Wednesday, January 22, 2020

Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Get Outside this Winter to Stay Active

Polk County, MN- Getting outside in winter can be an easy and free way to stay active during the colder months. Dressing warm for winter activity doesn't have to be expensive and the Polk County Wellness Coalition and Polk County Public Health remind you of many great outdoor winter activities in the region that are little to no cost to get you out and active throughout the winter months!

Join the Fosston community and STAR Committee for upcoming Frosty Days, Friday, January 24th and Saturday the 25th. The Fosston Curling Club will also be hosting the 2nd Annual Curling Days on February 25th & 26th at the Outdoor Rink where you can learn how to curl on Saturday from 10am – 1pm; all ages and abilities welcome! Sunday is a Novice Bonspiel at 12pm (to register email curlfosston@gmail.com). You can also get on the Fit Trail or enjoy skating at the public skate rink at the softball complex east of Brandt Avenue. Contact the city office for more information, skating rink hours, and other happenings at 218-435-1959 or https://www.fosston.com/ or follow Fosston on Facebook for updates (https://www.facebook.com/fosstonmn/).

In Crookston, join community partners and volunteers next month for free February Fitness Fever activities every Sunday afternoon. Save the dates: February 2nd, free swimming at the Crookston Pool; February 9th, free ice skating on Crookston Sports Center; February 16th, indoor winter movement at corner of W Robert & S Main St; and February 23rd, snowshoeing, cross-country skiing and sledding day at Central Park. More details coming soon! For questions, contact Amanda at Polk County Public Health on 218.281.3385 or email amanda.lien@co.polk.mn.us

For other activities throughout the region this winter follow East Grand Forks Parks and Recreation on Facebook or check out their website at https://www.egfparkandrec.com/ for ongoing activities. Stay tuned to Heritage Village for winter fun activities happening the 1st Saturday in February (https://www.facebook.com/EastGrandForksHeritageVillage/) or get on the Greenway in East Grand Forks for winter walking and cross-country skiing. Check out their website for more information at http://www.greenwayggf.com/. Explore the Agassiz Environmental Learning Center in Fertile for cross-country skiing and new snowshoe trails or enjoy outdoor ice skating at the Fertile Skating Rink. Find our more information on the AELC website at https://aelcfertile.org/ or check out their Facebook page for updates and contact the City of Fertile for skating and rental information at http://www.cityoffertile.org/ or 218 945 3136. Near Erskine, Rydell National Wildlife Refuge offers winter trails throughout the season and will be hosting a Candlelight Ski and Owl Prowl event on February 8th. Contact Friends of Rydell and Glacial Ridge Refuges Association for more information at 218-687-2229 or at https://www.fws.gov/refuge/rydell/.

While enjoying all that the winter months have to offer, be sure to dress warm for winter activities and do not let improper clothing stand in the way of spending active time outdoors! Layer up with several layers of loose-fitting clothing to help insulate your body choosing fabrics wisely to wick moisture away from the skin, cover extremities with hats, scarfs, gloves or mittens, socks and boots, and sunglasses, and be sure to check the local weather forecast before your head outside, adjusting clothing for your activity level. The best fabric choices include polyester, fleece and wool and clothing options need not be expensive.

Be active, be safe, dress warm, and enjoy all winter has to offer! Check out Polk County Public Health's Facebook page (https://www.facebook.com/pcphealth/) for more updates throughout the season.

Michael Rendahl.

Fosston's Michael Rendahl releases album

Fosston man released breakthrough album January 20th on all streaming services after overcoming trials and tribulations.

Michael Rendahl grew up in the town of Fosston, Minnesota, where his passion for music began in the fields and forests that surrounded his northern home. When his Father's acoustic guitar came into his life, creativity and the emotions of the human condition collided into the unique sound that he possesses. His sound is about to be released worldwide on all streaming platforms.

Using the experiences of our individual existences, Michael Rendahl's debut album 'About Time' captures what it means to be alive in a world filled with wonderment, sorrow, and joy.

"When I sing and play, I feel like I go to a completely different place," states Rendahl. "Nothing in my life has felt more honest and true, and nothing in my life has felt more real. Music is an amazing way to unite people under the commonality of living this life. And that's what I'm going to set out to do."

The Album was recorded and Mastered by Garlic Brown with assistance from Eric Carlson.

Brown has referred to the album as "Haunting, and enligtening". After a year in production, and a lifetime in the making, 'About Time' is bound to connect people back to their hearts after this very long and trying journey, of life.

United Country Real Estate Auctioneer, Tammy Tisland, First Woman Ever to Compete in Local Competition

January 15, 2020 (BEMIDJI, Minn.) – Tammy Tisland, owner/broker and auctioneer for United Country Real Estate | Bold North Realty & Auctions in Bemidji, Minn., became the first woman ever to compete in the Greater Midwest Auctioneer Championship. The competition took place on Saturday, January 18, at the Bagley Livestock Market just west of Bagley, Minn.

Tammy Tisland, first woman to compete in Greater Midwest Auctioneer Championship.

Tisland is an award-winning professional auctioneer who has been in the business for nearly 20 years. She is an International Auctioneer Champion and top-producing real estate agent across the state of Minnesota. She has conducted over 3,000 auctions including farm, equipment, land and related assets. She also has been recently hired at Bagley Livestock and Winger Livestock Markets, an auctioneering field that is heavily male dominated.

"I am a livestock auctioneer to bring awareness to the local livestock markets and to be of service to the producers. I want people to realize how vital it is to the local community," said Tisland. "This is sometimes the one payday per year for area farmers. If there was no livestock market here, what would its absence do to the local economy? What would the future of farming be in the community? And where would those presently local dollars go? As an auctioneer, we play a vital part in those producers' lives and we want to do the best we can for them and for our community."

In the competition, Tisland and 25 other contestants from around the United States competed in a preliminary round where each contestant sold several drafts of cattle. The top 10 scoring contestants then moved to the final selling round and the top three were awarded prizes. A panel of five judges, all of whom have extensive backgrounds in the industry, determined placement using a point system. All contestants had to be auctioneers sponsored by a livestock market. In a statement prior to the competition Tisland said she was excited to compete and is looking forward to building great relationships with her fellow competitors.

"I've been an auctioneer in my community for 20 years, I'm not doing this for the trophies," she said. "I'm doing this as another avenue to help my community and display my passion for the people in it. I work at being the best I can be and competitions are one avenue to help me get better at my craft."

"Tammy Tisland is a special person, not to mention she is an outstanding auctioneer," added Shawn Terrel, president of United Country Auction Services. "Her ability to engage others both on and off the podium is an inspiration and we are fortunate to work with her inside our company. United Country is comprised of hundreds of auctioneers across the U.S., each with their own special traits and characteristics. Tammy has found her niche in life and it becomes apparent when she grabs the microphone. We could not be more proud of her accomplishments."

Watch next week's paper for story and photos from the competition.

New Exhibit "Looking for America" Coming to Watermark February 7, 2020

Bemidji, MN - The last days to view "Beyond Whiteness" a collection of Bemidji area snowscapes by Monika Lawrence and "Looking East" a collection of Japanese and Western prints and ceramics, end in January.

"Looking for America," will open February 7 in the Lakeview Gallery. This collection of paintings were inspired by artist Paula Swenson's observations as she traveled across the United States of America.

Plummer Mayor Jim DuChamp receives check from Enbridge Employee, Laura Kircher.

The City of Plummer recently had this sign installed on Minnesota Highway 59 with the generous donations from community organizations and Enbridge pipeline. Those contributing were Plummer Lions $1,000; Plummer Lions Too $500; Plummer Fire Department $250; Tri Rivers Museum $500; Plummer American Legion $250; and Enbridge pipeline $1,000.

Left to Right: Nate Haskell (Bank Forward), Lori Forshee-Donnay (Watermark Art Center Executive Director), Paul Dybing (Bank Forward).

Forward Foundation awards Watermark Art Center

Bemidji, MN - Bank Forward's Forward Foundation recently awarded $2000.00 in funds to the Watermark Art Center Art Education Program. The mission of the Forward Foundation is to enhance the lives of children. The funding awarded will be used to purchase non-renewable and renewable supplies for childrens' art education classes being taught at the Watermark Art Center Education Studio.

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Corn and Soybean Planting Date Survey: Seeking Your Help

By Lizabeth Stahl, Extension Educator - Crops

The extremely wet conditions of 2019 in Minnesota led to planting delays and unprecedented levels of prevent plant acres. Where planting delays continued late into the growing season, farmers needed to decide whether or not to plant a crop during or after the late planting date for crop insurance. Historical planting date information was helpful but limited for planting dates in June (corn for grain) and July (corn for silage and soybean).

University of MN Extension is asking farmers to share their experiences from 2019 to help increase our knowledge base on the impacts of late planting and other weather-related factors on yield and grain moisture in corn and soybean. This information will be used to help fill knowledge gaps in the decision-making progress if/when we are faced with a late-planting situation in the future. This information may also be used to help identify future research needs.

Information requested includes corn or soybean maturity, planting and harvest dates, yield, moisture, test weight, conditions at planting, and conditions following planting. Information is requested from as many fields as farmers wish to report on and planting dates ranging from the earliest to the latest planted crops. Results will be shared with researchers in IL and OH who are conducting a similar survey.

