



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Line 3 Construction Boosts Sales and Doubles Employment at Northern Minnesota Company

For the past 15 years, Lakes Concrete Plus, Inc. has served northern Minnesota with their ready mix, aggregate materials, septic tanks, Amvic and misc. accessories. Like many small businesses, the pandemic hit them hard, but thanks to the Line 3 replacement project, they are seeing a much-needed boost to business in their typically slower cold weather months.

"This year, because of the Line 3 replacement project," said Marc Olson, co-owner of Lakes Concrete Plus, "multiple employees who would have normally been laid off during the winter months were able to keep working."

Lakes Concrete Plus, Inc. is a locally owned and operated business with locations in Bemidji, Fosston, Northome & Walker. The business began in 2006 and currently employs 40 employees.

Typically, the winter months mean decreased sales and reduced manpower for Lakes Concrete Plus. "Normally, we maintain a few employees in our shop who do maintenance on our equipment preparing for the coming season," said Olson. "With Line 3 coming though, we have had to keep over double the employees on staff due to increased sales, which is a great problem to have."

Construction on Line 3 began in early December, and has surpassed the 50 percent comple-

tion mark. More than six years ago, the Obama/Biden Administration deemed the pipeline was in need of repair. Since then, Enbridge has worked with state and federal agencies to receive more than a dozen permits and been part of the longest pipeline study in Minnesota history to ensure this project can be completed safely.

"The Line 3 pipeline replacement project being under construction has been a huge boost to the start of our season," said Olson. "All in all, company sales have been significantly higher in Q1 2021 compared to Q1 2020 as a direct result of the Line 3 Project. Not only are we grateful for the increased sales, but the pipeliners are friendly and easy to work with."

To date, there are more than 5,000 workers who have been hired to work on the pipeline, and the ripple effect on communities in the 14 counties along the pipeline route has been immense. Now, as the project heads into its planned pause due to snow melting and the ground thawing, Lakes Concrete Plus continues to work on the Clearbrook pump station.

"The project has greatly impacted our community, and dozens more along the pipeline route, in an incredibly positive way," Olson shared. "This pipeline project has kept many local businesses open and created jobs in our community."



For Olson, if anything changed and this project was not allowed to continue forward, it would have a detrimental impact on their businesses. Olson noted, "If the Line 3 Replacement Project were to be halted, Lakes Concrete Plus would have to lay off employees. We are currently pouring concrete on a daily basis for the Clearbrook pump station, and that has been extremely helpful for our company and our staff."

"I am proud to share the good news that Line 3 has brought to our company, especially to help us get through the hard times because of COVID," said Olson. "I know I can safely speak for my fellow business owners and say that this pipeline project is a game changer for small businesses in Northern Minnesota."

In unpredictable 2020, Minnesota farmers' bottom line improves

ST. PAUL, MN (3/30/21)--Minnesota farms saw improved profitability in 2020, despite the challenges COVID-19 created. Much of this increased profitability is related to improved commodity prices in the third and fourth quarters of 2020.

Median net farm income for Minnesota farms reached \$106,969 in 2020. This was a welcome increase after seven years of low profitability. When adjusted for inflation, 2020 farm profits were above average compared to the historical records tracked by University of Minnesota Extension and the Minnesota State Agricultural Centers of Excellence. Overall, the average Minnesota farm saw improved working capital, positive earned net worth change and improved debt coverage in 2020.

"Minnesota farms have faced many struggles in recent years," said Pauline Van Nuden of the University of Minnesota's Center for Farm Financial Management. "This past year's increased profitability has given many a sigh of relief and renewed hope for the future of their farm."

All farm types experienced positive net farm income last year, something not seen since 2014. For much of the year, the pandemic created considerable uncertainty and many challenges for farms and small businesses alike. Without the commodity price improvements and government payments received, Minnesota farms would have experienced an eighth year of low profits.

"Government support payments played a crucial role for our farms during the initial phases of the pandemic," said Keith Olander of the Minnesota State Northern Agricultural Center of Excellence. "Federal and state programs benefitted farmers and rural small businesses in their time of need."

Government payments accounted for 12 percent of gross farm income for the average producer last year. Many of these payments were related to the pandemic and disasters from previous years. Market and supply chain disruptions loomed large in April and May, but most farms were able to endure and continue operations.

This analysis includes 2,225 participants in Minnesota State

Farm Business Management programs and 105 members of the Southwest Farm Business Management Association. Participating farmers represent approximately 10 percent of Minnesota's farms that have gross incomes of more than \$250,000 annually.

Crop Farms: Better yields lead to stronger profits

The median income for crop farms was \$109,774. This improved profitability was the result of strong yields and improved year-end prices for Minnesota's major crops. Crop yields were above average for corn, soybeans, and sugarbeets.

"After dealing with prevented plant issues over the last few years, the higher corn and soybean yields were much needed for our southern Minnesota farms," said Garen Paulson, Extension ag business management educator. Crop prices improved by year-end, but cash sale prices received during the 2020 marketing year were mixed. Cash corn price received was six percent below the previous year at \$3.40 and soybean price was six percent better at \$8.98.

Crop farms did benefit from

Rep. Fischbach Announces Congressional Art Competition

WASHINGTON, D.C. – Congresswoman Michelle Fischbach (MN-7) invites high school students from across Minnesota's Seventh District to participate in the annual Congressional Art Competition.

"I am very pleased to announce our office's participation in this longstanding U.S. Capitol tradition. This is an excellent opportunity for high school students across the district to showcase their creativity and hard work, and I am very much looking forward to reviewing the many wonderful submissions," said Congresswoman Fischbach.

Since 1982, more than 650,000 high school students have participated in the Con-

gressional Institute's annual Congressional Art Competition, a nationwide high school art competition that recognizes and encourages artistic talent across the district and nation.

The competition is open to all public, private, charter, and home school students in grades nine through 12. Winning submissions from each congressional district will be displayed for one year in the tunnel from the U.S. Capitol to the Cannon House Office Building, where they will be viewed by thousands of visitors, tourists, and distinguished Members of Congress. The winners will also be highlighted on Congresswoman Fischbach's social media channels.

• Students from Minnesota's Seventh Congressional District can submit their artwork and the Student Information and Release Form via e-mail to ArtCompetitionMN07@mail.house.gov.

• The submission should include a high-quality, high-resolution photograph or scanned image of the artwork, and should be attached to the e-mail as a single file in a commonly accepted format (e.g., PDF, PNG, JPG, BMP, TIFF, etc.).

• If you are submitting a photographed image of your artwork, please use natural light and avoid shadows.

• Submissions will be accepted until 5:00 p.m. CT on Monday, May 3, 2021.

Giving Kids a Head Start

Would you like to be a part of a program that makes sure our littlest community members are ready for school when they go off to Kindergarten?

Inter-County Community Council's Head Start staff have begun their annual recruitment campaign. They are out in our communities seeking families that are expecting a child or have children ages birth to 5 years old to participate in our Head Start program. Our program does have income guidelines, but we do accept applications for families that are over income. You may also know a family and can make a referral to one of our staff of someone you may know that is eligible for our program.

ICCC Head Start staff will be knocking on doors and making phone calls to households that may have children in this age group over the next few weeks. The will be following COVID-19 precautions by wearing masks and making sure to sanitize in between house stops.

The Head Start program serves the counties of Clearwater, Pennington, east Polk and Red Lake.

The goal of Head Start is to make sure children are ready for school by the time they go off to Kindergarten. We work toward this goal by working with the whole family in a two generational approach, teaching parents/guardians how they can be their child's first and most important teacher, helping families gain self-sufficiency, ensuring children have received all their preventive medical & dental care, and are referred for any additional services that make sure they are healthy & ready to learn.

ICCC has several program options to meet families' needs. We serve children across our service area in our home based program that brings a teacher out to the family home to provide weekly services. We also serve 4 year olds in a classroom setting in the communities of Bagley, Fosston, Oklee, Thief River Falls, and Win-E-Mac.

For more information or to have a Head Start staff stop by your home or business with an application or information call 218-796-5144, then press 5.



