



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Wednesday, June 12, 2019

Sand Hill Lake Bible Camp Celebrates 50th Anniversary June 29th

In the early 60's the people of Bethel Assembly Church attended Lake Bronson Camp north of Karlstad, MN. In 1967 the current Bethel pastor, Warren Heckman, thought that it might be a good idea for Bethel to start a camp of its own closer to Fosston and brought it up to a few congregational members. Property was sighted S of Fosston at the old Lundhagen Farm overlooking Sand Hill Lake. In '68, Pastor Warren and his family were 'called' to another church and Pastor Jake Toews and his family came to serve at Bethel. When Pastor Jake was made aware of this 'vision' of a camp, the vision then became alive in him. He and a group of 12 men from Bethel began the process of purchasing the Lundhagen farm.

The first 'chapel' was moved onto the property in 1969 – the old Hill River Tabernacle building. A basement was built for it to rest on, which was to be used for a kitchen/dining facility. There was MUCH work to be done and MANY volunteers that came from some of the Minnesota FCA churches (Fellowship of Christian As-



1968 Hill River Chapel moved to Sand Hill Lake Bible Camp.

sembly), as well as from the Steinbach Manitoba fellowship. This property was now known as Sand Hill Lake Bible Camp. The first youth camp was held on Memorial Day of 1969 with approximately 100 campers, counselors and pastors in attendance. Outhouses were used, kitchen utensils and equipment was 'borrowed' from neighbors and church members; the dorms were an old granary and small

barn! From that first service, God began moving in the lives of the campers and adults alike.

Over the next 2 years, our camp kept growing in numbers, more camps were added, and we were outgrowing the little chapel. A large canvas tent and "400 rusty chairs" (per verbiage from historical documents) were purchased; in 1971 chapel began being held in this tent. There were mighty rain, wind and thunder storms during many of the services, but it did not slow anything or anyone down! In 1976, a new chapel was built overlooking the lake and is still being used today. In 1978, in the middle of the night, with Family Camp in full swing, a tornado ravaged through the camp causing much destruction – vehicles and campers crushed by trees, the chapel roof needing much repair, trees and branches strewn everywhere, but not 1 person was injured or killed. To this, it was said, "To GOD

be the Glory!"

During the first 10 years or so, much of the funding for the camp came from volunteers from Bethel Assembly Church that gave of their time and equipment to plant and harvest the crops on the property. Also, there were many financial contributions that were made from individuals as well as from member churches of the FCA.

Over the course of the years, there have been many additions made to the camp; dorms were built, a 3 story 'chalet' addition, new bathhouses, a Pavilion overlooking the lake, landscaping, sidewalks, and so much more. The camp has evolved from being an FCA Summer Camp to a year round camp hosting a myriad of groups such as, 4H, Catholic Cursillos, family reunions, graduations, weddings, fiber guilds, quilting groups, memorial services, motorcycle groups, and more!!

During our Family Camp this year (June 27-30), specifically on Saturday, June 29th, SHLBC will host a full day celebrating the GREAT things the Lord has done at and through Sand Hill Lake Bible Camp over the last 50 years. All are welcome to join us in celebrating this great event. SHLBC has touched the lives of literally thousands of people over the years and to this we say "To GOD be the Glory!"

Other camps this summer: Kids camp July 8-12; Sr High Camp July 15-19 and Jr High Camp July 22-26.

Call 218-435-6100 or go to sandhilllakebiblecamp.com for more info.



Josh Pearson won the Milwaukee Cooler.

Burggraf's Ace Hardware of Fosston "Milwaukee Days"

Burggraf's Ace Hardware of Fosston recently hosted their "Milwaukee Days" event on Friday May 31st and Saturday June 1st. During this event there were many things taking place including a free hot dog lunch, donut breakfast, huge sales, and giveaways! We are excited to announce the lucky giveaway winners; 4 piece Milwaukee Packout System went

to Luke Lundell, Rolling Tool Chest went to Robyn Ofstedal, Milwaukee Cooler went to Josh Pearson, and 2 Milwaukee Batteries went to Al Olson. (Pictured with David Burggraf). Mark, David, and the rest of the helpful hardware folks would like to thank everyone who came out and participated in the Milwaukee Days event.



1971 - Tent Chapel.



1976 new chapel built.

Setesdal Lag re-forming as Agderlag!

Did your ancestors come to America from Norway? If you are curious about your Norwegian genealogy or heritage and have ancestors from East or West Agder Counties, the Setesdal district, or have an interest in those areas of Norway, join us in re-forming the lag that will focus on these areas. (A lag, pronounced "log", is a Norwegian word meaning an organization with a common purpose).

Come to the Agderlag re-formation meeting being held at the 7 Lag Stevne in Fargo, North Dakota, July 13 at 1:30 pm. We will meet at the Holiday Inn & Convention Center. The 7 Lag Stevne is a convention of 7 lags that represent different areas of Norway.

At the Stevne ("meeting") there will be Agder genealogy assistance beginning on Wednesday, July 10, as well as receptions to get acquainted with others who have Agder roots on Thursday and Friday evening, and the lag re-formation meeting on Saturday, July 13, at 1:30 pm. You may come for the Agderlag re-formation meeting or register for the 7 Lag Stevne which offers a full schedule of educational programming related to Norwegian heritage.

The Setesdal Lag was an association of immigrants and their descendants from the traditional district of Setesdal and more broadly the counties of East and West Agder in Norway. The lag met yearly in northwestern Minnesota and eastern North Dakota for over 90 years to maintain connections among immigrants and celebrate their Norwegian Heritage.

The new life in America was

filled with hard work and uncertainty. Meeting to remember the old country, connect with former neighbors, gather with family and speak their native Norwegian dialect helped alleviate the sense of loss of accustomed ways and longing for what they left behind. The Setesdal Lag celebrated with music, dance, food and displays of Norwegian crafts and native costumes.

