



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Senator Rod Skoe Receives Farm Bureau Distinguished Service to Agriculture Award

Senator Rod Skoe was awarded the Distinguished Service to Agriculture Award at the Minnesota Farm Bureau Federation's (MFBF) 99th Annual Meeting. Recognition was given during the Friday night awards banquet on November 17 at the DoubleTree Hotel in Bloomington. This is the most prestigious award given by the Federation.

Senator Skoe served in the Minnesota House of Representatives from 1999-2003 and the Minnesota Senate from 2003-2017 representing the largest district in the state. Senator Skoe's leadership placed him on various key committees important to agriculture and rural Minnesota, thus supporting many state Farm Bureau legislative priorities. Just a few of the major agricultural issues that Senator Skoe supported

and worked with Farm Bureau on include: bovine tuberculosis, wolf depredation, water quality, and agricultural land property taxes.

Relating to agricultural issues has come easy for Senator Skoe, as he is an active potato and wild rice farmer with his family in Clearwater County. He is a graduate of Augsburg College.

Minnesota Farm Bureau is the largest general farm organization in the state representing Farmers • Families • Food. Nationwide, the American Farm Bureau Federation (AFBF) has nearly 6 million members in nearly 2,800 county Farm Bureaus. For more information about the benefits of becoming a Farm Bureau member, contact your local Farm Bureau office or log onto www.fbmn.org.

Garden Valley Telephone Company awarded grant to provide internet access in Bejou and rural Mahnomen

Garden Valley Telephone Company has been awarded a border to border grant from the State of Minnesota to assist in a broadband build to Bejou and rural Mahnomen, including portions of the White Earth Reservation.

Residents and businesses in Mahnomen County were supportive of Garden Valley's border-to-border grant application, which gives Garden Valley the opportunity to offer Bejou and rural Mahnomen Internet access, allowing employees to work from home and their

children improved access to homework and educational resources. Bejou and White Earth leaders agree that the area is in desperate need of fast reliable Internet service to help the area progress, especially as technology continues to advance around them.

The grant provides the assistance needed to plow state-of-the-art fiber optic cable to the homes in this area allowing access to local phone service, Internet speeds up to 1 Gbps, and digital video services, which includes over 200 channels.

The border-to-border broadband project for Bejou and rural Mahnomen will serve 214 unserved households, 17 unserved businesses, and 7 community anchor institutions. The total project cost of \$2.6 million will be financed by the \$1.3 million Minnesota border-to-border broadband grant and a local match of \$1.3 million by Garden Valley Telephone Company. A map of the project area can be found on Garden Valley's website at www.gvtel.com. Construction on the 2.6

million dollar project is set to begin the summer of 2018, with installation of services to the resident's homes starting in early 2019. Residents living in the area can expect to receive communications from Garden Valley in the near future.

"This is exciting news and promises to be another busy year. I know our team is up to the challenge as we continue to grow Garden Valley" said Tim Brinkman, CEO/General Manager at Garden Valley Telephone Company.



Lon Englund handed over his touchdown flag to the Charger's Pep Squad last week at the Goodridge/Grygla Fall Athletic Banquet. He has decided to quit the running and instead watch and cheer on the Chargers as a spectator! He received a "Charger Pride" plaque thanking him for his years of dedication and support to the Chargers Athletic program. Pictured with Lon are members of the Goodridge/Grygla pep squad, Julianne Nordby, Courtney Vad, Shawntel Ignaszewski and Bailey Watne.



RLCC Junior High Choir singing "Pretty Little Girl" by Jay Althouse at the Fall Band and Choir Concert.



At the Fall Music Concert, the RLCC Senior High Band performed four numbers including "A Charlie Brown Christmas."



Section 8A Conference award: Trystan Jelle, Grygla High School Senior, was named All-Conference for Goodridge / Grygla Chargers volleyball.

Assistance requested for missing fishermen

The Beltrami County Sheriff's Office is requesting residents along and near the shores of Upper Red Lake to check their property and outbuildings for any signs of two overdue fisherman who were last known to be on Upper Red Lake. The first missing person is a male 29 years old, the second is a 30 year old female. We are also looking for the ATV they were operating which is a Polaris Sportsman 500 camo toned with a pink hue.

The Sheriff's Office is also requesting that those in the area do not venture out on the ice to assist with the search as ice conditions are unfavorable.

If anything is located on your property, please contact the Beltrami County Sheriff's Office at 218-333-9111 or 911.

No additional information is available at this time, additional information will be released as it is available.

Chief Deputy Ernie Beitel, Beltrami County Sheriff's Office.



New Miss Minnesota USA and Miss Minnesota Teen USA crowned

New Miss Minnesota USA now advances to the national Miss USA Telecast to air on FOX

Burnsville, Minn. – The 2018 MISS MINNESOTA USA and MISS MINNESOTA TEEN USA Pageants took place Sunday night at the Ames Center in Burnsville, Minnesota. A capacity crowd filled the theater on Sunday afternoon for the pageant finals, where the panel of judges selected Kalie Wright of Eagle Bend as MISS MINNESOTA USA 2018, and Peyton Schroeder of Rosemount as MISS MINNESOTA TEEN USA 2018. Both titleholders will now advance and compete next year at the MISS USA and MISS TEEN USA national pageants.

The competition, which is held annually, consists of three proportional segments: evening gown, swimwear/active wear and interview. Eligible young women must be between the ages of 14 and 27 and be unmarried residents of Minnesota in order to compete in the pageant.

Kalie and Peyton will each receive thousands of dollars in prizes and awards. Most importantly, they will have the opportunity to compete for the national titles of MISS USA and MISS TEEN USA this coming year. Kalie will compete for the title of MISS USA on the live national telecast of MISS USA on FOX Television, and Peyton will

compete for the title of MISS TEEN USA at the national pageant next year. In addition, the new MISS USA will go on to represent the United States in the MISS UNIVERSE competition, which is televised in over 130 countries worldwide.

The Miss Universe Organization (MUO) uses its global grassroots reach to empower women to be self-confident and strive to be their personal best. MUO believes that every woman should be "Confidently Beautiful." The MISS UNIVERSE®, MISS USA®, and MISS TEEN USA® beauty pageants provide an international platform through dedicated partnerships with charities, sponsors, and brands around the world. During their reign, winners are given the tools to personally and professionally enrich others by providing humanitarian efforts to affect positive change, all while developing their personal career goals.