Calm down safe place area for the little ones.



government program payments as well. "Many of the government program payments received in 2020 were related to disasters in 2018 and 2019. Other payments were related to low crop prices resulting from COVID during the 2020 marketing year," said Ron Dvergsten, Farm Business Management instructor at Northland Community and Technical College in Thief River Falls. WHIP+ (Wildfire and Hurricane Indemnity Program Plus) provided crop disaster relief related to the 2018 and 2019 production years. The Market Facilitation Program provided payments to producers of commodities impacted by trade-related losses and the Coronavirus Food Assistance Programs offered support for farm operations experiencing market disruptions related to the pandemic.

Dairy: Continued rebound

The plight of dairy farms has been in the news over the past several years. Prices started to improve in 2019 and that con-

tinued into 2020. The median dairy farm earned \$173,460 last year, compared to \$64,144 in 2019 and \$15,907 in 2018. The average milk price, at \$19.73 per hundred pounds, was the highest since record prices in 2014. The challenges of COVID led to many supply chain disruptions for all livestock markets in the early months of the pandemic. Government assistance helped stabilize the situation and support farms in their time of need.

"Minnesota dairy farms were able to play catch-up in 2020. Many farms saw accounts payable build and deferred necessary maintenance when prices were depressed. The profits of 2020 allowed those farms to make repairs and pay old bills," said Nate Converse, Farm Business Management Instructor at the Staples campus of Central Lakes College. Cash expenses for Minnesota dairy farms increased by 9 percent in 2020, indicating dollars spent on deferred repairs and other outstanding bills.

Pork producers: Higher returns but trade issues limit the rebound

Pork producer net earnings continued to rebound with the median producer earning \$310,042, up from \$96,245 in 2019. Mean-to-finish producers weaned \$13 per head. Again, government payments played a significant role in hog farm profitability last year. Without aid related to trade and pandemic challenges, Minnesota pork producers would have seen profits diminish. The spring of 2020 caused once-in-a-lifetime disruptions for many of the state's hog producers. With processing plants closed because of COVID, many producers were forced to euthanize hogs. The realities of this caused severe mental health challenges in rural Minnesota. Hog farmers endured, making many difficult management decisions along the way.

Beef producers: Improved returns

Farmers..
continued on page 2



I am nine. Nine weeks old. Guess what? Now you can hear my heartbeat with a special instrument: a gentle pitter-patter pumping blood to my developing organs. My eyes have transparent lids and my body is starting to move. Did you know arms and legs can flap? And my arms are growing this funny little bend in them. Have you felt me trying to flutter, Mom? Maybe not. After all, I am only the size of an almond. I wonder what I will be able to do next week?
-a.m.opdahl

R3C

Grant Funding for Public Art Projects Deadline to Apply is May 1

Mural in Warren. Artist Nick Reitzel

Warren, MN. The Northwest Minnesota Arts Council (NWMAC) is pleased to announce that funding is available for public art projects in our region.

The NWMAC has created a special category this year for Arts Legacy Grants and Arts Project Grants for public art projects. The deadline to apply is May 1. Take advantage of this opportunity to enhance our communities with public art! Individual artists, arts organizations, or communities can apply.

The Arts Legacy Grants is a main category for funding artistic activity within the seven-county service region. Funding for the grants comes from the Minnesota State Legislature through the Arts and Cultural Heritage Fund of the Clean Water, Land and Legacy Amendment. These grants are a maximum of \$10,000 with a required cash match.

Arts Project Grants are used primarily for small budget arts projects. These grants are a maximum of \$3,000 with a required cash match. These grants have substantially less reporting requirements than Legacy grants.

To start your application, login at our Grants Portal on the homepage of our website.

You absolutely must reside in our service region in northwestern Minnesota. Our region covers the Minnesota counties of Kittson, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau. Applications funded through these two very important grant opportunities include public art projects that improve the quality of life of people in our communities.

Creating art in public spaces requires a different skill set than creating art for private commissions. It requires the artist to work with the city, the community, or the neighborhood in collaboration to determine subject matter, look, and timeline. The artist needs to recognize and adhere to zoning and building codes. The artist

also needs to be transparent at times with a whole committee of people related to design and installation and lighting requirements for public safety. Often it requires working at a large scale and understanding whether your art can handle our extreme weather. It can be very rewarding and fun.

Farmers.. continued from front

Beef producers enjoyed a return to positive net farm income in 2020. Median net farm income for beef producers was \$42,850, an improvement over the \$4,000 of net profits the prior year. Despite COVID-related challenges, cattle finishers showed almost \$35 of net return per head. But a subset of beef farmers, beef calf-cow producers, only broke even. Beef prices improved less than other commodity prices in the state and government support was also received by these farms. Many Minnesota beef operations have additional sources of income, mainly from off-farm sources. This group of producers have the highest levels of nonfarm income in the database at \$55,525 in 2020.

Prospects for 2021
USDA forecasts net farm income to decrease 8 percent in 2021. Much of this decline is expected because of lower government payments to farmers. Case in point, no farm payments were included in the most recent stimulus legislation, the American Rescue Plan. Improved commodity prices are expected to continue in 2021. But operating expenses will likely trend up, related to higher energy and increased input prices. Live-stock producers will likely see profits limited by increased feed prices. As spring nears, many farmers are optimistic for a more "normal" year after the uncertainty and challenges of 2020. But many unknowns remain related to the pandemic and our nation's economic recovery. Hope springs eternal for the Minnesota farmer though, and plans for 2021 production are well underway.

MCCL meeting scheduled

The April meeting of MCCL (Minnesota Citizens Concerned for Life) local chapter #45, will be held Thursday, April 15th at 7:00 p.m. at Mt. Carmel Church in McIntosh.

All interested persons are invited and welcome to attend.



Wednesday, March 31st, 2021 winner of a Mossberg Patriot 6.5 Creedmore is Vasily Erofeeff (George).

Friday April 2, 2021 winner of a 22" Black Stone Griddle was Bill Gustafson from Clearbrook. Congratulations!!

Sons of Norway meeting scheduled

The Granlund Lodge #240 of the Sons of Norway will hold its next meeting on Thursday evening, April 15, at 6:30 in the Fosston Embassy Center. After the business meeting, members are invited to a time of Show & Tell and are encouraged to bring an item he or she has created during the past year or tell about a project that has kept them busy during our time of the pandemic. Facemasks are encouraged and tables will be spaced appropriately. For questions or more information, contact President Wes Roland at 435-1230.

College News

Krista Bernstein Receives Dean's List honors

Bemidji, Minn. (March 30, 2021) - Krista Bernstein, a student from Oklee, Minnesota, has been placed on Bemidji State's dean's list for the Fall 2020 semester.

To be eligible for the Dean's List, Bemidji State University students must be enrolled for at least 12 credits and earn a minimum of a 3.5 GPA during the semester.

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Motor Vehicle Crash

On 03/29/21 at 5:26 pm Polk County Dispatch received a call of a Motor vehicle crash on 320th St SE and 120th Ave SE. A dark colored pickup truck struck an Erskine Fire Department vehicle head on and then continued driving West nearly missing another fire truck. The driver did not stop at the scene of the crash. The Erskine Fire truck received significant damage and was disabled. The driver of the Erskine Fire truck was Jesse Hickman who was not injured but would go get checked out by medical personnel.

Driver of 2nd vehicle was later identified as 47 year old Mark Johnson of Mentor, MN. Johnson's vehicle, 2016 Dodge Ram also received severe damage.

At the time of the motor vehicle crash visibility was poor due to heavy smoke from the grass fire in the area.

The case is still under investigation.

Grass fire

On 3/29/2021 at approx. 1300 hrs. the Polk County Sheriff's Office was notified of a grass fire in Section 21 of Tilden Township. Mentor Fire and Rescue Responded. Due to dry conditions and strong winds the fire spread quickly. US Hwy 2, Highway 32 and County Road 45 were shut down for most of the afternoon and into the evening due to the visibility and the rapid spread of the fire.

Multiple agencies responded to assist Mentor Fire and Rescue, including Fertile Fire Department, Crookston Fire Department, Red Lake Falls Fire Department, McIntosh Fire Department, Fosston Fire Department, Erskine Fire Department, Winger Fire Department, Oklee Fire Department, Gary Fire Department, Thief River Falls Fire Department Beltrami Fire Department, County EMS, Crookston Area Ambulance, US Fish and Wildlife, Minnesota DNR along with Air Support, Salvation Army, Red Cross, Minnesota State Patrol, and Polk County Sheriff's Office.

