



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



GVT's Video Production Coordinator, John Andringa and Service Supervisor, Andy Knott were busy training staff and students on the cameras and broadcasting equipment that GVT provided to the Goodridge school for their Media Production Club. Also pictured are students in the Video Production class, Ms. Becky Carlson, Goodridge Principal, Tomas Loberg, Superintendent and Alexis Hruby, club advisor.

Goodridge Local Channel Now Available

[Erskine, MN Feb. 19] Garden Valley Technologies is excited to have the opportunity to work closely with several local schools to provide live broadcasts of student-run productions, including our most recent partnership with Goodridge High School, home of the Chargers.

"The GVT Local Channels have always played an important role in keeping our communities connected," explains Timothy Brinkman, CEO/General Manager of GVT. "But during

this unique time of limited attendance at sporting events, church services and more, it has proved more valuable than ever before."

Beginning in March we will start airing school and local community content for Goodridge on Garden Valley TV Channel 38. GVT's Video Production Coordinator, John Andringa and Service Supervisor, Andy Knott are training staff and students on the cameras and broadcasting equipment that GVT provided to the school for their Goodridge

Media Production Club. Goodridge teacher, Alexis Hruby, will serve as the advisor of the Media Club. Sporting events at the Goodridge High School will be broadcast on Channel 38 and, in the future, there are plans to expand content programming.

The students and staff at these schools have dedicated countless hours to learning and running the equipment to provide parents, grandparents, friends and family the opportunity to cheer on their favorite student(s) from home. Tune in

to GVTV Local Channels 30-38 or Live Stream on our website to support our local media crews and students: www.gvtel.com/video/livestream

Channel Line-up:
Win-E-Mac – Channel 30
Fosston - Channel 31
Fertile-Beltrami - Channel 32
Bagley - Channel 33
Red Lake Falls - Channel 34
RLCC - Channel 35
Grygla - Channel 36
Thief River Falls - Channel 37
Goodridge – Channel 38
About Garden Valley Tech-

nologies

Garden Valley Technologies is a progressive telecommunications and technology company serving 27 exchanges and surrounding communities in northwest Minnesota since 1906. GVT is a member-owned cooperative providing business and residential consumers with advanced integrated communications and technological solutions including high speed Internet, Digital HD TV, Security, 4G LTE Cellular, Smart Home technology and Voice services.

Minnesota's townships to hold annual meetings on Township Day Tuesday, March 9th

Democracy is alive and well in townships

(St. Michael, Minn.) – Minnesota's 1,781 townships will hold their annual meeting on Tuesday, March 9. Known as Township Day, these annual meetings are held every year on the second Tuesday in March. Residents of the townships will meet to voice their opinions about local issues with other township residents and also vote directly on their annual tax levy; direct democracy in action. Citizens attending annual meetings also often discuss and vote on other local issues. In addition, many of the state's townships will hold their township officer elections on Tuesday's Township Day.

"Township Day 2021 will

still ensure a direct voice to residents of townships, with COVID precautions in place. Some townships will meet physically with masks and distancing, while other townships are embracing conference calls or virtual meetings. Some townships will officially start their meetings but then 'pause' business so that full participation can occur in fairer summer weather at outdoor meetings," said Minnesota Association of Townships General Counsel Steve Fenske. "If you live in a township, please participate in your township's annual meeting on Tuesday, March 9. You can find the location and time by checking the published notice

in the local newspaper or by contacting the township clerk," continued Fenske.

"Local government is alive and well at the grassroots level in townships. Voters will choose new local officers, and dedicated election judges will carry out these COVID-safe elections. Township discussions on the annual tax levy give folks direct access to democracy. Important topics may be put on hold and continued in the summer, to include more residents than current conditions allow. On behalf of the Minnesota Association of Townships, I encourage every township resident to participate in their annual meeting," said Minnesota Association of Town-

ships Board of Directors President Gary Burdorf of Green Isle Township in Sibley County.

Information on Minnesota's townships: There are approximately 914,174 township residents in 1,781 townships in Minnesota. Townships exist in every area of the state, including the metropolitan area. Some, with populations of more than 1,000, function in much the same way as a small city. While many townships remain rural agricultural centers, other host a variety of residential, light commercial, and industrial development.

The tradition of Township Day: The tradition of a town meeting has roots in colonial

America. New England town meetings gave citizens a way to exercise local authority. Those meetings were especially important in the development of democracy because it emphasized problem-solving through group efforts.

Background on townships: Townships were the original form of local government in Minnesota, established in the 1800s when Congress ordered a survey that divided the Minnesota territory into 36 square mile tracts of land. Today, the term "township" generally refers to public corporations governed by a local board of supervisors and created to provide services to residents.

MnDOT awards nearly \$350,000 in Safe Routes to School grants

Funding will improve walking and bicycling programs with schools, communities

ST. PAUL, Minn. – Nineteen schools and communities in Minnesota will benefit from nearly \$350,000 in planning assistance and "Boost" grants to help support or start Safe Routes to School programs, the Minnesota Department of Transportation announced today.

SRTS is an international program to improve safety, reduce traffic congestion around schools, increase physical activity and improve health by making it easier for students to walk and bicycle to school and in daily life.

"During the pandemic, when many students and families are learning from home and confined to their screens indoors, we know Minnesotans need safe places to get out and walk or bicycle more than ever before," said Dave Cowan, SRTS coordinator. "These grants help give schools and communities more options to expand Safe Routes to School activities."

Planning assistance grants provide communities with the resources to convene a team, understand key issues, prioritize strategies, and identify solutions that fit the local need.



"Boost" grants support existing SRTS work, like providing bicycles to schools to improve physical education curriculum or addressing a community-specific need to help more students walk and bicycle to school safely.

New this year are the demonstration project technical assistance awards which allow schools and local roadway authorities to test engineering designs before installing more

permanent designs which can help garner community support.

MnDOT announced the availability of this funding in October 2020. Grants in this solicitation are funded with state and federal Safe Routes to School dollars. Historically, nearly 70 percent of these funds have supported work within greater Minnesota communities.

Since 2005, MnDOT awarded

more than \$50 million in federal and state funds to communities to support Safe Routes to School. The majority of funding was awarded for infrastructure projects. The remainder was allocated for programs and planning that promote walkable and bikeable communities. See below for a list of grant winners.

More information about SRTS is available at www.mn-dot.gov/saferoutes or the SRTS Facebook page at <https://www.facebook.com/MinnesotaSafeRoutesToSchool/>.

facebook.com/MinnesotaSafeRoutesToSchool/.

Safe Routes to School 2021 Boost Implementation Grants:

- Red Lake School District
- Minneapolis Public Schools
- City of Tyler
- Richfield Public Schools
- Seward Montessori School
- South Saint Paul Public Schools

Safe Routes to School 2021 Planning Assistance Grants:

- City of Shorewood
- Adrian Public Schools
- City of Littlefork
- City of Paynesville
- City of Verndale
- Hancock Public School
- Rochester Public Schools
- Oshki Ogimaag Charter School/Cook County SRTS
- City of Chisholm
- Underwood Public School
- Safe Routes to School 2021 Demonstration Project Technical Assistance Awards:**
- City of Warren
- Saint Paul Public Schools
- Ashby Public Schools
- City of La Crescent
- City of Burnsville
- Lake City

Essentia Health emphasizes importance of preventive well-child visits

Staying healthy throughout this past year has been top of mind for many. While much of the attention has been focused on how not to get sick, preventive medical care remains critically important. That's why Essentia Health is reminding parents to schedule well-child visits for their children.

Dr. Trish Scherrer, Essentia Health pediatrician, explains, "it's important to stay on time for your child's well-child visits because these visits cover a variety of topics that are critical to your child's health and development."

