



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Essentia Health postpones routine appointments, elective procedures

Essentia Health is postponing all routine appointments and elective procedures for two weeks, beginning March 18.

The decision affects appointments and elective procedures scheduled at any Essentia hospital or clinic from March 18 to April 1. Decisions about appointments and procedures after April 1 will be made later.

The decision was made to protect patients and staff during the COVID-19 pandemic, says Dr. Peter Henry, Essentia Health's chief medical officer. The decision, he explains, also allows Essentia Health to deploy staff and resources to prepare for expected infection outbreaks in communities it serves.

"We recognize that postponing routine appointments and elective procedures is disruptive to our patients and staff but we always put safety first," Dr. Henry says. "We want to be ready to provide the care that our communities need in this unprecedented time."

Postponing non-essential appointments and elective procedures is in line with guidelines from the Centers for Disease Control and Prevention as well as recommendations from the Surgeon General and the American College of Surgeons.

Routine clinic appointments are being rescheduled unless a physician or advance

practice provider sees a need for an office visit. Patients will be called or receive a message through Essentia MyHealth to reschedule their appointments. Patients may be offered a telephone visit, an E-visit or an online video visit through MyHealth. If these options don't work, office appointments are expected to be rescheduled in four to six weeks.

Elective surgeries and procedures will be postponed for two weeks if the delay will not adversely impact a patient's condition. Patients will be called or receive a message through Essentia MyHealth to reschedule their surgeries and procedures.

Incoming requests for elective surgeries and routine appointments will be scheduled in four to six weeks unless a patient's condition warrants one sooner.

Dr. Henry says Essentia Health is expanding tools that help care for patients without an office visit, such as E-visits and video visits available through Essentia MyHealth.

Patients are encouraged to enroll in Essentia's MyHealth, a secure online option that allows them to have a video visit with their care team via a computer, tablet or cell phone. Download the "MyChart" app or go to [essentialhealth.org/MyHealth](https://www.essentialhealth.org/MyHealth) to sign up.

Senator Johnson, Senate approve additional coronavirus funding

Last Monday night, the Minnesota Senate passed additional emergency funding for hospitals, nursing homes, and other medical professionals on the front lines to combat the spread of the COVID-19 coronavirus. In addition, the bill lifts the cap for e-learning to give more flexibility to schools.

"Today, the Senate passed additional emergency funding for preparedness of the state, hospitals, and nursing homes for a potential spike of patients," said Senator Mark Johnson (R-East Grand Forks). "The legislature will continue to monitor the data and focus on the health and safety of Minnesotans. We can all reduce the risk of illness with common-sense precautions like hand washing, staying home when sick, and giving a little space to one another."

Last week, the legislature unanimously approved \$21 million for emergency funding to combat COVID-19. The emergency funds will allow the Minnesota Department of Health, in collaboration with state and federal officials, to support disease investigation, monitor potential cluster outbreaks, provide information to the public, coordinate statewide response activities, and conduct laboratory analysis.

Region 2 Arts Council Announces COVID-19 Update

In an effort to keep the public informed on risk management practices in response to the COVID-19 pandemic, Region 2 Arts Council shares the following changes and guidance. It began on Wednesday, March 18, where the Region 2 Arts Council office, located inside the Watermark Art Center in Bemidji, will be closed and staff will be working from home, with a goal to re-open the office once again March 30 pending any changes.

Region 2 Arts Council aims to show as much flexibility with grantees as funding sources will allow, with a commitment to find solutions that result in the least amount of hardship for all involved. The April 15 deadline

for the Arts Access for Small Towns grant is still in effect.

Nonprofit entities located in towns under 2,000 in the Minnesota counties of Beltrami, Hubbard, Lake of the Woods, Mahanomen and Clearwater are eligible to apply.

Please visit r2arts.org for details on eligibility and to apply. Region 2 Arts Council also offers online resources on their website that may be helpful for artists and organizations going forward.

For questions, support and updates, visit r2arts.org, or connect by email at staff@r2arts.org or by phone at 218-751-5447 / 1-800-275-5447.



Former first ladies and the 2020 First Lady at the recent event. Front row (L to R: Crystal Schmitz, Betty Johnson, Ardis Thompson, 2020 First Lady Marilyn Ames, Donna Rae Jacobson, Eilene Lien Back row (L to R) Adeline Beltz, Elaine Johnson, Ardella Lindberg, Lila Strandlien, Darlene Sawyer, Linda Kaul and Marilyn Melby.

Marilyn Ames selected as 2020 First Lady for county

The 2020 Clearwater County First Lady event went on as scheduled on Saturday, March 14. The Keynote Speaker Dr. Faith Hensrud was not able to attend. Her duties of being president of Bemidji State University and Northwest Technical College with the COVID-19 pandemic forced her to cancel. Those in attendance enjoyed the meal put on by the ladies from the Bagley American Legion Post 16. The ladies with Cheryl Grover and the volunteers of the auxiliary also had the decorations for the event.

After the welcome and Prayer by Ardis Thompson, there was a history lesson from Tamara Edevold and two beautiful songs by Allison Cease, "You're the Tops" and "Unforgettable". Edna McKinley announced the 2020 Clearwater County First Lady.

Marilyn Kanten Ames has lived her entire life in Clearwater County. She is the daughter of Roger and Ester Kanten and grew up attending Faith Lutheran Church where she was active in Sunday School, Luther League, Bible Camp, etc. She was also active in the Copley Hi-lites 4-H Club exhibiting at the County Fair, Minnesota State Fair, and working in the 4-H Food Stand, etc.

Marilyn was a "Real Role Model and Big Sister" to two very young brothers from Clearbrook, when her parents took in and raised the "Foster Sons" Mike and Jeff Erickson to become very respectable young men in Clearwater County.

Following graduation from Bagley High School her ambition was to attend Bemidji

State University and become an elementary school teacher. To finance her college education Marilyn purchased a small flock of sheep from good friends who allowed her to select the top producers of their flock of Hampshire ewes. This was a very sound purchase and it fulfilled her dream of graduating debt free from Bemidji State University.

Marilyn began her 35 year teaching career at Mentor and then taught in Bagley until officially retiring in 2005. She is still often called to substitute teach in Bagley. As an avid gardener, Marilyn plants a huge pumpkin plot so that she can invite the first graders out to her farm to select their pumpkins for Halloween in the Fall.

