



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Northland Community & Technical College Faculty & Staff Selected to Receive Awards for Excellence

Recipients will be honored at the virtual NISOD International Conference on Teaching & Leadership Excellence April 28-30, 2021

February 16, 2021 – Northland is proud to announce that four faculty and staff members have been selected for the 2021 National Institute for Staff and Organizational Development Excellence Award (NISOD).

Deb Beland - Radiologic Technology Program Instructor
 Dawn Eickman - Physical Therapist Assistant Program Instructor
 Stacey Hron - Director of Technology
 Linda Samuelson - Music Instructor

NISOD's Excellence Awards recognize men and women each year who have demonstrated an outstanding commitment and contribution to their students and colleagues. In 1989, in connection with a University of Texas at Austin national study of teaching excellence, NISOD hosted its first ceremony honoring NISOD Excellence Award recipients. The response to that ceremony was so positive that NISOD began what has become the largest and most inspiring gathering that recognizes the contributions and achievements of community and technical college faculty, administrators, and staff.

"This year's awardees reflect, in some part, the challenging work of transitioning instruction in response to the COVID-19 Pandemic," asserts Brian Huschle Northland's Provost, "This is seen in the nomination of our Director of Technology, Stacey Hron. She led her department in a refocusing of efforts to meet rapidly changing technology needs throughout every area of the college. Hron has also served a central role in transitioning to our remote model of bookstore sourcing – which has benefited students with lower-cost texts, but also the ability to order and receive books without relying on coming to campus."

Stacy Hron, expresses, "Thank you so much for selecting me for the NISOD award. It is truly an honor to be selected and work with such great employees and students at Northland Community & Technical College."



Dawn Eickman



Deb Beland



Linda Samuelson



Stacey Hron

Each of the three instructors that have been named to this year's awards has also been on the front end of using technology. Deb Beland has played a central role in our simulation lab while both Linda Samuelson and Dawn Eickman adopted Hyflex delivery models and adjusting lab delivery during the pandemic," reveals Huschle.

Northland Radiologic Technology program instructor shares, "I am blessed to work with Northland students and employees who support creativity in instruction and involvement. I have held numerous roles at Northland, all of which have transformed me into a strong supporter of growth in knowledge and achievement both for myself and my students. To be recognized as a leader here means I am attaining my goal of impacting tomorrow's professionals."

"It is a tremendous honor to be selected for the NISOD Excellence Award by my peers," declares Physical Therapist Assistant Program Instructor Dawn Eickman, "I am truly humbled and proud to represent Northland Community & Technical College. I am fortunate to work with so many talented individuals and am grateful for their ongoing guidance and support over the years. Thank you for this recognition."

"I am flattered to have been nominated for the NISOD award," states Northland Music Instructor Linda Samuelson, "Being recognized for my work here and for my commitment to education, encourages me to continue to look for ways to improve collegiate life and learning opportunities for my students in and out of the classroom. I am proud to be a Northland Pioneer."

Northland recipients will be honored at the annual NISOD International Conference on Teaching and Leadership Excellence to be held virtually April 28-30, 2021.

"Recognizing those individuals who have contributed to student success and their colleges' mission is something we look forward to doing each year," said Dr. Edward J. Leach, NISOD's Executive Director. "The extraordinary work of these men and women includes not only what they do for their students and colleagues, but what they do for the communities in which they live and work. We're honored to be able to play a part in celebrating their achievements."

"All of our faculty at Northland have risen to the challenge of instructing within restrictions resulting from the pandemic," Huschle announces, "While it is a shame we cannot honor all of our faculty and staff for their extra efforts with this award, these awardees reflect the dedication and hard work of Northland employees."

About NISOD
 For community and technical colleges that want to make the most of their professional development dollars, NISOD provides budget-friendly, high-quality, and faculty-focused programs and resources. For over 40 years, NISOD's customer-focused approach has helped align our wide array of benefits with the needs of our members. For more information about NISOD, visit www.nisod.org.



Betty Lou Myhrum and her doctor Dr. Saurav.

A Special Birthday Celebration

By Tara Ekren-Media Relations Specialist/PIO, Essentia Health, Marketing & Communications

"It sure was a nice birthday present," remembers Betty Lou Myhrum, 82, of Thief River Falls, Minnesota, as she recalls her TAVR procedure at Essentia Health in August 2020.

Transcatheter aortic valve replacement (TAVR) is a minimally invasive procedure to replace a narrowed aortic valve that fails to open properly. In the procedure, a doctor inserts a catheter into your leg or chest and guides it through your blood vessels, using advanced imaging techniques, to your heart and into your aortic valve.

Once your aortic valve is open, blood flow is restored, and symptoms improve, leading to a better quality of life.

For Betty Lou, symptoms started several years ago when

she noticed she would experience weakness that would come and go – as well as some shortness of breath. She thought it might have to do with her Type 2 diabetes. But, during one shortness of breath episode, Betty Lou knew something more was going on and called an ambulance.

Betty Lou was brought to Essentia Health-Fargo to receive the lifesaving care she needed. She saw Dr. Alok Saurav, a cardiologist at the Essentia Health Heart and Vascular Center. After reviewing her history and symptoms, Dr. Saurav explained the benefits of TAVR. "After talking to the doctor for the first time, I had no reservations with him doing the surgery. He asked me questions and made me feel so comfortable. In fact, he explained everything so well, I didn't even have a question to ask," shares Betty Lou.

Before her TAVR procedure, Betty Lou shares that she didn't have the energy to really do anything and she spent most of her time staring at the four walls of her apartment. After surgery, she's able to easily make the walk to the other end of the building to do laundry, goes grocery shopping and is back to getting out of her apartment and into the community, which she loves.

When the day came for Betty Lou's procedure, Dr. Saurav learned that it was her 82nd birthday. "I am honored to have been able to give her the gift of a fixed heart," shares Dr. Saurav.

Betty Lou said the replaced valve has given her a second chance at life and she can feel her strength and stamina improving each day. "I'll be back to my old self eventually. I am 82 after all. It's going to take time," she says.

Betty Lou had two very special reasons to get her heart fixed – one of her granddaughters was planning a wedding and another was going to make her a great grandma for the first time. Betty Lou was able to walk down the aisle without getting short of breath to watch her granddaughter get married and is delighted to be a grandma of three and a great grandma of a baby boy.

"Everyone I encountered during my time at Essentia was just fantastic," shares Betty Lou. "I would come back for anything because it was such a wonderful experience!"

Transportation (MAPT) is a nonprofit association of school transportation professionals and industry leaders who promote safe and efficient student transportation within the state of Minnesota. MAPT encourages active participation by anyone interested in the safe and efficient transportation of Minnesota students and is a resource for all school districts throughout Minnesota.

Getting kids back in School

Governor Walz released his plan aimed at getting more middle and high school students back in the classroom with a target of all schools offering some form of in-person learning by March 8th. The plan is not a major shift from current practice.

We need to safely reopen our schools as quickly as possible. Over the course of the last several months, it has become clear that the science and data show that we can do so. In fact, the Governor's own numbers indicate that transmission in schools for teachers is nearly zero.

The impact school closures are having on student mental health, social wellbeing, and academic achievement has been devastating. The Governor's choice to delay reopening schools until now is going to have long-term consequences, especially for at-risk students.

High level details from the Governor's announcement include:

On February 22, Middle schools and high schools may

begin either hybrid or in-person learning, if they are able to implement the additional mitigation strategies.

If a school with either a hybrid or in-person learning model sees five percent of students and staff sent home with influenza or COVID-19-like illness within a single week, these schools are strongly encouraged to transition a more restrictive learning model.

Additional mitigation steps include:

- Students encouraged to be tested every two-weeks.
- Physical distancing in the classroom.
- Daily documentation of lunchroom seating for contact tracing.
- Continue monitoring public health situation within school buildings and follow guidelines on learning models.
- Distance learning options still required for families and students that want to continue at-home learning.

It's time to get our students back in school, they cannot afford to wait any longer.

community Vaccination Program.

- You completed the Minnesota COVID-19 Vaccine Education and Child Care survey.
- The Minnesota COVID-19 Vaccine Connector will get you information about when, where, and how you can get the vaccine.

It's important to note that if you are eligible to get vaccinated right now, you do not have to wait for information from the Minnesota COVID-19 Vaccine Connector before you get your shot. If your health care provider or employer contacts you about making an appointment, or if you have another opportunity to get vaccinated, you can and should do that.

School districts across Minnesota to celebrate school bus drivers Feb. 21-27

School Bus Driver Appreciation Week to bring attention to drivers' dedication and essential role during COVID-19 pandemic

SAINT PAUL, Minn. – Feb. 17, 2021 – Thousands of hard-working school bus drivers across the state are going above and beyond their duties during the COVID-19 pandemic as essential school district employees. To recognize this important profession, Governor Tim Walz has proclaimed Feb. 21-27 as School Bus Driver Appreciation Week in the state of Minnesota. Click here to download the Governor's proclamation.

"I am proud to proclaim February 21-27 as School Bus Driver Appreciation Week in the State of Minnesota," said Governor Walz. "Our school bus drivers have stepped up in unprecedented ways to serve Minnesota's students during an incredibly challenging year, and I am forever grateful for their dedication to our students' education, safety, and wellbeing."