Well-child visits are designed to be comprehensive and include measuring the child's growth, performing screenings and discussing nutrition and well-being. It's important to evaluate a child's developmental and school milestones for progress and discuss strategies to protect your child from illness and injury.

"Well visits are also our opportunity to provide your child's scheduled immunizations, which are critical in preventing illnesses like measles, mumps, polio and hepatitis," says Dr. Scherrer. "Physical examinations are essential for a complete picture of your child's health, and sometimes your child's pediatrician will identify a concern that you weren't even aware of."

For one Fargo mother, her son's well-child visit diagnosed a rare eye problem before it caused loss of sight.

Luke Conway, age 1, was at Essentia Health for his six-month well-child visit when his mom, Kelsie, mentioned that she had noticed some delayed movement in one of his eyes. Upon examination, the pediatrician agreed further evaluation was needed. Luke was referred to an ophthalmologist, who then referred him to a specialist. Luke was diagnosed with a rare eye condition – congenital cataract with persistent fetal vasculature; he had a cataract on the iris portion of his eye and a blood vessel was pulling on his retina, which cause a partial retinal detachment.

Thanks to early intervention, Luke was able to have surgery to correct the issue. "He's just this super happy baby. If we didn't have that well-child visit, I probably would have chalked it up to a minor developmental delay that he would eventually outgrow," shares Conway.

Essentia Health is utilizing an electronic Ages and Stages questionnaire during well-child visits. Parents with children age 9 months, 18 months, 30 months, and 36 months now have the opportunity to complete the questionnaire in MyChart to ensure their child is developing at a normal rate. These questionnaires are automatically assigned before well-child visits and can be completed up to seven days prior to an appointment during the e-check-in process.

By completing the questionnaire online, parents will get more time with their child's care team during their appointment.

Schedule a well-child visit through your Essentia MyChart account or call your local Essentia Health clinic to set up an appointment today. You can also schedule online and learn more about pediatrics by visiting EssentiaHealth.org.



Lake Agassiz Regional Library news

Libraries Announce Virtual Presentation: Midwest Native Plant Primer on Mar. 9 at 7 p.m.

MOORHEAD, MINNESOTA - Lake Agassiz Regional Library (LARL) will host a virtual author presentation by plant expert Alan Branahagen on March 9 at 7 p.m. Branahagen is Director of Operations at the Minnesota Landscape Arboretum and the author of The Midwest Native Plant Primer.

The presentation will cover advice from his latest book, including his ten steps to transform your garden into an earth-friendly landscape, as well as a Q&A segment. It will be held live on the Lake Agassiz Regional Library Facebook page (facebook.com/larlmn) and is offered free-of-charge with no registration required. A recording of the presentation will be available at larl.org/athome and a Facebook account is not required to view the program.

About Lake Agassiz Regional Library:

Lake Agassiz Regional Library is a consolidated public library system comprised of 13



branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. For more information on this and other LARL events and services, contact the Lake Agassiz Regional Library office at 218-233-3757 or online at www.larl.org.

Lake Agassiz Regional Library to Offer Kits for Book Clubs

MOORHEAD, MINNESOTA - Lake Agassiz Regional Library (LARL) has added another service to its roster of options for residents. Beginning in late February residents of the seven counties served (Becker, Clay, Clearwater, Mahanomen, Norman, Polk, and Wilkin) will have access to a collection of book club kits for book club meetings and other literary-focused groups. Each kit will be equipped with ten copies

of a work of popular fiction or non-fiction with a special focus on Minnesota-based authors, along with helpful discussion guides and tips.

The kits can be borrowed for six weeks and include titles appealing to a variety of ages, including This Tender Land by William Kent Krueger, Give a Girl a Knife by Amy Thielen, Speak by Laurie Halse Anderson and more. Learn more at larl.org/bookclubkits

Libraries Announce Adam Thielen-Inspired Poetry Contest for Grades 4-12

MOORHEAD, MINNESOTA - Lake Agassiz Regional Library (LARL) is inviting students in grades 4-12 to participate in a poetry contest honoring a local football legend. Participants can submit original poems inspired by Adam Thielen's football legacy for a chance to win an autographed Adam Thielen football donated by Choice Bank, an Adam Thielen jersey

or other great prizes. Poems will be accepted March 1-April 9. Learn more and submit your poem at larl.org/poetrycontest.

Participation is open to students in the following counties served by Lake Agassiz Regional Library: Becker, Clay, Clearwater, Mahanomen, Norman, Polk, and Wilkin. Winners will be announced on April 30.

Two Arrested After Obstruction in St. Louis County

February 25, 2021 - On February 24, 2021 at approximately 6:18 am, St. Louis County 911 received a report that Line 3 protesters had blocked a road in rural St. Louis County. They were not letting vehicular traffic through. The road is Robinson Road and turns into the Hedhom Forrest Rd as it continues into Aitkin County. This road is used by workers to access the Line 3 pipeline project.

St. Louis County deputies responded and found that an overturned car had been placed in the middle of the road. Two males had locked themselves to devices attached to the underside of the vehicle.

There were approximately 20 other individuals present. Once dispersal orders were given by law enforcement, the larger group complied with officer directions. The two males attached to the vehicle would not self-release.

The two individuals were placed under arrest. The arrest necessitated utilizing special tools to cut them out of the devices. Both were taken into custody without injury and booked into the St. Louis County Jail

One Arrested and Charged in Aitkin County

On February 24, 2021, at 0555 hours, the Aitkin County Sheriff's Office responded to protest activity blocking the Hedhom Forest Road. Numerous people were blocking the road and a device had been erected in the center of the road. The device was constructed of two logs around 35' long and fastened on the top. This "bipod" was vertical and anchored with ropes and posts approximately 45 feet away from the device. Suspended in the center of the device was a platform that was painted with anti-pipeline slogans. On the top side of the platform over 20' high, was an individual dressed in warm gear and wearing a mask. The individual identified herself as "Rose".

"Rose" was advised that she was illegally blocking a public right of way and that she needed to come down. Rose refused to come down. An ex-

traction team was called out to assess the complicated bipod device and ultimately were able to safely remove Rose and lower her to the ground. "Rose" was identified as Rachel Marie Leaf, 34, from Minneapolis MN. Leaf was arrested at 0957 hours and transported to the Aitkin County Jail.

Leaf is charged with Misdemeanor Public Nuisance, Misdemeanor Obstructing Legal Process, Misdemeanor Failure to Comply with Peace Officer, Misdemeanor Unlawful Assembly, Misdemeanor Presence at an Unlawful Assembly.

Conditions of release are: Do not enter any Enbridge Exclusion Zone or any marked areas of Enbridge work sites in Aitkin County or elsewhere, or any Line 3 locations or work areas. Not to have any knowing contact with Enbridge workers or any Line 3 workers at or near such work zones.

Our Thanks

The family of Donn Reichert would like to offer its thanks to the community. Donn did not want a fuss made about his illness, but during his last months he expressed joy for the many blessings he had during his long life. We are especially grateful to the outstanding caregivers at Clearwater Hospice, including hospice nurse Lauri Beier. I want to thank our sons and daughter and their families for support during this time, and both Donn and I were especially grateful that our eldest son Karl was able to reside with us on the farm for many weeks during the final months of caregiving. A Celebration of Life will be planned for early summer on the family farm.

Thank you all.

Ruth Reichert
with Karl, Kurt, Eric, Donna, Ray and families



Wednesday, February 24, 2021 winner of a Ruger American 350 Legend is Bob LeDoux, from Duluth, MN! Congratulations!

Sons of Norway update

The Granlund Lodge of the Sons of Norway will not be having a March meeting. Inquiries on membership or other matters may be directed to Wes Roland by calling 435-1230. Regular monthly meetings will resume when health risks decline.

