



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Stepping Up: MSR&PC walking the walk with new campaign Pictured – Carlie Pletschett, Heidi Abraham, Carrie Danielson, Gloria Vort – Palizzo, Ashley Ehlers, Lubi Avgi, Connie Arnold, Linda Ward and Polk County Soybean – Corn Growers Director Rick Roed.

Minnesota farmers donating soy-based shoes to frontline health care workers

Fosston, MN – From farm to frontline, the Minnesota Soybean Research & Promotion Council (MSR&PC) is taking another giant leap forward to highlight environmentally friendly investments from the soybean checkoff. Polk County, in partnership with MSR&PC, which directs the state's soybean checkoff resources, is launching the Stepping Up campaign to amplify farmer profitability and promote the value-added uses of the "miracle bean" while making community connections.

Coming on the heels of the successful Driving Soy promotion, Minnesota counties are lacing up to promote renewable, value-added soy products and give back to frontline health care workers in their counties.

"We are proud to present these shoes as a thank you to our front-line workers in Fosston," said Polk County Soybean/Corn Growers Secretary – Treasurer Rick Roed.

As part of the Stepping Up promotional effort, Polk County is donating 50 pairs of Skechers soy-based GO shoes to Essentia Health in Fosston and Riverview Health in Crookston.

"Through a generous donation from the Polk County Soybean and Corn Growers Board, 25 Essentia Health staff are the lucky recipients of a pair of Sketcher sneakers. Comments by staff who were notified include "Wow, I've never won anything in my life!", "It is nice to be acknowledged for all our hard work during COVID", "That is super nice of them".

"Thank you so much for the donation- Never underestimate the effect you made and the lives you have touched by this gift," remarked RN Mary Dyr Dahl.

The Stepping Up campaign runs throughout the summer. The statewide effort strives to inform both farming and non-farming public on soy's environmental advantages and the myriad uses of soybean oil. County leaders also want to show their appreciation to health care workers in their community.

"We know how much health care workers sacrifice for others in communities throughout Minnesota, especially in the past couple of years. I've seen it firsthand," said Council Chair Joe Serbus, whose wife, Doreen, has worked in health care for more than 40 years. "This campaign is an investment in both value-added soybean products and in the selfless health care professionals who keep us safe and healthy."

A step above the rest

In 2020, Skechers released its GO line of footwear, which uses soybean oil to improve grip, stability and durability. Skechers is using the same checkoff-supported technology featured in Goodyear Tire Company's line of sustainable soy-based tires, which incorporated soy into its rubber technology.

Soybean shoes...
Continued on next page



Frozen performed in Fosston

It may be summer but Fosston was feeling a little chilly last week! The FCLAAs Childrens Theater performed Frozen Jr-the musical at the Library Arts Center. Anna (Allison Carlin), Elsa (Lexi Perreault), & Olaf (Addison Wendt) delighted audiences with 4 sold out performances. This years show featured 40 local budding actors- a new record for our stage! Hits like "Let it Go" and "Summer" were enjoyed by the young and old alike. Snow machines, an amazing castle, and an extra amazing Olaf puppet helped bring this classic musical to life.

It was a wonderful thing to see so many community members support local theater. A special thank you to the Fosston-Lengby Lions Club for underwriting Frozen Jr- thanks for helping us cool it down just a little this summer.

-Abby Pearson
Fosston Theater Director

Action at the Gonvick Lions Club Rodeo



Ethan Johnson of Fosston on the Mini brones at the Gonvick Lions Club rodeo.



Brantley Landsverk of Fosston of the Mini Bulls at the Gonvick Lions Club rodeo.

Why do children like the sheep riding events at the Gonvick Lions Rodeo?



Dogs smile and bulls never do at the rodeo.

Dr. Bryan Johnson of Fosston took part in steer wrestling at the Gonvick Lions Club rodeo.

The Gonvick Lions Club rodeo announcer for both days of the 32nd event was Trey Windhorst from Poplar Bluff, MO.

Flood Damage to Private Property in Polk County

Minnesota Homeland Security and Emergency Management officials are requesting damages to private property due to recent flooding.

All property owners in Polk County who sustained flood damage to their private property from April 22, 2022, to present, are asked to complete a damage assessment survey by no later than Friday, July 15th.

The worst of the flooding damages during this time occurred in the cities of Crookston, Fisher, and East Grand Forks, however flooding also affected many other areas

throughout Polk County.

Damages must be to primary homes (non-agricultural). Damage must be in an essential living space. FEMA's definition of an essential living space is as follows: "a room within a home that serves the function of a bedroom, bathroom, kitchen, and/or living room that is regularly occupied or used by one or more members of the household and requires repair to bring its functionality back to the home." You are also requested to list any damages to privately owned driveways, roads, bridges, wells, and septic tanks.

It has not yet been determined if federal assistance will be made available to private property owners. People are asked to complete the survey should assistance be made available.

For more information on obtaining and submitting a Private Property Damage Assessment form, please go to: <https://www.co.polk.mn.us/545/Private-Property-Initial-Damage-Assessme> or call 218-470-8263

Jody Beauchane, Polk County Emergency Manager

Red River Valley Agriculture Water Issues Forum Returns

Ada, Minn. – The Red River Valley Agriculture Water Issues Forum Meetings return this year with coordination from the Red River Watershed Management Board, Minnesota Agricultural Water Resource Coalition, and Minnesota Farm Bureau July 20th through the 22nd. These meetings aim to provide a place where farmers can talk about water issues affecting their operations and learn how farmers and organizations are working together to tackle water issues in the Red River Valley.

Meeting agendas will include a legislative update from the Minnesota Farm Bureau Federation, a presentation of local watershed district efforts by Rob Sip, Executive Director of the Red River Watershed Management Board, NRCS Programs to Help Farmland Owners Address Flooding, and Tile Water Quality in NW MN with Tim Radatz, Coordinator, Discovery Farms Minnesota.

Producers throughout the Red River Valley are invited to attend, ask questions, and learn from the presenters.

All meetings will begin at 8 a.m. and conclude with a free lunch provided by the hosts at noon.

The Wednesday, July 20th meeting will be in Wheaton, MN, at the Craig Lichtsinn home, 4 miles west of Wheaton on State Hwy 27 at mile marker 19.

Thursday, July 21st will be in Greenbush, MN at the Egg (egg) Farm, 4 miles west of Greenbush on County Hwy 4.

Friday, July 22nd will be in Ada, MN, at the Dave Scherfenberg Shop location, 4.5 miles West of Ada on Hwy 200, 2.5 miles north on Hwy 18. Then turn west on 225th Ave., south on 220th St., turn east on 220th Ave. The driveway is on the north side of the road.

We can help with your next
BIG ADVENTURE!

We offer services for every stage of your life:

- Mobile & online banking
- High yield savings
- Free checking
- Home, personal, & business loans
- CDs and retirement accounts



Ultima Bank
MINNESOTA

www.ultimabank.com • 800-421-2588

Winger • Fosston • Plummer • Bemidji • East Grand Forks



R18C

Mentor Farmers' Market 2022

OUR 14TH YEAR OF SERVING LOCAL COMMUNITIES WITH LOCAL PRODUCTS!

OPEN EVERY SATURDAY

8 AM to 12 NOON

May 28th through Sept. 24th
(RAIN OR SHINE)

Mentor School yard (east)

Large variety of local foods, produce, baked goods, ready-to-eat foods, flowers, gluten-free products, local honey, firewood, local beef, soap & lotion products, unique craft items and entertainment.

Barnyard Bites Food Truck from Fertile will be at the park most Saturdays.

Like us on Facebook at Mentor Farmers Market

R8-27C

Polk County Sheriff

Single Vehicle Crash

On 7/10/2022 at 1700 hrs., The Polk County Sheriff's Office was dispatched to the intersection of 260th St SW and 170th Ave SW for a single vehicle Crash. Deputies were advised that there were two people inside the vehicle. Deputies arrived on scene and located a single vehicle in the east ditch of 260th St SW. The vehicle appeared to have hit the culvert. The driver and passenger were checked out by the Crookston Area Ambulance. Both driver and passenger refused further medical treatment.

The driver was identified as 40-year-old Bryon Isaacson of Maple Grove, MN. Bryon was arrested for suspicion of DWI and booked into the NWRCC for 3rd Degree DWI.

Assisting agencies, Crookston Fire Department, Crookston Area Ambulance and MN State Patrol.

No further information will be released at this time.

Vehicle Fire

On 07/14/22 at approximately 1649 hours, The Polk County Sheriff's Office and East Grand Forks Fire Department responded to Hwy 220 South and 265th St. SW in rural Fisher for a vehicle on fire. When deputies arrived on scene the vehicle was fully engulfed in flames. It was determined that lightening had struck the Dodge pickup driven by Jason David Remarke, 48, out of Horace, ND. Remarke was not injured from this incident, the pickup is a total loss.

No further information will be released at this time.

Passport photos
CALL TO MAKE AN APPOINTMENT
218-487-5225

Speak LIFE Rosie & Charlie "Baby C" 2.0

We are twenty. Twenty weeks old. *Yuck! What is this stuff?* What stuff? *This icky, sticky, white stuff.* It's vernix, silly. *What? Another weird name. Agh! It's everywhere!* Just be glad you have it. You're going to need it. *What do you mean I'm going to need it?* It makes us slippery. *Why would we want to be slippery?* So we can slide out when it's time to be born. *Wait a minute, will it make me slide faster?* What else is slippery? *I know what you're trying to get me to say. What? A banana peel because that's how big we are. You got it!* -a.m.opdahl www.speaklife139.com

R18C

University of North Dakota Honor roll and graduates

The University of North Dakota's Office of the Registrar issued its Spring Semester 2022 Deans List, President's Roll of Honor and names of Spring Commencement graduates.

UND's Spring 2022 Commencement ceremonies, which took place on Saturday, May 14, 2022.