If you planted corn or soybean in MN in 2019, please see z.umn.edu/plantingdatesurvey for more details and to participate in the survey. Participation is completely voluntary and information provided will remain anonymous. We will collect this data until March 6, 2020. We thank all respondents in advance for their participation!

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Minnesota United Snowmobile Association's Winter Rendezvous VIP ride is coming to Leonard and Bagley

The Winter Rendezvous is being held on the beautiful shores of the Hampton Inn and Doubletree on February 6-9 for the biggest snowmobile gathering of the season. The five Region 1 directors and some others have been working hard on the Winter Rendezvous for the past year, meeting monthly to pull this off. Region 1 has 30 clubs in Northwest Minnesota that have been donating funds and items for the weekend.

The VIP ride is Friday, February 7 at 9:00am around 100 sleds will be leaving the shores of Lake Bemidji, leaders and sweeps, who volunteer their time, from the Clearwater Trail Blazers Snowmobile Club will lead them north of Bemidji and west into Leonard. They will be stopping the group at the clubhouse to enjoy muffins, coffee and hot chocolate and reminisce about snowmobiling. The Clearwater Trail Blazers Snowmobile Club has members that have graciously volunteered to be at the clubhouse during this time and welcome the snowmobilers. From there they will be lead to "Fireside Grill & Patio" where Mary and her crew will provide a great meal. There may be some speakers there talked about the good of snowmobiling. From there, the leaders will lead them back to the Hampton Inn, whether it be a short or long trail ride.

There is 3 rides going out of the Hampton Inn on Friday, February 7 in different directions and there will be 8 or more rides leaving the Hampton Inn on Saturday around 9, also in different directions. If you are interested in riding you will need to get signed up for a ride of your choice Friday night at the Hampton Inn.

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Polk County Sheriff

Pickup truck destroyed by fire

A pickup truck caught fire in Minerva Township in Clearwater County. According to Fire Chief John Gerbracht, Bagley Fire Department, the truck owner, Chares Musselman was plowing snow at a neighbor's driveway when an oil line sprung a leak. Resulting in the pickup catching fire, Chief Gerbracht was able to save the plow. The truck was wiped out by the fire.

Shannon Stassen joins Northwest RSDP

CROOKSTON, Minn. (1/13/2020)—The University of Minnesota Extension Northwest Regional Sustainable Development Partnership (Northwest RSDP) is pleased to welcome longtime community leader Shannon Stassen as the new Program Associate for clean energy and resilient communities. In his new role, Stassen will work with local governments, nonprofits, foundations and partners across Northwest Minnesota to connect local sustainability projects to research, education and resources at the University of Minnesota.

"I am absolutely thrilled to support Northwest Minnesota communities as part of the University of Minnesota Extension," Stassen said. "The work of Northwest RSDP aligns with my personal and professional goals to be a part of the process of creating a more sustainable world."

Northwest RSDP is one of five regions of the University of Minnesota Extension Regional Sustainable Development Partnerships (RSDP) supporting local sustainability projects across Greater Minnesota. RSDP works in four focus areas: clean energy, sustainable agriculture and food systems, natural resources and resilient communities. Energy programming is led by the Clean Energy Resource Teams (CERTs).

Stassen brings extensive experience with Northwest Minnesota communities as a former city administrator for the City of Crookston and Executive Director of the Crookston Area Chamber of Commerce. Stassen and his family have lived in Crookston for more than 20 years, where he has taught and coached at the University of Minnesota Crookston and is engaged in a number of community organizations including the Crookston Youth Foundation, Crookston Lions Club and Polk County Wellness Coalition. In his free time, Stassen enjoys coaching youth sports and fishing, biking, camping, paddling and gardening with his four children.

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M43-44C

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R44C

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Send application materials to: Jennifer Hecht, District Coordinator, 202 Bagley Ave NW, Bagley, MN 56621 or email: *jhecht@bagley.k12.mn.us.*

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R43-45C

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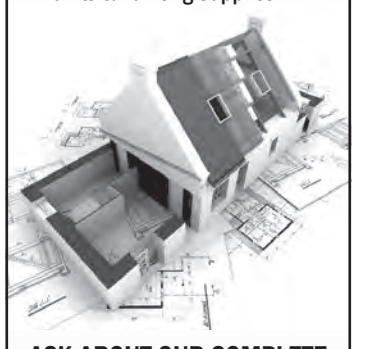

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How to Care for Wild Birds this Winter

The arrival of winter forces everyone to confront the changes synonymous with the season, and local wildlife is no exception. Low temperatures, harsh winter storms and a scarcity of food can make it challenging for wildlife, including birds, to thrive throughout the winter.

Even though several species of birds are migratory and travel to warmer climates to wait out winter, many others stay put. The Audubon Society says that keeping close to home helps some species of birds maintain their territories.

Some birds will puff up to retain heat; others will seek shelter in dense foliage or cavities to avoid the elements. Many birds will huddle together to share warmth.

Another way of keeping warm is building up fat as an insulator and energy source. The Audubon Society says more than 10 percent of some birds' winter body weight may be fat. That can be challenging to maintain when common sources of food, such as insects and berries, disappear as winter wears on. This is when some human intervention can prove handy, advise ornithologists. A few simple efforts may benefit birds and other wildlife that may not hibernate winter away or escape to the tropics.

• Have a supply of food, bird feeders, houses, and any other bird-related gear at the ready before the storms really rev up.

• Invest in nutritious food, such as black oil sunflower seeds or blends that are high in black oil sunflower seeds. You also can make available more foods that are high in fat, such as suet, peanut butter or even whole peanuts. Mother Nature Network also suggests adding meal worms if they can be found.

• Choose feeders that will keep seed dry; otherwise, it will be prone to bacterial and fungal growth.

• Don't discard fallen leaves or any downed twigs or pruned boughs from trees. This will give birds material for creating shelter or hiding away when the weather gets especially brutal. When the Christmas tree is finished for the season, place it in the yard as a windbreak for birds.

• Put shallow water sources around so birds can drink. Replace them frequently if water freezes.

Wild birds can benefit from some help when the temperatures start to drop in winter.

What's the purpose behind a leap year?

February is known for many things, one of which is being the shortest month of the year.

Many people do not give much thought to whether or not February has 28 or 29 days. But February bears the unique distinction of being the only month on the calendar that does not always have the same number of days.

Known as a "leap day," the 29th day of February helps to synchronize the calendar to Earth's orbit. According to EarthSky, which reports on astronomy and other cosmos-related information, Earth's orbit around the sun takes approximately 365.25 days. That extra .25 creates a need for a leap year every four years; otherwise, the calendar, which is faster than the actual solar year, would drift from what is actually occurring with the orbit. After four years, it would be off by one day, or 25 days after 100 years. If no corrections were made to the calendar, the seasons might become misaligned. After 300 years, January 1 would arrive in autumn.

Julius Caesar, at the advice of Sosigenes, an Alexandrian astronomer, was responsible for adding a leap day to February to compensate for Earth's rotation after the original Roman calendar kept slipping out of alignment. During his reign, Caesar first implemented a 445-day calendar year in 46 BCE to bring the calendar back into alignment. Roman officials called it annus confusionis. To limit future headaches, the work-around was to simply add a leap day to February once every four years. The Julian calendar wasn't exact to the solar year, but it was much closer than the previous Roman calendar.

The Gregorian calendar, revised by Pope Gregory XIII in 1582, further adapted the calendar and the leap days. All leap years are divisible by four. That is why 2020 will include a leap day on February 29.

People can utilize the extra day in 2020 (yes, 2020 is a leap year) in various fun ways. In addition to learning more about leap years and astronomy, try these entertaining ideas.

· Take a day off of work and spend it relaxing or engaging in a favorite hobby.

· Be reminded that leap years also coincide with U.S. Presidential elections, and it will soon be time to vote.

· Check out the celebrities who were born on February 29 and only get a true birthday every four years. Rapper Ja Rule, motivational speaker Tony Robbins, actor Antonio Sabato, Jr., swimmer Jessica Long, and football player Eric Kendricks are some of the notable people born on February 29.

· Buy a gift for yourself or others on leap day and make it a tradition of going the extra mile to love and pamper.

· Realign your life like the calendar is being realigned by focusing on organization or personal finances.

Leap year has arrived, and that extra day can be put to good use in various ways.

Warm up with wild rice soup

Soup is an ideal meal on cold winter days. One of the best things about soup is its versatility. Soup makes a great entrée, and it also can serve as a warming appetizer or a delicious side dish. Soup also knows no bounds with regard to ingredients, making it a meal that can be enjoyed several times per week without boring the taste buds. Those who need to warm up this winter may want to try the following recipe for "Minnesota Wild Rice Soup" courtesy of The Culinary Institute of America's "Book of Soups" (Lebhar-Friedman).

Minnesota Wild Rice Soup

Makes 8 servings

2 tablespoons unsalted butter
3 carrots, finely diced
2 leeks, white and light green parts, finely diced
2 celery stalks, finely diced
1/4 cup all-purpose flour
2 quarts Chicken Broth (see below)
3/4 cup wild rice
1/2 teaspoon salt, or to taste
3/4 cup heavy cream, hot
3 tablespoons dry sherry
1/4 cup minced chives
3 tablespoons chopped parsley

Directions:

Heat the butter in a soup pot over medium heat. Add the carrots, leeks and celery. Cook until softened, about 5 minutes.

