



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Making Their Mark- Women Artists in Rural Midwest Communities



Karen Goulet, Moderator

Bemidji, MN - Inspired by the #5WomenArtists social media movement and challenge put forth by the National Museum of Women in the Arts for National Women's History Month March 2020, Watermark Art Center will host a public networking session and panel discussion regarding women artists in rural Midwest communities on March 14 from noon – 3pm. The public is invited.

Watermark is well known for presenting the work of women in the arts as independent and group show exhibitors, as well as those who commission work in Shop 505. As an arts institution situated in a rural Midwest community, Watermark consistently strives to ensure women



Artists Panel (L to R): Delina White, Moira Villiard, Su Legatt, Hillary Kempenich, Heidi Jeub.

are well-represented in contrast to the art world's gender imbalance.

The first hour is reserved for meet-and-greet networking opportunities with regional artists and arts organizations. Following the networking session the

panel will convene to discuss the following questions:

What is currently impacting your work as an artist?

How does your community impact your work?

What are your challenges as a practicing artist?

In your creative career where have you found support, guidance and opportunities?

What can we do to increase opportunities for women artists in rural areas?

There is no admission fee for this event. All the galleries and

Shop 505 will be open to the public. More information and links regarding the panel and event are available at watermarkartcenter.org. Watermark is located at 505 Bemidji Avenue N, Bemidji. 218-444-7570.



Mustard Seed Homes Program Offers Building Trades

Clear Waters Life Center is offering the residents of the Mustard Seed Homes Program an amazing opportunity to learn the building trades. The training began September 2019 with site preparation. The men work under the watchful eye of a professional in each area of the process: decking, framing, roofing, window & door installation, rough-in mechanical, insulation, siding and all interior finishing. The hands-on training is coupled with an hour or more of weekly classroom instruction where the men learn terminology, tools, safety, techniques, and soft skills needed to be successful employees.

The one-level house is designed for low maintenance and energy efficiency. The 24 by 44 ft. house has an open floor plan with vaulted ceiling over the living room, dining room, and kitchen. This two-bedroom, two-bath house has ample closet space and a laundry/mud room. It has been built to move and be set on a foundation at the buyer's expense.

For those of you who are out of town or just haven't driven by, the house is located on the north side of the CWLC-Gonvick site. Guided tours of the home will be offered from 3:00 – 6:00 PM on March 6, but anytime CWLC staff are on site, they will be glad to take you through the house and answer your questions.

It will go up on sealed bids, March 6th at our Friday Night Out dinner event. There will be a reserve bid. Bids will be accepted through April 3rd. Sealed bid envelopes will be available for this purpose at both CWLC sites. Bids can be dropped off at either CWLC location. The bids will be opened in a public meeting at CWLC-Gonvick, April 6, 6:30 PM. At that time the top three bidders will be permitted to raise their bids.

If you have questions, call 218-776-2789; e-mail at cwlc@gvtel.com, or to see specs and pictures, visit our website at www.clearwaterslife.org.



New K9 Buffy.

The Polk County Sheriff's Office has a new deputy!

Please join us in welcoming BUFFY our new K9. Buffy is a 3-year-old Belgian Malinois / Shepherd mix and we think she is going to be a wonderful addition to our agency.

Both Buffy and the K9 handler training have been donated by Mark McDonough of McDonough K9 of Anoka, MN. Mark McDonough and Sheriff Jim Tadman each served as K9 handlers from 1996 – 2001 for their respective agencies. McDonough K9 provides exceptional working dogs for law enforcement agencies as well as for family protection. They

will be training both Buffy and her handler, Deputy Kyle Olson. Deputy Olson has been with the Sheriff's Office since 2014 and has distinguished himself within the office. Deputy Olson and Buffy will begin their training in a few weeks once they have had a chance to get to know each other.

We will be posting updates on our Facebook page as her training progresses.

The Sheriff's K9 Association is still seeking funds and will be planning K9 Fundraisers in the near future.

Cornerstone Nursing and Rehab Center joins the VA Community Care Network

Effective February 19th, 2020, Cornerstone Nursing and Rehab Center can now accept individuals to our skilled nursing facility through the Veterans Affairs Community Care Network (VA CCN). In June 2018, President Donald Trump signed into legislation the VA MISSION Act, providing more choices and robust care coordination for Veterans by consolidating multiple programs into one. As a result, The Department of Veterans Affairs created the VA CCN to help Veterans access health care services in the community when services aren't available at a VA Medical Center (VAMC), a VAMC is located too far from a Veteran's home address, and/or Veterans would have long wait times for appointments (more than 30 days). The goal of Community Care Networks is to improve transparency, accountability, quality, and communications between Veterans, community providers, and VA

staff. Eligibility for community care is determined by the VA before a Veteran can be referred to a community provider. VA will issue an approved referral to authorize a specific standardized episode of care (SEOC). UnitedHealthcare provides the network for traditional medical services for the VA CCN. The UnitedHealthcare network includes long term acute care and through Cornerstone's contract with Optum, can help Veterans access a network of healthcare. VA CCN only covers Veterans, not families or dependents.

Cornerstone Nursing and Rehab Center is looking forward to the opportunity to provide needed services to our local Veterans, who have sacrificed to serve our country, providing them with timely, accessible and high-quality care they deserve. For more information, please contact us at 218-694-6552.

First National Bank of Bagley/Fosston supports Sanford Health Bagley ambulance

BEMIDJI, Minn. – First National Bank of Bagley/Fosston recently made a donation of \$10,000 to the Sanford Health Foundation of Northern Minnesota in support of its Bagley Ambulance project. This kind of support will help enhance the local ambulance fleet ensuring our team of medical experts can swiftly reach patients across Clearwater Country when every minute matters.

The Sanford Health Foundation is a 501(c)(3) nonprofit organization dedicated to supporting the enhancement and expansion of health care services, state-of-the-art technology and facilities to provide health and healing for our region.

Anyone interested in supporting the Foundation may do so by contacting the Sanford Health Foundation at (218) 333-5515. Partnering with the Foundation not only supports new services and technology, but also helps care for individuals within the community.



Pictured in the photo are (l-r): Cole Young, Sanford Health Foundation development officer, and Lester Liljedahl, President/CEO of First National Bank of Bagley/Fosston.

College News

Jacey Tronnes, Clearbrook Named to Fall Semester 2019 Deans List at U of M Crookston

CROOKSTON, MN (02/05/2020)-- Students named to the fall semester 2019 Deans List were recently announced by the Office of the Registrar at the University of Minnesota Crookston. The U of M Crookston is one of the most respected career-oriented, technology-based universities in the nation.

To qualify for a place on the Deans List, students must com-

plete 12 or more letter-graded (A-F) credits while attaining a 3.66 grade point average. The Crookston campus is the online leader in the University of Minnesota system and the only campus providing every full-time student with a laptop computer.

Student on the Deans List includes: Jacey Tronnes, a 2019 graduate of Clearbrook-Gonvick High School.

Governor Walz Appoints Corey Harbott to Fill Ninth Judicial District Vacancy



Corey Harbott.

[ST. PAUL, MN] –Today, Governor Tim Walz announced the appointment of Corey Harbott as District Court Judge in Minnesota's Ninth Judicial District. Mr. Harbott's appointment fills a vacancy that occurred upon the retirement of the Honorable Paul E. Rasmussen. He will be chambered at Warren in Marshall County.

"I am honored to appoint Corey Harbott as a District Court Judge in the Ninth Judicial District," said Governor Walz. "In his work, he has demonstrated

his ability to treat cases fairly and look at the issues from every legal angle. His values and connection to the people of the Ninth Judicial District will serve him well."

Minnesota's Ninth Judicial District consists of Aitkin, Beltrami, Cass, Clearwater, Crow Wing, Hubbard, Itasca, Kittson, Koochiching, Lake of the Woods, Mahanomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau Counties.

Graduation Banners and Posters available

RICHARDS Publishing Co.

– GONVICK –

218-487-5225

Country Music Jam this Sunday

Join us for the Country Music Jam Sunday, March 1st from 1:00-5:00 at The Embassy Community Center, 603 3rd st. ne. Fosston. Everyone is welcome!

CNA CLASS

March 2nd - April 1st
Mondays & Wednesdays
3:30-9:30pm

At MSL Training Center
in McIntosh

Murphy Flooring of Fosston

218-435-1351

Whatever your flooring needs, We've got you covered!