The Minnesota School Bus Operators Association and Minnesota Association of Pupil Transportation first teamed up in 2017 to create School Bus Driver Appreciation Day in Minnesota to encourage school leaders, parents and students to celebrate the often-overlooked profession. This year's recognition has been expanded to a weeklong, virtual event. Content celebrating Minnesota's school bus drivers will be unveiled on dedicated Facebook and Twitter pages throughout the week. Content includes submitted videos from the Office of Governor Tim Walz & Lt. Governor Peggy Flanagan, the Minnesota State Patrol, and the Minnesota Department of Education.

"Minnesota school bus drivers are going above and beyond their typical duties to serve



students and communities during this unprecedented school year," said MSBOA President Garrett Regan. "We are thankful that Governor Walz has declared February 21-27 as School Bus Driver Appreciation Week in Minnesota to help give school bus drivers the recognition they deserve."

Minnesota school bus drivers have taken on new essential roles during the COVID-19 pandemic to serve their communities, such as delivering meals and distance learning supplies to families, providing Wi-Fi connections, and transporting the children of first responders and healthcare workers to and from daycare. School bus drivers have also helped new, rigorous health and safety protocols to transport students to and from school safely during the pandemic.

"Not only do Minnesota school bus drivers play a crucial role in our school systems, but they have a positive impact on students," said MAPT President John Thomas. "The pandemic has reinforced how caring and dedicated school bus drivers are. Many drivers have participated in activities like birthday parades and graduation ceremonies, showing how much

they care about the students they serve."

School districts across Minnesota will celebrate School Bus Driver Appreciation Week in special ways, such as by passing out student-made thank you cards and providing food and beverages to bus drivers. The I-35W bridge in Minneapolis will also be lit yellow in recognition of School Bus Driver Appreciation Week on the evening of Feb. 21 and into the morning of Feb. 22.

About the Minnesota School Bus Operators Association

The Minnesota School Bus Operators Association (MSBOA) represents Minnesota's privately-owned school bus contractors who provide more than 60 percent of the school buses used to transport Minnesota children to and from school and school-related activities. Its members represent an average of more than 45 years of experience in the industry and are responsible for more than 400,000 students transported 233,000 miles per day.

About the Minnesota Association for Pupil Transportation

Founded in 1975, the Minnesota Association for Pupil

Rob Proulx goes full circle from student at UMN Crookston to lecturer in the Agriculture and Natural Resources Department

Story by Michelle Christopherson, Director of Outreach and Engagement

CROOKSTON, Minn. - He said he didn't see himself farming. "I grew up a little north and east of Crookston, I never knew agriculture would be part of my career path," Proulx said. Rob Proulx, Ph.D., University of Minnesota Crookston, agronomy lecturer, started his undergraduate studies as a business major and transferred to UMN Crookston earning his bachelor's degree in agronomy and later a master's degree from the University of Minnesota Twin Cities campus. "A couple years later I began pursuing a Ph.D. in earth systems science and policy."

So he has come full circle. He said it really began when he accepted a summer job right out of high school at the Northwest Research and Outreach Center (NWROC). "It opened my eyes to a broader view of agriculture and agronomy. I didn't see myself farming, but there are so many opportunities out there even if you don't think you want to be in ag."

In the most basic sense, he said agronomy is plant production, harnessing and making food from those plants. In a more philosophical sense, he continued, "it's the harnessing of the sun, the soil, air, and water through the beauty of plants, helping farmers and producers harness the resources they have to produce food, fiber, fuel, and crops as efficiently, profitably, and environmentally sound as they can."

UMN Crookston has deep roots in agriculture and agricultural degrees serving the region and state. One example to help illustrate that are the graduates who remain in northwest Minnesota. "The impact of UMN Crookston's agronomy program has enabled graduates to go anywhere. Our agronomy graduates have embedded themselves in companies located in this region. Over the course of the past six months, I have noticed American Crystal Sugar Company, a company that is a strong contributor to our economy, like a third of their agriculturist staff are graduates from UMN Crookston."

Proulx championed UMN Crookston's student to faculty connection. "It is special; the opportunity for students to connect with faculty and the emphasis on teaching and advising that is done at UMN Crookston." He said he teaches courses at all grade levels, so seeing the student along the way as they advance through the program to graduation is special. Crookston's commitment to hands-on, experiential learning, utilizing campus



greenhouses, laboratories, and field trips as part of the student experience really creates a broad base and overview of agronomy. Proulx went on to say UMN Crookston's agronomy program is more than a crop science program; it covers the whole array of agronomy careers. He said the difference is the seed and grain industries, "students really get a broad based overview of agronomy, that is a unique aspect at the Crookston campus."

One thing that was particularly impactful in shaping Proulx's career was his time as a student and working with his advisor at the time, Associate Professor of Agronomy Chuck Habstritt. "I never really considered graduate school, something I had no concept of with

my background." He said as he neared graduation, Habstritt put an idea in his mind "you know you should consider going to graduate school." Proulx said without that conversation and input he wouldn't be at UMN Crookston today. "Without his intervention, without that same guidance, I wouldn't be teaching here today. I wouldn't have the necessary qualifications to teach undergraduate courses. I wouldn't be on the same career path I am on right now." Proulx said it was that formative moment for him which allowed him to understand and clearly embrace that connection with a faculty member, "they get to know you, they can give you advice you couldn't get if they didn't know you real well". He said, "UMN Crookston makes that experience happen."

Proulx has taught at the Crookston campus for 12 years during that time he was awarded the Distinguished Teaching award at the end of 2018. "This award came from my peers, a very nice award to be recognized and having that recognition has fueled me to keep pushing forward in improving my craft as an instructor."

Proulx.....
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Wednesday, February 17th, 2021 winner of a TC Impact 50 cal. is Kitty Lomen from Fosston, MN. Congratulations!!

Fishing Derby Sunday, February 28 on Cross Lake

Are you ready to do some winter fishing. The Fosston Sportsmans Club is having an Ice Fishing Derby on Sunday, February 28th.

Holes will be drilled and bait will be available on Cross Lake. Time for the contest is 1:00 to 3:30 p.m.

There will be a raffle drawing for 1st prize of \$250.00 and second prize of \$75.00.

Prizes will be awarded for the Largest Walleye, Largest Northern, Largest Fish caught each half hour, Youngest, Oldest and Fisherman from the Furthest Away.

Also bring a nonperishable food item for entry.

If you have any questions you can contact Randy Rue 218-280-1616 or David Sander 218-230-3791.

R49C

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College News

Northland Community & Technical College Fall 2020 Graduate List

February 17, 2021 — Northland Community & Technical College is proud to announce the Fall Semester 2020 graduate list. 166 were awarded degrees following Fall Semester 2020. Northland grants certificates (CERT), diplomas (DIP), Associate in Applied Science (AAS), Associate of Arts (AA), and/or Associate of Science (AS) degrees for the successful completion of each student's respective program.

Congratulations to the following graduates:

Brooks, Jensen, Lexi, General Agriculture CERT, Academic Excellence

Grygla, Tykward, Emilie, Liberal Arts and Sciences AA

McIntosh, Breckel, Lily, Practical Nursing, DIP

McIntosh, Roach, Stacy, Nursing AS

McIntosh, Spry, Grace, Business Transfer Pathway, AS

Plummer, Nemec, Justin, Automotive Engine Repair, Suspension and Brakes, CERT

Wannaska, Curry, Megan, Liberal Arts and Sciences A A , Academic Excellence

Polk County Sheriff

Structure Fire

On 02/15/2021, Polk County Deputies responded to 21475 300th St SE rural Erskine, MN for a reported structure fire. Upon arrival deputies found a residence on the property to be engulfed in flames. The cause of the fire is undetermined at this time. The structure appears to be a total loss.

The State Fire Marshall was contacted and will be investigating the cause of the fire. No further information will be released at this time.

Assistance was provided by the Erskine Fire Department, Fosston Fire Department, McIntosh Fire Department, Mentor Fire Department, Oklee Fire Department, Winger Fire Department, Essentia Ambulance and State Fire Marshall.

Garage Fire

On 2/16/2021 at approximately 1213 hours, The Polk County Sheriff's Office was dispatched to 13043 Elmhurst LN SE rural Mentor for a garage fire. The detached garage was filled with heavy smoke and fire when deputies arrived. No one was hurt, however, the garage, 2011 Chevy 1500 pickup, and other items in the garage were a total loss. The MN State Fire Marshall arrived on scene and the fire appears to have started from the propane garage heater.

Assisting agency Mentor Fire Department, Fertile Fire Department, Fertile EMS.

Assist / Stolen Property / Drugs

On 2/18/2021 the Polk County Sheriff's Office was contacted by the Clay County Sheriff's Office in regards to an ongoing investigation involving two stolen Ski—Doo snowmobiles and a trailer taken from the Glyndon area.

One snowmobile was recovered in Mahnommen County. After further investigation,

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FRI. & SAT. SPECIAL

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GULLY

Three Arrested After Entering Pipe

On Tuesday, February 16, 2021, at approximately 11:01AM, the Wadena County Sheriff's Office received a report of demonstrators on the pipeline right-of-way in section 4 of Huntersville Township, northeast of Huntersville. The reporting party stated there were approximately 30 individuals demonstrating and some of them were climbing on equipment and pipes located at the work site.

Law Enforcement arrived on scene and the demonstrators got off the equipment. Construction workers on scene told Law Enforcement that four individuals from the group of demonstrators climbed into the pipe with cold weather gear and sleeping bags.

Dispersal orders were given to the group of demonstrators that were trespassing on pipeline property.

