



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Many Attended the Gully Hunters Supper Event on Opening Saturday in Gully

People of all ages came dressed in blaze orange to the Gully Town Hall on the Saturday night of opening deer season. They gathered for the annual Gully Hunters Supper Event, hosted as a fundraiser by Lund Lutheran Church, which is anticipated as an enjoyable homecoming and visiting gathering for area hunters, extended families, friends and neighbors. Good weather, good food and good conversation amidst a sea of blaze orange made for a fes-

tive evening.

The supper, a full meal fit for hungry hunters is hosted by the Lund Lutheran Church of Gully. In addition to a hearty meal, there were some fun shopping opportunities at the Fall Harvest and Handiworks Market fundraiser for the Lund Ladies Aid. Hand-crocheted blaze orange pot scrubbers for deer camp; a fancy fall feather wreath for Thanksgiving and a lot more interesting stuff was added to the selection of local

honey and prized jellies, syrups and various baked goods. Several silent auction items were offered at both the Ladies Aid Market and by the Gully-Trail Parish Youth Group. Alice Forsberg and Wanda Rydeen brought a beautifully sewn north country piece quilt for the Youth Group silent auction.

As part of the Hunters Supper Event each year, the Gully-Trail Parish Youth Group holds their really popular "Gift Basket Raffle". Hundreds of

donated items are put together into many delightful themed and attractively assembled gift baskets. People of all ages and interests enjoy this activity each year. One-dollar tickets are dropped next to one or more baskets of choice and the lucky winners are drawn.

The meal, a deer season opener tradition, is served from 5 to 8 pm on the first Saturday of Deer Season right along Main Street in Gully each year. It is a "come as you are" event.



"Prep Day" on Friday before deer season offers the perfect opportunity for hunters to share in the workload without giving up hunting time. Todd Fore and Dwight Husby of Gully were among those who peeled potatoes for the Lund Church Hunters Supper held on Opening Saturday.



It was "come as you are" to the Hunters Supper in Gully on Saturday of deer season opener. Gene Hegge wore his favorite orange fur hunting hat. Even though the weather on opening day was plenty warm, Gene said he had to wear it anyway because it's tradition you know.



Friends and extended families gathered for good visiting and good food at the Lund Church Hunters Supper in Gully on Opening Saturday. More photos on page 6.



Cindy Johnson of Gully gives a stir to the several side dishes which added "just a little extra" to the meatballs and mashed potatoes served at the Hunters Supper Meal in Gully on Saturday. Of course, there was also Lefse, Jello and Dessert and more. It was a meal fit for hungry hunters! The supper is an annual fundraiser for Lund Church.

Three Recognized with Torch & Shield Award at U of M Crookston

Two alumni and an organization were recognized with the Torch & Shield Award in late October during the annual recognition. The three recipients for 2015 were Mary Jo Eastes 1979, Richard "Dick" Hebert 1968, and the Sugarbeet Research and Education Board. The Torch & Shield Award recognizes individuals and organizations who have provided leadership and who have aided in the development of the University of Minnesota Crookston, the Northwest Research and Outreach Center, and Extension.

The recipients for 2015 are distinguished for their many contributions:

Mary Jo Eastes, a 1979 graduate of the University of Minnesota Crookston, has lived and worked in southern California since 1985. After graduating with her bachelor's degree from the University of North Dakota, she moved to Los Angeles, she held several entry level jobs in the produce industry, became specialty produce buyer for TOPCO Associates, and later, was in charge of citrus sales and marketing with Pandol Brothers and The Sam Perricone Company in the San Joaquin Valley. From 1994-2007, she was the owner of Videos on Broadway

in Crookston. Her legacy is best traced in her countless volunteer activities, grant writing, and organizing events, particularly with Arts Visalia in Visalia, Calif. She has worked to raise funding for children's art classes and gallery exhibits and other projects.

She recently marked her ninth year producing the St. Patrick's Day Parade and the Waiters Race, both held in downtown Visalia. Eastes organized the Neighborhood Watch in her community; started the Monthly Birthday Party for the Visalia Rescue Mission in 2004, an ongoing event for the mission; has been involved with Banner of Hope, a fundraising effort to fight cancer; and partnered with a local newspaper and 18 non-profits to raise money in Newstands for Non-profits.

Eastes and her husband, Rick, reside in Visalia and are avid art collectors. They have donated two works by artist Gary Ernest Smith to the campus. She was honored as an Outstanding Alumni in 2009 and serves on the University of Minnesota Crookston College Advisory and Advancement Board.

Richard "Dick" Hebert of Mentor is currently chairman of the board of D & D Commodi-

ties Ltd., a company he founded in 1987, which today packages premium caged and outdoor pet food as well as small animal feed. The company has evolved and grown to become a leader in the bird and small animal food manufacturing industry.

Hebert attended the U of M Crookston from 1966-68, then transferred to North Dakota State University in Fargo where he earned his Bachelor of Science in agronomy and soils. While employed at Minn-Dak Growers, he gained insight and knowledge about the specialty crops industry working closely with Dr. Robby Robinson from the University of Minnesota particularly regarding the sunflower industry. Hebert wrote the state grade standards for confection and oil sunflowers.

A member of the Wild Bird Food Institute (WBFI), he was a founding trustee of the WBFI Research Foundation, an organization whose purpose is to advance the knowledge of wild bird feeding through scientific research on food and feeder preference.

Hebert is a new member of the U of M Crookston College Advisory and Advancement Board and was the recipient of the Outstanding Alumni Award in 1993.

The Sugarbeet Research and Education Board is organized for educational and scientific purposes including to further develop the sugarbeet industry of North Dakota and Minnesota through coordinated research and educational programs; and to provide a structure whereby sugarbeet interests can participate in and contribute to cooperative research and educational efforts.

They also identify needs for strengthening the sugarbeet industry and make recommendations for research and educational programs and serve as a forum for the sugarbeet industry in Minnesota and North Dakota.

The Board funds research projects by universities and private researchers. These projects focus on sugarbeet production, although the board occasionally funds other projects of general interest to the valley sugarbeet industry.

The Board is funded by a check-off on each acre of sugarbeets planted. This is a grower self-help program that administers research and education programs to benefit sugarbeet growers. The award was accepted by Keith McNamara, president of the Sugarbeet Research and Education Board.

Peggy Flanagan wins seat in House District 46A

Wins Special Election for State Rep



Peggy Flanagan.

By Michael Meuers

Peggy Flanagan, a White Earth member becomes the first American Indian from this area to serve in the Minnesota Legislature since Leech Lake member Harold "Skip" Finn served in the Senate back in the mid-90's in a special election held Tuesday, November 3, 2015. She joins Susan Allen as the second American Indian woman elected to the state legislature, and the first enrolled Ojibwe since Skip Finn.

Peggy Flanagan moved quickly following State Rep. Ryan Winkler's surprise announcement that he would resign from the Legislature because his family is moving to Europe several months ago.

Flanagan, a well-connected DFLer who is now executive director of the Children's Defense Fund-Minnesota, said she'd run for the seat. She's previously worked at Wellstone Action and Minnesotans United for All Families.

Flanagan, 35, lives in St. Louis Park, and says she's a U of M grad and a citizen of the White Earth Nation of Ojibwe. She and her husband have a 2-year-old daughter.

Flanagan said in the state-

ment announcing her run: "My mom and I moved to St. Louis Park when I was a baby. As a single mother, she chose this community because of the opportunities that it provided for good public education, stable neighborhoods, and economic security, and she was right. My family and I settled in my hometown for the same reasons, and now I want to give back."

Susan Allen, Rosebud Sioux, elected in 2012

Susan Allen was the first female Native American to serve in the Minnesota Legislature. "Susan is Lakota, Dakota and Anishinabe." (2012 Campaign Website)

Her father was from the Pine Ridge Reservation and her mother was from the Rosebud Reservation, both in South Dakota. Her father was an Episcopal priest. She was a member of the Rosebud Sioux Tribe in South Dakota.

"Minnesota Democrat Susan Allen made history January 10 as the first Native American Lesbian to be elected to a U.S. State Legislature." (Indian Country Today, January 13, 2012) She was the second openly lesbian member to serve in the Minnesota Legislature.



U of M Crookston Torch & Shield recipients, left to right, are Chancellor Fred Wood; Mary Jo Eastes 1979 of California; Dick Hebert 1968 of Mentor; and Keith McNamara, president, Sugarbeet Research and Education Board; and Albert Sims, director of operations, Northwest Research and Outreach Center.

Around the Tri County Canary area

SCHOOLHOUSE GROCERY

GULLY, MN

NEW STORE HOURS!
Monday - Friday 9am-6pm,
Saturday 9am-4pm
Sunday 9:30am-12:30pm

Veteran's Day Savings at Schoolhouse Grocery

- SELECT BONELESS Sirloin SteakPER LB. \$6.99
- FOLGERS CLASSIC ROAST Coffee 33.3 OZ. CAN \$9.99
- NORTHERN CALIFORNIA BULK DatesLB. \$5.09
- Corn on the Cob4 for \$1.99
- ALL VARIETIES Pringles3 for \$5
- GURLEY'S HONEY ROASTED OR DRY ROASTED Peanuts16 OZ. JAR \$2.99
- CAMPBELLS CHICKEN NOODLE OR TOMATO Soup10.75 OZ. 3 for \$3
- BUTTER KERNEL CANNED Vegetables15 OZ. 4 for \$3
- KELLOGGS - 17 OZ. BOX Apple Jacks 3 for \$10!
- HYTOP - SINGLE ROLL Paper Towels4 for \$5

We would like to take this opportunity to say Thank you to our Veterans!

Freedom isn't Free ... we appreciate all that you sacrificed to ensure all the Freedoms we enjoy Each and Every Day!



Sand Valley Sunday School in Trail filled 16 bags for Lutheran World Relief. Items were donated by students and teachers and all the bags contained school supplies. Shown in the picture were: Ray Sanarski, Niah Knutson, Jake Knutson, Tucker Nyland, Luci Svendsen, Haile Thompson, Arlo Svendsen and Everett Svendsen.

Tree walk for Hospice fundraiser to be held

The 14th Annual Tree Walk for Hospice will be held Sunday December 6th in the North Gym/Cafeteria of the Magelsen Elementary in Fosston. The Tree Walk features a Winter Wonderland of decorated Christmas trees and wreaths that will be sold through a silent auction. Santa will be on hand from 1 to 2 pm and kids of all ages can visit with him. Various items will be sold through a silent auction during the Tree Walk, along with the trees and wreaths. "The money raised will be used to provide care and support for the terminally ill and their families," according to Jodi Nelson Home Health and Hospice Service Line Leader at Essentia Health Fosston.

The Tree Walk also features Hospices' 14th Annual Light up a Life tree. Personalized angels can be purchased for the tree and all names will be read during a special memorial service to be held at 1:15pm. Many hospice programs across the nation participate in Light Up A Life in some form, but the personalized angels make Essentia Health's unique. "Many people come to the service and take their loved one's angel from the tree and bring it home each year," according to Nelson.