Grandma's Marathon Utilizes Crowd Science Expert In Planning 2021 Event

Leading Expert Marcel Altenburg Helping to Analyze 2021 Race Plan

(DULUTH, MINN.) --- Grandma's Marathon-Duluth, Inc. has partnered with world-renowned crowd scientist Marcel Altenburg of Manchester Metropolitan University to optimize the event's participant flow as part of the organization's COVID-modified race plan.

Altenburg has previously worked with larger marathons like London, Berlin, Chicago, and New York as well as other major marathons around the world. He has developed crowd science software called Start Right, which uses a unique mathematical algorithm to help race organizers visualize, predict, and control the flow of participants throughout the entire race.

"Grandma's Marathon is unique in its setup and all measurements of the event are very fortunate," Altenburg said. "With the right adjustments, this race can be organized with social distance in the place at the start, through the course, and at the finish."

Grandma's Marathon is planning a half capacity event, including but not limited to the following changes on race day:

- Bus Transportation - Buses to the start line for the marathon and half marathon will allow a maximum of 25 participants, and all public transit safety guidelines will be in place. Participants will exit buses in a controlled fashion to ensure there is always adequate space in the start corral.
- Rolling Start Line - Participants will enter a start corral for both the marathon and half marathon, which will be spaced to allow for appropriate social distancing. Once in the corral, participants will immediately advance toward the start line. Participants will then be released from separated lanes in staggered fashion, five at a time, to control the flow onto the racecourse.

- Masks & Face Coverings - All participants, volunteers, staff, and others present will be required to wear a mask or face covering at all times other than while actively participating in a race. This includes but is not limited to on the bus, in the start corral, and after crossing the finish line.

Altenburg's analysis of the current plan, with the above safety measures included, shows a decreased density that allows for a minimum of 12 or more feet of spacing between participants at all times during the race. In general, participants will have 20 feet of possible distance to other people at most points on the racecourse.

"Start Right is an amazing tool that is helping us plan an effective race weekend with con-

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From a subscriber

Marion Anderson from Cocoa Beach, Florida called about getting her weekly newspaper. She enjoys each issue. She worked in Thief River Falls at Ingas Cafe where she met her husband. He had been a radio man in the Air Force in Alaska. He got a job on the railroad and then he went on to do contract work for the Navy. After their marriage they lived on the coasts where he worked. She was a Moe from the Grygla area and her grandparents lived on the Valley Farm that was owned by Fred and Annie Cuno. She has a lot of pictures and history about the farm if any one is interested.

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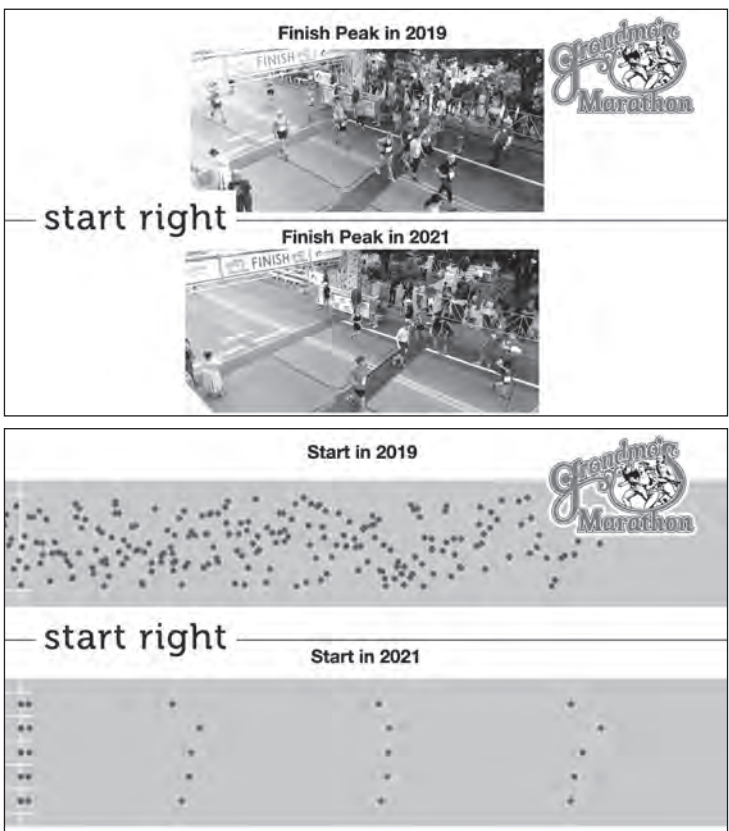
Security State Agency

PO Box 69, Oklee, MN 56742

Wyatt Vetteson

com. For interview requests, please contact Zach Schneider via email at zach@grandmas-marathon.com or call our office at (218) 343-9874.

Below are photos illustrating Altenburg's analysis of the 2021 Grandma's Marathon weekend, which is scheduled for June 17-19, 2021.



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5 LB
ZATARAIN'S BUTTERMILK BISCUIT (11 OZ) OR HONEY BUTTER
CORNBREAD MIX 12.5 OZ **\$1.19**

BOURBON VANILLA BEAN TRUFFLE, BOURBON
PRALINE PECAN OR CRISPY TRIO LAYERS
**HAAGEN DAZS
ICE CREAM**
2/\$3
14 OZ
EDY'S CARAMEL VANILLA TRIPLE FILLED SALTED
CARAMEL CONES
ICE CREAM 48 OZ **\$2.99**

ESSENTIAL EVERYDAY
FF CHICKEN BROTH
\$1.39
32 OZ
CREAMETTE
ROTELLE OR ROTINI 16 OZ **99¢**

AISLE 23
wine, spirits and beer
24 PK - 12 OZ CANS
BUSCH LIGHT
BEER **\$18⁵⁰**
24 PK - 12 OZ CANS
NATURDAY PINEAPPLE NEW
LEMONADE **\$14⁹⁹**
750 ML ORIGINAL OR SALTED CARAMEL
BAILEY'S
IRISH CREAM.. **\$23⁹⁹**
1.75 LITER GLASS OR PLASTIC
CAPTAIN MORGAN
SPICED RUM.... **\$28⁹⁹**
750 ML MANGO OR APPLE
LOVE WINE **\$3⁹⁹**
750 ML STELLA ROSA
BLACK, RED, ROSA OR BLUEBERRY
WINE **\$11⁹⁹**
750 ML
FIT VINE
CHARDONNAY.... **\$13⁹⁹**
750 ML
NANI ORGANIC
PROSECCO **\$12⁹⁹**

CLASSIFIED ADS

CITY OF OKLEE MUNICIPAL BUILDING IMPROVEMENT PROJECT Bids Close March 31st 2021

Bids are invited for the remodel of the exterior of the municipal city building

The entire North Elevation and East Elevation of City Hall, including the Fire Dept. and the Event Hall up to Cenex. Oklee Sidewalks are being replaced sometime this coming summer, so consultation with the County Engineer (Erik Hove) will be needed on any dates that may cause conflict for access.

Work to be completed within 60 days of start of contract.

Work to be done: Replace existing siding with new siding and insulate with 1 1/2" inch Foam Replace windows where required and install a window in the Clerk's Office. Renew Fascia all around City Hall, remove existing shingles on the canopy above the Fire Dept. Doors and replace with new shingles. Double Doors (with electronic opener) on the North Entrance to be replaced along with the Fire Dept. entrance door and window. Load City trucks with demolition waste which the city will empty at the dump.

Please Contact either Darrell Tougas or Derek Cross for more information.

City Of Oklee
PO Box 190, Oklee MN 56742
Tel: 218-796-5183

The City of Oklee reserves the right to reject any or all bids, waive irregularities, and award the contract in the best interest of the City Of Oklee.

