Wednesday, May 13, 2020

Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Last Tuesday, May 5th in McIntosh, a retirement parade was held for Mark Thompson, who retired from Garden Valley Technologies on that day. Friends, family and co-workers paraded in vehicles in front of his home to wish him well. Mark was joined by his family in watching the parade.

Mark Thompson, who recently retired from Garden Valley Technologies was also a McIntosh Fireman. During his retirement parade held last Tuesday, the McIntosh Fire Department joined in the celebration to honor Mark's years of service to the department and community.

Two facing charges after man killed, house set on fire in Beltrami County, one still at large

By Bailey Hurley | Posted: Tue 10:48 AM, May 05, 2020 | Updated: Tue 2:59 PM, May 05, 2020

BELTRAMI COUNTY, MN (KVLY news) Two people are currently being held in the Ward County Jail in Minot, North Dakota where the pair allegedly fled to after documents say they helped kill a man, shot at another and set a house on fire in Minnesota.

38-year-old Travis Gunning is charged first degree aggravated robbery and aiding an offender in murder, while his girlfriend, 30-year-old Rebecca Lockman has been charged with one count of felony aiding an offender. An unnamed third suspect is still at large.

Court documents say just after midnight on May 3, Beltrami County Dispatch received reports of a gunshot victim and a building on fire.

When Deputies arrived at 11973 Trengove Rd NW, they observed a residential building engulfed in flames. They also located a male who had multiple gunshot wounds. The victim stated he had arrived home and came across two individuals in a dark two-door car. He said the individuals in the car fired at him, hitting him, and he soon returned fire.

The victim also told officers that his roommate was unaccounted for. Deputies later located the remains of a male individual inside of the burning residence that matched the description of the victim's roommate, who appeared to have a bullet wound to the head.

Court documents say deputies also located evidence that the fire was started intentionally.

When officers canvassed the scene, they found several shell casings and a cell-phone that was able to be traced to Gunning. Documents say officers responding to the scene also observed a vehicle registered to Gunning driving away from the scene.

Deputies later spoke with Gunning's brother who stated that Gunning had asked him for .22 bullets the day before.

Documents say officers interviewed one witness who stated he received a text message from Lockman at approximately 3:30 A.M. on May 3, asking him to 'get up.' The witness said he was picked up by Gunning and Lockman in Fosston, Minn. in an SUV. He observed that Gunning had a gunshot wound to the foot, and said Gunning told him that the injury to his foot was from a "deal gone bad."

Documents state Gunning and Lockman then drove to another witness' residence. The new witness then went with Gunning and Lockman to Minot, North Dakota.

Local law enforcement later took Gunning to the Minot Hospital for his gunshot injury. The second witness told officers that the while Gunning was at the hospital, Lockman went to a local car wash where she cleaned blood from the interior of the vehicle.

Beltrami Deputies soon put out a nationwide alert for the missing SUV. Deputies were contacted by the Ward County Sheriff's Office, who indicated that Gunning and Lockman were in Minot, North Dakota in the SUV, and that Gunning was currently in the Minot hospital recovering from a gunshot wound.

Gunning and Lockman were arrested in Minot, North Dakota on the night of May 3. In an interview with officers, Gunning confessed to committing an aggravated robbery which resulted in a man's death. Gunning claimed that he took his father's .22 caliber pistol, his father's car and drove to Beltrami County with Lockman and an unnamed third suspect.

Gunning claimed that he and the third suspect hatched a plan to commit aggravated robbery at the two victims' home. Gunning claims that he and the third suspect intended to threaten the victim by brandishing the .22 caliber firearm to then steal drugs and a safe they believed contained a large amount of money.

Documents say Gunning claimed he, Lockman and the third suspect drove to the home and while Lockman waited in the car, Gunning and the third suspect rushed into the house. Once inside, the third suspect brandished the .22 caliber handgun and directed the victim into a bedroom.

Gunning says he then took possession of drugs, a 9mm handgun and the safe. As Gunning was bringing the property out of the home, documents say he heard the gun being discharged in the bedroom. Gunning said when he looked into the bedroom, he saw the victim face down on the bed bleeding from the back of head, with the third suspect nearby with the .22 caliber handgun.

Documents say Gunning claimed he and the third suspect then fled the residence with the safe, the stolen gun, and the drugs. It was as they were placing the stolen items in their car when they encountered the other victim and exchanged gun fire.

Gunning told officers Lockman stopped on Jones Townhall Road and that the third suspect fled the vehicle.

Documents say Gunning and Lockman concealed property taken during the robbery and homicide in the woods off of a dirt road near Jones Townhall Road and then fled to North Dakota.

On May 4, Beltrami County Sheriff's Deputies and the Minnesota Bureau of Criminal Apprehension located the property stolen during the robbery and homicide.

Get the latest updates from valleynewslive.com.

Northland Community and Technical College Announces 2020 Thief River Falls Campus Student of the Year

Aviation maintenance technology graduate Kathryn Brown is a champion of Northland education, STEM careers, and gender equality

May 6, 2020 — Northland Community & Technical College is proud to announce Kathryn Brown has been named Thief River Falls campus Student of the Year for 2020. Brown is graduating with Academic Honors, earning an A.A.S. degree in Aviation Maintenance Technology from Northland's aerospace program.

Northland faculty and staff nominated Brown, a Williston, N.D. native, for her natural leadership qualities, her dedication to STEM careers, and passion for encouraging younger students — specifically females — to explore non-traditional educational opportunities and careers in science and technology. Brown has been a willing and impactful spokesperson for Northland both locally and nationally. She was a feature presenter at a Gender Equity in STEM event on campus, which attracted nearly 70 local 8th graders, and attended the 2020 Women in Aviation conference in Orlando, Fla.

According to one nomination letter, Brown immediately sought out more opportunities after these events to "further become a role model for others and share her story about her experience at Northland." The nomination adds, "Her efforts to not only obtain her degree but to go above and beyond to provide outreach has shown that she more than deserves this award for student of the year."

Brown likes to think the award is simply the culmination of her years of hard work both in the classroom and out. "It's been a really good opportunity to grow," she said of her experience at Northland. "Sometimes you put in the work and feel like other people don't see it. Sometimes that's true, but sometimes you come out the other side and have something to show for it and it's just wonderful."

Always an ambassador of learning and challenging oneself to push beyond comfort zones, Brown also offered her advice to future students who may be struggling in finding the right direction. "Try everything," she said bluntly. "Coming out of high school, it's easy to have one career or profession in mind, but for lack of research or lack of funds or whatever it doesn't pan out. You learn so much about yourself and your abilities when you stretch and try different things… and I think we tend to think that when something's hard, we're not meant to do it. But that's wrong. Don't give up just because something's hard."

As another of her many nominations revealed, Brown is an outstanding example of a natural born leader. She has served in leadership roles in the Professional Aviation Maintenance Association, the Northland Equity and Inclusion Committee, the AMT program industry advisory committee, and supported Northland through her many work-study roles. There is little doubt among those who know her, taught her, and worked alongside her that Brown will have a long and successful career in aviation ahead of her.

Kathryn Brown, Thief River Falls campus Student of the Year, 2020.