"All of us at Hospice are very thankful for the community's support as well as the help from the many individuals and organizations, volunteers and staff who donate their time, talents, and treasures to make the Tree Walk a success," commented Nelson. If you would like to participate in this year's Tree Walk for Hospice or learn more, contact Jodi Nelson at Essentia Health Hospice at 435-7670.

An enthusiastic "Thank-You" to all who participated in the Gully Hunters Supper Event on Opening Saturday of Deer Hunting Season!

Much appreciation to all those who helped prepare and serve the food, to those who donated toward this fun community event and especially to those who came to Eat Supper, Shop at the Fall Market and share in the fun of the Gift Basket Raffle! Enjoy the hunting season and plan to join us again next year!

From the Lund Lutheran Church Congregation, Lund Ladies Aid and The Gully-Trail Parish Youth Group

Ultima Bank Minnesota Holding Food Shelf Drop-Offs

From November 2 through December 18, Ultima Bank Minnesota will be collecting non-perishable food and other items for area food shelves. To donate, just bring the items to any of the Ultima Bank Minnesota branches in Winger, Fosston, Plummer, Bemidji, or East Grand Forks.

In Fertile, the food shelf is located in the Duane Knutson Community Center. For information, contact Lisa Liden at (218) 945-3136. The Fertile food shelf is open the first Wednesday of each month from 9:00 am until noon, and on the third Wednesday of the month from 5:00-8:00 pm. All donations are welcome.

In Fosston, the Loaves and Fishes Food Shelf is seeking non-perishable items, jams and jellies, coffee, dish soap, canned fruit, pie fillings, toilet paper, and noodles. If you have questions or would like to help out in Fosston, contact Sandy Johnson at (218) 431-0215. To mail monetary donations, send them to PO Box 152, Fosston, MN 56542. The Loaves and Fishes Food Shelf is open the first and third Wednesday of every month.

UBM's Plummer branch will be donating to the Oklee Food Shelf, operated by the Inter-County Community Council.

They are taking any and all donations. The Oklee Food Shelf is open from 8:00 am until 4:30 pm Monday through Friday at 207 N Main Street in Oklee.

In Bemidji, the Bemidji Community Food Shelf is looking for peanut butter, canned meat, personal care items, coffee, and spices. The Bemidji Community Food Shelf is open from 10:00 am until 3:00 pm on Mondays, Wednesdays, and Fridays, and until 5:00 pm on the third Monday of every month. In addition, the Marketplace "Stuff-A-Truck" food drive starting in the near future and running until right before Thanksgiving. If you would like to donate money instead, the Bemidji Community Food Shelf can purchase about four meals for \$1.00 thanks to their generous sources.

The East Grand Forks Food Shelf, 715 3rd Ave NW in East Grand Forks, is seeking donations as well. Hours for the EGF Food Shelf are 10:00 am - 5:00 pm Mondays and Wednesdays, and 10:00 am - 2:00 pm on Fridays. For more information, go to <http://egffs.org/> or call (218) 773-8083.

Minnesota income tax brackets for 2016

ST. PAUL, Minn. – The Minnesota Department of Revenue announced the adjusted 2016 individual income tax brackets. For tax year 2016, the state's individual income tax brackets will change by 0.45 percent from tax year 2015. This annual adjustment will prevent taxpayers from paying taxes at a higher rate solely because

of inflationary changes in their income.

Indexing for inflation of individual income tax brackets is required by law and first began in 1979. The brackets are adjusted annually by an inflation factor, rounded to the nearest \$10, based on the change in the U.S. Consumer Price Index for all urban consumers. The ad-

justment does not change the Minnesota tax rate that applies to each income bracket.

The brackets apply to tax year 2016. Taxpayers who make quarterly payments of estimated tax should use the following rate schedule to determine their payments, which are due starting in April 2016.

2016 Minnesota Income Tax Brackets

	5.35% Up To	7.05%	7.85%	9.85% Over
Married Joint	\$36,820	\$36,821 - \$146,270	\$146,271 - \$259,420	\$259,420
Married Separate	\$18,410	\$18,411 - \$ 73,140	\$73,141 - \$129,710	\$129,710
Single	\$25,180	\$25,181 - \$ 82,740	\$82,741 - \$155,650	\$155,650
Head of Household	\$31,010	\$31,011 - \$124,600	\$124,601 - \$207,540	\$207,540



Dancing swans on the rice patties north of Gully.

For more information about Real Solutions...

- * Home Loans
- * Land Loans
- * Equity Loans

Visit with Anthony Holthusen if you're planning to purchase a new home, land or remodel your home.



Security STATE BANK

Phone 218-796-5157

PO Box 69
Oklee, MN 56742

WRIGHT'S EVERYTHING CONSIGNMENT

Downtown Red Lake Falls, MN • 218-253-2091

WEEK 2 DEER HUNTING WIDOW'S SALE

50% OFF

- Kitchen Accessories & Small Appliances
- Crafts & Material
- Jewelry
- Curtains & Blinds
- Pictures
- Lamps
- Books
- Clothing, Shoes & Purses

TUES., NOV. 10 - SUN., NOV. 15

Check Out Our New Christmas Room!

You Can't Go Wrong at WRIGHT'S!

POTATO KLUB DINNER

Calvary Lutheran Church
Winger, MN

FREE-WILL OFFERING

Serving:
Choice of Potato Klub or baked potato, ham, vegetable, dinner roll, apple crisp and beverage

Sunday, November 22, 2015
11:30 AM - 2:00 PM

Jade Pries

now at Shear Magic Salon in FOSSTON

Tuesdays 10am-8pm

Call 435-1243 for an appointment

From Our Files



The ski hill and tow that was located on the Oscar Johnson farm 1/2 mile east of Gully on Hwy 92. The picture was taken by Don Johnson in the early 1950's. They used a small Ford tractor for the rope tow. They cut grooves in the tire tread to keep the rope straight.

Polk County Sheriff

On 10/15/2015 the Polk County Sheriff's Office received a report of a theft by check. A Polk County business received a check from a female party using a stolen check to purchase goods. The check came from a bank in Detroit Lakes. It also appears that the female party is using a fake ID when attempting to cash the check. There are two females that might be involved. Be aware of checks that are received. If you have any questions you can call the Polk County Sheriff's Office at 218-281-0431.

IRS Phone Scam

The Polk County Sheriff's Office has received multiple reports of prerecorded phone calls claiming to be the IRS. In these calls, there are claims of actions pending and for the victim to return the call. These calls are believed to be scams. Please be aware of possible scams and never give out personal information.

Need banners printed???

Can go 2 feet wide by 98 feet long...
Yes 98 feet Call for information
218-487-5225

"Your family owned and operated store"
 Phone: 218-435-1454
 Store Hours
 8am - 8pm Mon-Sat
 9am-4pm Sunday



Palubicki's

Sale Dates: Monday afternoon November 9 to November 15

Come in and get your
FREE Pumps Perks Card!
 Save On Gas!



FOODS & DELI

Fosston, Minnesota
 Double Coupon Sunday
 through Wednesday

ASSORTED
LAND O LAKES SOUR CREAM
\$1.59
 16 OZ

CASS CLAY
HALF & HALF
5/\$4.50
 PINT

CASS CLAY
WHIPPING CREAM
\$1.99
 PINT


REGULAR OR PLUS CALCIUM
 CASS CLAY
ORANGE JUICE
2/\$4
 1/2 GALLON

1 LB QUARTERED
ESSENTIAL EVERYDAY BUTTER
\$2.99



ESSENTIAL EVERYDAY SHARP CHEDDAR, MILD CHEDDAR, NACHO, MEXICAN OR TACO
 FINELY SHREDDED CHEESE 8 oz **2/\$3**

ASSORTED TONY'S PIZZA
4/\$10



ASSORTED DIGIORNO PIZZA **2/\$11**

CREAM OF MUSHROOM OR CREAM OF CHICKEN
CAMPBELL'S SOUP
10/\$10
 10.75 OZ



TOMATO OR CHICKEN NOODLE
 CAMPBELL'S SOUP 10.5 OZ **10/\$8**

ASSORTED 24 PACK
COCA COLA PRODUCTS
\$6.59
 12 OZ CANS



24 PK - 1/2 LITER BOTTLES
 SUPER CHILL WATER **3/\$8**

CLASSIC ROAST
FOLGERS COFFEE
\$6.99
 30.5 OZ

ESSENTIAL EVERYDAY
APPLE CIDER
3/\$4
 64 OZ

CRANBERRY, CRANAPPLE, CRAN RASPBERRY OR CRAN GRAPE
OCEANSPRAY JUICE COCKTAIL
10/\$10
 64 OZ

SUPER CHUNK OR CREAMY
SKIPPY PEANUT BUTTER
\$1.99
 16.3 OZ

FAMILY PACK 85% LEAN GROUND BEEF..... LB	\$3.69
ANGUS FARMS BEEF BONELESS BOTTOM ROUND ROAST .. LB	\$4.09
ANGUS FARMS BEEF BONELESS FAMILY PACK EYE OF ROUND STEAK LB	\$4.19
ANGUS FARMS BEEF FAMILY PACK BALL TIP STEAK LB	\$4.49
ANGUS FARMS BEEF BONELESS FAMILY PACK RIBEYE STEAK..... LB	\$7.99
ANGUS FARMS BEEF BONELESS PRIME RIB ROASTLB	\$7.79

FAMILY PACK BONE-IN ASSORTED PORK LOIN CHOPS.....LB	\$1.79
FAMILY PACK PORK SHOULDER STEAK.....LB	\$1.59
PORK SHOULDER ROAST..... LB	\$1.49
HORMEL PORK BABY BACK RIBS LB	\$2.99
PORK FAMILY PACK BONELESS COUNTRY STYLE RIBS LB	\$1.99
ELLIOTT'S PORK BREAKFAST SAUSAGE LINKS..... LB	\$2.79

TURKEY SPECIALS

*WITH \$150 GROCERY PURCHASE
JENNIE-O TURKEY..... LB 99¢

*WITH \$100 GROCERY PURCHASE
JENNIE-O TURKEY.....LB \$1.15

*WITH \$50 GROCERY PURCHASE
JENNIE-O TURKEY.....LB \$1.29

*LIMIT 1 PLEASE - ADDITIONAL \$1.49 LB

WHOLE 6-8 LB AVERAGE
TURKEY BREASTS LB \$1.49

GOLD N PLUMP "JUST BARE" BONELESS
CHICKEN BREAST FILLETS 14 OZ \$4.49

GERBER "AMISH FARMS"
WHOLE CHICKENSLB \$1.59

ESSENTIAL EVERYDAY ASSORTED VARIETY LUNCH MEAT TUBS 7-9 OZ	2/\$4
ASSORTED OSCAR MAYER SLICED BACON..... 12-16 OZ	\$3.99
ELLIOTT'S "UP NORTH" SUMMER SAUSAGE..... 2 LBS	\$6.49
ELLIOTT'S BONELESS SLICED HAM.....2.5 LBS	\$8.99
OSCAR MAYER BEEF FRANKS 16 OZ	2/\$5
ARCTIC SHORES 26-30 COUNT COOKED SHRIMP 16 OZ	\$9.99