O48-51C

FULL-TIME OR PART-TIME CUSTODIAL STAFF



Clearbrook-Gonvick School is hiring for full-time or part-time custodial staff. This is a 12 month, Monday-Friday position. Must be able to lift 75 lbs. and pass a background check. Starting wage is \$13.14 per hour; previous experience will be considered.

Please submit resume, letter of interest, and credentials to: Clearbrook-Gonvick School, 16770 Clearwater Lake Rd., Clearbrook, MN 56634
Attn: Jeff Burgess

R50-2C

City of Oklee Full Time Maintenance/Water and Waste Water Operator

The City of Oklee is seeking applicants for a full time City Maintenance/water and wastewater operator.

Duties include but will not be limited to operating City drinking water and waste water systems which requires Class D Licensing.

Wage rates based on experience. Applicants will be subject to a Background Check.

Experienced and licensed would be preferred although training will be given to the right applicant if required. Other Duties will include, snow removal, tree trimming, mowing and general street maintenance and other duties as assigned.

Applications are available by calling the City Clerk's office at 218-796-5183.

Applicants should submit the completed application by February 26th 2021 by 12:00pm to the:

City of Oklee,
PO Box 190,
Oklee MN 56742

This position will remain open until filled. The City of Oklee is an Equal Opportunity Provider

O48tn

Cornerstone offers several job opportunities at 5 different locations!



IMMEDIATE OPENINGS INCLUDE:

Licensed Practical Nurse - LPN

Registered Nurses - RN

Personal Assistants/PA - Assists residents in personal cares. No prior experience needed.

Certified Nursing Assistants/CNA - Assists residents in personal cares and performs some medical oriented tasks. Certification needed.

Maintenance Staff - Keeps the facility in top working condition. No prior experience needed.

Housekeeping/Laundry - Maintaining facility & resident area cleanliness. No prior experience needed.

R50C

Visit our website to see what we currently have open! EOE
www.cornerstoneshc.com/careers

ENGINEERING SENIOR/HYDRO II

Red Lake Watershed District (RLWD) is seeking applicants for a full-time position as an Engineering Senior/Hydro II.

General Function: Aid Consulting Engineer in all engineering activities. This position will coordinate all project data collection, surveys, and reports. Lead and assist in all project permitting functions. Complete and submit project pay request. Knowledge in reviewing detailed plans and specifications. Construction inspection. Flood surveys and project surveying. Assist in water allotments for wild rice on Clearwater River. Stream gauging. Operation of watershed impoundments. Assist with water quality projects. Review, inspect, survey RLWD permits. Work with landowners.

Requirements: Highly proficient in use of ArcGIS and AutoCAD, with ability to complete high level plans and drawings. Wetland Delineation experience and ability to assist or lead in wetland delineation reporting and permitting. Drafting data base development. Knowledge of construction materials, methods, and inspection. Ability to lift upwards of 70 pounds. Supervisory Experience. Considerable related work experience. Four-year degree in Engineering with two-year construction experience or graduation from a two-year technical college with three years of GPS surveying and construction experience, or GPS surveying and construction experience of at least 10 years.

Application is available at the RLWD office at 1000 Pennington Avenue South, Thief River Falls, MN 56701 or visit our website at redlakewatershed.org Please submit application, cover letter, resume and references to the RLWD office.

Application deadline: March 12, 2021

Salary Range: \$51,219 - \$75,358

Red Lake Watershed District is an Equal Opportunity Employer.

R48-50C

MORE EMPLOYMENT ADS ON NEXT PAGE

LOAD OPERATORS TRUCK DRIVERS

Olson Gravel Inc is looking to hire loader operators truck drivers and mechanics to apply go to olsongravel.com and print out an application and mail it to 34508 State Highway 92 S. E. Trail MN 56684

R50-1C



Dedicated To Quality Care

McIntosh Senior Living is currently looking for a full time MDS RN Coordinator. The MDS Coordinator is responsible for the completion of all necessary MDS's of the residents and conducts and coordinates ongoing resident assessments. This position is required to work every fourth weekend as the Charge nNurse as well as med cart pass. The RN will also need to provide direct supervision to the direct care staff and have good communication and documentation skills with positive interaction with residents, families and coworkers. McIntosh Senior Living offers PTO, holiday pay, 401k, free single health insurance, family health insurance, HSA account (\$1,800 facility contribution yearly) dental, life, retention/incentive bonus, scholarship funds for schooling or loans and competitive wages. Interested persons should send resume to 600 Riverside Ave NE, McIntosh, MN 56556 or contact Tricia Hove, Director of Nursing at 218-563-2715.

M49-51C



Dedicated To Quality Care

MCINTOSH SENIOR LIVING

(MSL)

Is currently hiring for:

- Full & Part time LPN/RN
- Full & Part time Nursing Assistants
- MDS Coordinator
- Full time Cook
- Part time housekeeping
- Part time maintenance
- Full time Activity Assistant

MSL offers Free single health insurance, family health plan, HSA account (\$1,800 yearly facility contribution) 401k, dental, life insurance, holiday pay, Scholarship program/loan payments PTO, Retention bonus & shift differential for nursing staff.

We give credit for experience and will train new staff.

MSL is a TEAM oriented facility where all work together providing quality care to individuals who need nursing services.

MSL is flexible in scheduling around school schedules.

Interested persons should send resume to 600 Riverside Ave NE, McIntosh, MN 56556. Attention Tricia Hove, DON for Nursing, Lana Bendickson for Dietary, Orlett Hedlund for housekeeping, Tina Chaput for Activities and Paul Ruckreigle for maintenance. You can download an application by going to our website at www.mcintoshseniorliving.com. Stop by for an application or call 218-563-2715.

M49-52C

JOIN OUR TEAM

Essentia Health Fosston Openings

POSITIONS AVAILABLE IN

FULL TIME, PART TIME, AND CASUAL STATUS.

ESSENTIA HEALTH LIVING CENTER IS NOW HIRING:

Activity Aide

CNA

LPN

RN

Nutrition Services Assistant

ESSENTIA HEALTH HOSPITAL:

EMT

Environmental Service Tech / Housekeeper

LPN or Surgical Technologist

Paramedic

Patient Access Representative / Medical Screener

RN

Storekeeper

ESSENTIA HEALTH CLINIC:

Patient Access Representative

LPN or RN

Essentia Health offers competitive salary and benefits

Apply at: www.EssentiaCareers.org

EOE/Minorities/Females/Vet/Disabled



Essentia Health

R43tn

HELP WANTED

Full Time Print Shop

Using Offset presses, digital presses, finishing work,

computer skills appreciated

Also Part time Marketing & Sales
work from home, earn commission!

218-487-5225

ask for Dick



Richards
Publishing Company

CONSUMER WORD SEARCH

E D C V O X H N T A T E D E V V H P A M
R X L U Y M I C E X C I R K T G A Z T P
O Z S P S N E G K M A C C A S H X Y H P
T W I U C T S I R I R P O P A Y M E N T
S H Y R E L O M S N T N S U R L N A P S
C O T C O Z I M Y O N D N O N R L T G V
D L N H U Y D A E S O O C N D T R T C N
W E A A G R N W T R C A P A Z V I X R W
A S R S M R A Y H E S E R X Y P A N O A
R A R E C E M G V P R E X G X Y U Z G D
E L A G V M E D Z S Z U R C D T W H C I
S E W H N U D T O E V L L V H R T O E V
Y P A E O S A V V L V Z P V I A H K X L
U R M K Z N H E Y A T T T Z T C N H U I
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D O S W E C S E I L P P U S L N L L E T
U I T P T C A O R G A N I Z A T I O N P
D N O R E I H S A C A G R E E M E N T W
P E C Y L Z S R R R D E S L U P M I W S
R S K K N E C E S S I T Y S T L I N E G

CONSUMER WORD SEARCH

Answers are on page 8

ACCOUNTING
AGREEMENT
CASH
CASHIER
CONSUMER
CONTRACT

CUSTOMER SERVICE
DEMAND
EXCHANGE
IMPULSE
LINE
LIST

NECESSITY
ORGANIZATION
PAYMENT
PURCHASE
RETAIL
SALESPERSON

STOCK
STORE
SUPPLIES
WARES
WARRANTY
WHOLESALE



Red River Valley Paid Class A CDL Training 2021



Chris Martin began with the CDL Training program and is now enjoying his second season as a qualified Class A CDL driver!