North Country Food Bank Receives Donation from Midwest Dairy to Purchase Cheese and Butter from Bongards Premium Cheese to Keep Up with Increased Demand

East Grand Forks, MN - In an effort to provide more dairy products to those currently facing food insecurity, Bongards Premium Cheese has worked with Midwest Dairy and North Country Food Bank in East Grand Forks to provide cheese and butter to help those in need. This contribution has been made possible by funding from Midwest Dairy, which is donating $500,000 to food banks in the 10 states it represents -- Minnesota, North Dakota, South Dakota, Nebraska, Iowa, Illinois, Missouri, Kansas, Arkansas and eastern Oklahoma.

Food banks across the region have been seeing unprecedented need in recent weeks, setting records for daily and weekly food distribution and illuminating the urgency of new resources and avenues to connect community members with a sustainable food supply. With unemployment numbers still climbing and schools -where many children receive the majority of their daily meals - continuing to be closed, the demand is continuing to grow. As a frontline organization providing food and non-food items to our most vulnerable neighbors through our agency partners, North Country Food Bank is ramping up to expand critical services, and North Country Executive Director Susie Novak Boelter says donations like this one are invaluable. "We are so thankful for this donation from Midwest Dairy. It will allow us to acquire and distribute a fantastic variety of dairy products, which are often some of the most requested, but rarely donated items. We are grateful for the Midwest Dairy's support and the opportunity it provides for people struggling right now throughout northwest and west central Minnesota in these unprecedented times."

Though dairy checkoff funds are not typically to be used to purchase dairy products, the USDA has approved a proposal at the request of Midwest Dairy to help meet this need and get dairy into the hands of people who need it. Bongards is among a number of other dairy processors that Midwest Dairy is connecting with food banks to match supplies with inventory needs throughout the region.

"As a farmer and Midwest Dairy leader, I am proud of our work to make this donation possible to provide dairy products to people who otherwise may not have access to these nutrients during this_. challenging time," said Allen Merrill, Midwest Dairy Corporate board chairman and a dairy farmer from Parker, South Dakota.

Midwest Dairy is partnering with dairy processors to determine what products they have available and then will provide a list of interested processors to food banks across the Midwest that have both a need and the capacity to increase their dairy inventory and distribution.

For more information, please visit www.midwestdairy.com. To further help, through donation or volunteering, please visit www.northcountryfoodbank.org

About North Country Food Bank One of five food banks in Minnesota, North Country Food Bank is the sole distributor of surplus quality food and non-food products in northwest and west central Minnesota. It serves a 21-county area including Becker, Beltrami, Clearwater, Douglas, Grant, Hubbard, Kittson, Lake of the Woods, Mahnomen, Marshall, Otter Tail, Norman, Pennington, Polk, Pope, Red Lake, Roseau, Stevens, Traverse, Wadena, and Wilkin counties, and Grand Forks, ND. In addition, North Country serves the Anishinaabe reservations that occupy some of the same geography as these counties. These reservations include White Earth, Red Lake, and Leech Lake. Throughout its service area, North Country provides food and non-food products to its 220 partner agencies (food shelves and other non-profit organizations that address food insecurity) as well as directly to people in need.

About Bongards

Bongards, is a farmer-owned coop with over a century of cheese-making expertise, they can meet all your cheese category needs with an assured supply chain, a broad selection, and the know-how to create products to your exact specifications.

About Midwest Dairy Midwest Dairy• represents 6,500 dairy farm families and works on their behalf to build dairy demand by inspiring consumer confidence in our products and production practices. We are committed to Bringing Dairy to Life! by Giving Consumers an Excellent Dairy Experience and are funded by farmers across a 10-state region, including Minnesota, North Dakota, South Dakota, Nebraska, Iowa, Illinois, Missouri, Kansas, Arkansas and eastern Oklahoma. For more information, visit MidwestDairy.com. Follow us on Twitter and find us on Facebook at Midwest Dairy. For relevant conversations about issues and trends in the dairy community, listen to Dairy on the Air.

COVID-19 results in another cancellation

The Erskine Commercial club regrets to inform you that the 2020 Erskine Water Carnival will be cancelled. Given the restrictions with Coronavirus, the committee felt there would be no possible way to keep everyone safe. There are many restrictions in place including; social distancing, wearing masks, and sterilizing equipment. These restrictions make it impossible to have the carnival. The safety of our Carnival goers is of the utmost important to the Erskine Commercial Club and we cannot risk people getting sick, or worse, because of attending the Erskine Water Carnival.

The Commercial Club is looking at the possibility of doing the Rodeo later in the summer/fall if restrictions and safety allows this. Please watch for updates later this summer.

We hope you understand and we hope to see you June 3-6, 2021 for the 65th Annual Erskine Water Carnival.

Wildlife Forever and Partners Proclaim Minnesota Clean Drain Dry Day

White Bear Lake, MN - To celebrate Minnesota's fishing opener, Wildlife Forever, along with leading fishing, boating and conservation groups proclaimed Saturday, May 9th as Clean Drain Dry Day. The Conservation Proclamation highlights the importance of fishing and boating and how invasive species are a direct threat to lakes, rivers and local economies. Simple Clean Drain Dry steps are the best ways to prevent the spread but it's up to everyone to do their part.

New reports show fishing license sales are up by 41% compared to last year at this time. Clean Drain Dry Day serves as a great conservation reminder for new anglers and affirms that fishing and boating are great ways to enjoy the outdoors while socially distancing during the COVID-19 outbreak.

Proclamation partners include: Babe Winkleman Productions, B.A.S.S., CD3, Fishing League Worldwide, Linder Media, Majk Solutions, Minnesota Lakes and Rivers Advocates, National Marine Manufacturer Association, National Professional Angler Association, Outdoor Sportsman's Group, Pennaz Multimedia, Rapala, Recreational Boating and Fishing Foundation, Wildlife Forever, Wired2Fish.

"I'm proud to be joined by local and national leaders in recognizing the importance of invasive species prevention," said Pat Conzemius, President and CEO of Wildlife Forever. "Get out, enjoy your local waters, give each other some space and remember to wear your mask when around others."

Wildlife Forever would like to remind all boaters and anglers of the MN DNR's recommendations to maintain 6 feet of social distance at fuel stations, docks, on the water, fish with people in your household, and stay close to home this fishing opener.

Do your part this fishing and boating season: Clean Drain Dry all boats, trailers and gear. And remember to Trash Unused Bait or bring water from home to preserve minnows and leaches.

The Clean Drain Dry Initiative™ is a state and national campaign to educate outdoor recreational users on how to prevent the spread of invasive species. Coordinated messaging focuses on strategic content, marketing communications and outreach tools.

Working with partners, Wildlife Forever coordinates statewide public outreach and educational efforts to prevent the spread of invasive species. Local counties, lake associations, and tribal associations plan to send a strong Clean Drain Dry message in 2020. Highway billboards, television and radio PSAs, sidewalk boards, posters and handouts to the public have all been planned to share the message across the state. To learn how you can participate, contact: Dane Huinker: DHuinker@WildlifeForever.org

About Wildlife Forever: Our mission is to conserve America's fish and wildlife heritage through conservation education, preservation of habitat and management of fish and wildlife. Wildlife Forever is a 501c3 non-profit dedicated to investing resources on the ground. Recent audits reveal that 94% of every dollar supports our award-winning conservation programs. Please, Join Today and learn more about the State-Fish Art Contest®, Clean Drain Dry Initiative™ and Prairie City USA® at www.WildlifeForever.org.