This incident is still under investigation at this time it is estimated that 13 to 15 Thousand Acres were consumed by the Fire from a about 3 miles west of Highway 32 to about 1 mile west of Mentor mostly between US Highway 2 and County Road 45. At this point one outbuilding, farm equipment, and hay bales were also destroyed in the fire. There were no life-threatening injuries reported.

Mentor Fire and Minnesota DNR along with air support will be working in this area for the next couple of days putting out hot spots.

Vehicle in Red Lake River

On 4/3/2021 the Polk County Sheriff's Office located the vehicle that went into the Red Lake River with the use of the PCSO drone. The Grand Forks County Sheriff's Office Water and Rescue dive team responded and assisted with the recovery of the vehicle, a white 2015 white Chevrolet Colorado. The female driver, and sole occupant, whom suffered a medical episode while driving was released from the Hospital on 4/2/2021.

Agencies involved include the Crookston Police Department, Polk County Sheriff's Office, and Grand Forks County Sheriff's Office Water Rescue.

No further information will be released at this time.

Original Media Release from Crookston Police Department from 4/2/2021:

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At about 11:15 AM the Crookston Police Department received information that a female walked into the Crookston Public Library all wet stating she drove her vehicle into the river. At about the same time the CPD received more information of a vehicle in the Red Lake River east of the Robert Street Bridge in the area of Central Park.

At the time of this media release all indications are that the driver was the only person in the vehicle at the time it entered the river. The CPD is actively investigating the incident in cooperation with the Polk County Sheriff's Office. Continued measures may include a dive team to help recover the vehicle. Central Park is currently closed to the public, please avoid this area.

The female driver was transported to RiverView Healthcare; her condition is unknown

at this time. Updates will be provided as appropriate.

The CPD is being assisted by the Polk County Sheriff's Office and Crookston Ambulance.

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ESSENTIAL EVERYDAY DRINKING, DISTILLED OR SPRING
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PRESERVES 18 OZ **\$1.79**

CANTALOUPE EA **\$2.99**
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DOLE CAESAR, CREAMY BALSAMIC,
COUNTRY RANCH, SPINACH MISO, ULTIMATE
CAESAR, SOUTHWEST, ENDLESS SUMMER,
SWEET KALE, BLUEBERRY BLISS
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CUCUMBERS **4/\$3**
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24 PK - 12 OZ CANS
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750 ML
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750 ML
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Essentia Health

R43fin

HELP WANTED

Need person to run tire truck and work in service shop. Benefits include paid vacation, sick leave most holidays. 401k.

Apply in office or call
218-294-6117
and ask for Brenda

CG-4C

TJ

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Clearbrook, Minnesota

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Machinewell, Inc.
Grygla, MN
218-294-6101
(Ask for Steve)

sanderson@machinewell.com

CG-5C



SUPERINTENDENT

The Clearbrook-Gonvick School District is hiring for a Superintendent of Schools. The contract for this position will begin July 1st, 2021. The Clearbrook-Gonvick school offers a regionally competitive salary and benefits. The final salary will be negotiated commensurate with experience and qualifications. Qualified candidates must submit the following documents by April 6th: Resume, cover letter, three letters of recommendation, transcripts, and certificate of required licensure to be a superintendent in the state of Minnesota. These documents should be sent to:
Clearbrook-Gonvick School
16770 Clearwater Lake Rd.
Clearbrook, MN 56634
Attn: Melissa Weems

RS2-4C

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RB3fin

EMPLOYMENT NOTICE HEAVY EQUIPMENT OPERATOR

Clearwater County will be taking applications to fill Heavy Equipment Operator positions for an employment roster. Future positions will be filled as needed from the roster created by this interview and testing process. There is one full-time position open at this time.

The applications will be screened for the following minimum qualifications: Class A Commercial Driver's License, three years of experience operating heavy equipment including motor graders, tandem trucks, loaders, backhoes, and dozers, and high school graduate or GED.

Applications are available at the Clearwater County Highway Department, 113 7th St. NE, Bagley, MN 56621, (218) 694-6132 or on our website at www.co.clearwater.mn.us. Applications must be received no later than April 19, 2021.

Clearwater County is an Equal Opportunity Employer

RI-3C

City of Oklee Full Time Maintenance/Water and Waste Water Operator

The City of Oklee is seeking applicants for a full time City Maintenance/water and wastewater operator.

Duties include but will not be limited to operating City drinking water and waste water systems which requires Class D Licensing.

Wage rates based on experience. Applicants will be subject to a Background Check.

Experienced and licensed would be preferred although training will be given to the right applicant if required. Other Duties will include, snow removal, tree trimming, mowing and general street maintenance and other duties as assigned.

Applications are available by calling the City Clerk's office at 218-796-5183.

Applicants should submit the completed application to the:

City of Oklee,
PO Box 190,
Oklee MN 56742

This position will remain open until filled. The City of Oklee is an Equal Opportunity Provider

O48fin

MORE EMPLOYMENT ON NEXT PAGE

ASPHALT WORK WANTED

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CG-13C

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RS2,3,6,9C

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Gonvick 487-5225

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Email resume to: resumes@gvtel.com by noon on
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For additional details visit: www.gvtel.com

R3-4C



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Primary duties will include, but are not limited to:

- Installation and maintenance of underground copper and fiber optic cables
- Use of plowing and digging equipment
- Must be at least 18 years of age
- Preference may be given to those with prior experience with cable splicing and locating, as well as telecommunications and construction equipment
- Preference may be given to those who possess, or are willing to obtain, a CDL license

Submit resume by noon on Monday, April 12, 2021
Email to resumes@gvtel.com or mail to Garden Valley Technologies, Attn: Personnel & Administrative Manager,
PO Box 259, Erskine, MN 56535

For additional details visit: www.gvtel.com or call 800-448-8260



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RS2-3C



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Friday, April 9, 9 a.m., 1.5 miles west of Hoffman MN. Hanson Auctioneers. 320/760-5485. Complete listing at www.midwestauctions.com

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POETIC TERMS WORD SEARCH

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A H E O L D C L C S I C O T R V A B I A
E A N N T O L M Y G N A E C V A A B S L
N A M P G E E L N C B L I D C T M A I Y
C A P B G I L T A E P T I C M A L D D A
B C D O S A L C C U A S E B I L C M K Y
U V R M B V O E O M S N R O I I N C R L
H Y V L A P D C A O T P Y T T U I L O B
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I S A O R C D A A R R R O K R Y H L V S
S G N I U A N L U A A R S C K Y L S A R
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L E O B I R Y D U Y M D D H G M T R V A
C N E O P L I S Y H B U M Y P O V S U L
A N N P U C A N A C H R O N I S M O L B
I O T C V E O B R S Y L L A B I S C D R U
C S N Y S D P O U V E R S E P T S P C O

POETIC TERMS WORD SEARCH

ABECEDARIAN
ACCENTUAL
ACMEISM
ACROSTIC
ALCAIC
ALLEGORY

ALLITERATION
ALLUSION
ANACHRONISM
BALLAD
BLANK VERSE
CACOPHONY

Answers on page 7

CAESURA
CANON
CONSONANCE
COUPLET
DISSONANCE
DRAMATIC

IAMBIC
MEASURE
SONNET
SYLLABIC
SYLLABLES
VERSE

Theology in the Trenches

By Kathleen Kjolhaug

When You Buy a Closet for Your Closet

It all began with a burst of energy which found me throwing out one single item. It felt so good, I quickly moved onto the next and the next and on it continued both day and night.

Soon, I had room...room in my mind to think creatively instead of being anchored with museum like pieces from the past all around. You see, if I must confess anything, it is this. Memories are attached to my things, and thus I have a hard time parting with them because of it.

I've always prided myself on making use of the old and not needing to have the latest trending styles within my home. "Timeless" was my motto when asked my decorating style. However, I soon saw it all for what it was. I was clinging to the old instead of making room for the new.

"See, I am doing a new thing" (Is. 43:19). This verse has surfaced often as of late.

Truth is, I couldn't see a new

thing because I had so much of the old on my plate. Truth is, I didn't have room for what He was trying place upon my plate because frankly, it was full.

