



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Bud and Marlys Larsen with their display of Hardanger Fiddles.

Sons of Norway Granlund Lodge Announces Special Guests for March 14 Meeting

Bud and Marlys Larsen, of Brainerd, MN, will present Bud's handcrafted Hardanger fiddles. The Hardanger fiddle is often called the national instrument of Norway and gets its name from the Hardanger region of Norway where it originated in the 17th century. It is similar to a violin but there are many differences. The Hardanger fiddle is longer and is highly decorated with mother of pearl and ivory inlays and some have drawn decorations on the surface. In Norwegian it is called "ros tegning". In addition, what really sets apart the Hardanger fiddle is the sound created by four understrings. Larsen says, "The sound is more layered. With regular violins you will hear two strings at once, just once in a while but with Hardanger fiddles it is all the time. There are very few parts of the music that are played just on one string."



Bud and Marlys Larsen in traditional Norwegian Bunads.

Robert "Bud" Larsen is an American craftsman and maker of Hardanger fiddles. Larsen's father, Herman Larsen, played violin and Hardanger fiddle and emigrated from Førde, Sunnfjord, Norway. Bud lived for many years on the farm by Mandan, ND, and then in Fargo, North Dakota. While a student at MSUM in Moorhead, Bud worked in Gunnar Heland's shop in Fargo, restoring and repairing violins. Gunnar was one of Herman's friends and was an instrument maker, revered among groups like the "Hardanger Fiddle Association of America". Bud learned many skills from Gunnar as they built guitars, mandolins and other instruments.

Bud and Marlys spent 20 years on the mission field with Wycliffe Bible Translators in Papua, New Guinea, where they worked with the Orokaiva

people to translate the New Testament into their language. Currently Bud and Marlys live in a log cabin with a grass roof by Brainerd, MN. In his basement workshop, Bud builds and restores Hardanger fiddles and other instruments for customers nationwide. They have performed in dozens of music fests including the Norsk Hostfest in Minot, Scandinavian Hjemkomst Festival in Moorhead, and several Sons of Norway lodges.

Sons of Norway...
continued on page 2



The Hardanger fiddle, named after Hardanger region of Norway.

Existing on small ads is not new

By Peter W. Wagner - Creative House Print Media Consultants

Smaller ads sold mostly to locally-owned businesses are a part of a community paper's DNA. There weren't any supermarkets, department stores or automobile dealerships when the majority of midwestern newspapers at the turn of the last century. I have a framed copy of the January 1, 1873 Sheldon Mail hanging on the wall of my office. What is most surprising is the largest display ad in the now 145-year-old publication is a one column by 3.5 inches. More importantly, all the ads in that first edition wouldn't fill a half of a broadsheet page today. When my wife and I put out our first publication, The Golden Shopper, our largest ad was a half-page on the front page. Most of the remaining pages were filled with 2 x 3, 2 x 5 and occasional quarter page ads.

The nationally controlled firms all felt they had to advertise in the much older, more established newspaper. We were thankful for those locally purchased small ads, however, and somehow we survived. In the boom times before corporate inserts, we regularly printed four process color broadside pages for our local Hy-Vee grocery store. That too, disappeared, and we still survived. We were thankful for them when we had them, however, and we survived. The truth is our publishing industry is changing in ways that is making it difficult to sustain and be profitable in both the paid circulation and free distribution publishing business. The same is true of most other forms of local business. But, as long as papers have a commitment to providing solid local news and information to our community, newspapers and shoppers alike will find new opportunities to sell print advertising to an appreciative local market. Communities now are a local supplier of professionally written and edited information.

Study after study has concluded communities need a printed publication to flourish. Without a competent local paper, communities suffer the eventual loss of everything from main street retail synergy to in-town grade and high schools to much needed sales and property tax revenues. A study by the North Carolina School of Media and Journalism found that more than 1,300 communities have completely lost their sources of local news. The local printed paper must continue to exist and it can through persistence, creativity and a commitment of the local ownership. The secret of such success is "Telling your story!" For newspapers that means both

sharing all the important local news of the community from the city chambers to the little league as well as the advertising and marketing services the publication offers. No business has ever succeeded in "saving itself out of financial difficulty." Most successful business leaders turn a difficult corner by increasing the material and service delivered.

I was in Hawaii recently and saw an interesting large red poster in many windows on one island. It read: Here is what you did by buying from us ...1. You contributed your dollars to local economy.2. You celebrated the unique buying opportunities of our community.3. You helped create local employment.4. You encouraged the building of a community.5. You kept important tax dollars at home.6. You benefited from our expertise.7. You invested in local enterprise.8. You made this community and all it offers a destination. Everything promoted on that poster could also be said, with a bit of a twist in the wording, of the local paper.

Our biggest failing as a publishing industry is we don't tell our story strongly or often enough. If we don't blow our own horn, who will? Michael Bugeja, author of Interpersonal Divide in the Age of the Machine recently wrote: "Don't overlook newspapers. They are the lifeblood of the community. Subscribe to your hometown paper. Go farther and buy gift subscriptions for your relatives and friends. Discuss the news face to face at the dinner table instead of on Facebook. If you have children, let them see you pouring over the pages of the paper, pointing out stories about school, hobbies, and upcoming events you might attend. If you want to get rid of fake news support your local newspaper. It takes a village to save a local newspaper. But saving a village is worth the price of a subscription."

Reichert Saddlery & Farm Supply Animal Nutrition Days

Stop by Reichert Saddlery & Farm Supply between 10:00 a.m. and 5:00 p.m. Wednesday, March 13th through Saturday, March 16th for their Animal Nutrition Days.

Reichert's has a huge selection of feed, saddles, clothing, shoes, boots and hats. Check out their Facebook page, or follow them on Instagram. You can also visit their website at www.reichertsaddlery.com.

See insert for details on sale merchandise!

Seven Clans Casino – Thief River Falls Begins Renovation of Water Park

Edited by Michael Meuers

THIEF RIVER FALLS, MN – On February 4, 2019 Red Lake Gaming Enterprises (Seven Clans Casino-Thief River Falls) initiated a \$1.8 million-dollar renovation project at the Thief River Water Park. The project, now underway, was in planning stages throughout 2018.

The Thief River management is making several positive changes to the property. The goal is to continue to enhance and improve the property, amenities, and service. Renovations having recently been completed to the Hotel, Seven Clans now is moving forward with the Water Park renovation. The site's restaurant was renovated in 2017 and the Hotel in 2018. The Water Park is the next and last piece of a complete renovation of the property.

The Water Park contractor is Fischer Brother's LLC, based in Chippewa Falls, WI. Bids were submitted from various vendors around the state and nationwide. The casino's General Manager, Nicole Gebeck

stated, "we are excited about the near completion of the project, it will provide more interaction and more family friendliness."

The renovation will include a Toddler friendly area with splash pad, a handicap access-lift into the pool, coin operated lockers within the park, and new lighting throughout the building. A rock-climbing wall, able to handle three climbers at a time, will be another new feature.

"The renovation will include two of the more frequent waterpark customer suggestions," said Gebeck, "a toddler friendly area and lockers with coin operated locks."

The Thief River Falls Casino/Hotel/Complex features 152

hotel rooms, 600 gaming machines, four blackjack tables, three dining establishments, several meeting rooms, and a 40,000 sq. foot indoor waterpark and arcade.

The Arcade remains open during renovations. Hours of operation are Monday thru Thursday 12:00 PM to 8PM and Friday thru Sunday 9AM – 10PM.

The Water Park renovation is expected to be completed Mid-April 2019. Information regarding the renovation including updates and photographs of the work in progress can be found on the casino's Facebook page and website www.sevenclanscasino.com.



Bud and Marlys Larsen outside their home by Brainerd, MN, that has a sod roof.



Senator Klobuchar met in her office today with student activists who are working to register their peers to vote.

Klobuchar Introduces Legislation to Make Voting Easier for All Americans

The Register America to Vote Act would require every state to register eligible citizens to vote when they turn 18

The Same Day Registration Act would require states to allow people to register to vote on the same day as the election

The Students Voicing Opinions in Today's Elections (VOTE) Act would create a pilot program to educate high school seniors about registering to vote

WASHINGTON – U.S. Senator Amy Klobuchar (D-MN), the Ranking Member of the Senate Rules Committee with oversight jurisdiction over federal elections, introduced three bills to make voting easier for all Americans. Sixteen states and the District of Columbia have authorized automatic voter registration and Minnesota is among the 32 states where automatic voter registration legislation has been introduced. In 2018, Minnesotans turned out to vote at the highest rate of any state in the country with 64.25 percent of registered voters casting a ballot.

