



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Pictured from left: Tim Weippert - Thrifty White Pharmacy Operations, Evan Fonder, Scott Rewerts - Director Affiliated Pharmacy Program, Ruth Fonder.

Nord's Pharmacy & Gifts Wins Award

2017 Thrifty White Pharmacy Affiliate Awards Fosston, MN October 9, 2017

On Thursday & Friday, October 5th & 6th, 2017, Evan & Ruth Fonder of Nord's Pharmacy & Gifts attended the Annual Conference for Thrifty White Pharmacy, with which they are affiliated. At the evening

banquet, they were presented with 2017's Quest for Excellence Award. The Quest for Excellence Award is presented to a pharmacy that has displayed growth and strength in their efforts across all aspect of

pharmacy services. The winner of this award has implemented and/or taken advantage of many service offerings of the Affiliated Pharmacy Program along with focusing on adherence, and patient healthy outcomes.

Nord's Pharmacy & Gifts is one of 80 Independent Pharmacies that are affiliated with Thrifty White. Evan & Ruth Fonder of Fosston, MN purchased Nord's Pharmacy & Gifts from John & Julie Nord this past January.

MnDOT conducts aerial photography, do not disturb temporary targets

BEMIDJI, Minn. – The Minnesota Department of Transportation is asking residents not to disturb wood panel photography targets as crews begin aerial mapping in Cass, Hubbard and Polk Counties.

The survey mapping projects will take place in the following locations:

- Cass- Highway 200 from the Highway 371 Casino Jct to three miles east
- Hubbard- Highway 34 in the City of Akeley
- Hubbard- Highway 64 from Highway 34 to north of 11th Crow Wing Lake
- Polk- Highway 2 from Erskine to Marcoux

The aerial survey process relies on clear observations, so it can only be conducted after the leaves fall from the trees and before the snow flies. To begin the process crews place an "X" on the ground as a reference point for the aerial photographer.

The mapping will create a record of existing infrastructure and landscape along MnDOT right of way for transportation planning and operations. "Crews paint large white 'X' targets on paved surfaces" said Dan Domeier, MnDOT Land Surveyor. "For unpaved locations they use a wood panel target."

A survey crew then records the coordinate position and



elevation of these targets, and provides that information to the aerial photography company.

The wood panel targets are temporary and will be removed when the photography is completed. MnDOT requests that landowners not remove or disturb the targets until the photography is completed.

If a target must be moved, please contact MnDOT District 2 survey staff at 218-755-6533 or by email at daniel.domeier@state.mn.us.

For real-time travel information and road conditions anywhere in Minnesota, visit www.511mn.org.



In the photo, left to right, are Shawn Wegman, Malia Martin, Kaylin Risacher, Professor Lyle Westrom (coach).

U of M Crookston Dairy Cattle Judging Team Places at World Dairy Expo

CROOKSTON, Minn. – The University of Minnesota Crookston Dairy Cattle Judging team competed at the World Dairy Expo in the 29th International Post-secondary Dairy Cattle Judging Contest on October 1-2, 2017, in Madison, Wis. The U of M Crookston team is made up of Malia Martin, a senior majoring in animal science from Menasha, Wis.; Kaylan Risacher a senior majoring in animal science from Wright, Minn.; and Shawn Wegman, a sophomore majoring in natural resources from St. Charles, Minn. The team was coached by Professor Lyle Westrom.

The practical contest on October 1 consisted of dairy linear evaluation, registered heifer selection, commercial heifer selection, and sire selection. Malia Martin finished second in dairy linear evaluation to bring home a \$200 award. Kaylan

Risacher also finished ninth in the dairy linear portion. The U of M Crookston team finished third in the registered heifer selection competition.

The tradition dairy judging contest took place on October 2 included a total of twelve classes of four animals each and four sets of oral reasons completed within seven different breeds of dairy cattle. As a team, the team finished fourth in team reasons, which is the highest finish a U of M Crookston team has ever had in this contest. They finished sixth as a team overall.

Kaylan Risacher had a banner day as she finished fourth in individual placings and seventh overall individually in the competition. She also finished sixth individually in Holsteins and ninth individually for Red and White Holsteins. The team finished fifth in Holsteins and

Red & White Holsteins. Malia Martin also had an excellent day finishing fourth individually in Jersey cattle judging. The team finished second as a team in Jersey judging. Malia also finished eighth in Ayrshire judging. Judging in his first contest for the U of M Crookston, Shawn Wegman finished sixth individually in Guernsey cattle judging.

Dairy cattle judging consists of ranking four similar aged cattle within a breed. Contestants must then defend their placing orally to a judge. A perfect placing or set of reasons on each class is given "50" points.

The U of M Crookston has had several former students who garnered employment where they used the dairy cattle evaluation skills they learned as a student either in classes or competitions like the World Dairy Expo competition.

Essentia Health Essentia Health-Fosston honored

Folks at Essentia Health are proud they could help foster relationships between area high schoolers and seniors through the Life Story Project. Now, everyone involved in the project is incredibly humbled as they are being recognized with the 2018 "Stars Among Us" statewide community collaboration award from Leading Age Minnesota.

The award is a result of the heart-warming initiative that paired a team of students from Fosston High School with residents of the Essentia Health-Fosston Living Center and tenants of Prairie Pines As-

sisted Living for a class project, documenting their lives. The students sat with grandpas and grandmas, or great uncles and aunts in the community and heard their life stories. From international wars to drastic changes in technology and an evolving American story, the students heard history lessons come to life.

These stories were then collected and made into personal, high-quality, hard cover books that documented their lives. After months of gathering stories and designing pages, the students proudly unveiled their

own creations to the people they were made for.

This life-changing assignment not only took the students beyond the walls of the school and into the community, but also gave the senior citizens a chance to tell their own unique stories.

Staff at the nursing and assisted living homes, along with local leadership and high school English teachers will be honored at the Leading Age Institute in St. Paul, Minn. from February 7-9, 2018.



Pictured from left: Darlene Jadeke, Corann Fladhammer, Beverly Flickinger and David Vanderhoof.

Tri-Valley Foster Grandparent Program Holds Recognition Luncheon

(Crookston, Minn.)- The Tri-Valley Opportunity Council, Inc. Foster Grandparent Program held its annual recognition luncheon at the Crookston Eagles Club on Wednesday, October 11, 2017. Heidi Simmons, Senior Programs Director began the event by welcoming the Foster Grandparents and guests to the banquet. Jason Carlson, Tri-Valley's CEO then thanked all of the volunteers for the difference they are making in the lives of others in our communities.

Following the welcome, the "World of Difference" award was given to individuals who have been nominated by professional staff at their volunteer site. The award is engraved with, "With the little things

you do every day, your impact spreads far and wide. Your commitment to improving lives inspires and motivates us all... You make a world of difference."

Recipients of the World of Difference Award were Grandma Darlene Jadeke (Head Start, East Grand Forks, 8 year volunteer), Grandpa David Vanderhoof (South Point, East Grand Forks, 9 year volunteer), Grandma Beverly Flickinger (Challenger Elementary, Thief River Falls, 7 year volunteer), and Grandma Corann Fladhammer (Win-E-Mac School, Erskine, 12 year volunteer).

Prior to the meal and awards, the Foster Grandparents were entertained by the sounds of the Crookston Area Men's Chorus led by George French.

For more information on how to become a Foster Grandparent, Caring Companion or how to receive Caring Companion services please call Heidi, Jeanette, Jean, or Kristal at 1-800-584-7020.

Tri-Valley Opportunity Council, Inc. is a non-profit community action agency headquartered in Crookston, Minn. In existence since 1965, Tri-Valley provides services in 84 counties in Minnesota and Northeast North Dakota. For more information on services offered and job opportunities at Tri-Valley visit the website at www.tvoc.org, follow us on Facebook at www.facebook.com/TVOCinc or on Twitter at @TriValley_TVOC.



Exciting news...It's a boy!!

Our newest grandson, Preston Thomas, was born October 3rd, 2017 to our middle son Austin and his wife Kayla of Temecula, CA. He was 7 lb., 3 oz. and 21 inches long. Here he is with his sister, Brielle and brother, Landon and from the looks on those faces he is going to be loved!

Proud grandparents are Theresa and Jeff Porter of Clearbrook, MN and Della and Thomas Messer of Dickinson, ND. Great grandparents are Vonnice and Harlyn Johnson of Clearbrook and Shirley and Herb Porter of Florida.