For more information on the MISS USA and MISS TEEN USA state pageants, please visit www.missminnesotausa.com or www.missminnesotateenusa.com, email info@futureproductions.net, or call the Future Productions state pageant offices at (651) 222-9650.

Country Music Jam Sunday

The Embassy Community Center, 603 3rd St. NE, Fosston
Sunday, Dec. 3rd, 1:00-5:00
Any questions, call Russ at 435-6096

LOST

Phone, in gray case, in the Clearbrook/Gonvick area the weekend of November 4th. Holds valuable family photos and texts.

Call
954-218-8627
ask for COREY

R36-37P

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Goodridge ECFE kids enjoyed making turkeys last week right in time for Thanksgiving! Standing in the back, L-R: Nels Jensen, Rose Sjulestad and Carly Jensen. Front row, L-R: Bryson Fiedler, Izabel Horning, Elsa Rindahl, Ellie Hruby, Hayes Hruby, Abel Hruby, Adaline Rindahl and Sullivan Sjulestad.

60TH WEDDING ANNIVERSARY

Lavern & Anna Topstad

SUNDAY, DECEMBER 10TH
1:00 – 4:00 PM
– AT –
MCINTOSH COMMUNITY CENTER

Holiday stress-busting

Many people find the holiday season can be stressful. Holiday hosts may bear the brunt of seasonal stress, but the season also may be challenging for those who have lost loved ones or do not have close families to celebrate with. When holiday hustle leads to frayed nerves, there are some things people can do to reduce their stress.

• **Hit the gym.** The American Society for Exercise Physiologists says exercise has been shown to increase one's sense of well-being, mood, self-esteem, and stress responsivity. Stress can rev up adrenaline, and exercise can help relieve any pent-up energy and frustration.

• **Eat the right foods.** Stay hydrated and eat plenty of fiber, fruits and vegetables. This can help stabilize blood sugar levels and decrease cravings for comfort foods. Do not turn to caffeine, sugary sweets and alcohol to reduce stress, as such foods and beverages may only compound the problem.

• **Get ample rest.** Go to bed and rise at the same time each day. Many adults function best when they get between seven and eight hours of sleep per night, and a good night's rest can help in the fight against stress.

• **Engage in activities you enjoy.** Make time for activities that you like to do, such as crafts, hobbies and listening to music. Take time away from holiday tasks to give yourself a break.

• **Skip the need to be perfect.** Christmas movies and holiday ideals portrayed in advertisements can put undue pressure on the average person. Ignore any perceived pressure to have a perfect holiday season, instead resolving to enjoy the time with family and friends.

Stress can impact the ability to enjoy oneself during the holidays. But stress can be overcome, even during this busy time of year.

Donna Drangstveit

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Essentia Health-Fosston honored with national healthcare quality award

The team at Essentia Health-Fosston is proud to say it is considered a top performer in quality for all rural hospitals in the nation.

This honor comes from the National Organization of State Office of Rural Health and the Chartis Center for Rural Health/iVantage Health Analytics. These organizations review 50 different metrics in three major categories to find an overall rating. This scorecard shows Essentia Health-Fosston was in the top 25 percent of all rural hospitals for quality standards. This assessment is considered one of the industry's most comprehensive reviews for hospitals in smaller towns.

"This level of award-winning performance is made possible

through the combined efforts of our excellent medical providers and support staff," says Essentia Health-Fosston Administrator Kevin Gish. "Being recognized for the quality of care we provide is evidence of our constant focus to make a healthy difference in people's lives."

"These leaders serve as a benchmark for other rural facilities as they strive to achieve similar results," says the National Leader of the Chartis Center for Rural Health Michael Topchik. "These places provide a blueprint for how to successfully run a hospital and serve their communities amidst today's uncertainty and mounting pressures."

You Are Invited To A Vendor Open House At

Oklee Quilting, Inc.

December 2nd
9:00 am - 1:00 pm

VENDORS INCLUDE:
Country Stitchin
Wild Tree
Lemongrass Spa
Norwex
Klasen Kandles

Oklee Quilting, Inc. will be having lots of
• **Christmas Specials**, along with all
Fall & Christmas Decor
25% off

Will be holding a
Drawing for a Sewing Machine Carrier
(Register on Dec. 2nd)

O36C

Oklee 100th Anniversary of moving

St. Francis Xavier Church

One hundred years ago, the church and rectory were rolled across the frozen field on logs from Lambert town to Oklee.

We are celebrating on December 9th, with a special Mass at 4:00 p.m., followed by a short program and supper.

Everyone Welcome.

O36-37C

Join Us!

Customer Appreciation Day

Saturday, December 2, 2017
8:30am - 2:30pm

Garden Valley
Headquarters Building
Erskine, MN

Your Member-Owned Co-op

R36C

Zion WELCA of Oklee, is hosting an evening with a Oklee local's trip to Zambia 2017.

Maureen (Munt) Bartelt will be telling about her trip with Wellspring for the World. December 6th at 7:00 p.m. at the Zion Lutheran Church in Oklee. Everyone is welcome to attend this event. Refreshments afterwards.

O35-36C

Border Patrol Arrests MS-13 Gang Member

Subject arrested in Williston, North Dakota

WILLISTON, N.D. - A Mara Salvatrucha (MS-13) gang member was arrested by Border Patrol agents assigned to Grand Forks Sector.

The incident began at about 7 p.m., on November 15th, when Border Patrol agents arrested a 39 year old citizen and national of El Salvador who they deter-

mined to be in the U.S. illegally. Record checks confirmed the identity of the individual and that he had been previously ordered removed from the U.S. in 2013. A follow up investigation also discovered the subject to be a member of the MS-13 gang.

"This arrest is a testament to our cooperation with our DHS partners to disrupt one of the most dangerous criminal organizations in the United States," said Chief Patrol Agent Aaron Heitke. "This arrest is the direct result from information passed from Immigration and Customs Enforcement and a call from a concerned citizen."

The subject is currently being held at the Grand Forks County Jail pending removal proceedings.

To prevent the illicit smuggling of humans, drugs, and other contraband, the U.S. Border Patrol maintains a high level of vigilance on corridors of egress away from our Nation's borders. To report suspicious activity to the U.S. Border Patrol, contact Grand Forks Sector at (800) 982-4077.