Braaten, Jandi L, Nursing, Bagley
Forsberg, Christian R, Systems Engineering, Gonvick
Carlin, Kylee M, JD Law, Magna Cum Laude, McIntosh
Spry, Mason W, Managerial Finance and Accounting, McIntosh

Wilson, Tyra P, Nursing, Cum Laude, Mentor
Huot, Josie L, General Studies, Red Lake Falls
Kringlen, Kayla M, Nursing, Red Lake Falls
Massmann, Evan M, Business Administration, Winger
Thompson, Taylyn C, Nursing, Magna Cum Laude, Winger

The Dean's List comprises students whose grade point average are in the top 15 percent of the enrollment in each of the University's degree granting

colleges and schools. A student must have completed no fewer than 12 semester hours of academic work for the semester, of which eight or more hours must be graded work rather than "satisfactory/unsatisfactory."

Halverson, Mckinzie G, Bagley
Mattfield, Emma, Bagley
Bergman Emily R, Clearbrook
Gatzke, Lunsetter, Evan J
McCollum, Adison D, Mentor
Thompson, Taylyn C, Winger

UND President's Roll of Honor, a student must have an overall cumulative grade point average of 3.80 or higher. The student must also have earned a minimum of 30 semester hours and have completed a minimum of 12 hours at the close of the semester, eight of which must be for traditional letter grades.

Halverson, Mckinzie G, Bagley
Bergman, Emily R, Clearbrook
Andersen, Paige M, Puposky

Soy Bean shoes... Continued from Canary front

Kurt Stockbridge, Skechers vice president of Product Development and Innovation, said the company and the soybean checkoff are stepping up to create a superior shoe and reduce their environmental footprints.

"Discovering ways to make product more sustainable is top of mind for Skechers," Stockbridge said. "Though we were aware of the sustainable qualities of soybean oil, we were surprised to learn what the oil could do to improve our outsole rubber performance."

For each dollar, Polk County soybean farmers pay toward checkoff resources, growers receive \$12.33 in return value. Today, more than 1,000 commercially available products – ranging from shoes to machinery lubricants to asphalt – use commodity and high oleic soybean oil.

"Once that soybean hits the mill, it's local, it's national – it's everywhere," said Belinda Burrier, a United Soybean Director who helped oversee the partnership with Skechers. "The money farmers make back on the checkoff is fantastic."

Follow the Stepping Up social media campaign at #SoySteppingUp and by visiting mnsoybean.org/stepping-up.

About the Polk County Soybean and Corn Growers Board

Polk County is affiliated with the Minnesota Soybean Research & Promotion Council, a 15-person, farmer-led board that oversees the investment of checkoff dollars on behalf of the nearly 28,000 soybean farmers in Minnesota. The Council is governed by the rules of a federally mandated checkoff program requiring all soybean producers to pay a fee on the soybeans they sell. This money is used to promote, educate, and develop market opportunities for soybeans.

For more information or to interview a county director, contact Kevin Krueger at 701-740-6504.

College application facts and figures.....

The college application process involves several steps, many of which begin well before an applicant is ready to sign on the dotted line. These facts and figures can help applicants and their families gain a better understanding of what goes into the college admissions process.

College admissions teams view a potential applicant as more seriously interested in the school if they know he or she has visited. Interested parties can go above and beyond taking the Open House tour by auditing a class or even spending a night in a dorm.

Due in large part to COVID-19 disrupting SAT and ACT testing schedules and potentially setting an uneven playing field for those who tested and those who could not, many colleges are now test-optional schools. Despite that, guidance counselors may urge students to test and submit strong scores to test-optional schools because those scores can help unlock merit-based aid.

The College Board indicates the average financial aid award per student is \$15,000. And the National Association for College Admission Counseling says 43 percent of all institutional aid funds are merit-based.

The Common App is one tool used to apply to colleges in today's digital age. The same application can be used to apply to more than 400 schools. However, some schools may still supplement the application with essays or questions as part of their individual admissions processes.

The Huffington Post reports that students who have a first-choice college should apply to it early decision, as early decision has been shown to increase an applicant's chance of admission by up to 25 percent over regular decision admission rates.

Applicants should seek recommendations from people who know them best and can provide detailed reasons as to why they are the right fit for a school.

The Princeton Review says the top admissions factor at schools is a student's GPA, underscoring the importance of getting good grades.

College applicants feeling the stress of the waiting game can rest assured. According to the Cooperative Institutional Research Program at the Higher Education Research Institute at UCLA, more than three-quarters of college applicants get into their first-choice schools.

Dennis Boucher
for
POLK COUNTY COMMISSIONER
District 4

Any questions or concerns?
Feel free to call me at
218-280-1520.

I would appreciate your support.
Prepared and paid for by Dennis R. Boucher,
25804 310th St. SE, McIntosh, MN 56556-9421

M13-22C

DINING & entertainment

Kandi's Kitchen
CURBSIDE BURGER NIGHT
Friday, July 22nd • 5 to 7 p.m.
Serving Hotdog for \$6.00 OR
Hamburger, Cheeseburger for \$8.00
All come with choice of
Mac Salad, Potato or Fries and Pop.
Follow us on Facebook for Daily Specials
In case of rain, dining will be indoors.

in Gonvick
Curbside CARHOP

BINGO Starting at 55¢s Progressive Blackout 6pm, Saturday, July 23rd, 2022 License: #53290-001

WING NIGHT WEDNESDAY
Friday & Saturday SPECIAL -CHICKEN & RIBS
SHORTY'S PLACE, 268-4199 GULLY

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608

Find us on facebook. **UNDER CAROL'S COZY**
Call in OR Check Facebook for specials!

Specials • 5:00-9:00 p.m.
Monday - Crispy Klucker Sandwiches
Tuesday - Tacos
Wednesday - Burger & Fries (Dine in only)
Thursday - Broasted Pork Chops

New Selection of Jackets & Sweatshirts
Broasted Chicken Available Daily

Fri., Sat. & Sun., July 22, 23 & 24 • 5:00-9:00 pm
Walleye (Friday only) Chicken & Ribs or Steak & Shrimp - Comes with Salad Bar, Potato and Garlic Toast. Menu items also available.

Seint Makeup Party Open House • Hosted by Carol
Monday, July 25th • 4:30 p.m. to 7:30 p.m. Snacks & Beverages available
Beauty Consultant will be present.

Kitchen Hours 8am-9pm Mon.-Sat. & 11am-9pm SUN.

BAR BINGO! AND PADDLE WHEEL
TUESDAY, JULY 26TH, 2022 - 6:30 PM
51¢'S AT \$1,000 UP TO \$1,000 MAXIMUM

SPONSORED BY:
The Mentor Firefighters Relief Association
Lawful gambling license #05817-003

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608

WEBSITE ADVERTISING
Promote Your Business!
Call Today! 218-487-5225

NORTH STAR CREDIT UNION New & Used Vehicles

1.99% APR*
LIMITED TIME OFFER
*Restrictions Apply. Federally Insured by NCUA

FINANCE / REFINANCE YOUR VEHICLE

218-698-4220
NORTHSTARCREDITUNION.ORG

O48W

"Your family owned and operated store"
Phone: 218-435-1454

Store Hours
8am-8pm Mon-Sat
9am-5pm Sunday

R17C

PALUBICKI'S
FAMILY MARKET AND SPIRITS
FOSSTON • MINNESOTA

SALE DATES: MONDAY AFTERNOON JULY 18 - JULY 24

Come in and get your
FREE Pump Perks Card!
Save On Gas!



Caribou COFFEE.

Drive Through Hours:
6AM-7PM MON-SAT • 7AM-5PM SUNDAY

STONERIDGE VANILLA, FRENCH VANILLA, VANILLA BEAN, CHOCOLATE, BUTTER PECAN, COOKIES 'N CREAM, MINT CHIP OR COOKIE DOUGH
ICE CREAM
3/\$10 48 OZ

SHARP CHEDDAR JACK, MOZZARELLA, MILD CHEDDAR OR EXTRA SHARP CHEDDAR
SARGENTO CHEESE
5/\$6 6 - 8 OZ BAR

ASSORTED
ORE IDA POTATOES
\$3.39 16 - 32 OZ FROZEN

DAISY SOUR CREAM
99¢ 8 OZ

ASSORTED RISING CRUST

CULINARY CIRCLE PIZZA
3/\$12

CRYSTAL FARMS MOZZARELLA, CHEDDAR, SHARP CHEDDAR, MARBLE JACK, TACO BLEND OR PIZZA BLEND REGULAR SHRED; CHEDDAR OR COLBY JACK MARBLE FINE SHRED
SHREDDED CHEESE 8 OZ **4/\$10**

ESSENTIAL EVERYDAY

MAPLE BAKED BEANS
3/\$4 28 OZ

ESSENTIAL EVERYDAY
PORK 'N BEANS 16 OZ **3/\$4**

CHICKEN, ALFREDO OR STROGANOFF PASTA SIDES; CHICKEN BROCCOLI, CHICKEN, SPANISH OR CHEDDAR BROCCOLI RICE SIDES
KNORR SIDES
4/\$5 4 - 5.7 OZ