OPEN HOUSE
BABY
SHOWER
for
Samantha (Bakke)
Lindom
and Baby Boy!
Sat., October 21
from 11:00 am to 1:00 pm
- at the -
Samhold Lutheran
Church, in Gonvick
*No local invitations are being sent. **Everyone is welcome!***
Sam is registered at Target & Amazon. R29-30C



J. Warren Mitchell Performance

Fosston, MN, October 13, 2017- J. Warren Mitchell to perform at the Fosston Community Library Arts Center.

J. Warren Mitchell, a rising opera tenor in Germany and a former professor at Bemidji State University, will be performing at the Fosston Library Arts Center on Tuesday, November 14, at 7:00 PM. Admission is freewill donation.

This activity is made possible by the voters of Minnesota through a grant from the Northwest Minnesota Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.

If you would like more information about this topic, please contact Caese Haroldson at 763-999-1959 or email at caharoldson@yahoo.com.

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R30C

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Clearwater-Polk is having Open House for Co-op Month

Stop in at the Co-op's office,
located at 315 Main Ave. N. in Bagley
to enjoy homemade pie and
donuts, coffee and juice on
Thursday, October 19 & Friday, October 20.

Co-op members can also sign up to win an energy certificate to be applied to their account.

Mark your calendar and make plans to attend.

WE HOPE TO SEE YOU ON THE 19TH OR 20TH!

R30C

Celebrating the 500th Anniversary of the Reformation

A COMMUNITY CONCERT

7p.m., Saturday, October 28
at New Journey Church, Fosston, MN
featuring the **ANDERSON FAMILY**

Refreshments after the concert served by members of Poplar Lake & Immanuel Lutheran Churches
A free-will offering will be received to help victims of recent hurricanes.

500 REFORMATION 1517 * 2017

M30-31C

OCTOBER IS CO-OP MONTH

Coop Day
- at the -
Gully Tri-Coop
218-268-4181

Serving...
Hotdogs, Baked Beans, Chips and Homemade Donuts!

Thursday, October 19th
from 11:00 to 2:00 PM

CENEX Sign up for drawings.

CHECK OUT our FALL ANTI-FREEZE SPECIAL

\$2.00 OFF ALL ANTIFREEZE JUGS

R30C

35th Annual Harvest of Knowledge Agri-Women's Conference
Friday, October 27, 2017
Ramada Inn, Grand Forks, ND

Sponsored by Minnesota Agri-Women & North Dakota Agri-Women

Property Rights
Ramona Hage Morrison
Food Safety in Retail Grocery
Rick Hogan
Farm Transition
Marlene Niemann
Mind Over Matter
Emily Spicer
Adventures of a Modern Agri-Woman
ADawn Nelson

R30C

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R30C

OCTOBER IS NATIONAL CRIME PREVENTION MONTH

OPEN ENROLLMENT IS COMING!
Oct. 15th - Dec. 7th for Medicare
Nov. 1st - Jan. 14th for Individuals and Families

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218-253-2177 or 888-679-8869
Please stop by or call us regarding the changes for 2018 and to review your options

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SUE KNUTSON
Cell: 218-689-7680
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SilverScript
MEDICA Humana

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CHEESE SHREDS
2/\$3 8 OZ

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BUTTER
\$2.99
1 LB QUARTERED

ASSORTED FLAVORS
CASS CLAY ICE CREAM
\$2.99 56 OZ SQUARE

CASS CLAY
REGULAR OR PLUS CALCIUM
ORANGE JUICE
2/\$4 1/2 GALLON

 ASSORTED
TOMBSTONE PIZZA
4/\$10
ASSORTED
RED BARON PIZZA..... **4/\$10**

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ULTRA STRONG BATH TISSUE
\$5.99
12 PACK MEGA ROLLS
ESSENTIAL EVERYDAY AWESOME STRENGTH
PAPER TOWELS 6 PK - GIANT ROLLS **\$4.99**

ESSENTIAL EVERYDAY
ORIGINAL SALTINES
5/\$6 16 OZ

ESSENTIAL EVERYDAY
CHICKEN OR MUSHROOM
CREAM SOUP
3/\$2 10.5 OZ

WHOLE KERNEL CORN, CUT GREEN BEANS, SLICED GREEN BEANS, PEAS OR CREAM STYLE CORN
BUTTER KERNEL
5/\$3 14.5 - 15.25 OZ

ESSENTIAL EVERYDAY
APPLE CIDER
3/\$4 1/2 GALLON

 FAMILY PACK 85% LEAN
GROUND BEEF
\$3.09 LB

2 DAY MEAT SALE - OCTOBER 19-20
SEE ADDITIONAL FLYER

 HILLSHIRE FARMS ASSORTED
SMOKED SAUSAGE LINKS OR ROPES
2/\$6 13 - 14 OZ

ANGUS FARMS BONELESS BEEF
TOP ROUND ROAST.....LB **\$3.69**
ANGUS FARMS BONELESS BEEF
TOP ROUND STEAKLB **\$3.89**
ANGUS FARMS BONELESS BEEF
BALL TIP STEAKLB **\$4.49**
ANGUS FARMS BONELESS BEEF
NEW YORK STRIP STEAK..... LB **\$7.99**

FAMILY PACK BONE-IN
PORK LOIN ASST. CHOPS LB **\$1.69**
FAMILY PACK BONELESS PORK
SIRLOIN CHOPS LB **\$1.89**
BONELESS PORK
SIRLOIN ROAST LB **\$1.79**
HORMEL PORK
BABY BACK RIBS LB **\$2.99**

GERBER AMISH FARMS
WHOLE CHICKENS LB **\$1.69**
FAMILY PACK CHICKEN
DRUMSTICKS OR THIGHS...LB **\$1.19**
BONELESS, SKINLESS
CHICKEN BREASTS LB **\$2.49**
CHEROKEE ASSORTED I.O.F CHICKEN
WING SECTIONS2.5 LB **\$6.99**

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SUMMER SAUSAGE 16 OZ **\$3.99**
OSCAR MAYER ORIG. OR HONEY HAM - SMOKED OR O.R. TURKEY
LUNCH MEAT16 OZ **2/\$6**
ORIGINAL OR APPLEWOOD SMOKED
ELLIOTT'S SMOKED BACON ..16 OZ **\$4.79**
BLUEWAVE WILD CAUGHT PACIFIC
POLLOCK FILLETS 16 OZ **2/\$5**

2%, 1% OR SKIM
COUNTRY FRESH MILK
\$2.59 GALLON
WHOLE, 2%, 1% OR SKIM
LAND O' LAKES MILK ...GALLON **\$2.99**

KELLOGG'S ORIGINAL
BITE SIZE FROSTED MINI WHEATS
\$2.99 18 OZ
ESSENTIAL EVERYDAY
HONEY GRAHAMS..... 14.4 OZ **5/\$6**

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PHARMACY HOW TO GET...
\$50 IN FREE GAS & GROCERIES

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2/\$3 24 OZ
ESSENTIAL EVERYDAY
ELBOW MACARONI 16 OZ **10/\$10**

ASSORTED PUREX
LIQUID LAUNDRY
4/\$10 43.5 - 50 OZ
ZIPLOC QUART SIZE
STORAGE BAGS 24 CT **\$2.69**

LAND O' LAKES HALF & HALF
5/\$4.50 PINT
CASS CLAY
WHIPPING CREAM.....PINT **\$1.99**

ESSENTIAL EVERYDAY
EVAPORATED MILK
99¢ 12 OZ
ESSENTIAL EVERYDAY SWEETENED
CONDENSED MILK..... 14 OZ **\$1.59**

ORIGINAL, CHEDDAR OR SOUR CREAM & ONION
PRINGLES
5/\$6 5.2 - 5.5 OZ
HERSHEY'S COOKIES N' CREAM OR CARAMEL
KISSES 17.3 - 18.8 OZ BAG **\$1.99**

DICED, PETITE DICED WITH GREEN CHILIES OR DICED WITH BASIL, GARLIC AND OREGANO
RED GOLD TOMATOES
89¢ 14.5 OZ
ESSENTIAL EVERYDAY DARK RED, LIGHT RED OR CHILI
KIDNEY BEANS 15 OZ **10/\$5**