Let us help you get a new career!

Let's Talk!

Good Work! Good Pay! Good Life!

DRIVETEAMGREEN.COM
701-746-0389

R50,1,4,7,10C



JOIN OUR CUSTOMER SERVICE TEAM!

Excellent Wages & Benefits Package

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Two Retirement Plans: Defined Pension Plan & 401k Savings Plan,
Paid Time Off & More

- Provide excellent customer service working in our service office and retail store locations
- Have excellent communication skills
- Promote, sell & troubleshoot GVT products and services
- Sales experience preferred
- Represent GVT at company-sponsored events
- 32-40 hours per week
- Enjoy our employee-focused culture

Email resume to: resumes@gvtel.com by noon on
Wednesday, March 17, 2021

For additional details visit: www.gvtel.com

R50-51C



GARDEN VALLEY
TECHNOLOGIES

Innovate > Advance > Connect



An Equal Opportunity Provider and Employer



MCAN

For more information on MCAN ads call:
218-487-5225

Minnesota Classified Advertising Network



EMPLOYMENT

PHYSICAL EDUCATION/ HEALTH/D.A.P.E TEACHER

New London-Spicer Schools. View full job description at: nls.k12.mn.us/employment

.5 SPECIAL EDUCATION TEACHER/ .5 SPECIAL EDUCATION COORDINATOR

New London-Spicer Schools. View full job description at: nls.k12.mn.us/employment

SEED/FEED/GRAINS

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HUNTING

GUARANTEED BUFFALO HUNTS

in the southern Black Hills of South Dakota. Buffalo hunts: cows \$1850, bulls starting at \$3000. 605/391-4646 nvrbuffalo@gmail.com

MISCELLANEOUS

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We pay \$\$\$ for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312/291-9169 or visit: RefrigerantFinders.com

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Two great new offers! Ask how to get the new iPhone 11 or Next Generation Samsung Galaxy S10e on us with AT&T's Buy one, Give One offer. While supplies last! Call 855/332-0464

MISCELLANEOUS

DONATE YOUR CAR

truck or boat to Heritage For The Blind. Free 3-day vacation, tax deductible, free towing, all paperwork taken care of 844/220-9501

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For 190 Channels! Blazing fast internet, \$19.99/mo. (where available.) Switch & get a FREE \$100 Visa gift card. FREE voice remote. FREE HD DVR. FREE streaming on ALL devices. Call today! 855/562-4309

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TIMED ONLINE

Opens Monday, March 1st
Closes Saturday, March 6th
All items located indoors @ auction lot.
St. Hilaire, MN

ESTATE Auction

To PREVIEW OR BID GO TO www.proxibid.com/ronmckercher
for help call Deb @ 686-1009

AUCTIONEER'S NOTE:
Most items in exc. condition. Can preview most days from 9-5. All purchases must be pd. for & picked up within 7 days.

2006 HONDA VTX1300C MOTOR-CYCLE, 17,000 miles; 2007 ARCTIC CAT 550 H1 EFI 4X4, 600 miles; 1993 POLARIS TRAIL INDY SNOW-MOBILE, 3,458 miles, just tuned up; ARCTIC CAT SPEED POINT ATTACH. w/ 43" SINGLE DISK & 4

1/2" blade; HONDA EU 22001 GAS GENERATOR ARCTIC CAT 20 GAL. 12VATV SPRAYER; 2010 63" X 10", ALUMNA S.A. TRL.; 1987 17' GRUMMAN AL. CANOE; 1971 14' X 53"AL. LUND DUCK/FISHING BOAT w/ 9.8 H.P. NISSAN O.B. & KARAVAN TRL.; ESKIMO PORTABLE INSULATED FISH HOUSE; HUSQVARNA LGT24K54 HYDRO STATIC LAWN MOWER, 480 hrs.; DR LAWN POWER VAC w/ 301cc gas eng.; SNAP-

PER L1730 SNOWBLOWER; PLUS: MANY LOTS OF HARDLY USED HAND & POWER TOOLS; FISHING EQUIP. (ice & angling); CAMPING STOVES ETC.; AMMO; ARCHERY TARGETS; RETRIEVER TRAINING ITEMS; LAWN & GARDEN; CHAIN SAWS; LAD-DERS; DECOYS; MINI TILLER & PUSH MOWERS; CROWN ROYAL 7300 OUTDOOR WOOD STOVE; (OVER 300 TOTAL LOTS)

BRAD JOHNSON ESTATE,
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ph.: **218 686-2048;**
964-5548
Deb @ 686-1009
FARM EQUIPMENT AUCTION APRIL 10th

Theology in the Trenches

By Kathleen Kjolhaug

The Slanted Fur Covered Box

Today began like every other day. I woke, I walked, I talked and reflected some. Upon my walk I wandered and wondered and soon came across something that's apparently been with in arms reach for over thirty years...but I never knew it.

Now, hang in there if you will cause I'm going to wander and you will wonder...but in the end I pray our thoughts will meet.

So, like I said, I wandered about today and happened upon a find of mine I did not know was there. In an upper room it sat...untouched, no doubt, for the likes of much longer than the time span I've been hanging around. Glad I was to discover it anew as had I found it much sooner, I'm pretty sure I would have tossed it right on out with not much as another thought.

Appreciation seems to go deeper these days, capturing glimpses of saints who have gone before us. It's worthy of praise.

The little wooden box like rectangle was unusual. Standing about a foot high and a couple feet wide, one of the sides was not boarded up. And the one of the longer sides which was... was put into place at a slight slant. The angles cut and nailed were intentional. Covering the slanted side was hide. The brown fur placed upon it faced down upon the wood, and the leather hide side was up. Atop the hide was a black tattered cloth which had at one time been attached. Now it all butw bug chewed gone.

The wood upon the sides of this slanted box was raw...no stains, no paint. It had once served a functional purpose was all I thought and so...back down upon the ground I did place it.

What was it?
The length was just wide enough to sit upon, and so I did. Sitting at a slant was nothing short of uncomfortable so deducing this was no bench was easy. As I thought, my heart caught upon another possibility. Could

it be?

Next I made sure all was stable so I would be able to kneel upon the discovery of the day.

What did I find once I did kneel upon this little discovery? I found it remarkably comfortable. Could it be?

Could it be, that years before...a saint whose gone before us entered into a quiet space where the little wooden fur covered rectangular slanted box was found?

Certainty is never quite that easy, but if I did have to venture a guess, this would be it.

And my thoughts rolled on as I pictured the saint in prayer who did not go for the silver or gold, yet brought the finest fur, the finest angles to make it happen, and wood solid enough to kneel upon.

Ephesians 4:12 perhaps sets a purpose as to why the little slanted box was found and did not remain lost. "To equip the saints for the work of ministry, for building up the body of Christ." Amen.

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol



Ques-tion: Does a pedestrian have to use the sidewalk or can they

walk in the street?

Answer: Pedestrians are required to use a sidewalk if one is available.

When it comes to rural areas where sidewalks might be as prevalent, pedestrians or those in a wheelchair should walk or move on the left side of the roadway or its shoulder giving way to oncoming traffic.

