



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Mustard Seed Homes Building Trade House

You might remember reading a few months ago about the Building Trades training that Clear Waters Life Center (CWLC) offers the Mustard Seed Homes (MSH) residents. MSH is a 12-month residential program for men in recovery that emphasizes spiritual growth with vocational and life skills training. Home-building was a natural choice since we had the ability to utilize local professionals who were willing to work alongside and train our MSH men. The skills they have learned through classroom and

hands-on experience are valuable assets as they transition into a productive lifestyle. The house originally went up on bids the beginning of March, just before COVID-19 invaded our lives. Bidding was suspended. In the past two months, the finishing touches have been put on the house. Kitchen, bathroom, and laundry room cabinets are in. Siding is complete. Trim and paint is done except for some final touch up before it is ready for you! The one-level house is designed for low maintenance

and energy efficiency with an open floor plan. The vaulted ceiling over the living room, dining room, and kitchen and white cabinets add a sense of spaciousness found in larger homes. This two-bedroom, two-bath house has ample closet space and a laundry/mud room. Clear Waters Life Center will be accepting sealed bids, Monday, May 11, through June 1st. The house is open for guided tours, please call 218-487-5290, Ext. 3 to set up an appointment.



Finishing touches were done on the kitchen.

Position Statement & Open Letter to Governor Walz from MN-Fish Sportfishing Foundation – COVID-19 Pandemic

April 28, 2020 - WALKER, MN – The MN-FISH Sportfishing Foundation today released its official Position Statement on the current COVID-19 pandemic. It also shared its open letter to Governor Walz outlining specific recommendations as the state prepares for the 2020 Fishing Season that opens May 9.

The position statement reads:

"MN-Fish Sportfishing Foundation believes recreational fishing is culturally important to Minnesota's heritage and is an inherently safe and healthy activity that's also an important food source for many Minnesotans. MN-FISH strongly encourages state and local leaders to not only maintain traditional statewide fishing opportunities, but also designate the \$4.2 billion sportfishing and marine industries as essential, and allow supportive businesses to open, such as sporting goods stores and fishing guides that can operate within established safe social distancing guidelines."

Here's the letter MN-FISH has sent to Governor Walz:

"Honorable Governor Walz:

The MN-FISH Sportfishing Foundation thanks you for your efforts to defeat COVID-19 while recognizing recreational fishing/boating are both culturally important to Minnesotans and vital to the state's economy.

MN-FISH Sportfishing Foundation represents Minnesota's 1.4 million anglers and supportive businesses generating \$4.2 billion annually in economic impact in our state.

We are the State of Fishing.

Our association is ready to work with you and other local, state and federal elected officials to help end this pandemic and rebuild Minnesota's economy.

We recommend the following:

- *Support statewide travel for anglers and boaters. Recreational fishing and boating are critical to the economic health of the state, particularly in rural locations. Every week lost during the vital spring/summer fishing season is financially devastating to these businesses. Supporting statewide travel will help businesses survive; it will also reduce crowding on boat ramps and lakes in populated areas across the state.
- *Encourage Anglers to Purchase Fishing Licenses and Walleye Stamp Online or by Phone. This will reduce lines at traditional license vendors to make transactions safer for all. Licenses are available through DNR website or by calling 1-MN-LICENSE.
- *Promote May 9-10 as Take Mom Fishing Free weekend: Celebrate Mother's Day as only Minnesotans can—by going fishing for free (no license is required for Minnesota resident moms)! Consider expanding this program this year for health care workers on the front lines of the COVID-19 fight as well.
- *Go Fishing on Opening Day of Fishing Season: Help state residents celebrate the Fishing Season Opener by fishing yourself that day.
- *Allow Fishing Guides/ Charter Services to Reopen. Most state guide businesses are sole proprietors that cater to individuals or groups of 1-3. Guides can operate within established safe social distancing guidelines by limiting the number of guests allowed on board. The same is true for charter operations that generally operate in larger craft."

www.MN-FISH.com • 833-3MN-FISH (366-3474) • info@mn-fish.com
Contact: Steve Pennaz info@

MNFISH.com

About MN-Fish: MN-FISH Sportfishing Foundation is a 501(c)(3) non-profit organization for anglers and fishing industry stakeholders formed to bring a strong, unified voice to St. Paul on behalf of Minnesota anglers and stakeholders. The organization is dedicated to restoring, protecting and enhancing Minnesota Sportfishing for present and future generations to enjoy.

Make Your Mark

Written by Karin Haugrud

According to the Administration on Aging, when the Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthday. About a third of older adults lived in poverty and there were few programs to help them meet their needs. Interest in older Americans and their concerns was growing. A meeting in April 1963 between President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month," the prelude to "Older Americans Month."

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, especially those who served and defended our country. Every President since Kennedy has issued a formal proclamation during or before the month of May asking that the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, fairs, and other such activities. This year's theme was se-

Area Farmers Face Unique Challenges during Planting Season

COVID-19 Requires Critical Steps to Avoid Stress and Illness

Crookston, MINN. Spring planting is always a busy time for farmers; and a worldwide pandemic only amplifies the stress and uncertainty that accompanies the season.

"Planting season means long hours and lots of unknowns for area farmers," says Heather Dufault, a Local Ag Extension Educator at U of M Extension. "And while farmers are maintaining their equipment, it's critical they also take care of their health. Now more than ever we need all our farmers and their families to stay well."

University of Minnesota Extension offers important tips for farmers to stay healthy and keep their operations going:

- Practice social distancing; at home, in the shed and out in the field
- Make sure you ride single in your cab, and stay six feet away from your team whenever possible
- Practice social distancing when taking deliveries
- Keep sanitizing supplies handy and wash your hands frequently, especially before and after meals, repairs and activities with other people
- Limit non-essential visitors to your farm
- Use technology to communicate as much as possible. Text work plans to employees instead of holding morning meetings in the shed or at the

kitchen table. Use a phone or tablet to take a picture of a broken part and send it to the dealer. Call ahead to make sure parts are in stock and ask the dealer to place the part outside the door

- Clean and sanitize shared equipment after each use
- Wipe down doorknobs, steering wheels, radio knobs, grab handles, fuel tank covers and other surfaces people might touch
- Make sure you have a written contingency plan in case you, a family member or one of your workers becomes sick, and share that plan with the people involved

"Farmers are the backbone of our community and our region," says Heather Dufault. "And many days, especially during long hours of planting season, the stress of being a farmer in these times can become almost too much. That's why it's important farmers know they've got someone they can talk to."

The Minnesota Farm and Rural Helpline is available 24 hours a day, seven days a week. It's free and confidential. The number to call is 833-600-2670.

Resources for Farmers

- Minnesota Farm & Rural Helpline
 - o 833-600-2670
 - o Available 24/7
 - o Free
 - o Confidential

- **Minnesota Rural Mental Health Specialists**
 - o Monica McConkey 218-280-7785 (Generally serving areas north of Highway 12, which runs from Ortonville through Willmar to the Twin Cities)
 - o Ted Matthews 320-266-2390 (Generally serving areas south of Highway 12)
 - o Monica and Ted work with farmers throughout Minnesota. There is no cost and no paper-work
- **Mobile Crisis Teams**
 - o <https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp>
 - o This web site has an interactive map that lists phone numbers for each county
 - o Phones numbers are answered 24/7
 - o Responders travel in private vehicles and generally arrive within two hours
- **University of Minnesota Extension**
 - o <https://extension.umn.edu/rural-stress>
 - o This site lists financial and mental health resources
- **National Suicide Prevention Lifeline**
 - o 800-273-8255 (800-273-TALK)
- **Crisis Text Line**
 - o Text MN to 741741
 - o Immediate, free and confidential support for people in distress

Jobs for Minnesotans Celebrates Public Utilities Commission Re-Issuance of Line 3 Replacement Project Certificate of Need and Route Permit

St. Paul, Minn. (May 1, 2020) –Jobs for Minnesotans today released the following statement following the Minnesota Public Utilities Commission (MPUC) decision to re-issue the certificate of need and route permit for the Line 3 Replacement Project:

"Jobs for Minnesotans celebrates today's decision by the MPUC to issue the certificate of need and route permit for the Line 3 Replacement Project based on an extensive scientific and factual record. As the most thoroughly reviewed in Minnesota's history, this safety and maintenance project will provide a much needed private economic stimulus to greater

Minnesota while also protecting the environment.

"As leaders in business, labor and communities, we appreciate that this decision brings us closer to putting thousands of skilled tradespeople to work here at home in Minnesota, creating more than \$2 billion in economic impact in north-eastern Minnesota communities and enhancing the safety of our environment for generations to come."

About Jobs for Minnesotans

Jobs for Minnesotans, a coalition representing business, labor and communities, supports statewide opportunities for prosperity and middle-class

jobs from sustainable natural resource development in Minnesota. The organization is committed to the principle that our state can preserve both job opportunities and the environment for future generations. Jobs for Minnesotans was co-founded in 2012 by the Minnesota Building and Construction Trades Council representing 55,000 workers and the Minnesota Chamber of Commerce representing 2,300 companies and 500,000 employees. For more information, visit jobsforminnesotans.org, follow @JobsforMN on Twitter and find the coalition on Facebook. com/Jobs4MN.