"Voting is how Americans hold their elected leaders accountable—free and fair elections are central to our democracy," Klobuchar said. **"My bills will ensure that all eligible voters are able to make their voices heard at the ballot box by automatically registering eligible voters, encouraging young people to get involved in our elections, and making it simpler to vote on election day. When our laws make it easier to vote, more people participate in our elections and it makes our country stronger."**

The Register America to Vote Act would ensure that every state implements a secure process to automatically register eligible citizens to vote on their eighteenth birthday. The bill also directs states to allow voters who have been automatically registered, or who were previously registered to vote, to update their address through the day of the election. The bill authorizes a \$325 million grant program for states to implement their automatic voter registration programs and to improve their election security. According to the Center for American Progress, automatically registering voters in every state would result in 22 million newly registered voters in just the first year of implementation.

"The health of our democracy relies on the participation of the governed. Automatic voter registration is a great way to ensure that all eligible Americans have a voice in that democracy. Even in Minnesota, the perennial national leader in voter participation, as many as one out of every eight eligible Minnesotans is not registered to vote. Senator Klobuchar's proposal to require automatic voter registration is an investment in democracy that will lift up the voices of all people. I am proud to support automatic voter registration here in Minnesota and in every corner of America," said **Minnesota Secretary of State Steve Simon.**

"Our democracy is strongest when voter participation is at its highest. Research shows that voting is a habit, and voting in the first election one is eligible for is critical to establishing that habit. Automatically registering eligible citizens to vote when they turn 18 will help ensure that young Americans cast a vote in the first election they are eligible for and become habitual, lifelong voters. We are happy to support the Register America to Vote Act," said **Scott Warren, CEO of Generation Citizen.**

"Before this bill, young people's path to the ballot box was like driving through Manhattan at rush hour: long, stressful, and full of reasons to give up. Now young people will auto-

matically be able to participate in our democracy at age 18. It's time for our congress to listen to the next generation, and there is no better way to empower youth as change makers for our democracy than clearing their way to the ballot box,"

said Jay Falk, a youth voter advocate. *The Students Voicing Opinions in Today's Elections (VOTE) Act* would create a pilot program to educate high school seniors about registering to vote and help get them registered.

"As certain states and localities try to create barriers to prevent young Americans from having their voices heard and votes counted, we must ensure that all Americans can have a say in the future of our democracy. Ensuring that high school seniors have voter registration information is an important

step to counter voter suppression tactics that some states create, and we commend Senator Klobuchar for introducing this common-sense bill,"

said Aaron Scherb, Director of Legislative Affairs at Common Cause. "Generation Citizen works to ensure that young people are prepared to work as active and effective citizens to strengthen our democracy. This requires all young people to be ready to vote in their first election and become habitual, lifelong voters. The pilot program established by the VOTE Act is a smart move to make this a reality,"

added Warren. Also today, Klobuchar introduced the *Same Day Registration Act* to require states to

...Klobuchar continued on pg 7

St. Patrick's Day Sale

Friday, March 15th

Come visit the store wearing green and receive a free fat quarter. All regular priced fabric with green in it will be 17% off.

Oklee Quilting Supply, Inc.
205 Main Street Oklee, MN 56742

218-796-5151
800-777-7403

O50-51C

King Town Farmers Mutual Insurance Company

Annual Meeting Notice

Wednesday, March 13, 2019 at 10:00 a.m.
Community Center – McIntosh, MN

The purpose of the meeting is:

1. Present the annual report
2. Elect members to the Board of Directors
3. Transact other business that may come before the meeting

A short program on fire prevention will be presented. There will be drawings for cash and prizes.

LUNCH WILL BE SERVED FOLLOWING THE MEETING!

Caillie Boucher
Secretary/Treasurer

R49-50C



LIKE NOWHERE ELSE

Prairie Pines Community has staff onsite 24 hours a day to take care of you and provide assistance with medications, bathing, meals, and housekeeping in the comfort of your own apartment. Because here, we take care of each other.

Prairie Pines is an assisted living facility near Essentia Health Fosston Clinic.
Call 218-435-7663 for more information.



O50-51C

We are heating things up with these rates!

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1.60%

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balances \$1000-\$499,999

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Annual Percentage Yield
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R50C Winger • Fosston • Plummer • Bemidji • East Grand Forks

Fully electronic account managed online. Transfer money to and from your account at any time. Account holders must have a checking account (at any financial institution chartered in the US) to transfer to and from this account. Rate may change after account is opened. \$1000 minimum balance. Fees may reduce earnings. Rate is accurate as of 3/1/19.

Member FDIC

COME CELEBRATE A CLASSIC

Join us for a good old time in honor of **DENNIS BOUCHER'S 70TH BIRTHDAY!**

Saturday, March 9, 2019
11:00-1:00pm
McIntosh Community Center

R49-50C



From left to right: Laurissa Stigen from the University of Minnesota School of Nursing, UMN Crookston senior Brent Reed, and UMN Crookston Chancellor Mary Holz-Clause.

UMN Crookston Senior Accepted to Master of Nursing

CROOKSTON, Minn. – UMN Crookston Senior Brent Reed has accepted into the highly competitive Master of Nursing (MN) program at the University of Minnesota School of Nursing. Reed will join a cohort of 64 students on the Twin Cities campus this fall for the intensive sixteen month graduate-level program for students with undergraduate degrees in a non-nursing field. Upon completion, Brent will be prepared to take the national licensure exam and become a registered nurse. He was awarded \$12,000 in scholarship funding thanks to generous friends and alumni of the School of Nursing.

About UMN Crookston One of five campuses that comprise the University of Minnesota System, the University of Minnesota Crookston now

delivers 35 bachelor's degree programs and 25 minors on campus as well as 16 degree programs entirely online. These degrees are offered in the areas of agriculture and natural resources; business; liberal arts and education; and math, science and technology. With an enrollment of 1,800 undergraduates from more than 20 countries and 40 states, the Crookston campus offers a supportive, close-knit atmosphere that leads to a prestigious University of Minnesota degree. Visit www.umcrookston.edu.

College News

Students honored for academic success fall semester

MINNEAPOLIS / ST. PAUL, - The following students have been named to the 2018 fall semester Dean's List at the University of Minnesota Twin Cities, the university announced today.

To qualify for the Dean's List, a student must complete 12 or more letter-graded credits while attaining a 3.66 grade point average.

Red Lake Falls, Brandon C Kolstoe, Junior, College of Sci and Engineering

Red Lake, Christopher J Smith, Senior, College of Liberal Arts

Polk County Sheriff

Assault still under investigation

2-26-19 The Polk County Sheriff's Office continues to investigate a reported assault that occurred on County Rd 9 in Polk County. The Victim was assaulted while attempting to assist two individuals in a SUV in the middle of County Road 9 approx. 1 to 1 ½ West of Hwy 75 in the Crookston area. One of the individuals assaulted the Victim, took a gun from the victims vehicle and money from the victims person. The Victim was able to get away. The two individuals took off in what is describes as a Silver or Tan SUV, which appeared to be a Jeep Grand Cherokee with Minnesota plates. The Polk County Sheriff's Office is looking to speak with anyone who was in the area of the county road 9 and Hwy 75 intersection between 1215-1300 hrs on 2-23-19.

If anyone was in the area at the stated time please contact Investigations at 218-281-0431.

Social Security Scam

The Polk County Sheriff's Office would like to alert the public to a Social Security Scam that we were notified of. Residents have been getting calls from an individual saying that they are from the Social Security Administration. The individual is saying that they are going to take legal action against your Social Security number and suspend it due to suspicious activity. If you get a message like this do not call the number back. If you have any questions about this please call your local Law Enforcement Agency or your local Social Security Office.

...Sons of Norway continued from front

In addition to the upcoming Sons of Norway program, where they will display and perform their instruments, there is a bonus! Bud says, "If anyone has a violin to bring or show, or fix up, bring them along! I can give them an idea of what needs repair, evaluate it, and give them an estimate to fix it. They can bring any stringed instrument for an evaluation."

The Sons of Norway meeting begins at 6:30 at the Embassy Center in Fosston on Thursday, March 14. The public is invited to see the display and hear Bud and Marlys Larsen and their Hardanger fiddles at 7:30.

Tired of wasting money on late fees?

DON'T MISS ANOTHER DUE DATE!
Pay all your bills online through your personal checking account. It's simple!

CALL 1-218-796-5157 TODAY TO SPEAK WITH ROBYN MORINVILLE.

Robyn Morinville

Phone 218-796-5157

Security STATE BANK

PO Box 69
Oklee, MN 56742

Member FDIC

The Crop Insurance Sales Deadline is March 15.

ASK YOUR RCIS® AGENT TO HELP YOU PUT TOGETHER A CROP INSURANCE PLAN THAT'S RIGHT FOR YOUR OPERATION. CALL TODAY!