Reduce the heat to low, add the flour, and stir well. Cook gently, about 3 minutes, stirring constantly.

Add the broth gradually, whisking well with each addition to eliminate flour lumps. Bring to a simmer.

Add the wild rice and salt. Continue to simmer until the rice is tender but still somewhat chewy, about 45 minutes.

Stir in the heated cream and sherry. Season with salt. Serve in heated bowls, garnished with chives and parsley.

Chicken Broth

Makes about 2 quarts

4 pounds stewing hen or chicken parts or meaty bones, such as backs and necks
3 quarts cold water
1 large onion, diced
1 carrot, diced (about 1/3 cup)

1 celery stalk, diced (about 1/2 cup)
5 to 6 whole black peppercorns
3 to 4 parsley stems
1 bay leaf
1 sprig fresh thyme
11/2 teaspoons salt, or to taste

Directions:

Place the chicken and water in a large pot (the water should cover the chicken by at least 2 inches; add more if necessary). Bring the water slowly to a boil over medium heat.

As the water comes to a boil, skim any foam that rises to the surface. Adjust the heat once a boil is reached so that a slow, lazy simmer is established. Cover partially, and simmer 2 hours, skimming as often as necessary.

Add the remaining ingredients. Continue to simmer, skimming the surface as necessary, until the broth is fully flavored, about 1 hour.

If using hen or chicken parts, remove them and cool slightly. Dice or shred the meat, and reserve to garnish the broth or save for another use. Discard the skin and bones.

Strain the broth through a fine sieve or cheesecloth-lined colander into a large metal container. Discard the solids.

If you are using the broth right away, skim off any fat on the surface. If you are not using the broth right away, cool it quickly by transferring it to a metal container (if it's not in one already) and placing the container in a sink filled with ice-cold water. Stir the broth as it cools, and then transfer it to storage containers. Store in the refrigerator, up to 5 days, or in the freezer, up to 3 months. Label and date the containers clearly before putting them into the freezer.

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E	D	G	N	L	O	G	Z	E	S	H	E	L	V	E	S	S	N	D	N
Z	F	C	T	L	C	S	M	I	H	G	R	O	U	P	I	N	G	S	Z
I	K	V	T	D	N	O	I	T	A	T	N	E	S	E	R	P	G	P	I
T	T	R	E	S	P	O	N	S	I	B	I	L	I	T	Y	G	R	Y	T
I	T	Y	C	I	K	S	G	E	K	M	Y	R	B	N	Y	O	T	C	Y
R	P	V	P	G	H	P	U	C	E	I	L	A	O	A	B	T	N	Y	B
O	G	Y	D	M	L	E	I	L	L	A	I	B	B	L	K	I	E	S	N
I	C	N	P	M	G	N	U	H	N	U	E	L	E	B	E	N	M	S	C
R	F	P	I	A	N	D	P	O	S	G	T	M	C	S	S	S	S	T	S
P	E	Y	B	N	E	C	I	D	A	R	S	T	E	V	T	T	S	E	L
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M	A	N	A	G	E	M	E	N	T	R	F	U	P	O	Y	O	G	G	V

Find the words hidden vertically, horizontally, diagonally, and backwards.

GET ORGANIZED WORD SEARCH *Answers on page 6*

ASSESSMENT
CLUTTER
DATA
DEADLINES
FILING
GARBAGE
GROUPINGS
INSTRUCTION
LEADERSHIP
LISTENING
MANAGEMENT
NOTES
ORGANIZED
PRESENTATION
PRIORITIZE
PROBLEM SOLVING
PROFESSIONAL
RESPONSIBILITY
SCHEDULE
SHELVES
SKILLS
STORAGE
TIME
TRAINING

Theology in the Trenches

By Kathleen Kjolhaug

Never Underestimate…

"It's really no big deal," she said. You see, preparing meals and serving came naturally to the one who offered not only her services, but those of her husband's. They were a team, you know. Actually, I'd seen the likes of them before but had not taken note to this extent. The little team had been a part of our lives for a while now…so I'm not sure why, exactly, I hadn't paused long enough to absorb the impact they'd made and continue to make on this world.

This venture began when a young man decided to get married. He needed help with the Groom's Dinner, and as he knew the friendly couple, he reached out.

Their response came without hesitation. "No problem! We'd love to help!"

And they did.

As the months ensued, the big day drew nigh. The groom hadn't realized all that was necessary for such a time as this, and his mother wasn't much help as she lived hours away. Although she was available for input, he wasn't exactly a fan of her random accountability. He assured her she need only tend to the desert and the décor. That, he figured would keep her busy enough to not be calling him at odd hours of the day about things that were or were not taken care of.

Willing the young man was to receive texts from the couple who had agreed to help. Once assigning him lists of to do's, he readily did. I guess when sons are all grown…they'd rather not take directives from their moms. And truth-be-told, most moms are ready to relinquish the role of director and are ready to support the independent capabilities of the ones they've raised.

The evening soon came, and when it did, the wedding rehearsal ran late. Fear not, for those who the son had enlisted to help were near. Nearer my God to Thee, they were than I this particular evening as they were not only prepared but had rehearsed throughout the years for such a time as this. By their "Yes, be it done unto me according to Thy will," they became instruments of His peace (Luke 1:38). And, with servant's hearts, they responded not only in kind, but in love.

Cooking burgers, setting out salads they had diligently prepared, and being present in a place where the rest of the bridal party could not be was hospitality at its finest hour. They greeted guests who had arrived early and conversed like family. And they were, you know…and still are. Their kindness continues to resonate within. Before the eyes of all, they lived and embodied His Word. "For the word of God is living and active…" (Heb. 4:12).

"Taste and see the goodness of the Lord" (Psalm 34:8). And we did taste it…literally.

Never underestimate the gifts He's given. For some speak, some write, and some make it appear easy to live Love by serving as He did. And for this, I will be forever grateful.

"And the greatest of these is Love" (1 Cor. 13:13). Amen.

Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question: Do I need to obtain the new Real ID and Driver's License when my license expires?

Answer: The Minnesota Department of Public Safety Driver and Vehicle Services division (DPS-DVS) began issuing REAL ID-compliant driver's licenses and ID cards on Oct. 1, 2018, to comply with the federal REAL ID Act.

Minnesotans are not required to obtain a REAL ID driver's license or ID card; however, starting Oct. 1, 2020, a REAL ID, enhanced driver's license or ID card, passport or passport card or another acceptable form of identification will be required to board a domestic flight or enter federal facilities.

As of early January, nearly 11 percent of Minnesota driver's license and ID card holders have a REAL ID-compliant license or ID card. There are about 3.7 million Minnesota license holders who will need to decide if they need a REAL ID or other acceptable form of identification before the federal deadline later this year.

Determining which type of license or ID card to apply for depends on what you need your card for.

Minnesota offers three different options: a standard driver's license or ID card, a REAL ID-compliant license or ID card and an enhanced driver's license or ID card. All three can be used as a valid form of identification and for lawful driving privileges now and after Oct. 1, 2020, but starting that date your standard Minnesota driver's license or ID card will not be accepted to board domestic flights or enter federal facilities. Enhanced driver's licenses and ID cards can also be used for U.S. border crossings by land or by sea from Canada, Mexico, Bermuda or the Caribbean and cost $15 more than a standard driver's license. A REAL ID costs the same as a standard driver's license or ID card.

Now is the time to apply for a REAL ID or enhanced driver's license or ID if you will need one later this year. The best way to make sure you have everything you need before visiting a driver's license office is to pre-apply online at drive.mn.gov. This feature allows Minnesotans to enter a significant portion of their application online, reducing the time they spend in the office. It also lists the required documents for each license type. A REAL ID requires additional documentations compared to a standard driver's license including:

- One document proving identity, date of birth and legal presence in the United States.
- One document proving social security number.
- Two different documents proving current Minnesota residency.

Here is a video that will explain more: Minnesota REAL ID: Be REAL ID Ready by October 2020

If you have questions about REAL ID, visit REALID.dps.mn.gov or contact DPS-DVS at dvs.driverslicense@state.mn.us or 651-297-3298.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

Rumely

By Auctioneer Eric W. Mickelson

Meinrad Rumely immigrated to the United States in 1848 from Germany. He came here to join his brother John. He joined his brother in LaPorte, Indiana, where he was running a foundry. They made threshers and other equipment and by 1887 Meinrad bought out his brothers share of the company. The company expanded to making steam traction engines. Meinrad died in 1904 but the company continued under the direction of his sons. In 1909 the company made the infamous Rumely OilPull. It was released for sale in 1910. The kerosene powered and oil cooled traction engine was Rumely's most famous product.

The M. Rumely Company began to expand. The Advance Threshing Machine Company and the Gaar Scott Company were two of these purchases. In 1912, Rumely expanded further with the purchase of Northwest Thresher Company (from Stillwater, Minnesota) and the American-Abell Engine and Thresher Company (from Toronto, Ontario.)