WHOLE, 2%, 1% OR SKIM
CASS CLAY EZ GRIP MILK
4/\$9.50
 97 OZ



ORIGINAL, CHOCOLATE OR MAPLE BROWN SUGAR
MALT-O-MEAL CEREAL
4/\$9
 36 OZ

OLD FASHIONED OR QUICK
 QUAKER OATMEAL..... 18 OZ **\$1.79**

ASSORTED
LAY'S POTATO CHIPS
2/\$6
 7.75-8 OZ

ASSORTED
 TOSTITOS 9-13 OZ **2/\$6**

WATER PACKED
CHICKEN OF THE SEA CHUNK LIGHT TUNA
5/\$4
 5 OZ

DELUXE SHELLS & CHEESE OR MACARONI & CHEESE DINNERS
 ESSENTIAL EVERYDAY 12-14 OZ **2/\$3**

CUT GREEN BEANS, FRENCH STYLE GREEN BEANS OR WHOLE KERNEL CORN
ESSENTIAL EVERYDAY VEGETABLES
10/\$5.50
 14.5-15.25 OZ

ESSENTIAL EVERYDAY PIECES & STEMS NO SALT ADDED
 MUSHROOMS..... 4 OZ **4/\$3**

LAND O LAKES COTTAGE CHEESE
\$1.99
 16 OZ

EARLY CALIFORNIA MEDIUM OR LARGE
 RIPE OLIVES 6 OZ **\$1.39**

ESSENTIAL EVERYDAY MANDARIN ORANGES
5/\$3
 11 OZ

ASSORTED KEEBLER FUDGE SHOPPE
 COOKIES 6.6-15 OZ **\$1.99**

ASSORTED
OLD DUTCH RIPPLES POTATO CHIPS
2/\$4
 8-8.5 OZ

HERSHEY'S MILK CHOCOLATE
 CANDY BARS 6 PK **2/\$5**

TRADITIONAL OR MEAT
RAGU PASTA SAUCE
3/\$5
 23.9-24 OZ

NACHO CHEESE (10 CT) OR STAND 'N STUFF SOFT TACO KIT (8 CT)
 OLD EL PASO..... **2/\$3**

EXTRA SOFT
SCOTT BATH TISSUE
\$5.99
 12 PK - DBL ROLL

SHOPPERS VALU
 CAT LITTER..... 20 LBS **\$1.99**

ASSORTED
CASS CLAY ICE CREAM
\$2.99
 56 OZ SQUARE

GREEN GIANT BABY BRUSSELS SPROUTS, BROCCOLI & CHEESE SAUCE OR MILET CORN STEAMERS 10 OZ **4/\$5**

DARK CHOCOLATE, PREMIUM WHITE, MINI CHOCOLATE, SEMI-SWEET CHOCOLATE, BUTTERSCOTCH OR MILK CHOCOLATE
NESTLE MORSELS
\$2.39
 10-12 OZ

SWEETENED CONDENSED MILK
 EAGLE BRAND 14 OZ **\$1.99**

ASSORTED
SUPER CHILL POP
3/\$8
 12 PK - 12 OZ CANS

JUMBO BAG
 KIT KAT 20.1 OZ **3/\$10**

NEW ENGLAND CLAM CHOWDER, BEEF, SIRLOIN BURGER OR CHICKEN NOODLE
CAMPBELL'S CHUNKY SOUP
3/\$4
 18.8 OZ

CHICKEN NOODLE, BEEF BARLEY, CHICKEN WILD RICE OR NEW ENGLAND CLAM CHOWDER
 PROGRESSO SOUP 19 OZ **3/\$5**

SOFT & STRONG OR VANTAGE
VIVA TOWELS
\$5.99
 6 PK

ASSORTED DAWN
 DISH LIQUID..... 18-22 OZ **3/\$8**

DAIRY

BONGARD'S AMERICAN CHEESE 3 LBS	\$6.99
KRAFT AMERICAN SINGLES..... 12 OZ	\$2.59
CASS CLAY SWISS CHOCOLATE MILK 97 OZ	\$3.29
DEAN'S AERO WHIPPED TOPPING ... 6.5 OZ	\$1.99
ASSORTED LAND O LAKES YOGURT..... 24 OZ	\$2.49
LAND O LAKES BUTTERMILK..... QT	\$1.49
PILLSBURY PIE CRUST..... 2 CT	\$2.39
OLD FASHION WHITE SARA LEE BREAD 20 OZ	\$1.99
MASTER MUFFIN BREAD 16 OZ	\$2.99
12 GRAIN OR POTATO OLD STYLE BREAD..... 24 OZ	\$2.69
HONEY WHEAT SARA LEE BREAD 20 OZ	\$2.49
CONEY OR HAMBURGER BALL PARK BUNS 8 CT	\$2.69
ASSORTED LAYS, TOSTITOS OR DIPETIZERS DIPS FRITO LAY 10-15 OZ	\$3.29
ASSORTED TOSTITOS SALSA 15.5 OZ	\$3.29
ASSORTED BAKED FRITO LAY SNACKS..... 6.25-7.62 OZ	2/\$5
ASSORTED SUN CHIPS..... 7 OZ	2/\$5
ASSORTED DUTCH CRUNCH POTATO CHIPS 8-9 OZ	2/\$4.44

FROZEN FOOD

PEPPERONI, SUPREME, CHEESE OR GARLIC CHICKEN ALFREDO THIN CRUST BELLATORIA PIZZA	\$3.99
ASSORTED RED BARON PIZZA	3/\$10
RASPBERRY CREAM OR COFFEE TOFFEE TALENTI GELATO	16 OZ 2/\$5
FRUIT PUNCH, BLUE RASPBERRY ICE OR SF BLUE RASPBERRY ALL SPORT ICE BARS	6 PK \$1.39
PEPPERONI TOTINO'S PIZZA ROLLS	44.5 OZ \$7.59
LASAGNA WITH MEAT SAUCE STOUFFER'S.....	38 OZ \$6.99
ESSENTIAL EVERYDAY CINNAMON OR CHOCOLATE CHIP WAFFLES	12.3 OZ 79¢
ESSENTIAL EVERYDAY WHOLE STRAWBERRIES	16 OZ \$2.39
MACARONI & CHEESE DINNER STOUFFER'S.....	12 OZ \$2.39
VARIETY PACK NOVELTIES DEAN'S.....	30 CT \$10.99
ASSORTED DEAN'S ICE CREAM SANDWICHES 10-16 CT	\$3.59
ASSORTED DEAN'S POPS 6 PK	\$1.19
CHOCOLATE OF STRAWBERRY DEAN'S ECLAIR BARS.....	6 PK \$1.99
HERSHEY'S STRAWBERRY SYRUP.....	22 OZ \$2.39
ASSORTED ESSENTIAL EVERYDAY INSTANT PUDDING..... 4 SIZE SERVING	5/\$3
ESSENTIAL EVERYDAY WHOLE CASHEWS	8.5 OZ \$4.99

FRUITS & VEGETABLES BUTTERCUP SQUASH
59¢ LB



BRAEBURN APPLES..... 3 LB	\$2.49
GALA APPLES..... LB	\$1.79
CRANBERRIES 12 OZ	\$1.99
HALO CLEMENTINES 3 LB	\$5.49
NAVEL ORANGES..... LB	\$1.29
HOLIDAY RED GRAPES LB	\$2.79
GREEN CABBAGE..... LB	49¢
DOLE CAULIFLOWER EACH	\$2.19
COLOR BELL PEPPERS 4 PK	\$3.49
RED POTATOES..... 5 LBS	\$1.19

PEANUT BUTTER AUTUMN M&M'S	11.4 OZ \$1.99
PROGRESSO BEEF BROTH	32 OZ \$1.59
ESSENTIAL EVERYDAY CHOCOLATE OR VANILLA ALMOND BARK	24 OZ 3/\$8
NABISCO ORIGINAL PREMIUM SALTINES	16 OZ \$1.99
CHOICE OF 3 ANGIE'S BOOM CHICKAPOP POPCORN	4.5-6 OZ \$2.39
JOLLY RANCHER OR SLUSH PUPPIE FREEZER BAR	10 PK 5/\$3
ASSORTED NABISCO OREO COOKIES	10.1-15.35 OZ 3/\$10
ASSORTED SUNSHINE CHEEZ-IT CRACKERS	9-12.4 OZ 4/\$10
KELLOGG'S RICE KRISPIES	18 OZ \$3.59
KELLOGG'S CRISPIX CEREAL	12 OZ \$2.99
ESSENTIAL EVERYDAY SOLID PACK PUMPKIN	15 OZ \$1.09
ESSENTIAL EVERYDAY EVAPORATED MILK	12 OZ \$1.19
ESSENTIAL EVERYDAY DICED ITALIAN, STEWED, DICED PETITE, DICED OR WHOLE PEELLED TOMATOES	28 OZ 10/\$10
CHEESY JALAPENO KRAFT SALAD DRESSING ..	15.8 OZ \$1.99
KRAFT QUESO SAUCE	15 OZ \$2.59
ESSENTIAL EVERYDAY SLICED RIPE OLIVES	2.25 OZ 89¢
FROSTED STRAWBERRY OR FROSTED CINNAMON BROWN SUGAR KELLOGG'S POPTARTS	12 PK 4/\$10

HOME, HEALTH, BEAUTY

COMBO QUARTET DRY ERASE BOARD	\$5.99
ASSORTED FALL WINDOW CLINGS	3/\$2
BEEFY OR CHICKEN STRIPS DINGO DOG TREATS	5 OZ \$1.99
COATED TABLETS OR CAPLETS ADVIL	100 CT \$6.99
0.3 OZ LIQUID OR 6 CT PACKETS THERAFLU	\$5.99
CONAIR HOT CLIPS HAIR CURLERS	\$13.99
CHOCOLATE OR VANILLA ENSURE	6 PK \$7.99
ESSENTIAL EVERYDAY TURKEY OR CHICKEN STUFFING MIX	6 OZ 5/\$6
KNORR REDUCED SODIUM HOMESTYLE CHICKEN STOCK .4 PK	\$1.99
HICKORY, SMOKED BACON OR PULLED PORK KC MASTERPIECE BAKED BEANS 28 OZ	2/\$3
CREAMETTE LASAGNA NOODLES.....	16 OZ \$1.79
CHOCOLATE CHIP, VARIETY, PEANUT BUTTER OR LF CHOCOLATE CHIP QUAKER GRANOLA BARS	8 CT \$1.99
WHITE ANGEL FOOD CAKE MIX BETTY CROCKER	\$1.79
HUNT'S KETCHUP	24 OZ 99¢
ORIGINAL SALAD DRESSING HIDDEN VALLEY RANCH.....	16 OZ \$3.59
LONG GRAIN MINNESOTA CULTIVATED KC'S BEST WILD RICE.....	16 OZ \$3.99
GLAD STRONG (45 CT) OR WITH FEBREZE (40 CT) TALL KITCHEN GARBAGE BAGS ...	\$6.99

CLASSIFIED ADS!