Most left the area but three remained inside the pipe. The section of pipe was approximately 2250 ft long and the three individuals were approximately 70 ft inside the east end of the pipe. Additional

dispersal orders were given to the individuals inside the pipe. These three individuals refused to comply with the lawful order to remove themselves from the pipe. These individuals stayed in the pipe for approximately six hours.

At approximately 5:30PM, the three individuals exited the pipe without incident. They were taken into custody by Law Enforcement, medically cleared by medical personnel on scene, and transported to the Wadena County Jail. The three individuals were held in custody on probable cause for Gross Misdemeanor Trespassing. They were identified as Trinity Shaw-Stewart, age 20, of Medford, OR, Bonnie Hoekstra, age 22, of St. Paul, MN and Jack Keenan, age 26, of Stevens Point, WI.

The Wadena County Sheriff's Office was assisted on scene by the Menahga Police Department, Hubbard

County Sheriff's Office and Tri-County Ambulance. The Wadena County Attorney's

Pipe.....
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King Town Farmers Mutual Insurance Company ANNUAL MEETING CANCELED

Due to the current Covid-19 Pandemic situation we have decided to cancel our Annual Meeting. Our annual statement is available upon request. Please stop into our office or call 218-563-2931 to obtain this information.

Sarah Roed, Secretary / Treasurer

the stolen trailer was located outside of a residence in the city of McIntosh. A search warrant was executed at the residence where Deputies recovered the second stolen snowmobile in addition to the trailer.

Matthew Travis Beerman age 32 and Timothea Marie Donarski age 30, both of McIntosh were arrested for possession of stolen property and controlled substance crimes.

Wayne Demmett Turner age 27 of Oklee was also arrested for outstanding warrants.

The Polk County Sheriff's Office, Clay County Sheriff's Office and Mahnommen County Sheriff's Office worked collaboratively on this investigation.

No further information will be released at this time.

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\$1.19 5 OZ

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\$2.39 16 OZ

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ASSORTED ESSENTIAL EVERYDAY FROZEN POTATOES 19 - 32 OZ **3/\$5**

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\$6.99 24 PK - 12 OZ CANS

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LAKELAND BUNS
\$2.49 12 PK

MASTER MUFFIN BREAD 16 OZ **\$2.99**

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ASSORTED
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4/\$10 7.1 - 8.16 OZ

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NAVEL
ORANGES
\$3.99 4 LB

HONEYCRISP APPLES LB **\$2.49**
ORGANIC BRAEBURN APPLES 2 LB **\$2.99**
DOLE GARDEN SALAD (12 OZ) OR SHREDDED LETTUCE 8 OZ **99¢**
DOLE HEAD LETTUCE EA **\$1.39**
BOLTHOUSE CELLO CARROTS 2 LB **\$1.29**
ENGLISH CUCUMBERS EA **\$1.29**
GREEN BELL PEPPERS 2/\$1
BABY BELLA WHOLE OR SLICED MUSHROOMS 8 OZ **\$1.99**
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LOCAL RUSSET POTATOES 5 LB **\$1.99**

CHICKEN NOODLE OR CHICKEN RICE
HEALTHY CHOICE SOUP
\$1.39 15 OZ

ESSENTIAL EVERYDAY REAL MAYONNAISE 15 OZ **\$1.39**

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SUPREME DOG FOOD
\$6.59 15 - 16 LB

TUFFY'S SPECIAL BLEND CAT FOOD 18 LB **\$8.99**

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\$1.99 40 OZ BAG

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ESSENTIAL EVERYDAY STRAWBERRY
FRUIT & GRAIN BARS
2/\$3 8 PK

ESSENTIAL EVERYDAY APRICOT PRESERVES 18 OZ **2/\$3**

ESSENTIAL EVERYDAY REGULAR SIZE
MARSHMALLOWS
79¢ 10 OZ

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AISLE 23
wine, spirits and beer

24 PK - 12 OZ CANS BUSCH LIGHT BEER..... \$18⁵⁰	750 ML 19 CRIMES CALI RED \$11⁹⁹
12 PK - 12 OZ CANS BUD LIGHT SELTZER LEMONADE \$14⁹⁹	750 ML CUPCAKE MOSCATO D'ASTI \$12⁹⁹
1.75 LITER CROWN ROYAL WHISKEY \$46⁹⁹	750 ML KENDALL JACKSON CHARDONNAY.... \$12⁹⁹
1.75 LITER M ^F MASTERS CANADIAN WHISKEY \$16⁹⁹	1.75 LITER TITO'S VODKA \$31⁹⁹

CLASSIFIED ADS

SORT LINE OPERATOR I OR II POLK COUNTY INCINERATOR

The Polk County Incinerator in Fosston, MN has an opening for a full-time Sort Line Operator I or II. Primary duties include sorting or separating recyclable or problem materials from the recyclables and solid waste delivered to the facility. Position also required to clean equipment and to perform basic maintenance on, as well as operate conveyors, & equipment. Applicants must possess a high school diploma or equivalent. A valid MN driver's license and pre-employment physical exam are required. Wage range for this position is \$14.66 - \$19.75/hour, DOE and qualifications. Interested individuals may contact the Polk County Incinerator at 218-435-6501 or the Polk Administrator's Office at 218-281-5408. An application and job description can be obtained at <http://www.co.polk.mn.us> click on Careers. Please mail your completed application and resume to the Polk County Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716 or e-mail alecia.helms@co.polk.mn.us. This position will be remain open until filled. EOE M66th

Wellness Coordinator (1.0 FTE), Polk County Public Health

Polk County Public Health is seeking a creative, self-driven and enthusiastic individual to fill our Wellness Coordinator – Dental Innovations Coordinator position. This position is responsible to work with community and healthcare partners across six counties to creatively re-think, innovate, plan and manage improved and expanded access to dental services/resources. Duties include assessment, strategic planning, implementation, evaluation, and providing education, consultation and assistance with partners and clients.

Baccalaureate Degree in Public Health, Health Education, Human Services, or a related field and three (3) years' experience in community-based health promotion experience required. Must have a valid driver's license or equivalent mobility. Candidate must possess excellent community engagement skills and have experience leading/innovating through change.

Please call 1-218-281-3385 or visit www.co.polk.mn.us click on "Careers" for an application and job description. Salary Range for this position is \$26.91 - \$34.21/hour depending on experience and qualifications. Please return your completed application along with a resume to the Polk County Administrator's Office, Polk County Government Center, 612 N. Broadway, Room 211, Crookston, MN 56716 or e-mail directly to alecia.helms@co.polk.mn.us Position will remain open until March 10, 2021 at 4:30 p.m. All qualified applicants will be considered for employment. EOE R49-50C



Clearwater-Polk Electric Cooperative

A Touchstone Energy® Cooperative
The power of human connections®

Clearwater-Polk Electric Cooperative is a member-owned electric cooperative headquartered in Bagley, Minnesota with 1,500 miles of distribution line serving 4,400 members in Clearwater County and portions of Polk, Beltrami, Red Lake and Hubbard Counties in Northwestern Minnesota has a job opening for the Office/Finance Manager of the cooperative.

Job Summary: As the primary accountant and human resources person, the Office/Finance Manager performs a variety of accounting and financial functions for the Cooperative including but not limited to:

- Oversee all financial activities of the Cooperative including the budget and financial statement preparation and conducts an ongoing financial analysis.
- Maintain good cash management of general funds to ensure prompt payment of legal obligations.
- Responsible for annual financial audit and filing all tax returns.
- Administering all functions of Human Resources including employee benefits, workers' compensation, health insurance plan, etc.
- Perform special projects and studies.
- Provide financial management and prepare required reports.
- Oversee office personnel.
- Address members' issues and requests.
- Attend functions as representative of the Cooperative.
- Assist General Manager in preparation of monthly board meeting materials, prepares minutes of board meetings and special reports as requested.
- Delegate authority to department personnel while retaining full responsibility. Determines employee attitudes on organizational goals and motivates department personnel toward accomplishment of those goals.
- Collaborate with affiliated organizations.
- Participate in updates and development of viewpoints, objectives, policies and operating procedures in coordination with the General Manager and assist with interpretation or clarification.

Knowledge, Skills and Abilities: CPA and/or degree in Accounting or Business; OR an equivalent combination of education, experience and training may be accepted. Five years management/supervisory experience preferred. Knowledge of the principles and practices of non-profit accounting and financial activities. Ability to follow both verbal and written instructions. Knowledge of general office principles, practices, and procedures. Ability to communicate effectively with all levels of staff. Ability to meet established deadlines. Ability to travel to conferences, seminars, training, etc. Knowledge and proficiency in the use of Microsoft Office software. Must be able to multi-task and pay close attention to details and maintain accurate records, must work well in a team environment, as well as independently and must be regular in work attendance. An understanding of electric cooperatives, Minnesota workers compensation laws and health insurance is preferred.

Clearwater-Polk Electric Cooperative is an Equal Opportunity Employer and has a generous NRECA defined benefit pension plan, in addition to a 401k savings plan. The Cooperative also has excellent medical and insurance plans. Salary is commensurate with qualifications and experience. Completed applications and resumes must be submitted by Thursday, March 4, 2021 to Clearwater-Polk Electric Cooperative, Inc., 315 Main Ave N, PO Box O, Bagley, MN 56621. R48-49C



MCAN

**For more information on MCAN ads call:
218-487-5225**

Minnesota Classified Advertising Network



HEALTH

GASTRIC BYPASS SURGERY FOR WEIGHT LOSS?

