



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

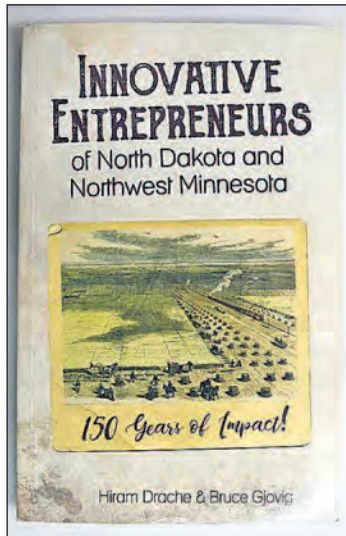
Innovative entrepreneurs examined in book

Copy courtesy of The Northern Watch from Thief River Falls dated February 15, 2020.

Several area inventors and entrepreneurial business leaders from northwestern Minnesota have been featured in a book by Hiram Drache and Bruce Gjovig.

The title of the book is "Innovative Entrepreneurs of North Dakota and Northwest Minnesota." Individuals featured in the book, who lived in Thief River Falls or are connected to the community include Edgar Hetten and David Johnson of Polaris and Arctic Cat; Douglass Steiger of Steiger Tractor; Bill Ness of Arctco and Arctic Cat; Lester Hartz of Hartz Foods; Frederick Jones of Thermo King; Bob and Jean Kiesau of Home of Economy; and Ron Stordahl of Digi-Key.

This is Hiram Drache's 18th published book. In addition, he has contributed to eight other books and has written more than



50 articles chiefly on contemporary agriculture and/or agricultural history. Drache served in the U.S. Air Force as a combat navigator, earned degrees at Gustavus Adolphus College, the University of Minnesota, and the University of North Dakota before starting his career at Con-

cordia College in 1952. In 1991, he became historian in residence with an office on the Concordia College campus.

Bruce Gjovig, is the chief executive officer emeritus and was founder, chief executive officer and entrepreneur coach of the University of North Dakota Center for Innovation Foundation, a program focused on innovation, entrepreneurship, private investment and the entrepreneur ecosystem. Under his leadership, the UND Center for Innovation Foundation became one of the premier venture development organizations in the world.

The book, "Innovative Entrepreneurs of North Dakota and Northwest Minnesota," was published by Smokey Water Press in Bismarck, N.D., and is available for purchase online at www.DakotaBookNet.com.

While the book focuses on individuals who made significant contributions to the industries they were involved in, it necessarily records the rise and fall and rise again of many businesses.

William Ness had a wellknown connection to Arctic Cat, and now owns and operates Ness Tri-County Farms (near Gonvick), but he was also connected to Dow Key and served on the board of directors for several other businesses, including Northern Woodwork, Itasca Bemidji, Mesaba Aviation, the Cold Weather Resource Board in International Falls, and the Minnesota State College Board as well as serving as a founding director of the UND Center for Innovation Foundation.

Following Arctic Cat's bankruptcy in 1981, Ness provided the entrepreneurial leadership to organize a new company, Arctco, Inc., which was incorporated on Sept. 29, 1982. Initially, the company focused on snowmobiles, but it ventured into personal watercraft and utility all-terrain vehicles. Ness was chief executive officer from 1982 to 1985, and chairman for 20 years, retiring in 2003, and continuing as vice chair and director for another six years. Ness believed snowmobile racing was very important to Arctic Cat's success and used racing as a marketing tool.

The chapters on these individuals are relatively short, but densely filled with facts and information about many businesses in northwest Minnesota and North Dakota. The pages are also filled with stories about other individuals who have made important contributions to businesses. The chapter on Ron Stordahl, founder and chief executive officer of Digi-Key, for example, necessarily and appropriately talks about Mark Larson, former chief operating officer.

In the forward, Betsy Dalrymple of Casselton, N.D., writes of Drache and Gjovig's book, "Their stories explain the incredible success of our state and region since the 1870s. But more importantly, they tell the amazing story of the human spirit, which can achieve great things when the spirit of entrepreneurship and innovation meets a real opportunity."

Editors Note: William Ness is a 1956 graduate of Gonvick High School who is still very proud of his northern MN heritage. He is one of the many midwesterners featured in this book.



Bill Ness riding an Arctic Cat. -Submitted photos



Bill Ness by the wall of pictures showing "Tales of the Cat".

To all Churches, Community Homes, Sewing Groups, and Other Community Members:

Thank you for answering the call to assist our Veterans at the Fargo VA.

In order to best protect our staff and Veterans, we are asking for community help in creating handmade facemasks. You are more than welcome to share this information with anyone and everyone who would be willing to help.

Please go online and enter the link for the pattern of masks that would be ideal for us here: <https://buttoncounter.com/2018/01/14/facemask-a-picture-tutorial/>

Completed masks can be mailed to the Fargo VA at:

Fargo VA Health Care System
Voluntary Service (135)
2101 Elm St. N
Fargo, ND 58102

Please include a name and address so that we can appropriately document the donation and send a proper letter of thanks.
Alternatively, masks can be

dropped off at the facility. We do ask that you call ahead to ensure that we can meet you outside or have someone at the door to collect them as we want to maintain social distancing.

Thank you again for your help in protecting those who have protected us. Please feel free to call or e-mail me with any questions you may have.

Steven Sanders
Voluntary Service Specialist
Fargo VA Health Care System



Spring is here in spite of the coronavirus. The Clearwater lake dam is roaring and kayaks are going down the Clearwater River at high speed. Migrating geese, cranes hawks and tons of robins are back with us as well as some human snowbirds.



