can.

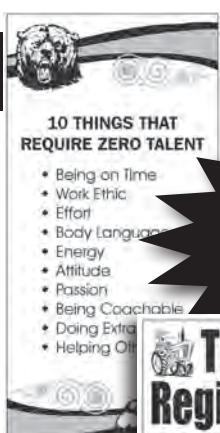
9. I dare not say...It's no big deal you are married to another and who does it hurt? After all, we are consenting adults. I'll do what I want and as long as I get what I want...that's all that matters. Never mind I betray myself. Never mind I betray the foundation of trust. I got what I want and it hurts no one else cause that's how I see it cause I can

10. I dare not say...Your stuff is bugging me as it looks like you have a lot and since I don't like you having so much stuff...I don't like you either. After all, it's about me cause that's how I see it cause I can.

So how are we doing on the modern day version of justification—justifying that which we do or don't do? Did you get 80% right this week? Maybe about 50% ? Doing pretty good in the what not to do areas? Not bad until we sneak a peek at James 2:10. "Whoever stumbles in one area is guilty of breaking them all."

So what's the use? Why even try? I think that's the point. We can't do it. Only He can .and therein lies our hope. 1 John 1:9 says, "If we confess our sins, He is faithful and just to forgive us from ALL our sins and to cleanse us from ALL unrighteousness." In other words, we allow Him to carry and transform all areas in which we fall short. The reminder that "the freedom to live is Christ, and to die is gain" (Phil. 1:21) is a good place to end. Freedom comes when we die to self with a daily dose of turning over that which is His to Him. It's always about Him.

So when we stumble
And when we fall
And when we confess—
It will be about Thee
And not me
Cause You can.
Amen.



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Harold Watnemo of Fosston spends two days a week at the Clear Waters Life Center in Gonvick at 226 Elm St. He comes Monday and Wednesday to do refinishing of furniture that is donated to the center. He gets the items back in like new condition to be sold or for people who want work done.

Klobuchar Statement on the Anniversary of Russia's Invasion of Ukraine

WASHINGTON - U.S. Senator Amy Klobuchar (D-MN) released the statement below on the one year anniversary of Russia's invasion of Ukraine.

"Today marks 365 days since Russia's brutal, unprovoked invasion of Ukraine. Over the past year, in bright blue and yellow, Ukraine has shown the world what it truly means to fight for democracy. Ukraine's resolve in the face of the inhuman barbarism of

Vladimir Putin has inspired us all.

Last year, I went to Ukraine and Ukraine's border several times. In January, I was part of the last Congressional delegation to Ukraine before the war began, meeting with President Volodymyr Zelenskyy and senior leaders. In March, shortly after Russia's brutal invasion, I went to Eastern Poland with a bipartisan group of my colleagues and gave meals

to Ukrainian refugees streaming across the border. And in August I returned to Kyiv with former Senator Rob Portman and again met with President Zelenskyy. Each time, I saw firsthand the incredible strength of the Ukrainian people who are putting their lives on the line every single day for their democracy.

I think back to that moment in February hours after the invasion began when President

Zelenskyy stood in the streets of Kyiv and said, "we are here." One year later, his statement still holds true. Against all odds and with tremendous fortitude, the Ukrainian people have defended their country against one of the largest armies in the world. While there are certainly dark days ahead, I remain optimistic that the Ukrainian people will prevail. We will continue to stand with Ukraine."

Senate Minority Leader Mark Johnson statement on budget forecast and surplus

ST. PAUL, MN – Senate Minority Leader Mark Johnson released the following statement on the budget forecast showing the surplus holding steady at \$17.5 billion, with inflation accounting for \$1.4 billion going back into state spending automatically.

"For six years, Republicans fostered smart policies that funded schools, helped families,

reduced state taxes, and invested in our state. Because of these Republican policies, Minnesota is on great financial footing and has a record-breaking surplus. Without inflation, we would be looking at nearly \$19 billion in surplus – this is Minnesotans' money.

"However, with single-party control, Democrats' priorities focus only on spending the sur-

plus on more government and divisive social policies. It is clear Democrats are not thinking about everyday Minnesotans and the struggles we face in managing our daily budgets in the face of intense inflation. Minnesota families, businesses, and communities deserve better. Let's get this money back where it belongs."

DNR invites conversation about wildlife, habitat and hunting

The Minnesota Department of Natural Resources invites the public to talk about deer and other wildlife, hunting and habitat topics with wildlife managers throughout the state on Thursday, March 2. Wildlife managers will be available in local area offices or by phone from 10 a.m. to 6 p.m. that day.

People who would like to participate should visit the DNR's talk about wildlife page (mndnr.gov/wildlife/talk-about-wildlife.html) to find the list of area offices and telephone numbers for their area wildlife manager. Area managers always welcome calls from the public, so people who can't call during the dedicated time are encouraged to do so at their convenience. Individuals unable to call or stop by their area office on March 2 may also share their thoughts through an online questionnaire available March 2 on the DNR's talk about wildlife

page (mndnr.gov/wildlife/talk-about-wildlife.html). Written comments may be submitted to Barb Keller, Fish and Wildlife Division, Minnesota Department of Natural Resources, 500 Lafayette Road, St. Paul, MN 55155.