TAX PREPARER:

Full Time - Seasonal

FARMChek Services is seeking an experienced tax preparer. This Full Time - Seasonal position is from Mid-January to April 15th. Position requirements are: Minimum 3 years individual tax preparation experience; Excellent computer skills with Excel, Word, and Outlook; Experience with client communication; Ability to manage workload efficiently, and other duties as assigned. We can accommodate working out of any of our Ada, McIntosh, Bagley, or Fosston offices.
Send resume to randy@farmchek.com or to FARMChek Services, Attn: Randy, PO Box 338, McIntosh, MN 56556. R32-33C

Early Childhood Positions Available

Inter-County Community Council is accepting applications for openings in our Head Start program in our Thief River Falls classroom:

Classroom Teacher: full time, 9 month position as a lead or assistant teacher in our 4 yr. old classroom, early childhood education or experience preferred, but willing to train.
Classroom Assistant / Paraprofessional: 30 hours week, 9 month position working as an aide in our 4 yr. old classroom, early childhood education or experience preferred, but willing to train.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountycc.org. Send completed application and resume to D'Anne Johnson, ICCC Head Start Director, PO Box 189, Oklee, MN 56742 or djohnson@intercountycc.org. Positions are open until filled. Call 218-796-5144 x. 28 for more information.
ICCC is an equal opportunity employer. R33C

DISPATCHER - Polk County, MN

The Polk County Sheriff's Department in Crookston, MN is looking to hire a full-time **Dispatcher** to work rotating shifts. The successful applicant will receive intensive training during the initial 6 month probationary period. Applicants must possess excellent computer skills, have the ability to speak clearly and concisely, and have the ability to exercise independent judgment, using all information available in critical situations. This position performs various technical and administrative duties in carrying out the operation of the emergency dispatch service for the County. High school diploma or GED is required; experience in related field is preferred. Wage range for this position is \$16.12 - \$20.49/hour; DOE and qualifications. For a job description and application, interested individuals may contact the Polk County Administrator's Office at 218-281-5408 or go online <http://www.co.polk.mn.us> - Job Opportunities. Applications for this position will be received until 4:30 p.m. on November 16, 2015. All qualified applicants will be considered for employment.
An Equal Opportunity Employer M32-33C



PROJECT ENGINEER

ENGINEERED PUMP SERVICES, INC. serves the pump repair and engineering needs of electric utilities; large and small municipalities; and a variety of industries including steel, mining, paper, and brewing. Specialties include: evaluation, repair, engineering, and field services.

Engineered Pump Services, Inc. is searching for a motivated individual to fill the position of **Project Engineer**. The Project Engineer will be responsible for developing repair specifications, quoting, engineering design, project management and providing technical expertise to customers in an assigned territory. The Project Engineer is the primary contact for all customer relations.

Education & Experience Requirements

- Bachelor of Science in Engineering (M.E. preferred)
- 5+ years related experience preferred
- Proficiency in CAD, Microsoft Word, and Excel
- Project management, customer service, and sales skills
- Professional Engineering license is a plus

Location of Position: Fosston, MN

EPS offers a challenging and rewarding work environment, with an emphasis on team work. We offer a very competitive compensation and benefits package.

See our website at: www.epspumps.com

Send questions and resumes to: epsmn@epspumps.com R32-33C

HILLSIDE MANOR in Bagley, MN

is accepting applications for IMMEDIATE OPENINGS for 2 and 3 BR apts. On-site resident manager and laundry rooms. Rents are based on just 30% of your monthly adjusted gross income.

For applications and information please call Nicole at 218-751-6881, ext. 4. Online @ bemidjimanagementinc.com
AN EQUAL HOUSING OPPORTUNITY. R31-34C

Long-Term Care Career Opportunities

Find more than a job. Find more in yourself.
Find your calling.

First Care Living Center, Fosston has the following position openings:

- RN's and LPN's
- Certified Nursing Assistants (various shifts and hours available)
 - o We provide training for certification.
 - o New Starting Wage: \$14.00 per hour base plus experience
- Baker-Dietary (part-time)
- Dietary Aides

*Sign On Bonus for First Care Living Center Positions.

Prairie Pines Community, Fosston has the following position openings:

- Night Attendant-Assisted Living (part-time)

Be part of a supportive team committed to providing quality resident-centered care. We offer a complete benefit package including insurances, paid time off, retirement match and more.

For more information and to apply on line, visit us at www.EssentiaHealth.org/FindAJob or call 218-844-2365.
EOE/Minorities/Females/Vet/Disabled R33C



Essentia Health

PROMOTER ~ RECRUITER

Looking for promoter / recruiter in Upper Midwest.

Prior business ownership or sales experience a plus.

75K + First Year

Position requires NO need to relocate.

Call (218) 303-4222

Hay, Grain, Seed

STRAW FOR SALE: Large round bales of wheat or oat straw. 218-487-5702. R31-35C



CORNERSTONE

A SOLID FOUNDATION IN HEALTHCARE
Cornerstone Nursing & Rehab Center
416 7th St. NE • Bagley, MN 56621
218-694-6552

Cornerstone Nursing and Rehab Center

has the following full or part time positions open:

- Dietary Aide, 4-7 pm shift
- LPN
- Housekeeping
- Certified Nursing Assistants

Cornerstone Nursing and Rehab Center is a skilled nursing facility in Bagley. Employee benefits available, such as Paid Time Off, Sick Leave, Health and Life Insurance. Applications may be obtained at www.cornerstoneshc.com, from the facility or by calling 218-694-6552. E.O.E. R30ff-C (33)

EMPLOYMENT ADS POSTED EVERY WEEK

Join Our Team

POSITIONS:

- DIETARY AIDES (PM)
- HOUSEKEEPING (DAYS)
- RN/LPN/TMA (AM, PM)
- NAR (ALL SHIFTS AVAILABLE)
- HCA (PM, OVERNIGHT)

We offer free medical insurance for base plan coverage to full time staff (after a 60 day wait period). Dental insurance, retirement plan and optional coverage for; life, cancer and accident insurance available. Double pay holidays. Generous PTO accrual!

PIONEER MEMORIAL CARE CENTER

LOCATED ON THE CORNER OF HWY 2 & 59
23028 347th ST SE
ERSKINE, MN 56535

Call 218-687-2365 R32-33C

Organists/Pianists Wanted

Oklee Lutheran Parish is seeking persons interested in playing the piano or organ for Sunday Services at Salem and Zion. This would be a flexible schedule, shared with others and is a paid position. For more information, call Leif at 218-796-5372 or John at 218-796-5370. O32-33C

Ultima Bank Minnesota - Fosston location

seeking Credit Administrator.

Successful candidate to be detail oriented with prior banking/loan documentation experience preferred but not required. Competitive salary and benefits package offered. Email resume to peggy@ultimabank.com. R33-34C

Paraprofessional Wanted

Red Lake County Central High School is accepting applications for a Paraprofessional for immediate hire.

Please send letter of application and resume to Red Lake County Central High School, 201 Governor Street, Oklee, MN 56742 Attention: Randy Pederson, Principal. ISD 2906 is an Equal Opportunity Employer. O33-34C

AD DEADLINE 4:30 PM FRIDAYS

Prairie Community Services

is hiring Part-Time Consumer Counselors in Red Lake Falls to work with adults who have developmental disabilities, in the warm atmosphere of a group home. Starting wage is \$11.20/hour (Northwood Home +\$2 differential, at \$13.20/hour starting). Applicant must have a valid driver's license and pass a background check. If interested, please contact Pam (218-253-2219) for more details or an application. AA/EOE. O33-34C

Northwest Insurance Services

we insure value

CHS NORTHWEST INSURANCE SERVICES has an exciting opportunity in our St. Hilaire office. We are looking for an Insurance Agent to help grow our business. You must have excellent communication skills, both verbal and written.

You Will:

- Sell Ag insurance to producers and ranchers to include: Crop Insurance, Farm / Ranch insurance, Home Owners, Auto, Life, and Health insurance.
- Build and maintain relationships with producers, ranchers and other patrons.
- Work directly with current and potential customers making presentations.
- Identify potential risks, provide counsel, make recommendations, and provide solutions to producers and ranchers through sales techniques.
- Develop marketing plans to grow insurance business.

Basic Qualifications: (required)

- Insurance sales experience
- Knowledge of Microsoft Office and willingness to learn new software
- Experience cold calling to potential customers

Preferred Qualifications: (desired)

- Bachelor's degree
- Current Property & Casualty license for the State of Minnesota
- Current Life and Health license in MN
- Current Property & Casualty license for the State of Minnesota

TO APPLY: Go to WWW.CHSINC.COM Under the Careers Section, search for Job # 5648BR - Insurance Agent DPE-630

Miscellaneous

FOR SALE: Pal sit-to-stand transfer lift. 2 batteries included plus charger. Very gently used. \$2700 new. Sell for half price OBO. Call 218-776-2168. R28ff-NC

FOR SALE: Seasoned hardwood \$120/pick up load. 218-563-4380 or 218-280-6377. M30-33C

FOR SALE: Craftsman riding lawnmower, 42" deck, 40" 2 stage snowblower, 19.5 HP Briggs 2 cyl. engine (engine rebuilt last winter), hydrostatic drive. Call 218-776-3356. R32ff-NC

FOR SALE

3 drawer chest by Sauder, 30" wide, 30" high & 16" deep, like new, \$35.00.

Ducks Unlimited picture, 24" x 32" by Ralph McDonald 1996 (Granddad's Gun), \$45.00.

Browning 30-06 BAR Safari model with Mohark scope & 4 boxes shells, case, extra clip & sling, \$1250.00.

Belgium built rust reclining chair, \$35.00.

DICK AOS, 487-5675 R30C

Cars, Trucks, etc.

FOR SALE: Handicap accessible van. 1996 GMC, new battery, new break lines, runs great! 153,000 mi., w/wheelchair lift, has new motor. \$5000. Call 218-776-2168. R28ff-NC

Rustad Heating and Plumbing

turn to the experts!
Your complete plumbing and heating company. Serving the area since 1984.

Jon Rustad, Owner
922 6th Street N.E. • Fosston, MN 56542
218-435-6131 R12-11C

LUMBER AND Building Supplies



ASK ABOUT OUR COMPLETE BUILDING PLANS SERVICES!
We're glad to help you with any building problem you may have.

Oklee Lumber, Inc.
(218) 796-5131 O27FC



For more information on MCAN ads call: 218-487-5225

Minnesota Classified Advertising Network



HELP WANTED

AGFINTY INCORPORATED
at Eaton, CO, is seeking a qualified CEO/General Manager. This is a multi-location energy, feed, grain, agronomy, and TBA cooperative with sales of \$300 million. Business degree and or successful agricultural business management experience desired. To Apply: <http://tinyurl.com/nkz4c48/> For more info contact Larry Fuller, 701/220-9775 or Email larry.fuller@chscinc.com

HELP WANTED - DRIVERS

CDL A DRIVERS
\$7,500 sign-on-bonus. Medical benefits on day 1 & \$65k+ in your first year!!! Guaranteed pay. Profit sharing. 401K with company match & more! Email resume: mnh@mcianeco.com or call Hollie now! 507/664-3038

NOW HIRING

Company OTR drivers. \$2,000 sign on bonus, flexible home time, extensive benefits. Call now! Hibb's & Co. 763/389-0610

Your ad here!