In 1915 these companies were reorganized into the Advance Rumely Company. In 1923 the company once again expanded with the acquisition of the Aultman-Taylor Company of Mansfield, Ohio. The Great Depression starting in 1929 caused a lot of stress on the Rumely Corporation along with many agricultural companies in the US. The company was looking for a buyer and in 1931 The Allis Chalmers Manufacturing Company took over.

The OilPull tractor started on gas and ran on kerosene. The oil cooling system, kept the

engine at a steady temperature no matter how heavy the tractor's load. A running OilPull tractor is way out of my price range but over the years reading about them and seeing a few at shows…….what a fun looking machine!

How about a little tractor trivia

1. The Rumely model B was also called the 25/45. What did the numbers stand for?

2. How many cylinders did the model B have?

3. The model 30/60 was manufactured from 1910-_____.

4. Where was the Advance Threshing Machine Company headquarters before joining the Rumely Company?

A) Marion, Ohio B) Indianapolis, Indiana C) Battle Creek, Michigan D) Minneapolis, MN

5. Early Allis tractors were painted green but 1929 after Harry Meritt took a trip to California everything changed. Seeing a field of poppies blooming Mr. Meritt talked the company into a beautiful orange color called _____.

Answers: 1. 25 drawbar hp and 45 belt hp 2. 2 cylinder 3. 1923 4. C. Battle Creek 5. Persian Orange

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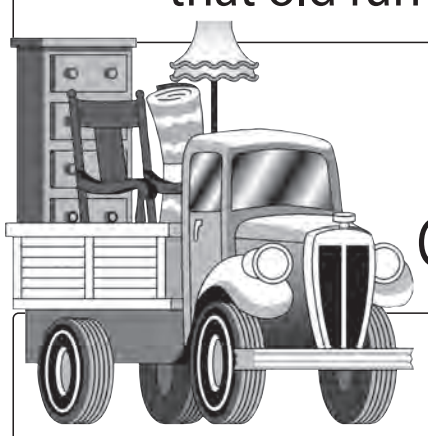

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The threat posed by ice dams

Cold, snowy weather can present various issues for homeowners to contend with. One such problem, ice dams, can cause damage to walls, ceilings and other areas.

The University of Minnesota Extension says that an ice dam is a ridge of ice that forms at the edge of the roof and prevents melting snow from draining properly. A complex combination of heat loss from a home, snow cover and outside temperatures can lead the formation of ice dams. An ice dam will be fed by melting snow above it and cause a backup at the edge of the roof.

Dams can cause gutters to tear off and loosen shingles and may lead to water backing up and pouring into the home, advises This Old House. Ice dams also can contribute to soggy insulation, making the insulation lose its protective R-value and becoming a magnet for mold and mildew.

Homeowners can do a number of things to temporarily prevent the formation of ice dams. Heated cables clipped to the roof's edge in a zigzag pattern can help prevent dams that lift shingles. Pushing snow off the roof can help. Laying an ice melt product in gutters to help melt the ice that forms also can prevent ice dams.

More permanent solutions involve keeping the entire roof the same temperature as the eaves by increasing ventilation, adding insulation and properly sealing air leaks that can warm the underside of the roof. This may involve calling in a professional contractor. Such an investment is well worth it, as it can prevent much more costly damage down the line.

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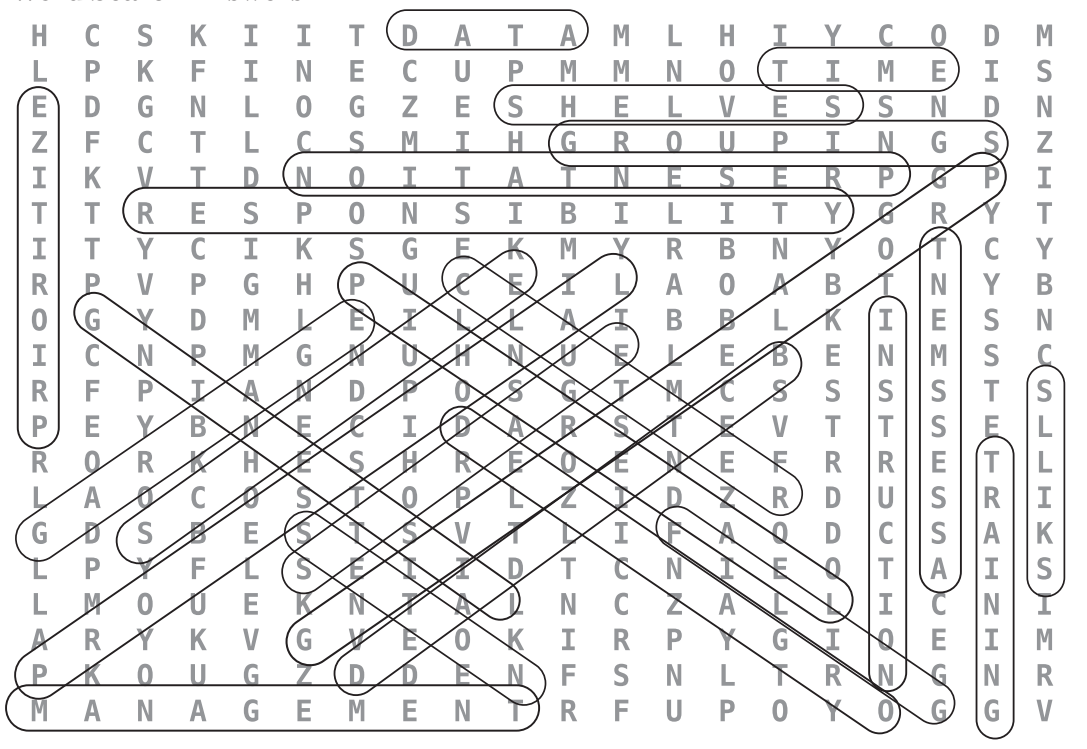

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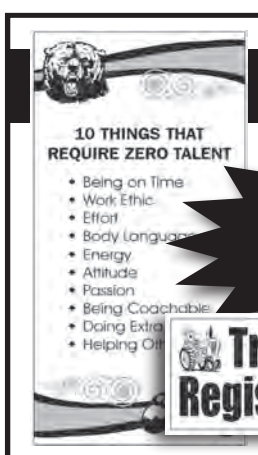

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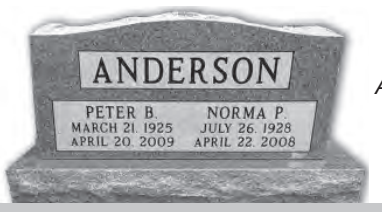

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OBITUARIES

Services for pending for Rudolph Hoffman

Rudolph Hoffman, age 88, of McIntosh, MN, passed away on Sunday, January 19th, at McIntosh Senior Living. Arrangements are pending with Carlin Family Funeral Service, serving McIntosh.

Services for Anna Quarnstrom

Anna Quarnstrom (Hansen) age 93, formerly of Plymouth, MN, went to be with her Lord January 5, 2020. Anne was born in Clearbrook, MN Sept 9, 1926 to Hans and Thora (Thompson) Hansen. She graduated from Clearbrook High School in 1944. She worked at the Clearbrook Hotel and Aaslands Hartz Store. She attended Seljord and Good Shepherd Lutheran Churches. While working at Augsburg Publishing she went to the Lutheran Bible Institute and Swedish Hospital (MMC, becoming an LPN). She worked at the Swedish (MMC) Hospital for the next 26 years.

In 1984, Anne married Paul Quarnstrom moving to Fridley, then to Plymouth, MN. Her last years were lived at Cornerstone Assisted Living in Plymouth.

Anne was preceded in death by her parents, husband, Paul; brothers, Oberon, Donald, Hartvig and Ted Hansen; sisters, Grace Johnson, Ruth Frick and Millie Hansen; grandson, Brad Berntson; granddaughter, Robin Neeland. She is survived by brother, Rod Hansen; sisters-in-law, Faye and Eileen Hansen; Goddaughter, Renate Whitmas; step-son, Gary (Ardyth) Quarnstrom; step-daughter, Bonnie (Dennis) Fleigle, 2 grandsons; 1 granddaughter; 10 great-grandchildren; 5 great-great-grandchildren; many beloved nephews and nieces.

A Celebration of Anne's life will be at 11:00 a.m. on Saturday, January 25, 2020 at Fridley Covenant Church, 6390 University Ave NE, Fridley, with visitation starting at 10:00 a.m. Burial at Seljord Cemetery in Clearbrook, MN at a later date.

Peterson-Grimsmo 763-295-2918 www.peterson-grimsmochapel.com

Services for Roger Johnson

Roger Johnson, age 84, of Erskine, MN, passed away on Wednesday, January 8th, at Pioneer Memorial Care Center in Erskine. Memorial services will be held at 11:00 a.m. on Monday, January 27th, at the Thriving Life Church, rural Erskine, with Pastor Jim Binder officiating. Interment will be in Fairview Cemetery, rural Erskine, at a later date. Family will greet friends for one hour prior to the service on that Monday at the church. Memorials given in remembrance of Roger will be donated to area charitable groups. Arrangements with Carlin Family Funeral Service of Erskine and messages of condolence may be sent at www.carlinfuneral.com.