104 1st St E,
Fosston, MN 56542

Annual Meeting Notice

The annual meeting of the **Oklee-Plummer Rural Fire Association** will be held at the Oklee Hall in Oklee, MN, **Saturday March 7, 2020 at 10:00 a.m.**

Steven Rosten,
Secretary/Treasurer
Oklee-Plummer Rural Fire Association

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Willow Wood Market invites you to the 7th Annual Creative Spirit Fiber Festival

Friday, February 28th: 5-9pm (Classes Only)
Saturday, February 29th: 9am-3pm
Location: Calvary Lutheran Church, 2508 Washington Ave. S, Bemidji

\$7 Admission on Saturday includes:
Coffee & Treats • Door Prizes • A Quilt Trunk Show • Hands On Demos • Mini Classes • Quilting, Knitting, Spinning, and Wool Applique • Vendor Market • Rug Hooking

Soup & bread fund raiser by Calvary Youth Mission Trips

Pre-registration required for Friday classes.
Additional fees apply. Details can be found at willowwoodmarketdesigns.com or by contacting Bonnie at bonnie@willowwoodmarketdesigns.com or 218-759-2310

King Town Farmers Mutual Insurance Company

Annual Meeting Notice

Wednesday, March 11, 2020 at 10:00 a.m. – Community Center – McIntosh, MN

The purpose of the meeting is:

1. Present the annual report
2. Elect members to the Board of Directors
3. Transact other business that may come before the meeting

A short program on fire prevention will be presented. There will be drawings for cash and prizes.

LUNCH WILL BE SERVED FOLLOWING THE MEETING!

Craig Espeseth, Secretary/Treasurer

FREE ADMISSION

20TH ANNUAL GRAND FORKS CAMPER SHOW

MARCH 6, 7, 8
AT THE ALERUS CENTER ARENA
HOURS: FRI 1PM-8PM SAT 10AM-8PM SUN 11AM-4PM

Special Show Prices!

Come out and see the 2020 models. Lightweight Travel Trailers | Fifth Wheels | Park Trailers | Toy Haulers
There will be something for everyone at the 20th Annual Grand Forks Camper Show.
Let's Go Camping!

www.budgetrv.com • 701-772-7233

Sponsored By **BUDGET RV**

The DTGCA GF Gun Show 2020
\$5 Admission
March 7 9am-5pm
March 8 9am-3pm

CALLING AREA SENIORS!

2020 Scholarships Now Available!

This year, *Ultima Bank Minnesota* is offering three \$1,500 scholarships to graduating high school seniors in the communities our five branches serve.

To be eligible, you must be enrolled and graduate from one of the following high schools and plan to attend a post-secondary school:
Bagley, Bemidji, East Grand Forks, Fertile-Beltrami, Fosston, Mahanomen, Red Lake County Central or Win-E-Mac.

See our website for requirements and details!
Applications due April 1, 2020.

Ultima Bank MINNESOTA

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Winger • Fosston • Plummer • Bemidji • East Grand Forks

Member FDIC R49C

Dairy Farmers of America agrees to buy Dean Foods for \$425 million

Dairy Farmers of America announced Monday that it has agreed to buy Dean Foods, America's largest milk producer, for \$425 million.

The dairy co-operative will also assume Dean's liabilities as part of the deal to acquire 44 of the company's facilities, as well as other assets.

Dean filed for Chapter 11

bankruptcy in November as the business struggled to attract consumers who have instead turned to non-dairy milk or private-label products. At the time it filed for bankruptcy, Dean had reported a net loss in seven of its last eight quarters.

The transaction makes the Dairy Farmers of America the stalking horse bidder, meaning

that the transaction would be subject to receiving higher or better offers while the company is in bankruptcy.

The deal would also need approval from the Department of Justice, which has reportedly begun probing the merger, according to the Wall Street Journal.

Congratulations to Mary Schow!

Please join us for an open house in our Fosston office celebrating the retirement of Mary Schow after nearly 24 years at American Federal.

Thursday, February 27, 10 a.m. - 3 p.m.

Cake and refreshments will be served.

Fosston
209 Johnson Ave N
218-435-1474 | 877-435-1474
www.americanfederalbank.com

American Federal
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Minnesota IT Services Commissioner Visits Red Lake Council



Commissioner Tarek Tomes, MN IT Services (right), & Dan Ross, Chief Geospatial Information Officer.

Photo & Story by Donna Bergstrom, Edited by Michael Meurs

In a historic first, Minnesota IT Services Commissioner Tarek Tomes travelled to Red Lake Nation to talk with the Tribal Council at the February 11, 2020 Council meeting. "I believe this is the first time a Commissioner of IT Services has been to the Red Lake Tribal Council," Commissioner Tomes stated. "I look forward to ways we can partner." Commissioner

Tomes gave a brief overview of MNIT services, focusing on the technology services that are offered.

Along with the Commissioner was Dan Ross, Chief Geospatial Information Officer within MNIT Services. Mr. Ross discussed the possibility of expanding the LiDAR Geospatial program, aimed primarily at updating the existing databases of Minnesota landscape, into the Red Lake reservation boundaries. The Council had the oppor-

tunity to directly ask questions about the program.

Prior to meeting with the Council, Commissioner Tomes and Mr. Ross sat down with Deb Harmon, Director of IT for Red Lake Nation to talk more specifically about how MNIT services can assist Red Lake. Ms. Harmon gave a brief overview of the history of Red Lake IT. Topics included ways that Red Lake IT has interacted with MNIT services in the past, such as with TANF and Family and Children's Services.

Did you know?

A flashlight is an invaluable part of any disaster preparedness kit, and it's a handy tool to have on hand in a car, at home or when traveling. You never know when you might need a flashlight, and it's helpful to have many on hand. When stocking up on flashlights for emergency kits, choose ones with light-emitting diode, or LED, technology. According to Popular Mechanics, LED flashlights are 70 percent more efficient than incandescent models. That means the batteries powering the light have the potential to last 10 times longer. Furthermore, LEDs do not have any fragile parts like incandescent bulbs. That makes them more likely to withstand shock or even endure being dropped.

Homicide suspect arrested in Bemidji

BEMIDJI -- Bemidji Police on Wednesday, Feb. 19, arrested the 18-year-old man suspected to be involved in the shooting of two people.

Antonio Vincente Parkhurst was arrested in the city of Bemidji without incident, Bemidji Police Capt. David LaZella said in a press release.

At 10:26 p.m. on Monday, Feb. 17, Bemidji Police officers responded to Sanford Health to a report of a 17-year-old man with a gunshot wound. Within minutes, a second call was reported regarding a male who had been shot outside a residence in the 1100 block of Minnesota Avenue. Bemidji police officers and Beltrami County sheriff deputies arrived on the scene to find a deceased 20-year-old man.

Parkhurst allegedly fled the area on foot with a handgun and was considered violent and dangerous.

The victim's name is being withheld pending identification from the Anoka County Medical Examiner's Office and notification of the family. The 17-year-old who was shot has been treated and released, officials said.

Wednesday, February 26, 2020



Store Hours
8am-8pm Mon-Sat • 9am-5pm Sunday

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ESSENTIAL EVERYDAY
BUTTER
\$2.49
1 LB QUARTERED

4 MEAT, PEPPERONI, 5 CHEESE,
PEPPERONI & SAUSAGE OR SAUSAGE
TOMBSTONE PIZZA
3/\$9

LAND O' LAKES DAIRY PURE
HALF & HALF
5/\$4.50 PINT

LAND O' LAKES REGULAR OR PLUS CALCIUM
ORANGE JUICE
2/\$4 1/2 GALLON

ESSENTIAL EVERYDAY
CREAMY PEANUT BUTTER
99¢
16 OZ

ESSENTIAL EVERYDAY
TOASTED OATS CEREAL..... 12 OZ **\$1.50**

ESSENTIAL EVERYDAY ULTRA SOFT OR ULTRA STRONG
BATH TISSUE
\$4.99
12 PK - DOUBLE ROLLS

ESSENTIAL EVERYDAY AWESOME STRENGTH
TOWELS ... 8 ROLL PK-FULL SIZE SHEET **\$3.99**

ESSENTIAL EVERYDAY CHOCOLATE, VANILLA,
TAPIOCA, BUTTERSCOTCH OR CHOCOLATE FUDGE
PUDDING
59¢ 4 PK

ESSENTIAL EVERYDAY
KETCHUP
79¢
24 OZ

ESSENTIAL EVERYDAY
VEGETABLE SOUP
4/\$3 10.5 OZ

WILD HARVEST
REGULAR OR LOW SODIUM
CHUNK WHITE ALBACORE TUNA
\$1.19 5 OZ

FAMILY PACK 85% LEAN
GROUND BEEF
\$2.99 LB

SEAFOOD SALE
FEBRUARY 24-MARCH 1
SEE ADDITIONAL FLYER FOR DETAILS

OSCAR MAYER DELI FRESH
CARVING BOARD ASSORTED
LUNCH MEAT
2/\$7 7-9 OZ

ANGUS FARMS BEEF BONELESS
SIRLOIN TIP ROAST LB **\$3.69**

FAMILY PACK BONELESS CENTER CUT
PORK LOIN CHOPS..... LB **\$2.39**

TYSON
WHOLE CHICKENS LB **99¢**

FAMILY PACK HICKORY
SMOKED BACON LB **\$2.99**

ANGUS FARMS BEEF BONELESS
BEEF FOR STEW..... LB **\$3.99**

SMITHFIELD PORK
BABY BACK RIBS LB **\$2.99**

FAMILY PACK CHICKEN DRUMSTICKS OR
CHICKEN THIGHS..... LB **99¢**

POLSKA KIELBASA OR SMOKED SAUSAGE
ELLIOTT'S 16 OZ **2/\$6**

ANGUS FARMS BEEF BONELESS
TOP SIRLOIN STEAK..... LB **\$4.99**

MIDWEST PRIDE
PORK SAUSAGE LINKS LB **\$2.99**

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WHOLE CUT UP CHICKEN LB **\$1.89**