Brent Gish, Michael Fairbanks will face off for tribal chairman job

Brent Gish took over 29 percent of the vote and Michael Fairbanks collected nearly 22 percent, squeaking by Tara Mason by seven votes to win second place in a crowded special

Today's lags explore genealogy with the help of experienced genealogists and numerous print and electronic resources. Lag members learn about the history of their ancestral area, as well as the culture and customs, past and present, through informative presentations. Some lags organize trips to Norway to locate their ancestors' birthplace and possibly find living relatives. Today we

are settled Americans but we still wish to understand our heritage and maintain a connection to our Norwegian roots. Join us and renew or deepen your Norwegian connections.

Registration is available on the 7lagstevne.com website.

Contact information for Agderlag is available on the fellesraad.com website under Agder.

For more details see www.7lagstevne.com

votes) in the special general election Aug. 6.

The winner will fill out the one year remaining in the term of Tribal Chairman Terry Tibbetts, who died in March.



Brent Gish gets congratulated by supporters following his victory in the White Earth special primary election on Tuesday. He will face off for the tribal chairman position against second-place winner Michael Allen Fairbanks in the general election Aug. 6. Nathan Bowe/Tribune



Robyn Ofstedal is so happy to win this Rolling Tool Chest.



Al Olson was excited to win 2 Milwaukee Batteries.



Luke Lundell won a 4 piece Milwaukee Packout System.



Vocalist and guitarist Susan Lee performing at Mentor Farmers Market

Mentor Farmers Market is excited to welcome Susan Lee of McIntosh to our Center Circle this Saturday, June 15th from 9 am till noon. She is both vocalist and guitarist with a variety of songs to entertain all ages. Her repertoire is folk, old county and children's songs. You might just find yourself joining in a sing along of familiar tunes. Sue is

a retired educator and a supporter of the arts.

We will also have "Driftwood Food Truck" from Red Lake Falls serving a great menu. Market Vendors are happy to serve the local communities with fresh produce, crafts from local artist and family fun. Join us in the Mentor, MN park 8am till noon.



Pictured in the photo are (l-r): Pam Johnson, Penny Echtertnach – Foundation Director and Scott Johnson.

Northwoods Riders for Colon Cancer Awareness (NRCCA) supports Sanford Health Foundation

BEMIDJI, Minn. – Northwoods Riders for Colon Cancer Awareness (NRCCA) of Park Rapids recently made a donation to the Sanford Health Foundation of Northern Minnesota in support of the hospice program in memory of Chuck Burns.

The Sanford Health Foundation is a 501(c)(3) nonprofit organization dedicated to supporting the enhancement and expansion of health care services, state-of-the-art technology and facilities to provide health and healing for our region.

Anyone interested in supporting the Foundation may do so by contacting the Sanford Health Foundation at (218) 333-5515. Partnering with the

Foundation not only supports new services and technology, but also helps care for individuals within the community.

Northwoods Riders for Colon Cancer Awareness (NRCCA) organizes a motorcycle ride in support of hospice care in our community and surrounding areas every year. The date for the 7th annual motorcycle ride is June 9th, 2019. For more information on the motorcycle ride, please contact the Becida Bar at 218-854-7270.

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www.mentorfarmersmarket.org
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R6-27C

College News

Alexandria Technical & Community College's Dean's List for Spring 2019

ALEXANDRIA,) - Gregg Raisanen, interim vice president of academic and student affairs at Alexandria Technical & Community College recognizes individual students for academic excellence during spring 2019. The following students were named to the Dean's List for achieving a GPA of 3.5 or higher Spring Semester 2019:
Fertile - Bradley Clarke
Trail - Marie Johnson

University of Minnesota Duluth Announces Dean's List for Spring Semester 2019

DULUTH, Minn. (June 7, 2019) - The University of Minnesota Duluth (UMD) has announced its Dean's List for Spring Semester 2019. Students on the Dean's List have achieved a grade point average of 3.5 or higher.

The five colleges within UMD are: College of Education and Human Service Professions (CEHSP); College of Liberal Arts (CLA); Swenson College of Science and Engineering (SCSE); Labovitz School of Business and Economics (LSBE); School of Fine Arts (SFA)

Bagley - Rayna C Corning, Senior, College of Liberal Arts, Geographic Info Science B A, Geography B A

Amber M Danielson, Senior, Education & Human Service Pro, Exercise Science B A Sc

Miss Olivia G Gerbracht, Senior, Education & Human Service Pro, Psychology B A Sc

Clearbrook - Benjamin M Anderson, Senior, College of Liberal Arts, Political Science B A

Fosston - Abigail A Olson, Sophomore, Education & Human Service Pro, Psychology

Gatzke - Crystal D Kolden, Freshman, College of Liberal Arts, History B A

Greenbush - Mr Joseph W Hlucny, Senior, UMD-Sci & Eng, Swenson Coll of, Computer Science B S

Lengby - Lillie I Manecke, Sophomore, School of Fine Arts, Graphic Design

Oklee - Michelle S Sundquist, Senior, School of Fine Arts, Graphic Design B F A

Plummer - Sarah L Quick, Junior, Education & Human Service Pro, Communication Sci/Disord BASC

NATIONAL SAFETY MONTH

Polk County Sheriff

On 6-5-19 at approximately 1638 hrs Polk County Dispatch received a call of a vehicle floating in the river behind 110 Sargent St in Crookston. The Polk County Sheriff's Office along with Crookston Police Department and the Crookston Fire Department responded. Upon arrival a Crookston Officer observed the vehicle in the river and it appeared to be occupied, the car then became fully submerged. The Crookston Fire Department deployed a watercraft into the river in an attempt to locate the vehicle, with the assistance of the Polk County Drone the vehicle was located. Grand Forks County Water Rescue Unit was called to assist and deployed divers who located a deceased juvenile female in the vehicle. The deceased female was transported by the Polk County Sheriff's Office to the UND Medical Examiner's Office in Grand Forks. No foul play is suspected.

No further information will be released at this time.

Assisting Agencies are the Crookston Area Ambulance, and the Pine to Prairie Drug Task Force.