Roger Lyle Johnson was born on May 14, 1935 in Knute Township, rural Erskine, Minnesota to parents Clifford and Lorene Heideman Johnson. He was baptized at Dovre Lutheran Church in Winger, Minnesota and later confirmed at Gosen Lutheran Church, rural Erskine, Minnesota. He attended country school and later graduated from McIntosh High School in 1953. At an early age, Roger began working with his parents on the farm.

On June 16, 1955, Roger was united in marriage to Marlene Lindblad. They lived in Erskine where they raised their family. Roger worked briefly for the Erskine Creamery. In 1966, he began working at the Erskine School as janitor. Later he became bus driver for the same school district. In 2012, Roger suffered a stroke which left him unable to continue his work at the school. He retired in 2013.

Roger enjoyed being outside. His yard was a piece of art and he took pride in the appearance of his home and yard. Anytime he could get his hands in the dirt, he was a happy man. Watching his grandkids play sports was a good time for him, as well as watching old drama series on TV.

Roger passed away on Wednesday, January 8, 2020 at Pioneer Memorial Care Center in Erskine at the age of 84 years.

Survivors include his wife, Marlene of Erskine; children, Randy (Michelle) of Erskine; Kim (Paul) Mahlen of Erskine; Denice (Allen) St. Michel of Jamestown, ND; and Mikki, of Erskine; 13 grandchildren, and 20 great grandchildren; sister, Janet Hamre of Erskine; brothers, Sharol (Sharon) and Vern (Patti), all of Erskine; and daughter-in-law, Kathy Paquin of Crookston. He is also survived by several nieces and nephews.

He was preceded in death by his parents; son Scot; an infant sister; and brother-in-law, Bennett Hamre.

Thank you sincerely for sharing our sorrow. Your kindness is deeply appreciated and will always be remembered by our family.

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The family of
Spencer Brein

Would like to thank all who sent cards, memorials, flowers, food, visited us and expressed their concern and sympathy.

A special thank you to Pastor Cathie Rhodes for being there for us and her meaningful message both at the prayer and funeral service for Spencer. We thank Erling Johnson and Lori Johnson with Johnson Funeral Service. We were lucky to have you both help us and appreciate all the guidance you gave us.

Thank you to Allie Enge with The Shed for your visit and also to you and your staff for all the beautiful arrangements you created. Also to Sheila Nelson for playing and organizing the music along with Eylie Homme and Brooke Frederickson who sang - we appreciated the beautiful music.

Thank you to the Marshall County Housewives and Husbands and Bethlehem Ladies for serving the food. Thank you to Spencer's Confirmation Class at Bethlehem Lutheran Newfolden and the MCC Class of 2023.

Spencer is so missed and we
treasure our memories with him.
- Darren and Jenny Brein
and our families

R44C

Services for Harold "Joe" Parsley

Harold "Joe" Parsley, 78 of Oklee, MN passed away peacefully on Friday, January 17, 2020 at his residence with his faithful companion, Bud by his side.

The service to celebrate Harold's life will be at 11:00 AM on Friday, January 24, 2020 at Zion Lutheran Church in Oklee, MN with Rev. Linda Molitor officiating. Visitation will be one hour prior to the service.

Harold Richard Parsley was born August 29, 1941 at home on the family farm near Brooks, MN the son of Harley and Frances (Amundson) Parsley. He was baptized in 1975 and confirmed at Zion Lutheran Church in Oklee. He attended school in Oklee, MN graduating with the class of 1959. Throughout his life Harold's nickname was Joe.

In 1967, Harold was united in marriage to Myrna Stoneouse and to this union two sons were born, Wade and Chad.

Harold moved to Milwaukee, WI following high school for work for a short time and then moved back to Oklee. He worked at Detroiter in Red Lake Falls, American Crystal in Crookston and Trail Master in Red Lake Falls. Joe later purchased the Oklee Laundromat and expanded it to include an indoor car wash. He then expanded his business venture and built a hog farm east of Oklee which he owned and operated for many years. In 1989 Joe went to work at Marvin Windows where he worked until retirement.

Joe enjoyed his collector cars, going to car shows, spending time with his dogs, spending time outdoors watching wildlife, flying, camping and was a wonderful cook. Joe was a very kind-hearted man who loved his children and grandchildren dearly and would do anything he could to help.

He was a member of Zion Lutheran Church in Oklee.

Survivors include his two sons, Wade Parsley and Chad (Amy) Parsley; grandchildren, Cameron, Kylie, Tyler, Jaylee and Jaden all of Oklee; siblings, Kenneth Parsley of Brooks, MN, Betty (Wally) Hanson of Thief River Falls, MN and Lyla (Gary) Dobson of Thief River Falls; many other relatives and friends; and his dog, Bud.

He is preceded in death by his parents; grandson, Jacob Parsley; sister-in-law, Charlotte Parsley; aunts, Lois Hoaas & Lorraine Shetterly; and uncle Edward Parsley.

Condolences may be sent at www.johnsonfuneralservice.com

Risk factors that can compromise mental wellness

At the dawn of a new year, much is made about the popularity of resolutions focusing on improving physical fitness. While it's important to be physically fit, a new year also marks a great time to examine one's mental wellness.

The World Health Organization defines mental wellness as "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her society." Men and women who are mentally unwell may find it difficult if not impossible to achieve their other goals, including those pertaining to their physical fitness.

No one is immune to mental health problems, which the American Mental Wellness Association notes are never the result of a single risk factor. Many people whose mental wellness has been compromised are dealing with a variety of risk factors. The AMWA breaks down those risk factors into four categories: biophysical, psychological, social, and spiritual. Learning these risk factors can help people learn more about themselves and might even compel them to seek help before their mental wellness is compromised.

Biophysical

· Family history of mental health problems
· Complications during pregnancy or birth
· Personal history of traumatic brain injury
· Chronic medical conditions, such as cancer or diabetes. Hypothyroidism or other brain-related illnesses, such as Alzheimer's or Parkinson's disease, also can compromise mental wellness
· Use of alcohol or drugs
· Poor nutrition
· Lack of sleep

Psychological

· Stressful life situations, such as financial problems or breaking the law
· Traumatic life experiences, such as rape or serving in the armed forces
· Low self-esteem, perceived incompetence and/or a negative view of life
· Poor academic achievement

Social

· Being abused or neglected as a child
· Being in an abusive relationship or friendship
· Having few friends or few healthy relationships
· Recent loss, either by death, divorce or other means
· Bullying; both victims of bullying and perpetrators can be at risk for mental health problems
· Growing up, or currently living, in poverty
· Poor social skills, poor communication skills
· Discrimination
· Lack of access to support services

Spiritual

· Perception of being irredeemable or inherently flawed beyond repair
· Perception of insignificance
· Conflicting thoughts or doubts surrounding deep religious beliefs

The good news for people who think their mental wellness has been compromised is that various treatments are available. Talk therapy or speaking with a peer who has had similar life experiences can help some people as they confront problems regarding their mental wellness. Information about additional treatments, including specialized therapies, is available at www.americanwellness.org.

Fitness goals are popular New Year's resolutions. But the start of a new year also marks a great time to consider one's mental wellness.

How to Talk with Children about Serious Illness & Death

When someone in your family has been diagnosed with a serious illness or is dying, it can be difficult to come to terms with what's happening. It can be even more challenging when children are involved.

Even in the face of a such a difficult situation, being open and honest with children is always the best approach. Knowledge is power—whether it's for an adult or a child and understanding what is happening takes some of the fearfulness out of the situation.

"Kids are more aware of what's going on than we often give them credit for. You want them to be involved in the process, so they grieve in a healthy way later," Hospice of the Red River Valley Social Worker Cathy Miller, said.

Cathy also recommends getting children involved earlier in the process, so they feel like they are a part of the journey and can do special things with their loved one while creating meaningful memories. "The more time children spend around their loved one, the better. If they aren't a part of the process, they are going to have questions later that you may not want to answer because you are doing your own grieving," Cathy said.

A child can be prepared even in the face of tragedy. This will give him or her the best possible opportunity to emerge whole and healthy.

What To Say & Do

- Tell him/her you are seriously ill.
- Tell the child the name of your disease.
- Provide your best understanding of what may happen.
- Give assurance he/she will continue to be loved and cared for.
- It's OK to cry in front of children. It's completely normal and natural. Tell your child that you are crying because you love someone, and you are sad he or she is in pain—and that you will miss them. Crying does not mean you aren't strong. If you hold it in, there will usually be issues later. It also will show the child, it's OK if he or she needs to cry.

This does not mean you should share everything—different ages understand things differently. You are the best judge of what your child can understand.

"Kids are often very inquisitive. They ask questions and want to know what's going on because they don't have the knowledge and emotion that goes with losing a loved one and not seeing them again," Cathy said. "It's sometimes easier for kids to accept and understand if they are a part of the conversation. It's beneficial when you can be direct with the child."

For younger kids, the conversations should be more playful, simplistic and can include an activity, such as coloring or Play-Doh. Incorporating an activity can help the child become comfortable so you can start the conversation. "Kids usually have an idea of what not being here means, whether they've experienced death with a pet or have seen something on TV or in a movie or cartoon," Cathy shared. She also explained that using animals as a talking point can help young children relate.