Essentia Health offering convalescent plasma treatment for COVID-19

Have you recovered from COVID-19? If so, you might be able to donate your plasma and help someone fight the disease.

Blood suppliers are collecting plasma from people who meet specific criteria. The plasma then will be infused in hospitalized patients who are critically ill. The process, which has been used nationally, will provide antibodies that could help them recover. It's a cutting-edge therapeutic treatment now being offered at Essentia Health.

In order to donate, you must:

• Have a positive PCR test result for COVID-19. The test must include your name, health care facility or doctor's name, as well as the date and time of your test.

• Be symptom-free for more than 14 days and no longer be infectious.

• Meet the requirements for traditional blood donation.

Essentia is collaborating with the Mayo Clinic's U.S. Expanded Access Program on this treatment, which will be offered at Essentia Health-St. Mary's Medical Center in Duluth; Essentia Health-St. Joseph's Medical Center in Brainerd; and Essentia Health-Fargo. We are coordinating the procurement of plasma with blood-donation centers.

Candidates for convalescent plasma treatment include hospitalized patients older than 18 who have severe pulmonary disease, as well as critically ill patients in respiratory failure, septic shock or experiencing multiple organ dysfunction or failure.

People interested in donating plasma can visit this website.

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Gully Postpones Summer Celebration

Due to the Covid-19 Outbreak, Gully's 110 year celebration scheduled for July 16-19 has been canceled for 2020.

Hopefully the celebration can be rescheduled for 2021 when the community can once again gather.

Sons of Norway Meeting Cancelled

The May 14th Sons of Norway Granlund Lodge meeting is cancelled due to the pandemic. Everyone is encouraged to celebrate Syttende Mai (Norwegian Independence Day on May 17th) in their own way while staying home and staying safe!

Polk County Sheriff

One vehicle rollover

On 5-8-2020 at 2345 hrs the Polk County Sheriff's Office received a report of a one vehicle roll over in the east ditch of County Road 12 just to the south of 400th Street SE. The Polk County Sheriff's Office, Fertile Fire Department and County EMS responded. The vehicle was occupied by 26 year old Tyler Johnson of Mentor, MN. Tyler was transported to Altru Hospital in Grand Forks, in critical conditions. At this time no further details are being released.

Publishers Clearing House Scam

Polk County Sheriff's Office is receiving reports about Publishers Clearing House Scam in the area. The Scam starts with a phone call or an email advising they won the Publishers Clearing House Sweepstakes. One reporter was told their prize would be delivered in 45 minutes and that they would have to be home for delivery. If the complainant was at work, they were asked if they could leave and then were advised to go to their vehicle and honk the horn to prove they were in the vehicle. After honking the horn, they were given instructions to write down the name and badge number of the person calling, package code number and UPS drivers names that were delivering the money prize.

Publishers Clearing House doesn't email or call big winners. All prizes of $500.00 or greater are awarded by either certified letter, express letter, or in person. You never have to pay to receive a legitimate Publishers Clearing House win.

Do not give out confidential information when you enter and do your research before you respond. Talk to a relative or friend or call the police if you feel it is too good to be true.

DUST CONTROL - POLK COUNTY ROADS

The Polk County Highway Department is accepting requests for application of calcium chloride for dust control in front of residences that lie along County or Township gravel roads. The cost will be approximately $250.00 or 5 cents per square foot, whichever cost is higher. County Roads: the cost will be the responsibility of the homeowner on County roads. Township roads: Each landowner will be responsible for paying their specific amount to their township. Polk County will bill each Township for the total cost of Calcium Chloride applied in their respective townships. Polk County requires Township approval/permission documentation prior to chloride application on township roads. The cost will be for a one-time application only. The size and cost of each application may vary. The application site must be flagged from start to finish by residents. Polk County requires all individuals requesting Calcium Chloride to complete and submit application forms. Forms will be available at the Polk County Highway Department in Crookston or by visiting the Public Works Department page, Maintenance Section at http://www.co.polk.mn.us/. Individuals may either stop at our office to receive a form or call 218-281-3952 to request forms be mailed to them. Township residents may also contact their Township Clerk for application forms.

Application deadline is May 18, 2020. NO EXCEPTIONS.

Calcium Chloride Chart

APPROXIMATE COST

Length of Application								
Width	**150'**	**200'**	**250'**	**300'**	**350'**	**400'**	**450'**	**500'**
16'	$250	$250	$250	$250	$280	$320	$360	$400
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Pictured: Sanford Health staff demonstrate how to use a LUCAS mechanical CPR device to resuscitate a patient experiencing cardiac arrest.

Sanford Bemidji receives CPR devices to confront cardiac threat from COVID-19

7 LUCAS devices were donated by Helmsley Charitable Trust

BEMIDJI, Minn. – Sanford Bemidji recently received 7 LUCAS mechanical CPR devices donated by the Leona M. and Harry B. Helmsley Charitable trust to care for patients during the pandemic and beyond.

The Leona M. and Harry B. Helmsley Charitable Trust announced a multimillion-dollar effort on April 21 to save the lives of COVID-19 patients and protect the front line health care workers caring for them across five Upper Midwest states.

Sanford Health received 51 LUCAS devices in its regions: Bemidji, Minnesota, 7; Bismarck, North Dakota, 6; Fargo, North Dakota, 18; Sioux Falls, South Dakota, 20. Before the grant, Sanford had 72 LUCAS units deployed across its footprint.

"These devices are vital because we don't want front line health care workers to choose between trying to save a patient or risking exposure to themselves and others to the coronavirus," said Walter Panzirer, a trustee for the Helmsley Charitable Trust. "LUCAS has been a proven, effective tool in saving lives during cardiac arrest, and having more of them available during this pandemic will save even more lives, including those of the doctors, nurses and other health care workers."

Research has shown cardiac damage in as many as 1 in 5 COVID-19 patients, leading to heart failure and death even among those who show no signs of respiratory distress. Among patients who recover, many could have long-term effects from such heart damage.

"We are immensely grateful for this partnership with the Helmsley Trust and for their generous gift that will help fill such a critical need in our community," said Susan Jarvis, president and CEO of Sanford Bemidji. "Knowing we can protect our front line teams as they work to save the lives of critically ill patients, especially during this time, is extremely reassuring."

Mechanical CPR's benefits

The rise in cardiac complications caused by COVID-19 exposes both patients and health care workers to greater risk, as hands-on CPR can be needed for extended periods, and personal protective equipment can become less effective in keeping the virus from spreading to medical providers.

Mechanical CPR has been adopted by emergency medical responders and many hospitals around the globe, initially because of its ability to deliver extended CPR in compliance with American Heart Association guidelines. Multiple studies have demonstrated equivalence to high-performance CPR, as well as increased provider safety and higher rates of adequate compressions for patients in transport situations. Recently, the Department of Defense COVID-19 Practice Management Guide identified the LUCAS chest compression system as the best practice for managing patients in cardiac arrest to reduce the risk of exposure to care providers.

The Helmsley Charitable Trust is partnering with medical facilities in South Dakota, North Dakota, Montana, Wyoming and Nebraska to ensure the devices are in place before the peak of COVID-19 hits. The devices will remain in place after the pandemic as part of the hospitals' cardiac system of care.

"We were able to go from concept to delivery of the devices in two weeks, and that's been an incredible effort of teamwork with the manufacturer and the hospitals to get them in place ahead of the peak needs," Panzirer said. "It's wonderful to see competing entities working together during a national crisis for the good of all."