Create It! Mosaic Art Class.

Clear Waters Life Center to be on LPTV Common Ground

-Submitted

The story of how Clear Waters Life Center (CWLC) became the subject of an episode of Common Ground began just a little over two years ago. The topic in our Executive Team meeting that day was how to market CWLC. It wasn't unusual to hear from someone who shopped at Shop-at-the-

Top or Grow It! Greenhouse, "Oh, I never knew that you did all those other things." CWLC wasn't new; it had been around for 10 years at that point. One of our team said, "Have you ever watched Common Ground? They do episodes of local interest. Maybe, they would do one on CWLC."

It was meant to be. With

just one phone call, we were able to connect with Scott Knudson, Managing Legacy Producer/Director. He was very interested. In just a few short weeks, he had started filming. It was spring 2018, and he started filming in Grow It! Greenhouse & Garden Center. Every aspect of CWLC was covered from Youth Connection to Senior Connection, Mustard Seed Homes to interviews with our Executive Directors, and Restore It! Furniture Shop to Friday Night Out!

Who knows, you could be on television? For certain, someone you know will be. The episode will appear on the Common Ground PBS Facebook page, Wednesday April 22, 7:00 AM. It will broadcast 36 hours later on Thursday, April 23, 7:00 PM on Lakeland Prime, and will repeat several times over the weekend on their Prime & Plus channels. If you don't have Lakeland PBS as part of your satellite or cable service, use their Facebook page for viewing. We can't wait for you to see it and hear what you think?



Mustard Seed Homes resident working in Grow It! greenhouse.



Friday Night Out guests in Tuscany dining room.



Gonvick site for Clear Waters Life Center.



Clearbrook site for Clear Waters Life Center.



Do you sew? Lutheran Social Service needs your talents!

Mailing and drop-off locations established for protective face masks

(April 7, 2020) – If you have sewing skills, your talents are needed. Lutheran Social Service of Minnesota (LSS) is inviting Minnesotans to sew protective face masks to protect against sneezes and coughs to help safeguard people supported by the organization, employees, volunteers and the greater community.

"In services where our physical presence is required, health and safety are top priorities," said Julie Wright, director of Church Partnerships and Volunteer Services. "Sewing masks is a critically-important way that people can make a big impact in our community right

now to help keep people safe. We encourage Minnesotans to invite their friends, family members, neighbors and church groups who sew to join us in our efforts."

Please visit www.lssmn.org/ sewmasks for information about patterns to use, where to mail or drop-off masks, and updates.

Currently, all masks can be mailed to the LSS State Center, Attention: Operation Masks, at 2485 Como Avenue in St. Paul, MN 55108. Drop-off locations have also been established in Bemidji, Brainerd, Duluth, Fergus Falls, Mankato, Moorhead, Rochester, St. Cloud, St. Paul and Willmar.

Planning continues for the Polk County Fair

The Polk County Fair Board met recently via Zoom and agreed to proceed with planning for the 2020 edition of the Polk County Fair at Fertile. The Fair dates this year are July 8-12. While most things are in place there are still many items that need to be finalized and those efforts are continuing.

The Fair Board is keenly aware of the current statewide

situation caused by the virus and realizes that the decision to have the Fair may not be a local decision. The Fair Board is keeping a close eye on developments and will notify everyone if plans change.

But today we are hoping that the 2020 Polk County Fair will go on as planned. Stay safe and stay tuned.

From the Motor Vehicle Office, in Fosston:

Governor Walz has extended the Stay-At-Home order thru **May 4th**. DMV offices are prohibited from providing over-the-counter & face-to-face transactions during this order

You may renew your tabs by mail with me: **DMV PO BOX 32 Fosston, MN 56542** Remember to include your insurance info & your contact number. (note: if you mail your renewal to St. Paul, there is no staff in the central office to process those until May 4th)

You may email me: roux@gvtel.com OR, call the State directly at: 651-297-2126

Please note: Driver's License that expire during the Stay At Home order have been given an extension for 2 months after the peacetime emergency ends. And CDL health cards that expired after March 1, 2020 are extended to June 30, 2020. R4C

Palubicki's offering curbside pickup

Palubicki's Family Market in Fosston is now offering curbside pickup. They are still fully open normal business hours, but are offering curb side pickup to anyone who would prefer that. You can either go online to palubickis.com and fill out an online order form, or call 218-435-1454 to place your curb side pickup order.



Missing women found

On April 8, 2020, the Clearwater County Sheriff's Office received a call of a vehicle that was stuck along the Heart Lake Road near the intersection of Sugar Bush Road in Rice Township. The person making the report indicated that the vehicle appeared to have been there a

WE ARE HERE FOR YOU!

During this difficult time, our lobbies are closed, but we are still here! Here are some ways to bank safely!

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Essentia Health encourages patients to wear masks

Beginning Monday, April 13, patients and visitors at all Essentia Health facilities will be encouraged to bring and wear their own cloth masks — if they have them — to help limit the spread of COVID-19. This follows recent guidance from the Centers for Disease Control and Prevention that encourages all people to wear face coverings in places like clinics and hospitals, where it's not always practical to maintain six feet of separation between individuals.

For patients and visitors who do not have their own homemade masks, Essentia will

supply one.