HEINZ KETCHUP
\$2.99 38 OZ

SEMI SWEET OR MILK CHOCOLATE
NESTLE MORSELS
3/\$10 11.5 - 12 OZ

RUBY RED GRAPEFRUIT, APPLE CHERRY, APPLE CRANBERRY, APPLE RASPBERRY OR APPLE KIWI STRAWBERRY
OLD ORCHARD
\$1.99 64 OZ

FAMILY PACK 85% LEAN

GROUND BEEF
\$3.89 LB

ANGUS FARMS BONELESS BEEF

TOP ROUND STEAK
\$4.69 LB

ANGUS FARMS BONELESS BEEF

RIBEYE STEAK
\$12.49 LB

WHOLE, BONELESS CENTER CUT

PORK LOINS
\$2.49 LB

FAMILY PACK HICKORY

SMOKED BACON
\$3.79 LB

GOLD N' PLUMP BONELESS, SKINLESS

CHICKEN BREASTS
\$3.99 LB

CLOVEDALE SMOKED CHEDDAR, JALEPEÑO CHEDDAR

BRATS
\$3.79 14 OZ

JOHNSONVILLE ASST VARIETY FRESH

BRATWURSTS
\$4.99 19 OZ

CLOVERDALE ORIGINAL SUMMER SAUSAGE OR W/CHEESE, SLICED HAM OR HAM PATTIES

LUNCH MEAT
\$3.69 8-10 OZ

OSCAR MAYER ASST VARIETY W/DRINK

LUNCHABLES
2/\$6 8.9 - 10.7 OZ

ANGUS FARMS BONELESS BEEF

TOP ROUND ROAST
\$4.19 LB

ANGUS FARMS BEEF BONELESS

BALL TIP STEAK
\$5.29 LB

FAMILY PACK BONELESS CENTER CUT

PORK LOIN CHOPS
\$2.99 LB

FAMILY PACK BONELESS PORK COUNTRY STYLE

RIBS
\$2.49 LB

MIDWEST PRIDE PORK

BREAKFAST SAUSAGE LINKS
\$3.99 LB

FAMILY PACK

CHICKEN DRUMSTICKS
\$1.19 LB

ESSENTIAL EVERYDAY

SLICED PEPPERONI
2/\$6 6 OZ

EL MONTEREY 8 PK - ASST FLAVORS

BURRITOS
\$3.99 32 OZ

HART ASIAN STYLE ASST FLAVORS

CHICKEN ENTREES
\$5.99 32 OZ

BALL PARK BEEF ORIGINAL OR BUN-LENGTH

FRANKS
\$4.99 15 OZ

LAND O' LAKES 2%, 1% OR SKIM
MILK
\$3.99 GALLON
CASS CLAY 2%, 1% OR SKIM
MILK..... 97 OZ **\$3.79**

LAKELAND HOT DOG OR HAMBURGER
BUNS
\$2.99 12 CT
COUNTRY HEARTH ENGLISH
MUFFIN BREAD 16 OZ **\$2.99**

PALUBICKI'S PHARMACY
• OPEN 7 DAYS A WEEK
• FAST PROFESSIONAL SERVICE & LOW PRICES
• GET MOST PRESCRIPTIONS IN 15 MINUTES

ASSORTED
GATORADE
3/\$4 32 OZ
ASSORTED LA CROIX SPARKLING
WATER 12 PK - 12 OZ ANS **3/\$11**

COTTONELLE ULTRA CLEAN CARE OR ULTRA COMFORT CARE
BATH TISSUE
\$7.99 6 PK MEGA ROLLS
TRUSTED CARE
KLEENEX..... 3 PK - 144 CT BOXES **3/\$10**

PRAIRIE FARMS
HALF & HALF
2/\$3 PT
CASS CLAY
WHIPPING CREAM.....PT **\$3.39**

KELLOGG'S APPLE JACKS
CEREAL
\$3.79 14.7 OZ
ESSENTIAL EVERYDAY QUICK OR OLD FASHIONED
OATMEAL 42 OZ **3/\$10**

ASSORTED OLD DUTCH
RIPPLES
2/\$7 8 - 8.5 OZ
POPCORN OR CHEESE POPCORN
OLD DUTCH 11 OZ **\$4.79**

ASSORTED
BUBLY
3/\$12 8 PK - 12 OZ CANS
ASSORTED CRYSTAL LIGHT
DRINK MIX MAKES 12 QTS **3/\$10**

GREEN, SILVER, GOLD, YELLOW OR PURPLE
SOLO SQUARED CUPS
\$2.59 18 OZ SIZE - 30 CT
ESSENTIAL EVERYDAY
ALUMINUM FOIL 25 FT **99¢**

PRAIRIE FARMS ORIGINAL OR PLUS CALCIUM
ORANGE JUICE
\$2.39 64 OZ
ASSORTED PRAIRIE FARMS
YOGURT 24 OZ **\$2.79**

CHICKEN OF THE SEA CHUNK WHITE
TUNA
\$4.99 4 PK - 5 OZ
MCCORMICK GROUND
BLACK PEPPER 3 OZ **\$3.59**

ORVILLE REDENBACHERS BUTTER OR MOVIE THEATRE BUTTER
MW POPCORN
2/\$5 3 PK
BULLSEYE
BBQ SAUCE..... 18 OZ **99¢**

ESSENTIAL EVERYDAY CHICKEN, CELERY OR MUSHROOM
CREAM SOUP
10/\$10 10.5 OZ
WILD HARVEST ORGANIC VEGETABLE
BROTH..... 32 OZ **5/\$4**

SUPREME VALUE PACK
DOG FOOD
\$22.99 50 LB
SUPREME
CAT COMBO 40 LB **\$24.99**

PRAIRIE FARMS
SOUR CREAM
\$1.99 16 OZ
LAND O' LAKES
BUTTERMILK QT **2/\$3**

ESSENTIAL EVERYDAY
GRAHAM CRACKER CRUST
5/\$6 6 OZ
WATKINS
PURE VANILLA 2 OZ **\$3.99**

SEEDLESS
WATERMELON
\$4.99 EA
RED OR GREEN SEEDLESS
GRAPES..... LB **\$2.49**
MANGOES 2/\$2.50
RAINIER CHERRIESLB **\$7.99**
DOLE ITALIAN, PREMIUM ROMAINE, AMERICAN, HEARTS OF ROMAINE, VERY VEGGIE, BUTTER BLISS, SPRING MIX, 50/50, BABY SPINACH
SALAD BLENDS..... 5 - 12 OZ **2/\$6**
DOLE
CELERY **\$1.99**
GREEN GIANT SLICED OR WHOLE WHITE
MUSHROOMS 8 OZ **\$1.99**
HYDROPONIC
CUCUMBERS.....EA **99¢**
RED, YELLOW OR ORANGE
PEPPERS 5/\$5.25
LOCALLY GROWN BEEFSTEAK
TOMATOES..... LB **\$2.99**
RUSSET
POTATOES 5 LB **\$2.99**

CANOLA OR VEGETABLE
WESSON OIL
\$4.99 48 OZ
BUSH'S BLACK OR WHITE
CHILI BEANS 15.5 OZ **5/\$6**

WATER SOFTENER SALT
SUNSOFT EXTRA COARSE **\$5.39**
SUNSOFT SOLAR PELLETS **\$5.79**
SUNSOFT RUST BUSTER **\$6.59**
40 LB

LAND O' LAKES WHOLE OR 1%
CHOCOLATE MILK
\$2.79 1/2 GAL
ASSORTED LAND O' LAKES OR PRAIRIE FARMS
DIPS 16 OZ **\$2.39**

OREO OR CHIPS ANY
ICE CREAM
\$3.99 48 OZ
ESSENTIAL EVERYDAY STRIPED SHORTBREAD, MARSHMALLOW RINGS, FUDGE MINT OR PECAN SHORTBREAD
COOKIES 9.4 - 12 OZ **\$2.19**

MOZZARELLA OR SHARP CHEDDAR REGULAR SHRED; SHARP CHEDDAR, MILD CHEDDAR, COLBY JACK OR MOZZARELLA FINE SHRED
KRAFT CHEESE SHREDS
3/\$10 8 OZ
ESSENTIAL EVERYDAY ORIGINAL
WHIPPED TOPPING 6.5 OZ **\$2.59**

CHOICE OF 3 DOLE BOOSTED BLENDS
SMOOTHIE FRUITS
\$5.59 32 OZ
CUT GREEN BEANS, WHOLE KERNEL CORN OR BROCCOLI CUTS
ESSENTIAL EVERYDAY .. 32 OZ FROZEN **\$2.39**

AISLE 23
wine, spirits and beer
24 PK - 12 OZ CANS
BUSCH LIGHT
BEER **\$20** 29
4 PK - 355 ML CANS
ASST HIGH NOON
SELTZER **\$9** 99
1.75 LITER
TITO'S
VODKA **\$34** 99
1.75 LITER
JOSE QUERVO ASST READY TO DRINK
MARGARITAS... **\$16** 99
3 LITER
ASST WINE
BLACK BOX **\$18** 99
750 ML
FIT VINE
CHARDONNAY... **\$13** 99
750 ML
JAM CABERNET
SAVIGNON..... **\$16** 99
750 ML
LAMARCA
PROSECCO **\$15** 99

CLASSIFIED ADS

Polk County Full-Time Employment Opportunities:

ASSISTANT COUNTY ATTORNEY:
\$39.43 - \$50.13/hr - Open Until Filled

CUSTODIAN I:
\$16.45 - \$20.92/hr - Open Until Filled

FACILITIES DIRECTOR:
\$37.20 - \$47.29/hr - Open Until Filled

LANDFILL TECHNICIAN:
\$19.59 - \$24.91/hr - Open Until Filled

PUBLIC SAFETY TELECOMMUNICATOR:
\$23.34 - \$29.67/hr - Open Until Filled

SORT LINE OPERATOR I OR II:
\$15.52 - \$20.92/hr - Open Until Filled

WELLNESS COORDINATOR:
\$27.80 - \$35.34/hr: Closes July 27, 2022, at 4:30 p.m.

Clerk Typist Cashier III:
\$17.44 - \$22.17/hr - Closes August 5, 2022 at 4:30 p.m.

Polk County offers a highly competitive benefits package including but not limited to affordable family healthcare plans and PERA retirement.

For an application, full job description and general job opening information go to www.co.polk.mn.us and click on "Careers". EOE

HELP WANTED: TRUCK DRIVERS FOR SUGAR BEET HARVEST

Starts Oct. 1 for approximately 12-15 days. Either night or day shift. Overtime included. Call 218-556-9316.

R16-18C

HELP WANTED: POTATO HARVEST

Starts approximately Sept. 15 and runs for approximately 15-20 days. Truck drivers, warehouse workers and equipment operators needed. Overtime included. Call 218-556-9316.