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FDIC

Brekken Lindberg and Amelia Landsverk to receive Minnesota Telecom Alliance Foundation Scholarship

The Minnesota Telecom Alliance announced that they received 140 scholarship applications from across the state and two winning students are from Erskine. Brekken Lindberg was selected to receive a \$2,000 Bud Morrow scholarship and Amelia Landsverk was selected to receive a \$2,000 scholarship for the 2019-2020 academic years from the Minnesota Telecom Alliance Foundation, according to Tim Brinkman, General Manager, Garden Valley Technologies.

Lindberg will be graduating from Win-E-Mac High School and plans to attend The University of North Dakota. He is the son of Liz Lindberg.

Landsverk will be graduating from Fosston High School and plans to attend Concordia College. She is the daughter of Mark Landsverk.

In awarding the scholarships to Lindberg and Landsverk, Tim Brinkman said, "We're happy to have this chance to make an investment in these students' college education. Rural communities need educated and talented young people to be our leaders of the future. It makes us all proud at Garden Valley Technologies when we have not one but two statewide winners selected from our area."

The Foundation is part of the Minnesota Telecom Alliance, a trade organization based in St. Paul representing over 44 telephone companies and cooperatives in the state.



Motorists urged to drive with caution through work zones

BEMIDJI, Minn. – As road construction and highway maintenance season picks up in northwest Minnesota, motorists should slow down and use caution when traveling through work zones.

Speed and inattentive driving are two of the main causes of work zone crashes in Minnesota, according to traffic crash statistics.

"This is our family trying to keep your family safe on the roadway," said Cole Weber, MnDOT Safety Officer. "Rear-end crashes are the most come type of work zone crash and often times it is the driver or a passenger that suffers the most injuries in a work zone. MnDOT encourages drivers to follow these recommendations in work zones:

- Stay alert; work zones constantly change with lane shifts, closures and moving workers and vehicles
- Watch for signs, equipment and workers
- Minimize distractions, such as using cell phones, eating or drinking
- Avoid tailgating
- Follow posted speed limits and directional signs
- Be patient; expect delays, especially during peak travel times
- Avoid lane changes while navigating the work zone

Minnesota State Patrol has joined MnDOT in efforts to keep work zones safe by offering additional enforcement near MnDOT maintenance zones.

Large projects this summer for the northwest district include Highways 2 and 59 in Erskine, Highway 32 in Thief River Falls and Highway 371 in Cass Lake.

For a complete list of projects for 2019, please visit www.dot.state.mn.us/d2. Motorists are also reminded to use caution around maintenance crews mowing, repairing potholes, paint stripping, and removing debris from the highway.



Garden Valley Director Casey Holland presents a scholarship to Amelia Landsverk.



Garden Valley Director Jim Ferden presents a scholarship to Brekken Lindberg.



Garden Valley sends Grygla student to our nation's capital

Layla Jelle was among the two high school students chosen by Garden Valley to visit Washington, D.C., June 1-5. Layla, who will be a Grygla High School Senior in the fall, stopped for a quick photo next to the Albert Einstein Memorial, which is outside of the National

Academy of Sciences Building in Washington, D.C. The FRS (Foundation for Rural Service) Youth Tour provides high school students from across rural American a chance to visit our nation's capital and learn about rural telecommunications. Photo courtesy of Layla Jelle

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KETCHUP 24 OZ **89¢**

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R11-12C

Landfill Technician "Seasonal" - Polk County Landfill

The Polk County Landfill located in Gentilly, MN has an opening for a full-time "Seasonal" Landfill Technician. Primary duties include, but are not limited to evaluating and inspecting waste materials, documenting load information, operating heavy equipment to process materials, maintaining equipment, collecting fees and maintaining compliance with local, state and federal permits. Applicants must possess a high school diploma or equivalent and have a minimum two (2) years of experience operating various types of heavy equipment. A valid Class B MN driver's license is required. Applicants must have the ability to clearly and effectively communicate verbally with the public and to work in adverse site conditions and extreme environments. A pre-employment physical exam is required. Wage range for this position is \$18.05 - \$22.95/hour, DOE and qualifications. This seasonal position will end on September 30, 2019. To obtain an application please go to <http://www.co.polk.mn.us>. 'Job Opportunities' Applications for this position will be received until 4:30 p.m. on June 24, 2019. Please return completed applications to the Human Resources Director/Administrator's Office, Polk County Government Center, 612 N. Broadway, Room 211, Crookston, MN 56716 (218-281-5408) EEO.

M12-13C

Clearwater County Department of Human Services

is accepting applications for a **Social Worker Position**.

An online application is required for this position. Applications need to be completed by 4:30 p.m. June 17, 2019. The starting pay for this position is \$22.15 per hour. To see position description and to apply, go online to <http://agency.governmentjobs.com/mnmeritsystem/default.cfm> We are an equal opportunity employer.

R12C

RLCC Seeking Innovative Teacher

Red Lake County Central High School is seeking an innovative teacher for a newly created teaching position in a 1.0 FTE position for school year 2019-20. Teaching assignment will have an emphasis on Computers and Technology. Any Minnesota teaching license subject area may apply for this newly created position. Applicants can contact Principal Randall Pederson at 218-796-5136.

O81C



The Clearbrook-Gonvick School District has an opening for a **H.S. English Teacher**. Clearbrook-Gonvick has small class sizes, a supportive community, and a great staff. If you have questions please contact Principal Carl Dugstad at 218-776-3112 ext 103.

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R9-12C



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R11-14C



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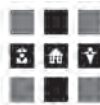
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R11-13C



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R11-13C

Group Garage Sale

M12C

Clothes, household items, lots of misc. Sat. June 15th from 8:00 til noon. Brenda Hole's place 21928 380th St, Erskine

THREE PARTY RUMMAGE SALE

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TOO MUCH TO MENTION

R12C

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R12-13P

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J46-05A

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EOW R4-26C

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R12C



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R16C

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R10-13C

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R12-15C

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M31C-C

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R51C

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R1C

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R2-28C



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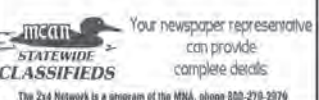


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Did you know?

