



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



30 Miles to Paradise: Ice Road Opens

Ice fishing in these parts is a big deal. Enjoyed by both anglers and non-anglers alike, guests typically start their day with a nice breakfast. Right around daybreak, heated specialized ice transportation called bombardiers transport guests from their resort to heated fish houses with the ice holes all drilled out and ready to fish on some of the best walleye waters in the world. Some call it paradise!

During a normal winter season, thousands would have made memories from a fish house and enjoyed a fresh walleye fish fry already. This year, however, is different.

To travel to the NW Angle, a guest would normally drive 40 miles through Canada and enter back into Minnesota up at the Angle. Most never imagined back in March, 2020 when the U.S./Canada border was shut down, things would last this long. The border closure has drastically reduced tourism in this part of Lake of the Woods.

With their backs against the wall and facing another season of little revenue, the NW Angle community, made up of about 120 strong, has pulled together and created the NW Angle Guest Ice Road.

The ice road, which opened this week, is 30 miles long. The road stays in Minnesota and travels over 22 miles of ice and 8 miles through forest. It already

has seen hundreds of hours invested in plowing, staking, erecting signage and building and placing bridges over cracks in the ice which is standard protocol with an ice road.

“Unseasonably mild temps have held back the start of the ice road compared to a normal winter, but with some recent cold weather, it is in great shape and open,” explains Joe Henry, Executive Director, Lake of the Woods Tourism.

“I had the chance to drive the ice road this week and it is incredible. Honestly, after experiencing postcard type scenery and just the adventure of driving up, catching walleyes was just a bonus. It felt good know-

ing we were supporting some great people whose businesses were cut off from customers as they have been stuck between two countries and a border closure during a pandemic.”

The NW Angle Guest Ice Road begins at Springsteel Resort just south of the Canadian border on the SW corner of Lake of the Woods. The ice road makes its way north on U.S. ice and eventually connects to one of the main roads leading into the NW Angle. From this road, NW Angle resorts are accessible. Ice fishing on Lake of the Woods continues through March. Information on the NW Angle can be found at LakeoftheWoods-MN.com.



Minnesotans 65 and older can schedule appointments for COVID-19 community vaccine clinics

Educators and child care workers will be notified if they receive an appointment

Some Minnesotans eligible to receive a COVID-19 vaccine will be able to sign up for appointments at one of the state's nine community vaccination pilot clinics through a new website and call center launched today by the State of Minnesota. The clinics will initially serve adults age 65 and older prekindergarten through grade 12 educators, staff, and child care workers.

Because this is a limited pilot program, vaccine demand is certain to outpace available doses at this time, and there will be a limited number of appointments available. Minnesotans are encouraged to remain patient as the state waits for more vaccine doses from the federal government. These initial clinics will set the state on a path for a more extensive network of vaccination clinics in Minnesota communities as the federal government increases vaccine supply.

“Every shot in the arm is another step toward ending this pandemic and these clinics will help us meet the goal of getting millions of Minnesotans vaccinated as quickly and as safely as possible,” Minnesota Commissioner of Health Jan Malcolm said. “To be clear, we do not have enough vaccine for everyone who wants one. Appointment slots will fill very quickly, and most Minnesotans will need to be patient as we wait for more vaccine to arrive in the state. But we are working hard to build a community vaccination system so we are ready along with pharmacies and clinics and others to get Minnesotans immunized once the federal government provides those doses.”

In addition to the pilot clinics, Minnesota health care systems are providing limited vaccine doses to patients 65 years of age and older. Health care providers are developing systems to let their existing

patients know when they can make an appointment for a vaccine. Providers will contact patients with this information – Minnesotans should not contact their health care providers directly right now.

Minnesotans age 65 and older can make appointments by visiting mn.gov/vaccine or by calling 612-426-7230 or toll free, 1-833-431-2053. Minnesotans should attempt to make an appointment online before dialing the call center. Minnesotans who cannot immediately make an appointment may be able to sign up for a waitlist.

Available appointments will refresh every Tuesday at noon. Minnesotans will have the opportunity to schedule appointments for both their first and second doses of vaccine.

Educators and child care providers, with few exceptions, will work directly with their employer to receive instructions on how to secure a vaccination appointment and should not try to schedule an appointment unless their employer has contacted them with information about their appointment.

Appointments are required to receive a shot. Minnesotans without an appointment should not visit a community vaccination pilot site. No walk-ins will be accepted, and anyone with the intention of walking in for an appointment will be asked to leave and given information on how to sign up for an appointment. Those on the waitlist will be notified if they should visit a vaccination pilot site for their shot. Minnesotans who are waitlisted but do not receive their vaccine one week will need to sign up again the following week.

No matter how Minnesotans make an appointment, they will be asked to provide the following information:

- Name
- Minnesota address

- Phone number
- Email (optional)
- Gender/race/ethnicity
- Date of birth
- Health information, including underlying conditions, current illnesses, and allergies.

Minnesotans who make an appointment should arrive at their assigned pilot site no earlier than 15 minutes before their appointment to ensure social distancing. Educators will need to show an employee ID or a paystub to prove employment.

More information on scheduling can be found here.

Because this a pilot program, there is a limited amount of vaccine and appointment slots available for eligible Minnesotans right now. Access will increase as the federal government provides more doses of vaccine to Minnesota in the weeks ahead.

The pilot clinics are located in Andover, Brooklyn Center, Fergus Falls, Mountain Iron, Thief River Falls, Saint Cloud, North Mankato, Rochester and Marshall.