Northland Community & Technical College Class of 2020 to be recognized during virtual graduation celebration

May 1, 2020 — Northland Community & Technical College will be hosting a virtual commencement ceremony on Thursday, May 14 at 7:00 p.m. The pre-recorded ceremony will feature addresses from the Deans of both East Grand Forks and Thief River Falls campuses, as well as President Dennis Bona.

"Our graduates have put in the time and effort to achieve their goals and we need to recognize their achievements perhaps now more than ever," said Dr. Bona. "Graduation is a significant milestone and a cause for celebration. While this year's ceremony will certainly look different, we hope to capture the same excitement and appreciation for our graduating class that we look forward to every year."

Northland was forced to

transform its graduation ceremony in the midst of the ongoing COVID-19 pandemic, which is preventing schools across the country from holding in-person commencements. The virtual ceremony will include many of the traditional elements that make graduation such a special occasion for both graduates and the administration. The evening ceremony will include an opening processional featuring "Pomp and Circumstance," the playing of the National Anthem, a welcome address, and the official conferring of academic degrees.

"In these challenging times, it's so important to recognize and honor the positive things that are still happening all around us," Bona said. "I am so grateful to our staff and commencement committee for all the incredible efforts they've put

in to make this virtual ceremony truly meaningful and worthy of the work our graduates have put in during their time with us. I'm thrilled to be a part of it, and I invite our local communities to join us in a show of support that will be larger and more far reaching than usual thanks to the technology that is keeping us all connected."

Friends, family members, and the general public are invited to attend Northland's virtual ceremony, which will be streamed on the college's website, Facebook, and YouTube channels.

Northland encourages graduates to share how they are watching and celebrating commencement by posting photos and videos on Facebook, Instagram and Twitter, and tagging #GoNorthland and #Northland2020.

lected by the Administration for Community Living to encourage and celebrate the endless contributions that older adults make to our communities. Their time, experience, and talents benefit family, friends, and neighbors every day. This year's theme highlights the difference everyone can make – in the lives of older adults, in support of caregivers, and to strengthen communities. The 2020 Older American Month celebrates how communities, organizations, and individuals of all ages are making their mark.

Even though we cannot be physically together right now due to the Covid 19, we can still share stories and connect. Recalling adventures with childhood friends, memories you may have from that weekend at

the beach, a minister or teacher who helped guide your life, or how you learned you would become a grandparent—all of those stories connect you with your past and the people who have mattered along the way. Sharing and telling stories to your loved ones is a great way for them get to know you better and feel closer to you. Looking back at how we got through other tough times can help us manage this challenging time. Sharing what we love about our friends and family members helps them feel stronger and more connected.

Granted we cannot share our stories face to face right now, but they can be told on the phone, by facetime or Zoom or over the fence in the backyard. You can share these stories in

letters, in pictures, in headlines and photographs collected from newspaper clippings from years ago. We do not need to physically be together to share our stories and build each other up.

We can make a mark on people's lives with the stories we share!

This article is made possible with Older Americans Act dollars from Dancing Sky Area Agency on Aging. The Senior LinkAge Line® makes it easy for older adults and their families to find services in their community. Call the Senior LinkAge® at 800-333-2433 to speak with an information specialist or check out our website at MinnesotaHelp.info.

We invite you to celebrate Older Americans Month and make your mark in May!

Minnesota Forest Resources Council hires new director



The Minnesota Forest Resources Council (MFRC) announces the selection of Eric Schenck to serve as the council's new executive director. Schenck, a forest and wildlife conservationist with more

than 32 years of professional experience, will help lead the 17-member council in its mission to sustainably manage, use, and protect Minnesota's forest resources.

The decision to hire Schenck was unanimously supported by MFRC members, according to Pete Aube, council chairman. "The council, by statutory design, represents diverse forest interests from across the state," Aube said. "Eric's national and state leadership experience, passion, and reputation are a perfect fit for bringing these diverse interests together to promote balanced forest policies and management."

Schenck recently served as executive director of the Illinois Conservation Foundation. Prior to that, he was manager of Ducks Unlimited's conservation programs in Illinois and

Indiana. His professional career includes nine years working to advance federal conservation policies and programs in Washington, D.C.; and four years as environmental services chief for the Kansas Department of Wildlife and Parks. Schenck has both a master's in forest science from Yale University and a bachelor's degree in wildlife resources from the University of Idaho. He was raised on a small family farm in Illinois.

"I am honored to have been chosen as MFRC's next executive director," Schenck said. "The 17.4 million acres of forest land in Minnesota is an incredible natural asset that provides many economic, environmental, and social benefits. I am committed to seeing that this forest legacy is used and cared for wisely--today, tomorrow, and forever."

Western Governors University Celebrates National Nurses Week by Offering \$100,000 in Scholarships to Nurses and Other Healthcare Workers

OKLEE, Minn. – (May 1, 2020) – In recognition of nurses everywhere who are putting themselves on the frontline to treat and protect the vulnerable as we navigate through the COVID-19 pandemic, Western Governors University (WGU) is kicking off National Nurses Week – which runs from May 6 through May 12 – with a new Nurse Appreciation Scholarship for nurses who are interested in furthering their education. The fully online, nonprofit university is offering \$100,000 in scholarships to new students wishing to pursue a CCNE-accredited BSN or MSN degree, or a bachelor's or master's degree from WGU in specialties that include healthcare management, health information management and more. Applications can be submitted online at www.wgu.edu/financial-aid-tuition/scholarships/general/nurses-appreciation now through June 30.

"We at WGU are incredibly proud of our nurses and are inspired by the sacrifices they are making to keep their patients, families, communities, colleagues and facilities safe during this unprecedented time," said Dr. Angie Besendorfer, Regional Vice President of Western Governors University. "Nursing is more than a job, it's a calling. We want to show our appreciation by offering this scholarship to nurses who are interested in advancing their careers. We hope this scholarship can also help those that are inspired by nurses and are interested in a nursing career of their own to make the leap to further their education and explore rewarding careers in the healthcare field."

Each Nurses Appreciation Scholarship is valued at up to \$2,500 and applied at \$625 per six-month term for up to four terms. New students are invited to apply for these scholarships through June 30. To be eligible, scholarship applicants must be officially admitted to Western Governors University, complete the scholarship application and be interviewed by a WGU scholarship counselor. Recipients will be selected based on academic records, financial need, readiness for online study and current competency, among other considerations. Multiple scholarships will be awarded.

WGU's CCNE-accredited BSN and MSN programs; as well as its CAHIIM-accredited

B.S. Health Information Management, Master of Health Leadership and ACBSP-accredited MBA in Healthcare Management programs, are the perfect fit for the unpredictable and demanding schedules of healthcare professionals. In most cases, students complete courses on their schedule, with 24/7 online access to learning materials and the ability to take tests as soon as they master the material. This competency-based approach allows students to use their prior experience and training to help them move quickly through material they already know and focus on what they still need to learn, allowing them to graduate faster and at a lower cost.

To learn more about WGU's health professions programs or the Nurses Appreciation Scholarship, visit www.wgu.edu.

About WGU
Established in 1997 by 19 U.S. governors with a mission to

expand access to high-quality, affordable higher education, online, nonprofit WGU now serves more than 121,000 students nationwide and has more than 166,000 graduates in all 50 states. Driving innovation as the nation's leading competency-based university, WGU has been recognized by the White House, state leaders, employers, and students as a model that works in postsecondary education. In just 22 years, the university has become a leading influence in changing the lives of individuals and families, and preparing the workforce needed in today's rapidly evolving economy. WGU is accredited by the Northwest Commission on Colleges and Universities, has been named one of Fast Company's Most Innovative Companies, and was featured on NPR, NBC Nightly News, CNN, and in The New York Times. Learn more at www.wgu.edu.

2020 Spring Snow Melt – Initial Damage Assessments

Polk County Emergency Management is accepting Initial Damage Assessments for any disaster related costs and damages incurred during the 2020 Spring Snow Melt during the months of March and April.

Any public entity within Polk County representing cities, townships, county departments or any publicly owned organizations should complete and submit their Initial Damage Assessment forms to the Polk County Emergency Management Department.

The information from the submitted forms will be used to determine if the damage related costs could qualify for any State and/or Federal assistance. The submitted data also serves as a tool to determine the severity and magnitude of the damages incurred during the 2020

Spring Snow Melt throughout Polk County. All of the Initial Damage Assessments must be submitted to Polk County by Friday May 15, 2020.

For more information on obtaining and submitting your organization's Initial Damage Assessment forms, please go to: www.co.polk.mn.us/IDAP



Get Your Info In Every Mailbox!

We can create & ship Bulk Mailings & Direct Mailings for your business or organization! Send to ANY town or mail route!



Richards Publishing Co. Inc.
218-487-5225 • richards@gvtel.com
Gonvick, MN 56644



IT'S PLANTING SEASON.
Be patient. Be respectful. Be thankful.

SHARE THE ROAD.
PLEASE SLOW DOWN
AND KEEP OUR FARMERS SAFE.