Pedestrians should:

- Make it easy for drivers to see you — dress in light colors and wear retro-reflective material.
- Carry a flashlight when it's dark.
- Avoid using cell phones and other distractions, and keep your eyes up and on the road.
- Avoid using alcohol and drugs as they can impair your

ability to walk safely, just like they do for motorists behind the wheel.

- Use extra caution when crossing multiple-lanes, higher speed streets.

- If possible, walk with a friend.

Preliminary numbers indicate there were 45 pedestrian deaths on Minnesota roads in 2020, compared with 50 pedestrian deaths in 2019. Pedestrian safety is everyone's responsibility.

Drivers should:

- Scan the road and sidewalks ahead for pedestrians. Drive attentively and at safe speeds. Remember, pedestrians can be difficult to see, especially in bad weather or at night.
- Anticipate pedestrians especially in urban areas, around schools and colleges.
- Before making a turn, look in all directions for pedestrians.
- Look carefully behind your vehicle before backing up, especially for small children.

- Watch for people in wheelchairs and motorized carts, who may be below eye level.

- Stop for crossing pedestrians at every intersection, even those without crosswalks or stoplights. Stop far enough back so drivers in other lanes can also see the pedestrian in time to stop.

- Do not block crosswalks while stopped, and don't pass other vehicles stopped for pedestrians.

Let's all work together by driving and walking smart to save lives on Minnesota roads.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow — Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

John Deere 80

By Auctioneer Eric W. Mickelson

I have started a new "job" that I enjoy very much. I am writing an article about auction prices in the Green magazine. The Green Magazine is a monthly magazine for John Deere enthusiasts. Being chosen to write is quite an honor for me. This last month while I was scouring the internet for auction results I came across a tractor that really grabbed my interest.

The tractor I came across was an 80 John Deere with a cab. You do not see many 80 John Deeres and you especially don't see many with a cab. This 80 cab from Zenke Auction in Caledonia, MN. I have always been fascinated with older John Deeres like the 80 with factory cabs. I heard a story once about a farmer from Montana(maybe) that started farming land north of Gully, MN. The story I heard is that he came in with a fleet of a half dozen or so D John Deere tractors with cabs and began breaking up some land. I do not know if that story is true, but it has fascinated me. Whenever I drive around the countryside I wonder if I will see a D John Deere with a cab in a fence row somewhere. (Wishful thinking-I guess!) If you can prove or deny this story I would love to hear from you.

In my many years of tractor study I have seen a few R John Deeres with cabs. They are another of my favorites. So you see when the picture of the model 80 with a cab came up I was a bit transfixed. The R was in production from 1949-1954, then the 80 replaced it. The 80 was manufactured from 1955-1956. There were over 21,000 R's manufactured, but only 3485 model 80's. The R was a big horse, but the 80 was bigger! The R produced about 43 drawbar horsepower, while

the 80 topped 60hp! If you see the two tractors sitting side by side you may not see much difference, although there is. Probably the most visible difference is the flywheel cover. On the R it is round and on the 80 it is described as "tear drop shaped." The front axle on the 80 is slightly arched letting the front stand a little bit higher. Standard front and rear tires were the same size and the operator's platform was basically the same.

I can remember when I was a kid driving by a neighbors

place and I would see his big 80 in the field, WOW! what a site. I can remember driving by and his son, younger than myself, was driving the 80 with the cultivator behind. Was I jealous?.....Yes!

So far in the first 55 years of my life, I have never gotten to drive an 80 John Deere.

Would I like too?.....Yes! I am not giving up hope someday I'll take a spin on an 80. If I do I am sure it would send me back to the days that model R graced the landscape of my childhood home.....that sounds awesome!

How about a little tractor trivia!!

1. Did the model R and 80 ever come with a factory cab?

2. The R had 5 forward speeds, how many did the 80 have?

3. T or F The bore of 70 Diesel and the 80 Diesel was the same, 6.125 inches.

4. T or F The stroke of the

R John Deere and the 80 Diesel was the same, 8 inches.

5. What model replaced the 80 in John Deere's two cylinder Diesel line-up?

Answer: 1. Yes, they are highly collectible 2. 6 forward speeds 3. True 4. True 5. The model 820 replaced the 80.



Here is a picture of an 80 John Deere cab.

Wednesday, March 3, 2021

EMPLOYMENT ADS

The Clearbrook-Gonvick School District has an open position for an **Agricultural Science Teacher**. This is a full-time position and would be available for the 2021-2022 school year. Courses currently include Forestry, Fish and Wildlife, Small Animals, Animal Science, Veterinary Science, Agricultural Communications, Foods, and Exploring Agriculture. Course offerings are flexible including potential Industrial Tech.

Requirements: MN Teaching Licensure in Agricultural Sciences. Individuals with alternative licenses are encouraged to apply. Individuals interested in an adviser role for FFA are encouraged to apply.

Please submit letter of interest, resume, credentials, and two references to: Clearbrook-Gonvick School 16770 Clearwater Lake Rd Clearbrook, MN 56634 Attn: Jeff Burgess

Clearbrook, Minnesota

TJ Underground Inc. is seeking to hire competent, reliable workers for underground utility projects specializing in the installation of fiber optic cable.

WE ARE LOOKING FOR
Laborers, Directional Drill Operators, and CDL drivers.
To apply call 218-487-5230

Maintenance II - Polk County Highway Dept.

Polk County Highway Department is seeking applicants for a Maintenance II position at the Crookston Shop. The primary duties for this position are the maintenance and repair of county roads, bridges, parks by operating various heavy equipment, including motor grader, tandem truck, loader, forklift and tractor/mower. Applicants must possess a high school diploma or GED and moderate experience in mechanical and heavy equipment operation experience or an equivalent combination of education and experience. Must have a valid Commercial Driver's License with Class "A" endorsement. Wage range for this position is \$20.11 - \$25.56/hour; DOE and qualifications. An application and full job description can be obtained at <http://www.co.polk.mn.us> click on Careers. Please mail your completed application and resume to the Polk County Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716 (218-281-5408) or e-mail directly to alecia.helms@co.polk.mn.us Applications will be received until 4:30 p.m., March 12, 2021. EOE.

Seasonal Program Technician

\$15-\$17/hr depending on qualifications & experience.

The Clearwater Soil and Water Conservation District, in Bagley MN, is seeking a highly motivated professional to serve in the seasonal position of Program Technician. This position will assist the current Technician and Water Plan Coordinator carry out technical assistance for various local and state programs depending on applicant's knowledge, skills, and abilities. Applicants with natural resource backgrounds are being sought.

Resume, cover letter & Clearwater SWCD employment application must be received at: C/O Lori Buell, Clearwater SWCD, 312 Main Ave N., Suite 3 Bagley, MN 56621 by 4:30 p.m., Friday, March 12, 2021.

Full job description & application available at www.clearwaterswcd.com or call 218-694-6845 ext. 4 Resumes can be emailed to lori.buell@mn.nacdn.net

Equal Opportunity Employer

REGISTERED NURSE



Polk County Public Health has a 1.0 FTE Registered Nurse position opening for correctional health, juvenile center nursing and health promotion services. This position offers daytime hours, autonomy and variety, and is responsible for providing a holistic assessment of clients and developing, implementing, and evaluating nursing care plans. This position requires an Associate Degree or higher in Nursing, current licensure or ability to be licensed as a nurse registered in the State of Minnesota, and a valid driver's license or evidence of equivalent mobility. Candidates must have the ability to exercise independent judgment using all information available in sensitive/critical situations. Public Health or Correctional Health experience beneficial. Wage range for this position is \$26.91 – \$36.26/ per hour, DOE and qualifications. Interested individuals may contact the Polk County Administrator's Office at 218-281-5408. To obtain an application and full job description go to www.co.polk.mn.us and click on Careers. Please submit your completed application and resume to the Polk County Administrator's Office, Polk County Government Center, 612 N. Broadway, Room 211, Crookston, MN 56716 before **4:30 p.m., Friday, March 12, 2021**. Applications may also be emailed directly to alecia.helms@co.polk.mn.us EOE.