“This pilot program is designed to help us how to best serve Minnesotans through our community vaccination strategy,” Commissioner Malcolm said. “What we learn now will help us ensure a smooth process when more doses arrive from the federal government and we can open more community vaccination clinics all across Minnesota. Please be patient. There is not enough vaccine for everyone who wants it. If you cannot make an appointment now, you will be able to soon.”

More information is available at mn.gov/vaccine.

For more information, contact: Doug Schultz, MDH Communications 651-201-4993 doug.schultz@state.mn.us www.health.state.mn.us

Fargo VA Health Care System COVID-19 Vaccine Update

Greetings Fargo VA Health Care System stakeholders and friends – The Fargo VA Health Care System continues to actively contact Veterans across North Dakota and northwest Minnesota directly to schedule appointments to receive the COVID-19 vaccine. We're contacting Veterans who meet high-risk criteria based on the Centers for Disease Control and Prevention (CDC) prioritization. Veterans should not travel to the Fargo VA Medical Center or our VA community based outpatient clinics to receive a COVID-19 vaccine without a scheduled appointment. Instead, as mentioned, care teams

will contact Veterans directly to schedule an appointment based on their criteria of risk of severe illness from COVID-19. As increased vaccine supply is available, VA's goal is to offer the COVID-19 vaccine to all Veterans who want to be vaccinated.

We're working to expand our vaccine program across the Fargo VA Health Care System's entire service area. We have planned events at our VA community based outpatient clinics in Grand Forks (held on Jan. 23) and Bemidji (Jan. 30), and we're working to have additional events at other VA outpatient clinics soon. We're prioritizing

Veterans who meet the CDC definition of “high-risk” by offering them appointments at these events. Because of the limited supply of vaccine at the present time, these events will be by appointment only. If you have any questions about these events or about your own situation, please feel free to contact your healthcare team. We will make every effort to host additional events across our service area until everyone can have their turn.

Ross Tweten, Public Affairs Officer, Fargo VA Health Care System, U.S. Air Force Veteran (701) 239-3724, 2101 Elm St. N.

Northwest Minnesota Foundation Invites Public to Attend Their Annual State of the Foundation Event Virtually

BEMIDJI, MN – January 21, 2021 – The Northwest Minnesota Foundation (NMF) is hosting their annual State of the Foundation event virtually on February 2, 2021 at 10:00 a.m.

This purpose of this event is to highlight the Foundation's accomplishments and impact throughout the Northwest region from the past year. The event is free and open to the

public, but registration is required to attend. Deadline to register is Monday, February 1st at 12:00 PM.

“As with many things this COVID-19 pandemic has forced us to reimagine our State of the Foundation event this year. We hope that this virtual event will allow us to engage with many more individuals and organizations from throughout

the region,” said Karen White, NMF President & CEO. “Many know us through one aspect of our work and this event will give us the opportunity to share more about the impact of the Foundation and to highlight the amazing work of our partners and donors.”

Visit www.nwmf.org/events to register today. *philanthropy*.

Albert Sims steps down after 10 years as Director of Operations at the NWROC

CROOKSTON, Minn. – Albert Sims, Ph.D., is stepping down as Director of Operations at the University of Minnesota Northwest Research and Outreach Center (NWROC). He is stepping down from his administrative role but will stay involved in ongoing nutrient and fertilizer management research.

Sims began his research career at the NWROC in 1995. He earned tenure and was promoted to associate professor in 2001 in the Department of Soil,

Water and Climate in the University of Minnesota's College of Food, Agricultural and Natural Resource Sciences (CFANS). He was appointed NWROC's Director of Operations in 2010.

Greg Cuomo, associate dean of CFANS, says Sims has provided solid direction and leadership for the NWROC. “Dr. Sims has provided such dedicated service over the years,” Cuomo said. “His role as a member of our research faculty will give him the opportunity to continue

that unprecedented leadership to both agriculture production and to northwest Minnesota.”

Maureen Aubol will take over for Sims as Director of Operations effective December 7. Aubol has worked in human resources, grants management, and administration at the NWROC for 11 years.

“Maureen's extensive experience in the administrative work of the NWROC makes her an excellent fit to take over as director of operations,” Cuomo said.



AgCountry declares \$64 million in cash dividends

Fargo, N.D. — Extra cash can go a long way in the world of Agriculture. Member-owners of AgCountry Farm Credit Services are about to experience just that.

A record cash dividend total of \$64 million has been declared by AgCountry. Eligible member-owners will receive their dividend in March of 2021. Since the inception of the cooperative's patronage program in 2014, over \$259 million has been paid out to AgCountry patrons.

"Last year, the AgCountry Board of Directors announced that it's our intention to target a one percent cash dividend on all eligible business going forward barring unforeseen events," said Board Chair Ed

Hegland. "Even with a year that included major disruptions and unforeseen events - like a global pandemic, we are thrilled that AgCountry was able to successfully deliver on that goal."

AgCountry's patronage program grants the Board of Directors the ability to distribute a portion of the association's net income to its member-owners when financial conditions allow for it.

"Our members are at the heart of everything we do," said CEO Marc Knisely. "With all the uncertainty people are facing right now, it is important to provide some peace of mind knowing that we are looking out for the financial interests of those that we serve."

College News

Northland Community & Technical College Announces Fall 2020 President's & Dean's Lists

PRESIDENT'S LIST: Fall 2020 Semester

The President's List for students earning academic honors for the fall 2020 semester at Northland Community & Technical College - East Grand Forks and Thief River Falls has been released. Students must have at least 12 earned credits as of the last day of the semester, and a semester grade-point average of 3.75 to 4.0 must be achieved to be eligible for the Northland Community & Technical College President's List.