Marilyn is a woman of few words, but her words of wisdom, caring, sharing and true gratitude fall on listening ears and receptive hearts. She 'THINKS' before she speaks, and uses the following philosophy words: T- is it True; is it Helpful; is it Inspiring; is it Necessary; is it Kind? Marilyn's actions speak louder than words. Her list of community activities that make a BIG difference to OTHERS in Clearwater County are:

1. Bagley Senior Citizens Board of Directors: Marilyn serves the Saturday breakfast each month. She donated many beautiful raffle items for the Senior Center's booth at the County Fair. She helped with many fund raisers to raise dollars for the new furnace, the new front window, the kitchen remodeling project, the Fall Festival Smorgasbord, the Valentine Sweetheart dinners, plus



2020 Marilyn Ames, First Lady of Clearwater County with two other teachers, Marilyn Melby and Nancy Colligan. Melby was the friend who let her pick the top producers from their flock of Hampshire ewes to earn the income for her college education.

the Mexican Fiesta and more.

2. Faith Lutheran Church: Marilyn has just completed her terms as Secretary of the Board of Deacons. She was also in charge of securing pulpit supply when the pastor was gone. Marilyn is always available to serve at funerals; making lefse at the Fall Festival each year, plus helping with Bible Study and giving Communion at Cornerstone residence and Parkview apartments each month. She has helped serve parties at Cornerstone when her friends, and her Mother-in-Law were residents there.

3. Marilyn serves or has served on the Board of Directors for the Farmers Publishing Company, the Bagley Senior

Citizen Board and the Faith Lutheran Church in Bagley. For Northern Exposure she runs the ice cream social every summer, raising money for the programs NELL offers.

4. Marilyn is constantly sharing her culinary skills with numerous friends and neighbors.

A final thought for the day was a quote from Rabbi Yosef Kanefsky. Every hand that we don't shake must become a phone call that we place. Every embrace that we avoid must become a verbal expression of warmth and concern. Every inch and every foot that we physically place between ourselves and another, must become a thought as to how we might be of help to that other, should the need arise.

Suspension of Public Masses

Dear Clergy and Faithful of the Diocese of Crookston,

Lent is always for us a special time of prayer, sacrifice, and charity. The invasion of the coronavirus has certainly now provided us with added reason for prayer, sacrifice, and charity. We join with our brothers and sisters in America and throughout the world to adjust our way of living for our own health, the health of our neighbor, and to do our part to slow the spread of COVID-19 coronavirus. In addition to the steps that we have already taken, with this letter/decreed the following applies to all parishes, chapels and religious houses in the Diocese of Crookston effective March 20, 2020:

-All public celebrations of the Holy Mass are cancelled (with the exception for funerals and weddings noted below). All Masses offered by priests are to be private, according to the Liturgical Norms and not open to the public. Pastors are

reminded of their canonical obligation to offer Mass pro populo. I give my permission and encourage priests to pray, during a weekday of Lent each week, the Mass seeking the intercession of the Blessed Virgin Mary, Health of the Sick (#44) from the collection of Masses in Honor of the Blessed Virgin Mary and suggest that Saturday would be an appropriate day each week.

-Sunday remains a holy day and, although dispensed from the obligation to attend Holy Mass on Sundays, the faithful are encouraged to observe the Lord's Day by watching Mass online or on TV and by making a "spiritual communion." For contact information go to www.crookston.org/covid19. Parishes that are able to livestream Mass are encouraged to do so.

-There are to be no Communal Penance Services. Form 1 (Individual Celebration) of the Sacrament of Penance may be celebrated. Additional hours

when the priest(s) are available may need to be offered. It is recommended that penitents make use of the screen in reconciliation rooms. The present circumstances do not constitute the grave necessity required for use of form 3 (General Absolution).

-Baptisms, may be celebrated outside Mass with only the parents, godparents, and immediate family present and no more than 10 persons present.

-Funerals and weddings with Mass may be celebrated with no more than 10 persons present.

Church buildings should remain open, according to the local custom, for visits and personal prayer. All gatherings, meetings, events of more than 10 people are to be cancelled for this time.

The faithful are encouraged to continue attending Adoration, practicing "social distancing" and limiting the number of persons present to no more than 10 persons.

These steps are preventative. We do not want this virus to come here; once it is here, it's too late. The above directives will remain in effect until further notice. We will continue to keep you up to date on developments through the Communications Office of the Diocese of Crookston. In the near future, we will communicate the plans for this year's celebration of the Chrism Mass.

My dear People of God, let us continue our Lenten journey of prayer, sacrifice, and charity, particularly mindful of all who suffer because of the coronavirus and any other disease or illness. Let us ask our Good God to grant us good health, to help us show concern for the health of our neighbor, and do all we can to slow the spread of the coronavirus. And let us ask the intercession of our Dear Mother Mary, Health of the Sick.

Most Rev. Michael J. Hoepner
Bishop of Crookston

Social Security Offices Will Only Offer Phone Service

All local Social Security offices will be closed to the public for in-person service starting Tuesday, March 17, 2020. This decision protects the population we serve—older Americans and people with underlying medical conditions—and our employees during the Coronavirus (COVID-19) pandemic. However, we are still able to provide critical services.

Our secure and convenient on-

line services remain available at www.socialsecurity.gov. Local offices will also continue to provide critical services over the phone. We are working closely with the Centers for Disease Control and Prevention (CDC), state and local governments, and other experts to monitor COVID-19 and will let you know as soon as we can resume in-person service.

If you need help from Social Security:

• First, please use our secure and convenient online services available at www.socialsecurity.gov/online. You can apply for retirement, disability, and Medicare benefits online, check the status of an application or appeal, request a replacement Social Security card (in most areas), print a benefit verification letter, and much more – from anywhere and from any of your devices. We also have a wealth

of information to answer most of your Social Security questions online, without having to speak with a Social Security representative in person or by phone. Please visit our online Frequently Asked Questions at www.socialsecurity.gov/ask.