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ESSENTIAL EVERYDAY BUTTER \$2.99 1 LB QUARTERED	VANILLA OR NEW YORK VANILLA CASS CLAY ICE CREAM \$4.59 4 QT PAIL ASSORTED FLAVORS CASS CLAY ICE CREAM ... 4 QT PAIL \$4.99	ASSORTED PEPSI COLA PRODUCTS 10/\$10 2 LITER BOTTLE 20 PK - 12 OZ CANS OF ASSORTED PEPSI COLA PRODUCTS..... \$5.99	TOMATO OR CHICKEN NOODLE ESSENTIAL EVERYDAY SOUP 3/\$2 10.5 OZ
ESSENTIAL EVERYDAY COLBY JACK, MILD CHEDDAR, MOZZARELLA, PIZZA BLEND OR SHARP CHEDDAR SHREDDED CHEESE 2/\$3 8 OZ			KRAFT MACARONI & CHEESE DINNER 10/\$10 7.25 OZ BOX
CASS CLAY REGULAR OR PLUS CALCIUM ORANGE JUICE 2/\$4 1/2 GALLON			ESSENTIAL EVERYDAY WATER 3/\$8 24 PK - 1/2 LITER BOTTLES

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ANGUS FARMS BONELESS BEEF SIRLOIN TIP ROASTLB \$3.69	FAMILY PACK BONE-IN ASSORTED PORK LOIN CHOPS..... LB \$1.79	GERBER AMISH FARMS BONELESS, SKINLESS CHICKEN BREASTS LB \$3.99	SMITHFIELD FULLY COOKED PORK SAUSAGE LINKS OR PATTIES24 OZ \$3.99
ANGUS FARMS BONELESS BEEF STEW MEATLB \$3.89	FAMILY PACK BONE-IN PORK COUNTRY-STYLE RIBS LB \$1.89	FAMILY PACK CHICKEN DRUMSTICKS OR THIGHSLB 99¢	ESSENTIAL EVERYDAY ASST. VARIETY DELI SHAVED LUNCH MEAT 12 OZ 2/\$7
ANGUS FARMS BONELESS BEEF TOP SIRLOIN STEAKLB \$4.99	BONELESS PORK SIRLOIN ROAST LB \$1.99	MIKEY'S I.Q.F. BONELESS, SKINLESS CHICKEN BREASTS 2.5 LB \$4.49	SUGARDALE ASST. VARIETY SLICED BACON12 OZ 2/\$6
MIDWEST PRIDE RARE COOKED BEEF PRIME RIB LB \$8.99	HILLSHIRE FARMS ASST. VARIETY SMOKED HALF HAMS LB \$2.49	BLUEWAVE BREADED ORIGINAL OR COCONUT JUMBO SHRIMP..... 9-10 CT \$3.99	BLUEGILL/SUNFISH FILLETSLB \$9.99

2%, 1% OR SKIM COUNTRY FRESH MILK \$2.59 GALLON WHOLE, 2%, 1% OR SKIM LAND O' LAKES MILK ...GALLON \$2.99	KELLOGG'S FROSTED MINI WHEATS \$3.19 18 OZ BETTER OATS ORIG. OR MAPLE & BROWN SUGAR STEEL CUT INSTANT OATMEAL 10 PK \$2.39	PALUBICKI'S PHARMACY 218-435-1000 ASK PALUBICKI'S PHARMACY HOW TO GET... \$50 IN FREE GAS & GROCERIES	ESSENTIAL EVERYDAY FLOUR 2/\$3 5 LBS DOVER FLOUR44.1 LBS \$18.99	ESSENTIAL EVERYDAY AWESOME STRENGTH PAPER TOWELS \$5.99 8 PK SHOPPER'S VALUE 9" WHITE PAPER PLATES..... 70 CT 2/\$3
LAND O' LAKES WHOLE, 1% OR SKIM CHOCOLATE TRUMOO \$1.99 1/2 GALLON ASSORTED CASS CLAY OR DEAN'S DAIRY PURE SOUR CREAM..... 16 OZ \$1.59	MANZANITA SOL APPLE, MIST TWIST LEMON LIME, GRAPE CRUSH, PINEAPPLE CRUSH, STRAWBERRY CRUSH OR ORANGE CRUSH 3/\$5 8 PK - 12 OZ CANS ESSENTIAL EVERYDAY WHOLE CASHEWS OR DELUXE MIXED NUTS 8.5 - 8.75 OZ \$4.99	ASSORTED DORITOS (9.25 - 9.75 OZ) ASST. RUFFLES (8.5 - 9.0 OZ) ASSORTED BEAN OR CHEESE DIP (9 OZ) FRITO LAY 4/\$10 FRITO LAY TOSTITOS..... 10 - 13 OZ 3/\$9	EAGLE BRAND SWEETENED CONDENSED MILK 2/\$3 14 OZ ESSENTIAL EVERYDAY WHITE OR CHOCOLATE ALMOND BARK 24 OZ \$2.59	MINI CHUNKS SUPREME DOG FOOD \$5.99 16 LB DOWNY FREE & GENTLE FABRIC SOFTENER..... 34 OZ \$2.39

LAND O' LAKES HALF & HALF 5/\$4.50 PINT CASS CLAY WHIPPING CREAM..... PINT \$1.99	NEW ENGLAND CLAM CHOWDER, VEGETABLE BEEF, CHICKEN NOODLE OR SIRLOIN BURGER CAMPBELLS CHUNKY SOUP \$1.59 18.6 - 18.8 OZ KEEBLER ORIGINAL ZESTA SALTINES16 OZ \$1.99	ASSORTED OLD DUTCH RIPPLES 2/\$4 8 - 8.5 OZ ASSORTED OLD DUTCH HOLIDAY PRETZELS....24 - 26 OZ 2/\$7	CRAN GRAPE, CRAN RASPBERRY, CRAN APPLE OR CRANBERRY OCEAN SPRAY JUICE \$2.59 64 OZ LANGERS CRANBERRY POMEGRANATE JUICE COCKTAIL..... 64 OZ \$1.79	SUPREME CAT COMBO \$8.99 16 LB CAT'S PRIDE FRESH & LIGHT CAT LITTER 10 LB \$6.99
HOMESTYLE OR BUTTERMILK EGGO WAFFLES \$1.89 12.3 OZ FROZEN ASSORTED EGGO BREAKFAST SANDWICHES ... 13.8 OZ FROZEN \$2.99	TRADITIONAL, MUSHROOM, GARLIC & HERB OR MEAT HUNT'S PASTA SAUCE 5/\$6 24 OZ CREAMETTE RINGS OR SMALL SHELLS 7 OZ 2/89¢	ICEBERG LETTUCE 99¢ EACH FRESH CAULIFLOWER LB 89¢ ON THE VINE TOMATOES LB \$1.79 WHOLE OR SLICED BABY BELLA MUSHROOMS 8 OZ \$1.99 MINI PEELED CARROTS2 LB \$1.99 DOLE CLASSIC ROMAINE (9 OZ), GREENER SELECT (12 OZ) OR TENDER SPINACH..... 8 OZ 2/\$3 RED POTATOES10 LB \$3.29 FRESH BROCCOLI LB \$1.59 TEXAS GRAPEFRUIT EACH \$1.19 NAVEL ORANGES4 LB \$4.99 FUJI, GALA OR RED DELICIOUS APPLES..... 3 LB \$3.99	LEMON LIME, ORANGE, FRUIT PUNCH OR GLACIER FREEZE GATORADE 5/\$6 32 OZ INDIAN SUMMER APPLE CIDER 64 OZ \$1.79	MORTON SOFTENER SALT (40 LBS) BLUE BAG EXTRA COARSE... \$4.99 YELLOW BAG PELLETS \$5.59 GREEN BAG RUST REMOVER.. \$6.79