Essentia Health hospital staff and some clinic staff involved in direct patient care have been practicing continuous wearing of a Level 1 procedure mask. Beginning Monday, the rest of our staff will be wearing masks, as well.

It's well documented that many people infected with the novel coronavirus are asymptomatic and that they still can transmit this highly contagious virus to others. Thus, it's crucial to keep mouths and noses covered.

By asking patients and visitors to bring their own homemade masks, it will allow us to preserve our supply of Level 1 procedure masks and homemade masks for staff, as well as patients and visitors who do not have their own.

For people interested in making their own masks, this video offers a step-by-step process.

Protecting our patients, staff and communities is our highest priority, and this is another way we can all work together to contain this virus.

Governor Tim Walz Activates Minnesota National Guard to Combat Flooding

[ST. PAUL, MN] – Governor Tim Walz signed Executive Order 20-30, which activates the Minnesota National Guard to assist in areas of Minnesota that face a high risk of spring flooding.

"While COVID-19 presents an unprecedented challenge for our state, it is not the only emergency our first responders are preparing for," said Governor Walz. "Our National Guard remains ready to support our communities' health, safety and public infrastructure."

Large areas of Minnesota have been under significant threat of flooding during the 2020 spring snowmelt. Multiple counties have declared local emergencies and activated emergency operations plans, using local resources to protect the life and safety of people in the affected areas, and to protect property and infrastructure from additional damage.

Most immediately, the Minnesota National Guard will assist the Marshall County Sheriff and the community of Oslo, Minnesota by monitoring dikes and flood protection systems and supporting potential rescue and evacuation operations.

This Executive Order will be effective immediately upon filing with the Secretary of State.



Lutheran Social Service of Minnesota Selects Patrick Thueson as New CEO

The Board of Directors of Lutheran Social Service of Minnesota (LSS) has named Patrick Thueson CEO of the statewide human services organization, which has a 155-year history of empowering individuals and families to overcome obstacles and live fuller, healthier lives in the community.

Thueson has been with LSS for 13 years, and became interim CEO in September 2019 when former CEO, Jodi Harpstead, was appointed commissioner for the Minnesota Department of Human Services. Prior to becoming interim CEO, Thueson served as chief operating officer and chief financial officer for LSS, overseeing Program Services Operations, Human Resources, Finance, Accounting, Marketing & Communications and Information Technology.

Thueson...
continued on page 5

Wednesday, April 15, 2020



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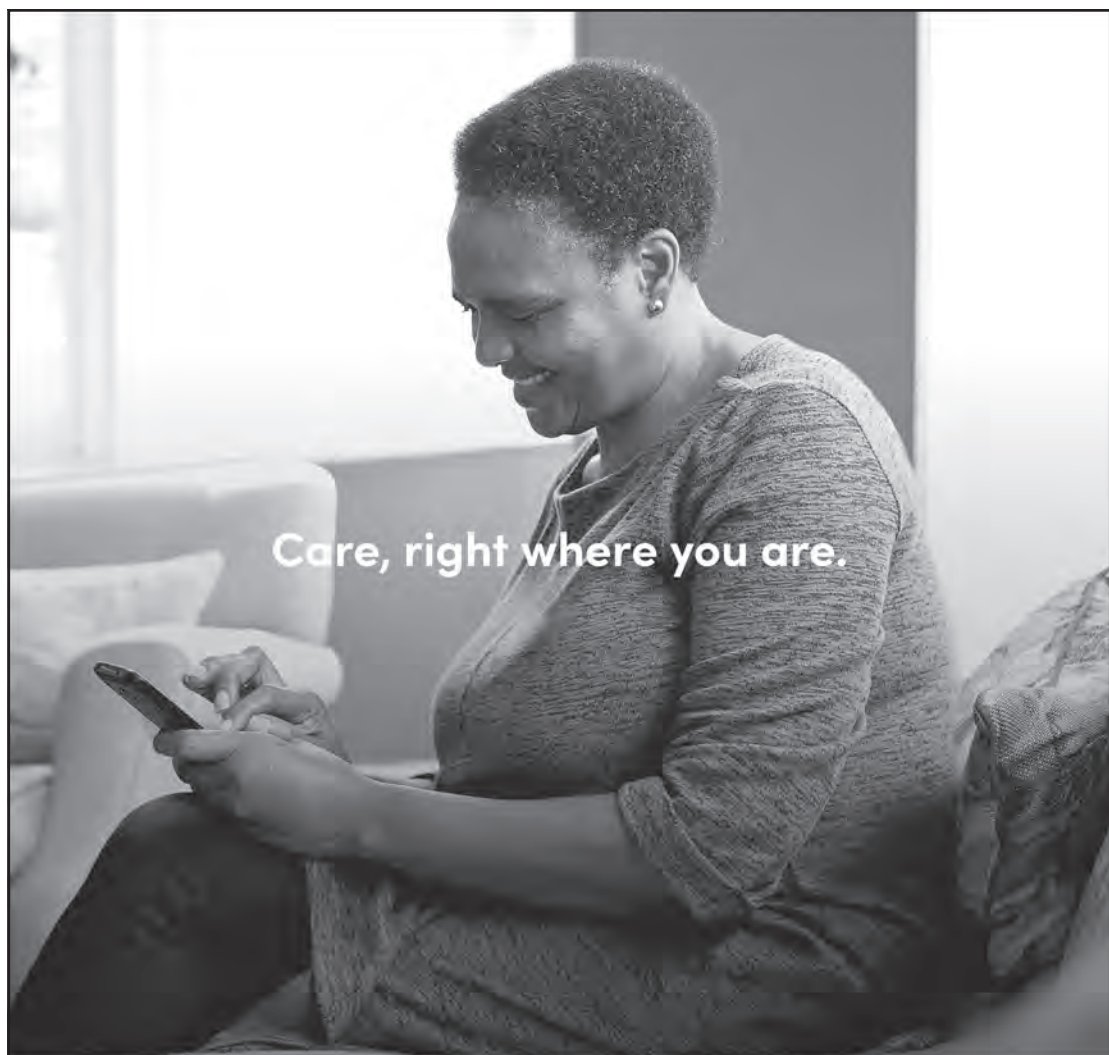
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Virtual Visits are done through the MyHealth website or the MyChart app using your own computer, tablet or smartphone.