If you or a loved one had this surgery and suffered serious injury or death? You may be entitled to compensation. Attorney Charles Johnson 800/535-5727

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from soybean white mold and SDS. Ask your seed dealer for Heads Up® Seed Treatment. Cost-effective. Proven results. HeadsUpST.com/plant21 or 866/368-9306

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MISCELLANEOUS

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Over \$50,000,000 in timeshare debt & fees cancelled in 2019. Get free informational package & learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 833/619-1117

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Two great new offers! Ask how to get the new iPhone 11 or Next Generation Samsung Galaxy S10e on us with AT&T's Buy one, Give One offer. While supplies last! Call 855/332-0464



UNDERGROUND

Clearbrook, Minnesota

TJ Underground Inc. is seeking to hire competent, reliable workers for underground utility projects specializing in the installation of fiber optic cable.

WE ARE LOOKING FOR
Laborers, Directional Drill Operators, and CDL drivers.
To apply call 218-487-5230

REG-1FC

DITCH INSPECTOR/ENGINEERING TECHNICIAN II

Red Lake Watershed District is seeking applicants for a full time position as a Ditch Inspector/Engineering Technician II.

Duties: Survey crew to include yearly inspection of all public legal drainage systems and coordinate maintenance, construction inspection and staking, field surveys, extensive knowledge in maps and construction plans, stream gauging, operating watershed projects, data base management and analysis, assist in preparing engineer reports, assist with District permit applications.

Requirements: Graduation from high school. Two year technical college preferred in Civil Engineering Technology or 2 years' experience in Trimble GPS survey equipment and software, surveying and construction experience. Knowledge of agricultural practices, construction materials and methods, and simple engineering practices. Skill in use of field, office, laboratory equipment. Ability to tolerate and work safely in construction areas and inspect moderately difficult construction projects. Applicant must have no physical limitations in relation to tasks performed, must be able to lift 50 pounds. Knowledge of Microsoft Office (Excel and Word) and Introductory to AutoCad (CAD)/Civil 3D. Valid Minnesota Driver's License and knowledge of using all-terrain vehicles (ATV).

Application and a complete job description are available at the Red Lake Watershed District office, 1000 Pennington Avenue South, Thief River Falls, MN 56701 or at redlakewatershed.org

Application deadline: March 12, 2021

Salary Range: \$38,467 – \$54,660

Red Lake Watershed District is an Equal Opportunity Employer

R48-50C

City of Oklee Full Time Maintenance/Water and Waste Water Operator

The City of Oklee is seeking applicants for a full time City Maintenance/water and wastewater operator.

Duties include but will not be limited to operating City drinking water and waste water systems which requires Class D Licensing.

Wage rates based on experience. Applicants will be subject to a Background Check.

Experienced and licensed would be preferred although training will be given to the right applicant if required. Other Duties will include, snow removal, tree trimming, mowing and general street maintenance and other duties as assigned.

Applications are available by calling the City Clerk's office at 218-796-5183.

Applicants should submit the completed application by February 26th 2021 by 12:00pm to the:

**City of Oklee,
PO Box 190,
Oklee MN 56742**

This position will remain open until filled. The City of Oklee is an Equal Opportunity Provider O48th

CITY OF OKLEE MUNICIPAL BUILDING IMPROVEMENT PROJECT Bids Close March 31st 2021

Bids are invited for the remodel of the exterior of the municipal city building

The entire North Elevation and East Elevation of City Hall, including the Fire Dept. and the Event Hall up to Cenex. Oklee Sidewalks are being replaced sometime this coming summer, so consultation with the County Engineer (Erik Hove) will be needed on any dates that may cause conflict for access.

Work to be completed within 60 days of start of contract.

Work to be done: Replace existing siding with new siding and insulate with 1 1/2" inch Foam Replace windows where required and install a window in the Clerk's Office. Renew Fascia all around City Hall, remove existing shingles on the canopy above the Fire Dept. Doors and replace with new shingles. Double Doors (with electronic opener) on the North Entrance to be replaced along with the Fire Dept. entrance door and window. Load City trucks with demolition waste which the city will empty at the dump.

Please Contact either Darrell Tougas or Derek Cross for more information.

**City Of Oklee
PO Box 190. Oklee MN 56742
Tel: 218-796-5183**

The City of Oklee reserves the right to reject any or all bids, waive irregularities, and award the contract in the best interest of the City Of Oklee. O48-51C

**MORE
EMPLOYMENT
ADS ON
NEXT PAGE**

Farmers Union Oil Co.

of Grygla

Help wanted in shop area. General shop work. Competitive wages depending on experience. 401k, insurance, vacation and sick time.

Apply in office or call 218-294-6117, ask for Brenda. G48-49C

AD DEADLINE FRIDAYS NOON

- Landfill Technician – Polk County Landfill -

The Polk County Landfill located in Gentilly, MN has an opening for a full-time Landfill Technician. Primary duties include but are not limited to evaluating and inspecting waste materials, documenting load information, operating heavy equipment to process materials, maintaining equipment, collecting fees and maintaining compliance with local, state and federal permits. Applicants must possess a high school diploma or equivalent and have a minimum two (2) years of experience operating various types of heavy equipment. A valid Class B MN driver's license is required. Applicants must have the ability to clearly and effectively communicate verbally with the public and to work in adverse site conditions and extreme environments. A pre-employment physical exam is required. Wage range for this position is \$18.50 - \$23.52/hour, DOE and qualifications. To obtain an application and full job description go to <http://www.co.polk.mn.us> click on "Careers". This position will remain "open until filled". Please mail your completed application to the Polk County Government Center, Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716 (218-281-5408) or e-mail: alecia.helms@co.polk.mn.us EEO R38TFC

ENGINEERING SENIOR/HYDRO II

Red Lake Watershed District (RLWD) is seeking applicants for a full-time position as an Engineering Senior/Hydro II.

General Function: Aid Consulting Engineer in all engineering activities. This position will coordinate all project data collection, surveys, and reports. Lead and assist in all project permitting functions. Complete and submit project pay request. Knowledge in reviewing detailed plans and specifications. Construction inspection. Flood surveys and project surveying. Assist in water allotments for wild rice on Clearwater River. Stream gauging. Operation of watershed impoundments. Assist with water quality projects. Review, inspect, survey RLWD permits. Work with landowners.

Requirements: Highly proficient in use of ArcGIS and AutoCAD, with ability to complete high level plans and drawings. Wetland Delineation experience and ability to assist or lead in wetland delineation reporting and permitting. Drafting data base development. Knowledge of construction materials, methods, and inspection. Ability to lift upwards of 70 pounds. Supervisory Experience. Considerable related work experience. Four-year degree in Engineering with two-year construction experience or graduation from a two-year technical college with three years of GPS surveying and construction experience, or GPS surveying and construction experience of at least 10 years.

Application is available at the RLWD office at 1000 Pennington Avenue South, Thief River Falls, MN 56701 or visit our website at redlakewatershed.org Please submit application, cover letter, resume and references to the RLWD office.

Application deadline: March 12, 2021

Salary Range: \$51,219 - \$75,358

Red Lake Watershed District is an Equal Opportunity Employer.

R49-50C

JOIN OUR TEAM

Essentia Health Fosston Openings

POSITIONS AVAILABLE IN

FULL TIME, PART TIME, AND CASUAL STATUS.

ESSENTIA HEALTH LIVING CENTER IS NOW HIRING:

Activity Aide

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LPN

RN

Nutrition Services Assistant

ESSENTIA HEALTH HOSPITAL:

EMT

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Patient Access Representative / Medical Screener

RN

Storekeeper

ESSENTIA HEALTH CLINIC:

Patient Access Representative

LPN or RN

Essentia Health offers competitive salary and benefits

Apply at: www.EssentiaCareers.org

EOE/Minorities/Females/Vet/Disabled



Essentia Health

R43th

HELP WANTED

Full Time Print Shop

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218-487-5225

ask for Dick



R49E

BE ORGANIZED WORD SEARCH

K F U G R S R W P Z R Z O S R H M P C I
V O L Z D O K H K H I F R R V Z A D U R
T F F R K Y C E W S N E Z N F H R R U C
D F L E D L F P L U P P D V S S U G T S
G E I W E O V S P A G I N A H I I C T K
E F Z A T N N K P V G E R P F W C O I W
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T T T O K W C A Y C Z R M U M P F T L S
G N W E P C H C O N T A I N E R Z A N L

BE ORGANIZED WORD SEARCH

Answers are on page 8

CLEAN
CLOSET
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DESK

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PHOTOGRAPHS
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STORAGE
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TIDY
TRASH

Taming the Wild in All of Us

It's not all that hard you know...taming the wild within. Oh, we like to play all tough like, but deep down...we know better.

The world round us seems to be tilted as we become jilted when the wild within all begins to come out. We wonder aloud at times. "Has it always been this way?" And we pray the answer is yes because it just...well...it just makes us feel safer.

In my day, we watched the wild things on public display every now and again because TV was the mode of operation and the plumb-line of how bad it could actually get in this world was there for all to see. I suppose that part hasn't changed much but every generation makes their mark and upon the scene when I was growing up came the Beetles.