CASS CLAY ASSORTED COTTAGE CHEESE \$2.59 22 OZ KEMP'S PLAIN OR FRUIT ON THE BOTTOM COTTAGE CHEESE SINGLES.. 5.3 OZ 99¢	ESSENTIAL EVERYDAY TACO SEASONING 5/\$2 1.25 OZ ORTEGA ORIGINAL MILD TACO SAUCE 8 OZ \$1.59	PEAS, CORN, BROCCOLI CUTS OR MIXED VEGETABLES BIRDS EYE 3/\$2 16 OZ FROZEN HAM & CHEESE HOT POCKETS... 12 CT FROZEN \$10.99	AISLE 23 wine, spirits and beer 24 PK - 12 OZ CANS BUSCH LIGHT BEER..... \$16.99 24 PK - 12 OZ CANS COORS LIGHT OR COORS BEER... \$19.49 HUNTER'S CANADIAN WHISKEY.. 1.75L \$11.99 KARKOV VODKA..... 1.75L \$14.99 CABERNET OR RED BLEND VIN VAULT WINE 500 ML \$2.99 ASSORTED MIRASSOU WINE 750 ML \$9.99 ASSORTED BLACK BOX WINE3L \$17.99 4 PK - 187 ML ASSORTED BAREFOOT BUBBLY CHAMPAGNE \$6.99
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CLASSIFIED ADS

BUS DRIVER WANTED

RLCC School has an immediate opening for a full time bus driver. This position is for AM and PM routes, with extra-curricular driving when available. Compensation of \$90 per day, and benefits that include health insurance, State Public Employees Retirement Association with current contributions of 14% of pay, paid sick and personal days. Position is open until filled. To inquire or questions please contact Marlan Sorenson 218-796-5196 or 218-465-4220. Applications are available at the school or on the school website. RLCC ISD 2906 is an equal opportunity provider & employer.

Are You Looking For A Rewarding Job With Good Pay And Great Hours?

Busing students for Clearbrook-Gonvick School.
Stein Bus Service, LLC
Paid training available.
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McIntosh Senior Living is currently hiring for one full time and one part time activity assistant. Applicants must be or willing to become NAR certified as one of the duties is to complete daily Restorative Nursing program to our residents. In this position it is expected that you will also implement scheduled activity programs and complete 1:1 visits with our residents to provide the highest quality of life possible. Interested persons should contact Tina Chaput, Program Coordinator, at 218-563-2715.

TEACHER POSITION OPEN

Red Lake County Central High School is seeking a 9-12 English teacher 1.0 FTE position for school year 2018-19.

Position open until filled. Interested candidates should contact Randy Pederson, Principal, at 218-796-5136.



LPN or RN wanted! McIntosh Senior Living (MSL) is currently hiring for a full time LPN or RN to work the pm shift and noc shift. This position will require working an 8 or 12 hr. shift, every other weekend and rotating holidays. MSL is a nursing facility that is dedicated to Quality Care. Benefits include free health insurance for single, family health plan, retirement plan, PTO, holiday pay, shift differential, scholarship program and retention/incentive bonus program. Credit is given for experience and we welcome new graduates. MSL takes pride in providing an exceptional learning environment for new staff. If you are interested in joining our team, contact Tricia Hove, Director of Nursing, at 218-563-2715.

Position Announcement East Polk Soil and Water Conservation District

Is accepting applications for a full-time District Technician. This position will be under the general supervision of the District Manager, and will promote conservation efforts, assist with various conservation programs, such as Wetland Conservation Act, Buffer program, MNAg Water Quality Certification Program, etc. The position requires working with landowners and community groups, as well as local, state, and federal government to build partnerships and implement conservation programs.

Must possess valid driver's license. Prefer Bachelor's degree in natural resources, environmental education or other related field, and knowledge of GIS and Best Management Practices (BMP's).

Closing Date is December 1, 2017 at 4:00 p.m.
Please email cover letter and resume to: East Polk SWCD, P.O. Box 57, McIntosh, MN 56556 or email to newtoneastpolk@gmail.com

Conditions of Announcement:
The East Polk SWCD reserves the right to extend or make changes to the content of the position announcement without notification and may at any time withdraw the announcement.
East Polk is an equal opportunity employer.

JOB POSTING CLEARWATER COUNTY ASSESSMENT CLERK

Applications are being accepted for an Assessor Clerk position, under the general supervision of the County Assessor. The Assessment Clerk develops and maintains clerical functions and assists the assessing staff in support and customer service. This position is responsible for recordkeeping, filing, answering public inquiries as to property tax valuations, data entry, word processing and general office support.

Minimum Requirements: High School graduate or equivalent. Highly prefer someone with previous land records management experience, excellent computer skills, detail-oriented and great communication skills. Must possess a valid Minnesota Class "D" Driver's License.

Applications may be obtained from the Clearwater County Assessor's Office located on the 2nd floor of the Courthouse or on the county website at www.co.clearwater.mn.us.

This is a full time, 40 hours per week position. Starting Salary Range \$14.15 - \$18.71 an hour with full time benefits. Applications must be submitted to Jamie Freeman, Clearwater County Assessor no later than December 7, 2017 at 4:00 p.m.

Clearwater County is an Equal Opportunity Employer

Office Assistant Position Open

Red Lake County Cooperative has a full-time office assistant position available at our Brooks Office. Job duties include answering phones, taking fuel orders, balancing daily sales along with assisting staff with miscellaneous duties. This position includes our full benefit package.