Only \$279 to reach a statewide audience of 3 million readers!!! 1-800-279-2979

EMPLOYMENT

LT SUBSTITUTE TEACHING
position available at KMS Elementary, January-May 2016. Apply at www.kms.k12.mn.us; or send letter of interest, resume, teaching license and three letters of recommendation to: KMS, Box 168, Kerkhoven, MN 56252

BUSINESS OPPORTUNITY

CONTRACT SALESPERSON
selling Aerial photography of farms on commission basis. \$4,225.00 first month guarantee. \$1,500-\$3,000 weekly proven earnings. Travel required. More info msphotosd.com or 877/882-3566

HEALTH

IF YOU HAD
hip or knee replacement surgery and suffered an infection between 2010 and the present time, you may be entitled to compensation. Call Attorney Charles H. Johnson 800/535-5727

FARM EQUIPMENT

OUR HUNTERS
will pay Top \$\$\$ to hunt your land. Call for a free Base Camp Leasing info packet & quote: 866/309-1507 www.BaseCampLeasing.com

MISCELLANEOUS

SELL YOUR STRUCTURED SETTLEMENT
or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 800/218-8581

GOT KNEE PAIN?

Back Pain? Shoulder Pain? Get a pain-relieving brace - little or no cost to you. Medicare patients call health hotline now! 800/755-6807

DONATE YOUR CAR

truck or boat to Heritage For The Blind. Free 3 day vacation, tax deductible, free towing, all paperwork taken care of 800/439-1735

DISH NETWORK

Get more for less! Starting \$19.99/month (for 12 months), plus bundle & save (Fast Internet for \$15 more/month.) Call now 800/297-8706

STOP OVERPAYING FOR YOUR PRESCRIPTIONS!

Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and free shipping. Call 800/259-1096

BROOKFIELD APARTMENTS IN CLEARBROOK, MN

has IMMEDIATE 1 BD openings for people of ALL AGES with No income restrictions. Laundry room facilities available, active comm. room with kitchen facilities and pool table. **New Resident Managers.** Rent is based on 30% of your monthly adjusted gross income.

For applications and qualifications, contact NICOLE at 218-751-6881 x 4. AN EQUAL HOUSING OPPORTUNITY.

R33-36C

FALL INTO GREAT SPECIALS! \$300.00 Walmart Gift Card

RED LAKE SENIOR APARTMENTS

Call today about our 1 bedroom apartments that are available for immediate occupancy. Certain Restrictions apply. Rent is based on income and includes heat, water, sewer, garbage and electric. Must be 62 years of age or older. Laundry on-site, central air included, community room, emergency call system, meal services available. For more information contact 218-547-3307.

Equal Housing Opportunity TTY 711 Creating Better Living

R3016-C

Fall into Great Specials!

WHITE EARTH CONGREGATE HOUSING

has immediate openings for a 1 bedroom unit. Must be 62 years of age or 18 years of age with a disability. Rent includes water, sewer, garbage and heat. Rent is based on 30% of income. Certain Restrictions apply.

For more information call DW Jones Management, Inc. (800) 810-2853 or www.dwjonesmanagement.com

Equal Housing Opportunity TTY 711 CREATING BETTER LIVING

R2216-C

FOR SALE

Sealed bids will be received by the Garden Valley Telephone Company in Erskine, Minnesota, until 12:00 noon on November 18, 2015 for:

- VEHICLE #31 2006 Dodge Ram 1/2 T Pickup V8 Auto 4.7L 4WD
- VEHICLE #58 2008 Chev 3/4 T Pickup V8 Auto 6.0L 4WD
- VEHICLE #59 2008 Chev 3/4 T Pickup V8 Auto 6.0L 4WD
- VEHICLE #61 2008 Chev 3/4 T Pickup V8 Auto 6.0L 4WD

MISCELLANEOUS LOTS OF USED EQUIPMENT.

The above vehicles and miscellaneous items may be seen at Garden Valley Telephone Company, Erskine Warehouse—Monday through Friday, November 9-13, and Monday and Tuesday, November 16 and 17—between 8:00 a.m. and 4:30 p.m. and Wednesday, November 18, 2015—between 8:00 a.m. and noon. Please label your bid envelope with vehicle number or equipment lot number.

We reserve the right to reject any or all bids.
All vehicles will be sold "as is."



R32-33C

GREAT selection of modular & manufactured homes at **Frontier Homes** in Bemidji. 751-7720.
Closeouts on select models.

Deluxe (4) bedroom home on closeout at **Frontier Homes.**
frontier@paulbunyan.net

Looking to Rent

smaller house with garage for our new vet. Within 15 miles of Gonvick.

Call **Cornerstone Veterinary Service** of Gonvick, 218-487-5360

R33-34C

JUVE REAL ESTATE

118 N. Johnson Ave. • Fosston
Fax: 218-435-6998
Cell: 218-280-7270
218-435-6995



Here is a very well maintained mobile home just listed for \$99,900. 3 bed/2 full bath with 2 car detached garage. All appliances included.
MLS # 15-2283
Price: \$99,900

R33C

COUNTRY HOME WITH WATER FRONTAGE!



#4129 - Simply Majestic!
That's the only way to describe this 16.7 acre lakeside setting adorned with 100+ year old oak trees together with excellent views of the private lake. The well kept ranch style home features 3+ bedrooms, 3 baths, main floor laundry, finished lower level and double plus attached garage with breezeway. What are you waiting for, call today!

SOLLIE REALTY
Fosston, MN
218-435-1525
www.sollie.net

www.sollie.net

Friends & Neighbors PRICING EVENT



2015 FORD FOCUS SEDAN SE
Save \$2,663!!
or \$1,000 + 0.9% - 36 mos O.A.C.

2015 FORD F-150 4X4 SUPER CREW
Save \$8,841!!
or \$3,250 + 0.9% - 36 mos O.A.C.

2015 Ford Focus 4-Door Sedan SE 2.0L I4, GDI Eng., 6-Spd Auto Trans, Race Red, Charcoal Black Cloth Standard Bucket Seats, Tilt/Telescope Str Column, Str Wheel w/ Speed & Audio, Intermittent Spd Wipers, Sync w/ MyFord, Bucket Seats, Manual, 6-Way, AM/FM Single CD/MP3, 6 Spkr, Compass/Trip Computer Brakes, Pwr Windows & Locks, Rear Window Defroster, Remote Keyless Entry, Cold Weather Package, All-Weather Floor Mats, Htd Seats, Htd Str Wheel, Pwr/Htd Mirror, Eng., Block Htr, Keyless-Entry Keypad
MSRP\$21,120
TR Ford Friends & Neighbors Discount-913
Ford Credit Cash-1000
Ford Retail Cash-750

2015 F-150 4x4 Super Crew 3.5L V6, EcoBoost Eng., Elect 6-Spd, Auto w/Tow Mode, Magnetic Metallic, Medium Earth Gray Interior Cloth, Tilt/Telescope Str Column, Elect 4x4 Shift-On-Fly, Pwr Man Fold Mirrors, Cruise Control, Pwr Locks and Windows, Pwr Tailgate Lock, Sync, Rear-Window Defroster, Sirius XM Satellite Radio, Rear View Camera, 3.55 Elect Lock RR Axle, Trailer Tow Pkg
MSRP\$44,135
TR Ford Friends & Neighbors Discount-3,341
Ford Bonus Cash-1,500
Ford F-150 Retail Cash-1,000
Ford Credit Retail Cash-1,000
Ford XLT Mid Discount-750
Ford Retail Cash-500

YOUR PRICE **\$18,457**

YOUR PRICE **\$35,294**

CURRENT PRE-OWNED INVENTORY!

'01 Chrysler PT Cruiser T15210A Limited, Heated Leather.....	\$5,699	'08 Ford F-150 4x4 Crew Cab T15153A, XLT, 5.4, Cloth.....	\$17,999
'01 Ford Escape XLT 4x4 T16007B V6, Cloth, 126k.....	\$5,999	'12 Chev Equinox AWD T16043A LT, Cloth, Rearview Camera, 72k.....	\$17,999
'01 GMC Yukon 4x4 B1069A SLT, Leather, 160k.....	\$5,999	'13 Nissan Altima 4 Door T15156A Moonroof, Nav, Cloth, 38k.....	\$18,499
'05 Buick LeSabre 4-Door C16016A V6, Leather, 111k.....	\$7,999	'10 Ford F-150 Super Cab 4x4 T15213A XLT, 5.4 Ltr, 96k.....	\$18,999
'06 Dodge Grand Caravan T16042A SXT, 2nd Row Buckets, 65k.....	\$7,999	'13 Ford Fusion 4 Door SE B1063 1.6 Ltr EcoBoost, Cloth, 32k.....	\$18,999
'08 Chev Malibu 4 Door LS T15080B 4 Cyl, Cloth.....	\$8,499	'12 Ford Fusion SEL 4 Door B1062 Leather Roof, V6, 35k.....	\$18,999
'11 Chev HHR 4 Door LT C15155A 4 Cyl, Cloth, 102k.....	\$8,999	'14 Ford Escape SE AWD T15223A 1.6 Ltr, Leather Seats, 35k.....	\$19,999
'09 Ford Taurus SEL C15217A V6, Cloth, Seats, 90k.....	\$10,499	'13 Ford Taurus SEL B1065 Htd Leather, V6, 43k.....	\$20,999
'04 Ford F-150 Crew Cab 4x4 T15141A 5.4 Ltr, Lariat, 90k.....	\$13,499	'09 Chev Silverado Crew 4x4 T15157B LTZ, V8, Leather, 83k.....	\$23,999
'13 Ford Focus 4 Door SE T16022A Cloth, 4 Cyl, 38k.....	\$14,599	'13 Ford F-150 Super Crew 4x4 T15149A XLT, 5.0 V8, Tr Tow.....	\$24,999
'08 Ford F-150 Super Crew 4x4 B1055A 5.4 Ltr XLT, Trailer Tow, 123k.....	\$14,999	'12 Ford F-150 Super Crew 4x4 T15189A XLT EcoBoost, Cloth, 38k.....	\$29,999
'12 Ford Fusion SE 4 Door B1071 4 Cyl, Auto, Cloth, 51k.....	\$15,999	'13 Ford F-150 Super Crew XLT T15205A 3.5 EcoBoost, Power Boards, 18k.....	\$31,899
'12 Ford Escape Limited AWD T16014A V6, Leather, 69k.....	\$16,999	'12 GMC Acadia Denali AWD T15221A Nav., Leather, 7 Passenger, 32k.....	\$31,999
'01 Ford F-350 Crew Lariat 4x4 S1053 7.3L, Diesel, Leather, 136k.....	\$14,999	'13 Ford Explorer Limited AWD B1072 Htd Leather, Nav., Pwr Liftgate, 29k.....	\$34,999



Thief River
Extended Sales Hours
Mon - Thurs.....8 a.m. - 7 p.m.
Friday.....8 a.m. - 6 p.m.
Saturday.....8 a.m. - 4 p.m.
(800) 295-3673
(218) 681-2660
802 Highway 1 West
Thief River Falls
www.thiefriverfordinc.com

Recreation
FOR SALE: '83 Chevy motorhome, 23', \$3800. Call evenings, 218-487-5260.
FOR SALE: 14' Lund boat, 30 hrs., Honda trailer, like new. Call evenings, 218-487-5260.
FOR SALE: 2006 Polaris 500 w/ plow, winch and basket, 2200 mi. 218-255-7029.