Older children and teens are often are involved in caring for the family or the loved one who is ill. Whether they help with chores around the house, make meals, care for their siblings or assist with direct care, they are often put into an adult role. "It's important to make space for older kids to pause from their everyday routine and take time to actually talk about what's going on. They don't often have a chance to do that," Cathy said. "Teens might not want to talk and might do more listening. Creating an environment where they can bring their feelings forward is key."

Regardless of the child's age, never share anything but the truth with the child.

When discussing your illness, you may want to get an idea of what he/she knows before explaining the illness further. This way you can correct any misunderstandings. A child can imagine much worse things than the truth.

"I don't like to use the word 'sick' at all. If mom is the person who is dying, and you use the word 'sick' with your child, when your child becomes sick, the child can think they, too, are going to die," Cathy explained. "I encourage families to name the illness and use whatever word, like cancer, that's causing end of life. It's about the body not working for them anymore."

What To Do If They Ask "Will You Die?"

- If death is a possibility, it should be acknowledged, but put into a perspective that life has to go on until the death needs to be faced.
- Focus on living each day.
- Worrying about death cannot stop it from happening. Worrying may prevent you from fully being present and enjoying time with your loved one.
- Be prepared to answer questions: "Can I catch this?" "Who will take care of me?" "Did I do something to cause this?" However difficult, answer all questions with honesty and appropriateness to the child's age. He/she may continue to ask questions, or the same question several times, until something makes sense. Be patient and know that he/she is struggling to understand.
- Don't lie or make promises you may not be able to keep.

What Now? After Discussing the Diagnosis

- Routine is good for kids. Attempt to get back to as normal a routine as possible, allowing the child to resume normal activities. Ask for help from others to keep kids on their routine like carpooling to activities and school.
- Continue to keep the child up to date on the progression of your illness.
- Allow listening and sharing opportunities by providing open and honest communication.
- Help the child understand the progression of your illness by not shielding him/her from your symptoms.
- Allow the child to help. Be realistic in what you expect of him/her and not assume the child will know what to do. A child is very focused on him/herself.
- Find a balance between home and outside responsibilities for the child.
- Talk to daycare providers, school counselors, teachers, etc. It's not necessary to give all the information of the illness, but it may be helpful to make them aware.
- Make dying part of your living and explain that you are going to do the best you can to live as long as you can.

Helping children and young adults face life challenges can be difficult but allowing the child to be involved this process now will help the child turn this time into a meaningful life experience.

Young people are amazing and resilient, so take their lead, be honest, and you will get through this.

About Hospice of the Red River Valley

Hospice of the Red River Valley is an independent, not-for-profit hospice serving more than 30 counties in North Dakota and Minnesota. Hospice care is intensive comfort care that alleviates pain and suffering, enhancing the quality of life for patients with life-limiting illnesses and their loved ones by addressing their medical, emotional, spiritual and grief needs. For more information, call toll free 800-237-4629, email questions@hrrv.org or visit www.hrrv.org.

Oklee Moonlighters held a successful snowmobile safety training class on January 11th. 14 students all set to enjoy MN snowmobiling!

Cold-weather workout tips

Workouts are a part of many people's daily routines. Some look forward to their exercise sessions, while others only commit after finding ways to make them as enjoyable as possible. For people who don't enjoy working out indoors, finding ways to exercise in the great outdoors can provide the incentives necessary to commit to daily workouts.

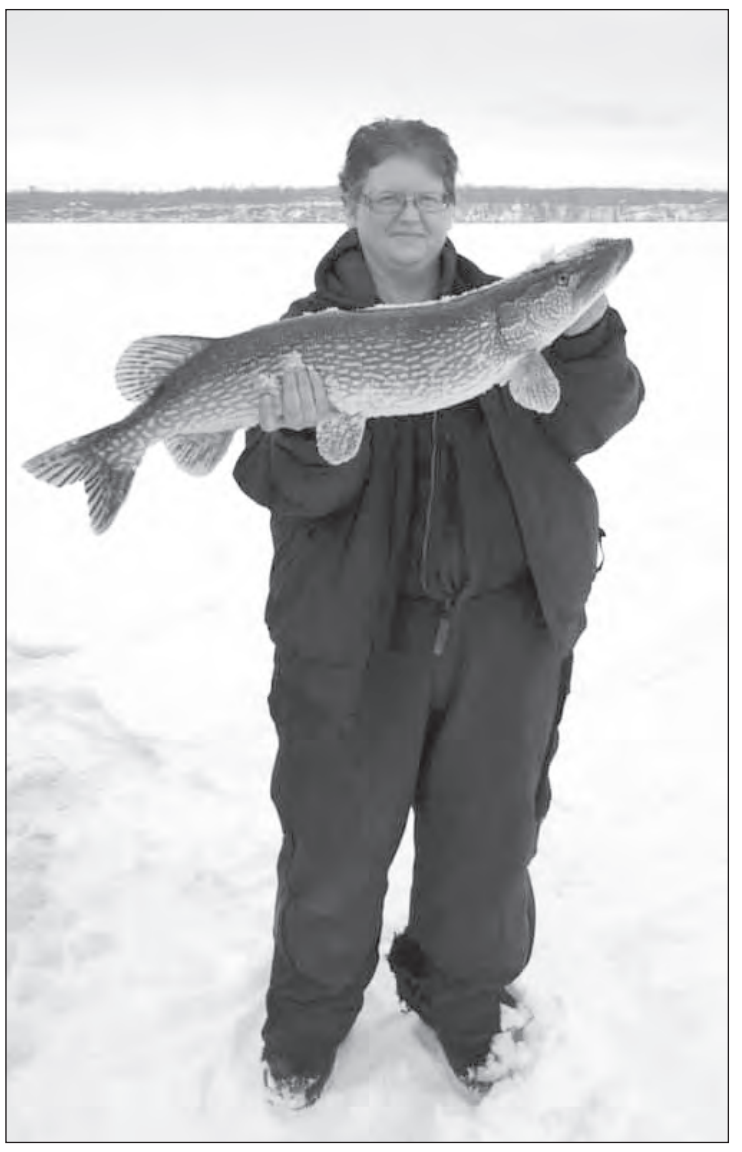
Exercising outdoors is a great way to get some fresh air, but what about those days when the weather isn't so inviting? Lengthy periods of cold or inclement weather, which is common in fall and winter in many parts of the world, can interrupt daily routines and derail one's fitness goals. However, there are ways to overcome inclement weather so outdoor workouts can be enjoyed year-round.

· Warm up for longer periods of time. Muscles typically require more time to warm up in cold weather than they do in warm weather. The Canadian Chiropractic AssociationTM notes that many people feel as though there muscles are noticeably stiffer in cold weather than in warm weather. This can make people who exercise in such weather more vulnerable to musculoskeletal injuries. One way to reduce that risk is to warm up for longer periods of time than you might in warm weather. For example, runners might want to walk slowly outdoors for several minutes before they begin jogging. Doing so can loosen and warm up muscles that are naturally stiff in cold weather.

· Dress appropriately. The gear outdoor exercise enthusiasts wear can go a long way toward making cold weather workouts more enjoyable and safe. Layering clothing during cold weather workouts allows people to maintain steady body temperatures throughout a workout by removing layers as they heat up if they need to. Even though it's cold, your body will still sweat, so look for a wicking material that draws moisture away from your body. This is especially important for your core, as the outdoor recreation retailer The North Face® notes that blood pulls toward the chest and abdominal area, making this the warmest part of your body. Focus on keeping the extremities, including fingers, toes and nose, warm with materials like gloves and tall socks. Face masks can be helpful to cover the nose and neck, but make sure they're made from breathable materials that won't hold moisture.

· Reconsider your footwear and other support to improve balance. Frozen ground is not as easy to traverse as unfrozen ground, so look for footwear that provides added traction. Winter running shoes that come with studded soles might be necessary. Trekking poles also can help hikers gain traction on frozen or snow-covered trails.

Outdoor workouts don't have to end when the weather gets cold. A few simple tricks can help people exercise outdoors throughout the year.



Daphne Klema had a fun day fishing recently with her husband Billy Klema, Ted Carlson and Lonny, of course it's always fun when you catch a bigger fish than the boys did! Daphne caught an 11 pound northern!

Prepare for a sledding adventure

Sledding has been part of snowy celebrations for ages. Sledding is a fun-filled activity, but it can be made an even better time, and a little safer, if revelers learn a little more about it.

Sled styles

Sleds come in many different styles, each with its own advantages. Sleds with metal blades will work like ice skates, balancing riders' weight on two metal runners. These sleds can work well during icy conditions or with hard-packed snow. Toboggans can fit multiple people, which can increase the fun factor and downhill speeds. Saucer-style sleds are good for one or two people. Foam liners on some saucers can absorb shock for riders, making those downhill bumps a little easier on the backside. Keep in mind that sleds with steering mechanisms are easier to control, which can equate to safer sledding.

Layer up

It is best to dress in layers when going sledding Even if it seems warm at home, it may be colder and windier at the top of hills. Sweating when it's cold out can increase a person's risk for hypothermia. According to experts at Timberline Trails, a person who works up a sweat and comes in contact with ambient air when taking a break will feel an immediate chill. This is called evaporative danger, and can be remedied by dressing in layers and trying to stay dry.