TASSEE CHOICE
STIR FRY KITS..... ASST. VARIETY 24 OZ **\$4.99**

ANGUS FARMS BEEF BONELESS
NEW YORK STRIP STEAK LB **\$8.49**

BONELESS PORK
SIRLOIN ROAST LB **\$1.99**

FAMILY PACK BONELESS, SKINLESS
CHICKEN BREASTS..... LB **\$1.49**

JUMBO
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2%, 1% OR SKIM DAIRY PURE
LAND O' LAKES MILK
\$2.99 GALLON

SPLIT TOP WHITE OR WHEAT
COUNTRY HEARTH BREAD
\$2.29 24 OZ

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PRIZE DRAWINGS ALL WEEK!

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POPPIN LEMONADE
79¢ 8 PK-6 OZ BOXES

ASSORTED
BUBBL'R
2/\$11 8 PK-12 OZ CANS

DEAN'S DAIRY PURE ASSORTED
SOUR CREAM
2/\$3 16 OZ

KELLOGG'S ORIGINAL,
BANANA OR CRANBERRIES
RAISIN BRAN CEREAL
5/\$10 14-16.6 OZ

ASSORTED LAY'S
POPPABLES & POTATO CHIPS
5/\$10 5-8 OZ

KRAFT
VELVEETA SHELLS & CHEESE
\$1.59 4 PK-2.19 OZ CUPS

MARDI GRAS
NAPKINS
\$2.59 500 CT

LAND O' LAKES DAIRY PURE
HEAVY WHIPPING CREAM
\$1.99 PINT

NESTLE CRUNCH, TWIX OR 3 MUSKETEERS
FUN SIZE BARS
\$2.99 10-10.83 OZ BAGS

OLD DUTCH RIP-L, DILL PICKLE, ORIG. RIPPLES
OR CHEDDAR & SOUR CREAM RIPPLES
POTATO CHIPS
2/\$7 14.5-15 OZ

REGU LIGHT PARMESAN
ALFREDO SAUCE
\$1.79 16 OZ

WATER
SOFTENER SALT
(40 LBS)
SUNSOFT EXTRA COARSE ... **\$4.69**
SUNSOFT SOLAR PELLETS. **\$5.19**
SUNSOFT RUST BUSTER..... **\$5.99**

CASS CLAY 4% OR 2%
COTTAGE CHEESE
\$1.59 16 OZ

PINEAPPLE TIDBITS, PEACHES IN
STRAWBERRY GEL, MANDARIN ORANGES,
CHERRY MIXED FRUIT OR DICED PEACHES
DOLE FRUIT
\$2.59 4 PK-4 OZ CUPS

RED OR GREEN GRAPES
\$2.49 LB

LIGHT
MIRACLE WHIP
\$1.99 15 OZ

VALU PACK
SUPREME DOG FOOD
\$16.99 50 LB

SHREDDED HASHBROWNS OR
GOLDEN ROUNDS
MR. DEE'S
\$1.99 24 OZ FROZEN

ESSENTIAL EVERYDAY SEMI SWEET
CHOCOLATE CHIPS
\$1.79 12 OZ

STRAWBERRIES 16 OZ **\$3.29**
BLUEBERRIES PINT **\$2.99**
NAVEL ORANGES 4 LB **\$3.49**
HONEY CRISP APPLES LB **\$1.49**
DOLE GARDEN SALAD (12 OZ) OR
SHREDDED LETTUCE 8 OZ **99¢**

NEW YORK TEXAS TOAST SEASONED OR GARLIC & BUTTER
CROUTONS 5 OZ **\$1.59**

24 PK-12 OZ CANS
BUSCH OR
BUSCH LIGHT.. \$17⁹⁹

STONERIDGE ASSORTED
ICE CREAM
\$2.99 48 OZ

ESSENTIAL EVERYDAY MEDIUM GRAIN
WHITE RICE
\$1.39 32 OZ

ROMAINE HEARTS 3 CT **\$2.29**
BABY CUT CARROTS 16 OZ **99¢**
SWEET MINI PEPPERS 8 OZ **\$1.59**
YELLOW ONIONS 2 LB **99¢**
RED POTATOES 5 LB **\$2.99**

1 LITER
TITO'S
VODKA..... **\$21⁹⁹**
1.75 LITER
E & J
BRANDY **\$19⁹⁹**

750 ML
FARMERS OF WINE ORGANIC
RED BLEND..... \$9⁹⁹
1.5 LITER BAREFOOT WINE
MOSCATO, PINK MOSCATO OR
RED MOSCATO ..\$10⁹⁹
750 ML
TRUMP
CHARDONNAY ..**\$23⁹⁹**
750 ML
RYAN'S IRISH CREAM
LIQUEUR **\$8⁹⁹**

CLASSIFIED ADS

JOIN OUR TEAM

Essentia Health Fosston Openings
POSITIONS AVAILABLE IN
FULL TIME, PART TIME, AND CASUAL STATUS.

Essentia Health Living Center is now Hiring:
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LPNs
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RNs

Essentia Health Hospital:
Environmental Services Technician/Housekeeper
Paramedic
RN - Administrative Supervisor
RNs

Essentia Health Clinic
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Patient Access Representative

Essentia Health offers competitive salary and benefits
Apply at: www.EssentiaCareers.org
EOE/Minorities/Females/Vet/Disabled



Essentia Health

R29th



Certified Nursing Assistant

Cornerstone Residence
Assisted Living
in Fosston and Bagley
Immediate job opening for a CNA.

Flexible hours, Benefits, and excellent wages.
For more information call Kristi in Bagley at 218-694-2378
Call Ruby in Fosston at 218-435-6333
Download applications at www.cornerstoneshc.com
EOE R26TFC



Family Service Director

Inter-County Community Council is accepting applications for an opening in our Family Service Department.
Family Service Director: Provides leadership, development, marketing, implementation and evaluation for the Homeless programs in the Family Service Department. Responsible for the effective administration of all aspects by maintaining communications, planning activities, and oversight of the grants and staff. Bachelor's Degree in Social Work or a related field. Microsoft Office Advanced knowledge preferred. Full time

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountyycc.org. Send completed application and resume to ICC, attn.: Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountyycc.org. Applications must be received by 4:30PM on Monday, March 2, 2020. Call 218-796-5144 x1027 for more information about the position.

ICCC is an equal opportunity employer and program provider. R48-52C

Custodian I - Facilities Management Department

The Polk County Facilities Department has an immediate opening for a full time, benefitted Custodian I position. This position performs a variety of custodial duties including emptying trash, sweeping, mopping and vacuuming floors, cleaning restrooms, and ordering and stocking supplies. This position will be assigned a primary location, however, will be required to work at multiple facility locations as needed and assigned; including the jail. Applicants must have a high school diploma or GED. Previous custodial experience is preferred but not required. A valid driver's license is required for this position. Wage range for this position is \$15.54 - \$19.75/hour; DOE and qualifications. An application and job description can be found on Polk County's website: www.co.polk.mn.us - click on Careers or contact the Polk County Administrator's Office at (218) 281-5408. Please send your completed application along with a resume to the Polk County Administrator's Office, 612 N. Broadway, Room 211, Crookston, MN. Applications will be received until 4:30 p.m., March 4, 2020. All qualified applicants will be considered for employment. EEO. M48-49C

Pre-School/Early Childhood Teacher

ISD #2906 Red Lake County Central, Plummer Site

The Pre-School/Early Childhood Teacher provides developmentally appropriate educational opportunities and curriculum to children ages birth to five that develop the whole child (cognitive, social emotional, language/communication, and physical development) while supporting and educating parents to create a stronger parent-child relationship and age appropriate child development.

Qualifications

Teaching license in one of the following: Education, Early Childhood, Pre-Kindergarten, Birth to 3rd grade, and/or Parent Educator

Full time, with compensation based on Teacher's Master Contract

Date of availability 2020-2021 School Year
Closing date Open until filled. Questions and inquiries should be directed to Andy Fougner at afougner@gvtel.com.