Bagley - Cooper, Camryn, Radiologic Technology; Keith, Cherie Criminal Justice - Law Enforcement; Preston, Aubrey Surgical Technology

Clearbrook - Taffin, Jackie Lynn, Practical Nursing

Erskine - Fortmann, Nathan, Construction Electricity; Gustafson, Amanda, Occupational Therapy Assistant

Fosston - Olson, Mary, Criminal Justice - Law Enforcement

Goodridge - Groven, Benjamin, Collision & Refinishing Technician; Horachek, Shantel; Jensen, Blake, Liberal Arts & Sciences; Wiskow, Amy,

Business Transfer Pathway

Grygla - McMillin, Hudson, Carpentry-Residential

Mentor - Lofgren, Kelsey, Early Childhood & Paraprofessional

Oklee - Peterson, Alex, Liberal Arts & Sciences

Plummer - Daley, Jared, Construction Plumbing

Red Lake Falls - Hackett-Ulrich, Rickey, Automotive Service Technology; Halvorson, Jozi, Architectural Technology & Design; McGlynn, Kia, Liberal Arts & Sciences

DEAN'S LIST:

Fall 2020 Semester

The Dean's List for students earning academic honors during the fall 2020 semester at Northland Community & Technical College - East Grand Forks and Thief River Falls has been released. Students must have at least 12 earned credits as of the last day of the semester, and a semester grade-point average of 3.5 to 3.74 must be achieved to be eligible for the Northland Community & Technical College Dean's List.

Erskine - Rolland, Katy, Criminal Justice - Law Enforcement

Goodridge - Kiesow, Jaden, Construction Electricity; Smith, Emma; Smith Nolan Liberal Arts & Sciences

McIntosh - Breckel Lily Practical Nursing

Mentor - Brandner, Kennedy, Practical Nursing

In Memoriam
Inga Othelia Johnson
June 22, 1913
January 13, 1998
"Forever in our Hearts"
Floyd Elmer Johnson
July 7, 1918
February 10, 1981
Love,
Cecelia, Merlin, Marlene
& families

Frosty Days in Fosston this weekend

Fosston businesses will be having special sales this weekend January 29 and 30. The Frosty Days promotion will have people register to win one of three \$50.00 Fosston bucks.



Wed., January 20 winner of a ROSSI RS22 22LR is Philip Quam from McIntosh.

Oklee - Prickett, Brea Liberal Arts & Sciences
Red Lake Falls - Klipping, Logan, Radiologic Technology

Minnesota students named to NDSU dean's list

Fargo, N.D., Jan. 20 — Area Minnesota students were among the 4,312 North Dakota State University students to be placed on the fall 2020 dean's list.

A student must earn a 3.50 grade point average or higher and be enrolled in at least 12 class credits to qualify for the dean's list. Students are listed by hometown. Students' majors also are listed.

Bagley - Cori Bonik, Pharmaceutical Sciences; Aleah D. Nelson, Marketing; Jacob G. Scherzer, Mechanical Engineering

Fosston - Katlyn A. Bilstad, Management Communication; Sydney F. Bilstad, Management Information Systems
Goodridge - Abby M. Kiesow, Accounting

Mentor - Molly K. Forrester, Civil Engineering; Brecken M. Lindberg, Mechanical Engineering; Grant Wilson, Agribusiness

Plummer - Andrew J. Fish Geology

Puposky - Victoria J. Roy, Nursing

Red Lake Falls - Laura Knott, English

Shevlin - Shannon L. McBride, Agricultural and Biosystems Eng.

Winger - Hunter Hitchen Business Administration

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Farm safety webinars available

Emily Krekelberg, Extension educator - farm safety and health

University of Minnesota Extension is partnering with North Dakota State University Extension to offer a series of farm safety webinars this winter. Many of us have been impacted in some way by an accident, injury, or fatality that has occurred on the farm. These events are devastating to communities and impact the livelihoods of those we know and love.

The purpose of these webinars is to empower communities and individuals to prioritize safety on the farm. The webinar series will be continue to run through March on Thursdays at 11:00am. Each webinar will last one hour.

Tractor and Equipment Safety - February 4

February 4 is all about Tractor and Equipment Safety. We will cover PTO use and safety, roadway safety, and have a conversation with North Dakota farmers Scott & Elizabeth Huso and their employee Chase Frederick, who was in an accident on their farm in the past. They will be joined by David Kraft, safety consultant for North Dakota Workforce Safety & Insurance.

Youth Farm Safety - February 18

The Youth Farm Safety webinar will feature a panel discussion moderated by Emily Krekelberg, Farm Safety & Health Extension Educator with University of Minnesota Extension. The panelists include Marsha Salzwedel with the National Children's Center for Rural and Agricultural Health and Safety, Jana Davidson with Progressive Agriculture Foundation, and Diane Rohlman with University of Iowa College of Public Health. They will cover various resources and programs available for families with young farmers.

Livestock Safety - March 4

UMN Extension Cattle Production Extension Educator Joe Armstrong, DVM will discuss and demonstrate proper animal handling in both confinement and pasture systems in the Livestock Safety session on March 4.

Mental Health - March 18

The series will conclude on March 18 with a mental health topic; Emily Krekelberg will be conducting QPR Training. QPR (Question, Persuade, Refer) is a one-hour suicide prevention program that helps individuals learn the three

steps anyone can take to help prevent suicide. This training is tailored toward agricultural communities.

Registration

The Farm Safety Webinar Series is offered free of charge. Participants must pre-register by visiting z.umn.edu/Farm-SafetyWebinars. When registering for the webinar series, participants will have access to join each of the five webinar sessions. Participants can choose to attend any or all sessions of interest. Questions can be sent to Emily Krekelberg at kre0033@umn.edu or Angie Johnson at angela.b.johnson@ndsu.edu.