In my current state of organizational frenzy, one thing lead to another and it all ended one day in the closet. My recent purchase of a bundle of hangers, the kind that actually keep the clothes upon them, inspired me. Trouble was, I had more items than the 25 hangers in the pack purchased, and knew within short order, I'd need more.

As I looked inside my closet at the dresser purchased years back, the three drawer plastic bin on wheels now sagging in the middle had served well. However, I was more than certain there might be something a more stable. In fact, just the other day I had seen a cool organizer in the closet of friend, and now I wanted it, too.

Oddly enough, I'd survived for many a year with plastic hangers and my plastic three

drawer dresser...but now...I was ready. I was ready to do it right.

As I organized my closet space and continued dreaming about a closet for my closet, I pondered anew what I would do once I did get it. Which room would be next on my list? And which room would be next after that?

Perhaps the lock down this past year had made me more introspective enough to lean in and clean out things both internally as well as externally.

As winter turns to spring and the longer days bring hope... perhaps it's in the cleaning out which brings about renewal. "See, I am doing a new thing" Is. 43:19).

If I need a closet for my closet...then so be it. God is a God of order. It says so in 1 Cor. 14:33. "For God is not a God of disorder, but of peace." No wonder I like order...it brings peace, and that might just explain it all. Amen.

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol



Question: When driving on a road that has a bike lane to the

right. Can you turn onto the bike lane with your vehicle to make a right turn? Thank you.

Answer: Yes, but you always need to be aware of your surroundings and the rules of the road. Whenever a bicycle lane has been established on a roadway, any person operating a motor vehicle shall not drive in the bicycle lane, except to park where it is permitted, to enter or leave the highway or to prepare for a turn.

Whenever it is necessary for the driver of a motor vehicle to

cross a bicycle lane adjacent to the driver's lane of travel to make a turn, the driver shall first signal, then drive into the bicycle lane prior to making the turn, but only after it is safe to do so. The driver shall then make the turn consistent with any traffic markers, buttons, or signs, yielding the right-of-way to any vehicles or bicycles approaching.

Share the Road with Bicyclists

Bicyclists and motorists are equally responsible for bicycle safety. The number-one factor contributing to bicycle-vehicle collisions is failure to yield the right-of-way — by bicyclists and drivers alike.

About one-half of all bicycle-

vehicle collisions are due to a variety of bicyclist behaviors, such as disregarding a traffic sign or signal. The other half are caused by vehicle driver behaviors, such as inattention and distraction.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

Super 99 Oliver

By Auctioneer Eric W. Mickelson

Hope everyone had a wonderful Easter Weekend. We sure did! A great time with the grandkids and family getting together...it has been a long time!! But of course over the weekend I had to get in some tractor fun. A tractor loving friend of mine helped me get the fluid out of some tires that I hope to put on a 1952 A John Deere. We spent a lot of time talking tractors, especially tractors on our "wish" list! We both love some of the big standard tractors!

In the 1950's farmers wanted more horsepower. In 1949 John Deere introduced their model R. Minneapolis Moline's GB came out in 1955. In 1953 Case came out with the big 500 and in 1957 the 600. But Oliver had a chance to enter the "big" tractor market. From 1937 to 1953 they produced the model 99. In 1954 they stepped it up bringing out the Super 99.

The Super 99 was available with gas and Diesel engines. In particular one Diesel power plant turned many heads. It was a 3 cylinder, two stroke, GM Diesel. The 99 with the GM Diesel is one on my friends list! It was rated over 71 horsepower on the belt and 58 on the drawbar. It was rated to pull a 5 or 6 bottom plow. With only 302 cu. inches, the motor was reasonably small, but at 1675 RPMs they developed as many power strokes as the Regular Waukesha 6 cylinder engine that was also used in the Super 99. Although, regardless of which engine was used both tractors were dressed in the same styling. The Super 99 with the GM engine hosted twin air stacks

and a singular supercharger protruding from its engine that lent it a distinctive look in the field.

Not only did it have a distinctive look, the screaming 3 cylinder GM had a distinctive sound. So in the late 50's the Super 99 was sort of the "king"

How about a little tractor trivia!

- The Super 99 has _____ forward speed.
A) 4 B) 5 C) 6 D) 8
- With the GM engine the Oliver Super 99 was rated at 5-6 bottom plow, but with the Oliver engine it was rated a _____ plow tractor.
- The 90 and 99 series of Oliver tractors were preceded by the Oliver Hart-Parr model _____.
A.) 80 B) 15-30 C) 20-40 D) 28-44
- Oliver headquarters were in what town?
- The two men _____ Hart and _____ Parr had the same first name. What was it?

Answers: 1. C. 6 speeds 2. 4-5 plow 3. D. 28-44 4. Charles City, Iowa 5. Charles



Here is a sweet Super 99 Oliver!

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EMPLOYMENT ADS

Red Lake County Central High School in Oklee, MN is seeking a 7-12 Music teacher 1.0 FTE position for school year 2021-22.

Position open until filled. Interested candidates should contact Randy Pederson, Principal, at 218-796-5136

FOR RENT

WANT TO RENT

Looking for a place to rent for a new Veterinarian. Preferred within 20 miles of Gonvick, with a garage.

Call Bob 218-533-0497

Brookfield Apartments

Brookfield Apts in Clearbrook, MN is accepting applications for a **FUTURE 1 Bd openings.** Laundry room facilities available & off-street parking. Rent is based on 30% of your monthly adjusted gross income. Resident Manager onsite. Applications and qualifications, contact Nicole at 218-751-6881 or Tina at 218-407-3146. Accepting applications for persons of all ages.

Applications online
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Farm Bureau Building in McIntosh by Farm Bureau Board.

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Sell it in the Canary!

Richards Publishing Co.
218-487-5225

Seasonal/Summer Polk County Highway Department

Polk County Highway Department has various seasonal/summer positions opening in the Maintenance subdivision. Eligible applicants must have a high school diploma, be 18 years of age or older as of June 1, 2021, have a valid driver's license and a safe driving record. Wage starts at \$16.09/hour, DOE and work assignment. A full job description and application are available at <http://www.co.polk.mn.us> click on Career's or by contacting the Polk County Administrator's Office at 218-281-5408. Please mail your completed application to the Polk County Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716. Applications for this position will be received until 4:30 p.m., April 14, 2021. EOE

FULL-TIME OR PART-TIME CUSTODIAL STAFF

Clearbrook-Gonvick School is hiring for full-time or part-time custodial staff. This is a 12 month, Monday-Friday position. Must be able to lift 75 lbs. and pass a background check. Starting wage is \$13.14 per hour; previous experience will be considered. Please submit resume, letter of interest, and credentials to: Clearbrook-Gonvick School, 16770 Clearwater Lake Rd., Clearbrook, MN 56634 Attn: Jeff Burgess

LANDFILL TECHNICIAN – POLK COUNTY LANDFILL

The Polk County Landfill located in Gentilly, MN has an opening for a full-time **Landfill Technician**. Primary duties include but are not limited to evaluating and inspecting waste materials, documenting load information, operating heavy equipment to process materials, maintaining equipment, collecting fees and maintaining compliance with local, state and federal permits. Applicants must possess a high school diploma or equivalent and have a minimum two (2) years of experience operating various types of heavy equipment. A valid Class B MN driver's license is required. Applicants must have the ability to clearly and effectively communicate verbally with the public and to work in adverse site conditions and extreme environments. A pre-employment physical exam is required. Wage range for this position is \$18.97 - \$24.12/hour, DOE and qualifications. To obtain an application and full job description go to <http://www.co.polk.mn.us> click on "Careers". Applications for this position will be received until filled. Please mail your completed application to the Polk County Government Center, Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716 (218-281-5408) or e-mail: alecia.helms@co.polk.mn.us EEO.

RED LAKE COUNTY Seasonal Tar Crew Laborers

Position will assist in tar-patching and various road maintenance operations, and occasionally assigned to other seasonal job duties within the Highway department.

Applicants must be 18 years old as of the date of hire, possess a valid Minnesota Class D driver's license, and be able to do manual labor. The applications received will be valid for the entire 2021 hiring season.

Position will approximately start the end of May, works 4-10 hr. days, and wage is \$16.94/hr.