Riviana Foods, Inc.
Clearbrook, MN 56634

Hiring for:
Manufacturing Production Laborers - All Shifts
-Full Time

Benefits include:
-Health/Dental/Vision/401K
-Shift Differentials
***Apply in Person or Call 218-776-3118**

R18-21C

MORE HELP WANTED on next page



Hiring for:
Administrative Assistant
Food Manufacturing Facility

-Competitive Wage
-Full Time
-Benefits include:
Health/Dental/Vision/401K

Riviana Foods, Inc.
Clearbrook, MN 56634
218-776-3118
***Apply in Person or Call**

R15-18C

CUSTODIAL POSITION



Clearbrook-Gonvick School has an opening for a custodial position. This is a full-time, 12 month position, with benefits. Pay is negotiable dependent on experience. Job requirements include the ability to thoroughly clean while paying attention to detail with some lifting and bending required. Boiler's license is helpful but not required for the position. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions.

Please submit resume, letter of interest, and application to:
Clearbrook-Gonvick School
16770 Clearwater Lake Rd.
Clearbrook, MN 56634
mmccoy@clearbrook-gonvick.k12.mn.us
Attn: Melissa Weems, HR

R18-22C

Case Manager Position Available



Inter-County Community Council is accepting applications for an opening in our Family Services department:

Case Manager: The Case manager will recruit, coach, and provide comprehensive coordination of services to homeless and at risk of becoming homeless youth, individuals, and families. The position is full time / 40 hours a week working out of our Thief River Falls Office.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountyycc.org. Send completed application and resume to Inter-County Community Council, Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountyycc.org. Applications must be received by **4:30PM on Monday, August 1st**. Call 218-796-5144 x1017 for more information.

ICCC is an equal opportunity employer and program provider.

R18-19C

AD DEADLINE NOON ON FRIDAYS



NOW HIRING

WELDER & SHOP HAND

- ✓ Competitive pay and benefits
- ✓ Located in Clearbrook, MN
- ✓ We provide on-the-job training
- ✓ Must be dependable, flexible and willing to learn

JOIN OUR TEAM!

CONTACT: TYLER HALL
218-686-9507

tylerh@cleararcindustries.com

R17-20C

HELP WANTED

Looking for a farm hand.
\$20 to \$25 an hour depending on experience.
Work will be in the Oklee area.
Call Brad at 701-330-9849.

R16-19C

Need to Get Rid of a Few Things?

Sell it in the Canary!

Richards Publishing Co.
218-487-5225



The **Classifieds** Are the Cat's Meow.

Area shoppers know the Classifieds are the purr-fect place to find a bargain. In the Classifieds, you can track down deals on everything from collectibles to cuddly kittens. It's easy to place an ad or find the items you want and it's used by hundreds of area shoppers every day.

Just \$5.00 for 20 words and \$1.00 for each 4 words thereafter.

Go with your instincts and use the Classifieds today.

Richards Publishing Co.
PO Box 159, Gonvick, MN 56644
richards@gvtel.com
218-487-5225



Let's get growing.™

Scoular is Hiring!
Sign on Bonus Offered
Apply Today!!

Opportunities at our Mentor, MN Facility
Sunflower Processing Plant

Mill Operator | General Laborer | Plant Manager

Scoular is an employee-owned company with over \$4 billion in sales. For over 125 years, we have been defining what's possible in agribusiness supply chains for customers and partners around the world.

Join our team to own what is possible!

To apply, send your inquiry to sgordon@scoular.com
Or Call 1-218-280-4806 ask for Spike

Scoular offers a competitive benefit package, including medical, dental, vision insurance, 401k match, paid time off and more!

www.Scoular.com

The Scoular Company is an Equal Opportunity Employer

O14-21C

JOB OPENING COUNTY OF CLEARWATER

JOB TITLE: Full-time Sentence to Serve Crew Leader (STS)

JOB DUTIES:

- Leads, directs and monitors sentence to serve inmates or offenders to ensure projects are completed timely, efficiently and to meet court ordered obligations.
 - a) Works alongside offenders/inmates to model appropriate behaviors and demonstrate positive work values and work ethics.
 - b) Monitors safety and work practices and assure safety equipment needs are provided in accordance with OSHA requirements.
 - c) Evaluates inmates' abilities and assigns tasks/projects accordingly.
 - d) Monitors behaviors of crew and provides progressive disciplinary procedures, if necessary to ensure appropriate behaviors.
 - e) Transports inmates/offenders to work sites.
 - f) Administers first aid or arranges for medical care, if necessary.
 - g) Maintains and documents activities, logs and records in accordance with Department of Correction requirements.
- Interacts with and collaborates with local correctional agencies, courts, probation officers and law enforcement to ensure services are provided and courts are informed of offender status.
 - a) Provides oral, written and computer reports to probation officers and restitution coordinators regarding performance, attendance, problems and completions of program participants.
 - b) Makes recommendations on offender discharge from program and/or other alternatives.
 - c) Advise local justice officials of program issues.
- Repair, maintain and/or order STS equipment, materials or supplies. Inspects and cleans equipment. Orders and recommends the purchase of equipment required for STS projects.
- Maintains and prepares a variety of program reports, participant activity reports/summaries, incident reports, project sites/hours worked, purchase orders, mileage logs, expense receipts, time sheets, etc. required to maintain program records/files.
- Performs other duties of a comparable level or type, as required.
 - a) Attends training, sessions, and staff meetings.
 - b) Maintains training and certification requirements.
 - c) Performs special projects or assists other county departments as needed.

JOB QUALIFICATIONS:

- Minimum of one-year post-secondary education in a vocational or technical trade.
- Knowledge of computer systems and ability to use several software programs helpful.
- Possess a valid Minnesota driver's license.
- Must be a US Citizen with no felony convictions.

Anticipated start date for this position will be August 8, 2022.

Salary range is \$18.27 – \$23.88/hour as of the current union contract for 2022. Applications can be obtained online at www.co.clearwater.mn.us or at the Clearwater County Sheriff's Office at 213 Main Ave. N, Bagley, MN. Completed applications and resume must be submitted to the Clearwater County Sheriff's Office no later than 4:30 p.m. on July 25, 2022.

R17-18C



MCAN For more information on MCAN ads call: 218-487-5225

Minnesota Classified Advertising Network



EMPLOYMENT

THE PIONEER REVIEW
Philip, SD, is hiring a News Reporter/Editor. Thrive in the relaxed atmosphere of Western South Dakota. \$1,000 moving bonus available. To inquire, call 605/859-2516 or send cover letter and resume to: don@pioneer-review.com and beau@pioneer-review.com

WANTED TO BUY

WANTED:
ALL 1970S MOTORCYCLES
Running or not. Titled or not. Cash in exchange. Sell now while prices are high! Call Dan at 612/720-2142

Advertise here statewide in 210+ newspapers for only \$279 per week! Call 800-279-2979

FARM EQUIPMENT

OWN TILLABLE AND TIMBER LAND?
Earn \$3,000-\$5,000 every year. #1 Hunting lease company in America. Upfront payments from hunters. Base Camp Leasing 888/871-1982

MISCELLANEOUS

DISH NETWORK
\$64.99 for 190 Channels! Blazing fast internet, \$19.99/mo. (where available.) Switch & get a FREE \$100 Visa gift card. FREE voice remote. FREE HD DVR. FREE streaming on ALL devices. Call today! 855/562-4309

SAFE STEP

North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 off for a limited time! Call today! Financing available. Call Safe Step 855/440-8982

MISCELLANEOUS

DONATE YOUR CAR
truck or boat to Heritage For The Blind. Free 3-day vacation, tax deductible, free towing, all paperwork taken care of 844/220-9501

DIRECTV STREAM

Carries the most local MLB Games! CHOICE Package, \$89.99/mo. for 12 months. Stream on 20 devices in your home at once. HBO Max included for 3 mos. (w/CHOICE Package or higher.) No annual contract, no hidden fees! Some restrictions apply. Call IVS 855/803-9309

THE GENERAC PWRCELL

a solar plus battery storage system. Save money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down financing option. Request a free, no obligation quote today. Call 888/913-5895

EMPLOYMENT CONTINUED...

Welder Position

Must be able to weld various metals to meet quality standards and specifications. Willing to rotate between workstations as required. Perform quality testing and documentation as required. Maintain a regular, reliable attendance. This position is full time with major medical Insurance, vacation, 401(k) plan and profit sharing. Forty (40) hours a week minimum, four days per week (5:00 am - 5:00 pm), Monday - Wednesday, (5:00 am - 10:30 am) Thursday. Salary based on experience.

**1976
MACHINEWELL**
Grygla, MN

Machinewell, Inc.
Grygla, MN

218-294-6101 (Ask for Steve)
sanderson@machinewell.com



SEASONAL OR YEAR ROUND CLASS A DRIVERS



Looking for seasonal or year round class A truck drivers, qualifications are 3 years verifiable driving experience, a tanker endorsement, ability to haul out of Canada, and a reasonable MVR. Based out of Fargo, ND and Fosston, MN. Paid weekly. Call for more info. 218-280-9614

HEAD START POSITION AVAILABLE

Would you like an opportunity to guide and provide leadership to a high quality early childhood program? Would you like to work in a family friendly environment? Would you like to work for an agency that promotes professional growth and has room for career advancement? Are you looking for a career with great benefits?

Inter-County Community Council is accepting applications for openings in our Head Start program. ICCC serves 3 1/2 counties with a team of 32 staff.

Early Head Start Home Visitor: 40 hours a week, year round position, office location dependent upon caseload – Thief River Falls, MN or Oklee, MN. Position works with families of children ages birth to 3 years, providing in home education visits on a weekly basis. Minimum of a Child Development Associate, AA degree preferred; experience with children preferred, additional training will be provided. Must be able to pass a background check. **Please submit applications by 4:30PM on Monday August 1st.**

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountycouncil.org. Send completed application and resume to Inter-County Community Council, Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountycouncil.org. Call 218-796-5144 x1028 for more information. ICCC is an equal opportunity employer and program provider.