EssentiaHealth.org/VirtualVisit



Essentia Health

If you have concerns or symptoms related to COVID-19*, Essentia Health is providing E-Visits at no cost for evaluation. To learn more, or to start an E-visit, go to EssentiaHealth.org/COVID-19.

03-4C

*Testing ordered as a result of screening may incur a charge.

ENERGY ASSISTANCE AVAILABLE TO HELP PAY HEAT AND ELECTRIC BILLS

During this time of uncertainty, we recognize that more and more people may be facing economic hardship. If your household or someone you know is worried about paying for heat and electric bills, apply for Energy Assistance today.

In response to the COVID – 19 pandemic, the state has issued a new end date for the Energy Assistance Program. We are accepting applications while funds are still available until July 1, 2020. Households who have not applied previously this program year may be eligible for funds to help pay their heat and electric bills.

There are a few different ways that you can apply for the program- You may contact our office to have an application mailed to you or visit our website — www.intercountycc.org — to download an application. Completed applications can be submitted by email, fax, mail or you can drop it off in our secure dropbox located at the West Entrance of our main office in Oklee, MN.

Our offices are currently closed to the public, but if you have questions about how to apply, please call us! We are here to help!



Inter County Community Council
207 Main St
PO Box 189
Oklee, MN 56742

Phone: 218-796-5144 ext 4
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Email: eap@intercountycc.org

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Essentia Health

Red Lake County Central Elementary School
in Plummer, MN has 2 full-time elementary education teaching positions open for the 2020-2021 school year. We are looking for candidates that have a strong literacy, STEM and art background.

Applicants must hold, or be eligible to acquire a Minnesota teaching license.

Interested candidates must submit the following:

- District Application
- Letter of Application
- Resume
- Teaching Credentials
- Copy of Official College Transcripts
- Three (3) signed Letters of Recommendation

Applicants interested in the position, should submit their completed application to: Mr. Andrew Fougner, Principal, Red Lake County Central Elementary, PO Box 7, Plummer, MN 56748, 218-465-4222
Applications will be accepted until the position is filled.
Application forms are available at www.rlcc2906.org
ISD #2906 is an equal opportunity employer.

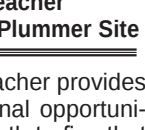




**Pre-School/Early Childhood Teacher
ISD #2906 Red Lake County Central, Plummer Site**

The Pre-School/Early Childhood Teacher provides developmentally appropriate educational opportunities and curriculum to children ages birth to five that develop the whole child (cognitive, social emotional, language/communication, and physical development) while supporting and educating parents to create a stronger parent-child relationship and age appropriate child development.

Qualifications
•Teaching license in one of the following: Education, Early Childhood, Pre-Kindergarten, Birth to 3rd grade, and/or Parent Educator
Full time, with compensation based on Teacher's Master Contract
Date of availability: 2020-2021 School Year
Closing date: Open until filled
Questions and inquiries should be directed to Andy Fougner at afougner@gvtel.com
Send resume & application: RLCC Elementary School, Attention: Andy Fougner, PO Box 7, Plummer, MN 56748, afougner@gvtel.com
ISD #2906, Red Lake County Central Public School is an Equal Opportunity Provider and Employer.



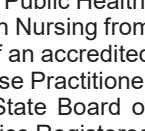
NURSE PRACTITIONER – Polk County, MN

Polk County Public Health in Crookston, MN has a Nurse Practitioner position available up to .8 FTE with flexible work schedule. This position will provide program coordination and oversight, and a variety of patient-centered health care services, including but not limited to Sexual/Reproductive Health services, for clients of Polk County Public Health and Norman-Mahnomen Public Health.

Eligible applicants must have a Master's degree in Nursing from an accredited college or university, be a graduate of an accredited Nurse Practitioner Program, and have a Family Nurse Practitioner Certificate. Verification of Licensure by the MN State Board of Nursing as a Registered Nurse and Advanced Practice Registered Nurse (APRN) & Certification by a national APRN certifying body in specialty area will be required.

Applicants must possess excellent computer skills, have the ability to speak clearly and concisely, and exercise independent judgment, using all information available in sensitive/critical situations among youth and young adults. Must have a valid driver's license or evidence of equivalent mobility. Wage range is \$35.12 - \$44.65/hour.

Please call 218-281-3385 or visit www.co.polk.mn.us click on Careers for an application and position description. Please mail your completed application along with a resume to the Polk County Administrator's Office, Polk County Government Center, 612 N. Broadway, Room 211, Crookston, MN 56716. Applications for this position will be received until 4:30 p.m., May 15, 2020. All qualified applicants will be considered for employment. EOE



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Applications are available at the Clearwater County Highway Department, 113 7th St. NE, Bagley, MN 56621, (218) 694-6132 or on our website at www.co.clearwater.mn.us. Applications must be received no later than May 4, 2020.