We grow stronger every day — together SM

RCIS

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"Your family owned and operated store"
Phone: 218-435-1454

Store Hours
8am-8pm Mon-Sat
9am-5pm Sunday

DOUBLE COUPONS SUNDAY-WEDNESDAY

PALUBICKI'S
FAMILY MARKET AND SPIRITS
FOSSTON • MINNESOTA

SALE DATES: MONDAY AFTERNOON MARCH 4 TO MARCH 10

Come in and get your
FREE Pump Perks Card!
Save On Gas!



Caribou COFFEE

Drive Through Hours:
6AM-7PM MON-SAT • 7AM-5PM SUNDAY

MINT FUDGE, CHOCOLATE, RASPBERRY CREAM
CHEESE OR CARAMEL COOKIE CRUNCH
**CULINARY CIRCLE
GELATO**
3/\$4
16 OZ

ASSORTED
**JACK'S
PIZZA**
4/\$10

SRIRACHA BUFFALO STYLE
BONELESS CHICKEN BITES
**T.G.I.
FRIDAY'S**
3/\$4 10 OZ FROZEN
ESSENTIAL EVERYDAY STEAK FRIES, CRINKLE
CUT FRIES, REGULAR CUT FRIES, SEASONED
REGULAR FRIES OR ROUNDS
POTATOES
5/\$10
28-32 OZ FROZEN

**CRYSTAL
SUGAR**
\$4.99
10 LB - LIMIT 2 PLEASE
ADDITIONAL FOR \$5.39

ESSENTIAL EVERYDAY HALVES & PIECES
WALNUTS..... 16 OZ **\$3.99**

ESSENTIAL EVERYDAY
**MACARONI
& CHEESE
DINNER**
10/\$4
7.25 OZ

BAKED BEANS WITH BACON
VAN CAMP'S 15 OZ **5/\$3**

ULTRA CLEAN CARE
COTTONELLE BATH TISSUE
\$2.99 6 PK - DOUBLE ROLLS

COTTONELLE ULTRA COMFORT CARE
BATH TISSUE 6 PK - MEGA ROLL **\$4.99**

ASSORTED
**COCA COLA
PRODUCTS**
\$6.99
24 PK-12 OZ CANS

ASSORTED
POWERADE..... 32 OZ **10/\$10**

LEMONADE OR PINK LEMONADE; KOOL AID
TROPICAL PUNCH, GRAPE, ORANGE OR CHERRY
**COUNTRY
TIME**
\$1.99 19 OZ

PUNCH, APPLE OR GRAPE
**JUICY
JUICE**
\$1.39 8 PK

ESSENTIAL EVERYDAY
FRUIT & VEGGIE, SHARKS OR DINOSAURS
FRUIT SNACKS
\$1.79 8 OZ

CAMPBELL'S
**CREAM OF
MUSHROOM
SOUP**
10/\$10 10.5 OZ

FAMILY PACK 85% LEAN
**GROUND
ANGUS BEEF**
\$2.99 LB

LENTEN SEAFOOD SALE
ALL WEEK LONG! MARCH 4-10
SEE ADDITIONAL FLYER

OSCAR MAYER
LUNCH MEAT
5/\$5
ASST. BOLOGNA OR COTTO SALAMI 12 OZ

CERTIFIED ANGUS BEEF
TOP ROUND ROAST.....LB **\$3.79**
CERTIFIED ANGUS BEEF BONELESS
STEW MEATLB **\$3.99**
CERTIFIED ANGUS BEEF BONELESS
BALL TIP STEAKLB **\$4.29**
CERTIFIED ANGUS BEEF BONELESS
NEW YORK STRIP STEAKLB **\$8.99**

BONELESS, SKINLESS
CHICKEN BREASTS LB **\$1.59**
PILGRIM'S PRIDE WHOLE
ROASTING CHICKEN LB **\$1.19**
FAMILY PACK SPLIT
CHICKEN BREASTS **99¢**
FULLY COOKED GRILLED BONELESS
CHICKEN BREAST FILLETS ..LB **\$3.49**

FAMILY PACK BONELESS CENTER-CUT
PORK LOIN CHOPS.....LB **\$2.29**
PORK
SHOULDER ROASTLB **\$1.69**
MIDWEST PRIDE PORK
SAUSAGE LINKS..... LB **\$2.99**
ARCTIC SHORES WILD CAUGHT
SEA SCALLOPS 16 OZ **\$13.99**

FAMILY PACK HICKORY
SMOKED BACON LB **\$2.99**
ELLIOTT'S SMOKED SAUSAGE OR
POLSKA KIELBASA16 OZ **\$2.79**
ELLIOTT'S BONELESS, QUARTERED
SLICED HAM2.5 LB **\$8.99**
ASST. FLAVORS - BREADED COCONUT, ISLAND LIME, SCAMPI, ETC...
MARGARITAVILLE SHRIMP ..8-10 OZ **\$4.99**

2%, 1% OR SKIM
**DAIRY FRESH
MILK**
\$2.59 GALLON
WHOLE, 2%, 1% OR SKIM
LAND O' LAKES MILK.. GALLON **\$2.99**

MASTER
**MUFFIN
BREAD**
\$2.99 16 OZ
CONEY OR HAMBURGER
BALL PARK BUNS 8 CT **\$2.49**

PALUBICKI'S
PHARMACY
• OPEN 7 DAYS A WEEK
• FAST PROFESSIONAL
SERVICE & LOW PRICES
• GET MOST PRESCRIPTIONS
IN 15 MINUTES

ESSENTIAL EVERYDAY
**BURRITO
TORTILLAS**
2/\$3 8 CT - 10"
ROASTED BELL PEPPERS
MEZZETTA 10 OZ **99¢**

ESSENTIAL EVERYDAY
WATER
4/\$10
24 PK-1/2 LITER BOTTLES
ESSENTIAL EVERYDAY PURIFIED, DRINKING OR DISTILLED
WATER GALLON **69¢**

LAND O' LAKES WHOLE OR 1%
**CHOCOLATE
MILK**
\$2.99 GALLON
EXTRA CREAMY
REDDI WIP 6.5 OZ **99¢**

KELLOGG'S
CORN POPPS
\$2.79 17.2 OZ
WILD BERRY FROOT LOOPS
KELLOGG'S 10 OZ **\$2.59**

ASSORTED FRITOS (9.25 OZ) OR
CHEETOS
4/\$10 7-8.5 OZ
ASSORTED RUFFLES (7.75-9 OZ) OR
SMARTFOOD..... 5-8.5 OZ **3/\$9**

HEINZ CAROLINA TANGY
**BBQ
SAUCE**
99¢ 18.6 OZ
SHAKE 'N BAKE
SEASONED PANKO3.8 OZ **2/\$3**

ULTRA ORIGINAL
DAWN DISH
\$3.99 28 OZ
ESSENTIAL EVERYDAY
SALT & PEPPER SET 5 OZ **99¢**

LAND O' LAKES REGULAR OR PLUS CALCIUM
**ORANGE
JUICE**
2/\$4 1/2 GALLON
LAND O' LAKES ASSORTED
COTTAGE CHEESE 24 OZ **\$2.39**

FROOT LOOPS (26 OZ); FROSTED FLAKES (33
OZ) OR FROSTED MINI WHEATS (36 OZ)
KELLOGG'S
GIANT SIZE CEREAL
\$4.99
POST NUTTER BUTTER
CEREAL..... 11 OZ **\$2.59**

RIP-I POTATO CHIPS, DILL PICKLE POTATO
CHIPS, ORIGINAL RIPPLES POTATO CHIPS,
CSC RIPPLES POTATO CHIPS (14.5-15 OZ);
RESTAURANTE BITE SIZE OR TOSTADOS
TORTILLA CHIPS (15 OZ)
OLD DUTCH - 2/\$7
KETTLE CORN
OLD DUTCH 7 OZ **2/\$4**

DOUBLE STUF OREGOS, ORIG. OR CHEWY CHIPS
AHQY, HONEYMAID GRAHAMS, ORIG. RITZ,
SCO RITZ CHIPS, PREMIUM SALTINES,
CHICKEN IN A BISQUIT OR ORIG. WHEAT THINS
**NABICO
FAMILY SIZE**
\$3.69

ULTRA OXI
**TIDE LIQUID
LAUNDRY**
\$4.59 46 OZ
COOL COTTON ULTRA LIQUID
DOWNY 51 OZ **\$3.39**

LAND O' LAKES
**HALF &
HALF**
5/\$4.50 PINT
MID AMERICA FARMS ASSORTED
TOP THE TATER 12 OZ **\$1.99**

ESSENTIAL EVERYDAY
**ANIMAL
CRACKERS**
\$2.99 30 OZ TUB
HEARTY CRISP BREAD
WASA 9.7 OZ **2/\$1**

CLEMENTINES
\$4.99 3 LB
KIWI 4/\$2
LEMONS EA **59¢**
PINK LADY
APPLES LB **\$1.49**
DOLE CREAMY BALSAMIC, COUNTRY
RANCH, SPINACH MISO, ULTIMATE
CAESAR, ENDLESS SUMMER
SALAD KITS 8.3-13.25 OZ **2/\$5**
ROMAINE
HEARTS 3 CT **\$2.49**
BROCCOLI LB **\$1.69**
ASPARAGUS LB **\$2.29**
SWEET
ONIONS LB **69¢**
GRAPE
TOMATOES PINT **2/\$3**
RED
POTATOES 10 LB **\$3.99**