Send resume & application: RLCC Elementary School, Attention: Andy Fougner, PO Box 7, Plummer, MN 56748, afougner@gvtel.com ISD #2906,

Red Lake County Central Public School is an Equal Opportunity Provider and Employer. O48-51C



Office Support Specialist

Polk County Social Services is looking to fill two Office Support Specialist positions in our Crookston office. Individuals interested in the position must be Minnesota Merit System eligible. The starting wage for this position is \$15.16 per hour. To obtain information about qualifications and to apply online go to the Minnesota Merit System online application center at <http://agency.governmentjobs.com/mnmeritsystem/default.cfm> (click on current Exam Openings) or call Betty Solie at 218-470-8406. Deadline to apply is **March 6, 2020**. You must complete the exam within (3) three days of the closing date, or by no later than **midnight, March 11, 2020**. Polk County is an Equal Opportunity Employer. M48-49C

Help Wanted

Olson Gravel Inc. of Trail, MN is looking to hire full & part time employees for ready-mix truck, gravel truck, loader operator & mechanics. Truck drivers must have a CDL license and clean driving record. Pay DOE. **Benefits include:** Health, eye & dental, retirement, company/family cell phone plan, 529 education plan. **Call 218-268-4765.** R46-49C



Case Manager Position Available

Inter-County Community Council is accepting applications for an opening in our Family Services department:

Case Manager: The Case manager will recruit, coach, and provide comprehensive coordination of services to homeless and at risk of becoming homeless youth, individuals, and families. The position is full time/40 hours a week working out of our Thief River Falls location.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountyycc.org. Send completed application and resume to Inter-County Community Council, Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountyycc.org. Applications must be received by 4:30PM on Monday, March 9th. Call 218-796-5144 x1011 for more information.

ICCC is an equal opportunity employer and program provider. R49-50C

Home at Heart Care
JAMES 1:27
Now Hiring
Qualified Professional

To perform client intakes and develop care plans, case management including orientation, supervision and evaluation of In-Home Caregivers in Beltrami/Cass/Clearwater counties including Red Lake and Leech Lake.

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www.win-e-mac.k12.mn.us M48-49C

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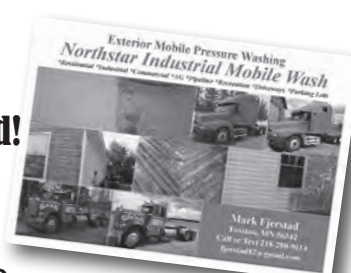
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Tortilla Soup

Serves 4

4 corn tortillas, freshly made or a few days old

1 tablespoon vegetable oil, plus extra for frying

1 small onion, finely chopped

2 garlic cloves, crushed

1 14-ounce can plum tomatoes, drained

4 cups chicken stock

Small bunch cilantro

Salt and ground black pepper

Using a sharp knife, cut each tortilla into 4 or 5 strips, each measuring about 3/4 inches wide.

Pour vegetable oil to a depth of 3/4 inch into a heavy frying pan. Heat until a small piece of tortilla, added to the oil, floats

on the top and bubbles at the edges.

Add a few tortilla strips to the hot oil and fry for a few minutes, until crisp and golden brown all over, turning them occasionally. Remove with a slotted spoon and drain on a double layer of paper towels. Cook the remaining tortilla strips in the same way.

Heat the 1 tablespoon vegetable oil in a large, heavy pan. Add the chopped onion and garlic and cook over medium heat for 2 to 3 minutes, stirring constantly with a wooden spatula, until the onion is soft and translucent. Do not let the garlic turn brown or it will give the soup a bitter taste.

Chop the tomatoes using a large, sharp knife and add them

to the onion mixture in the pan. Pour in the chicken stock and stir well. Bring to a boil, then lower the heat and let simmer for about 10 minutes, until the liquid has reduced slightly.

Chop the cilantro. Add to the soup, reserving a little to use as a garnish. Season to taste.

Place a few of the crisp tortilla pieces in the bottom of four warmed soup bowls. Ladle the soup on top. Sprinkle each portion with the reserved chopped cilantro and serve.

This recipe for "Tortilla Soup" is from "The Complete Mexican, South American & Caribbean Cookbook" by Jane Milton, Jenni Fleetwood and Marina Filippelli (Metro Books).

GOOD SIGHT WORD SEARCH

Find the words hidden vertically, horizontally, diagonally, and backwards.

Answers on page 6

GOOD SIGHT WORD SEARCH

ACUITY

AMBLYOPIA

AQUEOUS

ASTIGMATISM

BIFOCAL

CATARACT

CONTACTS

CORNEA

DISORDER

EYES

EYESIGHT

FOCUS

GLASSES

INSTRUMENTS

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This low-calorie chicken dish is full of flavor

As the seasons transition from summer to autumn, it is time to incorporate hardier recipes into the dinner repertoire. But just because something seems to be more filling doesn't mean it has to be high in calories or compromise light eating plans.

Cooks may be surprised to discover how much flavor is nestled within this 300-calorie "Spinach-Walnut Stuffed Chicken" dish from "Taste of Home: Healthy Cooking Cookbook" (RDA Enthusiast Brands) by the Taste of Home Editors. The cheese and chicken produce stick-to-your ribs satiety, and the toasted walnuts add a delicious crunch.

Spinach-Walnut Stuffed Chicken

Serves 4

1/2 cup finely chopped onion

1/2 cup finely chopped fresh mushrooms

1/4 cup finely chopped celery

2 garlic cloves, minced

2-1/2 teaspoons olive oil

1 10-ounce package frozen chopped spinach, thawed and squeezed dry

1/4 cup crumbled Gorgonzola cheese

4 boneless skinless chicken breast halves, 6 ounces each

1/4 teaspoon salt

1/4 teaspoon pepper

1 egg white

1/4 cup ground walnuts

In a small skillet, saute the onion, mushrooms, celery and garlic in oil until tender. Stir in spinach and cheese; remove from the heat.

Cut a lengthwise slit through the thickest part of each chicken breast; fill with spinach mixture. Sprinkle with salt and pepper. Place egg white and walnuts in separate shallow bowls. Dip one side of chicken in egg white, then in walnuts.

Place in an 11-inch x 7-inch baking dish coated with cooking spray. Bake, uncovered, at 350 F for 25 to 30 minutes, or until chicken juices run clear.

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Parcel 2: NW¼ & SW¼ less cemetery 17-159-48

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Parcel 4: SE¼ 8-159-48

Parcel 5: S½SW¼ & SE¼ 16-159-48

Parcel 6: N½ Less Bin Site 20-159-48

Parcel 7: 161 Acres East of Hwy 75 E½ 30-159-48

****Abbreviated Legals****

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Parcel 2: SE¼ 8-158-45 & West of Hwy 59 in 9-158-45

Parcel 3: SE¼NE¼ & East of Hwy 59 in 9-158-45

Parcel 4: W½NE¼ East of Hwy 59 & S½NW¼ West of Hwy 59 16-158-45

Parcel 5: W½NE¼ & S½NW¼ 15-158-45

Parcel 6: NW¼ 18-157-45

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Parcel 8: NW¼ 12-157-46 ****Abbreviated Legals****

OWNER: Johnson Ag Enterprises



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question:
I read somewhere that the number

of DWI arrests had declined recently? This true? What about non-alcohol related DWI arrests?

Answer: While alcohol-related DWI incidents have dropped over the past 10 years in Minnesota, controlled substance-related DWI incidents have increased over the past 30 years.

Controlled Substance Convictions

- 1990: 5 controlled substance-related DWIs
- 1997: 128
- 2007: 659
- 2017: 1,982

We believe that most drivers know when to get a sober ride when they had consumed too many alcoholic beverages. Illicit and some prescription drugs can affect our ability to safely operate a vehicle, even if taken as

directed. The term “controlled substances” refers to both of these categories, and part of the rise of drug-related DWIs is due to their increased use.

Another factor for the increase in controlled substance arrests are that law enforcement officers are better trained in DWI detection especially with non-alcohol related DWI offenders.

Minnesota currently has 277 specially trained officers called Drug Recognition Evaluators (DREs). Non-certified DRE Officers can and do call for the assistance from a DRE Officer to assist with a DWI, if needed.

Tips for motorists that are currently taking prescription medications:

- If you don't yet know how a medication will affect your judgment, coordination and reaction time, either have someone else drive or wait to take it until after you get home.

• Check the warning labels carefully. Does it have one about “operating heavy machinery?” That includes motor vehicles.

• Some medications are fine on their own, but can impair you when mixed with other medications or alcohol – even a small amount. Learn about the interactions and talk to your doctor or pharmacist.

Please take the proper precautions, and remember: If you feel different, you drive different.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

Theology in the Trenches

By Kathleen Kjolhaug

One Last Thought

As I normally write my columns a month ahead, they do not necessarily line up seasonally as to when you read them. For example, by the time you read this, it will be February. But the reality is, I'm writing this the final day of the year and thus my thoughts flow random like and randomly you receive them. Today, as I made my way downstairs, wondering how the final day of the year would play out...a question began to form.

If it were the final day of writing to you, what would my words hold?