ESSENTIAL EVERYDAY
WATER
3/\$10 32 CT - 1/2 LITER BOTTLES
TUFFY'S GOLDEN CHUNK
DOG FOOD.....5 LB **2/\$3**

PEPPER JACK, SHARP CHEDDAR, MARBLE JACK, MEDIUM CHEDDAR, COLBY, MARBLE CHEDDAR OR MILD CHEDDAR
CRYSTAL FARMS RW CHEESE
\$3.99 LB
CRYSTAL FARMS
AMERICAN SINGLES 12 OZ **3/\$5**

OH HENRY
FUNSIZE BARS
\$2.99 11 OZ BAG
TOOTSIE VANILLA MIDGES, DOTS CHILD'S PLAY, JUNIOR MINTS, CARAMEL OR CHOCOLATE
TOOTSIE POPS.... 10 - 16 OZ BAG **\$2.79**

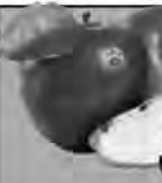
ORIGINAL OR RIP-1
OLD DUTCH POTATO CHIPS
2/\$7 15 OZ BOX
ASSORTED
OLD DUTCH RIPPLES.....8 - 8.5 OZ **2/\$4**

ORIGINAL
SPAM
\$2.59 12 OZ
DINTY MOORE
BEEF STEW 20 OZ **\$2.39**

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\$8.99 16 LBS
CAT'S PRIDE FRESH & LIGHT ULTIMATE CARE UNSCENTED
SCOOPABLE CAT LITTER. 10 LBS **\$5.99**

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\$1.99 1/2 GAL
ASSORTED DEAN'S DAIRY PURE
SOUR CREAM..... 16 OZ **\$1.59**

BROCCOLI CUTS, CORN, GREEN BEANS, PEAS OR MIXED VEGETABLES
GREEN GIANT STEAMERS
\$1.39 12 OZ FROZEN
BIRD'S EYE BABY BROCCOLI
FLORETS 12.6 OZ FROZEN **\$1.59**

 **HONEYCRISP APPLES**
\$1.79 LB
WISCONSIN
CRANBERRIES .. 12 OZ **\$1.99**
BARLETT
PEARS 3/\$2
SWEET
STRAWBERRIES.....LB **\$2.69**
JUICY
CLEMENTINES ..2 LB BAG **\$3.99**
CUCUMBERS OR
GREEN PEPPERS..... **2/\$1**
ACORN, BUTTERNUT OR
BUTTERCUP SQUASH..... LB **69¢**
ON THE VINE
TOMATOESLB **\$1.59**
DOLE CHOPPED
SALAD KITS 10.8 - 14.4 **2/\$5**
ORGANIC MINI
PEELED CARROTS ... 1 LB **2/\$3**
RED
POTATOES 10 LB BAG **\$3.39**

OCEAN SPRAY JELLIED
CRANBERRY SAUCE
\$1.59 14 OZ
ESSENTIAL EVERYDAY
MANDARIN ORANGES..... 11 OZ **5/\$3**

SUNSOFT
SOFTENER SALT (40 LBS)
EXTRA COARSE **\$4.39**
PELLETS **\$4.79**
RUST BUSTER **\$5.59**

ASSORTED LAND O' LAKES
COTTAGE CHEESE
\$1.79 16 OZ
CASS CLAY NF PLAIN, STRAWBERRY OR VANILLA
YOGURT 32 OZ **\$2.39**

ASSORTED
JACK'S PIZZA
3/\$8
ASSORTED BREW PUB
LOTZZA MOTZZA PIZZA **\$5.59**

DEAN'S NOVELTIES
\$1.79 EACH
DEAN'S CHOCOLATE OR
STRAWBERRY ECLAIR BARS (6 PK)
DEAN'S ICE CREAM SANDWICHES (6 PK)
ASST. DEAN'S SHERBET (QUART)
ASST. DEAN'S ICE CREAM (PINT)

KEMP'S NOVELTIES
ASST. SWEET ME ICE CREAM
(16 OZ) **\$2.99**
ASST. KEMP'S ICE CREAM
(48 OZ SCROWD) **\$3.39**
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(30 OZ) **\$2.99**
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wine, spirits and beer
15 PK - 12 OZ CANS
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ASSORTED
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Quin County has position open

Quin County Community Health Services has a part-time 24 hour position open in the Statewide Health Improvement Partnership to assist the SHIP Assistant (to the Coordinator) in strategy work across the 5 counties of Kittson, Roseau, Marshall, Pennington and Red Lake. The position involves work in the strategy sites of schools, communities, worksites and health care settings focusing on promoting healthy eating, active living, and reduction of tobacco use. This position requires strong computer, organizational, communication and public speaking skills. A minimum of a two year degree and/or experience is required in the area of nutrition, nursing, education, or human services.

Submit letter of intent and resume to PO Box 248, Newfolden, MN 56738 or quinchs@wiktel.com. Call 218-874-7845 for more information. Position open until filled.

WIC Certifier

Quin County Community Health Services WIC (Women, Infants and Children) Program is accepting applications for a part-time WIC certifier to provide nutrition and breastfeeding services and education to qualified participants. Qualifications: RN or degree in nutrition or related field. Strong communication and computer skills and ability to establish effective relationships with diverse families required. Experience working with pregnant and breastfeeding women and young children preferred. Must have ability to travel to clinic locations in Kittson, Marshall, Pennington, Red Lake and Roseau Counties.

Send letter of intent with resume to Quin County Community Health Services, PO Box 248, Newfolden, MN, 56738

For more information contact: quinchs@wiktel.com or call 218-874-7845.

Open until position is filled.

FIELD DRAINAGE, INC. Help Wanted

Field Drainage of Brooks, MN a family owned and operated business is NOW HIRING laborers. We pay for motels, transportation and a per diem when on the road.

Must be able to work overtime hours and be away from home during the week. We never work Sundays.

Call JESS or CINDY
218-698-4628!

RUMMAGE SALE

**EMBASSY BASEMENT,
3RD/EATON, FOSSTON**
FRI., OCT. 20th (most items 50¢);
SAT., OCT. 21st (\$2 bag day).
9am-noon both days.

Huge Rummage, Furniture, Glass- ware & Antiques Sale

**Friday & Saturday,
October 20-21, 7AM - Noon**

**Quinn Olson
515 7th St. NE, Fosston**

Antique wood cook stove, tables, chairs, book shelves, antique cash register, dressers, cooking and baking books, sewing machine, antique crocks, earthenware jugs, enamelware, glassware, china, restaurant china, kitchen tools, cast iron pans, bakeware, tools, cast iron bath tub, antique blue glass canning jars with wire bale, Christmas decorations, appliances, and much more. Absolutely no early viewing or sales. Everything must go. Make an offer!

ESTATE SALE

**Thursday, Oct. 19th,
5pm-7pm ... and
Friday, Oct. 20th, 10am-5pm.**
**408 MOSSEFIN AVE -
ERSKINE MN**

Whole house and garage are packed full of treasures! 2001 Ford Taurus only 137,000 miles. 1990 Oldsmobile 88 Royale 2 door only 130,000 miles! Antiques, Furniture, Art & painting supplies, old Coins, HUGE amount of costume and precious Jewelry, 1,000s of items still new in the box, 1,000s of books, household, lawnmower, tools.

For more information please see our website

**www.
TheEstateSaleGuys.com**

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171.

FOR SALE: Sectional couch. Tan. Call 218-556-6944.

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Position open for Toolmaker/Machinist

Machinewell, Inc. has a position for a Toolmaker/Machinist. Applicants are responsible for working from blueprints, specifications and/or instructions to rough and finish parts to close tolerances. Sets up and operates lathes and mills, including reviewing CNC programs and blueprints, various speeds and feeds for tooling; operating machines to produce quality parts. Required to understand machine operations and the capabilities of those machines. Make and repair cutting tools, jigs, fixtures and gauges. Some welding will be required.

Two year technical school degree preferred but would be willing to train. Strong math background is necessary. Ability to use precision measuring equipment.

This position is full time with major medical insurance, vacation, 401(k) plan and profit sharing. Forty (40) hours a week minimum with overtime as needed. Four 10-hour shifts per week (6:30-5:00) Monday through Thursday (Fridays as needed). Salary based on experience.