Wellness Coordinator (1.0 FTE), Polk County Public Health

Polk County Public Health is seeking a creative, self-driven and enthusiastic individual to fill our Wellness Coordinator – Dental Innovations Coordinator position. This position is responsible to work with community and healthcare partners across six counties to creatively re-think, innovate, plan and manage improved and expanded access to dental services/resources. Duties include assessment, strategic planning, implementation, evaluation, and providing education, consultation and assistance with partners and clients.

Baccalaureate Degree in Public Health, Health Education, Human Services, or a related field and three (3) years' experience in community-based health promotion experience required. Must have a valid driver's license or equivalent mobility. Candidate must possess excellent community engagement skills and have experience leading/innovating through change.

Please call 1-218-281-3385 or visit www.co.polk.mn.us click on "Careers" for an application and job description. Salary Range for this position is \$26.91 - \$34.21/hour depending on experience and qualifications. Please return your completed application along with a resume to the Polk County Administrator's Office, Polk County Government Center, 612 N. Broadway, Room 211, Crookston, MN 56716 or e-mail directly to alecia.helms@co.polk.mn.us Position will remain open until March 10, 2021 at 4:30 p.m. All qualified applicants will be considered for employment. EOE.

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Application and a complete job description are available at the Red Lake Watershed District office, 1000 Pennington Avenue South, Thief River Falls, MN 56701 or at redlakewatershed.org

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What are certified preowned vehicles?

The days when buying a used car was akin to a game of chance are largely a relic of the past. Though it's still possible that used car buyers could end up with a lemon, the preowned vehicle market has changed dramatically and for the better over the last couple of decades.

One of the more notable changes surrounding used vehicles over the last 20 years is the rise of certified preowned cars and trucks, or CPOs. The COVID-19 pandemic affected sales of CPOs in 2020, but the vehicle transaction experts at Cox Automotive™ report that more than a quarter million CPOs were sold in May of 2019.

First-time car buyers or those accustomed to purchasing new vehicles can learn more about CPOs before buying their next cars or trucks. Such knowledge may help them make the most informed decision possible before they sign on the dotted line and drive their next vehicle off the lot.

What sets CPOs apart from other used cars?

The auto industry data aggregator Black Book notes that CPOs tend to have low mileage and clean accident histories. It's possible, though unlikely, that vehicles that don't meet such criteria could be designated as CPOs.

Another significant difference between CPOs and more traditional used cars is that the former tend to be sold with

extended manufacturers' warranties. Certified preowned vehicle buyers also may be offered perks similar to those offered to new car buyers, such as free roadside assistance or complementary satellite radio service, for a predetermined period of time.

While it may seem like a no brainer for used car buyers to purchase CPOs, the consumer advocacy experts at Consumer Reports suggest that the decision is more complicated. Analysts at CR have suggested that the biggest advantage to CPOs is their extended warranties, which can be expensive. Having a vehicle inspected by a private mechanic consumers trust prior to purchase may be a better way for budget-conscious car buyers to allocate their funds than purchasing a CPO simply because of its extended warranty. If the mechanic gives the vehicle a clean bill of health, consumers can then rest easy knowing they exercised their due diligence and did so without having to pay for a potentially costly extended warranty. Ultimately, the decision is up to buyers, who can conduct a cost analysis to determine just how much they might save (or not save) when purchasing a CPO or a noncertified used vehicle.

Certified preowned vehicles are an option car buyers can consider prior to purchasing their next car or truck.

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Clever and quirky crafts to try today

Being forced to spend more time at home during the COVID-19 pandemic has led enterprising individuals to seek ways to pass the time. Is it any wonder that creative pursuits have become so popular over the last year?

Crafting can help people fill their time, reduce stress, inspire new relationships, and serve as a source of pride when an item is handmade from start to finish.

In an online study published in the British Journal of Occupational Therapy that surveyed 3,500 knitters, respondents felt there was a relationship between knitting frequency and feeling calm. Experts surmise that the rhythmic, repetitive movements and focused attention of certain crafts might produce a calming effect not unlike meditation. Crafting helps exercise several areas of the brain, including those responsible for problem solving, creativity and concentration, states Craft Courses, an online crafting course company.

The following are some unique crafts for those looking for something new.

• **Quilling:** This craft also goes by the name paper filigree. It involves twisting, rolling or looping thin strips of paper and then gluing them together to make designs. They can adorn the outside of homemade cards, or be attached to stock and then framed.

• **Decoupage:** Another paper craft, this one involves sticking small pieces of paper of any kind to another item and then coating the object with varnish.

Just about anything can be improved and customized with decoupage.

• **Marquetry:** Marquetry involves applying pieces of wood veneer to a structure to form a decorative pattern or picture. Think of it as paint-by-number but with wood veneer. The technique often is applied to small objects or furniture.

• **Bead crochet:** Crochet artists may want to take their crafting up a notch with bead crochet, which incorporates beaded string or yarn into a crocheted item.

• **Water marbling:** Water marbling is a unique craft that produces a different result each time it is done. The crafter fills a tub roughly two-thirds full of water, adds a special chemical to allow oils to float on the water's surface, then drops different colors of oil-based paint onto the water. The colors can be swirled and manipulated. A paper or piece of canvas is then placed on the surface of the water so that the design can transfer onto the material.

• **Pyrography:** Pyrography involves using a heating source and burning designs into a piece of wood. The term literally means "writing with fire."

These lesser-known crafts can be good diversions and help individuals learn new skills.

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Anundson's Path to Current Role in Athletics at Black Hills State Paved at UMN Crookston

Story by Michelle Christopherson, Director of Outreach and Engagement

CROOKSTON, Minn. - Brock Anundson earned his bachelor of science degree in sport and recreation management with a minor in coaching from the University of Minnesota Crookston in 2005 and followed with his masters of business administration with emphasis in sports and entertainment management and marketing from the University of Colorado in 2011.

"UMC was my choice as I was recruited to play hockey out of Lake of the Woods High School, along with from the USHL draft by the Tri-City Storm," Anundson said. Originally from Baudette, Minn., he played NCAA hockey for the University of Minnesota Crookston through the 2001-2005 seasons. Each season, his team achieved their way to conference championship games, winning two MCHA (Midwest Collegiate Hockey Association) Championships in 2003 and 2004. Anundson led his team in scoring his sophomore through senior years, including three time MCHA All-Conference Selections, 2005 MCHA Player of the Year, and 2005 University of Minnesota Crookston Male Athlete of the

Year. He currently ranks first All-Time in career scoring for the University of Minnesota Crookston. Anundson signed with the Colorado Eagles of the ECHL for the 2005-2006 season before beginning his professional career in athletics administration.

"I joined Black Hills State University in July 2015, as the assistant director of athletics – internal operations and events. Prior to Black Hills State University, I had been with the United States Olympic Committee (USOC) at the Olympic Training Center in Colorado Springs, Colorado," he said.

Anundson served as the programs coordinator, operations with the USOC since October of 2014. He also spent time as an operations intern and operations specialist with the USOC from January 2011–September 2012. Prior to his time with the USOC, Anundson was with the University of Denver in NCAA Division I athletics as their athletics/customer service manager where he provided support to DU Athletics and Recreation.

Anundson has professional athletics experience through four seasons (2007-2011) with the Denver Broncos in stadium operations. He managed events,

business functions, and all stadium management company operations at Mile High Stadium.