What prompted this thought was my reading about St. Stephen, the first martyr of the Christian faith. When he woke that day, little did he know it would be his last.

Those who may not know, Stephen was stoned to death. He was discussing his faith openly to those who didn't like what he had to say. That's about it. What he said angered them and thus, they did away with him because they could.

“Stephen was a persuasive preacher with an impressive grasp on the Hebrew Scriptures (Acts 7). He had the faith to perform miracles, the sensitivity to care for poor widows, and the talent to manage community finances. But most important, he was highly regarded as a man ‘filled with the Spirit and wisdom’ (6:3). The Sanhedrin who did the condemning saw light shining through him, which the author of Acts interpreted as a sign of his holiness (6:15)” (Elliott, Kathryn. “Bringing Heaven to Earth.” The Word Among Us, Advent. 2019.)

“Stephen was unlike the other apostles, who were Aramaic-

speaking Palestinian Jews. He was likely a Jew of the Diaspora—meaning that he spoke Greek. This made him a natural choice to help out the newly baptized Jews who had come to Jerusalem from Greek-speaking regions outside of Palestine. In the earliest days of the Church, the Greek-speaking believers tended to lead separate lives from the Hebrew-speaking majority—mostly due to language and cultural barriers” (Elliott).

Because of this gap in language, many Greek speaking widows were left out of the Jerusalem church's distribution of alms at the end of the year. This problem was brought to the attention of the twelve apostles and they appointed Stephen to help “fill-the-gap” so to speak.

His stoning took place because of a courageous sermon he gave about the passing nature of the great Jewish Temple (Acts. 7:48-49). This sealed his fate.

When we think of Stephen, what is it we focus on? Do we focus on the great divide between Stephen and his accusers? Do we focus on who was right or who was wrong? In the end, Stephen, like Jesus, focused on something else. They both chose to focus on the persecutors by praying for them. Jesus and Stephen went a step further in prayer by asking that those who were doing the persecuting be forgiven. That

was new to the thought process in that day...and perhaps just as rare today.

The words of Jesus we remember well, “Father, forgive them, they know not what they do” (Luke 23:34). But most don't remember that Stephen prayed likewise, “Lord, do not hold this sin against them (Acts 7:60).

So what would my parting words be to all who read this if this were the final column? My words would come in the form of questions.

Do I persecute? Am I able to pray like Jesus for those who persecute to be forgiven? How am I called to proclaim the Gospel, and in what form has He gifted me to do that? Am I living surrounded by community which will help spur me on while reaching out? What stones have I thrown by way of mere murmuring that takes away life? Am I, like Jesus, praying upon bended knee within whatever garden He has placed me? Knowing that His Word brings life and Light to a world that would rather not hear, am I listening?

In the end, may our prayers be Christ like as we pray, “Forgive them Father for they know not what they do” (Luke 23:34).

And we are only able to pray as such because of Galatians 2:20. “I am crucified with Christ, and I no longer live, but it is Christ who lives in me.” Amen.

Sell it in the Canary!

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Class Tractor Top Ten

By Auctioneer Eric W. Mickelson

I was watching a YouTube video today (Sunday) where a Farmall man ranked the Top Ten Farmalls of all time. It was interesting to see his opinion and the opinions of his subscribers. He went a little later into the International tractor line than I would have but it was an interesting watch. Here is the list: #1 The Farmall Regular-The reason was it was the beginning of the Farmall line and it was the first row crop tractor. #2 The International 5488 which was built from 1981-1985. It is considered the last of the Farmalls. #3 The Farmall H. It was built from 1939 to 1953. This was the largest selling IH tractor and was one of the most popular tractors produced by the company! #4 The 1066. It was produced from 1971-1976. #5 The F-20. It was a highly popular, had 20hp, and replaced the Farmall Regular. #6 The Farmall 560. It was available with a gas, LP, or Diesel engine. #7 The Farmall Cub. The Cub was rated at 10 hp was one of the most produced tractors by Farmall. #8 The Super M. It was produced from 1952-1954. The Super series added some horsepower and a few other features over their predecessors. #9 The Farmall A. The A was made from 1939-1947. They were very popular tractors for the small farms or to help on larger farms. #10 The Farmall F 12. Early F 12s have a Waukesha L head engine and later they were replaced by an International overhead valve engine.

What do you think? I agreed with many of the choices but everyone has their own preferences! I would have changed #1 to the Farmall H. How can a person disagree with that. We had one when I was young. There were over 300,000 produced....they must have had something right! #2 for me would be the Farmall M. The

M was the big brother to the H and model Hs and Ms are often considered to be tractors that fed the world during WWII. #3 is a tractor I never had or have really ever been around, but I always liked the F 20. I know the Regular really got Farmall into the tractor market and competed with the Fordson. But the F 20 to me was the perfected version of the Regular. #4 on my list is the 560. In the video I watched he put the 560 on his list at number 6. My neighbor had a 560 when I was growing and although I never drove it. I always liked that tractor. He did too and would sometimes give my family grief about having John Deers! #5 on my list is a tie between the Model A and the Cub. The cultivation was a great little invention. The off-set design allowed the operator to look down on the crop being cultivated. The Cub was built from 1947-1975 with many different versions. My favorite is the older “red” versions that paralleled the manufacture of the Hs and Ms. That is my top 5. If you want to hear my top ten I would need another hour or two of research and couple pages in the paper. I would love to hear from you if have an opinion of your own.



Ethan Englund driving a Farmall H.

You can shoot me an email at mickelsonauctions@gmail.com or send me a letter....I still get the old fashion mail at 20555 340th Ave. SE in Oklee. The 30 degree weather has me day dreaming of summer, working on old tractors, and tractor shows.....can't wait!

How about a little tractor trivia!

1. A Farmall Regular has _____ forward speeds.
A) 2 B) 3 C) 4 D) 5

2. A Farmall F 20 has _____ forward speeds.
A) 2 B) 3 C) 4 D) 5

3. A Farmall H has _____ forward speeds.
A) 2 B) 3 C) 4 D) 5

4. True or False The model F 12 was built in a diesel version in Germany.

5. True or False. The 560 Farmall was also built in a standard tread version.

Answer: 1. B. 3 speeds 2. C. 4 speeds 3. D. 5 speeds 4. True 5. True

Red Lake Day at the Capitol Held

Photos & Story by Donna Bergstrom, Edited by Michael Meurers

With the sun shining bright, the air cool and crisp, a delegation of over sixty members from Red Lake Nation met at the Minnesota State Capitol building for a Day at the Capitol on Thursday, February 20th, 2020.

The delegation included Tribal Council Officers and Representatives, Hereditary Chiefs, students, program directors and staff from Red Lake Nation. They traveled to St. Paul to engage with state elected officials to ensure Red Lake's voice is heard and to advocate for issues where State and Tribal Governments intersect.

The Group started off the morning of Red Lake Day at the Capitol by gathering together for donuts and coffee from the famous “Mojo Monkey donut shop.” The delegation was prepared for a day filled with meetings and conversations.

Opening ceremony

All were gathered in the rotunda of the Minnesota State Capitol. After being presented with asemaa (tobacco) by Red Lake Chairman Darrell G. Seki, Sr., Frances “Frannie” Miller did the invocation in Red Lake's Official Language, Ojibwemowin.

The Honor Guard, Earl Fairbanks and John Barrett, posted the colors. (Red Lake flag and Eagle Staff) Then came four songs from the Red Lake Big Drum, the heartbeat of the Nation echoing in the cavernous state capitol rotunda.

Legislators, and legislative staff, drawn by the sound of the Drum, were seen leaning over the second-floor balcony, exposed to and learning just a bit more about American Indigenous Nations. Students from Red Lake schools also attended the ceremony. Lt. Governor Peggy Flanagan, a member for White Earth Nation, was among the spectators on the balcony overlooking the Drum.

Morning Session

Following the opening ceremony in the rotunda, the delegation met in the Case-Gilbert Room of the Capitol for briefings and discussion with legislators representing the Red Lake and Bemidji area.

They included both of Red Lake's representatives to state government, Sen. Paul Utke (GOP, Sen. Dist. 2, Park Rapids), and Representative Matt Grossell (GOP, Dist. 2A, Clearbrook). Justin Eichorn (GOP SD-5, Grand Rapids) and James Abeler, (GOP SD35, northern T C metro) joined Utke and Grossell.

Grossell provided an update on prospects and next steps for the Family and Children Services Initiative. The bill, with bipartisan support, is making its way through the process which will assist the Red Lake Initiative already authorized during the 2019 Legislative Session.

Majority Leader Ryan Winkler (DFL-46A, Golden Valley) provided a session overview, with a special emphasis on the infrastructure projects that the Majority intends to put forward. Winkler was born and raised in Bemidji.

Representative Mary Kunesch-Podein (DFL-41B, New Brighton) provided an update on the Missing and Murdered Indigenous Women Task Force which she co-chairs. She noted that the intention of the Task Force is to arrive at solutions for the gaps, oversights and barriers often found when investigating murdered and missing Indigenous persons.