• If you cannot conduct your Social Security business online, please check our online field office locator for specific information about how to directly contact

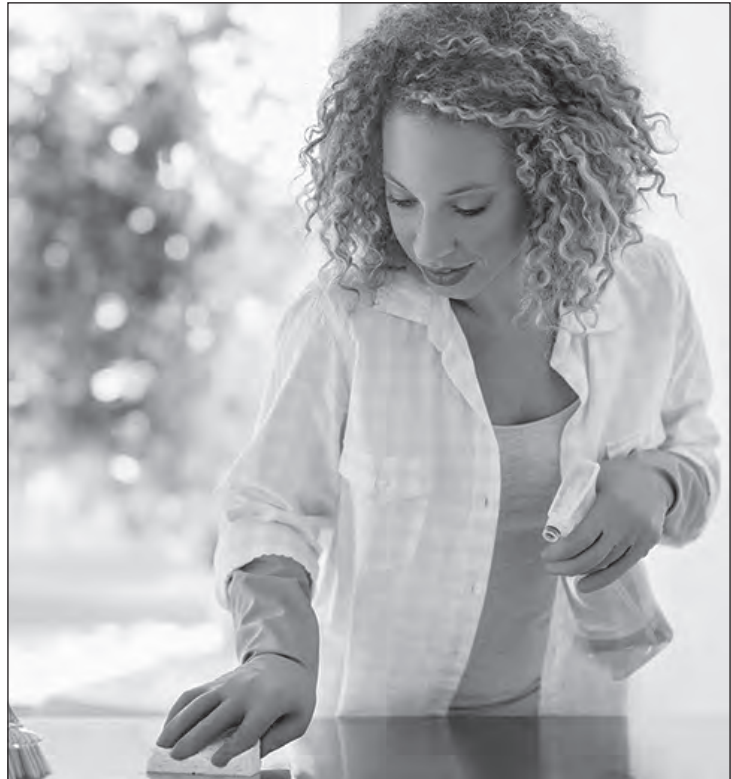
your local office. Your local office still will be able to provide critical services to help you apply for benefits, answer your questions, and provide other services over the phone.

• If you already have an in-office appointment scheduled, we will call you to handle your appointment over the phone instead. If you have a hearing scheduled, we will call you to discuss alternatives for continu-

ing with your hearing, including offering a telephonic hearing. Our call may come from a PRIVATE number and not from a U.S. Government phone. Please remember that our employees will not threaten you or ask for any form of payment.

• If you cannot complete your Social Security business online, please call our National 800 Number at 1-800-772-1213 (TTY 1-800-325-0778).

Caution and caustic products go hand-in-hand



Keeping a home clean is no small task. All sorts of stains appear in homes every day, some harder to clean than others. And for each individual spill or accident that can dirty up a home, there seems to be a cleaning product tailor-made to address it. That can make choosing the right cleaning product more complicated than simply choosing the least expensive option.

Cleaning products are not one and the same, and various consumer advocacy groups have emphasized the importance of choosing products that are both effective and safe. Caustics are one type of product that get ample shelf space at grocery stores. According to the U.S. Department of Health & Human Services, caustics are chemicals that burn or corrode people's skin, eyes and mucus membranes. While it may seem as though no one would willingly bring such products into their homes, caustics are widely used. In fact, the National Capital Poison Center notes that drain cleaners, oven cleaners, rust removers, toilet bowl cleaners, dishwasher detergents, and cleaning products for brick and concrete are among the various products that can cause chemical burns.

Adults generally know to exercise caution around potentially dangerous cleaning products, including caustics. However, children and pets may not be so savvy. That only underscores the importance of exercising extreme caution when bringing such products into a home. The NCPC notes that caustic products cause instant damage, which means parents and/or pet owners won't be able to prevent injuries if curious youngsters and animals come into contact with these substances. Before purchasing caustic cleaning products, consumers can consider these pointers, courtesy of the NCPC.

- Only purchase caustics if nothing else will do the job. Because of their potential to cause so much damage so quickly, caustics should only be purchased if no other product is up to the task. A little extra elbow grease is worth avoiding the potential problems caused by caustics.

- Don't buy caustics in bulk. Extra caustics around the house only increase the risk of injury. Only purchase the amount you need, storing anything you bring home in areas that cannot be accessed by curious kids and pets.

- Do not transfer products to different containers. Caustics should always be kept in their original containers. That reduces confusion and the risk of accidents. In addition, product warning labels on the original packaging will ensure anyone who needs to use the substance will be made aware of its potential safety hazards.

- Follow directions carefully. All it takes is a simple spill for a caustic product to cause an injury. When using caustics, follow the manufacturer's instructions carefully and exactly.

- Protect yourself. When using caustic products, wear gloves and safety glasses to reduce your risk of injury. In addition, open windows if the label advises doing so.

- Do not use caustics near kids or pets. Never use caustics in front of children or pets. Kids and pets are naturally curious, and that curiosity may compel them to look for products they saw mom and dad using.

Caution and caustic products must go hand-in-hand to avoid injuries and accidents around the house.

Fosston Dental closed

Fosston Dental office in Fosston will be closed until April 6 pending further notification.

NOTICE OF MEETING OF STOCKHOLDERS OF FOSSTON TRI-COOP

Fosston, Minnesota

Notice is hereby given that the Annual meeting of stockholders of Fosston Tri-Coop will be held at Ventures Bar & Grill in Fosston, Minnesota on Friday, March 27, 2020. Meeting will start at 3:30 p.m.

The business meeting will include the presentation of the annual report and election of three directors, who will serve a term of three years. Curtis Bartz Secretary-Treasurer

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American Federal Bank Lobby Closing Temporarily

Friday, March 20, American Federal Bank is temporarily closing its lobby at 209 Johnson Avenue North in Fosston.

"With the health and safety of our employees and our customers in mind, and to help with the nation-wide effort to reduce spread of the Coronavirus (often called COVID-19), we will help customers with their deposit and transactional needs only at our Drive-Up," said Dan Paulson, Market President, Fosston.

"Our Drive-Up will continue to be open during regular Drive-Up operating hours from 8 am to 5 pm, Monday through Friday, and 8:30 am to Noon, Saturday," Paulson said. "We want to make sure we are doing everything we can to keep our Sales Office open and supporting our customers. We will continue to monitor the situation, and re-open our lobby as soon as possible."

Bank from Anywhere, Anytime, Any Device

Customers can access their accounts and conduct transactions electronically anytime, anywhere with any device through Online and Mobile Banking, Online Bill Pay, Mobile Check Deposit and Telephone Banker. Electronic payments and purchases can be made using debit or credit cards.

A Night Depository and an ATM at the bank are available 24/7. Customers can get cash surcharge-free from their American Federal deposit accounts at any MoneyPass® ATM nationwide.

Call-Ahead Appointments

"Our American Federal Bankers are available by phone and email to answer questions and help in any way we can," Paulson continued. "Call-ahead appointments at the bank or at a business or farm with an American Federal Banker are available. However, phone and email meetings are preferred whenever possible to comply with the social distancing recommendations from the CDC." Contact an American Federal Banker in Fosston to ask about an appointment.

Business Needs

"Our Business clients, who have cash needs, can contact their American Federal Banker to place an order, schedule a pick-up time and make a deposit," Paulson said. "We have procedures in place to be certain the credit needs of our business and farm clients are not interrupted."