Household
FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171.

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Full-line of electrical products available
Call us: 218-687-AMPS (2677) or Email: cesi@gvtel.com
EXPERIENCED, QUALITY INSTALLS & GREAT CUSTOMER SERVICE

AD DEADLINE FRIDAY 4:30 PM

DINING & entertainment

OKLEE'S COUNTRY MUSIC JAM SESSION
Sat., November 14th
6:30 to 9:30 p.m.
Oklee Community Hall
All Musicians & Spectators Welcome!
Potluck Napkin Lunch

BINGO Friday, NOV. 13th at 6:30pm.
Blackout in 55#s or less for \$1000!!
NOV 21 by Shellshock NOV 28 by Coldshot
GOODRIDGE MUNICIPAL LIQUOR STORE

Stadium Seating
FOSSTON THEATRE
Phone: 218-435-1700
Evening Shows: 5.50
Matinees: \$5.00
Fri 11/13-Thurs 11/19
THE PEANUTS MOVIE (G)

We Want YOU!
To Rent an Apartment
Gonvick Rentals (Ness Apartments) Gonvick, MN
Pay only 30% of adjusted income for rent
On-site laundry/ Mail Delivery
Contact CAROL at 800-504-6093
Carol.saga@gmmco.org
TDD # 800-627-3529

TJ's TAVERN of Oklee 1st Annual **2ND WEEK OF DEER CAMP PARTY!**
(BY POPULAR REQUEST)
DANCE TO MUSIC by Video DJ
"Sound Sensations" 9:00 to 1:00
SAT., NOV. 14
2 BIG Drawings!
• \$100 Cabela's Gift Card
• Bushnell "Aggressor" HD Trail Camera! (\$179.00 Retail)
(All present 21+ eligible to win. 1st drawing at 10:00pm, 2nd at Midnight)
Other Prizes Too!
Come celebrate the Hunting Season at TJ's!
TJ's Tavern of OKLEE
218-796-5153

WALLEYE FISH FRY
Saturday, November 14th
Serving 5:30-7:30 pm
Walleye pike the way you like them!!
Bingo every Thursday starting at 6:45 pm
GONVICK AMERICAN LEGION
R2C, R6C, R11C, R15C, R19C, R24C, R28C, R33C, R37C, R41C, R46C, R50C

THE PEANUTS MOVIE (G)
Fri 4:30 7:30
Sat & Sun 1:30 4:30 7:30
Mon-Thurs 4:30 7:30
www.fosstontheatre.com

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Progressive - Blackout 56 #s for \$1,000 License: #32290-001
Sat., Nov. 14 at 6 pm
Fri., Sat. & Sun. Special Prime Rib 5:00-10:00 pm
Open Sunday NOON TO MIDNIGHT
DEER HUNTER'S BALL FRIDAY, NOV. 13 Music by "DMS" DRAWING AT MIDNIGHT
SHORTY'S PLACE, GULLY

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Gully Hunters Supper Event
...continued from front



The Gully-Trail Parish Youth hosted their annual Gift Basket Raffle at the Hunters Supper Event in Gully.



Happy kitchen helpers Diane and Beverly were among the friends and family who came to help at the Lund Lutheran Hunters Supper in Gully on Saturday.



Workers Vivian Rouland, Christopher Carlson and Beth Podoll get a dessert break at the hunters supper in Gully.



Lund Ladies Aid "dessert lady" Vivian Rouland takes a moment to visit with old acquaintance Carol Kolling Meyer and granddaughter Hazel at the Hunters Supper in Gully.

RiverView Foundation to hold Twelfth Annual Philanthropy Day, Community Health Fair Nov. 16th

Crookston, MN —Philanthropy is "the love of humankind" and nowhere will that be more evident on Monday, Nov. 16th than at RiverView Health during the RiverView Foundation's Twelfth Annual Philanthropy Day event.

Tune in to KROX radio 1260 AM or 105.7 FM from 7:30 am to 12:30 pm that day to listen to heartwarming stories about the difference RiverView Health has made in the lives of so many of its patients. About 20 live radio interviews are done each year on Philanthropy Day to share experiences and testimonials regarding the quality healthcare patients receive at RiverView Health, according to Foundation Director Kent Bruun.

Community Health Fair
The annual Philanthropy Day event includes a free community health fair that morning from 9 am to noon. The public is invited to partake in free wellness information on RiverView services including nutrition, acupuncture, osteoporosis, urinary incontinence, advanced directives and living wills, alcohol and drug addiction and sleep issues. Free health screenings will include:

- Blood pressure
- Blood cholesterol
- Blood sugar checks
- Bone density screens

Flu shots will also be given at the event; please bring your insurance information for billing purposes. Refreshments will be available. The health fair will take place in Heritage Hallway on Crookston's campus at 323 South Minnesota Street. Attendees are asked to enter the building through the main lobby on the south side of the facility.

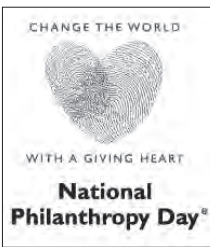
Foundation Marks 25 Years

This is an exciting year for the Foundation as it enters its 25th year of service to RiverView Health. The RiverView Foundation serves the community as a proactive fundraising structure responsive to current and future healthcare needs, focused on community growth and enhanced quality of life.

"Our gratitude is never-ending and we pledge to continue to work hard to make a difference in the lives of our patients and the ones they love," Bruun shared. "From the provision of basic comfort items to complex technology, donor support continues to make an important difference at RiverView."

RiverView Foundation's operating expenses are supported by interest earned on endowments previously donated to the Foundation, allowing current financial contributions to be maximized towards enhancing medical services.

For more information on Philanthropy Day or the RiverView Foundation, please contact Bruun at 218-281-9249 or by email at kbruun@riverviewhealth.org.



Ask a Trooper

by Sgt. Jesse Grabow
Minnesota State Patrol



Question: Just so I understand this correctly; it is not against the law to have a steering wheel knob. There are a lot of people telling me that it is illegal and I've been under the assumption that if you have a medical need or are handicapped that you can use this apparatus to assist with driving. Would you please be able to clarify if there is a law or not? If I am going to use this apparatus, would I need a doctor to prescribe it or do I just have to show a need? Kindest regards!

Answer: This is a question that I am asked about quite often, are "steering wheel knobs" (often referred to as "suicide knobs") illegal? They are not illegal in Minnesota. If you perform a quick internet search, you will often find people claiming they are illegal. However, I believe this is one of those

"car myths" that has spread throughout the years, possibly because of the term "suicide" which may have given a negative connotation causing people to assume they were illegal.

In fact, steering wheel knobs are often prescribed to people with applicable disabilities to assist them in the driving of an automobile.

In closing, you do not need a doctor's note to use a steering wheel knob in your vehicle.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Sgt. Jesse Grabow - Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56560. (You can follow me on Twitter @MSPPIO_NW or reach me at jesse.grabow@state.mn.us).

Theology in the Trenches

By Kathleen Kjolhaug

Inspiration

When I want inspiration, I read inspiration. I look for the thoughts of others in order to find common ground and to energize my soul. The image that comes to mind is that of a glass room with someone standing in the middle of this cube-like space. As they run to one wall of the enclosed space, they hit up against the glass with palms and face pressing in. The force pushes them to the opposite wall where they try with futile attempts to push through. On to the third they are tossed, and finally to the last of the four walls. The actions of the one on display reveal desperate attempts to reach out to someone or something to no avail. Soon, words upon pages find their way into the space shattering walls, aligning hearts to not only see but feel that which connects. Through the power of written words, we realize we are not alone and the glass room suddenly begins to change. It is only then that one realizes how cold it's been and that it was not a room of glass at all, but one of ice. The warmth begins to melt as hope rises and hands reach through what seemed impassable and impossible. Words do that. They reach deep within uniting hearts.

Father Richard Rhor's words are often forwarded to me by a friend, and every so often I read them. They speak. This time, upon opening up the e-mail, I note that he, too, has found words from another. Words from Mother Teresa:

"In the silence of the heart God speaks. If you face God in prayer and silence, God will speak to you. Then you will know that you are nothing. It is only when you realize your nothingness, your emptiness, that God can fill you with Himself. Souls of prayer are

souls of great silence. To make possible true inner silence, practice:

Silence of the eyes, by seeking always the beauty of goodness of God everywhere, and closing them to the faults of others and to all that is sinful and disturbing to the soul.

Silence the ears, by listening always to the voice of God and to the cry of the poor and the needy, and closing them to all other voices that come from fallen human nature, such as gossip, tale bearing, and uncharitable words.

Silence the tongue, by praising God and speaking the life-giving Word of God that is the truth, that enlightens and inspires, brings peace, hope, and joy; and by refraining from self-defense and every word that causes darkness, turmoil, pain, and death.

Silence the mind, by opening it to the truth and knowledge of God in prayer and contemplation, like Mary who pondered the marvels of the Lord in her heart, and by closing it to all untruths, distractions, destructive thoughts, rash judgments, false suspicions of others, vengeful thoughts, and desires.

Silence of the heart, by loving God with our heart, soul, mind, and strength; loving one another as God loves; and avoiding all selfishness, hatred, envy, jealousy, and greed.

I shall keep the silence of my heart with greater care, so that in the silence of my heart I hear His words of comfort, and from the fullness of my heart I comfort Jesus in the distressing disguise of the poor. For in the silence and purity of the heart God speaks" (Mother Teresa).

And as I read these words, I realize I have much to learn and long for His perfect presence in my imperfect world. Amen.

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OBITUARIES



Services Friday for Charles Lent

Charles Abram Lent Jr., age 83 of Erskine, MN passed away on Friday, October 30, 2015 at his home with family members by his side. The funeral was held at 2 p.m. Friday, Nov. 6, at Grace Lutheran Church in Erskine with the Rev. Steven Trandem officiating. Visitation will be held for an hour before the funeral. Interment in Fairview Cemetery in rural Erskine. Arrangements with Carlin-Hoialmen Funeral Home of Erskine. Messages of condolence may be sent at www.carlinhoialmen.com.