QUAKER
**CHEDDAR
RICE CRISPS**
69¢ 3.03 OZ
BUTTERMILK RANCH RICE CRISPS
QUAKER..... 6.06 OZ **\$1.19**

SUPREME MINI CHUNK
DOG FOOD
\$14.99 40 LB
TUFFY'S SPECIAL BLEND
CAT FOOD 18 LB **\$8.99**

CASS CLAY
**WHIPPING
CREAM**
\$1.99 PINT
DEAN'S DAIRY PURE ASSORTED
SOUR CREAM 16 OZ **\$1.29**

LAND O' LAKES ASSORTED
YOGURT
\$2.39 24 OZ
LIVE REAL ASSORTED
YOGURT SMOOTHIES 10 OZ **4/\$5**

CASS CLAY ASSORTED
**ICE
CREAM**
\$3.39 56 OZ SQUARE
KEMP'S
JR. POPPS 12 PK **\$2.59**

RED BARON ASSORTED
PIZZA
3/\$9
O THAT'S GOOD!
PEPPERONI PIZZA 23.5 OZ **3/\$9**

AISLE 23
wine, spirits and beer
24 PK-12 OZ CANS
BUSCH LIGHT
BEER **\$17.99**
12 PK-12 OZ CHOICE OF 3
VARIETY PACKS
TRULY **\$14.99**
750 ML
STRAWBERRY & CREAM
BAILEY'S **\$20.99**
1.75 L
SVEDKA
VODKA **\$16.99**
750 ML
KENWOOD
CHARDONNAY.. **\$12.99**
750 ML
14 HANDS RUN WILD
RED BLEND **\$10.99**
1 LITER
RED LABEL
JOHNNIE WALKER.. **\$23.99**
1.75 LITER
WINDSOR CANADIAN
WHISKEY **\$18.99**

CLASSIFIED ADS



NEW EMPLOYMENT OPPORTUNITIES

T&D Rolf Farms Inc. of McIntosh has full-time positions **IMMEDIATELY** available at hog facility. We are seeking motivated and reliable individuals to work in our gestation and farrowing barns. If interested please contact David Rolf at 218-280-4169

M48-50C



HELP WANTED

Golden Sunrise Dairy Inc. of McIntosh is seeking a motivated and reliable individual to work in dairy barn. Duties include, but are not limited to, milking cows and feeding young stock. If interested please contact Tim Rolf at 218-280-3991

M48-50C



Red Lake County Central ISD #2906

is seeking Music instructors to fill 2.0 FTE positions for school year 2019-2020. Potential teaching positions are any and all combinations of K-12.

Please send letter of application, resume and 3 reference letters to:

Randall Pederson RLCC Schools, PO Box 100, Oklee, MN 56742 rpederson@rlcc.k12.mn.us

O50-51C

Cashier Position

Win-E-Mac Travel Center in Erskine has an opening for a part time cashier. Flexible hours. Must be willing to work nights and weekends. To apply, stop in to fill out an application or call 218-687-3887 ext. 3 to have an application mailed to you.

R49-50C

DEADLINE NOON FRIDAYS



CLEARWATER COUNTY DEPARTMENT OF HUMAN SERVICES

AVAILABLE POSITIONS

Volunteer Drivers. Volunteer Drivers are reimbursed a mileage rate but are not paid employees of CCDHS. For more information and an application please contact Jamie Halverson at Clearwater County Department of Human Service at 218-694-6164 or email jamie.halverson@co.clearwater.mn.us.

Case Aide Position. An online application and test are required for this position. Applications need to be completed by 4:30 p.m. March 19, 2019. The test needs to be completed by midnight March 22, 2019. The starting pay for this position is \$17.21 per hour. To see position description and to apply, go online to <http://agency.governmentjobs.com/mnmeritsystem/default.cfm>.

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R50-51C



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R45dn

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EMPLOYMENT

KMS PUBLIC SCHOOLS has FT Industrial Technology position available fall 2019. Apply: www.kms.k12.mn.us, attaching letter of interest, resume, transcripts, copy of current Minnesota license, three letters of recommendation.

KMS PUBLIC SCHOOLS has FT Physical Education position beginning fall 2019. Apply: www.kms.k12.mn.us, attaching letter of interest, resume, transcripts, current Minnesota license, three letters of recommendation.

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ANNOUNCEMENTS

ATTENTION: U.S. MILITARY VETERANS who served between 2003 and 2005. Have you been diagnosed with partial or total hearing loss or tinnitus? You may be entitled to compensation. Contact: Attorney Charles H. Johnson, 800/535-5727

MISCELLANEOUS

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Full time Night Custodian Win-E-Mac Public School ISD #2609

is seeking to hire a Full or Part Time Custodian. Good pay and benefits. Please mail a letter of interest, and an on-line application to Superintendent Randy Bruer at rbruer@win-e-mac.k12.mn.us or Win-E-Mac School, 23130 345th St SE, MN 56535. Position will be opened until filled or June 28, 2019. Phone: 218-563-2900 www.win-e-mac.k12.mn.us

M48-50C

SCHOOL CUSTODIAN OPENING

The Clearbrook-Gonvick School District has an opening for a full or part time custodian. This is a 12 month position. The position must be able to lift 75 lbs and pass a background check. Any questions please contact Lowell Bjerke at 218-776-3112 ext 502. Please submit application and two references to: Clearbrook-Gonvick School 16770 Clearwater Lake Rd Clearbrook, MN 56634 Attn: Lowell Bjerke Position open until filled.

R50-51C

Clearwater County Nursing Service

is accepting applications for the part/full time position of Registered Nurse and/or Public Health Nurse. The applicant should have a minimum of 1 to 3 years of experience in the areas of homecare/hospice and or medical-surgical nursing. Applications are available at the Clearwater County Nursing Service office in Bagley at 212 Main Ave N., Bagley or online at <http://co.clearwater.mn.us> Call 694-6581 for more information. We are an equal opportunity employer.

R50-51C

Bus Driver Win-E-Mac Public School ISD #2609

is seeking to hire a Route Driver, male or female. We will provide training to get the driver's license. Please send a letter of interest, and an on-line application to Superintendent Randy Bruer at rbruer@win-e-mac.k12.mn.us or Win-E-Mac School, 23130 345th St SE, Erskine, MN 56535. Position will be opened until filled. Phone: 218-563-2900. www.win-e-mac.k12.mn.us

M50-51C

EMPLOYMENT NOTICE HEAVY EQUIPMENT OPERATOR

Clearwater County will be taking applications to fill Heavy Equipment Operator positions for an employment roster. Future positions will be filled as needed from the roster created by this interview and testing process. There are two full-time positions open at this time. The applications will be screened for the following minimum qualifications: Class A Commercial Driver's License, three years of experience operating heavy equipment including motor graders, tandem trucks, loaders, backhoes, and dozers, and high school graduate or GED. Applications are available at the Clearwater County Highway Department, 113 7th St. NE, Bagley, MN 56621, (218) 694-6132 or on our website at www.co.clearwater.mn.us. Applications must be received no later than March 25, 2019. **Clearwater County is an Equal Opportunity Employer**

R49-51C

COMFORTABLE AND CLEAN ON A BUDGET!

NEW LISTING: Stunningly clean and cozy 1 bdrm home in a quiet neighborhood. Full bath, living room, dining room, kitchen and an office that could be made into an extra bedroom. partial basement for utilities. Garage and barn style utility shed, with abundant wildlife in the backyard!

COMPLETELY REMODELED TOP TO BOTTOM about 5 years ago, move in ready! \$67,500. 317 Brown St NE Bagley, MN. Please leave the owner his privacy.

NEW LISTING: This former restaurant on Main St. in Shevlin has been totally remodeled into a beautiful living space. It is very clean, and excellently priced at a mere \$52,000. It has potential for another business or just a comfortable clean remodeled living space or a rental. It is your choice. It has its own well. A very convenient location. Properties have been selling fast...spring is coming. Good price and good location-act fast on this one

Make sure to go to the web and check our other listings! Pasture land, hunting land, mid priced country homes, western style ranch!

R50C

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I am looking for hunting leases for Deer and Bear Hunting for 2019 and Beyond. I am looking for short to longer term leases. 40 to 400 acre tracts to include Farmsteads, fully wooded areas, swamps, Hardwood Ridges, sloughs, popple slash, pine plantations, Field edges, etc.