In case of emergency, find the safest room

In the event of an emergency, particularly weather-related disasters with high winds like hurricanes, safety officials urge homeowners to take shelter in the safest room in their homes. Determining where this might be depends on the structure itself. Generally speaking, look for an interior room that is near the center of the house. It's often best to choose one that doesn't have windows or with windows that are very small. Bathrooms or walk-in closets are typically the safest areas in one-story homes. In two-story homes, the strongest wall of the house is often near the stairwell. Therefore, a first-floor closet may be the best spot. The National Weather Service says that in the event of a tornado, being underground is best, so seek shelter in a storm cellar or basement. However, if no subterranean shelter is available, seek out shelter as far inside the structure as possible, ideally in a small space. Again, bathrooms, closets, under stairs, or in a hallway may be the best bets.

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FRENCH ONION OR RANCH
LAND O' LAKES DIP..... 8 OZ **$1.19**

ASSORTED
RITZ CHIPS OR RITZ CRISP & THINS
$2.79
7.1-8.1 OZ

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CHEEZ BALLS..... 2.75 OZ **$1.29**

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GRAPES
$1.69 LB

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PINK LADY PREMIUM APPLES..... LB **$1.39**
CALIFORNIA CHERRIES..... LB **$4.99**
ICEBERG LETTUCE..... HEAD **$1.39**
WHOLE OR SLICED MUSHROOMS..... 8 OZ **$1.59**
YELLOW ONIONS..... 2 LB BAG **$1.79**
ASSORTED - THE LITTLE POTATO COMPANY SIDES..... 1 LB **$2.79**
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ESSENTIAL EVERYDAY
YELLOW MUSTARD
99¢ 20 OZ

ESSENTIAL EVERYDAY
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ESSENTIAL EVERYDAY
REGULAR, LIGHT OR EXTRA CREAMY
WHIPPED TOPPING
4/$3 8 OZ FROZEN

ASSORTED ENTREES
LEAN CUISINE..... 6-11.25 OZ **$2.69**

ASSORTED
STONERIDGE ICE CREAM
$2.99 48 OZ

FRIENDLY'S
WATERMELON BARS ..... 6 PK **99¢**

BEEF OR CHICKEN POT PIES
MARIE CALLENDERS
5/$10 10 OZ FROZEN

MARIE CALLENDERS ASSORTED
DINNERS..... **$2.89**

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24 PK-12 OZ CANS BUSCH OR BUSCH LIGHT BEER $17.99
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1 LITER EXTRA DRY OR LIME TWISTED SEAGRAM'S GIN..... $10.99
750 ML ASSORTED BAREFOOT WINE..... $3.99
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EOE R26TFC

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R49-TFC

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We are a Special Transportation Service looking for dependable drivers.

We transport clients from where they reside to and from medical appointments.

Must have a valid driver's license, clean driving record, and be able to pass a criminal background check.

Contact Rudy Finseth:
R & L Ride Service
800-630-6889 M7-9C

RED LAKE COUNTY REBELS

RLC Rebel Coaching Position

Available 2020-21

Head Coach Cross Country
Application deadline: May 29
Letter of Application and Resume to: Randy Pederson RLCC HS Oklee, Seth Schmitz Lafayette HS Red Lake Falls. O8-9C

O8-9C

HOME OF THE MUSTANGS • REBELS

RLCC Mustang Coaching Position

Available 2020-21

Head Coach Girls Basketball
Application deadline: May 29
Letter of Application and Resume to
Randy Pederson RLCC HS Oklee

(Please list prior basketball coaching experience in resume)

Head Start Management Position Available

Inter-County Community Council is accepting applications for an opening in our Head Start department:

Nurse-Health Services: 40 hours a week, year round, office in Oklee, working with staff serving families of children ages birth to 3 years, LPN license required, RN or BSN preferred; experience with young children preferred. Supervisor of 6 Early Head Start staff. Additional training will be provided. Must be able to pass a background check.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountycc.org. Send completed application and resume to Inter-County Community Council, attn.: Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountycc.org. Applications must be received by **Friday, May 15th** at 4:30PM. Call 218-796-5144 x1028 for more information.

ICCC is an equal opportunity employer and program provider. O7-36

Sort Line Operator I or II - Polk County Incinerator

The Polk County Incinerator in Fosston, MN has an opening for a full-time Sort Line Operator I or II. Primary duties include sorting or separating recyclable or problem materials from the recyclables and solid waste delivered to the facility. Position also required to clean equipment and to perform basic maintenance on, as well as operate conveyors, & equipment. Applicants must possess a high school diploma or equivalent. A valid MN driver's license and pre-employment physical exam are required. Wage range for this position is $14.66 - $19.75/hour, DOE and qualifications. Interested individuals may contact the Polk County Incinerator at 218-435-6501 or the Polk Administrator's Office at 218-281-5408. An application and job description can be obtained at http://www.co.polk.mn.us click on Careers. Please mail your completed application and resume to the Polk County Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716. This position will remain open until filled. EOE M6TFN

Assistant Cook Position

Red Lake County Central Elementary School in Plummer, MN has a full-time Assistant Cook position open for the 2020-2021 school year. Applicants must hold, or be eligible to acquire the required Food Protection Manager Certifications.

Interested candidates must submit the following:

- District Application
- Letter of Application
- Resume
- Food Service Credentials

Applicants interested in the position, should submit their completed application to:
Mr. Andrew Fougner, Principal
Red Lake County Central Elementary
PO Box 7, Plummer, MN 56748
218-465-4222

Applications will be accepted until the position is filled. Application forms are available at www.rlcc2906.org

ISD #2906 is an equal opportunity employer. O8-9C

Temporary Construction Worker

2020 Construction Season

Primary duties will include, but are not limited to:

- Installation and maintenance of underground copper, coax, and fiber optic cables
- Use of plowing and digging equipment
- Must be at least 18 years of age
- Preference may be given to those with prior experience with cable splicing and locating, as well as telecommunications and construction equipment
- Preference may be given to those who possess, or are willing to obtain, a CDL license

Submit resume by 10:00am on Monday, May 18
Email to resumes@gvtel.com or mail to Garden Valley Technologies, Attn: Personnel & Administration Manager, PO Box 259, Erskine, MN 56535

For additional details visit: www.gvtel.com or call 800-448-8260

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R29tfn

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R8-11C

Help Wanted

Red Lake County Central High School is seeking a 7-12 Science teacher 1.0 FTE position for the school year 2020-21.

For inquiries, or to apply send letter of application and resume to Randy Pederson, Principal
PO Box 100
Oklee, MN 56742
218-796-5136
rpederson@rlcc.k12.mn.us

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Dedicated To Quality Care

McIntosh Senior Living (MSL) is currently looking for a confident and friendly **Maintenance Assistant Person/Caretaker/Handyman** to join the team in our home. This position will be full time required to work 64 hours a pay period and be on call every other weekend.

MSL offers free single health insurance, family health insurance, dental, life, PTO, double time holiday pay and retirement plan.

Prefer candidate to have good practical hands-on-skills (plumbing, carpentry, etc.). Credit is given for experience and having a boilers license is a plus.