Individuals are welcome to talk with DNR staff about deer, other wildlife, hunting and habitat, discuss specific topics that the DNR's deer advisory committee should be aware of, or provide thoughts and feedback about deer population management.

Contact: Blane Klemek, DNR northwest region wildlife manager, 218-308-2674; Lindsey Shartell, northeast region wildlife manager, 218-328-8870; Gretchen Miller, 507-206-2841, central region wildlife manager, 651-259-5768; and David Trauba, southern region wildlife manager, 507-233-1229.

Lifelong Learning begins March 7th

Bemidji Adventures in Lifelong Learning begins Tuesday, March 7 with Kevin Gish speaking on the new Minnesota State Veteran's Home in Bemidji. Gish has just been hired to serve as Administrator and is hard at work planning an opening event, hiring staff, and selecting veteran's to live in this 52 unit campus to be located on Anne Street NW. He will begin his presentation at 10 am at the Bemidji Eagles, 1271 Nielsen Street SE, Bemidji. All are welcome to all eight Spring, 2023 presentations. Full schedule can be had at facebook: Bemidji Adventuresinlifelonglearning. Refreshments are provided by 9:45 am. Please park east of the Eagles and use parking lot door.

Weather related events, call Al 218-751-7091 by 9 am

or check facebook. If Bemidji School district closed, ALL will not meet.

ALL: Adventures in Lifelong Learning is organized exclusively to provide opportunities for continued lifelong learning in the Bemidji area. It is intended that ALL programs will assist participants to improve their critical thinking skills and appreciate the diversity of human experience through presentation.

Tuesday Mornings March 7-April 25, 2023: 10:00 am -11:30 am at Bemidji Eagles 1270 Nielson Drive SE, Bemidji. Come Join Us! All are Welcome! Nancy, Carolyn, Betty, Al and Dave say, "We will have coffee and treats ready at 9:45 am for ALL of you."

Wireless Printing Option Available At Local Library LINK Sites

MOORHEAD, MINNESOTA - Lake Agassiz Regional Library (LARL) is introducing an option for those wishing to print documents wirelessly at their local library LINK Site. All of LARL's locations proudly offer the option to print and scan documents on-site and charge .10 for a one-sided black and white copy and .50 for a one-sided color copy.

"Wireless printing is a great option for people who don't have printers at home," said Liz Lynch, Executive Director of Lake Agassiz Regional Library. "We're seeing a lot of people wondering where to go to print worksheets and forms for their children, as well as job seekers needing to print out items for their job search and home cooks printing recipes. We're pleased to offer this service."

To get started using the wireless printing service, users are encouraged to visit their local library LINK Site and connect their device to the library's

public access wireless network.

The improved wireless printing option is one of several new services introduced by the library system, including wireless hotspots available for check-out and hoopla, a free-of-charge streaming service similar to Netflix.

Library LINK Sites are located in Cormorant, Frazee, Gonvick, Halstad, Hendrum, Lak Park, Rothsay, Twin Valley and Ulen. More information can be found at larl.org/locations.

About Lake Agassiz Regional Library:

Lake Agassiz Regional Library is a consolidated public library system comprising 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. For more information on this and other LARL events and services, contact the Lake Agassiz Regional Library office at 218-233-3757 or online at www.larl.org.

AD DEADLINE FRIDAYS AT NOON

Did you know?

The notion that light alcohol consumption can have a positive effect on cardiovascular health is well-known, though research suggests that notion is inaccurate. A 2022 study published in the journal JAMA Network Open reported that alcohol consumption of all amounts was associated with increased cardiovascular risk. However, the researchers noted that there were marked risk differences across levels of intake. The results of the study could prove a significant turning point in how even moderate alcohol consumption is viewed within the medical community, as the Centers for Disease Control and Prevention notes that studies dating back several decades have called for a closer examination of the perceived link between such consumption and cardiovascular disease. With evidence now suggesting moderate consumption does not lower risk for cardiovascular disease, healthcare professionals may advise patients to avoid alcohol altogether.

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(Backup Date Saturday, March 18, 2023)
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For more information: 120 CLASS - Mike Schmidt at 218-760-6040

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Garfield Lake Ice Races held February 26th

2/26/2023
By Dennis Peterson
It was a beautiful day for racing, ice racing, on Garfield Lake in Laporte, Minnesota on Sunday February 26th. A total of 33 cars were on hand for the two classes with 20 B class and 13 A class cars for the noon starting time. Two complete "sets" of races were held on the ice track with a great turnout of fans to watch on the west side of the track.

A class driver John Farrington took the spotlight with two feature wins and a heat win. Fritz Myers won two heats in the A Class with Chad Tabaka one heat win. In the B class Hunter Weeks and Cam Labelle were the feature winners. Sam Delaney won two heat races with Bob Pawlitschek and Jimmy Venem each taking one checkered flag. Consolation race winners were Cody Hoffman and CJ Roller.

The ice racing season is winding down with just one more points race coming up next Sunday March 5th. Racing starts at noon.