Ultima Bank
MINNESOTA

R7C

www.ultimabank.com • 800-421-2588
Winger • Fosston • Plummer • Bemidji • East Grand Forks

Member
FDIC

Essentia Health offers drive-thru COVID-19 testing

Essentia Health-Fosston has opened a COVID-19 drive-thru test collection site in the clinic parking lot under the main entrance awning at 900 Hillgoss Boulevard, Fosston.

If you have a known exposure to or are experiencing symptoms consistent with COVID-19 including fever, cough or shortness of breath, you are asked to start an E-visit at EssentiaHealth.org/covid-19 or call our hotline at (833) 494-0836. An Essentia Health provider will evaluate your symptoms and, if necessary, refer you for a test. If a test is ordered, you will receive a ticket number and be directed to the drive-thru location for specimen collection. You cannot drive to this testing location without a ticket number ordering a test.

Once at the drive-thru location, patients will remain in their vehicles and simply roll down their window for the nurse collecting the test specimen.

Essentia Health is waiving the fee for E-visits related to COVID-19 screening and this visit is available for everyone, you don't have to be an established Essentia Health patient. Also, patients won't be billed for COVID-19 testing costs. This includes balances after insurance is billed, such as co-pays or deductibles. It also includes uninsured patients.

"We are extremely pleased

to be offering this level of COVID-19 testing in the Fosston community and for patients around the area. We understand that when you are not feeling well, it's even more important to be able to get nec-

essary care and testing close to home. Thank you for continuing to trust Essentia Health with your healthcare needs," says Kevin Gish, Essentia Health-Fosston administrator.

MCCL meeting canceled

The May 12th meeting of Minnesota Concerned Citizens for Life (MCCL) local chapter 45 has been cancelled. Please

pray for our country's most vulnerable citizens - Pre-born through elderly.

Countryside Greenhouse

OPEN
MON - SAT
8:00-6:00
CLOSED SUNDAYS
218-487-5217

\$1.00 off
All Hanging Baskets
Sat May 9th only

Please join us for our

Mothers Day Special

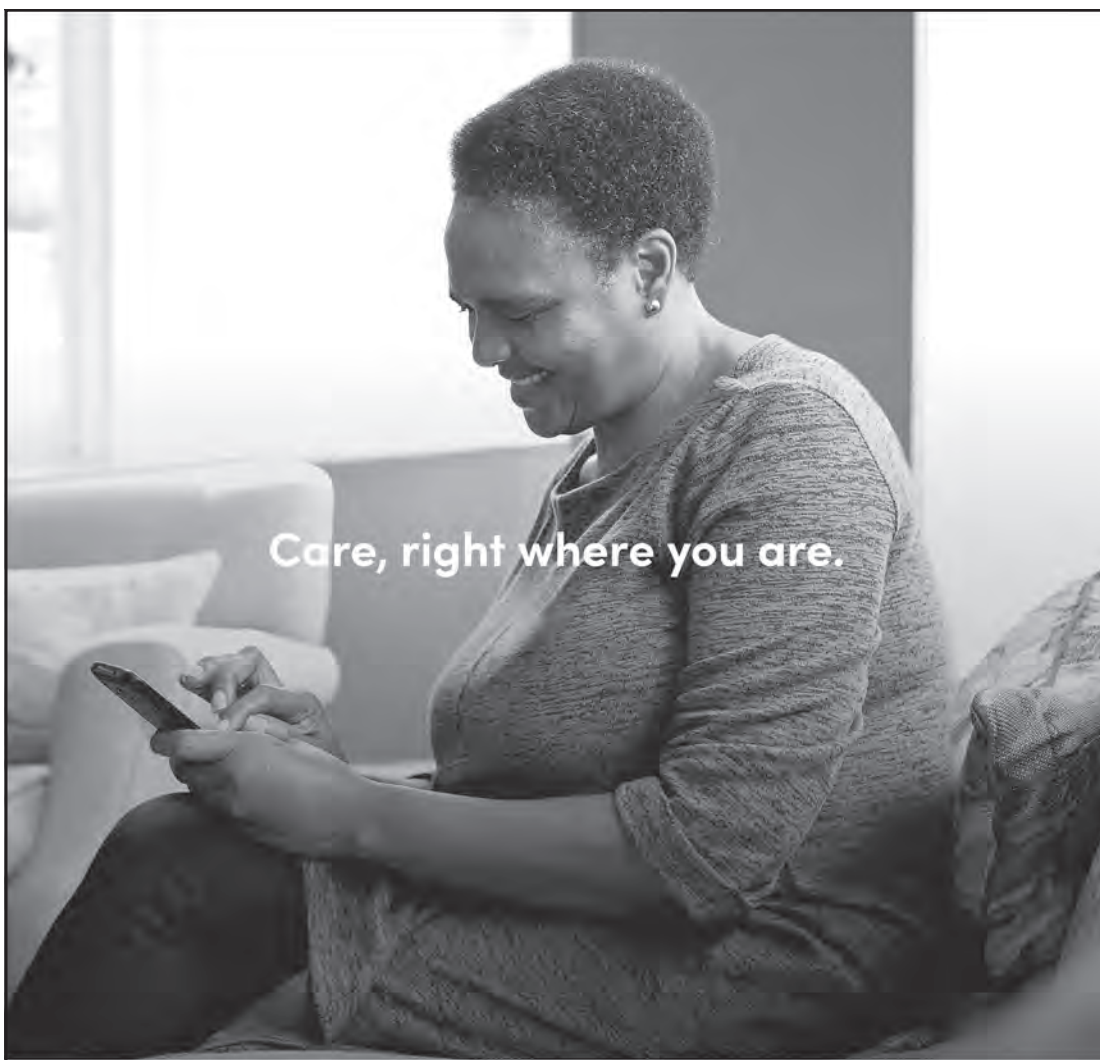
Saturday, May 9th

Come and enjoy FREE coffee & donuts

We will be closed May 21st for Ascension Day.

Directions: From Gonvick take Pine Lake Rd. (Hwy 7) South 2 mi. to 486th St. then West 3/4 mi. to Boardwalk Dr. WATCH FOR SIGNS

R7C



DUST CONTROL - POLK COUNTY ROADS

The Polk County Highway Department is accepting requests for application of calcium chloride for dust control in front of residences that lie along County or Township gravel roads. The cost will be approximately \$250.00 or 5 cents per square foot, whichever cost is higher. County Roads: the cost will be the responsibility of the homeowner on County roads. Township roads: Each landowner will be responsible for paying their specific amount to their township. Polk County will bill each Township for the total cost of Calcium Chloride applied in their respective townships. Polk County requires Township approval/permission documentation prior to chloride application on township roads. The cost will be for a one-time application only. The size and cost of each application may vary. The application site must be flagged from start to finish by residents. Polk County requires all individuals requesting Calcium Chloride to complete and submit application forms. Forms will be available at the Polk County Highway Department in Crookston or by visiting the Public Works Department page, Maintenance Section at <http://www.co.polk.mn.us/>. Individuals may either stop at our office to receive a form or call 218-281-3952 to request forms be mailed to them. Township residents may also contact their Township Clerk for application forms.

Application deadline is **May 18, 2020. NO EXCEPTIONS.**

Calcium Chloride Chart APPROXIMATE COST

Length of Application								
Width	150'	200'	250'	300'	350'	400'	450'	500'
16"	\$250	\$250	\$250	\$250	\$280	\$320	\$360	\$400
20"	\$250	\$250	\$250	\$300	\$350	\$400	\$450	\$500

Township roads will be sprayed at 16 ft and county roads will be sprayed at 20 ft.

M6-8C

VIRTUAL VIDEO VISIT

Face-to-face interaction with your Essentia Health provider from the convenience of home or work.

We've introduced virtual video visits, allowing you to receive care from your provider, right where you are. Virtual visits are now available for nearly all clinic appointment types in most specialty areas.

Virtual Visits are done through the MyHealth website or the MyChart app using your own computer, tablet or smartphone.

EssentiaHealth.org/VirtualVisit



Essentia Health

If you have concerns or symptoms related to COVID-19*, Essentia Health is providing E-Visits at no cost for evaluation. To learn more, or to start an E-visit, go to EssentiaHealth.org/COVID-19.

*Testing ordered as a result of screening may incur a charge.

O6-8C

"Your family owned and operated store"
Phone: 218-435-1454

Store Hours
8am-8pm Mon-Sat
9am-5pm Sunday

DOUBLE COUPONS SUNDAY-WEDNESDAY

PALUBICKI'S

FAMILY MARKET AND SPIRITS

FOSSTON • MINNESOTA

SALE DATES: MONDAY AFTERNOON MAY 4 TO MAY 10

Come in and get your
FREE Pump Perks Card!
Save On Gas!