Send resume with references to:

Michele Longtin
Red Lake County Cooperative Inc.
Po Box 37
Brooks, MN 56715
Email michele@rlccoop.com

Applications will be accepted until December 12th or until position is filled.

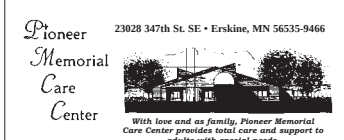
HELP WANTED

The Clearbrook-Gonvick School has an opening for a Native American Education Coordinator and Native American Education Support Professional. One position is running an after-school program that goes until 5:30. The positions are open until filled. Please contact Jeff Burgess for more information. 218-776-3112 ext. 103.

The Country Place and Crossroads

has a part-time RN position for their assisted living facilities.

Apply online at www.pioneerarecenter.org or in person at Pioneer Memorial Care Center, Erskine.



Come Join
our Team!

CNH Industrial Openings: Benson, MN

Through its people and brands, CNH Industrial delivers power, technology and innovation to farmers, builders and drivers all around the world. Each of its brands, including Case IH, New Holland Agriculture, Case and New Holland Construction, FPT Industrial, Capital, and Parts & Service, is a major international force in its specific sector.

1st Shift Hours: Monday-Thursday, 6:00 am-4:30 pm
2nd Shift Hours: Monday-Thursday, 4:30 pm-3:00 am

- Assembly~ 1st Shift, starting pay \$16.74
- Welding~ 1st & 2nd Shift, starting pay \$21.09
- Press Brake I~ 2nd Shift, starting pay \$21.09
- CNC Operator~ 2nd Shift, starting pay \$21.60

Night shift differential is an additional \$1.50/hr.

Benefits:

All positions are eligible for the following:
After 30 days of employment: Medical, Dental, Vision and Life Insurance Plans, 11 Paid Holidays. • 1-5 years of service employees receive 80 hours of vacation. • After 1 year of company service, CNH Industrial provides a 401k match. • Tuition Reimbursement.

Apply online: www.cnh.com



Oklee Mini Storage

Downtown Main Street

Units Available

10 x 12 ft - \$45
12 x 22 ft - \$75

218-779-3005
218-796-5120

Richards Publishing Services

FAX SERVICE at Richards Publishing, Gonvick. Send \$1.50 first page, \$1.00 each additional. To receive, 50¢ per page.

LAMINATING DONE from business card size to letter size, while you wait. Richards Publishing Co., Gonvick.

PASSPORT PICTURES at Richards Publishing, Gonvick. \$10.00. Call to set up an appointment. 487-5225

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Household

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Baking shortcuts for time-pressed entertainers

'Tis the season for baking cookies, cakes and other treats. However, during the holiday rush, it's easy to get side-tracked or tired, and perhaps even a little bit overwhelmed by all the things to do in such a short period of time. Holiday baking doesn't have to add to seasonal stress. With these tips and shortcuts, there will be plenty of sweet treats for the family.

Stick with tested recipes
Although holiday bakers may want to branch out a bit with their culinary creativity, recipes that have previously been prepared with great success can take some of the work out of holiday baking. Preparing recipes you recall preparing in the past is much easier than trying something new. If you'd like, add sparkle to old standards, such as decorating oatmeal or chocolate chip cookies with colored sprinkles.

Cookies are fast-baking
Did you know that cookies were originally made to test

oven temperatures? Culinary historians say that cookies were first made to test if an oven was hot enough to bake other goods. Today, cookies can be whipped up in mere minutes. Make a batch of dough and then freeze or refrigerate it, thawing it when the time comes to bake. Also, think about baking one day and decorating the next if pressed for time.

Embrace colored candy melts
Icing can be tricky to master. Simply heating colored candy melts and pouring over cakes or painting onto cookies can add festive appeal to desserts. Candy melts even come in many different colors and can be combined to achieve the tint desired.

Keep ingredients in top form
Don't let poorly performing ingredients or a lack of supplies be your undoing. Butter can be softened quickly in the microwave when needed for recipes. Eggs can be brought to

room temperature by allowing them to sit in a bowl of warm water. Ensure that brown sugar stays soft by putting a piece of sliced bread in the container. Don't forget to stock up on other baking staples, such as vanilla and almond extracts, baking powder/soda, molasses, and confectioner's sugar.

Don't bake from scratch
Not all recipes need to be made from scratch. Boxed cake mixes can be embellished and turned into delicious desserts without much fuss. Substitute melted butter for oil, buttermilk for water, and add an extra egg for a rich cake. Mix in chocolate chips or nuts or experiment with garnishes for a festive look.

Parchment paper is key
Line cookie sheets or cake pans with parchment paper for easy dessert release and quick cleanup. Parchment paper and even foil can help lift cakes or cookie bars out of pans so they look neat and do not stick. Holiday baking can be made much easier by employing a few tricks of the trade.

Northwest Minnesota Women's Fund Requests Proposals for Women's History Month Programs

The Northwest Minnesota Women's Fund is seeking proposals for up to \$1,500 that will support programs in celebration of Women's History Month. Preference will be given to projects that reflect the 2018 National Women's History Month theme: "NEVERTHELESS SHE PERSISTED: Honoring Women Who Fight All Forms of Discrimination Against Women." Programs must take place within the timeframe of the month-long celebration in March 2018. The Women's Fund will consider grant applications from school districts, universities and colleges, nonprofit organizations, historical societies, and community service groups. Counties served by the Women's Fund are Beltrami, Clearwater, Hubbard, Kittson, Lake of the Woods, Mahanomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau. Funds may be used for speakers, educational materials, and program delivery expenses

for seminars, conferences and workshops that are being held in the 12-county service area. Funds are not available for scholarships (higher education). The number of awards and dollar amounts will be determined by how many qualified applications are received. To qualify for consideration, events must be open to the public, non-discriminatory, and appeal to all women, regardless of age, race, and educational attainment. The available funds may be divided among qualified applicants. Requirements include clear goals and action steps for completing the project:

- Description of working relationship(s) with other partner(s) and/or funding sources
- Potential success of the program
- Evidence of an evaluation plan

The committee requests that an example of promotional material be submitted before the

event if awarded grant dollars. The NMWF committee will provide their promotional material at the event. The deadline for submission of proposals is December 4, 2017. Funds will be awarded by January 1, 2018. Contact Chris at 218-759-2057 or 800-659-7859 for information, or email chrisb@nwmf.org. Applications are available at www.nwmf.org under latest news.