RESULTS
B Class Set 1
Feature 1. Hunter Weeks, 2. Jake Geschwill, 3. Cam Labelle, 4. Bob Pawlitschek, 5. Sam Delaney 6. Abe Forseman, 7. Cody Hoffman, 8. Jimmy Venem, 9. Tony Rohloff, 10. Nick Jessen, 11. Brent Nichalson, 12. Tyler Johnson DNF
Heat #1. 1. Sam Delaney, 2. Jimmy Venem, 3. Hunter Weeks, 4. Abe Forseman, 5. CJ Roller, 6. Brent Nichlason, 7. Kyle Davis, 8. Emily Hegg, 9. Joe Roggenkamp, 10. Caleb Howg

Heat #2. 1. Bob Pawlitschek, 2. Jake Geschwill, 3. Tyler Johnson, 4. Cam Labelle, 5. Tony Rohloff, 6. Rodney Rogers, 7. Cody Hoffman, 8. Faye Lewis, 9. Nick Jessen, 10. Mariah Lapatka

Consolation Race 1. Cody Hoffman, 2. Tony Rohloff, 3. Nick Jessen, 4. Brent Nichlason, 5. Faye Lewis, 6. Emily Hegg, 7. Kyle Davis, 8. CJ Roller, 9. Rodney Rogers, 10. Joe Roggenkamp, 11. Mariah Lapatka, 12. Caleb Howg

B Class Set 2
Feature 1. Cam Labelle, 2. Bob Pawlitschek, 3. Abe Forseman, 4. Jake Geschwill, 5. Tony Rohloff, 6. Nick Jessen, 7. Sam Delaney, 8. Faye Lewis, 9. Emily Hegg, 10. CJ Roller, 11. Jimmy Venem, 12. Hunter Weeks DQ
Heat #1 1. Sam Delaney, 2. Jake Geschwill, 3. Bob Pawlitschek, 4. Abe Forseman, 5. Tony Rohloff, 6. Kyle Davis, 7. Brent Nicklason, 8. Emily Hegg, 9. Joe Roggankamp, 10. Tyler Johnson

Heat #2 1. Jimmy Venem, 2. Cam Labelle, 3. Hunter Weeks, 4. Faye Lewis, 5. Nick Jessen, 6. CJ Roller, 7. Cody Hoffman, 8. Rodney Rogers, 9. Caleb Howg, 10. Mariah Lapatka

Consolation Race 1. CJ Roller, 2. Emily Hegg, 3. Nick Jessen, 4. Tony Rohloff 5. Tyler Johnson, 6. Cody Hoffman, 7. Kyle Davis, 8. Brent Nicklason, 9. Caleb Howg, 10. Rodney Rogers, 11. Joe Roggenkamp, 12. Mariah Lapatka

A Class Set 1
Feature 1. John Farrington, 2. Jared Miller, 3. Bonnie Farrington, 4. Fritz Myers, 5. Chad Tabaka, 6. Josh Seely, 7. Kalin Honer, 8. Dillon Lutgen, 9. Reid Watson, 10. Dan Riggs, 11. Nate Zanter, 12. Gordon Hunter, 13. Josh Bitker

Heat #1 1. Chad Tabaka, 2. Jared Miller, 3. Bonnie Farrington, 4. Dan Riggs, 5. Josh Bitker, 6. Gordon Hunter

Heat #2 1. Frtiz Myers, 2. John Farrington, 3. Nate Zanter, 4. Kalin Honer, 5. Dillon Lutgen, 6. Reid Watson 7. Josh Seely DQ
A Class Set 2
Feature 1. John Farrington, 2. Bonnie Farrington, 3. Fritz Myers, 4. Chad Tabaka, 5. Jared Miller, 6. Nate Zanter, 7. Josh Seely, 8. Kalin Honer, 9. Dillon Lutgen, 10. Josh Bitker, 11. Dan Riggs, 12. Gordon Hunter, 13. Reid Watson

Heat #1 1. Fritz Myers, 2. Bonnie Farrington, 3. Jared Miller, 4. Josh Seely, 5. Gordon Hunter, 6. Josh Bitker

Heat #2 1. John Farrington, 2. Kalin Honer, 3. Chad Tabaka, 4. Nate Zanter, 5. Dillon Lutgen, 6. Dan Riggs, 7. Reid Watson



Starting the races with the flying of the colors with #81 Joe Roggenkamp, #38 Nate Zanter and #99 Sam Delaney.



John Farrington and crew picked up two feature wins on Sunday in the A class.



Jimmy Venem was a B class heat winner.



Bob Pawlitschek and crew with a B class heat win.



B class Hunter Weeks won his third feature of the season on Sunday.



A class driver Fritz Myers won two heat races.



B Class Cody Hoffman with a consolation race win.



CJ Roller won his first ever race on Sunday in the B class Consolation race.



B Class Sam Delaney won two heat races.



Cam Labelle won his first ever feature race on Sunday in the B class.