Representative Tina Liebling (DFL-26A, Rochester), chair of the House Health and Human Services (HHS) Finance Division committee, shared her insights as the chair of that committee, and showed great interest in the proposed Family and Children service's building. A briefing on the planned building was provided by Red Lake Family and Services Director, Cheri Goodwin.

Word Search Answers

D Y S Q B H L U Y M R H Q B T E G U D E
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I S F N T L O L A L N I A C U I T Y L H



The drumbeat echoes through the state Capitol.



Full room with over 60 Red Lake officials and staff.



Governor Tim Walz and Chairman, Darrell Seki.

The busy morning went by in a flash, and all too soon the delegation needed to transition to the Capitol's Room 130, where the delegation was honored to be invited to visit with the Governor in the Governor's ornate reception room. During the visit, Governor Tim Walz restated his view on the importance of building on the State and Tribal Community alliance, and to make it even better.

Afternoon Session

The delegation was treated to a working lunch in the State Office Building, where the group had time to catch a quick breath before the afternoon session began.

First on deck was the MN Department of Human Services Commissioner, Jodi Harpstead. Director of Red Lake Family & Children Services (FCS), Cheri Goodwin, provided a presentation on the FCS building request needed to fulfill the Red Lake Nation Initiative.

Representative Mary Murphy, (DFL 03B, Hermantown) Chair of Capital Investment, then talked with the delegation about the capitol bonding process. She was provided the FCS presentation by Director Goodwin.

Following quick on Rep Murphy's heels was Commissioner of the MN Department of Corrections, John Schnell. He was asked about prison disparity rates for Native people, especially at the Shakopee prison where about 30% of the women's population is American Indian.

Commissioner Jan Malcolm from MN Health Department provided a snapshot of the health issues her agency is currently focusing on, with the opioid epidemic being high on the list.

The MN Department of Public Safety was next, where Assistant Commissioner Bruce West provided a brief on the efforts on the Emergency Communication Network that would assist 911 in getting to emergencies made from cell phones, in particular those where geo-locational data is not always available or reliable.

Deputy Commissioner Brad Lindsay of the MN Department of Veterans Affairs dropped in for a visit. He thanked our Veterans and families for their service. He assured all, that the MN VA would provide whatever positive assistance they could. Representative Robert Smith (Red Lake), expressed the frustration of many Veterans who feel when they return to civilian life, they often face a difficult time in getting Minnesota certification for jobs and skills they were trained for while in the military.

Finishing out the afternoon session, was the Ombudsperson for American Indian families, Ms. Jill Esch who updated the delegation on statewide systemic problems with Indian child welfare. Esch made the case for separating her office from the other Ombudsmen given the nature of her work with ICWA (federal law), the number of statewide cases, and the necessity for coordination with Tribal governments, that other officers do not encounter.

Reception

After a busy day at the Capitol, the delegation and friends were treated to a sit-down dinner at the Best Western Plus, across from the Capitol. The food was plentiful and the conversation free flowing. It was a fitting conclusion to a productive day with MN State Government.

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OBITUARIES



Services for Alice Gulbranson

Alice Carol (Cain) Gulbranson, age 70, from St. Paul, MN, passed away at home on February, 13, 2020, after a 2 1/2 year battle with NSC (non-smoking) lung cancer. She was surrounded by family as she peacefully slipped away.

Alice was born November 19, 1949 in Miller, South Dakota to Charles and Margaret (Nielson) Cain.

Alice grew up in rural Buffalo County where she graduated from Gann Valley High School. She attended Northern State College in

Aberdeen and after continued her education at the Cosmetology program at Lake Area Technical Institute in Watertown, SD.

After, completing the Cosmetology program, Alice moved to the Twin Cities. Where she first worked at Joel's Salon, before opening Alice's Hair Shop in her home in 1979. From 1995 to 2015, Alice also operated an in-home daycare and worked more than ten years for Sam's Club.

While living in Minnesota, she met and married her best friend, Gary Gulbranson, on September 25, 1973. Alice's death ended the partnership of more than 46 years, with her husband and loving caregiver. They had two daughters; Heidi and Andrea, who also helped with their mother's care. Along with the emotional support of their family dog, Odie.

She was a caring and loving person, who would've gladly gave the shirt off her back to a friend in need. She will be missed by many and loved always.

In accordance with Alice's wishes, a private memorial service will be held at a later date.



Services for Doris Smeby

Doris Smeby, of Grygla, MN, passed away on Sunday, February 23, 2020 at the Thief River Care Center in Thief River Falls, MN, at the age of 89.

Funeral Services will be held at 10:30 AM on Thursday, February 27, 2020 at Grace Lutheran Church in Grygla, MN, with Pastor Nathan Satchwill officiating. Interment will take place in the spring at Valle Cemetery, rural Grygla, MN.

Visitation will take place from 5:00 PM until 7:00 PM with a 7:00 PM Prayer Service on Wednesday, February 26, 2020 at Johnson Funeral Service in Thief River Falls, MN. Visitation will also take place one hour prior to the funeral service on Thursday at the church.

Doris Arlene (Teigland) Smeby was born on July 6, 1930 in Waukegan, Illinois to James and Signe (Hyland) Teigland. They moved to their farm near Grygla, MN when Doris was a baby. Doris was the third of ten children. She attended the Sandsmark School through the 8th grade. After that she did a lot of the cooking, canning, gardening, and child care for the family.

On December 10th, 1950 she married John Smeby. They lived with his parents, Even and Randi Smeby before building their house in the same yard. After their first 4 children had filled their home, they moved it across the field to their own family farm, where 2 more children were squeezed in.

Doris was a hard working farmer's wife, mother, housewife, gardener, and of course - a great cook. In addition to keeping her family well fed, Doris worked for many years as a cook/waitress at the Pool Hall. After that she became a cook at the Grygla School for many years. Some of the foods that she was best known for were her donuts, flatbread, and potato dumplings.

John and Doris enjoyed 56-years of marriage and lived the life of dairy farm-

ers; staying close to home the majority of the time. They enjoyed sharing lunch in the field on the tailgate of the pick-up, or a Sunday drive to the Jackpines. Many memories were made during Sunday afternoon picnics at Red Lake or Hayes Park, and at family ball games. They got the camping bug when they bought their first camper, and enjoyed many weekends camping with the grandkids. They were able to make a couple of major trips together. Their first flight was to visit Nancy's family in Sierra Leone. They were also able to spend time with relatives in Norway and around the United States.

After the death of her life-long sweetheart, Doris filled the void by becoming an avid reader, spending time with friends at Senior Meals, and had a special relationship with each of her grand-kids and great grand-kids. She looked forward to spending time with Oliver after school each day.

Doris was a devout Christian and a long-time member of the Community Bible Church. She believed that the reason she lived on after John's death was to pray for her family. She prayed for each one by name every day.

Doris is survived by her children: Jim (Eileen) of Fertile, Lowell (Rochelle) of Grygla; Paul (Marie) of Thief River Falls, Pam (Tim) Mostrom of Grygla, and JoAnn (John) Orpen of Battle Lake. Son-in-law Perry Hubbard of Panama City; Grandchildren: Shane (Erin), Kyle, Jay Smeby, Nick (Lisa), Gretchen Smeby; Sarah, and Kelly Smeby; John (Val), Jeff (Heather), Jessica Hubbard; Randi (Cole) Privette, David (Amber), Ben (Kallie), and Laura Orpen. Great-grandchildren; Athena, John, Sam, Maddy, Violet, Oliver, Jersey, Jazmyne, Jackson, Zane, Donovan, Tobias, Maverick, Evan, Emmitt, and baby girl Orpen. Sisters; Marian Ostby of Minneapolis, Mavis (Robert) Smeby of Grygla, Gloria (Richard) Ness of Viking, Carol (Andy) Wells of Bemidji, and brother: Sheldon (Lucy) Teigland of Barrow, Alaska: She will also be missed by her dear friend Arlette Ruud, and extended family and friends.

Doris was preceded in death by her husband; John, her parents, daughter; Nancy, daughter-in-law Patti; siblings and spouses; Joyce, Wallace and Carole, Glenn and Donna, Carl Gene and Nancy, Evelyn and Walt Reiger, Clayton Ostby, and Albert Smeby.

Doris lived to the age of 89 years, 7 months, and 17 days. May her memory be blessed and her prayers and wishes for her family be honored.



Services for Vivian Nord

Vivian Nord, age 104, of Fosston, MN, passed away on Sunday, February 23rd, at Essentia Health Living Center in Fosston surrounded by her loving family. Funeral services will be held at 11:00 a.m. on Friday, February 28th, at Hope Lutheran Church in Fosston with the Rev. Jane Ekholm officiating. Interment will be in Hope Lutheran Cemetery, Fosston, at a later date. Visitation will be held from 5:00 p.m. to 7:00 p.m. with a 6:30 p.m. prayer service on Thursday, February 27th, at the Carlin Funeral Home in Fosston. There will also be reviewal for one hour prior to the service on Friday morning at the church. Arrangements are with Carlin Family Funeral Service of Fosston and messages of condolence may be shared at www.carlinfuneral.com.