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Manage pain with massage therapy

Addiction to opiates is a growing problem in the United States and Canada. Pain relief therapies, such as massage therapy, can be viable alternatives to the prescription pain medicines that often serve as a gateway to illegal drugs such as heroin.

Addiction to prescription painkillers is common. The National Institute on Drug Abuse estimates that 4.7 million people in the United States are dependent on painkillers, the sale of which has increased by more than 300 percent since 1999. Retail pharmacies across Canada dispensed 19 million prescriptions for opioids in 2016, which was up slightly from 18.9 million in 2015, according to the health data company QuintilesIMS. When prescriptions to oxycodone, hydromorphone and fentanyl run out, many people turn to heroin as a less expensive and more readily available means of pain relief.

NIDA says that up to 7 percent of people who are prescribed opiate or analgesic pain killers will become addicted. To help reduce the overprescrib-

ing epidemic and keep people from becoming addicted to pain meds, people can look for other ways to alleviate pain.

Massage therapy is a viable option that can work wonders to improve flexibility and offer relief from pain in different parts of the body. In addition to alleviating pain, massage therapy can promote relaxation, reduce anxiety and improve quality of life.

Research indicates that massage therapy can reduce the incidence and frequency of back pain, headache and leg pain and can even reduce stress and tension. Massage therapy can be an asset to those with myalgia, carpal tunnel syndrome and other conditions.

Researchers at McMaster University in Canada found that massage therapy affects the activity of certain genes, which directly reduces inflammation in muscles - the same results that would occur if a person took pain medication. Researchers tested people who exercised and received massages afterward against a control group, discovering that "massage dampened the activity

of proteins known as inflammatory cytokines, which cause inflammation and pain. It also increased levels of proteins that signal the muscles to produce more mitochondria, the cell structures that produce energy and help muscles recover from activity."

A review published in the journal Complementary Therapies in Clinical Practice noted that moderate pressure massage can lead to decreased cortisol levels, helping to reduce stress and anxiety. Massage may help stimulate serotonin products, improving mood and feelings of well-being. Also, according to AMTA, deeper massage stimulates blood circulation to improve the supply of oxygen and nutrients to body tissues while helping the lymphatic system to flush away waste products. It also eases tense and knotted muscles and stiff joints, improving mobility and flexibility.

Massage therapy can be a viable alternative for pain sufferers who are reluctant to take potentially addictive prescription pain medications.

College Scholarship & Youth Tour Opportunities

The Foundation for Rural Service (FRS), in cooperation with NTCA-The Rural Broadband Association, seeks to sustain and enhance the quality of life in America by advancing an understanding of rural issues. In keeping with its mission, furthering the education of rural youth is one of the Foundation's primary focuses. Garden Valley Telephone Company is a member of NTCA and is proud to support the FRS in this worthy endeavor. We are very excited to bring these scholarship and youth tour opportunities to students in our local school districts!

Here's Your Chance to Win College Scholarships!

In 2018, FRS will award a number of scholarships to rural high school seniors. One of the scholarships is awarded per geographic region. Should a student from the Garden Valley Telephone Company service area be selected to receive this regional scholarship, FRS will award \$2,000 and Garden Valley will contribute an additional \$500, bringing the total one-time scholarship award to \$2,500. In addition, four \$5,000 Staurulakis Family Scholarships, two \$1,500

TMS Scholarships, one \$7,000 Everett Kneese Scholarship, and three \$500 Roger Alan Cox Memorial Scholarships will be awarded. Students who are majoring in math, science, engineering or medicine will be given preference for the Staurulakis Scholarship.

Each applicant must:

- Be a graduating high school senior.
- Be a United States citizen.
- Be sponsored by a current NTCA member. In other words, receive telecommunications service from Garden Valley Telephone Company.
- Be accepted by an accredited 2- or 4-year college, university or vocational/technical school.
- Have at least a C grade point average (GPA).

Express an interest to return to a rural community following graduation.

Scholarship applications and detailed instructions may be obtained from the school superintendents in our service area, or the FRS website at www.frs.org. We ask that all applications be returned to Garden Valley by February 9, 2018. We will then see that the applications are forwarded to the FRS.

Youth Tour Opportunity

Garden Valley is happy to sponsor two students to attend the NTCA Foundation for Rural Service (FRS) Youth Tour. Two high school students, age 16 or 17 at the time of the tour, and who receive services from Garden Valley may be eligible to win an expenses paid trip to Washington, D.C. for this FRS Youth Tour



Theology in the Trenches

By Kathleen Kjolhaug

Closet Thoughts

An odd thought passed through my mind as I dug about my closet today trying to order the array of disorder within. Quite vivid it was; it went like this.

When I die, my daughters will be digging through this very closet and they will finally have the final say as to what it is I'm going to wear!

More thoughts quickly followed.

Will an argument ensue? Will they go buy me something new because they never like what's in my closet...unless they do...and now it's in theirs? Do I have to tell my husband or leave it in writing? Better yet, should I box up the outfit now...taping a note atop for all to see?

Preparing for eternity usually never includes that which you possibly might be grounded in...but I suppose it could. In fact, I've never told anyone this, but there is a pair of pumps shoe-boxed upon the top shelf

in my closet, purchased for a mother-of-the-bride experience somewhere along life's way. As I thought they looked just a bit too maternally, I shelved them.

I hung on to them because I thought that perhaps they were classy enough to be worn some day in the far future. I figured if anyone might look down upon me lying there, they'd be considered worthy enough for the job. Not only does the black pat-n-leather have a nice shine to it, but gently dotting the rim is a set of pearls (fake of course) lest we have buried treasure so to speak.

Perhaps these thoughts, these feelings, have settled in because this is the time of year when mom died. The clouds of fall come as a reminder that seasons change. All sorts of seasons ebb and flow within as nature takes its course. We weather just has distinctly...albeit not so obvious.

Truth is, it's important to

acknowledge them...feel the feelings...and lay them at the foot of His cross lest they become our reality. Discerning His reality helps us to see things how He sees them and not how we perceive them to be.

Today, as I find myself yet fully alive here upon this earth, I look down at my feet clad in summer sandals. Glancing forward, moving eyes off self, I see His Word laid out before me. Literally it lies there. A sheet of paper has fallen within the shelving unit of my desk and face up the computer generated verse says, "I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh, I live by faith in the Son of God, who loved me and gave Himself for me." Gal. 2:20.

Perhaps I'd best check with Him on how He wishes to clad me in the transitioning of the seasons. To God be the glory both now and forever, Amen.