Word Search Answers for this week

S	T	K	L	U	F	O	H	B	W	H	U	W	C	N	O	O	Y	T	A
S	D	U	N	H	E	W	E	Y	D	B	F	U	H	E	C	N	D	G	E
Y	V	S	E	I	S	V	T	L	I	L	O	B	A	C	E	Y	U	N	C
S	E	V	B	I	U	B	R	G	A	F	W	M	E	A	G	E	G	E	B
M	E	T	M	O	W	R	O	A	T	C	F	S	W	M	I	R	L	L	O
M	E	A	G	A	F	T	F	S	F	A	T	S	U	O	I	R	W	H	C
S	T	R	I	T	S	C	V	P	S	T	A	M	O	D	I	M	Y	B	R
T	E	R	L	C	I	F	E	S	I	H	N	D	W	L	C	E	E	B	E
B	N	E	D	G	B	F	V	E	M	N	S	O	P	K	E	S	E	L	O
N	C	E	S	C	A	P	E	I	N	G	M	O	C	H	T	O	N	A	C
M	L	M	C	D	R	O	V	H	L	W	S	H	M	K	F	A	O	H	S
Y	C	C	D	R	R	K	D	R	S	Y	E	W	F	A	O	I	S	S	O
L	T	D	K	M	G	T	T	A	E	N	C	G	S	K	I	A	C	N	O
L	T	S	E	T	N	O	C	B	E	N	R	G	S	K	I	A	C	N	O
T	I	S	Y	T	R	A	P	T	T	L	B	U	B	J	F	H	M	C	K
J	U	U	L	P	W	P	S	T	G	B	F	H	M	C	K	N	T	T	T
Y	D	U	D	M	R	T	N	U	V	B	F	H	M	C	K	N	T	T	T

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OBITUARIES

Obituary for Gary Paquin

Gary Paquin of Oklee, MN passed away on Saturday, February 18, 2023 at Pioneer Memorial Care Center at Erskine, MN.

Mass of Christian burial will be held on Thursday, March 2, 2023 at 11:00 AM at St. Francis Xavier Catholic Church in Oklee, MN with Father Bryan Kujawa officiating. Burial will be held at St. Francis Xavier Catholic Cemetery near Oklee.

Visitation will be held one hour prior to the service on Thursday at the church.

Gary Vern Paquin was born December 22, 1947 at Red Lake Falls, son of Adeline and Elizabeth (Paradis) Paquin. He was raised at Oklee, attended school in Oklee graduating class of 1966.

On May 27, 1972 he was united in marriage to Sharon Marie Foldesi at Blessed Sacrament Catholic Church in Greenbush. To this union 3 children were born Tami, Gary Alan, and Tommy. They made their home near Greenbush, for a time and then various places in the area.

Gary worked various jobs including Mobile in Thief River Falls and the Oil Field in Killdeer, ND, and area farmers. Gary finished his career working for American Crystal Sugar retiring in 2011. He enjoyed raising cattle, and spending time at the sale barn with his buddy George Olson. He visited the casino once in a while and

playing cards. Gary enjoyed traveling to Medora. Gary loved spending time and BS'ing with his friends and family. Gary kept track of all of his family and love to brag about his kids.

The last four months of Gary's life was a special bonding time for Gary, his children, siblings and friends. The family would like to extend a special thank you to Brenda and Paige of Essentia Hospice.

Gary had a special Friend Helen Johnson who passed away in 2011.

Gary is survived by his children Tami (Greg) Olson of Wannaska, MN, Gary Alan (Calyn) Paquin of Jacksonville, NC, and Tommy (Brenda) Paquin of Greenbush, MN; grandchildren Gregory, Shania, Faith, Abigail, Micah, McKenna, Mya, Myron; great-grandchildren Bexley, Saylor and one on the way in August; siblings Catherine (George) Simonson of Cudahy, WI, Theresa Malicki of Milwaukee, WI, Mary (Tom) Bergman of Iowa City, IA and Lisa (Warren) Tvedt of Red Lake Falls, MN, Michael (Julie) Paquin of Brooks, MN, Roland (Bonnie) Paquin of Clayton, NC, Gerald (Kris) Paquin of Billings, MT, Timothy (Eileen) Paquin of Warroad, MN, Patrick (Kathy) Paquin of Erskine, MN and Wayne Paquin of St. Joseph, MN; sisters-in-law Bonnie Paquin of Clearbrook, MN, Joyce Paquin of Oklee, MN; along with many nieces and nephews.

Gary is preceded in death by his parents Adeline and Elizabeth Paquin, friend Helen Johnson, brothers Stephen Paquin and Allen Paquin; brother-in-law Leo Malicki.

In lieu of flowers the family suggests memorials to Trails to Treatment or Hospice.

CASKET BEARERS: David Bourque, Mike Boucher, Kenny Boucher, Jake Martell, George Olson, Jim Lesnard.

Condolences may be sent at www.johnsonfuneralservice.com

Visit www.TriCoCanary.com for updated Obituaries

Obituary for Lawrence Johnson

Lawrence Johnson, 89, of Bagley, Minnesota passed away on Monday, February 20, 2023, at his home with his loving wife of 65 years by his side.