Areas of interest include: Clearbrook, Leonard, Gonvick, Gully, Trail, Oklee, Brooks, Bagley, Ebro, Lengby, Fosston, McIntosh, Erskine, Mentor, Shevlin, Solway, Pinewood, Wilton. Fully licensed and insured. If you have property you would consider leasing please give me a call at 218-533-1180.

R41-52C

For Sale on Bids

Due to the overwhelming response and inquiries made toward the grocery store, Farmers Union Oil Company of Grygla is offering 'FOR SALE ON BIDS': Grocery Store building, property, equipment and grocery inventory only (no hardware). Requirements include: Minimum bid \$120,000 with a 10% earnest payment included with the bid proposal in a sealed envelope marked "store bid" to: **Farmers Union Oil Company PO Box 48 Grygla, MN 56727** Bids must be received by Friday March 15th, 2019. Bids will be opened and reviewed by the board of directors on Monday March 18th, 2019, at which time the 'board of directors has the right to reject any or all bids'. After this date all earnest payments will be returned to the unsuccessful bidders.

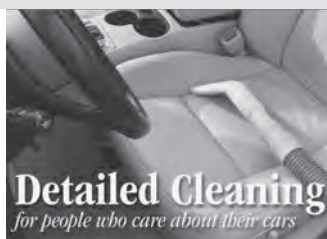
C50-51C

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R50-51C

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Rtm-C

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R50-1C

FOR SALE

Gully Schoolhouse Grocery For Sale

For more details call 218-796-5478. Great family business!

O45-4C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171

M39fc-C

Marshall County, MN Land for Rent

Pifer's Land Management is accepting written bids for a two-year cropland lease on 192.23. This exceptional land located in the W½ & SW¼NE¼ Section 23 Lincoln Township, Marshall County. **Written Bids will be accepted until March 20, 2019.** Call Paul Butenhoff at 701.371.1426 or email paulb@pifers.com for more information. Owners have the right to accept or reject any or all bids. www.pifers.com, Pifer's Land Management.

G50-51C

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R50-3P

PUBLIC NOTICE

In accordance with Minnesota Statutes 331A.12, the Clearwater County Highway Department will publish transportation project advertisements for bid on the official Clearwater County web site at www.co.clearwater.mn.us and go to Government, Bids and RFPs and then Current Advertised Projects. Expected projects to be advertised in 2019 include: Aggregate Crushing and Surfacing, Pavement Markings, Grade Widening, Bridge & Culvert Replacement on CSAH 2, Bituminous Surfacing on CSAH 30, 31, 27 and 35, Bridge/Culvert replacement on CAR 105 over Heir Creek, Reconstruction on MCSAH 57 & 42 in Clearbrook, Bituminous Surfacing on MCSAH 5 in Clearbrook

R49-51C

Need to Get Rid of a Few Things?

Sell it in the Canary!

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218-487-5225

Wednesday, March 6, 2019

Clearbrook Liquor Store

Lic#00778

BINGO! 15 Games & Progressive **BLACKOUT** 51#s for \$500

Sat. Mar. 9th 5 p.m.

Saturday Happy Hour Extended! 4pm-7pm

Sat., Mar. 16th

St. Patrick's Day Party

9pm-1am

DJ Todd with Todd & Company

Beer Special, Beef Stew & Reuben Sandwich Special

R50C

WALLEYE FISH FRY

Saturday, March 9th

Serving 5:30-7:30 pm

Walleye pike the way you like them!!

GONVICK AMERICAN LEGION

R3C,R6C,R11C,R15C,R20C,R24C,R29C,R33C,R37C,R42C,R46C,R50C

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BAR BINGO & PADDLE WHEEL MEAT RAFFLE

PROGRESSIVE - BLACKOUT 61 #s for \$1,000

SATURDAY, Mar. 9th

License: #32290-001

6:00 pm

FRI. & SAT. SPECIAL

CHICKEN & RIBS

5:00-10:00 pm

SMEAR TOURNAY every TUESDAY at 7 pm

SHORTY'S PLACE, GULLY

Sunday ~ March 10th 2019

SPAGHETTI & BINGO

Dinner

At the Oklee Hall

Serving food at Noon

Bingo Starts at 1:00 p.m.

Meat Raffle Hams & Bacon

Bring the family & enjoy an afternoon of fun & food

Fund-raiser for the Red Lake County Fair

O50C

BAR BINGO! AND PADDLE WHEEL

SATURDAY, Mar. 9th • 6:30 PM

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Fri., Mar. 8th

BINGO! at 6:30pm!

BLACKOUT in 56 #s or less for \$1000!

MARCH 30TH

Annual Spring Opener at the Lions Hall

APRIL 6TH

Goodridge Fire and Rescue Fund-raiser

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GOODRIDGE LIQUOR STORE

R50C

CAROL'S COZY BAR & GRILL

Brooks, MN • 218-698-4608

BINGO! 57#s for \$1000

6:30 pm SAT., MAR. 9th

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WEDNESDAY NIGHT Dine in only! \$5.00 Burgers & Fries

DINNER SPECIALS - FRIDAY ONLY - Walleye

- FRIDAY & SATURDAY - Steak, Shrimp & Broasted Chicken Dinner & BBQ Ribs

EVERY THURSDAY * Broasted Pork Chops

LUNCH & DINNER WITH DESSERT

Potato Klub Thursday Mar 14th

Specials will start Weds. March 6th

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HOURS: M-SAT: 8 A.M. - 1 A.M. SUNDAY: 11:00 A.M. - MIDNIGHT

KITCHEN HOURS ... closes 9:00 p.m.

How switching the clocks can affect your health

Much of the world adjusts their clocks each spring and fall. In the fall, clocks are fixed on standard time, while in the spring they're moved forward one hour to daylight saving time, or DST.

The rationale behind DST has long been based on energy savings, as the demand for electricity to light homes is related to the times when people go to bed at night and rise in the morning. Studies conducted by the U.S. Department of Transportation in 1975 determined that moving clocks ahead one hour could save a small amount of energy each day. In New Zealand, power companies registered a 3.5 percent decrease in usage when daylight savings starts. Even though the energy savings associated with DST can be significant, some suggest those savings come at the expense of human health.

Research suggests that a one-hour time change twice a year can significantly throw

off humans' internal clocks. A report conducted by the Massachusetts Legislature in the summer of 2016 found that people lose a significant amount of sleep in the days following DST, which can lead to an increase in both traffic fatalities and on-the-job injuries. Disrupted sleep cycles can leave people restless and coping with anxiety. A 2012 study published in the Journal of Applied Psychology found shifts related to DST led to killing time on the internet and other "loafing" around from lack of energy and motivation.

Finnish researchers analyzed more than 10 years of stroke data and its relation to DST. The overall rate of ischemic stroke increased by 8 percent in the first two days after transitioning to DST.

Similarly, other issues arise when clocks are switched back to standard time in the fall. Danish researchers found the rate of people seeking care for



depression rose for up to 10 weeks after clocks were turned back.

Various petitions have been created to urge legislators to maintain DST all year long. The United Kingdom-based Royal Society for the Prevention of Accidents says doing so will reduce road deaths currently caused by darker evenings in autumn and winter. Keeping the time consistent can help avoid body clock resets, may prevent accidents and could increase productivity in the evening hours when the autumn arrives. Only time will tell if turning the clocks back and moving them forward will become a relic of the past.

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POISON WORD SEARCH

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N U D T O G A P C R E Z I L I T R E F T
M J I H C O T L Z H C A E L B M I H P Z
C N C B L N S A B A T H R O O M O L A T
E I I U A O I N C J V F N H R H S M O O
N L N R T O S T A E N I L O S A G O L T
S Z E N U D S S L A C I M E H C T A N B
Y R Z P P P A U E S T E P O N H N E I C
L A C I T U E C A M R A H P P O M H T A
B R P R E V E N T I O N V A I S C N C H
A J B S A F E T Y B G H S T S B I C U O
V E C L H T L A E H T T N E S A I T L S
Y O J E I Z G F P A E E S E P D P I U Y
F J C L E A N S E R T S M H E A O T F A
G A E L L H L D H N A O B N C Y I I M R
N O I T S E G N I R H M T F O U S S R P
P B T S P M R N I U J J S G L R O M A S
L E C F V H U E I I B C Y C O C N T H F

Find the words hidden vertically, horizontally, diagonally, and backwards.

POISON WORD SEARCH

Answers on page 6

ACCIDENT
ALCOHOL
ASSESSMENT
ASSISTANCE
BATHROOM
BLEACH
BURN
CAUTION

CHEMICAL
CLEANSER
DEATH
EMERGENCY
FERTILIZER
GARAGE
GASOLINE
HARMFUL

HEALTH
HOME
INGESTION
INJURY
MEDICINE
PAINT
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Theology in the Trenches

By Kathleen Kjolhaug

Broken Misunderstandings

And so it was, back in the day, and no doubt long before that...kingdoms fell because of misunderstandings. Marriages were wrecked over he said/she said and much more went down when any give situation was misunderstood among people or people groups. As it was in the beginning...now and ever shall be. Truth is it's usually not the facts that win out, but rather, how people interpret them that can lead to a full blown misunderstanding.