According to the Department of Health and Human Services, about \$117 billion in annual health care costs in the United States is linked to a lack of physical activity. And that burden is not exclusive to the United States, as estimates from the World Health Organization suggest that the global cost of physical inactivity exceeds \$54 billion annually. The WHO also notes that, worldwide, one in four adults and, perhaps most alarmingly, three in four adolescents between the ages of 11

and 17 do not currently meet the organization's recommendations for physical activity. That's unfortunate and potentially dangerous, as a lifestyle that includes routine physical activity has been linked to a number of benefits that can promote both short- and long-term health. The National Institute of Diabetes and Digestive and Kidney Diseases notes that regular physical activity may help prevent or delay type 2 diabetes, heart disease, high blood pressure, and stroke. The NIDDK also

says that regular physical activity may help people reduce their risk for certain cancers and maintain healthy body weights. Appropriate physical activities depend on various factors, including age and existing physical condition. Adults and children who want to become more physically active should speak with their physicians and get a comprehensive physical exam before beginning a new exercise regimen.

Rep. Green: Most tax increases abandoned in state budget agreement

ST. PAUL — State Rep. Steve Green, R-Fosston, said he is pleased most of the tax increases proposed by Gov. Tim Walz and the House majority were struck down in the process of setting a new two-year state budget.

A brief special session took place Friday and early Saturday after proposals to raise taxes by \$12 billion caused budget talks to stall and no deal was in place when the Legislature's May 20 date for adjournment arrived.

"It was concerning that House Democrats and the governor wanted to raise taxes by \$12 billion, especially at a time the state has a surplus of \$1 billion and growing," Green said. "It is good to see common sense prevailed on that issue and it is especially good the Democrats' push to raise the gas tax by 20 cents per gallon was defeated. It also is pleasing to see bills Democrats authored to compromise our gun rights were defeated and their extreme energy mandates that would have caused our utility rates to soar did not reach enactment.

"We also stopped the Democrats' proposal to cut nursing home funding by \$68 million and prevented them from putting Planned Parenthood in charge of sex ed being taught to our children. So, when you look at the big picture, many of the positives from this year at the Capitol come down to blocking bad ideas the Democrats put forward."

The special session was called by Walz after days of closed-door meetings, and a "tribunal" comprised of the governor, the House speaker, and the Senate majority leader. Some conference committees did not adopt a single provision in a public setting, resulting in entire bills being decided in private. The largest budget bill was not publicly released until several hours after the special session had begun.

Green said House Republicans successfully negotiated changes that will enhance transparency next session, including a change to the House committee structure that will increase transparency and fix flaws in the structure Democrats implemented this year.

"This business of making the session's biggest decisions in private needs to end and I hope the changes we were able to negotiate will bring a better process in the future," Green said. "The least we can do for taxpayers is let them see what is happening in St. Paul. Anything less is unacceptable and this year was historically bad in the way lawmaking was conducted."

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SATURDAY, JUNE 22, 2019 • 9:30 A.M.

Directions From Thief River Falls: 22 miles east on Hwy. 1 to 360th Ave. NE, 1-1/2 miles south.; From Fertilizer Plant south of Goodridge: 5 miles east to 360th Ave. NE. 1-1/2 miles south. Watch for signs

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1940 A JD Narrow Front, Electric Start, New Rubber SN# 497161

1937 B JD Unstyled, Narrow Front, New Rubber SN# 37331

1948 B JD Narrow Front, Electric Start, Rockshaft SN# 209773

1950 B JD Narrow Front, Roll-O-Matic, Electric Start, PTO, New Rubber SN# 261741

1947 G JD Narrow Front, Electric Start, w/Farmhand loader SN# 23691

1947 GM JD Narrow Front SN# 20584

1939 H JD Narrow Front, All Fuel, New Rubber SN# 3142

1951 MT JD Narrow Front, Hyd., New Rubber SN# 31414

1952 R JD Diesel, PTO, Hyd. SN# 14846

1954 40 JD Crawler, Hyd. Blade, PTO, SN # 63830

1955 60 JD Narrow Front, Rot-O-Matic, Live PTO, P/S SN# 604962

1955 70 JD Diesel, Wide Front, PTO, Fenders SN# 7022685

1955 70 JD Gas, Wide Front, Live PTO, Hyd., Rock Shaft, Farmhand Loader, SN# 7011342

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Cream Cans

Box Wagon on Steel

Pulleys

Harness

Saddle

Wagon Wheels

Steel Wheels

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Answers on page 6

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Mary’s Miracle (Part 2)

(Mary’s world was rocked by the death of her son, Abel, who had an aggressive form of leukemia. At the age of 19, within the span of months, he died. Despite her desperate pleas to the Lord, He chose to take Abel home. Now Mary’s world lay broken and her heart shattered into a million pieces.

May 7th... The 100 day celebration took place.

May 8th... A follow up doctor’s visit dashed all hope. The leukemia was back.

May 17th... Abel died.

Silence. Pause. Breathe.

Unfortunately when mamas do any of these while in crisis mode it often looks as though we are drowning. Although Mary’s world was now still, it was anything but quiet. Her deafening cries wanted to appeal her case before the Magistrate upon the throne. When Mary paused, internally she was a thrashing machine chewing up everything in her path. When she tried to breathe...the air entered her lungs in gasps of desperation at the loss of her very soul that took its last breath when Abel died. Every fiber of her being was in fetal position longing to join her son in death.

She would have gladly given her own life months ago. That’s what mama’s do. Mamas carry a wellspring of love for their offspring. Yes, in a heartbeat, Mary would have given her own to Abel. But it was not to be. He was gone.