Wild things they were and when Ed Sullivan introduced them on his show, the whole

world watched...or at least those with a TV. As they grooved to the beat of their art form, it didn't seem so out of control. Why? Because there stood Ed, all solid like in his suit and tie, not only introducing them, but shaking their hands all gentleman-like. After all, how bad could the wild get with Ed at the helm?

I suppose that part hasn't changed...the part where we need someone all solid like giving the nod that things will be well when the plumb-line of life begins to move. He wasn't there to have them shape-up...but he marveled at the talent they brought to the table with little fear in his eyes. Truth-be-told, I do believe he actually smiled when it was all said and done.

He invited in the new. He invited in their talent. Did they make an impact on this world? Indeed they did. Was it for the better? I suppose if you like their music, it was. My husband was a fan. I was too cheap to

spend money on albums, but he did and still has his collection.

Did their plumb-line and the likes of whatever it was they stood for rock my husbands world? Not one bit. He just kept walking his walk because his plumb-line was not of this world. It was from a different source where the wild things become tame. Tamed to Truth they are and when we look at the wild within us? Well, He created us in His image and did just not say it was good. He said, "It was VERY good."

May our love be greater than our fear of the wild things we encounter all around. May we trust that even in this...He is I am...because He truly is. May we trust that He will use all things He has created within us...especially the bit of the wild within us that eeks out every so oft.

"Then God looked over all He had made, and He saw that it was very good!" Genesis1:31. Amen.

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol



Question: How does the Minnesota State Patrol decide what the injury type is labeled in crash reports? How does the Minnesota State Patrol decide an injury is life threatening or not?

Answer: When the Minnesota State Patrol responds to and investigates crashes, troopers begin the investigation by gathering information at the scene. This information is put together for crash reports and other investigative reports. The status of those involved are put into one of five categories.

- No injury
- Possible injury
- Minor injury
- Serious injury

• Fatal
For information posted on the Minnesota State Patrol's webpage under "crash updates", the injury types are listed as: none, injury and fatal. The injuries are listed as non-life threatening and life threatening. Generally, a life-threatening injury is an injury involving substantial risk of death; loss or substantial impairment of the function of a bodily member, organ or mental faculty that is likely to be permanent; or an obvious disfigurement that is likely to be permanent. The "crash updates" are not the official crash reports, but the public information that is available at the time.

Around 400 people have been killed and 30,500 injured every year on our Minnesota roadways for the past decade.

The Little Giant

By Auctioneer Eric W. Mickelson

I don't know if the title makes sense, The "Little" Giant! When I was in college I took a class called Minnesota Authors. One novel we read was Giants in the Earth by O. E. Rolvaag. We have all probably read or heard the story of Jack and the Beanstalk and remember the Giant.

If you travel to Blue Earth, Minnesota, you'll see a statue of the Jolly Green Giant. When my brother Cole was a youngster he liked to watch All-Star Wrestling. Hulk Hogan was one of his favorites, but as I watched over his shoulder I liked Andre the Giant. Before he became a Minnesota Viking, Fran Tarkenton played for the New York Giants. I'll bet you get it! We are talking about Giants, more specifically, The Little Giant!

The great state of Minnesota was overflowing with tractor companies in the early 1900's. Louis and Lorenz Mayer started a shop in southern Minnesota, in 1876. They worked on steam engines and machinery and began to experiment with the idea of their own tractor. In 1911 they assembled their first tractor which they called The Little Giant. One of their advertising slogans stated, "It will make farming so interesting that your boys will rather remain on the farm that leave for the city!" Proud of their design they jumped in with both feet in 1914, plunging into the tractor industry.

The Mayer brothers believed

in their product. They boasted if any part or workmanship failed, within a year, it would be replaced free of charge. The factory was enlarged in 1917 expecting more business and exports anticipating the end of WW I. In 1919 workers demanded higher pay and were turned down. Finally the

workers "strike" was settled and the Little Giants were made for about 8 more years.

This Little Giant was never a huge seller and fell into the category of an "Orphan" tractor company. But to me, it is another interesting chapter in the Minnesota Legacy of tractor companies!

How about a little tractor trivia!!

1. Where was The Little Giant Factory located?
A) Minneapolis B) St. Paul
C) Mankato D) Waseca

2. The Little Giant model B was rated at a _____ hp tractor.
A) 10-20 B) 15-27 C) 16-32 D) 20-40

3. The model A was rated.....
A) 20-35 B) 15-30 C) 22-32 D) 26-35



This is a Little Giant tractor that was sold by Mecum Auctions in 2015.

4. The model A had 3 forward speeds ranging from 1 1/2mph to _____ mph.
A) 3 B) 4 C) 5 D) 6

5. In 1915, a new model would set you back \$ _____.
A) \$1000 B) \$1100 C) \$1250 D) \$1999

Answers: 1. C-Mankato 2. C. 16-32 3. D. 26-35 4. D. 6 5. C. \$1250

EMPLOYMENT ADS



Dedicated To Quality Care

McIntosh Senior Living is currently looking for a full time MDS RN Coordinator. The MDS Coordinator is responsible for the completion of all necessary MDS's of the residents and conducts and coordinates ongoing resident assessments. This position is required to work every fourth weekend as the Charge nNurse as well as med cart pass. The RN will also need to provide direct supervision to the direct care staff and have good communication and documentation skills with positive interaction with residents, families and coworkers. McIntosh Senior Living offers PTO, holiday pay, 401k, free single health insurance, family health insurance, HSA account (\$1,800 facility contribution yearly) dental, life, retention/incentive bonus, scholarship funds for schooling or loans and competitive wages. Interested persons should send resume to 600 Riverside Ave NE, McIntosh, MN 56556 or contact Tricia Hove, Director of Nursing at 218-563-2715. M49-51C

SUBMIT YOUR EMPLOYMENT ADS to richards@gvtel.com

Richards Publishing
Gonvick 487-5225



Dedicated To Quality Care

MCINTOSH SENIOR LIVING (MSL)

Is currently hiring for:

- Full & Part time LPN/RN
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MSL offers Free single health insurance, family health plan, HSA account (\$1,800 yearly facility contribution) 401k, dental, life insurance, holiday pay, Scholarship program/loan payments PTO. Retention bonus & shift differential for nursing staff.

We give credit for experience and will train new staff.

MSL is a TEAM oriented facility where all work together providing quality care to individuals who need nursing services.

MSL is flexible in scheduling around school schedules.

Interested persons should send resume to 600 Riverside Ave NE, McIntosh, MN 56556. Attention Tricia Hove, DON for Nursing, Lana Bendickson for Dietary, Orlett Hedlund for housekeeping, Tina Chaput for Activities and Paul Ruckreigle for maintenance. You can download an application by going to our website at www.mcintoshseniorliving.com. Stop by for an application or call 218-563-2715. M49-52C

Cornerstone offers several job opportunities at 5 different locations!

IMMEDIATE OPENINGS INCLUDE:

Personal Assistants/PA - Assists residents in personal cares. No prior experience needed.

Certified Nursing Assistants/CNA - Assists residents in personal cares and performs some medical oriented tasks. Certification needed.

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Maintenance Staff - Keeps the facility in top working condition. No experience needed.

Housekeeping/Laundry - Helps residents to keeping their apartments/rooms tidy and clean as well as maintaining facility cleanliness.

R49C

Visit our website to see what we currently have open!
www.cornerstoneshc.com/careers



SENIOR LIVING

At Poplar Meadows Senior Living we are a small team with big hearts working together for the health and safety of our tenants, helping them with the day-to-day activities. Openings available at Poplar Meadows are:

*Cook, Part-time 6 am to 2 pm, every other weekend.

*Assisted Living Aides, no certification required. We train. Full time, part time, days and/or nights. Assisted Living Aides do 12 hour shifts 7 to 7. Every third weekend.

Pay is based on experience. PTO and PERA for all employees. Must be able to pass a background check.

If Interested contact Becky at 218-563-2436 or email

poplarmeadow@gvtel.com

R48-49C



Clearbrook-Gonvick School

is hiring for full-time or part-time custodial staff. This is a 12 month, Monday-Friday position. Must be able to lift 75

lbs. and pass a background check. Starting wage is \$13.14 per hour; previous experience will be considered.

Please submit resume, letter of interest, and credentials to: Clearbrook-Gonvick School 16770 Clearwater Lake Rd. Clearbrook, MN 56634

Attn: Jeff Burgess R45-48C

HAY FOR SALE

1st Cutting Grass
Baled with John
Deere Net Wrap
Oklee

218-796-5211



The effects of caffeine on the body

Indulging in a morning cup of coffee is a beloved ritual for millions of people across the globe. The rich, bold flavor of coffee has created devotees in all corners of the world, all the while laying the foundation for a lucrative market.

In its recent "Global Coffee Market - By Product: Global Industry Perspective, Comprehensive Analysis and Forecast 2020-2026" report, Zion Market Research estimated that the global coffee market is expected to reach \$155.64 billion in annual revenue by 2026. Though the flavor of coffee is what compels many people to pour that morning cup o' Joe, others crave coffee in the mornings because of the jolt it can provide at the dawn of a new day. Caffeine is responsible for that jolt, and devoted coffee drinkers, and individuals who prefer other caffeinated beverages, may have come to rely on the boost caffeine provides to kickstart their day.

Researchers have studied the effects of caffeine on the human body to great extent. Many studies have concluded that modest consumption of caffeine is safe for healthy adults. In fact, the Mayo Clinic notes that up to 400 milligrams of caffeine per day, which is just about the amount of caffeine in four cups of brewed coffee, appears to be safe. But adults may want to learn more about the effects of caffeine on their bodies as they try to determine just how much they should consume each day.