Vivian was born to Arthur and Mathilda Blix on August 31st, 1915 at her maternal grandparents' homestead in Nora Township, south of Bagley. Vivian graduated from Fosston High School and attended cosmetology school in Minneapolis. Subsequently she moved to Roseau, where

she met her first husband Dale Habstritt and gave birth to Sylvia and Richard. After Dale was killed in a car accident, she moved back to Fosston and later married Lester Nord. They had one child, Gail. They moved into a home on Second Street, where Vivian lived for 61 years. She worked as a librarian at the Fosston Library and was a lifelong member of Hope Lutheran Church.

Vivian passed away on Sunday, February 23rd, 2020 at the Essentia Health Living Center in Fosston, surrounded by her loving family, at the age of 104 years, 5 months and 23 days.

Vivian was preceded in death by her parents Arthur and Mathilda Blix, husband Dale Habstritt, husband Lester Nord, children Richard Habstritt and Sylvia Habstritt, brothers Irvin Blix, Keith Blix and wife Gloris, and Walter Blix.

She is survived by daughter Gail Nord; grandchildren Mark Smith (Deidre), Craig Smith (Kathy), Cynthia Mueller, Lisa Speiser (David), Bryan Habstritt, Brett Habstritt (Annalee), Marissa Paulson (Jonathan Parke), Carsten Presley (Margot); great-grandchildren Jasmine Smith, Ashley and Dale Mueller, Noah, Hannah and Sophia Speiser, Meredith and Mallory Habstritt, Senna and Ronan Parke; and Aviva Presley; daughter-in-law Kathryn Habstritt; sisters-in-law Beverly Blix and Lydia Zappa, and brother-in-law Dennis Nord, along with many nieces, nephews, and friends.

Heartfelt appreciation to John and Julie Nord, staff members at Prairie Pines and Essentia Living Center, Pastor Jane Eckholm and Jeannie Raines for their loving care.



Services for Leona Brekke

Leona Brekke, age 101, of Trail, MN, passed away on Thursday, February 20th, at Essentia Health Living Center in Fosston. Funeral services will be held at 11:00 a.m. on Thursday, February 27th, at Sand Valley Lutheran Church in Trail with Dawn Hanson officiating. Interment will be in Sand Valley Lutheran Cemetery, Trail, at a later date. Visitation will be held for one hour prior to the service on Thursday morning at the church. Arrangements are with Carlin Family Funeral Service of Fosston and messages of condolence may be sent at www.carlinfuneral.com.

Leona Margaret (Reitter) Brekke was born on November 18, 1918 to George and Maggie (Hoff) Reitter at Goodrich, North Dakota. At the age of four she came with her parents to Trail (in 1923) where they operated a garage for a number of years. The Reitter family was engaged in a roller-skating business covering an area from Mahnomen, Bemidji, Kelliher and Grygla until George passed away in 1941.

Her future husband, Norris Brekke, was a World War II Veteran having served in the European Theatre for

almost four years. During the war years, Leona spent three years doing defense work in Minneapolis, Minnesota, Hanford, Washington, and Camden, Arkansas.

Leona married the love of her life, Norris Brekke, on June 15, 1946. Leona and Norris together were engaged in farming in the Trail area for 28 years. Norris also operated his own trucking business. Leona helped with the farm operation and did bookkeeping for Norris's gravel hauling business. In 1976, they sold the farm and built a house in Oklee. Norris passed away in 1977.

She was employed at the Gonvick Sun Plant as a lab technician, the Leader-Record and Inter-County Community Council of Oklee. She worked for ICCC for 10 years until her retirement in 1986. She enjoyed many years of volunteering for local organizations such as the Trail V.F.W. Auxiliary and the Oklee Senior Site. She moved to Poplar Meadows Senior Living in McIntosh in October of 2014.

She was a life-long member of Sand Valley Lutheran Church. She enjoyed quilting, reading, gardening, Swedish weaving, dish towel embroidery, and knitting.

Leona passed away peacefully on Thursday, February 20, 2020 at Essentia Health Living Center in Fosston at the age of 101 years.

Survivors include her daughter, Bonnie (Ed) Pettersen of Trail, MN; two grandsons, Jamie (Cindy) Wishard of Clearbrook, MN, and Jeremiah (Jamie) Wishard of Mentor, MN; six great grandchildren, Sam, Cooper, August, Ellie, Sadie, and Paden. Nieces and nephews also survive.

She was preceded in death by her husband, Norris; her parents; and sister, Helen Flateland; and brother-in-law, Oscar Flateland.



Services held for David Uhlir

David Uhlir, age 66, of Winger, MN, died Thursday, February 20, 2020, at the Pioneer Memorial Care Center, Erskine, MN.

David Alan, the son of Ernest and Hazel (Baglien) Uhlir, was born on June 21, 1953, in Mahnomen, MN. He grew up on the family farm near Winger and attended Bejou Elementary School. As a teenager, David excelled in high school sports which ultimately lead him into his future profession. He was especially passionate for football, wrestling and track. He was very skilled at shotput, earning the "Pine to Prairie" record, which he still holds today. After graduating with the class of 1971, David received scholarships to attend Concordia College where he played football for several years. He proudly served as the Captain for the Concordia Cobbers and earned MVP. One of his first days at college, David met Jean Cahill, who became the love of his life. On July 21, 1973 they were united in marriage in White Bear Lake, MN. In 1975, he graduated with dual degrees in teaching and accounting and shortly thereafter he began his career in public education. He taught

health, physical education, and coached in Waubun, MN, and later Jackson, MN. In 1985, David began working for the Bagley High School. For the next 25 years, Coach Uhlir was the physical education teacher as well as coach for football, track, and wrestling. He truly loved helping his students shape their lives for the better. In 2002, David was honorably inducted into the Concordia Athletic Hall of Fame, and in 2010 he retired from teaching. In his spare time, David enjoyed being outdoors, deer hunting, and helping his dad on the family farm. When he had time, he played softball and liked to golf. As his family grew, his grandchildren became the highlight of his life. He liked watching their events and being a part of their world. After struggling for some time, in 2014, David received a devastating diagnosis of Lewy Body Dementia and Parkinson's. His life, although much too short, was well lived and he is now at peace.

David is survived by his wife, Jean of Winger; two sons, Anthony (Maxine) of Grand Forks, ND, and Daniel (Corrie) of Bagley, MN; one daughter, Kristi (Shaun) Moritz of Winger; six grandchildren: Katie, Alex, Jonathan, Teddy, Micah, and Grant; and one brother, Duane (Sue) of Fargo, ND.

He was preceded in death by his parents, Ernest and Hazel.

Funeral Services were held Tuesday, February 25, 2020, at 11:00 a.m. at Immanuel Lutheran Church in Bejou, MN. Visitation was held Monday, February 24, 2020, from 5:00 - 7:00 p.m. with a Prayer Service at 6:30 p.m. at the church.

Arrangements entrusted to Anderson Family Funeral Home in Mahnomen. Online website: www.andersonfamilyh.com.

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USXC Turtle River Rough Rider 100 Recap



FXR Racing Pro 600 Stock Podium: 1. Zach Herfindahl 312 - CAT, 2. Justin Tate 28 - POL, 3. Ryan Springer 541 - POL.

Story and photos by
Emily Wicklund

The sun finally decided to shine for a USXC event this year. On Saturday, February 22, teams made their way to Manvel, North Dakota for the Turtle River Rough Rider 100; the fifth USXC event this season. This is our only one day event of the 2019-2020 season making the weekend fly by. Racing started at 10 AM on Saturday with riders given the option to go on a parade lap at 8:45 AM. There was a total of five heat races with riders taking off in groups of two, 10 seconds apart. This was a timed event, so all results were based on total times and not who crossed the line first.

The first heat race of the day was made up of Pro Open, Semi-Pro Improved, and Masters 40 classes. These sleds ran four laps equaling 50 miles. Dustin Dohrn (Ski-doo) and Aaron Christensen (Polaris) were the first two sleds to take the green flag. Unfortunately, shortly into the Pro Open final, Aaron Christensen noticed his back injury was still an issue and paced his sled back to the pits to take a DNF. Christensen was currently sitting second in the Pro Open points standings. Herfindahl (Arctic Cat) showed his speed and made his way up to the lead quickly. Zach ended up taking the Pro Open win with Justin Tate (Polaris) in second and Taylor Bunke (Polaris) in third. Justin Tate remains as the Pro Open points leader after five rounds. Nick Roehl took the win in the Masters 40 class over

Craig Ritzinger (Ski-doo) and Eric Christensen (Polaris). In the Semi Pro Improved class, Abe Olson was victorious with Cale Anseeuw in second and Paul Brown in third, all on Arctic Cat machines.