Applications are available online at www.co.red-lake.mn.us or at the Red Lake County Highway Department, 204 7th St SE, Red Lake Falls, MN, (218) 253-2697. Applications accepted until positions are filled. EOE

Red Lake County Deputy Auditor

Position is responsible for performing accounting and administrative functions of the Auditor's office, work with computer programs and software, and work with the public. Position is full-time, 35 hrs./wk.; wage is \$19.35/hr., benefit package is available.

Applicants must have a high school diploma or equivalent; 1-2 years of post-secondary education in Accounting, Business, or related field and 1-2 years related experience; or an equivalent combination of education and related experience. Computer experience and Microsoft Office is required.

Must be proficient in computer skills and willing to learn various software applications.

Applications and more information are available at www.co.red-lake.mn.us/employment. Questions call the HR office at 218-253-2590 or email hr@co.red-lake.mn.us. Position is open until filled. EOE

Help Wanted

The Fosston Civic Center is seeking applications for a part time evening **Supervisor/Custodian**. Benefit package available.

Job Requirements include, but not limited to, general maintenance and cleaning of the Civic Center, enforcing of all safety rules and regulations of the building, evening supervision of the building during open hours to the public and must be able to display helpful, courteous, and professional behavior always when interacting with the public. Must be able to work with teenage and college age kids. Must be able to pass a background check.

High School diploma or GED required or combination of education and experience. Applications and detailed job description can be picked up at the Fosston Civic Center, 215 East First Street. Applications and questions can be directed to Karen Graham or Jen Hubbard at the Civic Center office.

Deadline for Application: Open until filled. EOE

TRANSFER STATION OPERATOR

Polk County Environmental Services, Crookston, MN has an opening for a full-time Transfer Station Operator. Primary duties include performing intermediate skilled trades work, coordinate the disposal of waste, purchasing functions, operate and maintain the transfer station and its equipment, assigns tasks and related work. Skill in heavy equipment operation, including forklift, front-end loader, sweeper, tractor and pressure washer. Skill in basic repairing, servicing/maintaining mechanical equipment. Applicants must possess a high school diploma or GED in and up to one year of specialized or technical training beyond high school, or related field and minimal experience in mechanical repair or maintenance and disposal experience, or equivalent combination of education and experience. A valid commercial driver's license with Class A endorsement is preferred. Must be able to obtain the following license/certifications: Transfer Station Operators Certification, Hazardous Waste Categorizing Certification, Landfill Operators Licensure, and OSHA Safety Training. Wage range for this position is \$18.97 - \$24.12/hour, DOE and qualifications. Interested individuals may contact Environmental Services at 218-281-6445 or the Polk Administrator's Office at 218-281-5408, to obtain an application and full job description or go to: <http://www.co.polk.mn.us> and click on Careers. Please submit your application and resume to the Polk County Administrator's Office, Polk County Government Center, 612 N. Broadway, Crookston, MN 56716 or to Polk County Environmental Services, 320 Ingersoll Ave, Crookston, MN 56716. Or e-mail directly to alecia.helms@co.polk.mn.us This position will close on April 21, 2021 at 4:30 p.m. EOE.

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Colonoscopies save lives, regardless of age

The simple fact is colonoscopies save lives. Colorectal cancer survivor, Aaron Lund, wishes he could shout this fact from a mountain top. Lund, a nurse at Essentia Health, noticed some abdominal discomfort and blood in his stool when he decided to check in with his primary care provider.

A colonoscopy was ordered. For Lund, cancer hadn't even crossed his mind. He was active, in good health and young — only 33 years old at the time. Plus, he didn't fit into the high-risk categories. Even with all of this on his side, Lund was shocked when he was diagnosed with stage III colon cancer.

Lund underwent surgery and chemotherapy to treat his cancer. Today, a little more than a year out from his colonoscopy and cancer diagnosis, he is cancer-free. While he'll continue to undergo regular monitoring, he's doing well and hopes to stay that way for a long time to come.

Dr. Robert Wroblewski, colorectal surgeon at Essentia Health, shares that there has been an alarming increase of colorectal cancer diagnoses in patients under the age of 50. Since the 1990s, in fact, the rate of colorectal cancer has more than doubled among adults younger than 50. This trend is being seen worldwide. As in Lund's case, since colorectal cancer is usually not on the minds of these patients, they often delay seeking care and are found to have a more advanced stage of cancer upon initial diagnosis. This makes the cancer harder to treat and leads to less favorable outcomes.

Research is being done to figure out why they're seeing an increase in a younger demographic. Data suggests that it's likely related to:

- poor diet
- lack of exercise
- higher obesity rates

"As a surgeon, I want you to live a long and healthy life. Part of this plan is to pay attention to the signs and symptoms that may be concerning for colorectal cancer," explains Dr. Wroblewski. "Signs and symptoms include unintentional weight loss, blood in the stool and difficulty having a bowel movement. When these signs are investigated early, there is a much higher chance of preventing colorectal cancer and easier treatment."

Dr. Wroblewski continues, "Colonoscopies are misunderstood by many patients. The patient is typically completely asleep and when they wake up, it is all done." A colonoscopy is a procedure performed with a fiber optic scope containing a camera and a light that doctors can insert into the colon, otherwise known as the large intestine. The procedure allows doctors to remove polyps and fix many other problems. Polyps are growths that can become cancer with time and can only

be removed via a colonoscopy. "Removing these polyps is sometimes the most important thing I do every day, because by removing polyps, we are literally preventing cancer. This allows the patient to continue to have a healthy and safe life," Dr. Wroblewski says.

The most important thing when it comes to colorectal cancer is to catch it early, before it spreads. Prevention and early detection are key to increasing survival rates. Lund points out, "a day of prep and a few minutes for the procedure were a small price for saving my life."

The American Cancer Society recommends that people at average risk of colorectal cancer start regular screening at age 45.

You can learn more about colorectal care by visiting our website at EssentiaHealth.org. If you have any concerns, please consult your primary care physician.

Essentia Health helps launch program connecting people with free and reduced-cost services

Finding help just got easier. Essentia Health, Wilderness Health, Generations Health Care Initiatives and Stratis Health have partnered with Aunt Bertha to provide a free online platform that allows anyone to easily find and connect with local free and reduced-cost programs.

Funding for this project is supported by Blue Cross Blue Shield of Minnesota and Ucare. This new platform is powered by a partnership with Aunt Bertha, an established network of nonprofits and social care providers. The program connects people to needed programs that serve them with dignity and ease. Resourceful makes it easy for people facing social needs — and those who help others — to find and make referrals to appropriate programs and services for food, shelter, health care, work, financial assistance and more.

The program connects people to services in North Dakota, Minnesota and Wisconsin. Resourceful assists community-based organizations with free tools designed to support their mission. The platform provides participating organizations with the ability to receive and respond to referrals.

Resourceful relies on the help of our community to continuously enhance the resource directory so all can benefit from the information being in one place. Community-based organizations are encouraged to sign up for a free training on our website — weareresourceful.org — to learn how to help others navigate the social service directory and how to use all the free tools available.

"Addressing the social determinants of health is a high priority at Essentia Health," said Debbie Welle-Powell, Essentia Health's chief population health officer. "Access to food, transportation, housing and other basic needs impacts one's overall health, and creating tools to match patients' needs with the right community partner is foundational work."

"We have been having conversations with community-based organizations for over a year about this project," said Mary Rapps, executive director of Generations Health Care Initiatives. "There is a lot of excitement for the launching of Resourceful around the region. It is seen as a way for organizations to work more effectively together in meeting the needs of our community."

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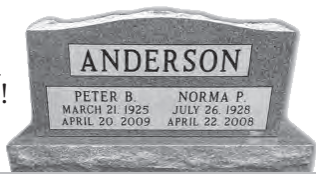
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OBITUARIES



Obituary for Thomas Torgerson

Thomas Torgerson, 54, of Leonard, Minnesota died on Monday, March 29, 2021 at the Havenwood Care Center in Bemidji, Minnesota.