"If Jesus Christ went down in script over apparent misunderstandings, then who am I to think my life lived out will be any different?" I posed this question to my husband one Sunday morning.

We were discussing what lead up to Jesus being persecuted and nailed to the cross. Apparently, the religious rulers of the day were threatened. They were threatened by rumors and this was not good from their prideful vantage point. They watched as the crowds grew round Him, and jealousies arose. Some people followed Jesus rather than the letter of the law, and the powers that be were ticked. They cried heresy, and that was that.

Taking a look at the root

causes of what made them react to Jesus the way they did allows us to see more clearly our own behavior. Pride, putting self on the thrown, lack of ownership for any wrongful doing, and lack of confession all begin to surface. These often drive division in our day and rage.

Personally, I've done some cross examination as of late, and most oft those same root causes surface within. Thank God I have time to cry in the wilderness because it allows me to empty out in order to fill up on Him for the repairs needed. Restoration can only happen in the same way that it happened with Jesus...through brokenness.

When the heart breaks, the cracks have a purpose. The purpose is to let Light in. Once Light enters, the restoration may begin. If brokenness was good enough for Him, then it's not only good enough for me but a privilege to enter in.

As broken begets broken, things aren't always what they seem. Case in point: At first glance, it looked like others took the life of Jesus. It looked like they caused His brokenness, but that would be a grave misunderstanding. You see, He explained it clearly in John

10:18. "No one takes it from me, but I lay it down of my own accord. I have authority to lay it down and authority to take it up again. This command I received from my Father."

Therein lies the miracle. He chose us to be broken for. He offered Himself as a living sacrifice and with the season of Lent just around the corner, it's a great time to remember.

If Jesus was broken for us, then doesn't it make sense that we will be broken and poured out for others? Being broken is a good thing. It allows the spilling out of self...getting rid of heart matters which can easily leads us astray. By letting His Light into the shattered cracks, there begins not only renewal but restoration. Any perforations are merely there to reflect Light. As He is enthroned, we are dethroned.

Hold your broken heart out before Him, and allow Him to begin to restore and reconstruct. Let there be no misunderstanding...no one takes it from us...we freely give it as He freely calls us to give it over. But be prepared as the world will flip that on its head and call it something other than what it is...just like they did with Jesus.

To God be the glory...Amen.

Serve up something quick on busy weeknights

Few foodies would admit to using a microwave all that often. But busy weeknights call for some shortcuts, and microwaves can be a home cook's best friend on those evenings when time is of the essence.

Cooking with a microwave need not be limited to frozen dinners. Take, for example, this recipe for 'Italian Pork Chops' from 'Incredibly Easy Italian' (Publications International, Ltd.). Easily prepared in less than 30 minutes, this meal combines homecooking with a shortcut that can make it easy to serve a delicious, hot meal on weeknights when parents or busy professionals simply don't have much time to spend in the kitchen.

Italian Pork Chops

Serves 4
2 cups uncooked long-grain white rice
4 large pork chops
1 tsp. basil, crushed
1 26-ounce can Del Monte® Spaghetti Sauce with Mushrooms or Chunky Italian Herb Spaghetti Sauce
1 green bell pepper, cut into thin strips
Salt for seasoning (if desired)
Black pepper for seasoning (if desired)

1. Cook rice according to package directions.
2. Preheat broiler. Sprinkle meat with basil; season with salt and black pepper, if desired. Place meat on broiler pan. Broil 4 inches from heat, about 6



minutes on each side, or until no longer pink in center.

3. Combine sauce and green pepper in microwavable dish. Cover with plastic wrap; slit to vent. Microwave on high for

5 to 6 minutes, or until green pepper is tender-crisp and sauce is heated through. Add meat; cover with sauce. Microwave for 1 minute. Serve over hot rice.

A sweet treat for chilly mornings

'Tis the season for frost and snow, which means coming downstairs in the morning to a chilly home. One way to rally the troops out of bed when it's cold and snowy is to reward family with a warm breakfast. Muffins are a go-to choice for a quick bite, and homemade muffins served right out of the oven can be just what's needed on blustery days.

This recipe for "Triple Chocolate Muffins" from "Chocolate" (Parragon Book Service), by the editors of the Love Food series, imparts rich, chocolatey flavor into every bite of these mouth-watering muffins. They're equal parts breakfast and dessert.

Triple Chocolate Muffins

Makes 12
1 3/4 cups all-purpose flour
1/3 cup unsweetened cocoa powder
2 tsp. baking powder
1/2 tsp. baking soda



1/2 cup semisweet chocolate chips
1/2 cup white chocolate chips
2 large eggs beaten
1 1/4 cup sour cream
6 Tbsp. packed brown sugar
6 Tbsp. unsalted butter, melted

Preheat the oven to 400 F. Line a 12-cup muffin pan with paper liners. Sift the flour, cocoa, baking powder, and baking soda into a large bowl. Add the

semisweet and white chocolate chips, and stir.

Place the eggs, sour cream, sugar, and melted butter in a separate mixing bowl, and mix well. Add the wet ingredients to the dry ingredients, and stir gently until just combined.

Using two spoons, divide the batter evenly among the paper liners. Then bake in the preheated oven for 20 minutes, or until well risen and firm to the touch. Remove from the oven and serve warm, or place on a cooling rack and let cool.

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Things don't always go as planned!!

By Auctioneer Eric W. Mickelson

Living in Minnesota we are used to snow and cold and this year is no exception to the rule! I was able to get my tractor going again after breaking down twice at the most inopportune times. Sunday afternoon the hay feeders were empty and after church off I went to feed some hay. The tractor had been plugged in but when I hit the starter it made that hateful chugging sound, barely turning over! I guess I won't get the chores done early! So I ran another extension cord and hooked up the battery charger. I went back in the house for an hour or so then I bundled up and back out to the yard. After a little charging.....she started! I hauled out a couple of bales, and as I was setting the second bale in the feeder a steer was standing in front of me and I bumped him with the bale and he fell into the hay ring, lying on his back like a turtle he could not get back to his feet. Back in the house I went to get my son, Heath, to come and help me try to roll the steer over so I could put the bale in the ring. Heath graciously got dressed and came back out with me to help flip the animal over.....and low and behold the steer was out, crisis averted! Back out in the pasture the bale was fed, cows were watered, and the tractor was back up to the quonset. Chores were now done. I started at 12:30 thinking I would back in my cosy house at 1:00 or so, it was now 3:30! Things don't always go as planned.

My day of chores reminded me of a story my dad used to tell me. It took place in November back in the 1950's. Some bad weather was expected and grandpa said lets start on chores early so we can finish up earlier! The first chore was to feed hay to the young stock before milking. Dad started the model U Minneapolis Moline hooked it to the "stone boat" and loaded ten or so square bales on it



Here is a U Minneapolis Moline Standard.

and started to pull it out in the pasture. To protect the stock from the wind they were feeding hay in the woods east of the house. To get there you had to cross what we always called the "swamp" (that's what we called it when I was growing up.) Dad crossed the swamp and unloaded the bales and headed back to the yard. On the return trip across the swamp the U's rear wheels fell through and he was stuck. No big deal, they would just start the B John Deere, with the farmhand loader and pull it out. But that two cylinder B would only hit on one cylinder. They cleaned the plugs and monkeyed around but could only get her to fire on one

cylinder!! In the mean time the U was idling in the swamp and around the sunken rear wheel water started seeping from the ground!! Thank goodness Tom Mayernik's Shop, in Oklee, was open and a new spark plug was purchased. Now the B fired up and with a quick tug out came the U MM!! Now back to chores!! The cows got milked and fed and dad and grandpa were back in the house.....at 8:00pm, about two hours later than a normal day!! If you grew up on the farm, particularly with livestock, you know how it goes! When ever you say lets get done early.....you might actually be late! Things don't always go as planned!

How about a little tractor trivia!

1. The newer U Minneapolis Moline Tractors featured what they called UNI-MATIC POWER. What did this refer to?
A) smooth running 4 cyl. engine B) The MM hydraulic system C) Power Steering
2. How many forward speeds did a U MM have?
A) 4 B) 5 C) 6 D) 8 with a high/low
3. According to sales literature low gear was rated at 2.7 mph and high gear was rated at _____ mph.
A) 11.4 mph B) 12.4 mph C) 13.8 mph D) 14.8 mph
4. Did the U MM have a hand or foot clutch?
5. What is the main change MM made on the newer UB tractors, as compared to the U?
A) Cab and power steering B) 6 speed trans. C) Higher operators platform w/foot clutch

Answers: 1. B. Hydraulics 2. B. 5sp 3. D. 14.8mph 4. Hand 5. C. foot clutch

My Younger Days

Norris Syverson, a man with many memories, came to us at Richards Publishing and asked if we could make a book for him. He wrote the stories, and Carolyn (Finseth) Nelson typed what he wrote. It has been quite a journey through life for Norris and being the man that he is, he wants to share with folks his memories of days gone by. Over 200 pages! Over 100 pictures! Over 500 different topics! Some include: Drought Years; Sheep Shearing; Old Fashioned Haying; Our Buggy Rides.