Invest in a helmet

Sledding requires the use of a helmet. At high speeds, a blow to the head can cause a concussion or worse.

Let others go first

Wait until some sledders have already gone downhill, allowing them to compact the snow, which should make for a smooth ride.

Choose safe hills, such as those that are free of bare spots, holes, trees, and obstructions, and do not end abruptly at a road. Hills with a long, flat areas at the end make for easy, safe stopping.

Safety first

Put safety first when sledding. Sled during the daytime so visibility is better. Keep arms and legs on the sled, and only sled feet-first, advises the National Safety Council.

By keeping these guidelines in mind, sledders can make sure this popular winter activity is as safe as it is fun.

Bowling Results

1/6/2020 Week 16 of 28 — **Monday Night Ladies * 2019-2020**

Monday 6:30 pm — *Bowl Inn* — Lanes 3 - 8

USBC Certification:

* THE CLINIC \ BUCK TRAX WINS THE FIRST QUARTER *
** THE BOWLINN' BABES WIN THE SECOND QUARTER **

Team Standings

Place	Lane	#	Team Name	Points Won	Points Lost	Team Avg	HDCP	Pins + HDCP	Scratch Pins	High Scratch 1G	High Scratch 3G	High HDCP 1G	High HDCP 3G
1	5	4	BOWLINN' BABES	60½	29½	636	325	46457	30650	788	2144	1103	3089
2	3	2	OTTERTAIL	54½	35½	535	381	45870	28410	672	1930	1049	2969
3	4	1	THE CLINIC\ BUCK TRAX LIQU	54	36	683	283	47035	32560	792	2251	1097	3145
4	6	3	FARMCHEK	50	40	622	329	45268	28486	683	1930	1021	2944
5	7	6	KNUTSON BRUSHING	35	55	587	363	45680	28154	671	1896	1037	2985
6	8	5	CARVER TRUCKING	16	74	563	380	45149	26582	668	1928	1049	3071

Lane Assignments

	3-4	5-6	7-8
Today	2-1	4-3	6-5
Next Week	3-5	2-6	4-1

Season High Scores

Scratch Game	792	THE CLINIC\ BUCK TRAX LIQU	788	BOWLINN' BABES	683 FARMCHEK
Scratch Series	2257	THE CLINIC\ BUCK TRAX LIQU	2144	BOWLINN' BABES	1930 OTTERTAIL 1930 FARMCHEK
Handicap Game	1103	BOWLINN' BABES	1097	THE CLINIC\ BUCK TRAX LIQU	1049 OTTERTAIL 1049 CARVER TRUCKING
Handicap Series	3145	THE CLINIC\ BUCK TRAX LIQU	3089	BOWLINN' BABES	3071 CARVER TRUCKING
Scratch Game	216	BRIDGET LANDSVERK	208	CORY TOLLEFSON	204 JANET LANDSVERK
Scratch Series	546	JENNIFER GODTLAND	535	BRIDGET LANDSVERK	582 CORY TOLLEFSON
Handicap Game	270	CORY TOLLEFSON	266	ANGIE HALLAND	268 AMANDA RAMSRUD
Handicap Series	718	CORY TOLLEFSON	702	DESI RENDAHL	597 BRIDGET NELSON

Last Week's Top Scores

Scratch Game	799	THE CLINIC\ BUCK TRAX LIQU	719	BOWLINN' BABES	658 KNUTSON BRUSHING
Scratch Series	2098	THE CLINIC\ BUCK TRAX LIQU	2061	BOWLINN' BABES	1896 KNUTSON BRUSHING
Handicap Game	1027	BOWLINN' BABES	1026	THE CLINIC\ BUCK TRAX LIQU	1007 KNUTSON BRUSHING
Handicap Series	2985	BOWLINN' BABES	2959	THE CLINIC\ BUCK TRAX LIQU	2943 KNUTSON BRUSHING
Scratch Game	216	BRIDGET LANDSVERK	198	LYNN RIGGS	189 PAULA JACOBSON
Scratch Series	491	KRISCHELLE BRUA	485	BRIDGET LANDSVERK	471 LYNN RIGGS
Handicap Game	258	LYNN RIGGS	252	PAULA JACOBSON	252 BRIDGET LANDSVERK
Handicap Series	653	KRISCHELLE BRUA	636	LYNN RIGGS	630 ANGIE HALLAND

1/13/2020 Week 17 of 28 — **Monday Night Ladies * 2019-2020**

Monday 6:30 pm — *Bowl Inn* — Lanes 3 - 8

USBC Certification:

* THE CLINIC \ BUCK TRAX WINS THE FIRST QUARTER *
** THE BOWLINN' BABES WIN THE SECOND QUARTER **

Team Standings

Place	Lane	#	Team Name	Points Won	Points Lost	Team Avg	HDCP	Pins + HDCP	Scratch Pins	High Scratch 1G	High Scratch 3G	High HDCP 1G	High HDCP 3G
1	7	4	BOWLINN' BABES	87½	32½	640	322	49527	32850	788	2200	1103	3089
2	5	2	OTTERTAIL	79½	40½	541	376	48833	30332	672	1930	1049	2969
3	8	1	THE CLINIC\ BUCK TRAX LIQU	59	61	680	285	49813	34489	792	2251	1097	3145
4	3	3	FARMCHEK	53	67	623	329	48155	30329	683	1930	1021	2944
5	6	6	KNUTSON BRUSHING	51	69	586	362	48606	29946	671	1896	1037	2985
6	4	5	CARVER TRUCKING	30	90	560	384	48080	28379	668	1928	1049	3071

Lane Assignments

	3-4	5-6	7-8
Today	3-5	2-6	4-1
Next Week	4-2	1-5	3-6

Season High Scores

Scratch Game	792	THE CLINIC\ BUCK TRAX LIQU	788	BOWLINN' BABES	683 FARMCHEK
Scratch Series	2257	THE CLINIC\ BUCK TRAX LIQU	2200	BOWLINN' BABES	1930 OTTERTAIL 1930 FARMCHEK
Handicap Game	1103	BOWLINN' BABES	1097	THE CLINIC\ BUCK TRAX LIQU	1049 OTTERTAIL 1049 CARVER TRUCKING
Handicap Series	3145	THE CLINIC\ BUCK TRAX LIQU	3089	BOWLINN' BABES	3071 CARVER TRUCKING
Scratch Game	218	KRISCHELLE BRUA	216	BRIDGET LANDSVERK	208 CORY TOLLEFSON
Scratch Series	546	JENNIFER GODTLAND	535	BRIDGET LANDSVERK	582 CORY TOLLEFSON
Handicap Game	271	KRISCHELLE BRUA	270	CORY TOLLEFSON	266 ANGIE HALLAND
Handicap Series	718	CORY TOLLEFSON	702	DESI RENDAHL	597 BRIDGET NELSON

Last Week's Top Scores

Scratch Game	746	BOWLINN' BABES	678	THE CLINIC\ BUCK TRAX LIQU	650 OTTERTAIL
Scratch Series	2200	BOWLINN' BABES	1929	THE CLINIC\ BUCK TRAX LIQU	1922 OTTERTAIL
Handicap Game	1036	BOWLINN' BABES	1025	KNUTSON BRUSHING	1022 CARVER TRUCKING
Handicap Series	3070	BOWLINN' BABES	2969	OTTERTAIL	2931 CARVER TRUCKING
Scratch Game	218	KRISCHELLE BRUA	187	BRIDGET LANDSVERK	178 BETTY LANGSETH
Scratch Series	525	BRIDGET LANDSVERK	470	KRISCHELLE BRUA	465 CONNIE SHEGRUD
Handicap Game	271	KRISCHELLE BRUA	254	BETTY LANGSETH	234 HEATHER IRWIN
Handicap Series	650	BETTY LANGSETH	643	HEATHER IRWIN	641 GLORIA CARVER 641 AMANDA RAMSRUD

1/9/2020 Week 16 of 29 — **THURSDAY TRIO'S 2019-20**

Thursday 6:30 pm — *Bowl Inn* — Lanes 1 - 8

* FARMCHEK WINS THE FIRST QUARTER *
** HARWOOD OIL WINS THE SECOND QUARTER **

Team Standings

Place	#	Team Name	% Won	Points Won	Points Lost	UnEarned Points	Y-T-D % WON	Year-To-Date WON	Y-T-D LOST	Games Won	Scratch Pins	Pins + HDCP
1	1	MAIN STREET	93.5	29	2		81.5	323½	73½	3	23421	28407
2	2	DAN'S STANDARD SERVIC	81.0	23½	5½		79.2	313	82	2	22139	27971
3	7	TRIPLE 60'S	75.9	20½	6½		54.3	127	107	2	10383	15669
4	3	GULLY TRI CO-OP	78.3	18	5		74.7	286	97		22155	28161
5	6	THE WRECKING CREW	60.0	15	10		55.9	171	135	1	15320	20972
6	5	HARWOOD OIL	63.2	12	7		75.3	299½	97½	1	22090	27796
7	4	FARMCHEK	52.4	11	10		72.0	267	104	1	22308	27502
8	8	BYE		0	0			0	0	2	0	0