Now, Mary slept. She slept hard, and she slept often. What else was there to do when you

pray and it appears as though nobody is listening? Her son was now gone after all that prayer, and she had nothing left to give anyone...not even herself. As Abel had slipped away, she’d slipped away with him drowning now in a sea of sorrows. It was all just too much.

Depression racked the core of her being. Therapy came without end to no end. The only way out for Mary was to let this life slip right on past so she, too, could be with Abel. After all, that’s what she wanted. Why couldn’t she finally have something she wanted? If He wasn’t going to give her what she prayed for...she’d just take it. That’s it...I’ll take what I want and as life has no meaning now...I’d would rather be done than live on.

One day, with nothing else to give, her therapist asked if she’d ever considered going to Cursillo, a Christ centered retreat for adults. As the therapist thought this might be good for her, Mary poked around for information about it in hopes that something might surface. Out

of nowhere it seemed, a couple approached her and offered to sponsor her on this very retreat. In Mary’s own words, “I don’t have any idea why I agreed to it, but I did! I only said yes because I figured I could back out if I changed my mind.”

On a Thursday night in January, Mary went. Physically she was present, but mentally had checked out at the point of entry. Yet, even Mary knew deep down that just because we check out does not mean that God is not checking in. He was not hindered by Mary’s stubborn heart in the least because He is an expert in the field heart transplants. (To be continued)

Next week is the final week of this three part story. You will read in Mary’s own words what went down during this time. I pray you continue to be blessed by Mary’s story.

Spoiler Alert: “I will give you a new heart. And put a new spirit within you. I will remove your heart of stone and give you a heart of flesh” (Ez. 36:26).

Watch for the miracles. Amen.



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Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol



Q u e s - tion: In my city, there is a double yellow line

on the main roadway and yet some motorists cross both lines to park against oncoming traffic, many at dark with headlights on. Why is this allowed without warning or a ticket?

Answer: A crash can occur anytime a driver chooses to cross over a solid or double solid yellow/white line. Engineers and safety personnel place these lane markers in areas where it’s unsafe to pass.

Law enforcement take this type of violation very seriously, and we will educate the driver with enforcement action. If you are cited for this violation, it will go on your driving record and cost you out of pocket expenses for the fine and the possibility of increased insurance costs.

When a driver crosses into the other lane of traffic, against a double yellow/white line a head-on type of crash could result in injury or death.

What’s the Law?

White lines separate lanes of traffic traveling in the same direction.

- A white line with dashes indicates that drivers can change lanes.

- A line of shorter and thick- er white dashes indicates that

the lane will end.

- A solid white line indicates that lane changes are discour- aged. Solid white lines also mark cross-walks, stop-lines at intersections, parking stalls, and the edges of a roadway.

- Double solid white lines indicate that lane changes are against the law.

- A solid white line with a bicycle insignia along the side of the road indicates an area des- igned for bicycle traffic only. Bicycles must travel in the same direction as adjacent traffic.

Yellow lines separate traffic moving in opposite directions.

- A solid yellow line indi- cates that passing is prohibited. Passing in a no-passing zone is illegal.

- A line composed of yellow dashes indicates that passing is allowed.

- A solid yellow line may ap- pear on one-side of the roadway, while a line composed of dashes appears on the other. Drivers must obey the marking that is present in their lane of traffic.

- Two solid yellow lines, one in each lane of traffic, indicate that passing is prohibited in both directions. Drivers travel- ing in both directions are pro- hibited from crossing the double solid center line in order to pass other vehicles.

Please obey the speed lim- its and passing zones. If the

roadway is covered with snow, slow down and look for the no passing signs, and do your best to determine where the lanes are marked.

A portion of state statutes were used with permission from the Office of the Revisor of Stat- utes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Pat- rol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

1x3

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Public Reading Series for Northwoods Writers Conference Begins June 17

An award-winning lineup of authors from around the nation will read from their work at evening presentations during Bemidji State University’s annual Minnesota Northwoods Writers Conference (MNBC), beginning June 17.

Poet Ada Limón will open the series, which also features poet Camille Dungy, poet and Distinguished Visiting Writer Terrance Hayes, fiction writer Peter Orner, creative non-fiction writer Dustin Parsons and poet Aimee Nezhukumatahil.

June 17 — Ada Limón— Poetry

June 18 — Aimee Nezhukumatathil— Hybrid Poetry & Prose

June 19 — Distinguished Visiting Writer Terrance Hayes— Poetry

June 20 — Peter Orner— Fiction

June 21— Dustin Parsons— Creative Nonfiction

June 22 — Camille Dungy— Poetry

Selected for their success as writers and authors as well as their teaching ability, each au- thor will also participate in the conference as teaching faculty. The conference’s faculty has included National Education Association fellows, winners of significant honors such as the National Book Award and a future U.S. Poet Laureate.

The Northwoods Writers Conference is funded in part by grants from the Minnesota State Arts Board, the Region 2 Arts Council and the Arts and Cultural Heritage Fund.

All public readings begin at 7:30 p.m. in the Gathering Room of Bemidji State’s Ameri- can Indian Resource Center. Readings, which include a post-event reception and book signing, are free and open to the public.

About the Minnesota North- woods Writers Conference

The Minnesota Northwoods Writers Conference brings

writers together on the shores of beautiful Lake Bemidji with talented and renowned faculty from across the country. Par- ticipants spend their days dur- ing the week-long conference in workshops with faculty and fel- low students for feedback and encouragement. Other confer- ence activities include various literary events, opportunities to explore the Bemidji community and evening reading events.

Distinguished Visiting Writ- er Terrance Hayes

This year’s Distinguished Visiting Writer is Terrance Hayes,a poet who reflects on race, gender and family in his writing. He studied painting and English at Coker College in Hartsville, South Carolina and received his master of fine arts from the University of Pittsburgh in 1997.

Hayes was a guest editor for the 2014 edition of The Best American Poetry, an an- nual anthology of distinguished contemporary American poetry; his poems have appeared in ten volumes of the series. Addition- ally, from 2017-2018, Hayes served as a poetry editor for the New York Times Magazine, a supplement included with the The New York Times' Sunday publication.