Funeral service was held on Monday, February 27, 2023, at 1:00 p.m. at The Cease Family Funeral Home Chapel in Bagley, Minnesota. Visitation was one hour prior to the services at the funeral home. Interment at the Westby Cemetery in the Spring. Military Honors will be accorded with the Irvin Blix American Legion Post #16 of Bagley

Lawrence was born on October 25, 1933, at Clearwater County, Minnesota the son of Louis and Grace (Charles) Johnson. Lawrence attended Bagley Schools and entered the United States Army on July 29, 1954, and was honorably discharged on July 17, 1956. He married Joyce Murray on November 30, 1957, at Fosston. On February 22, 1958, they were blessed when their daughter Cheryl was born into their lives. Lawrence did cement

work and was a block layer. He was very hard working and trolled many quonset floors. Lawrence spent many years logging while also dairy farming. Lawrence and Joyce were dairy farmers for 13 years. They sold their farm in 1976 when he retired at the age of 65 and moved into town. Working in his shop was his greatest passion. His shop was like a second home to him and when he was working on a vehicle, he was in seventh heaven. Lawrence worked in his shop until October of 2022.

He is survived by his wife Joyce Johnson of Bagley, Minnesota

Daughter – Cheryl Snook of Bagley, Minnesota

Granddaughter – Melissa Johnson & John Good of Battle Lake, Minnesota

Granddaughter - Holly & Ryan Strickler of Anchorage, Alaska

Granddaughter – Nicole & Ken Davis of Wasilla, Alaska

Grandson – Derrick Goodwin of Rice Lake, Minnesota

Grandson - Dennis and Sarah Goodwin of Rice Lake, Minnesota

Great grandchildren - Samantha, Haley and Justin Olson; Lindsey and Sam Strickler; Taylor Davis; Jayden and Ashawnte Goodwin; Teri, Tyra, Daunte, Dennis Jr., Dani Ann, Daynia, Dalyan, Destin, Denessa and Desire Goodwin.

Great great grandchildren - Emberly Strom, Braven, Brighton Cloud and Akeenah Goodwin

He was preceded in death by his parents, 3 brothers – Arthur, Clarence, and Gordon; 2 sisters – Gladys Shelquist and Lillian Forar.

Messages of condolence may be sent to ceasefuneralhome.com

Obituary for Stacy Szczepanski

Stacy Szczepanski, 49, of Stephen, MN, died in an accident in Clearwater County, MN, on Sunday, February 19th, 2023.

Stacy Bergeron was born on February 22, 1973, in Grand Forks, ND, to Richard and Cheryl (Nordine) Bergeron. She was raised in Argyle, MN, and graduated from high school in 1991. She then went on to study Elementary Childhood Education at Moorhead (MN) State University, earning her bachelors degree in 1995. Stacy was blessed to marry her sweetheart, Keith Szczepanski, on June 17, 1995, in Florian, MN. The young couple moved to Stephen where they would live the rest of their married lives together and raise three sons.

Funeral was Monday, February 27, 2023, 10:30 AM, in the First Lutheran Church of Stephen.

Obituary for Del R. Blowers

Del R. Blowers, 89 of Crosslake, MN, passed away on February 14, 2023 in Green Valley, AZ. A memorial service will be held at Crosslake Lutheran Church, Crosslake, MN on May 27, 2023 at 11:00 a.m.

Del was born on April 26, 1933. He was married to Marilyn Blowers on June 25, 1960. Del was a teacher at Clearbrook High School in Clearbrook, MN. He was in the Marine Corps for 2 years.

Del is survived by his wife Marilyn, son Mike Blowers and daughter Laura (Blowers) Moyer.

Memorials may be made to an individual's choice.

Obituary for Donald Braaten

Donald K. Braaten, 95, of Bagley, Minnesota died on Wednesday, February 22, 2023 at Cornerstone Nursing Home and Rehab.

Memorial services will be held on Friday, March 3, 2023 at 11:00 a.m. at Grace Free Lutheran Church in Bagley, with a visitation one hour prior. Visitation will also be held the evening before on Thursday, March 2, 2023 from 5:00- 7:00 p.m. at the Cease Family Funeral Home in Bagley. Military Honors will be accorded by the Irvin Blix American Legion Post No. 16 of Bagley. Interment will be held in the spring at Bagley City Cemetery in Bagley. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Donald Kenneth Braaten was born on April 7th, 1927 to parents Alfred and Rosie (Siedel) Braaten in the Dunvilla-Franklin Lake area south of Pelican Rapids, MN. They lived on a rented farm and he attended Crystal Lake School District (District 232) until December of 1937. The young family moved to Clearwater County in the Holst Township area. They rented a farmstead north of Kings Corner and south of the Krans School District (District 142). Donald attended the Krans School for two years. They later moved a mile east. His Dad then purchased the farm two and a half miles east of Kings Corner in Holst Township. Donald then attended the Ruffy Brook School (District 64). Like most boys during the Depression, they attended school through the eighth grade as they were needed to help on the farm. As Donald grew older, his gift of mechanics surfaced early. He also cut wood pulp and firewood. He bought a 1928 A Ford Truck and hauled pulp wood for 75 cents a cord. He was able to get 1 ½ cords on the truck. He enlisted in the U.S. Army Air Corp on March 26, 1946 and was discharged on August 15th, 1947. He was stationed in Okinawa most of the time in the Motor Pool. After returning home he continued to help on the