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question: Sir, I want to purchase tires for my vehicle that are the best available for ice and snow and wet traction. I know they will be expensive but I will leave them on year round as storage room for an extra set of tires/wheels is not available. Is there a tire available that is a consumer twin to what you have on your cruisers? You guys must be great drivers as I never see a State Trooper stuck in the ditch.

Answer: Making sure your tires are not old and have plenty of tread is extremely important, especially during winter conditions. The Minnesota State

Patrol uses a winter tire, and we suggest that you check with your local dealer or mechanic for the best tire that fits your vehicle.

As a Trooper I understand the importance and value of using a proper tire. Staying on the highway comes down to a number of factors, but the most important is driving according to the conditions and using good common sense. Some advice on tires:

- Check tread depth. Tires with a tread depth of one-sixteenth of an inch or less are unsafe. Place a penny head first into the tread grooves. If you see the top of Lincoln's head, you need new tires.

- Check for cuts, bulges and exposed ply or cord. These conditions can cause blowouts.
- Check tire pressure with a tire gauge. Tires can be as much as 50 percent under-inflated before it is visibly noticeable.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow - Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).



Little John Deere

by Auctioneer Eric W. Mickelson

In 1947, John Deere came out with model M. It was a smaller tractor with a vertical 2 cylinder engine. John Deere wanted a smaller tractor for use and small farms or to help out on a larger farm. I have personally never driven an M John Deere but, it looks like a fun little machine. When the number series came out the M was replaced by the 40. Near that same time Henry Ford and Harry Ferguson were in the middle of a law suite over the three point hitch system. The suite was settled in 1952 and John Deere went to work adding a three point hitch system to their model M, but at that time they also replaced the M with the model 40. The 40 was later replaced by the 420, and again later by the 430. These tractors were a successful addition to the John Deere line up.

In 1949 John Deere came out with the R Diesel, its first diesel tractor. Later the 70, 80, 720, 820, 830 also featured economical John Deere two cylinder diesel engines. I remember seeing a very interesting brochure my dad had when I was a kid. It advertised a 435 Diesel.

John Deere was having a hard time coming up with a smaller diesel engine so they went to a GM 2-53 engine. It was a 2 cycle, 2 cylinder engine with 53 cubic inches in each cylinder. It then had an overall displacement of 106 cu. In. They put this engine in the new 435 Diesel. Now John Deere had a small diesel tractor to compete with Ford, Massey Ferguson, and Oliver. These companies already manufactured smaller tractors with diesel engines. The 435 Diesel had remote hydraulics, 1000 rpm PTO,

power steering, and float ride seat. I used to look puzzlingly at that brochure featuring the 435 Diesel. The idea to me of a vertical 2 cylinder engine was weird! But, something about the little John Deere made me want one! I first looked at dad's brochure probably 40 or so years ago, and I still don't have a 435 Diesel.....but I haven't given up yet!!

How about a little tractor trivia!

1. The model M, 40, 420, 430, and 435 Diesel were all manufactured in _____?
- A) Waterloo Iowa B) Cheshertshire, England C) Brisbane, Australia D) Dubuque, Iowa
2. The model M, 40, 420, and 430 all had 4 forward speed transmissions as standard equipment. The 435 had a _____ speed transmission.
- A) 4 speed B) 5 speed C) 6 speed D) 8 speed
3. The M came out in 1947. The 435 Diesel was released in _____.
- A) 1955 B) 1958 C) 1959 D) 1960
4. The model M John Deere and the WC Allis Chalmers (with and Allis Chalmers engine) had something in common, what was it?
5. What did a tractor with the model MC stand for?

Answers: 1. D. Dubuque, IA 2. B. 5 speed (although a 4 speed transmission was an option) 3. C. 1959 4. The M and the WC both have a 4 in. bore and 4 in. stroke 5. Model M Crawler



A picture of a 435 Diesel.



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Larry was born on September 5, 1942, in Bagley, Minnesota the son of Floyd and Doris (Erie) Sather. He was Baptized and Confirmed at the United Church in Berner, MN. Larry married Joyce Flateland on November 11, 1978 in Bagley, MN and they had twin children - Robin and Chad. Larry worked at G&G Construction in Clearbrook, Elevator Construction in Oklee and the Sunflower Plant in Gonvick. He hayed for Sand's Farms, he worked at Wagner Farms, and he worked at American Crystal Sugar. He also worked at Bose Cascade, Hibbing Taconite, and when he lived in Superior he worked at Enbridge Pump Houses. He has also lived in Beulah, Duluth, and Silver Bay. Larry was a hard

He was preceded in death by his grandparents, parents, and his Brother-in-law-Rick. Messages of condolence may be sent to ceasefuneral-home.com



Ernest farmed all of his life, growing small grains while raising dairy and beef cattle. In his younger years he also worked in construction and helped to build the Gunflint Trail, Grand Forks

May his memory be forever
blessed.



Leonard was a member of the NFO, served as director for the Soil and Water Conservation for 16 years, he served

He is preceded in death by his wife Veronica, 2 granddaughters Caren Hunter and Cassandra Anderson; parents Joseph and Diana Boucher; brothers Delpha, Joe, Maurice, Clarence and sister Eunice Bourque; sisters-in-law Isabelle Boucher and Betty Boucher, Harriet Perreault.



5. Donate to a cause in your loved ones name. Try and choose a charity your loved one would have supported. Dur-

19. Take care of yourself
Attend a workshop or support group for people dealing with a loss during the holidays. Remember that your loved one would have wanted you to have the support you need.

Pulse Response



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Nathanael Dahl, #81, is a defensive lineman for the Pioneers at Northland Community and Technical College in Thief River Falls.

Pioneers are MCAC champions

Northland Community & Technical College (NCTC) defeated Mesabi Range College 68-35 to win the Minnesota College Athletic Conference football championship at Husky Stadium in St. Cloud.

The championship is NCTC's first in over four decades competition in football. The Pioneers made two previous trips to the conference championship game, losing to Rochester in both 2002 and 2011.

NCTC quarterback Shannon Patrick threw eight touchdown passes as the Pioneers overcame a 28-27 halftime deficit. The Pioneers 68 points set a new MCAC Championship Game record.

The Pioneers will be playing on Sunday, December 3 in the Graphic Edge Bowl

The Opening Game of this year's The Graphic Edge Bowl will feature Ellsworth Community College (Iowa) against Northland Community and Technical College (Minn.), kicking off at 11:00 a.m. at the UNI Dome at Cedar Falls, Iowa

Ellsworth finished second in the Iowa Community College Athletic Conference standings, receiving the bid for the Opening Game of the 2017 Graphic Edge Bowl. This will be the Panthers' fourth straight appearance in the Graphic Edge Bowl, leaving victorious in each of their last three appearances.