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Applications are available online at www.co.red-lake.mn.us or at the Red Lake County Highway Department, 204 7th St SE, Red Lake Falls, MN, (218) 253-2697. Applications accepted until positions are filled. EOE



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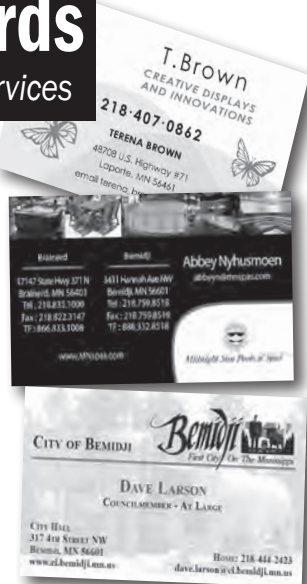
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H K C A B L L A C B O S L L T V L T J A
Y U E G P G I I G U O V B K W I S D B T
N F T R M J T L T A D I A O N B K O Y N
R N M U I S R I A G O R U E M N E T W D
E F R Y P T N O E E N N U P O B T D C N
N O E A T E A J M P R P J I H I C J W O
I R L N T T I S R U D J T E M E H D S E
L S M R O F R E P D H A N K I C M T L C
D T J V I A H D L D S E V H K P O M J J
A N G J H Y G O H I C M S I G R L K U W
E J M E B O M C V O C E C A Y U N M R R
H M S S G O A O W U G B R L C Y A W L T
M O U A W D R H V C O Y I D E W Y L P I
O C G J L P I P K O A N S W N S O A K Y
W T I I M T C K K M E P P B F E R H E W
W I B I S W B E D W H A P P G O T J S D
B S R E I V R A D K D R W E D A K N G P
A L J E N O H P O R C I M Y R U A U E A
T H P O F K D C R Y L E K O J T V R L P

COMEDY WORD SEARCH *Answers on page 5*

AD-LIB
BOMB
BOOKER
CALLBACK
CAPPER
ENTENDRE

GAG
HEADLINER
HUMOR
IMPROVISATION
JEST
JOKE

LAUGH
LINEUP
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OBITUARIES

Obituary for Susan Sina

Susan McNeil Sina, age 67, of Oakdale, MN, graduate of Fosston High School, passed away unexpectedly on Thursday, April 2nd, in Oakdale. Interment will be in St. Paul Lutheran Cemetery, Lengby, and memorial services will be held at a later date. Arrangements are with Carlin Funeral Service of Fosston and messages of condolence may be shared at www.carlinfuneral.com. Due to the health crisis, memorials may be sent to Ultima Bank Minnesota, Susan McNeil Sina memorial fund, 9 West Minnesota Ave, Winger, MN 56592.

Susan Renee McNeil Sina was born on December 28, 1952 in Fosston, Minnesota to Dr. Jack and Marie McNeil. She grew up in Fosston and

Obituary for DeLaine Oppegaard

DeLaine Oppegaard, age 86, of Fosston, MN and formerly of McIntosh, passed away on Friday, April 3rd, at Essentia Health Hospital in Fosston. Due to pandemic restrictions, no funeral service will be held at this time. Please share a memory at www.carlinfuneral.com.

DeLaine Viola Rolf Oppegaard was born on the family farm north of McIntosh, Minnesota on May 17, 1933. DeLaine was baptized in Trinity Lutheran Church, confirmed and married in Immanuel Lutheran in McIntosh, and she became a member of Grace Lutheran Church in Erskine, MN when she got married. DeLaine helped her mother with sewing, cooking, cleaning, and helping with the younger children. These skills helped her when she was 15 and began living on her own, doing various jobs, but the job that meant the most to her was being a nurse's aide and then an activities assistant at McIntosh Manor nursing home for nearly 40 years. She loved to get the residents to join in singing, dancing, exercises, cooking, playing games, and she even handled the church service a few times.

At age 18 she met the love

Word Search Answers

L F M H N O S S K K T R

S N L B S L U R

H K C A B L L A C B

O S L L T V T D J A

Y U E C P G T I C U O V B K W I S D B J

N F T R K J T L T A D I A U N B K O Y N D

R N M U T S R T A G O R U E D N E T W D

E F R Y P P N O E P E N N U P O B T D C W

N O E A T E A M E R R P J I H C J W O

I R L N T T F S R U D T E M C H T E

L S M R O F R E P D H A N K I E M D L C

D T J V I A H D L D S E V H K P O M J J

A N G J H Y G O H I C M S I G L K M U W

E J M E B O M C V O C E C A V O N M R T

H M S S G O A O W U C G B R L C Y A W L T

N O U A W D R H V C Q V L D S W L P

O C G J P I P K O A P S W N S O A K Y

W T A Y W T C K M E A P B F P H E Y

W I B T S W B E D W H A P P G U T S D

B S R E I V R A D K D R W E D A K N E P

A L J E N O H P O R C T M Y U A U E A

T H P O F K D C R Y L E K O J T V R L P

LSS Expands Student Loan Debt Counseling Services

(April 7, 2020) — Minnesota college graduates carry the ninth highest average student loan debt nationwide, at \$32,317 per student. For student loan borrowers, including those who have lost jobs or had work hours reduced recently, LSS Financial Counseling can help. The longtime, nonprofit financial counseling provider received a new grant from the Minnesota Office of Higher Education to expand repayment counseling for students who are worried about repaying their student loans.