Memorial services will be held on Saturday, April 10, 2021 at 2:00 p.m. at the Old Gonvick Gym, 226 Elm Street. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Thomas Irvin Torgerson was born on September 21, 1966 in Bagley, MN, the son of Irvin and Hanna (Barts) Torgerson. Tom graduated from Clearbrook High School in 1985. He married Delores

Taylor on July 9, 1988 at the Faith Bible Chapel at Leonard, MN. Throughout his life, he worked various jobs for AC Oil, Bagley Mills, Olson Trucking, and Winter Trucking, before starting his own business; Torgerson Trucking, and Torgerson T Towing. He retired in 2018, and then did some plowing.

Tom was a very active member of Faith Bible Chapel, where he was a Deacon for many years. He had a huge heart for helping people and would drop everything just to help someone out. He enjoyed hunting, fishing, and mechanic work. He loved his grandkids who were his pride and joy.

He is survived by his wife - Delores of Leonard, MN

His children: Charles (Kim) Green of Waco, TX; Benjamin Torgerson of Bagley, MN; Chriss "Finely" (Robert) Farnham of Moorhead, MN.

7-Grandsons
Sisters-Janet Torgerson of Bagley, MN; Peggy Cole of Florida.

Nephews- Dallas, Vance, and Tyler

He was preceded in death by his parents; and brother - Timothy

Messages of condolence may be sent to ceasefuneral-home.com



Obituary for Yvonne A. Ingalls

Yvonne Ann Ingalls, 87, of Clearbrook died on Monday, March 29, 2021 at Neilson Place in Bemidji.

Yvonne was born on February 23, 1934 in Duluth to Olga and Donald Peterson. She moved to the Clearbrook/Leonard area as a young child and graduated from Clearbrook High School. She went on to attend nursing school in Duluth and then worked as a nurse. Yvonne married George Ingalls of Bagley on March 17, 1956. They were married for 58 years until George's death in December of 2014. They raised three sons,

Scott, Brian, and Keith.

Yvonne was a very kind, thoughtful, and independent woman. She had a twinkle in her eye and a gentle sense of humor. Yvonne cared deeply about her family, church, and community. She spent many hours volunteering at her church and other organizations throughout the years.

Yvonne loved gardening, sewing, and gathering with family and friends. She hosted many family dinners where good food and company were enjoyed by all. Many family stories were shared at her table.

Yvonne will be greatly missed by her sons and their spouses: Scott (Lisa) of Lewisville, TX, Brian (Linda) of Bemidji, Keith (Tara) of Tampa, FL, grandchildren Sarah and Nicholas of TX and Anna and Elizabeth of MN; brothers Duane (Marjorie) of Bloomington, MN and Blake of Bemidji; and many cousins, nieces, and nephews.

Yvonne was preceded in death by her parents, Donald and Olga Peterson and her husband, George Ingalls.

A family memorial service will be held in the summer.

Condolences may be left at ceasefuneralhome.com.



Obituary for Leone Bursheim

Leone Bursheim, age 75, of McIntosh, MN, passed away on Sunday, April 4th, at McIntosh Senior Living. Funeral services will be held at 2:30 p.m. on Saturday, April 10th, at Our Savior's Lutheran Church in McIntosh with the Rev. Gordon Syverson officiating. Interment will be in Calvary Lutheran Cemetery, Winger, MN. Visitation will be held for one hour prior to the service on Saturday at the church. The service is open to the public with mask use required. Arrangements are with Carlin Family Funeral Service of McIntosh and messages of condolence may be shared at www.carlinfuneral.com.

Leone was born May 25, 1945 in Crookston, MN. She was the daughter of Leonard and Opal (Oppgrand) Bur-

sheim. She was raised on the family farm in Polk County, MN south of Winger. MN. She attended Winger Elementary School and McIntosh High School. She graduated in 1963.

Leone was a longtime resident of McIntosh, MN. She was a custodian for many years at Our Savior's Lutheran Church in McIntosh.

Leone was baptized and confirmed at Calvary Lutheran Church in Winger, MN. She was long-time member at Our Savior's Lutheran Church in McIntosh, MN.

Leone very much enjoyed her time with her family and was always up for a ride around the area and especially enjoyed her time at the casino. She loved her animals and was thankful for her cat.

Leone is preceded in death by her parents, stepfather Albert Bjella, grandparents, her brother Lynn Bursheim and sisters Linda Geske and Lucille Dokken.

She is survived by her sister Robin Salvesson of Fargo, ND and her brother Lyndon Bursheim of Crookston, MN. She is also survived by several nieces and nephews.

Memorials may be given to Our Savior's Lutheran Church in McIntosh or to the donor's choice.

The family would like to thank all of Leone's friends and caretakers in McIntosh and especially the staff at the McIntosh Senior Living Center.



Burial for Ben Erholtz

Christian Burial for Ben Erholtz will be held April 19, 2021 at 11:00 am at New Sweden Cemetery south of

Trinity Lutheran Church, 4 1/2 miles north and 1 1/2 miles east following County Road 8 out of McIntosh. M3C



Obituary for Phyllis Rhineberger

Phyllis Rhineberger, 69, formerly of Thief River Falls, MN passed away on Thursday, April 1st, 2021 at Pioneer Memorial Care Center in Erskine, MN.

Mass of Christian Burial will be held on Wednesday, April 7th, 2021 at 6:00 PM at Johnson Funeral Service in Thief River Falls, MN with Father Rick Lambert officiating. Burial will be held at a later date in Solway, MN.

Visitation will be held on Wednesday April 7th from 4-6 PM at Johnson Funeral Service in Thief River Falls, MN.

Phyllis Ann Rhineberger was born on May 11, 1951 in St. Paul, MN. She was adopted and raised by Hugh and Leone (Cartier) Carlson. She was raised in Thief River Falls, MN, attended Saint Bernard's Catholic School and Lincoln High School, graduating the class of 1969.

On March 14, 1970 she was united in marriage to Gary Lane at St. Bernard's Catholic Church. The couple had two children, Jennifer and Michael. She worked as a telephone operator for Northwestern Bell from 1971 until 1976 when she went to work in sales at Diversified Manufactured Housing (Detroit) in Red Lake Falls, MN. She then made a career move to an administrative assistant for Moser and Christianson, which later became Brady Martz. In 1990 she began

working for Arctic Cat as the administrative assistant to the Vice President of Sales and Marketing, and later was an integral part of the IT department until 2015.

On December 17, 1994 she was united in marriage to Stephen Rhineberger at her mother's home in Thief River Falls, MN. After retirement, the couple enjoyed spending time at Pine Lake, traveling, and spoiling their puppies and grandkids.

Philly was an avid reader. She had a passion for history, specifically WWII and politics. She enjoyed spending time near the water whenever possible. She had a great love for Tindolph Beach, Maple lake, Pine Lake, or any place she could find a bit of shoreline and a ray sunshine. She enjoyed traveling for work and play. She took pleasure in bar bingo and rummage sales with her friends. Philly had a wonderful sense of humor and a contagious laugh. Blessed are those who have shared in her laughter. Dogs were a vital part of her. She found comfort and support in them throughout her life. She was very proud of all her pets and loved to share them with others. Most of all she loved and cherished the time spent with her children and grandchildren.

Phyllis is survived by her husband Stephen of Gonvick, MN; children Jennifer (Randy) Knott of Thief River Falls, MN and Michael (Trish) Lane of Thief River Falls, MN; stepchildren Gayle Rhineberger of Denver, IA, Barry (Carrie) Rhineberger of Buffalo, MN; mother-in-law Joyce Rhineberger of Solway, MN; grandchildren Elaina Knott, Anna Knott, Logan Lane, Bryar Lane, Ava Dunn, Dawson Dunn, Ashlyn Rhineberger; sisters Rae (Peter) Michael of Delta, CO, and Erin H. Carlson of Lake Ridge, VA.

Phyllis is preceded in death by her parents, sister Jaci Cornett, and father-in-law Glen Rhineberger.

May her memory be blessed.



Obituary for Sheila Otting

Sheila Lou (DesJardins) Otting was born July 30, 1941 in Detroit Lakes, MN to George and Lucille DesJardins. She passed away April 4, 2021.

A Celebration of Life will be 2:00 p.m., Friday, April 9, 2021 at Zion Lutheran Church of Eddy Township, rural Bagley.