Caribou COFFEE

Drive Through Hours:
6AM-7PM MON-SAT • 7AM-5PM SUNDAY

FRUIT BY THE FOOT VARIETY PACK,
SCOOPY DOO SNACKS,
MOTTS SNACKS,
FRUIT GUSHERS TROPICAL,
FRUIT GUSHERS VARIETY OR
FRUIT ROLL-UPS VARIETY PACK

10/\$10 4.5-8 OZ

CHERRY TWIZZLER BITES,
CHERRY PULL N PEEL OR
STRAWBERRY TWIZZLERS

\$1.99 14-16 OZ

PINK LEMONADE, ORANGE, CHERRY, BLUE
RASPBERRY LEMONADE, BLACK CHERRY,
GRAPE, LEMONADE OR TROPICAL PUNCH
UNSWEETENED KOOL AID

4/\$1
MAKES 2 QUARTS

ASSORTED ON-THE-GO
CRYSTAL LIGHT
\$2.39 10 PK

CHOCOLATE CHIP, MAPLE WALNUT OR
CANDY BAR SWIRL

**FRIENDLY'S
ICE CREAM**
\$1.99 48 OZ

VANILLA OR BUTTER PECAN

**DEAN'S ICE
CREAM**
99¢ PINT



LOW FAT

**TRUMOO
CHOCOLATE
MILK**
5/\$1 14 OZ

FRIENDLY'S BLACKBERRY PEACH PIE, PEANUT
BUTTER FUDGE OR JIM DANDY SUNDAE
ICE CREAM CUPS 6-8.5 OZ **99¢**



ORIGINAL, HOMESTYLE, MAPLE
CURED OR COUNTRY STYLE

**BUSH'S
BAKED
BEANS**
\$1.89 28 OZ

HEINZ
KETCHUP..... 38 OZ **\$2.79**

TENDER BROCCOLI CUTS,
CLASSIC MIXED VEGETABLES, SWEET
GARDEN PEAS OR SWEET KERNEL CORN

BIRD'S EYE
4/\$5 13-16 OZ

ESSENTIAL EVERYDAY
COLBY JACK, MILD CHEDDAR OR MOZZARELLA

**SHREDDED
CHEESE**
\$5.99 32 OZ



ASSORTED

**TONY'S
PIZZA**
3/\$8

CHICKEN ALFREDO
QUICK & EASY PIZZA 16 OZ **2/\$10**



SPARKLING CHERRY POMEGRANTE

**SUPER
CHILL
ICE**
4/\$1 17 OZ

TAZOBERRY
TAZO ICED TEA 13.8 OZ **89¢**



SEABEST
POLLOCK FILLETS
2/\$6 16 OZ



ASST. VARIETY NO NAME STEAK OR
SALMON FILLETS
\$7.99 10-12 OZ



PILGRIM'S PRIDE
WHOLE CHICKENS
\$1.39 LB



FAMILY PACK HICKORY SMOKED
BACON
\$3.49 LB



ARCTIC SHORES 51 TO 60 COUNT
RAW SHRIMP
\$5.99 16 OZ



SCHWEIGERT'S "MINNESOTA TWINS"
HOT DOGS
2/\$6 13.71 OZ



FAMILY PACK
CHICKEN DRUMSTICKS
\$1.09 LB



SMOKED, POLISH OR CHEDDAR BRATS
ELLIOTT'S
2/\$7 13.3 OZ



ASST. VARIETY NO NAME STEAKHOUSE
BURGERS
\$7.99 21-24 OZ



ASST. VARIETY HILLSHIRE FARMS DELI THIN
LUNCH MEAT TUBS
\$3.99 8 OZ



BONELESS, SKINLESS
CHICKEN BREASTS
\$2.29 LB



SUNSET CREEK FULLY COOKED
BARBECUED RIB RACK
\$8.99 2 LB

2%, 1% OR SKIM DAIRY PURE
**LAND O' LAKES
MILK**
\$2.99 GALLON

WHOLE OR 1% TRUMOO
CHOCOLATE MILK 1/2 GAL **\$1.99**

CHOICE OF 4
VILLAGE HEARTH OLD FASHIONED
**HOT DOG OR
HAMBURGER BUNS**
\$2.19 8 PK

MASTER
MUFFIN BREAD 16 OZ **\$2.99**

**PALUBICKI'S
PHARMACY**
• OPEN 7 DAYS A WEEK
• FAST PROFESSIONAL
SERVICE & LOW PRICES
• GET MOST PRESCRIPTIONS
IN 15 MINUTES

TRADITIONAL
PREGO
5/\$10 24 OZ

ORTEGA MILD OR MEDIUM
TACO SAUCE 8 OZ **\$1.59**

ASSORTED - 12 PK-12 OZ CANS
**COCA COLA
PRODUCTS**
\$3.99

ASSORTED
POWERADE 28 OZ **10/\$10**

LAND O' LAKES REGULAR OR PLUS CALCIUM
**ORANGE
JUICE**
2/\$4 64 OZ

LAND O' LAKES 4%, 2%, 1% OR NF
COTTAGE CHEESE 16 OZ **\$1.79**

OLD DUTCH RIP-L, DILL PICKLE, ORIGINAL
RIPPLES OR C&S RIPPLES
POTATO CHIPS
\$2.99 14.5-15 OZ

BITE SIZE OR TOSTADOS RESTAURANTE TORTILLA CHIPS
OLD DUTCH 20 OZ **\$2.99**

FRESH DELI
"OFF THE BONE"
SIGNATURE HAM
\$4.29 LB

MRS. GERRY'S DELI FRESH
COLESLAW LB **\$3.29**

KRAFT ORIGINAL
**MIRACLE
WHIP**
\$3.99 30 OZ

KRAFT CUCUMBER
RANCH DRESSING..... 16 OZ **2/\$3**

AFTER THE RAIN OR FREE & CLEAR
**PUREX LIQUID
LAUNDRY**
\$2.59 50 OZ

FRESH LINEN SOFTENER SHEETS
BOUNCE..... 120 CT **\$3.59**

LAND O' LAKES DAIRY PURE
**HALF
& HALF**
5/\$4.50 PINT

LAND O' LAKES DAIRY PURE
HEAVY CREAM..... PINT **\$1.99**

ASST. PARTY SIZE SNACKS
(13-18 OZ) OR
LAY'S POTATO CHIPS
(12.5-13 OZ)
\$4.49

MULTI PACK
NACHO DORITOS 10 CT **\$4.49**

FRESH BAKERY
PLAIN, SUGARED OR POWDERED
BUTTERMILK
CAKE DONUTS
\$2.99 DOZEN

EARL OF SANDWICH SOUR DOUGH, EIGHT GRAIN, MARBLE
RYE OR PUMPERNICKEL RYE
PREMIUM BREAD LOAF **\$4.29**

AU GRATIN OR SCALLOPED
**BETTY CROCKER
POTATOES**
\$1.79 4.7 OZ

HUNGRY JACK
MASHED POTATOES... 15.3 OZ **\$1.99**

ESSENTIAL EVERYDAY 8.875"
**FOAM
PLATES**
\$3.99 150 CT

TUFFY'S DINNERTIME
CAT FOOD 40 LB **\$17.99**

DEAN'S DAIRY PURE REGULAR OR LIGHT
**SOUR
CREAM**
2/\$3 16 OZ

FRENCH ONION, RANCH OR TOASTED ONION
LAND O' LAKES DIP..... 16 OZ **\$1.79**

KELLOGG'S
CORN POPS
\$4.59 19.1 OZ

ESSENTIAL EVERYDAY
TOASTED OATS CEREAL .. 12 OZ **\$1.99**

GREEN GIANT "B"
**RED
POTATOES**
\$1.99 3 LB BAG

ESSENTIAL EVERYDAY
TOASTED OATS CEREAL .. 12 OZ **\$1.99**

**WATER
SOFTENER SALT**
(40 LBS)
SUNSOFT EXTRA COARSE ... **\$4.69**
SUNSOFT SOLAR PELLETS. **\$5.19**
SURESOFT RUST BUSTER.... **\$5.99**

SKIN & COAT OR HIP & JOINT SUPREME
**HEALTHY MAX
DOG TREATS**
99¢ 4 OZ

SUPREME HI PRO
DOG FOOD 40 LB **\$15.99**

HOMESTYLE MEATLOAF,
BONELESS FRIED CHICKEN OR
GOLDEN BATTERED CHICKEN
WITH CHEESE FRIES
HUNGRYMAN DINNERS
\$2.79

MACARONI & CHEESE
STOUFFERS 40 OZ **\$5.99**

HONEY BEES FOREST & WETLAND
**BEAR
PAW HONEY**
\$4.99 20 OZ

ESSENTIAL EVERYDAY MINI
MARSHMALLOWS 10.5 OZ **5/\$3**

GREEN GIANT
IDAHO POTATOES 5 LB **\$2.59**
GREEN GIANT WHOLE OR SLICED
MUSHROOMS 8 OZ **\$1.69**
PEELED
CARROTS..... 1 LB **99¢**
VIDALIA
ONIONS LB **99¢**

RED SEEDLESS
GRAPES..... LB **\$1.99**
HONEYCRISP
APPLES LB **\$2.39**
DOLE GOLD
PINEAPPLE..... EA **\$2.79**

BLUEBERRIES..... PINT **\$2.69**

STRAWBERRIES..... 16 OZ **\$2.59**

AISLE 23
wine, spirits and beer

24 PK-12 OZ CANS
BUSCH OR BUSCH LIGHT
BEER **\$17.99**

750 ML
CUPCAKE CAVA
BUBBLY **\$9.99**

12 PK-12 OZ CANS
CORONA SELTZER
VARIETY PACK.. **\$15.99**

750 ML ASSORTED
RISATA MOSCATO
WINES..... **\$11.99**

750 ML
STRAWBERRIES & CREAM
BAILEY'S **\$20.99**

750 ML
APOTHIC INFERNO
RED BLEND..... **\$14.99**

750 ML
E & J PEACH
BRANDY **\$7.99**

ASSORTED 10 OZ
DAILY'S
FROZEN DRINKS ... **\$1.99**

CHICKEN MARGHERITA, CHICKEN
MARINARA OR CHICKEN LINGUINE
**HEALTHY CHOICE
CAFE STEAMERS**
\$2.79 9.5-10 OZ

VANILLA BUTTERMILK OR WILD BLUEBERRY WAFFLES
OFF THE GRID 10.7 OZ **\$2.99**

FINE HAZELNUT CHOCOLATES
**FERRERO
ROCHER**
\$2.59 12 CT BOX

MILK CHOCOLATE BARS
HERSHEY'S 6 PK **\$2.79**

CLASSIFIED ADS



Certified Nursing Assistant

Cornerstone Residence
Assisted Living
in Fosston and Bagley
Immediate job opening for a CNA.