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PUZZLING WORD SEARCH

Answers are on page 7

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Theology in the Trenches

By Kathleen Kjolhaug

Don't Look Back

“Do not look back,” was the command of the angels to Lot and his family as they fled Sodom and Gomorrah (Gen. 19:17).

There's actually more to the story than this, but let's grab the lead line here because we all do it. Poor Lot's wife did, and just like that she was turned into a pillar of salt! Out in the desert she was...becoming salt-lick...just like that!

It became evident throughout our years of marriage that I had a tendency to sort of be like Sarah, Lot's wife. As the years go by, my husband enjoys the process of moving forward. I drive him completely bonkers when I begin meandering through our past wondering what things would have been like had we only done this...or that. For me, it's fun. For him, it paralyzes from appreciating the here and now.

Curiosity kills the cat is a line we've all heard from time to time. Perhaps Sarah was just curious? After all, who could blame her? There was a lot going on and no doubt she left behind not only her friends but lots of stuff. Was she cranking her neck to make sure those whom she'd held a grudge

against were getting their due? Was she sad she couldn't have taken the whole “lot” no pun intended...with her? Who knows? Maybe she was like my mom who loved to get up in the middle of the night and follow the fire trucks once the alarm had sounded. Compassionate, kind she was, but she couldn't resist the urge to crank her car in the direction of the action.

I always figured deep down that Sarah was dangling somewhere down the line upon our family tree. Truth-be-told, I think we all have a little bit of Sarah within us.

I awakened early one morning and made my way downstairs to my journal. Soon, I began writing down The Ten Commandments in order to see if I could remember them.

Four times I wrote them before getting them in the correct order.

As I stared at each one, one stood out. It was the first one. “I am the Lord your God. You shall not have any false gods before Me” (Ex. 20:3).

As I paused, I listened and instantly knew what had been asked of me and that I had not been obedient in it.

You see, like most, I was prodded to get off social media for a season. For the past two weeks, I'd wrestled with the clear message that I was to take a bit of a break. And, each time I wrestled, I posted something positive, extended greetings to another who needed encouragement, and justified my use of it.

However, this morning, I was convicted and needed to obey. I quickly posted a note about taking a sabbatical for a time and that was that. Until...

I heard a ting here...took a peek there...a click of a button...and within moments I realized I was looking back just like Sarah, Lot's wife. Not only frozen was I, but sort idol building if you will...placing something other than He in front of me as a distraction.

What will I learn from this time away? I am not sure. I only know that it's about the obedience. It's about His desire to restore us to His heart which is contrite. It's about allowing Him to fill and heal us in areas we don't even know we need it.

I've chosen to trust. I pray when I do turn, it will be back to Him so He will direct my path. Amen.

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol



Question: Is it illegal for a person to travel with their

hazard lights on in inclement weather such as a blizzard, fog or a hard rain?

Answer: A driver can use their hazard lights to warn other motorists of a vehicular traffic hazard that requires caution in approaching, overtaking or passing.

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Responsible driving is remaining alert and being prepared. Take note of “no travel advisories.” Know before you go and check with road conditions at www.511mn.org. The Minnesota Department of Transportation (MN 511) app is very helpful. Be sure to have

your winter travel survival kit, extra warm clothing and try to keep as much fuel in your vehicle as possible.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPPIO_NW or reach him at, jesse.grabow@state.mn.us).

Kind of Like those Olivers

By Auctioneer Eric W. Mickelson

***I was sitting on the couch and looking at my computer and came across another article I had written a couple of years ago. I think I am just wishing for a summer and fall of no COVID and wishing to go to a tractor show!!! Here is another look back to Rollag!!*

As I mentioned last week Labor Day Weekend means the last hurrah of summer to many of us. Once again it is back to school. For some of us it means time to make our yearly pilgrimage to Rollag, MN, for the Western Minnesota Steam Threshers Reunion. This year the feature was Case, as I mentioned last week. But something besides Case was able to catch my eye.

A year ago we departed Friday,morning, for Rollag, and we came across a rummage sale just north of Rollag. Next to the rummage sale was a line up of Cockshutt and Oliver tractors. While Patty was rummaging I had to take a look! The owner of the tractors is Stewart Aakre. I was sorry I missed him but, this year when we stopped again at the same rummage sale there was a sweet Oliver 77 in the yard. Once again Stewart was not home but this did not stop me from getting to take a look at the 77. I got a picture of his granddaughter Ashalynn Aakre sitting on the 77! Then we were off to Rollag.

After our fun day of exploring we were off again for home when low and behold my wife saw another rummage sale sign. I guess if she spent the day at Rollag with me the least I could do is stop at a rummage sale for her. We pulled up to the house and garage where the rummage sale was taking place and an Oliver tractor caught my eye. Yes, the lady answered we have quite a few around here. About then the wheels started turning in my head. I remembered back to last year that Stewart Aakre's wife had told me the

“family” had a lot of Olivers. So I asked the lady at the rummage sale what her name was. She said Aakre! I responded by asking if they were related to Stewart, and she said yes. Now I was excited I knew while my wife was rummaging I could probably take a look at some more Olivers! I was directed to a shed where I met a nephew Greg, and his father, and my tour began.

We went from shed to shed checking out some of the “other” green tractors. We saw sev-

eral family tractors and as you know, I like tractor pulling, so I got to see a couple of the Aakre's pullers. What a great end to a fun day at Rollag! How can you beat stopping and getting to see even more tractors? I want to thank all the members of the Aakre family that I have briefly got the chance to meet for all the hospitality! A guy like me can never get to see too many tractors. Next year, Aakres, please have another rummage sale..... heck even if you don't I might just stop in to look!