Sheila was raised in Felton, MN by her paternal grandparents, Ernest and Regina (Usselman) DesJardins. She attended school in Felton. She married David Otting on June 6, 1959. They farmed at Felton until moving to the Clearbrook area in 1965. They farmed there with the help of their four daughters. They were in dairy for about 40 years before switching to beef cattle. She was a

beloved mother, grandmother and great-grandmother. She was always a good listener, with a good sense of humor who encouraged others. Her home was a gathering place for friends and family who always felt welcome, even when showing up unannounced. She put others' needs above her own and was always willing to lend a hand. She dedicated her life to her husband and her family, who will miss her dearly.

Sheila is survived by her husband, David, of 61 years; daughters, Nancy Loughheed, Marilyn "Joan" (Jerome) Serbus, Deborah (Dan) Ley, and Teryl (Lyle) Waughtal; grandchildren, Lindsey (Brett) Wyant, Casey Loughheed, Briana Serbus, David (Sierra) Serbus, Joshua LaRue, Sheila LaRue, Lee Waughtal and Tyler Waughtal; three great-grandchildren, Luke and Jacob Wyant and Dawson Serbus; step-sisters, Phyllis Dittmer and Diane Nesvold; many nieces and nephews and sisters-in-law, Roberta Otting and Marilyn Green.

She was preceded in death by her parents; step-mother, Enga Anderson; sisters, Georgia Larson and Mary Hilde; nephews, Chris Speer, Jeff Larson and Michael Larson and two infant daughters.

In lieu of flowers, memorials are preferred to the family.

Arrangements made with Olson-Schwartz Funeral Home in Bemidji, MN.



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Northwest Minnesota Foundation offers emergency relief and recovery grants

BEMIDJI, MN – April 1, 2021 – The Northwest Minnesota Foundation is offering Emergency Relief and Recovery Grants to provide resources to communities and organizations impacted by the COVID-19 pandemic.

This may include but should not be limited to food security, services to the elderly and most vulnerable people, education, mental health, and other services critical to help meet immediate needs in the community. Applicants are encouraged to consider equity and inclusion efforts in their response. Prioritization may be given to organizations offering direct services to vulnerable populations impacted by the pandemic.

Funding Available

Grants up to \$10,000 will be considered. Grant pre-applications must be received through NMF's website by Friday April 30, 2021 to be considered using the link below. Final applications are due no later than Friday May 7, 2021. Funding decisions will be made by Monday, June 7th, 2021. This is a competitive grant process based

on the organization's ability to meet community needs.

Eligibility

Eligible applicants must be 501c3 nonprofits, tribal entities, or public agencies located in or serving our 12-county service area (Beltrami, Clearwater, Hubbard, Kittson, Lake of the Woods, Mahanomen, Marshall, Norman, Polk, Pennington, Red Lake, and Roseau counties). Nonprofits with 501c4 and 501c6 designation may apply. Funding may be used for direct services, general operating, technical assistance, training, increased staff capacity, technology, capital improvements, fundraising support, strategic planning, marketing, personal protective equipment, and other needs critical for meeting community needs during the pandemic. Examples of ineligible activities include direct lobbying, political donations, terrorism, propagation of religion, discrimination, legal fees, debt relief, or gambling activities.

Visit www.nwmf.org/ and visit our "Open Grant Rounds" page to fill out a pre-application by Friday April 30, 2021.

What to do in the immediate aftermath of a car accident

Car accidents happen every day. Though the World Health Organization reports that approximately 1.35 million people die each year as a result of road traffic crashes, many more people walk away from such accidents relatively unscathed. In such instances, knowing what to do in the immediate aftermath of an accident can help drivers and passengers stay safe and start on their road to physical and financial recovery.

No two car accidents are the same, but the Insurance Information Institute recommends anyone involved in a car accident take the following steps to make the most informed decisions in what is often a difficult situation.

· **Assess your physical condition.** The III recommends people involved in accidents check themselves for injuries in the immediate aftermath of an accident. Call 911 if you are hurt. If you're seriously injured, try to remain still and only move with the assistance of emergency response personnel.

· **Assess passengers' physical condition.** Drivers who are not too hurt to move can check on their passengers after assessing their own condition. Before moving a passenger who is injured, speak with an emergency response professional. This person can assess the situation and determine if it's safe to move an injured passenger or if it's best to wait for first responders to arrive on the scene.

· **Get to a safe place.** If possible, move to the side of the road or a sidewalk. If it's safe to move a vehicle and the vehicle is in a hazardous position, such as in the middle of the road, pull it to the side of the road. If the vehicle won't start of you suspect it could be dangerous to move it, leave the car where it is and get yourself and any passengers who can move to the side of the road or a sidewalk.

· **Call 911.** If you have not already done so, call 911 once you have gotten to a safe place. The III notes that no accident is

too minor to involve the police, and some local laws even mandate that all traffic accidents be immediately reported. Be sure to fill out an accident report, which can be vital for drivers who intend to file claims with their insurance providers.

· Turn the vehicle off.

If the vehicle is still running, turn it off. Turn on the vehicle's hazard lights and, if you can physically do so and it's safe to do so, place road flares around the car to warn fellow motorists.

· Exchange information.

Exchange contact and insurance information with the other driver once everyone has determined that they are not injured. The III recommends exchanging full names and contact information. Specific information like insurance companies and policy numbers, driver's license numbers and license plate numbers, the exact location of the accident, and the type, color and model of the other driver's vehicle also should be exchanged and noted.

· **Avoid discussing fault with the other driver.** Drivers will not determine who's at fault. Such decisions are made by insurance adjusters. Discussing fault with the other driver in the immediate aftermath of an accident can lead to difficult, potentially heated exchanges.

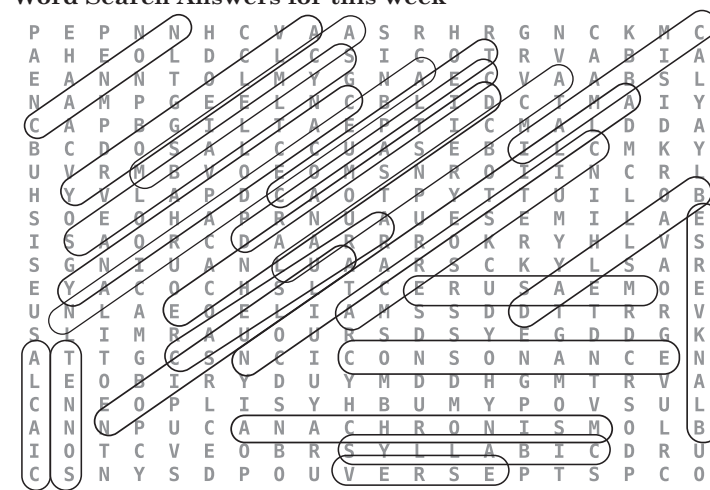
· **Document the accident.** The III recommends motorists involved in accidents identify the responding police officers and ask them how to obtain copies of the official accident report. Take pictures and speak with any witnesses, jotting down their names and contact information if possible.

· **Notify your insurance provider.** Notify your insurance provider as soon as possible. You can even do so from the scene of the accident if you're capable of doing so. This can jump-start the claims process.

Knowing what to do in the immediate aftermath of a car accident can calm drivers' nerves and get them on the road to recovery that much sooner.

**Visit www.TriCoCanary.com
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Obituary Notices**

Word Search Answers for this week



UMN Crookston's Equine program engages students while making an impact on the racehorse industry

CROOKSTON, Minn. - The Minnesota Thoroughbred industry foals out between 150-200 foals each year across the state of Minnesota. These foals become a part of an industry that brings \$409 million in economic impact to the State of Minnesota, per a 2017 University of Minnesota economic impact report.

"We are foaling out 10 mares this year, three of those mares are Quarter Horses and the other seven are Thoroughbreds," said Morgan Pyles, Equine Lecturer. "When students at the University of Crookston participate in the foaling out of a Minnesota registered Thoroughbred racehorse, they not only have a valuable equine in their care, they also have the future hopes and dreams of Thoroughbred racehorse owners and breeders in their hands," said Joe Scurto, Executive Director at Minnesota Racehorse Engagement Project.