Here is just an excerpt from his first page...

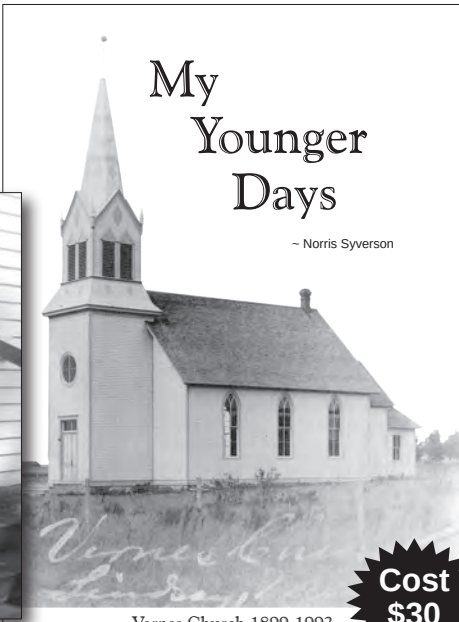
I was born in the front room of the house I now live in on December 24, 1933. This part of the house is log. It was covered with some kind of pressed green paper about 1/8th of an inch thick, now it is covered with 1/2 inch thick celotex.

This house had only two rooms downstairs, each one about 12 feet by 14 feet, with low ceilings about 7 1/2 feet high....There were 5 boys and 5 girls aging from 1 year to 16 years old, plus Ma and Pa living in this small house at that time....

"I hope every reader will seek the Lord and make sure you have the Lord Jesus deep in your heart for this is the Will of God."

Thank you. Norris Syverson

If you would like to receive a book, please contact Norris Syverson via the phone book.



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OBITUARIES

Services held for Palmer Rockswold

Palmer Rockswold, age 102 of Edina passed away peacefully Feb. 12, 2019. Palmer spent his career as an educator. He started out at a one room school house in North Dakota. He then moved to Minnesota and taught as a history teacher and band director. Later in

Services held for Arvid Dalby

Arvid Mathias Dalby, lufetfisk connoisseur, lefsa purist, obsessive lawn mower, and loving grandfather, died Sunday, February 17, 2019, surrounded by family and supported by the extraordinary care team at Abbott Northwestern Hospital.

Funeral services were held at 2:00 p.m., Friday, February 22, 2019 at Trinity Lutheran Church, Debs with Pastor Mike Naylor officiated. Visitation was one hour prior to the service at the church. Interment will be in the spring in Trinity Lutheran Cemetery, Debs. Arrangements were entrusted to the Olson-Schwartz Funeral Home & Cremation Service, Bemidji.

For a while there, Arvid (and his family) thought he had "a good shot" at breaking the record for oldest-ever member of his beloved Debs community. But we imagine he's now tipping his flannel hunter's cap in heaven to his good friend and reigning longevity queen, Lillian Helgeson.

Arvid was a man who knew who he was, where he came from, and that there was no point whatsoever in putting on airs. He chopped his own firewood until he was well into his 80's, was everybody's favorite host during deer hunting season, a blatant walleye snob, enthusiastic four-wheeler, immovable object when faced with doing something he didn't want to do, and unashamed of loving the color pink.

But his real talent was his uncanny ability to simply make people love him. Arvid spent his life surrounded by people of all generations who appreciated his tolerant wit and droll one-liners, tolerated his weak coffee, and – there's no other way to say this – always ended up wanting to do nice things with him and for him.

Arvid was born in a log house on the family farm in Debs, Minnesota, on October 7, 1920, the eldest of five siblings. His family taught him that even depression-era difficulties could be overcome with a sense of humor, a solid work ethic, and a community that thrived on music, barn dances, and the comfort of Trinity Lutheran Church. By 1942, after a bout of wanderlust, Arvid and his two best friends, Al and Carl, found

themselves in California, where they enlisted in the U.S. Navy. Arvid served in the Pacific, on the USS Nassau and USS Wasp (CV-18) until the end of WWII.

In his quiet way, Arvid always marched to his own drumbeat. He adored B.B. King, Pete Fountain, and Bruce Springsteen but always kept a soft spot in his heart for the musical stylings of Lawrence Welk. He hated being the center of attention but was thrilled when his daughters or grandchildren were. He did the laundry with unparalleled passion and precision, frequently inviting people to "come over and bring your dirty clothes." And unlike most of us, Arvid adored hospitals. He spent his 34-year career as an X-ray technician at the Veteran's Administration Hospital in Fargo, ND, where he cultivated many decades-long friendships. That's also where he met Clarella Bennett, whom he married in 1954. Together, they raised three daughters, planted many gardens, enjoyed countless camping and fishing trips, traveled through England and Scotland, and built their dream home on the same land where he was born. It is not lost on his family that he died on the eve of his planned discharge from the hospital, an act which can only be perceived as a final protest.

You probably can't get to 98 without being supremely goal-oriented, loved by many, and deeply appreciative of the people around you. Arvid was all of those things. A multi-layered man with an endless supply of funny stories and a few surprises stashed along the way, he taught us to always face forward, no matter what.

Arvid was preceded in death by his parents, Alfred and Anna Dalby, sisters, Marie Tucker and Arlene Randklev, brothers, Melvin Dalby and Raymond Dalby, and son, Bruce Stenlund. He is survived by his daughters, Nancy (Gary) Frankel, Beth Dalby, and Cheryl Dalby, grandchildren, Anna (Jeff) Mitchell, Clare Frankel, Olivia Dalby, Ella Dalby, and Matthias Dalby, loyal friend and true family man, Marc Martinez, cherished friend and helper, Heidi Syverson, and many, many friends and relatives.

A next chapter without Arvid in it feels almost impossible to read, let alone write. But, in moments like this, maybe "all we can do" is what he would do: pour another cup of coffee, take a deep breath, and "just don't give up."

In lieu of flowers, the family asks that memorials go to the Senior Meals program (26823 Debs Rd NW, Pine-wood, MN, 56676), or Trinity Lutheran Church (26685 Debs Rd NW, Pine-wood MN 56676), or another charitable cause.

Services for Thelma Anderson

Thelma Anderson, of Warroad, MN, 97, passed away on Monday, February 25, 2019 at Warroad Care Center, Warroad, MN, with her loving family by her side.

Funeral service was held at 10:30 AM on Saturday, March 2, 2019 at Johnson Funeral Service in Thief River Falls, MN, with Rev. Vicki Saude-Worthington officiating. Burial will be held in the Spring at Bethesda Cemetery near Grygla, MN.

Visitation was held from 9:30 AM until 10:30 AM on Saturday, March 2, 2019 at Johnson Funeral Service.

Thelma Hanson was born December 27, 1921, at Winner, MN, the daughter of Henry and Annie (Midbo) Hanson. She was the 2nd of 10 children born to Henry and Annie. She was baptized and confirmed at St. John's Lutheran Church at Winner, MN, which is located south of Roseau, MN. She attended Winner School. As a young woman, Thelma was employed as a housekeeper and worked for farm families in the Roseau area.

On January 10, 1940, Thelma was united in marriage to Clifford Anderson in Thief River Falls, MN. The couple made their home near Grygla, MN on the Anderson family farm in Hamre Township, Beltrami County. They lived on and operated the farm for 45 years. During this time Thelma also worked at the

Services for Raymond Bakken

Raymond Joseph Bakken was born August 16th, 1925 at his childhood home in Valley Township, the 3rd son of Hazel (Hanson) and Hjalmer Bakken. At the age of 2 he moved to Pinewood with his family. He returned to Grygla at the age of 6. He attended grade school at the Edgewood school near the Hook farm and Goodridge High School, graduating in 1943. He farmed with his mother from an early age. On June 6th, 1948 he was united in marriage to Blanche Ione Howland at Our Savior's Lutheran Church of rural Grygla. To this union, 9 children were born.

Ray farmed nearly all his life raising dairy cattle, small grains and hay, and later beef cattle. To supplement his income he worked for Gladden in the woods, worked in the potato fields in the fall, worked on the construction of the Grygla School, brushed the river, worked for Arctic Cat for 14 years until they closed in 1980 and at Polaris for 10 years, besides milking cows daily. He especially enjoyed deer hunting. Ray and Blanche made their home at Grygla their entire married life until entering the Thief River Care Center in 2015.