farm and cut and haul wood. It was not long after his discharge he notice someone to the west one mile from home. Her name was Ellen Thayer. They were married on January 26, 1949. Don and Ellen built a house on his father's farm and it is still standing today. It took a week to dig the basement with a team of horses. In 1953 they purchased the Ed Bauman farm one mile to the north. There he milked cows, raised sheep, and continued to haul wood. Together they raised 8 children. There was also a steady stream of people coming to get their vehicles fixed. Donald worked for Milo Wilde in Shevlin, then Jaspersen Chevrolet in Bagley. In 1964 the family moved from the farm to Bagley and he was employed by Strandlien Motors and he drove school bus. Donald was popular to drive the activity bus as he had installed a radio for the kids to listen to. In 1987 Strandlien Motors closed and Donald opened his own shop along with his son, Ernie and with Ellen being the bookkeeper. His sons Ross and Paul later joined the business. Donald was a member of the Irvin Blix American Legion Post No. 16 of Bagley and received his High School diploma in 2000 through a program for World War II Veterans who had left school to serve in the military. He was also given a "Quilt of Valor" in 2018. Donald continued to help at the shop after retirement. He always had a "project" of his own to work on and was close by to give advice to his sons. Fair time was special to Donald as he helped his sons and grandsons participate in the Demo Derbies. He was always there with the video camera and ready to help out. Donald was a member of Faith Lutheran Church for many years and later Grace Free Lutheran Church**.

Donald is survived by two daughters, Daisy (Rick) Luggar of Shevlin and Shannon (Wade) Gray of Bagley; three sons, Jon (Vicki) Braaten of Bagley, Paul (Roberta) Braaten of Clearbrook, and Ernie Braaten of Bagley; daughter-in-law, Sharon Braaten of Bagley; brother and sister-in-law, Jerome and Betty Thayer of Menominee, WI; one niece, Jennie (Keith Harlow) Thayer; one nephew, Sherman (Kelli) Thayer; 19 grandchildren, 25 great grandchildren, and one great great grandchild.

He was preceded in death by his parents; his in-laws; his wife; his sons, Daniel, Jeremy Ross, and Kenneth; daughter-in-law, Billie; and one granddaughter, Janelle Faye Braaten.

**information taken from the program of Donald's 80th birthday party written by son, Kenneth

Messages of condolence may be sent to ceasefuneralhome.com

Death Notice for Stuart Taffin

Stuart Taffin, 56, of Bagley, Minnesota died on February 25, 2023 at his home. Funeral services will take place this summer.

The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Messages of condolence may be sent to ceasefuneralhome.com.

Get the skinny on triglycerides

People who see their doctors for routine wellness exams typically undergo certain blood tests during that process. In addition to a complete blood count (CBC), doctors frequently request lipid panels that indicate cholesterol and triglyceride levels.

While cholesterol is a familiar term, triglycerides may be more of a mystery to the average Joe.

According to the Cleveland Clinic, triglycerides are lipids (waxy fats) that provide energy to the body. The body produces triglycerides and also gets them through food. Triglycerides are actual fats, while cholesterol is a waxy, odorless substance made by the liver. Since cholesterol cannot mix or dissolve in the blood, the liver puts cholesterol together with triglycerides to move the fatty mixture (lipoproteins) throughout the body.

When a person eats, any extra calories not used for energy are converted into triglycerides, which are stored in fat cells. Later, hormones release these triglycerides as energy between meals. Individuals who regularly eat more calories than they burn, particularly from high-carbohydrate foods, may have high triglycerides.

According to the Mayo Clinic, high triglyceride levels may contribute to a hardening or thickening of the arteries, which is a condition known as arteriosclerosis.

For healthy adults, normal triglyceride levels should be under 150 mg/dL. Values of 151 to 200 mg/dL are considered borderline high, and anything over 201 is high or very high. In addition to arteriosclerosis, high triglyceride levels can raise the risk of cardiovascular disease and pancreatitis.

Overeating, having a family history of high cholesterol, drinking alcohol to excess, being overweight or obese, and having unmanaged diabetes can contribute to high cholesterol levels. Smoking, the presence of thyroid disease and certain medications, like diuretics and hormones, also may raise the risk of developing high triglyceride levels.

Lifestyle changes similar to those recommended to manage high cholesterol can help people lower their triglyceride levels. These include eating a nutritious diet, doing aerobic exercises regularly and maintaining a moderate weight. Individuals should avoid simple carbohydrates, such as those made with white flour, fructose, trans fats, and hydrogenated oils or fats.

Low triglyceride levels are not typically a cause for concern. But in these instances malnutrition or malabsorption could be the culprit.

Individuals should undergo routine health screenings to determine if high triglycerides are part of their lipid panels.

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Facing west, one hour after sunset March 1

Jupiter .. Venus

Great Square
of Pegasus

Minnesota Starwatch

Minnesota Starwatch for March 2023

By Deane Morrison

March always brings passages—winter to spring, ice to slush, sun to the Northern Hemisphere. This year, the month begins with an uncommon passage as the two brightest planets sweep by each other above the southwest horizon.