How about a little tractor trivia!

1. The Oliver 77 was made from 1948- _____.
A) 1952 B) 1954 C) 1956 D) 1958
2. The Oliver 77 was replaced by what model?
A) 770 B) 77 Deluxe C) Super 77 D) 1750
3. How many cylinders did the Oliver 77 have?
A) 2 B) 4 C) 6 D) 8
4. The model 77 Oliver had

6 forward speeds and _____ reverse.
A) 1 B) 2 C) 3 D) 4

5. Apparently over the years there were a few changes to the shade of the Oliver green. Most commonly it was referred to as _____ green.
A) Forest B) Dark C) Clover D) Meadow

Answers: 1. B.1954 2. C. Super77 3. C.6 4. B.2 5. D.Meadow



Here is Greg Aakre in front of a nice 880 Oliver with a beautiful 1950 in the background! (I deeply apologize because I don't have the name of the young fellow!!)

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**Public Notice of Request for Proposal**
Independent School District #162 (“District”) requests proposals for group insurance coverage for the health plan year beginning July 1, 2021. Sealed proposals will be accepted in paper from until 4:00 pm central time on March 22, 2021. Copies of the request for proposal and exhibits may be requested from Jenetta Weems, jweems@bagley.k12.mn.us, and will be sent electronically at no charge. District reserves the right to reject any or all bids and to waive informalities. District reserves the right to select the proposal which it determines to be in the best interest of the District. R45-46C

**Public Notice of Request for Proposal**
ISD 2906 Red Lake County Central requests proposals for group insurance coverage for the health plan year beginning July 1, 2021. Sealed proposals will be accepted in paper form until 4:00 pm central time on April 1, 2021 at RLCC High School, PO Box 100, 201 Governor Street, Oklee MN 56742. Copies of the request for proposal and exhibits may be requested from Jim Guetter, at rlccandrfsupt@gvtel.com, and will be sent electronically at no charge. District reserves the right to reject any or all bids and to waive informalities. District reserves the right to select the proposal which it determines to be in the best interest of the District. 044-45C

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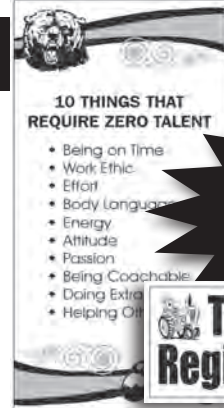
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Bob Ehlers; Dean (back), Dennis (front), Doris (left) and Tonya Terning (right); Clyde Kringlen.

Minnesota Crop Improvement Association Presents Premier Seedsman Award to Clyde Kringlen

ST. PAUL, MINNESOTA, January 13, 2021 Minnesota Crop Improvement Association (MCIA) today recognized Clyde Kringlen, of McIntosh, with the Premier Seedsman Award. The award, presented annually since 1928, recognizes MCIA members for their dedication to the production and distribution of quality seed, as well their involvement in MCIA and other organizations.

Clyde Kringlen received the award, along with fellow Premier Seedsman awardees, Bob Ehlers, Dean Terning, and Dennis Terning, during the Minnesota Crop Improvement Association's 118th Annual

Meeting. The virtual event was hosted at MCIA's office in St. Paul, Minnesota, January 13, 2021.

Clyde Kringlen, a native of Churches Ferry, North Dakota, has been associated with certified seed since he and his father purchased McIntosh Farm Service in 1981. He quickly took over management of the facility, which included an MCIA-approved seed plant.

His father taught him that they need to keep the farmers in business. They implemented that philosophy by working with local seed growers, who, in those early years, grew certified seed of Marshall wheat, Robust

barley and Lodi oats. The certified seed was conditioned in the McIntosh facility and sold to other farmers in the region.

Over the years, Clyde has developed a passion for wheat seed production. In 2004, they sold the McIntosh facility and Clyde began working for Tri-angle Ag. There he worked with private seed companies and explored ways to enhance wheat production and improve profitability. Today he manages the wheat seed operations for West Central Ag Services.

Clyde is described as a mentor and someone who is willing to share his expertise with other seed producers. When asked

about why he enjoys the seed business he said, "I like the people, there are many good people to work with in the public and private sector."

An optimist and a member of the Minnesota Wheat Growers organization, he sees the value of wheat in the rotation and appreciates the advancements being made in wheat production. As Clyde said, "I like to be involved in the changes and progress we see in agriculture."

There is more to Clyde than agriculture and business. He has been very active in his community, serving as a member of the McIntosh Fire and Rescue, the Win-E-Mac school board, and St. Mary's church council. He also enjoys being involved in organizing the Larry Sing golf tournament to support ALS research.

MCIA Foundation Seed manager, Roger Wippler said about Clyde "Throughout his career, Clyde has worked to keep farmers in business, being named an MCIA Premier Seedsman is recognition of his dedication to certified wheat seed production and wheat production overall."

Since 1903, Minnesota Crop Improvement Association (MCIA) has provided programs and services to meet the needs of an ever-changing agricultural world. These services include seed certification, organic certification, foundation seed production, and a variety of customized third-party verification programs for seed and identity-preserved grains. MCIA operates from facilities on the University of Minnesota's St. Paul campus with field staff located throughout Minnesota.