Machinewell, Inc.
PO Box 157
Grygla, MN 56727
218-294-6101
Fax: 218-294-6587
Email: sanderson@machinewell.com

Facility Yard Operator – Polk County Incinerator

The Polk County Incinerator in Fosston, MN has an opening for a full-time **Facility Yard Operator**. Applicants must possess a high school diploma or equivalent and have three (3) years of experience operating various types of heavy equipment and be able to work in adverse site conditions and extreme environments. A valid MN driver's license is required. A pre-employment physical exam is required. Wage range for this position is \$14.35- \$18.24/hour, DOE and qualifications. A full job description and application can be obtained online at <http://www.co.polk.mn.us> 'Job Opportunities' or by contacting the Polk County Administrator's Office at 218-281-5408. Open until filled. EEO

EMPLOYMENT NOTICE HEAVY EQUIPMENT OPERATOR

Clearwater County will be taking applications to fill Heavy Equipment Operator positions for an employment roster. Future positions will be filled as needed from the roster created by this interview and testing process. There is one full-time position open at this time.

The applications will be screened for the following minimum qualifications: Class A Commercial Driver's License, three years of experience operating heavy equipment including motor graders, tandem trucks, loaders, backhoes, and dozers, and high school graduate or GED.

Salary Range: \$15.39 - \$20.40/hr plus benefits

Applications are available at the Clearwater County Highway Department, 113 7th St. NE, Bagley, MN 56621, (218) 694-6132 or on our website at www.co.clearwater.mn.us. Applications must be received no later than November 1, 2017.

Clearwater County is an Equal Opportunity Employer

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RED LAKE ELECTRIC COOPERATIVE General Manager – Chief Executive Officer

The Board of Directors of Red Lake Electric Cooperative, headquartered in Red Lake Falls, MN, is seeking qualified candidates for the position of General Manager-CEO. Candidates must have the following qualifications:

- Five years' management or supervisory experience within electrical utility field, preferably the rural electric program.
- Experience in electric utility finance, system operations, member relations or engineering
- Four-year degree in Engineering, Business or Accounting preferred, but will give candidates with extensive electric utility experience consideration
- Prefer leadership experience in civic and/or community organizations

Red Lake Electric Cooperative offers an excellent benefit package, with salary commensurate with qualifications and experience. Applications should be submitted to redlakeelectric@gvtel.com by October 31st. Please include a resume, three professional references and a five-year salary history.



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Cornerstone Residence, an assisted living

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**Accepts HUD Rental Reimbursement
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Cornerstone Residence of Fosston announces:

"In order to meet the needs of the community and surrounding area, Cornerstone Residence is happy to announce that they will begin accepting HUD RENTAL REIMBURSEMENT for Studio apartments on August 1, 2016 for those individuals that qualify."

Applications for HUD reimbursement can be picked up at Cornerstone Residence, 115 1st St. East, Fosston or at the HUD office in Mentor, MN.

Other payment sources for Assisted living apartments and services include: assistance through the County, Long term care Insurance and Private pay.

For more information to see if you qualify for financial assistance for assisted living apartments and services, call Nicole Harmon, Housing Manager, at **218-435-6333**.

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Call **218-368-1248** for details

20 ACRE HOBBY FARM FOR SALE south of Gonvick, MN

Nestled in the pine trees is a log sided 6+ bedroom, 4 bath home. New sewer system, new windows, 3 stall garage, chicken coop, small barn area. Lots of unique details such as a "penny" floor in the Jacuzzi room. Nice master with a walk-in closet. Tankless water heater, fenced-in area for critters. The home is handicapped accessible.

Please call for an appointment. Motivated owner!
\$239,000. Call Ginger @ **218-776-3054** or text **701-388-2170**.

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Ed and Vangie Hansen, sellers
Saturday, October 21 -- 10 a.m.

Location: From Bemidji MN, go approx 1-1/2 mi West on US Hwy #2 to County #9 (Cardinal Rd), turn right go north 12-1/2 mi to County #26 (Great Divide Rd), turn right go 2-1/2 mi to Durand Dr NW, turn right go 4/10ths mi to 678 Durand Dr NW on the north end of Lake Julia. Puposky MN 56667-6702.

NOTE: Ed and Vangie only recently moved into this Million Dollar home; they stocked it with the finest of quality furnishings, many of which came from their vast estate in the Mountains of Colorado, and much of it less than a year old and certainly not even available in the local area. They bought the BEST... for a FINE home, but their heart pulls them West again, so they have sold their elegant home and are parting with all of their new furnishings. They said "SELL IT ALL!" This is YOUR chance to decorate your home with furniture that only the truly wealthy can afford and yet it will likely be yours for only a tiny fraction of its value...

HOUSEHOLD & ANTIQUES: Extremely rare pedestal corn sheller by Enterprise, Canadian white pine outdoor furniture 7 chairs, 3 end tables, round picnic tables, w/benches and umbrella, 5 piece Basset queen bedroom set Entertainment center Queen bed w/Broyhill mattress 2 end tables large vanity w/mirror, Norwegian spinning wheel came over with Ed's family in 1867, Padded seat Mission style Oak Harvest Dining table w/xtra leaf and 6 chairs, new Ridgeway calendar style grandfather clock, dark leather covered couch and loveseat adorned w/rounded brass tacks, Barrister stackable bookcase, 2- Mission padded Barco loungers, 6 piece Lexington cherry bedroom set, king size bed w/2-month-old memory foam mattress, 1920's bedroom set w/newer mattress, nightstand, chair, vanity Pendleton wool blankets and pillows, Bernina sewing machine, A trio of decorative flower pots and many others including some plants, several old iron implement wheels, witch's broom, cream separator, antique cream can WM. Malterud Puposky MN, pedal grinder, cow skulls and elk antlers, treadle sewing machine base w/Montgomery Wards crate for a table top, tobacco crock, 5 gallon "Western Stoneware" brown jug, iron dinner bell triangle, embroidery sets, industrial mop bucket, Power Smith ash vacuum, treadle sewing machine and cabinet, decorative unique knic-knacs, flat wick kerosene lamp, many pieces mission style furniture 2 sofa tables, 2 end tables, coffee table, Nordic Trac C950i 3.0Chp deluxe treadmill only months old, Samsung 30" flat screen TV, 2 Perfect Aire dehumidifiers, many decorative lamps, cane seat antique rocker, restored wall crank telephone, Lone Star bench, Visio 38" flat screen tv, Winterhuas Delaware lamps, 3 - 8"x10" area rugs 2 - 5'x7", Oak checkerboard pattern coffee table, like new high quality bed linens and sheets, down comforters, Lexington cherry queen bed shell design w/Sealy Plush Sotheby mattress, cabriolet legged oak end table and lamp, 4 chrome padded chairs and folding table, wrought iron wine rack, ice cream chair, padded high top chairs and table, antique baby's rocker was Vangie's as an infant, Kirby vacuum, horse hames and collar, suitcases, fireplace set, 5 gal glass carboy, Arcade 25 antique coffee grinder, 70-year-old wooden toys from Ed's youth, cast iron humidifier for a wood-stove and cast trivet, decorative candles, 2 large pressure canners, cast iron tea kettle and trivet, handmade Navajo dolls and a French doll from WWII, collectible pocket watches one from Ed's great-great-grandfather it came over from Norway in the mid 1800's, cedar chest, dovetailed wooden shoeshine box Esquire shoe valet, gas sad iron, Alladin Model B lamp clear corinthian base w/shade, kerosene lamp, wooden coffee grinder, restaurantware dishes, Kitchen Aid mixer, quantity of good clean housewares, glassware, appliances, maple leaf pattern pottery, German beer steins, a pantry full of stainless cookware, cuisinarts, popcorn makers, food processors, dehydrator, 3 well seasoned Griswold cast iron fry pans 2- 8" and 1- 6", blenders and food processors, Keurig coffeemaker, stainless toasters and roasters, 6 antique cordial glasses and hand blown margarita glasses, a cupboard full of wine glasses, martini glasses, brandy snifters and whiskey tumblers, church pew-style oak hall bench, Flexsteel Wynwood collection cherry desk, bookcase and credenza, upholstered armchair recliner, upholstered rocker, leather and wrought iron firewood carrier, glider rocker, leather padded coffee table/footstool w/storage, handcrafted throw pillows w/cowboy design, 2 oak entertainment centers, 50" LG flatscreen TV, 8"x10" exquisite hand knotted Persian wool area rug, vintage "EAT" sign 1920's from Tama Iowa, mission oak plant stand, mission end table, 2 white love seats, Samsung 32" flat screen TV, 2 new Queen Anne pink wingback chairs from Goldberg's, Native American cere-

monial shirt and beadwork by the Misquaki Tribe in Iowa, costume jewelry from the Flapper era of the 1920s, cast iron coin bank Bullseye by Arrow, "Tiny Mite" handmade doilies by Marie Malterud, nice primitive occasional table, WWII French doll, "Coming Home" Christmas collection quilt, tree skirt, table runners, throw pillows, handmade fish decorations, rocking ship decoration.