Safety First

"We are taking steps to keep our employees and customers safe. Expect to see employees wearing personal protection items, using disinfecting wipes and practicing social distancing," Paulson added.

Be Aware of Potential Scams

Scammers and cybercriminals are taking advantage of uncertainty surrounding the Coronavirus. They may offer fake products, medical advice, create fake charities or compel online, email and text users to click a fraudulent link to gain access to a device and personal information. To keep the scammers at bay, tips from the Federal Trade Commission are posted on the American Federal Bank website at www.american-federalbank.com.

"While we are temporarily changing how we are delivering some of our services, we continue to work hard to help clients find the best solutions to reach their goals. American Federal Bankers are available to help clients with financial challenges that may come along during these unprecedented times," Paulson said. "Everyone at American Federal remains deeply committed to serving customers, the community and the country's fast-changing needs."

Polk County Sheriff's Office/ Emergency Management

Re: Unemployment Benefits for those affected by COVID-19

On March 16th, 2020, Minnesota Governor Tim Walz issued an executive order to ensure workers affected by the COVID-19 pandemic have full access to unemployment benefits. The executive order makes applicants eligible for unemployment benefits if:

- A healthcare professional or health authority recommended or ordered them to avoid contact with others.

- The worker has been ordered to stay away from their workplace due to an outbreak of a communicable disease.

- The worker has received notification from a school district, daycare or other childcare provider that either classes are canceled or the applicant's ordinary childcare is unavailable,

provided that the applicant made reasonable effort to obtain other childcare and requested time off or other accommodation from the employer and no reasonable accommodation was available.

Governor Walz's executive order waives the non-payable or "waiting" week to ensure applicants have access to unemployment benefits as quickly as possible.

Please see the Minnesota unemployment insurance page for more information or click the link below.

<https://www.uimn.org/applicants/needtoknow/news-updates/covid-19.jsp>

Oklee Quilting Supply will be taking extra precautions for our customers and employees in regards to Covid-19, our door will be locked starting today at 5PM (until further notice). BUT we will still be taking phone, internet, email and Facebook orders, we WILL be at the store our normal business hours to answer phones, ship out packages AND do curbside pickup or delivery.

(Keep dropping off those quilts!!)

Inside our store will be running as usual. Please call ahead for ANYTHING you need!! Everyone stay safe and healthy!! See you all soon!!

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Lori Melby

COVID-19 Assessment Available at No Cost

24/7 ONLINE SCREENING FOR COVID-19

In times of uncertainty we come together and support one another, and nothing will stop us from trying to make it easier to give the best care. That's why Essentia Health is providing E-Visits at no cost for the evaluation of respiratory symptoms related to COVID-19*.

E-visits provide 24/7 access to an Essentia Health provider from the convenience of your tablet, phone or desktop without requiring you to leave home. To learn more or to start an E-visit, visit **EssentiaHealth.org/COVID-19**.

You don't need to be an Essentia patient to have an E-visit.

Essentia Health caregivers are highly trained and prepared to manage infectious diseases, such as COVID-19, with care and compassion.

If you have questions or concerns regarding symptoms, call our dedicated COVID-19 number at 1-833-494-0836.

**Testing ordered as a result of screening may incur a charge.*

EssentiaHealth.org/COVID-19



Essentia Health

01C

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ESSENTIAL EVERYDAY

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ORANGE JUICE
2/\$4 64 OZ

4 MEAT, SUPREME
PEPPERONI, SAUSAGE
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ESSENTIAL EVERYDAY SEMI SWEET

CHOCOLATE CHIPS
3/\$5 12 OZ

KRAFT VELVEETA
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CEREAL 11.5-12 OZ **5/\$10**

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KETTLE COOKED POTATO CHIPS

4/\$10 5-8 OZ

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MUNCHIES (8 OZ) OR
FUNYUNS 6 OZ **3/\$9**

CLAMATO COCKTAIL
2/\$3 32 OZ

ESSENTIAL EVERYDAY FRENCH ROAST OR DONUT SHOP
COFFEE K-CUPS 12 CT **\$3.59**

ESSENTIAL EVERYDAY

AMMONIA CLEANER
99¢ 64 OZ

ESSENTIAL EVERYDAY LEMON SCENT
AUTO DISH GEL 45 OZ **\$2.79**

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LAND O' LAKES DAIRY PURE
BUTTERMILK QUART **99¢**

TACO BELL

TACO SHELLS
3/\$2 12 CT

ESSENTIAL EVERYDAY HOT
SLICED JALAPENOS 12 OZ **89¢**

RIP-L, DILL PICKLE, ORIGINAL RIPPLES OR
CHEDDAR & SOUR CREAM RIPPLES POTATO
CHIPS (14.5-15 OZ); RESTAURANTE BITE
SIZE OR TOSTADOS TORTILLA CHIPS (20 OZ)

OLD DUTCH **2/\$7**

POPCORN OR CHEESE POPCORN
OLD DUTCH 12 OZ **\$3.99**

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WATER SOFTENER SALT
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R51-2C

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Help Wanted: Utility/City Maintenance Superintendant

Full-time position installing, operating and maintaining water, sewer and natural gas distribution systems for the City of Clearbrook. The position requires other duties including park, facility, street, highway and general maintenance. After hours and on call availability requirements with an on call response time of 30 minutes. Minimum qualifications include high school diploma or equivalent. Must submit to regular drug and alcohol testing. Preferred candidate would be gas qualified according to MN O.P.S. regulations, with ability to obtain water & sewer certifications. Benefits include: PTO, retirement plan & health insurance. Application deadline is April 3, 2020. Send resume to City of Clearbrook, PO Box 62, Clearbrook, MN 56634 or call the City office at 218-776-3213 for an application or complete job description. R52-1C

Network Administrator - Polk County, MN

Polk County has an opening for a **Network Administrator** in the Management Information Systems/MIS Department. Performs difficult skilled technical work, technical project management, assessment, planning and implementation, and day-to-day technical operations of network infrastructure, etc. Applicants must have a Bachelor's Degree in Computer Science, Information Systems, or related field & moderate experience, or equivalent combination of education and experience. A valid driver's license is required. A full job description and application can be obtained by contacting the Polk County Administrator's Office, 612 N. Broadway, Room 212, Crookston, MN 56716 or call 218-281-5408 or go online to <http://www.co.polk.mn.us> and click on Careers. Wage range for this position is \$29.49 - \$37.49/hour; DOE and qualifications. Applications for this position will be received until 4:30 p.m., April 1, 2020. EEO M52-1C

Case Manager Position Available

Inter-County Community Council is accepting applications for an opening in our Family Services department.