Ellsworth finished the 2017 regular season with a record of 3-8 and received the bowl bid as the ICCAC's runner-up.

Northland returns to the Graphic Edge Bowl for the first time since 2002, when they lost to North Dakota State College of Science, 41-22. The Pioneers, ranked No. 20 in the NJCAA, now have an overall record of 9-2 after defeating Mesabi Range Community College in the Minnesota College Athletic Conference Championship Game.

Playing Defensive Lineman is Nathanael Dahl a 2017 graduate of Clearbrook-Gonvick High School. He is the son of Joel and Kris Dahl of Clearbrook.

Deadline Extended for Grants to Prevent Minnesota Wolf Attacks on Livestock

Applications due December 15, 2017

St. Paul, MN: Minnesota livestock producers have an additional three weeks to apply for grant money to help prevent wolf attacks. Due to a late harvest that kept producers in the fields longer than average, the Minnesota Department of Agriculture is extending the deadline for the Wolf-Livestock Conflict Prevention Grant applications to December 15, 2017.

The Wolf-Livestock Conflict Prevention Grants is a new program funded by the 2017

Minnesota Legislature. There is \$120,000 available to producers this fiscal year (July 1, 2017 – June 30, 2018) and another \$120,000 available next fiscal year (July 1, 2018 – June 30, 2019).

The grants provide reimbursement for costs of approved practices to prevent wolf-livestock conflicts. Eligible expenses for the grant program will include any or all of the following items:

- Purchase of guard animals
- Veterinary costs for guard animals
- Installation of wolf-barriers which may include pens, fladry and fencing
- Installation of wolf-deterrent lights and alarms
- Calving or lambing shelters
- Other measures demonstrated to effectively reduce wolf-livestock conflicts

Producers must live within Minnesota's wolf range, as designated by the Minnesota Department of Natural Resources, or on property determined by the Commissioner of Agriculture to be affected by wolf-livestock conflicts. Any animal species produced for profit and documented to have been killed by wolves in Minnesota in the past is eligible. This includes bison, cattle, chicken, deer, donkey, duck, geese, goat, horse, llama, mule, sheep, swine and turkey.

The grant application must be emailed or postmarked by 5:00 p.m. on December 15, 2017. Work for this first grant cycle must be done and expenses reported by June 30, 2018. The application and more information can be found at <http://www.mda.state.mn.us/grants/disaster/wolf/wolfconflictprevent.aspx>.

Want to give green gifts this holiday?

Think wood from a Minnesota forest

This holiday season support Minnesota businesses that make and sell gifts made of wood from local forests. Thousands of items are made from wood harvested in Minnesota forests.

"Wooden toys, handcrafts and keepsakes are great green gift options," said Kristen Bergstrand, DNR utilization and marketing program coordinator. "Plus, wood is a renewable resource that is natural, beautiful and durable."

Wooden chests, rocking chairs or horses, children's toys, picture frames and artisan bowls or wood crafts are one of a kind items that are often passed down to future generations as family mementos.

"Right now wooden signs with an inspirational saying are very popular," Bergstrand said. "Many local artists repurpose wood from pallets to create them."

Making products from trees often requires less processing and energy than plastic or other products. Wood is also renewable and reusable. Most wood

products can be recycled and wood waste can be converted into green energy as biomass.

Buying wood products also helps the environment. Trees absorb carbon dioxide, a greenhouse gas that causes global climate change, and store carbon in their wood, keeping it out of the atmosphere. Locally made products from trees harvested in Minnesota use less fossil fuel for transportation than imported goods.

Supporting the wood products industry helps protect forests from development because

woodland owners are able to generate income from a harvest. It also helps sustain local Minnesota economies and creates jobs and financial support for small and large retail business across the state.

So this year, give the gift that makes sense—wood—and help support Minnesota's forests and local businesses.

Visit the DNR wood products webpage at www.mndnr.gov/forestry/wooden-gifts.html to learn more about the benefits of buying and using wood products.



4 ways to save money on ski trips



1. Book an all-inclusive trip.

Lift tickets and equipment rentals can be expensive. Lift tickets are typically valid only for the day of purchase, so such expenses can quickly add up for skiers who want to spend several days on their favorite mountains. Before booking a trip, shop around for all-inclusive offerings that include rentals and lift tickets for the duration of the trip. Skiers who plan to spend several days on the mountain may find it more economical to purchase all-inclusive packages than to pay daily charges for lift tickets and equipment rentals.

2. Book in advance.

If all-inclusive packages are impractical or too expensive, skiers can explore paying for equipment rentals and lift tickets in advance. Resorts may offer discounted rental and lift ticket prices to guests who purchase these items online in advance of their stays.

3. Ski local.

Skiing locally can save skiing enthusiasts substantial amounts of money while still allowing them to enjoy the slopes. By choosing to visit local mountains, skiers can save on overnight lodging costs.

And since resorts are close, skiers won't need to purchase potentially expensive flights. In addition, skiers with their own equipment can save on rentals by bringing their own skis. It's possible to do so when flying to a resort, but that can result in additional baggage and/or packaging fees.

4. Make it a group effort.

Many resorts offer discounted rates on passes and activities to groups of a certain size. Look into the requirements for group discounts at local resorts, and then recruit friends and family to make the trip together.

Skiing is an enjoyable activity and a great way to avoid the cabin fever that can settle in as winter drags on. Skiers with tight budgets but a little creativity can spend much of the upcoming season traversing their favorite mountains.

Did you know?

According to a report from the U.S. Fish and Wildlife Service, 101.6 million Americans - or 40 percent of the U.S. population 16 years old and older - participated in wildlife-related activities in 2016. Such activities included hunting, fishing and wildlife-watching. Such activities proved a boon to the U.S. economy, as those who participated in wildlife-related activities spent \$156 billion in 2016. That's the most money, adjusted for inflation, spent on wildlife-related activities in the last quarter century. Wildlife-watching, which includes observing, feeding and photographing wildlife, has become increasingly popular over the last half-decade. The FWS reports that participation in wildlife-watching grew by 20 percent between 2011 and 2016, when more than 86 million people engaged in such activities. Hunters also made a strong impact on the economy, as the roughly 11.5 million hunters in the United States spent \$25.6 billion in 2016.

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