Flexible hours, Benefits, and excellent wages.
For more information call Kristi in Bagley at 218-694-2378
Call Ruby in Fosston at 218-435-6333
Download applications at www.cornerstoneshc.com
EOE R26TFC

DISPATCHER

The Polk County Sheriff's Department in Crookston, MN has a full-time Dispatcher position available. Applicants must possess excellent computer skills, have the ability to speak clearly and concisely, and have the ability to exercise independent judgment, using all information available in critical and emergency situations. Provides a single point of contact for 24-hour voice/radio communications - emergency and 911 services to citizens. High school diploma or GED is required. Post-secondary education preferred. Wage range for this position is \$22.04 - \$28.02/hour; DOE and qualifications. An application and full job description can be obtained at <http://www.co.polk.mn.us> click on Careers. Please mail your completed application and resume to the Polk County Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716. (281-281-5408) Applications will be received until May 11, 2020. EOE.

M6-7C

Drivers Wanted

We are a Special Transportation Service looking for dependable drivers.
We transport clients from where they reside to and from medical appointments.
Must have a valid driver's license, clean driving record, and be able to pass a criminal background check.
Contact Rudy Finseth:
R & L Ride Service
800-630-6889

M7-9C

Wanted to Buy

10 1/2" Hydraulic
Tandem Disc.
CALL (612) 805-1756

R3-7C



OKLEE LUMBER INC

Quality Construction Materials

- Building Materials Sales
- Windows & Window Treatments
- Paints & Painting Supplies



ASK ABOUT OUR COMPLETE BUILDING PLANS SERVICES!
We're glad to help you with any building problem you may have.

301 Lambert St
Oklee, MN 56742
www.okleelumber.com
218-796-5131

O2TFC

OFFICIAL JOB POSTING

The Red Lake County Sheriff's Office is accepting applications to fill a Sheriff's Deputy position. This is a non-scheduled position to cover open shifts when full-time deputies take vacation or sick leave, and to provide extra patrol coverage for special events. The applicant will be expected to work nights and weekends. Applicants must be POST License eligible and be available to start working in this position by May 18, 2020. Starting salary will be \$24.13 and a detailed job description and information about additional qualification standards will be available upon request. Applications can be obtained at the Red Lake County Sheriff's Office in Red Lake Falls or on Red Lake County's official web page. All persons interested in this position must submit their application to Sheriff, Mitch Bernstein by 4:00pm on Monday, May 11, 2020. Any applicants selected for oral interviews will be contacted sometime after that date. Red Lake County is an equal opportunity employer.

O6-7C

Full-time Head Cook Position

Red Lake County Central Elementary School in Plummer, MN has a full-time Head Cook position open for the 2020-2021 school year. Applicants must hold, or be eligible to acquire the required Food Protection Manager Certifications. Interested candidates must submit the following:

- District Application
- Letter of Application
- Resume
- Food Service Credentials

Applicants interested in the position, should submit their completed application to: Mr. Andrew Fougner, Principal
Red Lake County Central Elementary
PO Box 7, Plummer, MN 56748
218-465-4222

Applications will be accepted until the position is filled.
Application forms are available at www.rlcc2906.org
ISD #2906 is an equal opportunity employer.



O6-7C

Red Lake County Cooperative

Are you looking to join a successful and growing company? Do you have the desire to learn as you work? If so, Red Lake County Cooperative may be the place for you. We are a customer focused cooperative looking to fill a Propane Delivery position based out of our Solway/Gully facilities.

- We offer a competitive wage and benefits package
- We offer training and mentoring
- We operate under a customer focused philosophy
- We are accepting applications for a full time position

Delivery Experience is preferred, but not required.
For more information on this position or to get an application, please contact Tom at 218-686-0091 or send resume to Tom@rlccoop.com or Po Box 37 Brooks MN 56715.

R6-7C

JOIN OUR TEAM

Essentia Health Fosston Openings
POSITIONS AVAILABLE IN
FULL TIME, PART TIME, AND CASUAL STATUS.

Essentia Health Living Center is now Hiring:
CNAs
RNs

Essentia Health Hospital:
Environmental Service Tech/Housekeeper
Paramedic

Essentia Health offers competitive salary and benefits
Apply at: www.EssentiaCareers.org
EOE/Minorities/Females/Vet/Disabled



Essentia Health

R29TH

Sort Line Operator I or II - Polk County Incinerator

The Polk County Incinerator in Fosston, MN has an opening for a full-time Sort Line Operator I or II. Primary duties include sorting or separating recyclable or problem materials from the recyclables and solid waste delivered to the facility. Position also required to clean equipment and to perform basic maintenance on, as well as operate conveyors, & equipment. Applicants must possess a high school diploma or equivalent. A valid MN driver's license and pre-employment physical exam are required. Wage range for this position is \$14.66 - \$19.75/hour, DOE and qualifications. Interested individuals may contact the Polk County Incinerator at 218-435-6501 or the Polk County Administrator's Office at 218-281-5408. An application and job description can be obtained at <http://www.co.polk.mn.us> click on Careers. Please mail your completed application and resume to the Polk County Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN 56716. This position will remain open until filled. EOE

M6TFN

Temporary Construction Worker

2020 Construction Season

Primary duties will include, but are not limited to:

- Installation and maintenance of underground copper, coax, and fiber optic cables
- Use of plowing and digging equipment
- Must be at least 18 years of age
- Preference may be given to those with prior experience with cable splicing and locating, as well as telecommunications and construction equipment
- Preference may be given to those who possess, or are willing to obtain, a CDL license

Submit resume by 10:00am on Monday, May 18
Email to resumes@gvtel.com or mail to Garden Valley Technologies, Attn: Personnel & Administration Manager, PO Box 259, Erskine, MN 56535

For additional details visit: www.gvtel.com or call 800-448-8260



GARDEN VALLEY TECHNOLOGIES

Innovate > Advance > Connect

Garden Valley is a leader in providing voice, video, security, Internet, cellular, and data networking in northwest Minnesota.

An Equal Opportunity Provider and Employer

R7,8C

Head Start Management Position Available

Inter-County Community Council is accepting applications for an opening in our Head Start department:

Nurse-Health Services: 40 hours a week, year round, office in Oklee, working with staff serving families of children ages birth to 3 years, LPN license required, RN or BSN preferred; experience with young children preferred. Supervisor of 6 Early Head Start staff. Additional training will be provided. Must be able to pass a background check.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountyycc.org. Send completed application and resume to Inter-County Community Council, attn.: Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountyycc.org. Applications must be received by **Friday, May 15th** at 4:30PM. Call 218-796-5144 x1028 for more information.

ICCC is an equal opportunity employer and program provider.

36-7C

Lawn & Garden

FERTILE GARDEN CENTER. 1 mile north on Highway 32 now open 6:30 AM to 8 PM daily. Beautiful blooming plants for your garden or pots. Bring in your containers and we will plant them for you. We have Perennials, potted shrubs and trees. we grow our own flowers and vegetables for reasonable prices and great quality!

R6-7C



Clearbrook, Minnesota

TJ Underground Inc, is seeking to hire competent, reliable workers for underground utility projects specializing in the installation of fiber optic cable.

WE ARE LOOKING FOR
Laborers, Directional Drill Operators, and CDL drivers.
To apply call 218-487-5230

R49-TFC

1x7

Sounds like multiplication?
Guess again.
It's newspaper talk for a one-column by 7-inch ad.
Too small to be effective?
You're reading this one!

Richards Publishing Co., Inc.

Gonvick
487-5225

R. J. Hunt Brand

Alfalfa, Wildlife Plot Mixes, Lawn Seed and other Forage Grasses and Legumes: High-ton Brand Alfalfa; 645 Brand and Yield Plus Brand Alfalfa; Proven performers in the area, High yield and disease resistance. Reasonably priced.