If you are interested in joining our team, contact **Sharlene Knutson, Administrator at 218-563-2715.** M8-9C

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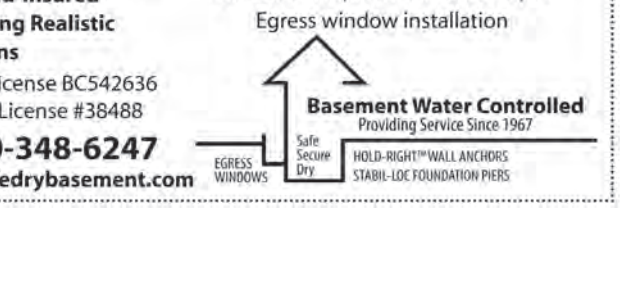

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R8C

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G	N	Q	Q	D	A	S	W	K	Q	W	B	M	I	Q	E	E	B	A	B
Q	M	E	R	I	W	R	E	F	S	N	A	R	T	S	N	B	I	O	T
G	K	F	U	U	C	T	P	E	G	D	U	C	U	H	E	L	Q	V	V
B	B	E	B	P	R	E	T	M	A	R	O	R	N	B	R	E	C	O	T
M	E	Q	D	T	A	L	O	O	A	D	G	A	V	T	G	U	N	L	O
W	C	U	S	L	G	T	L	A	E	E	I	P	F	A	Y	O	Q	T	G
A	Q	I	H	U	D	U	M	D	P	C	E	T	O	D	I	N	L	A	V
T	N	P	V	A	G	O	F	R	I	R	L	U	L	T	S	O	C	G	I
T	H	M	I	F	S	D	O	R	E	U	H	G	U	O	O	B	M	E	N
S	I	E	D	E	W	T	T	P	C	F	L	B	T	K	O	V	A	B	T
H	G	N	B	O	E	C	M	N	H	D	I	A	D	I	H	Q	R	F	E
K	K	T	H	C	E	A	N	P	D	R	D	Q	R	I	R	E	K	B	R
G	P	Y	T	L	S	S	W	I	T	C	H	E	S	T	A	C	R	E	R
M	O	O	E	I	T	P	C	S	P	I	N	H	T	K	U	D	E	O	U
H	R	K	D	Y	Q	E	I	D	O	P	C	I	E	O	W	E	B	G	P
L	O	C	P	D	S	D	P	I	K	T	O	R	T	B	C	B	N	U	T
I	S	T	N	E	R	R	U	C	I	P	B	C	D	O	R	H	G	P	E
Q	W	B	V	I	I	G	S	W	R	E	W	O	P	P	S	B	K	U	R
F	D	V	Q	K	I	H	S	K	F	C	I	R	C	U	I	T	E	M	N
E	E	R	E	C	E	P	T	A	C	L	E	S	I	B	U	W	K	S	I

Find the words hidden vertically, horizontally, diagonally, and backwards.

ELECTRICAL WORD SEARCH

Answers on page 7

AMPERE
ARC
BREAKER
CIRCUIT
CODE
CURRENTS
DISTRIBUTION
ELECTRICIAN
ENERGY
EQUIPMENT
FAULT
INTERRUPTER
LOAD
NEUTRAL
OUTLET
POWER
RECEPTACLES
SURGE PROTECTOR
SWITCH
SWITCHES
TRANSFER
VOLTAGE
WATTS
WIRE

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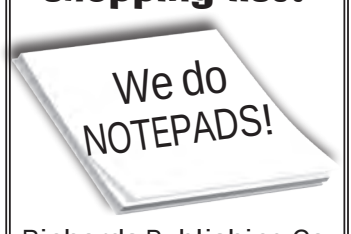

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R2-10C

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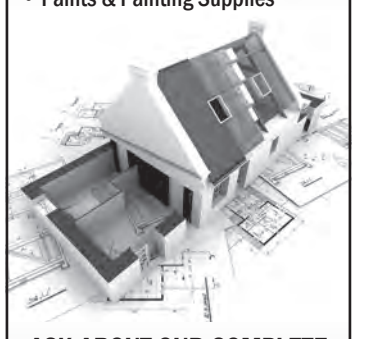

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(218) 563-3585 – McIntosh Times
(218) 796-5181 – Oklee Herald
(218) 294-6220 – Grygla Eagle

Photos from Kids Nights at the track last summer 2019.

Bemidji Speedway – Bemidji Auto Value Car Show Postponed!

The Bemidji Speedway announced that the annual Bemidji Auto Value Car show is postponed due to the ongoing "Mn. Stay at Home" restrictions. The car show was to held on Saturday May 16 with practice at the track following the car show also postponed.

No announcement has yet been made concerning the opening weekend of racing scheduled for Memorial Weekend May 24th and 25th at the speedway. Racing throughout the summer is scheduled for each Sunday with Wissota Hornets, Wissota Pure Stocks, Wissota Mod 4's, Wissota Midwest Modifieds, Wissota Super Stocks, Wissota Modifieds and Bemidji Mini Stocks. Race time each Sunday is scheduled for 5:PM. Track promoter and owner Tonja Stranger said, "we are still hoping to have a season but it's a wait and see situation."

In a recent announcement from the Wissota Racing Board of Directors has suspended National Points until further notice. Wissota sanctions racing in Minnesota, North and South Dakota, Wisconsin, Wyoming, Montana, and Canada.

Senator Johnson, Senate Republicans share ideas from small businesses ready to open safely

(ST. PAUL, MN) –On Monday, Senate Republicans shared ideas from small businesses and churches to safely reopen as Minnesota enters the third month with a stay at home order. Despite billions in federal stimulus dollars being pumped into the state, nearly 600,000 Minnesotans have filed for unemployment, and thousands of small and local businesses and churches, have closed their doors to the public, and some have closed for good.

"I am disappointed with the Governor's decision to extend the blanket stay-at-home order across Minnesota," said Senator Mark Johnson (R-East Grand Forks). "Our small businesses are doing all they can to stay afloat. Businesses in Northwestern Minnesota are facing a particularly tough time, as our neighbor to the west, North Dakota, have already begun to open up. Our state does not need to choose between preserving public health or helping our economy; we can do both. We all want to protect our parents, sisters, brothers, friends, neighbors, classmates, and loved ones, and our businesses do too. I ask Governor Walz to change Minnesota's approach to dealing with Covid-19 focusing on evidence-based solutions and listening to our businesses on the front lines and their plans that will allow us to open up Minnesota safely and smartly."

Speakers at the press conference included a salon owner, restaurant and bar owners, and the pastor of a small church. They shared the various efforts they've made to re-open following CDC guidelines. They also shared what might happen if the business closures remain in place any longer than planned.

Senate Republicans also announced the formation of a Senate taskforce dedicated to economic recovery from COVID-19.

The purpose of the COVID-19 Economic Recovery Taskforce (CERT) is to safely and efficiently reopen Minnesota's economy in accordance with the state and federal public health guidelines. Chaired by Minnesota businessman Mike Vekich, CERT membership will include Senators from both caucuses, representatives from private businesses, health care, trade unions, higher education, local government, and the financial industry.

Watch the press conference on Facebook

What is a gap year? And should grads take one?

Members of the class of 2020 have many decisions to make in the coming months.

Many high school students enroll in trade schools or colleges after graduation, while college graduates start their careers or begin their pursuit of advanced degrees when their undergrad days draw to a close. But more and more high school and college graduates are taking gap years.