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OBITUARIES



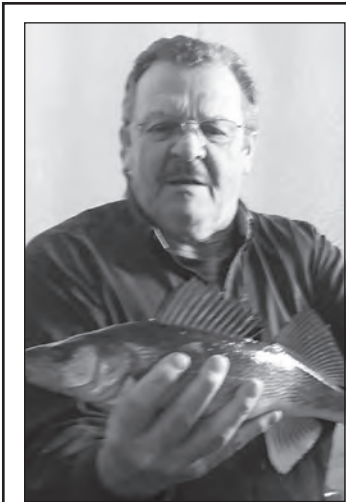
Obituary for Leslie D. Pederson
Leslie D. Pederson, of Bemidji, MN, passed away on January 20, 2021 at 9:19 a.m. He was born on December 19, 1929 to Helmer "Kingfish" and Margaret (Torgerson)

Pederson. Les was a crane operator, and a proud member of the Local 49 Operators Union. He was also a part of the American Legion and Color Guard.
Les is survived by his son Timothy, daughter Maria, two grandchildren, and his sister Beverly Harris.
Leslie was preceded in death by his father, mother, brother Richard, and sisters Deloris "Lolly" Johnson, Darlene Nygaard, and Gloria Norsteun.
Cease Family Funeral Home of Bemidji was in charge of arrangements.
A private graveside service will be held with interment at Samhold Lutheran in Gonic, MN.
Due to COVID-19, a Celebration of Life will be held at Slim's Bar and Grill in Bemidji at a later date.



Obituary for Dorothy Plante
Dorothy Plante of Oklee, MN passed away on Monday, January 18, 2021 at Essentia Health in Fosston, MN.
No service is planned at this time.
Dorothy Ruth Plante was born February 10, 1935 in Chief Township, near Mahanomen, MN daughter of Adolph and Lydia (Muel-ler) Gitz. She attended Wren Country school in Mahanomen county. The family moved to South Dakota.
Dorothy moved to Idaho and lived with her sister where she worked on a garden farm. She moved back to the Lengby area where she met her future husband.
On September 10, 1955 she was united in marriage to Walter Plante on the family farm Oklee, MN, to this union Albert, Mary and Roger were born. The couple made their home south of Oklee, MN where she has since resided.
Dorothy enjoyed baking, her specialty was banana

cream pie, and taking care of everyone else, she milked cows, Kitty Wells was her favorite cow, she had chickens and turkeys, lambs and pigs. Dorothy always had a large garden and enjoyed canning and had a knack for growing her favorite flower the red rose. She enjoyed attending country Jam Sessions in the area with Kitty Wells and Charlie Pride her favorite singers. In her free time she loved to read western books and doing crossword puzzles. Dorothy had a large collection of cookie jars. Dorothy entered the First Care Living Center May of 2017.
Dorothy is survived by her children Albert (Karen) Plante of McIntosh, MN, Mary Plante of Thief River Falls, MN and Roger Plante of Brooks, MN; grandchildren Chris (Annie) Plante of McIntosh, MN, Amanda (Dav- in) Swanson of McIntosh, MN, Travis (Cassie) Plante of Mapleton, ND, Zach (Mad- ison) Plante of Grand Forks, ND; great-grandchildren Henry and Hudson Swanson, Vivian and Charlotte Plante; brother Elmer Gitz of Fosston, MN several nieces and nephews.
She is preceded in death by her parents Adolph and Lydia, husband Walter, sib- lings, infant baby Elizabeth, August Gitz, Bob Gitz, Erma Black, Herman Gitz, Ervin Gitz, Ferdinand Gitz, Dor- othy, Lillian Abraham, sister- in-law Lillian Ihrke Gitz and brother-in law Nap & Julia Bourque and nephew Bruce Bourque.
Condolences may be sent at www.johnsonfuneralservice.com



Obituary for Victor Schiefert
Victor Schiefert, Plummer, MN, age 71, passed away at his home on Tuesday, Janu- ary 19, 2021.
A Private Mass of Chris- tian Burial was held 10:00 AM on Saturday, January 23, 2021 at St. Joseph Catholic Church, Brooks, MN with Father Bob Schreiner presid- ing. Burial was at St. Vincent de Paul Cemetery, Plummer, MN.
Public Visitation was held from 5:00 PM until 7:00 PM, with a 7:00 PM Prayer Service on Friday, January 22, 2021 at Johnson Funeral Service, Thief River Falls, MN. Face masks and social distancing were observed.
Victor H. Schiefert was born on March 2, 1949 in Thief River Falls, MN, the son of George "Art" and Fran- cis (Knott) Schiefert. The 4th child of seven children. Victor was baptized and con- firmed at St. Vincent de Paul Catholic Church, Plummer, MN. He attended school in Plummer, MN and graduated

from Pershing High School, Plummer, MN in 1968. Victor graduated from trade school, Hanson Mechanical School in Fargo, ND.
Victor's first job as a me- chanic was at Star Champlin Service in Fargo, ND. He then moved back to Plummer and started work at Falls Diesel as a mechanic for 2-3 years. Northstar transport had a different vision for Victor offering him a job as a dis- patcher until he bought the home farm. Victor purchased his own truck and for 15 years leased to Transport America and Hanson trucking of Karl- stad, MN.
Victor loved the outdoors. He especially loved traveling with his brothers on hunting and fishing trips, even if it was just for the day. Victor also enjoyed taking day trips on his motorcycle not ventur- ing too far from home.
He was a member of St. Joseph Catholic Church, Brooks, MN and the National Raffle Association.
He is survived by his sib- lings, Marie Swanson, Sandy Osbjornson both of Thief River Falls, MN, Sidney (Sue) Schiefert, Bloomington, MN, Harley (Alice) Schiefert, West Fargo, ND, James (Sherry) Schiefert, Plummer, MN, Connie (Joe) Suko, Apache Junction, AZ; several nieces, nephews, and great nieces and nephews.
He is preceded in death by his parents; nephew, Ira Suko; and brothers-in-law, Robert Swanson and Glen Osbjornson.
Condolences may sent to www.johnsonfuneralservice.com