"This new grant is timely and much-needed," said Becky Pakarinen, senior director of LSS Financial Counseling. "We want to give student borrowers the very best advice we can for repaying their loans and taking advantage of programs available to help ease the burden."

"Even though many student loans payments are currently being waived due to the COVID-19 pandemic, those payments will resume sometime in the coming months," said Commissioner Dennis Olson, Minnesota Office of Higher Education. "This is a good time for borrowers to use this free service to find the best, most affordable options for managing their student debt."

LSS Financial Counseling can offer support and years of experience with federal, state and private student loan debt. There is no cost for the service.

Certified financial counselors work with student borrowers and their families to help them understand their options and create an action plan for their

unique situations that include:

- Exploring state/federal loan programs and repayment options.
- Finding ways to bring loans into good standing.
- Creating a realistic budget to cover monthly expenses.
- Getting assistance to contact servicers and lenders.
- Learning how to avoid default and the problems it creates.

LSS Financial Counseling support all Minnesotans in finding solutions to their challenges with student loan debt. Phone appointments only are currently available. To set up an appointment with an LSS financial counselor, please call 888.577.2277. Or, learn more by visiting lssmn.org/studentdebt.

Lutheran Social Service of Minnesota began in 1865 when a Lutheran pastor and his congregation opened an orphanage for children near Red Wing in southeastern Minnesota. Today, with 2,400 employees and 10,000 volunteers, Lutheran Social Service helps one in 65 Minnesotans through services that inspire hope, change lives and build community. Statewide, the organization seeks to foster safe and supportive homes for children, restore health and wellness in families, empower people with disabilities to live the lives they imagine, and promote health, independence and quality of life for older adults. For comprehensive information about the work of Lutheran Social Service of Minnesota, visit www.lssmn.org.

Thueson...continued from page 2

Since joining LSS in 2007 as senior director of Finance, LSS' services have doubled in size through a focus on innovation and person-centered service.

As CEO, Thueson will lead 2,400 employees and 10,000 volunteers in delivering a wide range of human services for children, youth and families, individuals with disabilities, veterans, and older adults. The organization's vision is to assure that all people have an opportunity to live full and abundant lives.

This year, the organization's operating budget is \$162 million.

"It is a great privilege to lead the extraordinary people who work and volunteer for LSS, and to partner with donors, funders and congregations," said Thueson. "Their work touches the lives of one in 65 Minnesotans in all 87 counties — inspiring hope, changing lives and building community across the state. As CEO, I am committed to continuing LSS' tradition of developing innovative services that create additional opportunities for Minnesotans to experience greater freedom and abundance in the lives of their choosing."

Prior to joining the non-profit sector, Thueson held a variety of leadership roles with Coca-Cola Enterprises in Operations, Marketing, and Finance.

Thueson is a Thrivent/LECA Fellow, a leadership program organized around vocation, calling and visionary organizational leadership designed to equip the next generation of leaders of Lutheran organizations. He earned his business degree from the University of

St. Thomas in Saint Paul.

"As CEO, Patrick will serve as the principal champion of the LSS mission that drives the organization — to express the love of Christ for all people through acts of service, especially now during this unprecedented COVID-19 national emergency," said Andrea Pieske, LSS Board Chair. "Lutheran Social Service of Minnesota is strong, stable, and growing. LSS has been extending its service and advocacy in recent years and we are confident that this strength will continue to accelerate under Patrick's leadership."

A Stillwater resident, Thueson is an active leader in his community, volunteering as an adult leader in the Boy Scouts of America, coaching youth sports and serving St. Michael's Church in Stillwater.

Lutheran Social Service of Minnesota began in 1865 when a Lutheran pastor and his congregation opened an orphanage for children near Red Wing in southeastern Minnesota. Today, with 2,400 employees and 10,000 volunteers, Lutheran Social Service supports one in 65 Minnesotans through services that inspire hope, change lives and build community. Statewide, the organization seeks to foster safe and supportive homes for children, restore health and wellness in families, empower people with disabilities to live the lives they imagine, and promote health, independence and quality of life for older adults. For comprehensive information about the work of Lutheran Social Service of Minnesota, visit www.lssmn.org.

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In-home hospice, palliative and primary care more important than ever

Life has changed. The emergence of COVID-19 in and around our communities means we have all made changes and sacrifices to help slow the pandemic and protect those who are most vulnerable.

Some of the most vulnerable community members entrust us with their care. Hospice of the Red River Valley immediately implemented many extra safety precautions and changes to better protect our patients, their families, our staff and communities. This includes even more rigorous infection control practices, among others. Our focus remains the same as before this crisis started: we are committed to caring for our patients, no matter the distance, no matter the circumstances.

We are witnessing firsthand the challenges COVID-19 presents to people at the end of life, and their families—especially those who are under highly restricted visitation. There is a need now more than ever for our added support. We are still on the front lines of providing comfort, care and hope during life's most tender time and keeping people where they are safest—in their homes.

We believe in-home hospice, palliative and home-based primary care are essential health care services to help prevent community spread of COVID-19. Our care is specifically designed to serve acutely ill individuals wherever they reside. It's what we've done for 40 years, and we will continue to help families navigate this crisis and beyond. Now more than ever, in-home hospice, palliative and home-based primary

care are crucial services for our community.