According to the American Gap Year Association, a gap year is defined as an experimental semester or full academic year taken between high school and college grads in order to deepen practical, professional and personal awareness. Students often take a break from school as a chance to travel or gain some professional experience. Others use gap years as a chance for personal exploration before moving on to the next chapter in their lives.

Gap years may once have been looked at unfavorably, but they have evolved from such perceptions into opportunities to volunteer abroad, learn a new language in a foreign land, visit one's ancestral homeland, or work as an intern.

While many students take gap years prior to entering college, even college graduates can benefit from taking time off after earning their degrees.

Gap years are now seen as a way to improve a curriculum vitae and gain relevant work experience in a particular field. The resource GapYear.com indicates employers actively employ people who have taken a gap year, prefering candidates who have real-world experience.

Preparation is necessary before diving head first into a gap year. Students can speak with people who have already taken gap years and ask questions. Graduates should approach the decision of whether or not take a gap year just as they would any other large, life-changing decision. Experts say that it can take between nine and 12 months to plan a gap-year itinerary. Finances are a consideration, and gap years require ample savings and a carefully constructed budget in order to be transformed from a dream into a reality.

Gap years are a growing trend that can help students improve their résumés, see the world and gain invaluable experience.

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Theology in the Trenches

By Kathleen Kjolhaug

Into the Quiet...Into the Deep

The quiet tip-toed as did I up the stairway. To the beat of the creaks up the steps I did go…to sit a spell. "To Thee we come, before Thee we cry, sinful and sorrowful. Mother of the Word incarnate, despise not my petition, hear and answer me, Amen." So goes the ending of the prayer my mama prayed whose heart was stayed in Thee. It was her favorite prayer, the Memorare. It says so in the little book she gifted. In her own handwritten words, they remain a testimony of her steadfast love.

To the left I glance as the narrow leaflet of paper catches my eye upon the shelf. A glimmer of hope in a darkened space in which it is placed. "You need only be silent and I will work for you," (Exodus 14:14) it says.

And so…I go to the upper room of sorts to sort out thoughts in my sacred space. Feet carry so I may tarry a while with Thee.

Here I sit.
Here I await.
Here I still.

Here Your voice quiets the center so that I may hear.

"I Burned for Your Peace, Augustine's Confessions Unpacked" by Peter Kreeft stares back. A soul soaked and brim filled cup it offers as I drink from.

His Word lies open and I grab a little salt in the form of Psalm 107. It's a repeat of the day before. It remains open to that very spot cause it needs to sink in deep. It reads…

"Give thanks to the Lord, for He is good; His love endures forever."

"Taste and see that the Lord is good," (Psalm 34:8) echoes back. I taste…and it is good.

"His love endures forever," (Psalm 136:1) reinforces once again midst the quiet.

I pause as it soaks deep. Day two, and three are a repeat of. I must need it. And so, I sip. He invited us to do likewise, you know as it began with a sip back in Genesis.

"Then Abraham's servant ran to meet her and asked her, 'Please, let me have a sip of water from your jug'" (Gen. 24:17 NIV). She said yes and the rest is history as Isaac was brought his bride. And the descendents of Abraham are many…thank God.

Thus began the anchoring of this sipping…drinking…and being partakers of what He offers. It anchors deep as we wade into the deep…into the quiet…with Him. Amen.

The Styled Model A John Deere

By Auctioneer Eric W. Mickelson

" Tomorrow's tractor today!" That is what John Deere called their new styled model A and B tractors. The new design released in 1938 was well accepted. Farmers liked the new design. Over 400 unsold unstyled tractors were brought back to the factory and rebuilt as styled tractors. 1940 saw more changes for the model A. The engine displacement was increased by increasing the stroke from 6.5 inches to 6.75 inches. Also another important option was introduced on the model A, electric start! These A's were know as "slant dashes." The battery was placed behind the gas tank and the hood was extended. The gauges and dash were extended and instead of being vertical the panel was slightly slanted. 1941 models that were equipped with rubber tires now included a six speed transmission. This was a great improvement and increased the A's ability to do many jobs on the farm. Few other changes were made from 1941-1947.

In 1947 another big styling change took place. These are my favorite model A tractors. The batteries were moved under the seat and the starter placed under the tractor instead of on top. A new pressed steel frame with curved design was added. This was a tractor!! These tractors also had an option that became a popular feature of John Deere tractors, the Roll-A-Matic front end. This was a narrow front end in which each wheel could independently go up or down on uneven terrain. A horse power upgrade was made. The new high compression head was used to give the gasoline model A nearly 40 hp.

In 1949 the shifting was changed to one shift lever instead of two, with a high low range. The last A rolled off the assembly line in May 12, 1952. This ended a 28 year production run of one of John Deere's most popular models.

When I see a picture of a newer styled A tractor I think of how farmers must have loved the new design, added power. If you look at old sales literature the showing the newer A's, the full color brochures, and pictures show farmers smiling as they sit upon these new sleek tractors. I was just born about 30 years too late!!! I wish a was one of those smiling farmers on a new model A!!

Tractor Trivia

1. The model A was manufactured from _____ - 1952.
A. 1933 B. 1934 C. 1935

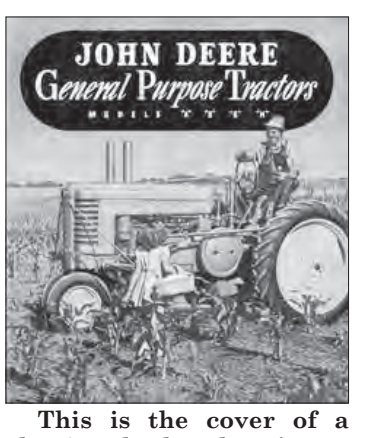
2. How many times was the model A tested in Nebraska?
A. 1 B.3 C.5