Brookfield Apartments

Brookfield Apts in Clearbrook, MN is accepting applications for **IMMEDIATE 1 Bd openings for all elderly and all handicapped/disabled persons.** Rent is based on 30% of your monthly adjusted gross income. Laundry room facilities available & off-street parking. **NEW Resident Manager** onsite. Camera system onsite. Accepting applications for persons of all ages. Applications and qualifications, contact Nicole at 218-751-6881 or Laura at 218-407-7681. Applications online @bemidjimanagementinc.com **AN EQUAL HOUSING OPPORTUNITY.**

RUMMAGE SALES

RUMMAGE SALE

**Friday, July 22nd &
Saturday July 23rd
9 a.m. to 5 p.m.**
Everything must GO!
701 Minnesota 222
Oklee, MN 56742

HUGE GARAGE SALE

**ONE DAY ONLY!
Saturday, July 23
8 a.m. to 8 p.m.**
**5 miles south of McIntosh
on County Road 8**
Mostly Miscellaneous: tools, craft supplies, Maytag dryer, microwave, coffeemaker, books, DVD's, set of 4 antique captain's chairs, old Avon bottles, and much more.

RUMMAGE SALE: Embassy basement 3rd/Eaton, Fosston, Friday, July 22nd (some items 50 cents) Saturday, July 23rd (\$5 bag day, bags provided) 9 am-noon both days.

NEW TWIN MATTRESS SET WITH BOX-SPRING \$199, Full Size Set \$249, Queen Set \$299. Loveseats, Headboards, Many Frame Options, Bedding and More- Brother's Furniture. A Family Business Since 2012- Delivery Available- Call 218-766-0064 brothersdiscountfurniture.com

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171

GULLY CAFE

Gully Cafe for Lease. Fully Equipped. For more information call Brad Gunderson at 218-796-5478.

New Owners!

Stop in and say hello!
Isaac Ashley
**Banners • Logo Design
Paint Protection • Pin Stripping
Signs • Truck Lettering
Vehicle Graphics & Wraps**
Just south of Bagley Co-op Oil
218-694-2020 or 218-556-3622
moosecreekgs@gmail.com

**DEADLINE NOON
FRIDAYS**

**Are You
Ready to
Sell Your
Home?**



**Let Sollie Realty
make the process a
smooth one!**

Contact the full-time professional staff at Sollie Realty to make the process a simple and pleasurable one.

**SOLLIE
REALTY**
Fosston, MN
218-435-1525
www.sollie.net

Waling's Stump Grinding

Local
18+ years of experience
Free estimates

Call
218-689-2871
or 218-242-0269

ATTENTION LANDOWNERS/FARMERS

If you have unused land and are:
1) Looking for Passive income
2) An extra yearly revenue stream
3) Looking to reduce crop damage
4) Deter trespassing
5) A return on your investment or want help paying your yearly taxes we are interested in talking with you.
We are actively seeking hunting leases in Clearwater, Eastern Polk and Western Beltrami Counties or properties within 15-25 minute drive from Clearbrook, MN.
We are looking for properties for Bow hunting, Rifle hunting and Muzzleloader hunting seasons.
Short to long-term leases wanted. We are fully licensed and insured. If you have unused land and may be interested in leasing give Chad a call at 218-533-1180.

CORNERSTONE
A SOLID FOUNDATION IN HEALTHCARE

→ Cook - Full or Part Time
Full or Part Time - Contact Paige for more details.

→ Housekeeper
Full Time - Contact John for more details.

CORNERSTONE NURSING & REHAB CENTER
416 7th STREET NE, BAGLEY, MN. (218)694-6552

Great BENEFITS:
For full time employees.

- ♦ Paid Life & Health Insurance
- ♦ Vision & Dental Insurance
- ♦ PTO & Sick Pay
- ♦ 401K & More!

APPLY TODAY
WWW.CORNERSTONESHHC.COM

**Polk County Full-Time
Employment Opportunities:**

ASSISTANT COUNTY ATTORNEY:
\$39.43 - \$50.13/hr - Open Until Filled

CUSTODIAN I:
\$16.45 - \$20.92/hr - Open Until Filled

FACILITIES DIRECTOR:
\$37.20 - \$47.29/hr - Open Until Filled

LANDFILL TECHNICIAN:
\$19.59 - \$24.91/hr - Open Until Filled

PUBLIC SAFETY TELECOMMUNICATOR:
\$23.34 - \$29.67/hr - Open Until Filled

SORT LINE OPERATOR I OR II:
\$15.52 - \$20.92/hr - Open Until Filled

WELLNESS COORDINATOR:
\$27.80 - \$35.34/hr: Closes July 27, 2022, at 4:30 p.m.

Polk County offers a highly competitive benefits package including but not limited to affordable family healthcare plans and PERA retirement.

For an application, full job description and general job opening information go to www.co.polk.mn.us and click on "Careers".
EOE

TRAIN RIDES ARE BACK
Bed & Breakfast Train
Wine & Cheese Train
Elegant Dinner or Family Pizza
Begin May 10, 2022 • Get Tickets Today

Reservations 715-635-3200
www.spoonetrainride.com

N6639 Dilly Lake Rd
Trego, WI

ROUTE DRIVERS WANTED
Fuel/Propane Delivery & Service.

Great overtime potential, Class B, CDL Lic, Hazmat & tanker endorsement required. Competitive wage and excellent benefits including health & dental insurance, and a 401(k) plan.

Call Bill or Quay at
(952) 466-3720 or email
quayz@midcountycoop.com

MC Mid-County ENERGY
FUELS • PROPANE • LUBRICANTS
700 W. Lake, P.O. Box 177, Cologne, MN 55322

AUTO MECHANICS WANTED
EARN UP TO \$75K PER YEAR
AS A MECHANIC AT MID-COUNTY AUTO, TRUCK & TIRE CENTER

WANT TO LIVE & WORK IN THE COUNTRY, BUT BE CLOSE TO THE TWIN CITIES?

Full service, well established, auto, truck and tire repair center on Hwy 212 in Cologne, MN is seeking beginning and experienced auto and truck repair technicians. Full-time 40-45 hours, excellent benefits, competitive wage based on experience.

MC Mid-County Auto-Truck & Tire Center
710 Lake St W, Cologne, MN 55322

For more information visit
midcountycoop.com/mechanic-job
to apply contact Mike at (952) 466-3710 or mikeb@midcountycoop.com

**INJURED AT WORK?
DISABILITY DENIED?**

**Contact Us Today
For Free Advice**

Workers' Compensation
Long-Term Disability
Social Security Disability

218-824-0093
www.GetFields.com

Steve Fields
Minnesota Attorney
FIELDS LAW FIRM



PHOTO L-R Front row....Lilian Farrington 14, Megan Vernlund 17, Brooklyn Vernlund 15, Mateja Dreyer 17, Cejay LaValley 13, Josey LaValley 16, Caylyn Binkley 17, Kaylie Winger 19, Ellen Lange 15. Second row....Blake Erickson 19, Lucas Logue 17, Caleb Schmidt 20, Brennan Schmidt 17, Joey LaValley 17, Carter Matthews 16, Cameron Schwinn 15, Ashton Schwinn 17, Cameron Labelle 16, Brandon Puschinsky 17, Nathan Sletto 20, Landon Gross 18, Blanke Watson, Justin Honer 14, Peyton Emerson 13, Tristen McClynn 13, Justin Barsness 16, Malachi Albrecht 15, Hunter Weeks, Landon Randt 15

Future is bright for Bemidji Speedway “Young Guns Night”

7/13/2022, By Dennis Peterson

The future of racing at Bemidji Speedway is looking very good. As the veteran drivers retire from racing many wondered if the sport would slowly disappear. But with a third of the racers at Bemidji Speedway 20 years old or younger the racing legends are being replaced with the “Young Guns” and the future is bright for Wednesday, July 20, 2022

racing in the Bemidji area.

Sunday night the track highlighted the young racers during intermission with 29 racers driving onto the track for recognition and there were a few that didn't make the show on Sunday. Of the 29 in attendance 9 were lady drivers.

Within this group, three went on to win feature races Sunday

night. Nathan Sletto 20, won the Renegade Sprint feature, Ashton Schwinn 17, the Mini Stock Feature, and Carter Matthews 16, the Wissota Hornet feature. These young racers will be back in action on Fan Appreciation Night Sunday at 5:30.



Theology in the Trenches

By Kathleen Kjolhaug

The Little Sand Piles Caused Pause

The little piles were piling up. Twas chilly while walking doggie today. She made her way up, down, and through the meandering pathways and as I followed, I watched her pause. Taken aback, I noticed her sniffing the fresh little mounds of sand with a hole in each center upon the gravel road. As she sniffed, I reigned in the leash so she would not destroy the handiwork of the worker ants who'd made their presence known. I breathed a sigh of relief when she quickly lost interest in them.

Territorially speaking, the ants and I have been here long before doggie, and protective I was of the territory. Further down the road the tiny gravel pit like buildings became more numerous as the connected condos were all over the road. Paws evaded each one as if knowing it was holy ground upon which doggie trod.

Perhaps all of us at some

point, have appreciated the work it takes those little bug-gers to form such monumental tasks. As I child, I had my nose to the ground for long pauses as I watched the ants dig from the trenches of life. One piece of sand on the back of one ant climbing up and out of the tunnel was amazing. One knew full well that the outward structure was nothing in comparison to what lied below.

In some Science room somewhere along life's journey, I recall peering through two clear plastic plated pieces. In between each piece was sand. Enter into this space the ants were placed, and away they went. One could see the tunnels built below ground while looking on—all the while the ants unaware they were under the microscope, so-to-speak.

I share this because there's a sense of calm in the pause in observing anthills. At least I think so. Any cause for pause is worthy of note.

Watching cattle chew has

always brought about a sense of peaceful wonderment. How they thoroughly enjoy each cud forming glob of the selected grasses upon which they graze has often mesmerized. Noting how doggie enthralled with horses up the road (as if she were one with them) brings cause for pause especially when she won't budge until she's gone nose to nose with each one. The dance of the bumble bee rumbling while exploring their source of sustenance—is sheer gentleness and as it adds up to sweet honey, it's not only a marvel but a wonder to behold. Listening to water lap upon shoreline—draws pause. A grocery cart with all four wheels going in the same direction causes a deep sigh of relief offering for just a moment, prayerful pause.