MISC & COLLECTIBLE & SHOP: Medium live trap, sled runners from an old logging camp log sled, 2-man crosscut and 2-man felling saw, logging tongs, iron logging hardware from the old log rafts, grass scythe, hay knife, old wooden skis, roller racks for lumber, High capacity Zoeller water pump, propane weed burner torch, wood clamps pipe style, nice piece of fir carving wood, paint sprayer air compressor, T square and level, 120V pressure sprayer, 15 gal 120V portable shop compressor, Sears 4-speed drill press, Craftsman dual belt/disc sander, come-along, metal saw horses, many lawn and garden hand tools, Stihl 025 chain saw

ART & SUPPLIES: Old Northern Loggers picture in frame, horse packing art, hand painted water color scene of ducks by Vangie Hansen, hand painted water color of wine bottle by Vangie, maple sugaring woodcut "Sugar Time", Ron Hoesama silk screen Mountain Scene 17/118, tabletop easel, tripod easel, organizer for paints, carved loons by J. Alexander and Renea Wickman, carved Mallard by V. Hill

LAWN & GARDEN: 2 garden hose reels and hose, 20' alumn ext ladder and 8 ft fiberglass step ladder, rolls of chicken wire, Stihl FS40C weed trimmer, new small garbage can, John Deere riding mower, horse drawn walk behind cultivator, BBQ grill, metal patio furniture with plush cushions, outdoor wooden bench from the Courthouse in Mt. Vernon KY, Baron Broil King propane grill, 20 gal propane tank, horseshoe and croch set

MUSICAL: Pennsylvania German style Zither from Kentucky, antique fiddle

SPORTING: 2- 11x11 Eureka cabin style tents, 5 sets of quality X country skis Fischer RCS skating PE air carbon binding set-ins 185's, 2 sets Fischer 190's classics step-in bindings, Karhu 200's classic step-ins, Fischer 180 skating, 2 sets skating poles, portable weather radios, 2-way radios, Garmin Etrex GPS, variety of headlamps, Leupold Forester's compass, variety of compasses, assortment of quality camping gear, iron mitten dryer, many X entry ski boots, external frame backpacks, water jugs, dual mantle Coleman lantern, Lodge #12 cast iron Dutch oven and camp cooking tools and an aluminum Dutch oven, Whisperlite backpacking stove, Coleman 2-burner camp stove, portable propane Buddy heater, Eton hand crank emergency radio, inline skates and figure skates, Coleman folding camp table and folding stove stand, Good plastic cooler and steel belted cooler

ROCKS FOR THE GARDEN: An enormous collection of rock and mineral specimens, mostly from the far western mountains and canyonlands of Utah and Colorado, many retrieved at great peril by trekking far beyond civilization. They include pieces of petrified wood from Temple Mt. Utah, Cimmaron from Colorado, Chert examples from Red Canyon, Klondike Bluff, Cedar Mesa, Lost Springs, a Kentucky geode, Breccia from Salida Co, yellow ore from KegKnoll, Copper rock from Mill Mesa Moab, Lava rock from Mule Canyon, Olivona gemstone from Salida, fossil rocks, flattened coral from an old sea bottom and much more, if you're decorating your yard or garden, you NEED these!

FIREARMS: Old double barrel shotgun side hammers, side lever Wm. Moore and Co., Very Early Winchester mod 94 32-40 crescent butt octagon brl ser #272095 ammo available, Mossberg .22 blt actn rptr mod 146-13A w/scope

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 www.sollie.net

Real Estate

FOR SALE: 2-BR house, 2 bath, double garage, natural gas furnace, corner lot in Clearbrook, \$53,500. Contact Tony Sunderland, 763-226-5620 or 763-753-0166.

PRICE REDUCED!!!

\$199,900
 MLS # 17-1690
 McIntosh

This is very well kept 4 bedroom, 1 bath home on 12.88 acres. It has had the same owners for 30 plus years with many updates. Beautiful yard, fenced in Apple Orchard! Tree coverage for the perfect country privacy. A must see.

Call Becky 218-280-8477 to schedule a showing or for more information!!!

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2017 Chevy 1500 Crew LT 4x4, Heated Cloth, 5.3 V8, Block Heater, Trailer Brake Controller, Color Touch Screen, Rear Camera, 18" Aluminum Wheels, All Terrain Tires, Graphite Metallic	\$48,165	\$37,714*

*Offer valid until 10/31/17. Must trade in a 1999 or newer vehicle. See dealer for details. Does not include tax, title, license or transfer.

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2 hrs.
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Parks and Trails Division seeking assistance maintaining public water accesses in Beltrami County

The Department of Natural Resources' Parks and Trails Division in Bemidji is seeking individuals or organizations interested in assisting the DNR in maintaining 26 public water accesses in Beltrami County in 2018.

Maintenance activities would begin May 1 and run through Sept. 30, 2018. Activities include mowing; trimming; removing litter, branches and other debris; and reporting any damage at the sites to the DNR.

The 29 public water access sites are split into 10 bidding groups. Those interested can bid on one, some or all of the bid groups, and must bid on all sites within one group. Here are the groups:

- Blackduck River PWA.
- Balm Lake, Dellwater Lake, Sandy Lake (West) and Island Lake.

- Little Buzzle Lake, Whitefish Lake and Deer Lake.
- Iron Bridge Hwy. 7 (Mississippi River).
- Northwoods Lake Bemidji, Big Bass Lake.
- Grace Lake, Wolf Lake and County 25 (Mississippi River).
- Lake Campbell, Turtle Lake, Beltrami Lake and Turtle River Lake.
- Rabideau Lake, North Twin Lake, Moose Lake, County

- 20 (Turtle River).
 - Lake Puposky (East) and Lake Julia.
 - Gull Lake, Sandy Lake (East) Medicine Lake, Blackduck Lake (East and West).
- Bidding deadline is October 27, 2017.
- For more information, contact John Steward, Parks and Trails assistant area supervisor, 218-308-2366 or john.steward@state.mn.us.

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Theology in the Trenches

By Kathleen Kjolhaug

New Borns

The calves came, one by one, dropped into this world by their mamas. Immediately some latched on forming a bond not to be broken. Others are dropped and left in the pasture like baby Moses left in that basket...except there's no basket...just the hard ground grass upon which they landed.

Each year this pattern repeats itself and each time the latter occurs, and comes farmer Pete, sets up gates and plops baby and mama together for a time; they have no choice but to build as a team.

Most oft, it works. When there are boundaries in place, suddenly, baby calms and somehow knows they will are now safe and will survive. If he were to let each one do their own thing, it would have devastating consequences. Without someone else to help watch over the situation, baby would die. Without the wisdom of farmer's intervention, mama, too, would be in much pain as her milk drops and there would be no baby calf to relieve the pressure.

Once a team, they stand a

chance. Once the bonding has occurred, they become strong and can then be set free. They are grafted to one another and when placed within the elements of nature, they will survive. Mama will protect from harm, and new calf will come at her beck and call when she knows it is time to feed.

This process repeats itself because that is how it works. Babies will be nurtured so they in turn can nurture their own someday.

Exodus 34:6-7 lay out some pretty solid attributes to pass on to our own kind. Passing on to the next generations to come that which is needed for survival is a link in the chain we cannot afford to drop. Clearly it states:

1. God is merciful.
2. God is gracious.
3. God is slow to anger.
4. God is abounding in steadfast love.
5. God is abounding in faithfulness
6. God keeps His steadfast love for 1000 generations.
7. God is a God who forgives

us of our iniquities, transgressions, and sin.

Yet, the final word on that is: "But who will by no means clear the guilty."

And who are the guilty? The guilty are those who have not asked forgiveness. We have a merciful God who is gracious, slow to anger, and abounds in steadfast faithfulness and love. We need only turn to Him and ask forgiveness.

What happens when we do? Coolest thing ever. He remembers our sin no more as far as the east is from the west. And All...yes All...may turn to Him and simply confess and He who is faithful and just will forgive us from all, yes all, our transgressions. To God be the glory great things He has done and continues to do. Amen.