Case Manager: The Case manager will recruit, coach, and provide comprehensive coordination of services to homeless and at risk of becoming homeless youth, individuals, and families. The position is full time/40 hours a week working out of our Oklee Office.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountycouncil.org. Send completed application and resume to Inter-County Community Council, Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountycouncil.org. Applications must be received by **4:30PM on Monday, April 6th**. Call 218-796-5144 x1011 for more information.

ICCC is an equal opportunity employer and program provider. R1-2C

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Clearbrook-Gonvick School, 16770 Clearwater Lake Rd, Clearbrook, MN 56634, Attn: Jeff Burgess R1-5C

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K N U D C P C I L B C E P L W Y S S R O
E K H Y O O F E G B O U W H L Y A L H I
W C V X A D T O V L T U C W L N S L O C
K O L K T S T S E N A D N R A W V N G V
R L N A U O D Y I S W K I D B I F G A R
H C O G R Y R R W S N R D B R A H R H O
I S D H N R O U A K S E U K I C P L S N
O B E W O R U B S U W A F R A H L O S G
K T Y C V A E C P V G H C F E R A W A N
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R K O S R O W F U I E H C N E B E L C L
G U D R A O B K C A B S B F W H R L C E
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D E O G Y P I K C H A R G I N G D B D A
D C W C D S B L X B C H Y I E N A I W R
D I H H S R O Y T L G U S R O C R W W T
B A S K E T X A E C O U R T E C N U O B
P X E B E D R V H C K D S D R A W R O F

Find the words hidden vertically, horizontally, diagonally, and backwards.

ON THE COURT WORD SEARCH Answers on page 6

AIRBALL	BOX	DUNK	PASS
ASSIST	CARRY	FORWARDS	PLAYERS
BACKBOARD	CHARGING	FOUL	PRESS
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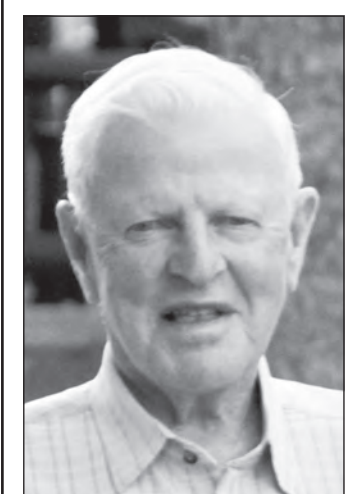
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OBITUARIES



Obituary notice for Ralph Hove

Ralph Hove, age 82, of Fosston, MN, passed away on Saturday, March 21st, at Essentia Health Hospital in Fargo, ND. Funeral services will be held at 11:00 a.m. on Friday, March 27th, via Facebook Live or the Carlin Family Funeral Service website, with the Rev. Jane Ekholm officiating. Interment will be in Brandsvold Cemetery, rural Fosston, at a later date. Due to the health crisis, there is no public service. Messages of condolence may be shared at www.carlinfuneral.com and a tribute video will also be available to view beginning on Thursday, March 26th, also at www.carlinfuneral.com.

Ralph Arvid Hove was born June 27, 1937 in Brandsvold Township to Roy and Olga (Ekern) Hove. He was baptized, confirmed and a life-long member of Hope Lutheran Church in Fosston. He attended school in Fosston until his brother Raymond entered the military. Ralph then joined his father in the family farming operation which he continued for the next 65 years. Ralph loved

farming, especially working with his herd of beef cattle.

In 1959 Ralph enlisted in the Air National Guard, "The Happy Hoo-ligans", based in Fargo, North Dakota. He served as a weapons mechanic until his honorable discharge in 1965.

On June 11, 1966 Ralph married Geraldine Rotness at Kingo Lutheran Church in Fosston. To this union two daughters, Jill and Jennifer were born. Ralph took great joy in his family, going camping, fishing, hunting and traveling. He especially cherished spending time with his five grandchildren.

Ralph was proud of his Norwegian heritage and was a member of the Sons of Norway, Grandlund Lodge. He and Geraldine traveled to Norway three times and visited relatives still living on the Hove home place.

Ralph served in many capacities at Hope Church and was a long-time supervisor on the Brandsvold Town Board.

Ralph passed away on Saturday, March 21, 2020 in Essentia Hospital in Fargo at the age of 82 years and 9 months.

Ralph is survived by his wife, Geraldine of 53 years; daughters: Jill (Mark) Landsverk of Fosston and Jennifer (Benton) Hicks of Moorhead, MN; five grandchildren: Christian, Olivia and Amelia Landsverk and Marshal and Barrett Hicks; several nieces and nephews also survive.

He was preceded in death by his parents, two sisters, Joyce (Martin) Wandschneider and Louise (Carl) Battaglia and one brother, Raymond (Doris) Hove.

Blessed be his memory.



Obituary notice for Nicole Ross

Nicole Marie (Godin) Ross, 35, passed away Saturday, March 14, 2020, at home surrounded by family after a short illness.

Nicole was born on Dec. 21, 1984, to Janine and Dan Godin in Hibbing, Minn. She graduated in 2003 from Hibbing High School, where she was involved in drama and sang in the choir. She married Brad Ross on Sept. 21, 2012, and they, along with Brad's two sons, made their home in Lino Lakes, Minn.

Nicole worked in customer service for much of her life and her warm, loving spirit brought smiles to everyone she encountered. Above all, family always came first, and watching her step-sons grow was one of the great joys of Nicole's life. She was known for going out of her way to

help her friends and for being an incredible listener who always showed up for people when it mattered most – often with a delicious, homemade treat, hug and words of encouragement.

Nicole adored animals, especially her dog, Ella. She could often be found outdoors, photographing nature, or spending time at her grandparents' cabin in Red Lake, Minn. She also enjoyed experimenting with new recipes and trying her hand at different crafts. Nicole was nurturing, gentle and sweet. She accepted people without judgement and lived fully in the moment. Her unparalleled kindness, beauty, sense of humor and infectious laugh will be missed by all who knew and loved her. As she was known to say, "Another angel got its wings."

Nicole is survived by her husband, Brad; step-sons, Hunter and Danny Ross; her special fur baby, Ella; mother, Janine (Danny Anglin) Godin; father, Dan Godin, Michele Godin; brother, Ryan Godin; half-siblings: Danny Godin, Tyler (Kari) Godin, and Allison (Spencer) Chute; and numerous aunts, uncles, and cousins.