I wonder. What is your cause for pause?

Psalm 34:8 says, "Taste and see the goodness of the Lord." Need I say more? May your causes for pauses be breathtaking as He reveals Himself in each one. Amen.



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Q u e s - t i o n : A while back you wrote an article on

the different driver license classifications. Can you talk about restrictions and endorsements? Thanks!

Answer: A Minnesota driver's license can have additional restrictions or endorsements based on the person and their license classification.

Endorsements

- Motorcycle
- Hazardous Materials
- Passenger Transport
- School Bus
- Tank Vehicle
- Double/Triple Trailers

Restrictions

- Corrective Lenses
- Mechanical Devices (hand controls or other adaptive devices)
- Prosthetic Aid
- Automatic Transmission – Equipped CMV
- Limited to Daylight Driving Only
- CDL – Intrastate Only
- No Air Brake Equipped CMV
- No Class A Passenger Vehicle
- No Class A & B Passenger Vehicle
- No Tractor-Trailer CMV
- No Passenger in a CMV Bus
- Ignition Interlock Device
- Medical Variance/Waiver
- No Cargo in a CMV Tank Vehicle
- No Full Air Brake Equipped CMV

- Any use of alcohol invalidates license
- Hand Operated Brakes
- Complete Hand Controls
- Outside Mirrors
- Valid for 3-wheel motorcycle
- Farm Work and Drivers Education Instruction Permit
- Hand Operated light beam control
- Elevated Driving Seat
- No Freeway Driving

If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).



Mackinac Bridge

By Auctioneer Eric W. Michelson



Every September an event happens on the Mackinac Bridge. It is the annual tractor crossing. It is a unique and interesting tractor ride. If you are not familiar with a tractor ride, a bunch of tractor fans get together and head down the road with their old tractors. Some rides are long lasting more than a day. Others are short measured in hours or even less. No matter the distance those that love tractors enjoy their jaunt, sitting in the seat of their favorite tractor and enjoying the view of whatever the path they are taking. One episode of my favorite show, Classic Tractor Fever talks about the Mackinac Bridge tractor crossing. This year I heard over 1500 tractors crossed the bridge. Well, unfortunately it is not the weekend of the tractor ride, but I am in Mackinaw City on vacation thinking about the tractor ride.

I don't know if you are familiar with the Mackinac Bridge. I was not but learned many facts about the bridge. The Mackinac Bridge connects the upper peninsula of Michigan with the lower peninsula, spanning the strait of Mackinac. It is the fifth longest suspension bridge in the world and the longest in the western hemisphere. Construction began on the bridge on May 7, 1954. It was opened for use on November 1, 1957. The two main support towers are 552 feet tall. The height of the roadway in the middle of the bridge is 200 feet above the water. All suspension bridges are meant to move to accommodate wind, temperature, and weight. According to the Michigan Department of Transportation(MDOT), the

bridge can move up to 35 feet in an east and west direction if the wind was strong enough!!

A man named Bob Baumgras of Owosso Tractor Parts organized the first crossing. In 2007 the Mackinac Bridge Authority granted Owosso Tractor Parts permission to conduct a tractor parade over the bridge. The first year(2007) 614 antique tractors made the crossing, in 2015 over 1000!! In 2017, 1326 tractors crossed the bridge. This year a cap of 1500 tractors was made and reached. It has turned into a huge event. People from many states and even England participated in the crossing. This event takes place in September, pretty hard for a school teacher to get away!! But maybe someday I can make the trip and watch the parade across the Mackinac Bridge!!! On for the bucket list!!

How about some bridge trivia?

1. The towers of the Mackinac Bridge are 552 feet high. This is almost exactly the same



Mackinac Bridge.

as what Monument in Washington DC?

- A) The Lincoln Memorial
B) The Washington Monument
C) The White House

2. What two Great Lakes Meet under the Mackinac Bridge?

- A) Superior and Michigan
B) Erie and Huron C) Michigan and Huron

3. How long is the Mackinac Bridge?

- A) 2.5 miles B) 19 miles
C) 5 miles

4. What tractor company, mentioned in an earlier article, had its headquarters in Dearborn, Michigan.

- A) John Deere B) Fordson
C) International Harvester

5. The Nichols and Sheppard Company was bought out by Oliver in 1929. What Michigan town was its headquarters?

- A) Detroit B) Lansing C) Battle Creek

Answers: 1. B 2. C 3. C 4. B 5. C

FARM RETIREMENT AUCTION



BIDDING OPENS THURS., JULY 21ST
BIDDING STARTS TO CLOSE THURS., JULY 28TH ~ 6PM

Items are Located at 12060 340th Ave SE, Trial, MN
For Online bidding and registration go to www.mcmullensales.com



TRACTORS

- 07 John Deere 7130 MFWD, CAH, Diesel, 3 Hyd., 3pt. 540/1000 PTO, Power Quad, 12sp. Forward, 4 Reverse, 460/85/R38 Rear, 340/85/R28 Fronts, Foot Throttle, Tilt, Boss AM/FM/USB/Aux Radio, Front & Rear Wiper, 10,072 Hours
88 Case IH 7130 MFWD, CAH, Diesel, 18sp. Powershift, 3 Hyd., 3pt. 540/1000 PTO, 18.4-42 Rear Tires 90% insides w/Hub Duels & Tires, 13.6-28 Front Tires, Front Weights, Front & Rear Wiper, Tilt, Air Seat, 2634 Hours Showing, S/N J1A0003959
83 John Deere 8650 4wd, CAH, Quad Range, 20.8-38 Radials, 3 Hyd., 1000 PTO, 2,330 Hours Showing S/N 003243
79 John Deere 4040 CAH, Diesel, 2 Hyd. 3pt., 540/1000 PTO, Quad Range, AM/FM Radio, Diff Lock, 18.4-34 Rear Tires w/Hub Duels & Tires, 111-15 Fronts, 8,772 Hours, (One Owner)
69 John Deere 3020 Diesel, Syco, Single Hyd., 3pt., 540/1000 PTO, 16.9-34 Rear Tires, 9.5L-15 Fronts, Equip. W/John Deere 148 Hyd. Loader & 84in. Bucket, 2,550 Hours Showing, S/N 125546
54 John Deere 70 Gas, Wide Front, Pow-Trol, 540 PTO, 13.6-38 Rear Tires, Equip. W/Farmhand F-11 Hyd. Loader, 8ft. Bucket, PTO Pump, 4,108 Hours Showing, S/N 7011342

DITCHING EQUIPMENT

- Toreq 11 yard Scraper, Hyd. Push off, 16.5L-16.1 Front Tires, 18.4-26 Rear Tires S/N 1174
Sheyenne Cyclone Rotary Sift. Ditcher, 1000 PTO, Coulters, Hyd. Tilt & Angle, Dual Chutes, 9.00-20 Tires (Like New)
BIL 12ft. Killefer, Hyd. Tilt & Lift, S/N SX2037
Prestige Rotary Ditcher 3pt. 540 PTO Eversman V-Ditcher 3pt

GRAIN HANDLING

- Parker 839 Grain Cart, 1000 PTO, Digi-Star 67460 Scale, 30.5L-32 Tires, Roll Tarp, S/N 825830101
Brandt 1060 540 PTO Swing Out Auger, Hyd. Lift
Buhler Farm King 10-70 540 PTO Swing Out Auger, Hyd. Lift S/N 21503821
Kwik Kleen Grain Cleaner, Extra Screens, 220v
Hi-Cap Grain Cleaner Mod. 48 w/Auger, 230v Elec. Motors
Dakon Gravity Box on 4 wheel running gear
Feterl Rotary Screen w/Hopper 2hp 230v
Hydra Fold Gravity Box Drill Fill Auger, Hyd.
HAYING EQUIPMENT
Case IH LBX332 Large Square Baler, Rear Accumulator, 1000 PTO, Monitor, Lincoln Quick Lub, Rear Camera, 130gal. Tank w/Pump, 21.5L-15.1SL Tires, S/N 314444001
JF-Stoll M800 Pro Twin Rotor Rake, 2pt. Hookup, 540 PTO, Hyd. Fold
Enorossi Harvestman VH14 14 wheel Rake Hyd. Fold
Woods 3240 20ft. Baling Mower, 1000 PTO, H29x9.0-15 Tires
16 Rolls of Polydross Top Net, Net Wrap 64x7000ft. Per roll

ROCK PICKERS

- 08 Kangskilde Stonebore 7100 Rock picker/Rock Windrower 20ft. Working width, Hi Dump, 540 PTO, Hyd. Fold Windrowers, 500/60/R22.5 Tires
Crown 3 Bat Reel Type Rock Picker, Hyd. Drive, 9.5L-15 Tires

GRAIN TRUCKS

- 79 IH 51900 DT466 Diesel, Auto Trans, Tandem Twin Screw, 22ft. Steel Box w/Hoist & Pump, 3 Way Endgate, Roll Tarp, 10.00-20 Rear Tires, 11R-22.5 Fronts, 502,362 Miles
74 Ford 800 V8 Gas, 5/3 speed, Tandem Twin Screw, 20ft. Alum Box w/Hoist & Pump, Shur Lock Roll Tarp, 9.00-20 Rear Tires, 10.00-20 Front, Diff Lock, 9,886 miles showing
75 Ford 800 V8 Gas, Auto Trans, Tandem Twin Screw, 19ft. Frontier Steel Box w/Hoist & Pump, Shur Lock Roll Tarp, Diff Lock, 9.00-20 Rear Tires, 11R-22.5 Front, Safe T Pull, 23,601 miles
73 Chevy C65 427 V8 Gas, 5/2 speed, 16ft. The Strong Box Steel Box, 3 Piece Endgate, Hoist, PTO, Single Axle, 9.00-20 Tires, Shur Lok Roll Tarp, 95,273 miles 11R-22.5 Front Tires, 295/75/R22.5 Rears
70 Chevy C50 292 V8 Gas, 5/2 speed, 18ft. Wesigo Steel Box, Hoist & PTO, Tandem Axle w/Tag, 9.00-20 Tires, Shur Lok Roll Tarp, 11,771 Miles
67 Chevy 50 V8 Gas, 5/2 speed, 18ft. Steel Flatbed, Tandem Axle w/Tag, 51,695 Miles