On Wednesday, the 1st, Jupiter passes within a moon width of brilliant Venus. The gap between them quickly widens as Jupiter falls into the sun's afterglow. On Wednesday, the 22nd, a thin crescent moon appears above Jupiter about 40 minutes after sunset. The next night, the moon hangs below Venus.

East of the planetary pair, Mars rides high at nightfall as

the bright winter stars stream past it. In mid-month Mars glides between Betelgeuse, the giant red star at Orion's right shoulder, and brilliant Capella, in Auriga, the charioteer. At month's end the red planet will be heading into Gemini. Enjoy this feast of stars and Mars now, before the winter constellations also slip into the sunset.

March's full moon arrives at 6:40 a.m. on Tuesday, the 7th, after crossing the night sky below the spring constellation Leo, the lion. The moon sets in the west shortly after reaching fullness, so plan accordingly.

Spring begins with the vernal equinox at 4:24 p.m. Monday, the 20th. At that moment the sun crosses the equator

heading north, and Earth will be lighted from pole to pole. From then until the September equinox, the day length increases as we travel north. Also, the day length increases most rapidly near the spring equinox because the sun is then moving most rapidly northward.

If you're out at the end of evening twilight between the 10th and the 22nd, look for a faint, broad cone of light extending up from the western horizon along the sun's path. This is the elusive zodiacal light, the result of sunlight reflecting off dust in the plane of the solar system. Recent evidence has suggested a Martian origin for the dust.

DNR announces 2022 deer season preliminary harvest results, CWD management findings

Hunters harvested about 170,000 deer during the 2022 deer hunting season, a lower total harvest than in recent years. Total harvest was down 7% compared to the 2021 season and 10% less than the five-year average deer harvest for Minnesota.

"Lower deer numbers in northern Minnesota and poor weather during opening weekend in some parts of the state likely contributed to lower firearms A season harvest," said Barb Keller, DNR big game program leader. "Hunters struggled with rain and wind in some parts of the state during early November, but weather was better during later seasons including firearms B and muzzleloader seasons."

The number of deer harvested during muzzleloader season was the highest reported since 2007 and was 10% higher than the 2021 season harvest. Archery season harvest was about 1% lower than the 2021 season. Most archery season harvest occurred prior to the firearms season and peaked in late October and early November.

Analysis of the 2022 deer harvest are still underway. A final deer harvest report will be available in March — past season harvest reports are available on the DNR website (mndnr.gov/mammals/deer/management/statistics.html).

The release of the final 2022 season harvest results will coincide with opportunities for public input. The DNR will offer walk-in office hours at area wildlife offices across the state, 10 a.m. to 6 p.m. Thursday, March 2. Local wildlife managers will be available to talk one-on-one with anyone about deer and other wildlife, hunting and habitat topics, specific topics that the DNR's deer advisory committee should be aware of, or thoughts and feedback about deer population management. Those unable to attend office hours in-person will also be able to share their thoughts through an online questionnaire (mndnr.gov/wildlife/talk-about-wildlife.html) available March 2. Written comments may be submitted to Barb Keller, Fish and Wildlife Division, Minnesota Department of Natural Resources, 500 Lafayette Road, St. Paul, MN 55155. Comments will help inform season-setting decisions this spring for the 2023 fall deer hunting season.

CWD management
Chronic wasting disease remains a serious and persistent threat to Minnesota's deer herd health, but sampling efforts revealed some good news — three consecutive years of disease surveillance in deer permit areas 157, 159, 213, 225 and 273

yielded no detections of the disease in wild deer. Consistent with the DNR's CWD management plan, these zones were established due to the detection of CWD in captive deer facilities. Following these three consecutive years of no detections in wild deer, successful hunters in these DPAs will no longer need to submit samples for testing.

"This is great news for deer and deer hunters," said Erik Hildebrand, wildlife health program supervisor. "We greatly appreciate hunters' help monitoring these areas over the past few years."

CWD was detected in 26 hunter-harvested deer through the 2022 fall seasons. Of these, 73% were from the southeast, a region that continues to see persistent CWD infections in wild deer.

CWD was detected in two hunter-harvested bucks in DPA 184 in the Bemidji area. DPA 184 is part of a CWD surveillance zone established due to the detection of CWD in a captive deer facility and illegal dumping of infected captive deer carcasses on public land. After the discovery of this fall's CWD detections in wild deer, the DNR held a late disease management hunt to learn more about the presence of CWD in the area. An additional 102 deer were harvested by hunters, with no additional CWD detected.

These results, along with the fact the two deer in which CWD was detected were both bucks, led to the DNR's decision to not conduct targeted agency culling in DPA 184 this winter.

"We use targeted culling in areas within two miles of a known CWD detection in deer, particularly does," Hildebrand said. "We know an adult doe has a smaller home range and a tight social group. If a doe has CWD, the likelihood that her social group also has it is high. When we find a doe with CWD, that serves as anchor point for our culling efforts — we can apply it to very small, specific areas to fight the disease."

Conversely, bucks have larger home ranges and detecting CWD in two bucks does not allow the DNR to establish an effective anchor point for a culling effort.