She was preceded in death by Art and Dorothy Godin, Chris Anglin, Trent Salminen.

Per Nicole's request, there will be a private family celebration of her life later this summer at Red Lake.



Obituary notice for Peggy Cook

Peggy Gail Osland, daughter to Selmer (George) and Patricia Osland was born May 15, 1957, in Grand Forks, North Dakota. The young family resided in Buxton, North Dakota. The family relocated to rural Erskine, Minnesota in June of 1960. Childhood on the farm included horseback riding, gardening, chores, and haylofts. Peggy attended Erskine Public School where she was a Comets cheerleader and was crowned homecoming queen her senior year.

Peggy was united in marriage to Robert Mayer in June of 1975 and the couple resided in Colorado Springs, Colorado where Rob was enlisted in the Army. In January of 1977, they welcomed daughter, Patricia, to the world. While in Colorado, Peggy attended Midwest Business College and graduated in September of 1976 from the clerk typist/receptionist program. The family moved home to Erskine, Minnesota in June of 1977.

In December of 1979, Peggy was united in marriage to Robert Dorr. Peggy and Bob were adventurous and resided in Erskine, Nashville, and Texas. To that union daughter, Tonya, was welcomed to the world in January of 1982. As she had a love for children, Peggy provided day-care, for a time, for a few of the families in the Erskine area.

In the fall of 1984 Peggy and the girls moved from Texas to Thief River Falls, Minnesota, where Peggy enrolled at the Technical Institute in Thief River Falls and graduated in February of 1986 from the secretarial/word processing program. Peggy continued her education at Northland Community College achieving an Associate in Applied Science degree in May of 1988 and an Associate in Arts degree in June of 1989.

In January of 1988, Peggy began her career as a State of Minnesota employee at, what is now, Northland Community

and Technical College. During her tenure as a State of Minnesota employee, Peggy worked at several state agencies. She worked for Hennepin Technical College at Flying Cloud Airport, Minnesota Department of Corrections at the Women's Prison in Shakopee, and the Minnesota Department of Health. Peggy retired from the Minnesota Department of Health in January of 2020.

Peggy's caring and loving heart brought her to also work with adults with special needs on evenings and week-ends. She dedicated 16 years to serve as the primary caregiver of, Steven Langenfeld, who came to be a friend to Peggy's entire network of family and friends.

On May 4, 2011, Peggy was united in marriage to Chris Cook. The couple resided in Roseville, Minnesota with their two adopted cats, Phanta and Sophie. Peggy often spoke about their Star Wars anniversary date and their wonderful honeymoon in Cape Cod.

Peggy had a love of everything and everyone. As a member of the American Legion Auxiliary in Roseville, Minnesota, Peggy organized and hosted many holiday events for children during Halloween, Easter, and Christmas. At these events, Peggy would present herself in costume and ensure everyone had a good time and was never hesitant to collect donations to provide treats and gifts to the children. Peggy also had a love of music and followed in her mom's footsteps and taught line dancing for a time. Lessons were held whenever and wherever possible, even during lunch break at the Minnesota Department of Health.

After a week-end surrounded by family and friends, Peggy passed away on the evening of March 15, 2020, at Our Lady of Peace in Roseville, Minnesota.

Peggy is survived by children: Patricia Mayer (Matt Engebretson) and Tonya (Damon) Slaikeu; grandchildren: Bodi Engebretson, Ivy Engebretson, Colton Slaikeu, and Levi Slaikeu; parents, George and Pat Osland; siblings Becky (Dave) Linds-eth, Kristi Osland, and Kelly (Vicki) Osland; nieces and nephews: Cole Holthusen, Derek Holthusen, Dan Jones, Jesse Meyer, Jurnee Osland and Parker Osland. Peggy is preceded in death by her grandparents.

A service to celebrate Peggy's life will be scheduled at a future date. May the memory of Peggy Cook be blessed.

COVID-19 and Funerals

During the COVID-19 health crisis, it is recommended by the CDC and Minnesota Department of Health that 10 people or less attend gatherings for the safety of the public. This is also true for funeral and memorial services. There is currently no known risk associated with being in the same room at a funeral or visitation service with the body of someone who has died of COVID-19.

So, at this point, if there is a service being physically held, it will be a private family service. For the time being there will be no public services. Some funeral/memorial services will be able to be seen live via Facebook Live or our website. Others may be postponed until the crisis fades and restrictions ease. This will be a decision made by each individual family so please watch our website, Facebook page, or give us a call.

With that being said, what do we do to support our family and friends in their grief?

1. Call and talk to the family on the phone or through the use of other technology.

2. Use the online guestbook to sign and share a condolence.

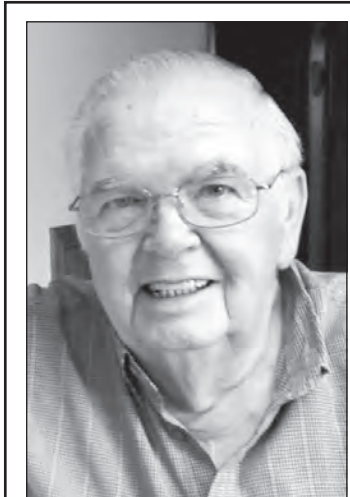
3. Send a card in the mail to the funeral home (417 6th St. NE, Fosston, MN 56542). We will see that it gets to the family.

4. Send flowers. Our local florists do a wonderful job! Flowers are good for the soul! However, just a reminder, if the service has been planned "for a later date", please order after the day and time has been released so they can be at the service. Or, if you wish, order an arrangement to be sent directly to the family through the florist.

Service times will be posted on our website/Facebook and read on KKCQ as they become available.

As always, we will be here to help.

Tim and Rhonda Carlin
www.carlinfuneral.com



Obituary notice for David Hagen

David Hagen, age 82, of McIntosh, MN, passed away on Friday, March 20th, at Sanford Medical Center in Fargo, ND. Memorial services, military honors and interment will be held at a later date. Arrangements are with Carlin Family Funeral Service, serving McIntosh, and messages of condolence may be shared at www.carlinfuneral.com. A tribute video of David's life will also be posted on the Carlin website.

David Edward Hagen was born on March 10, 1938 in McIntosh, Minnesota to parents Joseph and Harriette (Jorgenson) Hagen. He was baptized and confirmed at Our Savior's Lutheran Church in McIntosh and attended McIntosh High School. He entered the United States Army in 1957 and served in Germany as a Medic. He received his honorable discharge in 1959 and returned home to McIntosh.