Throughout his career, Hayes has received the 2014 MacArthur Foundation Genius Award, two Pushcart selections, eight Best American Poetry selections, a National Endow- ment for the Arts Fellowship and a Guggenheim Foundation fellowship.

His first book, “Muscular Music,” won a Whiting Writ- ers Award and the Kate Tufts Discovery Award. His second book, “Hip Logic” was a Na- tional Poetry Series selection and a finalist for both the Los Angeles Time Book Award and the James Laughlin Award from the Academy of American Poets. His “Wind In a Box,” a Hurston-Wright Legacy Award

finalist, was named one of the best books of 2006 by Publish- ers Weekly.

His most recent manuscripts are “American Sonnets for My Past And Future Assassin” and “To Float In The Space Between: Drawings and Essays in Conversation with Etheridge Knight.”

Hayes currently resides in New York City where he is an artist-in-residence at New York University. In discussing his own work, Hayes emphasizes his unique and ever-changing style.

“There are recurring explo- rations of identity and culture in my work and rather than deny my thematic obsessions, I work to change the forms in which I voice them,” he said. “I aspire to a poetic style that resists style. In my newest work, I continue to be guided by my interests in people: in the ways community enriches the nuances of individuality; the ways individuality enriches the nuances of community.”

Guest faculty Camille Dungy

Dungy, professor of English at Colorado State University in Fort Collins, is the award- winning author of four poetry collections, most recently, “Trop- hic Cascade,” and the essay collection “Guidebook to Rela- tive Strangers.” She is also the editor of several anthologies, including “Black Nature: Four Centuries of African American Nature Poetry.”

Guest faculty Ada Limón

Limón, English faculty at Queens University of Charlotte, North Carolina, is the author of five books of poetry, including “Bright Dead Things,” a final- ist for the 2015 National Book Award in Poetry, and “The Car- rying,” that was named one of the top five poetry books of the year by the Washington Post.

Guest faculty Aimee Nezhukumatathil

Professor of English and creative writing at the University of Mississippi in Oxford, Nezhukumatahil is the award- winning author of four poetry collections including “Lucky Fish” and “Oceanic” and the winner of the Hoffer Grand Prize for Prose and Independ- ent Books. She is also the poetry editor of OrionMagazine, a nonprofit magazine focused on nature, culture and place addressing environmental and societal issues.

Guest faculty Peter Orner

Orner, professor of English and creative writing at Dart- mouth College in Hanover, New Hampshire, is the author of two novels, “The Second Com- ing of Mavala Shikongo” and “Love and Shame and Love,” as well as two story collections, “Esther Stories” and “Last Car Over the Sagamore Bridge,” all published by Little, Brown and Company.

Guest faculty Dustin Par- sons

Professor of English at the University of Mississippi in Oxford, Parsons is the award- winning author of “Exploded View: Essays on Fatherhood, with Diagrams.” He has previ- ously served as the non-fiction editor of The Mid-American Review, an international liter- ary journal. Parsons has been awarded the 2013 American Literary Review Prize in fiction and the 2014 fiction prize from The Laurel Review.

4000 John Deere

By Auctioneer Eric W. Mickelson

Most of my tractor driving hours ,when I was a teenager, were on a 4010 John Deere. About 15 years later dad bought another 4010. So guess what, I drove some more 4010!!! A few years after I started farming a little on my own, I bought a 4020 with a cab and loader. I thought I had a “real” tractor then, and I guess I did. I few years ago I bought a second 4020 so I guess now I have two “real” tractors!! Like I have said before I was born about 40 years too late!!!

We did a little camping at Lake Sarah last weekend and after camping on Sunday we made the trek a little farther down the road to Bergerson’s Nursery. On the way home we came through Winger where on the tractor lot there was a 4000 John Deere!. Now when I was young, around that 10 year-old crying for tractor age, mom and dad and I would go to a lot of tractor pulls. They were very popular at county fairs in the 70’s. About the only skid around was sponsored by the Ponsford Jaycees. I one of the tractors that was there was a 4000 John Deere owned by Wes Hall, from Ponsford. I loved watching that John Deere pull and of course cheered whenever he came up to pull. The trouble was the confusion for me, what the heck is a 4000 John Deere? I was not familiar with that!

Well it turns out the 4000 was a light weight 4020. The 4000 used the 4020 engine but weighed about 1000lbs. less. It had fewer features and smaller



The 4000 John Deere!

axles than a 4020. They were manufactured in Waterloo, IA. Most were diesels with a synchro- range transmission, although some were made with a power shift transmission. Fewer gas models were made only nine with a gas engine and power shift transmission! I haven’t seen many 4000’s but I think it would be a fun tractor to own!

Now back when Wes Hall was pulling that modified 4000 he often pulled against another puller from that era, Gary Fifer, from Vergas, MN. Now Fifer had a souped up 560 Farmall. Many times they battled for top in their class. But you know who I was rooting for.....GO GREEN!!

How about a little tractor trivia!