• Caffeine and the heart: According to the Heart Foundation NZ, most studies that examined the potential correlation between heart disease and coffee intake found no association between the two. In fact, the Heart Foundation NZ points out that plant sources of caffeine like coffee provide a host of other compounds and nutrients, including antioxidants, that can positively affect heart health. However, the online medical resource Verywell Mind notes that the stimulant effect of caffeine speeds up the heart rate. Healthy adults who drink coffee or other caffeinated beverages in moderation likely won't have to worry about their heart rates after consuming caffeine, but people who are prone to anxiety may be vulnerable to panic reactions if they consume caffeine.

• Caffeine and sleep: Caffeine consumed during certain times of day may interfere with a person's ability to get a good night's rest. The Mayo Clinic notes that even small amounts of sleep loss can disturb daytime alertness and performance.

• Caffeine and medications: Adults currently taking certain medications or supplements should speak with their physicians about any potential interactions between those substances and caffeine. For example, the Mayo Clinic notes that mixing caffeine with the herbal supplement echinacea can increase the concentration of caffeine in the blood, potentially exacerbating the unpleasant effects of caffeine intake.

Adults who consume caffeine should always do so in moderation and only after giving due consideration to the many ways that caffeine can affect their bodies.



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Pipe..... continued from page 2

Office is reviewing the case for formal charges.

The Northern Lights Task Force is comprised of numerous law enforcement agencies throughout northern Minnesota. This task force is strongly supported by State agencies along with fire and EMS agencies within each county. The mission statement for the task force is: “To provide a safe environment that protects life, property, and free speech through a respectful approach by well trained, disciplined peace officers relating to the lawful activities conducted by those who wish to exercise their First Amendment rights in Minnesota. “

Proulx..... continued from page 2

Proulx said his favorite thing about teaching agronomy is trying to improve his understanding of pedagogies, effective teaching, and learning strategies to integrate those into the classes he teaches. He strives to be better, to understand how to best serve students, organize courses, run a classroom, and provide each student with the best learning opportunity and classroom environment. “I can see there will always be room to tweak and improve and keep things fresh with this mindset. Relationships between faculty and students are so important.”

Chuck Habstritt was in Proulx's role when he was a student. He'd like to give a shout out to Chuck; as he is enjoying his retired (2009) life splitting time between Arizona And Minnesota. “He has done a lot to help set me on this path.” Proulx said he would keep the tradition going at the University of Minnesota Crookston, there are many to which Habstritt and now Proulx continue to make an impact. Habstritt, as he retired, stated he counts the successes of the UMN Crookston Crops Team and its alumni as one of the proudest accomplishments of his teaching career. It is clear Habstritt left the agronomy program in good hands.

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Explore your travel options, including staycations

Daily life was upended in March of 2020, when most of the world was first introduced to the novel coronavirus COVID-19. People from all walks of life were adversely affected by the pandemic, and certain industries, including travel and tourism, had an especially difficult time as the pandemic wore on.

Tourism greatly affected

Travel was largely restricted in early 2020, with some countries prohibiting tourism from travelers from critically impacted areas. As the second wave of the virus arrived in late 2020, many nations returned to full or partial lockdowns to combat virus transmission, further hurting the travel and tourism industry.

According to the World Travel & Tourism Council, the tourism industry accounted for 330 million jobs in 2019. Estimates now suggest that approximately 121 million of those jobs have been eliminated due to the pandemic. Countries whose economies relied primarily on tourism either continued to stay open to travelers or have reopened to make ends meet.

Travel considerations

When the weather becomes colder and inhospitable, people often seek out warmer climates. Though travel figures to decrease dramatically in the winter of 2020-21, there may be some tourists who are willing to leave home for the promise of beaches and sunny skies. As of December 2020, Mexico had no entry restrictions for Americans, apart from limiting land-border crossings. Visitors can get a temperature check on arrival and will be schooled in basic information about social distancing. John Spence, president of the tour company Scott Dunn USA, says Kenya

is a relatively safe East African destination to visit, and the country has been transparent about its reopening conditions. Costa Rica and Caribbean islands have been cautiously reopening to tourists, starting with nations reporting lower infection levels. Anyone who chooses to travel is strongly urged to quarantine for at least 14 days upon returning home.

Home modifications

Individuals who prefer to stay close to home may want to invest their vacation dollars into home renovations that can simulate getting away. While they may not serve as a substitute for a sandy beach, home renovations may make riding out the colder temps a bit more tolerable. Here are some ideas to make staycations more enjoyable.

- Improve lighting. Increase bright, indoor lighting to simulate longer hours of sunlight.
- Invest in a hot tub. You may not be able to swim outdoors in the winter, but sitting in a hot tub can chase away the chill and prove very relaxing.
- Renovate a bathroom. Create a spa resort experience with a bathroom overhaul that includes multi-jet shower heads, towel warmers and ultra-plush linens.
- Join a gym or indoor pool club. A chance to swim even when it is cold outside can be refreshing and make for great exercise.

• Visit an indoor water park. Indoor water parks can include wave pools that recreate the conditions of beach resorts, but all in a climate-controlled environment. It's the time of year to escape the cold, and people are weighing their options as they try to decide if they will travel or stay home this winter.

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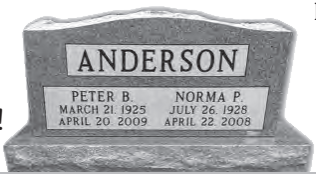
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OBITUARIES



Obituary for Lottie Sistad

Lottie Ann Sistad, (Laudy) 88, of Thief River Falls, MN formerly of Grygla, MN, passed away peacefully surrounded by the love of her dear family, on Sunday, February 14, 2021 at Thief River Care Center, Thief River Falls, MN. Stewart received a very special Valentine's gift in heaven this year.

On Lottie's 89th birthday, a private family service for Lottie's children, grandchildren and great-grandchildren will be held on Saturday, February 27, 2021 at Johnson Funeral Service in Thief River Falls, MN. Burial will be at St. Olaf Cemetery, Grygla, MN.

Public Visitation will be from 4:00 PM until 7:00 PM on Friday, February 26, 2021 at Johnson Funeral Service in Thief River Falls, MN. Please wear your mask and practice social distancing.

Lottie Ann Leskiw was born February 27, 1932 in Caribou Township, Kittson County, near Lancaster, MN born to Daniel and Marie (Hallasis) Leskiw. She was baptized at home into the Christian faith and confirmed at Grace Lutheran Church, February 27th, 1960 by Pastor Arthur Dale at Grygla, MN. Lottie attended school in Lancaster, and worked in the nursing home in Hallock and at Ed & Serena's Cafe.

Early in her teenage years, Lottie moved to Yakima, WA along with her sister, Helen where she tended to her family. Lottie then moved to Grygla, MN in 1948 and she worked along with her sister, Helen and Helen's husband, Carl in their restaurant, Peterson's Café and Bar. It was at this time she met her future husband, Stewart Sistad.

On March 12, 1951, Lottie and Stewart were married at a church in Hallock, MN. The couple made their home in Grygla, MN and then traveled a lot with Stewart's construction work. To this union three daughters were born, Bonnie, Connie and Susan. After the children were born, they made their home in Grygla and also farmed in Benville Township, Beltrami County, MN.

In addition to working at Peterson's Café, Lottie also was a cook at the Grygla

School for many years. Lottie also worked at Diamond Jim's & Diamonds in Grygla, the Turkey Plant in Thief River Falls, operated Lottie's Café in Grygla, and worked at Marvin Windows in Warroad, MN. She then went back to the Grygla School where Lottie worked in the kitchen.

Lottie enjoyed reading, baking, (she made the best buns in the world), singing, visiting with her many family and friends and mowing her lawn. She loved to shop and go to rummage sales where she could find treasures to share with her family. She was known for her "fast hot-dishes" and putting together a spread of food for company in 15 minutes.

Her greatest joy was raising and spending time with her children, grandchildren and great-grandchildren.

Her faith and love of God was very important to her. Her entire life, Lottie could recite the Lord's Prayer in Ukranian, which she learned from her mother as a child.

She is a member of Grace Lutheran Church in Grygla where she was active in various women's groups. Lottie was also a lifetime member of VFW Auxiliary and American Legion Post 162 Auxiliary where she served as Chaplain for many years. She was a charter member of the Grygla Lions Club and a past member of the Grygla Fourtown Sportsman's Club.

Survivors include her daughters, Connie (Rick) Beito, Middle River, MN, Susan (Rick) Olson, Grygla, MN; son-in-law, Bob Cwikla; grandchildren, Ryan (Darcie) Cwikla, Adam Cwikla, Crystal (Mike) Cleven, Kari Beito, Barry (Tara) Olson, Stephanie (Jake) Schenkey; great-grandchildren, Andrew (Brittany) Loewe, Samantha (Josh Thode) Loewe, John Cleven, Cooper Cleven, Ava Isaak, Hunter Olson, Eli Olson, Jordyn Schenkey, Rylie Schenkey, Levi Schenkey; great-great-grandchildren, Ariya, Aurora, Aston, Aikley, Arysens, Ambrose Loewe; family friend, Mike Isaak; sister-in-law's, Alma Foss and Bernice Sistad; several Godchildren; and many nieces, nephews, relatives and friends.