3. In 1941 the A added a six speed transmission. How many forward speeds did they have before that time?
A. 3 B. 4 C.5

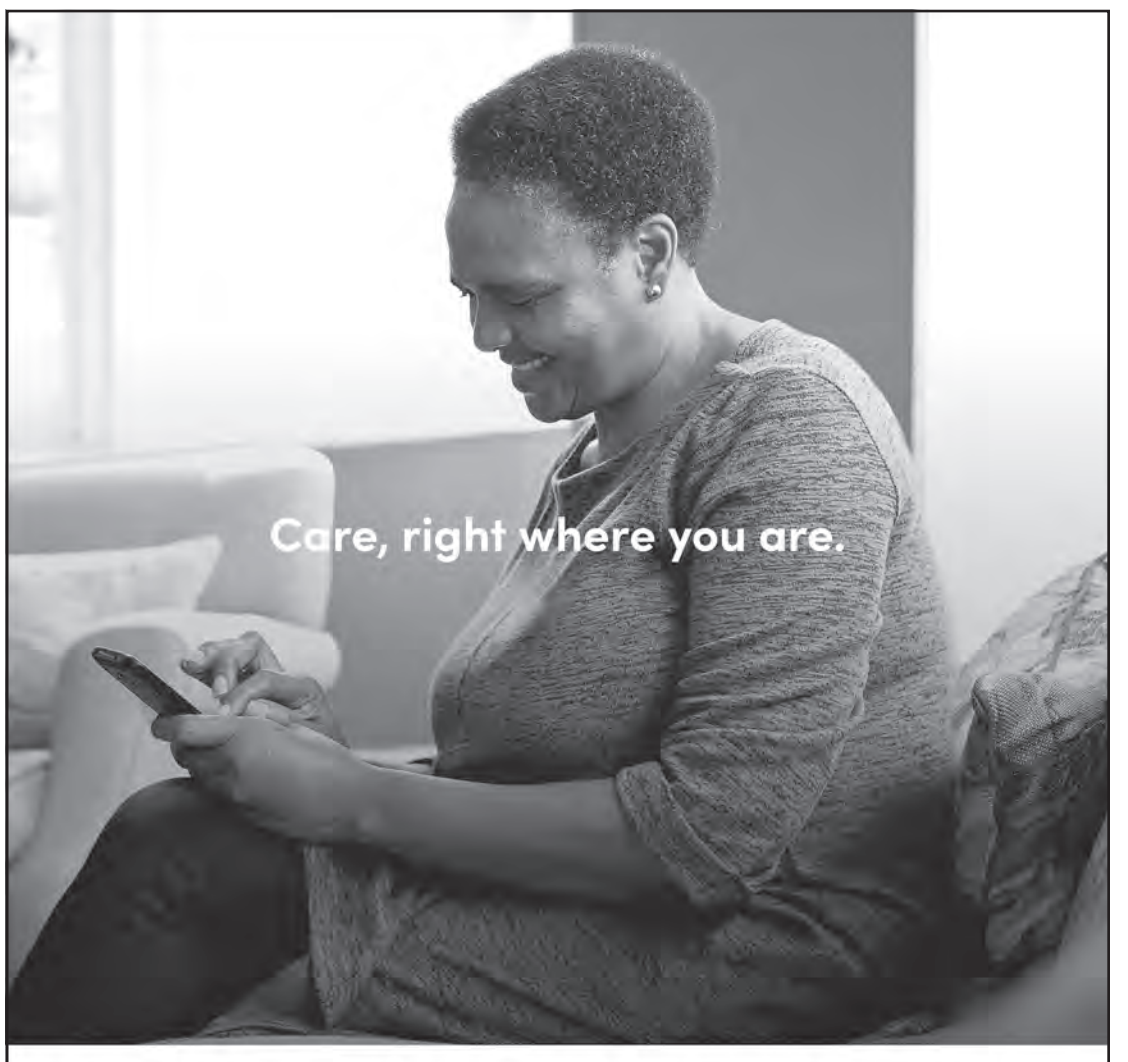
4. The price of a new model A in 1952 was _____?
A. $1799 B. $2000 C. $2400

5. What model replaced the A?
A. 50 B. 60 C. 70

Answers:1. B1934 2. C.5 3. B.4 4. C.$2400 5. B.60



This is the cover of a classic sales brochure!



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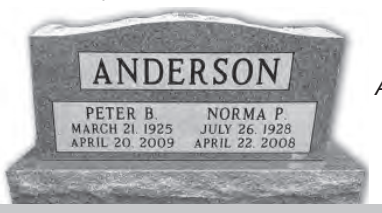

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OBITUARIES

Obituary for Lanis Karel

Lanis Karel passed away May 2, 2020 at Madonna Towers, Rochester. He was born May 31, 1923 in Leroy, North Dakota, to parents Frank and Stella (Gorman) Karel. He attended country school through the eighth grade and helped his father and brothers on the family farm.

Lanis married Annabelle Jane Smith on May 18, 1943. They stayed on the family farm near Leroy during the early years of their marriage and then in 1948 moved to Oklee, MN, where they purchased their own farm. They farmed there for the next 46 years where Lanis served on several boards including Red Lake Electric Co-op, Federal Land Bank, and Soil Conservation board. In 1994 they retired and moved to Detroit Lakes, MN. In May, 2017, they moved to Madonna Summit in Byron.

Lanis and Annabelle were dedicated snowbirds who spent almost 40 winters in Apache Junction and Mesa, AZ, enjoying a wide circle of friends. Lanis was known for making wooden bowls on his lathe and loved to give them away to family and friends. He and Annabelle also became known as the makers of thousands of Aggravation game boards, shipping them around the world.

Lanis is survived by his wife of nearly 77 years Annabelle and four children: Karen (Morley) Peterson of West Concord, Louise (Delphus) Hanson of Cushing, Susan Lommen of Rochester, Kevin Karel of Pelican Rapids, plus grandchildren and great-grandchlldren. He was preceded in death by his twin brother Nick, brothers Lloyd and Willmar, and sister Della.

A private family service will be held in the near future. Online condolences and remembrances are welcome at www.byronfuneralhome.com.

Obituary for Lavonne Schmunk

"Everlasting Woman"

Lavonne "Mickey" Michele Gurneau Schmunk, 75, of Bemidji, MN died Sunday, May 3, 2020 at Cornerstone Nursing and Rehab in Bagley, MN.

Committal services will be held at 1:00 pm, Tuesday, May 12, 2020, at the United Lutheran Cemetery in Berner, MN. A memorial service will be held at a later date. Arrangements are with the Cease Family Funeral Home in Bemidji.

She was born on November 1, 1944, in Red Lake, MN the daughter of Michael Handy and Frances "Bunty" Gurneau. She was raised by her Mom, and her Dad Winfield Morrison. She was raised and educated in Red Lake where she attended the Mission School. As a teenager she worked in Minneapolis as a Nanny, and at a Nursing Home. After returning north she took a job as a dispatcher in Clearwater County, and then in Red Lake, MN. She became the second ever female police officer on the Red Lake Reservation. With her experience in Law Enforcement she even served for a short time as a Prosecutor in the Red Lake Judicial System. She pursued a career in Health Care, working at the Cass Lake IHS Hospital until her retirement. She was a member of the Gonvick Red Hat Ladies, and a member of the American Legion Aux. She enjoyed playing solitaire for hours, going to the Casino, and spending time with her Grandchildren.

She is survived by her: Children, Jolene Silk, Yvonne Lussier, Maj. Delvin (Miki) Schmunk, (USAF-Retired), Dale (Gina) Schmunk.

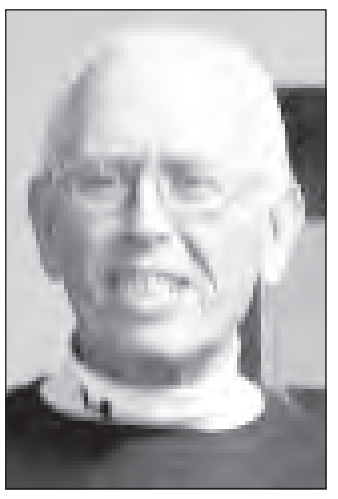
Sisters, Donna Jean Morrison, Aldene Morrison, Anita Rose Towne, Delores Lasley. Brothers, Robert Morrison, Vincent Morrison.

Significant Other, Dennis Klockner.

12 Grandchildren, 10 Great-Grandchildren. Numerous Nieces, Nephews, Cousins, and Relatives.

She was preceded in death by her: father Michael Handy, Mom Frances "Bunty" Gurneau Morrison, Dad Winfield Morrison, her husband LeRoy Schmunk, sister Annette Morrison Mears, brothers Ronald Morrison, Richard John Morrison, William Morrison, Lawrence "Larry" Morrison, William "Billy" King, Son-in-law Gary "Tatanka Chante" Silk, nephews Steven Soukup, Isaac McDermott, and Tony May Jr.

Honorary Pallbearers will be all of LaVonne's brothers and sisters.