David was united in marriage to Judy Fay Kaupang on June 21, 1959 in Our Savior's Lutheran Church. David and Judy lived and raised their family in McIntosh. David worked as a chemical salesman, full-time, and in his spare time, he was a car salesman. He truly enjoyed car sales. It was more than

a job for him, it was a hobby and a passion.

He was a life-long member of Our Savior's Lutheran Church. He enjoyed playing cards, western movies, reading, and loved socializing and visiting, especially over a cup of coffee. Most of all, he loved spending time with his family. They were so important to him. He always had that special twinkle in his eye whenever he saw his grandchildren and great grandchildren. His positive attitude, his great smile, and his many stories will be a lasting memory.

David passed away with his family by his side on Friday, March 20, 2020 at Sanford Medical Center in Fargo, North Dakota at the age of 82 years.

Survivors include his loving wife of 60 years, Judy, of McIntosh; four daughters, Teresa (Tom) Gelineau of Duluth, MN, Christy (Cameron) Burslie of Cloquet, MN, Beth Hagen of McIntosh, and Shelly Vig of Fosston; and a special part of the Hagen family, Ryan Longtin of Polk City, FL; 10 grandchildren, Jeffrey Dietrich, Brittany Carlson, Jacob Dietrich, Justin Burslie, Lindsie Biggerstaff, Dylan Burslie, Jade Pries, Madisen Pries, Matthew Vig, and Karley Neeland; and four great grandchildren, Avery, Everett, Cooper, and Greyson (who he lovingly called his Princess and Princes).

Also surviving are four siblings, Dick (Karen) Hagen of Minnetonka, MN, Mars (Pam) Hagen of Apple Valley, MN, Deanne Benson of Thief River Falls, MN, and Karen (Pat) Rolf of McIntosh; and brother-in-law, Rudy Larson of Fosston; nieces, nephews and cousins; and Judy's family who were a special part of David's life.

He was preceded in death by his parents; brother, Ronald; two sisters, Joanne Carver and Yvonne Larson; and brother-in-law, Gordy Benson.



Obituary notice for Martha Sather

Martha Sather, age 92, of Fosston, MN, passed away peacefully on Wednesday, March 18th, at her son's home in Thief River Falls surrounded by her family. Funeral services will be held at 11:00 a.m. on Saturday, March 28th, via Facebook Live, with the Rev. Jane Ekholm officiating. Interment will be in Hope Lutheran Cemetery, Fosston, at a later date. Due to the health crisis, there is no public service. The funeral service may be accessed Live through the Carlin Family Funeral Service Facebook page and at www.carlinfuneral.com. In lieu of flowers, memorials may be directed to the Hope Lutheran Radio/TV fund or the Hope Lutheran Cemetery fund. Arrangements are with Carlin Family Funeral Service of Fosston.

Martha Sather was born on August 25, 1927, in Brook, Minnesota, the daughter of John B. and Selma (Bredemeier) Nordenstrom. She was baptized and confirmed in the Mora Methodist Church. After graduating from Mora High School in 1944, she attended Hamlin University and St. Cloud State Teachers College.

Martha was united in marriage to Dr. R. Norman Sather on October 1, 1949, at Hamlin United Methodist Church in St. Paul, Minnesota. After their marriage they lived in Fosston, Minnesota, where her husband joined his brothers, Dr. George Sather and

Dr. Leland (Bud) Sather, in a medical practice. They had one son, Richard Norman Sather II.

Throughout the years, Martha was active in her church community. Her musical interests led her to providing music at Hope Lutheran and Zion Lutheran churches as organist for many years. Martha also played accompaniment for youth groups, soloists, and in many other occasions in church and in the community as needed.

Martha had been a member of the Red River Valley Chapter of the American Guild of Organists. She was a member of the McDowell Music Club, served on the Fosston Library Board and was a charter member of the Heritage Center. Additionally, she held a 50-year member status on the Minnesota Women's Medical Auxiliary and was a charter member of the Fosston Hospital Medical Auxiliary.

Martha served as a Cub Scout Den Mother and later enjoyed being leader of a very special group of 12 Girl Scouts, Troupe #39, until their graduation from High School. Martha was a devoted wife, mother and grandmother. Among her interests were reading, growing flowers, music, preparing meals for her family, and especially visiting and traveling with her family. She especially enjoyed attended music recitals, Science Fair Projects and trips and all of the other special times she had with her grandson, Rich.

She was preceded in death by her husband of 50 years who passed away on January 27, 2000, her brothers, Everett, Wallace and Bernard Nordenstrom and one sister, Gladys Krenke.

She is survived by her son, Richard Sather and his wife, Mei-Wen, and grandson, Richard Norman Sather III, two sisters, Audrey Fairchild, and Phyllis Kuluvar and one sister-in-law, Marie Nordenstrom, along with many nieces and nephews.

May her memory be blessed.

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Theology in the Trenches

By Kathleen Kjolhaug

Poverty Perspective

Coming up against the culture isn't always easy. Some people liken it to swimming upstream or going against the tide. Most often, once in the water, it's just easier to go with the flow so-to-speak. That is, unless the flow takes us too far out and we don't even realize the danger we're in. When the undertow comes and the waves are high, we find our feet are no longer on solid ground. Heads up is about all we can manage and some days, if we are honest, all we can do is tread water.

When we do head on into the deep it does not mean following any crowd just because they happen to be going in that direction. Going deep has a ring of intentionality and purpose to it.

Recently, I read about a saint who has gone before us. I like reading about our brothers and sisters in Christ who have fought the good fight and lived their lives authentically in Christ. No platform did they stand on, no audience did they sell their books to, no latest Bible study did they write, no video series did they create, and no column did they write. Not that those are bad things, they just didn't do that. They did not merely give voice to their faith walk...they spent their lives living it.

This particular saint I read about was Elizabeth Prout. She lived in England the 1800's during the Industrial Revolution. Her faith walk was deep and encompassed every inch of her five foot tall frame.

She did something about making the world in which she lived, better. What did she do about the poverty she encountered in the slums? She didn't lead a march nor did she write the government to point out the problems. She did not run for office in order to change laws. She did something about it by moving in and living as one with the poor. She got others to do likewise and



started a community that kept themselves alive through prayer, teaching, and working beside those who worked in mills. The conditions in which they lived were so terrible that other believers surrounding them were not only suspicious of them but opposed to them.

What did she have to say about it? "Lord, no matter how hard my life is, I am happy because I know You love me. I want to share that happiness with my brothers and sisters. And to reach them I must share their lives, work with them and teach them" (Elizabeth Prout).