MISC. EQUIPMENT

- Bobcat SB200 78in. Skidsteer Snowblower, Hyd. Spout, (Like New)
The Hollow 3pt Cone Spreader, 540 PTO, Like New
HD 4 wheel Running Gear 12.5L-15 Tires w/13ft. Steel Frame
1000 Gal. Poly Tank on 4 wheel Running Gear, Hyd. Pump, 12.5-15 Tires
1000 Gal. Poly Tank on Genex 20000 4 Wheel Running Gear, Hyd. Pump
Minnesota Big 7 4 Wheel Running Gear 9.5-14 Tires
IH 4000 18ft. Swath, 6 cyl. Gas, Hydro, Finger Reel, 16.5-16.1 Tires
SR10 10ft. Canola Roller S/N 981196
John Deere 9350 20ft. Press Drills, 2-10ft. Sections
Oliver 475 5 Bottom Pull Type Plow, Hyd. Reset
Diamond H 10ft. 3pt. Killefer w/Skidsteer Hookup
Thor JD to Skidsteer quick tach adapter
3pt. Bale Spear
1000 gal. Fuel Tank w/110v Pump
12-24 Tires & Rims for MF 860 Combine
Implement Tires & Rims
2-23.1-26 New Tires
SNOWMOBILE & CAMPER
98 Companion 22HT 22ft. Bumper Pull Camper, Tandem Axle (Roof Needs Work)
97 Polaris Indy 500LC, 6,033 miles, Xtra-10

R18C

ANDY PETERSON, OWNER

This Auction Conducted, Managed & Clerked By

McMULLEN Auctioneers

THIEF RIVER FALLS, MN • (218) 691-3960

CALL ON US – "The Auction Team That Goes To Work For You"

Joe McMullen, Auctioneer
(218) 691-3144
John McMullen, Vice President
(218) 691-4009
Scott McMullen, Auctioneer
(218) 691-3144
Joni McMullen, Vice President
(218) 691-4009

www.mcmullensales.com • email: mcmullensales@mncable.net

LOGO & NEWSPAPER ADS
GRAPHIC DESIGN
WE WILL DESIGN
BROCHURES & BANNER
FLYERS
B&W OR 4 COLOR PRINT
CONTACT SUE • 218-487-5225

BLUEBERRIES WORD SEARCH

B A K I N G X C O M P O U N D S O B S N
T A F D N I T V G K T K W H S U B W L B
L G N E A C A K L T V X U Y Y S N A I M
C T J F U H Y N Y O S K R L W W N F J A
I C W I E K P W T P W Y T E I O A M R N
Q F L A V O N O L H V S E E I W M A J I
P Y R R E B E U L B O T I T W M O N O T
A T I E T F Q U M Y K C I H G R R G M E
P O L Y P H E N O L S R Y J I W A A J C
M D B O C B U H G F T M Q A G S S N R R
T S T I F E N E B U Y X V S N H S E D E
C D T B W H C Y N Q A N T X L I S S E I U
A O C O Q Y G T H K N R H G X J N E F Q
P K G F A T P S N I M A T I V P J S H C
U E L N R K U O L D O O F R E P U S S F
R C F F I X A L S T N A D I X O I T N A
P I I I Q T O O Y M Y R I C E T I N X Y
L U B L X K I O S G N I V R E S P E Y M
E J E N O G I V S X P X I C H W G D R R
B Y R C D J R M E F I D Y L L E J B Q S

BLUEBERRIES WORD SEARCH

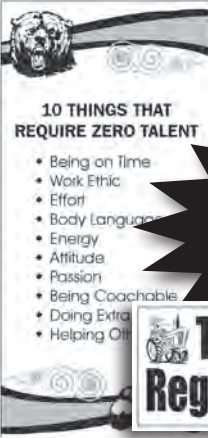
Answers on page 7

ANTHOCYANINS
ANTIOXIDANTS
BAKING
BENEFITS
BLUEBERRY
BUSH

COGNITIVE
COMPOUNDS
FIBER
FLAVONOL
HEART
JAM

JELLY
JUICE
MANGANESE
MYRICETIN
NUTRITIONAL
POLYPHENOLS

PURPLE
QUERCETIN
SERVINGS
SUPERFOOD
SWEET
VITAMINS



Yes! We Do Banners!

2 feet by
any length
needed!

- Vinyl - Outdoor Quality
- Paper - Cover Stock
- Foam Core Mounting Available

218-487-5225

Email richards@gvtel.com



BUY THIS MONUMENT

\$895.00

Custom Granite Monuments designed to fit your needs!

Anderson

PETER B. MARCH 21, 1925
NORMA P. JULY 26, 1928
APRIL 20, 2009
APRIL 22, 2008

Buy Factory Direct! Avoid Funeral Home & Salesman Commission!

NESS GRANITE WORKS

3 miles N. on Hwy 59, Detroit Lakes, MN

800-309-5191 • www.nessgraniteworks.com

OBITUARIES

Services for Evelyn (Hagen) Boggess

Evelyn (Hagen) Boggess, Age 97 of Ocala, Florida died June 13, 2022. A 1943 graduate of Clearbrook High School. She was preceded in death by husband's Dave and Bob, parents Gunnar and Betsy, Brothers Robert and Donald, Sister Inez. Survivors include three daughters and their families.

Obituary for Darryl Mathson

Darryl Mathson, 83 of Oklee, MN passed away on Saturday, July 9, 2022 at his residence. The funeral service to celebrate Darryl's life was held 11:00 AM on Friday, July 15, 2022 at Salem Lutheran Church near Oklee, MN with Rev. Linda Molitor officiating. Burial followed in the Salem Cemetery. Darryl Glenn Mathson was born February 25, 1939 in Thief River Falls, MN the son of John Raymond and Gertie (Langie) Mathson. He was baptized and confirmed at Salem Lutheran Church near Oklee, MN. Darryl attended school in Oklee and graduated with the class of 1957. Following high school, Darryl moved to Milwaukee, WI where he worked for Appleton Electric for a short time before moving to Hingham, MT where he worked as a ranch hand. In 1958 he returned to Oklee and went to work for Cargill Elevator in Crookston, MN unloading box cars. On September 28, 1958, Darryl was united in marriage to Arlene Vad at Trinity Lutheran Church in Thief River Falls, MN. The couple moved to Milwaukee where he went to work for American Motors. The family later moved to Minneapolis, MN where Darryl worked for Ford Motor Company in St. Paul. Eventually they moved to Forest Lake, MN where he bought a little resort and then settled in Oklee where Darryl sold Farmers Insurance, Mid-America Insurance and sold Marvel Brute Buildings. In 1987, Darryl started trucking and worked

for three companies: Consolidated Transportation, North Star, and Transport America. He also helped farm the Mathson Family Farm. He retired in 2008 for health reasons after logging well over a million accident-free miles. After his family, trucking was the love of Darryl's life! After retirement he kept working as a day-trader until the day he died. Darryl was very ingenuitive, had a great memory, enjoyed telling stories about his life to the smallest detail. He loved music, cars, dogs, tractors, going to the casino and old movie stars. He was a voracious reader; his heart was broken over his son's death in November 2021. He would take care of Brutus (Guy's dog) until his last day. In his younger years he liked to hunt rabbits and partridge, participated in neighborhood ballgames, played high school football, and starred as Bruno in a high school play, "Rebel Without a Cause". Darryl would often talk about their smart horse "Beauty". Darryl was a life-long member of Salem Lutheran Church near Oklee, MN. Survivors include his loving daughter, Cindy (Mark) Nelson of Erskine, MN; grandchildren, Amy (Chad) Sperling of Grand Forks, ND, Travis (Shannon) Nelson of Thief River Falls, MN, Krista (Andrew) Johnstad of Beltrami, MN, Brent, Kasie, & Bailey Mathson all of Clearbrook, MN; great-grandchildren, Chasity, Mailea, & Tyler Mathson, Alexis Mathson, Brock, Parker, & Evangeline Johnstad, Jaxton Sperling, Oaklee & Gunnar Nelson; brother, Luverne (Gloria) Mathson of Johnson Creek, WI; nieces and nephews, Anita (Greg) Domino, LuWayne (Mandy) Mathson, LuAnn (Forrest) Larson, Laurie (Tom) McDonald, Jay (Krista) Mathson; his son's dog, Brutus "Puppy Chow" Mathson; and many other relatives and friends. He is preceded in death by his son, Guy; parents, John and Gertie Mathson; grandson, Tyler Mathson; and infant children, Debra, Baby Boy Mathson and Daniel. Condolences may be sent at www.johnsonfuneralservice.com

GARDEN VALLEY TECHNOLOGIES

GVTV | Internet | GV Cellular

Security & Smart Home

Phone | IT Services

RETAIL STORE LOCATIONS: Bagley | Erskine | Thief River Falls

800-448-8260 | www.gvtel.com | [f](#) [in](#) [o](#) [@](#)

Word Search Answers this week

B
T
L
C
I
Q
P
A
M
D
T
C
A
P
U
R
P
E
B
Y
R

A
F
D
N
I
T
V
G
K
T
K
W
H
S
U
B
W
L
B
G
N
E
A
C
A
K
N
L
T
V
X
U
Y
S
N
A
I
M
J
F
U
H
Y
O
S
K
R
L
W
N
F
J
A
E
K
P
W
T
P
W
Y
T
E
I
O
A
M
R
N
L
A
V
O
N
O
L
H
V
S
E
E
I
W
M
A
J
I
R
R
E
B
E
U
L
B
O
T
I
T
W
M
O
N
O
T
I
E
T
F
Q
U
M
Y
K
C
I
H
G
R
R
G
M
E
P
O
L
Y
P
H
E
N
O
F
S
T
R
Y
J
I
W
A
A
J
R
C
M
D
B
O
C
B
U
H
G
L
T
M
Q
A
G
I
S
S
A
N
R
C
T
S
T
I
F
E
N
E
B
U
Y
X
V
S
N
H
S
E
D
E
D
T
B
W
H
C
Y
N
Q
A
N
T
X
L
I
S
S
I
U
A
O
C
O
Q
Y
G
T
H
K
N
R
H
G
X
J
N
E
F
Q
K
G
F
A
T
P
S
N
I
M
A
T
I
V
P
J
S
H
C
U
E
L
N
R
K
U
O
L
D
O
O
F
R
E
P
U
S
S
F
R
C
F
F
I
X
A
L
S
T
N
A
D
I
X
O
I
T
N
A
P
C
I
I
I
Q
T
O
O
Y
M
Y
R
I
C
E
T
I
N
X
Y
L
U
B
L
X
K
I
O
S
G
N
I
V
R
E
S
P
E
Y
M
E
J
E
N
O
G
I
V
S
X
P
X
I
C
H
W
G
D
R
R
B
Y
R
C
D
J
R
M
E
F
I
D
Y
L
L
E
J
B
Q
S

What's with the yellow soybeans?