ORDER EARLY TO ASSURE YOUR SEED SUPPLY

Clearbrook Elevator, 218-776-3511; Farmers Union Oil, Grygla, 218-294-6153; Goodridge Creamery, 218-378-4144; Pete Anderson, Gully, 218-268-4546; Neal Anderson, Fosston, 218-435-6428; Merschman Sales, Bagley, 218-694-6168

R2-10C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171.

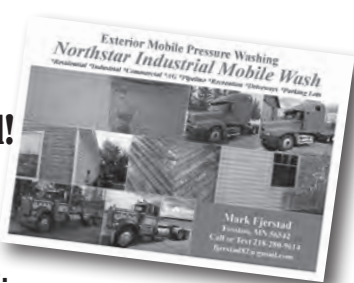
M30TFC

We print wedding invitations!
Call Richards Publishing
218-487-5225

Invitations? New Business? Special Event? Send it on a Postcard!

We Can Design and Print a Postcard to Fit Your Needs

Richards Publishing Co.
Call or email for more information:
richards@gvtel.com



218-487-5225

BURGER TIME WORD SEARCH

G	R	Z	K	O	S	Z	H	N	S	K	C	C	Z	J	V	S	L	W	T
N	L	E	S	M	F	F	Z	M	O	U	B	H	W	F	U	S	E	F	P
C	S	I	N	G	J	U	I	C	Y	M	V	K	P	P	E	M	T	G	L
L	L	V	C	N	N	C	L	F	Y	F	L	T	M	I	C	O	T	W	Y
O	E	D	B	Y	I	I	S	A	N	U	B	A	R	I	B	U	U	E	N
G	V	E	P	S	U	D	R	W	Z	O	J	F	S	U	C	T	C	V	O
Z	L	M	P	M	S	N	A	N	N	B	H	Y	R	T	U	H	E	Y	S
G	K	A	A	D	E	T	C	I	O	C	W	G	R	O	G	W	L	P	I
V	V	E	T	N	A	A	O	L	N	I	E	Y	P	K	P	A	H	U	B
I	A	F	T	J	R	N	Y	E	K	R	N	B	H	N	F	T	N	V	K
A	E	A	Y	N	S	U	R	T	Y	P	E	O	L	L	B	E	J	F	V
L	L	S	Z	N	Y	F	R	Y	F	E	W	K	V	K	T	R	B	F	O
L	Z	T	Z	H	G	E	I	I	F	E	S	M	E	F	S	I	C	J	A
O	Z	F	C	W	O	T	F	L	A	T	T	O	P	T	O	N	N	Z	G
R	I	O	G	G	H	P	G	S	V	J	O	G	Z	S	C	G	Y	C	R
Z	S	O	L	A	L	K	B	V	E	Z	O	L	A	R	U	H	H	D	I
T	Y	D	P	U	B	I	L	D	G	L	O	D	L	H	S	E	U	U	L
U	V	R	N	E	V	T	C	R	G	G	C	A	R	E	E	N	P	P	L
R	T	C	V	J	I	M	I	F	I	W	O	J	H	S	R	D	J	L	N
V	H	R	A	D	I	N	E	R	E	Y	S	I	E	V	N	A	L	B	I

Find the words hidden vertically, horizontally, diagonally, and backwards.

BURGER TIME WORD SEARCH

Answers on page 5

BEEF	DINNER	KETCHUP	PATTY
BISON	FAST FOOD	LETTUCE	ROLL
BUN	FLAT TOP	LUNCH	SALMON
BURGER	FRENCH FRIES	MOUTH WATERING	SEAR
CHEESE	GRILL	ONION RINGS	SIZZLE
DINER	JUICY	ONIONS	VEGGIE

BUY THIS MONUMENT

\$895.00

Order Now For Delivery Before Memorial Day.

ANDERSON
PETER B. MARCH 21, 1925
NORMA P. JULY 26, 1928
APRIL 20, 2009 APRIL 22, 2008

Buy Factory Direct!
Avoid Funeral Home & Salesman Commission!

NESS GRANITE WORKS

3 miles N. on Hwy 59, Detroit Lakes, MN
800-309-5191 • www.nessgraniteworks.com

OBITUARIES



Obituary for Mildred Hendrix
Mildred "Millie" Hendrix passed away peacefully on April 2nd, 2020, at the age of 99, at Hospice House of Spokane. She is survived by her daughter Lorraine Costanza; her brother Bud Zavoral; and her sister Irene Rising. Millie was preceded in death by her husband Walter Hendrix; and her daughter Patricia Hendrix.

Millie was born and raised in the remote areas of northern Minnesota, the nearest town being Grygla. Raised on a subsistence farm with her 8 siblings, she attended school in a one room school-house through middle school. She left home to attend high school in Thief River Falls, Minnesota, where she stayed with a local family and worked for her room and board. Following graduation from high school, Millie attended the University of Minnesota, where she met

her future husband, Walter Hendrix. Walter graduated with his PhD in plant pathology and took a position with the University of Hawaii. As WWII was in progress, Millie was unable to travel to Hawaii until she obtained as job as a censor for the military and then joined Walter in Honolulu where they were married. In 1952, Millie, Walter and their 5-year old daughter, Patricia, moved to Pullman, WA, as Walter had obtained a professorship at Washington State College. In 1956, their daughter Lorraine was born at Pullman Memorial Hospital.

While at Washington State, Millie and Walter became advisors of the Hawaiian Club, the group of students from Hawaii and other south pacific islands. As travel was difficult for this group of students and they could not return home for the holidays, Millie and Walter hosted numerous gatherings and holiday dinners at their home, providing a nurturing home away from home for the students. Millie continued to receive correspondence from her former students to this day.

Millie will be remembered for her kindness, generosity, her marvelous cooking and baking, her dry sense of humor and her love of birds. She was a gentle soul, stoic and accepting of whatever occurred in life. At Millie's request, there will be no services held. The family requests any donations in Millie's memory be made to Hospice of Spokane.

The different types of migraines

A migraine is not merely a headache, it's actually a neurological disease. People may be surprised to learn that there are different types of migraines. The American Migraine Foundation says migraines are typically classified as one of these types.

- Migraine with aura (complicated migraine): This is a migraine characterized by a series of sensory and visual changes. Aura generally sets in shortly before or during a migraine.
- Migraine without aura (common migraine): This type of migraine can be challenging to diagnose because symptoms are similar to other types of migraines. However, pulsing or throbbing pain on one side of the head, photophobia, phonophobia, nausea, and vomiting

Word Search Answers

Obituary for Wayne Nelson

Wayne Sherman Nelson, 57, of Leonard, Minnesota died unexpectedly on Thursday, April 30, 2020 at Sanford Bagley Medical Center.

A private graveside service will be held with a Celebration of Life taking place at a later date. Interment will be at the Emmanuel Lutheran Cemetery in Leonard, Minnesota. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Wayne was born March 6, 1963 in Fosston, Minnesota the son of Gary and Rosella (Oien) Nelson.

He was one of four children. He attended school and graduated from Clearbrook High School. After high school, Wayne earned a degree in electricity and electronics from Mankato Vocational Technical Institute. He moved to Oklahoma and began his career with Aconite, working in various states including Texas and Georgia. Aconite was purchased by Michaels and Wayne continued his career with them from 1991-2019. Wayne moved back to Minnesota in 1991.

He and Wanda Torgerson were united in marriage July 3, 1993. In 2019, Wayne started his own business, Nelsons HDD Consulting. He was currently consulting for North Central Services (NCS) and Clifty Group. Wayne enjoyed fishing, deer hunting, grilling, cooking birthday cakes, and Hot Roddin'. You could always find Wayne working in his shop on anything especially cars. He was a member of Elim Lutheran Brethren Church in Clearbrook, MN. Family was very important to Wayne and he will be missed tremendously.

He is survived by his wife -Wanda Nelson of Leonard, MN

Daughter- Angelica Nelson of Puposky, MN
Son- Noah Nelson of Shevlin, MN
Stepsons- Dallas Torgerson of Leonard, MN; Vance Torgerson of Williston, ND; Tyler Torgerson of Leonard MN

Honorary grandchildren- Timothy and Kassidy
Siblings- Linda (David) Quern of Gonvick, MN; Paul (Rachel) Nelson of Clearbrook, MN; Byron (Jennifer) Nelson of Clearbrook, MN
Numerous nephews

He was preceded in death by his parents Gary and Rosella Nelson

Messages of condolence may be sent to ceasefuneral-home.com



How illnesses are stopped from spreading in nursing homes

Millions of elderly and incapacitated individuals find long-term care facilities are the safest places to reside and receive both medical care and assistance with daily living requirements. Nursing homes aim to keep residents safe and healthy, and in order to do so important precautions need to be taken not only by staff members, but by friends and family who visit their loved ones in nursing home facilities.

Infectious diseases can spread easily through nursing homes if visitors are not careful. Age and compromised immune systems which are common among many people who live in long-term care facilities, elevate residents' risk for disease. A nursing home outside of Seattle was the site of one of first cases of COVID-19 on American soil. As of early March 2020, thirteen residents of the facility contracted and died from COVID-19, an additional 11 deaths were being investigated but had not yet been attributed to the novel virus that dominated headlines.