Culling efforts in the southeast started Jan. 23 and will continue through late March. Targeted culling will take place in the city of Grand Rapids (part of DPA 679) and the south metro (DPA 605) from Feb. 27 to March 10, focusing on locations where CWD has been detected in the past. All deer culled are processed and the venison is frozen un-

til test results are received. Venison from deer with a not-detected result is distributed to cooperating landowners and those signed up through DNR's Share the Harvest program (mndnr.gov/cwd/share-harvest.html).

Hunters and conservation partners are critical in helping control CWD and maintaining the health of Minnesota's deer herd. The DNR would like to thank deer hunters, taxidermists, processors, tribal nations (Leech Lake, Red Lake and White Earth), and deer conservation partners (Minnesota Conservation Federation, Minnesota Deer Hunters Association, Bluffland Whitetails and Backcountry Hunters & Anglers) that helped collect or submit samples for testing.

For more information about deer hunting in Minnesota, visit the DNR deer hunting page (mndnr.gov/hunting/deer). CWD information, test results and more can be found at the DNR CWD page (mndnr.gov/cwd).

Contact: Shannon Fisher, fisheries monitoring and regulations manager, 651-259-5206, for gar questions; Jon Hansen, DNR fisheries program consultant, 651-259-5239, for questions on other regulations.

New gar possession limit takes effect March 1 on all state waters

Anglers will find this and other changes in the 2023 fishing regulations booklet

Spearers, anglers and bowfishers will be allowed to keep up to 10 gar — the toothy, prehistoric fish native to Minnesota waters — starting March 1, when a new gar possession limit is in effect on all Minnesota inland and border waters.

The limit applies to longnose and shortnose gar, which previously could be kept in unlimited numbers, and is among other new regulations in the 2023 Minnesota Fishing Regulations booklet.

The gar regulation change is part of a larger effort to sustainably manage gar and other native fish including buffalo, sucker, freshwater drum, bowfin, goldeye and bullhead, because they are critical contributors to aquatic ecosystems. The gar limit was established after 2021 legislation requiring the Minnesota Department of Natural Resources determine and set a limit for that species.

"It's a first step toward a more proactive and conservative approach to managing these native 'rough fish' species," said Shannon Fisher, fisheries monitoring and regu-

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Thief River Falls over Bears 68-27

February 21 girls
Clearbrook-Gonvick27
Thief River Falls.....68

Warroad over Bagley

February 21 girls
Warroad48
Bagley57

Fosston over Cass Lake-Bena 64-51

The Fosston Greyhounds defeated the Cass Lake-Bena Panthers (64-51, on Tuesday night, February 21.

Scoring for Fosston:
Katelyn Vesledahl — 32 points, Kinsley Duppong — 14 points, Brynlea Mahlen — 12 points, Lexi Mahlen — 3 points, Tessa Manecke — 3 points

Win-E-Mac over Northern Freese

February 23 boys
Win-E-Mac.....54
Northern Freeze.....52

lations manager. "We value these native fish. They are important elements of health rivers and lakes, and yet we don't know a ton about them."

While the DNR has less information about gar compared to fish species like walleye, pike or bass, DNR research is underway to track their populations, with initial results expected in the latter part of 2024. Additionally, the DNR will form a new work group with members of conservation organizations, members of the bowfishing community and interested stakeholders to identify conservation strategies for other native rough fish.

"Historically there have been a lot of misconceptions about fish like gar. People thought that having gar around as predator fish created competition for fish like walleye. We know that's not the case," Fisher said. "The more we learn, the more we find out that these fish have important roles and value in the ecosystem."

Other new regulations

Other fishing regulation changes for 2023 include opening the Vermillion River in Dakota County to a catch-and-release season that mirrors the season in place for southeastern Minnesota, which allows catch and release trout fishing from Jan. 1 each year to the mid-April stream trout season opener. Additionally, the brown trout catch-and-release only regulation applies to the entire Vermillion River starting March 1.

New and modified regulations will also be in effect for a variety of other waters. Anglers are advised to check the regulations book for regulation details for these waters, listed here alphabetized by county:

- Big Sandy Lake and connected waters, Aitkin County
- A portion of the upper Turtle River chain of lakes, Beltrami County
- Three Island and Turtle River lakes, Beltrami County
- Fox Lake, Beltrami County
- Caribou Lake, Itasca County
- Round Lake, Itasca County
- Otter Tail Lake, Otter Tail County
- West Battle Lake, Otter Tail County
- Cloquet and Otter rivers of Island Lake Reservoir, St. Louis County.

The 2023 Minnesota fishing regulations are available online (mndnr.gov/fishing) and anywhere Minnesota fishing licenses are sold.

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Time to buy new hunting, fishing licenses

It's the time of year when anglers and hunters need to buy new fishing and hunting licenses. Minnesota fishing, hunting and trapping licenses for 2022 expire Tuesday, Feb. 28. Licenses for 2023 are now available wherever fishing and hunting licenses are sold, online (mndnr.gov/buy license) and by telephone at 888-665-4236. Mobile buyers receive a text or email that serves as

proof of a valid fish or game license to state conservation officers.

All 2023 fishing licenses become effective Wednesday, March 1. New licenses are required for 2023 hunting and fishing seasons that continue past Feb. 28.

Contact: Steve Michaels, licensing program director, 651-355-0150.

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