Leviticus 25:35-36 says how we are to live. "Help the poor among you."

The closest likeminded saint to Elizabeth Prout that I ever met was a little lady named Marina. She lived the command well to love your neighbor as yourself well as she lived in a house that was owned by another who simply allowed her and her family to live there. She swept the dirt on her patio made of dirt. She used a broom made from tree branches nearby. Marina cooked upon the ground mixing food within a large metal tub which also served as the family bath. She often gave up her portion of a meal for another. Sleep she did upon a pile of clothing on a cot within the kitchen because she gave up her bed so that someone else may have a bed. It wasn't until later that I realized for whom she gave it up. She gave it up for me.

When a neighbor woman in need stopped in, Marina gave her something to drink. When the man up the road who lived in a tin lean-to had no food, Marina gave him hers.

What did she have to say about poverty?

"Much will be expected to whom much is given (Luke 12:48). I've been given much."

Amen.

The Waterloo Boy and the D!

By Auctioneer Eric W. Mickelson

Since this corona virus has hit life has been in a turmoil. I started reading story books to my grandson and anyone who wants to listen!(if you want to take a listen go to youtube and search for Tractor Time with Mr. Mick) I started with stories some story books that were put out by John Deere in the 50's. Johnny Tractor and his Pals, Corny Cornpicker finds a Home. Next in the series is a book called Family Reunion. This one was printed in 1989 and was referring to The John Deere Two Cylinder Expo in Waterloo, IA. Two of the characters in the story are "Wally the Waterloo Boy" and "Donald the model D." These were two of the first Deere tractors.

So what happened after John Deere bought the Waterloo Gasoline Tractor Co. in 1918? A few different Waterloo Boy models were built, but John Deere went to work experimenting on a new tractor of their own. Between 1919 and 1922 many experimental models were made, finally developing into the John Deere model D.

Tractor sales were poor and John Deere's board of directors were not sure of they should release their model D. Who would buy it? Farmers bought the model D and John Deere tractor sales grew. Starting with the 1923 the very early D's had a 26 in. spoked flywheel, and the steering on the left side. In 1925 the 24 in. spoked flywheel was used, and in 1926 a solid flywheel replaced the earlier spoked flywheels. This of course makes a "spoker D" a real collector's item. These early unstyled D's had 2 forward speeds and one reverse(not known for it's speed!). In 1939 the model D was styled. The new sheet metal design streamlined the tractors, just as automobiles were doing

during this time. The D went through many changes over the years. It became the longest produced tractor model in history.

One of my fondest memories of tractor stories includes hearing my dad tell about the 1925(?), "spoker D", they owned on the farm near Clearbrook in the late 1940's. When they moved to the farm it came with an F-20 Farmall. Grandpa traded with George Felch of Shevlin. So long F-20, hello Model D John Deere! I think this was the start of a family farming with mostly John Deere tractors. So I guess this old D is the reason I love John Deere!!

How about a little Tractor Trivia!

- The model D was produced from 1923-_____.
A) 1951 B) 1952 C) 1953
- John Deere claimed the early D produced _____ hp on the draw bar.
A) 15hp B) 22hp C) 30hp
- During the end of production John Deere claimed the D produced _____hp, although when tested they produced even more.
A) 15hp B) 22hp C) 30hp
- The cost of a model D in 1924 was _____.
A) \$1000 B) \$1295 C) \$1750
- The 1924 D was rated a _____ plow tractor.
A) 2 bottom B) 3 bottom C) 4 bottom

Answers: 1. C. 1953 2. A. 15 hp, they were referred to as the 15-27 3. C.(They were actually tested at over 38 hp.) 4. A. \$1000 5. A. Two bottom, although later they were rated for 3 and were capable of pulling 4!



Here is a somewhat unusual D. It is a 1947 model with modern styling but having steel wheels!

USXC has been sold

To all USXC participants and sponsors, USXC racing has been sold to Todd and Andrea Myers, the current owners of Cor PowerSports. The effective date will be Thursday, April 30th, 2020.

USXC would like to thank our dedicated community of participants, event sponsors and existing crew members for eight

great years of cross country racing. We encourage you to support Todd and Andrea by your continued support of USXC. The circuit name will remain USXC Racing with events, sponsors and crew members virtually the same.

Thank you,
Brian Nelson

26 Beavers named to NSIC All-Academic Team

Written By: Pioneer Staff
Report | Mar 19th 2020

BURNSVILLE -- Twenty-six student-athletes at Bemidji State earned spots on the Northern Sun Intercollegiate Conference's All-Academic Team for the 2019-20 winter sports season. Of the 26 selections, 19 were also designated as NSIC All-Academic Team of Excellence members.

Those representing BSU on the All-Academic Team come from the women's track and field (12 selections), women's basketball (eight) and men's basketball (six) programs. All teams had at least half of their selections double as Team of Excellence honorees.

The track and field selections were (asterisk denotes Team of Excellence member): Faith Beck* (So., Dickinson, N.D.); Jonae Bond* (Jr., Oshawa, Ontario); Zoe Christensen* (So., Glencoe); Carissa Decko* (Jr., Deer River); Ashley Herdering* (Sr., Melrose); Elizabeth Hiltner* (So., Osakis); Beatrice Kjelland* (So., Park River, N.D.); Kristen Petron* (Sr., Rice); Ryne Prigge* (So., Ely); Allyna Storms* (Sr., Becker); Libby Christenson (Jr., Stew-

artville); Analise Fabre (Jr., St. Charles).

The women's basketball selections were: Brooklyn Bachmann* (Jr., Minoaka, Ill.); Taylor Bray* (Jr., Anoka); Coley Rezakab* (So., Sunrise Beach, Mo.); Taylor Vold* (So., Hermantown); Molly Wenner* (So., Cottage Grove); Claire Wolhowe* (So., Staples); Gabby DuBois (Jr., West Fargo, N.D.); Sydney Zerr (Jr., Shakopee).

The men's basketball selections were: Zach Baumgartner* (Jr., Kewaunee, Wis.); Griffin Chase* (Jr., Nevis); Derek Thompson* (Jr., Cold Spring); Max Bjorklund (So., Orono); Kade Hart (Jr., Faribault); Cody Landwehr (So., St. Cloud).

To be eligible for the NSIC All-Academic Team, student-athletes must maintain a grade-point average of at least 3.20, and Team of Excellence members must carry a cumulative GPA of at least 3.60. For both awards, they must also be a member of the varsity traveling team, have reached sophomore athletic and academic standing and must have completed at least one full academic year at his or her institution.

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