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R516



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question: Both my daughter and I

have a disability. I have the handicap license plates on my car and she only has a placard. When she drives my car, does she have to use her placard to park?

Answer: The registered license plates are designed for you to be able to park that vehicle in a disabled/handicap parking location. If your daughter has her own permit, she would need to display her permit in the vehicle when she is parked in a designated disabled/handicap parking location, as the permit is designed for her.

Any Minnesota resident who meets one or more of the definitions of a "physically disabled person" can apply to obtain a disability certificate or plates.

Disability Certificate (placard):

- Issued to the disabled person, not the vehicle.
- A person may qualify for two certificates if they do not have disability license plates.
- May be displayed on the rear view mirror or on the dashboard in any vehicle when parked.
- The placard should be taken down from the rear view mirror while driving.
- Can be used to park in designated disability parking spaces when the person named

on the certificate is driving or a passenger in the vehicle.

Disability License Plates:

- Issued to a vehicle that is primarily owned by a person with a disability, the parent of a child with a disability or the owner of a commercial rental motor vehicle that has been modified for and is used exclusively by permanently physically disabled people.

A vehicle that is displaying the parking certificate may be parked by or solely for the benefit of a physically disabled person: in a designated disability parking space; in a non-restricted metered parking space without obligation to pay the meter fee, and without regard to

time limitation unless otherwise posted; or in a non-metered time limited passenger vehicle space unless otherwise posted.

For additional information, go to: www.dps.mn.gov and go to Divisions, Driver and Vehicle Services.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

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Easily Distracted by Tractors!!

by Auctioneer Eric W. Mickelson

I enjoy looking through Facebook! There are so many "groups" you can belong to. My account probably looks different than most people. I belong to Outlaw Antique Pulling, North Dakota Tractors, DL Farm Tractors, Antique Farm Machinery, MN Agricultural Trader, WMSTR (Rollag), Allis Chalmers, Oliver Collectors, plus others....you get my point, when I have spare time I look at tractors. Once in a while this T-shirt pops up for sale. It says "Easily Distracted by Tractors!" This is a shirt for me!

I also have several tractor video tapes and DVDs that I like to watch. At the foot of the couch is always a pile of tractor magazines. (3- next to me now as I type!) My favorite TV program is on RFD, Classic Tractor Fever! So you see I am easily distracted by tractors!

I blame this on my dad. I think if he would have been born when I was and today had a computer and liked to use it, you would be reading "Tractor Trivia" by Winston Mickelson! Whenever he told a story about moving to the farm as a teenager, the story would often include the tractor they had or the tractor of the neighbors! Remember I am easily distracted by tractors, so when one of these stories began, I was hooked! I have heard all of these stories many times over, but when I am visiting with mom and dad I nearly always say....tell me the story of that B John Deere again, or tell me about when you bought that R John Deere. I know the story (although my memory is good....but short) but, I love hearing it just like I did 40 years ago!

I guess I heard stories about many tractors, but I always was interested in the stories about Minneapolis Moline. They bought a used U Minneapolis Moline from Earl Swenson (Swenson



Here is fine example of ZB Minneapolis Moline.

Equipment) in Oklee, MN, trading in a \$500 Homelite Chainsaw. The U MM was overhauled by Ed Patnode in Plummer, MN. Later, they had a UB Minneapolis Moline Diesel.

Maybe this is why when I was in 10th grade I attended an auction sale east of Oklee and purchased my first tractor, a ZB Minneapolis Moline Tractor. I think I had about \$450 dollars in my savings account, and luckily for me the ZB went for \$425! Well the ZB really wasn't a great addition to our farms tractor line up, but I was happy to have my own tractor, and a Minneapolis Moline like the ones I had heard so much about!. I raked some hay with it, pulled a few wagons around but then it developed a heating problem. Now it sits in the fence row at mom and dad's farm waiting for me to bring it back to life! It is a few down on my list, but it is definitely ON MY LIST. If you are easily distracted by tractors, like me, you never forget your FIRST TRACTOR!

How about a little tractor trivia!!

1. From 1936-1948 MM built the ZT series. The ZTN had the "tricycle" front end. The ZTN had a single front wheel. What was the ZTE?

2. What was the ZTS?

3. The ZT series was replaced in 1949 by the _____ series.
ZA B) ZB C) ZC D) Super Z

4. Was the ZB rated as a 2-16" plow tractor or 3-14" plow tractor?

5. Was the MM ZT, ZA, or ZB ever made in a Diesel version?

Answers: 1. It had an adjustable wide front. 2. It was a Standard tread tractor. 3. A. ZA 4. 3-14" plow tractor 5. No, there was no diesel version of the Z series of tractors.

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OBITUARIES



Services held for Lorraine Tveitbakk

Lorraine Tveitbakk passed away on Saturday, October 7, 2017 at Sanford Medical Center in Thief River Falls, MN. Funeral service was held on Wednesday, October 11, 2017 at 11:00AM in Elim Lutheran Brethren Church at Clearbrook, MN with Reverend Adam Krog Officiating. Burial was held at Elim Church Cemetery near Clearbrook, under the direction of the Johnson Funeral Service Thief River Falls, MN. Lorraine Mavis Larson was born February 24, 1925 at Clearbrook, MN daughter of Axel Edward and Ellen (Fellman) Larson. She was baptized May 26, 1925 at Seljord Lutheran Church. She was raised at Clearbrook where she attended Beard Elementary and graduated from Clearbrook High School in 1942.

On November 6, 1942 she was united in marriage to Louis Tveitbakk in Crookston, MN. The couple made their home in Clearbrook where they raised their four children. In the fall of 1967 Lorraine attended Northland Community College to study for her LPN degree and received her LPN degree in the spring of 1968. Following graduation, she worked at the Good Samaritan Nursing Home in Clearbrook for many years. Lorraine enjoyed quilting, gardening, sewing, singing, traveling and reading. She was a member of the Red Hat Ladies, Mission Friends and a Bible Study Group. Lorraine is survived by her children Larry (Candy) Tveitbakk of Bellevue, NE, Linda (Neil) Nelson of Boring, OR, David (Rosemary) Tveitbakk of South St. Paul, MN and Darryl (Deborah) Tveitbakk of Thief River Falls, MN; grandchildren Alan (Denise), Karen (Rick), Dawn (Donnie), Jared, Derek (Jen), Tara (Pat), Peter, Chris (Petra), Nick (Mary), Ben; 12 great-grandchildren, 3 great-great-grandchildren: sister Phyllis Nelson of East Grand Forks, MN, along with several nieces and nephews. She is preceded in death by her husband Louis, granddaughter Christina, parents Axel and Ellen Larson, brothers Curtis and John Raymond. Memorials are suggested to the Elim Lutheran Church or the Clearbrook/Leonard Senior Center.



Services held for Avis Sandland

Avis Sandland, 91, of Clearbrook, MN died on Thursday, October 12, 2017 at the Good Samaritan Center in Clearbrook, MN. Funeral services were held on Monday, October 16, 2017 at 11:00 a.m. at the Elim Lutheran Brethren Church in Clearbrook, Minnesota with the Reverend Adam Krog officiating. Interment was at the Greenwood Cemetery in Clearbrook, MN. The Cease Family Funeral Home of Bagley assisted the family with arrangements. Avis was born on June 24, 1926 at Clearbrook, Minnesota the daughter of Anton and Thilda (Nelson) Lindom. She was baptized at the Berner Lutheran Church. After her mother's death when Avis was 4, a loving family from North Dakota, John and Lizzie Iverson, took her in and she lived with them until she was 18. Avis attended Hoff Elementary school and was confirmed at the Hoff Lutheran Church. She graduated from Lankin High School in 1943 and attended Mayville Teachers College. She taught at a Country School for a year in North Dakota. Avis met Truman Sandland and they were married on June 16, 1945. Avis taught at Greenwood Township School for 2 years. She and her husband farmed from 1945–2012. Avis also Substitute taught for several years at the Clearbrook School. Avis was a member of the Elim Lutheran Brethren Church of Clearbrook, the Mission Friends and was the Sunday School Superintendent. She served as the church organist and soloist for many years. She was a