I am so proud of our exceptional staff members who continuously do what's best for our patients and their families. As we operate with greater precautions, our staff continue to live our mission and deliver dignity, comfort and respect at end of life—in person and from afar. In addition to providing care in our patients' homes, we are also using technology to help our patients and clients who receive grief support keep in touch with their loved ones and support networks while respecting the Center for Disease Control's social distancing recommendations.

I'm heartened when I hear stories of how our staff members have cared beyond their job responsibilities to make sure a patient, client or family member has the support, tools and resources they need for gentler transitions. It's these moments of humanity that provide us all hope that we'll be alright. We will get through this, together.

We want to express our sincere thanks to our partners in care and all essential personnel who sacrifice their own health to provide care and help keep our most vulnerable community members safe. It's an honor to work alongside you. Our work is more important than ever. Hospice of the Red River Valley is fully staffed and ready to care. Thank you for your ongoing support.

Tracee Capron, RN, BS Ed., MAOL, CNED, Executive Director, Hospice of the Red River Valley.

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Theology in the Trenches

(Restorative Recover from an Addictions Counselor's Perspective)

By Kathleen Kjolhaug

Ten Thousand Foot View

(Last week we heard from a family member having a loved one in the midst of restorative recovery. This week, we hear from the perspective of an Addictions Counselor. Her name is Mindy.)

"What that person has done is NOT who they are," emphasizes Mindy Broden who has worked as a professional in this area for years and understands addiction from the inside out.

"Loving the person, believing the best in them while not enabling is key. Developing compassion by understanding what drives this disease is my job. I educate families about the trauma that often plays into the cycle. The addict begins trying to fill pain within which often leads to more emptiness. Emptiness can only be filled by God, and the trauma needs to be dealt with by healing the mind."

"Christ's words were always filled with faith, hope, and love and since the greatest of these is love, we must love. As we wade into the deep, we must wear the Gospel well. 'His power is perfected in weakness' (2 Cor. 12:9). His Word is true and application is a must."

Mindy doesn't mince words. "Research has proven that spirituality is a key component in healing brokenness. One of my favorite quotes is from the Big Book of A.A. (Alcoholic Anonymous). 'What we have is the daily reprieve based upon our spiritual condition.' I'm a huge proponent of the 12 step program because it is biblically based. When we do things how God instructs us, our success rates are better. Recovery is summed up in confession, repentance, and living the amends made."

Why should a counselor help with intervention rather than a family member? Mindy knows about that all too well as she eagerly leans in as if desiring to speak into every person on this planet. "One of the greatest gifts a counselor can offer is that they are not connected to the one they are counseling. It gives the counselor a ten-thousand foot view above what's going on. They are not part of the problem but rather, can see the problem from a different vantage point. I can see all of the different elements that are contributing to the problem. The problem is not the person who has the addiction; the prob-

lem is the behaviors born out of the addiction. When a loved one can separate themselves from the behaviors of the addict, one can still love the addict but not condone the behavior."

What does that look like? In the words of one of her clients, "You believed in me, and you told me the truth even when I didn't like hearing it." Hard truth with love is what she offers.

"My job as an Addictions Counselor is to help families understand addiction. I will then refer family members to individual counseling and Al-Anon. Al-Anon helps in understanding what they cannot control and how to love people where they are at in all areas of their lives."

"Families often want to 'fix' the problems for their loved ones. That's natural because it's rooted in a deep desire for the roads upon which their loved ones travel, to not be difficult or dangerous. However, the worse thing a family can do is to enable. Doing things for those in recovery who can do for themselves is not a healthy path to travel. Families try to protect from the natural consequences and this hinders the restoration process. It hinders because now they have to hit an even lower bottom than what the family was trying to protect them from. Those who are in recovery truly desire to own their own process of it. According to outcome-based research, success rates for individuals struggling with addiction are far higher when they are the ones choosing to reach out for help that is not only needed but available to them."

The final piece of knowledge that Mindy would like to impart is to the family. It's the family's job is to heal separately because if the addict does not heal, the family still has to be okay. Thus, learning to love in ways everlasting means that He remains on that throne...not the addict.

For the next two weeks we will be hearing from one person who has found tremendous hope in the restorative recovery process. In the meantime, I leave you with John 16:33. "I have told you these things, so that in Me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." Amen.

Fordson Tractors

By Auctioneer Eric W. Mickelson

Last week I was scrolling through the channels and found an old favorite, Green Acres. In the introduction to the shows Oliver Douglas (Eddy Albert) is driving a GP John Deere! But in one of the first episodes, after he has purchased the farm, Mr. Haney (Pat Buttram) sells Oliver a tractor. Well that tractor is a Fordson, and of course Mr. Haney has scammed him. Everything that can go wrong goes wrong with that tractor! That episode made me think of Fordson tractors.

Henry Ford grew up outside Detroit, Michigan, on a small farm that used the power of the day....horses. One of the drawbacks of this era of agriculture was that each horse used 5 acres of the farms production to supply them with the energy they needed to do their job.

Shortly after the turn of the century Henry Ford began experimenting with tractor production, using automobile parts. The name "tractor" wasn't actually used. Ford called his experiment the Automobile Plow. His first attempt at the Automobile Plow in 1907 is on display at the Henry Ford museum.