She is preceded in death by her husband, Stewart; daughter, Bonnie; infant great-grandson, Isaiah Schenkey; parents; and siblings, Catharine, Steve, Anne, Josephine, Dorothy (Jackie), Stanley, Frances, Paul, Helen, Nick, Elsa, and several brother-in-law's and sister-in-law's.

Lottie defined the word caregiver. Her generosity, kindness and care for others will be deeply missed by all who have been blessed to know her. You are very lucky if you have a "Lottie" in your life.

Condolences may be sent at www.johnsonfuneralservice.com



Obituary for Donn Reichert

Donn Hardin Reichert lived a long and active life as a trucker, a farmer, a business owner, and civic leader in the Clearbrook, Leonard, and Fosston areas. He is most recently remembered as the founder and proprietor of Reichert Saddlery and Farm Supplies in Leonard. He passed away peacefully at his farm home near Clearbrook on Sunday evening, February 14, 2021, following a long struggle with advanced prostate cancer. He was 85.

He began his career managing gas stations in La-

porte and Fosston for Anderson Reichert Oil Company, which was owned by his parents, Dean and Arvilla Reichert and his grandmother Sena Anderson. He then founded and operated Reichert Transport, Inc., a trucking business based in Fosston, during the late 1950s and 1960s. It was in Fosston where he met his wife of 57 years, Ruth. In 1970 Donn and Ruth and their four young children moved to their farm outside of Clearbrook and Leonard, where they operated a dairy, and raised beef, hogs, and chickens.

When Donn sold his dairy herd to his son Kurt Reichert in the mid 1980s, he purchased his beloved horse Rowdy and pursued his passion for building and repairing saddles. What began as a hobby soon evolved into Reichert Saddlery, which he operated from an old barn on the farm. When the Leonard Co-Op Creamery was closed in 1989, Donn and Ruth purchased the historic building for their growing business, expanding it to include farm supplies. These last years the store has been managed and co-owned by his son Ray Reichert.

In addition to horses, Donn had a lifelong passion for sailing. Growing up in Bemidji,

he would sail with friends on Lake Bemidji. Later in life he acquired a 23-foot sailboat and spent time on Cass and Leech Lakes. In 2006 he purchased a 28-foot sailboat called the Queequeg and spent several months tending to the boat and sailing on the Gulf of Mexico at Freeport, Texas. Because he could never convince Ruth to sail, he turned his focus to river houseboating, and he built a 48-foot houseboat in his machine shed. He was never able to complete the houseboat due to earlier treatments for prostate cancer. It was his dream that in retirement he and Ruth would explore the Mississippi and Ohio Rivers on this houseboat.

Throughout his life Donn was committed to community service. He served on the Clearbrook School Board, the Clearwater County Board of Commissioners, and the Board of the Clearbrook Elevator Association.

He was born on April 22, 1935, in Crookston to George Dean and Arvilla Reichert. He grew up in Bemidji and attended the Bemidji State Teachers College Lab School through his elementary and junior high years and graduated from Bemidji High School in 1953. He attended the University of Min-

nesota in the Twin Cities and Bemidji State, and served eight years in the Minnesota National Guard.



Donn is survived by his wife Ruth and their five children: Karl Reichert (Reynaldo Diaz) of Minneapolis, Kurt Reichert (Sompit Sailao) of Clearbrook, Eric Reichert of Clearbrook, Donna Martin (Greg Martin) of Blackduck, and Ray Reichert (Valerie Reichert) of Clearbrook, his brother Loren Reichert (Betty Reichert) of Las Vegas, NV, 8 grandchildren, 4 step-grandchildren, 2 great-grandchildren, 2 step-great-grandchildren, as well as a daughter from a previous marriage, Lisa Kohlmeier of Centralia, WA. He is preceded in death by his parents George Dean and Arvilla Reichert, and an infant sister Carolyn Deane.

A Celebration of Life will be planned for early summer on the family farm. Memorials preferred to the Clearwater Hospice Fund, a component of the Northwest Minnesota Foundation: Clearwater Hospice, 212 Main Avenue North, Bagley, MN 56621.



Obituary for Edwin Olson

Edwin Olson, 77, of Thief River Falls, MN passed away on Monday, February 15, 2021 at his residence with his loving family by his side.

The funeral to celebrate Edwin's life was held at 11AM Friday, February 19, 2021 at Oak Park Lutheran Church, rural Oklee, MN with interment at Oak Park Cemetery. Military honors provided by the Veterans of Foreign Wars Post 2793, American Legion Post 117 and Minnesota Army National Guard Honor Guard.

Visitation was held from 5-8 PM On Thursday, February 18, 2021, with a Prayer Service at 7:30 PM at Johnson

Funeral Service Thief River Falls, MN.

Edwin Elmer Olson was born January 27, 1944 at Mercy Hospital in Thief River Falls, MN the son of Ben and Alice (Rystad) Olson. He was baptized and confirmed at Oak Park Lutheran Church north of Oklee, MN. He attended Rosenook Country School and graduated from Oklee High School with the class of 1962.

Edwin entered service with the United States Army in February of 1965. He did basic training at Ft. Leonardwood, MO and in 1966 went to Vietnam for thirteen months. He drove truck with the engineer company building roads and drove to Saigon for supplies. Edwin spent some time in Japan for some well-deserved R & R and enjoyed the time there. He was Honorably Discharged in February of 1967.

Edwin worked on the family farm in Hickory Township, Pennington County, MN along with his best friend and brother, Milan, taking over the farm in 1968. They had a Grade A Dairy Cattle Farm and also had small grains and hay.

On February 19, 1977, Edwin was united in marriage to Ione Hofstad at Oak Park Lutheran Church. They were

the second marriage in the new church. To this union, two daughters were born, Lisa and Melanie to join their brother David Hofstad.

He also had various odd jobs over the years including Land O Lakes Turkey Plant, Arctic Cat for ten years which he really enjoyed, loading bales onto railroad cars, Alvin Jensen Mink Farm and the sunflower plant in Gonvick, MN.

Edwin enjoyed league bowling, fishing and deer hunting in his younger years and especially enjoyed traveling with Ione to Las Vegas, Arizona and Bergan bus trips throughout the United States. Together they enjoyed dancing to Cathy Erickson music, listening to old-time music and attending concerts including Dolly Parton, Danny O'Donnell and Garth Brooks. Family was first in Edwin's life with visits and gatherings always a priority. For many years, Edwin took many of his family, neighbors and friends to doctor appointments. He loved tending to his flowers and decorating the yard with solar lights.

Anyone lucky enough to know Edwin knows he was a loving, caring and kind man. He enjoyed making conversation with family, friends and even people he didn't know.

He was a member of Oak Park Lutheran Church, rural

Oklee, MN where he was treasurer for both the church and parish for several years. Edwin was also treasurer for Hickory Township for 23 years.

He was also a member of VFW Post 2793 and American Legion Post 117 in Thief River Falls.

Survivors include his loving wife, Ione; son, David Hofstad of Red Lake Falls, MN; daughters, Lisa Lemonds (fiancé Anthony Olson) and Melanie Olson all of Thief River Falls; grandchildren, Taylor (fiancé Jared Shaugabay), Cassidy and Nathan; great-granddaughters, Aurora and Rayna; sister, Darlene (Norman "Bud") Blackstad of Thief River Falls; brother, Milan Olson of Thief River Falls; brother-in-law, Glenn Hofstad of Trail, MN; sister-in-law, Caroline Marquis of Cascade, MT; and many nieces, nephews, relatives and friends.

He is preceded in death by his parents, Ben and Alice Olson; and brother, Goodwin (Eileen) Olson; brother-in-law, Bill Marquis; sister-in-law, Linda Hofstad; and father & mother-in-law, Ole and Mabel Hofstad.

Condolences may be sent at www.johnsonfuneralservice.com



Obituary for Larry Emerson

Larry Emerson, age 94, of Weme, MN and Fosston, MN, passed away on Friday, February 19th, at Essentia Health Living Center in Fosston. Funeral services will be held at a later date with interment in Oak Park Cemetery, rural Clearbrook, MN. Military Honors will be provided by the Naval Honors Team. Arrangements are with Carlin Family Funeral Service of Fosston and messages of condolence may be shared at www.carlinfuneral.com.

Larry Earl Emerson, 94, the self-proclaimed Mayor of Weme, Minnesota, passed away peacefully on February 19, 2021 at Essentia Health Living Center in Fosston, MN.

While official records state otherwise, Larry was born on August 27, 1926 in Brandsvold Township of Polk County, Minnesota the youngest of

eleven children born to Edward and Vernie (Hilliard) Emerson. The US military mis-recorded his date of birth as August 29 when Larry enlisted and instead of arguing with the government, Larry did what he has done throughout his entire life – adapt. He simply chose to celebrate his birthdays over the course of three days. He was baptized on May 22, 1927 at Zion Lutheran Church in Fosston, MN. He was orphaned as a young boy before 2 years of age and was subsequently raised by his siblings before settling in with the Sigurd and Ella Melbo family of Trail, MN. He attended school in Trail, and was confirmed on May 25, 1941 at Sand Valley Lutheran Church.

Larry entered the U.S. Navy in 1944 and served as Seaman 1st Class working as a gunner in the Pacific during World War II. The latter part of his service involved transporting POWs from Japan back to the United States. He was honorably discharged on June 19, 1946. Upon his return he found work with American Motors, as a Merchant Marine on the Great Lakes and in the gold mines of Alaska. Larry eventually settled in Milwaukee, Wisconsin, joining his brothers Charles, Curtis and Willis.