Essentia Health plans for public vaccination

Essentia Health continues to work with state departments of health in the COVID-19 vaccine rollout for members of the general public.
Notification to groups will occur once there is appointment availability. The most recent update from the Minnesota Department of Health is the flexibility to begin vaccinating anyone ages 65 and older if we have more vaccine than needed to complete Phase 1a. While we can't wait to begin administer- ing the vaccine broadly within the communities we serve, sup- plies currently are limited. We'll continue to follow guidelines from our state departments of health, which determine vac- cination priority. Please know that Essentia Health will con- tact you when it's your turn.
Essentia patients are encouraged to sign up for MyChart, which will be the primary method of notification. Once you receive your notice via MyChart, you'll be able to eas- ily schedule your vaccination.
To register, visit Essen- tiaHealth.org and click on the "MyChart" button in the up- per right-hand corner; then click "sign up." There is also a MyChart app for smart devices.
Additionally, Essentia Health will be sending a voice message to patients' preferred phone number in their medical record. Besides using MyChart, individuals will be able to call to schedule appointments, once they are available. Us- ing MyChart to schedule your appointment is recommended due to anticipated lengthy wait times by phone.
Vaccine allocation and ap- pointments are subject to change and appointments may need to be rescheduled due to vaccine availability.
Please note that the CO- VID-19 vaccine requires two doses, 21 or 28 days apart de- pending on the manufacturer.
Through exhaustive clinical trials that featured tens of thousands of patients, both vaccines currently available to Essentia Health — ones from Pfizer-BioNTech and Moderna — were found to have effective- ness rates of about 95%. They have proven to be safe, as well. Minimal side effects have in- cluded headaches, fatigue and injection-site pain.
If you have questions or concerns about the vaccine, we urge you to contact your pri- mary care provider. Similarly, if you have a history of severe allergic reactions to vaccines or medications, please contact your primary care provider.

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Medicare 101 Classes

Written by: Paul Baymler
How does Medicare work?
Which insurance should I enroll into along with my Medicare Insurance?
What are the television commercials really saying?
Are the mailings I receive really as good as they claim?
These are questions people who have Medicare and people who are eligible for Medicare are asking themselves every day.
Dancing Sky Area Agency on Aging offers informational classes online to explain the answers to all these questions and more. Our classes are un- biased - meaning we do not represent any individual insur- ance agent, broker, company, or plan. The classes are free and are presented online using Zoom. (You can also call in and participate by phone).
Classes will be offered once a month and registration is required. Simply go to our website www.dancingskyaaa.org and scroll to the "Medi- care 101" information on the front page. Click on the link to choose a date to attend. We

will send you an information packet so you can follow along during the class. You will also receive an email with the class log-in information.
Whether you have Medicare already, are new to Medicare, or assist someone with their Medicare, this class is designed for you to be informed and up to date without the pressures of a sales agent.
The Dancing Sky Area Agency on Aging is a program of the Northwest Regional De- velopment Commission and serves 21 counties in northwest and west-central Minnesota.
The Senior LinkAge Line is a service of the Minnesota Board on Aging in partner- ship with Minnesota's local area agencies on aging. It is the state's federally designated State Health Insurance As- sistance Program (SHIP) and Senior Medicare Patrol (SMP). Call the Senior LinkAge Line at 1-800-333-2433 Monday through Friday from 8:00 am to 4:30 pm or visit www.Min- nesotaHelp.info@ to chat with a specialist during business hours.



How adults can take active roles in their health care

Adults play a significant role in their own health care. Adults focused on getting fit may visit various fitness facilities before signing up for a membership, and individuals who want to improve their diets may spend countless hours poring over healthy recipes and the lat- est trends in nutrition. Such research pays dividends, and the same commitment can be applied to choosing the right health care services.
Adults who are enrolled in employer-sponsored health insurance plans may feel as though their options are limited in regard to their health care services. However, there are many ways for patients to get more out of their health care plans.
• Shop around for a primary care physician. It's easy to be overwhelmed when perusing lists of in-network primary care physicians provided by insur- ance companies. Such lists can seem endless and it can be hard to distinguish one physician from another. Adults in need of new primary care physicians can ask neighbors or family and friends who live nearby for rec- ommendations. It's important to put the time in when choosing a primary care physician, as people who are comfortable with their physicians are more likely to schedule annual wellness vis- its or book appointments when they aren't feeling well. Such visits can be life-saving.
• Schedule annual wellness visits. Annual wellness visits are very important, even for health-conscious individuals who are not experiencing any signs of illness or injury. Regu- lar checkups and screenings can uncover health problems even when no symptoms are pres- ent, potentially saving patients' lives. For example, Hackensack Meridian Health reports that mammograms have reduced breast cancer mortality in the United States by 40 percent since 1990. Many insurance providers cover annual physicals at no cost to the patient, and screenings can catch diseases early when they're at their most treatable and treatment is less expensive and less time- consuming.
• -Be a prepared patient. Prepare a list of questions prior to a scheduled doctor's appoint- ment. Jot questions down as they come to you in the weeks leading up to the appointment and don't hesitate to ask ques- tions during the visit.
• Be open and honest with your physician. Concealing behaviors from your physician will negate some of the ben- efits of visiting the doctor. For example, if you live a largely sedentary lifestyle but tell your doctor you're physically active, he or she won't offer advice on how to make exercise a bigger part of your life. Being open and honest with a physician enables the doctor to give the best medi- cal advice.
Taking an active role in their health care is a great way for adults to improve their overall health and can help them re- duce their risk for illness.