At the same time a group of investors in Minneapolis started their own Ford Tractor company. They hoped Henry Ford would pay them to get the sole use of his name on his "tractors." But Ford solved this problem by incorporating his investment partner and son, Edsel, in the new venture. The tractor company came to be named Ford and Son, or Fordson. This was the birth of the Fordson Tractor Company.

In November of 1917 the Fordson was put into production. It was the first lightweight tractor to be mass produced in the world. Using Ford's mass production methods now the "average" farmer could afford a tractor!

The original Fordson produced about 20 horsepower and featured a three speed transmission. Because of it's gearing only about 10 hp actually made

it to the drawbar.

US production of the Fordson ceased in 1928, although British production continued until 1946. More Fordson tractors were produced than any other tractor model, 750,000. Even though so many were produced some farmers were not happy with the Fordson. Some missed the connection with the horses they had grown used to working with. Because of the way it was hitched to some implements of the day the Fordson sometimes was prone to flipping over backwards causing accidents, injury and death. There were also some complaints about the fact that sometimes the Fordsons were difficult to start.

Because of these early Fordsons many new entrepreneurs began to throw their hats into the new industry of agricultural tractor production. Most of them worked hard to design something that would compete with the Fordson!!

How about a little Tractor Trivia!

1. One of the first companies to develop a traction engine or Tractor was the Hart Parr company. The men who started the company were Charles Hart and Charles Parr. Mr. Hart and Mr. Parr were from what Iowa town?

2. Many Ford cars were converted to into "Tractor Plows". What car was used to make these "tractors"?

3. The Fordson model N made in England was originally painted _____ in 1933.

4. By 1937 the color of the English Fordson was changed to _____.

5. In 1939 the color was changed again to _____.

Answers: 1. Charles City
2. Model T 3. Blue 4. Orange
5. Green



Eddy Albert on the Fordson tractor!!

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Libraries Continue Offering Digital Services, Expand to Virtual Events

MOORHEAD, MINNESOTA - While Lake Agassiz Regional Library buildings remain closed due to the coronavirus pandemic, a number of free options for entertainment and education are available at larl.org, including popular tools for family genealogy research, homeschooling aids and more, all offered free-of-charge.

The library is welcoming dozens of new cardholders daily, as those without library cards are being encouraged to sign up online. If eligible, applicants will receive a library card number within 24 hours which will give them free access to eBooks and eAudiobooks as well as education and research tools. To sign up visit larl.org/applyonline

New popular titles are added daily to the 20,000+ downloadable eBooks and eAudiobooks

currently available through the library's collection in OverDrive. To begin downloading, users simply enter their library card number and select a title to download.

Those who are missing their local librarian will enjoy visiting larl.org/athome, where they can experience library events from the comfort of home, including watching Storytimes, Baby Bounces, STEM events and more.

Librarians are available to answer questions by call or text at 833-522-5275 from 9 AM-9 PM Monday through Friday. They are eager to offer assistance with downloading eBooks, filling out the Census, filing for unemployment as well as providing book and film recommendations, technology tutoring and much more.

Altru Makes Changes to Clinics in Erskine, Fertile and Red Lake Falls

Grand Forks, N.D. – As Altru focuses on the safety of our staff, patients and the community and in response to COVID-19, we are adjusting operations to reduce traffic in our clinics. Altru Clinic in Red Lake Falls, Fertile and Erskine will reduce hours of operation as follows:

- Erskine – Monday, Wednesday and Friday 8 a.m. - 1 p.m.
- Fertile - Wednesday and Friday 10 a.m. - 2 p.m.
- Red Lake Falls – Monday, Wednesday and Friday 8 a.m. - 1 p.m.

Patients with impacted appointments will be contacted and their appointments will be rescheduled during new clinic hours or virtually. Patients can still contact their local clinic

Monday – Friday, 8 a.m. – 4:30 p.m. for questions about their upcoming appointment or to schedule an appointment. For more information about virtual care options at Altru, visit altrul.org/virtualcare.

About Altru Health System
Based in Grand Forks, North Dakota, Altru Health System is a physician-led, multispecialty group practice with an acute care hospital, Level II trauma center, specialty hospital, more than two dozen Grand Forks and regional practice locations, and a large home care network. Altru Health System was the first member of the Mayo Clinic Care Network, extending Mayo Clinic knowledge and expertise to the patients we serve. For more information, visit altrul.org

North Country Angus Alliance Production Sale

Sunday April 19 2020

Clearwater County Fairgrounds, Bagley, MN
2pm Sale

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Reg: 19447836
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BW 3.4 WW 66 YW 114



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Reg: 19588135
Skr Crk Payweight 903
BW 3.9 WW 86 YW 151



Reg: 19524975
FHF Blackbird Capitalist
BW 3.4 WW 71 YW 127

Due to Covid-19 we want to consider the health of our bidders and would encourage online bidding at DVAAuction.com or a phone bid through the sale staff. Please feel free to set up an appointment to view the animals at Four Hill Farms, 21990 Hwy 34 Barnesville, MN. Otherwise we will have the animals available for viewing by 4pm on Friday, April 17th at the Clearwater County Fairgrounds, until sale time on Sunday. Videos of all lots are available at DVAAuction with a slight unseen guarantee. Lunch will be replaced with individual snacks.

Request a sale Catalog from one of the Sale Partners:



Jake Thompson 218.329.9293



Keith Gebhardt 218.766.8021



Bryan Ramsrud 218.556.1568

R3-4C

FIND THE SALE CATALOG, SALE VIDEOS AND BID ONLINE @ DVAAUCTION.COM

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