On December 23, 1956, Larry married Norma Berg Evje in Clearbrook, MN. They made their home in Milwaukee, WI, where they raised their four children. Larry would spend 31 years working with the Department of Public Works in Shorewood, WI, along with operating a small lawn and landscape business in the evenings and on weekends before retiring to Norma's family farm in Weme, MN in the fall of 1987.

A jack of all trades, there was little that Larry couldn't figure out how to do. Larry spent retirement busier than ever, working on his farm, fishing, traveling, reading several newspapers each day, volunteering and cheering on his favorite Wisconsin sports teams. As he aged, he constructed ways to maintain his independence, whether it was his modified walker (the "Cadillac"), his golf cart or various contraptions. He was a neighbor in the truest sense, always there to lend a hand to family and friends. His prolific phrases and wit will never be forgotten.

Larry is survived by his children Lori (Ken) Becker of Mequon, WI; Michael (Jan) Emerson of Minneapolis, MN; and Stacey (Steve) Grey of Oshkosh, WI., his grandchildren Ryan (Shea) Schneider of Alt, CO; James (Brandi) Becker of Grafton, WI; Megan (Cody) Kloeckner of Verona, WI; Adam Becker of Milwaukee, WI; Lauren (Ben) Brugger-Emerson and Elliot Emerson all of Minneapolis, MN; Kaitlin, Alex and Erik Grey all of Oshkosh, WI; great-grandchildren Sabina (Tristan) Peart of Salt Lake City, UT; Gavin and Charley Schneider of Alt, CO; Aybree and Easton Becker of Grafton, WI; and Hailey and Addison Kloeckner of Verona, WI. He is further survived by his sister,

Joyce (Melbo) Monty of Grand Meadow, MN and sisters-in-law, Yvonne Enerson of Little Falls, MN and Sybil Bergman of Bemidji, MN. He also leaves behind several nieces, nephews and the residents of the beloved "family" he and Norma built in Weme.

Larry was preceded in death by his parents and siblings - Charles, Leslie, Edna, Lillian Fjerstad, Effie Handy, Kenneth, Amy, Curtis, Willis and Noble; foster family Sigurd and Ella Melbo and their children Bjarne, Emma Nyland, Stella Kothenbeutel, and Naomi Hedlund; his wife, Norma (Berg) and daughter, Vicki Nakamura. Larry has been especially eager to rejoin Norma for happy hours and to resume their epic cribbage and SkipBo matches.

A special thanks to Dayna Bruggeman, Julie Weems, Denny and Roxie Hazelton, Terry and Faye Sorenson and especially Dave and Sue Dalager for the loving support of Larry over the years. Their care and concern for Larry allowed him to live as he wished on his farm until he was 93. Thanks also to Prairie Pines Assisted Living and Essentia Health Living Center for their good work over the last 18 months.

Private family services will be held. Interment will be at Oak Park Cemetery in Weme, MN.

A celebration of life will be planned for a future date on the family farm.

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Garfield Lake Ice Racers Club back in action!

Races 2/21/2021

Garfield Lake Laporte, Mn
By Dennis Peterson

FINALLY! The Garfield Lake Ice Racers have waited since the winter of 2019 to get back on the ice for racing. Ice conditions the winter of 2020 were terrible with slush and thin ice throughout the winter forcing a total cancellation of the season. This year, 2021, the warmer than normal temps did not produce the needed ice thickness until the latest cold snap that drove the ice down to the required thickness to hold the cars, trailers and fans.

It was a beautiful sunny and warm Sunday to get the first race of the season underway. The Garfield Lake Ice Racing club is a non-profit organization that races full size cars on Garfield Lake in Laporte, Mn. Racing normally starts in January and ends when ice conditions don't allow the racing to continue. The races start at noon each Sunday on the track located this year on the north off the landing. The cars are prepared with specially imported front studded tires to enable control on the ice and rear "gummy" tires for traction.

Members pay a fee of \$30.00 each race day to race two full

sets of races with heats and features. The club has long donated to local charities and needy individuals and families and recently was licensed to run E-Tab gambling at the clubs home the "3rd Base Bar and Grill" in Laporte. During the holiday season between Thanksgiving and Christmas in 2020 the club donated more than \$10,000.00 to needy vets and families in the Laporte, Bemidji, and surrounding area.

A total of 31 racers were on hand for opening day with 10 running in the A class and 21 in the B class. Hundreds of fans, racers and crews filled the outside perimeter of the ¼ oval track on the ice enjoying the free action packed afternoon of racing.

Big winners in the A class to start the season were Chad Tabaka claiming both a heat and feature win and John Farrington also winning both a heat and feature.

In the B class the feature winners were Josh Bitker and Abe Forseman. Heat winners were Reid Watson, Dan Riggs, Tony Rohloff, Jared Miller and Nic Lewis winning two heats.

Racing will resume next Sunday at noon.



Prior to the first race the "Colors" are carried around the track by Kalin Honer more photos to come.



Ice racing is for everyone. Husband and Wife, John and Bonnie Farrington of Akeley both race ice racers.



Field of A class competitors race in to turn one on Sunday.



Sending some snow flying #14 Ryan Julin and #1 Bob Pawlitchek door to door in the A class.



Specially designed studded tires used on the front of the race cars to enable steering on the ice. Photos by Dennis Peterson

Heartland

200 Update!!

Previously scheduled for the Park Rapids course

First off we would like to thank everyone for their patience as we worked through things for the Heartland 200; the snowmobile clubs, local sponsors, and state officials all did their best to make things work with the terrain course but ultimately mother nature held the trump card...

This past weekend the local clubs went out and checked out conditions in the Paul Bunyan state forest where a majority of the terrain course is routed and yes trails are open but there is not enough snow to be able to run a safe course and ensure no damage to state property. With that information we connected with the chamber, snowmobile clubs, & MN DNR we all agreed that the best option is to move the event to Fish Hook Lake.

The event page at www.cor-powersports.com has been updated, we will run the same format and lap counts that we did at Okobji last month, Pro Open and Pro Factory will both run 100 miles in the heads-up format. Course will be plowed and total of 10 miles in length, racing will start at 9 am each day with the Semi Pro / Pro qualifying then last two races of the day will both be heads up: Semi Pro and Pro finals will be HEADS UP!

Race registration is now open!!

Brian Dozier announces retirement

Second Baseman Set Records in a Twins Uniform

Minneapolis/St. Paul, MN – Former Twins infielder Brian Dozier announced today that he is retiring from baseball after a nine-year major league career, the first seven of which were spent in a Twins uniform.

The 33-year-old batted .248/.325/.441 (928-for-3742) with 593 runs scored, 202 doubles, 21 triples, 167 home runs, 491 RBI and 98 stolen bases in 955 games for the Twins from 2012-18. He participated in the 2014 Gillette Home Run Derby at Target Field, was an All-Star in 2015 and won his lone career Rawlings Gold Glove Award in 2017.

An eighth-round selection by the Twins in the 2009 First-Year Player Draft, Dozier came up through the system as a short-stop but shifted to second base prior to the 2013 season. During his Minnesota tenure, Dozier etched his name into the Twins' record books in myriad ways, both on and off the field. His 167 homers are tops by a second baseman in club history, and he is one of two players in club history to record a 20 double/20 homer season at that position, doing so in four-straight years from 2014-17. His 2016 streak of 11 consecutive games with an extra-base hit is a Twins/Senators franchise record and tied with Bobby Abreu and Alex Rodriguez for the second-longest streak in the majors since 2000, behind only Hall-of-Famer Chipper Jones' 14-game run in 2006. Dozier's 127 home runs from 2014-17 were sixth most in the American League in that span, trailing only Nelson Cruz (166), Edwin Encarnación (153), Josh Donaldson (140), Mike Trout (139) and Chris Davis (137). His career-high 42 home runs in 2016 made him the second Twin to ever hit the 40-homer plateau and matched Hall-of-Famer Rogers Hornsby for the second-highest single-season total by a second baseman in major league history (Stats LLC). Dozier batted first in 519 career games with the Twins, and his 28 leadoff homers remain a club record.

Dozier's hustle on the field was matched by an electric personality off it that inspired camaraderie across the organization and the sport. Among other honors, he was the recipient of the 2013 Mike Augustin "Media Good Guy" Award by the Twin Cities Chapter of the BBWAA, the Twins' 2014 Heart and Hustle Award by the MLB Players Alumni Association, the 2015 Carl R. Pohlad Award for Twins Outstanding Community Service and the 2016-17 Bob Allison Award for Twins leadership.

Dozier was traded to Los Angeles-NL on July 31, 2018, and spent the final years of his career in the National League with the Dodgers, Washington Nationals (2019), San Diego Padres (2020) and New York Mets (2020). He earned a World Series ring in 2019 with the Nationals, after recording his sixth career 20/20 season and hitting .238 (99-for-416) with 54 runs scored, 20 doubles, 20 homers and 50 RBI in 135 regular-season games for the club. He ends his career with a .244/.325/.441 (1055-for-4316) slash line in 1,144 career games.



Junior Annabell Phillips for the Clearbrook-Gonvick Bears goes in for 2 of her 27 points that she scored against Nevis last Tuesday, February 16.



Dana Melby for the Clearbrook-Gonvick Bears drives the basketball in action against Nevis. The Bears won 79 to 68.



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