Obituary for Neil R. Bursheim

Neil R. Bursheim, age 79, of McIntosh, MN, passed away peacefully on Monday, May 4th, at Essentia Health Hospital in Fosston from complications of leukemia.

Funeral services will be held at a later date. Arrangements are with Carlin Family Funeral Service of Erskine.

Obituary for Judith Croft

Judith A. "Jude" Croft, age 81 of Saint Paul, passed away peacefully on Sunday, May 3rd, 2020. Jude was known for her witty sense of humor and optimistic outlook on life despite her numerous physical challenges. She was preceded in death by her husband of 54 years, Jerry; brother, James "Jim" Votava; sister, Mary Ann Leidholm; and parents, Frank & Agnes Votava. Jude is survived by daughter, Julie Carty; sons, John (Colleen) and Joseph (Sara); grandchildren, James, Jeffrey, Jared, Abigail, Claire, Andrew and Rachel; great-grandchildren, Tyler, Marissa, Paisley and Hunter; and many nieces & nephews.

Special Thanks to the caregivers at September Cottage Eldercare in Scandia.

Celebration of Life to be held at a later date.

Obituary for Dr. Judith Olson

Dr. Judith "Judy" Olson, age 68, of Fosston, MN, passed away on Monday, May 4th, at her home, surrounded by her family, following a courageous battle with cancer. A funeral service will be held at the Olson farm near Fosston with the Rev. Jane Ekholm officiating. Only immediate family members will be in attendance due to pandemic restrictions. Interment will be in Hope Lutheran Cemetery, Fosston. The funeral service will be recorded and will be available for viewing beginning on Wednesday, May 13th on www.carlinfuneral.com and the Hope Lutheran Church Facebook page. Arrangements are with Carlin Family Funeral Service of Fosston.

Judith LeAnn Kroening Olson was born on March 16, 1952 in Fosston, Minnesota to parents Roy and Violette Amberson Kroening. She grew up on a farm southwest of Fosston and graduated from Fosston High School. She met the love of her life, Duane Olson, and they married in September of 1970. They had two children, Stacy and Jessica. Judy loved the farm and they raised cattle and were involved with 4-H for many years. Her grandson, Austin, was a big part of her life during that time.

Judy loved to teach and decided to go back to school and had numerous academic degrees and accomplishments. Judy had a Bachelor of Science Degree in Elementary Education with special licensures in Special Education, Learning Disabilities, and Behavior Disorders. She received her Master of Science Degree in Special Education from Bemidji State University and went on to work as Director of Special Education, ABP, at Moorhead State University. She then attained her Doctorate in Education from the University of North Dakota and Judy presented at Oxford, England at the Round Table. She presented "A Case Study in Paternal Child Relationships".

Judy had a passion for antiques. Every time there was a store, we needed to stop. Judy and Jessica traveled the State of Minnesota and neighboring States to find that "perfect" piece. Judy also did her Park Lane Jewelry, as she said, "for her fun time with the girls".

The world is truly a better place because she was in it. She will be dearly missed by many and was rewarded and educated by many in her life. We love you and cherish you forever!

Judy is survived by her children, Stacy of Grand Forks, ND, and Jessica (Troy) Horn of Gonvick, MN; brother, Richard (Julie) Kroening of Fosston, sister, Karen (Ron) Olson of Bemidji and Florida, twin brother, Jack (Faye) Kroening of Bemidji, brother, Gary (Dawn) Kroening of Bemidji; grandson, Austin (Allison) Kindem of Gonvick, MN; and great grandson, Ryder. Numerous nieces, nephews, cousins, uncles and aunts.

She was preceded in death by her parents, Roy and Vi Kroening.

Submit Obituaries & Memorials
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www.TriCoCanary.com for updated Obituary Notices

Versatile coffee cake can be eaten any time of day

Traditional coffee cake is a moist, tender pastry that might be topped with streusel or crumbs and is often served as the perfect accompaniment to coffee or tea at breakfast or in the afternoon. The British version of this cake is a sponge variety that actually is flavored with coffee and coffee butter icing.

Coffee cake is ideal to have on hand when entertaining. It fits well for breakfast, brunch or even as a late-afternoon snack.

This recipe for ÒRoasted Banana Coffee CakeÓ from ÒSimply ScratchÓ (Avery) by Laurie McNamara includes bananas, making it an ideal addition to the breakfast table. The author suggests roasting the bananas helps to perfect their texture without having to wait for the natural ripening process.

Roasted Banana Coffee Cake

Serves 8

8 tablespoons (1 stick) unsalted butter, melted and cooled, plus 1 tablespoon at room temperature for the pan
2 tablespoons granulated sugar
2 bananas
3/4 cup chopped pecans
3 tablespoons dark brown sugar
1 teaspoon ground cinnamon
1-1/2 cups unbleached all-purpose flour
1 teaspoon baking soda
1 teaspoon baking powder
1/4 teaspoon freshly grated nutmeg
1 cup granulated sugar
2 large eggs, lightly beaten
1/4 cup sour cream
1 teaspoon pure vanilla extract

Preheat the oven to 350 F. Butter a 9-inch round cake pan with the 1 tablespoon room temperature butter and dust with the granulated sugar and tip out any excess.

Place the bananas on a small rimmed baking sheet and roast for 15 minutes. Remove and set aside to cool.

In a small bowl, combine the pecans, brown sugar and cinnamon. Set aside.

Sift the flour, baking soda, baking powder, and nutmeg through a fine-mesh strainer into a medium bowl.

In the bowl of a stand mixer fitted with the paddle attachment, beat together the butter and sugar on low speed until light and fluffy, 2 to 3 minutes. Add the eggs one at a time, mixing well after each addition. Scrape down the sides of the bowl with a spatula, then add the roasted bananas, sour cream and vanilla. Beat until incorporated.

With the mixer running on low speed, spoon in the flour mixture and mix until just combined.

Pour the batter into the prepared pan and smooth the top with a spatula. Sprinkle evenly with the pecan topping. Bake for 40 to 45 minutes, or until a toothpick inserted into the center comes out clean with a few crumbs attached.

Let cool for 10 minutes before slicing and serving.

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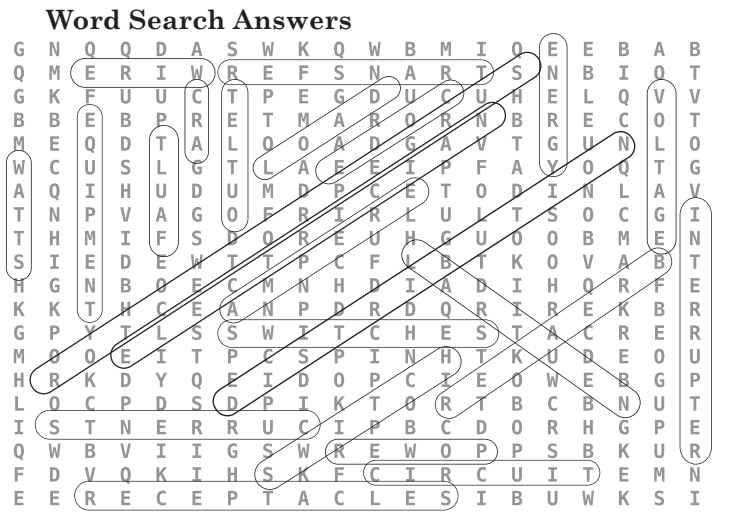

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