member of the Clearbrook School Board, the Clearwater Quilters Guild, the Red Hat Ladies and she was a 4-H Leader for the Leon Ramblers. Avis enjoyed quilting, singing and playing piano. She loved to write, she was proud of her Norwegian Heritage which included two trips to Norway. Avis was a good cook and canning produce was an obsession. 100 Quarts of dill pickles was always her goal. She was well-known for her wild rice bread, her lefse and her donuts. Avis was never happier than when she had her family around her. Many summer evenings were spent at Clearwater Lake. Holiday gatherings were always full of aunts, uncles, cousins and anyone who needed a family that day. She probably brewed more than 75,000 pots of coffee in her married life. Avis is survived by her daughters, Doreen (Warren) Bardwell of Gonvick, MN and Eva Joy (Bruce) Lund of Staples, MN. Her sons – Dale (Susan) Sandland of Eau Claire, WI and John (Susan) Sandland of Gonvick, MN; Her sister – Alice Ramsrud of Bagley, MN; Grandchildren, Great Grandchildren and Great great grandchildren; Ann (Chris) Bardwell – Ross and their children - Adam and Siri-Anna; LeeAnn (Scott) Bakke and their children - Brennan (Brooke) Bakke; Megan (Paul) Gustafson and their children - Parr and Kye. Ron (Jeni) Bardwell and their children - Cole and Blake; Jack (Jill) Lund and their children – Sam, Kellan and Anika; Daniel (Solveig) Lund and their children - Oskar and a newborn girl; Peter (Jessica Scherer) Lund; Krista (Greg) Johnson and their children - Connor, Brianna, Caleb, Nick and Anna; Alissa (Mike) Amundson and their children – Dylan and Aleah; Nathan (Allison) Sandland and their children – Kaitlyn, Kyle and Cole; Travis (Jay Fuchs) Sandland. She was preceded in death by her parents, her foster parents; her husband Truman; Grandson – Alan Bardwell; Sister – Ruth Roed; Brothers – Alvin Iverson, Elmer Iverson and Orville Iverson. Messages of condolence may be sent to ceasefuneral-home.com



Services for Phyllis Stenberg Wilcox

Phyllis Stenberg Wilcox, 87, of Bemidji, MN died Monday, October 2, 2017 at Cedar Cottage, Bemidji. Memorial Services will be 2:00 p.m., Friday, October 20, 2017 at Olson-Schwartz Funeral Home, Bemidji with Pastor Linnea Papke-Larson officiating. Family will greet friends one hour prior to the service at the funeral home. Inurnment will be in Samhold Cemetery, Gonvick, MN. Phyllis Mae Dahl Stenberg Wilcox was born May 6, 1930 to parents Ole and Betsy (Swenson) Dahl on the farm just west of Gonvick, MN. She was baptized and confirmed at Samhold Lutheran Church there. She attended country school in District #33 and graduated from Gonvick High School in 1948. She then went to work at Investors Diversified Syndicate (IDS) in Minneapolis. On October 11, 1952, she married Raymond

E. Stenberg in Gonvick. They lived in Thief River Falls, Bagley and Bemidji. Ray passed away on January 1, 1985. On June 14, 1986 she married Robert H. Wilcox. She was an active member of First Lutheran Church, Lioness, and the American Legion Auxiliary. She belonged to the hospital auxiliary and Town and Country Homemakers. She volunteered for her church and the hospital. She enjoyed her volunteer work, reading and playing cards. She truly was a "people person." Phyllis is survived by two children, Cynthia Stenberg (David Sovde) of Bemidji and Kevin Stenberg (Vicki Copeland) of Billings, MT; two step-daughters, Sue Butler of Roseau and DeeDee Wilcox of Litchfield; 2 grandchildren, Michael Stenberg of Big Sky, MT and Jessica Stenberg of Billings, MT; 2 step-grandchildren, Steven (Christy) Sovde of Bemidji and Sara Butler of Ames, IA; she had several step great-grandchildren including her special one, Courtney L. Sovde. She is also survived by one sister, Esther Olson of Silver Bay, MN and several nieces and nephews. Preceded in death by her husbands; parents; 2 brothers, Gilman and Francis Dahl; 1 sister, Della Hughes and two nephews, David Olson and Ryan Dahl; as well as the husbands of her sisters, Bert Hughes and Tenny Olson. Online guestbook at www.OlsonSchwartzFuneralHome.com



Services for Norval Oien

Norval Oien, age 76, of Bagley, MN passed away on Saturday, October 14, 2017 at Sanford Hospital in Fargo, ND. Funeral services will be held on Monday, October 23, 2017 at 10:00 a.m. at the Cease Family Funeral Home in Bagley, MN. Visitation will be and one hour prior to the services. The Cease Family Funeral Home of Bagley assisted the family with arrangements. Norval was born on April 1, 1941 to Morgan and Ruby Oien. Norval was baptized and confirmed at the Zion

Lutheran Church in Bagley. Norval graduated from Bagley High School and joined the Army National Guard from 1960 – 1964. Norval Started driving truck first for Joe Schimdt delivering freight around Bagley. Truck driving was his line of work for many years. His latest was working for Richard Dukek Logging. Stuart and Brett Dukek. He also served many years on the Holst Township Board. On June 8, 1968, he married Marlene Nordlund. Survivors are sons, Nathan and Jon of Clearbrook, daughter Niki (Shawn) Groshong of Clearbrook, five grandchildren, Jordan (Hanna) Oien of Bloomington, Brandon and Holden Oien or Clearbrook, Ashley (Jake) Boomgaarden of Grand Forks, Jeremy Groshong of Clearbrook. Brother Roger (Joan) Oien of Stillwater, sisters Sharon (Gaylan) Larson of Halstad, Carol Niewinski of Bagley, Marilyn (Bruce) Nelson of Clearbrook. Also Nieces and nephews. He was preceded in death by his parents, aunts, and uncles. Messages of condolence may be sent to ceasefuneral-home.com

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10th Annual IDEA Competition Seeking New Applications and Hall of Fame Nominations

BEMIDJI, MN – The IDEA Competition, a program of the Northwest Minnesota Foundation (NMF), is now seeking applications for the 10th Annual IDEA Competition. Early Bird registration price of \$99.00 is being offered to those who submit their applications by November 30, 2017. After that, registration price is \$175.00. The application deadline is January 5, 2018. Over the past decade, more than \$350,000 has been awarded to Northwest Minnesota entrepreneurs. IDEA is a competition that turns great ideas into great businesses. The competition provides training, business coaching, and capital to entrepreneurs who apply and want to turn an idea into a fast-growth business. While most entrepreneurs enter to win one of three \$10,000 cash awards, there are several other good reasons to enter. Applicants receive valuable tools and business development resources, a business coach, open access to all IDEA Labs, attention in the media, and a chance to present their idea to accredited angel investors and business leaders. Plus, there is a chance to win valuable services from accounting, legal, and marketing professionals. This year, there is a new Emerging Entrepreneur category of

the competition, created to encourage more participation from applicants of all ages and experience levels. "We are excited to celebrate the impact that the IDEA Competition has had on our region's economy and local entrepreneurs," says Phil Knutson, NMF business development specialist. "We will be celebrating all of our past winners and Hall of Famers throughout the competition, and we're looking forward to seeing this year's talent pool." Knutson stated that the competition has a stronger business focus. He said, "This is not an invention competition. It's about businesses that are built on great ideas and social entrepreneurs making a difference for our region." IDEA is also seeking nominations for the Hall of Fame. The Hall of Fame was established in 2009 and has since honored nine individuals or groups for their outstanding achievements in Northwest Minnesota. Nomination criteria includes those within the region who have inspired others with their entrepreneurial vision, leadership and achievement. For more information and to submit a nomination to the Hall of Fame, please visit the IDEA website, www.ideacompetition.org.