1. The 4000 John Deere was manufactured from 19__-19__.

A) 1965-1968 B) 1966-1969

C) 1968-1971 D) 1969-1972

2. The 4000 was tested at 82 drawbar hp and ____ PTO hp. A) 96hp B) 97hp C) 98hp D) 99hp

3. The 4000, 4010, and 4020 all have a ____ cylinder engine. A) 2 B) 4 C) 6 D) 8

4. In 1963 a 4010 would cost you about \$5500 dollars. By 1972 a 4020 would set you back about ____.

A) \$7000 B) \$8000 C) \$9000 D) \$10,000

5. In 1969, when it was released the 4000 tractor sold for about ____ less than the 4020.

A) \$500 B) \$750 C) \$1000 D) \$1500

Answers: 1. D. 69-72 2. A. 96hp 3. C. 6 cyl. engine 4. D. \$10,000 5. C. \$1000



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Word Search Answers

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P	B	P	N	T	P	F	L	P	C	K	O	D	Z	K	O	H	O	S	A
A	N	U	P	E	R	N	S	G	N	I	T	T	U	C	K	C	D	K	R
K	P	U	D	L	Z	L	R	E	F	F	C	H	C	O	C	E	F	S	O
D	G	S	A	L	Z	K	N	P	G	P	G	F	P	T	E	U	M	T	L
R	T	L	K	R	G	R	D	E	O	A	E	R	T	S	T	P	B	S	F
B	S	O	I	L	C	Q	C	Z	F	A	D	R	T	P	T	E	U	G	E
S	U	R	O	H	P	S	O	H	P	H	N	T	U	O	M	S	G	P	D
T	B	T	N	P	D	E	M	I	E	N	U	I	C	T	R	I	G	I	H
G	G	S	T	E	M	Z	G	U	D	O	B	L	T	R	E	S	A	T	E
F	N	A	F	K	C	Z	K	N	F	A	I	R	I	E	R	S	A	T	N
U	F	I	M	A	M	T	I	F	A	I	R	I	E	R	S	A	T	N	E
H	C	A	T	Z	R	T	Z	L	C	A	O	E	U	A	A	I	A	A	B
C	D	S	N	A	R	P	K	P	P	G	A	L	R	T	B	T	R	L	E
L	I	R	O	O	B	A	N	A	T	R	E	F	O	A	L	O	H	P	S
M	I	E	O	I	O	G	P	T	T	R	I	A	N	M	T	O	N	D	S
A	N	Z	N	I	O	I	O	O	I	I	T	H	I	K	H	R	A	O	K
A	R	E	T	H	Z	T	E	C	R	O	G	N	M	S	A	P	R	O	T
K	F	D	E	N	O	Z	C	D	Z	P	F	U	N	G	A	L	T	A	C

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OBITUARIES



Djernes was born in Oslo, MN on June 29, 1927 to Willie and Rose (Halvorson) Johnson. She lived in Grand Forks, ND, briefly in Silver Hill, AL and moved to Clearbrook with her family in 1941. Leona was united in marriage to John Djernes in Clearbrook on October 3, 1942. They lived and farmed in Holst Township near Clearbrook. Leona was a wonderful homemaker for her family, making delicious meals, including fried chicken, bread, oatmeal cookies, donuts, and lefse. She was a member of Good Shepherd Lutheran Church in Clearbrook. She worked at Greensview Nursing Home in Bagley from 1968-1987 as a nurse's aide. John passed away on September 4, 2009. Leona resided at the Good Samaritan Center in Clearbrook from October 2009 to October 2017. She was a resident of Cornerstone from October 2017 until the time of her death.

She is survived by her children, Linda (Gene) Arnold of Duluth, Gayle (Allen) Bjelland of Bemidji, Richard (Connie) Djernes of Clearbrook, Larry (Karen) Djernes of Clearbrook, Kathy (Gordy) Hagen of Clearbrook, and Ken (Mona) Djernes of Clearbrook; 15 grandchildren; and 19 great grandchildren.

Services held for Leona Djernes

Leona Djernes, 91, of Clearbrook, MN, died on Tuesday, June 4, 2019 at Cornerstone Nursing and Rehab in Bagley, MN. Funeral services were held on Monday, June 10, 2019 at 11:00 a.m. at the Cease Funeral Home Chapel in Bagley, MN with a visitation one hour prior. Reverend Robert Kirchman officiating. Interment at Augustana Lutheran Cemetery in Clearbrook, MN. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Leona Delores (Johnson)



Services held for Derry DeFrang

Derry DeFrang, age 84, of McIntosh, MN, passed away on Saturday, June 1st, at McIntosh Senior Living. Funeral services were held at 11:00 a.m. on Saturday, June 8th, at the Carlin Funeral Home in Fosston with the Rev. Gordon Syverson officiating. Interment will be in Our Savior's Lutheran Cemetery at a later date. Visitation was held for one hour prior to the service on Saturday at the funeral home. Arrangements with Carlin Family Funeral Service, serving McIntosh. Messages of condolence may be sent at www.carlinfuneral.com.

Derry John DeFrang was born on June 2, 1934 in McIntosh, Minnesota to parents John and Lillian (Halvorson) DeFrang. He attended rural school and then worked as a carpenter for Kalmer Bjella and then Roy Bjornerud for over 20 years.

Derry was united in marriage to Shirley Ferden on November 18, 1956 in Milwaukee, Wisconsin. After their marriage, they came back home to the DeFrang homestead so they could help his mother, Lillian, with DeFrang Rest Home. Also, at that time, Derry worked at the Creamery in McIntosh. He worked there for 20 years, spending the last eight years as Manager. In addition, the DeFrang family raised livestock (cattle and hogs). Shirley passed away on December 5, 2018.

After Shirley passed away, Derry continued to live at home in McIntosh with the help and care of his son, Steve. He spent all but the last day of his life in his home.

Derry loved horses throughout his life and had teams of horses. He took pride in his animals and always cared for them well. Derry enjoyed giving rides to children and families pulled by his teams of horses during special occasions in town.

Survivors include his children, Dan (wife, Darcie) of Duluth, MN, Steve of McIntosh, and daughter, Suzann (wife, Stacy) of Fargo, ND; six grandchildren, Hilary, Kayla, Bobbie, Derek, Joshua, and Spencer; six great grandchildren; and one sister, Patsy Gravel (husband, DC) of Austin, TX. Nieces, nephews and cousins also survive.

He was preceded in death by his parents; his wife, Shirley; son, Johnnie; and sisters, Winnifred Klemmetson and Wenonah Frisk.

Keeping a Healthy Smile

Written by Karin Haugrud

A healthy smile is a bonus at any age. Too often older people—especially those who wear dentures—feel they no longer need dental checkups. If you haven't learned the basics of oral health care, it is never too late to start. And even if you have, it's a good time to review. Good dental health is important for everyone. Dental problems are a leading cause of discomfort, and impaired quality of life. Oral health is a barometer for general health problems in the elderly. A healthy mouth plays an important role in how you speak, chew your food, and your overall body health. If your teeth are decaying and falling out most likely you will not be able to eat properly, speak clearly and may be embarrassed to socialize with others. For these reasons, it is important to perform daily dental care.