Season High Scores

	Scratch Game	817 MAIN STREET	581 HARWOOD OIL		574 GULLY TRI CO-OP	
	Scratch Series	1727 MAIN STREET	1568 HARWOOD OIL		1568 FARMCHEK	
	Handicap Game	792 MAIN STREET	710 HARWOOD OIL		706 GULLY TRI CO-OP	
	Handicap Series	2018 MAIN STREET	1955 HARWOOD OIL		1891 DAN'S STANDARD SERVICE	
Men	Scratch Game	266 HARVEY CARLSON	262 REUBEN NETLAND		240 DUSTYN BELLEFY	
	Scratch Series	688 REUBEN NETLAND	669 PERRY GRUNDYSON		625 DUSTYN BELLEFY	
	Handicap Game	301 HARVEY CARLSON	293 REUBEN NETLAND		287 ANDY ANDERSON	
	Handicap Series	781 REUBEN NETLAND	749 PERRY GRUNDYSON		733 DUSTYN BELLEFY	
Women	Scratch Game	222 JANET LANDSVERK	197 DARLENE ROUE		125 TERRI MATHIS	
	Scratch Series	542 DARLENE ROUE	497 JANET LANDSVERK		349 TERRI MATHIS	
	Handicap Game	268 JANET LANDSVERK	239 DARLENE ROUE			
	Handicap Series	658 DARLENE ROUE	635 JANET LANDSVERK			

Last Week's Top Scores

	Scratch Game	599 MAIN STREET	528 DAN'S STANDARD SERVICE		516 FARMCHEK	
	Scratch Series	1727 MAIN STREET	1487 DAN'S STANDARD SERVICE		1423 FARMCHEK	
	Handicap Game	696 MAIN STREET	648 DAN'S STANDARD SERVICE		631 GULLY TRI CO-OP	
	Handicap Series	2018 MAIN STREET	1847 DAN'S STANDARD SERVICE		1797 GULLY TRI CO-OP	
Men	Scratch Game	262 REUBEN NETLAND	203 PERRY GRUNDYSON		193 HARVEY CARLSON	
	Scratch Series	688 REUBEN NETLAND	579 PERRY GRUNDYSON		511 HARVEY CARLSON	
	Handicap Game	299 REUBEN NETLAND	227 PERRY GRUNDYSON		226 ANDY ANDERSON 226 HARVEY CARLSON	
	Handicap Series	781 REUBEN NETLAND	651 PERRY GRUNDYSON		635 ANDY ANDERSON	
Women	Scratch Game	186 JANET LANDSVERK	181 DARLENE ROUE			
	Scratch Series	509 DARLENE ROUE	449 JANET LANDSVERK			
	Handicap Game	238 JANET LANDSVERK	217 DARLENE ROUE			
	Handicap Series	617 DARLENE ROUE	589 JANET LANDSVERK			

Individual High Averages

Men	181.38	BRYAN LANDSVERK	174.66	PERRY GRUNDYSON	169.17	REUBEN NETLAND
Women	151.06	DARLENE ROUE	148.04	JANET LANDSVERK		

High Individual Match Points

Men	35.5	REUBEN NETLAND	29	WESTON RAMSRUD	28	DEAN EVJE
Women	27	DARLENE ROUE	26	JANET LANDSVERK	1	TERRI MATHIS

1/16/2020 Week 17 of 29 — **THURSDAY TRIO'S 2019-20**

Thursday 6:30 pm — *Bowl Inn* — Lanes 1 - 8

* FARMCHEK WINS THE FIRST QUARTER *
** HARWOOD OIL WINS THE SECOND QUARTER **

Team Standings

Place	#	Team Name	% Won	Points Won	Points Lost	UnEarned Points	Y-T-D % WON	Year-To-Date WON	Y-T-D LOST	Games Won	Scratch Pins	Pins + HDCP
1	2	DAN'S STANDARD SERVIC	85.8	51½	8½		80.0	347	85	5	23727	29913
2	1	MAIN STREET	87.9	51	7		81.5	345½	78½	6	24963	30219
3	3	GULLY TRI CO-OP	82.7	43	9		75.5	311	101	2	23554	29950
4	7	TRIPLE 60'S	67.7	32½	15½		54.5	139	116	3	11555	17357
5	5	HARWOOD OIL	69.0	29	13		75.2	313½	103½	3	23576	29630
6	4	FARMCHEK	56.5	26	20		71.2	282	114	2	23732	29238
7	6	THE WRECKING CREW	54.5	24	20		55.4	180	145	1	15320	20972
8	8	BYE		0	0			0	0	2	0	0

Season High Scores

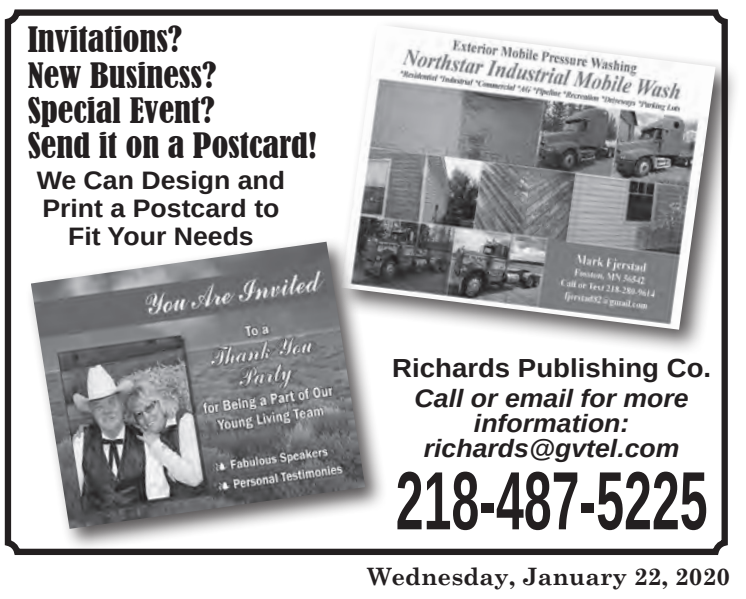
	Scratch Game	817 MAIN STREET	581 HARWOOD OIL		574 GULLY TRI CO-OP	
	Scratch Series	1727 MAIN STREET	1568 DAN'S STANDARD SERVICE		1568 HARWOOD OIL	
	Handicap Game	792 MAIN STREET	710 HARWOOD OIL		706 GULLY TRI CO-OP	
	Handicap Series	2018 MAIN STREET	1955 HARWOOD OIL		1942 DAN'S STANDARD SERVICE	
Men	Scratch Game	266 HARVEY CARLSON	262 REUBEN NETLAND		240 DUSTYN BELLEFY	
	Scratch Series	688 REUBEN NETLAND	669 PERRY GRUNDYSON		625 DUSTYN BELLEFY	
	Handicap Game	301 HARVEY CARLSON	299 REUBEN NETLAND		287 ANDY ANDERSON	
	Handicap Series	781 REUBEN NETLAND	749 PERRY GRUNDYSON		733 DUSTYN BELLEFY	
Women	Scratch Game	222 JANET LANDSVERK	197 DARLENE ROUE		125 TERRI MATHIS	
	Scratch Series	542 DARLENE ROUE	497 JANET LANDSVERK		349 TERRI MATHIS	
	Handicap Game	268 JANET LANDSVERK	239 DARLENE ROUE			
	Handicap Series	658 DARLENE ROUE	635 JANET LANDSVERK			

Last Week's Top Scores

	Scratch Game	544 DAN'S STANDARD SERVICE	521 MAIN STREET		518 HARWOOD OIL	
	Scratch Series	1588 DAN'S STANDARD SERVICE	1542 MAIN STREET		1486 HARWOOD OIL	
	Handicap Game	662 DAN'S STANDARD SERVICE	634 HARWOOD OIL		612 FARMCHEK	
	Handicap Series	1942 DAN'S STANDARD SERVICE	1834 HARWOOD OIL		1812 MAIN STREET	
Men	Scratch Game	212 KEVIN JOHNSON	208 PERRY GRUNDYSON		201 DEAN EVJE 201 ROBERT LANDSVERK	
	Scratch Series	590 PERRY GRUNDYSON	569 KEVIN JOHNSON		532 CHRIS SOLIE	
	Handicap Game	252 KEVIN JOHNSON	243 CHRIS SOLIE		239 DEAN EVJE	
	Handicap Series	659 KEVIN JOHNSON	687 CHRIS SOLIE		659 PERRY GRUNDYSON	
Women	Scratch Game	169 DARLENE ROUE	143 JANET LANDSVERK			
	Scratch Series	492 DARLENE ROUE	388 JANET LANDSVERK			
	Handicap Game	204 DARLENE ROUE	189 JANET LANDSVERK			
	Handicap Series	597 DARLENE ROUE	526 JANET LANDSVERK			

Individual High Averages

Men	181.38	BRYAN LANDSVERK	175.86	PERRY GRUNDYSON	169.53	REUBEN NETLAND
Women	151.28	DARLENE ROUE	146.84	JANET LANDSVERK		

High Individual Match Points

Men	32.5	REUBEN NETLAND	30	DEAN EVJE	30	TIM KASSELL
Women	29	DARLENE ROUE	26	JANET LANDSVERK	1	TERRI MATHIS