Charles Abram Lent Jr. was born Feb. 5, 1932, in Minneapolis to Charles and Martha (Muri) Lent. He had three older sisters: Catherine, Grace and Virginia. He attended Edison

High School. He later moved to Minnewaukan, N.D., with his family after his father retired from the police force.

He met Norma Verena Nissen in 1950 when both were students at Minot State University in Minot, N.D. They married on June 18, 1951, and were married for 64 years. Chuck and Norma lived in Fargo, N.D., Minnewaukan and Erskine. They had four children: Laurie, Roger, Robert and Steven. Roger died in 1989.

Chuck served in the U.S. Army from 1952 to 1954 and was stationed in Korea during the Korean War.

He received a pharmacy degree from North Dakota State University in Fargo, N.D., in 1958. He worked at a pharmacy in Moorhead, Minnesota, for three years before moving to Erskine to purchase the local drugstore from Ray and Cleo Vollrath. They expanded the drugstore in the 1970s when they purchased the store next door and remodeled. The drugstore was part of the Erskine business community until 2004 when Chuck and Norma retired. They lived in town for many years before moving to Union Lake, where they enjoyed pontoon rides, sitting on the deck, and watching sunsets. They moved back to town in 2013.

Chuck enjoyed traveling, hunting, boating, poetry, music, anything Irish, and visiting with friends over a beer. He never missed the weather report. He was a big "Star Trek" fan and loved to watch Minnesota sports, especially the Vikings, the Twins and Gopher football. His favorite poem was "The Raven" by Edgar Allen Poe, one of his favorite authors. He also enjoyed fantasy and recently watched all three "Lord of the Rings" movies in three days.

Survivors include his wife, Norma of Erskine; his daughter, Laurie Swenson, who lived with them in Erskine; sons, Robert (Teresa) Lent of Minneapolis and Steven Lent of Minneapolis; three grandchildren, Megan Violette (Ryan) of Red Lake Falls, Nicholas Swenson of Crookston and Erskine, and Nissa Lent of Minneapolis; and a great-granddaughter, Jada Violette of Red Lake Falls.

He was preceded in death by his parents; a son, Roger; his sisters, Catherine Murray, Grace Spillios and Virginia Stahl, all of California; and a special nephew, Edward "Pepper" Murray, who came to Erskine from California and lived with Chuck and his family until buying a house down the street.

In Memory

It's been 15 years now and still remembering you is easy, WE do it everyday. Missing you is the heartache that never goes away.

Jason Svalen M33C

MN Association of Townships Educational Conference and Annual Meeting Nov. 19-21, 2015

The Minnesota Association of Townships is a nonprofit corporation representing Minnesota's 1,781 townships and nearly 9,000 officers.

We will be celebrating the 82nd year of our association's Educational Conference and Annual Meeting. This year's event will be held at the Arrowwood Resort & Conference Center in Alexandria, MN. Our theme is "Public Safety: A Township's Highest Obligation."

The event kicks off on Thursday evening with Exhibitors displaying their services and resources. Exhibits continue Friday morning, as well as the beginning of the Association's educational workshops. The Friday general session will include panels on Rural Emergency Medical Services, Toward Zero Death - Road Safety, Safety Through Sign Maintenance, Greater MN Law Enforcement Trends and Issues, Rural Fire Safety and Running a Township Fire Department.

Breakout

workshops include:

- Recognizing and Solving Conflicts of Interest
- Cities and Towns Accounting System (CTAS)
- Road Right-of-Way Issues
- What to Keep, What to Toss

The popular round table discussions will address many important issues to include, but not limited to: BWSR, Fire Wise, Fire Protection, Insurance Issues, MPCA, Clerk Issues, Road Sign, USDA Rural Development and Attorney Talk.

The Friday evening banquet is highlighted by awarding six \$1000 scholarships to students whose essays were written about township government. We will be awarding Watab Township, located in Benton County, our Grassroots Government award. We will have the Lieutenant Governor Tina Smith and Richard Lett from Minnesota Benefit Association speak as well.

Saturday is the Association's Business meeting. At this meeting our membership will vote on the legislative platform and other Association issues.

If you live in a township, encourage your elected officials to attend this valuable educational program.

Full program agenda, conference activities, including spouse events and registration forms can be found on our website, www.mntownships.org.

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November is Caregiver Month

Written by Karin Haugrud
Your mom just called and she's fallen again. As you try to sort out the details, your eyes spy your lively kids, the dinner burning on the stove, and a briefcase full of work that you need to attack tonight. Sighing, you think, "How will I ever manage all of this?"

November is National Family Caregivers Month, which began in 1994. President Clinton signed the first Presidential Proclamation in 1997, and each successive president has followed suit. Now, we set aside a month to honor and celebrate the invaluable contributions caregivers make to families and community. And, as this month also marks Alzheimer's Disease Awareness Month, let's not forget those who care for people with Alzheimer's.

Anyone who has experienced the dual roles of employee and caregiver knows that life can be rewarding, but sometimes equally overwhelming. You may find yourself preoccupied with work while at home, and with home issues while at work. The stress involved can leave you emotionally drained and physically exhausted.

You are not alone. About 25 million Americans struggle to manage the stress of work responsibilities while caring for an elderly relative. Because it affects so many workers, employers are becoming much more sympathetic to the dual demands faced by caregivers.

The most successful solutions will work for both you and your employer.

Each employer is different, so use these tips to help you navigate your dual roles of caregiver and worker: Learn about company policies. Talk to your human resources department or read your employee handbook to



find out about available policies, benefits and services offered to caregivers. Examples include flexible and reduced work hours, workplace education or services, and flexible spending or dependent care accounts.

If comfortable, talk to your manager about your situation. Be specific about your needs and requests. Instead of saying, "I might need some time off," say, "My mother needs to see the doctor every week. I've been able to schedule the appointments late every Wednesday afternoon, so I propose that I start work early those days."

Get Organized. It is also important to plan ahead and stay organized. Arrange for time off in advance, whenever possible. Schedule time during lunch or breaks to make or receive caregiving related phone calls. Have your family member's medical, financial legal and insurance documents in a safe, accessible place. Also, use an electronic calendar to stay organized and communicate with others.

Seek help from others. Find at least two family members or friends who can pitch in to help when you need it. Educate yourself about community resources that you may need in the future.

Don't struggle alone with your caregiving responsibilities.

More help is available than you may realize. Discover the many resources available in your area by visiting MinnesotaHelp.Info® or calling the Senior LinkAge Line®: A One Stop Shop for Minnesota Seniors, at 1-800-333-2433.

This article is made possible with Older Americans Act dollars from the Land of the Dancing Sky Area Agency on Aging. Call the Senior LinkAge® at 1-800-333-2433 to speak with an information specialist, or check out our website at MinnesotaHelp.info. MinnesotaHelp.info® is an online directory of services designed to help people in Minnesota find human services, information and referral, financial assistance, and other forms of help.

Remembering our veterans

The men and women who defend the liberties and freedoms of the countries they represent hold a special place in people's hearts and an eternal spot in their countries' histories.

Any opportunity is a good time to commemorate the bravery and selfless deeds of military personnel, but certain prominent holidays in November make this an especially important time to thank veterans for their service.

November 11 is Veterans Day in the United States and Remembrance Day in Canada. It's also known as Armistice Day in other parts of the world. These holidays honor all military veterans who have provided service to their countries, and that each falls on November 11 is no coincidence, as the day commemorates the anniversary of the end of World War I on the 11th hour of the 11th day of the 11th month of 1918.

Many places around the world pause and remember fallen veterans on November 11, but a good majority of Veterans Day and Remembrance Day commemorative events focus on past and current veterans who are still alive. There are many ways to honor the military at home and abroad in time for the November festivities. The following are just a handful of ways to show appreciation for military men and women.

- When dining out, ask your server if you can pay the tab for a soldier or veteran you see in the restaurant.
- Attend a military parade with your family and explain the significance of the day to children in attendance.
- Draft letters and send care packages to soldiers currently in service far away from home.
- Ask your company if Veterans Day or Remembrance Day can be an observed holiday at your place of business each year to pay homage to servicemen and women.
- Visit a military memorial



in a city near you. Your town also may have its own memorial.

- Petition town officials to erect a memorial if your town does not already have one. Such memorials can be a source of inspiration for your community.
- Support a military family in your town who may be missing a loved one stationed elsewhere. Make meals, mow the lawn, help with grocery shopping, or simply provide emotional support.
- Volunteer time at a veterans' hospital. You may be able to read with veterans or engage in other activities.
- Get involved with a military support charity that can provide much-needed funds to struggling families or disabled veterans.
- Have children speak with veterans in your family, including grandparents, uncles and aunts or even their own parents. It can help them gain perspective on the important roles the military plays.

in a city near you. Your town also may have its own memorial.

- Ask a veteran to give a commencement speech at a school or to be the guest of honor at a special function.
- Drive disabled veterans to doctors' appointments or to run any errands.
- Support a local VFW organization.
- Create a scrapbook for a veteran in your life.
- Cheer for or thank military personnel each time you see them.
- Visit the veterans' portion of a nearby cemetery and place poppies or other flowers on the graves.
- Always keep the military on your mind and never forget those who have served and didn't return home.

Armistice Day, Remembrance Day and Veterans Day are great ways to honor past and current military for their service and sacrifice.

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Essentia Health-Fosston Receives \$400,000 Grant for Cutting Edge Diagnostic Tool from the Helmsley Charitable Trust

Patients at Essentia Health-Fosston will soon benefit from access to the latest computed tomography (CT) diagnostic technology made possible through a grant from The Leona M. and Harry B. Helmsley Charitable Trust's Rural Healthcare Program.

The Trust has awarded Essentia Health-Fosston \$400,000 for a new 80-slice CT scanner. CT scanners provide essential diagnostic images of structures inside the body. A new CT scanner will allow for faster scans that produce high-quality images, allowing medical staff to quickly determine health status and course of treatment while giving patients access to up-to-date healthcare technology close to home.

"This new CT scanner is a huge benefit to our local community. Essentia Health remains on the cutting edge of technology system-wide," said Kevin Gish, Administrator & Regional Vice President of Essentia Health-Fosston. "This machine can compete with machines in larger metropolitan areas, allowing us to keep our patients close to home for their care."

Essentia Health-Fosston is one of 37 grant recipients across the region to benefit from funding to purchase CT scanners.

The Rural Healthcare Program of the Helmsley Charitable Trust is granting nearly \$14 million over the next six months to support the purchase of new, 32-slice or higher CT scanners at Critical Access Hospitals in a seven-state region.

"Our goal is to ensure that people who live in rural America have access to quality healthcare as close to home as possible," said Walter Panzner, trustee of the Helmsley Charitable Trust. "To achieve this, rural hospitals need to be viable and they need to have up-to-date equipment, so patients can receive essential healthcare services locally. This initiative is one of many that aims to improve healthcare access and health outcomes across the upper Midwest."

The funding initiative was the result of a survey of Critical Access Hospitals in the Rural Healthcare Program's seven-state funding region. Capital equipment, particularly CT scanners, was identified as a top need by many hospitals. In addition, a new Medicare policy will go into effect January 1, 2016 that may reduce reimbursement for certain studies on CT scanners that do not meet specific radiation dose requirements.