An important part of good oral health is knowing how to brush and floss correctly. Thorough brushing each day removes plaque. Gently brush the teeth on all sides with a soft-bristle brush, using fluoride toothpaste. Circular and short back and forth strokes work best. In addition to brushing, using dental floss is necessary to keep the gums healthy. Proper flossing is important because it removes plaque and leftover food that a toothbrush cannot reach.

If you wear dentures, keep them clean and free from food that can may cause stains, bad breath, and gum irritation. Once a day, brush all surfaces of the dentures with a denture-care product. Remove your dentures from your mouth and place them in water or a denture-cleansing liquid while you sleep. Each morning before dentures are placed in

the patient's mouth, it is important that gums, tongue and roof of mouth be brushed with toothpaste to remove plaque, stimulate gums and freshen breath. Partial dentures should be cared for in the same way as full dentures.

It is important even for a full denture wearer to visit the dentist on a regular basis to get an evaluation of the palate, tongue and surrounding tissue for any problems. Sore spots should not be ignored. See the dentist if you think adjustments are needed.

While people commonly associate cavities with children, tooth decay can occur at any age. Bacteria stick to the teeth and form a sticky, colorless film called plaque. In children, cavities affect the crown of the tooth. In older adults, decay occurs more often at the root surface. Root cavities tend to grow quickly in older adults with receding gum lines, a condition that occurs with advancing age. Regular brushing and flossing can protect against tooth decay.

For denture-wearers, the buildup of plaque can irritate the tissues under the dentures. It is important to clean your dentures thoroughly every day. Also see a dentist at least once a year to be sure dentures fit properly and that gum tissues are disease free.

Good oral hygiene and regular dental care are important throughout your life, whatever your age.

This article is made possible with Older Americans Act dollars from Dancing Sky Area Agency on Aging. The Senior LinkAge Line® makes it easy for older adults and their families to find services in their community. Call 1-800-333-2433 to speak with an information specialist.

Essentia Health-Fosston works to talk about mental health

Did you know that mental illness is as common as dark brown eyes, more common than lefties, as common as silver cars and more common than diabetes? Yet, we still struggle with talking about it compared to a physical illness. Mental illnesses are treatable health conditions.

Throughout the year, Essentia Health-Fosston works to encourage discussions about mental health among both patients and staff. For example, during suicide prevention awareness week, Essentia Health-Fosston had a booth in their lobby to make the community aware that it is okay to have a mental illness. Patients were encouraged to review literature and programs available pertaining to mental illness. Many patients wrote what mental health means to them and placed a bookmark on a nearby wishing tree.

Another example is Essentia Health's participation in the Make It OK campaign. The goal of this campaign is to encourage individuals to talk openly about mental illnesses and help de-stigmatize mental illness, so people will be more willing to seek out the care they need. Anyone can take the pledge to

make it OK. Visit makeitok.org to learn more.

Essentia Health-Fosston has also worked to partner with police officers in the community to present information on mental illness. Licensed Social Worker, Carrie Danielson, has presented to police officers on how to transform our nation's traditional approach and treatment of mental illness through education, training and collaboration. Police officers have become the front-line respondents to people with severe mental illness. Danielson says, "People with mental illness are falling through the cracks of this country's social safety net and landing in the criminal justice system at an alarming rate." Each year, ten million people are booked into U.S. jails. Studies indicate that rates of serious mental illness among these individuals are at least 30 to 40 times higher than the rates of serious mental illness in the general population.

It takes all of us to stop the stigma and start talking about mental illness. Essentia Health encourages anyone dealing with mental illness or substance abuse to visit with a provider to learn about treatment options or available help.

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The benefits to taking a cruise

Vacations come in many forms. Some people want nothing more out of their vacations than to get some rest and relaxation on a beach while others prefer the adventure of traveling to faraway lands and seeing some sights. Would-be vacationers who aren't sure where they fall on that spectrum might be surprised to learn there's one type of vacation that provides both R&R and adventure.

Cruise ships are loaded with luxury amenities that passengers might expect to find in high-end resorts. And because cruise ships typically dock in various ports during their time at sea, travelers who want to experience new and unique cultures can get their fill of adventure.

Some people may only know cruise ships from the stories they hear of ships stranded at sea. For example, in early spring of 2019, a Viking Sky ship suffered an engine failure, temporarily stranding the ship and its roughly 1,300 passengers off the coast of Norway. As scary as that situation may have seemed, it's important to recognize that the ship was ultimately towed to safety, and all passengers and crew were okay. In fact, a 2017 study from the cruise and tourism consultancy group G.P. Wild notes that while worldwide cruise ship capacity grew by more than 41.5 percent between 2009 and 2016, the number of significant operational incidents in that

same period declined to just 19.4 incidents per year.

Safety is just one of the many reasons why would-be vacationers may want to take to the high seas on their next getaway.

· **Convenience:** People who want to jetset around the world don't need a jet to do so. In fact, a cruise ship is a much more convenient way to visit multiple locales on a single trip. Cruise passengers won't have to worry about checking in and out of multiple hotels, which also saves them the hassle of unpacking and repacking their bags several times during their trips.

· **Family-friendly:** Many cruise lines offer cruise vacation packages that cater to families. Packages vary by cruise line, but such offerings tend to have kid-specific activities planned throughout the trip, affording parents a chance to get some alone time together. Many cruise lines even boast late-night kids' activities, giving parents a chance to enjoy romantic dinners together.

· **Variety:** Like resorts, cruise ships come in various shapes and sizes. Some travelers may want the feel of being on a floating city, while others may want something more intimate. Many cruise lines offer both experiences and everything in between.

Cruise vacations make the ideal getaways for those who want to combine R&R with the thrill of visiting exotic locales.

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