ER nurses are unsung heroes

No one wants to see the inside of an emergency room or medical center, but few people avoid occasional visits to the ER. When such situations arise, a top-notch trauma team can make all the difference. One of the first people patients encounter inside an ER are the nurses who quickly assess life-threatening problems and begin to solve them on the spot. Although nurses can work in hospital emergency rooms, emergency nurses also may work in ambulances, urgent care centers, sports arenas, and other high-stress situations. ER nurses are registered nurses who work closely with doctors to help diagnose, stabilize and manage conditions. They also liaise between family members and other medical staff and educate patients about their conditions once an emergency situation is addressed. Because ER nurses specialize in treating severely ill or injured patients or those in life-threatening situations, those considering a career in this field must be ready to adapt to many different situations. In a single day, ER nurses may encounter children with broken bones, patients with acute stomach pains and people injured in motor vehicle accidents, among many other potential situations. Patients of all ages come through trauma centers, and prioritizing emergencies can be part of the job description. An ER nurse's day is frequently stressful and fast-paced. Some of the tasks to be expected, according to the nursing career resource Nurse Frontier, include:

- First aid
- Suturing
- Intubation
- Bag valve mask ventilation
- Administering medicine
- Basic life support
- Advance cardiac life support
- Transfusing blood

Prospective ER nurses must complete a nursing degree or diploma program. In Canada, since the late 1990s, the



provinces and territories have moved from diploma entry level to baccalaureate entry level for RNs, says the Canadian Nurses Association. Both the United States and Canada require prospective ER nurses to pass the NCLEX-RN exam, which is administered by the National Council of State Boards. RNs receive state licensing in the United States. In Canada there is no national license; each province or territory licenses individually based on jurisdiction. According to Johnson & Johnson's Discover Nursing, ER nurses are increasingly learning about tech, thanks to electronic medical records and point-of-care barcoding. ER nurses have more responsibility than ever because of nursing shortages. That means there are plenty of opportunities to become leaders in the field. ER nurses and other nurses fill a much-needed responsibility in the medical field. A career as an ER nurse can be challenging but very rewarding.

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Jackie Lynn Taffin returning a serve against the Bagley Flyers. Watching for the Clearbrook-Gonvick Bears is Brynn Hetland.



Serving for the Clearbrook-Gonvick Bears volleyball team is Mikala Johnson with Rachel Lavin waiting for the serve.

Host a sports viewing party to remember

Amateur and professional athletics are both big business. According to Forbes, the Southeastern Conference, a collective of universities that includes the University of Alabama and the University of Georgia, generated \$375 million in television money alone in 2015, collecting another \$140 million from football and basketball postseason play. While that's a hefty chunk of change, and even more impressive when considering the SEC is just one of many conferences in college athletics, it pales considerably in comparison to the National Football League, which Forbes projected would surpass \$13.3 billion in total revenues in 2016.

Such figures highlight the popularity of both amateur and professional sports. Hundreds of millions of people across the globe enjoy sports, and many are fond of gathering with fellow fans to watch their favorite teams play, whether in-person or on television. Viewing parties are a great way to watch the big game with fellow fans, and such gatherings don't have to require all that much effort on the part of hosts.

Make it a potluck affair. Potluck affairs make perfect sense for sports viewing parties,

so don't be surprised if guests offer to whip up some homemade guacamole or a buffet-style dish for the big party. Encourage this, asking guests to share what they're bringing with other invitees so there are no duplicate offerings.

Vary the food and beverage menu. Chicken wings and beer might seem like go-to foods and beverages for the big game, but even sports bars are increasingly recognizing sports fans' desire for healthy foods. It's still acceptable to serve staples like wings, nachos, chips, and pretzels, but try to provide some healthy fare like celery and salad as well. Even whole-grain pretzels might be more enticing to guests watching what they eat. In addition, provide alternatives to alcohol, such as water, soda and juice, for guests who are abstaining.

Upgrade your television. Projection screens are go-to options for many avid sports fans. But projectors and screens may stretch some sports fans' budgets. A 4K ultra-HD television can be an affordable option depending on the size of the television, and such devices provide incredibly crisp pictures that can make sports fans feel as though they're inside the sta-

dium cheering on their favorite players.

Purchase a sound system. Today's televisions are sleek and thin. While that saves space and provides more aesthetic appeal than the bulky televisions of yesteryear, thin designs leave little room for sound tech. As a result, it can be hard to hear what's going on in the game without a sound system. Sound systems are relatively inexpensive; just make sure to purchase one that is compatible with your television.

Sports viewing parties tend to be easygoing affairs that don't require the level of planning of more formal gatherings.

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Football

Thursday, Oct. 12

Clearbrook-Gonvick 32, Warren-Alv.-Oslo 8
CLG 6 6 14 6—32
WAO 0 0 0 8—8
CLG—Anthony Teldo 8 run (pass failed); Hunter Ehlers 80 pass from Ethan Dormann (run failed); Dormann 7 run (Josiah Hubbard kick); Ben Solberg 4 run (Hubbard kick); Dormann 84 run (kick failed)
WAO—Sergio Vella 30 run (Thomas Jones run)

Nevis 26, Goodridge-Grygla 6
GG 0 6 0 0—6
NEV 0 14 12 0—26
NEV—Luke Dewolf 39 run
NEV—Kyle Schmidt 5 run
GG—Dylan Manderud 6 run
NEV—Schmidt 4 run
NEV—Tucker Roehl 65 fumble return

Friday, Oct. 13

Bagley 53, Red Lake 14
BAG 19 18 16 0—53
RED 0 0 14 0—14
B—Jake Ubert 1 run (kick failed); Merschman 10 run (kick failed); Tannen Agnes 14 run (Merschman kick); Lamarco Pemberton 10 pass from Merschman (kick failed); Carson Grover 3 run (kick failed); Jawon Williams 38 run (kick failed); Jacy Benson 25 run (pass failed)
RL—Rekeo Graves 7 run (run failed)
B—Benson 78 kickoff return (Chase LaVine run)
RL—Mike Seki 66 run (Tyron Schoendorn run)

Mahnomen 48, Red Lake Co. 22
RLC 0 0 8 14—22
MAH 16 12 14 6—48
MAH-- Dan Snetsinger 45 run (Jon Starkey run); Snetsinger 30 run (Izaiah Asher run); Starkey 9 run (run failed); Starkey 24 run (run failed); Roy Bjorge 35 pass from Starkey (Asher run); Asher 63 run (run failed)
RLC—Chris Longtin 68 run (Dalton Mugaas pass from Derek Peterson)
MAH—Snetsinger 43 run (run failed)

RLC—Ethan Vettleson 23 pass from Peterson (Vettleson run); Zak Kennett 6 run (run failed)
Individual leaders
RUSHING—RLC: Chris Longtin 8-84; M: Dan Snetsinger 12-163, Jon Starkey 16-158, Bert Keezer 2-94, Izaiah Asher 11-91
PASSING—RLC: Derek Peterson 7-16-2, 102 yards; M: Starkey 3-6-0, 67 yards
RECEIVING—RLC: Ethan Vettleson 5-81; M: Roy Bjorge 1-35, Logan Kettner 1-24

Fertile-Beltrami 24, Fosston 16
FER 0 8 0 16—24
FOS 0 8 8 0—16
FOS—Jacob Lommen 6 pass from Krister Anderson (Brett Sundquist run)
FER—Dylan Pearce 11 run (Pearce run)
FOS—Sundquist 5 run (Sundquist)
FER—Micah Tollefson 1 run (Pearce pass from Jordan Van Den Einde); Pearce 16 run (Pearce run)

Win-E-Mac 28, Kittson Co. Cent. 20
KCC 7 7 0 6—20
WEM 8 6 8 6—28
KCC-- Alex Donaldson 73 run (Jadyn Swenson kick)
WEM—Nathan Fortmann 15 pass from Mikah Olson (Olson run); WEM—Fortmann 61 run (pass failed)
KCC—Donaldson 13 run (Swenson kick)
WEM—Blake Glass 33 pass from Olson (Olson run)ylan Moen 2 run (run failed)
KCC—Donaldson 30 run (run failed)
WEM—Olson 5 run (run failed)

Individual leaders
RUSHING—KCC: Alex Donaldson 38-218, Jesse Stark 4-12; WEM: Mikah Olson 21-92, Nathan Fortmann 10-90
PASSING—KCC: Josh Rynning 2-7-2, 49 yards; WEM: Mikah Olson 7-18-1, 75 yards
RECEIVING—KCC: Cole Johnson 1-37, Stark 1-12; WEM: Blake Glass 2-40, Fortmann 1-15

Volleyball

Tuesday, Oct. 10

Fosston over Win-E-Mac 25-23, 25-17, 25-17

NCE/U-H 25-25-25, Bagley 9-8-6
Bagley (kills-blocks-aces)—NA
NCE/U-H—Mariah Stueness 14-0-5 (16 digs) Alivia Mortenson 14-1-0, Ryah Opsahl 0-0-5 (23 assists)

Thursday, Oct. 12

Fosston over Bagley 25-7, 25-15, 25-11

Goodridge-Grygla over Northern Freeze 25-22, 25-21, 27-29, 22-25, 15-10

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