In many nursing homes, residents share rooms, and common areas are small, making residents vulnerable to infections that are transmitted from person to person, advises the Association for Professionals in Infection Control and Epidemiology. And the open-door policy of many facilities can make it easy for diseases to find their way in. These pointers can help reduce the risk for disease transmission.

- Visitors should not come into the facility if they have symptoms of respiratory infections or other illnesses that are easily transmissible.
- Employees should stay home if they are sick.
- Good infection prevention and control techniques always should be implemented. These include cleaning hands before and after touching another resident. Cleaning and disinfecting environmental surfaces, removing soiled items, and wearing personal protective equipment is advised.
- Residents, workers and visitors should practice proper cough and sneeze etiquette by coughing and sneezing into the crooks of their elbows rather than into their hands.
- The CDC says alcohol-based hand rub should be available in every resident's room.
- Restrict residents with any contagious illnesses to their rooms. If they need to be moved for testing or other reasons, have them wear correct safety items, like facemasks.
- Healthcare personnel who may work other jobs, such as those in other facilities, should exercise extreme caution after caring for an individual with an infectious disease.
- Guests should wear gowns when visiting someone who has a virus or type of bacteria that can be transmitted through direct contact.

Infectious diseases can be problematic in nursing home settings since residents are vulnerable due to their proximity to others, ages and potentially compromised immune systems.

BUSINESS SERVICES

POWERFUL SAVINGS WITH GENERAC

- FREE estimates
- Financing available
- AFFORDABLE backup power
- Delivery, Installation and Service
- Family and locally owned and operated

7-Year Warranty!

Clearbrook Electric

SALES AND "SERVICE"
Randy Wetenkamp
218-776-3995 • 218-556-5981

Automatic Standby Generator

Serving ALL of Northern Minnesota

STOP IN FOR ALL YOUR BUILDING NEEDS

FABRAL
29 Gauge Painted or Galvanized Steel Roofing or Siding Available
CALL FOR CURRENT PRICING

Contact our local Rep Mike Cooper at 218-556-9479

Please Call Us for a Quote

- Post-Frame Buildings
- Building Materials
- Siding and Roofing
- Windows
- Garages
- Shops
- Homes

218-253-2585 • 1-800-480-2756
P.O. Box 477 • 907 Main Avenue South
Red Lake Falls, MN 56750

Olson Gravel, Inc. Excavating & Concrete

(218) 268-4765

Dependable service & quality products
Same day delivery available
Basement & septic installation
We deliver anywhere!

•Wash •Beach Sand •Class 5 Mod •River Rock
•Peat •Black Dirt •Road Gravel •Rip Rap
Service with Front Discharge Trucks

Excellent Prices on Concrete #4 and #5 Rebar (Steel or Fiberglass Rebar)

In business since 1974

TJ UNDERGROUND

TJ UNDERGROUND INC

Directional Drilling Services

Call us for your Directional Drilling Needs!
218-487-5230

GARDEN VALLEY TECHNOLOGIES

GVTV | Internet | GV Cellular

Security & Smart Home | Phone Service

RETAIL STORE LOCATIONS: Bagley | Erskine | Thief River Falls

800-448-8260 | www.gvtel.com | [f](#) [in](#) [v](#)

Innovate • Advance • Connect

SELL US YOUR UNWANTED GOLD, JEWELRY, WATCHES AND DIAMONDS

VISIT GETGOLDGEEK.COM/MNNA
OR CALL 844-467-0301

GOLDGEEK
TO REQUEST A 100% FREE, NO RISK, NO-STRINGS-ATTACHED APPRAISAL KIT.

Graduation Banners and Posters available

RICHARDS PUBLISHING CO.

— GONVICK — 218-487-5225

www.TriCoCanary.com is supported by these advertisers

Visit our website www.TriCoCanary.com and click on the advertiser to learn more about their business.

If you are a business and would like to advertise on our website, contact Dick or Sue at Richards Publishing 218-487-5225

ANDERSON WELL DRILLING & REPAIR

Home: 218-776-2486
Cell: 218-688-1400
Clearbrook, MN 56634

BAKKEN'S MARKET

GROCERY & DELI
218-776-3812
BAKERY • FRESH MEATS • PRODUCE • LOTTO
33 Main St S, Clearbrook • 218-776-3812

BORDER State Bank

COMMUNITY BANKING AT ITS BEST!
123 Main Street South • Clearbrook
215-776-3151 • borderstatebank.com

Bemidji MARINE

bemidjimarine.com
(218) 444-BOAT
3611 Laurel Drive NW, Bemidji, MN 56601

Carol's Cozy Bar & Grill

On Main in Brooks
218-698-4608

CHS NORTHLAND GRAIN

Badger • Greenbush • Grygla • Stephen
• Red Lake Falls • Roseau • St. Hilaire
• Hazel • Oklee • Warren
www.chsnorthwestgrain.com

Clearbrook Collision Center

(218) 776-3144

CEASE FAMILY FUNERAL HOMES

Bagley - (218) 694-6600
Bernick - (218) 751-9700
Park Rapids - (218) 732-7264
Blackduck - (218) 835-3300
Cass Lake - (218) 335-6969
Nevis - (218) 652-3105

Home at Heart Care

In-Home Personal Care & Homemaking
3rd Ave., Clearbrook ~ 218-776-3508

LINDFORS Insurance Agency

Clearbrook (218) 776-3161
Fosston (218) 435-6585 Bagley (218) 694-6848

The Northern State Bank

Gonvick, MN 56644
218-487-5244

Northdale Oil Inc.

249 1st Ave, Gonvick
218-487-5816

OKLEE LUMBER INC

301 Lambert St, Oklee
218-796-5131

OKLEE QUILTING SUPPLY

128 S Main Street, Oklee
218-796-5151

Reichert Saddlery & Farm Supply

First Ave., Leonard
218-968-2248 • 800-957-2248

Security STATE BANK

P.O. Box 69, 201 Main Street
Oklee, MN 56742
218-796-5157

Thibert Chevrolet & Buick

301 South Main Avenue
Red Lake Falls, MN 56750
800-247-2438

Wednesday, May 6, 2020 TRI COUNTY CANARY 5

NORTHERN PLACES REALTY!

One thing we're good at is promoting Real Estate for sale...and now is a great time to do it.

Interest rates are rock bottom low...and People still have money to buy something.

And it's that wonderful time of the year when everything gets rolling again.

People still need land and houses, and we need new inventory to sell.

Maybe you could use the money from the sale of real estate to do what you've always wanted?

Now is not the time to hesitate...call us and start making plans to spend the extra "FUN" money you'll have!

NORTHERN PLACES REALTY • (218) 694-6827
AUDREY LEE, BROKER/OWNER
DARIN LEE, EXECUTIVE SALES PROFESSIONAL • (218) 358-1168
DOREEN VOLCKE, CERTIFIED SALES PROFESSIONAL • (218) 556-8307
On the web: www.northernplacesrealty.com/

R6-7C

HOME FOR SALE

Located Brandenburg Street East, Goodridge, MN

\$75,000



Property Features: 1250 Sq. Ft. home. 3 bedroom, 2 baths with many updates: Fully insulated exterior walls and crawl space with R 20 spray foam insulation. New Propane high efficiency furnace, AC, and water heater. All walls & ceilings refinished textured and finished paint. Updated all new interior doors, windows, trim and baseboard to match. Approx. 42,000 sq. ft. lot.

For more information regarding this property please contact:
NW MN Multi-County HRA
PO Box 128
Mentor, MN 56736
Phone: (218) 637-2431
Ken Buchanan (218) 309-0045
Charity Brault (218) 309-0047



R7C



Theology in the Trenches

By Kathleen Kjolhaug

Hunting for True Treasure

The clinking of spoons upon the bottom of the glass bowls was telltale of the oatmeal eaten for breakfast. Filling tummies the grands did as they'd been dropped off just prior to lock-down of the whole wide world. And who could argue how tasty it was as daddy had taught them to drop a glob of peanut butter right smack dab in the middle of the fresh steamy pile. No, this may have been breakfast on the farm, but daddy was ever present...all the way to the bottom of the bowl!

Time flew just like the two of them did into the pockets of treasures buried deep within the farmhouse. Although it took a lifetime to accumulate, they rediscovered most within minutes. You see, they'd been here before and knew exactly where grandma kept the buried treasure.

Intentionally the brown fur covered stick-horse had been propped in the corner of the closet...until they arrived that is. Mr. Horse was glad to see them once again. Upstairs the crate of Barbies sat like stowaways waiting to be set free. Drawers hiding puzzles, games and whatever else little hands might find fascinating would soon be unveiled like a big reveal.

Time flew as each night they held fast to the remnants of their mama's blankies. Stories chosen were of the same vintage as they snuggled and smuggled the items into bed. Noses buried themselves within the worn objects as they searched for some scent of mommy. Well used they were indeed, and now, well loved once again.

Deer sheds discovered as

they groveled in the grove made grandpa proud as little faces lit with joy that such a treasure hunted for had actually been found. They need not know (at least not yet) that grandpa had strategically planted them for such a time as this.

Glitter glistened upon the floor from art projects completed. Discovering mommy's Kindergarten scrapbook from back-in-the-day helped little hands recreate the very same.