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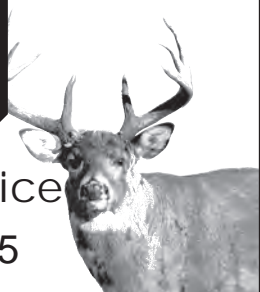
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Andrew Monson, from Waseca, shot this 9 point buck on Saturday morning, November 7th near Leonard. Andrew is the son/step-son of Susan and Randy Sims of Govick and grandson of Gene and Lois Harwood of Bagley.

Tractor Trivia

By Eric Mickelson
The Ford "N" Series

I have had a love of old tractors as long as I can remember. That love I know came from my dad. Growing up I listened intently to many stories of tractors dad had owned when he started farming, or those that neighbors had bought. I was fascinated, and still am with tractor stories.

Recently I asked my dad what is a tractor that he wished he would have owned. Dad, like me grew up with mostly John Deere tractors. Depending on the day you asked (probably not on the day of a breakdown) I am sure dad would tell you John Deere is his favorite brand. But, I was not surprised that one tractor he would have liked to have owned is an 8N Ford. I had heard the stories of a neighbor in Clearbrook when he was growing up that had bought a Ford. Although small in stature dad often told stories of the feats accomplished by the little Ford. The three-point hitch was a handy feature for the day. After doing a little research on the Ford tractor line I realized that yes, I think I would like a little Ford of my own. Hope you enjoy a little more Ford history. I sure had fun checking it out!

On a clear October day in 1938 Harry Ferguson demonstrated the Ferguson system to Henry Ford at Ford's Fair Lane estate in Michigan. Henry Ford was impressed and the famous Ford/Ferguson handshake agreement took place. Ford would make the tractors but Ferguson would add his three point hitch system and design the implements to go with it. The agreement was very successful.

Within six months the 9N prototype was giving demonstrations. The plowing demonstrations proved to be spectacular. The model 9N hit the showrooms in 1939 and over 10,000 were sold that year. The price was an affordable \$585! This included rubber tires, electric start and lights, PTO,

and optional headlights. Its four cylinder engine produced 28 horsepower. But the main feature was the Ferguson system. The three point hitch allowed many implements to be removed or attached in minutes. The 9N was a huge success. World War II kept the production numbers down, but by 1942 99,000 9N's were sold. Then in 1942 Ford introduced the model 2N.

The 2N seemed to be a somewhat stripped down version of the 9N. Shipping weight of the 9N and 2N was about 2300 pounds. They were both painted what was called Forest Gray. They also sported a 3 speed transmission, which was considered limited. Ford later added a step up transmission kit that was easy to afford and install that basically added a hi/lo range doubling the gear selection.

In 1945, 82 year old Henry Ford stepped down. His grandson (also Henry Ford) took over and told Harry Ferguson that the handshake agreement was over. Ford then announced a new tractor, the model 8N. The new 8N featured a 4 speed transmission, a more powerful engine, and a better arrangement of the clutch and brake pedals. Production of the popular 8N continued until December of 1952. Many of these tractors are in the hands of collectors as well as many that are still earning their keep on hobby farms across the United States!!

Tractor Trivia

- Theory has it that the designation of the 9 in the model 9N stands for?
 - The designation of the 2 in 2N stands for?
 - The 8 in 8N stands for?
 - Over _____ 8N's were produced. 200,000 B) 300,000 C) 500,000
 - The 8N was rated at about _____ hp. 20 hp B) 25 hp C) 30 hp
- Answers 1. introduced in 1939 2. introduced in 1942 3. introduced in 1948 4. C 5. C

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Less restrictive Red Lake winter walleye regulations announced

Anglers fishing Upper Red Lake this winter will be able to keep three walleye – one more than last winter's limit – and those fish can be from a broader size range.

Effective Tuesday, Dec. 1, the daily bag and possession limit for Red Lake will be three walleye, only one of which may be longer than 17 inches.

Last winter, anglers could keep two walleye, one of which could be longer than 26 inches. All walleye 17-26 inches had to be immediately released.

"In fall assessment netting by the Minnesota Department of Natural Resources and the Red Lake Band of Chippewa, there was high walleye abundance and large numbers of fish from 12 to 21 inches," said Gary Barnard, DNR Bemidji area fisheries supervisor. "The coming winter's less restrictive regulations are based on the excellent status of Red Lake's walleye fishery."

The DNR and the Red Lake Band have developed a joint harvest plan that governs walleye harvest on an annual basis. The harvest plan was recently revised for the first time since the walleye fishery reopened in 2006 after being closed in the 1990s due to overharvest. Harvest regulation options were the topic at a Red Lake Citizen Advisory Committee meeting in late September.

"The Citizen's Advisory Committee wholeheartedly endorses the new winter regulations for the 2015-2016 ice fishing season," said Advisory Committee member Joe Corcoran. "We are optimistic these regulations will be successful at keeping walleye harvest within the established target harvest range for the winter season."

Three moose sighted North of McIntosh

You never know what you will see when you are out and about. While traveling north of McIntosh on Wednesday, Nov. 11th, Woodie Cousins had to stop while these moose decided to cross the road in front of him.

Quite a beautiful site to see on a foggy day!



Overall Camp Ripley hunt harvest up 41 percent

In a sign that deer populations are rebounding, archers this year harvested 41 percent more deer in two hunts at Camp Ripley Military Reservation near Little Falls.

"A more successful hunt at Camp Ripley is good news for Minnesota deer hunters because it's another sign that deer populations are on the upswing," said Steve Merchant, wildlife populations and regulations program manager. "Deer numbers in most of the state are on the rise after a milder winter and fewer does and fawns harvested statewide last year."

The first two-day Camp Ripley hunt took place on Oct. 15-16; the second on Oct. 31 and Nov. 1. Total harvest in both hunts combined was 204 deer, a 41 percent increase from last year. In addition, the buck harvest was 37 percent of the total harvest in the first hunt and 67 percent in the second hunt.

Total buck harvest doubled from last year. In both hunts combined, 2,723 hunters participated this year. Hunter success rates were also up significantly, and tracking very well with how hunter success rates rebounded in the past after conserva-

tive seasons following severe winters. In 2014 in both hunts combined, there were 145 deer taken with 2,966 hunters participating.

"Not only were there more deer harvested this year, but like in some previous years, we again had a long list of big bucks weighed, with eight over 200 pounds and several more approaching that weight," Merchant said. "There were smiles all around from these folks, and we're glad that the tradition continues of Camp Ripley being a truly special hunt for those hoping to get close to a big buck."

Second hunt big bucks

For the Oct. 31 to Nov. 1 hunt, archers took a two-day total of 115 deer, up 64 percent from last year. The buck harvest was up 167 percent compared to last year's second hunt. There were 2,000 permits issued for

the second hunt, with 1,507 hunters participating.

Jeffrey Kugler of Erhard took the largest buck registered during the second hunt, tipping the scales at 239 pounds. Hunters registering other bucks over 200 pounds included Joel Kuebelbeck of McGregor (212 pounds), Mark Studniski of Avon (211 pounds), Evan Boman of Howard Lake (207 pounds), Terry Scheiber of Annandale (207 pounds), and Adam Tschumperlin of Sartell (201 pounds).

Of adult does registered, the largest weighed in at 133 pounds, taken by Chad Virnig of Royalton. Derek Aspinwall-Brun of St. Cloud registered a doe nearly as big, weighing 131 pounds.

The DNR coordinates the Camp Ripley archery hunts with the Department of Military Affairs, which manages the 53,000-acre military reservation.



Help yard trees survive the winter

The Minnesota Department of Natural Resources recommends taking steps to help yard trees survive the winter.

"Make sure your trees are healthy when winter arrives by taking action now," said Jennifer Teegarden, DNR forestry outreach specialist. "When conditions are dry, soak the soil around your tree weekly with water until the ground freezes to prevent the tree's branch tips from drying out."

Teegarden also suggests the following:

Wrap the trunk of young, thin-barked trees such as maple and honeylocust with commercial tree wrap or plastic tree guards to prevent frost cracks. Trunks can heat up in the sun and quickly freeze when temperatures drop, causing the bark to crack. Remove wrap or guard in the spring.

Remove tall grass around the tree's trunk to discourage rodents from feeding on bark.

Rake and remove fallen leaves and needles to reduce fungal diseases that can infect new growth the following year.

Protect the roots of newly planted trees from freezing by spreading a 2- to 4-inch layer of mulch around the tree's trunk, keeping the mulch off the trunk.

Wrap burlap around small coniferous trees to protect the needles from drying out when exposed to the sun, wind and road salt spray.

Prune trees to remove multiple stems and weak branches that can fail during a heavy snow or ice storm. Contact a certified arborist for help or to answer questions.

Trees that are suited for local growing conditions have a better chance of surviving the winter. Consider this in the spring when selecting trees to plant.

Visit the DNR's Tree Planting and Care Web page for more information.

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Volleyball

Monday, Nov. 2 results

Minn. Section 8A at Bagley

West subsection championship

Ada-Borup 25-25-25
Sacred Heart 19-13-16
Ada-Borup (kills-blocks-aces) — Morgan Miller 21-1-1, Tianna Hilde 7-1-0 (18 assists), Zoe Johnson 0-0-2 (17 assists), Emma Kroshus 1-0-1 (24 digs), Lexi Le
Sacred Heart — Molly Hanson 3-0-0 (26 assists, 18 digs), Michelle Remer 8-2-0, Jessica Remer 7-0-1, Julie Kraft 7-2-0, Anya Edwards (25 digs)

East subsection championship

Fosston 13-25-25-25
Win-E-Mac 25-19-12-13
Fosston (kills-blocks-aces) — Abby Swanson 13-1-3, Noelle DuFault 0-0-2 (24 digs), Emily Curfman 6-2-1 (12 assists), Kylie Sollie 4-1-0, Kate nelson 0-0-3, Lillie Manecke

Friday, Nov. 6 results

Minn. Section 8A at Crookston

Friday, Nov. 6 results

Minn. Section 8A at Crookston

Ada-Borup 25-15-25-16-15
Fosston 22-25-21-25-5
Ada-Borup (kills-blocks-aces) — Brooklyn Erickson 2-3-0, Elizabeth Birkemeyer 8-0-0, Morgan Miller 20-3-2, Ella Rockstad 4-10, Tianna Hilde 9-0-0 (33 assists), Brooke Ruebke 10-2-0, Emma Kroshus 1-0-0 (38 digs), Zoe Johnson 1-0-2

Fosston — Kylie Sollie 11-2-0, Katie Nelson 1-1-0, Lillie Manecke 0-3-0, Abby Swanson 34-3-0, Emily Curfman 7-5-1 (37 assists), Haley Swanson 0-0-1, Kalli Schmidt 3-0-0, Jordyn Manecke 1-1-0, Noelle DuFault 0-0-2 (32 digs)

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