Word Search Answers

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SPORTS HIGHLIGHTS



Clearbrook-Gonvick Bears had their first home game of the basketball season. The girls hosted Kelliher/Northome on Tuesday, January 19. The Bears outscored the Mustangs 29 to 22 in the first half. Maci Wagner is going for the loose ball with three Mustangs right behind. Also for the Bears is Dana Melby. The Bears took the victory 66 to 57.



Dana Melby, Junior for the Clearbrook-Gonvick Bears, brings the ball up the court against Northome/Kelliher Mustang junior Monica Johnson. The Bears won the game 66-57.



Pictured are Isiah Olson, Carter Williams, Carter Williams, Brody Money, Bailey Hince Eric Gesieke, Wakely Bryl, and Tyler Eskeli. Photo courtesy of Kelly Melin.

Red Lake County Rebels start the Season with a Winning Streak!

By Mustang Stampede Staff

The Red Lake County Rebels traveled to Goodridge to play the Grygla-Goodridge chargers on Monday, January 18th. The Rebels varsity team won with a score of 59 points to the Charger's 44. Leading the Rebels team with field goals include Eric Gieseke with nineteen points and four assists, Gerald Melin with sixteen points, and Jake Duden with eight points. Bailey Hince led the team with six assists.

On January 19th, The Rebels hosted Kittson County Central in Red Lake Falls at the Robert Matzke Gym in Red Lake Falls. The Rebels dominated the Bearcats with a score 76-34. JV won with a score of 57-20.

Leading the Rebels scoring was Isiah Olson with 27 points with Gieseke and Melin each with 11 points. Bailey Hince scored 8 points, Jake Duden

scored 7. Wakely Bryl, Isiah Aquino, and Brody Moen each scored 4 points.

The Red Lake County Mustangs are Coached by Head Coach Steve Philion and Assistant Coach Randy Huie. Next week the Rebels travel to Clearbrook-Gonvick on Thursday, January 28th and host the Warren-Alvarado-Oslo Ponies in Oklee. Garden Valley will broadcast the Oklee game on Channel 35.

Twins sign pitcher J.A. Happ

Minneapolis/St. Paul, MN – The Minnesota Twins announced today that they have signed left-handed pitcher J.A. Happ to a one-year contract.

Happ, 38, spent the 2020 season with the New York Yankees, going 2-2 with a 3.47 ERA (49.1 IP, 19 ER), 15 walks, 42 strikeouts, a .208 opponent batting average and a 1.05 WHIP in nine starts. Among pitchers with at least 40.0 innings pitched in 2020, he ranked 11th in the American League in both WHIP and opponent batting average.

Since 2016, the 6-foot-5, 205-pound lefty has gone 61-31 with a 3.77 ERA (728.2 IP, 305 ER), 221 walks, 680 strikeouts and a .238 opponent batting average, ranking tied for sixth in baseball in wins during that time. The 2018 American League All-Star (Toronto) and 2008 World Series champion (Philadelphia) ranks 12th among actives in career wins (6th among lefties) and opponent batting average, 13th in starts, 14th in ERA and strikeouts-per-9.0 innings pitched (7.95), and 16th in innings pitched.

The Peru, IL native was drafted by the Philadelphia Phillies in the third round of the 2004 First-Year Player Draft out of Northwestern University and has a career record of 123-92 with a 3.98 ERA (1741.1 IP, 770 ER), 620 walks, 1539 strikeouts, a .248 opponent batting average and a 1.30 WHIP in 324 games (298 starts) over 14 seasons with the Phillies, Houston Astros, Toronto Blue Jays, Seattle Mariners, Pittsburgh Pirates and Yankees. Happ has made 15 career postseason appearances, while posting a 3.21 ERA (14.0 IP, 5 ER) over nine League Championship Series and World Series outings.

The Twins now have 37 players on their major league roster: 20 pitchers, four catchers, six infielders and seven outfielders.

Virtual Twinsfest presented by Local Northland Ford Dealers Set for Sat., Jan. 30

Interactive, online celebration to be streamed live and free of charge via social media; Club to also continue its "Twins Hot Stove Show" and exclusive Sweet Spot opportunities

MINNEAPOLIS-ST. PAUL, MN – Providing fans the opportunity to safely interact with their favorite Twins players, coaches and alumni from the comfort of their own homes, the back-to-back American League Central Division Champion Minnesota Twins today announced plans for Virtual TwinsFest presented by Your Local Northland Ford Dealers, set for 9:00 a.m. to 4:00 p.m. on Saturday, January 30. This daylong celebration of baseball and the Twins, featuring Q&A sessions, skills demonstrations and more, will be streamed live and free of charge, in its entirety, on the club's social media platforms; additionally, News Talk 830 WCCO will provide a live simulcast beginning at 11:00 a.m. Beyond Virtual TwinsFest, the club continues to produce its weekly "Hot Stove Show" (airing each Wednesday at 6:00 p.m. on News Talk 830 WCCO, across the Treasure Island Baseball Network and on team social media platforms), while offering its exclusive "Sweet Spot" digital engagement opportunities for Twins Season Ticket Holders.

Did you know?

National Girls and Women in Sports Day takes place each February and marks the perfect opportunity to shed light on female professional athletes who dominate the courts, tracks, fields, and much more. The following are the seven most famous female athletes as ranked by ESPN's World Fame 100.

1. Serena Williams (Tennis)
2. Maria Sharapova (Tennis)
3. Venus Williams (Tennis)
4. Saina Nehwal (Badminton)
5. Caroline Wozniacki (Tennis)
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