In heat race two, the Classic, Junior, and Vintage classes battled it out. These riders competed in 3 laps (about 40 miles). By heat race two, the Pros had made the ditches pretty rough for these riders. They had to ride smart in order to finish the race. Jesse Hallstrom took the lead quickly in the Junior 14-17 class and was unstoppable. Hallstrom plowed through the rough course and took the win in the Junior 14-17 class on his Arctic Cat. Maverick Broden came through second and Aaden Olson in third, both on Arctic Cats. In the Junior 14-17 Girls class, it was a close battle. Mckenna Cloose and Danika Diesen swapped position on the track the whole race. Cloose came out on top, 10 seconds over Diesen, both on Arctic Cats. Dawson Darco took the victory in the Junior 10-13 class on his Arctic Cat and Reese Novacek won the Junior 10-13 Girls class on her Polaris. The Classic and Vintage riders had an even rougher ride with their minimal suspension. Ryan Derrick showed speed on his Polaris winning the Classic IFS class with a time of 52 minutes and 6 seconds. Doug Ruter hung on for the win in the Classic IFS 50+ class on his Arctic Cat. Ruter and second place runner John Griep have swapped first and second all season. In the Vintage class,



Hunter Houle Foundation Semi-Pro 600 Stock Podium : 1. Cale Anseeuw 931 - CAT, 2. Thomas Junglen 35 - DOO, 3. Nick Roehl 169 - DOO.



Speedwerx Pro Open Podium: 1. Zach Herfindahl 312 - CAT, 2. Justin Tate 28 - POL, 3. Taylor Bunke 14 - POL.

Adam Leubner earned his first win of the season on his Arctic Cat. In the Vintage 50+ class, Dave Chambers hung on and finished the race. Being the lone entry in this class he took the win.

The next classes to take the green flag were Semi-Pro, Sport 600 Improved, and Women. These riders battled it out for 50 miles. Semi-Pro points leader, Marshall Busse, was unable to compete this weekend after sustaining an injury during testing on Friday. The first two sleds off the line were Arctic Cat riders, Matt Feil and Abe Olson. For some of these riders, this is their second time racing on the course after already running the Semi-Pro Improved class so they knew what to expect. After starting 19th, Cale Anseeuw came out on top of the podium after showing speed in the rough. Thomas Junglen earned himself a second place but missed the podium picture due to having to race back-to-back heats. Nick Roehl claimed the third place spot getting himself on the podium twice in Manvel. In the Semi-Pro points standings, Busse was able to hang onto his points lead which is down to 10 points. In the Womens class, Savannah Landrus (Polaris) earned herself another win this weekend over Lydia Sobeck on her Ski-doo. In the Sport 600 Improved class, Cole Boyd (Arctic Cat) was victorious with Evan Peppel (Polaris) in second and Nicholas Nyquist (Arctic Cat) in third.

Heat race four consisted of Masters 50+, Sport 600, and Expert 600 Limited. After coming off the track in the Womens class, Lydia Sobeck was the first sled off the line in the Sport 600 class. The Sport class was filled with racing action with riders changing positions all throughout. Evan Peppel (Polaris) claimed his first Sport 600 win this weekend and took the points lead over Boe Bunke. Eight points separate these two Polaris riders in season points. Neil Jakubowski took second in the Sport 600 class on his Polaris and Cole Boyd came through third (Arctic Cat). In the Masters 50 class, Jim Sobeck took the win on his Ski-

doo and Braden Sillerud (Arctic Cat) went home with the win in the Expert 600 Limited class.

The last race of the day was the Pro Stock final to do battle for 10 laps. Dillan Dohrn (Ski-doo) and Taylor Bunke (Polaris) were the first two sleds to leave the line for the main event. Springer (Polaris) and Herfindahl (Arctic Cat) started side by side in seventh and eighth and Tate in tenth. After one lap of 12.5 miles, Zach Herfindahl had already made his way to the front of the pack and even started to separate himself from the other riders on his Arctic Cat. Polaris rider, Ryan Springer, made his way to second and tried to keep Herfindahl in sight. Justin Tate (Polaris) finished lap one in third battling closely with Springer. Lap two and three looked similar in running order with racers starting to take their mandatory fuel stop. During lap four, Tate got by Springer in a rough ditch section and ran with it. Riders continued to cycle through for fuel and before we knew it Herfindahl had lapped a few riders and took the white flag. After a flawless run in Manvel, Herfindahl swept the Pro classes in round five by taking the checkered flag and win in the Pro Stock class. Justin Tate came through in second and Ryan Springer in third, both on Polaris sleds. Christensen, Lian, and Langaas unfortunately ended with a DNF in the Pro Stock class.

After five rounds of racing, Justin Tate is now leading the Pro Stock points with Herfindahl in second trailing by seven points. Christensen manages

to hang on to third, 11 points behind the leader.

USXC will be heading up north to Warroad, Minnesota on February 29th and March 1st for the sixth round of racing. The Seven Clans Casino Warroad 100 is a highly talked about race of every season for both full-season competitors and local riders.

USXC Awards Speaker will be Mike Hetteen

USXC RACING is proud to announce the guest speaker for the 2020 year end awards will be Mike Hetteen. Mike is one of the most knowledgeable and experienced people in the world of snowmobile racing and product development.

Mike Hetteen is the son of Polaris co-founder Allan Hetteen. Mike retired in 2016 after working for Polaris for thirty six years. He spent four years in Sales and Marketing calling on dealers in the Dakotas and northwest Minnesota. For thirty two years Mike worked in Purchasing holding various jobs with focus on supplier management, product development, and procuring chassis and powertrain components in North America, Europe and Japan.

In the early 1980's Mike was a Director for the International Cross Country Snowmobile Federation and served as the race director for the early years of the "Warroad Race" which was both a cross country race and early sno-cross race. Mike also promoted ATV races in the mid-eighties. While not actively involved in racing today, Mike still announces a few races and demolition derbies in Northwest Minnesota.

Along with his working career, Mike has been active in various community groups; serving on the local hospital board for nineteen years, currently serving on the board of

38th Annual Finlandia Ski Marathon held

210 skiers were in the 38th Annual Finlandia Ski Marathon at Bemidji.

Area residents with their times are listed.

Buena Vista 25-Kilomter Classical: Lindsey Blake, 36, Shevlin, 2:58:04.9

Bemidjithon 25-kilometer Freestyle: Iris Jensen, 13, Shevlin, 2:27:48.9

Joshua Wambold, 39, Clearbrook, 1:26:33.6

Samuel Wielenberg, 15, puposky 2:21:17.1

Matthew Wielenberg, 13, Puposky, 2:25:56.9

6th Annual Spring Shoot-out March 14

The Lengby-Fosston Knight-riders Snowmobile Club will be hosting their 6th Annual Spring Shoot-Out Radar Runs on Saturday, March 14, 2020.

Registration starts at 9:00 am. Racing from 10:00 am through 4:00 pm.

The runs will be held at Ouff Lake, two miles west of Fosston on Highway 2, next to Golf Course.

There are eight snowmobile classes: 120 Class, 1997 & Older traction, Traction Stock, Traction Improved Stock, Pro Stock, Traction Modified, 4 Stroke and Open. 1st and 2nd lace Awards plus Cash Prize drawings for Radar Run Classes. The 120 Radar run starts at noon.

For more information: RADAR RUN - Mark Fjerstad at 218-280-9614 or Mike Eichstadt at 218-766-8181. For more information: 120 CLASS - Mike Schmidt at 218 760-6040.

"Freezin' for a Reason" ND/MN Bikini Radar Run for Breast Cancer at 1:00 pm. Contact Jolene 218-280-7277.

Ice Lemans race will be held on the 2 mile Lemans Course. \$40 entry fee. Registration at 89:00 am on the lake. Racing starts at 10:00 am. Five Classes: 120 CC; Traction 500; Traction 600; Traction Open and Vintage. 1st and 2nd place winners for each class.

For more info on the ICE LEMANS/CC RACE: Pat Killan 218-431-0658 or Erik Roed 218-686-5272.

Awards will be given out at Ventures Bar & Grill in Fosston.



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Did you know?

When planning spring landscapes, homeowners should always group plants with similar water needs together. According to the U.S. Department of Energy, grouping plants with similar water needs together helps to conserve water, which can be an especially useful strategy if or when drought restrictions go into effect in summer. Homeowners also can embrace additional strategies to landscape with water conservation in mind. For example, aerating soil helps to improve water flow to plants' roots and reduces water runoff, helping to ensure that plants get all of the water they need while reducing the likelihood that homeowners will have to use excessive amounts of water to keep plants healthy. In addition, using low-water-using types of grass can help homeowners who live in areas prone to drought conserve water while still maintaining lush, green lawns.

Wednesday, February 26, 2020