Ray was baptized and confirmed as an adult on February 16th, 1958 and was a member of St. Petri Lutheran Church. He served in various offices and was janitor until the age of 80. He was also very involved in remodeling the interior of the church, though he didn't consider himself a carpenter.

Ray is survived by his 6 children, Sandy (Wayne)

Warne, Glenyce (Loren) Lusignan, both for Grygla, Roxane (Steve) Sorvig of St. Hilaire, Shelly (Wes) Swanson of Berthoud, Colorado, Scott Bakken (friend Lori Flynn) of Grygla, and Ryan Bakken of East Grand Forks, Minnesota. Also surviving are 19 grandchildren, Jason (Christy) Warne, Denton (Jamie) Warne, Kelsey (Ben) Hest, Brent (Sara) Lusignan, Karla (Brent) King, Kyle (Basia) Lusignan, Aaron (Kristin) Sorvig, Nate (Lisa) Sorvig, Tyson (Cheyenne) Sorvig, Keenan Sorvig, Heather (Josh) Britton, Stacy (Steve) Stull, Bethany (Kevin) Ingram, McKenzie (Brock) Olson, Madison and Maci Bakken, Kaitlyn, Jenna, and Baylor Bakken and 24 great grandchildren. Also surviving are sisters-in-law Myrtle Bakken of Redding, California and Doris Cleven of Warroad, Oral and Barb Howland of International Falls, and Lynette and Thad Ashton of Cypress, California. Also surviving is Don Harbott, Ray's close personal friend and guardian angel.

He is preceded in death by his wife Blanche in 2017, sons Dale, Rocky and Timothy, Brothers Wesley and Bernard Bakken, grandsons Darren and Travis Warne, sisters-in-law Marian Harris and Carol Howland, bothers-in-law John Harris, Vernon Howland and Harlan Cleven, father and mother Hjalmer and Hazel Bakken and father and mother-in-law Oliver and Serine Howland.

Raymond passed away at the Thief River Care Center on Tuesday, February 26th, 2019 at the age of 93 years, 6 months and 10 days. May his memory be blessed.

A funeral service was held Friday, March 1, 2019 at 11:00 AM at Grace Lutheran Church in Grygla, MN with Reverend Jeffery Merseeth Officiating. Burial will be held at St. Olaf Cemetery near Grygla, MN later in the spring.

Visitation was held on Thursday, 5 – 8 PM with a 7:00 prayer service at Johnson Funeral Service in Thief River Falls, MN and also one hour prior to the service on Friday at the church.

Condolences may be sent at www.johnsonfuneralservice.com

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Services for Linda Cote

Linda Kay Cote, age 66, of Blaine, Minnesota passed away on Saturday, February 16, 2019 after a courageous and lengthy battle with ovarian cancer.

Linda was born on January 27, 1953 to Donald and Alice

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..Klobuchar continued from pg 2

allow people to register to vote on the same day as the election.

Throughout her time in the Senate, Klobuchar has been fighting to protect voting rights for all Americans. Earlier this month, Klobuchar and Senator Sherrod Brown (D-OH) introduced the **SAVE VOTERs Act** to amend the National Voter Registration Act to clarify that a state may not use someone's failure to vote as reason to remove them as a registered voter. In March, Klobuchar and Senators John Cornyn (R-TX), Joe

Manchin (D-WV), Tim Kaine (D-VA), and John Kennedy (R-LA) introduced the *Support our Military Spouses Act*. This legislation would reduce confusion and ensure military spouses do not have to establish new legal residency after every military reassignment. In 2017, Klobuchar and Senators Patrick Leahy (D-VT) and Dick Durbin (D-IL) introduced the *Automatic Voter Registration Act*, which would require states to automatically register eligible voters when they interact with certain state or federal agencies, unless the person declines.

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Skeeter Beater Snow Shoe Race provided fun for all last Saturday

Farm By The Lake's Skeeter Beater Snow Shoe Race held on March 2, 2019 in Bagley, MN proved to be fun for all. Bringing about a new race tradition to the area. Combining the already popular pastime of snow shoeing with a little competition; what better way to enjoy the tons of snow delivered this year.

Racers geared up next to a campfire with great volunteers and port-a-potties at the ready. Volunteers from the Bagley Fire Dept. were well equipped with snowmobile, Ranger Quad-track, and truck. Also with several volunteers from Bagley Sanford Health; racers were in good hands.

The race route was originally to be on Lake Lomond, however with extreme amounts of slush and hazardous conditions, the Clearwater Trailblazer's Snowmobile Club groomed a new track. It covered part of the lakeshore along with intertwining across the city park. This proved to be a good workout up and down hills. In the -4 below weather some racers enjoyed a good sweat by the finish line. Others took it slower, on a brisk walk, enjoying the outdoor air and good company.

Racers enjoyed a delicious chili feed at Fireside Grill and Patio as they awaited their awards. Mosquito trophies hand crafted by artist Al Bellevue, each with its unique artistic flair. T-Shirt mosquito designs were by artist Caleb Campbell, with screens being done by Cool Threads of Bemidji. Racers, spectators and volunteers had time to eat, drink, talk, laugh, and plan for next year's race.

The race was made possible by Community Volunteers and Corporate Sponsorships: Doug & Kathy Rasch, Bagley Fire Dept, FBTL staff & board,

Sanford Health, Bill's Base Camp, BSU Outdoor Program, Fireside Grill and Patio, First National Bank of Bagley, Cool Threads, KB101.1 FM, Clearwater Trailblazers Snowmobile Club, Bagley Rotary Club, True North Health, Bemidji Sports Centre, Choice Therapy, TEAM Industries, and NLFX Professional



Awards: Back Row: Randy Brandstad, Keith Kubiak, Lisa Townsend, Michelle Hubbard, Mindy Cowell Front Row: Kayley Hannem, Nancy Lamke, Sam Mistic Not shown in photo: Dan Keller.



Reaching the finish line are 5K participants Michelle Hubbard and Mindy Cowell.



Reaching the finish line are 10K participants Keith Kubiak, and Lisa Townsend.

Race Results:

5K Women: 29 and Under

1. Michelle Hubbard..... Bemidji, MN..... 26.46
2. Sam Mistic..... Bemidji, MN..... 36.06
3. Kayley Hannem..... Bemidji, MN..... 45.52

5K Women 30+

1. Mindy Cowell..... Bemidji, MN..... 29.44
2. Nancy Lamke..... Bemidji, MN..... 45.51

5K Men 30+

1. Randy Brandstad Bemidji, MN..... 29.50
2. Dan Keller Lake Elmo, MN..... 36.06

10K Women 30+

1. Lisa Townsend..... Hudson, WI 1:03.43

10K Men 30+

1. Keith Kubiak Bagley, MN 1:03.43



All racers & some volunteers at the starting line-up.

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Garfield Lake Ice Race Champion in the A class, Ryan Julin.



Garfield Lake Ice Race Champion of the B class, Sam Delaney.

Garfield Lake Ice Races come to an end, lake no longer safe

by Dennis Peterson

The 2019 Garfield Lake Ice Racers season came to a sudden and quick end this week as track officials determined the lake not to be safe for racing. Covered in water and slush Garfield Lake in Laporte is similar to many lakes in the region this year and officials decided it just wasn't safe to have 30+ trucks, haulers, race cars and fans on the lake forcing the cancellation of the remaining races. In a typical season the club tries to

hold eight races, in this shortened season the club ran four.

The club will hold its end of the season awards night on March 23rd at the 3rd Base Bar and Grill in Laporte. Awards will be presented following the dinner in both the A and B classes. The season points champion in the A class is Ryan Julin with 426 points. In the B class Sam Delaney is the champion with 383 points. Final points for all drivers will be announced and presented at the banquet.

Did you know?

Although freezers are often used exclusively for food storage, they can be utilized in meal preparation as well. Many items can be made even more delicious by freezing them.

• **Applesauce:** If you like sorbets and sherbets, then frozen applesauce might tickle your fancy. After thawing for a few minutes, applesauce can be a good substitute for other frozen desserts.

• **Cheesecake:** Give cheesecake a gelato-like texture by freezing it. Even though the cake will become more firm, it won't be rock hard.

• **Brownies:** Take fresh brownies out of the oven and

throw them in the freezer. The moisture in the brownies condenses when the heat meets the cold, and the brownies become even more fudgy and decadent.

• **Grapes:** Frozen grapes can be refreshing treats on hot days, and that crunch can be infectious. Frozen grapes also are a great substitute for ice cubes in punches and sangrias.

• **Yogurt:** Turn regular yogurt into a frozen treat by placing containers in the freezer. Or, try mixing a favorite yogurt flavor with a little frozen whipped topping and then placing it into a graham cracker pie shell and freezing it. Let it thaw a little before serving and enjoy!

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