Currently, Anundson is working on his doctorate (Ed.D. in higher education and innovative leadership) with Arizona State University, which includes research into NCAA student-athlete development and career advising, along with additional education/teaching attributes that enhance student development. "My hope is to be finished by spring 2021," he said.

His advisor, faculty, and coaches helped prepare him for interviews, potential graduate school options, and allowed him to venture outside of his sports focus. "I'd mention names, but I'm afraid I'd leave a few out so I'll leave it at that. Additionally, my coaches, trainers, and teammates helped push me and shape my path through school and beyond," he said.

When asked what he would tell a high school senior he said, "explore as much as you can at the University of Minnesota Crookston. You never know where it can take you. And go to hockey games, the sport is back!"



Business Has Almost Doubled at Bemidji Sports Centre Since the Start of Construction and Other Businesses Also Seeing Positive Impacts

(BEMIDJI, MINN) After working hard in 2020 to keep their business going through a challenging year, 2021 has been different and better for the Bemidji Sports Centre since construction work on the Line 3 Replacement project started last December. Store owner Eugene Teigland says the Bemidji Sports Centre has seen more foot traffic and has had sales increase by almost 50 percent.

Since the start of construction in December, more than 5,000 pipeline workers are now on the job across the 14 counties along the pipeline route. Many of the workers are buying warm weather gear such as coats, bibs, gloves, and neck gaiters. Enbridge has been investing in snowmobiles and trailers while project contractors Precision Pipeline, MN Limited, and Charps are going for side-by-side and off-road vehicles to support project work.

"Typically, January, February, and March are slow months, especially when Minnesota doesn't see much snow," said Eugene Teigland, "Last year was obviously a hard time for all of us across Northern Minnesota because of COVID. This year and the start of construction has been different

because of the pipeline workers. Already our business year-to-date is greater than usual and that is because of Line 3."

Crews continue to make significant progress despite the cold winter and efforts by project opponents to try to use legal action to stop work. Recently a federal appellate court judge denied a request by opponents to stop work by making unfounded claims related to the environmental review and the Minnesota Court of Appeals has rejected a petition from the Red Lake Band and the White Earth Band of Ojibwe to halt construction. Work on the project is now about one-third complete.

Enbridge has spent more than six years working to replace the Line 3 Pipeline. The process started in 2014 during the Obama-Biden Administration under a consent decree that ordered the existing pipeline be replaced. The company then submitted their application to the Minnesota Public Utilities Commission (PUC) in 2015 to replace it as part of the company's integrity and maintenance-driven program. The Line 3 project is the most reviewed pipeline project in Minnesota history and has been reviewed by state and federal agencies

and regulators for almost six years.

"Having Line 3 come through the community is showing even the naysayers the many benefits of the project," Teigland said. "It's easy to see how this is helping our community and other towns along the route. In Bemidji, the new customers have been a welcomed addition. All in all, it's making a big difference and there are happy business owners all across town."

The Teigland Family purchased a Honda-Yamaha dealership and wanted to turn it into an all-around sporting goods store because of their love of the great outdoors. They expanded it to create the Bemidji Sports Center by adding Polaris vehicles and other products. They have been able to continually expand, growing out of their original space and eventually moving to the corner of Anne Street and Hwy 71 North in Bemidji.

Today, Bemidji Sports Centre continues to be a family run business and employs over 25 people, who together provide sales, service and delivery of Off-Road Products, Water Recreation, On-Road Motorcycles and Snowmobiles.



Congratulations to Justin Tate on his Heartland 200 victory!!

Heartland 200 Park Rapids, MN results and points are updated on the website, remember that registration for Naytahwaush Snodde 200 closes Wednesday at 6pm so head on over to the website to get all updates and registered!! Also the Cor PowerSports XC race series will be returning to Whitecap Mountain in Upson, WI April 10/11 to close out our 8 race 20/21 season!!

Fox Sports North, Entercom's 830 Wcco, 102.9 the Wolf and Treasure Island Baseball Network Team Up to Broadcast Twins Spring Training Games

FOX Sports North to televise 13 games, Entercom to broadcast 10 games, while Treasure Island Baseball Network & RADIO.COM to stream 17 games

MINNEAPOLIS-ST. PAUL, MN – Baseball is back, and the Minnesota Twins, in conjunction with partners FOX Sports North, Entercom's 830 WCCO (WCCO-AM) and 102.9 The Wolf (KMNB-FM), and the Treasure Island Baseball Network (TIBN), today announced the 2021 Twins Spring Training telecast and radio broadcast schedules. FOX Sports North will telecast 13 Grapefruit League games for the back-to-back American League Central Division Champions, while 830 WCCO will air 10 contests (all simulcast on 102.9 The Wolf) and the Treasure Island Baseball Network (TIBN) will broadcast 17 games (all of which will be streamed, live and free of charge, via the RADIO.COM app and website, or on RADIO.COM via select smart speakers).

The 17 broadcasts will all originate on-site from ballparks in Florida and will feature a mixture of play-by-play and analysis from TIBN radio broadcasters Cory Provus (the 2020 Minnesota Sportscaster of the Year), Dan Gladden and Kris Atteberry, plus FOX Sports North crews consisting of play-by-play voice Dick Bremer alongside Twins alumni LaTroy Hawkins and, for the first time ever, Twins Hall of Famer Johan Santana.

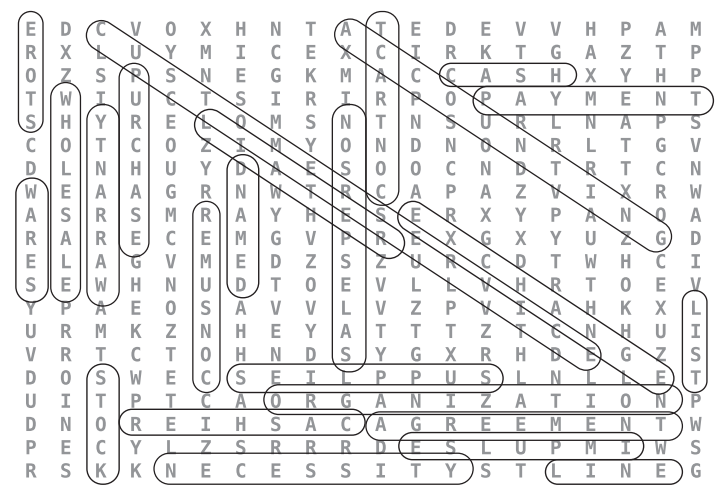
Thirteen of the Twins' Spring

Training games will appear on FOX Sports North (rebranding to Bally Sports North in the coming months), beginning with a 12:00 p.m. CT telecast on Wednesday, March 3 when Minnesota hosts the Boston Red Sox at Hammond Stadium. There will be seven simulcasts featuring a combination of FOX Sports North cameras, graphics and replays, accompanied by analysis and play-by-play from TIBN talent Provus or Atteberry, and Gladden; an additional three simulcasts will take the opponents' broadcast feed (Wednesday, March 10 and Wednesday, March 24 at Tampa Bay, and March 19 at Atlanta).

All games will stream live on FOX Sports GO – available via the FOX Sports GO app.

Bremer and Hawkins will call the Twins' Saturday, March 20 night game against the defending American League champion Tampa Bay Rays, while Santana will make his broadcast debut in a three-man booth for the Twins' 5:00 p.m. CT contest vs. the Atlanta Braves on Friday, March 26. Santana, the only two-time Cy Young Award winner in club history and part of four division-winning Twins teams, will be back on the mic alongside Bremer for the Saturday, March 27 tilt against the Rays.

Word Search Answers



10 THINGS THAT REQUIRE ZERO TALENT

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