The opportunities in the Thoroughbred industry includes but does exclude employment in reproduction, nutrition, track management and the racing industry encompasses all of that and then some for graduates in UMN Crookston's criminal justice, horticulture, turfgrass and landscape degrees. "All of those things happen at a racetrack and relationships with the racing industry, while highly regulated, has much to offer our graduates," said Jonathon Holland. Holland, '95 alumni, who now works in Enrollment Management, has a degree in equine science and is a former instructor and extension educator. Holland and his two colleagues, Nicky Overgaard, Equine Lecturer and Christy Doyea, Barn Manager collaborate often to identify ways to engage students in the work that they love. "Spend the time and effort to take advantage of the opportunities and learn from the instructors," Holland says.

"All registered Minnesota bred Thoroughbreds must be born in the state and their mares must arrive no later than March 15th each year," said Scurto. These broodmares come from a wide array of backgrounds, Scurto went on to say some broodmares have had successful racing careers themselves and some have royal bloodlines but have never competed on the racetrack. Holland said the foaling service is competitive and affordable. "UMN

Crookston maintains the service by being competitive with other facilities that have foaling services. Crookston's faculty use this opportunity as a teaching and learning experience, at \$350.00 per foal, we desire to provide the best service to our clients while engaging students in real life training," said Nicky Overgaard, Instructor, Equine Science.

Morgan Pyles, Equine Lecturer will transition to an Assistant Professor in August. She recently joined the Crookston campus and will complete her Ph.D. from the University of Kentucky in May. "UMN Crookston's equine program offers a range of equine science and equitation courses. I am teaching a variety of equine classes, including equine exercise physiology, reproduction, horse production and western equitation. "Watching foals grow and develop is very satisfying to me, most of my research has been with mares and foals, and let me tell you, I have gained a lot of respect for these broodmares," she said.

According to the Minnesota Racehorse Engagement Project, owners of Thoroughbred broodmares typically receive 10% of the earnings of their progeny. "In a typical year, a Minnesota broodmare can receive a few hundred to over \$10,000 per foal they produced," said Scurto. A successful broodmare that produces 5-7 successful racehorses can provide an annuity to their owners of more than \$30,000 per year.

The ten mares foaling out include four thoroughbreds from South Dakota, six from North Dakota with three thoroughbreds and three quarter horses. Staff say Crookston's campus location is best positioned for breeders from Canada, North Dakota, and South Dakota. "To have mares foal in Minnesota and be qualified for Minnesota bred purses is great for the industry and our students," said Holland.

Each year these Minnesota foaled and registered Thoroughbreds win over \$5 million dollars for their owners racing at Canterbury Park. Many of these horses go on to compete nationally including Minnesota favorite, Mr. Jägermeister, a six-year-old who has won 11 races and accumulated over \$600,000 in earnings to date.

Minnesota registered broodmares have been paired with



local successful Minnesota sires like Kela, as well as world-renowned champion sires across the country. There currently is a three-year-old Minnesota foaled colt, Sota King, whose sire was the great triple crown winner American Pharoah. Owners typically pay between \$5,000- \$100,000 in stud fees for their broodmares to find the right recipe for success to breed a future champion.



Exterior lighting can add ambiance to a property

The value of the right lighting in a home is undeniable. Lighting can instantly transform a room and create the ambiance homeowners are looking to establish. Though it might be mostly seen as a way to create mood inside a home, lighting also can do much for lawns and gardens.

Backyards have come a long way over the last several decades. Once reserved as play areas for children and stomping grounds for the family dog, backyards have become oases for homeowners and their families. Outdoor living areas are wildly popular, and no such area is complete without exterior lighting. In fact, a recent report from the National Association of Home Builders found that 85 percent of home buyers want exterior lighting, making it the second most desired outdoor feature (patios topped that list).

Exterior lighting can have a dramatic effect on landscaping, and estimates from the online financial resource Kiplinger.com suggest such lighting is inexpensive, with installation averaging roughly \$67 per fixture.

When installing exterior lighting around their landscapes, homeowners can keep various tips in mind to create a relaxing, awe-inspiring mood on their properties at night.

Consider uplights. Uplights are installed in the ground and direct light up at a tree, focusing on its trunk or canopy. This creates a dramatic effect that makes it possible to enjoy majestic trees at night

Scurto said the beginning moments of a racehorse's life can make all the difference in their success on the racetrack. As the relationship continues to expand between the University of Minnesota Crookston's Equine programs and the Minnesota horse racing industry, the larger impact students will have on this vital economic and agricultural industry.

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Game time for April 8 Twins-Mariners matchup is 3:10 p.m.

MINNEAPOLIS-ST. PAUL, MN – The Minnesota Twins today announced plans for their 2021 Home Opener at Target Field, presented by Your Local Northland Ford Dealers, which is scheduled for 3:10 p.m. on Thursday, April 8 vs. the Seattle Mariners. The game, along with the remainder of the three-game weekend series (also Saturday, April 10 and Sunday, April 11), are sellouts.

Welcome Back to Target Field!

Baseball is back, Downtown Minneapolis is proudly open for business, and the Minnesota Twins are thrilled to safely welcome 10,000 fans to Target Field for the 2021 Home Opener, presented by Your Local Northland Ford Dealers. The 2021 Home Opener will be the first time fans have been at Target Field for a game since October 7, 2019 (Game 3 of the ALDS), while it also marks the largest gathering in Minnesota since March of 2020. Pregame ceremonies will pay tribute to the unprecedented events of the past year, while exalting our collective strength through a celebration of baseball and community. The Twins will also kick off 30th anniversary festivities for the 1991 World

Series champions and the Minnesota Twins Community Fund. Highlights of the Twins' Home Opener include:

• National Anthem: The National Anthem, presented by Thomson Reuters, will be sung by Natalia Romero Arbeláez, a local educator and performer who sings in Twin Cities professional vocal ensembles such as VocalEssence and Border CrosSing, while also teaching choir and piano at Harding High School in St. Paul.

• Ceremonial First Pitch: When Gene Larkin delivered the walk-off single in the 10th inning of Game 7 of the 1991 World Series, it was then-Twins third base coach Ron Gardenhire who sent Dan Gladden home with the championship-winning run. Later, as the Twins' beloved and fiery manager for 13 seasons, "Gardy" led Minnesota to 1,068 wins (second most in Twins history) and six division championships. Recently retired following 29 seasons as a major league coach or manager, Gardenhire will return to Target Field to throw out the ceremonial first pitch of the 2021 Home Opener to his son, Toby, who is set to manage the St. Paul Saints, the Twins' new Triple-A affiliate.

Top contributors to oral cancer

Researchers are not entirely sure what causes the gene mutations that lead to oral cavity and oropharyngeal cancers. While health professionals cannot say for sure why cancer forms, they do know that certain risk factors may lead to cells becoming cancerous.

Oral cancers develop in any of the parts of the oral cavity and throat. This can include the lips, gums, tongue, the inner lining of the cheeks, the roof of the mouth, and the floor of the mouth. According to the American Cancer Society, around 50,000 people will develop cancer of the mouth or throat in 2021. Knowing which behaviors may contribute to cancer formation can help people make changes that lower their risks for oral cancers.

Tobacco use

The Mayo Clinic says tobacco use of any kind, which includes cigarettes, cigars, pipes, chewing tobacco, and snuff, can contribute to oral cancers. Tobacco smoke can cause cancers anywhere in the mouth or throat. Other products are linked to cancer in the parts of the lips or mouth that touch the tobacco product.

Alcohol use

Drinking alcohol increases the risk of developing oral cavity and oropharyngeal cancers. The American Cancer Society says seven out of 10 people who have oral cancer are heavy drinkers.

Excessive sun exposure

Individuals who have had excessive exposure to the sun may develop cancer on the lips. Protecting the skin on the lips by using a sunscreen product for lips can reduce risk.

Skiping dental visits

Dentists perform routine cancer inspections during exams. Failure to visit the dentist regularly may prevent people from getting an early diagnosis and treatment for abnormalities in the mouth.

Human papilloma virus (HPV)

Verywell Health indicates HPV is the most commonly diagnosed sexually transmitted disease in the United States. The HPV-16 strain is linked to oral cancer, most commonly at the base of the tongue and in the tonsils.

Learning about the leading risk factors for oral cancer can help people take the necessary steps to change poor habits and behaviors.

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