(07/12/2022)— Yellow soybeans have been spotted in fields throughout western Minnesota this year. Dan Kaiser, Extension Nutrient Management Specialist, and Seth Naeve, Extension Soybean Specialist, joined moderators and Extension Educators Angie Peltier and Anthony Hanson to discuss a cause of this yellowing, iron deficiency chlorosis (IDC), on a recent U of MN Extension Strategic Farming: Field Notes program. What is iron deficiency chlorosis (IDC)? IDC does not occur due to a deficiency of iron in the soil. IDC is caused by the inability of some plant species to extract iron from the soil in a plant available form. This results in the yellowing, or chlorosis, of leaves between the leaf veins while the veins remain dark green. Conditions that favor IDC IDC is particularly a problem in soils with a high pH, and in soils with large amounts of calcium carbonate. Compaction and poor soil drainage can also affect the availability of iron, while environmental conditions influence the development of IDC. The amount of bicarbonate in the soil correlates with IDC in soybean - the more bicarbonate in the soil the higher the occurrence of IDC. Bicarbonates are formed in the soil typically when water-logged soils trap carbon dioxide. There is also a linkage between high soil nitrate content and IDC. IDC issues can be greater where residual nitrates are higher in the soil. IDC may be higher in fields where drought conditions last year led to higher residual nitrate levels this year. Managing IDC Planting a tolerant variety is the number one defense against IDC in soybean. Tolerant varieties have higher yield potential than less tolerant varieties where IDC is a problem, and potentially even greater yield potential when other practices that reduce IDC are used. Applying an ortho-ortho EDDHA iron chelate source in a band directly on the soybean seed at planting has been effective at managing IDC. The greatest economic advantage can occur when areas of a field with a history of IDC symptoms are targeted with an in-furrow iron-chelate at planting, and where IDC levels have been moderate or high. Foliar applied chelates however, may only green up tissue that comes into contact with the product. New vegetative growth after treatment may still be yellow, as iron is not mobile in the plant. A companion crop of oats with soybeans has also been shown to help reduce IDC. The oats help take excess nitrate and moisture from the soil. The oats should be terminated before they reach more than 10 inches in height, however, as competition with the soybean crop for water could be an issue when moisture is limiting. Attempts to acidify soil may sound good in theory, but in practice, the majority of our soils have a high buffering capacity, which means they have high resistance to a pH change. It would take a large amount of elemental sulfur to result in a very small drop in pH, and pH levels would likely rise back to where they were within two to three years. To learn more about IDC management in soybean go to <https://z.umn.edu/IDCsoybean>. You can also listen to the recording of this episode at <https://strategicfarming.transistor.fm/episodes>. Thank you to the Minnesota Soybean Research & Promotion Council and the Minnesota Corn Research & Promotion Council for their generous support of this program! For more news from U of M Extension, visit www.extension.umn.edu/news or contact Extension Communications at extnews@umn.edu. University of Minnesota Extension is an equal opportunity educator and employer.

The Silent Killer Addiction is the only disease that tells you that you don't have a disease This is a powerful statement about the disease of addiction. The silent voice and inner thinking that goes on with addiction—what is it exactly that makes it so difficult to stop? Those who do not understand addiction often believe that if the addict/alcoholic “just tries hard enough,” or “just wants to bad enough,” they can stop. Shouldn't their damaging behaviors indicate to the addict/alcoholic that what they are doing to themselves and others is bad enough to make them want to change? This lack of understanding results in people who have addictive behaviors being considered “immoral,” “weak,” or even “cursed” with a behavior defect that even incarceration or punishment cannot change. A better understanding of the nature of addiction could correct these damaging misconceptions. Addiction does not discriminate. It affects people of all ages, races, ethnicity, gender, socioeconomic status, religion, or education. There has never been a drug free society in human history. Drugs and alcohol have been around for more than 10,000 years. Yet, American society continues to fight a “War on Drugs” that it cannot win. In 2019, more than 70,000 people died by overdose in the United States. Add to that, about 88,000 Americans die as a result of alcohol every year in the United States, and it is clear that the “War on Drugs” is not the answer. Deaths associated with alcohol, drugs and suicide took the lives of 186,783 Americans in 2020, a 20% one year increase in the combined death rate and the highest number of substance misuse deaths ever recorded for a single year. The silent killer of addiction is here to stay unless American society re-evaluates its current “War on Drugs.” Shouldn't we be focusing more on drug prevention and education? Shouldn't we be focusing our attention on the effects drugs and alcohol can have on the individual, the family, and on society itself? Finally, shouldn't we be focusing on community based services that would allow addicts/alcoholics every opportunity to find treatment for their addiction, help them with housing, employment, and education in order for them to become active members of their community? We do not treat other diseases by shaming and incarcerating the people who have them. We treat them with compassion and give them the care they need to get better. Many of our family members, friends, co-workers, and members of our communities are in the grip of a deadly disease, the silent killer known as addiction. How many more of these people do we need to lose to overdose, alcohol related deaths, and/or suicide before something is done about this matter? I would like to hear your views and opinions on how to better serve those struggling with addiction. I may be reached by letter at 559 W Broadway St., MN, 55987 or by email at got-tahavehope38@gmail.com. Respectfully Submitted; Mark Jacobson Peer Support Specialist Winona, MN 55987 507-703-8159

JULY IS NATIONAL GRILLING MONTH

Olson Gravel, Inc.

Excavating & Concrete

(218) 268-4765

Dependable service & quality products

Same day delivery available

Basement & septic installation

We deliver anywhere!

•Wash •Beach Sand •Class 5 Mod •River Rock

•Peat •Black Dirt •Road Gravel •Rip Rap

Service with Front Discharge Trucks

Excellent Prices on Concrete #4 and #5 Rebar

(Steel or Fiberglass Rebar)

In business since 1974

BUSINESS SERVICES

CORNERSTONE FARM SERVICE

Gully, MN 56646

218-268-4000

• Full Line of Arrowquip Cattle Chutes

• Freestanding Panels

• Bale Rings & Bale Feeders

• Ritchie Waterers

• Feed Bunks - Many Styles: Fenceline, Bottomless, Pan

• Mineral Feeders

■ Full Service Auto Repair ■ Farm Fuel Delivery

■ Mobile Ag. Tire Repair

Free Estimates!

AFFORDABLE ENERGY SPRAY FOAMING

OPEN & CLOSED CELL

47055 Deer Drive
Gonvick, MN 56644
218-487-6042

BLOW-IN INSULATION

POWERFUL SAVINGS WITH GENERAC

FREE estimates

Financing available

AFFORDABLE backup power

Delivery, Installation and Service

Family and locally owned and operated

GENERAC

Automatic Standby Generator

SALES AND "SERVICE"

Randy Wetenkamp

218-776-3995 • 218-556-5981

Serving ALL of Northern Minnesota

Why Buy it.. When you can rent it?

For all digging needs

ACE RENTAL

Since 1983

118 Main Ave. N.
Thief River Falls, MN • (218) 681-5862

Al's Tree Trimming LLC

Tree Trimming, Removal and Chipping

218-902-0196

Al's Tree Trimming
Owner Allen Jaeger

2028 250th St.
Mahnomen, MN 56557

TJ UNDERGROUND

TJ UNDERGROUND INC

Directional Drilling Services

Call us for your Directional Drilling Needs!

218-487-5230

OKLEE LUMBER INC

301 Lambert St • Oklee, MN 56742

www.okleelumber.com • 218-796-5131

QUALITY CONSTRUCTION MATERIALS

• Building Materials Sales • Windows & Window Treatments

• Paints & Painting Supplies

ASK ABOUT OUR COMPLETE BUILDING PLANS SERVICES!

We're glad to help you with any building problem you may have.

RAIN CARE Company

JOHN E. LOVLY

• Licensed

• Bonded

• Insured

Seamless Aluminum Guttering Heating, Air Conditioning

218-378-4641

20041 St HWY 219 NE • Goodridge, MN 56725

Amana

YORK

STOP IN FOR ALL YOUR BUILDING NEEDS

Falls Building Center

218-253-2585 • 1-800-480-2756

P.O. Box 477 • 907 Main Avenue South

Red Lake Falls, MN 56750

• Post-Frame Buildings

• Building Materials

• Siding and Roofing

• Windows

• Garages

• Shops

• Homes

29 Gauge Painted or Galvanized Steel Roofing or Siding Available.

CALL FOR CURRENT PRICING

DAKOTA STEEL

Wednesday, July 20, 2022

TRI COUNTY CANARY 7

CUSTOMER APPRECIATION

and

CRUISE NIGHT



Please join us for a
car show and a complimentary meal.

THURSDAY
July 28 • 2022

MEAL SERVED 5:00 – 7:30 p.m.

SPONSORED BY:

Thibert Chevrolet & Buick, Inc. and
Heartland Chevy Dealers

THIBERT'S

www.thiberts.com

301 Main Ave., South • Red Lake Falls, MN • (218) 253-2171



R18C