Speaking of same...the game they'd brought from home, Skip-Bo, didn't miss a generation much less a beat. Paying it forward were their great grandparents who passed the love for it on down the line.

Not to be out done in the memory making was Great-Great Grandma Alice who left behind evidence of her green thumb. Atop the shelf was proof. The vines live on as little hands reached as I did teach about their roots. Yes, little shoots grow big with a firm foundation from the communion of saints who have gone before.

Never mind the stock market's down, it's pure gold here...in the midst of the muddle on the farm. These little refugees who came for social distancing ended up in distance learning. Life giving it was as they stomped upon ancestral grounds.

Upon this ground we stand as we continue to grow deep the roots. "But I will remember for them the covenant with their ancestors, whom I brought out of the land of Egypt in the sight of the nations, that I might be their God. I am the Lord" (Leviticus 26:45). Amen.



JUST LISTED!
#4438 - As family friendly as a walk in the park! Oh wait, you walk out the back door of this fabulous home and you are in the park! With 4 bedrooms, 2-1/2 baths within the 1,992 square feet, this well maintained home features numerous upgrades and renovations making it truly move in ready! Call today!

SOLLIE REALTY
Fosston, MN
218-435-1525
www.sollie.net

PASSPORT PICTURES
487-5225



8N vs the A Farmall

By Auctioneer Eric W. Mickelson

I have had a love of old tractors as long as I can remember. That love I know came from my dad. Growing up I listened intently to many stories of tractors dad had owned when he started farming, or those that neighbors had bought. I was fascinated, and still am with tractor stories. One time I asked my dad what is a tractor that he wished he would have owned. Dad, like me grew up with mostly John Deere tractors. Depending on the day you asked (probably not on the day of a breakdown) I am sure dad would tell you John Deere is his favorite brand. But, I was not surprised that one tractor he would have liked to have owned is an 8N Ford. I had heard the stories of his neighbors, The Stankes, in Clearbrook when he was growing up that had a Ford 8N. Although small in stature dad often told stories of the little Ford. The three-point hitch was a handy feature for the day. After doing a little research on the Ford tractor line I realized that yes, I think I would like a little Ford of my own.

One fun story I remember was one time when dad was over at Stanke's farm visiting another neighbor, Duane Shelquist, came over to visit. Shelquists had an A Farmall and that is what Duane was driving when he came into the Stanke's yard. Apparently the discussion was surrounding what tractor could out pull the other. The 8N Ford or the A Farmall. They

ONLINE AUCTIONS!

Like Us on Facebook!

ONLINE ONLY-Opens May 8, closes May 20. Real Estate, Wm. Nelmark Estate
45539 Co. Hwy 36, Frazee. Completely remodeled, 3BR, 2 Bath, full basement w/ Sauna (ready to move in), 40 ac, all fenced, outbldgs, silos, Harvester Slurry, feed lot.

ONLINE ONLY- DATE CHANGE, Opens, Sat, May 23rd, closes May 31st. Park Rapids Spring Machinery/Sports Consignment!
Park Rapids, Double J Grounds, #34 East. Wanted, Tractors, Machinery, Skidsteers, Trailers, Trucks, Autos, RV's, Boats, Campers, ATVs, Lawn Equip. Email your list & pics to Sold@JokelaAuction.com.

ONLINE ONLY, Opens June 12, closes June 26. Robert & Barbara Von Hagen
Real Estate, 14181 Shoreline Trail, Bagley. Long Lost Lake Walk-out Log Home, 2 Fireplaces, secluded 2.6 acres & more.

MORE AUCTIONS COMING!

JOKELA AUCTIONS INC.
Park Rapids, 218-538-8508
David L Veo Realty, 218-280-9796
JokelaAuction.com 218-732-5587
"Since 1949 ~ 71 Years"

NEW QUEEN MATTRESS SETS \$209

Full \$189. Twin \$159, King Pillowtop \$399. Many More Options- Brother's Furniture Since 2012 - One Customer At A Time. Pick-Up Or Delivery. Call 218-766-0064 - A Family Business

DINING & entertainment

Oklee Cafe **BROASTED CHICKEN OR GRILLED SHRIMP**
Serving from 4 pm to 8 pm
FRIDAY, May 8th, 2020 **Take Out Only**
Call 218-796-5666

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608
Open for Mother's Day Dinner
11:00 a.m. to 2:00 p.m.
TAKE-OUT HOURS: SUN-TH 11-7; FRI & SAT 11-8

NO BINGO!
OPEN NOON - 8PM
268-4199 FOR TO GO ORDERS!
WEDNESDAY WING NIGHT
SHORTY'S PLACE,



Minnesota Starwatch for May

By Deane Morrison

In May we lose the two brightest lights in the evening sky: Venus and Sirius, the brightest of stars.

Sirius begins the month very low in the southwest and drops out of sight by mid-month. In the last two weeks of May, most of the other bright winter stars also disappear. Venus, a brilliant evening star, plummets through the sky and is gone by month's end. Near the end of its fall, Mercury pops into the sky; it passes Venus on the 21st, when both are extremely low and in the sun's afterglow. Venus reappears in the morning sky in July, but then only the early—very early—birds will catch a glimpse of it.

At nightfall Leo, the lion, appears to be leaping downward in the southwest. Look for the bright star Regulus, at the base of a backward question mark of stars called the Sickle; this is the lion's head. East of Regulus, fairly bright Spica shines from its berth in Virgo, the maiden. Above Spica, radiant Arcturus anchors kite-shaped Bootes, the herdsman.

Jupiter and Saturn rise a

couple of hours after midnight on the 1st, appearing earlier every morning. Mars follows them by about two hours. All three planets are well up in the southeast before day starts to break.

As the month goes by, Mars climbs steeply but makes little progress westward. Saturn and brilliant Jupiter, however, hurry westward while making only modest gains in altitude. These giant planets are gradually approaching each other, even as they glide steadily farther from Mars. Above Saturn and Jupiter shines the Summer Triangle of bright stars. Altair, in Aquila, the eagle, is the closest to the planets.

May's full moon will be another big, bright supermoon. Fullness happens at 5:45 a.m. on Thursday, the 7th. If you watch it rise the night before or after, it will be close to half a day before or past full. If you go out the morning of the 7th, remember to check your local time of moonset. Moonset times range from 5:59 a.m. in Grand Marais to 6:32 a.m. in Pipestone.

Cor PowerSports 2020 / 2021

As you had seen over the last month Cor PowerSports has acquired the USXC race series, this is a process that has been in the works for awhile. Today May 1 we have closed on the acquisition and will be focused on the future of the series.

We would like to thank Brian Nelson for all he has done in the past with USXC and working with us throughout this transition.

For the 20/21 season we will run 8-9 races for the cross country national series, the schedule will have a good balance and we will doing our best to avoid back to back weekends. We have created an advisory board of racers and crew members to work together as a group to get things set up for next season.

Over the past month we have received questions about the future as change is something that can be scary, be assured we are doing everything possible to keep the transition process as smooth as possible. We have offered positions for the past crew to come onboard with the series for next year, majority of the crew you are familiar with will be back and for those that have decided not to return we wish them the best.

First change everyone will notice is the name; Cor PowerSports started back in 2010 as a ministry outreach from our local church and over the past ten years has grown to be what everyone has come to see now. As we processed this next step it was important that we stay true to our foundation and it is only fitting to keep our branding for the future as the vision for Cor PowerSports was born at the 2009 I-500.

With that we are excited to announce today that the 2021 Cor PowerSports Goodridge-Grygla I-500 date has been set, Feb 13/14, 2021!!

WE MAKE BOOKS!
Soft cover or hard cover, full color or black & white
Richards Publishing
Gonvick 487-5225

Wednesday, May 6, 2020

LeafFilter GUTTER PROTECTION
INSTALLS ON NEW & EXISTING GUTTERS
BEFORE LeafFilter AFTER LeafFilter
15% OFF AND! 10% OFF + 5% OFF
YOUR ENTIRE PURCHASE SENIOR & MILITARY DISCOUNTS TO THE FIRST 50 CALLERS!
Promo Number: 285
CALL US TODAY FOR A FREE ESTIMATE 1-855-845-8425
Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

*For those who qualify. One coupon per household. No obligation estimate valid for 1 year. ** Offer valid at estimate only. CSLB# 1035795, DCP# 810783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603 233 977 License# 2102212986 License# 2106212946 License# 2705132153A License# LEAF-1W02322 License# WV056912 License# WC-29958-H17 Nassau HIC License# H01067000 Registration# 176447 Registration# HIC3649905 Registration# C127229 Registration# C127230 Registration# 366520918 Registration# PC6475 Registration# IR731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H

INJURED AT WORK? DISABILITY DENIED?
Contact Us Today For Free Advice
Workers' Compensation Long-Term Disability Social Security Disability
Steve Fields Minnesota Attorney
FIELDS LAW FIRM
218-824-0093
www.GetFields.com

MRCOOL DIY® Air Conditioner & Heater You Can Install Yourself
EASY DIY INSTALLATION NO SPECIAL TOOLS REQUIRED ENERGY EFFICIENT
CALL 855-617-1814
INGRAM'S WATER & AIR EQUIPMENT